NEW EDINBURGH NEWS

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Find the Beechwood Market in Stanley Park gets underway every Saturday this summer

By Chris Penton, **Beechwood Market** manager

Change can be bittersweet, often met with trepidation. Moving the Beechwood Market from Optimiste Park at 43 Ste-Cécile St. was not an easy decision, nor did it happen quickly.

As of Jun. 4, you will find the Beechwood Market set up outside of the Stanley Park Fieldhouse, 203 Stanley Ave., from 9 a.m.-2 p.m. every Saturday. The market will run until Thanksgiving weekend.

As marketgoers, you have been supportive of our efforts, helped us grow over the years and deserve to know why this is happening.

Why Stanley Park?

We used Stanley Park (also known as New Edinburgh Park) all winter long to wel-

come vendors, aggregate products, and distribute completed customer orders. With that connection already established, I believe that the transition into the outdoor market at this location will be fluid.

In order to use the Fieldhouse space, I am working with the **Crichton Community Council** (CCC). The CCC is a local, volunteer-run group with excellent leadership: it operates the Fieldhouse on behalf of the City of Ottawa. Our winter working with them went very well.

All rental fees garnered from the Beechwood Market will stay with the CCC to help fund their other community programming (read the CCC's latest update on page

From an operational standpoint, the Fieldhouse at 203

Continued on page 15



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203 Stanley Avenue



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contact the Crichton Community Council

NEfieldhouse@gmail.com



Photo by Alexander McKenzie

A damaged tree on the corner of Charles Street at River Lane, following the destructive derecho storm on May 21. See more photos of damage in the neighbourhood on p. 16-17.

Minto's new 'Apartments' project

By Jane Heintzman

Virtually every recent building project in Ottawa, from major developments to modest renovations, has been delayed (or stalled altogether) by a cascade of pandemic effects, from supply-chain interruptions to labour shortages. Ottawa City planners are also reportedly overwhelmed by a blizzard of project applications, resulting in significant backlogs and lengthy processing times.

Minto's second major development on Beechwood Avenue, now dubbed **Minto** Apartments, has faced these same obstacles, and project scheduling has proven to be more a moving target than an exact science. In NEN's

October 2021 edition, Minto was anticipating imminent demolition on the site, but that process was delayed five months to early spring 2022.

But the ball is now rolling: demolition and asbestos removal are complete; utility "locates" are signed off, and the excavation/shoring phase was officially launched with a groundbreaking in early May. Negotiation is still underway for construction license agreements with neigh-bouring properties, among them The Lake Partnership Inc., builders of St. Charles Market. These agreements include permission for temporary "tie-backs" into those properties, and crane swing easements.

Minto's Kevin Harper is well aware of the unpredictable factors which may affect the development process. But if all goes as planned, the excavation and shoring should be complete and the ground floor slab in place by late fall 2022. Thereafter, the 227-unit apartment building (nine storeys along Beechwood Avenue and six storeys along Barrette Street) will proceed at a rate of about three weeks per floor, topping off in the autumn of 2023. The final phase will be exterior finishing, which could be complicated by ongoing supply challenges and staffing shortages.

On the supply side, Minto Continued on page 6

Tales from the Square: The power of music and nature help us through our days

By Keith Newton

Do you follow some sort of routine? I'll bet vou do. Life's like that: it imposes routines, whether we like it or not. And most of the time we never give it much thought. For many of us, working hours are a major constraint which determine our sleep and mealtimes. Our days are punctuated with meetings and appointments. We had to factor in travel time, shopping, accommodating family members' schedules, not forget-ting the demands of Fido and Tigger. And what about your

own "discretionary" time: your downtime for sports, hobbies, watching TV, or reading? No wonder people complain that there just aren't enough hours in the day.

So we naively look forward to retirement, with the overabundance of free time that it supposedly affords. Time to pause and smell the roses; time to pursue whatever idle fancy we might choose; put our feet up and relax. Carefree; no responsibilities! Well, folks: retirement ain't like that.

They say that nature abhors a vacuum. Sooner or later

you'll be itching to fill up some of the extra time you now have on your hands. You may take up a new hobby, like golf or crochet, etching or skydiving. If, like me, you find yourself in a retirement residence, you'll have a tempting smorgasbord of activities to take up your time. Your day will revolve around mealtimes, of course. However, your day could look something like this: yoga at 9 a.m.; coffee in the lounge at 10 a.m.; News and Views at 11 a.m.; lunch at noon followed

Continued on page 20

What's the New Edinburgh Community Alliance?

NECA is the umbrella organization for all residents and community organizations in our neighbourhood. Every resident of New Edinburgh is automatically a member of NECA.

Its mandate is to develop and foster a sense of community among the residents; to research, develop positions and make representations to various levels of government on matters affecting the community; and to coordinate activities between organizations.

NECA's committees include Traffic and Safety, Heritage and Development, Beechwood Development, Park Vision and Environment and Climate Change. It also publishes this newspaper.

The NECA board meets nine times a year, normally on the third Tuesday of each month at 7:30 p.m. (no meetings in July, August or December). Its annual general meeting takes place in October.

Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance at newedinburgh@outlook.com.

Our next meetings will take place **Tuesday**, **Jun. 21**, **7:30 p.m.** and **Tuesday Sept. 20**, **7:30 p.m.** Meetings are held virtually on Zoom. Contact newedinburgh@outlook.com for details.

Your NECA Representatives 2021-2022

 $Contact\ anyone\ below\ through\ info@newed in burgh. ca$

Ari Abonyi

Sarah Anson-Cartwright

Ted Bennett Treasurer

Ray Boomgaardt

Katherine Hall Friends of the Park

Karen Squires Friends of the Park

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Samantha McAleese Secretary

Gail McEachern Heritage & Development

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Ex officio:

Sylvain Bélanger President, CCC

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Learn more at newedinburgh.ca

The importance of volunteers and of being prepared



Cindy Parkanyi NECA President

I only can say that I hope that the next few months are less "eventful" than the past few — between the ongoing pandemic, the takeover of our downtown core, and the recent storm that has wreaked havoc (some are still without power as I write this), it's been a stressful period. So hopefully the coming summer will give us all an opportunity to recharge.

This is not to say there will be no events – planning for the Jul. 1 Chief Pinesi Day festivities is ongoing and the Sept. 10 New Edinburgh StreetFest looks to be a fun way to learn more about our local heritage.

And we will also need



Support your local businesses!

Tell them you saw their ad in the New Edinburgh News. to continue to combat the Spongy (Gypsy/LDD) Moth infestation of our urban forest. See page 14 to learn more about what we will need to do over the next few months.

Kudos to CCC volunteers

The Crichton Community Council (CCC) came perilously close to ceasing its valuable operations, programs, and events in and around the Fieldhouse at 203 Stanley Ave. Although at its May meeting, several community members stepped up to take on roles to keep things going, the group still needs more volunteers to continue their many events and activities. The best way to get involved is to attend the CCC's Jun. 7 AGM – email CrichtonCommunityCouncil

@gmail.com to register.

It is due to the hard work and tenacity of dynamic duo **Sylvain** and **Denise Bélanger** – who have been involved in the CCC for many, many years – that the fieldhouse operations have kept going over the recent tumultuous period. It's dedication like this that makes our community such a wonderful place to

live. NECA wishes to thank them for all their efforts and wish them a relaxing summer!

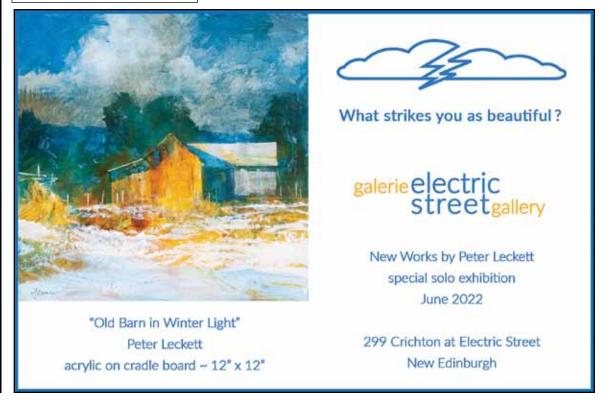
Emergency preparedness

The May 21 storm is a good reminder to all of the importance of emergency preparedness. With climate change, these kinds of events are bound to happen again...and again. Households can refer to the City of Ottawa's Emergency preparedness page - ottawa. ca/en/health-and-public-safety/emergency-preparedness to learn more. Also, if anyone is interested in assisting with a neighbourhood emergency response plan, please contact newedinburgh@outlook.com.

How to stay connected in the Burgh

If you would like to receive monthly NECA updates by email, sign up at newedinburgh.ca. For up-to-the-minute updates on what's happening in the neighbourhood, join the Google Group "New Edinburgh Discussions," then simply email new-ed-talk@ googlegroups.com. You can also join the listsery, known informally as the "Moms' List" (although there are more than just moms on the list), by sending an email request to List Master Dave Rostenne: dave@theconsultant.net. You can also follow us on Twitter @New Edinburgh and Facebook @ NewEdinburghNECA.

Wishing everyone a lovely summer!



Frustration over Claridge's new **Beechwood project**

Below is a letter written by important to note Rockcliffe Tony Stikeman on behalf of the Beechwood Village Alliance, sent May 10, 2022, to the City of Ottawa's Planning Committee concerning the Claridge Homes' development at 89-97 Beechwood

Since Claridge Homes presented its first proposal for the former Desjardins Bank site in 2016, the BVA has been critical of the plan and its various iterations, which the BVA says not only exceeds zoning height limits, but also disregards a number of community design plans by willfully omitting groundfloor retail space. Despite the BVA's appeals to both Claridge and the City to change the plan, supported by Rideau-Rockcliffe city councillor Rawlson King, the Planning Committee approved Claridge's latest proposal on May 12.

Dear Councillors,

Representing its member community associations Lindenlea, Manor Park, New Edinburgh, Rockcliffe Park and Vanier, the Beechwood Village Alliance's objections to Claridge's revisions to the above development are well known. Among the changes which depart from the 2016 approved project, namely the near elimination of streetoriented commercial space, remains a particular concern. It contravenes the City's Urban Design Guidelines for Traditional Mainstreets; it ignores the terms of reference and requirements for development along Beechwood Ave. as articulated in the Beechwood Community Design Plan (CDP); and it contradicts the conditions which staff recommended to Council in 2016 upon which Council approved the rezoning changes.

Ground-floor, street-oriented commercial businesses along Traditional Main streets are a crucial component of the City's vision of 15-minute neighbourhoods in which residents are able to shop and socialize locally. These changes to the conditions for rezoning will undermine the long-term vitality of Beechwood. It is

Park's heritage conservation district, while rejecting commercial businesses, provides an intrinsic contribution to Beechwood.

We expect the Planning Committee meeting scheduled for May 12 will rubber stamp Claridge's revised plan. Such a disappointing outcome would underline the City's failure to ensure implementation of rezoning as presented at the time. Claridge's application was approved for rezoning in 2016 with commercial spaces at grade, but the ensuing by-law did not specify that requirement. As long as the City cannot ensure the implementation of a project as presented for rezoning, the City's control over development will erode.

City staff will also have to enforce new Official Plan 2.5.5 Urban Design guidelines which stipulate that developments must be built to adapt to future uses. For example, they must include increased ground-floor height in the event they are needed for commercial uses. The passage of Bill 109, Housing For All Act, takes a large step backwards in the City's struggle to do its job due to the evident powerlessness of City staff oversight of the rezoning and Site Plan Control (SPC) process.

BVA supports Councillor King's initiative to discuss the larger question, namely how to ensure zoning and subsequent rezoning comply with the relevant community design plan and the Official Plan to meet the needs of 15-minute neighbourhoods and Traditional Main streets.

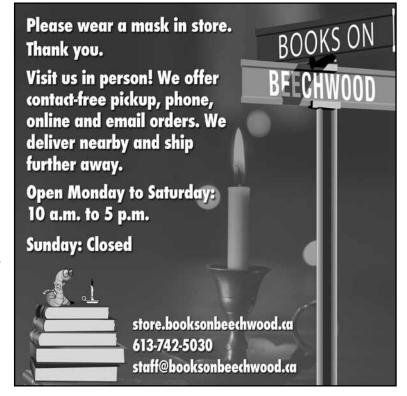
Issues of concern include: How could the City have failed to ensure compliance with the Beechwood CDP and the intent of Claridge's application in 2016? How to limit developers' apparent unilateral flexibility to alter the intent of the rezoning after an application for a mixed use, including groundfloor commercial in compliance with the Beechwood CDP, has been approved? In Claridge's case, this happened four years later with little notice or transparency, a very short time for public input, in contravention of the CDP stated requirement, and a related City commitment to implement the required comprehensive zoning changes.

The City-Claridge road modification agreement under SPC to widen the Beechwood right of way and provide for the construction of a cycle track is welcomed by BVA. In the event Smart Living's proposed development (229–247 Beechwood Ave.) receives SPC approval, it should include the same requirements.

Thank you for your consideration of these concerns.

Yours sincerely,

Tony Stikeman, Beechwood Village Alliance



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LET'S GET TO THE HEART OF YOUR DEAL

The Green Building Standard hangs in the balance

By Marion Siekierski

Ottawa City Council approved the City's brand-new High-Performance Development Standards (HPDS) in mid-April and overall, that's a good thing. But now it is hanging in the balance, as one of its enabling documents, Ottawa's Official Plan, is still pending provincial approval.

Why should you care? You might have read it here

before: Buildings account for 46 per cent of greenhouse gas (GHG) emissions in Ottawa. Reducing these emissions significantly is key to achieving the net-zero goals that avert runaway global warming. According to the City of Ottawa, "sustainable and resilient design in new development (via the HPDS) supports public health and safety, environmental protection and responds to climate change." The new building standard has three progressively stringent tiers and regular updates every four years work up the tiers, thus providing a pathway to all new buildings reaching net zero in 2030.

So how did the Ottawa HPDS or "Green Building Standard" fare in its last reading at City Council? A range of civil society groups had previously raised strong concerns about the Standard's large application loopholes, its lack of ambition, and its lacklustre timeline. Motions by City Councilors Shawn Menard and Laura Dudas helped improve two aspects of the standard: the energy efficiency guidelines shall now apply to more buildings, ultimately resulting in lower operating costs for owners and tenants and reduced GHG emissions. New large buildings will now also have to "evaluate" electric vehicle (EV) charging readiness. And therein lies one of the significant shortcomings.

Due to legal limitations, this building standard can regulate only external features, not internal ones, such as electrical infrastructure for electricvehicle charging. And at this point, no other legal framework mandates EV charging in mid- to high-rise buildings. Provincial legislation to that effect was axed in 2018. So Ottawa has to wait for a zoning by-law update in 2024 to get rules on EV charging in new. multi-unit residential and commercial buildings. It is no wonder that we are lagging far behind other developed economies in EV uptake.

According to the International Energy Agency, Canada has about 0.06 publicly available chargers for every EV on the road, ranking about 20th in the world. While Canada and Europe were at par in EV uptake, European countries have now surged ahead in EV car sales. One key reason: the ambitious This useful tool to provide transparency on the energyefficiency of buildings and to spur consumer demand for lower-emission buildings, is also considered at the federal level; a move in the right direction.

Unfortunately, the public discourse on housing often focuses on affordability alone. Quick supply with limited red tape is promoted as the best solution. And no doubt, there is a severe housing shortage and an affordability crisis in Ottawa and beyond. The Ottawa-Gatineau area, with 412 housing units per capita,

"Pitting [housing] affordability against climate action is cynical and serves no one."

policies for public and private EV charging stations. Look at Stockholm, Sweden, a city of just under one million people, that started its push for electric mobility in 2014 and now has more than 2,100 public charging stations, most of them free to users. How many does Ottawa have? This is not a typo: 223.

This lacklustre approach to public charging points makes EV charging in new multi-residential buildings even more important. Other cities have shown the way: Vancouver and 13 nearby B.C. cities require that all newly built residential buildings have a fast-charging outlet in every parking space. In new residential buildings in Toronto, 20 per cent of parking spaces must have fast-charging outlets. The rest require wiring to be roughedin. With Ottawa City Council elections taking place in the fall, one can only hope that our city, under more progressive leadership, might take up this issue with more urgency and move beyond "evaluating" EV charging.

Another policy axed at the provincial level was home energy labeling. This approach is used in many jurisdictions around the world. In its April meeting, councillors asked city staff to explore options to pilot home energy labeling in Ottawa.

is far below the already low Canadian average of 424. Yet the climate crisis is also severe. While we experience warmer than usual spring weather, parts of Europe are suffering from heat waves unseen since record-keeping began. Pakistan and Northwest India are struggling with up temperatures to 51\infty C. Canada will not be spared. And the effects of extreme temperatures affect disadvantaged groups more severely. And air pollution also takes its toll. According to Health Canada, it will lead to 15,300 premature deaths in Canada; 6,600 of those in Ontario.

So, pitting affordability against climate action is cynical and serves no one. Least of all lower income groups that will be harder hit by the effects of global warming. Luckily, with provincial elections in June and municipal elections in October this year, you can make your voice heard for more ambitious climate action. In the meantime, we wait for Ottawa's Official Plan to be approved.

Springfield Road resident Marion Siekierski is a member of NECA's environment committee. She spent several years abroad working on environmental education in schools. Marion is involved in environmental issues at the community and city level.

Challenges at 99 Beechwood, gardening issues and spongy moth response plan



Rawlson King City Councillor, Ward 13

Last month, the site plan application for 99 Beechwood Ave. was considered by the City's Planning Committee. While the applicant did compromise and introduce a "live/work" suites concept for the proposed development, I shared community concern that the concept would not successfully animate the streetscape. It was my preference to have full-fledged commercial space on the entire ground floor. Current zoning, however, does not require groundfloor retail on this property. The zoning by-law also does not have any tools for the City to compel the applicant to build commercial space. This lack of policy tools puts at risk the goal of a 15-minute neighbourhood on Beechwood Avenue.

Despite this challenge, I maintained withdrawal of delegated authority to bring this matter before the committee to have a larger policy discussion concerning what tools the City could employ in the future to insist that proposed developments on traditional main streets offer commercial space. At the May 12 meeting, the committee opted to endorse the site plan application and to return delegated authority to City staff. I, however, made an inquiry to staff concerning whether inclusionary zoning could be applied to address the provision of commercial space or other community needs besides affordable housing, and if the City can entertain the creation of a Community Improvement Plan (CIP) that incentivizes the provision of commercial space on main street corridors.

Residents can learn more about my perspective at rideau-rockcliffe.ca/site_ plan_application_for_99_ beechwood

Banning gas-powered lawn tools, supporting roadside gardens

I am pleased to highlight environmental initiatives I have undertaken that I anticipate will be of great benefit to this city and its residents. In April, City Council approved my motion to phase out the use of City-owned gas-powered lawn and yard equipment, to be replaced with electric alternatives where operationally feasible. The aim is to reduce air and noise

pollution generated by gaspowered equipment, such as leaf blowers. The phase-out will begin this summer and staff will report back with a detailed plan to reduce emissions and the environmental impact of equipment later this

I am also pleased that Council approved a motion I brought to the Transportation Committee with Councillor Laura Dudas in May that will examine frameworks to allow residents to naturalize and beautify right-ofway front yards, otherwise known as boulevard gardens. Boulevard gardens beautify our roadsides, and wellchosen, non-invasive plants that are designed to retain moisture can reduce water usage and, therefore, the need to use mowers and fertilizers. Introducing native and diverse plant species in the right-of-way can improve the overall health of our city's ecosystem.

Update on the Spongy Moth (LDD) Outbreak Response Plan

The Environment Committee also responded to my inquiry concerning moth infestation and published its response plan. This response plan outlines the major activities to be undertaken between 2022 and 2024, which is the anticipated duration of the current Spongy moth (LDD) outbreak. The comprehensive plan incorporates communication efforts, insect monitoring, an egg mass survey, a



Photo by Andrew Fyfe

The City's Transportation committee approved a motion from Councillors Rawlson King and Laura Dudas to examine frameworks to allow residents to beautify right-of-way front yards or boulevard gardens, like this one on Alexander Street in 2021.

defoliation survey, protection and training activities, as well through tree injection, spraying, as well as community outreach activities which will my office's initiatives, please

as an online reporting tool.

For more information about include burlap distribution, go to rideau-rockcliffe.ca.





Celebrate the Aberdeen Pavilion's history on July 2



Jim Watson Mayor of Ottawa

Yes, the old Ottawa Ex is being revived for one day this summer!

After decades of being nothing more than a parking lot surrounded by crumbling infrastructure, we revitalized Lansdowne Park and made it a real people place with new sports teams, retail, restaurants - not to mention a tremendous amount of greenspace, trees, gardens - and even an apple orchard.

Ottawa's crown - and it's in no small part because of the wonderful heritage buildings we have preserved on that site and once again made available to the public.

Both the Aberdeen Pavilion and the Horticulture Building have become very popular venues.

The Aberdeen Pavilion is a one-of-a-kind structure that dates to 1898, when it was built to welcome the Lansdowne is a jewel in Central Canada Agricultural

In the following years, it also served as a meeting point for soldiers heading to combat in the Boer War and First World War - but also as an ice pad where the original Ottawa Senators won the Stanley Cup in 1904.

That building has seen it all – and it remains today the only unsupported building of its kind in North America.

Unfortunately, after decades of neglect in the second half of the 20th century, the Aberdeen Pavilion was abandoned and taken over by thousands of pigeons before being condemned for demoli-

On Jul. 2, 1992, Ottawa City Council voted to reverse that decision and to invest the funds required to save the building and to restore it to its attractions that will be avail-

former glory.

I was pleased to work with then-councillors Peter Hume and Joan O'Neill to put together a package to save and restore the pavilion.

Iamproudthatwe'veworked with the Central Canada Exhibition Association and a number of key partners to mark the 30th anniversary of that important day on Jul. 2 this summer.

For the occasion, we will host an old-fashioned exhibition at Lansdowne Park that will undoubtedly bring back some good memories for many residents who enjoyed the Ex – and probably create some new ones for those who weren't around at the time.

This one-day event promises to be a great time for guests of all ages, with a number of able free of charge.

These include an Ottawa Archives exhibit on the Ex, live entertainment in English and French throughout the day, buskers, local fair booths and food vendors, a classic automobile demonstration, a farmers' market, a petting zoo, and a TD Place "fun zone" that involves locker room visits with local athletes and mascots...and much

I hope to see many of you out on Jul. 2 to celebrate the history of Lansdowne Park and the Aberdeen Pavilion from 9 a.m.-3:30 p.m., beginning with a Freedom of the City ceremony at 9:30 a.m. featuring various dignitaries.

Please visit Ottawa.ca/ AberdeenHeritageFair for more details ahead of this fun exhibition!

New Minto project aims for mixed rentals and ground-floor retail based on community 'wish list'

Continued from page 1

has attempted to stay ahead of the game by purchasing early and storing many of the required materials. "But the real issue has been manpower," says Kevin, pointing out that chronic COVID-related absences on work crews has been compounded by intense competition from local building projects, all drawing from the same limited pool. "And

when you find people, you've got to pay them more," says Kevin, noting that hard costs on the \$123-million Beechwood project have risen by 20 per cent since the pandemic began.

While recognizing the myriad challenges ahead, Kevin is optimistic about the project's ultimate success. He sees the mix of rental rates and apartment sizes (from studio units to family-sized two-bedroom) as a perfect blend of accommodation for both "rightsizers" (older folks scaling back from larger homes) to "first timers" from a younger demographic. He estimates at least half the units are in an "affordable" range, based on the combined median income of Rideau-Vanier and Rideau-Rockcliffe, the two municipal wards abutting the project. Once the City's new Official Plan is approved following the municipal election in October, Kevin anticipates additional incentives for affordable rental rates in Ottawa, along the lines of those in Toronto.

For community residents, the all-important aspect of the Minto Apartments project is the mix of new businesses and shops that will occupy the 6,000 square feet of its commercial floor fronting on Beechwood Avenue. Needless to say, it's too early to speculate on this issue, as commercial occupancy is not expected until 2024. But Kevin reports that significant interest in those spaces has already emerged. He confirms that the company remains committed to using the "wish list" presented by community representatives in earlier consultations as a template for upcoming negotiations with potential commercial tenants. High on the list are a hardware store; a bakery/café; a wine bar/bistro; and a gifts and housewares shop. Fingers crossed that even a few of these possibilities are realized when Minto Apartments is completed two years from now.

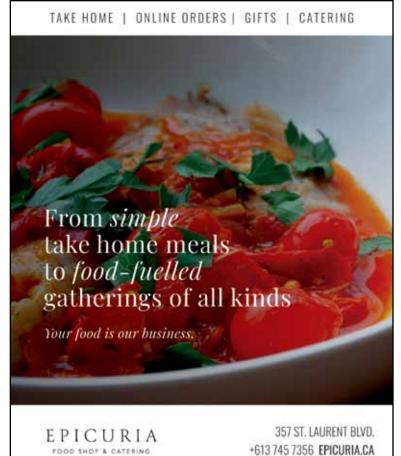




Photo courtesy Kevin Harper, Minto

At Minto Apartment's April 22 groundbreaking ceremony: (from left) Tyrone Vine, Minto; Kevin Harper, Minto; Chris Greenshields, VCA; Morgan Eadie, Vanier BIA; City Councillor Mathieu Fleury; Ben Mullen, Minto; and Brent Strachan, Minto.

Short term traffic-calming goals, long-term 'living streets'

By Jason Tavoularis, Chair, Traffic and Safety committee

As I approach the halfway mark into my first year as Chair of the New Edinburgh Community Alliance (NECA)'s Traffic and Safety committee, I've got my sights set on improvements that can be realised this year, as well as more ambitious endeavours further down the road.

I'll continue to push the City of Ottawa through our councillor's office for continuous incremental improvements to street safety in New Edinburgh. Over time, frequent small enhancements can have a great cumulative effect. Perhaps eventually, enough to repel interprovincial commuters from shortcutting through our residential roads.

Solutions to traffic calming are always evolving as lessons learned locally and

internationally rightly influence policy. Bollards, flexposts, speed humps and other road elements that spur motorists to slow down have pros and cons to weigh in any scenario. Community members are asking for any and all of them. I have my preferences, but I'll happily defer to the City's discretion on which solution is implemented since I believe this approach has the best chance of delivering results.

The City prefers to install traffic calming during road reconstruction. The City's Construction and infrastructure projects webpage indicates there is construction planned this year on Crichton Street and Stanley Avenue – two streets whose residents have appealed for anything that encourages motorists to yield to pedestrians at crosswalks. I look forward to seeing how these streets become

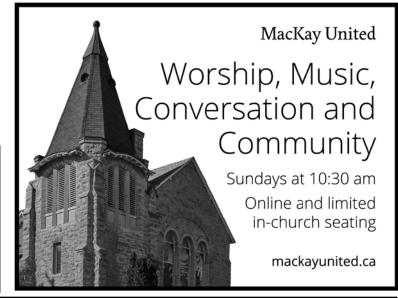
more people-friendly this year, one way or another.

There are good reasons to be optimistic about the years ahead. The Transportation Master Plan (TMP) is the City of Ottawa's blueprint for planning, developing, and operating its transportation walking, cycling, transit, and vehicular networks. An updated TMP was initiated in 2019 and is on track to be finalised in 2024. You can access the latest draft online and provide the City with your feedback. I am particularly pleased with Policy 3-4 of the draft TMP titled "Create Lively, People-Friendly Streets." It pre-scribes "pilot street designs that function as 'places' such as the Dutch concept of 'woonerf' (a 'living street' featuring shared space, traffic calming, and low speed limits) and to "expand and evolve the program and guidance for temporary or seasonal repurposing of streets for place-making activities."

The policy also indicates that streets bordering parks are among the most appropriate for place-making. This policy aligns nicely with the vision of a revamped Stanley Avenue between River Lane and the New Edinburgh Fieldhouse that I wrote about in the December 2021 edition of the New Edinburgh News. The feedback I received from that article was overwhelmingly positive. The next step is to explore a two- to four-month trial next year. Perhaps food trucks or seasonal bistros like those the National Capital Commission has operating in The Glebe (along Patterson Creek) and elsewhere in the city could be included to ensure placemaking is realised. Seating for public use would certainly be appreciated. Raised planter boxes for a community garden would be delightful.

What "pop-up" additions would you like to see included in a summer 2023 trial repurposing of Stanley Avenue near the fieldhouse? Email me at jason.tavoularis@gmail.com.

NECA board member Jason Tavoularis is chair of the Traffic and Safety committee.





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DEADLINE for the next edition of the *New Edinburgh News*

September 10

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CCC's AGM is June 7

The Crichton Community Council (CCC) was established by community members in 1993 and runs of out the New Edinburgh (Stanley) Park Fieldhouse. It runs community events, manages the fieldhouse rentals, builds and manages the outdoor rinks, and employs student rink attendants. Some of the events that the CCC runs ae the New Edinburgh garage sale, the Ottawa Marathon cheering station, Bike Day, Halloween Howl, and New Year's Day brunch. It would be a loss to the community if these activities (or different ones!) did not continue.

Two long-time board members will not be running for re-election in June 2022 and the CCC was at risk of closing due to a lack of board member volunteers to run the day-to-day operations of the organization. Thankfully, at a meeting in May on the issue, a number of community members attended and have offered to step up in various roles at the Jun. 7 Annual General Meeting. Look for updates in future NEN publications and on our social

media on the CCC's future.

Activities and events require volunteers, which have been in short supply. Even with community members stepping up to maintain the CCC board operations, they will require volunteers if activities and events are to continue.

Volunteering is a way to get to know your neighbours, be social, and make your community a better place. We are always looking for more volunteers, so let us know if you can help out. Contact us at CrichtonCommunityCouncil @gmail.com for details. Follow on social us media: Facebook: CrichtonCommunityCouncil; Instagram: CrichtonCommunityCouncil and Twitter: @NEFieldHouse.

REMINDER – Sign up to attend the Jun. 7 CCC Annual General Meeting to learn more and explore opportunities to contribute. Meeting starts at 7 p.m. Send an email to CrichtonCommunityCouncil @gmail.com to obtain a passcode for the Zoom meeting. (See newedinburgh.ca/events for the meeting link.)



Art, dancing and walking tours for Chief Pinesi Day, July 1

By Peter Stockdale and Laura Fraser

You may have noticed the Algonquin Wayfinding Wheels placed throughout Ottawa. These wheels, designed by Algonquin artist Simon Brascoupe of Kitigan Zibi Anishinabeg, are designed to help travellers find their way across the land. They were unveiled in fall 2021. Positioning these wheels across this city makes sense, as Ottawa was a hub for travellers in the past. You might not know it, but this city has historic portage routes - Indigenous people have been wayfinding here for millennia. The portage trails located at Rideau Falls started in Northern Labrador and ran to the Gulf of Mexico.

Starting this Jul. 1, Canada Day, a different type of celebration will take place in the New Edinburgh and Rockcliffe Park area to honour these ancient portage routes, the Algonquin Anishinabe people, and their descendants. It will mark the first celebration of Chief Pinesi Day.

Chief Pinesi was the last Algonquin chief to have hunting grounds in Ottawa, at the Rideau and Chaudière Falls. He and his people fought in critical battles in the Niagara region on the British side in 1812. Pinesi was appointed Grand Chief by Governor General Sir James Kempt in 1830. With the encroachment of settlers, and the subsequent disappearance of the trees, game and fish they relied on, Pinesi and his people were obliged to move to what is now Algonquin Park.

On Jul. 1, we will celebrate and honour Chief Pinesi and his descendants, and the Algonquin Anshinabe people. The day will begin with Algonquin canoeists, including Chief Wendy Jocko (a descendant of Pinesi), and settlers exiting the Rideau River at the New Edinburgh Fieldhouse (203 Stanley Ave.). They will be drummed in by Barry Sarazin, along with dancers Jessie-Ann Sarazin, Randy Kakamik, and Tagwani Sarazin to meet other descendants of Chief Pinesi. To our knowledge, this is the first time this reunion

has happened in 200 years. Many descendants of Chief Pinesi will be in attendance, including Noreen Kruzich, the author of *The Ancestors are Arranging Things*, and Pinock Smith, an Algonquin Anishinabeg canoe-maker.

Numerous activities and events will take place throughout the day. One of the main highlights of will be the unveiling and animation of two new murals at the New Edinburgh Fieldhouse created by Kitigan Zibi artists Doreen and Charlotte Stevens. One will be in ceramic tiles, and the other in spray paint. The murals will be affixed to the fieldhouse, facing the play structure.

Additionally, walking tours will take place in the morning. Participants will learn about the ancient portage routes and the history of the land and its species. Artist Simon Brascoupé has designed the portage and trail Wayfinding Wheels for a revitalized portage and trail. These will mark as stops for the trail walks that are a part of the day's celebration. The walking tours are for all ages



Courtesy of Peter Stockdale

Wayfinding Wheels by Algonquin artist Simon Brascoupe can be found throughout the city, honouring the area's Indigenous history.

and will take place throughout the day, with the last tour leaving at 4 p.m. from the New Edinburgh Fieldhouse. There will also be storytelling, canoeing tours of the Rideau River, traditional Anishinabe drumming, and powwow dancing from 12–4 p.m.

The Algonquins

Pikwakanagan First Nation will lead the ceremonies, with Merv Sarazin as Master of Ceremonies. Come celebrate the first Chief Pinesi Day in Rockcliffe Park and New Edinburgh at the Fieldhouse, and 203 Stanley Ave. and visit our Facebook page – search "Chief Pinesi Day" – for more information.



BURGH BUSINESS BRIEFS

By Jane Heintzman and Tamara Miller

In-person training returns at Happy Fido Co.

In the two years since COVID emerged, the substantial cohort of "pandemic puppies" acquired by many local families has settled in, and many are now familiar figures on our streets and in the dog parks. While most pups will have adjusted reasonably well, some may have rough edges and canine quirks to be sorted out. One challenge many may face as they head back to the office is separation anxiety.

But help is close at hand. In the April 2021 edition of the New Edinburgh News, we first introduced **Happy Fido Company** (happyfidocompany.com), a local, force-free, science-based dog training business, emphasizing positive reinforcement in its approach to training.

Since launching her business, owner and certified trainer Fumie Watanabe



Photo courtesy Keshet Kennels

Happy Fido Co. owner and dog trainer Fumie Watanabe during an in-person training session.

has had to navigate the constraints of pandemic protocols, and to move online to deliver her core programs and one-on-one consultations. But thankfully, as the world begins to re-open, she is now

able to gradually reintroduce in-person training and oneon-one consultations.

Last March, Fumie teamed up with trainer Claudia Jodouin. Both are currently teaching beginner and

intermediate level Canine Agility Classes at **Keshet Kennels** in Carlsbad Springs, Ont. (keshetkennels.com). Classes are offered from May through July, and start up again in September with a fall program.

In addition to offering fullservice dog boarding and daycare facilities, as well as dog training programs, Keshet Kennels is a rescue operation, providing a refuge for largebreed dogs which are most at risk of being euthanized when given up by their owners. Fumie and Claudia are generously donating a portion of the proceeds from their agility classes to Keshet's rescue program.

Fumie is enthusiastic about the benefits of agility training for dogs – and their owners! "Canine agility is a teamwork sport activity; the handler needs to give a cue to the dog telling it where to go next, and the dog needs to wait for the cue," she explains. "Agility training is a great way to build communication skills. The dogs develop focus, paying close attention to their handlers, as well as body-awareness navigating the obstacles." A prerequisite for agility classes is completion of a basic obedience program focusing on the familiar mantra of "sit, stay, down, come" and the foundations of impulse control.

While most dogs benefit greatly from agility training, Fumie notes a few exceptions: 1) dogs in their crucial, early development stages (up to 12 months of age); 2) dogs experiencing physical discomfort; and 3) some very large breeds such as Newfoundlands and Saint Bernards, for whom the agility equipment is simply too small.

In her one-on-one consultations to date, "reactivity" is at the top of the behaviour issues list. Reactive dogs typically overreact in a variety of circumstances, ranging from

Spies in the Cemetery - FBI Edition -

When: June 22, 2022, at 7:00 PM Where: Beechwood's Sacred Space Tickets are \$50. Tickets are available.

Join us at Beechwood Cemetery, home of the CSIS National Memorial Cemetery for a night of Cold War Espionage and the FBI's longest open espionage case.

Thirty-two years after former NSA employee (and NSA spy) Robert Lipka sold vital military secrets to the KGB, Retired Supervisory Special Agent John Whiteside was able to gather the evidence that finally exposed the betrayal. In Spies in the Cemetery – FBI edition, John will review his investigation of the longest open espionage case every brought before the U.S. courts.



280 Beechwood avenue - 613-741-9530 www.beechwoodottawa.ca

Owned by the Beechwood Cemetery Foundation and operated by the Beechwood Cemetery Company





Photo by Alexander McKenzie

Brandi Cowl and her dog Sam.

encounters with other dogs or strangers, to loud or startling noises, and even inanimate objects they may perceive as a threat

The majority of dog owners (myself included!) are all too familiar with the challenging behaviours associated with reactivity: lunging, barking, growling, or wild over-excitement. In most cases, these behaviours are driven by underlying fears or lack of socialization. "These are like panic attacks," explains Fumie, emphasizing that "there is no quick fix." Behaviour modification for reactive dogs can be a long process, using training methods rooted in an understanding of animal-behaviour psychology.
"First, the owner must

understand the emotional struggles of the reactive dog, and then apply the appropriate training methods to modify the dog's negative emotional associations with the reactivity triggers," says Fumie. "Changing the negative emotion to modify the behaviour takes time. It's like going through psychotherapy in a way, totally different from obedience training." She is justifiably pleased to have had some success in this work; in one recent case, her behaviour modification training helped to socialize a formerly overreactive dog sufficiently to participate comfortably in group agility classes.

In our neighbourhood, the off-leash area in Stanley Park is a natural magnet for dog owners and their charges, where (ideally at least!) both humans and dogs can mingle sociably with neighbours. But a word of caution before you and your pooch plunge into that melee. "The true definition of socialization means letting the dogs have positive experiences with the environment, which greatly differs from just exposing the dogs to the environment," says Fumie. So, if your companion seems exceptionally fearful of other dogs or strangers, or if they seem prone to aggressive behaviour, seek advice from a professional before taking it into that milieu. If it's not fun for your dog, it's a safe bet that it won't be fun for you either!

Visit happyfidocompany. com; search HappyFidoCo on Facebook and Instagram; or e-mail info@happyfidocompany.com for more information or appointments. –JH

Brandi Cowl: Counselling, Yoga and Wellness

Brandi Cowl's purpose in life is to cultivate health and happiness, both in herself and in others. She has had an interest in health and wellness for many years - she has been teaching yoga since 2003, she became a life coach in 2008 and a health coach in 2012. She's also published a book: The Modern Yogi, A Guide to Living on Purpose

and With Intention (available on Amazon) and has spent 10 years working with the federal government.

having recently Now, returned to the neighbourbood after her husband's posting in San Francisco, Brandi has become a professional counsellor. She tells the New Edinburgh News that she is excited to be in Lindenlea to launch her business and connect with the community. Through her counselling practice, she weaves together the emotional and cognitive elements elements of counselling, with the healing and mindfulness elements of voga, and the action-oriented work of coaching.

Brandi notes that as people begin to emerge from the pandemic, it can be a difficult time. On the one hand it's exciting, but it can also be stressful and anxiety-inducing. Brandi assures us we are not alone in this situation and that she can work with clients to reduce their stress, anxiety and depression.

She offers one-on-one counselling, both in-person and virtually. Her areas of focus include ADHD; anxiety; depression; reducing stress; and building self-confidence. She can also help folks who may be dealing with such major life events as job loss, relocation, or retirement. She can help clients cultivate ongoing healthy habits, such as staying active, getting enough sleep, and cultivating mindfulness.

Brandi has also launched a group support practice called 'calm and connect." The idea is to get a small group together to share thoughts, feelings, challenges, and insecurities in a safe and supportive environment, working with a different theme each week. The practice offers tools to reduce stress and anxiety, but it's also a forum to foster connection. The small-group format allows time for everyone to contribute. Everyone is heard and seen. Feedback on the group practice has been powerful: the format makes people feel less alone and more supported. It speaks to the power of hearing others' stories

It's worth noting that Brandi also offers a monthly yoga program: members receive a new yoga video straight to their inbox each month. If you're interested in trying this out, Brandi can set you



Photo by Alexander McKenzie

AIM Fitness owner Meg Stickl. Meg and her team focus on fitness for clients aged 65 and over.

up with a free, month-long trial!

Brandi is currently accepting new clients for her counselling practice. Reach her at brandi.cowl@gmail.com or check out brandicowl. com where you can also learn more about her "Calm and Connect" group practice. -

AIM Fitness: what motivates you to move?

Meg Stickl started AIM Fitness in 2013, having worked with seniors since she was 12 years old. In her experience, she noticed many seniors struggling with mobility-related health issues. She saw an opportunity to help people stay in their homes and empower them to move every day.

Meg's company has been mobile from the start, and she began by offering personal training in peoples' homes. She worked hard to help people understand that fitness doesn't have to be difficult – daily stretching and simple movement are important. From individual visits she expanded to offer group fitness classes in condos and events in seniors' residences. Her presentations focus on three topics: preventing falls; building healthy habits that last; and getting and staying motivated over the age of 65.

When the pandemic hit in March 2020, Meg had to adjust her business model as approximately 75 per cent of her clients paused their inhome services. However, it ended up changing things for the better! The pause gave her time to create an online membership for those aged 50+, where people pay \$46.99/ month +HST for access to videos on demand. Meg now has more than 150 videos and is still creating new content: three new videos per week. She also offers a \$7 sevenday trial for anyone curious about joining.

The beauty of this membership program is the feeling of community that Meg fosters through inspiring weekly emails, as well as fitness challenges and monthly Zoom calls with the membership. She recently held a two-year anniversary celebration with her members!

To folks new to exercise, or who are worried about injuring themselves or being unable to keep up, Meg wants you to know that the AIM approach – shared by her staff of personal trainers working from Kanata to Orleans – is gentle and accommodating of injuries and mobility issues. She challenges people to consider what motivates them to be active. For some clients it's about keeping up with their grandkids; for others, it's travel. Whatever the reason, once clients start, their feedback is the same: I wish I'd known how easy it was to get started!

Interested in learning more or booking a free consultation? Reach AIM Fitness at 613-869-3246 or fill out the consult form at activitiesinmotion.ca. –*TM*

BURGH BUSINESS BRIEFS: A

By Randy Mar

Patio season certainly arrived with a blast of heat and sunshine this spring!

The New Edinburgh News has put together a guide to help make choosing your patio easier. As you can see from the accompanying map and legend, at print time, there are at least 13 locations to choose from.

New Edinburgh patios have you covered, whether you want to enjoy fantastic scenery, fall into

streetscape, savour international cuisines, test in-store-baked goods, or sip your favourite beverage at a bistro-style table.

Our community's patios have family-style picnic tables on which to spread out, are off the beaten path, can be either open air or have sheltered overhangs, or offer colourful umbrellas to provide much-needed shade.

Equally important is your choice of beverage, whether sipping tropical cocktails, tasting local craft beers, non-alcoholic refreshments, or simply a cold brewed or iced coffee.

The map legend also notes which patios are accessible (for those with mobility issues or strollers); serve alcoholic or nonalcoholic beverages, have public washrooms; offer kid-friendly menus; and provide shade.

Fun fact: the New Edinburgh Patio Pathway is 2.5 kilometres in length. It starts at Tavern on the Falls on Sussex Drive, weaving south to Union Street Kitchen Café, turning east at the

Royal Oak, and continuing along Beechwood connecting Ministry of Coffee, Dhruvees, Starbucks, the Clocktower Brew Pub, and Mr. Luko, with a slight detour to Ola Cocina, then continuing to the Red Door, Bridgehead, and Bibi's, before ending at Soca/ Plantain Cartel.

Sadly, the patio at residentfavourite Fraser Café on Springfield Road is not able to open this summer for reasons beyond the owners Ross and Simon's control. We will miss

stopping by and enjoy menu outdoors.

Let's get outside and to support our neigh businesses!

For more informat menus, please consult ea lishment's individual w



1. Tavern on the Falls

1 John St. (at Sussex Drive) tavernonthehillottawa.com Seating Capacity: 275

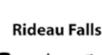


















2. Union Street Kitchen

42 Crichton St. (corner Union

Street) 613-695-9642

Seating Capacity: 18

onunionstreet.ca









3. Royal Oak

1 Beechwood Ave. 613-680-1130 royaloakpubs.com Seating Capacity: 60







4. Starbucks

Seating Capacity: 10

409 MacKay St.

343-997-5818

starbucks.ca













5. Clocktower Brew Pub

422 MacKay St. 613-742-3169 clocktower.ca Seating Capacity: 55

















le to New Edinburgh's patio pathway

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continue bourhood

ion and ach estabebsites:

10. Red Door **Provisions**

117 Beechwood Ave. 613-695-6804 reddoorprovisions.com Seating Capacity: 50













113 Beechwood Ave. 613-744-3735 bridgehead.ca Seating Capacity: 30









Soca Kitcen

Optimiste

St. Charles Church

Design by Chantel Richard Design www.chantelricharddesign.ca

13. Soca Kitchen/ **Plantain Cartel**

224 Beechwood Ave. 613-695-9190 thesocakitchen.com Seating Capacity: To be determined















8. Mr Luko

1 Springfield Rd 613-422-5856 Seating Capacity: 6









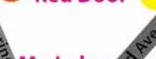
















Ola Cocina

18 Beechwood Ave.

theministryofcoffee.com

Seating Capacity: 10

343-488-2990





6. Dhruvees Restaurant

18 Beechwood Ave. 613-744-7888 dhruvees.com Seating Capacity: 20



urgh





















7. Ministry of Coffee





143 Putman Ave. 613-421-0711 eatatbibis.com Seating Capacity: 18













9. Ola Cocina Tacqueria

62 Barrette St. 613-746-6222 olacocina.ca Seating Capacity: 16





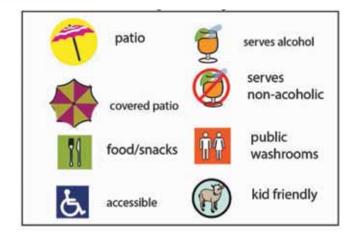












Park tidied up in time for caterpillar mitigation

By Karen Squires, Katherine Hall and Iola Price

On Apr. 22, about 35 people from around New Edinburgh showed up on a Friday afternoon to help clean up New Edinburgh/Stanley Park. We had a nice mix of students and adults armed with bags, gloves, and determination to tackle specific areas. Folks walked from Beechwood Avenue down around the Fieldhouse, along the trees and riverbanks to Sussex Drive, and returned with about 20 bags of garbage, along with a few larger items like old bicycles!

We'd like to thank everyone who showed up and for taking the time to tidy up the area after a long winter. Personally, I've seen the park in worse shape in previous years, which is interesting as we are seeing many more people using the park. But luckily frequent users tend to pick up garbage along the way, especially around high-traffic areas. We would also like to thank the City of Ottawa for their ongoing work to repair and replace bins and add new ones, especially during the non-winter months. We will decide soon whether we do another clean up in the fall, so visit newedinburgh.ca for updates.

Prior to getting started on the park clean-up, we met up with Iola Price (our Rockcliffe Park-based resident biologist) who gave us a quick demonstration on how to properly wrap trees with burlap as we head into another season of Spongy Moths



hoto by Peter Lloyd

Some of the volunteers who helped clean up the park on Apr. 22: (from left) Maksim Arnold, Nathanael DeWolfe, Henry Trevanion, Eliane Matte, Quinn Hall, Katherine Hall, and Owen Hall.

(formerly known as Gypsy Moths). Wrapping the trees will help mitigate the Spongy Moth caterpillars from defoliating our beautiful trees. This will hopefully be the third and final season of this invasive species, so let's continue to try to save our tree canopy.

Katherine Hall received a delivery of burlap and twine from the City of Ottawa. New Edinburgh residents are welcome to take some burlap to wrap around chosen trees either near your residence or in and around Stanley Park. But wrapping trees doesn't end there: trees need to be monitored and managed throughout June and July for caterpillars, which need to be destroyed. Please contact Katherine at info@newedinburgh.ca to arrange for pickup of burlap and twine.

We began the Spongy Moth caterpillar tree-wrapping season at the Apr. 22 park cleanup event, with a demonstration of the correct burlap treewrapping technique. In the above photo, Jan Goth, Paul McConnell, Richard Aubry, and Bev McConnell are at Richard's memorial oak tree, wrapped in burlap and with a tag indicating that Richard will monitor and remove the caterpillars each day until the end of the Spongy Moth caterpillar season, expected around mid-July or August this year.

At time of writing in May, the caterpillar egg masses are still visible on tree trunks and limbs, but the tiny, millimetre-long caterpillars could emerge in early May at the same time as leaf buds open and leaves begin to unfurl.

When wrapping trees, make sure that the burlap has pleats at the fold-over and that the burlap is sufficiently loose so that it can be lifted to expose the caterpillars hiding beneath.

As mentioned above, the City of Ottawa has provided burlap and twine to local community associations to help wrap city park trees. We assume any leftover burlap could be used on city street trees. Thanks to Tracey Clarke, former owner of the Bridgehead Roastery on 130 Anderson St., who will also provide, free of charge, empty burlap coffee-bean bags that can be cut open for use in wrapping private trees. Call ahead to 613-231-5488 to arrange pickup.

Karen Squires and Katherine Hall are members of NECA's Friends of the Park committee. Iola Price is a resident of Rockcliffe Park. Contact them at info@ newedinburgh.



Photo by Iola Price

From left: Jan Goth, Paul McConnell, Richard Aubry, and Bev McConnell admire the tree wrapped in burlap which Richard will monitor for caterpillars this summer.

UrbanOttawa.com



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Fieldhouse is an ideal location for Beechwood Market

Continued from page 1

Stanley Ave. has great electrical hookups, a good water source, and excellent washroom facilities. We are also permitted to leave a few things onsite during the week. My back feels better already!

New Edinburgh/Stanley Park features a playground, a dog park, a soccer field, bike racks, a splash pad and tennis courts. There is also plenty of seating, if you decide to grab a meal, or a coffee, or catch a few ravs.

National Capital The Commission (NCC) eastern pathway swings right by our new location, and vehicle parking is ample.

The vista from the fieldhouse looks north across the Rideau River, to the Peace Tower and the Gatineau Hills.

We will also have access inside the Fieldhouse. Although we don't regularly set up too many vendors indoors, there is a fully functional kitchen and shelter from the weather, if needed.

Why are we leaving **Optimiste Park?**

It has always been costprohibitive to operate on City-run property. Thanks to Councillor Mathieu Fleury, we received a cut rate, but it was still a large expense for a market focused on delivering local goods at a reasonable cost. With growing operational and marketing costs, staying at Optimiste Park would have meant increasing vendor fees and making cuts in other areas. The rate charged by the



Photo by Mary Ellen Cavett

Beechwood Market manager Chris Penton (centre) is looking forward to setting up shop outside the New Edinburgh Park Fieldhouse (203 Stanley Ave.) this summer.

Park Fieldhouse is much more reasonable, and more importantly, all fees paid by the Beechwood Market stay with the CCC.

Onsite space for storage did not exist at Optimiste Park and created a struggle. We could not continue to operate in such a time-consuming and labour-intensive way.

Each year has been met with barriers. This should not be the case at Stanley Park in 2022.

Other alternatives

With the advent of our umbrella new brand Ottawa Street Markets, our initial attempt was to move the market onto our main street: Beechwood Avenue.

We tried a number of outlets, including having the Quartier Vanier Business with parking lot owners. But sadly, either none of the locations could offer what we needed to operate appropriately, or the negotiations simply fell through.

Modbox, the owners of the St. Charles Market development at 140 Beechwood Ave., were amenable, but unfortunately, the space there didn't suit the Market's needs.

I have not abandoned the idea of one-off markets on Beechwood Avenue, but for a weekly market, my customers need consistency.

Always your local market

Much like Optimiste Park, Stanley Park is located off Beechwood Avenue. Wellplaced signage, print ads, and social media information will drive traffic to the new site. It worked for us at Optimiste for Stanley Park. On a neighbourhood level. this may seem like we are moving to Buenos Aires. In reality the new location is a kilometre from the Clocktower Pub, a three-minute drive from Bridgehead, a four-minute bike ride from Natalie's Urban Ottawa's office and a 12-minute walk from Chilaquiles restaurant.

While the outdoor market begins Jun. 4, the online

Market continues in perpetuity. Alongside the outdoor market, Stanley Park will be a pick-up point for online orders. Customers can also choose to pick up at our new Hub at 1805 Gaspé Ave. in Manor Park. The Hub will become a hive of community activity including special events, children's programming, and urban agriculture. The hunt is on for tenants for the building.

Thank you to everyone that has helped us to this point. The Vanier BIA, City Councillors Mathieu Fleury and Rawlson King, our sponsors, and everyone that showed up to support local, small businesses.

I am confident this move will have only positive results for the Beechwood Market. However, a change like this will raise questions. Please send them along to me at beechwoodfm@gmail.com or call me at 613-0883-1012.

Chris Penton runs Ottawa Street Markets: a family of outdoor farmers' markets paired with an online shopping service. The Beechwood Market is the flagship. Visit beechwoodmarket.ca.



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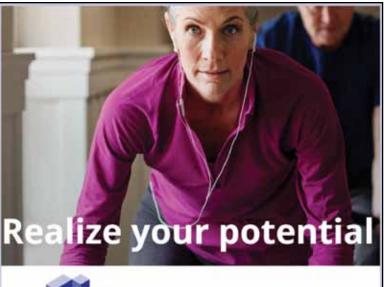
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Assessing the derecho's damage

On May 21, an epic storm, official known as a derecho, swept into Ottawa from southern Ontario leaving incredible damage in its wake. In addition to heavy rain and lightning, winds gusting up to 190km/h damaged and uprooted trees, while many power lines across the city were destroyed. Hydro Ottawa reported that 179,000 customers were without power immediately after the storm, including many New Edinburgh residents, some of whom were still powerless a week later on May 27. Hydro Ottawa officials say the damage from the derecho was worse than the 1998 ice storm and the 2018 tornado. Below are some photos neighbours submitted of the storm's damage in New Edinburgh. –*Christina Leadlay*



A fallen tree on Lisgar Road.

Photo by Alexander McKenzie



Photo by Carol Bennett

Traffic was detoured on Thomas at Alexander Streets due to a tree having fallen on top power lines.





A downed tree over in Lindenlea, on Rideau Terrace east of Springfield Road.

Photo by Patricia Fuller



Elizabeth and Michael at 88 Queen Victoria St. found a tree atop their garage.

Photo by Elizabeth Jorgensen



"No power on Electric St. The irony is getting less funny by the day," said resident Maggie Baer during the week-long power outage.

Photo by Maggie Baer



A tree on the grounds of Rideau Hall breaches the fence on Dufferin Road causing a detour.





NEN's production manager Dave Rostenne documented some of the damage on Ivy Cres., where

residents went just shy of a week without power.

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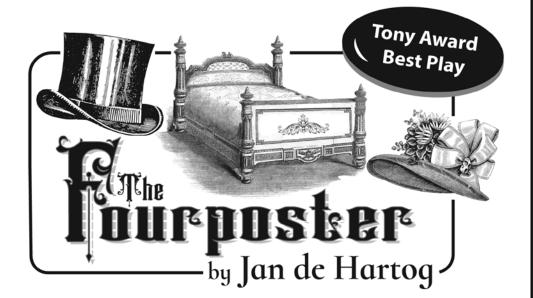
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NECA's heritage committee chair has had many fascinating past lives

By Marta M. Reyes

If there is a word to describe the series of fortunate events that have shaped Gail McEachern's professional life, it is serendipity. Being at the right place at the right time, asking the right questions of the right people, taking changes, finding happy coincidences, fate. Call it what you like, Gail has had plenty of it. It also helps that, with her sparkling blue eyes and a smile to match, Gail attracts good energy to her. She is a naturally friendly and lively person who exudes charm, making striking conversations with her an easy task. It is no surprise that her current business – Transitions in Living, a service to ease seniors' transition into living arrangements – is a great success. Her life leading up to setting up her business in Ottawa in the late 1990s has been all about transitions, so she is a pro at it.

"I know what it's like to go through changes in life that aren't always easy to make; I witnessed it with a friend who was moving her elderly mother into a home, and I thought there must be an easier way," Gail says. And that is the basis of her business. However, the business idea solidified itself only after returning to her native Canada – to Ottawa, specifically – after living in the United States for most of her adult life, which turned out to be one of those serendipitous decisions she made.

Gail started out her career in California where her master's degree in social work served her well as a social worker in a psychiatric hospital. But her heart was in the arts and design, so she took a complete turn and attended the Parsons School of Design in New York City where she took courses in design architecture. She lived there and worked in various roles in urban revitalization projects, overseeing the impact of urban life on public spaces, such as Central Park. She worked with architects, urban planners, and city developers for many years. She lived in a small but quaint apartment in Greenwich Village, which

she came to inherit from a chance encounter with an elderly resident whom Gail helped with her groceries.

Her hectic life in Manhattan was replaced by a quiet rural life in New York state, where she ran a successful farmers' market and renovated an old barn into a comfortable home. It was a good life, but Gail says she felt the familiar bug of "what if..."

"I was digging myself out of a pile of snow one winter day and I thought, what if I'm here for another 20 years? There's no public transportation and there is no snowplow if I don't get out and shovel," says Gail. "And I started thinking of the practicality of city infrastructure, and taxis and buses and started thinking about things from a practical point of view."

Right around that time, Gail says she got a call "literally out of the blue" from an old friend she knew back from her student days at McGill University, who was working on a science project funded by the federal government. The friend asked Gail to consider



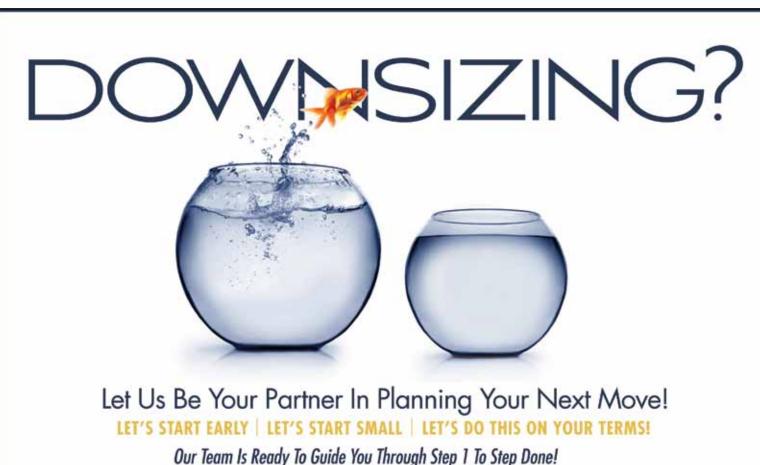
Photo by Alexander McKenzie

Over 20 years ago, Crichton Street resident Gail McEachern worried that living in Ottawa would be boring. Instead, she's spent much of her time busy with the New Edinburgh Community Alliance.

returning to Canada. Her first thought? "I'd be bored out of my mind," confesses Gail with a laugh. Her last memory of Ottawa was a summer job as a student and it didn't leave a good impression. However, a quick visit "playing tourist" for one weekend changed her mind. "It was during the tulip festival," she reminisces. "Everything was green and full of colour, and there was the river, and Gatineau, and all that green space." And also the healthcare benefits Canadians are fortunate to have, which after a long time in the USA she was coming to appreciate. Once her mind was made up to come back, friends who knew her well told her about which part of Ottawa best suited her personality and suggested the Glebe and New Edinburgh. She chose the latter, and now lives in one of the most charming and unique houses on Crichton Street, with "white stucco and blue trim and red doors which looks as if fell off a Greek island and landed in New Edinburgh by mistake," in Gail's own words.

Gail joined the New Edinburgh Community Association not long after moving to the neighbourhood. She served as board president from 1997-2000. She is currently chair of the Heritage and Development Committee a role she's held since 2013 (in addition to a previous stint from 2004-06).

Marta M. Reyes has been living in New Edinburgh for the past 15 years with her two children and a dog. She is a public servant by day and hockey mom most evenings.



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Family tradition is the secret ingredient at Louis' Pizza

By Andre R. Gagne

It's been more than 60 years and not much has changed for Louis' Restaurant and Pizza at 181 McArthur Ave. The logo is the same, the food remains a city-wide favourite. and walking inside the place is like stepping back in time: the décor is very much of the 1960s. There's even a menu from way back, framed on the wall showing how, once upon a time, you could snag yourself a hamburger platter for all of 75 cents! Okay, so maybe the prices have changed since Louis Rizk first opened the doors, but one thing has stuck like pepperoni to mozzarella: Louis' remains part of the family.

"It's been given from generation to generation. There have been already four generations," says Julia Tahan, proud current manager, and great-great-niece of the original Louis. "We all work from our hearts. We dedicate more than half our lives to this restaurant. It is our second home, and we love going to work everyday."

Julia and other family members recall the man most still call "Uncle Louis" as a very generous and caring person. Along with his brother Mike, the Rizks brought their family to Canada from Lebanon to secure a better future. However, they never forgot their roots in their home country.

"Louis and Mike were very generous to the Lebanese community," says Julia. "When people would arrive from Lebanon, they would let





Photo by Andre R. Gagne

From left: Mounir and Laudy Saab and their daughters Rema and Julia run Louis' Pizza at 181 McArthur Ave. Laudy's uncle Louis Rizk founded the restaurant more than 60 years ago.

them live with them and help them find a job to become stable. He brought his niece in 1969 and she began to work as a bus girl. Then the war started in Lebanon, and he brought his entire family here."

Some might be surprised to learn that Louis' wasn't always famous for its pizza. In the late 1950s and early '60s, a horse stable stood next to the location of the current restaurant on McArthur. Louis decided to open a coffee and sandwich shop for those waiting for their horses. He also sold groceries, but a

chance meeting with a man from Boston transformed the restaurant into the pizzeria it is today.

"It was challenging at the beginning, but as the years went by it got easier. We took good care of our customers and still do till this day," says Julia. "We knew so many of them by first names and they just become regulars and part of our family. Louis used to throw staff Christmas parties, and customers used to get invited because they were part of our family."

In the '70s, Uncle Louis sold the restaurant to his for-

mer bus girl-niece, Laudy Saab. Laudy and her husband Mounir have continued to keep the family involved. Their daughters, granddaughter, nieces, and nephews all have a hand in the restaurant – some more than others. But Mounir is the only one who makes the dough every day!

Louis' pizza has impressed many a local pizza lover, some of whom made Louis' a weekly tradition growing up. Glancing at the photos on the restaurant wall, it's clear that this pizza loves to travel. Louis' has visited France, England, Switzerland and even ridden on top of a camel in the Sahara Desert! Hollywood has also come calling, with two movies filmed inside the restaurant.

To ensure they would remain open during the pandemic, Louis' came up with a new way to take home their beloved pizza. They created kits featuring some of that Mounir-made dough, their homemade pizza sauce, freshgrated cheese, and pepperoni, all for just \$20.

"With so much support from our customers and community, we were able to survive. We thank them from the bottom of our hearts for their support," says Julia.

And much like the time-capsule nature of Louis' Restaurant and Pizza décor (which customers hope never changes), Julia says this, too, will remain: "[Louis' will] continue the family business and to pass it on from generation to generation."

Louis Pizza is located at 181 McArthur Ave. Contact them at louispizza.ca or call 613-741-0724.

'Burgh resident Andre R. Gagne can usually be found roaming the neighbourhood with his camera, sipping copious amounts of coffee on Beechwood Avenue, or sharing conversations with his friends at The Pond.

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*note: there are other inclusion criteria that will be evaluated at the laboratory

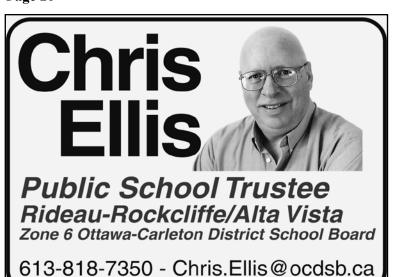
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Tales from the Square

Continued from page 1

by a nap; Knit-and-Natter at 2 p.m.; afternoon tea; hairdresser at 4 p.m.; peek at the news; dinner at 5:30 p.m.; Bingo at 7 p.m.; TV, milk and cookies, bed. And that's only Monday! Suddenly, somehow, your days have become compartmentalized: you're routinized again. But with important differences. There's a certain comfort in a familiar routine - something you can rely on. But there's comfort knowing your schedule isn't imposed, it's self-imposed. And there's no commitment: if you're not in the mood for a certain activity you can skip it. No repercussions; no guilt!

I'm going to tell you about two of the activities at New Edinburgh Square which have helped "rezzers" and staff get through the worst days of the pandemic and which continue to enrich our morale and general well-being. One is a must for some people's routines: music. And the other is, well, routineless: flowers.

Music is ubiquitous at the Square. You may pass a staff member humming quietly as you scurry down the hall. If you're lucky, you might hear a rendition of "You Are My Sunshine" by our golden-voiced personal support worker Anne or hear Mrs. MacIntosh practicing her scales. Then there's the popular Friday afternoon Happy Hour. That's when the rezzers gather in the dining room to sip cocktails as they listen to the day's invited musicians. We get a pretty good range of musical talent, from pub-style piano singalongs, to a singer with a (redundant) guitar accompanied by pre-recorded Elvis tunes. Favourites include Peter Woods who, when he's not ministering to his flock at McKay United Church, is delighting audiences with his very accomplished, very cool saxophone. And lately we have been regaled with piano recitals by one of our servers, Kim, who can serve up more than one kind of treat

Let me introduce you to the grande dame of music at the Square. "Really, my whole life has revolved around music," says Elizabeth Graham-Smith. Asked how she began her "Music Chat" series, her answer is not unusual among volunteers in general: "I felt that I had something to offer."

What she offers is a wide variety of (recorded) classical pieces chosen by the participants. As they file into her session, she plays a piece of her own choosing which the listeners are challenged to identify.

Somewhat less playful is Elizabeth's training. From a musical family based in England, she had become an accomplished pianist by age 13, then enrolled at the prestigious Royal Academy of Music at 18. There she studied with well-known pianist and composer Harold Craxton and concert pianist Cyril Smith. She taught for two years at Roedean School near Brighton, U.K. - the girls' equivalent of Eton College.

Married in 1956, Elizabeth and her husband moved to North America and eventually settled in Ottawa, where the music scene was going through a major transition. The city had a brand-new orchestra, a beautiful new concert hall (the National Arts Centre), a new maestro (Mario Bernardi), and high hopes. But to her dismay, Elizabeth found that the bold new plans lacked a children's program. Thanks to Elizabeth's hard work, the NAC eventually launched a program of matinee concerts for children in grades 4–8 and later extended to a wider range of youngsters. Elizabeth regards this as one of her legacies to the Ottawa music scene

But it's the story of her 1909 beloved German Bechstein grand piano that gets her nearly misty-eyed. As a child, she would accompany her parents to concerts at the Bournemouth Symphony, where they got to know the people in the neighbouring seats. One evening, in casual conversation, they got wind of a certain piano for sale. They went to look, Elizabeth fell in love, and the rest as they say, is history. "Whenever, wherever we moved, the first item to be moved into the new place was my piano. Everything else was arranged around that," she explains.

Asked what had sustained her during the pandemic, Elizabeth mentions the classical music programs on the radio and her musical friends at St. Matthew's Church in the Glebe. She sums it up simply: "My faith and my

music."

There is one activity at the Square that is blessedly routine-free, its delights are almost always on offer. That's the charming, thirdfloor deck where you can go any time to enjoy the open air surrounded by lovely flowers, shrubs, and little trees. You can stroll or sit and literally smell the roses. It has been, and continues to be, a great source of solace to many. I wanted to find out about the people who lovingly maintain it. I met Renee de Vry, the charming veteran horticulturist of Amano Gardens who gave me two stories for the price of one.

It all started when a young woman called Patricia Wallinger came to Ottawa from Argentina. Here, she was disappointed to see that, in an otherwise prosperous milieu, some people had been left behind by the labour market; marginalised by lack of skills and education or by virtue of physical or mental disability. Patricia was determined to do something. So she set up a not-for-profit company called Amano - literally a mano or "by hand" in Spanish - and began hiring people with difficulties getting started in the labour market. Although the business can demand a great deal of skill and knowledge, if you start modestly, you need only the most basic a mano skills. That's what Patricia did.

Still today, five years later, it really is a mano. The company proudly boasts that it uses no power tools, takes care to minimize its carbon footprint, and uses no pesticides. It's about as green as they come and pays a living wage. Even as it's giving employees the basic skills to go out on their own, it goes to extraordinary lengths to acculturate new hires. When Syrian refugees arrived in Ottawa a few years ago, Amano took on as many as possible and taught them simple English, even hiring an interpreter. At first the jobs were simple. Renee describes them as the "lawnsand-hostas" model. But now the business is in transition, in two ways. First, drawing on their horticulturalist Renee's experience, it's diversifying the plant material to include a wider, more sophisticated range of specimens.

Continued on page 21

Continued from page 20

Secondly, it's moving from the small, lawns-and-hostas model to larger, institutional job sites where, along with more variety, they can obtain economies of scale.

"So what's in store for us this year?" I asked Renee innocently. I got a very knowledgeable, very enthusiastic mini lecture. I had no idea of the many factors to be considered when planning the layout of a garden. Each is unique, so the material selected will depend on sun and shade, temperature, prevailing wind, shelter, soil, desired plant colours, heights, and durability - and the clientele (are they elderly, for example?). Planning begins in October, and purchases are made in November. Special variety seedlings arrive in early May. They are repotted, 'hardened' and nurtured before planting out. Some are started from seed in employee's homes. The choices are very subtle. For example, Renee says that for the Square it's not just colour, but also scent. Seniors have long memories, she says, and an aroma can bring back happy ones. And, really, some of



Photo by Catherine Richards

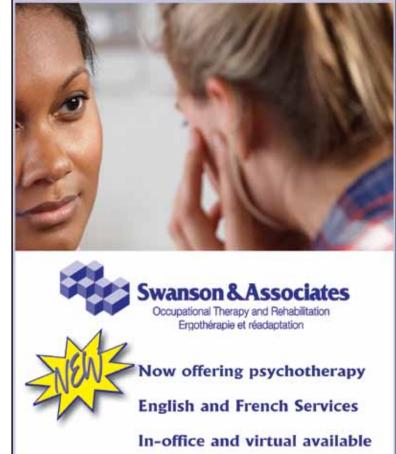
The charming third floor deck at the New Edinburgh Square features lovely flowers, shrubs, and little trees.

the plants are rather exotic. She refers to Eupatorium or "Elegant Feathers" which finish a bright orange-red in the fall. And Amano's latest innovations include sustainable landscapes and edible gardens. For the latter there's lemongrass, climbing spinach, and milk thistle. "And for the traditionalists," Renee says with a grin, "tomorrow I'm planting rhododendrons and peonies."

The Persian mathematician and poet Omat Khayyam

wrote: "A jug of wine, a loaf of bread and thou." Seems to me he might have added "and some music and flowers, too."

Former Crichton Street resident Keith Newton moved into the New Edinburgh Square just before the pandemic hit in March 2020. He is a retired research economist and professor, and an avid creative writer. This is the fifth in his series on life in a retirement resident during the pandemic.





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September's Streetfest promises music, dance and more

By Janet Uren

Perhaps you remember the announcement of StreetFest in the last issue of the New Edinburgh News. Since then, organizers been developing the programming, as well as a colourful little Souvenir History of New Edinburgh.

Starting in July, tickets to StreetFest will go on sale at Books on Beechwood and online at iodelaurentian.com. Each \$30 ticket includes a copy of the 60-page Souvenir History, including a selfguided walking tour of the village.

The StreetFest program has been firming up since April, with an exciting lineup of attractions:

- Seven **local artists** will put display their works in a tent on Dufferin Road, including paintings of the village itself.
- The musical program at MacKay United will com-

prise five mini-concerts ranging from classical to upbeat jazz.

- The School of Dance will perform in the open air.
- Village verandahs will play host to a range of performances, from choral music and Celtic harps to traditional Scottish and Irish song, jazz, and the music of the 1980s.
- Speakers at Bartholomew's Church will tell stories of the village, including "Thomas McKay, the Laird of New Edinburgh.'
- The Church Café at St. Bartholomew's will feature home-baked goods, as well as tea, coffee and lemonade.
- Vintage cars around 30 of them – will be on display.
- Live heritage interpretation will be presented at nine different sites in the village.
- Of special interest to children, there will be horsedrawn wagon rides along

the lanes of the village.

• **Vendors** selling freshwater pearls, Cambodian scarves, gently-used treasures and more

Funds raised by StreetFest will go to the Inuugatigiit Centre for Inuit Children, Youth and Families in Vanier.

IODE Laurentian wishes to thank its partners and supporters: St. Bartholomew's Church; MacKay NESŤ Church: (New Edinburgh Studio Tours); The School of Dance; the Antique Automobile Club of America (Ottawa Region); the Mercedes-Benz Club of America (Ottawa Section); Les Envolées Blanches; and the Sussex Capital Group. Thanks also to sponsors Beechwood Cemetery; Edward Jones (Steve McIlroy); Elmwood School; Metro Ottawa; the Royal



A ticket to StreetFest 2022 gets you a copy of the 60-page Souvenir History of New Edinburgh.

Bank of Canada; and Sezlik Realtors for helping to make this event possible.

Lab begins trial program to reduce homelessness

By Allan Martel

The Family Homelessness Lab is getting ready to test a program that could not only shorten the housing waitlist for homeless families,

but also prevent them from becoming homeless in the first place.

The lab is in its final phases, drafting the final report and testing its suggested prototypes.

In collaboration with the City of Ottawa and several social agencies working in the homelessness area, we have built a Rapid Results Table where cases of families in imminent threat of shelter

admission will be reviewed and, hopefully, diverted into housing rather than into shel-

To do this, we have the cooperation of several of the city's largest landlords and a group of volunteers searching for available units, while another part of the group assists the families in preparing for landlord vetting interviews

Equally important: as of early May, we have access to housing subsidy funding that will enable us to house those families in need without undue financial hardship and in a sustainable manner.

If this experiment works as we hope it will, we will begin to reduce the number of families needing housing member.

at both ends: the city getting folks out of shelters and the lab slowing the intake rate to shelters through eviction prevention and diversion to sustainable and appropriate housing.

This is exciting news, and our experiments should bear fruit over the next few months, perhaps changing the paradigm of how family homelessness is addressed in Ottawa.

If you would like to be part of this process, we would love to have you as a team member. Please contact me at either allanmartel@allanmartelconsulting.com or 613-890-3651.

Allan Martel is a Family Homelessness Lab Core team





Burgh actor to direct revisited classic play

By William Beddoe

As an actor, I've been involved in the local theatre scene since moving back to Ottawa – and New Edinburgh – in 1996. Now, 25 years after helping launch the first Ottawa Fringe Festival, I'm stepping off the stage and into the director's chair for a show that's a mix of old and new at this year's Fringe which runs Jun. 16–26.

The old is *The Proposal*, an early comedy by master playwright Anton Chekhov. Times being what they are, my partners at Plan B Productions and I thought that we needed a good laugh, and I consider this classic farce to be one of the funniest short plays ever written.

The story centres around Ivan, a nervous bachelor living on a country estate. At 35, he feels he ought to get married, and plucks up his nerve to decide to propose, more for proximity than passion, to his neighbour's daughter: the fiery, strong-willed Natalya.

Pleasantries quickly combust into conflagration, as the would-be lovers seem unable



Photo by Donna Price

From left: Kurt Shantz, Sarah Marks, Jeff Lefebrve, and director William Beddoe rehearsing *The Ring* to be performed at this year's Ottawa Fringe Festival.

to agree on even the most benign topics, yet still somehow seal their engagement at the end.

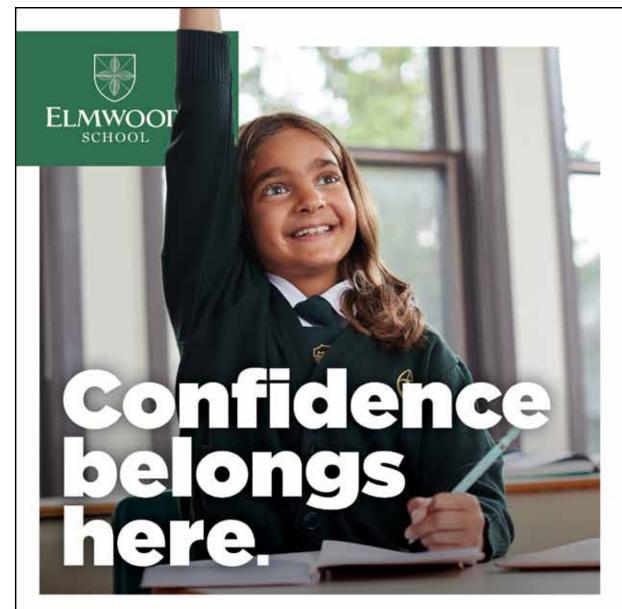
The Proposal, being very brief, is usually paired with another piece, and this is

where the new comes in. For this production, Plan B engaged Ottawa playwright Laurie Fyffe to write a sequel to *The Proposal*.

The Ring sees our warring couple visit their parish priest

for the requisite pre-nuptial "marriage course." But what lessons are being taught, and who is teaching whom? Come to the Fringe to find out! (Content warning: may cause excessive laughter!)

The Proposal and The Ring will be performed at LabO Theatre, 60 Waller St., part of the Ottawa Fringe Festival from Jun. 16–26. Visit ottawafringe.com for showtimes and tickets.



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For the Birds

By Jane Heintzman

The months of April, May and June are highlights on birders' calendars, ushering in a longawaited season of songbird activity, and the emergence of a new avian generation. It's no exaggeration to say that throughout this exhilarating period, there's never a dull moment on our birding landscape. Successive waves of blackbirds, sparrows, finches, swallows, gulls, hawks, vultures, orioles, flycatchers and warblers return to our region to find mates, build nests, and settle in to rear their young – not always an easy job, with predators, human hazards, and stormy weather.

In our own backyard and

environs, the avian spring has unfolded more or less on cue. beginning with a final winter finch sighting Mar. 31, when a cloud of common redpolls descended on our feeders on Stanley Avenue. In early April, a sonorous pair of American robins turned up in the garden, and have never left. Their distinctive cheervup, cheerily call starts each morning around 4:30 a.m., and is the last to subside in the evenings. While I have yet to spot their nest, it is undoubtedly close by, evidenced by their concerned fluttering and scolding chatter when I'm working in my garden.

Not long after the robins'



Northern Flicker.

Photo by David Howe



Baltimore Oriole Male at backyard feeder.

landscape

arrival, a **song sparrow** duo settled into the garden, where they continue to regale us with their cheerful – sometimes piercing – warbly song. Their presence is a welcome relief after a two-year absence when pushy **redwinged blackbirds** elbowed them out of our garden.

Red-wings are typically among the earliest spring arrivals, along with such blackbird cousins as common grackles, European starlings, rusty blackbirds and brown-headed cowbirds (the notoriously nasty nestthieves of the bird world). Bullies though they often are, male common grackles are undeniably stunning in their iridescent green-blue-black plumage; we took grudging pleasure in watching them strut regally through our flower beds.

Another early spring highlight is the transformation of male American goldfinches from their olive-gray winter uniforms to the brilliant yellow and black plumage of the breeding season. Goldfinches are ubiquitous throughout our community, both at bird feeders and in trees and roadside shrubs. Not to be outdone, their male house finch and purple finch cousins have turned up the rheostat on the bright pinkish-red plumage on their breasts and heads, adding more dazzle to the

And no account of the spring colour palette would be complete without a mention of male Northern cardinals, year-round residents of our community. Their stunning red plumage is never more brilliant than in breeding season, and in our own bac yard, the presence of a breeding pair is a highlight of spring. As I struggle with chores in our garden, the continuous background music of the cardinal's clear, whistled cheer, cheer, cheer greatly relieves the tedium of my tasks!

About a month after the song sparrows' arrival at the end of March, their cousin the white-throated sparrow made its first appearance in the neighbourhood, signaling its presence with its distinctive Oh sweet Canada, Canada, Canada call. The white-throat is comparatively easy to spot, with its crisply-striped, black and white head and signature yellow eyebrow –a feature absent in its near relative the white-crowned sparrow, which arrives later in May. The white-throat's song is now a prominent melody in the daily chorus surrounding our house near the Rideau River.

Complicating the identification of white-throated sparrows is the fact that there are two distinct colour forms: the traditional black-and-white, and a less common tanstriped version. Interestingly, the birds tend to mate with an individual of the opposite morph: males of both types prefer white-striped females, while both kinds of females prefer tan-striped males. Since the white-striped birds are more aggressive, it's thought that the white-striped females may outcompete their gentler tan counterparts in the quest for tan-striped male partners.

Photo by Brent Crichton

Not long after the whitethroats, a wave of **chipping sparrows** arrived with their incessant mechanical trills. Chipping sparrows have clear grey breasts, bold black eyelines, and – the ID giveaway – bright reddish-brown, or "rufous," crowns. While we've rarely seen them lingering in our garden, they're ubiquitous in the neighbourhood.

Tricky trills

Although the chipping sparrow's call can be a definitive identifying feature, there's more than one trilling species on our birding landscape. Prominent competitors are dark-eyed juncos and pine warblers, both of which are also around this spring.

If you must guess a bird's identification on sound alone, it's helpful to learn the tricks of distinguishing one trill from another: visit **sibleyguides.**







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Photo by David Howe American Redstart.

com to hear comparative vocalization samples. In New Edinburgh, if you hear a resonant, mechanical trill, a chipping sparrow is most likely the source.

Leading the list of our other spring birding highlights are Eastern phoebes which returned right on schedule in April to greet us each morning with their piercing, nasal feebee calls. A pair of **mourning** doves which softly coo coo in our garden, both morning and evening. A bustling group of tiny, male ruby-crowned kinglets flitted about in our shrubbery with red crowns on full display: a sign of excitement or agitation. A handsome Northern flicker foraged for ants on our lawn, with its bold, black necklace and heavily spotted breast. A sleek Northern mockingbird babbled noisily at the top of a tree on the Rockcliffe Parkway. We spotted a gray catbird, a red-eyed vireo, and a Northern shrike known as the "butcher bird" for its predatory ways – which returned to precisely the same spot at the corner of Stanley Avenue and Sussex Drive where I found it last year. And we also saw numerous sharp-shinned hawks flying low along the Rockcliffe Parkway between Buena Vista and Princess Avenue.

The **common ravens**, which entertained us all winter with their comical vocalizations, remain a regular presence along the Rockcliffe Parkway and close to 24 Sussex Dr., where they have a longstanding nest. Our neighbour recently reported watching in horror as a raven perched on our roof devoured a hapless nestling. This indiscriminate predation is no doubt one of the reasons these omnivorous birds are such survivors. While both species are

members of the corvid family, ravens are typically not friends of American crows, and we've witnessed some vigorous and aggressive encounters this spring.

Wild turkeys, now in their glossy breeding plumage, have extended their local range from the Rockcliffe Park area into our immediate neighbourhood - on one occasion right up to our front door! A neighbour photographed a group of six turkeys checking out our front lawn, getting up to the front steps. It may have been the same group I watched with amusement as they strutted up to the Rideau Hall fence and attempted to slip between the bars. No amount of squeezing could manoeuvre this wellfed bunch through, and in the end they resorted to a short, lumbering flight over the top.

For many birders, the return of the myriad warbler species through late April and May marks the high point of the spring and summer season. North and Central America are home to about 120 species of "New World warblers" or wood warblers, which are relatively small (maximum



Photo by Stephen Pradine

warbler, palm warbler, black-throated green warbler and Northern waterthrush. Here in Stanley Park, our amazing bird photographer David Howe has already photographed six warbler species: American redstart, Black and White warbler, Blackburnian warbler, Palm warbler, yellowrumped warbler and Cape May warbler.

To date, my own warbler sightings have been limited yellow-rumped warblers, yellow warblers and American redstarts, all of



Mourning Dove.

Photo by Frank Martin

18 cm), active insect eaters typically found in woodlands, marshy areas and gardens. In contrast to their more muted 'Old World" European cousins, many of our wood warblers are a feast for the eve in their bright breeding plum-

By early May, the Ottawa Field Naturalists' Club was reporting numerous warbler species in such hotspots as Mud Lake and Gatineau Park (ofnc.ca/recent-birdsightings), notably the Blackburnian warbler. orange-crowned warbler, Louisiana waterthrush, yellow-rumped warbler, American redstart, pine

which inhabit the stretch of the Rockcliffe Parkway which is our daily dog walk. But I'm looking forward to expanding that repertoire to include the stunning group on David's list, including the Cape May warbler, which will be a first for me.

Reports from our readers

Bird photographer David Howe has had a spectacular spring, logging a total of 72 species in and around Stanley Park during May alone. Apart from the aforementioned six warbler species, highlights on David's list included the blue-headed vireo; blackcrowned night heron; gray catbird; great-crested flycatcher; hermit thrush; rose-breasted grosbeak; Northern sawwhet owl and yellow-bellied sapsucker. 'Amazing what you can find if you look out there," said David. Indeed!

Philip MacAdam, proprietor of the Avian Bistro at Alexander and Thomas Streets, reported a birding coup this spring: a stunning male **Baltimore oriole** in its dazzling black and orange breeding plumage paid a visit to Philip's peanut feeder, but was driven off by a bullying red-winged blackbird. Philip speculates that it was likely en route to the orioles' traditional nesting grounds in Lac Leamy Park across the Ottawa River.

Throughout the spring, the Bistro has hosted whitethroated sparrows, chipping sparrows, red-winged blackbirds, purple finches, house finches, American goldfinches, white-breasted nuthatches and blackcapped chickadees. And it would appear that the same delegation of wild turkeys that turned up at our house on Stanley Avenue moved around the corner to try out the Bistro. "They came right up to our living room window," reported a bemused Philip.

Page 25

While investigating a startling thump against his living room window, Philip spotted a sharp-shinned hawk in rapid retreat. Oddly, it abruptly changed course and flew straight back to perch on Philip's fence, only a few feet away. His best guess is that the raptor had just devoured a smaller bird, perhaps the one stunned by the collision with his window.

In late April, our West Coast correspondent Vicki Metcalfe had a memorable day of birding at Esquimalt Lagoon in Victoria, B.C. In the course of an epic, fivehour expedition, Vicki and her companions logged an astonishing 69 species, ranging from ducks to geese, swans, shore birds, gulls, terns, raptors, woodpeckers, hummingbirds and song **birds** – including six species of sparrows. Of particular interest to Eastern birders were such western species as Anna's and rufous hummingbirds, California gulls, Northern red-shafted flickers (our version is yellowshafted), chestnut-backed chickadees, and Bewick's

Resources for birding this summer

To make the most of the birding season this summer, visit:

- allaboutbirds.org **Cornell** Lab of Ornithology's comprehensive guide to species identification and information, plus access to the Merlin **ID App** to help identify birds you may see or hear in your travels; and
- ofnc.ca/programs/birdingin-the-ottawa-area - OFNC guides on where to go birding in the region, and what species you may encounter at each location.

Enjoy the summer and happy birding to all!

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Summer reading advice for all ages from local bookshop team

By the Books on Beechwood staff (Bridget Barber, Stephanie Caldicott, Cathy Hodgins, Dave Mackie, Hilary Porter, and Michelle Sinclair)

FOR CHILDREN

No! by Marta Altes (Ages 3–7)

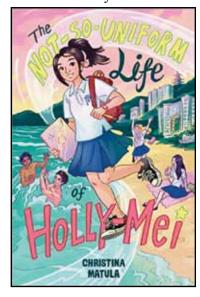
Charming and hilarious, this picture book – about a well-meaning dog who's a bit confused about his name – is a real winner! –Hilary

Lizzy and the Cloud by The Fan Brothers (Ages 4–8)
A beautiful story about

A beautiful story about friendship featuring unforgettable art by The Fan Brothers. –Hilary

This is the Boat the Ben Built by Jen Lynn Bailey (Ages 4–8)

This is a sweet book about nature, ecology, ecosystems, and a little boy going on an adventure in a boat he built himself. –Hilary



The Not-So-Uniform Life of Holly-Mei by Christina Matula (Ages 8–12)

Biracial 11-year-old Holly-Mei comes to appreciate both her cultures in a move from Canada to Hong Kong, lovingly depicted here. Matula grew up in Ottawa. –Bridget

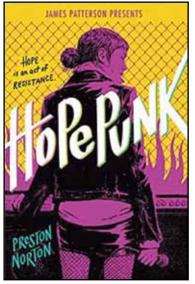
Skandar and the Unicorn Thief by A.F. Steadman (Ages 8–12)

Featuring magic, unicorns, secret islands, and shadowy villains, this epic fantasy novel is a thrill ride you won't soon forget! Perfect for voracious readers of Percy Jackson and Harry Potter! – Hilary

FOR TEENS

Victories Greater Than Death by Charlie Jane Anders (Ages 12+)

This is a thrilling young-adult space opera featuring friends, family, and intergalactic war. Book 1 of the Unstoppable series is the author's tribute to Star Wars, Doctor Who, Steven Universe and other space epics she loves. –Dave M.



Hopepunk by Preston Norton (Ages 12+)

Full of heart, hope, and humour, this novel about family, acceptance, and finding your place in the world is a real treat! –Hilary

FICTION

The Hollow Land by Jane Gardam

A delicious discovery of an early book by Gardam. Set in Cumbria, U.K. in the 1960s, two boys from very different backgrounds thrive in a long-forgotten world full of colourful characters and lost time. –Bridget

Perestroika in Paris by Jane Smiley

The wayward filly of the title, recently strayed from the nearby racetrack into Paris, may be the main character in this charming and uplifting book, but there is also a wonderful, wise, and kind dog that makes it all work!

—Dickon the dog

The Paris Library by Janet Skeslien Charles

In 1983 rural Montana, a teenage Lily develops a friendship with her mysterious neighbour Odile. As their relationship grows, we are transported to Germanoccupied Paris. A solid read for those who love books, libraries, dual timelines, and delving into the heroism of everyday people. —Cathy

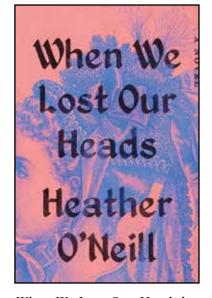
What Strange Paradise by

Omar El-Akkad

In this small, beautiful novel, readers experience eight-year-old Amir's desperate and terrifying boat crossing from Alexandria to a Greek island. There he meets Vänna, a feisty Swedish girl who is determined to help. Despite lacking a common language, their bond grows as they try to stay ahead of the police. So much more than just a story, this novel is well worth your time. —Cathy

Sea of Tranquility by Emily St. John Mandel

This novel is an intelligent and complex contemplation of metaphysics, yet it is remarkably easy to read. Featuring characters living in the early 1900s, the early 2000s, and then about 300 years into the future, this is a perfect book for those interested in reading about the passage of time, perceptions of reality, and possible futures. –Michelle



When We Lost Our Heads by Heather O'Neill

The novel follows two wealthy young girls as they come of age in 1870s Montreal. As they weave in and out of one another's lives, their friendships, betrayals, and obsessions ultimately lead them back to one another. An incredible story of love, power and desire, this is also a brilliant rendering of women's passion and ambition. –Michelle

The Candy House by Jennifer Egan

In this novel, a new technology allows people to access every memory they've ever had, and to exchange memories with others. The implications are explored from the

perspectives of multiple characters, whose paths intersect over several decades, in an array of narrative voices and styles. The novel is brilliantly crafted, intelligent and touching. –Michelle

Dandelion by Jamie Chai Yun Liew

This debut novel by an Ottawa author conveys experiences of migration, statelessness, isolation, and loneliness. Lily and her family moved to Canada from Brunei in the 1980s and, while her father tried to make the most of their new home, her mother always longed to return. This is an important book, which considers how we define home, community, identity, and belonging.—Michelle

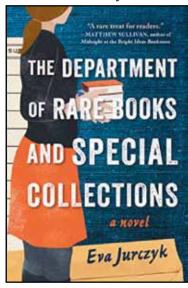
French Braid by Anne Tyler

This is a funny, joyful, and perceptive journey into the tangled threads of a family's life and foibles over a crowded six decades. Tyler writes with a deep understanding of families, what holds them together, and what can break them apart. In *French Braid* she is at her best! –Stephanie

MYSTERIES & THRILLERS

The Paris Apartment by Lucy Foley

A page-turning thriller that I could not put down! Set in "The City of Lights" this atmospheric read incorporates multiple points of view while channeling Agatha Christie. A dark, sinister and clever ride. –Cathy



Department of Rare Books and Special Collections by Eva Jurczyk

This debut mystery novel by University of Toronto librarian Eva Jurczyk is a delight. Institutional politics, carbon dating, with a side order of ageism, all kept me turning the pages to discover the identity of the thief. If you consider yourself a bibliophile, then this read is for you. -Cathy

The Maid by Nita Prose

This fun debut murder-mystery is set in a New York City Hotel. Molly, our protagonist, is a quirky, naïve perfectionist who loves her job. When her orderly life is threatened, we are carried along as Molly puts the pieces together. Light, sweet, and witty with surprising depth, it was worth every minute. —Cathy

Give Unto Others by Donna Leon

Commissario Guido Brunetti must decide where his loyalties lie – with his work and colleagues or with an old friend from the past. This is the latest installment in Leon's splendid Venetian crime series. –Stephanie

SCI-FI & FANTASY

Jade Legacy by Fonda Lee

This third and final chapter of the Green Bone Saga brings to a close the story of clan Kaul and the Green Bone Warriors. Culture, tradition, politics, scheming noble houses, economics, and the supernatural are woven together in an action-packed epic fantasy. –Dave M.

The Last Graduate by Naomi Novik

This second installment of the Scholomance series – Novik's latest dark fantasy trilogy – is a compelling and immersive reimagining of history and folklore. It tells the story of a young sorceress and her education at the Scholomance, a school of black magic. –Dave M.

A Master of Djinn by P. Djèlí Clark

Set in an alternate Cairo, this fantasy steampunk novel tells the story of Fatma el-Sha'arawi, a young alchemist, who attempts to solve a murder that may have global consequences. It is the first book in the Dead Djinn Universe and has been nominated in the best novel category for the 2022 Hugo, Locus and Nebula awards. –Dave M.

BIOGRAPHY

And a Dog Called Fig by Helen Humphreys

This is a quiet, reflective book by a Canadian novelist about bringing up a new, rambunctious puppy while also keeping up her writing. The book comprises short reflections on the writing life as well as updates on Fig's progress and lots of fascinating information about dogs. –Bridget

Between Two Kingdoms by Suleika Jaouad

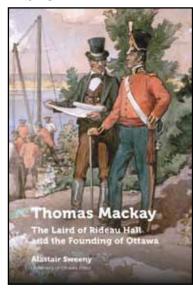
This beautifully written memoir of a young woman's journey through illness, treatment, and self-discovery is a transformative read! Having survived her ordeal, Jaouad sets off to relearn how to live. At once inspiring and heartbreaking, this read is made even more profound by companion pieces that can be found in The New York Times, and on Jaouad's social media pages. —Cathy

My Best Mistake by Terry O'Reilly

Terry O'Reilly is a great storyteller and the host of the radio show, *Under the Influence* on CBC. In this book he talks about people or companies who made a seemingly small mistake that leads to the beginnings of

famous brands, legendary bands, and groundbreaking art. An enjoyable insight into the fact we can't always tell how things will turn out. – Stephanie

HISTORY



Thomas MacKay: The Laird of Rideau Hall and the Founding of Ottawa by Alastair Sweeny Suffice to say that this book is a must-read for all residents of New Edinburgh. You will find familiar names and lots of resonance on each page.

—Bridget

The Secret Life of the Savoy by Olivia Williams

Started by the D'Oyly Carte family in London in the 1880s, The Savoy is one of the most iconic and legendary hotels in the world. The D'Oyly Cartes pioneered the idea of a luxury hotel as well as a modern theatre via the Savoy Opera Company. This book tells the story of this famous hotel and all the glamour, high society, scandal, and eccentric characters that encircled it. –Stephanie



Jazz in June series returns to the 'music church'

By Eleanor Dunn

A Juno award-winning guitarist, a trio from Toronto, the Kindness of Jazz Quintet (made possible by the Kindness of Jazz Project of the United Church Foundation), and a singer-guitarist from Chile. These are all featured performers when the popular Jazz in June concert series returns to MacKay United Church, 39 Dufferin Rd.

Pre-pandemic, the noonhour jazz concert series throughout the month of June was one of MacKay's popular music programs. This summer's event signifies that the church has reopened and that work is under way to bring back events which made it known as the "Music Church" in New Edinburgh and beyond.

The format will be a little different this year, with performances taking place on Tuesdays throughout the month. With the exception of Toronto-based Tom Reynolds Trio, musicians who make

their home in Ottawa will be featured at the noon-hour concerts.

Jazz in June kicks off Jun. 7 at noon, featuring worldrenowned Juno-winning guitarist Roddy Ellias with Petr Cancura on saxophone. Petr is the artistic director of the Ottawa International Jazz Festival.

Then on Jun. 14, there will be two appearances at MacKay by the Tom Reynolds Trio. From 3-4:30 p.m., the trio will lead a workshop in the sanctuary featuring music and discussion on how jazz and spirituality can be linked for a spiritually meaningful experience and a life of spiritual vitality. At 7 p.m. the trio will be featured performers at MacKay's Music and Meditation program. If that's not enough, you can catch the trio performing at noon on Jun. 15 at Southminster United Church (15 Aylmer Ave.) and in the evening, the group will be joined by MacKay's Rev. Peter Woods



The Kindness of Jazz Quintet will perform at MacKay United on June 21. From left: Carolyn Sutherland, Tim Jackson, Peter Woods, Chris Pond and Lu Frattaroli. Photo by Lee Williams

on saxophone at Queen Street Fare's Jazz Nite (170 Queen St.). On Jun. 16, the trio with Peter Woods will perform at One Up above the Royal Oak on Beechwood (1 Beechwood Ave.). In addition to Tom Reynolds on piano, the trio includes George Koller on bass and Lorne Nehring on drums.

The Kindness of Jazz Quintet will perform on Jun. 21 at noon. In addition to Peter Woods, musicians include Tim Jackson on guitar, Chris Pond on bass, Lu Frattaroli on percussion and Carolyn Sutherland performing spoken word.

The series concludes Jun. 28 with the Edra Silva Duo performing at noon. Eda Silva is a vocalist and guitarist originally from Chile.

Admission to these concerts is free, but audience members will be asked for a donation at the end of each concert to help defray expenses.

MacKay United Church follows provincial public health directives. While masks are no longer mandatory, MacKay welcomes those who still feel more comfortable masking for indoor events. Should the province change its directives, MacKay will follow suit.

The latest information from the church can be found at mackayunited.ca or on MacKay's Facebook page.

Party for Queen's Platinum Jubilee to take place June 23

By Janet Uren

The sound of a trumpet will be heard this summer in the

village of Rockcliffe Park, as Jubilee of Queen Elizabeth II. people gather on the grounds of Elmwood School on Jun. 23 to mark the Platinum

In 2022, Queen Elizabeth II celebrates her 70th year on the throne. Most Canadians cannot remember a time when she was not the Queen of Canada. Wishing to mark this historic moment in time, IODE Laurentian – a women's service group, part of a larger national organization - will be hosting a Jubilee Garden Party.

The event will take place at Elmwood School (261 Buena Vista Rd.), which has generously contributed both the space and a large marquee for the party. British High Commissioner to Canada Susannah Goshko will attend and open the event.

As well as the usual party fare – wine, savouries and a beautiful cake topped with a model of St. Edward's Crown made by IODE (Laurentian) co-President Janet Stratton - the celebration will feature a small, colourful exhibit tracing highlights of the Queen's long relationship with Canada.

Admission is free, but by reservation only, and Laurentian would appreciate donations, which will go to support the work of the Inuuqatigiit Centre for Inuit Children, Youth and Families in Vanier.

The Jubilee Garden Party has been partly funded by the Government of Canada, with the support of Marilyn Wilson Dream Properties Inc. Brokerage (Christie's International Real Estate); Jaguar Land Rover Ottawa: Nicholas Caragianis Architect Inc,; and Chartwell Rockcliffe Retirement Residence.

Only a few places remain for the Jubilee Garden Party: Jun. 23 from 3:30 to 5.30 p.m. For information, please contact Liz Heatherington at 613-745-4677.



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10 Braemar St. Manor Park

Local library branch connects with CHEO patients thanks to book sale funds

By Martha Hodgson

In December 2021, as in-person programs remained difficult to offer, Ottawa Public Library branches continued to seek opportunities to reach community groups through virtual programming. At the Rockcliffe Park branch, we were lucky to receive additional funding for programming from the proceeds of the annual Rockcliffe Park Spring Book Sale. Staff at the branch were thrilled to connect with the Children's Hospital of Eastern Ontario (CHEO) and recognized that many young patients were missing the kinds of extra opportunities library programs can offer.

With the support of funds raised by the Spring Book Sale, Rockcliffe Park library branch staff worked with Julie Perkins, CHEO's clinical manager of mental health, and Fiona Cooligan, program director at Youth Net, to create a series of art workshops for young people living with mental health challenges.

We supported a local art instructor recommended by CHEO's Youth Net group who presented six 90-minute workshops for young people between ages nine and 18, all of whom attend school programs through CHEO's Steps-to-Success and Backon-Track initiatives. These programs focus on assisting students with severe and generalized social anxiety and other complex mental-health challenges. Each participant received an art kit containing paints, paint brushes, sculpting clay, and assorted craft supplies that were used for the workshops and then kept by the students for further creative pursuits. The workshops were given over Zoom, and the participants were able to engage with the instructor and each other throughout the program as they learned techniques of sculpting and painting.

We received wonderful feedback from youth and group facilitators: "Thanks so much for the wonderful workshops and games. We appreciate everyone's time and effort. It was nice to see the youth step outside their comfort zone and take risks

to show their creative side."

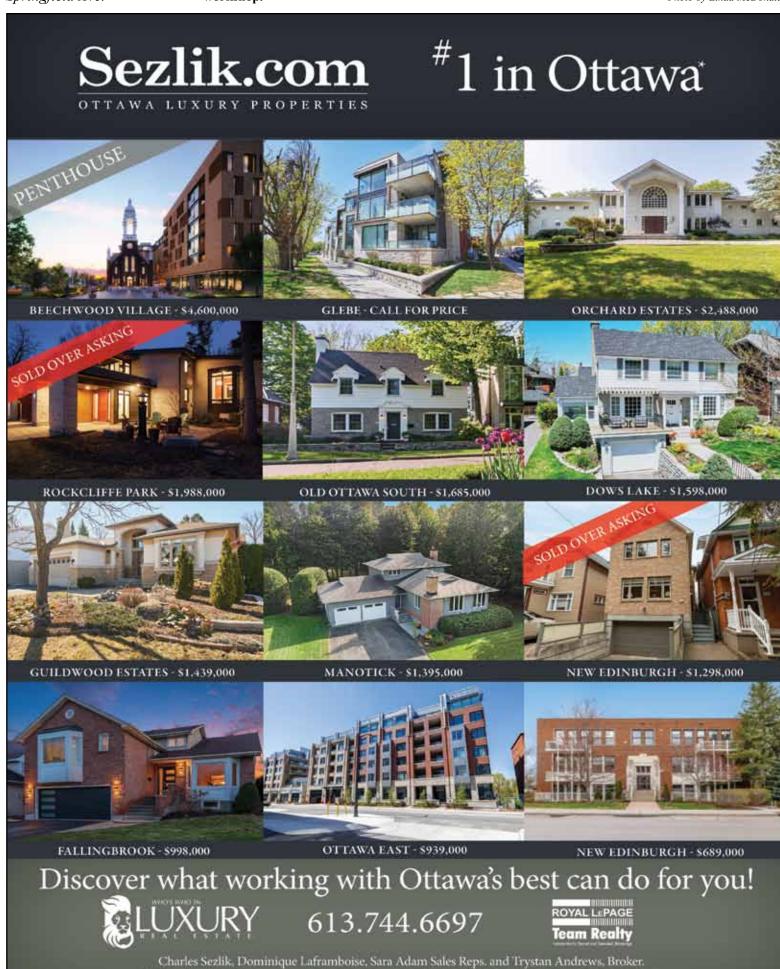
Rockcliffe Park library staff hope to continue to work with CHEO and other community organizations to support young people living with mental health challenges in the future.

Martha Hodgson is the librarian at the Rockcliffe Park library branch, 380 Springfield Ave.



Volunteer Imbaw Storer moves boxes of donated used books for the Rockcliffe Park library branch's annual spring sale. Proceeds from the last sale helped staff to connect with CHEO patients in an online workshop.

Photo by Linda McDonald



Elmwood students resume traditions, celebrate achievements

By Lindsay Germano, **Elmwood School**

Elmwood School is looking forward to a strong finish to the school year. We've been excited to reintegrate some of the well-loved traditions and events to our calendar.

On Mar. 9, the Class of 2022 joined their teachers at the Rideau Club for a dinner celebrating the last 100 nights before graduation. It was a wonderful evening filled with food, speeches, video messages from recent grads, and lots of reminiscing of years passed. Thank you to Reba Wilson '10 for her video address to the graduating class.

The graduates have now received offers to universities. We are so proud of them and are recognizing these students on our website. This class is record-breaking in terms of major awards and scholarships, choice of programs and variety of destinations. A special congratulations to: Zoe Kuiack (QuARMS Pathway and Queen's Commitment Scholarship), Sophia Moloo (Morehead-Cain Scholar),

Avery Parkinson (Loran and their fathers or special Scholar and Ingenium-**NSERC** STEAM Horizon Award winner) Madighan Ryan (McEuen Scholar).

Elmwood was well represented at the Ottawa Regional Science Fair 2022. Congratulations to the following award winners:

- Canada-Wide Science Fair finalists: Safal Bhullar and Naila Moloo;
- Interdisciplinary Award Junior Category- Honourable mention: Isabella Furu;
- Interdisciplinary Award Junior Category- Second place: Zara Kochar, Valerie Lokhonia and Safal Bhullar;
- University of Ottawa Faculty of Medicine Award Partners in Research: Alexis Fincham and Yasmin Dhanani:
- Canada Post Special Award: Zara Kochar; and
- American Society of Heating, Refrigeration and Air Conditioning Engineers Award: Safal Bhullar

On Apr. 30, Elmwood's 32nd annual Father-Daughter Ball took place at the Ottawa Art Gallery. Senior students

guests were excited to attend this in-person event. The fantastic evening was filled with laughter, food, and friends reconnecting with wonderful conversations reflecting the years the daughters have spent together.

Our Junior School celebrated "I Love to Read Day" on May 13. The day was organized by the Grade 3s, who have been learning about storytelling and story writing. Students from pre-kindergarten to Grade 5 were invited to come to school in pajamas or comfy clothes and had DEAR (Drop Everything And Read) time in the morning. They finished the day with a special assembly and guest reader: Elmwood alumna Janet Uren '67. It was a beautiful day to share the joy of reading together.

Finally, our spring sports season is in full swing, and our Eagles are off to a flying start!

The Senior Soccer team had their third win of the season on May 11 and sit in first place in their division.

The Senior Track team



Photo by Erin Derbyshire

Go Eagles! Elmwood school's senior soccer team was first in their division as of mid-May.

competed at a meet on May 12, and the Middle School Track team took part in the Ottawa Independent School Athletic Association Track Meet on May 18.

Our rugby players joined the South Carleton rugby team for a scrimmage on Apr. 14, at Ashbury College.

And our rowers have been on the water practicing for the CSSRA Rowing Regatta that will take place in St. Catharine's, Ont. in early

The Grade 6 Basketball team played their first game against Turnbull on May 24. The 7/8 Ultimate team had a blast for their jamboree tournament with Ashbury on May 27. The 7/8 Racquet club has been loving the sunny weather while learning how to play tennis on the courts at the Ottawa New Edinburgh Club.

Elmwood School is an independent all-girls school located at 261 Buena Vista Rd. Learn more at elmwood. ca or 613-749-6761.



Bouncing back: Resilience in stories and song

By Val Swinton

An Ottawa grandmothers' group – the One World Grannies – has created a novel way to support their African sisters who are caring for millions of AIDS orphans while also coping with the COVID-19 pandemic. On the evening of Jun. 21, in a lovely Rockcliffe Park private garden and after a two-year intermission, they are staging "Stories in the Garden 2022." The event features four "tellers," toe-tapping music, hors d'oeuvres, desserts, and door prizes. This year's timely theme: resilience.

When the AIDS pandemic swept across the continent of Africa, it took the lives of 35 million people (that's almost the entire population of Canada) and nearly an entire generation of parents. With little or no support, it was the grandmothers who, after burying their children, stepped up to care for the grandchildren left behind.



Photo courtesy Val Swinton

Janine Dudding (left) and Susan Sweeney Hermon perform at the "Stories in the Garden" event in 2019. This fundraising event returns June 21.

Foundation to fight stigma, After 15 years of support shame, illness, and poverty,

from the Stephen Lewis these older women were regaining confidence and becoming leaders in their



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communities. Then the pandemic struck, threatening decades of progress on HIV and AIDS

When shutdowns affected the 120 grassroots organizations they funded, the Foundation responded with flexible funds to provide such essentials as face masks, food, income relief, at-home HIV testing, and medication delivery.

Grandmother groups across Canada are staging events like "Stories in the Garden" to provide support of many kinds to African grandmothers and the children in their

"It's a great evening for

a great cause," says Noel Lomer, an audience member who has never missed a single of these annual events. "I'd recommend it to any-

Stories in the Garden will take place Jun. 21 at 6:30 p.m. (gate opens at 6:15 p.m.) Rain date is Jun 22. Tickets are \$30 on Eventbrite.ca or from vswinton2@icloud.com. COVID protocol: Masks are optional. All guests should be fully vaccinated.

Val Swinton is a member of One World Grannies, a grandmother group raising funds for the Stephen Lewis Foundation Grandmothers Campaign.

Sunny days are here again!

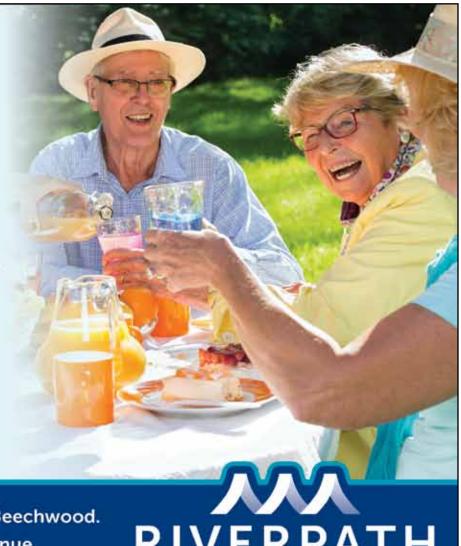
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DEADLINE: SEP 10 newednews@hotmail.com

Congratulations



Longtime Crichton Street resident Larry Delaney will receive the Country Music Association of Ontario's Impact Award at a ceremony in London, Ont., on Jun. 5. Larry is the former editorpublisher of Country Music News, an Ottawa-based publication that served the Canadian country music industry from 1980-2012. He continues to write freelance on the Canadian country music scene, including a column in the Ottawa-based Bounder magazine. The Impact Award is presented

annually by the CMA Ontario to a performer and an industry builder for their contributions to the country music scene in Ontario. Congratulations, Larry!



Congratulations to **Samantha McAleese** and **Alexander McKenzie** on their 10th wedding anniversary on Jun. 9. The couple were married at the Courtyard Restaurant in the ByWard Market in 2012 and moved to New Edinburgh from Sandy Hill the following summer. Samantha has been a board member at NECA since 2021, while Alex has been *NEN's* staff photographer since 2019.

Condolences

Condolences to Philip MacAdam and Jean Bellefeuille on the recent death of their springer spaniel, Myrna. When spotted en route to or from her daily

NEN has three job openings

email and internet is a must.

Knowledge of DropBox and

Adobe Acrobat is an asset.

The New Edinburgh News has three volunteer positions open! If one of these jobs piques your interest, please contact Christina at newednews@hotmail.com.

NEN is a volunteer-run community paper that publishes five times a year (October, December, February, April, and June).

Proofreader

Do you have an eye for detail? *NEN* is looking for a proofreader to review the PDF version of the newspaper during our production weekends. Help us catch layout problems, missing content, and other errors before we go to press. Access to

romps in Pine Hill or along

the Rockcliffe Parkway, she

was rarely without a precious

object in her mouth. Tragically

she died of a heart attack in

the midst of her morning

walk. She will be sorely

missed.

Distribution team member
Looking to "do something useful" while going for a walk? Our Distribution Team needs a couple of new people or families to take over some recently vacant routes. Drop off copies of this newspaper

or families to take over some recently vacant routes. Drop off copies of this newspaper to your neighbours' homes, typically around the first weekend of the month of publication. This is a great way for high school students

Managing Editor

to earn volunteer hours!

NEN is looking for a new managing editor. This part-

under the strategic direction of the publisher (NECA), involves operational, editorial and managerial responsibility for this community newspaper. The managing editor works collaboratively with a motivated and experienced team (production manager, advertising manager, distribution manager, bookkeeper, proofreaders, photographer, writers and an Advisory Board), ideally has experience with print media, publishing, and managing a team. Access to email and internet is a must. A full job description is available at newedinburgh.ca. Many thanks to all our gener-

time volunteer position,

care and educational needs. IC4C will be raising further funds for PCH2 through the sale of Cambodian silk scarves and kramas at two IODE-sponsored community events: the Jun. 23 Queen's Platinum Jubilee Garden Party and the Sept. 10 Streetfest (learn more on the Calendar page).

Thank you to all the volunteers for their hard work moving hundreds of boxes of donations at the Rockcliffe Park Spring Book Sale's May 7 Book Drive. The final count was more than 300 boxes.

Many thanks to all our generous donors in the community and to the hard-working volunteers who support our public library branch. We hope to host another book drive in the summer, possibly in July. Proceeds from the annual book sale go to purchase new materials for the Library and to support programming. Learn more on page 29.

NEN thanks **Lori Small** for her hard work in helping to proofread editions of this newspaper since June 2020. Best of luck on your future projects!

Thank You

In Concert for Cambodia (IC4C) thanks everyone who donated to the virtual spring concert which raised more than \$4,000. All proceeds will go directly to the Peaceful Children's Home #2 in Cambodia for food, medical

Send event listing details to newednews@hotmail.com Visit newedinburgh.ca/events for the most up-to-date listings.

JUNE

Every Monday – Informal chess club at the Clocktower Pub, 422 MacKay St. Monday evenings at 8 p.m. Contact denton83@gmail.com. A fledgling group of folks (8–12 players) has been meeting to play chess. All levels of player are welcome!

Every Saturday – Beechwood Market by the Stanley Park Fieldhouse, 203 Stanley Ave. 9 a.m.–2 p.m. until Thanksgiving weekend. beechwoodmarket.ca. As of Jun. 4, the Beechwood Market is moving to Stanley Park. Details, page 1.

June 7 – CCC Annual General Meeting via Zoom. The Crichton Community Council (CCC) is at risk of closing due to a lack of board member volunteers to run the group's day-to-day operations. Volunteering is a way

to know your neighbours, socialize and make your community a better place! Details at newedinburgh.ca.

EVENTS CALENDAR

June 16–26 – Ottawa Fringe Festival at Arts Court (2 Daly Ave.) and the University of Ottawa (80 Waller St.). ottawafringe. com. The Ottawa Fringe Festival returns with 10 days of live performances. Burgh resident William Beddoe directs Anton Chekhov's *The Proposal*, followed by a sort-of sequel by Laurie Fyffe: *The Ring*. Details, Page 23.

June 21 – Stories in the Garden 2022 at 421 Wood Ave. Tickets: \$30. 613-864-6442. 6:30–9:00 p.m. One World Grannies hosts Stories in the Garden 2022, a fundraiser for the Stephen Lewis Foundation Grandmothers Campaign. Seating is limited to 100. (Rain date Jun. 22). Details, Page 31.

June 21 – NECA meeting at

7:30p.m. details at newedinburgh.ca. All New Edinburgh residents are welcome to attend the board meeting of the New Edinburgh Community Alliance (NECA).

June 23 – Jubilee Garden PartvatElmwoodSchool,261 Buena Vista Rd. \$30. 3:30-5:30 p.m. 613-745-4677. The IODE's Laurentian Chapter hosts a Jubilee Garden Party to celebrate Queen Elizabeth II's 70 years on the throne. Wear your prettiest hat and celebrate this special occasion with wine, sandwiches, and sweets. Featuring speakers, items for sale, and an exhibit featuring on Queen's relationship with Canada and the North. Details, Page 28.

June 25 – Comedy Night One Up Cocktail Pub, 1 Beechwood Ave. 8:30p.m.Tickets via eventbrite.ca Don't Quit Your Day Job Comedy Night hosts Ottawa's longest-running independent comedy show. Featuring professional comedians and up-and-coming new talent.

JULY

July 1 – Chief Pinesi Day 8 a.m.–7 p.m. Main festivities at the Fieldhouse, 203 Stanley Ave. Celebrate this area's Algonquin Anishinaabe history on the first Chief Pinesi Day featuring storytelling, canoeing, and visual art. Details, Page 9.

July 2 – The Tempest in New Edinburgh Park, 203 Stanley Ave. 7 p.m. fools. ca. Pay-what-you-can admission. In partnership with the CCC, A Company of Fools returns with an outdoor performance of Shakespeare's The Tempest. Performed by six actors and cartoon-ish puppets. Features an original score with live music.

AUGUST

Aug 5-28 - The Fourposter at ArtsCourt theatre, 2 Daly Ave. classictheatre.ca. \$25.20-\$36 The Classic Theatre Festival is re-launching in Ottawa with the Broadway show The Fourposter, a comedic chronicle of a marriage set in an era of technological and social change.

SEPTEMBER

Sept. 10 - StreetFest haparound pening New Edinburgh. 10a.m.-4 p.m. Tickets at Books on 613-842-Beechwood. 4913. The IODE hosts New Edinburgh StreetFest: "Celebrating Our Heritage." Explore New Edinburgh's rich history. Featuring speakers, music, a parade, antique car display, walking tours and more. Details, Page 22.