

December 2019

# NEW EDINBURGH NEWS

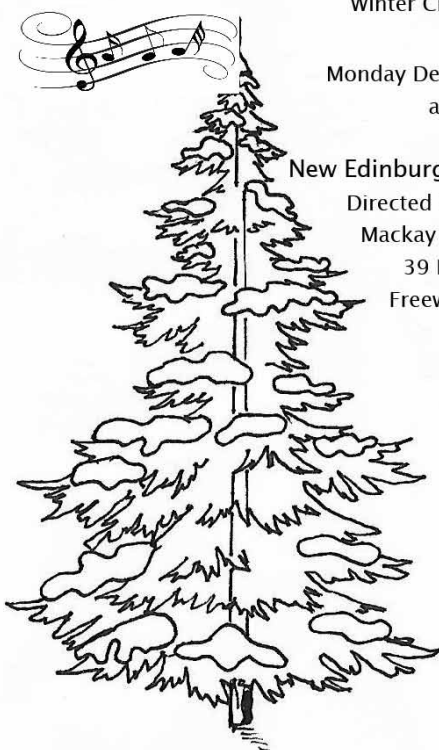
[www.newedinburgh.ca](http://www.newedinburgh.ca)

Do you hear what I hear?

If not, join us for our  
Winter Choir Performance

Monday December 16th 2019  
at 7:30pm

New Edinburgh Community Choir  
Directed by Joe McDonald  
Mackay United Church,  
39 Dufferin Rd  
Freewill Donation



## New Year's Day Brunch

New Edinburgh Park Field House  
203 Stanley Avenue

January 1st 2020  
10:30 to 1:30

- ✓ Food
- ✓ Coffee
- ✓ Wagon Ride
- ✓ Entertainment
- ✗ Cook & clean the day after the night before



**BE PART OF THE  
NEW EDINBURGH COMMUNITY'S  
ANNUAL EVENTS!**

Connect with us to learn more:  
[CrichtonCommunityCouncil@gmail.com](mailto:CrichtonCommunityCouncil@gmail.com)  
[@NEFieldhouse](https://twitter.com/NEFieldhouse)  
[www.newedinburgh.ca](http://www.newedinburgh.ca)

## House is sold, but NECTAR remains active until spring

By the NECTAR Board of Directors

It is with an enormous sense of relief, coupled with a twinge of sadness, that the New Edinburgh Community and Arts Centre (NECTAR) Board of Directors can formally announce the closing of the sale of 255 MacKay St. on Nov. 5. This sale represents a significant milestone in the journey that NECTAR and this community has taken over the last two decades. In one way or another, almost everyone in New Edinburgh and its surrounding neighbourhoods has seen the benefits and influences of NECTAR's programming and outreach.

Routeburn Mackay Corporation is the purchaser of the house, and has no immediate plans to develop it until after the winter of 2020 at the earliest. Therefore, NECTAR will continue to occupy 255 MacKay St. until Mar. 31, 2020, continuing its current level of programming and rentals, as it has for the last year or so.

With the close of the sale and payouts of NECTAR's liabilities, the board has been advised that the City of Ottawa's original \$250,000 grant will remain within the



255 MacKay St., home of the NECTAR Centre, officially sold on Nov. 5. But programming will continue to run in the house until Mar. 31, 2020.

Photo by Alexander McKenzie

community. Likewise, some additional Cash-In-Lieu funds totalling \$27,000 (the amount provided to NECTAR

for upgrades to the house) will also be earmarked for our community. Discussions with

Continued on page 4

## Time is right to fix the missing bike path link on Stanley Avenue

by Chris Straka

One can cycle on a paved path segregated from motorized vehicles through every neighbourhood on the east side of the Rideau River, from Hog's Back Falls to Rideau Falls – except for New Edinburgh. The 150m stretch of Stanley Avenue between the bend at Dufferin Road and the New Edinburgh Park Fieldhouse is the only break in the entire length of the Rideau River Eastern Pathway, the National Capital Commission's 13.4km-long paved multi-use path.

The uncontrolled interaction of bicycles, motorized vehicles and pedestrians on this section of Stanley Avenue is a longstanding public safety issue. From ends of the existing bike path, cyclists must manoeuvre between parked vehicles in an attempt to

merge onto a poorly-signed roadway, then flow with traffic as they search for the pathway's continuation. The intensity and diversity of users in this narrow public corridor increases the risk of collision.

A grade-separated bike path link between the truncated ends of the existing bike path – at Dufferin Road and at the Fieldhouse (the current CSST Site 5 exit) – would allow car, bike and pedestrian traffic to flow through the narrowest part of New Edinburgh Park without the need to merge.

I have lobbied for bicycle path continuity through New Edinburgh since 2015. The connection has been discussed over the years as a potential extension to other infrastructure works in the area: the Dufferin Road east sidewalk, River Lane recon-

struction, CSST electrical service/Crichton Street north verge. But no project has presented as good an opportunity as the road resurfacing currently planned for Stanley Avenue following the completion of CSST construction. Prospective synergies and efficiencies associated with constructing a new grade-separated bike path along a roadway already slated for work cannot be ignored.

As President of the Crichton Community Council, I, together with Cindy Parkanyi, President of the New Edinburgh Community Alliance (NECA), recently wrote to City Councillor Rawlson King expressing both groups' unanimous support for constructing this link.

Although City staff have not made a firm commitment to

Continued on page 6

## What's the New Edinburgh Community Alliance?

NECA is the umbrella organization for all residents and community organizations in our neighbourhood. Every resident of New Edinburgh is automatically a member of NECA.

Its mandate is to develop and foster a sense of community among the residents; to research, develop positions and make representations to various levels of government on matters affecting the community; and to coordinate activities between organizations.

NECA's committees include Traffic and Safety, Heritage and Development, Beechwood Development, Park Vision and Environment and Climate Change. It also publishes this newspaper.

The NECA board meets nine times a year, normally on the third Tuesday of each month at 7:30 p.m. (no meetings in July, August or December). Its annual general meeting takes place in October.

Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance at [newedinburgh@outlook.com](mailto:newedinburgh@outlook.com).

Our next meetings will take place **Tuesday, Jan. 21, 7:30 p.m.** and **Tuesday Feb. 18, 7:30 p.m.**

Check [newedinburgh.ca](http://newedinburgh.ca) for meeting location.

### Your NECA Representatives 2018-2019

Ari Abonyi	<a href="mailto:a_abonyi@yahoo.com">a_abonyi@yahoo.com</a> 613-255-1741
Dave Arnold	<a href="mailto:davearnold@rogers.com">davearnold@rogers.com</a>
Ted Bennett	<b>Treasurer</b> <a href="mailto:ted.bennett808@gmail.com">ted.bennett808@gmail.com</a>
Roslyn Butler	<b>Secretary</b> 613-746-8037 <a href="mailto:butlerroslyn2@gmail.com">butlerroslyn2@gmail.com</a>
Natasha Cappon	<a href="mailto:natashacappon@gmail.com">natashacappon@gmail.com</a>
Marc d'Orgeville	<a href="mailto:marc.dorgeville@utoronto.ca">marc.dorgeville@utoronto.ca</a>
Chris Straka	<b>President</b> <b>Crichton Community Council</b> <a href="mailto:chris@straka.ca">chris@straka.ca</a>
Sean Flynn	<b>Chair of NECTAR</b> <a href="mailto:sflynn@gmail.com">sflynn@gmail.com</a>
Heather Matthews	<a href="mailto:heather@sconewitch.ca">heather@sconewitch.ca</a>
Gail McEachern	<b>Heritage &amp; Development</b> <a href="mailto:gailmceachern@rogers.com">gailmceachern@rogers.com</a>
Cindy Parkanyi	<b>President, NECA</b> 613-745-8734 <a href="mailto:cparkanyi@yahoo.ca">cparkanyi@yahoo.ca</a>
Tamara Sorger	<b>Environment &amp; Climate</b> <a href="mailto:tamarasorger@yahoo.ca">tamarasorger@yahoo.ca</a>
<b>Ex officio:</b>	
Christina Leadlay	<i>New Edinburgh News</i> 613-261-0442 <a href="mailto:newednews@hotmail.com">newednews@hotmail.com</a>

Learn more at  
[www.newedinburgh.ca](http://www.newedinburgh.ca)

## Last call to take part in Stanley park reinstatement plan



**Cindy Parkanyi**  
NECA President

### By Cindy Parkanyi

At its Oct. 24 Annual General Meeting, the New Edinburgh Community Alliance (NECA) welcomed two new board members. **Heather Matthews** is an active community member and business owner. **Marc d'Orgeville** has already joined the Traffic and Safety Committee and is active on other files. Unfortunately, the NECA board said goodbye to **Joe Chouinard**, who was a member of the Combine Sewage Storage Tunnel (CSST) Task Force, attended the many Community Construction Monitoring Committee meetings and chaired the Traffic and Safety Committee. His commitment and experience will be sorely missed.

### Queen Victoria to be paved soon

We have been assured that the Queen Victoria and River Lane CSST site will be closed and temporary asphalt will be laid so the intersection can be reopened before the holidays. However, it will close again for a month around late March to complete finishing work in the shaft. At the main site, work to complete the shaft will continue through the spring, so the crane stays for a while longer. Reinstatement work is scheduled to begin in spring 2020 with some additional planting happening in the fall.

### Community input on reinstatement

With CSST work wrapping up, the community has an important opportunity to leverage this work to address longstanding issues in the park. Throughout the Park Vision consultations, a frequent concern has been the speed of cyclists through the park. The CSST project team has suggested a few adjustments to the reinstated pathways to encourage slower speeds – mainly by adding curves to straightaways. They have also shifted the pathways a bit further away from the remaining structures to allow more space for plant material to form a screen.

Another often cited concern is the safety of pedestrians with dogs, wheelchairs, walkers or strollers seated at benches along the multi-use path. The team proposes to recess the bench areas further from the pathway to allow more room and reduce inter-

actions with cyclists.

In response to complaints about the “dead zone” left in the park by the ice breaking equipment each spring, the CSST project team has suggested changes to minimize the impact of this annual activity. To reduce the mud and churn caused by machinery en route to the staging area on the Rideau River, the team proposes to add geoblock material (allowing plant material to grow despite the passage of vehicles) with a stone-dust path down the centre and trees alongside to restrict vehicles to the geoblock path. The net effect would be a stone-dust walking path with a green verge tree-lined.

Details and schematics can be found on the Park Vision page at [newedinburgh.ca](http://newedinburgh.ca). To take part in the Park Vision Working Group, contact Nicole Poitras: [nplance@hotmail.com](mailto:nplance@hotmail.com).

### Park Vision meeting mid-December

It is important to note that the CSST project team has informed NECA that any requests or decisions for reinstatement proposals must be provided by mid-January at the latest. With that in mind, the Park Vision group is working to ensure any decisions taken now (as part of the CSST reinstatement) align with longer term plans. The group plans to hold an open meeting in mid-December to review the community response to the reinstatement proposals. You can provide comments to [newedinburgh@outlook.com](mailto:newedinburgh@outlook.com).

If you are interested in joining the board or would like to know more about NECA's committees and working groups, contact me at [newedinburgh@outlook.com](mailto:newedinburgh@outlook.com). If you would like to receive monthly NECA updates via email, please send me a request or sign up via [newedinburgh.ca](http://newedinburgh.ca).

### Keep up with The Burgh online!



[www.newedinburgh.ca](http://www.newedinburgh.ca)

[newednews](https://twitter.com/newednews)  
 [NewEdinburghCA](https://www.facebook.com/NewEdinburghCA)

*The New Edinburgh News warmly thanks our advertisers, both the faithful and the new, for their continued support of the community and of this newspaper. Your support is essential in helping us share the news of local happenings!*

### Send us your letters

Letters to the editor must include writer's name, address and contact info. Opinions expressed are the writer's own and not necessarily reflect those of the newspaper. Editor reserves the right to edit for length and content. Send your letters to [newednews@hotmail.com](mailto:newednews@hotmail.com)



# Letter to the Editor

## Fix the confusing sign pollution at Minto bridges

To Mayor Jim Watson, Councillor Rawlson King and Philippe Landry, Director of Traffic Services:

Is there any possibility that something could be done to reduce the sign pollution around these historic bridges? There are seven signs, some repetitive, within a 50 metre stretch. Do you truly expect drivers and others to read all of these signs and keep their eyes on the road?

As drivers approach from Stanley Avenue, there are four signs warning of the clearance (3.4 metres). There is also a sign that shows a pedestrian and a vehicle. Is this supposed to mean that vehicles might encounter pedestrians on the bridge? There is also a sign showing pedestrians and cyclists. Does this mean that pedestrians and cyclists are to share the sidewalk? It is very confusing.

I could go on and point



Photo by Jean-Louis Wallace

Seven signs and ugly height barrier clutter view of Minto Bridges.

out all of the signs the city has posted at the roundabout. There must be a better way to make this information available and at the same time keep the roads safe and follow the directives of the Ministry of Transport.

We have had three councillors in the past six

years and to no avail have we been able to get any changes. Rather, the response has been to add more signs.

I trust that this matter can be added on your to-do list, so that we can get some changes over the next six months (hopefully fewer signs).

Jean-Louis Wallace

## Roslyn Butler receives community award

The tradition of presenting the Brick Award for Community at the New Edinburgh Community Alliance's (NECA's) annual general meeting continued on Oct. 24. This year's recipient is a long-time member of NECA's own board: Roslyn Butler.

Originally created to recognize built heritage, the Brick Award has grown to include people who have helped build a solid foundation in the community.

NECA President Cindy Parkanyi surprised Roslyn with the award before a gathering of nearly 30 neighbours at St. Bartholomew's Church. The venue was particularly special for Roslyn as it is her family's parish.

Presenting Roslyn with her award, Cindy said:

*Over the years, the Brick Award for Community Builder has been awarded to individuals who make a notable contribution to the character and strength of our community. ... Roslyn has a long his-*



Photo by Christina Leadlay

NECA President Cindy Parkanyi (left) presented long-time NECA secretary Roslyn Butler with the Brick Award on Oct. 24.

*tory serving the community. On returning from postings abroad with her husband, she joined the NECA board in 2008 and quickly took on the lead of the Traffic Calming Committee.*

*Then in 2010, she added the role of Secretary, which she has been valiantly fulfilling ever since. She has also been a very "hands-on" member of the board, willing to jump in whenever something needed doing – a case in point is her taking on logistics planning for this AGM, includ-*

*ing volunteering to bring the refreshments again this year.*

*So, let's ask our minute-taker to take a minute and hear how much we appreciate all her contributions to the NECA Board and broader community.*

Roslyn has also been a member of the New Edinburgh News advisory board for more than five years, helping us with editorial decisions ahead of each edition of this newspaper.

Congratulations, Roslyn!

—Christina Leadlay

## NEW EDINBURGH NEWS

203 Stanley Ave., Ottawa, ON K1M 1P2

**Publication dates:** Oct. 1, Dec. 1, Feb. 1, April 1, June 1

**Deadlines:** Sept. 10, Nov. 10, Jan. 10, March 10, May 10

**Publisher:** New Edinburgh Community Alliance

### Advisory Committee:

Carolyn Brereton

David Horley

Gemma Kerr

Dave Rostenne

Roslyn Butler

Jane Heintzman

Joana Chelo

Cindy Parkanyi

Jim Watson

### Managing Editor

Christina Leadlay

78 Wurtemberg

613-261-0442

newednews@hotmail.com

### Advertising Manager

Joana Chelo

ads@newedinburgh.ca

### Photographer

Alexander McKenzie

613-301-0852

photochefalex@gmail.com

### Production Manager

Dave Rostenne

### Bookkeeper

Nicholas Galambos

### Distribution Manager

Karen Harrison

karen.g.harrison@gmail.com

### Proofreaders

Adrienne Blair

Philippa Wolff

### Regular Contributors

Carolyn Brereton

Susan Groundwater

Jane Heintzman

Ann Jackson

David Lawrence

Anna Neufeld

Ian Parker

**Submission Guidelines:** Articles, photos and letters to the editor may be submitted to the editor. The editor reserves the right to edit for length, content and legal considerations. Submissions selected for publication will be published in both a hardcopy and an electronic version. Letters to the editor must include the writer's name, address and phone number to be considered for publication.

The *New Edinburgh News* (NEN) was established as a non-profit community newspaper in 1976 and is published five times a year by the New Edinburgh Community Alliance (NECA) and supported by its advertisers. The *New Edinburgh News* is distributed free of charge by volunteers to residents of New Edinburgh as well as to area schools, libraries and local businesses. Views expressed in the *NEN* are those of contributors and do not necessarily reflect the views of the editorial staff, the publisher or the advertisers.

The *New Edinburgh News* is also made available online at the New Edinburgh community website:

**www.newedinburgh.ca**

**Printed by Performance Printing**

**ISSN 0703-9042**

# A wish list of capital improvements to the Fieldhouse

by Chris Straka

This past June, the New Edinburgh Community and Arts Centre (NECTAR), New Edinburgh Community Alliance (NECA) and the Crichton Community Council (CCC) signed a memorandum of understanding confirming that our organizations share a desire to ensure that funds the City of Ottawa had invested in 255 MacKay St. (NECTAR Centre) would be reinvested in public infrastructure within New Edinburgh following the sale of NECTAR's property. Further, the neighbourhood groups agreed that this investment of \$250,000 is to be used in its entirety for capital improvements to the New Edinburgh Park Fieldhouse.

The CCC is a volunteer organization that provides seasonal programs and ongoing community service in New Edinburgh. The CCC acts as the steward of the New Edinburgh Fieldhouse and the surrounding public spaces, on behalf of the City of Ottawa, in the interest of New Edinburgh residents. In our work, we contribute to the management of these spaces and strive to enhance them. We endeavour to create

spaces and activities that are inclusive of and are safe for all users.

The New Edinburgh Park Fieldhouse was constructed by the City of Ottawa in 1998. In the last couple decades, the building has received some interior modifications to better serve user needs, including the addition of a kitchen and storage spaces to the original open floor plan. More recent improvements to the public space outside the Fieldhouse have included the renewal of the playground and relocation of the shade structure.

The primary source of funds used for improvements made to the New Edinburgh Park Fieldhouse has been such CCC fundraising events as the annual plant sale in May and the neighbourhood-wide yard sale in September. In the past, generous donations from individual households and matching grants from the City of Ottawa have extended the scope of improvement projects.

An ongoing effort to adapt the building and to update its contents strives to ensure that this community resource continues to serve the diverse needs of a wide range of

users including (but certainly not limited to): a studio for a group of painters, a lunch room for a youth bicycling camp, a board room for community association meetings, a changing room for ice skaters and an event room for private birthday parties.

The CCC maintains a record of wants and needs expressed by user groups, which informs a list of prospective improvements to the Fieldhouse and surrounding public space. The wish list is reviewed, revised and reprioritized annually. When it is financially prudent to do so, available resources may be invested to address the wants and needs with the broadest benefit to both current and future users.

At the Nov. 18 CCC meeting, board members confirmed the following recommendations for improvement to the Fieldhouse and the surrounding New Edinburgh Park:

## Interior improvements:

1. Rubber flooring
2. Room partition
3. Sound attenuation

## Exterior improvements:

1. Improved outdoor lighting



Proposed updates to the 21-year-old park fieldhouse would benefit all users.

Photo by Christina Leadlay

2. Repair station
3. Outdoor water fountain
4. Animal-proof waste receptacles
5. Baseball backstop extension

The detailed rationale for each of the recommended capital improvements has been considered by NECTAR and NECA, and is available online: [newedinburgh.ca/wp-content/uploads/2019/11/](http://newedinburgh.ca/wp-content/uploads/2019/11/)

New-Edinburgh-Park-Fieldhouse-improvement-recommendations.pdf

Should you wish to provide the CCC, NECA and NECTAR with input concerning prospective capital improvements to the New Edinburgh Park Fieldhouse, please email CCC President Chris Straka at [CrichtonCommunityCouncil@gmail.com](mailto:CrichtonCommunityCouncil@gmail.com).

## NECTAR is grateful to all supporters over the years

Continued from page 1

our City Councillor Rawlson King and City staff resulted in these funds remaining in trust with the City of Ottawa to refurbish the Fieldhouse in Stanley Park.

### The NECTAR story

For over 20 years, NECTAR (formally Crichton Cultural Community Centre, or CCCC) has provided community programs and rental opportunities for community and artistic activities in the heart of New Edinburgh. The not-for-profit organization was originally located in the former Crichton Public School at 200 Crichton St. with the explicit purpose of maintaining some space in the school building for community use. At that time, a partnership was negotiated whereby the community had the use of the upper floor, while the Ottawa School of Dance operated out of the main floor and basement.

In 2011, the school building was sold and the CCCC pur-

chased the MacKay United Church manse next door with money awarded from the sale of the school building. The organization then embarked on an ambitious goal to continue the original mission of providing a public space in the community for arts and community programs for all ages. It was hoped that the City of Ottawa would support this venture by way of annual operating funding support. It eventually became apparent, however, that this extremely critical financial support from the City would not be forthcoming, and that the operation could never be financially viable with the existing resources.

Despite the present disappointing reality of losing the house, it is important to recognize that over the years, many wonderful activities took place at the NECTAR Centre. It has been host to NECTAR art shows, fitness and wellness programs, a music school, programs for children of all ages including

the NECTAR After School Program, and for the past four years, the New Edinburgh Community Choir.

It has been a gathering place for neighbourhood families to hold birthday parties, community meetings and, most recently, indigenous and multicultural festivals. Aspiring local artists have especially appreciated the ability to rent affordable studio space, and in return have contributed hugely to keeping our organization vibrant and alive. The much-loved annual Lumière Festival, a fine blend of art and community, was created by our organization and lives on in Stanley Park every summer.

The board is immensely grateful to all in the community who have made financial and volunteer contributions to NECTAR over the years. For more than two decades, our supporters and board members (past and present) have been responsible for the programming and signature community events that have

been the lifeblood of this community.

NECTAR has also been extremely fortunate to have employed some truly dedicated staff and managers, each of whom has persisted through very challenging times for the organization, while continuing to deliver the programs the community cherished so dearly. And our community partners have been most generous to the board and NECTAR with their time, staff, and advice, including our neighbour MacKay United Church, and most recently, the Rideau-Rockcliffe Community Resource Centre, which has assisted us in a variety of activities such as the management of the Lumière Festival. Over the years, despite lack of ongoing operational assistance from the City of Ottawa, Councillors **Peter Clark**, **Tobi Nussbaum**, and **Rawlson King** always worked to support our efforts.

Needless to say, the past three years have been

extremely challenging for everyone in the organization since it became clear that the property had to be sold. With much gratitude, we thank our lawyers **Fred Cogan** and **Barbara Sinclair** of Brazeau Seller LLP who assisted in the lengthy sale process, as well as neighbourhood realtor **Charlie Sezlik**, who helped us navigate the sale transaction, and **Hedra Saparno** of Baker Tilly Ottawa.

The future of NECTAR as an organization remains undecided, and over the next five months a committee of the board will be exploring all the various options. If you would like to have input into this work, please contact **Paul Tonkin** at **613-745-2742** or [nectarcentregm@gmail.com](mailto:nectarcentregm@gmail.com)

*The NECTAR Board of Directors includes Sean Flynn, Isobel Bisby, Bethann Robin, Cindy Ryley, David Horley and Jennifer Barbarie.*



## Councillor's office responds to resident's parking woes

*Michel Mertens of Queen Victoria Street sent the following letter to City Councillor Rawlson King's office in October 2019 concerning the street parking situation in New Edinburgh:*

I am writing to draw your attention to the calamitous street parking situation in my neighbourhood, in particular on Charles, Thomas, Alexander, Union, Crichton and Queen Victoria streets, where on-street parking is limited to three hours maximum under the City of Ottawa by-laws.

For quite a few years now, this neighbourhood has been used as a convenient free parking area by Global Affairs Canada's employees,

with meager (once every six weeks or so) or no (particularly on side streets, such as mine) enforcement, and the situation keeps getting worse.

Every working day, close to 300 cars (always the same ones!) clutter our streets from 8 a.m. to 5 p.m., leaving no available space for residents, their visitors, businesses' patrons and delivery trucks. Worse, there is absolutely no respect for the minimum distance from private driveways and street corners, hindering access and visibility, a potential hazard.

I am thus asking you to forcefully convey this to the City's parking enforcement services with the following recommendation: a regu-

lar once- or twice-weekly enforcement sweep throughout New Edinburgh, including for violations of the minimum distance from driveways and street corners.

Thank you for your attention and best regards.

*The following is the response Michel received from Mr. King's office (reprinted with permission):*

I have received this information from the parking enforcement office:

"By-law & Regulatory Services does not proactively monitor unsigned overtime parking within residential areas and require a request for service to do so. The reason for this is due to Council approved Enforcement

Standards which set out the enforcement measures for this type of violation.

"When a service request is received, officers monitor and enforce for a period of up to one week. In addition, laneways are also enforced by way of complaint. We do not proactively enforce too close to laneways or blocked laneway in the event a resident has parked in front of their own laneway or authorized someone to park in front of their laneway. The intent of the section of the bylaw is to assist those who are unable to enter/exit their laneway.

"Without a service request, the enforcement officer would not be aware if the vehicle was authorized to be

parked in the location or not."

That said, I will have a service request created for each of the streets you listed, and will request that enforcement staff monitor daily for overtime violations for the next two weeks. Enforcement staff will be requested to proactively monitor for safety violations in these areas frequently due to the concerns you indicated.

These types of violations do not require a service request to monitor; however if a concern is noted, please do not hesitate to contact 3-1-1 as the call is created and tracked should an inquiry come in the future pertaining to concerns in specific areas.

I hope this is helpful to you.

## Climate issues committee welcomes new people and ideas

**By Kayla Holmes**

This October, the New Edinburgh Community Alliance's (NECA's) newly formed Environment Committee organized an all-candidates' debate on the environment and climate change for the Ottawa-Vanier riding. The event brought

together five candidates to discuss each party's platform on pressing issues like pollution and wilderness conservation.

The debate was a success for the committee, shedding light on the importance of talking about the environment in our community and proving once

again that Ottawa cares about these issues.

In the aftermath of the Oct. 21 federal election, the Environment Committee met to decide next steps as we move into the new year. At the meeting, the committee welcomed new members to the team and elected Tamara

Sorger chair of the committee.

Now, we are looking towards 2020 for fresh ideas and a renewed impact on the community. The committee will hold its next meeting in January. There, we will determine goals and ideas for the new year, and the committee

is welcoming any additions to the team.

If these are issues you or anyone you know are passionate about, please reach out to [tamarasorger@yahoo.com](mailto:tamarasorger@yahoo.com).

*Kayla Holmes is a member of the Environment Committee.*



# ELMWOOD SCHOOL

# INSPIRING GIRLS



## WE ARE EXPERTS IN HOW GIRLS LEARN, LEAD AND SUCCEED.

At Elmwood, each girl is encouraged to challenge herself to excel in the classroom, develop confidence and lead with strength. Here, girls learn to be the best students, leaders, and global citizens they can be.

Learn more about our innovative approach to girls' education and book a personal tour at [elmwood.ca](http://elmwood.ca)

- All Girls
- Pre-Kindergarten to Grade 12
- International Baccalaureate World School

BOOK YOUR TOUR

(613) 744-7783 | [elmwood.ca/tour](http://elmwood.ca/tour)



# Taking care of our most vulnerable during the holidays



**Jim Watson**  
Mayor of Ottawa

The holiday season is an occasion to reflect on the past year, to take a moment to count our blessings and to find opportunities to help those less fortunate than us.

But the holidays can also be a hard time for those living in poverty, in temporary housing and shelters or even on our streets. Like many Canadian cities, Ottawa has been experiencing a high demand for emergency housing. Our local shelters are struggling and the low vacancy rate of less than

1.6 per cent makes it hard for individuals and families to find adequate housing.

City Council is committed to helping our most vulnerable residents and to providing safe and affordable housing for all. Last year, we invested \$15 million to build new affordable housing in Ottawa, the first investment of this magnitude in the City's history. This unprecedented investment allowed us to approve the building of 266 new affordable units.

I am pleased that we will be repeating this investment with Budget 2020 by investing an additional \$15 million into affordable housing.

Further to securing safe and affordable housing, many families are also struggling to make ends meet and to put food on their tables, particularly during this time of year. In Ottawa alone, more than 39,000 people visit an emergency food bank program every month. This holiday season, I urge you to lend a helping hand to those less fortunate in our city.

Each year, several food drives are organized across the city in support of the Ottawa Food Bank, including:

- the 35th annual OC Transpo/Loblaw Christmas Food Drive on Nov. 30
- CTV Morning Live's

Holiday Helpers Food Drive on Dec. 5

- my 19th Annual Christmas Celebration at City Hall on Dec. 7, and

- CBC's Project Give on Dec. 13

In addition to these food drives, you can fill donation boxes with canned and non-perishable items at several City of Ottawa facilities, local schools, workplaces or community centre, or make a monetary donation to the Ottawa Food Bank by visiting [ottawafoodbank.ca/donate](http://ottawafoodbank.ca/donate).

I invite you to support the various food drives in our city by donating non-perishable items such as peanut butter, pasta, rice, tomato sauce, canned and packaged soups, any canned food items, baby food and formula and diapers.

Visit [OttawaFoodBank.ca](http://OttawaFoodBank.ca) to consult the Ottawa Food

Bank's calendar of events and find out where you can donate.

Last year, your generosity helped the Ottawa Food Bank collect and distribute hundreds of thousands of food and non-perishable items and thousands in cash and food vouchers to those in need during the holiday season. Together, let's try to make an even bigger impact this year.

I am proud to support the Ottawa Food Bank each year and hope that you will join the City in spreading a little bit of holiday spirit. Every donation, whether big or small, goes a long way in helping the most vulnerable in our community.

I wish you all a safe and happy Christmas and holiday season.

## New committee working to design bike path link for Stanley Avenue

Continued from page 1

construct the grade-separated bike path, King has indicated his support in principle for the project.

At NECA's Nov. 19 meeting, members established a

Pathway Design Committee to work with our councillor and City of Ottawa staff on the collaborative design of a new bike path link. The committee currently comprises myself (Chris Straka, Chair), Marc Dorgeville, Sean



Photo by Chris Straka

The uncontrolled interaction of cyclists, motorized vehicles and pedestrians on this section of Stanley Avenue is a public safety issue.

Flynn and Joana Chelo. The Pathway Design Committee has a mandate to provide the City with detailed recommendations for the design of a new bike path link on behalf of neighbourhood residents.

Given the significant width – 18m – of the existing asphalt roadway and its packed gravel shoulders, space exists to accommodate the new infrastructure. A bike path on the river side of Stanley Avenue,

separated from the roadway by a curb and narrow verge, could be added without compromising the Fieldhouse's east lawn-ice area; without requiring any trees to be removed; while still maintaining parking along Stanley Avenue. We will explore specific design details in the new year.

The Committee hopes that plans can be resolved, budget allocated, and approvals obtained in 2020, so that the two ends of the Rideau River Eastern Pathway can be completed in 2021.

Thank you for your business this past year.

Happy Holidays and best wishes in 2020!



Experienced & Professional

**JANE DAVIS**

Sales Representative

(613) 231-4663

Jane@HomesInOttawa.com

www.HomesInOttawa.com



A proudly Canadian company since 2000

the **crichton**  
street gallery

Come and visit your neighbourhood gallery  
Browse through our works of art and chat  
with the local artists

Gallery hours listed on our website

299 Crichton St. Ottawa | [www.thecrichtonstreetgallery.ca](http://www.thecrichtonstreetgallery.ca)

# Re-elected MP looks forward to new role in cabinet



**Mona Fortier**  
Ottawa-Vanier MP

Ottawa-Vanier's strength is its diversity, which is representative of the Canadian social fabric. It is these multiple voices that inspire me in my work and that I represent on Parliament Hill. From helping more than 15,000 children in our riding every month with the Canada Child Benefit to reducing the frequency of sewage overflows into the Ottawa River, I am proud of the real change we have implemented over the past two years.

I want to thank the residents of Ottawa-Vanier for giving me their trust and support for a second mandate,

and thank Prime Minister Justin Trudeau for his trust in recently appointing me as the Minister of Middle Class Prosperity and Associate Minister of Finance. While I am proud of what we have achieved so far, I am eager to build on that progress together and work to improve the quality of life in Ottawa-Vanier even more. I am looking forward to working hard with my caucus colleagues to make life more affordable for Canadians across the country.

As we approach the holiday season, I want to encourage everyone to support our local food banks. There are many

in our community who must rely on food banks for help getting through this holiday season. Thanks to the great work of organizations like the Ottawa Food Bank, Partage Vanier, and the Gloucester Food Cupboard, many in our community will enjoy a better holiday season.

As always, my constituency office is there to help you with any interactions with federal services. It is open Mondays to Thursdays from 9:30 a.m. to 4:30 p.m., and Fridays from 9:30 a.m. to 4 p.m. Give us a call at 613-998-1860, or send an email at [mona.fortier@parl.gc.ca](mailto:mona.fortier@parl.gc.ca).

\*\*

La force d'Ottawa-Vanier est sa diversité, représentative du tissu social canadien. Ce sont ces multiples voix qui m'inspirent dans mon travail et que je représente sur la colline du Parlement. Nous avons aidé plus de 15 000 enfants de notre circonscription chaque mois grâce à la

Prestation canadienne pour enfants et réduit la fréquence des débordements d'égouts dans la rivière des Outaouais. En effet, je suis fière du changement réel que nous avons mis en œuvre au cours des deux dernières années.

Je tiens à remercier les résidents d'Ottawa-Vanier de m'avoir accordé leur confiance et leur soutien pour un deuxième mandat ainsi que le premier ministre Trudeau pour ma nomination en qualité de ministre de la Prospérité de la classe moyenne et ministre associée des Finances. Bien que je sois fière de ce que nous avons accompli jusqu'à présent, j'ai hâte de poursuivre ensemble ces progrès et de travailler à améliorer la qualité de vie des résidents à Ottawa-Vanier. Je suis impatiente de travailler avec mes collègues du caucus pour rendre la vie plus abordable pour les Canadiennes et Canadiens partout au pays.

À l'approche du temps

des fêtes, je veux encourager tout le monde à soutenir nos banques alimentaires locales. Dans notre communauté, nombreux sont celles et ceux qui doivent compter sur les banques alimentaires afin de recevoir de l'aide pendant cette période des Fêtes. Grâce à l'excellent travail des organisations comme la Banque alimentaire d'Ottawa, Partage Vanier et le Centre de secours alimentaire de Gloucester, beaucoup de gens dans notre communauté pourront passer une meilleure période des Fêtes.

Comme toujours, mon bureau de circonscription est là pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à [mona.fortier@parl.gc.ca](mailto:mona.fortier@parl.gc.ca).

## City approves anti-racism and affordable housing initiatives



**Rawlson King**  
City Councillor, Ward 13

As the holidays approach, we are taking extra precautions to ensure residents are winter-ready. In preparation for the upcoming months, we are being proactive to ensure that our office will have all the data it needs for snow clearing and winter maintenance requests to be dealt with efficiently.

In addition, we want you to know that we are listening to all your concerns about transit. How you get around is critical. Whether you're going to work, school, or simply running errands, taking transit should be easy. We're taking your concerns to OC Transpo, and always value your input on this or any other issue.

### Combined Sewage Storage Tunnel (CSST)

Tunnelling for the \$240.5 million Combined Sewage Storage Tunnel (CSST) proj-

ect is now complete. The CSST is designed to reduce the frequency of combined sewage outflows to the Ottawa River, while improving the flexibility and redundancy of major downtown collector sewers. While tunnelling is finished, equipment needs to be removed from the main shaft and this is occurring at both ends of the tunnel. Residents, however, should notice a reduction in truck traffic as "muck trucks" are no longer taking materials out of the tunnel. There will still be some trucking however, as the tracks and the boring machine itself still need to be removed.

The good news is that not all of this work will occur at Stanley Park. Chamber construction at the main site will continue throughout the winter, with the landscaping scheduled to be completed by autumn 2020. At Queen

Victoria and River Lane, residents will have noted that the noise wall has been removed because chamber construction at that location is complete, and backfilling and reconnections of existing infrastructure are underway. Rough reinstatement and temporary road reopening are expected before the end of 2019, with the full road reinstatement to happen in the New Year. The proposed 2020 City Budget will allocate \$543,000 for the restoration of Stanley Park in New Edinburgh and my office will find additional money to enhance and beautify the park for Spring 2020.

### Lead Pipe Replacement Program

Living in a home built before 1955? If so, you may have a lead water service pipe connecting your home to the City's water supply. Drinking water supplied by the City is lead-free. However, trace amounts of lead can dissolve into drinking water during contact with lead in your home's plumbing. This may impact the safety of your tap water. The Lead Pipe Replacement Program provides support to eligible residents with the replacement of the public and private portions of a home's lead water

service pipe.

In September, Council approved updates to the Lead Pipe Replacement Program, including the creation a new rebate of up to \$1,000 (approximately 20 per cent of the pipe replacement cost), for property owners with only a private lead water service pipe; and continuation of the current loan option for property owners requiring replacement of the public and private portions of their lead water service pipe. These enhancements will make the program more accessible to residents and will support the ongoing replacement of lead infrastructure. Changes are expected to be in effect by spring 2020. Timelines on availability of filter kits and other program updates will be provided at [ottawa.ca/lead-pipes](http://ottawa.ca/lead-pipes) as they become available. Call 3-1-1 to have your tap water tested for lead, free of charge.

### Affordable Housing for Ward 13

Since a major component of my platform is the pursuit and provision of affordable housing for Rideau-Rockcliffe, I am happy to report that Council approved a plan in October for the City to acquire a portion of

Wateridge Village from the federal government for up to 271 units of affordable housing. Council approved \$10.3 million in capital funding for an affordable housing development in the former Canadian Forces Base Rockcliffe, from the \$15 million that Council allocated for new affordable housing in its 2019 Budget.

### Anti-Racism Secretariat

I am jubilant that my proposal to establish an Anti-Racism Secretariat at the City of Ottawa has been accepted and will be adopted in the City's 2020 budget. The goal of the Secretariat will be to target the removal of systemic barriers within the City's workplaces and service provision structures, experienced by the most disadvantaged communities in the City, including people of colour and specific religious communities. The Secretariat will utilize an equity lens framework to address anti-Black racism, Islamophobia, anti-Semitism, and discrimination that Indigenous people face.

*If you have any additional concerns, please contact my office at 613-807-7985 or at [rideaurockcliffeward@ottawa.ca](mailto:rideaurockcliffeward@ottawa.ca)*



# BURGH BUSINESS BRIEFS

- Susan Groundwater, Jane Heintzman & David Lawrence -

## Jacobsons moving in time for holidays

When the Christmas season rolls around, there's no time or place for Grinches in the Jacobsons' family. They embrace the annual festival and all its traditions with gusto and care, transforming their iconic Beechwood store into a glittering display of gifts and goodies. This year will be no exception; indeed, the pre-Christmas transformation had already begun by mid-November, when the shelves at 141 Beechwood Ave. were replete with seasonal treats.

But this year presented a special challenge. In October, *NEN* reported the store was soon to relocate to a brand new, custom-designed building at **103 Beechwood Ave.** (at Champlain). As of late November, **Dominique and Susan Jacobson** have confirmed that Jacobsons' Christmas will be celebrated in their new headquarters. Santa himself will get a first-hand look at the state-of-the-art premises when he makes his annual Jacobsons visit on

Dec. 7.

While the Jacobsons' crew appreciates its original location in the lovely red brick house at 141 Beechwood – "it's full of happy memories," says Susan – they are excited about the move. The new retail area is about 400–500 square feet larger than the current premises, and features a large walk-in cheese fridge, a spectacular cheese counter lit by chandeliers, an antipasto bar and a chocolate counter. Customer flow will also be considerably smoother, as the space is more open.

Local shoppers can admire the new facilities while they browse Jacobsons' seasonal bounty of special gifts, chocolates, gift baskets, distinctive decorations by London's Gisela Graham, and above all, the finest artisanal cheeses from the United Kingdom. Jacobson's is the exclusive Canadian supplier of this stellar cheese selection; the highlight this season is Bath Soft Cheese, a sumptuous delicacy named Supreme Champion; Best Organic Cheese and Best English Cheese at the 2019



Photo by Alexander McKenzie

**Denise Lascelle, founder of Diamond English Language School.**

Artisanal Cheese Awards.

Special this year is a gift for every shopper of a rosemary tree. Rosemary is considered a symbol of friendship, loyalty and remembrance. "It's a way of saying 'thank you; to our friends and clients,'" Susan explains.

Christmas 2019 promises to be a milestone for the Jacobsons team and for its many clients. May the New Year bring Jacobsons continuing success in its new home! –*JH*

## Bespoke English training

English, with its quirky spelling, pronunciation and grammar, can be a tricky language to learn. That can pose a problem for those who need English for work or to study in Canada. This is where the **Diamond English Language School** can help – it has been providing customized English-language training to adults all over the world since 2007.

Founded by **Denise Lascelle**, who has an English degree, TESL (Teachers of English as a Second Language), TOEFL (Test of English as a Foreign Language) and IELTS (International English Language Testing System) certifications, Diamond provides face-to-face tutoring both in-person and online. Diamond customizes lessons to the needs of each client.

"Students come for a lot of different reasons. We help prepare them for English language tests, but they also want to develop skills like conversation, listening, speaking and grammar," says Denise. "We've taught everyone: diplomats, doctors, firemen, police and students; from absolute beginners to advanced speakers."

Originally from Toronto, Ont., Denise has spent many years in Ottawa and finds it an excellent place to base a language school. "I think communication is extremely important, and citizens of Ottawa are extremely patient with people whose first language isn't English," she notes. She also keeps up with developments in ESL (English as a Second Language), participates in webinars, and is linked with other ESL teachers and associations.

Denise has a lot of empathy and patience for newcomers to Canada and loves her work. "I am blessed to have the opportunity to help people," she said. "My only regret is that I didn't start this sooner." Interested students can get started with a free consultation by contacting her at [diamond4esl.com](mailto:diamond4esl.com) or 613-868-1217. –*DH*

## Brighten the mood with flowers

It isn't always easy to make a house feel welcoming during the coldest months of the year in Ottawa, when daylight is

## WE TEACH STUDENTS HOW TO LEARN

Ottawa's Macdonald-Cartier Academy has been teaching students how to learn since 1990. A private, non-denominational junior high school located in New Edinburgh, the Academy offers an intensive French immersion program combining rigorous and accelerated academics with athletics and experiential learning. If you want your child to be equipped with learning skills and knowledge that will continue serving them in their high school and university years, this is the place for them.



MACDONALD-CARTIER  
ACADEMY

Apply online or contact the school today  
[mcacademy.ca](http://mcacademy.ca) or 613-744-8898

**Sylvie Sauvé**  
Esthetician - Electrologist  
**PODOLOGIST**  
Advanced Podologic Foot Care Technician  
Receipts available

- Facial Treatments
- Electrolysis
- Microdermabrasion
- Full-Body Waxing
- LED Light Treatments
- Permanent Make Up
- Compulift / Dermapen
- Microblading
- Manicure / Pedicure

**613 748-0352**  
54 Dunvegan Road (Manor Park)  
Ottawa, Ontario K1K 3G3





Photo by Alexander McKenzie

**Eric Cardinal, owner of Mood Moss Flowers, says winter is a time for a splash of colour.**

in short supply and the landscape seems devoid of colour. Luckily, people in our neighbourhood have one sure-fire way to brighten up the season: they can turn to **Mood Moss Flowers** for beautiful planters for their front porches, flowering Christmas plants for their mantels and windowsills and unique centrepieces for their holiday tables. "It's definitely one of our busiest times of year," says **Eric Cardinal**, founder of the now 15-year-old company. "People are looking for a splash of colour, and they appreciate our unique design style that goes beyond the basics." Eric's seasonal planters are very popular, and designed to provide cheer and interest throughout the winter. Many clients order an "insert" for their planters, which they then come and collect from the store. But Eric says most of his customers prefer to have him come to their home to build their planters onsite. Then all the client has to do is brush away the heavy snow from Eric's creations and enjoy them for the whole season.

When designing indoor arrangements, Eric and his team of four pride themselves on catering to their clients' needs. "Before we put something together, we ask them how many people may be attending their party, whether they are planning for a buffet or sit-down dinner, what colour scheme we need to complement." Then the work starts, perhaps with greenery and such flowering Christmas plants as amaryllis, paperwhites, poinsettias. Mood Moss pre-makes nothing – every creation is put together with the client in mind. For that reason, it's best to call about a week in advance of

your big event, though you can, of course, drop by for a last-minute pick-me-up at any time. For more information, visit moodmossflowers.com. –SG

#### Fine fare for the holidays

Celebrations with friends and family, warm hospitality and cozy gatherings are the hallmarks of the holiday season. At the heart of all these occasions is fine food, including many longstanding traditional dishes and baked treats associated with Christmas. But gone are the days when mothers and grandmothers spent weeks labouring in the kitchen to maintain these food traditions. In our fast-paced, contemporary culture, preparation time is in short supply, and holiday meals can be a source of stress and strain rather than delight.

Enter **Epicuria Fine Food and Catering** to resolve the tension between maintaining busy schedules and serving fine holiday fare. For more than a decade, many households in our community have relied on Epicuria's kitchen to provide everything from a full Christmas feast to savoury pies and quiches, seasonal baked treats, cock-

tail nibbles, dips, charcuterie and gourmet chocolates for casual entertaining.

Once again this year, the store is offering a sumptuous, traditional turkey dinner to take the stress out of the big day, and leave you free to enjoy the company of family and friends. The Epicuria holiday menu features: a free-range Mariposa turkey with Dominion City beer pan gravy and artisan-bread stuffing; three tasty vegetable side dishes (including classic mashed potatoes, which your children might actually eat!); and a mouth-watering *Bûche de Noël*. A slightly scaled down version of the turkey dinner is also available for smaller gatherings. To place an order, call 613-745-7356 or drop in at the store.

If holiday baked treats are a cherished tradition but a time-consuming impossibility in your family, Epicuria has you covered. The store is filled with shortbread cookies (beautifully packaged to give as hostess gifts), fruitcakes, plum puddings and other sweet treats to celebrate the season. New this year is a pared-down menu of prepared entrées, large side dishes and generous desserts available for pre-Christmas pickup in-store. Epicuria is not offering a pre-set New Year's menu this year, but owner **Tracey Black** assures us that there will be plenty of ready meal options available if you're planning a gathering to usher in 2020.

In recent years, catering has become an important aspect of Epicuria's business, especially in-house corporate catering. Although Tracey predicts that the schedule for full-service holiday parties may be fully booked by the time this edition goes to print, they can still accommodate pickup orders of hors



Photo by Andre St. Amour

**Evertrain personal trainer Kyle (left) with client.**

d'oeuvres and catering platters for home entertaining. Visit [epicurica.ca](http://epicurica.ca) for the catering menu. And when you drop by the store to collect your order, you'll find handy, last-minute items such as dips, gourmet potato chips, cheese bites and holiday chocolates. Happy Holidays and a restful New Year to Tracey and her hard-working Epicuria team! –JH

#### Functional fitness for the 50+

In the 12-month interval since Evertrain co-owners **Julie Leblanc** and **André St. Amour** opened their fitness studio and gym at **524 Montreal Rd.** (near St. Laurent Blvd.), their regular client base has doubled. The staff now comprises four coaches – André and Julie, plus **Kyle** and **Tony** – all of whom are working close to

l a u r a u r r é c h a g a  
a r c h i t e c t i n c

Architect, OAA  
Architect, State of Florida  
Leed AP

tel: 613 266 6720  
[urrechaga.architect@gmail.com](mailto:urrechaga.architect@gmail.com)

## Quality of Life



When four-year-old Cameron Lavier's life on earth ended, his parents could have hidden from the world. Instead, they are building a legacy for this extraordinary boy who made friends with one smile.

Their investment in a CHEO endowment fund keeps Cameron's loving nature alive and helps others by funding research and financial assistance. CHEO families will have this support for generations, it is Cameron's legacy of love.

You can ensure CHEO is here for families now, and forever, through monthly donations, legacy gifts, endowment funds and other charitable options.

For more information contact Megan Doyle Ray  
[mdoyle@cheofoundation.com](mailto:mdoyle@cheofoundation.com) 613-738-3694

Be part of CHEO's life-saving work today and tomorrow.



FOREVER  
CHEO

Why Not Book with Us For the Holiday Season?

**Il Vagabondo**  
RISTORANTE  
186 Barrette (Near Beechwood & Marier)

**LUNCH** Tuesday to Friday, 11 am to 2:30 pm  
**DINNER** Tuesday to Friday, 4:30 pm to 10 pm  
Saturday, 12:30 pm to 10 pm  
**SUN-MON** CLOSED (but we'll open for groups of 8 or more)

info/reservations: 613-749-4877



capacity.

"It's been an amazing year," says André. "Our members have really become a community, and many consider the studio like a second home." He adds that Evertrain's success has been fuelled by referrals from enthusiastic regular clients.

Evertrain's core business is one-on-one private fitness training, primarily for those over 50 years old, when weight-loss, increased strength and flexibility, and injury prevention take on special importance. Private training with a customized exercise routine is the preferred route for clients with specific needs and goals, or with physical limitations or injuries. But Evertrain also offers semi-private coaching sessions for couples or small groups with similar fitness levels and goals, so you can build some sociability into your weekly exercise regime (and save a little money, too!)

Nutritional counselling and lifestyle coaching are an integral part of the Evertrain package, which helps clients develop healthier habits. Regular clients sign on for as many as three sessions per week, a frequency which André attributes to the fact that "people need consistency and accountability" to maintain motivation and make measurable progress toward their fitness objectives.

But an over-enthusiastic approach to a new exercise routine or a haphazard execution of movements can pose serious risks of injury. That's why Evertrain staff emphasize *quality* over quantity of movement. Coaches teach clients the correct method of performing the exercises, which are assigned as "homework" after each session. André stresses that the focus at Evertrain is on "functional fitness," centred on the movements involved in ordinary daily activities.

Julie and André are thrilled with the success of the new studio, where they now



Photo by Alexander McKenzie

**Second Cup co-owner Maya Marouf.**

host a variety of member events, including a celebratory "Member of the Year" event where they award prizes, and treat participants to a catered reception. André is also actively seeking opportunities to hold information sessions in the community to spread the word on the importance of maintaining strength and mobility after age 50.

Visit [evertrainlifestyles.com](http://evertrainlifestyles.com) or call 613-749-3837 for an appointment. We wish a happy and successful New Year to **Julie, André** and their baby daughter **Mahalia**. —JH

#### A cozy, award-winning coffee shop

During the holiday season, **Second Cup Coffee Co.** on the corner of Springfield Road and Beechwood Avenue offers a warm and comfortable refuge from the cold. Four years ago, **Maya Marouf**, her husband, **Mohanned Abuswaireh**, and their partner, **Rami Al-Hussieni**, took over the franchise. It has become a central community fixture with a loyal clientele.

Maya and Mohanned offer a cozy atmosphere that makes their customers feel at home. "I feel like I'm with my family when I'm here," says Maya. "Sometimes when I

see regulars approaching, I start making their favourite drinks." She also makes different drinks to suit her customers' tastes. "If someone wants a white mocha latte with a raspberry syrup shot, I'll make it," she says. No surprise, then, that Maya and Mohanned won Second Cup's 2018 Gold Standard Award.

Second Cup also has a strong community orientation. It sources food and products from local businesses, including a bakery that also serves Fairmont Chateau Laurier. It also allows local artists use their shop as a gallery to display and sell their work. Students also use it as a place to study, often staying until closing at 9 p.m.

Besides a full array of coffee and tea products, Second Cup offers delicious smoothies. "They're very popular, even in winter," says Maya. One of the most popular – and healthiest – is the Almond Date Smoothie, which includes bananas, almond butter, flax seeds, and whey protein. The Green Mango Boost is also popular. The baked goods are equally delicious and include brownies, muffins, sandwiches and wraps, with many vegetarian and gluten-free options.

Second Cup also offers a variety of Christmas baskets that make perfect gifts for holiday parties. Stop by at 1 Springfield Rd. for outstanding coffee, delicious food, a cozy atmosphere and some holiday cheer. —DL

#### Nature's Buzzing about organic holiday turkeys

If you are planning a big family dinner this holiday season, you may want to drop by **Nature's Buzz** to put your name on the list for a delicious organic turkey to grace your table. Many people in the community have relied on Nature's Buzz as a source of excellent organic meat, produce and pantry items since the store was founded in 2002.

After the devastating fire in 2011 that destroyed the shop



**Governor's Walk: Cathleen Cogan Bird (General Manager), Margaret Uvegas (Care Provider), Alice (a resident) and Julie Kovacs (Office Manager).**  
Photo courtesy Cathleen Cogan Bird

(among others), Nature's Buzz was grateful to be able to move a mere block up the street to their current location at 55 Beechwood Ave., where the family-run shop continues to cater to their health-conscious customers.

Once again this year, store manager **Eric Passmore** has organized for a delivery of certified organic, never-frozen turkeys to be available just in time for Christmas. These turkeys have been fed a certified organic feed and are free from hormones and antibiotics, which results in a juicier, more flavourful meat. The fact that they are raised by a smaller organization also means the birds are of much better quality, which is important to Eric and to his clients.

"We prefer to support home-grown organizations, and we get compliments every year on the quality of the turkeys we supply," he explains.

Most people drop by the store to place a deposit on a bird and then pick it up when it's delivered about a week before Christmas, although for out of town clients, Eric and his team can take a deposit over the phone. There is a limited supply, so if this sounds appealing to you, don't wait too long! All is not lost, however, if the turkeys sell out before you can grab one – Nature's Buzz also has

lots of other meats (frozen and chilled), prepared foods (including products from Les Fougères), bulk items and produce to round out your holiday meal plans. As Eric says, "We have everything in a small way!"

For more information, visit [naturesbuzz.ca](http://naturesbuzz.ca). —SG

#### New owners at Governor's Walk

Close to 20 years ago, the Franciscan monastery and friary at 150 Stanley Ave. was sold by the Roman Catholic Diocese, and subsequently renovated and repurposed as an elegant retirement residence. Governor's Walk now features both one- and two-bedroom apartments, as well as handsome penthouse suites with terraces. To the delight of Ottawa heritage conservationists, the original Franciscan chapel and its signature stained-glass windows were retained in the renovation.

In recent years, the residence has been owned and operated by Age Care. This past summer, however, it was quietly taken over by **Metta Lifestyles** ([mettalifestyles.com](http://mettalifestyles.com)), a young Toronto-based company with two residences in operation in that city, and a third on the horizon. Governor's Walk is its first foray outside of the Greater Toronto Area.

The company name, "Metta"

### Mair Oriental Rug Services

ESTABLISHED 1983

Serving the public for over 35 years

- appraisal and evaluation
- expert repair and restoration
- free consultation
- fringing, rug hanging, reweaving, et al.
- proper washing including pick-up and careful re-installation
- repairs completed in original format, using top quality materials

Douglas Mair  
75 Jardin Private

(613) 741-7806  
[mair@orientalrugservices.com](mailto:mair@orientalrugservices.com)



### Rent-A-Wife OTTAWA

"Every working person needs a wife!"

- ✓ Regular & Spring Cleaning
- ✓ Pre & Post move cleaning and packing
- ✓ Pre & Post renovation cleaning
- ✓ Organizing cupboards, basements...
- ✓ Bartenders/Waitresses
- ✓ Estate Planning & Organizing

Website: [rent-a-wife-ottawa.com](http://rent-a-wife-ottawa.com)

We are members of: [homestars.com](http://homestars.com)

Laurel 749-2249





Photo by Alexander McKenzie

**Union Street Kitchen Café owner Christine Garand shows off some scratch-made cookies.**

signifies “loving kindness and care,” in Sanskrit, embracing the concepts of friendliness and fellowship. Metta Lifestyles’ guiding principles are three-fold:

1. wellness: including both high-quality medical care to maintain residents’ physical health, and activities to support their mental and spiritual wellbeing

2. connectivity: creating an environment that fosters social interaction and relationships

3. empowerment: a concept critically important to the quality of life of elderly people

Old age offers many challenges, but perhaps the most dispiriting is erosion of autonomy, as choices, decisions and overall control are taken out of the hands of elderly individuals. Metta Lifestyles’ overarching objective is to reverse this erosion by creating communities, or “families,” in which residents can, to the greatest possible extent, retain control over and engagement in the way they live their lives.

The concept of empowering residents is put into practice at Metta Lifestyles facilities by reversing the cookie-cutter, top-down approach of imposing a fixed regime of activities, menus and routines on residents. Instead, the staff at Governor’s Walk works hard to be attentive, open, and responsive in everything from individual food preferences to residents’ intellectual, physical and social needs and interests.

New general manager **Cathleen Cogan-Bird** says: “Residents need a sense of purpose, a reason to get out of bed in the morning. They need things to look forward to, and things to bring joy to each day.” Cathleen is filled with enthusiasm in her new role: “Absolutely amazing people live here! It’s not a traditional retirement home; each of our residents has his or her own experiences, likes and dislikes.”

Cathleen is steadily building a new staff team at Governor’s Walk. She is currently seeking to recruit a **Manager of Care** to supervise a team of Registered Nurses and personal care workers, and to meet with each resident to ensure that their specific needs are carefully attended. Care services range from independent living, to assisted living, memory care and short-term respite care for those recovering from surgery or illness.

Food services manager **Amber Joyner** oversees the all-important task of ensuring that “food brings joy every day,” as Cathleen puts it. Meals are provided by Red Seal Meals, an Ontario company which prides itself on “old-fashioned quality...freshness and consistency.” Amber also ensures that dietary restrictions are accommodated, and often adds such special touches as home-made soup to the daily fare.

Governor’s Walk is also searching for an Activities Manager to develop programs

and activities. Says Cathleen: “Our residents are an intellectual group who want to keep learning,” so programs will change regularly to reflect residents’ ideas and suggestions. Residents’ input is channeled through the three committees: the Food for Thought Committee, the We Care Committee, and the Ambassadors’ Committee, which welcomes newcomers and helps them to engage in life in their new home.

We welcome the Metta Lifestyles team at Governor’s Walk, and wish them a suc-

cessful first year operating in our neighbourhood. —JH

### The tiny café with the monster cookies

**Christine Garand** didn’t plan on opening a café, at first. She owned, ran and taught Kundalini yoga at Shunnya Centre on Beechwood and liked to wrap up her sessions by offering her students something to eat, usually soup.

“I’m always feeding people,” Christine said. “They kept telling me I should open a café.”

Her treats proved to be pop-










ular, and over time, the café idea grew on her. Finally, in 2016, she and her partner **Craig Pedersen** (who owns Il Primo on Preston Street) bought a house on the corner of Union and Crichton Streets, and the **Union Street Kitchen Café** was born. Behind it, in the same house, she set up the **Shunnya Centre**, where she continues to teach yoga.

The café soon became Christine’s main business. Being close to Global Affairs Canada and Rideau Hall, she


**Continued on page 12**

# Sezlik.com

## OTTAWA HOMES & CONDOS

 <p><b>Rockcliffe Park - \$2,895,000</b> This partnership between luxury builder Gemstone and architect Barry J. Hobin proves that a full sized heritage home can be completely rebuilt, timeless well-constructed, and feel truly contemporary.</p>	 <p><b>Rockcliffe Park - \$2,790,000</b> Find an exceptional home where families thrive thanks to a custom designed layout. Walking close to the city's best schools &amp; Beechwood Village, this is the perfect place for families to grow.</p>	 <p><b>New Edinburgh - \$1,890,000</b> Light-filled and impeccably designed, this unique New Edinburgh home is all about architectural interest and creative instincts that would be right at home in the townhomes of London or New York.</p>
 <p><b>New Edinburgh - \$1,598,000</b> This future-ready home really "gets it." Sleek and contemporary finishes like quartz, glazed porcelain, minimalist millwork and maple hardwood. Control 4, sound wired throughout and heated driveway.</p>	 <p><b>Manor Park - \$1,429,000</b> Surrounded by all the necessary elements for families to thrive. Recently renovated, this move-in ready home features contemporary finishes. Proximity to downtown and top schools.</p>	 <p><b>Rockcliffe Park - \$1,150,000</b> This residence in historic Rockcliffe Park, perfectly embodies the aesthetic of this wonderful neighbourhood. Enjoy a beautiful balance of private and public spaces. Room for gatherings and entertaining under one roof.</p>
 <p><b>Lindenlea - \$979,000</b> Seamless contemporary design throughout blends functional convenience and elegant style. Fully wired intercom system, finished basement and luxe finishes: hardwood, ceramic and granite. Come home to an idyllic lifestyle that satisfies every urban wish.</p>	 <p><b>Byward Market - \$845,000</b> Enjoy all the elements of an ideal urban home found in Ottawa's prestigious address. Custom built-ins throughout, granite, chrome, luxe finishes all around including Fisher Paykel &amp; Bosch in the kitchen. The city happens all around you - Nothing compares!</p>	 <p><b>Lower Town - \$769,000</b> With only 4 units on each floor, discretion and luxurious space are standard. 1800 sq ft unit with a custom layout yields a great flow. Steps from parks, grocery, business centres and the Byward Market. You are at the center of it all.</p>

Discover what working with **Ottawa's Best** can do for you.



**#1 IN OTTAWA 2018 - ROYAL LEPAGE\***  
**#1 IN EASTERN ONTARIO 2018 - ROYAL LEPAGE\***

**613.744.6697**

**ROYAL LEPAGE Team Realty**

**Charles Sezlik, Cindy Sezlik, Dominique Laframboise, Sara Adam Sales Reps. & Trystan Andrews Broker**

\*Charles Sezlik, #1 Royal LePage Realtor in Eastern Ontario, 434+/- Office, 1150s+/- Realtors, based on gross closed commissions.



# FRESH

## REDISCOVER YOUR HAIR

75 Beechwood | 613.680.6315

**MARGOT**

DINE IN | TAKE HOME | CATERING | GIFTS

**GIVE THE GIFT  
of GREAT FOOD**

**EPICURIA**  
FOOD SHOP & CATERING

357 ST. LAURENT BLVD.  
+613 745 7356  
EPICURIA.CA

attracts scores of diplomats and tourists in addition to local customers. Everything on the menu is made in-house, from scratch, including sandwiches, wraps, salads and desserts. One of her most popular treats is a giant cookie called the "Cookie Monster," made with Belgian chocolate. "It's almost as big as your face," says Christine. She also offers a variety of coffees and teas, with the option of adding a shot of house-made lavender or vanilla syrup.

Union Street Kitchen Café has a one-of-a-kind feel, in part because of its small, cozy interior (with seating outside in warmer months). But customers will also notice that she uses real dishes, including plates, glasses, and cutlery. Christine is environmentally conscious, composting and recycling everything she can.

In the near future, Christine plans to offer a series of monthly cooking workshops. Each session will have a theme; for example, Ayurvedic cooking. Along with yoga and the café, this knowledge sharing is another way she can give back to the community. "I'm grateful to have the support of the neighbourhood," she said. "Having

a space where I can help create a community makes me happy."

Visit the Union Street Kitchen Café at 42 Crichton St. or [onunionstreet.ca](http://onunionstreet.ca). —DL

### Business notes:

#### PTI relocating to 90 Genest

The **Physical Therapy Institute (PTI)** will cease operations in its current location at 268 Durocher St. in Vanier on Dec. 31, but will reopen Jan. 7, 2020, at 90 Genest St. Owner **Pam Siekierski** is moving her physiotherapy practice into her home, where clients will receive treatments in a spacious and accessible room on the main floor. Contact information for Pam at PTI remains the same: **613-740-0380**. You can also book appointments online at [pti.janeapp.com](http://pti.janeapp.com). We'll have more details on the move and on the new location soon. We wish Pam health and happiness in the New Year, and a successful first year in her new location! —JH

#### LCBO still on the books at Minto Beechwood

At last report, negotiations between Minto and the LCBO were nearing conclusion, with announcement of a launch date expected before

year's end. The size of the new outlet has been scaled back from 11,500 square feet to about 8,000 square feet, leaving 3,000-plus square feet of Minto Beechwood's commercial space still to be filled. It's anticipated, however, that attracting an occupant for this smaller space may not be difficult, given its proximity to a client magnet like the LCBO. Once the lease is signed, the fit-up of the liquor store is expected to take two to three months, so if all goes well, a spring opening is on the horizon. —JH

#### Get your flu shot at the pharmacy

Once again this year, the **New Edinburgh Pharmacy** is offering the flu shot by appointment: call **613-749-4444**. The vaccine is especially important for pregnant women, elderly persons, residents of nursing homes and chronic care facilities, and those with chronic illnesses or compromised immune systems. But pharmacy owner **Matthew Tonon** stresses that "everyone should have it: the more the better, and the safer the community." The New Edinburgh Pharmacy also offers the shingles and pneumonia vaccines by appointment. —JH

Your choice.  
Your co-op.  
Our community.

Votre choix.  
Votre coop.  
Notre communauté.

We are at your service  
Nous sommes à votre service

**Funeral  
Co-operative  
of Ottawa Inc.**

**Coopérative  
funéraire  
d'Ottawa inc.**

[www.fco-cfo.coop](http://www.fco-cfo.coop) • 613.288.2689

## CALDWELL & ASSOCIATES REALTY LIMITED, BROKERAGE

**BUYING?  
SELLING?  
LEASING?  
PROPERTY  
MANAGEMENT?**

*A little bit different..... its  
the difference that counts!*

CONTACT US FOR ALL YOUR REAL ESTATE NEEDS

**613-744-5525**

or visit our website at  
[www.caldwell-realty.ca](http://www.caldwell-realty.ca)



Dionne Caldwell  
Broker of Record  
Caldwell & Associates Realty Limited, Brokerage  
9 Murray, Ottawa, ON K1N 9M5  
613-744-5525  
[www.caldwell-realty.ca](http://www.caldwell-realty.ca)



## Two new restaurants open on Beechwood

By David Lawrence

The variety of ethnic cuisine in the New Edinburgh area is taking a step up with the arrival of two new restaurants: **Chilaquiles** at 49 Beechwood Ave., which opened Nov. 1, and **Bibi's** at 143 Putman Ave., which is expected to open its doors in December.

Established in 2018 in Vanier by husband-and-wife team **Kelvin Molina** and **Soemy Sanchez**, Chilaquiles relocated from Montreal Road to Beechwood Avenue last month. It focuses on traditional Mexican cuisine, based on corn tortillas as opposed to wheat-based ones, and traditional spices. The restaurant offers a rich variety of traditional dishes, including tacos, quesadillas, and tostadas. (The single exception to its traditional menu is the burrito, a popular Tex-Mex dish). It also serves several brands of Mexican beer and has live music every Friday and Saturday at 6 p.m.

The restaurant has symbolic links to Mexico that reinforce its traditional theme. Its



Photo by Alexander McKenzie

**Owner Kelvin Molina (second left) and the Chilaquiles team look forward to serving authentic Mexican cuisine at 49 Beechwood Ave.**

name comes from an ancient Mexican dish, *chilaquiles*, made from fried pieces of corn tortilla cooked in salsa and covered in cheese. The restaurant's logo is based on an Aztec symbol for an ancient maize deity: the goddess of the harvest. The authenticity of the food is not only based on the ingredients. Soemy, who oversees the kitchen, is from the state of Yucatán in southern Mexico, bringing cooking traditions not often found in Canada. One of the

chefs hails from Mexico City.

The transition to the new location – the original and most recent site of Arturo's – has gone well. "We are a family-oriented business and welcome everybody," said Kelvin. "And we've have been well received by the community." Check out Chilaquiles' website at **chilaquiles-restaurant.business.site**.

Meanwhile, **Bibi's** is bringing Middle Eastern cuisine to the neighbour-

hood, "slow-cooked, served quick." Located at Putnam and Beechwood (the former site of ZaZaZa Pizza), Bibi's is the brainchild of **Adam Weiss**, an Ottawa native who developed the business plan for the restaurant while studying tourism and hospitality at Algonquin College. His concept for a high-quality, quick-service, Middle Eastern restaurant won over his partners, Dr. **Hussain Rahal** and **Tony Garcia**, who established Fairouz, an upscale Middle Eastern restaurant on Somerset Street.

Bibi's is different from the typical shawarma joint. Instead of using pita, Bibi's uses *saj*, a large, thin flatbread to make its wraps: falafel; chicken spiced with Baharat (an all-purpose Middle Eastern spice); steak and tahini (sesame spread); and akawi (a brined cheese) with mint and za'atar (a spice blend often featuring dried thyme, oregano, marjoram and sumac). The idea is to provide quality Middle Eastern food that can be served quickly.

"I wanted to do something different," said Adam. "Besides using freshly-baked



Photo by Alexander McKenzie

**Adam Weiss is opening Bibi's at 143 Putman Ave.**

*saj*, we marinate and slow-cook our meat and chicken and make our falafel from chickpeas on-site – nothing comes to us frozen." Bibi's will also make its own sauces in-house.

Adam, who has lived in the area for five years, looks forward to bringing new cuisine to the neighbourhood. "A sense of hospitality and community is very important to us," he says.

Learn more about Bibi's at **eatatbibis.com**.

**RIVERPATH**  
RETIREMENT COMMUNITY  
COMMUNAUTÉ DE RETRAITE

**NEWLY OPENED**

Independent Living | Residential Care | Physical Assisted Living | Memory Care

## Come stay with us this winter!

**Riverpath Retirement Community**, by Riverstone, prides itself on offering comfortable living arrangements so that you can relax and enjoy life! Located just minutes from New Edinburgh, Riverpath puts you in the heart of an active neighborhood. Named for its proximity to walking paths along the Rideau River, Riverpath is perfect for those who love nature. Whatever you need, peace and quiet or fun and excitement, Riverpath is the community you've been looking for. A limited number of suites are available for immediate occupancy. Call Diane today to reserve your suite or to book a private tour of our community.

80 rue Landry Street, Ottawa ON 613-327-9655 | [RiverpathRetirement.ca](http://RiverpathRetirement.ca)



# Community rallies around vandalized restaurant

By Elizabeth Gray-Smith

Ola Cocina, a favourite eatery located at 62 Barrette St. right behind the Beechwood Metro, was broken into and vandalized after regular hours on Oct. 27. The perpetrators, who have yet to be found, did more than run away with the float and personal items – they ravaged the place, leaving fridge doors open and throwing restaurant assets (from clothing to the safe) into the fryer. Espresso cups and footprints left on the counters show how long they spent inside.

The owner of this small but mighty kitchen Donna Chevrier quickly posted the news on Instagram, noting that she could not open her doors until more was known about how to address the extensive damage. She was shocked by the act of vandalism. The worst part of the crime, as she stated, was the loss of the fresh produce, which added up to thousands of dollars.

Donna admitted that she was ready to give up, thinking that the impact of the break-in would “bring the business to the brink of ruin.” But, with-

in 24 hours, the community around her mobilized.

A core group of supporters, including New Edinburgh residents Sally Douglas and Jackie Morphy called on people with public relations skills, community connections and fundraising abilities.

“There is nothing better than being phoned by someone in your community for help on a matter, and having the ability to respond in a way that makes a huge difference,” said Sally. “It matters and makes you feel part of something. That is what this neighbourhood is all about.”

The next day, CTV showed up on site with a camera crew, CBC grabbed hold of the story, and Twitter blew up with comments of support. Drawing on the comprehensive network of Vanier BIA head Nathalie Carrier, Ola Cocina was collectively able to launch a Go Fund Me page, which instantly generated much attention from their loyal patrons.

Ola Cocina’s walls are filled with photos of famous local patrons, from Prime Minister Justin Trudeau, to his moth-



Photo courtesy Elizabeth Gray-Smith

Nathalie Carrier presents a cheque to Donna Chevrier (left) on Nov. 2.

er Margaret, to the former American Ambassador to Canada Bruce Heyman (no coincidence: the restaurant serves a Heyman Hot Sauce!) to *National Post* columnist John Ivison. There is even a signed photo of the late chef Anthony Bourdain, wishing Donna the best on her endeavour with the restaurant which reads: “Keep surviving.”

By the first evening, the Go Fund Me page reached a contribution level of \$3,000. Within another 24 hours, the fundraising efforts surpassed its original goal of \$10,000 by \$5,000.

This event did not go unnoticed by elected officials. The Mayor of Ottawa Jim

Watson, the local Member of Parliament Mona Fortier, and local City Councillors Rawlson King and Mathieu Fleury quickly mobilized to join “the small community group that could,” as they called themselves, to see the cheque presented to Donna in the final confirmed amount of \$22,000.

“This is life-changing,” said Donna upon receiving the cheque. “I feel the love and support of my customers. In this devastating moment, I have them to get me through

this. The stars have aligned.”

Amongst the crowd at the cheque presentation, one loyal patron shouted: “It is proof that good will always drown out the bad.”

The very day the funds were transferred, the doors to Ola Cocina opened again.

*Elizabeth Gray-Smith is a New Edinburgh resident, content strategist, community engager and self-professed supermom. Partial to the Bowl of Love at Ola Cocina, she is always looking for the perfect hot sauce pairing.*



**Mona Fortier**  
Députée | Ottawa—Vanier | Member of Parliament

**Joyeuses fêtes! | Happy Holidays!**  
mona.fortier@parl.gc.ca | www.mfortier.liberal.ca  
613.998.1860

@EquipeTeamMona @MonaFortier @monafortier

**GET CLOSE TO THE ONES WHO MEAN SO MUCH TO YOU**



For more details, contact Ambreen at  
**YOUR ROOTS TO BRANCHES COUNSELLING SERVICES**  
(613) 421-9277 | info@ambreen.ca | ambreen.ca





## New Edinburgh Community Choir

Join the chorus as they sing music chosen from the great choral repertoire. From Bach to The Beatles, members will enjoy singing in harmony. The choir welcomes everyone.

### Fee:

\$168/Fall Session (14wks) or \$15 Drop-In

### Time:

Mondays, from 7:30pm-8:45pm

### Location:

The Community Room, 255 Mackay Street, New Edinburgh

For more information contact Paul at  
nectarcentregm@gmail.com; or message at  
613.745.2742; or arrive on September 16, 2019





# Heritage needs clear, strong role in City's new Official Plan



## By Gail McEachern, Heritage and Development Committee

In March 2019, the City of Ottawa began a two-year process to re-vamp its Official Plan (the last one was done in 2003). The new Official Plan will provide a vision for the future growth of the city and a policy framework to guide the city's physical development. The final document will describe how the city will grow over time, where major infrastructure should be located, and what specific policies will be in place to support economic growth. It will also provide guidance for the development and evolution of communities.

The public is encouraged to comment and participate

via the city's Official Plan "Tool Kit Hub" which contains four sections: the New Official Plan, Plan, Connect, and Share. The various sections provide information on the project, engagement and feedback tools and ways individuals can provide their input.

The City is proposing a number of significant policy changes aimed at making Ottawa "the most livable mid-sized city in North America." Within these policies, known as "The Five Big Moves," Policy Direction #4 is entitled "Protect and Nurture Our Heritage."

The Rockcliffe Park Residents Association sent a letter to City Councillor Rawlson King on Nov. 5, expressing concerns about the

limitations and weakness of the proposed Heritage Policy Direction. An excerpt of that letter follows (reprinted with permission):

"We find the section called 'Protect and Nurture our Heritage' disappointing. It needs augmenting to put much more emphasis on protecting and enhancing the character of existing heritage conservation districts. [...] It also calls for the development of a Heritage Management Plan, without mention of Ottawa's existing heritage conservation districts, the role they play, and the need to much better protect them.

"We submit that it is critical to the future of Ottawa and to the vitality of its communities that the new Official Plan include a section on the protection and celebration of its heritage conservation districts, its heritage buildings and its heritage landscapes. The wording should be emphatic and clear [...] The Official Plan should acknowledge the serious challenges facing Ottawa's existing con-

servation districts.

"It should cite the Provincial Policy Statement (PPS) concerning intensification that states that 'built heritage resources shall be conserved' because intensification and conservation may conflict [...] It should state that this means unequivocally that conservation of heritage prevails over intensification[...]"

"The Official Plan should also set out that clear direction which is also provided by the Standards and Guidelines for the Conservation of Historic Places in Canada adopted throughout the country and by the City of Ottawa. The Official Plan should be clear that the Standards and Guidelines will be adhered to by the city – not just that it will 'have regard for them' or 'take them into account' or other such unclear language.

"The Official Plan should emphasize that the direct voice of Ottawa's heritage communities, and the unique expertise they embody, will be given the principal role in interpreting their heritage

Conservation Plans and putting recommendations on development applications to City Council and its committees. City staff must see their role less as one of negotiating and facilitating development applications, and much more fundamentally as protecting and enhancing the heritage of Ottawa by supporting heritage communities...

"It should further be stated that any changes to Heritage Conservation Plans only be undertaken in consultations with the communities affected. (The Ontario Heritage Act requires such consultation in the development of heritage plans but does not explicitly state that it follows that any changes to heritage plans also require such consultation.)"

The New Edinburgh Community Association's Heritage and Development Committee endorses the sentiments of the Rockcliffe Park Residents Association. We will be watching to see how the City of Ottawa will respond to the issues addressed in the letter.

## Year-end art show a unique holiday shopping opportunity

by Mary Ann Varley

September was a very exciting month at the **Crichton Street Gallery** with the *Viewpoints* exhibition featuring gallery artists. The New Edinburgh Studio Tour (NEST) was also a highlight for the gallery. We saw more than 500 visitors on the weekend with a good number of sales. It was so nice to meet art lovers and also many newcomers to the gallery.

The first of two solo shows this fall was **Pat Carbonneau's** *Reflections*, which ran Oct. 12–27. Pat's recent series has been very well-received by her customers. She has gone back to sketches and photographs of her trip to Ireland a number of years ago. These paintings have a strong, atmospheric yet poetic feel for the rugged coast and shore. These works – fields in harvest colours and sunlit glens – are in a variety of sizes.

The second solo show was *Something Old, Something New* featuring **Elisabeth Arbuckle**. Her fine, graphic style explores some familiar themes of still-life and



The Crichton Gallery's final exhibit of the year will feature works by Louise Tanguay (like "Angel Oak," above) and Mary Ann Varley ("Snow Covered Bike, NYC").



natural settings. Many of her works are inspired by cottage life in the Gatineau Hills. Her sensuous use of line and rich, saturated colour are always a treat. This show ran from Nov. 2–17.

The final show for 2019 will be the *Gifts of Art*, open Saturdays and Sundays from Nov. 23–Dec. 22. This is your opportunity to add to your home décor or pick up a spe-

cial gift for family or friends. As usual, **Louise Tanguay** will have calendars and cards for all occasions. Two new products include a handy calendar for keeping all those special birthday and anniversary reminders and a journal beautifully illustrated with inspiring photographs.

**Jennifer Anne Kelly** stocks the tables with exquisite glassware, from small plates

to showpiece bowls and platters. There is also a selection of unique items from small glass canoes to a fused glass paddle. We always have greeting cards and handmade jewellery to complete your gift-giving selections. **Mary Pratte, Louise Tanguay, Pat Carbonneau, Elisabeth Arbuckle, Jennifer Anne Kelly** and **Mary Ann Varley** will fill the gallery with an

assortment of delightful creations. Come and join us to celebrate the season. There will be a small selection of artworks at reduced prices, too.

In January, visitors can peruse works from the gallery artists from 11 a.m. – 4 p.m. on Saturdays. Check the website for upcoming events: [the-crichton-street-gallery.myshopify.com](http://the-crichton-street-gallery.myshopify.com).





# For the Birds

By Jane Heintzman

The winter blasts came early this year, with a heavy snow-fall in early November, followed by a period of Arctic temperatures. It's shaping up to be a very long winter for such hardy bird species as **black-capped chickadees**; **Northern cardinals**; **white-breasted nuthatches**; **downy-, hairy- and pileated woodpeckers**; and assorted **finches** that remain in our area. Any help we can supply from well-stocked backyard

breed here in spring and summer, had moved out by October's end. But in our own local rambles, we have continued to encounter plenty of remaining bird life, including many of the large flocks which congregate after the breeding season.

Notable among these are the countless flocks of **dark-eyed juncos** foraging in the shrubbery along the Rockcliffe Parkway, as well as on the frozen ground



Blue Jay.

Photo by Amy-Jane Lawes

on snowy ground. In winter, migrating juncos from our part of North America generally head for the southern United States.

Large flocks of **American robins** have also been in evidence in the community's wooded areas, as well as in our back garden. This year's bumper crop of mountain ash berries and crab apples in our yard has been a magnet for birds in recent weeks. Robins have topped the list as the most enthusiastic diners, often pushing out smaller birds such as **American goldfinches**, **house sparrows** and **cedar waxwings**. It remains to be seen whether significant numbers of robins will remain through the winter, or head for Mexico and Guatemala once frigid temperatures set in. Much depends on food supplies, as well.

**Cedar waxwings** are another of the bird world's top fruit enthusiasts. Cedar waxwings are readily identifiable by their prominent crests, black face masks, pale yellow bellies, and yellow tail tips. They gather by the hundreds in fall and winter to devour berries, which they swallow whole – no time to chew when competition is fierce!

Waxwings have become increasingly common in cities thanks to the widespread use of ornamental berry shrubs in landscaping. Indeed, they turned up in droves in our garden recently, lured by our sumptuous crop of mountain ash berries. They may have had a sampling, but faced stiff competition from burly **robins** and soon moved to less hotly-contested turf.

**Black-capped chickadees**, the most ubiquitous of all bird species in our area, have been much in evidence this fall. These cheerful, industrious creatures have been busily caching food in the nooks and

crannies of trees throughout their territory for later use when food supplies dwindle.

Not only can chickadees remember the locations of these caches, they report-

sleek **white-breasted nuthatches**; **downy-, hairy- and pileated woodpeckers**; **Canada geese** moving south in noisy, overhead phalanxes; several stately **wild turkeys** on the Rockcliffe Parkway; **common ravens**; and a number of **sharp-shinned hawks**, often flying low on the hunt for unsuspecting prey.

Many of the "sharpies" in our region will migrate before winter. Most will head for the southern U.S., but some will venture as far south as Mexico and Central America. However, thanks to the proliferation of urban backyard bird feeders, some sharp-shinned hawks may remain over the winter to take advantage of easy pickings as small birds gather at feeding stations.



Dark-eyed Junco.

Photo by Sharon Edwards

feeding stations is likely to be much needed through the harsh winter months.

According to Ottawa Field Naturalists' Club reports ([ofnc.ca/recent-bird-sightings](http://ofnc.ca/recent-bird-sightings)), the majority of fall migrants, including the many **warbler** species that

in our garden. Juncos are a birder's dream, as their distinctive white outer tailfeathers, prominent in flight, make them a slam-dunk to identify. Their handsome, dark-grey plumage sets them apart from other sparrow species and can be striking when they gather



Evening Grosbeak.

Photo by Amy-Jane Lawes

edly also account for ones they have already used up, and strike these from the list for future searches. Ornithologists believe this faculty may result from a physiological adaptation in the chickadee brain, in which the *hippocampus*, or the seat of memory, increases in size during the winter to facilitate this important skill. "Bird brains," indeed!

Other notables on our fall list have been sizeable flocks of **American goldfinches** in their olive-coloured winter plumage; **Northern cardinals**, our year-round residents, affording splashes of much-needed colour; **chipping sparrows**; **blue jays**;

## Winter finch forecast: not a banner year

Each fall, ornithologist **Ron Pittaway** prepares a detailed forecast of probable winter finch irruptions or flights into areas south of their breeding grounds. For details visit [jeaniron.ca/2019/wff19.htm](http://jeaniron.ca/2019/wff19.htm). Pittaway's forecast covers eight winter finch species: **pine grosbeak**; **purple finch**; **red crossbill**; **white-winged crossbill**; **common redpoll**; **hoary redpoll**; **pine siskin** and **evening grosbeak**. Also included are three other species whose movements are closely linked to those of the boreal (winter) finches: **blue jays**; **Bohemian**

## COMPUTER HELP IN YOUR HOME

### WE COME TO YOU TO FIX COMPUTER PROBLEMS.

**Compu-Home** is a highly regarded family business located right near you. Service is honest, reliable, affordable and prompt.



613-731-5954

### HOW CAN WE HELP YOU?

- Computer slowdowns
- Problems with Internet connections
- Spam, spyware and security programs
- Setting up and maintaining home and office networks
- Printer problems
- Helping plan, purchase and use new computer equipment
- Transferring and backing up data
- Using new digital cameras
- Coaching

**Compu-Home**

613-731-5954

info@compu-home.com  
Malcolm and John Harding





Wild Turkey.

Photo by Amy Jane Lawes

### waxwings; and red-breasted nuthatches.

The principal driver of winter irruptions (the factor on which the forecasts are based) is food. Specifically, the availability in northern boreal regions of the crops upon which each species depends for sustenance. When pickings are slim up north, finches head south to areas like ours to fuel up at backyard feeders, sometimes in impressively large numbers.

But this winter, boreal crops are abundant. There are bumper spruce cone crops across the boreal forest in Ontario and Quebec, and most conifer, birch and other seed crops are also plentiful throughout the northeast, as are mountain ash berries. Regrettably, this abundance of food across the north means most colourful winter finches will stay put, rather than head south to visit us.

Here's a summary of the individual species forecasts

for the winter finches most commonly seen in our community.

- **Pine grosbeaks:** most of these beautiful birds will remain in their northern breeding grounds where food is plentiful, though a few may turn up in Algonquin Park to feeding stations at the Visitor's Centre.

- **Common redpolls:** heavy seed crops on birches, alders and spruce will mean few visitors to our area (in contrast to some irruption years when they have swept through in massive flocks, decimating supplies at backyard feeders).

- **Pine siskins:** most will stay put in the north this year, but it's worth ensuring your feeders are well stocked with nyjer (thistle) seed to attract those who do turn up.

- **Evening grosbeaks:** most will remain in the north to feed, but Pittaway predicts "an echo flight" following the significant grosbeak irruption south that occurred last year.



Black-capped Chickadee.

Photo by Mike Leveille

Black oil sunflower seed is their meal of choice.

- **Red-breasted nuthatches:** sadly, it's unlikely that many of these charming, elf-like little birds will turn up this year, thanks to the fulsome food supply in their northern breeding grounds.

- **Bohemian waxwings:** despite the fact that mountain ash berries (the waxwings' favourite) are readily available up north, Pittaway predicts many will still return to our area where they've been assured in recent years of a healthy supply of mountain ash berries, crab apples and buckthorn berries.

### Project Feeder Watch

For many years, Cornell University's Lab of Ornithology and Bird Studies Canada (BSC) have collaborated to run **Project Feeder Watch (PWF)**, a citizen science-based initiative that engages interested birders to track the kinds and numbers of birds at our backyard feeders through the winter months (November to April).

At the end of the season, participants submit their tallies to Cornell and BSC for analysis by ornithologists. According to 2018–2019 results, the top 10 species visiting feeders in our (northeast) region were **black-capped chickadees; dark-eyed juncos; downy woodpeckers; Northern cardinals; mourning doves; blue jays; white-breasted nuthatches; American goldfinches; red-bellied woodpeckers** and **house finches**. (I checked all these off my list, except the red-bellied woodpecker!) Other species on the increase last season were **red-breasted nuthatches** and **white-throated sparrows**. For more information or to sign up for this season, visit [feederwatch.org](http://feederwatch.org).

If you're relatively new to backyard bird feeding, the PWF website is a goldmine of information about:

- **feeder types;**
- **seed types,** and the species which are attracted by each variety;
- **feeder care** to avoid seed contamination when feeders become grotty;
- **predator risks** (sharp-shinned hawks are top of the list around here);
- **foiling squirrels** (can't be done in my experience, but you may have better luck!); and
- **feeder placement,** most critically, the selection of



Common Redpoll.

Photo by Mike Leveille

spots close to sources of cover for a quick exit when a predator swoops in.

When the temperature plunges, birds need extra calories to survive. If it's a harsh winter, you'll need ample supplies of seed to sustain hungry visitors. Two well-known local sources of high-quality seed and other bird feeding equipment are **Wild Birds Unlimited (ottawa.wbu.com)** at 1500 Bank St. in the Blue Heron Mall; and **Ritchie Feed and Seed (ritchiefeed.com)** at 1390 Windmill Lane, Gloucester.

### Reports from our readers

Regular birding reporter **Vicki Metcalfe** is incommunicado this month in the cloud forests of Ecuador. **Amy Jane Lawes** reports a disappointingly small contingent of visitors to her feeders in Val-des-Monts, Que.: "We're down to **black-capped chickadees, white-breasted nuthatches** and **downy- and hairy woodpeckers** at the moment, with on and off visits from a group of **blue jays**."

Over at the **Macoun Marsh** off St. Laurent Boulevard, **Mike Leveille** has spotted a variety of species in this fall, notably **mourning doves; red-winged blackbirds;**

**American robins; Canada geese; black-capped chickadees; white-breasted nuthatches; American goldfinches; house finches; white-throated sparrows; dark-eyed juncos; Northern cardinals** and **blue jays**.

**Phil's Avian Bistro** at Alexander and Thomas Streets has been hopping since temperatures plunged in early November. Proprietor **Philip MacAdam** reports that **Northern cardinals, downy woodpeckers, American crows, American robins, black-capped chickadees, white-breasted nuthatches; American goldfinches, house finches** and **dark-eyed juncos** have been regular visitors. On an early morning walk in Pine Hill Woods, he spotted a **sharp-shinned hawk** which appeared disgruntled by Philip's presence on its turf. "It greeted me with a call I didn't recognize. I can't fathom bird talk, but I surmised that it was a terse admonition for having disturbed its early morning hunting," Philip recounts.

Happy holidays to all, and our best wishes for good health and good birding in 2020!

## PLACE FOR PAWS

**Boarding Camp for Dogs and Cats**

THE place to stay while your family is away!

*Visit the spa-like atmosphere and see for yourself.*

**Dogs enjoy 6 daily supervised outings in our fenced acre & country trail walks.**

**Separate sunny CAT condos.**

**613-446-2280 ANGELA ZORN**



# Hockey Day, Bike Day and Plant Sale events in need of volunteers



by Chris Straka, CCC President

## Halloween Howl

The Crichton Community Council (CCC) hosted its Halloween Howl at the New Edinburgh Fieldhouse on Oct. 26. Many thanks to event leader **Roxie Clark** and her family for the leadership she gives this perennially popular event. More than 100 of the neighbourhood's children and their parents enjoyed crafts and games at the Fieldhouse. The fun was also extended to Governor's Walk where residents enjoyed a parade of trick-or-treaters in costume.

## New Year's Day Brunch

The CCC will host its annual **New Year's Day Brunch** at the New Edinburgh Fieldhouse on **Jan. 1, 2020, from 10:30 a.m.-1:30 p.m.** Come for plentiful, home-made food, horse-drawn wagon rides and entertainment for children. Please bring your own cutlery and dishes to reduce our clean-up work for our volunteers. Although there is no fixed cost for this event, we grate-

fully accept donations of both cash and volunteer time on the day!

For a complete list of upcoming events, visit [newedinburgh.ca/events](http://newedinburgh.ca/events).

## We need volunteers!

The CCC needs volunteers to help ensure that some annual CCC events continue into 2020. We currently need volunteers to organize and manage the annual Ice (Hockey/Ringette/Skating) Day in February, the Bike Day in April and the Plant Sale in May. Past event leaders have prepared program plans and are available to offer mentorship. The only prerequisites for these positions: available time and a commitment to contribute to your community! Please email [CrichtonCommunityCouncil@gmail.com](mailto:CrichtonCommunityCouncil@gmail.com) if you're interested in taking on any of these roles.

The CCC also seeks a volunteer with accounting experience interested in serving as CCC Treasurer. If you are interested, you'll be able to transition into this role by working with our current Treasurer during the remainder of their term. Expressions of interest in supporting the CCC in this way are more than welcome.

**Skating**  
As long as nature cooperates with consistently freezing temperatures and a bit of snow (but not too much), New Edinburgh's hosers will have ice ready for skating at the Fieldhouse before the New Year. **Sylvain Bélanger** coordinates the herculean effort required to make this happen. If you'd like to learn the art and science of making and maintaining ice for skating (or if you simply want an excuse to get out of the house in the dark of

winter), please send an email indicating your availability to [crichtoncommunitycouncil@gmail.com](mailto:crichtoncommunitycouncil@gmail.com). Ice and Fieldhouse hours of operation will be posted once the skating season begins. Please respect signs indicating when the ice surfaces are open and closed, especially on days when the temperature climbs above zero. A few footsteps on melting ice can create dozens of hours of extra work.

## CCC Meetings

The Crichton Community Council board meetings are open to all members of our community. Meetings are held at the New Edinburgh Park Fieldhouse. You are welcome to join us, especially if you have energy to contribute to the improvement of your community. Our next meetings are Monday, Jan. 13, 2020 from 7:30-9 p.m. and on Monday, Feb. 10 from 7:30-9 p.m.

## Renting the Fieldhouse

The New Edinburgh Park Fieldhouse at 203 Stanley Ave. is a great venue for weddings, anniversaries, memorials, graduations, meetings, birthday parties and celebrations of all kinds.

Find general information about the New Edinburgh Park and the Fieldhouse: [newedinburgh.ca/ccc/fieldhouse](http://newedinburgh.ca/ccc/fieldhouse)

Find details about reserving the Fieldhouse: [newedinburgh.ca/ccc/fieldhouserervations](http://newedinburgh.ca/ccc/fieldhouserervations)

Check availability of the Fieldhouse and make reservations: [fieldhouse.skedda.com/booking](http://fieldhouse.skedda.com/booking)

Send questions about Fieldhouse rentals to: [nfieldhouse@gmail.com](mailto:nfieldhouse@gmail.com)

Contact members of the CCC executive at: [crichtoncommunitycouncil@gmail.com](mailto:crichtoncommunitycouncil@gmail.com)

CELADON  
salon & spa

## GET READY FOR THE HOLIDAYS!

- Party-time demands a manicure, make-up and blow dry \$99 (save \$30)
- Unwind with a relaxation massage and receive a **FREE** infrared sauna \$80 (save \$30)
- Book a microdermabrasion and receive a **FREE** Indian head massage \$99 (save \$60)
- De-stress with a healing reflexology session \$50 (save \$30)

373 St. Laurent Blvd. (at Hemlock)  
613-746-3500 [www.celadonspa.ca](http://www.celadonspa.ca)  
HAIR • SKIN • BODY • NAILS



We stock a wide selection of bikes from

GIANT KONA DEVINCI NORCO

★★ Free Lifetime Service Warranty ★★

613-741-2443 | 401 St. Laurent Blvd • 7 Hamilton Ave | [fullcycle.ca](http://fullcycle.ca)



Rental Management for the Foreign Service Community

## Our services include:

- market analysis
- preparation of documents
- reporting
- maintenance
- regular inspections
- simplified & competitive fees

*We've been there...we care!*

Mary Ellen Boomgaardt, Representative

Tel: (613) 746-2367 5 Beechwood Avenue  
Fax: (613) 746-3050 P.O. Box 74074  
[greentreeco@sympatico.ca](mailto:greentreeco@sympatico.ca) Ottawa, Ontario K1M 2H9

[www.GreentreeOttawaRentals.ca](http://www.GreentreeOttawaRentals.ca)

*The New Edinburgh News warmly thanks our advertisers, both the faithful and the new, for their continued support of the community and of this newspaper. Your support is essential in helping us share the news of local happenings!*

## PERSONAL TRAINING FOR PEOPLE OVER 50.

**evertrain**

FITNESS . AFTER . FIFTY

*See how 100s of people over 50 from all over Ottawa have healed their bodies, gotten lean, strong, fit and overall happier with their life.*

visit [www.evertrain.ca](http://www.evertrain.ca) to learn more



# Community Resource Centre moves to old Rideau HS

By Valérie Fortier

The Rideau-Rockcliffe Community Resource Centre (RRCRC) is pleased to announce that we are moving from Donald Street to 815 St. Laurent Blvd. later this month. We will start serving clients from the new location Jan. 6, 2020.

The Rideau-Rockcliffe Community Resource Centre provides a range of social supports and services that enable citizens' empowerment, community resilience, and inclusion for all residents of Ward 13. This new location on St. Laurent Blvd. is more central to the area we serve, it has a larger parking lot, and it is situated close to many bus routes, making it more accessible for the majority of our clients.

This new location also allowed us to design and start using such new spaces as Incubator 13, an accessible entrepreneurship and skills development space, and the greenhouse home for Social Harvest, a young social enterprise. Both projects are operated by the RRCRC.

All existing programs and services offered by the RRCRC will continue



Incubator 13 (above), an entrepreneurship and skills development project, is just one of the exciting programs the Rideau-Rockcliffe Community Resource Centre will have to offer at its new location at 815 St. Laurent Blvd.

Photo courtesy RRCRC

unchanged after the move. Clients will still have access to counseling services, the food bank and seasonal services like our income tax clinic – and these services are still offered at no cost to clients. Children's and youth sports and afterschool programs are also being offered

by the RRCRC at various locations in Ward 13.

Your help and contributions are always welcome. Various volunteer opportunities can be found on our website: [crrc.org](http://crrc.org).

The Centre is specifically on the lookout for experienced volunteers for our

income tax clinics for March and April. Also, our food emergency service is seeing an ever-increasing demand from community members every month. You can deliver food donations to the Centre during our hours of operation (8:30 a.m.–12:00 p.m. and 1:00–4:30 p.m. every weekday). Cash donations are also vital to our organization. Every donation counts: there is no such thing as a donation too small to support our community! We accept donations both online and in person.

It will be a pleasure to welcome all residents of the ward to our new site at 815 St.

Laurent Blvd. in 2020.

Valérie Fortier is a community developer at the Rideau-Rockcliffe Community Resource Centre. Contact the RRCRC at [crrc.org](http://crrc.org); 613-745-0073 and [info@crrc.org](mailto:info@crrc.org).

We are  
@newednews  
on



## What Ottawa's new payday loan rules mean for Vanier

By Michelle Nash Baker

New municipal regulations on Ottawa's payday loan establishments impose additional restrictions on operators looking to open in communities such as Vanier, but are unlikely to have an immediate impact on the number of existing shops across the city.

City officials say the new rules – which were passed by city council in late September – are aimed at limiting the growth of new payday loan establishments and reducing the “clustering” of these shops in areas such as the Montreal Road corridor.

Specifically, the regulations introduce minimum separation distances between shops by requiring new payday loan establishments to be at least one kilometre from each other. Additionally, no payday loan shop will be allowed to operate within 300 metres of a school or 500 metres of a



casino or racetrack.

Other changes regulate the type of premises that payday loan shops are allowed to operate from. Generally speaking, these businesses will be allowed to be located only in commercial buildings with non-residential uses.

In many cases, however, the new rules will only take effect as payday loan shops close down and are replaced by other types of businesses.

Existing establishments will be grandfathered and not subject to the new rules. Furthermore, if a shop closes down and is immediately replaced by another payday loan business, the new shop can operate under the old rules.

In the short term, all new and existing payday loan establishments will be required to obtain a municipal license.

There are currently 54 provincially licensed payday loan establishments in Ottawa, down from 59 shops in 2016. Rideau-Vanier is home to nine of these shops, including five on Montreal Road alone, according to the City.

The new citywide rules come on the heels of another council decision affecting payday loan shops in Vanier.

The Montreal Road Community Improvement Plan, adopted by council in May, specifically lists payday loan establishments – among other businesses – as being ineligible for grants to locate along the road.

This story originally ran in *Quartier Vanier's* October newsletter and is reprinted with permission.

TWO THOUSAND YEARS AGO,  
A CARPENTER TALKED ABOUT LOVE,  
EQUALITY, AND SOCIAL JUSTICE.

THEY CALLED IT FAKE NEWS BACK  
THEN TOO.

ST JOHN LUTHERAN CHURCH  
A CARING COMMUNITY  
FOR CHANGING TIMES

FAMILY-FRIENDLY SUNDAY SERVICE AT 10 AM  
270 CRICHTON STREET  
CALL PASTOR JOEL AT 613-749-6953  
FIND US AT [STJOHNLUTHERAN.CA](http://STJOHNLUTHERAN.CA)

Switch and Save  
vs. leading national brands



For Your HEALTH,  
WELLNESS and  
HYGIENE NEEDS

Pharmacist Approved

YOUR TRUSTED PHARMACY FOR OVER 40 YEARS

- Private Pharmacist consultation
- Weekly medication packaging at no extra cost
- Free Prescription delivery
- Easy Transfer of your prescriptions to our pharmacy
- Home Health Care Products
- Gifts and Cosmetics

613-749-4444

New Edinburgh  
Pharmacy  
Guardian

NEW HOURS  
Monday - Friday 8:30am-8:30pm  
Saturday 9:00am-5:00pm  
Sunday 10:00am-2:00pm  
5 Beechwood Ave.



# St. Bart's 'sensational' memorial window marks 100 years

By Anthony Kellett & Reverend David Clunie

On Nov. 10, St Bartholomew's Church celebrated the centenary of its memorial window. It was commissioned in May 1917 by the Duke of Connaught (son of Queen Victoria), who was distressed by the loss of 10 military members of his staff at Rideau Hall during the war. The Duke and his family worshipped regularly at the church when he was Governor General.

The Duke turned to the Dublin, Ireland-based An Tur Gloine stained glass studio, and the commission was given to Wilhelmina Geddes. She was 32 years old, and it was her first large window.

Geddes's work differed greatly from the Victorian sentimentality then common in Canadian stained glass, and she worried about how it would be received by Canadians: "I don't know much about them, except that they have a passion for telling the history of their lives at great length to strangers." She may have been right. This window was her last

Canadian commission.

On its way from Dublin to Ottawa in 1919, the Geddes window stopped in London, UK, where it created a "sensation" and was seen by every member of the British cabinet.

The composition of "The Welcoming of a Slain Warrior by Soldier Saints, Champions and Angels" is arranged into four distinct tiers, and the varying scales of the 100 or so figures reflect their importance in the work. The slain warrior, representing the 10 dead officers, is conducted into heaven by St. Raphael and St. Gabriel. Among the welcoming group are three Roman soldier-saints, and St. Edmund, Jeanne d'Arc, St. Louis and St. Michael. The knights of King Arthur form a background. The bottom of the window depicts mourners.

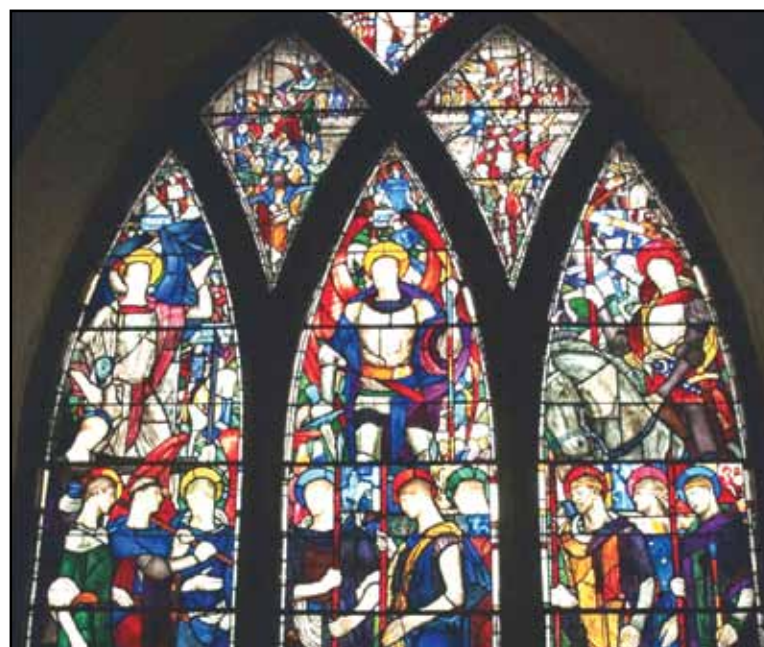
Geddes turned to the 13th century for inspiration, and combined religious, historical and literary themes. The human figure always dominates in Geddes's compositions, and the figures in the

memorial window are classically derived, close-shaven, serious and thoughtful. The east-facing window receives strong sunlight, and Geddes exploited this by using dark, vibrantly coloured glass, employing mediaeval French dying methods.

Geddes's work is deeply religious, but not particularly theological or liturgical. The only reference to the Crucifixion is tiny, but it is located right at the centre of the window. Rather, the window is a monument to valour in the face of adversity, offering hope in resurrection for soldiers who have made the ultimate sacrifice.

On Nov. 9, 1919, the Prince of Wales (Edward VIII) unveiled the window in company with the new Governor General, the Duke of Devonshire. There was an audible gasp from the congregation when it was revealed.

The Geddes East Window is internationally renowned. Indeed, stained glass enthusiasts refer to it as "the Ottawa window." A Toronto art historian urged that the win-



It has been 100 years since Wilhelmina Geddes's "The Welcoming of a Slain Warrior by Soldier Saints, Champions and Angels" was unveiled at St. Bartholomew's church on MacKay Street.

dow be "given its due...as a turning point in the history of stained glass in Canada." When Geddes died in 1955, *The Times* called her the greatest stained-glass artist of our time. And it was the St. Bartholomew's window that established her reputation.

Anthony Kellett is a long-

time parishioner at St Bart's. He has sponsored and championed the history of St. Bart's published for the church's 150th Anniversary in 2017. Rev. David Clunie was appointed the Rector of St. Bartholomew's in 2008. His love for the window has only deepened since he began.



40 Boteler Street Unit #1204



20 Noel Street



40 Boteler Street Unit #201

See more of Ottawa's premiere homes for sale at [ExceptionalProperties.ca](http://ExceptionalProperties.ca).

+1 613-422-8688 · [odeateam@evrealestate.com](mailto:odeateam@evrealestate.com)

113-1433 Wellington St. West · Ottawa · ON K1Y 2X4  
[exceptionalproperties.ca](http://exceptionalproperties.ca)



# Former NECA chair publishes book for non-profit sector

By Ian Parker

In his new book on how to run a successful non-profit agency, Tim Plumptre acknowledges the challenges these groups face and offers advice based on his experience in the sector, as well as his time chairing the New Edinburgh Community Alliance (NECA).

Tim is no stranger to the not-for-profits world, having served in many roles from senior government official to CEO to consultant over three decades. Nor is Tim a stranger to New Edinburgh: he has lived here for 30 years.

He was born in Washington, D.C., the son of diplomats. He moved to Canada when he was a year old, and attended Rockcliffe Park Public School, and later, Lisgar Collegiate. For his post-secondary education, Tim studied at the University of Toronto, the London School of Economics and Oxford University, where he received his Certificate in Management Studies.

Tim continues to be involved in the not-for-profit sector, having founded the Institute on Governance, a thinktank focused on better governance in the public sphere both in Canada and internationally.

His experience with the non-profit sector has given him valuable insight into how boards can employ a variety of strategies to be more successful. These strategies are outlined in his book.

The not-for-profit community in Canada now numbers between 170,000 and

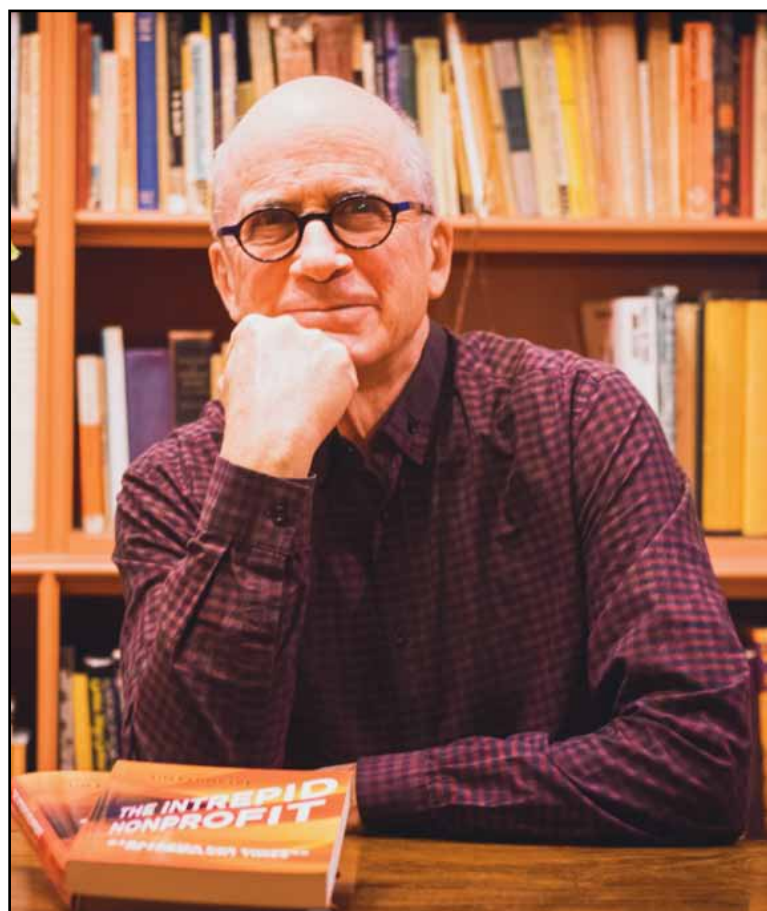


Photo by Alexander McKenzie

**Tim Plumptre has distilled his over 30 years' experience with the not-for-profit sector into a new book.**

180,000 organizations. Not surprisingly, it employs more than two million people and contributes a resounding seven per cent of Canada's gross national product.

As Tim points out in his book, despite these impressive figures, the not-for-profit community faces many challenges – if not obstacles.

“On the financial front, if you look at their sources of income, and there are five areas where they typically get money from, whether it is grants, or contracts, or whatever,” says Tim. “In the con-

tracting area, there is more competition from the private sector because the two areas tend to overlap. Then there is the digital age, diversity and all of the social pressures those entail.”

“Based on the research that I have done there are some basic things: One is being really clear on your direction, your mission and what you are trying to achieve,” he explains.

“Another is alignment, that your organization is well organized. Another is metrics—funders want to know

what you are doing and how you are doing it. And many board members don't know how to read financial statements. These are some of the things that boards can do.”

Tim has learned a number of lessons from his time as a member of NECA's board from 2012 to 2017, the final two years as Chair.

“At the time, there were three different community associations doing different things. One of the things I learned was the importance of trying to build constructive relationships so that we could speak with one voice. I learned that it can be difficult to represent the communities as a whole effectively,” says Tim.

A case in point was the Combined Sewage Storage Tunnel (CSST) issue which came up when Tim Plumptre was the Chair of NECA in 2016.

“We had no idea of the tunnel that was to be dug between LeBreton Flats and [Stanley] Park. We didn't know the planning for this was done in 1913—and that was long before my time on the Board! And we had no inkling of the what the impact on the community was going to be.

“I realized that they were going to take all of the rubble out from our park and not from LeBreton Flats. That was extremely difficult for the community, especially for the people living next to the park.”

One of the lessons Tim learned from that experience was that you can't always

trust the City: “One would always think that you would get the straight goods from the City,” he says.

He continues to work in the not-for-profit sector and his book underscores his commitment to strengthening the skills of the boards of these organizations and ultimately the effectiveness of the organizations themselves.

“I am hoping to be able to do more coaching, to being able to having an ongoing relationship with boards, such as providing advice to a board before or after a meeting, and advising that they need to look more deeply into an issue. That kind of coaching, which is ongoing, is a more satisfactory way of trying to strengthen a non-profit than just one-off sessions.”

*The Intrepid Nonprofit: Strategies for Success in Turbulent Times* is available at Books on Beechwood.

*Ian Parker is a retired CBC journalist. He has lived in New Edinburgh for 30 years where he and his wife are active volunteers.*



**Deadline**

for the next issue of the  
New Edinburgh News

**FEB 10**

[newednews@hotmail.com](mailto:newednews@hotmail.com)

## UrbanOttawa.com

*As I close out 2019, I reflect back on the now 40th year I have been a Realtor in Ottawa.*

*It's been a strong year again in the market and a real milestone for me.*

*I think what makes me love this crazy career the most are the people I've met and the friendships I've made during those years.*

*I wanted to take this opportunity to say thank you to all my friends, clients and community activist brothers and sisters for supporting me throughout the years.*

*I look forward to many more working in the neighbourhoods I love and live in.*

*Best wishes to all, for a happy, healthy new decade.*



Natalie's  
**URBANOTTAWA**  
the art of urban living

**RE/MAX** Hallmark Realty Group . Brokerage

**613.747.9914**

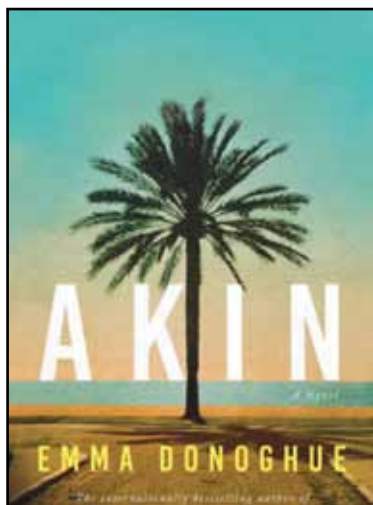
Broker | Courtier **Natalie Belovic**



# What should I read this winter?

The Books on Beechwood team offers their suggestions for this season's best new books

## Antoinette's picks



### *Akin* by Emma Donoghue

A tale of love, loss and family. Donoghue deftly shows us moments of tenderness and comedy from an unlikely pair

of relatives who become family on a trip to Nice, France.

### *Lampedusa* by Steven Price

This is a fictional account of Giuseppe Tomasi di Lampedusa, the author of *The Leopard*, one of the best-selling novels in Italian history. Richly textured and lyrical, it is a beautiful read.

### *Un-Canadian: Islamophobia in the True North* by Graeme Truelove

A very readable book, this is an analysis of the political, legal and social prejudices directed at Muslims in Canada.

### *To Speak for the Trees: My Life's Journey from Ancient Celtic Wisdom to a Healing Vision of the Forest* by Diana

## Beresford-Kroeger

This local botanist, biochemist and visionary shows how forests can not only heal us, but also save the planet.

## Bridget's picks



### *Small in the City* by Sydney Smith (Ages 3-6)

Smith brings us a truly special picture book which is more illustration than words and so evocative of the noisy, somewhat daunting, big city. It gradually becomes clear that a little boy is looking for his lost cat. All is resolved in this very subtle, gentle book.

### *The Dutch House* by Ann Patchett

Deserted by their mother, Danny and Maeve live with their rigid father on a lavish estate until they are exiled by a stepmother and her children. Inheritance, love and forgiveness – how we see ourselves and who we really are – are beautifully revealed by Patchett, a master of aging a disparate cast through generations. The constant throughout five decades is the Dutch house, which remains the beloved anchor in the siblings' lives.

ism, exclusion and personal tragedy on the way to becoming the first woman Chief Justice of the Supreme Court of Canada. She became a champion for Canadians from all walks of life and tells her remarkable story with warmth, wisdom and honesty.

### *Murdered Midas* by Charlotte Gray

Gray lends her masterful skills as social historian to the unsolved murder of goldmine millionaire Sir Harry Oakes in the Bahamas in 1943. As always, we get wonderfully intriguing and colourful depictions of the hardscrabble world of gold mining in Northern Ontario, the high life in Niagara Falls and Toronto, and the bumbling efforts to solve his murder. Even the Duke of Windsor, then Governor of the Bahamas, makes an appearance.

### *Ottawa Rewind: A Book of Curios and Mysteries* by Andrew King

Did you know about the nuclear reactor at Tunney's Pasture? The lost village of Long Island? The Nazi-Fighting Snowmobile? Or the witch of Plum Hollow? This delightful collection of little-known and fascinating ephemera about Ottawa and Eastern Ontario is just the book for you! Makes a great stocking-stuffer for all Ottawans.

### *Not Mentioned in Dispatches* by members of the Retired Heads of Mission Association (RHOMA)

This is the second installment of pithy and humorous short remembrances of overseas escapades and excerpts from the personal notebooks of former Canadian diplomats. The first – *Declassified* – was a Books on Beechwood bestseller.

### *Coconut Lagoon* by Joe Thottungal

The local award-winning chef and restaurateur gives us the secrets of his delicious South Indian spices and ingredients in a beautifully illustrated and accessible selection of recipes for all levels of home chefs.

## David's pick

### *Once Around Algonquin* by Kevin Callan

The author well known as The Happy Camper regales us with his adventures on Algonquin's Meanest Link, a 420km loop around Algonquin Park. Chock-full

**Caldwell and Associates Realty Limited, Brokerage**  
**Dionne Caldwell, Broker of Record**



**Rental: \$4,800**  
 - 4 Bedrooms  
 - 3 Bathrooms  
 - 2 Parking Spaces  
 97 Queen Victoria St  
 New Edinburgh  
 A wonderful neighbourhood that is New Ed, across from a heritage church & the GG's gardens which are open all year round. Close to excellent schools and all Ottawa offers.



**Rental: \$2,850**  
 - 3 Bedrooms  
 - 2 Bathrooms  
 - 1 Parking Space  
 56 Concord St  
 Old Ottawa East  
 Terrific Value! Renos just completed: new kitchen, new bathrooms, new windows, new plumbing. Vibrant location just steps to the Rideau Canal or walk to the Byward Market.



**Rental: \$2,500**  
 - 4 Bedrooms  
 - 3 Bathrooms  
 - Double Garage +  
 23 Vermeer Way  
 Kanata  
 Nestled in a family orientated urban neighbourhood, freshly painted, refinished floors, new carpets in recreation room, and landscaped. Close to excellent schools and recreation centre.

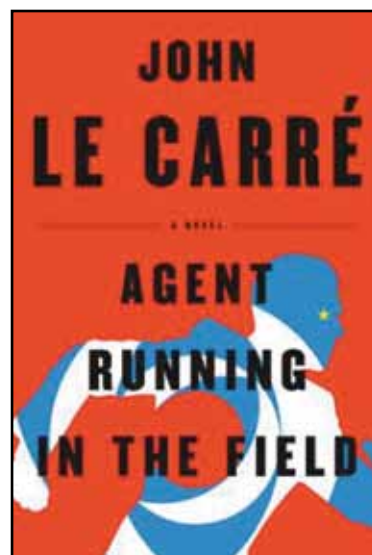


**Rental: \$2,223**  
 - 3 Bedrooms  
 - 2 Bathrooms  
 - 1 Parking Space  
 226 Bruyere St  
 Lower Town  
 Looking for a short term rental? 6-month rental available in Lower Town, walk to the Byward Market, Museums, Cultural Events. Located on a quiet cul-de-sac.



**Rental: \$2,350**  
 - 3 Bedrooms  
 - 2 Bathrooms  
 - 1253 Sq Ft Main Flr  
 676 Windermere Ave  
 McKellar/Laurentianview  
 Warm and inviting home in McKellar/Laurentianview with 1253 sq feet on the main flr and 1253 sq ft on the bright lower level. Walking distance to Nepean High, Broadview School and Westboro.

www.caldwell-realty.ca  
 Privately owned and Operated  
 9 Murray Street  
 Ottawa, ON K1N 9M5  
 Call Us: (613) 744-5525  
 dcaldwell@caldwell-realty.ca



### *Agent Running in the Field* by John Le Carré

The redoubtable and ever-sharp octogenarian is still satisfyingly on form with his most recent spy thriller. The setting is now, and our British agent who wishes to be retired is drawn back to deal with threats coming from Russia and Trump's America. This is a chilling, heartbreaking and darkly funny novel from the master of the genre.

### *The Body* by Bill Bryson

Bryson turns his quirky and always humorous mind to the subject of the human body. This is a surprisingly informative yet palatable and enjoyable exploration of everything corporeal, along with irresistible Brysonesque anecdotes, including many nuggets you might not have thought you wanted to know!

### *Truth Be Told* by Beverley McLachlin

McLachlin's extraordinary life took her through sex-

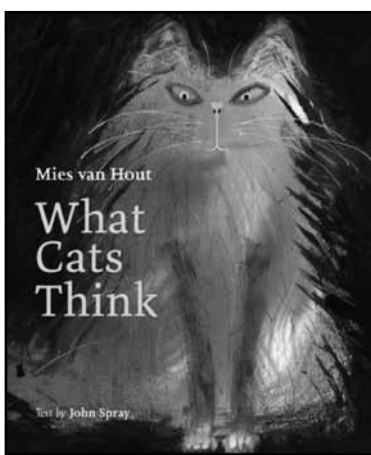


of stress, whisky stories, hilarity, shenanigans and life lessons, this short and sweet book is perfectly sized to take with you on a canoe or camping trip.

#### Hilary's picks

***The Crayons' Christmas* by Drew Daywalt** (Ages 3–7)

Celebrate the festive season with Duncan and his colourful collection of crayons as they prepare for Christmas. Complete with a pop-up tree, lift-the-flap letters and the humour that we've come to expect from Daywalt, this picture book would make an adorable addition to your collection!



***What Cats Think* by John Spray and Mies van Hout** (Ages 6–10)

More art book than picture book, this is an amusing, beautifully illustrated story about what our cats are actually thinking. Do you know what your precious feline plans to do after you've gone to sleep? Read this book to find out!

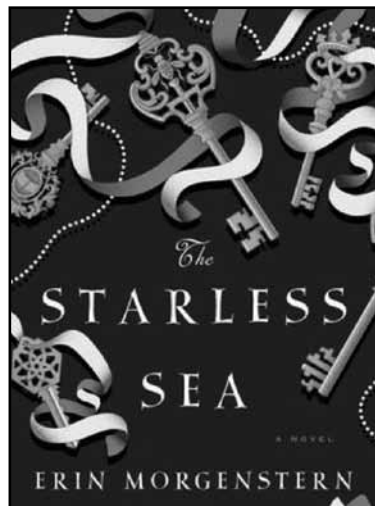
***Momentous Events in the Life of a Cactus* by Dusti Bowling** (Ages 8–12)

Dusti Bowling is, hands down, one of my favourite authors. Her books are funny, sweet, charming, and they always touch my heart. This sequel to *Insignificant Events in the Life of a Cactus* brings us back into Aven Green's life just as she's heading off to high school for the very first time. The situations she finds herself in will make you laugh out loud and definitely shed a tear or two.

***Pickles vs the Zombies* by Angela Misri** (Ages 8–12)

If I were ever caught in the middle of a zombie apocalypse, Pickles is definitely the cat I'd want on my side. Determined to reconnect with her human, Connor, Pickles joins forces with her cat friends and one streetwise

raccoon to face down this strange threat to her comfy housecat life. The zombies themselves might be the least of Pickles' worries though, as she and her companions get more than they bargained for on their quest.



***The Starless Sea* by Erin Morgenstern**

Zachary Ezra Rawlins thinks he's simply come across an old, misfiled book when he first discovers the authorless volume of *Sweet Sorrows* in his school library. But it's reading an unexpected chapter about his own life within its pages that truly tips his world upside down and sets him on a unique, magical adventure that will change him forever. Lyrical and beautifully written, this magical novel is the perfect read for a snowy winter day.

***Daughter of Family G* by Ami McKay**

With the same beautiful flow as her novels, this memoir is a fascinating, touching, heart-felt exploration of one family's experience with a hereditary cancer gene that has brought many lives to an early end. Based on an award-winning radio documentary of the same name that McKay wrote and produced in 2001, Amy delivers a candid story about learning to live with the hand you're dealt.

***Saltwater Classics from the Island of Newfoundland* by Shirley A. Scott and Christine LeGrow**

Hot on the heels of last year's *Saltwater Mittens*, this knitting book is full of yet more wonderful patterns, cultural tidbits and beautiful photographs from Newfoundland. Featuring patterns for hats, mitts, socks and slippers, this book has a little something for everyone!

***Essential Ottolenghi* by Yotam Ottolenghi**

There's no denying that Ottolenghi's Middle Eastern-inspired, vegetable-focused cooking style has taken the world by storm. Now you can experience his amazing recipes for yourself in this wonderful boxed set of two of his cookbooks: *Plenty More* and *Ottolenghi Simple*. Available here in paperback for the first time, this would make a perfect Christmas gift for the foodie in your life.

***Fluevog: 50 Years of Unique Soles for Unique Souls* by John Fluevog**

John Fluevog has been creating beautiful, unforgettable footwear from his home-base in British Columbia for five decades now. Some of you might have even noticed a few of his designs wandering around our very own store. Full of sketches, photographs and a detailed history of the Fluevog name as well as the man himself, this coffee table book is a shoe-lover's dream.

***Build Your Own Christmas Movie Romance* by Rian Konc**

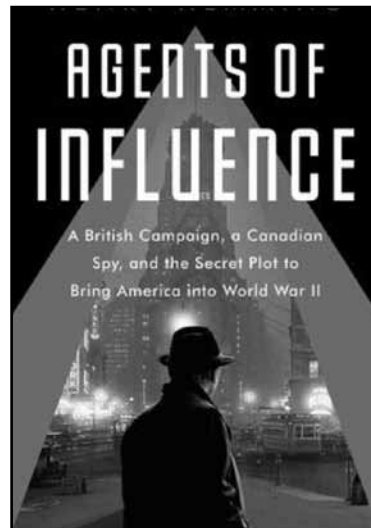
Finally! A *Choose Your Own Adventure* book, Hallmark Christmas Movie style! Hilarious, silly, satisfying and fun, this book allows readers to pick their own plot and create the holiday love story of their dreams.

#### Jill's picks

***The Other Side of the Coin* by Angela Kelly**

Anglophiles and those who have read **Jennifer Robson's** *The Gown*, will enjoy reading this biography of Queen Elizabeth II, written with Her Majesty's full endorsement.

The back stories written by her trusted confidante and dresser Angela Kelly about styling the Queen and selecting just the right piece of jewellery for every occasion are both informative and engrossing.



***Agents of Influence: A British Campaign, a Canadian Spy, and the Secret Plot to Bring America into World War II* by Henry Hemming**

Canadian-born William Stephenson was chosen to convince the American public to enter the war and to do so by whatever means necessary. His main opponent was Charles Lindbergh, who believed in America First. The winner would take it all....

***Olive, Again* by Elizabeth Strout**

Strout won the Pulitzer Prize for her novel *Olive Kitteridge*, and in this novel, she brings Olive and the inhabitants of Crosby, Maine, back into focus. Strong-willed and very determined, Olive is definitely a force to be reckoned with – but so are the characters of

this small town.

***Christmas at Highclere* by Fiona Carnarvon, Countess of Carnarvon**

Just in time for Christmas, this beautifully illustrated cookbook offers the recipes and traditions from the real Downton Abbey. From planning and preparation in October to Epiphany and after, the reader will delight in the descriptions and the details of the rituals and events that take place at Highclere every year.

***Talking to Strangers* by Malcolm Gladwell**

If we talk to strangers, will we live in a better world? Gladwell explores the premise that because we do not know how to talk to strangers, we are encouraging "conflict and misunderstanding in ways that have a profound effect on our lives." Is it possible that he could be right? Is it as easy a fix as just knowing how to communicate with strangers?

**Books on Beechwood Christmas Specials**

From Dec. 1–24, we'll be counting down the days to Christmas with one in-store promo per day. From single book specials, to gift discounts, to bonus frequent buyer points, there will be a special treat awaiting customers in-store each day, leading up to Christmas Eve. The list of Christmas specials will be published online and in our monthly newsletter. To sign up for our newsletter, visit **booksonbeechwood.ca** or contact us in store.

See Page 31 for Book Events.



## FERN HILL SCHOOL

NURTURING CONFIDENCE - BUILDING A FOUNDATION FOR EXCELLENCE

Preschool \* Kindergarten \* Elementary Grades

Independent, non-profit, co-ed school  
Extended French & Gym programs  
Enriched curriculum

**Preschool to Grade 8**

Call to book a school tour.



**613-746-0255**

principal@fernhillottawa.com

www.fernhillottawa.com

**50 Vaughan Street**  
**Ottawa, ON K1M 1X1**

*Established in 1981*



# Beechwood Cemetery hosts new winter artisan market

By NEN Staff

The Beechwood Cemetery and the Vanier Community Association have partnered to organize their first-ever Winter Beechwood Artisan Market for the Holidays. The event will take place held Dec. 8 from 12–4 p.m. in the main pavilion at the Beechwood Cemetery.

The Beechwood Artisan Market is a new collaboration between the Beechwood Cemetery and the Vanier Community Association, which was looking for a place to organize a Christmas market.

“When we talked to Nicolas McCarthy from the Beechwood Cemetery, he was right away interested in host-

ing and organizing an artisan market with us” says Lauren Touchant, Chair of the Vanier Community Association.

“There are many residents who own a side business or a small business. They create artisan products that they sell in local markets or to relatives and friends. They often do not have a free opportunity to showcase and sell their creations. Our goal is to promote these local artists and foster home-grown entrepreneurship in our community,” she explains.

The first event was organized on Oct. 20 under the name Beechwood Artisan Market, featuring 16 vendors and welcoming more than 200 visitors. This time, the Vanier



Photo by Louise Imbeault

The entrance to the Beechwood Cemetery on a winter's night. An artisan winter market will take place in the main pavilion on Dec. 8.

Community Association and the Beechwood Cemetery are organizing the holiday edition, and they hope that they will welcome more visitors.

“We encourage residents to come and support about 20 local entrepreneurs who offer different homemade products and crafts such as cosmetics, knitted hats for children,

paintings from a local painter, woodwork, jewellery, photography and so on,” says Lauren.

The market will take place indoors in the big community room located in the main pavilion of the Beechwood Cemetery on Dec. 8. Parking and entry are both free of charge, though donations of

non-perishable food items for Partage Vanier are encouraged.

“They won’t be disappointed; they will discover talented individuals and amazing products they will be able to offer to family and friends for Christmas.”

Learn more at [beechwoodottawa.ca](http://beechwoodottawa.ca).

## FRIENDLY HANDYMAN SERVICES



Specializing in Customer Service & Satisfaction!

Painting | Renovations | Repairs | Roofing

613-710-0046 info@friendlyhandyman.ca

**RhodesBarker™**  
LUXURY REAL ESTATE

**TOP 10** Teams in Canada  
for Coldwell Banker

**Christopher Barker**  
BROKER  
613-612-9555  
cb@RhodesBarker.com

**Tony Rhodes**  
SALES REPRESENTATIVE  
613-276-6061  
Tony@RhodesBarker.com

**COLDWELL BANKER** **RHODES**  
& COMPANY BROKERAGE

613-236-9551

[www.RhodesBarker.com](http://www.RhodesBarker.com)

*May the Joy of the Holidays  
be with you in  
the New Year*

**For Sale • Rockcliffe Park**  
**\$1,849,000**

<p><b>SOLD</b></p> <p><b>For Sale • Lindenlea</b> <b>\$839,000</b></p>	<p><b>SOLD</b></p> <p><b>For Sale • Rockcliffe Park</b> <b>\$1,329,000</b></p>	<p><b>SOLD</b></p> <p><b>For Sale • Rockcliffe Park</b> <b>\$1,595,000</b></p>	<p><b>For Sale • Glebe/Canal</b> <b>\$2,599,000</b></p>
<p><b>SOLD</b></p> <p><b>For Sale • Island Park</b> <b>\$1,199,000</b></p>	<p><b>SOLD</b></p> <p><b>For Sale • Ottawa River Parkway</b> <b>\$1,399,000</b></p>	<p><b>SOLD</b></p> <p><b>For Sale • Rockcliffe Park</b> <b>\$1,995,000</b></p>	<p><b>SOLD</b></p> <p><b>For Sale • Lindenlea</b> <b>\$1,249,000</b></p>



# Duo of singers to perform a musical journey of love songs

By Carolyn Bowker

In the next concert in the acclaimed MacKay United Church Concert Series, on Jan. 26, 2020, mezzo-sopranos Pauline Van der Roest and Carole Portelance will team up with pianist Frédéric Lacroix in *Lieder Reise*, a programme of music by Beethoven, Schubert, Wagner and Mahler. These talented and accomplished singers, who have collaborated several times in recitals and performances, will take us on a musical journey through some of the deepest and most moving song cycles ever written.

Beethoven's *An die ferne Geliebte* (To the distant beloved), which Carole will perform, is considered to be the very first song cycle in what became a long tradition of setting romantic poetry to music. Schubert is, of course, in a class by himself – his 600 songs always have beautiful poetic depth embodied in the music. The songs Pauline will be presenting tell about passionate love and are true musical “paintings.”

Carole has always been moved by the beauty and depth of emotion of the songs



Mezzo-sopranos Pauline Van der Roest (left) and Carole Portelance (right) will join pianist Frédéric Lacroix in *Lieder Reise*, featuring beautiful song cycles.



in Wagner's *Wesendonck Lieder* cycle. Wagner set five poems by Mathilde Wesendonck while he was working on his opera *Tristan und Isolde*, and the melodies of two of the songs in this cycle were subsequently used in that opera.

Finally, Pauline has always had on her “one day” list Mahler's *Rückert Lieder*, an inspiring series of songs based on poems written by Friedrich Rückert which has all the deep inspiration, lush beauty and haunting emotion we associate with Mahler.

Carole Portelance (mezzo-soprano) is a versatile and busy performer in recital, in concert and on stage. She has been a soloist in a recent performance of Mozart's *Requiem*, and in Duruflé's *Requiem*, Dvořák's *Stabat Mater*, Vivaldi's *Gloria*, Haydn's *Harmoniemesse*, and Handel's *Messiah* with local orchestras and choirs. Onstage she has performed roles as varied as Eustazio in Handel's *Rinaldo*, Baba in Menotti's *The Medium*, Mistress of the Novices in Puccini's *Suor Angelica*,

the Sorceress in Purcell's *Dido and Aeneas*, Tolomeo in Handel's *Giulio Cesare*, and Third Lady in Mozart's *Die Zauberflöte*, many of these with the South Ottawa Performing Arts Collaboration (SOPAC).

Pauline van der Roest (mezzo-soprano) discovered singing while taking piano lessons with Diane Schmolka and continued training as a soprano with renowned opera singer Maria Knapik. With a scholarship awarded by the Agnes Faris Foundation, she studied with Carmela Altamura in New York, and in 2015 she also started working with voice pedagogue Jean Desmarais and Gary Dahl in Ottawa. She has performed in numerous concerts, initially as a chorister in Montreal's Notre Dame Cathedral and in New York City's Carnegie Hall, and for a number of years as an invited soloist in Canada, U.S., and her native Netherlands.

Pauline has also organized more than a dozen recitals with a range of national instrumental and voice artists, including a Remembrance Day concert at MacKay United Church in 2017. She and Carole met in 2017

when they appeared together in Puccini's opera *Suor Angelica* (she sang the role of the abbess) and she has sung a number of others roles with SOPAC. This past September she was the invited guest soloist at the “75-year Liberation concert,” with orchestra, in her hometown in the southern Netherlands.

Frédéric Lacroix is well known to audiences as a highly skilled collaborative musician, a sensitive interpreter of all musical genres, and an exceptional performer in his own right. After studies at the universities of Ottawa and Montréal, he recently obtained his doctorate from Cornell University. He teaches at the University of Ottawa and often performs at the National Arts Centre, as well as throughout Canada and the United States and around the world. MacKay is pleased to have him once again in its concert series.

This concert will take place Jan. 26, 2020 at 7:30 p.m. at MacKay United Church, corner of MacKay Street at Dufferin Road. Tickets are \$25, \$20 for seniors, \$15 for students, are available from Books on Beechwood, or at the door. Don't miss it!

## Another splendiferous RPPS Book Fair

By Adrienne Blair

Though the wind was howling and the sky was scowling, die-hard booklovers dutifully lined up at the doors of Queen Juliana Hall on the morning of Nov. 1, ready to fill bags and boxes with gently-used books, vinyl, puzzles, games and more. All weekend the Rockcliffe Park Public School Book Fair – with the *scrumdiddleyumptious* theme of “Roald Dahl” – bustled with new and repeat visitors. In the Café, hungry shoppers devoured delicious mac-and-cheese and veggie chili cooked up by local meal service Dinner By Six ([dinnerbysix.ca](http://dinnerbysix.ca)). Folks sipped **Bridgehead** coffee and snacked on baked goods from the kitchens of area embassies, RPPS families and generous neighbours.

We're proud to announce that Book Fair earned **gross proceeds of \$53,000** from sales and the Café. As always, funds raised go to the

RPPS Parent Council to hold such events as our Author and Illustrator Workshops and Grandparents' Reading Day; to upgrade technology and equipment; and to fund a field trip and transportation for every class. And the benefits go beyond RPPS. Book Fair proceeds also furnish no-strings grants for five area schools to support their literacy programming and other needful projects.

### We love our volunteers

We want, as always, to thank the wonderful volunteers that worked among the boxes, behind the scenes, at the cash registers and amid the shelves. We hope folks enjoy the camaraderie and satisfaction that comes from lending their time and support to this important event. Book Fair couldn't happen without them.

### Help us plan for next year

We're so grateful to our outgoing **Chair Christina Leadlay** for her years of ded-

ication to Book Fair! We're now actively seeking a new Chair for Book Fair 2020 – or even two or three people who'd like to work together to lead this essential fundraiser. We're always looking for new voices, skills and ideas. If you're new to the school or community – and even if you're not – please consider joining the Executive Committee or taking on a team role. Steely veterans will help you with advice, support and lots of documentation.

As we're fond of saying: “One sale – the book sale.” RPPS parents need not pester family and friends to buy this or sponsor that. They need only support this single, exciting, exhausting and rewarding event. Mark your calendars for Nov 6–8, 2020!

Learn more at the Book Fair at Rockcliffe Park Public School by visiting [rockcliffeparkbookfair.com](http://rockcliffeparkbookfair.com), emailing [info@rockcliffeparkpsbookfair.com](mailto:info@rockcliffeparkpsbookfair.com), on Twitter: @RPPSB and on Facebook: RPPSB Book Fair

com, on Twitter: @RPPSB and on Facebook: RPPSB Book Fair



**Rawlson King**  
Councillor / Conseiller  
Rideau-Rockcliffe

613-580-2483

[Rawlson.King@Ottawa.ca](mailto:Rawlson.King@Ottawa.ca)

[www.rideau-rockcliffe.ca](http://www.rideau-rockcliffe.ca)

# Two community music groups each welcome a new director

By Christina Leadlay

This past summer, both the New Edinburgh Choir and the Ukulele Jam each welcomed new music directors.

Joseph McDonald took over from Josh Zentner-Barrett to lead the choir, while Mary Moore replaced Jamie Anderson as the organizer of the Ukulele Jam.

Both musicians are excited about their new roles, and both amateur groups hold rehearsals in the NECTAR Centre, 255 MacKay St.

Joe tells the *New Edinburgh News*: “After performing and leading the hymns at the Unitarian Universalists Fellowship of Ottawa, I was approached by a member of the congregation with a pro-



Joe McDonald (left) is the New Edinburgh Choir's new music director, while Mary Moore is the new lead of the Ukulele Jam.



Photos courtesy Isobel Bisby

posal to lead a choir in New Edinburgh. The choir was looking for someone to take them new direction and I was very excited to take them up on the opportunity.”

Joe began playing the piano at age five, performing in Ontario's Prince Edward County as an accompanist in various churches and choral settings. He came to Ottawa to study piano performance with Canadian pianist David Jalbert at the University of Ottawa. Joe completed his degree in spring 2018 and has since become very active in the Ottawa music scene as both a teacher and performer.

A resident of nearby Overbrook, Joe is eager to share his knowledge and to encourage more musical growth and enjoyment in the community.

“There is much to like about the New Edinburgh Choir!” says Joe. “The choir has a very solid group of committed and ambitious singers; they all work hard to sing well and have fun, as in the

end the experience is undeniably all about the love of singing.”

The community will have a chance to experience Joe's energy and musical skill firsthand on Dec. 16 at 7:30 p.m. when the New Edinburgh Choir presents a Winter Choir Performance at MacKay United Church. Joe anticipates a set of enjoyable pieces featuring classic songs and melodies by popular artists, all with an undercurrent of peace and goodwill.

Meanwhile, Ottawa-native Mary brings to the Ukulele Jam a long history of amateur vocal performance in choral music, jazz, and a *cappella* music, both jazz and chamber music, and a similar range of experience in guitar and ukulele.

“I am involved in a few Ottawa groups still – chiefly jazz lessons at Alcorn Music Studios. I was President of JazzWorks for some time too, and was pretty involved in the jazz scene,” she tells *NEN*, explaining that she learned of the Ukulele Jam opportunity through social media.

The Ukulele Jam started in 2016 under the direction of Jamie Anderson, inspired by other popular jams like the Bytown Ukulele Group. The New Edinburgh jam is a cozy collective that explores a wide variety of music on a weekly basis.

Mary says the ukulele is an instrument that is relatively easy to learn: newcomers can pick it up and play right from the start. She is happy to share her experience in playing, performing and arranging with the NECTAR ukesters, and she travels in from Spencerville, Ont. to do so.

Mary shares a quotation from ukulele master Jake Shimabukuro: “There's something about the ukulele that just makes you smile. It makes you let your guard down. It brings out the child in all of us.”

The Ukulele Jam group plans to share those smiles with others this season, and looks forward to playing for seniors at a few local residences, in addition to the weekly jam sessions at NECTAR every Tuesday from 1:30–3:00 p.m.

NECTAR is also where the New Edinburgh Choir holds its rehearsal, and the group is in need of more male singers. Anyone who would like to sing with friends and neighbours is welcome to join on Mondays from 7:30–8:45 p.m. at 255 MacKay St. \$15 drop-in fee.

To learn more about either the Ukulele Jam or the New Edinburgh Choir, contact NECTAR manager Paul Tonkin at 613-745-2742 or [nectarcentregm@gmail.com](mailto:nectarcentregm@gmail.com).

**Count down the deals to Christmas with our Advent Calendar**

[staff@booksonbeechwood.ca](mailto:staff@booksonbeechwood.ca)  
613-742-5030 35 Beechwood Ave.

En cette période de réjouissances, nos pensées se tournent avec gratitude vers ceux et celles qui oeuvrent à améliorer le quotidien de chacun des membres de notre communauté.  
Meilleurs vœux de bonheur, paix et santé.  
LUCILLE COLLARD, Candidate dans Ottawa-Vanier pour le Parti libéral de l'Ontario

**JOYEUSES FÊTES!**  
**HAPPY HOLIDAYS!**

At this time of celebration, our thoughts turn to those who work to improve the lives of everyone in our community. Best wishes of happiness, peace and health.  
LUCILLE COLLARD, Ottawa-Vanier candidate for the Liberal Party of Ontario

Autorisé par l'agent officiel de la campagne pour Lucille Collard dans Ottawa-Vanier. Authorized by the official agent for Lucille Collard Campaign Ontario Liberal Party

**Dr. John Martins**  
**Dr. Patricia Prud'homme**

**Dentistry**

200 Beechwood Ave.  
Ottawa, Ontario K1L 8A9  
T (613) 742-8016 F (613) 742-6818  
E [mpdentistry@rogers.com](mailto:mpdentistry@rogers.com)



# Many welcomes and one farewell at Rockcliffe Park library



Long-time Spring Book Sale volunteers bid farewell to librarian Sonia Doyon. (From left) Tony Kellett, Claire Ouseley, Joan Kellett, Dilshad Macklem, Jane Dobell, Iola Price, Sonia Doyon, Marilyn Venner, Linda McDonald and Claire Schofield.

*Photo courtesy Carolyn Brereton*

## By Carolyn Brereton

The Rockcliffe Park Branch Library Open House held Oct. 5 was another great success, attended by more than 60 children and their families. Funded by proceeds from the Rockcliffe Park Spring Book Sale, the purpose of this family-oriented event is twofold: to say thank-you to the community for its support, and to welcome new families to the Ottawa Public Library and the branch.

Kudos to supervisor Sonia Doyon and her staff for their hard work in organizing this fun-filled event which featured live music by Monkey Rock Music. Kieran the guitarist was a huge hit, especially with the children who were singing and dancing in the book stacks! Librarian Suzanne White, assisted by volunteer Caroline Barker (granddaughter of long-time branch volunteer Barbara Barker), managed a craft table

where children could make door-hangings or a cardboard Bookmobile to take home. The amazing balloon sculptures created by world-class balloon twister Ian Quick wowed both children and adults alike.

Staff members Elizabeth Wood, Tim Delyea and area manager Philip Robert were all on hand not only to help with the fun, but also to manage the regular business of the library on a Saturday morning. Delicious sandwiches and healthy nibbles from Metro were much appreciated, as was the coffee, generously donated by Bridgehead's Beechwood location.

We are sorry to say goodbye to Sonia, who, after more than 13 years at the Rockcliffe Park branch, moved to the North Gloucester branch in November to take on the role of Public Service Supervisor. Sonia has done a tremendous job during her

time in Rockcliffe Park. Our

branch is now much busier than when she started, with a larger staff and greater circulation. The number of school visits has grown, and programming and outreach to the community have increased. Sonia's skill and dedication will be missed by everyone: by members of the public, by her colleagues and especially by the Spring Book Sale volunteers. The Sale itself put an extra load on Sonia (and her staff) year-round, and we have been extremely grateful for her good humour, support and expertise. We wish her all the best in her new position.

The Open House was but one of several community events held this fall funded by proceeds from the Rockcliffe Park Spring Book Sale; others included a popular Science Day held at the Manor Park

Community Centre last November. Coming up Dec. 10 at 6:15 p.m., visitors to the Rockcliffe Park branch can enjoy an evening of **Music in the Stacks**, with Celtic harpist Susan Toman.

Preparations for next year's Spring Book Sale – set for April 25–26, 2020 – are well underway, so keep those donations coming! If you are considering a pre-Christmas clear-out, now is the time to bring your gently used books in English and in French, CDs, DVDs and vinyl to the Library at 380 Springfield Rd. during opening hours. Or call for assistance at 613-580-2424 x 27623. Many thanks in advance for your contributions: every book counts! (But please, no encyclopedias, magazines or textbooks.)

**Straightforward · Caring · Dedicated**

**Janny, Jeff & Shan...**

The Power of Three... Working for You!™

proven performance in  
New Edinburgh  
since 1986



**JannyMills · JeffRosebrugh · ShanCappuccino**  
Sales Representative Sales Representative Sales Representative

**ROYAL LEPAGE**  
Performance Realty  
Brokerage, Independently Owned and Operated

**613.238.2801**

**jannyjeffandshan.com**

**Chris Ellis**



**Public School Trustee**  
**Rideau-Rockcliffe/Alta Vista**  
**Zone 6 Ottawa-Carleton District School Board**

613-818-7350 - Chris.Ellis@ocdsb.ca



# Sixties-style folk song café relocates to New Edinburgh

By Chrissy Steinbock

Allow me to introduce The Log Drive Café, a traditional concert series which has recently moved to New Edinburgh.

The Log Drive Café features local folksingers and musicians in a coffee-house setting that welcomes group singing among the audience.

It's kind of a cross between a 1960s-style folk café, community song circle and a drop-in choir. Even if you don't know any of the songs, others in the room likely do and the next thing you know, you'll be joining in on the choruses. Concerts are held on the last Friday of the month from September to May (with a couple exceptions).

Our first concert took place on Nov. 22 at NECTAR, featuring Paul Spafford singing early blues. Our next event is coming up Dec. 13.

To mark the festive season, the Log Drive Café has an annual tradition called the Holiday Song Share, an evening of carols and seasonal songs where everyone is welcome to lead the group in a



Photo courtesy Chrissy Steinbock

After many years in the Glebe, the Log Drive Café brings traditional folk music and group singing to the NECTAR Centre.

song, or to ask someone to lead. There will be lyric sheets for singalongs. Admission is a suggested donation of \$5 for the Parkdale Food Centre. As usual, there will also be coffee, tea and treats.

Now for some backstory. It was Maura Volante and Ranald Thurgood who founded the Log Drive Café in 2012, specifically as a space for traditional folksingers. Both serious folk enthusiasts, Maura has been singing traditional folk music since she discovered it in Vancouver coffeehouses and song circles in the 1960s, and Ranald has a PhD. in folklore from Memorial University. In Ottawa, their first singalong concert of traditional Canadian folk songs at Abbotsford House in the Glebe was a big success, so they started hosting regular events. Over the years, they have presented dozens of performers singing hundreds of songs. But after six seasons, they felt it was time to let it go.

That's when I offered to adopt the series. I'd had such a great experience singing in the audience and learning new songs at Log Drive shows that I thought it would be a shame to let it end there. At that point, I had started playing traditional songs in a band called Wychwood, and I also realized how much I had to learn from experienced folksingers. What better way

to learn than to invite them to play?

The Log Drive Café makes traditional music accessible and offers a space to experience community. Singing with others is a pretty powerful thing, but not everyone wants to join a choir. Going to song circles or kitchen parties can be intimidating if you don't know the songs or the people singing. However, anyone can come to the Log Drive, whether it is to listen, to sing, to meet people, or all of the above. I think you'll be surprised by what you find!

After years at Abbotsford House, the series moved to the Gallery at Ecclesiast in the Glebe for most of a season until news came that the building had been sold to developers. It was on Maura's mention of the NECTAR Centre that I went to check it out and found NECTAR's general manager Paul Tonkin very welcoming, and the gallery space impressively resonant.

It's the first time the Log Drive Café has changed neighborhoods, though it feels like a good move. Now, it's just a matter of spreading the word.

I hope to see you at NECTAR on a Friday night sometime soon. If you know anyone who sings traditional songs, please contact us: [logdrivecafe.wordpress.com](http://logdrivecafe.wordpress.com).



**WORKING  
TITLE**  
KITCHEN-CAFÉ BY: *all saints*

## CHRISTMAS GIFT BASKETS and GIFT CERTIFICATES

**CAFÉ + TAKE AWAY**  
8 am - 4 pm everyday

**DRINKS + SHARING PLATES**  
4 pm - 10 pm weekdays

**BRUNCH**  
10 am - 3 pm Sundays

Selection of locally-roasted coffees,  
ethically-sourced teas, from-scratch cooking,  
house-baked pastries, take-home meals,  
sharing plates, specialty coffees and cocktails

now open for

**DINNER**

Monday - Friday 4 - 10 PM



[allsaintsottawa.ca](http://allsaintsottawa.ca)  
613.230.3050

330 Laurier Avenue East, Ottawa



# OrKidstra celebrates the sounds of the season

By Rebecca Russell

Haven't heard of OrKidstra before? Get ready to be inspired!

"OrKidstra is fun. You make new friends, you get to play an instrument and sing: it's amazing!" says 12-year-old OrKidstra student, Precious.

With this kind of enthusiasm, it's hard not to get excited about OrKidstra's upcoming Holiday Concert on Dec. 11.

OrKidstra is a local charity that empowers children from underserved areas of Ottawa by teaching life skills – like respect, teamwork, and responsibility – through playing and singing music together. Now in its 13th season, thanks to support from the Ottawa community, more than 850 children (330 after-school and 520 in-school) are able to benefit from free group and individual music lessons led by professional teaching artists. The two OrKidstra after-school locations reach children and youth, ages 5–18, from more than 62 different cultural and

linguistic backgrounds.

OrKidstra expanded its after-school music programming to the under-served areas of Vanier North/South and Overbrook-McArthur in the fall of 2016. Thanks to the generous support of the community, OrKidstra has now secured a permanent home for this after-school programming at the Rideau Community Hub (the former Rideau High School). This expansion is giving new students like 12-year-old Precious the opportunity to build their potential through music.

"OrKidstra is a phenomenal organization, providing children who may not have the opportunity with free music lessons," says Councillor Rawlson King, Ward 13 Rideau-Rockcliffe. "Given the very acute need of youth in the Overbrook/Vanier area, I'm delighted that OrKidstra has an after-school programming location at the Rideau Community Hub. Now in their fourth year, I understand that the OrKidstra team is

serving up to 135 children, two times a week, at their Vanier Hub location alone." OrKidstra is proud to be a partner in community building in this part of our city.

Precious and all the OrKidstra students are hard at work practising for their Vanier Hub Holiday Concert happening at 6 p.m. on Dec. 11 at the new Rideau Community Hub, 815 St. Laurent Blvd. The free, family-friendly concert will feature a wonderful array of singalong holiday favourites, jazz and choral music that is sure to put you in the holiday spirit.

Jane Anido, the chair of OrKidstra, former managing director of CBC Ottawa and a New Edinburgh resident, is delighted with how OrKidstra's Vanier Hub is growing: "I invite you to come to the concert and see and hear for yourself the wonderful transformations that are happening in the lives of these beautiful children. The concert is free, but if you feel inspired by what you



Photo by Fangliang Xu

**Join the OrKidstra students for a free concert of singalong holiday favourites, jazz and choral music on Dec. 11 at the Rideau Community Hub.**

hear, we would love it if you could give what you can to support OrKidstra," she says.

Join the children of OrKidstra for their Vanier Hub Holiday Concert on Dec. 11 at 6 p.m. at the Rideau Community Hub,

815 St. Laurent Blvd. Tickets not required. They do welcome donations in support of OrKidstra's mission to empower kids and build community. Learn more by visiting [orkidstra.ca](http://orkidstra.ca) or call 613-233-0166.

share,  
laugh,  
**Let's** dream, **Together.**  
discover,  
connect,

**We live our best lives hand in hand.  
Let us lend you ours.**

Call us today at **613-416-7863** or find the perfect  
Chartwell Retirement Residence near you at **Chartwell.com**



Let's Live, Together.



# An a capella Christmas with two world premieres

By Katherine Marek

Now that there's a nip in the air and snow on the horizon, fewer people look at me strangely when they hear me singing Christmas carols as I walk around New Edinburgh. It's a relief to finally have the weather match the music that I'm practicing; I've been ding-donging merrily on high ever since the Stairwell Carollers started rehearsing our holiday repertoire in early September.

Pierre Massie has been leading our award-winning choir for an astounding 42 years, turning his intense energies towards coaxing out beautiful harmonies and precise performances. Every winter, the 30 singers of the Stairwell Carollers bring holiday cheer to the Ottawa area, singing both classics and new compositions, spreading peace and joy.

This year's repertoire is a particularly special treat, with compositions from four choir members! Director and tenor Pierre is himself an award-winning composer, and several of his Christmas carol arrangements are on the program, including "Il est né le divin enfant" and "The Huron



Photo by Holly Massie

(From left) Stairwell Carollers' David Rain, Lyndsay Bolden, Pierre Massie and Terry Brynaert will each have one of their pieces performed at the choir's Christmas concerts in December.

Carol." I am most delighted by his original piece, the bilingual "Stairwell Carol" – a delicate jewel of a song.

Tenor David Rain, whose pieces have been performed across Canada and in Europe, has contributed his version of "Es ist ein Ros entsprungen," in which the various voice parts twine around one another in intricate and overlapping patterns, unfolding like the song's namesake flower.

And we are presenting two world premieres this Christmas season! Bass Terry Brynaert's ambitious "Christmas Is..." brings

together Christmas carols past and present in a wild, rollicking sleigh-ride. And alto Lyndsay Bolden's wistful "Mary's Lullaby" paints a beautiful portrait of the sweetly aching love between mother and child.

As a singer in the Stairwell Carollers, it's been a tremendous honour and a uniquely joyful experience to be able to sing a song alongside its composer. I love seeing the songs evolve and develop, as our four composers listen to their songs and are inspired to make adjustments. And it's a pleasure to meet the compos-

er's eyes after a particularly beautiful stretch of music, to express my delight in real time.

I am so excited to finally share this beautiful holiday music with New Edinburgh residents. Please come ring in the season with us at the Stairwell Carollers Christmas concert, An a capella Christmas, on Dec. 18 at 7:30 p.m. in St. Columba Church, 24 Sandridge Rd. in Manor Park.

Tickets are \$20 at the door or \$15 in advance at Books on Beechwood, or online at stairwellcarollers.com.

And, if you're looking for that perfect Christmas gift, our CDs will be on sale, too.

You'll be giving twice, as concert and CD proceeds allow us to present donations to local charities and music scholarships to local high school students totaling more than \$140,000.

The Stairwell Carollers will also be performing on Dec. 6 at St. Joseph Church, 2757 St Joseph Blvd, Orléans at 8 p.m., Dec. 8 at St. Thomas Anglican Church, 1619 Stittsville Main St. at 2:30 p.m., and on Dec. 14 at Southminster United Church, 15 Aylmer Ave. in Old Ottawa South at 7:30 p.m.

*Katherine Marek, a Stairwell Carollers alto, enjoys singing carols on her walks through New Edinburgh.*

## Holiday Services

### St. Bartholomew's Anglican Church

125 MacKay St.  
stbartsottawa.ca  
613-745-7834

**Dec 8** – Second Sunday of Advent: 8:15 a.m. and 10:30 a.m. Holy Eucharist.

**Dec 15** – Third Sunday of Advent

8:15 a.m. Holy Eucharist.  
10:30 a.m. Holy Eucharist and Christmas Pageant. Mini-bazaar after both services.

**Dec 22** – Fourth Sunday of Advent

8:15 a.m. and 10:30 a.m. Holy Eucharist.  
4:30 p.m. Nine lessons and carols followed by a traditional Wassail in the parish hall.

### St. Luke's Lutheran Church

326 MacKay St.  
stlukeottawa.org  
613-749-1731

**Dec 4, 11 & 18** – 7 p.m. Advent Services.

**Dec 15** – 10:30 a.m. Children's Christmas Program.

**Dec 24** – 7:30 p.m. Christmas Eve Carol and Candlelight service.

**Dec 25** – 10:30 a.m. Christmas Day service.

### MacKay United Church

39 Dufferin Rd.  
mackayunitedchurch.org  
613-749-8727

**Dec 15** – 10:30 a.m. Sunday School Christmas pageant.

7 p.m. Christmas fundraising concert featuring Vyhovskyi Strings youth violinists.

**Dec 17** – 7 p.m. "Bittersweet of Christmas" service for those who find the holidays a difficult time. An evening to share in the "heart" work of the Christmas season.

**Dec 22** – 10:30 a.m. Christmas Communion service.

**Dec 24** – 4:30 p.m. Family Christmas Eve service with special music and Christmas carol singing.

### St. John's Lutheran Church

270 Crichton St.  
stjohnlutheran.ca  
613-749-6953

**Dec. 16** – 10 a.m. Christmas Pageant with Sunday School children and youth during our worship service, followed by our annual pot-luck lunch, Christmas Craft and treats, all in Ebinger Memorial Hall.

**Dec. 18** – 10:30 a.m. Worship at G. Armstrong Home, Pastor Joel Crouse presiding.

**Dec. 24** – 7:30 p.m. Christmas Eve Service of Lessons and Carols with Holy Communion.

**Dec. 25** – 10:30 a.m. Christmas Day worship service with residents, family and friends at the Garry J. Armstrong Long Term Care Home, 200 Island Lodge Rd. (off St. Patrick Street). Everyone welcome. There is no service at St. John's that morning.

**Beechwood Auto Service**

"Comprehensive car care for peace of mind"

**613.749.6773**

**www.beechwoodcanada.com**



# EVENTS CALENDAR

Send event listing details to [newednews@hotmail.com](mailto:newednews@hotmail.com) Visit our website at [newedinburgh.ca/events](http://newedinburgh.ca/events) for the most up-to-date listings.

## DECEMBER

**Dec 6 – Snowflake Breakfast** at the Centre Pauline-Charron, 164 Jeanne-Mance St. 7–10 a.m. \$20. [dejeunerflocons.ca](http://dejeunerflocons.ca) 613-744-2892 x 1059. The annual Snowflake Breakfast is an important fundraising event for Partage Vanier, one of the country's most-used food banks.

**Dec 6 – Fundraiser for Rideau-Rockcliffe Community Resource Centre** at St. Bartholomew's Church, 125 MacKay St. 5–7 p.m. \$100 via Eventbrite. com Info: [lktouchan@gmail.com](mailto:lktouchan@gmail.com). Come support the great work the Rideau Rockcliffe Community Resource Centre (crrc.org). Tickets include live music, complimentary Prosecco, food and refreshments, and a silent auction.

**Dec 7 – Beechwood Market Christmas Edition** at Chartwell New Edinburgh Square. 10 a.m.–3 p.m. [beechwoodmarket.ca](http://beechwoodmarket.ca) The Beechwood Market returns one last time this year with its annual Christmas Edition, featuring a selection of gifts, food and music. Santa will be in the house at 11 a.m.

**Dec. 7 - Book signing at Books on Beechwood**, 35 Beechwood Ave. 12-2 p.m. Andrew King will sign copies of his new book *Ottawa Rewind*. This will be Andrew's last signing before Christmas.

**Dec. 8 – Winter Marketplace** at the Beechwood National Memorial Centre, 280 Beechwood Ave. 12–4 p.m. [beechwoodottawa.ca](http://beechwoodottawa.ca). The Vanier Community Association and the Beechwood Cemetery Foundation host a Winter Marketplace. Shop locally-made and unique artisan goods from high quality vendors. Details, Page 24.

**Dec. 8 - Book launch at Books on Beechwood**, 35 Beechwood Ave. 1-3 p.m.: Well-known portrait artist Bernard Aime Poulin will on site to launch his new coffee table book, *Bernard Aime Poulin: A Portrait*

**Dec. 8 – RPRA's Children's Christmas Party** in the Rockcliffe Park Community Hall, 380 Springfield Rd. 2–4 p.m. Free. The Rockcliffe Park Residents' Association holds its annual Children's Christmas Party, featuring horse-drawn carriage rides, cookie decorating, holiday crafts, a visit from Santa Claus and more! Unwrapped gifts or monetary donations for the Rideau-Rockcliffe Community Resource Centre

are encouraged.

**Dec. 8 – Christmas Candlelight Service** at the Beechwood National Memorial Centre, 280 Beechwood Ave. 6 p.m. [beechwoodottawa.ca](http://beechwoodottawa.ca). A special way to remember loved ones. Featuring a candlelight memorial with carols and a tree-lighting ceremony. Bring an ornament for our outdoor tree in memory of a loved one. A non-perishable food item for the Food Bank encouraged. Dress warmly for this outdoor event. Hot beverages will be served.

**Dec. 9 – Crichton Community Council meeting** at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. Please join members of the Crichton Community Council at our regular meeting. We welcome everyone with time and energy to contribute to their community.

**Dec. 11 – OrKidstra Holiday Concert** at the Rideau Community Hub, 815 St. Laurent Blvd. 6 p.m. By donation. [orkidstra.ca](http://orkidstra.ca); 613-233-0166. OrKidstra presents its annual free, family-friendly concert featuring a wonderful array of singalong holiday favourites, jazz and choral music that is sure to put you in the holiday spirit. Details, page 29.

**Dec. 13 – Holiday Song Share** at NECTAR, 255 MacKay St. \$5 suggested donation. [logdrivecafe.wordpress.com](http://logdrivecafe.wordpress.com). To mark the festive season, the Log Drive Café hosts its Holiday Song Share, an evening of carols and seasonal songs where everyone is welcome to lead the group in a song. Lyric sheets and refreshments provided. Details, Page 28.

**Dec. 14 - Book signing** at Books on Beechwood, 35 Beechwood Ave. 12-2 p.m. Cultural journalist and former CBC reporter Sarah Jennings will be signing copies of her book *Art and Politics: The History of National Arts Centre*.

**Dec. 16 – New Edinburgh Choir** concert at MacKay United Church. 7:30 p.m. The New Edinburgh Choir, under the direction of Joe McDonald, presents a Winter Choir Performance featuring classic songs and melodies by popular artists, all with

## Classified Ads

**RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email [newednews@hotmail.com](mailto:newednews@hotmail.com).**

**Dog/Cat Walking And Sitting** Your house plants are also safe with me! Emergency and regular daily walking. Puppy Experience. References. Liba Bender: 613-746-4884.

**Educational consultant** will help you or your child. Tutor, project assistance, school liaison. 36 years' experience. References. Lorna Bernbaum, M.Ed. [1\\_bernbaum@icloud.com](mailto:1_bernbaum@icloud.com)

an undercurrent of peace and goodwill. Details, Page 27.

**Dec. 18 – Stairwell Carollers' Christmas concert** at St. Columba Church, 24 Sandridge Rd. 7:30 p.m. Tickets: \$20 at the door; \$15 in advance. [stairwellcarollers.com](http://stairwellcarollers.com). This year's Stairwell Carollers concert is An a capella Christmas, featuring compositions from four choir members. Details, Page 30.

## JANUARY

**Jan. 1 – New Year's Day Brunch** at the New Edinburgh Fieldhouse, 203 Stanley Ave. 10:30 a.m. – 1:30 p.m. The Crichton Community Council hosts its annual New Year's Day Brunch, featuring food, coffee, wagon rides and entertainment. Donations to cover the cost of food are gratefully accepted.

**Jan. 4–Feb. 2 – Photography Show** at Tea Tyme, 81 Beechwood Ave. 1–7 p.m. 613-741-8360. Calling all photographers (professionals, amateurs, once-in-a-lifetimers...). Let's have a sale or "just show" exhibition from Jan. 4 to Feb. 2. All are welcome!

**Jan. 13 – Crichton Community Council meeting** at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. Please join members of the Crichton Community Council at our regular meeting. We welcome everyone with time and energy to contribute to their community.

**Jan. 26 – MacKay United Church Concert** at MacKay United Church. Tickets: \$25, \$20 seniors, \$15 students. Mezzo-sopranos Pauline Van der Roest and Carole Portelance will team up with pianist Frédéric Lacroix in Lieder Reise, a programme

of music by Beethoven, Schubert, Wagner, and Mahler. Details, Page 25.

**Jan. 26 – Financial Planning for Every Age** at MacKay United Church, corner of MacKay at Dufferin. 2–4:30 p.m. Freewill donation. [MacKayBrainery@gmail.com](mailto:MacKayBrainery@gmail.com) 613-749-8727.

The MacKay Brainery hosts a forum on "Financial Planning for Every Age." Come and learn from expert financial advisor Karim Gwaduri from Edward Jones. A tax attorney will be present to answer your questions.

**Jan. 26: Book Club Mash Up** at the Rockcliffe Community Centre, 380 Springfield Rd. 2 p.m. Open to local book club members and book lovers alike, this Book Club Mash Up features local novelist **Missy Marston** will read from her book *Bad Ideas*.

## FEBRUARY

**Feb. 10 – Crichton Community Council meeting** at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. Please join members of the Crichton Community Council at our regular meeting. We welcome everyone with time and energy to contribute to their community.

Learn new tunes  
Improve your playing  
Everyone welcome!

The Nectar Ukulele Jam & Sing-along meets  
Tuesdays from 1:30 to 3:00  
led by Mary Moore

**\$5.00 drop in fee**  
Come on down and give it a try!  
255 MacKay St, Ottawa  
Phone: (613) 745-2742

**Welcome!**

nectar is community.



# Burgh Breezy Bits

DEADLINE: FEB 10  
newednews@hotmail.com

## Condolences



Photo by Lois Segal.

Deepest condolences to the family of **Cindy Sezlik** (above, right) who died Nov. 28 in Ottawa, just weeks after her 90 birthday. Born to Italian immigrants in Toronto, where she became Merrill Lynch's first female stock broker, loving the thrill of this type of work. Cindy moved to Ottawa at the age of 45 and into the real estate business (another adrenalin rush), which grew into a successful family business (Sezlik Realty) with her son **Charles Sezlik** (above, left) and his wife **Dominique Laframboise**. Cindy had the energy and pizzazz of a woman so connected and content in life. She will be so missed by all her family, friends and people who knew her.

Our sincere condolences to **Ross and Simon Fraser**, co-owners of Fraser Café, on the recent loss of their mother **Sandra Fraser** who died on Nov. 8 following a courageous struggle with Amyotrophic Lateral Sclerosis (ALS). She will be missed by friends and family in Canada, England and Germany. The Fraser family would be grateful for donations in her memory to the ALS Society of Canada or to Hospice Care Ottawa: The Maycourt Hospice.

Deepest sympathies to Queen Victoria resident **Elizabeth Jorgenson** and family on the loss of her mother **Elizabeth "Betty" Jorgenson** on Nov. 12, just two weeks shy

of her 89th birthday. Many friends attended her Nov. 16 celebration of life event at St. Andrew's Church.

Condolences to friends and family of **Pamela Holm**, who passed away on Sept. 23. Many of her Crichton Street apartment complex neighbours, fellow choir members and clients of her music therapy business were in attendance at a memorial service on Oct. 12. She will be sorely missed at The Edinburgh Retirement Residence, where she worked her music therapy magic.

## Welcome



Mini double mountain doodle **Linus** was 8 weeks old when joined his human siblings **Liv** and **Cade** this fall. He likes to sleep on his mom's head, ring the bell to go out, and mostly chew.

## Thank You

A note of thanks from **Erika v. C. Bruce** of Rideau Terrace: "I wish to express my heartfelt gratitude to several ladies (with dogs and prams) who immediately cared for me after my terrible fall in Stanley Park on Oct. 26. I will not forget your kindness: calling an ambulance, walking up to Minto Bridge to track it down and guide it to the spot I was lying, tending to my injuries, putting a jack-

et under my head, helping me turn over and eventually to stand up. Your compassion, soothing words and comforting gestures made all the difference. I broke the radial of my right elbow, required more than a dozen stitches in my lip and damaged my front teeth, but I am now well on my way to recovery, thanks to your help."

**NEN's** delivery team extends a big thank-you to **Isobel Bisby**, the **Young-Martin** and **VanderHorst-Kerr** families who have "retired" from their respective routes after years of faithful service. We welcome new volunteers **Sara Fair** and **Gavan Power** who have taken up those routes, so readers will continue to enjoy home delivery and free newspapers at several shops and businesses along Beechwood Avenue. We welcome more volunteers to help deliver on occasions when regular carriers are either travelling or otherwise unavailable. Contact **Karen Harrison**, Distribution Manager: karen.g.harrison@gmail.com.

## Miscellaneous

The **NECTAR Meditation Circle** invites you join our small group for an hour of mindful meditation every Wednesday at 255 Mackay St. from 1:15-2:15 p.m. Details: nectarcentregm@gmail.com or 613-745-2742.

**Kitchen Scrabble** at **NECTAR** begins Nov. 14 – the meetings will be bi-weekly from 2-4 p.m. unless there are those who want to play weekly. Attendance is casual. Come when you can! Details: nectarcentregm@gmail.com or 613-745-2742.



Photo by Gavin Murphy

The Rideau River and Minto Bridges this past autumn.

## Congratulations

More than 700 people came to St. Bartholomew Church's fall bazaar on Nov. 2. City Councillor **Rawlson King** opened the Bazaar at noon. The first hour was reserved for the elderly and those with mobility issues. The general public entered at 1 p.m. There was no let-up for the 150 volunteers who make this event happen. Special thanks to energetic organizers **Liz Heatherington** and **Linda Assad**. The bazaar raised \$16,000 which will go to the various charities the church supports.

Congratulations to **Susan and Bryan King** of St. Luke's Church on the birth of their first grandchild, **Maxwell Henry King** on Oct. 9, weighing a healthy 9lbs, 5oz. Baby and new parents **Aaron** and **Laura** are doing well.

Congratulations to **Greg Hill** of Noel Street on his planned retirement from the Canadian Conservation Institute at the end of the year. Best wishes for all the artistic adventures

ahead.

Burgh residents and proud grandparents **Wendy Baldwin** and **Ian Parker** announce the birth of their granddaughter **Isabelle June** on Aug. 8 in Hobart, Tasmania, Australia. Isabelle joins her parents **Philippa** and **Nicholas Parker** and big brother **Maxwell**.



Photo by Jenn Sheffield

Waiting backstage to go on in *The Savannah Sipping Society* are three escapees from a Medieval Faire (from left) **Venetia Lawless**, **Janet Uren** and **Lindsay Laviolette**. The play was recently produced at Elmwood by Janet Uren of the Linden House Theatre Company.



The first ever **Beechwood Night Market** at MacKay United Church on Nov. 15 was a massive success. Food, drink and music made for a great Friday night out for more than 400 residents (above, left). Among the vendors were Chef **Resa Solomon-St. Lewis** (centre) and her Bacchanalle team: **Adam Pazos**, **Keanu Cunningham** and **Katherine Harris**. MacKay United's minister **Peter Woods** led his jazz trio on sax, featuring **Tom Reynolds** (piano), **Valeriy Nehovora** (drums) and **JP Lapensee** (bass).



Photo by Scott Bourassa