

October 2019

NEW EDINBURGH NEWS

www.newedinburgh.ca



NEW EDINBURGH COMMUNITY ALLIANCE Annual General Meeting

Thursday, October 24 at 7 pm
St. Bartholomew's Church

Meet friends, ask questions, join us for refreshments.
All New Edinburgh residents welcome.



The New Edinburgh Halloween Howl

Costume Parade
Spooky Games
Creepy Crafts
Fun Prizes
& more...



October 26th
3:00 - 5:00 pm
New Edinburgh Park
Field House



NEN Delivery Volunteers Wanted

Do you have a couple of hours every few months to spare? We could use your help.

Contact **Karen Harrison** by phone at **613-746-5596**
or by email at karen.g.harrison@gmail.com



Photo by Alexander McKenzie

Splendidly costumed revellers enjoyed the Lumiere Festival in Stanley Park on Aug. 24.

High-end rental apartments coming to 280 Crichton Street

By David Lawrence

A long-vacant lot at 280–282 Crichton St. is now the epicentre of a four-storey construction project that will bring 36 new luxury apartments to the neighbourhood. Expected in August 2020, Crichton Luxury Suites will offer one- and two-bedroom apartments from 681 to 1,370 square feet, at monthly rental prices ranging from approximately \$2,200–\$4,100. The apartment building, designed by Hobin Architecture, will have a clean, modern look and includes floor-to-ceiling windows, hardwood floors, outdoor terraces and balconies, a fitness centre, and 33

underground parking spaces.

The project will eventually beautify the street and bring more customers to local businesses. But in the meantime, the construction has aggravated congestion in the area. Combined with the flow of trucks coming to and from the Combined Sewage Storage Tunnel (CSST) site, the project has made Crichton Street difficult to navigate. Access to neighbouring driveways has become more difficult and dangerous, leading to several near misses. Noise, pollution and dust have also been unpleasant for nearby residents.

Fortunately, there is good

communication between the community, the developers and the City. Kelly Beaton, a local resident concerned about development in New Edinburgh and the effects on her neighbours, organized two community-developer meetings on Jun. 20 and Sep. 9, giving affected residents the opportunity to voice their opinions and obtain information about the project as it progresses.

“I believe that it is critical to have open and respectful communications between a developer and the affected neighbours, ensuring that the citizens’ concerns are

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The rocky history of 24 Sussex becoming an official residence

By Hagit Hadaya

Louis Stephen St. Laurent (1882–1973) served as Canada’s twelfth Prime Minister from Nov. 15, 1948–Jun. 21, 1957. His kindly appearance earned him the nickname “Uncle Louis.” He had a soft, grandfatherly touch, but also a mind for facts.

When St. Laurent entered William Lyon Mackenzie

King’s wartime cabinet in December 1941, he had five grown children and his wife Jeanne refused to leave their Grande Allée home in Quebec City for more than a few days at a time to be in the capital. Like all of his political predecessors, Louis had to secure his own accommodations. He could not afford a second house in Ottawa and opted to rent rooms in The

Roxborough, the once-magnificent apartment building on Laurier Avenue facing Cartier Square. Mackenzie King also lived at The Roxborough from 1911–1923.

However, by the 1940s, the building that was once described as the “most complete and modern apartment house in the Dominion of Canada” had become some-

Continued on page 28

What's the New Edinburgh Community Alliance?

NECA is the umbrella organization for all residents and community organizations in our neighbourhood. Every resident of New Edinburgh is automatically a member of NECA.

Its mandate is to develop and foster a sense of community among the residents; to research, develop positions and make representations to various levels of government on matters affecting the community; and to coordinate activities between organizations.

NECA's committees include Traffic and Safety, Heritage and Development, Beechwood Development, Park Vision and Environment and Climate Change. It also publishes this newspaper.

The NECA board meets nine times a year, normally on the third Tuesday of each month at 7:30 p.m. (no meetings in July, August or December). Its annual general meeting takes place in October.

Meetings take place at the Fieldhouse, 203 Stanley Ave. and are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance at newedinburgh@outlook.com.

Our next meetings will take place **Tuesday, Nov. 19, 7:30 p.m.** and **Tuesday Dec. 17, 7:30 p.m.**

Any changes to this schedule will be posted on newedinburgh.ca.

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Learn more at
www.newedinburgh.ca

Outcomes from Park Vision activities to be presented at AGM



Cindy Parkanyi
NECA President

I don't know about you, but for me, summer seems to have gone by in a flash! The lazy days of summer are fast becoming the very busy days of fall: back to school, checking eavestroughs, sealing windows, clearing spiderwebs, and the list goes on. One good thing is that the mosquitos are on the wane. I hope that all of you have had a great summer and are ready to take on myriad fall activities...

Combined Sewage Storage Tunnel (CSST) to be roughly finished by December

Mucking operations will soon cease in our neighbourhood, but there is still work to be done to complete around the shafts and to prepare for the full reinstatement of the park. According to CSST project staff, Site 5c (at Queen Victoria and River Lane) will be dismantled and a rough finish completed by the Christmas holiday period, with a full wrap-up in the spring. The construction area around Site 5a (the main site in the park) will see some landscaping next spring with the full completion the following fall. We also have been assured by City staff that the ongoing operations associated with the completed CSST tunnel will be similar to levels prior to the CSST.

NECA board seeks new members

Are you interested in helping address issues in our great neighbourhood? Then please consider joining the board of the New Edinburgh Community Alliance (NECA).

NECA has been involved in such specific issues as planning Beechwood development, working to get Fieldhouse construction approved and started, and fighting construction of the Vanier Parkway extension.

Park Vision work continues

It was standing room only at the New Edinburgh Fieldhouse at the Jun. 8 Park Vision Forum. What was very clear from the turnout was that residents are concerned about what is coming once the CSST barriers come down and the park is returned to the community of park users. The input from this forum was provided to the CSST project staff, and in particular with respect to the planting materials for the reinstatement. The Park Vision working group is now in conversation with the National Capital Commission (NCC), who must approve any proposed changes to the original reinstatement plan.

On Sep. 28, the community was invited to participate in a park walk-through to examine the current state of the park and envision the potential for its restoration post-CSST and beyond. Since this edition of the *NEN* went to press prior to the event, we will provide an update on the outcomes of this public consultation and the ongoing discussions with the City and NCC at the NECA Annual General Meeting set for October 24.

Federal election events

NECA's Environment and Climate Change Committee has joined forces with the "100 Debates on the Environment"

cross-Canada initiative. On **Oct. 3, from 7-9 p.m.**, join other area residents at the Unitarian Church in Vanier (400 McArthur Ave.) to hear from federal candidates on this critical issue.

On **Oct. 8, from 7-9 p.m.**, there will also be an All-Candidates forum taking place at Rockcliffe Park Public School. This event is organized by the Community Collective of nearby community associations, including New Edinburgh, Rockcliffe Park, Manor Park, Lindenlea and Cardinal Glenn.

NECA Annual General Meeting on Oct. 24

October is shaping up to be a very busy month for the New Edinburgh Community Alliance. In addition to the events noted above, we will be holding our Annual General Meeting on **Oct. 24 from 7-9 p.m.** at St. Bartholomew's Church, 125 MacKay St. We encourage all residents to attend to discuss our priorities for the coming year. Also, if you are interested in joining the board or would like to know more about NECA, contact me at newedinburgh@outlook.com. If you are not yet receiving the monthly NECA updates by email and would like to be included on the list, please send me an email request.

CORRECTION: The cover image of the equestrian statue of Queen Elizabeth II on our June 2019 edition incorrectly identified the horse depicted as "Burmese." The horse's correct name is "Centennial" – the animal was a gift to the Queen from the Government of Canada in 1973.

staffing.

Nominations are open from now until the evening of the Annual General Meeting on Oct. 24 at 7 p.m. at St. Bartholomew's Church, 125 MacKay St. However, we encourage nominations in advance, please. If you are interested, please contact NECA president Cindy Parkanyi at cparkanyi@yahoo.ca.

NEN welcomes Joana and Alex; Delivery team needs your help



Christina Leadlay
Managing Editor

This is a beautiful and bitter-sweet time of year in Ottawa. Many love this city best in autumn, with the cooler days and fall colours making for ideal conditions. But the turning leaves and need for a jacket reminds us that the days are getting shorter and that our precious summer is waning.

But fall and winter have their own merits, including many of our favourite holidays (secular and sacred) and a welcome return to routine for many of us after a laissez-faire summer.

Part of my autumn routine is gearing up the *New Edinburgh News* for another five editions. October is our first issue back from the summer break, and traditionally it's one of our biggest. This edition is no exception, made all the more packed with a special centre pull-out of the candidates running in the federal election taking place Oct. 21 (I say "special edition" but it's nearing on a regular feature, what with the record number of elections and by-elections our neighbourhood

has experienced over the past few years).

I am also happy to introduce you to two new members of the *NEN* team.

Joana Chelo took over as our new Advertising Manager this summer. A resident of Crichton Street, Joana and her family have lived here for seven years. Originally from Portugal, Joana has experience with newspapers (she was involved in her university paper), and she has a variety of interests, including active transportation and sustainable food systems. Joana loves spreadsheets almost as much as she loves this community, so taking on the role of ad manager is a challenge she is looking forward to. Thank you, Joana, for joining our team and helping us support our local businesses!

Another new team member is our new Staff Photographer **Alexander McKenzie**, who grew up in Toronto. Alex and his wife **Samantha McAleese** have lived on Stanley Avenue for almost six years with their two cats and their dog **Penny**. We have been fea-

turing Alex's photos in our pages since early 2019 when I came across his shots of New Edinburgh on Twitter. A veteran of Ottawa's restaurant scene, Alex is keen to make photography his career and we look forward to working together on bringing you great visuals in this newspaper. Look for him out in the community, documenting our lovely neighbourhood and its residents at events, and also while on assignment for our flagship Burgh Business Briefs column.

Joana and Alex are just two of the neighbours who have answered my recent calls for new volunteers, and I am grateful for their time and talents. But *NEN* is still in need of help!

Our Distribution team is looking for new people to help deliver this newspaper five times a year. There are residential and commercial routes available throughout New Edinburgh and the businesses along the Beechwood-Hemlock corridor. The amount of effort is roughly three hours per edition. If you are interested in joining our delivery team, contact our Distribution Manager, **Karen Harrison**, at karen.g.harrison@gmail.com.

Enjoy our October edition! As always, we welcome your letters to the editor which you can send to newednews@hotmail.com.

NEW EDINBURGH NEWS

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The *New Edinburgh News* (*NEN*) was established as a non-profit community newspaper in 1976 and is published five times a year by the New Edinburgh Community Alliance (NECA) and supported by its advertisers. The *New Edinburgh News* is distributed free of charge by volunteers to residents of New Edinburgh as well as to area schools, libraries and local businesses. Views expressed in the *NEN* are those of contributors and do not necessarily reflect the views of the editorial staff, the publisher or the advertisers.

The *New Edinburgh News* is also made available online at the New Edinburgh community website:

www.newedinburgh.ca

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CSST project is almost over; speed limits to be lowered



Rawlson King
City Councillor, Ward 13

I know that the Combined Sewage Storage Tunnel (CSST) project has been a long and tiring journey for all the residents of New Edinburgh. As I write this, the tunnel boring machine has broken through at LeBreton Flats, which means that the light is now literally at the end of this tunnel. Residents should start to see an immediate decrease in the truck traffic, and the muck pit is now completely empty.

Trucks will still be seen – tracks and other things will have to be removed from the site and now construction has to occur for the outer chamber. Larger pieces of

machinery will not be dismantled until next year; however, I hope residents are reassured that this project is almost over. Into 2020, I know that the City has been working hard with the National Capital Commission to ensure the rehabilitation of Stanley Park with many more trees planted. If you haven't been involved in the discussions, I encourage you to get involved with the New Edinburgh Community Alliance (NECA) and make your voice heard.

I was also so happy to be out and about at the Garage Sale on Sep. 21, meeting people and talking about

their concerns. I would like to emphasise that where residents have specific things they would like to see happen, it is important that you write to my office at rideaurockcliffeward@ottawa.ca so that we can follow up with you and start research and response.

I know many of you were unhappy about some parking issues the day of the Garage Sale, which occurred the day before the Army Run, and my team and I are working with staff to determine what happened, work more closely with City staff and run organisers in the future to ensure it doesn't occur again.

We had our ward council, and we thank the residents who participated in our transportation survey for the traffic and transport-themed council. We heard from many of you about your concerns about Beechwood Avenue and want to reassure those who wrote to us that we're considering options and working with Councillor Mathieu Fleury's



Councillor Rawlson King had corn on the cob on offer during the BeechFest event on Sept. 7.
Photo by Alexander McKenzie

office as Beechwood is the ward boundary.

We are also going to introduce gateway signage throughout the ward by the end of this term of Council, so speed limits on streets off major arterials will all be lowered to 40 km per hour. Our ward councils call together the presidents of the community associations so that we can work together to tackle some of the issues that we're facing on a ward-wide scale.

This is all the more reason why I encourage residents to get in touch with NECA. I'm always available to hear your thoughts directly, too – you can sign up for my newsletter updates which tell you when my next pop-up office is (my first one was at Union Street Café) – I have them monthly throughout the ward.

Contact **Rawlson King** at rideaurockcliffeward@ottawa.ca; 613-580-2483 or visit rideau-rockcliffe.ca.



Handmade lanterns, beautiful costumes and spell-binding performances made for another magical Lumiere Festival on Aug. 24 in New Edinburgh Park, organized by the Rideau-Rockcliffe Community Resource Centre.
Photos by Alexander McKenzie

MackKay United's bell tower undergoing urgent repair

By Alan Bowker

Residents of New Edinburgh will have noticed the scaffolding, hoarding and busy workmen on the bell tower of MacKay United Church on the corner of MacKay at Dufferin.

This year, at the end of a long hard winter, parishioners observed that masonry had fallen out of the joints in some areas of the tower. John Cooke and Associates, the leading engineering firm in this field, made recommendations to attack this problem in stages. The most urgent work, on the north tower buttresses and the chimney and roof above it, is being done this year. This quick action will prevent damage to the structural integrity of the tower and avoid any possible risk to public safety. The remainder of the needed repairs will be addressed over a longer period.

The current work is being done by Solid Masonry. It should be complete before winter sets in. The City of Ottawa has provided a small emergency grant and the



Photo by Marc Seguin

Urgent masonry work is underway to the north tower buttresses, the chimney and roof above the bell tower at MacKay United Church on MacKay Street.

church will apply for further grants for subsequent stages of the project.

The bell tower is a landmark in New Edinburgh and a visible reminder that for 143 years, first as MacKay Presbyterian and since 1925 as MacKay United, this has been an inclusive church with an ongoing mission to seek spiritual understanding for people of faith. More than that, it is a centre for jazz, classical, choral and other extraordinary music, and a community resource where people of all ages can find a wide variety of programs, activities and events.



Deadline

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Welcome aboard Ottawa's Light Rail Transit System



Jim Watson
Mayor of Ottawa

The O-Train Confederation Line has opened to the public, marking a significant milestone in Ottawa's history with the completion of the largest infrastructure project since the Rideau Canal. It was North America's busiest light-rail line at opening and moved more than one million people in the first few days. Stage 1 LRT provides rapid and high-quality transit service from Tunney's Pasture Station in the west to Blair Station in the east, and improves congestion in the downtown core and the reliability of our transit system.

On Sep. 14, I had the privilege of being joined by my Council colleagues, provincial and federal government representatives, City staff and stakeholders for the official LRT opening ceremony and inaugural ride. This unforgettable event was the culmination of several years of hard work, as well as the

establishment of important partnerships with both the public and private sectors.

The dream of a fast and sustainable light rail transit system linking our community together began more than 20 years ago. Studies and discussions were succeeded by plans, designs and construction. I'd like to sincerely thank our provincial and federal partners who generously contributed to make this dream a reality.

Thanks to the collective will and effort of thousands of individuals, the Confederation Line is a reality, creating a backbone to support and guide future growth in Ottawa. Construction for Stage 2 LRT is already underway and planning for Stage 3 LRT to bring rail to Kanata-Stittsville and Barrhaven has started.

Stage 2 will extend rail farther east to Trim Road, west to Moodie Drive, southwest to



Photo courtesy Mayor's office

On Sep. 14, Ottawa Mayor Jim Watson (centre) joined his City Council colleagues, provincial and federal government representatives, City staff and stakeholders for the official LRT opening ceremony and inaugural ride.

Algonquin College, and south to Limebank Road, with a spur to the Ottawa Macdonald-Cartier International Airport. It will add 44 km of track and 24 new stations. With these extensions in place, the light-rail network will be fully integrated with cycling and pedestrian pathways to encourage sustainable transportation and links to Ottawa's major residential,

employment, commercial and cultural hubs. Once completed, approximately 77 per cent of Ottawa's population will live within five kilometres of LRT.

I invite all Ottawa residents to explore the O-Train Confederation Line 1 – our new, reliable, clean, quiet and comfortable 12.5 km LRT system with 13 beautiful and fully accessible stations.

Please join us in celebrating this significant milestone in our city's transportation history that is transforming Ottawa into a more connected and accessible city.

The future of transit in Ottawa is here. Welcome aboard!

More information is available at octranspo.com and jimwatsonottawa.ca.



Photos by Alexander McKenzie

The Quartier Vanier BIA hosted BeechFest (formerly known as East Feast) on Sep. 7. Beechwood Avenue from St. Charles to Marier was closed to traffic while over 3,000 neighbours enjoyed music and dance performances, live art (including painting by Dan Martlelock and Irene Tobis) and vendors (like Debbie Gervais of Sunflower Soaps).

New Edinburgh, Sandy Hill and Rockcliffe Park part of pilot project to improve development review process



By Gail McEachern, Heritage and Development Committee

A year ago we reported on the findings which emerged from several workshops involving representatives from seven heritage conservation districts (HCD) in Ottawa. The working sessions were facilitated by Julian Smith, distinguished heritage conservation architect. The participants expressed their ongoing dismay and frustration with the existing review process for dealing with proposals for property alterations or new development within the respective heritage conservation districts.

It was expected that once an HCD had been established, the City (via its heritage planning staff, the Built

Heritage Sub-Committee, and Planning Committee) would respect and support the principles and guidelines that form the underpinnings for each district's heritage con-

"City staff and committees of council do not seem to base their recommendations on the conservation of heritage ... Instead, the goal seems to be meeting the desires of the proponents through a process of compromise" – Julian Smith

servation plan. In addition, it was assumed that the community heritage representatives and the City heritage planners would engage in a collaborative working relationship with a shared goal: the protection and enhancement of the heritage districts.

The typical scenario looks quite different. The commu-

nity and the heritage planners sit on opposite sides of the table where, more often than not, the interaction becomes confrontational rather than collaborative. By the time a project proposal reaches the heritage conservation district's representatives, many of the details of the proposed project have been discussed and massaged. Agreements have been reached (between the proponent and City staff). Deals have been made.

The result is that the com-

of council do not seem to base their recommendations on the conservation of heritage attributes (as required by the Provincial Policy Statement, and set out in the Standards and Guidelines for the Conservation of Historic Places in Canada). Instead, the goal seems to be meeting the desires of the proponents through a process of compromise that repeatedly contradicts the community voice."

Dealing with this long-time systemic problem requires a

Project in three neighbourhoods: New Edinburgh, Sandy Hill, and Rockcliffe Park. The goals of the pilot project are:

- to ensure that the community is involved in the application process from the beginning, and given ample opportunity to provide feedback and comments to the applicant in advance of the submission of a formal heritage application

- to provide an opportunity for the City staff and community representatives to better collaborate in the implementation of HCD plans, and the management of heritage conservation districts

The Terms of Reference for the pilot project are still under review, but we welcome the intent and are cautiously optimistic that together, the City heritage staff and the community will be able to work constructively as a team to honour the spirit and directives of the City heritage district plans and the cultural heritage values unique to each district.



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Time:

Mondays, from 7:30pm-8:45pm

Location:

The Community Room, 255 Mackay Street, New Edinburgh

For more information contact Paul at nectarcentregm@gmail.com; or message at 613.745.2742; or arrive on September 16, 2019



OCDSB Trustee Ellis Zone Meeting The Schools We Want

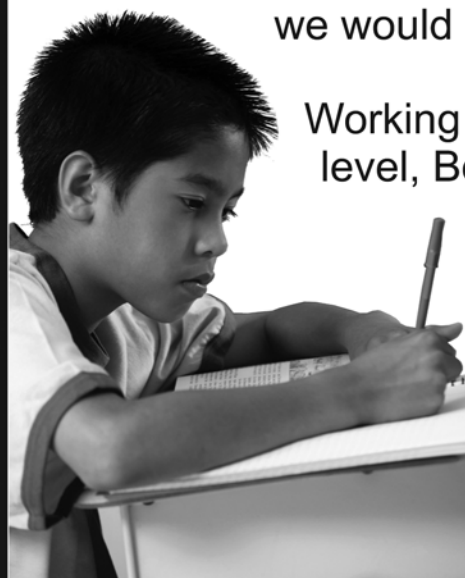
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School trustee to hold public meeting on Nov. 21



Chris Ellis
Public School Trustee, Zone 6

It's good news that increased enrolment and the use of budget reserves have enabled the Ottawa-Carleton District School Board (OCDSB) to minimize the negative impact of provincial government cuts to education for the current school year. The bad news, for next year and beyond, is that reserves have been depleted.

My first Zone meeting will focus on what we want our schools to be and how to advocate for them at different levels: School, School Board, Province and even City. The meeting, which is open to the public, will be held on **Nov. 21 at 7 p.m.** at the Rideau Community Hub (former Rideau HS), 815 St. Laurent Blvd.

School Level: The School Learning Plan (SLP) is a powerful tool for parents and

school councils to work with the principal and school staff to set school goals. The Zone meeting will be an opportunity to address how parents and the school council can engage in developing the SLP and then monitor the implementation and finally assessment of success. Having the SLP can then be leveraged by parents to advocate for the resources the principal may need to implement the SLP effectively.

School Board Level: There are times when parents/school council may need to advocate to Senior District Staff and/or the Board of Trustees. For example, I've heard from a number of parents concerned about kindergarten class sizes and, although this is set by the province, the district has in the past set lower caps. The Zone meeting will be an opportunity to talk about how to advocate.

Provincial Level: The current provincial government has made changes that will negatively affect public education. If provincial cuts are combined with a potential federal level tax credit for private schools, I fear that Charter Schools or Vouchers

may be introduced and seem attractive. In identifying what we want our schools to be, I would like to explore how those who would like to advocate at the provincial level can go about it.

Contract Negotiations

Negotiations always take time, so I do not expect there will be a lock out or strike action before the end of October. However, I do expect there will be disruption to schooling this year. Class sizes and ratio of adult to student ratios are likely to be a key issue. So far the Ontario Public School Board Association (OPSBA), which represents public district school boards (the employers) in negotiations, and Ontario School Trustees have not influenced the Province to rethink the increased class sizes announced last spring. I hope the folks representing all of School Board employees (the unions) will have more success.

Health and Sex Ed Curriculum

The latest Health and Sex Ed curriculum is for the most part the same as the one that was withdrawn last year. This is good news, but too bad that it took a lost year and wasted time and turmoil, not to mention the cost of consultation that the province is now refusing to share.

Contact public school board trustee Chris Ellis at Chris.Ellis@ocdsb.ca or 613-818-7350.

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Construction of new rentals could lead to positive change

Continued from page 1

heard and responded to," she said. The most recent meeting included Jennifer Davies from Primecorp Property Management; Jordan Bale, project manager from the construction firm, the Lauren Group; Counselor Rawlson King and his policy advisor, Susan Ong.

Affected residents generally accept that the construction project is a challenge for the neighbourhood in the short run but will lead to positive change in the community. One long-term resident said the new development could provide older members of the community with a good housing option. "It wouldn't be

a bad thing to take a rental option rather than a condo," he said. "You could sell your house and stay in the neighbourhood." Others noted that they appreciated the dialogue and felt that most of their concerns were being addressed.

The property replaces two buildings, 280 and 282 Crichton Street, both of



Designed by Hobin Architecture, 36 luxury rental apartments are currently being built at 280 Crichton St.



Photo by Alexander McKenzie

Neighbour Kelly Beaton has facilitated two meetings for the community to learn more about the project.

which lay outside the New Edinburgh Conservation District. Since 2000, several proposals for redeveloping the sites had been discussed. In 2004, a proposed five-storey apartment building was approved in spite of appeals to the Ontario Municipal Board, but the owner did not pursue the project and sold the properties in 2017. The current project is owned by 280 Crichton Corporation, a numbered company formed by a group of investors including Bernie Normand, president of B. J. Normand

Ltd., the Trinity Group and others.

Units are already being marketed on Primecorp's website, and several are already being held. Given the proximity to Stanley Park, Beechwood Avenue, the Rideau River, and downtown Ottawa, demand for high-end housing in the neighbourhood could be popular.

Anyone passing by the site should pay special attention to the poster of the future apartment building – featuring former Prime Minister Jean Chrétien riding a bike.

NECTAR remains an active hub for local arts community

By Ambreen Ihsanullah

As the future of the New Edinburgh Community and Arts Centre continues to evolve as per past communications on its status, Paul Tonkin, NECTAR's dedicated General Manager, says the building remains a humming, vital hub for the neighbourhood and beyond.

There is no doubt that NECTAR is an exceptional facility. It is an independent, locally supported and administered neighbourhood gathering place, offering a wide variety of weekly classes and a regular lineup of well-attended workshops and special events.

The nine upper-floor studio spaces are all either rented or subleased to a growing number of artists who also regularly display their collections in the NECTAR community room. The Ottawa Art Association also exhibits at NECTAR and holds special solo shows for artists.

An enthusiastic volunteer, Paul never tires of supporting



new offerings for the community, by the community and creating a buzz for NECTAR. Paul is a believer and a doer. He knows that a community of people, including individual entrepreneurs who are encouraged to share their talents and abilities, enable neighbourhoods to unite and thrive. Communities that play together, stay together!

Paul's latest brainchild is a No Borders Spiritual Symposium taking place at NECTAR on Nov. 23–24, 10 a.m.–10 p.m. both days. Through talks, demonstrations and workshops by expert practitioners, attendees can experience a variety of mental health, healing and spiritual development modalities and healthy lifestyle choices. Look out for a detailed schedule and information about offerings in the neighbourhood in October.

Paul also notes that

NECTAR is a proud sponsor of the World Multicultural Festival taking place in Lansdowne Park on Nov. 30, featuring live music and performances, fashion shows, a global food village, cultural displays, vendors and much more. Learn more at worldmulticulturalfestival.com.

Other weekly offerings at NECTAR include:

Mondays

4–6 p.m. Beading with Patsea
5:30–6:45 p.m. No Border Drum Circle
7:30–8:45 p.m. New Edinburgh Community Choir

Tuesdays

7–9 p.m. New Edinburgh Ukulele Jam

Wednesdays

5:30–7 p.m. ELDOA Pilates with Cate
7–9 p.m. Cherun Meru Dance Group (until Oct. 16)
7–9 p.m. Family Constellations and Personal Development Group with Ambreen (restarting Oct. 23)

Thursdays

6–8 p.m. Cherun Meru Dance Group
6:30–8:30 p.m. Arts Health Network Ottawa

Fridays starting in November:

Open Mic nights
Log Drive Café

Nov. 30–Dec. 1

The Family Constellations Weekend Workshop will take place at NECTAR from 10 a.m.–6p.m. Contact Ambreen at info@ambreen.ca and 613-

421-9277.

You can book NECTAR on weekdays for meetings or events and on weekends for private parties, dance rehearsals, artist vernissages and workshops. To learn more about what's taking place at NECTAR, contact Paul Tonkin at nectarcentregm@gmail.com.

New Edinburgh resident Ambreen Ihsanullah is an active supporter of NECTAR.

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BURGH BUSINESS BRIEFS

- Susan Groundwater, Jane Heintzman, Ambreen Ihsanullah & David Lawrence -



Photo by Alexander McKenzie

Jacobsons Gourmet Concepts will be moving to a new two-storey building at 103 Beechwood Ave. later this year.

Jacobsons to move up the street

In recent months, it's been an open secret that Jacobsons Gourmet Concepts is planning a move from its longtime headquarters at 137 Beechwood Ave. to a new two-storey, 3,000 square-foot building at 103 Beechwood Ave. (corner of Champlain Avenue). Hobin Architecture's building design plans had been reviewed and well received in consultations with the surrounding neighbourhood long before it became officially known that Jacobsons would be its future occupant.

The initial impetus for such a move resulted from a developer's application to construct a new, six-storey, mixed-use development encompassing the properties from 143 Putman Ave. to 137

Beechwood Ave. (Jacobsons' current location). The developer recently dropped that application, but by that time, the Jacobson family were well down the road of planning for their new facility.

Dominique Jacobson is encouraged by the rate of progress towards the project's completion and hopes to have more news on the opening date in the weeks ahead. She and the family are elated to be remaining on Beechwood: "We're incredibly grateful to the community that has supported us from the first day we opened our doors," she says and looks forward "to contributing to the wonderful streetscape of merchants that make Beechwood Avenue a dynamic and caring place to be."

Stay tuned for more news from Jacobsons! -JH

The spa within a spa

The next time you want to enjoy a little self-care close to home, consider booking a treatment at the new **Simple Aura Spa** on Crichton Street. The spa, which officially launched in July 2019, leases space from the long-established New Edinburgh Spa. Co-owner **Sherry Ronan** had been working as an esthetician at the New Edinburgh Spa for a little more than a year when the opportunity came to take over the lease on the esthetics side and establish her own business. She immediately asked her friend **Kristina Smith** to become her partner.

"I barely got the question out before Kristina said yes!" she recalls and Simple Aura Spa was born. The pair met while pursuing the innovative Spa and Wellness Operations Management Program at Algonquin College, becoming friends first and now successful business partners, too. Together, they offer a full range of services including nail and skincare, hair removal and body treatments. A few special offerings include lash lifts, which curl your eyelashes semi-permanently and back facials, for the often-neglected skin of the back.

The duo takes pride in focusing beyond simple beauty to better health, especially foot health, which Kristina notes is vitally important. As they build personal connections with each client, the women are able to consider the entire person and help them to heal emotionally and physically. "Even if it's a just a quick eyebrow shaping," she notes,



Photo by Megan Evans

Kristina Smith (left) has partnered with New Edinburgh Spa co-owner Sherry Ronan to create Simple Aura Spa.

"Everyone needs to take five minutes to calm their auras and we help them to achieve that."

Clients come from around the neighbourhood, of course, but the spa's reach is expanding across the city through the owners' connections from college and such related industries makeup artistry and modelling. For your appointment, text or call 613-602-1676 or 613-240-6406. -SG

Changes to Beechwood eatery scene

The restaurant business is not for the faint-hearted. Fierce competition, surging costs and rapidly changing culinary trends together create a challenging environment for restaurateurs. Unsurprisingly, many do not survive.

Over the past year, Beechwood Avenue has seen its share of restaurant departures, beginning with **Beechwood Gastropub** last fall and followed earlier this summer by **Sutherland Restaurant** (more details further in this column), **Burgers on Beechwood** and most

recently, **Arturo's**, which closed in late summer after moving from 96 Beechwood Ave. back to its original location on 49 Beechwood Ave.

By the standards of the restaurant world (where the average life span is about five years), Arturo's had been a long-running institution, first launched in June 2007 by **André Cloutier**. André still has vivid memories of "trying to get through lease negotiations, financing and construction, all the while writing and studying for final exams at business school." He was saddened by the restaurant's closure this summer, recalling that "the years I operated Arturo's were some of the most challenging yet rewarding years of my life ... I would love to have seen Arturo's live on."

While André has moved on from restaurateur to Director of Business Development for The Lake Partnership, he has retained ownership of 96 Beechwood Ave., the Victorian-era red brick house which has been home for



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Photo by Alexander McKenzie

96 Beechwood has been home to a number of eateries over the years, but is now empty.

more than three decades to a succession of restaurants. For more than 25 years, **José and Maria Alves** operated **El Meso**, a fine-dining establishment specializing in Iberian cuisine, which established a city-wide reputation for excellent food and gracious, old-world service.

André purchased the restaurant in 2012 when the couple retired, maintaining its character and traditions until 2015, when he reinvented it as **The Clarkstown Kitchen and Bar**, a more casual establishment geared to a younger demographic. For the past few years, after André closed The Clarkstown and hung up his spurs as a restaurateur, 96 Beechwood Ave. was home to an expanded **Arturo's**, operated by **Richard Primeau** and his partner **Laura Dunn**.

But their occupancy of the heritage house was short-lived. Earlier this year, Richard and Laura moved Arturo's back to its original, more modest location at 49 Beechwood Ave. and eventually closed up shop altogether late this summer. So ended both the long run of Arturo's and – for the moment at least – the three-decade history of 96 Beechwood as one of the community's anchor eateries. While the house was briefly the venue for pop-up appearances of **The Flatbread Pizza Company** on Thursday evenings this past summer, these ended with the arrival of cooler weather. The building remains unoccupied.

The future of 96 Beechwood Ave. is currently uncertain.

For many months, André has been in protracted negotiations to sell the house, and while he expects the transaction to be completed soon, he is not aware of any definite plans on the horizon. He notes, however, that "I will remain involved in the property's future." The story of 96 Beechwood is far from over. *-JH*

Sutherland shut, but ex-owner's still cooking

The community was saddened by the closing of the **Sutherland Restaurant, Bar and Coffee House** at 224 Beechwood Ave. this past May. The restaurant was a labour of love founded by **Warren Sutherland**, a talented chef who has enriched the food scene in Ottawa for more than 15 years.

"I'm not happy to see the restaurant closed," Warren told the *New Edinburgh News*. "It was gaining traction, but I started out underfinanced and couldn't recover from that."

From the beginning, Warren's restaurant was a family project. In 2013, his daughter **Cayenne**, then aged six, thought it would be a good idea to have a restaurant in the newly constructed Kavanaugh building on Beechwood. Sutherland got to work and three years later, on Nov. 7, 2016, Sutherland Restaurant, Bar and Coffee House opened its doors. It quickly established itself as one of the neighbourhood's most-loved eating establishments.

The restaurant offered what

Warren describes as "New American Cuisine" – North American food with strong Caribbean and classic French influences. It also included a bar where customers could hang out and have drinks and snacks. On weekends, he offered an outstanding brunch that attracted people from across Ottawa.

Warren loved being part of the neighbourhood. "I miss my customers a lot," he said. "I really do." But it also took a mental and physical toll and stymied his family life. "The restaurant consumed me," he explained. "I spent no time with my daughter, even though I built the restaurant for her." This year, he noted, he was able to spend Father's Day with her for the first time.

Customers flooded the restaurant's Facebook page with heartwarming comments upon hearing about its closure. One customer wrote: "Exceptionally sad to hear. Sure was an incredible place. The service and quality were second to none."

"So very SAD," wrote another. "I adored your restaurant; the food and staff were second to none! Thanks SO much for creating a wonderful place and all the BEST in all that you do."

Since the restaurant closed, Warren has been doing what he loves doing the most – cooking. "I'm a chef and I'll always be a chef," he said. Fortunately for Ottawa, he plans on sticking around for the foreseeable future. Those who miss his culinary magic can visit The Piggy Market, a fine food store in Westboro where he prepares meals four days a week. He also caters for private events – reach out to him at chef.warren.wms@gmail.com for more information. *-DL*

New chef and vibe at Jasper

Not long after the closure of the **Beechwood Gastropub** in summer 2018, **Jasper Restaurant** reopened the doors of 18 Beechwood Ave. in early November, following a swift interior makeover with fresh paint, new furniture and an eclectic profusion of fanciful chandeliers from a local antique store. This fall, Jasper will mark its first anniversary, heading into its second year (or "Chapter Two", as manager **Jeff Houlton** refers to it) with a full plate of changes in personnel, menu and overall



Photo by Alexander McKenzie

Chef Warren Sutherland, pictured at BeechFest on Sept. 7, says he misses his customers now that his namesake restaurant is closed.

atmosphere.

Jasper's founding executive chef and co-owner **Gabe Jasper Roberge**, a self-taught, culinary wunderkind at age of 20, swiftly made his mark on the Ottawa scene with imaginative cuisine featuring wilderness-inspired Nordic and Boreal touches such as wild moss in beef tartare, or decorative pine branches adorning plates of scallops. This Fall, Gabe is moving on to pursue a new

opportunity at Raymond's in the heart of downtown St. John's, Newfoundland, passing the torch to Jasper's new executive chef **Geoffrey Ring**.

Geoffrey has an impressive, pan-Canadian record of fine-dining assignments, starting on the West Coast where he did his culinary training. As a keen snowboarder, he began with a stint at the Bearfoot

Continued on page 12

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Photo by Ricardo Boreka

(from left) Jeff Houlton, Alex Carr, Geoffrey Ring and Linda Petras are the team running Jasper, now in its second year of business.

Bistro, a high-end eatery in Whistler, B.C., later moving on to the Four Seasons Hotel in Vancouver. Back in central Canada, he worked in the kitchens of Le Select Bistro in Toronto and more recently, Sur Lie Restaurant in Ottawa's ByWard Market.

Now installed at the helm of the Jasper kitchen after a transition period with Gabe, Geoffrey has already introduced a number of menu changes (visit jasperottawa.ca) and will debut more tasty new items as the fall unfolds. His overall emphasis will be

on flavourful, well-executed traditional fare made from scratch and with broad appeal across the spectrum of tastes from homespun to gourmet. There's also a revamped beverage list at Jasper, show-casing organic wines and well-crafted classic cocktails.

Jasper manager Jeff Houlton is enthusiastic about the prospects for year two. The focus will be creating a relaxed, family-friendly atmosphere where friends and neighbours can gather to enjoy great food, sociability and from time to time, the shared experience of an exciting game on the large flat-screen TV. Such was the case on Sep. 7 when a crowd gathered for the daily Happy Hour to savour oysters, cheese and charcuterie during the nail-biting U.S. Open final. No surprise if a few beers were spilled or plates dropped during that historic contest!

Jasper is open for dinner seven days a week, starting at 4 p.m. with Happy Hour from 4–6 p.m. Lunch is served on Wednesday, Thursday and Friday from 11:30 a.m.–2 p.m. and on the weekends, you can drop in for brunch from 10 a.m.–2 p.m. on Saturday and Sunday. For reservations, book online at jasper.ca or call 613-747-3456. —JH

Beechwood Market season ends this month

Maybe it's a sunny, summer Saturday, an overcast drizzly one, or a crisp fall morning. When you enter the green circle of Beechwood Market in Optimiste Park off Beechwood at Ste. Cecile St. you'll see neighbours enjoying breakfast and coffee, hear live music and peruse farm-fresh produce, crafts and treats of all kinds. The community table highlights a different local project each week and children enjoy a fun new activity.

Welcome to Beechwood Village, its marketplace and a taste of market manager **Chris Penton's** community vision come to life.

An entrepreneur, traveler and "hardcore adventure tourism guide," Chris is at heart a neighbourhood guy. He grew up in Manor Park in a family of public servants and teachers: his father **Hugh Penton** taught at Ashbury College for 40 years. While Chris' adventuring spirit took him on travels across Canada—from the Maritimes where he estab-



Photo by Alexander McKenzie

Beechwood Market manager Chris Penton.

lished his first business, to Vancouver—life as a single dad brought him back home to Ottawa 10 years ago to settle in the neighbourhood of his youth with his son **Devon**.

Six years ago, Chris established the Beechwood Market as a hub for surrounding neighbourhoods, including Rideau-Rockcliffe, New Edinburgh, Lindenlea, Manor Park, Beacon Hill and Blackburn Hamlet. Chris's idea of community is as open and expansive as his vision.

As a result, this 2019 season has seen the greatest growth in attendance with a solid weekly base of 200 visitors up to 350 most weeks. The addition of mini-markets at various neighbourhood locations and the Christmas Edition on Dec. 7 this year, the Beechwood Market is well established as the place to be in Beechwood Village on Saturdays.

Chris is dedicated to a powerful vision for community building: predominantly resident-driven and supportive of local small businesses with basic amenities readily available. In such a thriving close-knit community, people need a gathering place to relax, hang out and enjoy and company of family, friends and neighbours. "Residents need to know it's going to be there: rain or shine, consistent and reliable."

The Saturday markets will continue in Optimiste Park until Oct. 26. The Tuesday mini-markets at the Rideau

Sports Centre (1 Donald St.) will wrap up on Oct. 8, while the Thursday mini-markets will run until Oct. 10 at Chartwell New Edinburgh Square Terrace, 420 MacKay St. The Christmas Edition is scheduled for Dec. 7.

Learn more about the Beechwood Market at beechwoodmarket.ca. —AI

Bilingual seniors' community opens on Landry St.

Since May 2019, seniors in the neighbourhood have a new option for retirement living with the launch of the Riverpath retirement community. Located at 80 Landry St., the building boasts many amenities for its residents, including secure parking, a saltwater pool and a rooftop terrace with incredible views. It is owned and operated by Riverstone, an Ottawa-based company with five other retirement communities in the city.

Riverpath is their first fully bilingual location — where everything from menus, activities and employees are in both French and English. This ethos is embodied in **Diane Charlebois**, Riverpath's marketing manager, who is excited about building this bilingual community of residents and staff.

Riverpath offers spacious apartments with a variety of meal plans for independent living, as well as assisted living and dementia-care floors for those needing an increased level of support.



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So far, Diane notes, the new residents at Riverpath are largely very independent and are attracted to the hotel-like living offered in such a walkable neighbourhood. Events and activities are organized to reflect the ideas of the residents since, as Diane notes, “It’s their home – we will adjust to meet the desires of the people living here!” Other appealing features include a solarium, library, beauty salon and in-house doctor.

For those who are dreading the return of the ice and snow, a move to Riverpath might be a solution. “The hardships of last winter are on people’s minds now, prompting some to consider a trial run to see if the community suits them,” Diane explains. She encourages those who come for a two-week stay to attend the weekly wine and cheese parties in the lounge, for the opportunity to mingle with permanent residents and get a real feel for the community. They may just find their next home. To learn more, visit riverstoneretirement.ca or drop in for a tour. –SG

Fitness specialist focused on the 50+ set

“We were born to move.” That’s a mantra for fitness specialists, sports enthusiasts, physiotherapists and health

professionals of all stripes. While this common-sense wisdom is widely accepted in theory, in practice it’s a different story, particularly among those in the burgeoning senior population. With advancing age typically comes a variety of impediments to physical exercise. Declining energy, loss of confidence and motivation, aches and pains and chronic health problems too often combine to tilt the balance towards sedentary habits which progressively undermine health and spirits.

A.I.M. Seniors’ Fitness and In-Home Personal Training was established to address precisely this problem and to improve the lives of older people. The business was launched in 2013 by seniors’ fitness specialist **Meg Stickl**. It’s no exaggeration to say that Meg has been serving the needs of seniors for most of her life. Inspired by the mother of a close friend who worked as a nurse at Ottawa’s Island Park Lodge, Meg began volunteering at the chronic care facility while still in her early teens and later went on to study Psychology and Gerontology at the University of Ottawa.

After graduation, she became recreation manager



Photo courtesy A.I.M.

Meet the team at A.I.M. (from left): Michelle, Zarina, owner Meg Stickl and Laura.

at a retirement residence in Orleans, gaining further experience with the elderly as a fitness instructor at a seniors’ centre. She has multiple certifications as a CanFitPro Personal Trainer, and Older Adult Specialized Land Instructor, and an Aquafitness Instructor. But above all, she has a lifelong concern for and interest in the aging population, and has found her niche addressing their needs through the in-home services provided by A.I.M.

While the business is pitched broadly to encompass the over-50 demographic, many of Meg’s clients are considerably older, and many suffer from such chronic diseases as Parkinson’s, Multiple Sclerosis, osteoporosis, high blood-pressure, heart disease, diabetes, Alzheimer’s, and dementia. She and her team also specialize in rehabilitation work with clients recovering from hip and knee replacements.

Meg is emphatic in her holistic approach to her clients’ well-being. She focuses on maintaining their physical strength and mobility as well as their mental and emotional health, which can often be undermined by loss of confidence, fear of losing independence, and loneliness. Critical areas of focus for A.I.M. are Fall Prevention Techniques, a topic on which Meg regularly speaks in retirement residences and community centres, and Functional Fitness, which involves exercises that mirror daily tasks that can be challenging for seniors.

Meg and her colleagues **Michelle** and **Zarina** offer both private, customized, in-home instruction and training, as well as small-group training for friends or spouses – usually two to four people. Meg always begins with a “Discovery Call” with a prospective client, or often the children of the elderly client, to determine whether A.I.M. is able to address their needs. If it’s a fit, the Meg conducts a Health Consultation with the client and their family to review the client’s medical history and identify any specific limitations to be taken into account in their program. The frequency of A.I.M.’s visits varies considerably, depending on the client’s condition, but in general, such higher-needs clients as dementia sufferers require at least two weekly sessions to maintain the benefits.

As she marks the six-year Anniversary of A.I.M., Meg has set herself three ambitious targets: to help 100 more Ottawa seniors in the coming year; to expand her team; and to broaden A.I.M.’s reach beyond the Ottawa area. We wish her luck in achieving these important goals! –JH

Butcher has more on offer than just meat

Anyone looking for quality, ethically sourced meat need look no further than **Muckleston & Brockwell**, a family-owned and operated butcher shop on Beechwood near Putnam. Ottawa native **Andrew Muckleston** and his wife **Lindsey Leach** have

operated the shop for four years. Their meat is pasture-raised and comes from small-scale family farms, mostly in the area (they also sell Argentinian beef, a niche offering). Each type of meat comes from a single farm, which assures quality, traceability, and consistency. None comes from factory farms.

In addition to traditional cuts – available both fresh and frozen – M&B offers less common fare including lamb hearts, kidneys, pig trotters, and ground venison. It also renders lamb, beef, and pork lard and makes sausages using only meat and spices, without nitrates or other additives. Another unique offering is its popular bone-broth bar. Customers can pour themselves a cup of steaming hot broth made onsite and can season it with ginger, seaweed, or rice noodles – a perfect drink for colder days.

M&B offers other products that follow the family-owned, local formula. It sells products from Ottawa-based pasta-maker Parma Ravioli, as well as eggs, hot-sauce, maple syrup, and chickpea and lentil pasta – including a vegan macaroni and cheese. During the week, M&B also offers sandwiches that go well with a cup of bone broth.

Catering services are also on the menu. M&B offers full-service dinner parties for up to 16 people. “It’s good for people who are on the go,” says Andrew. “Everyone’s in a hurry, and they may not have the time or the know-how to prepare barbeque dinner parties.” Muckleston himself also offers butchery seminars for customers who want a hands-on experience. “You get to be the butcher and take your meat home with you,” he explained.

M&B is developing an online store where customers can order holiday turkeys or specialty meat boxes, such as its sausage box consisting of five varieties of “house-made, heritage breed sausages.” Beef and chicken boxes are also available.

Andrew and Lindsey have worked hard to build a quality butcher shop with a strong neighbourhood focus. “We’ve accomplished a lot,” he said. “And there’s still a lot more we’d like to do.” Visit M&B at 127 Beechwood Ave. or online at mucklestonandbrockwell.com. –DH

Continued on page 15

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Andrew Muckleston is the owner of Muckleston and Brockwell Butchers.

Photo by Alexander McKenzie

Align Massage manager is now full owner

Perched one storey up from the bustle of Beechwood Avenue is one of our neighbourhood's greatest sources of calm: **Align Massage Therapy**. The clinic at 201-16 Beechwood Ave. was established more than 15 years ago as the second location in a family that has grown to include six clinics across the region. Each location is owned under a brand-licensing agreement, which allows owners to consistently meet expectations for excellent care while responding to the unique needs and style of their particular location. The Beechwood clinic is known as a quirky space, matching the personality of the therapists who work there, the location, and the clients themselves!

After 15 years as a full-time therapist, including five years as manager of the Beechwood location, **Elizabeth Eaton-Loken** assumed full ownership in April 2019. She



Photo courtesy Align Massage

After five years as manager at Align Massage, Elizabeth Eaton-Loken took full ownership in April 2019.

explains that this step was a natural evolution in her career: "My personal growth matched up with my drive to be part of the community overall, instead of only one-

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on-one during a treatment session.” She notes that Align Beechwood’s 13 therapists provide care to hundreds of people from a broad base of local clients, including runners and other athletes, as well as seniors and students. Most are able to walk to their appointments – in fact, the clinic’s busiest days are often snow days, when people can’t get to school or work!

Align offers healing services seven days a week until 8 p.m. on weekdays to suit their clients’ varied schedules. The staff are certified to provide a range of treatments to treat injuries, improve movement and ease stress. They continually invest in training to respond to new discoveries about the human body. In fact, Elizabeth encourages her team to provide care to each other, as a way to build empathy and maintain their bodies and skills in great working order. With this approach, you can be confident that at Align Massage Therapy, you are in very good hands. For more information, visit

alignyourbody.com. –SG

Take the stress out of downsizing

Moving, transitioning to a new home, embracing new opportunities. While exciting, it’s also a lot of work – emotionally and physically – dealing with a lifetime’s worth of treasures.

Fortunately for those of us in New Edinburgh (or anywhere in the Ottawa area), we have a homegrown expert to lend a helping hand. **Blaine Gill**, owner of WholeHome Estate Sales on Crichton Street, has been easing the downsizing experience for a decade, with help from his expert staff.

The WholeHome team comes to your house, condo, or apartment to prepare it for the sale, which they manage from beginning to end, usually over the course of several days. Shoppers can scoop up items to furnish their own homes, which means beloved items have a new life and don’t end up in a landfill.

Blaine’s long-standing staff – **Ron, Christopher, Carolyn, Ann, Cathy, Erik**



Photo courtesy Joseph Cull

Blaine Gill of Crichton Street owns WholeHome Estate Sales.

and **Brent** – are all friendly and knowledgeable on pricing items for sale, making the process smooth for both sellers and buyers.

Email Blaine at dbgill@rogers.com for more information or to be added to their mailing list. They send out a notice for ever sale with the time, date and location, along

The New Edinburgh News warmly thanks our advertisers, both the faithful and the new, for their continued support of the community and of this newspaper. Your support is essential in helping us share the news of local happenings!

with a link to photos. –submitted by *Joseph Cull and Judy Charles*

LCBO still on the books

Despite the advanced state of negotiations with the LCBO reported by Minto Beechwood last June, the promised new retail outlet remains a no-show as we go to press. Minto Development Manager (High Rise) Kevin Harper was unable to offer any details on the causes of the delay but did report that the commercial lease is currently in hands of the LCBO. Presumably the Board is applying a bureaucratic fine-comb to the terms of the lease before signing off on and launching the move. Here’s hoping for a pre-Christmas arrival! –JH

Fall into a good book

As always, **Books on Beechwood** is starting off the fall season with a busy program of events and book launches. Here’s the line-up for the coming months:

Titles@Table40

(All dinner events take place at **Table40, 7 Springfield, starting at 5:30 p.m. Tickets: \$70**, available at the bookstore)

Oct. 6: Burgh resident and author **Charlotte Gray** presents her new book *Murdered Midas*.

Oct. 26: **Joe Thottungal**, Ottawa chef and owner of Coconut Lagoon on St. Laurent Blvd., discusses the story behind his cuisine in his new cookbook, named for the restaurant.


Nov. 17: Ottawa author **Terry Fallis** presents his new novel *Albatross*.

In-store events

Oct. 17, 6:30–8 p.m.: Local mystery author **Mike Martin** launches two new Sgt. Windflower books: a novel titled *Fire, Fog and Water*, and a new collection of stories *Christmas in Newfoundland*.

Oct. 19: 11 a.m.–2 p.m.: Local author **Susan Taylor Meehan** will be signing her new novel, *Halcyon Days*. Then from 2–4 p.m. local mystery writer **Rick Houle** will be signing copies of the third book in his *Affable Scavengers* series *Vicky Veston Inc.* and his new novel *We Really Made It Happen*.

Oct. 24, 6–8 p.m.: Scotiabank Giller Prize-winning author and music critic **Sean Michaels** will read from his new novel *The Wagers*. –JH



Chris Ellis

Public School Trustee
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613-818-7350 - Chris.Ellis@ocdsb.ca

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Artwork courtesy of Allegra Marketing Print Mail, Ottawa Downtown

Fieldhouse provided relief, refreshment and fun this summer; annual Halloween Howl set for Oct. 26



by **Chris Straka, CCC President**

The Fieldhouse in New Edinburgh Park remained a busy neighbourhood hub this summer.

Many users of the public space benefitted from access to the washrooms and water fountain made possible by the dedicated group of volunteers who opened and closed the building daily. Until the end of October, the facilities will be accessible for relief or refreshment, thanks to **Solmaz and Martin Hicks; Hart Shouldice; Michelle Bentall; Mischa Terzyk; Alain-Rémi Lajeunesse and Jerry Turchyn.**

Throughout July and August, the **Pedalheads** program used the building, the path network and fields to teach hundreds of children to cycle safely. We look forward to offering the program again next summer.

Hundreds enjoyed the performance of *Romeo and Juliet* by **A Company of Fools** on Jul. 17. The Capulet and Montague family drama unfolded with the Rideau River as a backdrop, under a perfectly sunny sky.

The east lawn of the Fieldhouse hosted a screening of the film *Black Panther* on Aug. 17 that was briefly interrupted (or enhanced) by fireworks exploding over the treetops. **Justin Swan** assisted with the equipment set-up and **Liba Bender** distributed popcorn. On Sep. 28, *Mary Poppins Returns* was blown into the Fieldhouse by the variable fall weather, but the spirits of all those in attendance were high, nonetheless. These events were offered in cooperation with the **Rideau Rockcliffe Community Resource Centre's Valérie Fortier** who coordinated the licensing of the films and acted as projectionist.

It seemed as though the whole neighbourhood was

for sale on the third Saturday in September. The annual garage and yard sale once again presented an opportunity to turn trash into treasure while socializing with our neighbours. The CCC is grateful for the many donations it received from sellers. Funds collected are used to purchase equipment and offer local programs. **Sylvain Bélanger** coordinated distribution and collection of donation envelopes, aided by members of the **137 Ashbury RCD Army Cadets**. Those who still wish to contribute a portion of their sale proceeds can do so via the secure mailbox at the Fieldhouse.

Our next event is the **Halloween Howl**, which will take place at the Fieldhouse on Oct. 26 from 3–5 p.m. This is always a popular event, especially for our youngest trick-or-treaters. Children and their parents are encouraged to join the fun in costume.

At the CCC's Annual General Meeting on Jun. 17, the energy of the executive group was renewed with the addition of **Thaïs Martin**, who takes on the responsibilities of the Fieldhouse Director. Many thanks to outgoing director **Debra Connor**, who has served the CCC in a variety of roles. We look forward to her continued involvement, supporting the leadership of the current executive group that includes



Photo by Alexander McKenzie

The Jul. 17 performance of *Romeo and Juliet* by **A Company of Fools** was one of many summer activities organized by the Crichton Community Council.

Denise Bélanger (Treasurer), **Edwina Chittilappilly** (Secretary), **Sylvain Bélanger** (Vice President and Ice Rink Director) and **Chris Straka** (President).

For a complete list of upcoming events, visit newedinburgh.ca/events For information about renting the Fieldhouse go to newedinburgh.ca/crc-2/fieldhouse and to contact members of the CCC executive group, please email crichtoncommunitycouncil@gmail.com.

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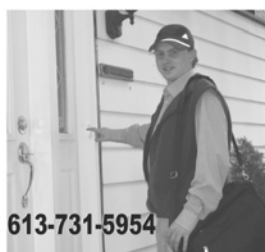
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Canada votes on Oct. 21

Who's running in Ottawa-Vanier

By Christina Leadlay

Voters in Ottawa-Vanier go to the polls Oct. 21 to choose their next Member of Parliament to represent them in the House of Commons.

New Edinburgh, Lindenlea, Rockcliffe Park, Manor Park, Vanier, Overbrook, Sandy Hill and Lowertown are all within the Ottawa-Vanier riding, which has elected a federal Liberal MP since the riding's creation in 1935.

Visit elections.ca for up-to-date details on who is running and how you can vote on Oct. 21.

The *New Edinburgh News* contacted each of the five candidates, asking the following question:

“What are the top two federal issues facing voters in Ottawa-Vanier, and what solutions do you propose?”

Below are their responses (in alphabetical order by last name), as well as biographical details and contact information.



Joel Bernard, Conservative Party of Canada

@VoteJoelCPC
613-907-1350

facebook.com/VoteJoelCPC

The Bernard campaign did not respond by deadline. Below is his profile from conservative.ca:

Joel Bernard was born and raised in an Acadian community on the east coast of Canada. In 1983, soon after graduation from high school, he made Ontario his new home and studied business administration in Ottawa.

In 1999, he joined the Bernard Lord team and ran a successful campaign in a New Brunswick provincial riding which had been held by the Liberals since 1897. Joel was the first Conservative to hold the riding of Nepisiguit in over 100 years and also held the position of Deputy Speaker for the legislature, Chair of the Committee of the Whole (Legislation) and Chair of the Committee of Supply (Budgets).

In 2003, he was appointed by Premier Bernard Lord to the position of Executive Director for the Chaleur-Restigouche Economic Development Fund. The strategy behind the fund was to help small and medium size businesses expand and diversify. In 2005, at the end of the assignment, Joel returned to Ottawa and became a fixture on Parliament Hill where he held the positions of Director of Parliamentary Affairs and several

Senior Policy Advisor Roles for four different ministers.

In the roles of Senior Policy Advisor, Joel was responsible for issues and files related to the RCMP, the CBSA, Industrial Regional Benefits, military procurement, the National Shipbuilding Procurement Strategy, the Coast Guard, International Development and La Francophonie.

Joel is currently serving as the Parliamentary Affairs Advisor to the Shadow Minister for Public Safety, Border Security and Emergency Preparedness.

He is married to Catherine (Kindom) Bernard and has two beautiful children, Lilianne and Samuel.



Paul Durst, People's Party of Canada

@PaulGDurst
pauldurst.ca

contact@pauldurst.ca

The Durst campaign did not respond by deadline. The following details are from his website:

Paul Durst is a proud Canadian and 20-year veteran of the Canadian Armed Forces. He grew up in rural southern Ontario, and has lived in Ottawa for the last 19 years, currently in Beacon Hill North. Happily married to his wife Vanessa for 29 years, they are proud of their five children: Paul Jr., Rachel, David, Elisabeth, and Joseph.

Paul has served his country as an

officer in The Royal Canadian Regiment from 1987–2002 where he held command and staff positions. Most notably he served in Germany from 1989–1991, and in the NATO Implementation Force in 1996 to enforce the Dayton Peace Accord in Bosnia-Herzegovina. Since 2002 Paul has continued to serve his country in the Public Service as a manager and senior advisor and has specialized in relationship building, partnerships and collaboration. Paul has a BA in Political Science from the Royal Military College in Kingston, Ontario.



Mona Fortier, Liberal Party of Canada (incumbent)

mona@monafortier.ca

613-230-8031

105-150 Montreal Rd.

Mona is a mother of three, a University of Ottawa graduate, a community leader and an entrepreneur. She knows it is important to come together to build a stronger and better community. As the incumbent Member of Parliament, Mona believes that we can best serve the riding by working together to strengthen our community.

Response:

The effects of climate change are everywhere and there are constant reminders of the need to act now. From extreme flooding to damaging wildfires, it is abundantly clear that we need to continue to take concrete steps to protect our environment. These effects are especially clear here in the National Capital Region with the recent major floods and tornadoes affecting the region. Our government has put a price on pollution and taken concrete steps to end the use of single use plastics in our country. Constituents remind me every day of the need to do even more to protect our environment for future generations, so this is certainly an ongoing priority.

Second, we must do more to ensure that every Canadian has a safe and affordable place to call home. If elected, I will advocate to keep making life more affordable. The Trudeau government is committed to make

housing more affordable by reducing barriers to homeownership for first-time home buyers, boosting supply in Canada's housing and rental markets, and increasing fairness in the real estate sector. I want to continue working hard to ensure Canadians have access to affordable housing that meets their needs, in communities where their families can thrive.



Stéphanie Mercier, New Democratic Party of Canada

stephaniemercier.ndp.ca

stephanie.mercier@ndp.ca

facebook.com/stephaniemercierottawavanier

@StephMercierNDP

Office: 287 Montreal Rd.

A proud Franco-Ontarian from Smooth Rock Falls, Stéphanie moved to Ottawa to pursue her nursing degree. She's worked at Montfort Hospital and the Royal Ottawa Hospital, and was one of the founding organizers of Overdose Prevention Ottawa, the city's first supervised injection site. Working as a nurse in Ottawa-Vanier, she's seen the impact of homelessness, addiction, and inadequate mental and physical healthcare on the community. She knows first-hand how head-to-toe quality healthcare can make a difference for Canadian families – and how we need to tackle the housing crisis by making sure everyone has a safe place to live.

Response:

The top federal issues facing voters in Ottawa-Vanier is making sure life is more affordable for everyone. This means making sure our people have access to medicine in the same way that we have access to hospital care – free at the point of care, financed by a public insurance system that covers everyone. We are also going to make sure everyone can afford a place to call home by creating 500,000 units of quality, affordable housing in the next 10 years. We also commit to making post-secondary education and childcare available for everyone.

Another top issue that we face is the climate crisis. It's true to think that we're at a point where we are living in a growing corporate dictatorship

Canada votes on Oct. 21

where the value of life and the value of the environment means less than the wealth and power of big multinational corporations. We will take climate leadership and improve the places we live and work, as well as change the way we get around. The NDP will transition off fossil fuels and power our community carbon-free while making sure no one is left behind. Our plan combines this transition with the creation of more than 300,000 jobs in all communities and include dedicated employment support, combining access to expanded employment insurance benefits, re-training and training, and job replacement services.



Oriana Ngabirano, Green Party of Canada

VoteOriana.ca
VoteOriana@GreenParty.ca
343-297-4262
267 Montreal Rd.

A 2006 graduate of the University of Montréal in Communications and Politics, Oriana is a proven communicator who applies more than a decade of experience to her social activism and civic engagement efforts in Ottawa. She is an active community member who sits on the boards of various community organizations including the Healthy Transportation Coalition and is proactively involved with the De La Salle Public School council. Oriana lives in Vanier with her teenage daughter, Leïla.

Response:

Poverty is the biggest challenge in

Ottawa-Vanier. Fifteen per cent of Ottawa-Vanier residents used a food bank in 2018, that's more than 16,000 people – 16,000 too many.

Ending systemic poverty means rethinking the system. We have the resources and talent to create a truly just society. Our social safety net was developed almost 50 years ago, it's time for the next major innovations – Pharmacare and Guaranteed Livable Income.

Poverty is a problem we can fix.

Homelessness, increased hygiene/diet related diseases and increased crime Rate are social consequences of poverty that are far too familiar in Ottawa-Vanier. People turn desperate means to survive in the face of poverty while it's a problem we can fix.

When elected, I will advocate to establish Guaranteed Livable Income as a preventive measure while fixing the policies that made the situation we're facing today. Join me in creating a healthier, stronger nation and ensure everyone can live with dignity and independence.

It's time to upgrade our economy.

We need to expand our narrowing focus and invest in the Green industries that create reliable, long-term jobs and diversify our local value chains. We need national investments that meet our cities' infrastructure needs, encourage smart growth and lift up workers.

Other candidates running in Ottawa-Vanier:

Christian Legeais, Marxist-Leninist Party of Canada

cpcml.ca
mlpc@cpcml.ca

Michelle Paquette, Communist Party

votecommunist.com
info@cpc-pcc.ca

Daniel James McHugh, Independent candidate

No contact details provided

Derek Miller, Rhinoceros Party candidate

partyrhino.ca

Sezlik.com

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Rockcliffe Park - \$1,870,000

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Rockcliffe Park - \$1,690,000

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Rockcliffe Park - \$1,488,000

The winding, tree-lined streets of Rockcliffe enchant fiercely protected heritage & natural standards pay dividends on approach, with the home's traditional curbside attraction framed in age-old trees.



Rockcliffe Park - \$1,150,000

This residence on Birch Avenue, in historic Rockcliffe Park, perfectly embodies the aesthetic of this wonderful neighbourhood. Enjoy a beautiful balance of private and public spaces: Room for casual family gatherings and formal entertaining under one roof.



Lindenlea - \$749,000

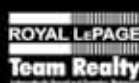
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Candidates' debates coming up:

Oct. 3, 7-9 p.m. A debate on the environment will take place at the Unitarian Fellowship, 400 McArthur Ave., organized by Ecology Ottawa and the community associations of Vanier, New Edinburgh and Lowertown.

Oct. 8, 7-9p.m. An all-candidates' forum will take place at Rockcliffe Park Public School, Queen Juliana Hall, 360 Springfield Rd., organized by the community associations of New Edinburgh Rockcliffe Park, Lindenlea, Manor Park and Cardinal Glen.

Oct. 16, 7 p.m. An all-candidates' debate will be held at the Colonel By High School Cafetorium, 2391 Ogilvie Rd., organized by the community associations of Rothwell Heights, Pineview and Beacon Hill.

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Candidates' debate on the environment, Oct. 3

**By George Sorger, Chair,
New Edinburgh Committee
on the Environment**

The newly formed New Edinburgh Committee on the Environment has partnered with GreenPac, Evidence for Democracy, the community associations of Lowertown, Overbrook and Lindenlea, and the Unitarian Church on McArthur Road to organize an all Ottawa-Vanier Federal Candidates' debate on the environment and climate change. The debate will take place **Oct. 3, at the Unitarian Church, 400 McArthur Ave., at 7 p.m.** This is an opportunity to hear what our future representative plans to do to address critical environmental challenges, and is also an opportunity for citizens to tell our candidates what we expect of

them in the Q&A period.

The International Panel of Experts on Climate Change have warned us that if we do not cut our greenhouse gas emissions by 50 per cent in the next 11 years we will face catastrophic consequences. We are beginning to see the effects of climate change already: record floods and forest fires in North America, killer heatwaves in Europe and South Asia, droughts in the United States and Australia affecting our food prices...the list goes on.

The next federal government will preside over the coming four years out of the above 11. If it does not do what is necessary regarding the challenge of climate change, it will most probably be too late to catch up.

Some say that Canada is a minor contributor to the prob-

lem, only producing about two per cent of the planet's greenhouse gases, so why bother? In fact, we produce in addition another four per cent in our exports, and given that we are responsible for six per cent of the world's greenhouse gases, and make up only 0.38 per cent of the world's population, we are among the top per capita contributors to the problem. We also made a solemn commitment at the Paris conference on climate change to achieve close to zero emissions by 2050. If we cannot meet the 11-year target, it is very unlikely we will meet the higher one, that most of the world's countries have committed to.

Our vote needs to reflect our commitment to be part of the solution and not part of the problem.

Want to fight climate change at home? Join NECA's Environment Committee

This spring, a new Environment Committee was formed under the auspices of the New Edinburgh Community Alliance, picking up from a group that was active in the community several years ago. Committee membership was approved by the NECA Board of Directors, and it met for the first time in late

spring under the chairmanship of **George Sorger**. At that meeting, a decision was taken to pursue the following agenda over the summer and fall:

- 1) to organize an Ottawa-Vanier all candidates' debate on the environment and climate change (details, p. 21); and
- 2) to assess the feasi-

bility of enlisting the help of local high schools to monitor the impact of vehicle emissions on Ottawa's air quality, studying lichens on street tree bark as indicators. Lichen are extremely sensitive to vehicle emissions, in particular diesel emissions, which dramatically arrest lichen growth.

The NECA Environment Committee is welcoming new members and new ideas for projects and initiatives to address, at the local level, the formidable challenges posed by climate change and environmental degradation.

Like all volunteer organizations, we need all the help we can get to become an active and effective group that can really make a difference. Please consider coming on board and engaging with your neighbours to promote education and action in area of overriding importance to us all.

For information or to join the group, please contact NECA at newedinburgh@outlook.com.

—NEN Staff



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Burgh resident hopes his donation will bring cancer-fighting treatment to Ottawa Hospital

by Sally Arsove

New Edinburgh resident Gavin Murphy has put his money where his mouth is. A strong advocate of the public health care system, he generously donated \$500,000 to the Ottawa Hospital this year to further cancer research.

"There are many legitimate and competing interests for scarce taxpayers' dollars," Gavin said. "If we are to maintain our world-class, publicly-funded health care system, we need the resources to do so and those in a position to contribute to its sustainability should consider helping," he said.

Gavin is a semi-retired lawyer and almost lifelong resident of the area who has owned a house on Union Street for more than 35 years. His family has been touched by cancer and he wanted to make a difference and see the benefits of this generosity during his lifetime.

Gavin's initial donation (as well as those of other community leaders) will help bring Canada's first GammaPod radiation treatment for breast cancer patients to the Ottawa Hospital. This innovative new technology is currently available in only two other locations in the world, both in the United States. As a new treatment it is not yet part of Ontario's standard care, so the province did not cover its purchase. The Ottawa Hospital turned to the community for help and Gavin stepped in.

Another element of Gavin's donation that appealed to him was the opportunity to fund cutting-edge research that could possibly be published in a scholarly medical journal.

"It is my hope this donation achieves positive advancements and leaves a lasting legacy in the fight against cancer," Gavin says. "I want



Gavin Murphy (second right) presents a novelty cheque with his donation to (from left) the Ottawa Hospital Foundation's Rob Gottschalk, Tim Klute and Mike Bazuk.

Photo courtesy Sally Arsove

to play a role in finding a cure for this disease and if that were to happen what more

could you ask for? Talk about money well spent on behalf of all humankind."

Sally Arsove is a resident of Lindenlea and a dear friend of Gavin's.

Meals on Wheels need your help to feed seniors at risk of going hungry

By Aidan Leibich

Dorothy stands by her front window waiting for a familiar car to appear in her driveway. She's a bit shaky on her aging legs, but she looks forward every day to the hot meal and the few minutes of friendly chitchat that accompany it.

She's 90 now and unable to get to the store or drag home the groceries. Cooking has also become an issue, since she finds it difficult to stand at the stove and has even accidentally left the stove on a few times. "Thank goodness for Meals on Wheels," she thinks.

And there's the car now. Dorothy is amazed that they still manage to get to her despite windstorms or power outages. "More reliable than Canada Post," she chuckles. "And here comes the cavalry," she jokes as she opens the door to delivery volunteer Steve. "Ta da!" he jokes back and places the hot meal on her table.

Dorothy is one of a growing number of Ottawa seniors who are more at risk every year of going hungry. She hasn't gone to the food

bank yet, but a couple of her friends have. In fact, in 2018, the number of seniors using food banks to make ends meet jumped by 10 per cent, a trend that is expected to continue.

About 70 per cent of seniors live on fixed incomes, with about 20 per cent near or below the poverty line. As the cost of living rises and her income stays the same, Dorothy often has to choose between fixing a leaky tap or a cavity. She's already given up her car, hoping to be able to afford to stay in the home where she raised her children.

Her son and daughter live far away now, so Dorothy is rather lonely. Because of that, she's at risk for depression. She's glad for the daily check-in, as well as the hot meal. The volunteers can't stay long since they have other deliveries to make, but they do brighten her day and she tries to brighten theirs as well. Steve would agree.

"Even though I can't stay long, it's wonderful to see the impact my visit and the hot meal is having on her situation. Her appreciation is

clear and I know I've made a difference."

Dorothy and Steve represent the many Meals on Wheels clients and volunteers who form this special bond. Dorothy would be a typical member of Ottawa's senior population, which is expected to double over the next dozen years, from about 125,000 now to 250,000 in 2031. Currently, seniors represent about 13 per cent of Ottawa's population but that figure will rise to over 20 per cent.

One of the goals of the City's Age-Friendly Ottawa initiative is for seniors to live at home safely with health and community support services to meet their needs. Founded in 1968, Meals on Wheels is a critical part of that age-friendly plan and has been serving the Ottawa community for more than 50 years. Last year, Meals on Wheels delivered almost 115,000 meals to 1,672 clients. How is this done? With the help of a dedicated team of more than 400 delivery volunteers. At the moment though, they are experiencing a critical shortage of volunteers and



Photo by Jill Daigle

Meals on Wheels is looking for volunteers (like long-time helpers Jim and Pam Young, above) to help bring meals to seniors and persons with disabilities throughout central Ottawa.

need to recruit more to continue to do their work in the community. Please consider joining their team this fall. The program is very flexible, able to accommodate volunteers' schedules and availability. Each delivery route takes only two hours to complete but makes a world of difference for every one of

the clients.

If you or someone you know would benefit from receiving Meals on Wheels, or if you would like to become one of those friendly delivery volunteers brightening the day of an Ottawa senior, please call Meals on Wheels (Ottawa) at 613-233-2424 or visit mealsonwheels-ottawa.org.



For the Birds

By Jane Heintzman

The month of October is a wistful time for birders. On the one hand, we face the dreary prospect of a steadily dwindling number of birds in our area, as the annual fall migration to southern wintering grounds begins. By the time this pilgrimage wraps up in late autumn, only a small group of such winter-hardy species as **Northern cardinals, black-capped chickadees, white-breasted nuthatches, house finches, American crows and downy- and hairy woodpeckers** will remain to keep us company through the winter months. But on the other hand, we can take comfort in still-fresh memories of the bright and tuneful song birds that abounded in our area through the spring and summer, mating, nesting and launching the next generation.

Right in our own backyard, we've hosted a varied cast of characters from such regulars as **song sparrows, chipping sparrows, Northern cardinals, American robins, common grackles and European starlings**, to less frequent visitors such as **ruby- and golden-crowned kinglets, yellow warblers, yellow-rumped warblers, white-throated sparrows, red-winged blackbirds**, and a small flock of **cedar waxwings**, drawn to our blossoming crabapple tree. Another rarity in the garden this year was a male **bay-breasted warbler**, a sleek, handsome bird with a rich chestnut-coloured crown, throat and upper breast, readily identified by its distinctive "seetzy, seetzy" call.

During our dog-walks along the Rockcliffe Parkway to the lookout at the Rockcliffe Pavilion, we encountered a wealth of nesting species, signaling their presence in the wooded areas with their signature songs and calls. Notables included **chestnut-sided warblers** (a first for me in our neighbourhood); **yellow-rumped warblers; American redstarts** in particularly large numbers; **Eastern phoebes; common ravens; Northern mocking-**

birds; Northern flickers; great-crested flycatchers; gray catbirds and red-eyed vireos, ubiquitous (and voracious) flycatchers, whose incessant call marks the Ontario landscape through much of the spring and summer.



Photo by Amy-Jane Lawes

Cedar Waxwing.

Other highlights of the season were a **ruby-throated hummingbird** in the Rideau Hall woods; **white-crowned sparrows** near the Rockeries and numerous **great blue herons** flying overhead between the Ottawa River and the Rideau River near the falls. Disappointingly, our local tally of ducks has been greatly diminished in recent years by the dominant presence of **Canada geese**, which now infest our parks and green spaces. While **mallards; common- and hooded mergansers; common goldeneye; and wood ducks** have traditionally been around on the Rideau River during the spring and summer, they were few and far between this year, muscled out by the population explosion of noisy geese.

Nesting misadventures

Miraculous though it is, the annual nesting ritual which unfolds through the spring and summer can be perilous. At the top of the danger list are hostile weather events, which can dislodge or destroy the nest itself, or injure the parent guardians. Predation

by raptors and other large birds or by hungry animals is another ever-present hazard. The rate of attrition in a brood may often be distressingly high, a fact which no doubt accounts for the mating habits of some species, which produce as many as three broods in a season.

In my corner of the Burgh this year, **American robins** became the centre of attention when they made their nests in the doorways of two neighbouring houses. In one case, the nest was positioned directly over the front door so that human residents were unable to come and go without disturbing the guardian female robin. Apparently, however, the bird adjusted to this routine, and managed to bring five little offspring into the world unscathed.

The second nest was more problematic, or rather its inhabitants were. The nest was positioned outside the back door of my next-door neighbours' home. While the four hatchlings were born safely within the bounds of their garden fence, one little adventurer (not yet able to fly) managed to escape and head for my garden. Bad decision!

Both of my large yellow Labradors were in the garden when the tiny critter toddled in, and it was only with some difficulty (and a lot of luck) that I was able to scoop it up in time to save its life. For some anxious days, the frantic parents hovered over the safe haven in our back garden to which I had moved the rescued ball of fluff, and thankfully, it seems to have



Common grackle.

Photo by Amy-Jane Lawes

survived until it could take flight and return to its family.

Georgian Bay, 2019

From a birding perspective, 2019 was a quiet summer in Georgian Bay, with only a limited range of species in evidence during the weeks were in residence. Our regulars included **Eastern phoebes**, a constant presence this year, with two pairs nesting very close to our back door; **red-eyed vireos; song sparrows; yellow-rumped warblers; white-throated sparrows; black-capped chickadees; great-crested flycatchers; downy- and pileated woodpeckers; Northern flickers; common ravens; turkey vultures and European starlings**, which tended to arrive in large flocks, temporarily drive out the smaller birds, and then depart *en masse* as abruptly as they descended.

Less common visitors were **ruby-throated hummingbirds; worm-eating war-**

blers, generally harbinger of a serious insect infestation; and an **Eastern whip-poor-will**, which turned up every night, precisely at dusk, during our visit in July. Apart from the beauty of its signature call, the whip-poor-will's presence was especially welcome on hot summer nights on account of its prodigious appetite for flying insects, which it scoops up in its capacious mouth.

It was slim pickings in our excursions on the water this year, with only small numbers of **great-blue herons; cormorants; common terns; and common mergansers** in evidence, though one female merganser did manage to boost our tally with her brood of at least 30 ducklings in tow! Happily, a pair of **common loons** picked the bay around our island as its primary fishing territory, so we were rarely without the haunting sound of their calls.



Blue Jay.

Photo by Amy-Jane Lawes

Our great birding disappointment was the absence of an **osprey** family on the nest opposite our dock. Local legend has it that osprey have nested there every year since 1963. Not so this year. While we watched and listened closely for signs of life, none was to be found. The explanation for this break from tradition remains uncertain. Possibly one or both of the parents did not survive the migration back to their nesting grounds, or perhaps they abandoned the nest prior to our arrival in July, if the eggs failed to hatch or the hatchlings perished.

We remain hopeful that a family will turn up next year, as the torch may have been passed to a younger generation in which the male was not yet ready to breed, but which may be mature enough by April 2020. Fingers crossed, as we sorely missed the annual routine of noisy daily feeding times at 8 a.m. and 5 p.m.; vigilant parents hovering over the nest, and, towards summer's end, death-defying flying lessons when the wobbly offspring are prepared for the approaching journey south.

Fall migration gears up

As I write in mid-September, the annual fall migration to southern wintering grounds is well underway. The population of **flycatchers** and **vireos** is rapidly thinning out, and while up to 20 species of **warblers** were reported in local birding hot spots in early September (ofnc.ca/recent-bird-sightings), their numbers are now steadily dwindling as we head into October.

In my own rambles in the community, recent sightings have included many noisy **blue jays** feasting on the bumper acorn crop; **common ravens**; **American goldfinches**; **American robins**, now gathering in small flocks in preparation for departure; lingering **American redstarts** and **yellow-rumped warblers**; **chipping sparrows**; and **downy and pileated woodpeckers**. And of course, the stalwart **black-capped chickadees** and **Northern cardinals** are still around in abundance, and will remain so over the winter.

In North America, there are four major North-South bird migration routes or "Flyways": the Atlantic, the Mississippi, the Central and the Pacific. Most migratory birds from our region



Photo by Amy-Jane Lawes

Winter Wren nestlings snuggling in a woodpile.

travel the Atlantic Flyway, which starts as far north as Greenland, following the Atlantic coast of Canada and the United States to wintering grounds in South America and the Caribbean. This route has the topographical advantage of relatively few mountains to block the birds' path, and it encompasses a variety of ecosystems, with dependable sources of food and water at stop-over sites along its whole length.

Despite the natural advantages of the migrants' transportation corridor, their journey is fraught with perils which take a punishing toll each fall and spring. Hazards include:

- **collisions** with tall buildings and such manmade structures as windmills;
- **destruction of habitat** through forest clear-cutting, urban sprawl, industrialization and agricultural development, both at stop-over points along the migration routes and at southern destinations; and

- **climate change**, with ramifications which range from rising sea levels threatening shorebirds, to violent weather events. Powerful storms can knock the birds off course, driving them to locations with inadequate food sources or protection from predators, or destroy habitat at their intended destinations.

Exhibit A in the catastrophic weather category this fall was **Hurricane Dorian**, which pummeled the east coast from the Bahamas to Newfoundland. Storms like these take a punishing toll

among migrant birds, and are thought to have hastened population declines in many vulnerable species. In its powerful strike on the Bahamas this past September, the Category 5 hurricane virtually wiped out the Caribbean pine forest, and in the process, may have brought about the total extinction of the **Bahama nuthatch**, a rare, endangered local species.

The **swallow** population is also reported to have taken a beating during the storm, with large flocks left weakened and floundering on the ground. Ornithologists believe that recent steep declines in the swallow population are largely the result of major storms during the migration period, and it's feared that Dorian's impact may accelerate this process.

In the wake of Hurricane Dorian, Bird Studies Canada officials reported seeing hundreds of **laughing gulls** swept up on the shores of Nova Scotia, blown all the way from the Carolinas or Florida. The gulls were sufficiently weakened by the impact of the storm that it's unlikely they'll be able to complete their journey, and sadly, will almost certainly not survive the Nova Scotia winter.

While it's still early days after the catastrophic event, some ornithologists are estimating that hundreds of thousands of birds may have been caught in the eye of the hurricane, resulting in a tragic legacy of avian death, injury, debilitation and displacement among the migrant population. It seems a tragic irony

that migrating songbirds are hard-wired to undertake this perilous journey twice each year, and the steady population declines of many species are evidence of the high price they're paying.

Decline in North American bird numbers

Shortly before we went to press, the journal *Science* published a new study on North American bird populations. The study revealed a drop of nearly 3 billion birds in the overall population over the past 50 years. To the surprise of ornithologists, almost 90 per cent of those lost were such familiar "backyard" bird species as **sparrows, blackbirds, warblers, finches** and **swallows**. The good news is that some species have rebounded after previous declines, thanks to targeted conservation efforts and increased protection of wetlands.



Photo by Mike Leveille

Warbling Vireo at Macoun Marsh.

Reports from our readers

Vicki Metcalfe, our correspondent in Victoria, B.C., recently enjoyed a fruitful day of birding on Sidney Spit in the Gulf Island National Park. While the showing of shorebirds was reportedly disappointing, she managed to log an impressive tally of more than two dozen species during the excursion. Notables included **white-crowned sparrows**; **red-breasted nuthatches**; **belted kingfishers**; **great blue herons**; **osprey**; **purple martins**; **rhinoceros auklet**; **Caspian terns**; **Brant's**-, **pelagic**- and **double-crested cormorants**; **black oyster catchers** and numerous species of **gulls**.

Our Val-des-Monts, Que. reporter and bird photographer **Amy-Jane Lawes** has spotted an abundance of **cedar**

waxwings this summer, along with an enviably long list of **warbler** species. Her catalogue of warblers included **yellow-rumped** (though in smaller numbers than usual); **chestnut-sided**; **magnolia**; **Cape May**; **Blackburnian**; **Black-throated Blue** and **Green**; **Palm**; **Pine**; **Blackpoll**; **Bay-breasted**; **Tennessee**; **Nashville**; **Northern Parula**; **Black-and-White**; **American redstart**; **Yellowthroat**; **Northern Waterthrush**; **Mourning**; **Ovenbird**; **Canada** and **Wilson's**. Not bad for a single season!

Amy's other birding highlights were a trio of **winter wrens** which she found snuggling in a nearby woodpile; and an invasion of several dozen **common grackles** which raided her feeders in a dramatic one-day blitz.

St. Laurent Academy's **Mike Leveille** reports plenty of recent bird life at the Beechwood Cemetery's Macoun Marsh, notably a mixed flock of **yellow**-, **magnolia**- and **black-and-white** warblers; **warbling**- and **red-eyed vireos**; a **solitary sandpiper**; and a **ruby-throated hummingbird**.

In the Burgh, Phil's Avian Bistro at Alexander and Thomas Streets was humming with bird life through the summer. Proprietor **Philip MacAdam** reports a long list of regular visitors to his feeders, including **American goldfinches**; **house finches**; **American redstarts**; **blue jays**; **Northern cardinals**; **gray catbirds**; **white-breasted nuthatches**; **black-capped chickadees**; **American robins**; and an assortment of **sparrows**. His other highlights included were a nest of **Baltimore orioles** spotted in a visit to Lac Leamy Park, and an **egret**.

Wild Bird Care Centre fundraiser: Oct. 15, 7-9 p.m., Jean Pigott Hall, 110 Laurier Ave.

The Wild Bird Care Centre, founded in Ottawa in 1981 by the late **Kathy Nihei**, cares for thousands of sick, injured or abandoned birds each year, and offers public education programs in the natural history, conservation and rehabilitation of wild birds. Its first annual fundraising event is coming up at City Hall on Oct. 15. For details visit wildbirdcarecentre.org/ASweetNightForBirds.html.



Photo by Alexander McKenzie
A stunning sunset over Gatineau as seen from Tavern on the Falls on Sussex Drive.



The little house and shop on the corner of MacKay and Dufferin as they were being demolished in late August. Sketch by Martha Markowsky

Co-op housing an option for creating sustainable communities

By Julie LaPalme
By 2050, two-thirds of all humanity will live in cities and consume between 60 and 80 per cent of the world’s energy. From slum dwellers in Manila to urbanists in Zurich, people are joining forces and starting housing co-operatives to help lift themselves out of poverty and to improve the livability of their cities.

“Make cities and human settlements inclusive, safe, resilient, and sustainable” is number 11 on the list of the 17 global Sustainable Development Goals (SDGs) that the United Nations aspires to reach by 2030. Here in Canada and in other countries, co-operative housing is not new, but is a novel concept that can help achieve sustainable cities and communities.

As value-based and principle driven organizations, co-operative enterprises are by nature a sustainable and participatory form of business. The role that co-operative housing plays in relieving poverty, inequality and

insecurity of tenure, among other challenges is important in meeting many of the SDGs.

The first co-operative dates back to the 1840s in Rochdale, England where a group of weavers became fed up with the high cost and poor quality of goods being sold by shopkeepers. Together, they pooled their resources and were able to open their own shop, providing quality goods at fair prices. In the tradition of their founders, modern cooperatives are based on the values of self-help, self-responsibility, democracy, equality, equity and solidarity.

Influenced by British examples, housing co-operatives were first established in Germany in the nineteenth century. The first homeownership housing co-operative was founded in 1862 in Hamburg and the first rental housing co-operative in 1885 in Hanover.

Some of the earliest housing co-ops in Canada were for students. The first one opened at the University of Toronto in 1936, and Queen’s University in Kingston, Ont. in 1944.

This wave of student housing co-ops continued throughout the 1960s and early 1970s.

The benefits of co-operative housing spread to the wider public in the late 1960s and early 1970s. More co-ops were developed in the 1980s and 1990s throughout Canada, but numbers dwindled in the following decades when governments stepped back from housing.

What exactly is co-operative housing? It’s a collective enterprise that provides housing for its members. These members jointly own the building(s) and collectively, they govern the affairs of the co-op. Each member is either a tenant or owner of their individual housing, depending on whether the co-op model is rental, or ownership.

In a co-operative, members participate in the decisions of the collective enterprise. Everyone can exercise their voting right at the annual General Assembly where they elect the co-operative’s board of directors. The board’s mandate is to ensure the smooth running of the co-operative, including overseeing staff. Thematic committees on such issues as finance, maintenance and sustainability are also part of the participatory model.

Co-operative housing is ideal for those looking for more than just housing, like seniors looking for an alternative to retirement homes, or young families and singles wanting a more affordable option to home ownership or renting. Collectively, everyone is the landlord and you can influence outcomes in your community by exercising your democratic rights.

Across Canada, more than 2,200 non-profit housing co-ops are home to about a quarter of a million people in more than 90,000 households. There are 40 housing co-ops in Ottawa, which translates to housing for 12,100 people.

Julie LaPalme was involved with the Beechwood Village Alliance for a number of years, lives in the neighbourhood. She is a cooperative housing consultant who works from home. For more info on cooperative housing, visit chaseo.org, chfcanada.coop and housinginternational.coop.



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A little bit differentIt's the difference that counts.

ELTOC summer tea raises over \$5,000

By Liz Heatherington

On June 22 at Elmwood School, many people gathered to hear more about English Language Tutoring for the Ottawa Community at its fundraising Summer Tea.

This year's event raised over \$5,000 for educational supplies.

ELTOC provides one-on-one tutoring in the homes of newcomers to Ottawa, who are unable to attend classes at local schools to due their responsibilities with infants, elderly parents or handicapped family members. Supported by Immigration and Refugees Canada, ELTOC still needs to fundraise for teaching materials.

Julie Somers, Chair of ELTOC's Board of Directors, was Master of Ceremonies at the Summer Tea. CBC presenter Adrian Harewood spoke about the importance of individual education to ensure later success and City Councillor Rawlson King remarked how important it is for newcomers to Canada to feel welcome in their community.

During the event, Ngoma of Africa, a Ugandan Dance group led by ELTOC Board Member Maria Nalunga, entertained the guests and musician Susan Toman performed a selection of Celtic harp music. Elmwood Chef Candice Butler prepared a sumptuous tea.

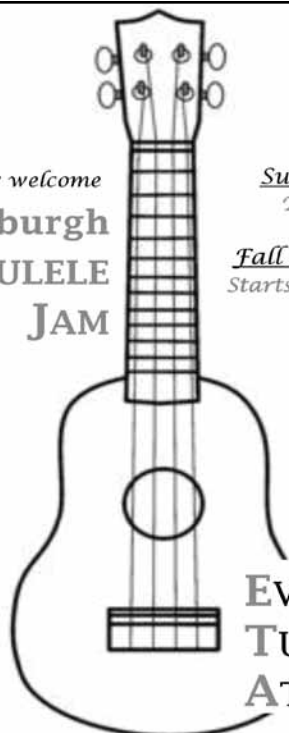


Photo courtesy Liz Heatherington

Front Row: Ann Thomson, Ajita Anil, Rawlson King and Adrian Harewood. Second Row: Liz Heatherington, Sahar Qassem, Giselle Leduc and Mita Basu. Third Row: Fafa, Mariam, Maria Nalunga, Lydia and Ada Tagliaferro. Fourth Row: Ugo Kejeh, Nancy Fanjoy and Raymond Schut.

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Exceptional music of Schubert and Brahms at next MacKay concert

By Carolyn Bowker

The acclaimed MacKay Concert Series continues its 2019–2020 season on Nov. 2 with an exceptional program of music by Franz Schubert and Johannes Brahms, performed by three fine musicians: Leah Roseman (violin), Natalia Bibik-Chabukiani (piano) and Thaddeus Morden (cello).

Leah Roseman, violinist with the National Arts Centre Orchestra and artistic director of the MacKay Concert Series, will perform the brilliant *Schubert Fantasy* with pianist Natalia Bibik-Chabukiani. This was the last of Franz Schubert's compositions for violin and piano, which premiered in 1828 shortly after it was composed.

This is repertoire Leah has long wanted to perform. She was first given the music when she was a child as part of a big pile of great violin repertoire, but she was



(from left) Thaddeus Morden, Leah Roseman and Natalia Bibik-Chabukiani.

Photo by Thaddeus Morden

this series on Apr. 26, 2020) to join Natalia in performing Robert Schumann's *Five Pieces in Folk Style op. 102* – miniatures containing the sprightliness and humor of German folk songs and dances.

Born and raised in Ottawa, Morden is an active musical freelancer in the city. He has been principal cello of the Ottawa Symphony Orchestra for eight years and is a member of Thirteen Strings. Thaddeus also works as an additional cellist with the National Arts Centre Orchestra and the Toronto Symphony Orchestra. His teachers in Ottawa were Donald Whitton and Amanda Forsyth and his studies continued at McGill University with Yegor Dyachkov and Matt Haimovitz.

The final piece of the evening, Brahms' first piano trio in B major, brings all three musicians together. Brahms composed it in 1853 when he was only 20 years old and then revised it in 1889. It is piece that is very popular with both performers and audiences, due to its wonderful sweeping melodies, rich harmonies and rhythmic drive.

So get ready for an enthralling evening of music, at MacKay United Church, 39 Dufferin Road at MacKay Street, Nov. 2, at 7:30 p.m. Tickets are \$25, \$20 for seniors and \$15 for students, available at Books on Beechwood, or at the door.

discouraged from programming it because the piano part (despite its great beauty) is difficult to perform.

No problem for Natalia Bibik-Chabukiani! Born in Ukraine, she trained at the Rimsky-Korsakov St. Petersburg State Conservatory with Tatiana Kravchenko, in Tel Aviv with Ilan Volkov and in Toronto with Julia Zarankin. Natalia recently moved to Ottawa from Regina, Sask. and is already an active performer of chamber music. She has performed in festivals including

the Sound Ways New Music Festival St. Petersburg and the Moscow Fall Festival and she was the Artistic Director of Concertino Regina for four years. She has recorded a CD of Valentin Bibik's works under the Cambria International label. She enjoys teaching children and working as a collaborative pianist with students and professionals.

Leah Roseman has also invited cellist Thaddeus Morden, another member of the Silflay String Quartet (who will be appearing in

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Established in 1981

New art collective explores working like a mother

By Sarah Jane Estabrooks

Professional women know the familiar struggle. After putting their career on pause to have a baby or two, how do they return to their profession? Professional artists are no exception. These questions of how mothers are viewed by society are being asked by women in all pursuits and careers.

Mother artists have their time, energy and mental focus pulled in many directions. This tension can affect the way a mother artist does her work; the challenge becomes finding way to work with intention and experience while staying fresh and current.

Last summer, local artists **Elizabeth Raymer Griffin** and **Sarah Jane Estabrooks** began asking: how do mother artists get their work done and recognized as important, not just a hobby?

To face this challenge, Raymer Griffin and Estabrooks have banded together with nine other women from the Ottawa area to form a mother artist collective known as 44.4. Raymer

Griffin and Estabrooks chose the name 44.4 to honour and recognize Georgia O'Keeffe, whose painting *Jimson Weed/White Flower No. 1* recently sold for \$44.4 million – the highest price ever paid for a work by a female artist.

The mother artist members of 44.4 support each other and work together to make art and to explore how professional mother artists can continue to grow in their artistic practices alongside their children in a way that enriches the world of art as well as the broader community. It is one of the duties of artists to reflect society and its views, changes and aspirations. The women of 44.4 are working towards this by supporting one another and by creating a space of support and accountability.

The work of 44.4 is about knowledge-sharing, economic survival, professional advancement, creative self-actualization, and collaboration with the goal of elevating self-worth. Its members are drawn from different types of training, different cities, and different careers. As a group, they have come together



Carmen Bohn and Sarah Jane Estabrooks (whose artworks are pictured above left and right) are two local artists who have joined 44.4, a collective of professional women artists.



around the specific challenges of combining artistic practice with the gendered – and very real – performance of motherhood. For some members, these issues are visible in their work; while for others, their role as mothers is immediately apparent only outside the studio.

Currently, the collective is working toward a group show that will explore the work of mothers who make art.

The members of 44.4 include: textile artists **Karen D. Miller**, **Carmen Bohn** and **Sayward Johnson**

(Bohn and Johnson were both featured in the NEST tour this past September); painters **Sarah Anderson**, **Sarah Jane Estabrooks** and **Lucie Raymond**; metalsmith **Andrea Mueller** (also in the NEST tour); photographer **Elizabeth Raymer Griffin**; writers **Victoria Solan** (volunteer coordinator for the Ottawa Writers Festival) and **Sanita Fejzic** (longlisted for the 2019 CBC Non-fiction Prize); and mixed media artist **Jennifer Cherniack**.

The following 44.4 members have upcoming shows:

- Oct. 18: Sarah Anderson and Sayward Johnson at Enriched Bread Artists (951 Gladstone Ave.) – an open-house vernissage


- November-December: Sarah Anderson at Sivarulrasa Gallery, 34 Mill St. Almonte, Ont.

- November: Karen D. Miller's new book, *Eyes Open to the World: Memories of Travel in Wool* to be published by Ampy Publishing

Please contact 44.4 at fortyfourpointfour.com or fortyfourpointfour@gmail.com for more information.



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'I'm not going to live here': How Louis St. Laurent became the first PM-in-residence at 24 Sussex Dr.

Continued from page 1

thing of a fleabag. The suites were cramped and the furnishings filthy. St. Laurent's refrigerator was in his closet and when Jeanne came to visit, she would bring an electric kettle and hotplate so she could prepare breakfast on a bedside table.

The aged Roxborough was no place for a prime minister when St. Laurent succeeded King in 1948, but he and Jeanne still did not want a house in Ottawa. The government, however, had other plans.

No one bothered to inform the St. Laurents that 24 Sussex Street (which became Sussex Drive in 1967) had been designated as the Prime

Minister's official residence. Nor were they consulted on the renovation.

Jeanne and Louis were horrified when they were presented with the "monster home. They hadn't asked for it and they didn't want it." St. Laurent relented and agreed to move in on the condition that he pay an annual rent of \$5,000, a cost he could hardly afford. (The practice of paying rent continued until early 1971, when Parliament passed legislation eliminating the fee.)

When she walked through the front door, Jeanne exclaimed: "I'm not going to live here!" She believed that suppliers provided things for the house that they could



Front view of 24 Sussex St., 1949.

Photo credit: Library and Archives Canada, PA-123534



Photo credit: G. Blouin, National Film Board. Library and Archives Canada, PA-128116

Front view of 24 Sussex St., April 1951.

not otherwise sell. The hall had been papered with giant chrysanthemums and—like Oscar Wilde, who said on his deathbed of the wallpaper in his room "either it goes, or I do"—Mme. St. Laurent stated that she could not "live with that wallpaper!" In her case, it was the chrysanthemums that left.

So, on May 1, 1952, Prime Minister Louis St. Laurent and his wife formally took up residence at 24 Sussex St.

Also known as Gorffwysfa (Welsh for "resting place"), 24 Sussex Street/Drive was built in 1867–68 by Joseph Merrill Currier, a Vermont-born lumber baron. In 1902 the house was sold to another lumber baron and parliamentarian, William Cameron

Edwards, who made substantial alterations to the house between 1907–09. The property remained in the hands of the Edwards family until 1943 when an eviction notice was served by the federal government on Gordon Cameron Edwards, a lumber merchant and member of the House of Commons, who spent the last few years of his life fighting the order. In 1946, the Exchequer Court of Canada awarded the Edwards \$140,000 for the property and \$7,391.95 for costs.

Despite the government's success in the dispute, the question as to what to do with the house remained. It was not until 1950 that the decision was finally taken to refurbish the property as

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Champlain Park: Hi style and low maintenance! If you love to entertain, this home will tick off all the boxes: open spaces, great flow, dream kitchen and wonderful rear yard oasis with heated pool and gorgeous southern exposure. Three bedrooms upstairs and a lovely bathroom. Want more? There are easy ways to add space. The completely finished lower level provides great swing space for guests, play or even a live in student or nanny. Attention to detail is evident. Elegance is prominent.



102-345 St Denis St - \$309,000

Quartier Vanier: Funky 2 bed, 1.5 bathroom unit is approx 1060 sq feet, an amazing \$291/sq ft value! On a quiet neighbourhood street, enjoying a lovely private patio with southern exposure. This converted school building has 11' ceilings, huge windows, open plan, Terrazzo floor hallways and other nifty touches harking to its former use. Le St Denis is comprised of 49 units, mostly owner occupied and a very tight knit community. Eco-friendly building with LEED Silver designation.



2048 Fairbanks Ave - \$2400/mth

Alta Vista: Lovely, classic, elegant Alta Vista bungalow on super street and spectacular lot. Loads of upgrades and renos: Large kitchen, 2 full bathrooms, 3 bedrooms, finished basement. Third bedroom currently used as den but can be easily converted back to a bedroom. Hardwood floors throughout. Big windows! Beautiful, private back yard with plenty of mature trees. Long term lease available. Tenant pays utilities. Available October 1.



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Photo credit: Department of Public Works, Library and Archives Canada, PA-125240

Prime Minister's Residence, 24 Sussex St., during alterations, August 1950.

the official residence for the Prime Minister. In the 1950s, the era of modernism, renovations involved removing—on both the exterior and the interior—many home's Victorian features, including elaborate wooden trim, bay windows, wood paneling and several fine fireplaces.

After the gutting, remodeling and redecorating, what emerged was a large, two-and-a-half-storey residence with a Georgian stone doorway surmounted by three

maple leaves on a single stem. The roof was covered with British Columbia cedar shingles. At that time, the interior comprised 14 main rooms, including guest bedrooms, eight bathrooms, five staff bedrooms, staff sitting rooms, kitchens, storerooms and other chambers.

The layout of the ground floor lent itself to large receptions for 150 to 200 guests, circulating easily between the dining room, drawing room and library. The dining

room had ruby-red flocking and ivory-painted woodwork. Designed to accommodate up to 24 people for a formal dinner, it featured a large bay window overlooking the Ottawa River and Gatineau Hills beyond.

The walls of the formal drawing room were grey-green with matching grey-green silk damask hangings. The bay window in this room overlooked the garden, while the four large windows faced the river.

The final cost to the federal government after renovations was \$557,319.86.

Although 24 Sussex is the first—and to date, the only official residence of Canada's prime ministers, once the St. Laurents moved in, Jeanne established it as a family home. She had no desire (nor felt any obligation) to open the house for entertainment unless deemed absolutely necessary. It's an attitude that has changed over time and the house has gone on to host many dignitaries and has been the setting for major events that influenced Canada's history.

Hagit Hadaya is a freelance architectural historian who has acted as a consultant for a number of governmental departments. She conducts architectural walking tours of various areas in Ottawa and has published a number of articles and two books about buildings in the Capital.

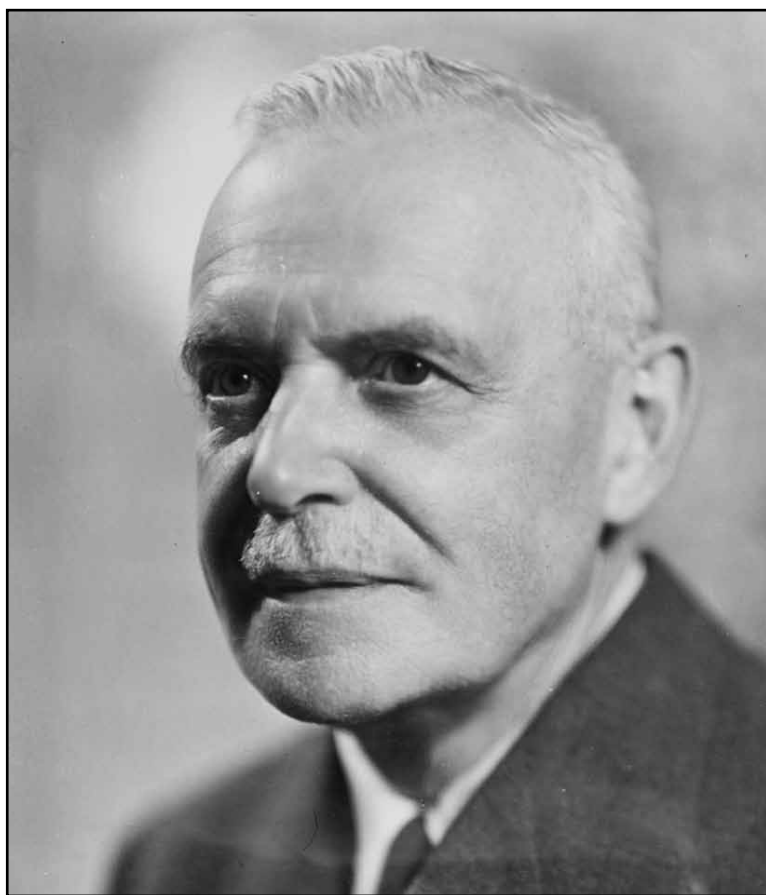


Photo credit: Library and Archives Canada, C-010461

Prime Minister Louis St. Laurent, ca. 1950.

Open House Portes-ouvertes

380 chemin Springfield road

succursale

ROCKCLIFFE PARK

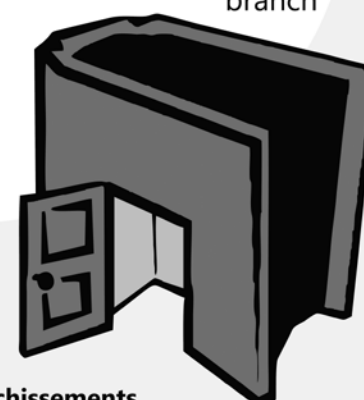
branch

Saturday, October 5
10 am to 1:30 pm

Le samedi 5 octobre
de 10 h à 13 h 30

10:30 am / 10 h 30
Monkey Rock Music

12 pm / 12 h
Crafts / Bricolages
Refreshments / Rafrâichissements
Balloon Twisting / Sculpture de ballons
Other surprises / D'autres surprises



Ottawa Public Library
Bibliothèque publique d'Ottawa

BiblioOttawaLibrary.ca
InfoService@BiblioOttawaLibrary.ca
613-580-2940

Rockcliffe Park Library Fun Day returns Oct. 5

By Carolyn Brereton

Your library is here for you! On Oct. 5, from 10 a.m.—1:30 p.m., the Rockcliffe Park Branch of the Ottawa Public Library, located at 380 Springfield Rd., welcomes you and your family to a complimentary Open House and Fun Day.

Featuring a music show with Monkey Rock Music, there will also be refreshments, crafts, balloon twisting and other surprises!

The purposes of this event are twofold: to thank the community for its ongoing support for the Library and to welcome new clients into our

Library fold.

The Rockcliffe Park Branch is a local treasure. The staff provide outstanding service and are always willing to help with any query. Library volunteers are also essential to its success. They can often be found in the back area, sorting mountains of donated books to be sold during the Rockcliffe Park Spring Book Sale, providing the funds that support such initiatives as the October Open House.

Please join in the celebrations, have fun and share in a love of reading.

This event is funded by proceeds from the Rockcliffe Park Spring Book Sale.

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Local composer adapts story of Frankenstein for opera

By Nadine Dawson

Andrew Ager has written four operas, all of which have been produced. Described in *Toronto Star* as “one of Canada’s most intriguing classical musicians,” he lives in New Edinburgh and works as a full-time composer and accompanist.

Frankenstein – The Opera 2019 stars Constantine Meglis and Lenard Whiting, and features Bronwyn Thies-Thompson, Jeffrey Boyd, Gary Dahl, James Coole-Stevenson, Carmen Harris, and New Edinburgh resident Elliott Mennier.

I interviewed Ager backstage at Carleton Dominion-Chalmers Centre, where the set for his upcoming opera is being constructed. (This interview has been edited and condensed for clarity).

Did you find composing, or did composing find you?

I was always thinking of music, back to my earliest memories: making up tunes, making up sound in music to go with pictures or stories that I heard or had in my head. Ever since I was very small. Ever since I started talking, probably.

What do you remember about the first time an audience heard your music?

I think that was when I was about 16 years old. I played a piano piece that I wrote, and people liked it and said that I should write more. So that’s my earliest memory of it. I didn’t write it [so] that they would like it. I wrote out what I wanted to write, and they liked it. So that was very nice to hear.

What are the most rewarding and the most challenging aspects of being a composer?

I’d say they’re linked because what’s rewarding is getting [your music] produced, and what’s most frustrating are all



Photo courtesy Andrew Ager

After 15 years, composer Andrew Ager will debut his new opera on Halloween.

the things that happen which are part of getting it produced. You can’t avoid it. I’ve [brought my own music to stage] a number of times here in Ottawa already. I did it in Toronto. I did it in other places that I lived in before that. I’ve generally created my own shows. And they aren’t as big as this *Frankenstein* project, but I got to know some of the ins and outs of [production]. But the most rewarding thing, is to have [your work] produced and have people see it.

Take me through the process of creating a brand-new opera, from inspiration to opening night.

I had nightmares about Frankenstein when I was a little boy. I started writing a gothic opera on another theme, [but] I decided that story wasn’t well enough known to use as an opera, and I switched over to Frankenstein. I started about 15 years ago. It went through a lot of different versions because the novel is quite

long and complicated and that doesn’t work well as an opera. So, over the years I had to remove scenes, change other scenes, make the whole structure quite different. I’ve adapted some of the voice parts to the cast of this performance, and we’ve been very busy with the music rehearsals, with the building of the set, and all the other things that go with that—the marketing, the publicity, and so on.

Frankenstein – The Opera will make its Ottawa debut this fall. What can audiences expect?

I think they can expect to be thrilled, they can expect to be chilled, and they can expect to be touched. The creature is the centre of the opera and he is a complex character. He has a violent side, he has a tender side, he’s very emotional, and he’s a fascinating character.

I chose the cast. Lenard Whiting is singing Victor Frankenstein. He has superb acting abilities, as well as



Constantine Meglis stars as the Monster.

a great ringing tenor voice. He can really carry off high-intensity roles, which of course [this] is. The role of the monster is being sung by Constantine Meglis, who is very big physically. He’s a huge person. He’s also an accomplished actor. He does a lot of film and stage work. He has a very striking face. The rest of the cast is a supporting cast, and I’m using very high-end talent from Ottawa, including Elliott Mennier, head chorister at Christ Church Cathedral, and member of Caelis Academy Ensemble, who’s singing the role of William, Frankenstein’s younger brother. We’re doing it at Dominion-Chalmers because it’s such a haunting and spooky space.

How would you “sell” opera to someone who hasn’t yet discovered it?

It’s the story. It’s the story told in music. And if it’s a great opera, it draws you right in. You’re part of it. If it’s great music, then the music

also tells the story. That’s what I think opera does. Not everybody grows up hearing opera, but I think that at some point or another if they encounter an opera that is a familiar story that they’re interested in, then they’ll get drawn in. Come to the opera and see Frankenstein. You’ll be amazed by it.

Frankenstein – The Opera 2019 makes its Ottawa debut Oct. 31 and Nov. 1 at the Carleton Dominion-Chalmers Centre, 355 Cooper St. Tickets are available at Eventbrite.ca (Frankenstein - Ottawa), at the door or at Books on Beechwood. VIP tickets include preferred seating and a cast reception after the performance. Students (and anyone wearing a Halloween costume!) receive a discount.

Nadine Dawson is an artist and teacher who lives in Old Ottawa South. Look for her on the stage of Frankenstein, fulfilling a life-long ambition to be a non-speaking extra!

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for the next issue of the
New Edinburgh News

November 10

Elmwood school honours founder, hosts annual tea this fall

By Lindsay Germano,
Jennifer Irwin-Jackson and
Andrea Thomson

The summer is typically a quieter time for us, but this year Elmwood School was absolutely buzzing at the end of August, thanks to the filming of a Hallmark Christmas movie!

Our gymnasium, a few of our classrooms and our auditorium were completely transformed with festive spirit.

Elmwood alumna **Zaina Khan** was hired as a Lighting Technician for the Auditorium filming and **Grace Goldberg, Toosje Delaney, Madelaine Delaney** and **Catherine Delaney** all starred as extras.

Tune in to the Hallmark Channel on Nov. 16 to catch a glimpse of Elmwood in *Double Holiday*.

Celebrating Elmwood's founder

On Oct. 4 we will celebrate our founder, **Theodora Philpot**, with special activities during the day and a community event in the evening. During the day, stu-

dents, parents, staff, faculty and alumni will participate in an assembly and the retelling of the school's origin story followed by a special lunch and field games.

That evening we will welcome the community to join us for Founder's Fest. The event will feature house-made delights from **Chef Candice** and the Elmwood Bistro, music from The Hornettes, wines from Two Sisters Winery and beer from Waller St. Brewery. The event will take place in the Elmwood Gymnasium, 261 Buena Vista Road. Tickets are \$45 per person. Visit elmwood.ca/foundersfest for additional details and to confirm your spot!

Holly Tea and Art Show

Members of the community are invited to join us for our annual Holly Tea and Art Show. This event is always a highlight of the holiday season, filled with stunning artistry and festive cheer. We will be kicking things off Nov. 29 at 6:30 p.m. with

our Art Show Vernissage. The show will continue on through Nov. 30 and Dec. 1 from 10 a.m.–4 p.m., as will our Holiday Marketplace! And don't miss out on our Holly Tea, which will take place Nov. 30 from 1–4 p.m.

Open House

If you are keen to learn more about Elmwood's innovative approach to girls' education, please join us on Oct. 26 for our Fall Open House. You will have the opportunity to tour the school, meet with teachers and learn more about how Elmwood can inspire your daughter to reach her full potential. To RSVP, please visit elmwood.ca/open or call 613-744-7783.

Linden House Theatre Company

Linden House Theatre Company proudly presents *The Savannah Sipping Society*, a charming comedy about four women who come together and bond (over a peach julep or two) on a verandah in the sunny South in an effort to capture their



Photo courtesy Elmwood School

Elmwood students (from left) Abigail Butler, Isabella Thomas and Jagnoor Saran serving tea at last year's Holly Tea event.

joy in their lives. An original play by the American trio **Jessie Jones, Nicholas Hope**, and **Jamie Wooden**, the play is directed by **George Stonyk** and stars **Venetia Lawless, Jennifer Sheffield, Lindsay Lavolette** and Linden House Theatre Company's founder, **Janet Uren**. *The Savannah Sipping Society* opens on

stage at Elmwood School on Nov. 8 at 7:30 p.m., and continues with evening performances on Nov. 9, 15 and 16, and matinees at 2 p.m. on Nov. 10 and 17. Tickets are \$25 and available at lindenpro.ca, at Books on Beechwood (35 Beechwood Ave.) or by calling 613-842-4913. Parking is free onsite.

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laugh,
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Community Update

A memorable first year

Jim
WATSON
Mayor • Maire

City Building

- The Confederation Line of our O-Train Light Rail Transit (LRT) system opened to the public on September 14. It was the busiest LRT system on day one in North America
- Construction for Stage 2 LRT is underway, bringing rail farther east, west and south
- The Flora Footbridge, which connects the communities of Old Ottawa East and the Glebe, as well as Lansdowne, was completed ahead of schedule, under budget and officially opened to the public in June
- An additional \$9.8 million being invested into roads, bike lanes, sidewalks and City facilities in 2019 to bring the total road and infrastructure budget to \$128.5 million



Community

- No-charge OC Transpo service for seniors has been extended to include Sundays in addition to Wednesdays
- Started to pilot new school bus stop-arm cameras with the Ottawa Police Service to catch dangerous drivers and keep children safe in school and residential areas
- Over 400 new affordable housing units have been approved to be built since the beginning of the new 2018-2022 mandate
- 6 new Red Light Cameras will be installed in 2019, for a total of 60
- Started a comprehensive review of the City's Tree By-Laws with an objective to reduce urban tree loss

Affordability and Economic Development

- Amazon fulfilment centre now employing over 600 residents in the east end
- Ottawa's first soundstage campus and creative hub being built in Nepean, creating up to 500 new jobs and generating \$40 million in economic activity in the first few years
- Reduced patio permit fees by 50% to help local businesses deal with rising costs
- Maintained a Moody's Aaa credit rating
- Keeping life in Ottawa affordable while investing in essential services with a cap on taxes



Design, architecture and holiday shopping come together for popular home tour

By Hospice Care Ottawa

Eight Ottawa-area homes will open their doors to the public for the Homes for the Holidays tour on Nov. 15, 16 and 17 in support of Hospice Care Ottawa. The heritage properties and uniquely designed houses across the city—including Rockcliffe Park, the Glebe, and Manotick—will be decorated by some of the region's top florists and designers to inspire guests on how to decorate their own spaces for the holidays. Last year, the tour saw almost 1,600 visitors trekking through the homes, and it raised more than \$143,000 for the palliative and end-of-life programs offered by Hospice Care Ottawa. Since it began in 2003, the tour has raised more than \$2.3 million.

"Homes for the Holidays has become a holiday tradition," said Lisa Sullivan, Executive Director at Hospice Care Ottawa. "It is thanks to our generous community and more than 500 event volunteers that we can raise funds which allow us to continue to provide our programs and services at no cost to those living with a life-limiting illness."

The 2019 tour features a range of homes, from a charming Cape Cod-style home built in the 1940s, to a contemporary home featuring wall-to-wall windows.

Exciting this year is the home at 260 Park Rd. in Rockcliffe Park. It is the property of the Kingdom of Belgium, where the Ambassador of Belgium and his family reside, and showcases an eclectic art collection from many different countries around the world.

"I am so excited for tour participants to see the homes we've selected," said Sharon Lalonde, co-chair of Homes for the Holidays 2019. "Unadorned they are gorgeous so I can't wait to see them after the florists and designers decorate them for the season!"

In addition to the eight decorated tour homes, ticket holders will also have access to two special holiday stops: The Holiday PopUp Shop and the Handmade Bazaar.

Located in the beautiful Park Road residence of the Ambassador of Ireland to Canada, the Holiday PopUp Shop offers visitors the chance to get a head-start on holiday shopping. It will feature a selection of local artisans and businesses that have agreed to donate a portion of their proceeds to Hospice Care Ottawa.

The Handmade Bazaar, at The May Court Club of Ottawa on Cameron Avenue, will inspire gift ideas with one-of-a-kind items, and 100 per cent of sales will directly support Hospice Care Ottawa.

"Year after year, Homes for

the Holidays has been a marquee event for Hospice Care Ottawa," explained Susan McIntosh, manager of Fund Development. "Without the generosity of the homeowners, florists, sponsors, donors and ticket buyers, we wouldn't have such a successful event year after year."

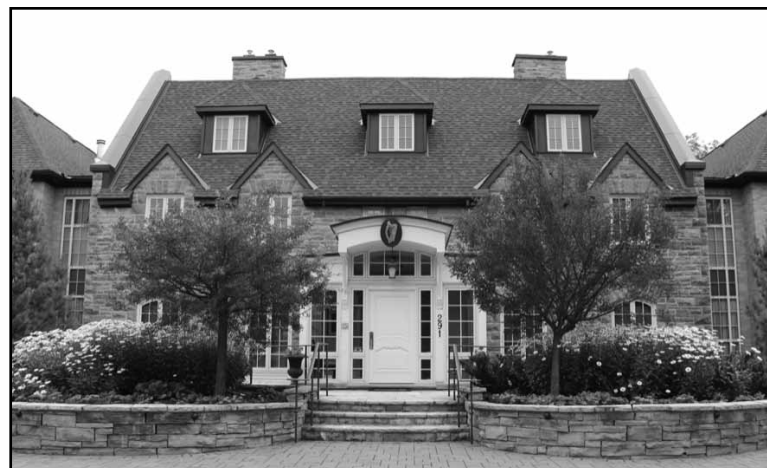
Hospice Care Ottawa provides services to more than 1,700 individuals and their families each year. While it receives some government funding, 40 per cent of its operating budget comes from donations and fundraisers such as Homes for the Holidays and the annual Hike for Hospice each spring.

The organization has three hospice sites to serve our Ottawa community: Ruddy-Shenkman Hospice in Kanata, the May Court Hospice in Old Ottawa South, and la Maison de l'Est in Orleans, which predominantly serves the Francophone community. Hospice Care Ottawa programs include day hospice, home support, bereavement support, caregiver support and 19 end-of-life beds in our hospice residences.

Ticket booklets are on sale now for \$50 each. They can be purchased online and at various locations across Ottawa. For more information or to purchase tickets visit hospicecareottawa.ca/homes-for-the-holidays-2019 or call 613-260-2906 x 222.



Last year, 582 Mariposa Ave. was decorated for the house tour by Karen Grand of Grand Expectations and Scrim's Florist. This year, the Ambassador of Belgium's residence will open its doors, while a Holiday PopUp Shop will take place at the Irish Ambassador's residence, both on Park Road in Rockcliffe Park. Photo by Brian Hum



291 Park Rd., Irish Ambassador's residence. Photo by Brian Hum



260 Park Rd., Belgian Ambassador's residence. Photo by Brian Hum

Find your golden ticket at the annual RPPS Book Fair

By Sara Dobbin

Come find your "golden ticket" at the 2019 Rockcliffe Park Public School Book Fair. Students are excited for this year's theme: Roald Dahl. An author who appeals to both the young and young at heart, the inspiration of this award-winning author will be felt throughout this year's event.

Roald Dahl's imagination has taken us on adventures to places beyond belief. His novels capture fantasy and reality in perfect balance. His first children's novel, *James and the Giant Peach* (first published in 1961) still carries its audience on a timeless

journey away from stress and fear and placing us into a world of love and compassion. Meaningful morals are intertwined throughout Dahl's repertoire. This is one of the reasons why adults return to his stories and children are eager to read (and re-read) them. Some of our younger readers may have been introduced to Roald Dahl when his vivacious characters were brought to life on film by acclaimed producers like Tim Burton and Wes Anderson. You can also find productions of five of Dahl's books on Broadway!

The RPPS Book Fair has been the school's top fun-

draiser for nearly 60 years. We welcome you to browse among thousands of donated books over three days in the RPPS gymnasium, Queen Juliana Hall. Matilda doppeleangers will have a field day browsing books of every genre, as well as magazines, vinyl records, puzzles and board games. Bookshelves are restocked regularly, so there are new treasures each day. Children are welcome and can be found "wondering what to read next" in our abundant children's section. They can also explore our Craft Corner. No need to hurry home for lunch: you can enjoy a hot meal, dessert

and coffee in our delicious Café.

Book Fair at RPPS is one of our community's most anticipated annual events. Volunteers from the school and community work more than 4,000 hours each year on Book Fair. Those generous volunteers helped raise \$46,000 in 2018. These proceeds are used to sponsor educational field trips, author and illustrator workshops and literacy programming. RPPS also shares its good fortune, making five \$1,000 grants to local public schools. For a full list of funds management visit rockcliffeparkbookfair.com.

We hope to see you at the 58th annual RPPS Book Fair, Nov. 1–3 2019 in the Rockcliffe Park Public School gymnasium (Queen Juliana Hall – enter off Springfield Road near Buena Vista).

For more information on hours, location and volunteer opportunities, visit rockcliffeparkbookfair.com and follow us on Facebook (RockcliffeParkBookFair), Twitter (@rppsbookfair) and Instagram (RPPSbookfair).

Parent volunteer Sara Dobbin is a member of the RPPS Book Fair committee.

EVENTS CALENDAR

Send event listing details to newednews@hotmail.com. Visit our website at newedinburgh.ca/events for the most up-to-date listings.

OCTOBER

Oct. 5 – Open House and Fun Day at the Rockcliffe Park Branch, Ottawa Public Library, 380 Springfield Rd. 10 a.m.–1:30 p.m. Enjoy a free music show with Monkey Rock Music, refreshments, crafts and other surprises. Fun for the whole family.

Oct. 15 – NECA meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca. Everyone is welcome to the monthly board meeting of the New Edinburgh Community Alliance.

Oct. 21 – CCC meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca/ccc-2. The Crichton Community Council welcomes everyone with time and energy to contribute to their community to their regular monthly meetings.

Oct. 20. – Butterfly Run Ottawa at Aberdeen Pavilion, Lansdowne Park. www.butterflyrunottawa.ca 8:30a.m. The Butterfly Run is a 5km run/walk to raise awareness and support for individuals and families who have experienced infertility, pregnancy and infant loss while raising money for Roger Neilson House at CHEO.

Oct. 20 – MacKay Market at Memorial Hall, 39 Dufferin Rd. 10 a.m.–3 p.m.

Haikus

by Anna Neufeld

Pure gold on green grass
Dandelions – a curse to many

Others enjoy them

Saw goslings' daycare
They went for dip in Rideau

Nature's miracles

Suddenly sky cleared
Sun appeared and gulls did fly

Waxing moon above

Clear Sunday morning
Pure sunshine morning till night

No humidity!

613-749-8727; mackayunitedchurch.com. In lieu of its November bazaar, MacKay United will be having a sale of baking and preserves at the MacKay Market. All donations are welcome. Featuring cards, stationery, clothing and accessories, wellness items, craft kits, bake sale and more!

Oct. 23 – NECA Annual General Meeting at St. Bartholomew's church hall, 125 MacKay St. newedinburgh.ca. 8 p.m. All New Edinburgh residents are welcome to NECA's Annual General Meeting and to join the board!

Oct. 23 – The Mysteries of Baroque Music... DE-Mystified at MacKay United Church, 39 Dufferin Rd. 7–9p.m. Tickets: \$20 on eventbrite.com (\$25 at the door). mackayunitedchurch.com. The MacKay Brainery hosts Olivier Henchiri, founder and lead cellist for the Ottawa Baroque Consort, who will present "The Mysteries of Baroque Music...DE-Mystified."

Oct. 26 – Halloween Howl at the New Edinburgh Fieldhouse, 203 Stanley Ave. newedinburgh.ca 3–5 p.m. The Crichton Community Council's annual Halloween Howl features a costume parade, games, crafts, prizes and more!

Oct. 31 – Frankenstein the Opera at Carleton Dominion-Chalmers Centre, 355 Cooper St. Tickets on Eventbrite.com or at the door. \$30–\$73.50. VIP tickets include preferred seating and a chance to meet the cast after the performance. Students and anyone wearing a Halloween costume receive a discount! Learn about the opera's Ottawa debut, page 30.

NOVEMBER

Nov. 1-3 – Book Fair at Rockcliffe Park Public School, Queen Juliana Hall, 370 Springfield Rd. rockcliffeparkbookfair.com; @rppsbookfair; Facebook: RockcliffeParkBookFair. The 58th annual Book Fair at Rockcliffe Park Public School returns for an amazing three days: gently used books in all genres – vinyl, board games, and puzzles, too! See page 34.

Nov. 2 – Something New

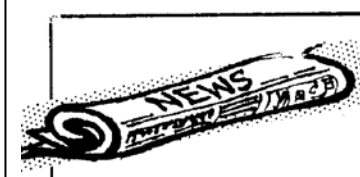
Edinburgh at Memorial Hall, 39 Dufferin Rd. 10 a.m.–3 p.m. Free admission. The fifth annual Something New Edinburgh craft show returns! Expect 35 fantastic vendors, door prizes to be won, and Angry Dragonz food truck onsite for lunch. Last year we set a new record with more than 900 attendees.

Nov. 2 – St. Bart's Annual Bazaar and Tea Room at the Church of St. Bartholomew, 125 MacKay St. 1–4 p.m. 613-745-7834 x 115. St. Bart's will hold its Annual Bazaar and Tea Room. Please join us for this classic event to find antiques, gifts, books, jewellery, toys, games, baking, jams and jellies, attic treasures, Christmas decorations, crafts, knitting and our elegant tearoom.

Nov. 4 – Bach Odyssey X at Carleton Dominion-Chalmers Ctr., 355 Cooper St. 7:30 p.m. Tickets \$40–\$60. chamberfest.com. Canadian pianist Angela Hewitt continues her baroque keyboard epic with the fourth, fifth, and sixth English Suites, and the Sonata in D major.

Nov. 4 – MacKay Concert Series at Memorial Hall, 39 Dufferin Rd. The acclaimed MacKay Concert Series continues its 2019–2020 season with an exceptional program of music by Franz Schubert and Johannes Brahms, performed by Leah Roseman (violin), Natalia Bibik-Chabukiani (piano), and Thaddeus Morden (cello). Details, page 26.

Nov. 9 – One and Only Arts & Craft Fair at the Sandy Hill Community Centre, 250 Somerset St. E. 613-565-4828. 10 a.m.–4 p.m. Sandy Hill's unique and affordable One and Only Craft Fair, this year with books! Lots of local artisans, hand-picked books, light refreshments. Proceeds to local youth arts and literacy programs, and Action Sandy Hill. Cash only.



Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

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Educational consultant will help you or your child. Tutor, project assistance, school liaison. 36 years' experience. References. Lorna Bernbaum, M.Ed. l_bernbaum@icloud.com 613-850-1776.

Nov. 15, 16, 17 – Homes for the Holidays at various locations across Ottawa. \$50. hospicecareottawa.ca/homes-for-the-holidays-2019. 613-260-2906 x 222. Eight homes in Rockcliffe Park, the Glebe and Manotick will open their doors to the public for the Homes for the Holidays tour in support of Hospice Care Ottawa. These unique properties will be decorated to inspire guests on how to decorate their own spaces for the holidays. Details, page 34.

Nov. 16 – Vintage Clothing Sale at All Saints Event Space, 10 Blackburn Ave. 9 a.m.–4 p.m. 613-323-3751. All proceeds from this Vintage Clothing Sale will go to the Cornerstone Women's Shelter.

Nov 18 – CCC meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca/ccc-2. The Crichton Community Council welcomes everyone with time and energy to contribute to their community to their regular monthly meetings.

Nov. 19 – NECA meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca. Everyone is welcome to the monthly board meeting of the New Edinburgh Community Alliance.

Nov. 30 – Elmwood Alumni Holly Tea and Art Show at Elmwood School, 261

Buena Vista Rd. 10 a.m.–4 p.m. Elmwood School hosts its annual art show, featuring works from students, alumni and former staff. At the same time is the Holly Tea and Christmas Market, where local merchants will have many items for sale.

DECEMBER

Dec. 6 – Fundraiser for Rideau-Rockcliffe Community Resource Centre at St. Bartholomew's Church, 125 MacKay St. 5–7 p.m. Tickets \$100 via Eventbrite.com. Info: lktouchan@gmail.com. Come support the great work the Rideau Rockcliffe Community Resource Centre (crrc.org). Tickets include live music, complimentary prosecco, food and refreshments, and a silent auction.

Dec 9 – CCC meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca/ccc-2. The Crichton Community Council welcomes everyone with time and energy to contribute to their community to their regular monthly meetings.

Dec. 17 – NECA meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30 p.m. newedinburgh.ca. Everyone is welcome to the monthly board meeting of the New Edinburgh Community Alliance.

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Condolences



Rev. Dr. **Joseph Burke** passed away on Sep. 7, aged 79. Originally from Newfoundland, Rev. Burke served for 16 years as the minister of MacKay United Church. He is survived by his wife **Theresa**, son **Todd**, daughter **Stacey**, four grandchildren, and his six siblings. His funeral took place Sep. 13 at MacKay United.

Condolences to **Suzanne McDougall** on the recent death of her husband **Thomas McDougall**, an Ottawa lawyer and longtime 'Burg resident. Our thoughts are with Suzanne and their children **Andrew**, **Martha (Whitlock)**, and **Simon**.



Long-time Maple Lane resident **Stephen Brereton** (above) passed away suddenly on Sept. 21. His wife, **Carolyn**, is a former *NEN* editor. His sons, **William** and **James** briefly attended Crichton Street School before it closed. Steve enjoyed a 35-year career with the foreign service and met Carolyn during his first posting in Havana, Cuba. Other assignments included Japan, Belgium, and the United States, where he served as Consul-General

in Buffalo and Atlanta. At home in Ottawa, Steve served as a Church Warden at St. Bartholomew's. He will be deeply missed by his family, friends, and his community.



Michael Glover passed away on Sep. 1, aged 72. Michael and his wife **Kitty** (d. June 2007) were active in New Edinburgh for more than 30 years on Dufferin Road. In the 1980s, Michael served as NECA president and as *NEN* editor. He was also dedicated to the preservation of local history, industrial as well as social. Michael was an inventor, entrepreneur and visionary, dedicated to the development of high-performance building technologies and climate-change solutions. He is survived by his second wife, **Annie Dalton-Glover**; his children **Alexandra** and **Christopher**, and three grandchildren, **Jackson** and **George Ward**, and **Ulyana Glover**.



Longtime Crichton Street resident **Ted Mathesius** passed away on Aug. 2. Ted will be sorely missed by his extended family in Ottawa and Eganville, Ont., his church family at St. John Lutheran, the "Joyful Noise" music group, all his human and four-legged friends in New Edinburgh. Ted's funeral was held Aug. 8 at Beechwood Cemetery. Our condolences to Ted's wife **Bev**, daughter **Heidi** and grandchild **Jordyn**.

Wanted

Over the summer, **Tea Tyme** (81 Beechwood Ave.) has

received several enquiries for short-term (1–1.5 hrs) workers, such as gardeners, carpenters, painters, errand assistance, grocery pick-ups, etc. If you are such a worker or if you need such a worker, please leave your info with Tea Tyme. All are welcome!

Anna Rumin, Andrea Laurin and Katie Faught are organizing a Vintage Clothing Sale on Nov. 16 at All Saints Church Hall, 10 Blackburn Ave. from 9am–4pm. All proceeds will go directly to Cornerstone Shelter for Women. If you have any gently-used quality clothing or accessories (hats, bags, purses, scarves, belts) as well as costume jewellery, contact Anna at 613-323-3751 or anna.rumin@gmail.com.

Welcome

A warm neighbourhood welcome to **Julie Kirsch** from Dresden, Germany. A grade 11 student at Lisgar Collegiate, Julie is here for a gap year and is living with **Paula, John, Zoya** and **Maksim** on Avon Lane.

Rockcliffe Park Public School welcomed its new principal **Heather Mace** on Sep. 3.

Miscellaneous

Rockcliffe Park Public School's annual used **Book Fair takes place Nov 1–3, 2019**, but we need help ASAP! We are in desperate need of volunteers to help with our book donation team. We welcome volunteers from the greater community, as well as school families. No experience required. Contact christina@leadlay.com for details. Visit rockcliffeparkbookfair.com.



New Ed resident **Joyce Dubuc** is off once again to give school supplies to children in Granada, Nicaragua. Without this help, many students would have to drop out of school. All donations go directly to the purchase

of notebooks, pencils, pens, erasers in Granada. Donations can be sent to Mackay United Church, 39 Dufferin Rd. or e-transfer to admin@mackayunitedchurch.com. Thank you for your continued support! Details: jdubuc93@gmail.com.



CityKidz began its fall program on Sep. 14 with a creative surge with our special

Get Well Soon!

Wishing **Isobel Bisby** a speedy recovery from her recent hip surgery.

Congratulations

Congratulations to **Alex MacDonald** on the 30th anniversary of her "Stretch and Strength" classes which have a devoted following in the community. Here's to many more years of keeping us trim and fit!



Photo by Ted Ryan

After not advancing past the round-robin in 2018, the Ottawa East Minor Hockey Association's ball hockey team (comprising the same eight players) stunned even their coach to win the 3-on-3 ball hockey tournament at Lansdowne Park in August. Congratulations to (back row, from left) **Ahmad Al Masri**, Coach **Ted Ryan**, **Ali Mahli Al Tammo**, **Bahaa Hamadah**. (Front row, from left) **Jehad Al Sadei**, **Mohammed Al Masri**, **Mathieu Tremblay**, **Shiar Mahli Al Tammo** and **Ismail Amam**.



Michael and Charles Wesley-James of Stanley Avenue were married at the Ottawa Rowing Club under sunny skies surrounded by family and friends on Jul. 6. The children **Matthew and Mackenzie** are thrilled for their Dad.