

December 2012

# NEW EDINBURGH NEWS



www.newedinburgh.ca

## Update on Rockcliffe Air Base Redevelopment Plan

By Don Schulz

**Canada Lands Company**  
Canada Lands Company (CLC) is renewing a planning and public consultation process to redevelop the former CFB Rockcliffe site. CLC had conducted an earlier planning and consultation process from 2005 to 2007; however, during that two-year period, CLC became aware of the need to negotiate an agreement with the Algonquins of Ontario First Nation (AOO) before it could acquire title to the Rockcliffe site.

CLC and the AOO have since reached a Participation Agreement for the Rockcliffe lands, which has allowed CLC to formally acquire the property. Through the new planning and consultation process, CLC will respect the core values of sustainable development that the public supported in the earlier consultations, while recognizing that many conditions have changed on and around the Rockcliffe site, in the surrounding communities, in Ottawa and the region, across Canada, and around the world.

As a federal Crown corporation, CLC is committed to optimizing the financial and community value of redeveloping Rockcliffe, in order to produce the best possible benefit for local communities and the Government of Canada. Now that CLC has acquired the Rockcliffe site, CLC will re-initiate the process to consult with the public and engage stakeholders in the creation of a renewed vision for the sustainable redevelopment of the CLC Rockcliffe lands.

The City of Ottawa requires that a Community Design Plan (CDP) be prepared to establish a broad framework for redevelopment of the Rockcliffe site before any other municipal rezoning or development approvals can be granted. The CDP planning and public consultation process should take from 18 months to two years before CLC can submit a CDP to the City for approval. Major public consultation events will be held at key points in the CDP process.

Continued on page 4



Photo: John Davies

Work on the southernmost Minto bridge is slated to be done by December 15.

## Beechwood Renewal: Are We There Yet?

By Jane Heintzman

Though the cauldron of community concern over the paralysis on Beechwood had been simmering for months, the impending closure of **Books on Beechwood** announced in our October issue brought the volatile brew to the boiling point. In a heroic effort to channel the surging tide of frustration in the community towards the positive common goal of reviving life, commerce and development along our crumbling “Main Street”, the **Beechwood Village Alliance** took the lead in organizing a major public meeting to bring together the major players—residents of the five surrounding neighbourhoods; property owners; businesses and business associations; city staff and Councillors—for a constructive airing of issues and an exploration of solutions.

The October 29 meeting in New Edinburgh Square was by any measure an outstanding success, attracting a crowd of over 200 for a broad-ranging discussion, and generating a list of seven Action Items which are now being actively pursued by a series of working groups. In case you missed the meeting, you'll find a separate report on the proceedings on page 6 of this issue, along with contact information for the leaders of various working groups. Please be sure to check these out if you'd like to get involved in one of the projects forming part of the community campaign to get our commercial area off life support, and restore it to vibrancy and health. Kudos and many thanks to BVA organizers Tobi Nussbaum, Tracey Clark,

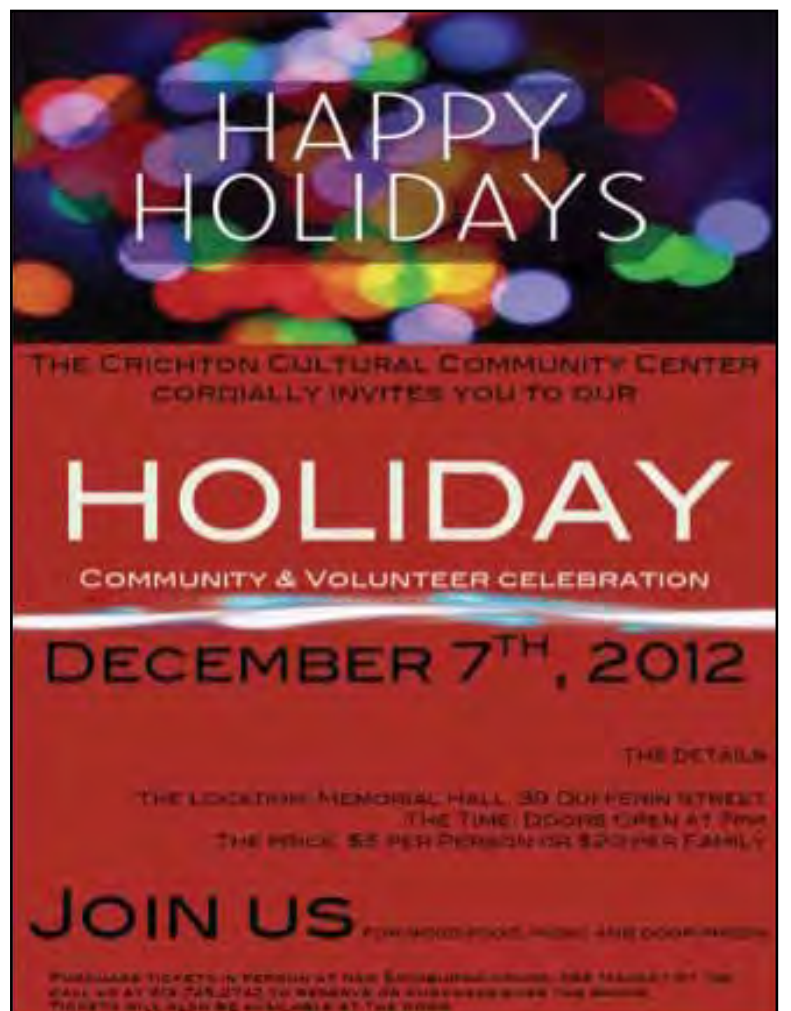
Dale Smith, Gaye Taylor and all of those who orchestrated this seminal event, setting in train a community-wide effort to get the Beechwood show on the road. There's hard work ahead, but it sure beats the heck out of helpless hand-wringing!

One of the welcome side benefits of the BVA meeting was to generate a wealth of excellent press coverage of the situation on Beechwood, bringing the media spotlight to bear on both its current woes and its unlimited potential. At the same time, it increased the pressure on some of the principal actors to play their part in break-

ing the logjam. *Ottawa Citizen* municipal affairs columnist **Joanne Chianello** did a particularly masterful job of capturing the issues in her column *Beechwood Nightmare may finally be ending* (Saturday, October 27, 2012, pp. E1 and E8), concluding that despite the many challenges still to be surmounted, “there's plenty of evidence that Beechwood Avenue is on the cusp of a renewal that's been too long in coming.”

Perhaps one of greatest consequences in Chianello's canvas of the situation was her

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## Report from NECA Acting President David Sacks

First, our thanks to all the community members who attended NECA's Annual General Meeting (AGM) on October 17—and particularly to three residents who stepped forward to be voted onto the NECA board: **Catherine Lindquist**, **Tim Plumptre**, and **Paula Thompson**. Paula already was a familiar NECA presence as a Heritage and Development Committee member, but we are very grateful to all three new arrivals, for their promised time and energy. Also, at the AGM, **Simon Ford**, who previously had been voted onto the board by the board, was officially confirmed by assembly vote.

At the October 15 NECA board meeting, President **Joan Mason** affirmed a wish to step down from the board, as of the AGM. With Joan's departure, the NECA board loses a champion of built heritage and a long-range strategist who saw how New Edinburgh could "brand" itself, Canada-wide, as a prestigious heritage district. We will miss Joan's gracious style and tireless devotion to the burgh, but we hope she might continue her influence in Ottawa behind the scenes. She leaves with us her vision of a politically powerful New Edinburgh.

To fill the president's chair, the NECA board in October elected me as Acting President

(a title that I requested) and **Simon Ford** as Vice President. Also at that time, board member **Carlo Zambri** was elected as Membership chair. Meanwhile, **Roslyn Butler**, **Michael Histed**, **Michael Larrass**, and **Jim Watson** continue respectively as NECA's Secretary, Heritage and Development Chair, Traffic Chair, and Treasurer.

### Finally, the fire site

With November's announcement of the official purchase of the Beechwood Avenue fire site by the developer Minto, we all in the burgh can applaud this excellent news. Still, wherever there are development plans, there are possible concerns, and so the question of what exactly Minto's design plan will look like, including intended building size and retail component (versus merely "commercial" component), has become NECA's top priority now. We wish to be actively engaged in this planning—not just in receiving information, but in influencing the decision making of the developer and of city hall—while also liaising with the community to bring forward residents' questions and wishes. Currently we are planning next steps. To help us get the ball rolling, we ask readers to see, on Page 7 of this edition, the invitation to answer the question "What kinds of retail stores would you want

for the rebuilt Beechwood-and-MacKay commercial row?"

On another file, NECA continues to monitor the disputed Ottawa River bridge proposal. As readers may know, the proposal includes one option—highly unpopular in New Edinburgh and neighbourhoods nearby—to build the bridge at Kettle Island, to connect with Aviation Parkway. Since the recent release of the Round 3 public consultation report, NECA has confirmed once more that the Kettle Island option is being opposed by our elected officials **Councillor Peter Clark**, **Mayor Jim Watson**, and **MPP Madeleine Meilleur**; also opposed is Ontario's Minister of Transportation, Bob Chiarelli.

In the coming year, the National Capital Commission will continue its phase-2 process, including Rounds 3 and 4 public consultations, due to be completed supposedly by December 2013.

### Best wishes for season

As some readers may recall, this article marks my second turn as head of NECA, following my 2007–2010 presidential stint. Once again, I look forward to working collegially with the board and with my neighbours and other friends in the burgh. So here's wishing everyone a fun and productive holiday season, from NECA.

## Thank You to Joan Mason

### By NEN Staff

Our sincere thanks go to Joan Mason for her energy and dedication as President of New Edinburgh Community Alliance (NECA). Joan was tireless in pursuing her commitment to heritage conservation, both in New Edinburgh and in the wider Ottawa community. Under her leadership, NECA assumed an important role in heritage education and advocacy, and she devoted countless days and hours to the cause of preserving and celebrating the unique character of our neighbourhood. Among her many legacies are our distinctive New Edinburgh banners proudly positioned at both ends of the neighbourhood, and the heritage street signs which are about to be installed by the City. She was also instrumental in orchestrating the Mayor's official declaration of September 1 as Thomas MacKay Day in honour of the legendary founder of our community.

In addition to heritage con-

servation, Joan devoted her time and energies to innumerable other community causes, working hard to secure a city commitment to improvements to our park, and taking the lead in establishing an ongoing and close collaboration among the three community groups operating in New Edinburgh: NECA, the Crichton Community Council and the Crichton Cultural Community Centre. She reached out well beyond the neighbourhood to forge relationships with other community and interest groups throughout the City, and established solid and effective lines of communication with officials from both the City and the National Capital Commission.

We are extremely grateful to Joan for all her efforts on behalf of our community, and look forward to her continuing engagement in the life of the neighbourhood.

We wish Joan all the best, and look forward to welcoming her new puppy, expected this spring.

## NEN Needs Your Help!

The New Edinburgh News is on the hunt for help in getting copies of the paper delivered to the commercial establishments along Beechwood and the Rockcliffe Crossing commercial plaza at Hemlock and St. Laurent Blvd. Vehicle

required.

So, if you are willing to put in an hour or so, every couple of months, please contact Managing Editor, Cindy Parkanyi at [newednews@hotmail.com](mailto:newednews@hotmail.com) or by phone at 613-745-8734.



**DEADLINE**  
for the next edition of the  
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## NECA MEETINGS: All Welcome

The NECA board meets nine times a year, normally on the **third Monday of each month at 7:30 pm**. No meetings in July, August, or December.

Our January and February meetings will be held at **St. Bartholomew's Church at 125 MacKay Street**, by kind permission of the church board and warden.

Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact David Sacks in advance to arrange scheduling. Our next meetings are:

**December: no meeting**  
**January 21, 2013, 7:30 pm, at St. Bartholomew's**  
**February 18, 2013, 7:30 pm, at St. Bartholomew's**

Any changes to this schedule would be posted in advance on the New Edinburgh website, [www.newedinburgh.ca](http://www.newedinburgh.ca).



## Letters to the Editor

### Re: Books on Beechwood

Heather Matthews, our Sconewitch Queen, was born and bred in the Burgh, and we are lucky she brought her business home to Beechwood. She also brings her talent as an artist and applies it to the restaurant. When Jean Barton decided to close the bookshop next door in January, Heather combined her abilities as a businesswoman with her imagination as an artist. She planned to put the spaces together, and make a Sconewitch with books and gifts. Unfortunately Chartwell, which owns the New Edinburgh retirement home where both businesses are located, leased the bookshop space to an audiologist without seriously considering this option.

This is very disappointing to all New Edinburgh residents and to other people who are attracted to the businesses in the Beechwood neighbourhood. There is such a thing as 'streetscape'. Beechwood needs it, especially while Minto undertakes a major construction project in the next block. An audiologist does not contribute to the streetscape. It is not a walk-in business; people go there by appointment. It could easily have been located on an upper floor of the same building. And the residents of the New Edinburgh would have been able to have a coffee and browse among the books without even leaving the building.

We know from the huge turnout at the meeting to discuss Beechwood development that neighbourhood residents are intensely interested in what happens on the street. Continuing study and action groups have emerged from that meeting and we all hope they will have some impact in the future.

Meanwhile let us hope that Chartwell and the audiologist will think again about this question.

Ann Young

### Re: Books on Beechwood

It was with much sadness that we heard that Books on Beechwood will be closing by the end of January 2013. However, it is even sadder to hear that this prime space at the corner of Beechwood and MacKay will be occupied by an audiologist's office. Not that we have anything against an audiologist, who will undoubtedly provide a useful service, particularly to residents of New Edinburgh Square. It just seems such a waste that this street level area could not be utilized for overall community use. We don't believe that an audiologist is a "destination" for someone strolling along Beechwood Avenue on a Saturday morning, after getting some groceries at Nature's Buzz and then thinking "Gee, this would be a good time to get my hearing checked".

Heather Matthews of The Scone Witch made a reasonable proposal to expand her premises and incorporate the space occupied by Books on Beechwood to become a hybrid café/bookshop not dissimilar to what Starbucks/Chapters are doing. However, the property owner, Chartwell, appears to have earmarked (no pun intended) the site for the audiologist as soon as Books on Beechwood made its intentions known, despite overtures from some community groups for them to reconsider their decision.

The bleak streetscape of Beechwood Avenue will now become even bleaker with the loss of this space. It gives our neighbours even less of a reason to go there, thereby decreasing the viability of the remaining businesses still struggling with the protracted settlement at the fire site.

We wish the new audiologist well, but we believe that from the perspective of the wider community, their choice of a street front office may not be in the best interests of our neighbourhood and its Village High Street as we struggle to revitalize our commercial core.

Stephen M. Adler (28-year resident of the original Beechwood Village, Charlevoix St.)

Isobel Bisby

By Paula Thompson

Two plaques inscribed with poetry written by two of Canada's Confederation poets were unveiled in Stanley Park, just south of the tennis courts along the path, on November 17, 2012.

Present at the unveiling was Councillor Peter Clark, literary historian Dr. Steven Artelle, and poets Michel A. Thérien and Ronnie R. Brown. Former Ottawa Councillor Clive Doucet also was present.

The two poems, one in French the other in English, are odes to the two beautiful rivers that frame our community, the Rideau and the Ottawa. *To the Ottawa*, written by Archibald Lampman (1861-1899) traces the path of the Rideau River on its journey to the Ottawa River.

... The mightier stream, thy comrade, waits for thee,  
The beryl waters that espouse and take thine in thy embrace, and bear thee on

In that great bridal journey to the sea.

*La rivière* by Alfred Garneau (1836-1904) is more squarely addressed to the Rideau:

C'est une forte berge, au large flanc de glaise,  
Abruptement taillée ainsi qu'une falaise !

Le Rideau passe au bas, riant sous son flot noir ...

The two new plaques form part of the **Poets' Pathway**, a walking path around Ottawa commemorating the Confederation Poets and the *Mouvement littéraire*. The pathway extends from Britannia in the west, through McCarthy Woods in the south and home to Beechwood Cemetery in the east. Please visit the Poets' Pathway website for more information: [www.poetspath.ca](http://www.poetspath.ca).

These two poems have found a most fitting and beautiful home along the Rideau River, with the Peace Tower distant in the background, and just before the Rideau meets its comrade, the Ottawa. They are a wonderful addition to our park and our community, and I urge everyone during your next stroll along the river to pause, read the poems and reflect on our rich heritage and the beauty of our natural surroundings.

La Rivière

Par Alfred Garneau

C'est une forte berge, au large flanc de glaise,  
Abruptement taillée ainsi qu'une falaise !

Le Rideau passe au bas, riant sous son flot noir.

## Riverside Poetry in Stanley Park

D'ici, le long des eaux je puis apercevoir  
Les roseaux alignés comme une palissade,  
Où crie, à pointe d'aube, un grand héron maussade.  
Étroite, la rivière a du moins son attrait  
D'onde mouvante, avec, entrant sous la forêt,  
Tous ses enfoncements, pareils à des alcôves,  
Qu'achèvent de fleurir, au bord, les glaïeuls mauves.  
L'on a pour horizon des blés, point de lointain  
Que le ciel, et dans l'eau son mirage incertain.

To the Ottawa

By Archibald Lampman

Dear dark-brown waters full of all the stain  
Of sombre spruce-woods and the forest fens,

Laden with sound from far-off northern glens  
Where winds and craggy cataracts complain,  
Voices of streams and mountain pines astrain,  
The pines that brood above the roaring foam  
Of La Montagne or Les Erables; thine home  
Is distant yet, a shleter far to gain.  
Aye still to eastward, past the shadowy lake  
And the long slopes of Rigaud toward the sun,  
The mightier stream, thy comrade, waits for thee,  
The beryl waters that espouse and take  
Thine in their deep embrace, and bear thee on  
In that great bridal journey to the sea.

## NEW EDINBURGH NEWS

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## MPP Ottawa-Vanier Madeleine Meilleur Reports



## Ottawa City Councillor Peter Clark Reports

# Leading Women / Girls Building Communities Recognition Program

### Call for Nominations

#### OBJECTIVE

The *Leading Girls Building Communities Recognition Program* acknowledges and celebrates girls who demonstrate exceptional leadership in working to improve the lives of others in their schools or communities.

The *Leading Women Building Communities Recognition Program* acknowledges and celebrates women who demonstrate exceptional leadership in working to improve the lives of others in their communities.

#### ELIGIBILITY CRITERIA

Nominees for the *Leading Girls Building Communities* must be female and under 18 years of age at the time of nomination and have not been nominated in the past.

Nominees for the *Leading Women Building Communities* must be female and 18 years of age or older at the time of nomination and have not received this award in the past. Nominees who have received a Leading Girls Award may be nominated for the Leading Women Award if they have different accomplishments.

Nominees for each award must have demonstrated exceptional community leadership to improve the lives of others and have made substantial contributions through volunteer work.

#### PROCESS

Submit all nominations to: Madeleine Meilleur, MPP Ottawa-Vanier, 237 Montreal Rd.

MPP's will forward the nominations to the Minister before the deadline.

#### DEADLINE

The closing date is January 18, 2013, by 11:59 pm. There is no limit to the number of nominations. Submissions after this date will not be accepted. For more information please contact the office of Madeleine Meilleur at 613-744-4484, [mmeilleur.mpp.co@liberal.ola.org](mailto:mmeilleur.mpp.co@liberal.ola.org), or visit [www.madeleinemeilleur.onmpp.ca](http://www.madeleinemeilleur.onmpp.ca).

### Councillor Peter Clark, Rideau-Rockcliffe Ward

#### Beechwood Fire Site

At last, Minto has formally indicated that they are acquiring the site, and will begin the pre-consultation process with the City Planning department. They are aware of the height restrictions posed by the viewshed, and the Traditional Mainstreet zoning. When they have completed the initial steps, I would hope we can have an open house for the public to view what will be proposed.

#### Beechwood Village Alliance

I attended the BVA meeting the end of October and was very pleasantly surprised at the turn out and community interest. It was a very productive evening.

#### Notice of Motion – Vacant Commercial Properties

Following the Monday meeting of the BVA I put forward a Notice of Motion that will come to the December 4 FEDCO meeting to petition the Province to limit access to the tax rebate that vacant commercial properties can apply for and receive to 3 years. Some properties are allowed to become derelict or create property standard issues and we need to encourage activity.

**Snow Go programs ready to clear the way this winter**

Seniors and persons with disabilities can now register for the City of Ottawa's snow removal assistance programs.

The Snow Go Program helps seniors and persons with disabilities find reliable contractors and/or individuals to clear snow from their private driveways and/or walkways. Once matched up with snow removal help, residents are responsible for making payments directly to the individual or contractor.

Eligible seniors and persons with disabilities can also apply

to the Snow Go Assist Program, which provides financial assistance and pays for a portion of their snow removal costs. Approved participants may be reimbursed up to 50 per cent of the cost of snow clearing per event, up to a seasonal maximum of \$250.

This is the sixth year the City of Ottawa is partnering with the Seniors Citizens Council and local home support agencies to deliver these two winter programs.

For more information about the Snow Go Program matching service and the Snow Go Assist Program, including eligibility criteria and application process, visit [ottawa.ca](http://ottawa.ca) or call 3-1-1 to request the name of the home support agency that services your neighbourhood (TTY: 613-580-2401).

## ... Rockcliffe Air Base

### Continued from page 1

CLC held its first major public consultation event on **Monday, November 26, at the Canada Aviation and Space Museum**. Presentations were given at 4 and 7 pm, and members of the public had an opportunity to discuss information, concerns, and ideas with members of the CLC Rockcliffe team at a number of interactive stations. A children's station was also set up to get great ideas from the young ones!

Members of the CLC Rockcliffe team have already begun reaching out to the communities surrounding the former air base to: learn more about those communities, start to understand what the issues are in those communi-

ties; and to brainstorm how Rockcliffe could be developed for the benefit of both the surrounding communities and future residents. Another purpose of these preliminary meetings is to invite community representatives to serve on public advisory committees, which will meet throughout the CDP process. New Edinburgh Community Alliance has already met with CLC and New Edinburgh will be represented on the Rockcliffe public advisory committees.

Stay tuned for more information. In the meantime, you can also learn more by contacting NECA or **Don Schultz, CLC Director of Real Estate for Rockcliffe**, at (613) 998-7765 or at [dschultz@clc.ca](mailto:dschultz@clc.ca).

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Heritage and Development Committee - Comité Patrimoine et Développement

## BRICK Awards 2012

By Paula Thompson  
Heritage & Development  
Committee

### The Burgh Renovation, Improvement, and Construction Kudos Award (B.R.I.C.K. Award)

Each year members of the Heritage and Development (H&D) Committee of the New Edinburgh Community Alliance (NECA) walk the streets of New Edinburgh and grill friends and neighbours seeking to uncover those new additions, restorations and newly constructed homes that somehow stand apart. These are homes where the owners have taken particular care to ensure that their homes enhance both their own living space, but also the streetscape. Respect for the historic characteristics of New Edinburgh is evident in the homes of B.R.I.C.K. winners both inside and outside of the Heritage Conservation District.

The B.R.I.C.K. Award recognizes property projects that are sympathetic to the community and add to the appearance and character of our neighbourhood. This year's B.R.I.C.K. awards were announced at the NECA Annual General

Meeting on October 17 and include: a porch restoration on Crichton Street, an addition on MacKay Street and a new build on Ivy Crescent. Our congratulations and thanks go out to this year's three winning families.

#### 187 MacKay Street

Throughout this project the homeowners demonstrated a clear respect for the preservation of homes in New Edinburgh's Heritage Conservation District and respect for their neighbours.

The addition is sympathetic and appropriate in size, mass, style and materials. The landscaping contributes to the beauty of MacKay Street.

The Award acknowledges the sensitive approach taken to context and streetscape. This entire neighbourhood has benefited as a result.

**Our congratulations to Owners: Beth and David Arnold**

#### 148 Ivy Crescent

This new single-family home respects the scale of the surrounding early 20th century homes.

Decidedly modern, the use of reclaimed wood on the home's facade, the appropriate setback with landscaped green space, and the recessed carport ensure that this environmentally-friendly home both complements and enlivens the surrounding neighbourhood.

This is a very successful project that richly deserves our recognition.

**Our congratulations to owners: Vivien Frenkel and David Moher**

#### 105 Crichton Street

This porch renovation was clearly a labour of love for the homeowners.

The careful restoration of the front porch is attractive and in keeping with other period porches throughout New Edinburgh's Heritage Conservation District.

The porch contributes to the authentic and welcoming Crichton streetscape.

**Our congratulations to Owners: Marie Gervais-Vidricaire and Marc Vidricaire**

#### Impact of B.R.I.C.K. Award

I would like to take a few paragraphs to discuss what I hope may be the impact of the B.R.I.C.K. Award for the newly-built modern home on Ivy Crescent. New builds are almost always controversial, particularly so if the new structure is modern in design. New Edinburgh has seen more than its share of new construction that towers over neighbouring homes and foregoes green space in favour of garages and driveways, in an effort to squeeze every last usable square foot on the building lot. Concern for neighbours and streetscape often isn't a priority.

Good design is good design, whether it is modern, contemporary or Victorian. Good design ought to include a sense of harmony with the streetscape and neighbours. Harmony need not mean uniformity. Modern can juxtapose century or mid-century design through selection of sympathetic materials, respect of scale so as not to dominate, and through balance



Photo: John Arnold

#### 105 Crichton Street - A front porch restoration that was a labour of love.

of setback and inviting green spaces commensurate with the surrounding properties. Be it modern or traditional, when done right good design "fits".

This year's B.R.I.C.K. Award exemplifies positive reaction to modern design.

Several Ivy homeowners approached me to nominate this newly-constructed modern single family home on Ivy. Almost all prefaced their nominations with "I don't normally like modern design but ...", "I know that it is modern, but ...", "It is bigger than the previous home, but ..." This award winner is an example of sympathetic design that

resonates with neighbours and passers-by. It doesn't tower over the surrounding houses. The modest carport doesn't dominate the front of the structure. The environmentally conscious approach is evident in the use of reclaimed barn board on the exterior front of the home. Neighbours have taken notice and clearly appreciate the thought and consideration taken by the new homeowners.

My hope is that developers currently preparing to build new properties take note of this B.R.I.C.K. Award in particular, and the reason behind it, and step up their game a bit (okay, a lot).



Photo: John Arnold

#### 148 Ivy Crescent - Modern infill using reclaimed wood.



Photo: John Arnold

#### 187 Mackay Street - A sympathetic addition.

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# Beechwood Village Alliance Meeting, October 29, 2012, New Edinburgh Square Retirement Residence

*Editor's Note: The following meeting summary is based on the combined reports of the Beechwood Village Alliance Steering Committee and NEN Staff.*

The meeting was packed, with standing room only in the dining room of New Edinburgh Square Retirement Residence. At least 200 people were in attendance.

The proceedings began with an introduction by Beechwood Village Alliance (BVA) Co-Founder **Tobi Nussbaum**, who explained the origins of the BVA and characterized it as an "alliance of friends," including members of the business community and the Vanier BIA, community associations and individuals in the surrounding neighbourhoods; all with the common objective of restoring a vibrant Beechwood Village area. The BVA adopts a positive approach to the resolution of issues relating to the future of Beechwood, focusing on what can be done through collective community engagement to make the street better.

## PRESENTATIONS

Presentations were made by

- Quartier Vanier BIA (QVBIA) – **Serge Faucher** and **Marwan El Rassi**
- **Councillor Peter Clark**
- **John Doran** of Domicile
- **Heather Matthews** of Scone Witch
- **Don Morse**, Planner for the City of Ottawa.

## QVBIA

First on the agenda were Serge Faucher and Marwan El Rassi, from the Quartier Vanier Business Improvement

Association (QVBIA). Serge mentioned that the recently approved expansion of the BIA to encompass businesses on the north side of Beechwood would take effect on January 1, 2013, noting that a major planning session involving north side businesses was to take place on November 22 to determine priorities for the Beechwood sector. He invited public input on the types of business needed in the area, and committed the BVIA to seeking out potential commercial prospects in keeping with the parameters established by area residents and local businesses.

Marwan, who is Chair of the QVBIA Marketing Committee, announced that on **December 1** the QVBIA would be hosting "C'est Chill", an event to celebrate a renaissance of the area's arts, heritage and culture. Festivities begin at Place Dupuis on Montreal Road, with the ringing of church bells and a walk to St Charles Church on Beechwood. There will be live performances on stage at the church. The event includes creation of a giant "dream catcher" at the corner of Vanier Parkway and Beechwood, along with drum music.

Marwan also put a call out to knitters in the area to participate in a "Yarn Bombing" initiative, in the course of which lampposts will be elaborately decorated with colourful yarn.

Website for the QVBIA: [www.vanierbia.com](http://www.vanierbia.com).

**Rideau-Rockcliffe Councillor Peter Clark:** Councillor Clark indicated that he believes most

of the insurance issues related to the burned out properties on Beechwood and MacKay have been, or will soon be, resolved. He went on to say that the purchase agreement for the site has kicked in, clearing the way for an anticipated redevelopment with commercial on the ground floor and residential above. He noted that the purchasers (universally assumed to be Minto) are scheduled to have a preliminary meeting with the City planning department as early as this week.

Mr. Clark also indicated that Domicile, the developers of the Kavanaugh site at 222 Beechwood, have undertaken to address the problem of hydro servicing capacity at the south east end of the street, lifting a barrier to redevelopment on the south side of Beechwood. Although he emphasized that the City "can't make them (the property owners) do it," he felt confident that there would soon be positive development, adding that the "City's bureaucracy will be cooperative" when development proposals come forward.

The City is planning to add value with street furniture and lighting, as they have done in other areas. There will also be new heritage street signs for New Edinburgh and a new stop light on Hemlock at Birch. Councillor Clark mentioned, as well, that while there is no money in the City budget for this purpose, he is committed to finding other means of helping the Crichton Cultural Community Centre to cope with the significant costs of bringing the new community centre building at 255 MacKay

Street up to fire code.

In conclusion, he highlighted that with the recent expansion of the QVBIA to encompass north side Beechwood businesses, this marks the first time a Business Improvement Area will cross ward boundaries, adding: "It's no instant pudding, but we will get both sides together." He finished off his presentation with the assurance: "If we take ownership, we will see positive results."

## Heather Matthews, Scone Witch:

Heather Mathews presented her vision if allowed to expand her operations into the Books on Beechwood space. Her plans involve a combined café, bookstore and gift emporium, with a scaled down book section, a full book ordering capability and the addition of gift wares. Although at the time of the meeting it was not clear whether a leasing decision had been taken by Chartwell (the building's owners), there were indications that a commitment had been made to rent the space to an audiologist. Heather stressed that given the disappearance of so many of our area businesses following the fire, the space would better serve the community with a retail tenant, a view strongly endorsed by the majority of those in attendance.

## John Doran, President, Domicile Developments:

John Doran indicated that pre-sales on the Kavanaugh were going well, with close to 60 units already sold. He emphasized that he is selective about commercial tenants, noting that "the right mix is important

to the street." He also stressed the need for more residential density along Beechwood to support the growth of businesses, pointing out that there is currently a large chunk of low-density residential property in the middle. John recommended routing a bike path down Barrette Street and keeping parking on Beechwood.

He explained Domicile's decision to cover the upfront costs of bringing in the required hydro upgrades to the east end of Beechwood where The Kavanaugh project will soon be underway. The city had indicated that they had no intention of putting hydro in for at least 13 years. Without these hydro upgrades, the Kavanaugh development would not have been possible, but thanks to the patience shown by owner Rupert Kavanaugh, a resolution was ultimately found, and Ottawa Hydro is now looking at ways in which new developments can pay back Domicile's investment in hydro for that part of the street.

## Don Morse, City of Ottawa Planner:

Don Morse was one of the authors of the Beechwood Design Plan. He stated that the Plan is "in force," having been accepted by City Council. The plan is a blueprint for future development and he feels that "In 10 years, you will see a lot of positive development." The Kavanaugh development is at one of the two "gateways" of the plan area, with Beechwood and Vanier Parkway being the other. He also confirmed that there is money in the City budget for a bike path project in the Beechwood area.

## Q & A

Among the many questions from the floor following the presentations were the following:

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• What will be the impact of the Canada Lands development of the former Rockcliffe Military Base? (Response from **Peter Clark**: Previous plans for the area form the basis for the new plans under development. On **November 26**, the community can take part in an **Ideas Fair at the Aviation Museum**, with presentations at 4 and 7 pm.)

• What is happening with St. Charles Church? Will it become a concert hall? Will the green space around it be preserved? (Response from **Don Morse**: It's anticipated that the site will remain public use, possibly with added residential and other uses, but at present, there are no prospective purchasers and the file is dormant.)

• Can City legislation be added to compel landowners of derelict properties and vacant lots to make positive change? (Response from **Don Morse**: There are city property standards that must be maintained. If a property appears to be unsafe, residents can call 3-1-1 to report.)

• What is the status of the Beechwood Community Design Plan (BCDP)? Is there a commitment by the City to implement the Plan? Is there a provision to forbid one-storey development? (Response from **Don Morse**: The BCDP is in place and represents the best guess of what the future will be. The plan needs to be flexible enough to allow for much needed development to take place. City planners are committed to the plan and use it as

a roadmap.)

• What are the height zoning implications of the Plan and the Poet's Hill view corridor? (Response from **Don Morse**: The viewshed came into effect after the BCDP and further caps building heights within the corridor.)

• What about parking on Beechwood? On side streets? (Response from **Don Morse**: Some want more parking, oth-

• Are there urban design guidelines in place for the redevelopment of the fire site, and if so, do these allow for community space on the second floor of the fire site?

• What are the building timelines? (Kavanaugh and/or fire site?)

• What effect would an east-end bridge have?

• Could we have a hardware store back?

**funding grants** – (Lead: Dale Smith dale@dale-smithgallery.com)

• **Business development** – (Lead: George Haddad contact@geohaddad.com)

• **Political Action** – (Lead: Peter Lewis plewis42@yahoo.com)

• **Community future for St. Charles Church** – (Lead: Alex Macklin alexander.macklin@sympatico.ca)

the BVA efforts, please contact beechwoodvillagealliance@hotmail.ca.

• If you can make a contribution to the effort to making Beechwood better in a way that doesn't lend itself to an action group, feel free to take the initiative. For example, **Deanna White**, a fellow resident, recently volunteered to improve the BVA's social media efforts, which are now much stronger. Another neighbour, **Elaine Nadeau**, is working on a logo and designed the poster for the June pop-up park and art festival. Yet another community member has volunteered to put together a proposal on a community-led and supported entrepreneur challenge that would see the winner setting up a business on Beechwood.

#### KEEP IN TOUCH AND INFORMED:

Here are some ways to stay up-to-date:

- **Facebook:** Beechwood Village Alliance page – check it out and select "like" to keep in touch
- **Twitter feed:** @mybeechwood
- **Twitter comments and suggestions:** #makebeechwoodbetter
- **Email:** beechwoodvillagealliance@hotmail.ca.



## We want to hear from you!

The Quartier Vanier BIA would like to know what type of shops or businesses are missing in our commercial zone. Write to us at: [svaliquet@vanierbia.com](mailto:svaliquet@vanierbia.com) or call us at **613-745-0040**

ers less. It's a complex issue.)

• Is there a way to increase tax rates on vacant lands (such as the vacant space next to Kavanaugh's)? (Response from **Don Morse**: There is a vacancy rebate for vacant properties, but it is rarely requested. There was a hue and cry at this response.)

• How can we encourage cycling and make it safer? (Response from **Don Morse**: The cycling plan will be implemented over the next two years.)

Other questions that came up were:

• Could the Vanier Farmer's Market be moved closer to Beechwood?

#### ACTION GROUPS

Tobi Nussbaum invited suggestions from the floor on a list of Action Items to be pursued as a follow up to the discussion. The following Action groups were formed to work on specific projects designed to rejuvenate Beechwood:

- **Farmers Market for Beechwood** – (Lead: Natalie Belovic Natalie@nataliebelovic.com)
- **Keep Bookstore** – (Lead: Isobel Bisby ibisby@gmail.com)
- **Promoting public art/streetscape** – (Lead: Julie LaPalme everything1966@hotmail.com)
- **Neighbourhood Program**

#### HOW TO GET INVOLVED:

• If you are interested in any of the seven action groups, please contact the appropriate lead and indicate your interest. The leads will bring their groups together for the first time sometime during the month of November.

• If you have an idea for another action group that you would be prepared to lead, or would otherwise like to participate in



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# Heartwood House Looks to Community for Help

By Isobel Bisby

*Help Heartwood get off the ground...this giving season think LOCAL and buy a square foot to renovate Heartwood House's charity-owned building...a gift to yourself, your family, your friends.*

Heartwood is most grateful to everyone who is supporting the noble cause of purchasing a building that will be owned by the charity, whose mission is to provide subsidized space for like-minded member groups who work to better the world through social justice and equality. You may have noticed the cans saying "Help Heartwood House get off the ground...one TOONIE at a time!" You'll find them sitting on the counter at the **Scone Witch** and **Books on Beechwood**. So, if you haven't done so yet, do drop in to one of the stores and drop a toonie or two into the cans.

For twelve years Heartwood has been providing affordable space in the Lowertown community for 15-20 non-profit

groups. Each shares space, ideas and resources to build a vibrant community. Member organizations provide a wide range of services to hundreds of clients every year. All of its' non-profits are small and manage on shoestring budgets with the essential support of hundreds of volunteers. As an umbrella charity, Heartwood normally raises just enough funds through social enterprises to support the member programs, which are then able to focus all efforts on delivering vital services.

Following the sale of its present building at 153 Chapel Street last fall, Heartwood took the momentous, if somewhat daunting, step of purchasing the old Giant Tiger building at 400 McArthur Avenue in Overbrook. Now funds are urgently needed to renovate the interior of the building and to turn the warehouse into offices, classrooms, meeting rooms, children's room, laundry, sewing rooms...the list goes on!

Purchasing and now renovating the building requires enormous capital investment. Remarkably Heartwood has acquired the down payment, mortgage, and 50% of the money required for renovation, partly due to a unique partnership with the Unitarian Universalist Fellowship of Ottawa who own 12.5% of the building. On December 3, 2012, Heartwood will publicly launch a fundraising campaign to raise the \$400,000 to complete the renovation, so that the member groups can move in by the spring of 2013. Mayor Jim Watson will be joining us for this celebration. Please join us.

During this **HOLIDAY SEASON** we're asking people to think **LOCAL** and buy a square foot to renovate Heartwood. The renovation of each square foot will cost approximately \$25... by our calculation. This gift will pay for the heating, air conditioning, plumbing, walls, flooring, doors, windows, kitchen and washroom fixtures, elevator, paint, nuts, bolts, screws etc. etc. to construct the interior space that will house the up to 20 not-for-profits, and serve the hundreds of people and causes they espouse for many, many years to come. What a fine gift for your children, parents, friends!

I've been a **Friend of Heartwood** from its beginning twelve years ago and now proudly sit on the volunteer Board of Directors. I urge you to buy your square foot, or two, or more! At \$25 per foot it's a real bargain...indeed I can't think of anywhere else where one can donate to 20 charities in one go! The gift certificates can be purchased at **Books on Beechwood**, on the Heartwood website [www.heartwoodhouse.ca](http://www.heartwoodhouse.ca), or email [ibisby@gmail.com](mailto:ibisby@gmail.com). Thank you.

## From the Desk of Mayor Jim Watson



## Budget 2013

By Jim Watson, Mayor of Ottawa

On October 24, we tabled our budget for 2013 with a proposed tax change of 2.09% which would be the lowest in six years. Since then my council colleagues and I have fanned out across the city to hear input from residents and answer their questions. As with the consultations leading up to the tabling of the budget, these sessions help us better understand the needs of Ottawa's residents as we craft a budget that helps to improve our city in the present and invest in an even brighter future.

- Some highlights from the budget include:
- A continued freeze on parks and recreation fees that benefits families across the city.
- A continued freeze on Mayor's and Councillor's office budgets.
- \$3.5 million in staffing cost reductions.
- An 11% reduction in the garbage fee.
- Transit fare increase capped at 2.5% for the third year in a row.
- \$14 million of continued funding for Council's poverty and homelessness initiative.
- \$5.5 million to increase the annual contribution to Capital Funding for infrastructure maintenance and renewal.
- \$4.9 million for new traffic signals and intersection control measures to improve pedestrian safety and mobil-

- ity.
- \$500,000 for the Older Adult Plan coming out of last year's Seniors Summit.
- \$975,000 combined operating and capital funding to increase the forest cover and combat the Emerald Ash Borer, bringing total investment to \$1.8 million.
- New and expanded parks and recreation facilities across the city.
- \$1 million combined capital and operating funding for the Arts, Culture and Heritage Plan.



In addition, Budget 2013 continues the \$340 million Ottawa on the Move program that was approved in Budget 2012. This program is in the midst of improving our sidewalk, road, cycling, water, and sewer infrastructure across our city to ready ourselves for the coming of the Light Rail Transit system to Ottawa.

Budget 2013 will be voted on at our City Council meeting on November 28. With the lowest tax rate change in six years, it is a fiscally responsible and thorough plan that adheres to my election promise of not increasing taxes above 2.5%. I look forward to its adoption followed by its implementation in the New Year.

## This Giving Season

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# "These Songs Send Shivers Up my Spine"

By David Rain

It was with great excitement eight years ago that long-time New Edinburgh resident **Bill Driver** first auditioned for the renowned Ottawa choir, the **Stairwell Carollers**.

Bill, a retired bank executive, fell instantly in love with the

that have won awards across Canada," Bill relates.

The Carollers were founded by Pierre in the stairwells of Ottawa University in 1977, and have gone on to win a provincial competition and place second at the national level.

Bill has recently participated



**Photo: Courtesy of Stairwell Carollers**  
**Bill Driver has been an enthusiastic member of the Stairwell Carollers for the past eight years.**

Carollers' pure style of singing, without instrumental accompaniment. "To me, a cappella singing is the most delightful form of choral music. Performing the close harmonies of madrigals and traditional Christmas pieces still sends shivers up my spine when we get the moving chords JUST RIGHT!"

Bill also enjoys the diversity of musical styles and languages, as the Stairwell Carollers have recorded an extensive repertoire of songs in many languages, including Welsh, Old and Modern Spanish, German, Latin and Huron, in addition to French and English.

"Director Pierre Massie constantly provides us with his new arrangements of old favorites, as well as some of his original compositions

in the recording of the choir's beautiful seventh CD, "*Cantate Domino*". When the Carollers perform their Christmas concert in Manor Park on December 19, their new CD

will be on sale for lovers of sacred music (also at *Books on Beechwood*). Incidentally, the concert title "*Eya, eya, gaud-eamus*", refers to an award-winning Christmas carol composed by Pierre Massie that will be featured in the program.

Bill is also impressed by the choir's humanitarian mission. "I have never before sung in a group that consistently gives its profits from concerts and CD sales to worthy local charities, and still has funds left over to endow two annual University music scholarships to Ottawa-area high-school students!" A total of \$45,000 has been donated to local charities and \$11,000 given as music scholarships.

This Christmas, the Carollers will be making a special \$2,000 donation to the youth literacy group, Sage Youth – Jeunesse Sage, based in Richmond, south of Ottawa.

Bill would like to invite all his New Edinburgh neighbours to the choir's concert of diverse Christmas carols at **St Columba Church (24 Sandridge Road) on Wednesday December 19 at 7:30 pm.** "You'll hear some great music and help out local charities as well!"

Tickets will be available at the door for \$20, or in

advance for \$15 from *Books on Beechwood*, 35 Beechwood Ave; *The Leading Note*, 370 Elgin St; *Compact Music*, 190 & 785 1/2 Bank St; or online at **www.stairwellcarollers.com**.

If you can't make it to St Columba, you can still hear the Stairwell Carollers on one of these dates:

**December 1:** Almonte United Church, 106 Elgin St, Almonte, 7:30 pm.

**December 7:** Église St. Matthieu, 69 rue de Provence, Gatineau, 7:30 pm.

**December 8:** St-James Anglican Church, 225 Edmund St, Carleton Place, 7:30 pm.

**December 9:** Great Hall, National Gallery of Canada, 380 Sussex Drive, 3:00 pm.

**December 15:** Glebe St James United Church, 650 Lyon St, 7:30 pm.

*David Rain, a regular shopper at the old Loeb store on Beechwood, is in his 20th year with the choir. For more information, please visit **www.stairwellcarollers.com**.*

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# BURGH BUSINESS BRIEFS

- By Jane Heintzman -

## Da Bombe: In the Spirit of Christmas

**Da Bombe** owner **Bill Ross** has come a long way since opening his first small, retail outlet at 176 Beechwood in 2008, when his business remained largely focused on the state-of-the-art delicious desserts which had been the staple of his original home-based wholesale operation. In his current, much larger premises at **18 Beechwood**, Bill now offers full, freshly cooked meals which include a daily soup; quiches; daily specials; sandwiches; pizza; pasta; salads; and of course, his signature desserts and cookies to tempt any palate. There are also plenty of excellent take-out options for the harried family meal provider, including chicken pot pies; shepherd's pie; pasta dishes; quiches and—a favourite in our household—hearty pizza slices.

Da Bombe now has seating for up to 30 diners, and there is free Wi-Fi so you can check your email or catch up on an overdue assignment while you enjoy a leisurely lunch. From 10 am to 2 pm on Sundays, Bill and his team provide a full Sunday brunch (including a Kids' Menu) for families taking a breather from the kitchen. And even if your weekend days are packed full of events and activities, you may want to revive the time-honoured, but sadly waning, tradition of **family Sunday dinners** by making an advance reservation at Da Bombe (**613-741-0044**). Bill takes up to 20 reservations for Sunday evening, offering a full-spread of soup or salad, roast prime rib, Yorkshire pudding, fresh vegetables, dessert and coffee for a fixed price of less than \$25! The Sunday dinners are a relatively new innovation at Da Bombe, and if all goes well, Bill is contemplating the possibility of acquiring a liquor license early in the New Year.

**A Merry Christmas at Da Bombe:** For the third consecutive year, Bill and his team will open their doors on Christmas Eve to host a full Christmas dinner, offering turkey and all the trimmings, as well as “comfort and joy,” to any and all who are down on their luck, or simply alone and in need of cheer. Bill's Christmas tradi-

tion began modestly with a group of less than a dozen in its first year, but swiftly ballooned to over 50 participants last year who were served their seasonal feast in two sittings. Along



Photo: Louise Imbeault

**Generous Da Bombe proprietor Bill Ross is planning an “open house” for all who are lonely, hungry and looking for good food and good cheer on Christmas Eve.**

with their hot turkey dinners and Bill's now legendary warm hospitality, Da Bombe's guests were treated to a joyful evening of Christmas carols with musical accompaniment to celebrate the season and keep the darkness of December at bay. This year, Bill is spreading the word through local churches, food banks and shelters, and expects that the number of guests may double yet again. So if you happen to be walking past 18 Beechwood on Christmas Eve, don't be surprised to hear songs and laughter issuing from the restaurant. Well done Bill: thanks to your generous heart, the spirit of Christmas is alive and well on Beechwood!

## Alternacare Inc.: Relief for the Sandwich Generation

Readers will be all too familiar with the phenomenon of “the sandwich generation”, and indeed many may be among its rapidly swelling ranks. Recent estimates suggest that close to three million Canadians now fall into this category, simultaneously caring for aging or ailing parents while supporting their own children, and enduring the attendant stresses on family finances, job schedules, social life and their own physical and emotional health.

Here's where the services of **Alternacare Inc.** can help out. Alternacare Manager **Anne Côté** describes the service as “an extra pair of hands” (or with equal accuracy, “an

extra daughter”!), available 24 hours a day, seven days a week to take the pressure off family caregivers and provide fully qualified assistance with everything from palliative care to respite care or simple companionship. Before taking the helm at Alternacare, Anne had cared for both her parents over an 11-year period, and was painfully aware of the gaps in the healthcare system which left family caregivers and their elderly charges without readily available support. In her present role, she makes every effort to fill that gap by offering affordable, customized care to serve the needs and when possible, support the independence of the elderly, while providing their families with peace of mind and much needed time off.

Alternacare works, in effect, as a “match making” service, meticulously selecting the appropriate care provider for the individual or family in question, based on the (free) assessment of a Nursing Supervisor who pays a preliminary visit to clients to determine their exact requirements. Depending on the client's needs, Alternacare may assign a Registered

Nurse, a Registered Practical Nurse, a Personal Support Worker, a Housekeeper or a Companion—providing their services in the client's own home or in a hospital, a nursing home or a retirement residence. Anne notes that in some cases, when a retirement residence or long-term care facility is unable to supply sufficient individual care to a resident to keep him or her on their own floor, Alternacare workers can often step in to bridge the care gap so that a dislocating move to another floor is no longer required, and the client can stay in familiar surroundings.

The list of Alternacare services is as long and varied as the needs out there in the community, ranging from full palliative care to a helping hand following surgery or an illness; transportation to medical appointments; a few hours of companionship to relieve the monotony and loneliness of a long afternoon; assistance with household chores to help seniors stay in their own homes; an overnight stay with a senior when family caregivers are out of town on business, and countless other health and personal services designed to enhance the client's quality of life, and relieve the burden on family caregivers. Services can be arranged on a one off or an ongoing basis. Alternacare is committed to ensuring a good match between client and caregiver so that the arrangement is congenial and comfortable to both parties.



Photo: Courtesy of Alternacare

**The Alternacare Ottawa Team: (from left to right) Tracy (Nursing Supervisor), Anne (Manager), Julie (Staffing Coordinator), Heidi and Tamara (Account Managers).**

Interested readers can reach Anne at 613-237-8888, or check out the Alternacare website at [www.alternacare.ca](http://www.alternacare.ca).

## Organizing Services for Seniors and Families

We welcome new advertiser **Bill Rolph**, who is offering his years of experience and expertise as an information manager and professional organizer to seniors and families who need a hand with organizing their personal papers and family records; creating readily accessible filing systems—both physical and electronic; managing the process of downsizing to selectively weed out non-essential papers; keeping track of vital legal documents such as wills, powers of attorney and property ownership documentation; researching and/or recording family histories, and in general, giving order and form to the precious papers, memorabilia and personal stories accumulated over a lifetime.

In addition to his background in information management, Bill has a library science degree, and has worked in libraries and the academic world for more than a decade. He prides himself on his lively historical sense and penchant for names, dates and places—an enthusiasm which he brings to bear in helping seniors to record or reconstruct their family histories, through audio and visual recordings, and by means of the tried and true method of writing it all down. He often makes use of the excellent genealogical software products that are now available to help his clients simplify the process of tracing the family tree. Bill has found it fascinating to explore the four strands of his own lineage and delve into the stories of his forebears.

As a senior himself, Bill is familiar with the challenges of downsizing from a family home to a much smaller residence, and works with his clients to help them “simplify in place”, scaling down their possessions to dispose of those ultimately considered dispensable, while retaining the essentials which are part and par-



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cel of the personal history and identity of the family or individual in question. As you can guess, this is no easy task as most of us become attached to our possessions and part with them only out of necessity and with great reluctance!

As a first step in his dealings with a potential client, Bill offers a free 30-minute assessment of what needs to be done to meet the client's requirements, and then proceeds with the project on the basis of a mutually agreed fee for his services. Of primary importance in his business is to develop a relationship of trust and understanding with his clients. Indeed, he seems to have succeeded admirably in this objective as many of his clients have become close, personal friends.

If you or your family members are struggling with a disorderly wealth of papers and possessions accumulated over the years, and would like to turn the documentary equivalent of a random pile of laundry into a tidy, beautifully pressed wardrobe, you may want to get in touch with Bill at **613-805-0801** or **billrolph@cassanto.com**. Welcome, Bill, and best of luck with your new business!

#### Physical Therapy Institute: Some Fresh Faces on the Scene

The **Physical Therapy Institute** at 350 Crichton Street is a lively place these days, with a steady influx of clients working out in the fully equipped gym, whether independently or with one of PTI's skilled Personal Trainers to put them through their paces. The treatment rooms are filled with regulars in search of a restorative massage or a pain relieving physiotherapy session. Readers may not be aware that PTI owner/physiotherapist **Pam Sikierski** and two of her massage therapists, **Tonya Moore** and **Melanie Giroux-Cook**, make home visits to

clients in the neighbourhood who are temporarily immobilized by illness or major surgery. Their goal is to restore the housebound individual to the point that he or she is sufficiently mobile to make the trip to the clinic for ongoing care.

A recent addition to the PTI team is **Russell Garber**, a graduate of Ashbury College who played rugby and football, and no doubt turned up at PTI from time to time to have an injury treated! Russell graduated in Kinesiology from the University of Western Ontario, and went on to earn his certification as a Personal Trainer from the Canadian Society of Exercise Physiologists. He currently offers strength training and conditioning to clients of all ages and abilities, from out-of-shape beginners to competitive athletes, and places special emphasis on effective communication and constructive feedback to guide and motivate his clients. As most of us know from bitter experience, preventative care is essential to warding off injuries in athletic endeavours. Russell is trained to provide a **Functional Movement Assessment** to identify asymmetries, mobility problems, motor programming dysfunction, and to prescribe motor programming exercises (and/or physiotherapy referrals) to deal with these issues before they lead to injury.

#### Pilates and Portraits: Introducing Sarah Wallace

A second fresh face on the scene at PTI is Pilates Instructor **Sarah Wallace**. Sarah's own personal experience sparked the interest in Pilates which led her to a serious study of the discipline, and ultimately to advanced certification in STOTT Pilates, as well as Injuries and Special Populations certification. For many years, she was a competitive figure skater at an elite level, cross training in non-core work out regimes such as

#### HOME PORTRAITS BY SARAH WALLACE

WWW.SARAHWALLACE.CA



**Multi-talented Sarah Wallace provides Pilates instruction at the Physical Therapy Institute as well as running a home portraits business.**

ballet and weights. After the birth of her children, however, she became acutely aware of the need to return to core work to restore proper alignment, stability and strength, and discovered Pilates as the ideal option. At PTI, Sarah's clients range from competitive athletes in search of a challenging full body work out to those recovering from injuries. Sarah is thrilled to be able to work with PTI's team of massage therapists and physiotherapists to coordinate a carefully phased rehabilitation regime to help the client gradually regain

stability, strength and mobility.

In addition to her vocation as a Pilates instructor, Sarah has a second, and very different string to her bow. She is a classically trained visual artist with a Bachelor of Fine Arts from the Parsons School of Design in Paris, France, and for close to 20 years, has worked as a successful portrait artist specializing in detailed architectural renderings.

Sarah's **Home Portraits** business has engaged her in commissions all across North America, working with private homeowners, real estate

agents, architects and designers, historians of built heritage, and those in the building/design business to produce minutely detailed (often to the point of photographic) images of buildings and properties in pencil, ink, water colour and oil paint. Sarah's commissions have involved photographs, floor plans and elevations, or on-site sittings, and you'll find samples of her meticulous work on her website at **www.sarahwallace.ca**.

An exhibition of Sarah's artistry, including both abstract and figurative work, is coming up soon in January or February. Keep an eye on her website for details of dates and location, or watch for notices at PTI when you're there for your next workout, treatment or Pilates session!

#### Le Saint Ô: New Owners, New Hours, Same Fine French Cuisine

As we reported in our last issue, **Le Saint Ô**, a popular local dining spot for lovers of fine French cuisine since 1990, changed ownership last summer when the restaurant was purchased by **Germain Brunet** and his wife **Annie Durand-Brunet** from the previous owners **Natasha Dumont** and **Philippe Dupuy**. Annie and Germain are currently residents of Aylmer, but first became intrigued by Le Saint Ô when they lived closer by in Rothwell Village, ultimately trying it out and later taking the plunge when they discovered that Natasha

Continued on page 12

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## Continued from page 11

and Philippe were ready to move on. Annie has long had a passion for gourmet cooking, and for some years has been an avid baker of wedding and specialty cakes for friends and family. She and Germain are thrilled by the opportunity to be in the restaurant business, and to take the helm of such a successful and high quality operation.

Since taking ownership last summer, the Brunets have gone to great lengths to bring about a smooth transition, with principal chef **Nancy Durocher** and her team remaining in charge in the kitchen. Both Natasha and Philippe stay on the scene; Natasha in her accustomed role as maître d' on weekends, and Philippe as a culinary consultant. There have, however, been a number of modest changes since the Brunets took over, including a facelift for the kitchen and the upgrading of two washrooms. Annie reports that during the first week of January when the restaurant is traditionally closed, the dining room is next in line for a makeover, and a new heating system is to be installed on the patio to allow diners to enjoy an almost-outdoors experience all winter long.

Another innovation which restaurant regulars will welcome is an increase in the hours of operation. Since September 30, Le Saint Ô has been open for **lunch and dinner from Tuesday through Sunday**. In early October, **Saturday and Sunday Brunches** were introduced from **10 am to 1:30 pm**. Annie is particularly enthusiastic about the introduction of brunch, as she has noted the relative lack of comparable options in the area, and welcomes the chance to give families a moment to relax and be treated to a first class meal at reasonable prices. She also notes that on Sunday evenings, every second week, diners will

be serenaded with live accordion music.

The Brunets objective, in the realm of cuisine, was largely to maintain the exceptional quality of the French cuisine for which Le Saint Ô is locally

celebrated, be sure to call in advance for a reservation **(613-749-9703)**.

Once again this year, Le Saint Ô will be part of *Ottawa Magazine's Winter Bites* event in the pre-Winterlude



Photo: Courtesy of Le Saint Ô

**Members of Le Saint Ô's team: (from left to right, standing) Germain Brunet, Laurent Grellier, Mike Schell, Simon Bélanger; (from left to right, seated) Manon Courroux, Annie Durand-Brunet, Kassandra Thomas and Nancy Durocher.**

renowned—"if it ain't broke, don't fix it!" The only minor adjustments introduced to date involve: a slightly greater emphasis on the use of locally grown, organic produce; more frequent changes in the menu to give regular clients some fresh choices; the addition of a vegetarian option on the menu (which I personally applaud!); and the introduction of gluten-free options for the growing number of diners with food sensitivities.

Another welcome change for those who are pressed for time at the lunch hour is the mid-express lunch, a simplified menu which allows you to finish up within 45 minutes. Needless to say, however, the traditional leisurely luncheon is still available to those who look forward to savoring a superb French meal in an unhurried fashion. Annie promises a marvelous holiday menu from the end of November to the end of December, so if you're planning an evening out or a spe-

cial celebration, be sure to call in advance for a reservation **(613-749-9703)**. period between January 10 and 26. Participating restaurants throughout the city offer lunch and dinner featuring a set menu at a fixed price to give area residents a chance to live up an often dreary time of year by sampling the culinary treasures of the region. Check out Le Saint Ô's website at **www.lesainto.com** for more details. Another innovation which Annie and Germain are delighted to introduce is a series of wine and food pairing evenings beginning in January and running through to March or April, during which their Sommelier will both tempt your palate and provide you with some background education in the subtleties of taste combinations. Details will be posted on their website as the series unfolds.

We welcome Annie and Germain, and wish them great success in their first year at the helm of this popular neighbourhood institution.

### Beauty Mark Esthetics: Discounts for Reading the NEN!!

Owner **Lee-Ann Zanelli** and her team at **Beauty Mark Esthetics** are gearing up for the holiday season, when parties and celebrations abound, and clients are especially eager to look their best. Two of the popular treatments which Lee-Ann expects to be in high demand are the **Shellac No Chip manicure** which promises to keep your manicure fresh and intact for at least two weeks, and **Eminence Organic Skin Care** facials, including the spicy Yam and Pumpkin facial which Lee-Ann recommends as an ideal way to tone and freshen your skin for all those holiday events. Here's the bonus: **if you mention this article, or better still, clip it and take it with you, Lee-Ann is offering a 10% discount on these treatments!**

In addition to her many years of experience as a practicing esthetician, with special expertise in pedicures and electrolysis, Lee-Ann has a background of teaching aspiring students of esthetics at Algonquin College. She describes her field as a "booming and evolving business," with the number of students on the rise every year. At present, Algonquin offers a Diploma program, but there are currently no licensing requirements for esthetics practitioners, and the pressure is mounting to introduce licensing as a means of maintaining high professional standards. While students continue to learn the "classics" of esthetics, such as manicures, pedicures and waxing, Lee-Ann notes that there is increasing emphasis on "medical esthetics" using laser technology and advanced facial rejuvenation procedures.

As in most other fields, the education process in esthetics doesn't end with the receipt of a Diploma. Lee-Ann has found that there is a continuing need to take further courses after graduation simply to keep

up with new technologies and innovations in the field, ranging from advancements in skin care and nail treatments to new applications of laser technology. One prominent trend which she welcomes as the way of the future is the move to organic, non-chemical skin care lines based exclusively on natural ingredients.

Lee-Ann has thoroughly enjoyed her teaching experience which has brought back memories of her own early days learning the business, and the challenges of that very first manicure or eyebrow treatment. She has found it immensely gratifying to watch her students work with their first clients: "You feel that you have done your job. Almost like a proud Mom!" We wish Lee-Ann and her team a happy holiday season, and continuing success in the New Year.

### New Edinburgh Pharmacy: New Roles for Pharmacists in Ontario

In early October, the Government of Ontario



Photo: Louise Imbeault  
**Beauty Mark Esthetics' Lee-Ann Zanelli and her team are geared up for the holiday season.**

announced a number of changes to the provincial legislation governing pharmacists, the effect of which will enhance the role of pharmacists as front line health care providers and streamline some routine procedures. As of October 9, pharmacists in the province have the authority to renew non-narcotic prescriptions for up to six months without a call to the physician; prescribe smoking cessation drugs to clients struggling to kick the habit; and provide advice to those with chronic conditions. They have also been authorized to offer flu shots to the general public, and it's anticipated that about 600 pharmacies will do so in the current flu season.

Our own community pharmacist **Frank Tonon**, owner/operator of the **New Edinburgh Pharmacy**, is encouraged by the changes which he sees as a positive (if not long overdue!) step towards greater involvement of pharmacists in overall patient care. The legislative changes appear to mark

**Madeleine Meilleur**  
MPP/députée Ottawa-Vanier

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an encouraging step towards greater convenience to clients, savings to OHIP and proper compensation to pharmacists for their important role in the healthcare system.

For a variety of reasons, Frank is not yet ready to leap into the flu shot business this winter, though this may be a reasonable possibility a year from now. The system is still in the process of being fine-tuned, and the thorny issue of compensation to pharmacists remains unresolved. The government's current offer of \$7.50 per shot doesn't come close to covering the significant costs involved, according to Frank. These costs include expensive mandatory qualifying courses for pharmacy personnel, and/or the cost of hiring registered nurses to administer the shots, and of course, the requirement to provide waiting areas for patients, both pre- and post-injection. Frank also notes that in the pecking order for dispensation of the vaccines, pharmacists' orders will be filled only *after* those of physicians, potentially creating problems for pharmacies in situations of shortage.

Despite the practical hurdles to be addressed in the coming year, however, Frank looks forward to this expanded role for

pharmacies, which he hopes will be further broadened to include other vaccines and some intra-muscular injections. One of his next projects for the



Photo: Louise Imbeault

**Matthew Tonon is the fresh new face behind the pharmacy counter at Beechwood Pharmacy.**

**New Edinburgh Pharmacy** is to develop a specialization in **travel medicine**, supplying vaccines and medications to the many international travelers in our community.

And in case you hadn't noticed, the newest face at the dispensary is none other than Frank's son **Matthew Tonon**, a recent graduate of the Massachusetts College of

Pharmacy and Health Sciences in Boston, and now licensed to practice in Ontario. Matthew had apprenticed in the family business since he was 17, and following his graduation last May, he became an intern at the pharmacy in June, ultimately acquiring his license to practice as a full-fledged pharmacist in October. We wish him a warm welcome to the community and many years of successful practice in our midst, carrying on the Tonon family tradition!

### **Kavanaugh's Service Centre and Car Wash: It's a Go!**

As we signaled in our previous issue, **Terry Kavanaugh** has now confirmed his arrangement to lease the premises at **145 Marier** (at Des Pères Blancs), and to reopen his auto service operations and car wash at the new location beginning in early January 2013. Depending on how quickly Domicile's Kavanaugh project proceeds, Terry and his crew may have to begin the move from 227 Beechwood by mid-December, but you should still have plenty of time to have your tires changed or your car rust-proofed at the old garage before that process starts.

As reported in October, Terry's new operation will include a full service garage



Photo: Louise Imbeault

**The new Kavanaugh's Service Centre and Car Wash is a go and will be setting up shop at 145 Marier.**

along with hand wash and detailing for your vehicle, and you can look forward to some special promotional offers when the new location opens up in the New Year. He and his sons **Kenny** and **Kyle** are taking over two garage facilities on the new site, one facing Marier with a capacity for up to 20 cars, and a second around the corner fronting on Des Pères Blancs, where the car wash and a tire storage facility will be located.

We wish Terry and company great success in this new venture, and bid a fond farewell to **Rupert, Clarence** and **Joey** as they move on to new endeavors.

Change is of course the law of life, but they'll be sorely missed in our neighbourhood!

### **Handyman by JKOM: Home Repairs and Bicycle Restoration**

We welcome new advertiser **Jason Komendat** who currently has two businesses on the go which may be of interest to our readers. The first, a **handyman service** dealing with minor repairs and household tasks of all descriptions, and the second, a **bicycle repair and restoration service** for bikes of all types and vintages (check out [www.retro-rides.ca](http://www.retro-rides.ca)).

**Continued on page 14**

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## Continued from Page 13

Due to a personal trauma, Jason honed his skills as a jack-of-all-trades, taking on tasks for his family, friends and clients of his original business, and resourcefully parlayed his Mr. Fix-It talents and his passion for bicycle restoration into seasonal work. Jason has tackled a broad range of jobs some light furniture repair to overseeing set up and installation of home entertainment and computer systems; minor painting jobs; to repair of smoke detectors and light fixtures. He has special expertise in supervising the set up and repair of all types of mobility equipment, including requirements for safety and stability in the shower and tub.

In our own neighbourhood, Jason has taken on a host of miscellaneous jobs, including repair of door handles, locks, and even small appliance repair. And here's one that's unique: Jason built six sets of stilts for École Trille des Bois in Vanier! Having grown up in a century old home, Jason is entirely familiar with the special quirks and challenges of older houses such as many of those in our community. He draws from a wealth of experience refurbishing old floors and fixing leaky faucets, running toilets, sticky drawers, squeaky hinges and wobbly chairs, as well as finding and sealing off the sources of drafts.

If you're among the many committed cyclists in the community, you may want to check out Jason's bicycle repair and restoration service at [www.retro-rides.ca](http://www.retro-rides.ca). Whatever the age and condition of your bike, he promises to "restore it to its former glory" and have it in top shape for the start of the spring bicycle season. If you happen to be in the market for a good used bike, Jason has a number of attractive options which he has "rescued" and can offer sage advice on a



Photo: Courtesy of Jason Komendat

### Jason Komendat will fix your bike or do odd jobs around your home.

selection that best suits your tastes and needs.

Interested readers with odd job home repairs on the To Do list or bicycles in need of attention can reach Jason at **613-276-5968** or by email at [jkom@ncf.ca](mailto:jkom@ncf.ca).

### Cat's Fish and Chips: Maritime Hospitality on St. Laurent Blvd.

Back in May, **Dave (Skipper) Waltham** and his wife **Catherine** opened the doors of **Cat's Fish and Chips** at **317 St. Laurent** (at Hemlock) to welcome all lovers of that traditional British staple, and anyone else in search of a tasty meal in a relaxed, hospitable, east coast atmosphere. Despite a preliminary hiccup associated with acquiring a liquor license in time for patio season, (a problem which Councillor Peter Clark was ultimately instrumental in resolving), Cat's was in full swing by mid-July, and has since become a popular local eatery and a destination for fish and chips lovers, not only from our area, but also from communities as far afield as Rockland, Gatineau, Barrhaven and Kanata.

You can't fail to notice the over-arching nautical theme that pervades all aspects of the restaurant, from its décor to its fish-focused menu, its

lighthouse logo. Perhaps most importantly, is Dave's welcoming "down home" Maritimes hospitality, which he imbibed at an early age when his family made regular trips to the east coast. Dave and Catherine and their team maintain an ambitious schedule in their early days of operation. Cat's is now open **7 days a week from 11 am to 10 pm**, and on **Saturdays and Sundays, Breakfast is served from 7 am to 11 am**.

You can have a close look at their nautical-themed menu on the Cat's website at [www.catsfishandchips.com](http://www.catsfishandchips.com) or go to their Facebook page where you can make specific inquiries. Suffice it to say, there is ample choice for fish lovers ranging from grilled salmon to Cajan-flavoured, pan fried Basa filet or shrimp and chips with dipping sauce, to "land-lubber" options such as steak, burgers and salads, which you can wash down with a tasty Bosun's Brew. Weekend breakfasts feature two tempting selections from the sea: the Glace Bay Breakfast of beer battered haddock with eggs, fries and toast, and the Bishop's Falls Benedict, a feast of smoked salmon, two poached eggs, hollandaise, capers and a toasted muffin. For your family members with less (or no!) enthusiasm for fish dishes, Cat's provides all the regular breakfast selections from pancakes and waffles to omelets, eggs with bacon, ham or sausages and toast.

One of Dave's chief delights in his new location on St. Laurent is being part of a community, rather than marooned in a barren strip mall. Community outreach has always been a part of his plan since taking on the challenge of operating his own restaurant. Regular clients are aware, \$1 from every order of Cat's Cutlass Haddock now goes to the **Dave Smith Youth Treatment Centre** for 13 to 21 year olds recovering

from addictions. To date, Cat's has raised over \$8,500 for the Treatment Centre, on top of the \$1,700 raised at their Grand Opening last summer when clients were treated to free fish and chips in exchange for a donation to the cause.

If you haven't already done so, you may want to drop in to "the Little Blue House" at 317 St. Laurent to welcome Dave and Catherine to the community and enjoy a tasty maritime meal while you're at it.

### Table 40: Fraser Brothers Make Ottawa Magazine's Top 10 List for 2012

Once again this year, our local culinary stars **Simon** and **Ross Fraser** caught the eye of *Ottawa Magazine* Food Editor **Shawn Wagman** as she compiled her annual ranking of the hot spots on Ottawa's restaurant scene. This year, Wagman's Top 10 were selected on the basis of their success in epitomizing "the energy of **Young Cuisine**," a new trend in the gastronomic world which originated in Europe and has since become the watchword of *Omnivore*, a French organization devoted to organizing food festivals around the world.

In case you're new to this exploding culinary fashion, *Young Cuisine* is not, in fact, simply a reference to the tender ages of the gourmet chefs involved (though heaven knows, the majority of these are in fact astonishingly youthful, not least our talented local crop, **Simon** and **Ross**, **Michael Farber**,

and **Andre Cloutier**.) Rather it is intended to describe the unbuttoned, entirely individual style of cuisine created by "a new wave of chefs who are.... abandoning the old hierarchies and satisfying their own appetites instead." Gone are the perfectly composed, minimalist plates consisting of a few colorful morsels in artful arrangement (and in sufficient quantity for my son's pre-dinner snack). Taking their place is what Wagman describes as "a limitless mash up of culinary histories and traditions.... part gourmet, part global, part grandma," featuring dishes "rich in nostalgia, history and animal fat"!

Table 40 received a high ranking as a Top 10 leader in the *Young Cuisine Movement* in Ottawa, praised in particular for the "exuberant informality" of its **Monday Night Communal Dinners** (featured in our October edition) with a set menu incorporating an eclectic mixture of global cuisines from North Africa, to Asia to home-style banana cream pie, all of which is served in generous quantities. Congratulations to **Simon** and **Ross** and their Table 40 team: seems you just keep getting better!

### Burgh Business Bits:

#### Books on Beechwood: The Last Hurrah

As we all know to our sorrow, in the coming weeks, Books on Beechwood will be winding down towards its scheduled



Photo: Louise Imbeault

Cat's Fish and Chips on St. Laurent at Hemlock and Dave (Skipper) Waltham (inset).



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closure at the end of January 2013. Thanks to an outpouring of public support for maintaining our community bookstore, a working group from the community has been pulling out all stops to explore the options, and though hope of success appeared somewhat slim as we went to press, the determined effort is far from over! You'll find more details in a separate article in this issue (*Beechwood Renewal: Are We There Yet?*, page 1).

In the interim, pre-Christmas sales are reportedly booming, and a series of lively authors' events is on the agenda for the first half of December. On **Saturday, December 1, from 1 to 3 pm**, author **Roy Mayer** will be on hand to sign copies of his recent publication *Galahad Cried*, a novel based on the story of Bert



Photo: Louise Imbeault

Harper, a close friend of former Prime Minister William Lyon Mackenzie King, and the legendary hero in whose honour the Galahad statue on Wellington Street was erected.

Mystery lovers won't want to miss the evening event on **Thursday, December 13, from 6 to 8 pm**, when six popular local mystery writers will gather at the store to sign copies of their books and "spread chilling cheer"! The group will include **R.J. Harlick, Barbara Fradkin, C.B.**



Photo: Louise Imbeault

**Sushi Me owner Sue Jung reports that her popular restaurant is soon to expand...into the old pizza place next door.**

**Forrest, Brenda Chapman, Mary Jane Maffini and Erika Chase (a.k.a. Linda Wiken).**

And on **Saturday, December 15, from 11 am to 1 pm**, author **Vicki Delaney** will be at the store to sign copies of her suspense-filled modern Gothic novel *More than Sorrow*.

There's still plenty of time to load up on reading material for Christmas and the long winter months ahead, so please be sure to drop in to the store and pay a farewell tribute to Jean and her wonderful Books on Beechwood crew.

#### **Sushi Me: Expansion Plans in the Offing!**

**Sushi Me** owner **Sue Jung** reports that her popular restaurant at **8B Beechwood** will soon be expanding into the space next door, formerly occupied by Papa Tony's pizza shop. Sue signed the lease for the 740 square foot space in early November, and expects to undertake a major redesign of the premises over the next few months. She is taking care not to be overly optimistic about the project completion date given the number of approvals required, combined with the need for careful advance planning of the new restaurant space, but if all goes well, sushi lovers can look forward to an enlarged dining area by

ing) disappearance of so many of our local merchants. She reports, however, that since the start of the fall, her business has picked up to a steady pace, and she is hopeful that ultimately, the anticipated major new developments on Beechwood will augur well for the success of her enlarged operation. Stay tuned for more details of the renovation in a later edition of the NEN, and in the meantime, if you haven't already done so, drop by Sushi Me to sample its wide range of tasty fare, from its signature sushi rolls to its popular Bento boxes featuring an assortment of tempting flavours. Best of luck Sue: we're grateful for your presence in our neighbourhood, and for your faith in the future of Beechwood!



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# Looking Forward to Winter!!

By Cathy McConkey

Well the leaves have been raked up, the gardening beds have been clipped, bulbs have been cleaned and mulched and now we wait for the next season. I suspect we will be having a more 'normal' winter with lots of snow and colder weather, I can feel it in my bones!! It will make icing the rinks easier for the **Hosers** and will provide some great skating

and hockey for everyone! We are thrilled to welcome new CCC Member **Roxanne Clark** to the team, who immediately got her feet wet by organizing the 2012 **Halloween Howl**, which took place on Sunday, October 28. The Howl was a great success thanks to all the hard work of our volunteers. Little trick-or-treaters arrived at the Fieldhouse in their costumes just in time for the parade to the **Governor's**



## Hockey Day in New Edinburgh

Celebrate the game of hockey on your rink!

Come and play a game of shinny and participate in the skills competition. Food will be served.

Saturday Feb 9, 2013: 12 - 4 pm  
Stanley Park rinks



**Walk Retirement Residence**, where they were greeted by the residents and given lots and lots of candy! Back at the Fieldhouse everyone had tons of fun with crafts and games. Some even dared to put their hand in the spooky, gooey pumpkin to retrieve the critters hidden inside. We would like to thank all of our volunteers who helped before, during and after the event: **Roxie Clark, Paula Pincombe, Kathryn Verrey, Rachel Aslan, Caroline Matt, Kado Dwivedi and Harmony Ferriera**. A very special thank you for the warm welcome and sweet contributions by the **residents of Governor's Walk** and their **Activities Director, Milly Battaion**.

Now that Halloween is over and the candy is slowly disappearing, we are looking ahead. Our next activity, and likely the biggest and longest of our year, is **opening and**

**maintaining the skating rinks**. The initial opening is always hard to predict, being a weather dependant event. We have to wait for the snow to arrive, and in the past few years have been very lucky to get enough of the white, fluffy stuff just a few days before Christmas. **Michel Giroux** and his team of **New Edinburgh Hosers** will be hard at work tamping down the initial snowfall to use as a base for the rest of the season. Each and every night, our team of dedicated **Hosers** will be out scraping and watering the rinks so that we will have the best rink in the city for our community's use. **Brian Torrie** ([btorrie@hotmail.com](mailto:btorrie@hotmail.com) or 613-747-7951) will be making up the icing schedule for the **Hosers** for the coming season, so if you want to volunteer to be part of this illustrious group, please contact Brian

to be scheduled in. **Michel Giroux (613-978-3059)** will be looking for Attendants (voluntary and paid) to man the rink and Fieldhouse during opening hours. Contact Michel if you want to apply. Please check the community website ([www.newedinburgh.ca](http://www.newedinburgh.ca)) for news of the opening and hours for the rinks.

As well as the rinks, we are also looking forward to the holiday season. Thanks to a generous contribution from the **Ottawa Civic Events Funding Program**, we are changing up our winter schedule this year. We are pleased to announce that our **Winter Carnival** will be held on **New Year's Day, January 1, 2013**. This community celebration will feature skating games, sleigh rides and musical entertainment, as well as lots of food. For the very first time, we are including a community brunch for local residents. So, after a late night or early morning of ringing in the New Year, join us for a pancake brunch starting at 10 am; have a coffee and relax while the kids play outside. All are welcome. Please watch for more information closer to the date. Hope to see you all there, and if you feel the need to volunteer in any fashion please contact us. No experience needed!

Council meets every second Monday of the month, at 7:30 pm in the Fieldhouse. The Council has a terrific base of dedicated volunteers here in the community. For those new or old to the neighbourhood and wanting to make contact with your neighbours, this is a wonderful way to make new friends. If you are interested in joining or volunteering please call me at 613-746-0303 for more information.

**Merry Christmas to everyone and best wishes for a happy and healthy 2013!!!!**



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Jane



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Roger and Jill Hardy.

## A "Hardy" Contribution

By Joseph Cull

How great it is when people pull up their sleeves and get involved in their local neighbourhood. Life-long volunteers, Jill and Roger Hardy have spent most of their lives together giving back!

While raising two boys, these parents still made the time and had the energy to get involved and ensure their children and others grew up in a solid and close-knit community.

In the mid 1970s, for almost 15 years, Roger was a Cub Leader for the Boy Scouts of Canada, which gathered in the basement of Crichton School. He was also a T-ball coach, soccer coach (a role he took

over from Jack Ferguson who lives on MacKay Street). He was also the man dedicated to ensuring the outdoor ice rinks in Stanley Park were prepped and ready for use for some 15 years, countless and thankless hours in the winter hours priming the ice to be as smooth as possible.

Jill was no shrinking violet either, as a young Girl Guide Leader, tripping the girls off to the Lindenlea Fieldhouse; and putting in never-ending hours working with the Lighthouse Program (a City of Ottawa initiative to keep schools open, especially at night). In fact, this is how the Crichton Community Council was formed. Jill also started

the "Mom and Me" play-group so young Mom's and babies could come together for play time and support each other. This opportunity also was a backdrop for Jill to get involved with teaching language impaired children and got her involved with the Deaf community.

Jill has been a steadfast Council member since the mid 1970s, and continues her contribution to this neighbourhood by efficiently and tire-

lessly running and booking the Fieldhouse and tending to all the needs of ensuring the building is always ready to provide the needed gathering space in the hood.

For several years now, Jill has dressed for fun success for the "Ottawa Race Weekend Cheering Station" (voted Best Cheering five years in a row!) She has provided invaluable help with the "Ride for Dads", as well as for the New Edinburgh Golf Tournament,

held each year by the New Edinburgh Pub, that supports so many of our local groups and charities. With all of this and the new world of singing with the Ottawa Police Choir, Jill is definitely busy and involved!

We are delighted for Roger and Jill as they journey to a new part of town, but it is not without taking this moment to say THANK YOU for all you have contributed to New Edinburgh!

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## Burgh Arts Scene



### Fern Hill School Art Fair Celebrates Art in Education

By Kareen Madian-Wolf

An appreciation for the arts has always been part of Fern Hill School's culture. This appreciation was on full display at the Fern Hill School Art Show held on Nov. 23 and 24 in New Edinburgh.

"The Fern Hill Art Show is an event that celebrates the wonderful art program at Fern Hill School," says Nathalie Gagnon, a Fern Hill Parent

who helped organize the event. "Last year art teacher Margot Grimes entered Van Gogh-inspired art work by her students and several won prizes in the Van Gogh Goes to School art contest."

Local artists volunteered their time to work with students to create masterpieces fit for a museum.

One of those artists, Zaneta Pernicova, believes it's important for art to be introduced to

students as much as possible to help them "think outside the box and learn to look at things in a new or different way."

This year, Pernicova taught the students the techniques of the impressionists, exploring colour to follow up on previous abstract work and Van Gogh study.

Not only is the Art Show a fun and engaging way to introduce artistic techniques to the children, it also provides "a wonderful opportunity for us to open up our doors to the community, welcome everyone into our school and enjoy a beautiful day of artistic contributions," says Deborah Gutierrez, Fern Hill School's dedicated principal.

Parents agree. Lisa Hall, a parent of two children attending Fern Hill says, "It's inspiring to see so much high-quality local art. The children become aware that beautiful art isn't just what they see in a museum, it's everywhere, and they can be a part of creating it."

"I believe that art can change the world," says Pernicova. "There is nothing more enjoyable than creating with children and watching them grow creatively...I learn from them, probably more than they learn from me."

As far as Pernicova is concerned, "Education without art is incomplete. Our investment in this area for our children now will increase our chances for a better future."

Other artists featured in the show included Ariel Lyons, Sally Douglas, Michael D. Smith, Lori Coulter-Brethour, Luis Enrique Oliver and Karen Xarchos.



Photo: Courtesy Fern Hill

Artist Zaneta Pernicova: "children become aware that beautiful art isn't just what they see in a museum, it's everywhere, and they can be a part of creating it."

### 'Wrappings' Unwrapped at Electric Street Studio



Photo: Gavin Murphy

Gorilla with Carolyn Andrews at 'Wrappings' vernissage at the Electric Street Studio.

By Gavin Murphy

September 20 featured a warm late summer evening, and the Electric Street Studio on Crichton Street was the place to be for Sherry Tompalski's 'Wrappings' vernissage.

'Wrappings' is a fascinating show of 23 new works by Tompalski. At the centre of her mixed media and canvas series is a fictional character, the Wrapped Woman. She represents the desire to be seen—but also the fear of being known in a sea of constant change. Her head is wrapped and her eyes covered with sunglasses. She does not speak and wants to hide her many emotions, her embarrassing experiences and to remain silent about impor-

tant events.

But her body expresses the many emotions her voice is incapable of doing. She hastily marries a Gorilla and they immediately have children. 'Wrappings' is Act I of her story.

'Wrappings' tracks the Wrapped Woman's path to healing and freedom from fear. While the show has a serious component, it also had a humorous dimension.

Tompalski, a visual artist with an impressive track record of solo and group exhibitions in the Ottawa area and beyond, featured 'Wrappings' at the studio from September 21 to 26, 2012.

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# Creating the Official Portrait of The Right Honourable Michaëlle Jean, 27th Governor General of Canada

By Karen Bailey

The creation of the official portrait of Governor General Michaëlle Jean began in March 2010 when she visited my “Triage” exhibition at the Ottawa School of Art Gallery. As Commander in Chief of the Canadian Forces, she felt an instant connection to my paintings of Canadian military medical personnel caring for patients at Role 3 Hospital Kandahar, Afghanistan, all inspired by my experience as an official war artist in 2007. As Governor General, she had visited this small hospital several times and was impressed and touched by the professional and caring approach of the medical staff towards all the patients, who included military personnel, Afghan civilians and children.

It was during her visit to my exhibition that Madame Jean asked me to paint her official portrait. She advised that “This project will take a great deal of imagination.” Her prediction was correct. This was the greatest challenge of my career to date, and proved to be the most rewarding artistically.

In late September 2011, we met to begin designing the work. Madame Jean’s primary request was that she not be depicted alone in the official portrait. In her portrait, she wanted to see reflected the vision that she carried out during her mandate. This vision encompassed her commitment and connection to her fellow Canadians, and in particular, her desire to create spaces for dialogue and to breakdown the many solitudes (as in her motto “Briser les solitudes”); to promote solidarity among all citizens; to bridge the generations; to support the energy and creativity of young people; to highlight the Canadian perspective; and to celebrate the richness of Canada’s diverse society.

The scale and complexity of the painting presented me with many challenges. Working with Madame Jean and her husband Jean-Daniel Lafond became a collaborative effort as well as a meeting of minds. The design was established over a seven-month period. I spent a further three and a half months painting the 80 x 40 inch acrylic canvas.

By chance, in November 2011, my visit to the National Gallery of Canada coincided with the installation of James

Hart’s bronze sculpture, *The Three Watchmen*. This moving ceremony included Haida drummers and dancers. Immediately, I knew I had to include the sound of the drum in the portrait; the Haida drummer became the heart beat of the work. Knowing Madame Jean’s profound respect for Canada’s aboriginal heritage, I felt she would appreciate this element and presence.

The creative process was organic and my design expanded horizontally as subjects emerged, nineteen in total. I strove to reflect all of Canada.

ward or church kitchen, and the subject, The Right Honourable Michaëlle Jean, more high profile than a nurse or tea lady, but my approach remains the same. Ultimately, mine is a portrait of a woman at work—a woman who welcomes all Canadians and who believes in allowing them, individually and collectively, to share their stories. Madame Jean likes to say that her favourite landscape is people.

In the portrait, Madame Jean is full face and open, welcoming the viewer into “the living room of the nation,” the

Standing next to Madame Jean are three Canadian military medical personnel in camouflage uniforms—a reference to her role as Commander in Chief, Canada’s involvement in Afghanistan and to my own experience as military artist.

In the middle of the work, a World War II veteran reminds the viewer of past military conflicts. An older woman, a volunteer, engages him in conversation while a sage passes by in the background.

Madame Jean and M. Lafond believe strongly in the power of the arts to inspire young peo-

tation of part of the Morrisseau painting on the ballroom wall behind the figures.

The process of creating this portrait allowed me to consider what it means to be Canadian and the reality that, while individuals are important, it is the community we create together that matters. I have learned the importance of enabling people to tell their stories and the medium of art to act as a vibrant conduit.

I completed the work in early September 2012. On September 27, the Official Portrait of the Right Honourable Michaëlle

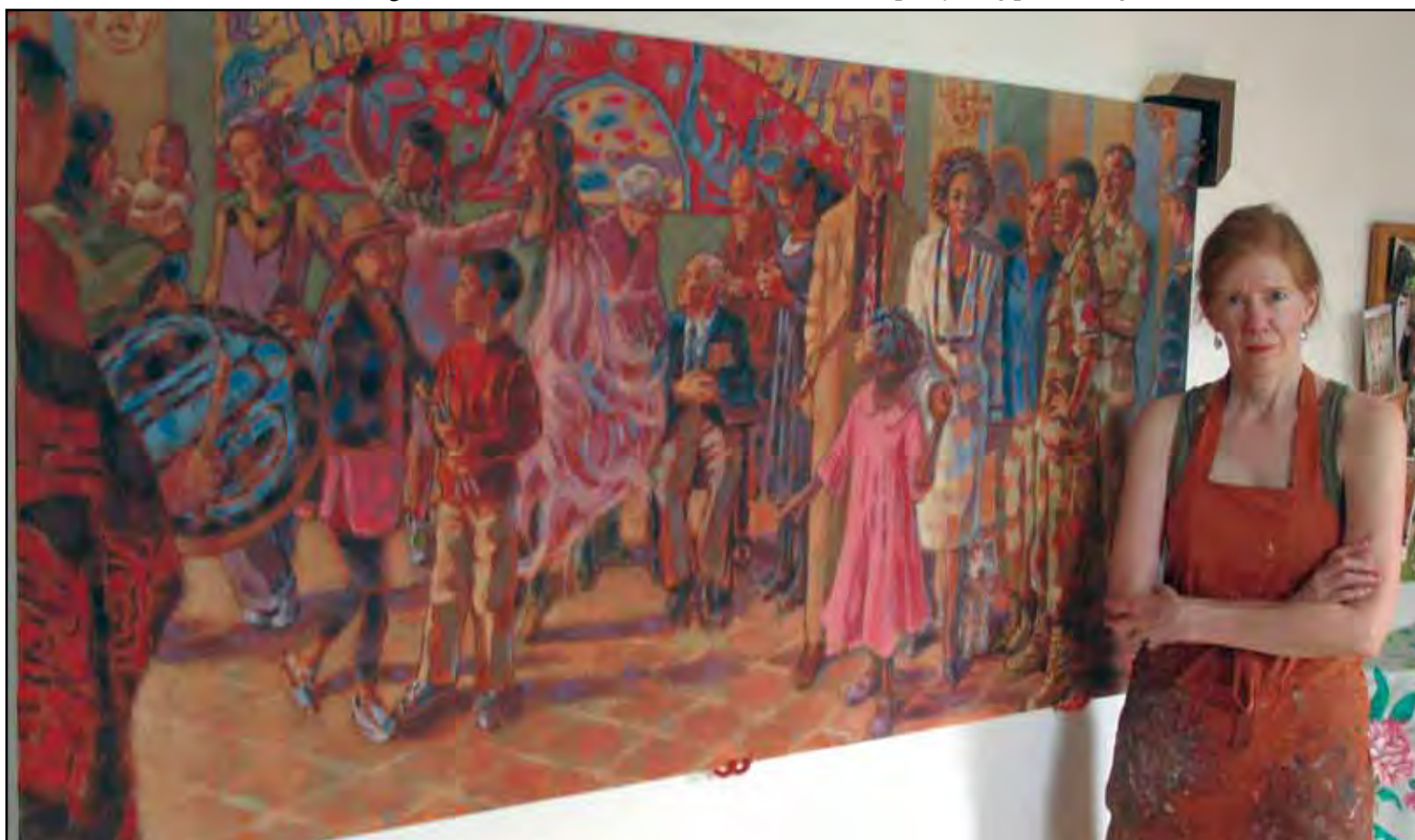


Photo: Iain Main

**Artist Karen Bailey with her completed Official Portrait of the Right Honourable Michaëlle Jean, 27th Governor General of Canada.**

I am best known as a painter of people—military medical personnel, church tea ladies, waitresses, and charity shop volunteers. Humanity, narrative and warmth are essential in my work. These are qualities I associate with Madame Jean’s generous contribution as Governor General, qualities I wanted to transmit in the work.

I sketched and photographed Madame Jean, M. Lafond and Marie-Éden at my studio, the Rectory Art House on Murray Street. In sketching from life, the artist begins to know their subject—a chance to capture the essence of the sitter.

The setting of this portrait, the ballroom of Rideau Hall, may be grander than a hospital

ballroom of Rideau Hall. She holds the hand of her daughter Marie-Éden, age six. She fulfills her official role but is always a mother first.

Her husband, philosopher and filmmaker Jean-Daniel Lafond stands by her, and is as dedicated as she is to their shared vision of making the institution of the Governor General a space where all can be heard.

Marie-Éden appears a second time in the work, this time as a composed young teenager texting friends on an electronic device.

The family dog, Shuka, peaks around Madame Jean’s legs. Shuka arrived at Rideau Hall as a puppy early in Madame Jean’s tenure.

ple. I’ve depicted the energy of youth with a group of children and young people expressing themselves through creativity, imagination and technology on the left side of the canvas.

The Governor General’s aide-de-camp observes the scene.

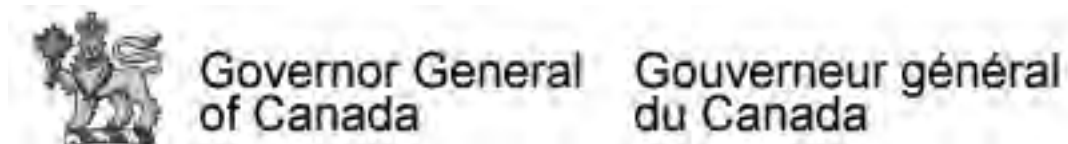
Madame Jean was responsible for having Norval Morrisseau’s triptych “*Androgyny*” installed in 2008 on the front wall of the ballroom. This powerful testimony of aboriginal heritage, culture and perspective is fundamental to our Canadian experience and shapes our national identity. This gesture epitomized her deep connection to the aboriginal peoples, First Nations, Métis and Inuit of Canada. I included a represen-

Jean, 27th Governor General of Canada, was unveiled at Rideau Hall. The portrait is on display permanently at Rideau Hall as part of the Crown Collection.

To view details of the official portrait, please visit [karenbailey.ca](http://karenbailey.ca).

**Editor’s Note:** Karen Bailey is well known in our community as a former member of the Main Works Artist’ Cooperative, and for many years, worked from a Studio at the Crichton Cultural Community Centre (CCCC) in its original home at 200 Crichton Street. When the CCCC moved to 255 MacKay Street in August, 2011, Karen moved to her current studio in the Rectory Art House at 179 Murray Street.





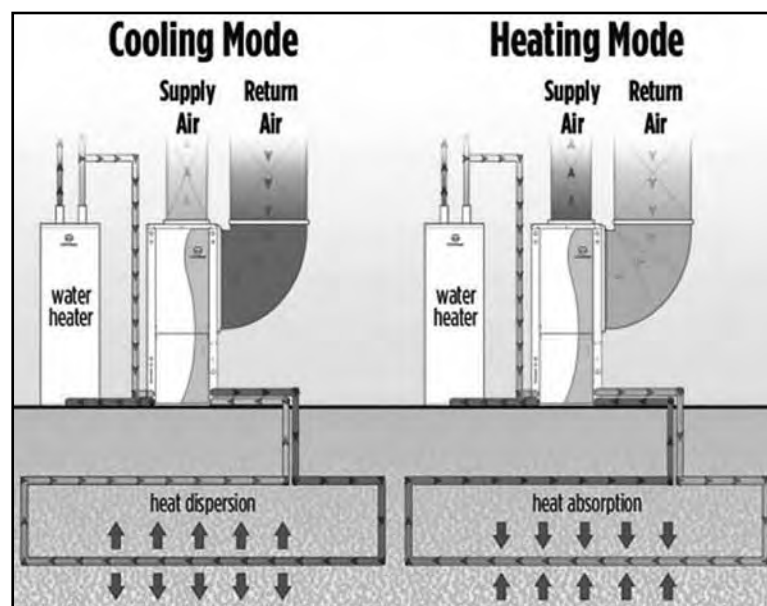
## Rideau Hall Goes Geothermal

On the eve of the 2012 Climate Change Conference in Doha, Qatar, when global carbon emissions will once again be in the spotlight, the National

Capital Commission (NCC) announced plans for a major move towards the greening of Rideau Hall, a move which should lead to a dramatic reduc-

tion in fossil fuel consumption at Canada's first Official Residence. Early next year, work will begin on the installation of a geothermal cooling and heating system which is expected to supply more than a third of the 175 room residence's heating requirements, as well as the bulk of its cooling needs in the steamy summer months.

To date, roughly half the sprawling 9,300 square metre building has been cooled by two large and noisy chillers close to the public entrance, and when both of these relics reached the end of their operational life cycle, the NCC turned its attention to the



Cooling and Heating from the same Geothermal system.

greener, more energy efficient geothermal option. The plan is to bury the network of 36 geothermal tubes required to operate the energy transfer system deep beneath the Rideau Hall skating rink; needless to say, given our Governor General's well known passion for skating in general, and hockey in particular, bore hole drilling will not begin until spring and winter skating activities at the residence will not be affected. If all goes as planned, the system should be up and running by mid-July, 2013.

Rideau Hall's geothermal

project is only one of a growing number of green initiatives to be implemented at the residence, though clearly the most ambitious to date. Other measures include low flow water fixtures; condensing boilers; high efficiency window air conditioners; environmentally benign cleaning products; replacement of incandescent light bulbs with LEDs; staff bicycles and tricycles for transportation around the 88 acre grounds; and last but not least, a state-of-the-art organic regime in the gardens and on the grounds of the estate.

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Today, on behalf of the Board of Directors, I am extremely pleased to announce that, due to new Government of Ontario legislation coming into effect, Beechwood is now able to provide all families in the Ottawa area with a full range of funeral, memorial and celebration of life services.

Beechwood, which is a National Historic Site, was established in 1873 but still has land reserves going forward for many decades. It is owned by the Beechwood Cemetery Foundation, which is a not for profit organization dedicated to carrying out its operation in the spirit of public service for the benefit of our community and our nation. In 2009, Beechwood Cemetery was designated as the National Cemetery of Canada by an Act of Parliament.

We look forward to serving families with a full range of funeral, memorial and celebration of life services.

Yours sincerely,

*Grete Hale*

Grete Hale

Chair, The Beechwood Cemetery Foundation.

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## ... Beechwood Renewal

Continued from page 1

interview with **Lise Lauzon**, the daughter of **Claude Lauzon**, owner of many of the languishing properties on the south side of Beechwood. The Lauzons' interest in developing these properties has reportedly been piqued by Domicile's arrangement to front the costs of upgrading hydro servicing to the east end of Beechwood where the *Kavanaugh* project will soon be underway. At the same time, prospective purchasers of the properties have been emerging, and Chianello reports that the Lauzon family is "currently weighing its options". Most hopeful of all, however, is the fact that Lise Lauzon is quoted as promising: "In the next year, something will happen. I think the time has come." Amen to that!

### Minto Development on the Horizon:

As many readers know by now, there are some promising glimmers of hope in the case of Beechwood/MacKay blocks destroyed by the fire. Though he declined to actually name the developer, Councillor Peter Clark has confirmed the open secret that Minto is still very much in the game, and in fact is close to completing the multi-million dollar transaction to purchase the property. Indeed, we gather that the company has already had at least one preliminary "pre-consultation stage" meeting with the City to review the possibilities for the site, and there are grounds

for optimism that the project will be launched sooner rather than later. Still to be resolved before it's full speed ahead with the redevelopment, however, are the ongoing legal disputes between current landlords **Helene Carter, Edmond Blais and Mayo Trust New Edinburgh Centre**, and two of its' tenants, **Chris Green of Bread and Roses Bakery** and **Lester Clark**, our legendary community barber and former owner of **Lester's Barber Shop**.

At the October meeting, Councillor Clark confirmed that Minto's plans entail a mixed commercial/residential complex with condos above and retail at ground level. Indications are that the building will be up to at least 8 storeys in height, but the precise calculation of a height limit will need to take into account the restrictions related to protection of the viewshed from Poet's Hill in the Beechwood Cemetery (a factor which significantly affected the design of Domicile's *Kavanaugh* project), as well as the zoning requirement for a set back from the sidewalk after three storeys.

In the final analysis, the project will have such a profound impact on the character of the neighbourhood that close consultation with the community will be essential. In fact, if all goes as planned in the current pre-consultation stage discussions between Minto and the City, a public meeting could

be scheduled before the end of the year. With the newly galvanized sense of collective community purpose following the October 29 BVA meeting, it seems fair to predict that Minto can look forward to an exceptionally high level of community engagement in its newest project!

### A Move in the Offing for Bread and Roses

As we signaled on the community website early in November (see [www.newedinburgh.ca](http://www.newedinburgh.ca)), Bread and Roses' owner **Chris Green** has confirmed his plans to relocate the bakery to **323 St. Laurent Blvd. (at Hemlock between Le Saint O and Cat's Fish and Chips)**, subject to a mutually acceptable final settlement with the current landlord. When we went to press, lawyers for both sides were continuing to work towards a resolution of the dispute under the close supervision of Mr. Justice Kershman, the Superior Court Judge who presided over the hearing of

the case in September. With luck, the negotiations should be wrapped up shortly, particularly if the landlords are eager (as one would assume) to close the very lucrative deal with Minto.

If all goes as planned, Chris and his Bread and Roses team will make the move in January or February 2013. In the interim, Chris is hoping that the renovations required to equip the new premises for the bakery operation can be more or less completed so that the actual transition can be undertaken as swiftly and seamlessly as possible, thus minimizing the length of a temporary closure. Readers should be assured, however, that for the immediate future, **Bread and Roses will remain open on Beechwood throughout the Christmas season** to keep us supplied with all our traditional holiday favourites from shortbreads, sugar cookies and fruitcakes to the tasty savoury pies, including flavorful tour-

tière, curried turkey/sweet potato, curried sweet potato veggie, and beefy Aussie pie. All of which are a staple in our household and in many others in the community.

Chris' new headquarters on St. Laurent are a spacious 1950 square feet, affording space for both an ample production area, and an enlarged retail section. He hopes to introduce some seating to accommodate customers who'd like to savour their cookie, square or healthy sandwich right in the store, amid the home-like smells of fresh baking. While it doesn't replace the convenience of Bread and Roses' traditional spot, right in the heart of our neighbourhood within easy walking distance for most of us, the new location is only a five minute drive from our neck of the woods, and there is parking in front of the store. Of course, it's only a stone's throw from two of our other relocated Beechwood busi-

Continued on page 22

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## Continued from page 21

nesses, **Epicuria** and **Time Sharpening**, so you can combine your shopping errands and visit all three in one excursion.

Despite the planned move out of the Beechwood core, Chris intends to remain very much a part of our community. As the new developments unfold at both ends of the street, he will be on the lookout for a new store front in which to maintain a presence for the bakery right in our midst.

**Lester Clark's** case against the property owners for premature and unnecessary demolition of his shop is ongoing. At last report, the landlords had given notice of their intention to file a motion to the court to have the case thrown out. While Lester's legal team believes that his case is solid, it seems likely that it will take time before the dispute is resolved. It should not, however, be a significant impediment to the final sale of the property, as the lien now applies to the landlords, as opposed to the property itself.

#### Quiet Months Ahead and Only Faint Hope for a Successor to Books on Beechwood

With the departure of Bread and Roses, combined with the closure of **Hamie's Diner** and **Books on Beechwood** at the end of January 2013, the winter months could be a little bleaker on Beechwood as we await the long delayed launch of a redevelopment at the site of the fire. While there was initially a slim hope that the space in New Edinburgh Square now occupied by the bookstore could be preserved as a reinvented bookstore/café or other retail operation, Chartwell has now made clear that it has leased the space to an audiologist. Thus an ongoing retail operation on that pivotal corner of Beechwood is no longer an option. Though there had been some suggestion that the audiologist might be open to an alternate 3rd floor location within New Edinburgh Square, the NEN is now advised that the audiologist group are committed to occupying a ground floor, store-front space as a base for establishing their practice in the community.

#### A Lost Opportunity?

As many readers will be aware if they attended the public meeting, one possible use

for the Books on Beechwood location contemplated prior to Chartwell's final decision would have involved an expansion of **Heather Matthews' Scone Witch** operation into that space to create a combined café, bookstore and gift emporium, which is an attractive combination and has been successfully employed by a wide range of retail outlets, including the giants such as Chapters. While Heather's plan would have entailed a more limited inventory of books on the premises, she envisioned a full scale book ordering capacity so you could still have counted on our "local" to supply all your reading material.

It's worth mentioning for the benefit of readers who are new to the community, and perhaps to the City, that the still flourishing upscale kitchen supply store/café **Domus** in the Byward Market was originally Heather's brainchild. Thanks to her combined imagination and purchasing savvy, Domus became one of the most successful independent retail operations in Ottawa. It seems a good bet to assume that had she brought her talents and retail experience to bear in cre-

ating such a new establishment, it could have been a great success in our shop-starved community where books and neighbourhood sociability rank high among our shared values—but sadly, this is now a very long shot indeed.

While Heather would have welcomed the opportunity to undertake a new venture herself, she was equally open to the possibility of another retail operation occupying the Books on Beechwood space and serving as a compatible neighbor to the Scone Witch, capable of attracting shoppers to her corner. The audiology office, on the other hand, is unlikely to be a magnet for community socializing and beckons a drop in pedestrian traffic. Heather is concerned that it could seriously compromise the viability of her present Beechwood business and force her to consider her options. Much as we hope it isn't so, the consequence of Chartwell's leasing decision might well be yet another closure in our beleaguered Beechwood core.

Never let it be said, however, that we're a community of quitters. As we went to press, **Isobel Bisby's** dedicated Bookstore Working Group, created following the October 29 BVA meeting, is still at work on possible imaginative solutions to this impasse. Stay tuned for developments on the community website [www.newedinburgh.ca](http://www.newedinburgh.ca).

#### And Now the Good News

Despite the painful loss of the bookstore and the many challenges to be tackled in bringing Beechwood back to life as the "Main Street" for five bustling neighbourhoods, there are some encouraging signs that suggest such a "renaissance" may not be all that far off. Here are just a few of the reasons to justify a cautious optimism about the future of our commercial area:

- **Expansion of QVBIA:** As we reported in the October issue, the businesses on the

north side of Beechwood will become full-fledged members of the Quartier Vanier BIA (QVBIA) on January 1, 2013, and for the first time, area businesses on both sides of the street will actively collaborate to work on a set of priorities for the Beechwood sector.

**The QVBIA wants to hear our suggestions for the businesses and services we'd like to see on Beechwood, and has issued an invitation to area residents to submit their ideas to [svaliquet@vanier-bia.com](mailto:svaliquet@vanier-bia.com) Let's go for it!**

- **The Kavanaugh on Beechwood:** As John Doran reported at the October 29 meeting, Domicile's major commercial/residential development at 222 Beechwood is poised to go ahead as planned in early 2013, bringing new businesses, renewed activity and residential intensification to the area within the next couple of years, along with upgraded hydro infrastructure to stimulate further development along the south side of Beechwood.

- **A Nudge to Beechwood Property Owners:** At the BVA Meeting on October 29, it was revealed that a "vacancy tax rebate" of 30% is currently on the books, for which property owners may apply in the case of their undeveloped properties. In response to the outrage of the assembled community at this apparent incentive to landlords to hang on to unused parcels of land despite the negative impact on the surrounding area, **Councillor Clark** has presented a notice of motion to the Finance and Economic Development Committee (FEDCO) of his intention to file a request to the City to petition the province for an amendment to the legislation, limiting landowners' ability to apply for the rebate to a maximum of three years. The motion has been tabled for discussion at FEDCO on December 4, 2012.

- **Restaurant Riches:** We are currently blessed with a




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• **Community Engagement:** Thanks to the Beechwood Village Alliance's recent initiative to call together all of the groups and individuals with a stake in the future of Beechwood. Our collective community spirit has been galvanized into action to step up the pressure for positive change. With the BVA as a focal point to support and coordinate activity, and the combined muscle of five active community associations—Vanier, Manor Park, Rockcliffe Park, Lindenlea and New Edinburgh, an expanded Business Improvement Area; two supportive City Councillors, and countless individuals with a wealth of resources and talents to bring to the task, there's every reason to be hopeful that better days for Beechwood are on the way. Just be ready to roll up your sleeves and join the work party!


• **Working Groups Update:** As you'll see in the summary of the BVA Meeting on October 29 (page 6), seven working groups were launched following the meeting, most of which are now actively pursuing their respective projects. **Dale Smith's** group has now met to begin the application process for a grant from the City under the Better Neighbourhood Program, while **Julie Lapalme's** Public Art committee is collaborating with the organizers of **C'est Chill,** a major community celebration on December 1, orchestrated by the QVBIA. The Political Action Committee led by **Peter Lewis** has been hard at work acquainting itself with details of the Beechwood Community Design Plan (BCDP), in consultation with architect **Jane Thompson,** former City Planner **Stuart Lazear** and our erstwhile Councillor **Jacques Legendre,** all of whom participated in the drafting of the plan in 2005-6. Peter is encouraged by the number of participants in his group (over a dozen), and by their enthusiasm for pursuing strategies to promote positive developments on Beechwood, and break down barriers to progress. **Natalie Belovic's** committee to bring a Farmer's Market to Beechwood was expected to meet shortly before we went to press. As noted above, **Isobel Bisby's** Bookstore group is still hard at work exploring the options for retaining books or another retail operation at MacKay and Beechwood. Stay tuned for more developments in our next issue (February 1, 2013) and on the community website [www.newedinburgh.ca](http://www.newedinburgh.ca).

### A Job for All of Us: Shop and Dine Local!

Hopeful though these developments are, I think it's evident to all of us that restoring Beechwood to its full potential will be no quick fix. At best, it will be two to three years before the major new Domicile and Minto developments will be up and running, and no doubt considerably more before there is action to develop the derelict properties on the south side of the street. In the very short term, the "core" of Beechwood between St. Patrick and Springfield could

be a virtual ghost town with the closure of the bookstore and Hamie's diner, and relocation of the bakery to St. Laurent. For the businesses that remain, surviving the next few years until there is an injection of new life into the area, will be a huge challenge. That's where we come in: every one of us can and should make a New Year's resolution to support those businesses by shopping and dining locally whenever we possibly can. Let's make it a truly Happy New Year on Beechwood!

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# News from the House

Issue #5

December 1, 2012



## Crichton Cultural Community Centre Awaits News of Ontario Trillium Foundation Grant

The CCCC is currently awaiting news on its application to the Ontario Trillium Foundation (OTF) for a grant to assist the Centre in moving ahead with the building and fire safety renovations required to bring New Edinburgh House up to code as an “assembly”

space. **Please watch for news of the grant on our website at [www.crichtonccc.ca](http://www.crichtonccc.ca).**

If successful in securing OTF funding, the CCCC would direct the grant towards covering the material costs associated with the required upgrades. The CCCC has been working

closely with architect Anthony Leaning and his associates at CSV Architects, in consultation with City’s Building Code Services Branch and Councillor Peter Clark, to develop plans to ensure that the house is suitable for our purposes, and complies with all applicable building, fire and safety codes and standards.

The work will include construction of a new second and third floor egress, and an access ramp to enhance accessibility to the main floor. The Centre’s multi-purpose “Community Room” on the main floor will be remodeled; new fire-rated doors and fire-rated walls will be installed; and the roof will be replaced. We expect to embark on the construction in the spring or summer of 2013, so please stay tuned to our website for updates on the construction and its impact on

CCCC activities.

Once equipped for assembly purposes, New Edinburgh House will come into its own, both as a community hub and gathering place, and as a vibrant centre for artistic activity. In addition to housing working artists’ studios, the House will become a focal point for our community-based organization, offering excellence, innovation and imaginative leadership directed to meeting the needs of our diverse and growing community.

We look forward to making an enduring contribution to the local cultural ecosystem, and to building a healthy community. The renovations to the premises will allow the CCCC to fully assume its role as the centre of community life, and to share space and administrative facilities with the other community organizations in

New Edinburgh. At the same time, the renovations will make accessible to the community an important heritage home in New Edinburgh.

## Crichton Cultural Community Centre Awards

### Six Residencies to Ottawa Artists

In early November, a small group of artists representing a variety of creative disciplines was selected by the Centre’s Director and an independent jury to receive the distinction of CCCC Artist-in-Residence. Those receiving residencies included **Mi Casa Theatre, Connect Dance, Herd Magazine, Claudia Gutierrez, the Ottawa Stilt Union, and collective (gulp)**. Each residency is specifically tailored to the particular needs and rhythms of the individual artist or group.

The Centre’s support for artists underscores a core commitment to fuel creative expression in our community by offering the time, space and support necessary for artists to pursue the development of their projects, while complementing the CCCC’s mission of enriching the life of the wider community through creative activity. With the selection of this multi-talented group of artists and performers, the coming year promises to be an exciting period of growth and development at the CCCC.

Each artist-in-residency will culminate in a public presentation of finished work and/or involve workshops that are engaging and relevant to New Edinburgh and to the wider Ottawa community. Works produced under the auspices of residencies will premiere at New Edinburgh House and/or Memorial Hall, and will create important opportunities for meaningful interaction among the artists/performers, the community and the public at large.

### Introducing the Winners...

#### Visual Arts – Claudia Gutierrez

With her Artist-in-Residency Award, Claudia Gutierrez will develop an ambitious suite of new works to be presented in New Edinburgh House. An emerging artist in the Canadian

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art scene, Claudia Gutierrez works as an abstract painter. Claudia studied Fine Art, specializing in painting and drawing during her diploma studies at the Ottawa School of Art. Her work draws on influences from her Latin heritage, infused with a fresh and contemporary palette and style. [www.claudiagutierrez.ca](http://www.claudiagutierrez.ca)

### Performing Arts – Mi Casa Theatre

Mi Casa Theatre blends cabaret, circus and vaudeville with contemporary approaches in interdisciplinary collaboration. By unravelling the secret life of lost and discarded objects, the company gives them new life, while exposing the magical qualities of the mundane and texturing the tragic with surprise and whimsy. During their residency, Mi Casa will be rehearsing their new play *Collapsible*. This will be presented to the community in the fall of 2013. In addition to this major project, Mi Casa will lead a Drama Class for youth and adults that will culminate in the production of a community play, to be presented this time next year: listen up all you aspiring thespians and join the fun! [www.micasatheatre.com](http://www.micasatheatre.com)

### Dance – Connect Dance

Connect Dance is a project based dance company founded by Artistic Director Claire Berry. It is focused on creating dance performances, classes, and workshops for the joy of the community. Connect Dance was founded earlier this year to promote the art of

dance that is entertaining and stimulating, bringing communities together through inspiration and education. Claire will be running classes here at the Centre starting in the spring of 2013. She will also become a familiar face in our summer camps. [www.cedo.org](http://www.cedo.org)



### Performing Arts – Ottawa Stilt Union

Une nouvelle sorte de compagnie de théâtre : L'Ottawa Stilt Union est une compagnie de théâtre fondée sur l'amour des représentations en échasses. Nous sommes une compagnie bilingue de la région d'Ottawa qui crée du théâtre en utilisant des échasses, des acrobaties et d'autres formes de théâtre physique pour raconter des histoires.

The Ottawa Stilt Union will be focused on creating two new pieces and we are thrilled that they will be running bilingual Mini Circus classes out of Memorial Hall for children and youth. Keep an eye out for the schedule, beginning in the spring 2013. The classes will involve stilts, masks, puppets and other forms of physical theatre. [www.ottawastiltunion.ca](http://www.ottawastiltunion.ca)

### Dance – collective (gulp) dance projects

Driven by a shared sense of humour and desire to make thoughtful and thought-provoking works, Alexis and Elizabeth have developed an original form of dance-based interdisciplinary performance. During their residency Alexis and Elizabeth will be orchestrating a series of bilingual workshops on movement improvisation open to all. They will also be building new relationships and collaborative works for presentation in 2013. [www.collectivegulp.com](http://www.collectivegulp.com)

### Print Media – Herd Magazine

With one exquisite production under their collective belts, photographer, Pat Bolduc, writer, Stephanie Vicente and graphic designer, Joey Arsenneau, will enliven Studio 5 with Ottawa culture. During their residency, they will animate New Edinburgh House with a series of Exquisite Corpses Drawing Nights, a Writers' Circle and curated art exhibitions, all the while working to establish Herd Magazine as a source of alternative media, focusing on the locals who genuinely contribute to Ot-

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### Thanks to Our Jury

The CCCC would like to thank our valued jury members, **Barbara Laskin** (Meta 4), **Isobel Bisby** (CCCC Board), **Jeffrey Matt** (Photographer), **Jennifer Cartwright** (Cartwright Appraisals), **John Jarrett** (Mainworks Visual Artist), **Martha Nixon** (Visual Artist), **Paula**

**Thompson** (CCCC Board), **Robert Marnier** (Performing Artist), **Scott Florence** (Company of Fools), **Sue Hall** (CCCC Staff) and **Victoria Henry** (The Art Bank). Their informed and balanced perspectives contributed greatly to the integrity and success of the selection process.

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## A New Year and a New Name for the CCCC: Please Welcome the New Edinburgh Community and Arts Centre (NECTAR Centre)

Since moving out of its original quarters in 200 Crichton Street just over a year ago, and settling into New Edinburgh House, its new home at 255 MacKay Street, with dynamic Director Melanie Davis at the helm, the CCCC has undergone a major transformation. Board Secretary, Paula Thompson is optimistic about the future prospects of the organization in the community, noting that, "Over the past year, we've introduced a number of new initiatives to better accommodate the needs of the community, and to capitalize on the opportunities afforded by our new facilities. Both our physical location and the scope and nature of our activities have undergone significant change, and we recognized that it was time for a name change to reflect this reality. Our Board is delighted to announce that starting in January 2013, we will be known as the **New Edinburgh Community and Arts Centre**,

or **NECTAR Centre**. We think the new name is a more accurate representation of what we do now, what we're offering now, and where we're going in the future."

The Centre will officially launch its new name, new logo and new website in January 2013.

### Crichton Cultural Community Centre Holiday Celebration - Save the Date: December 7

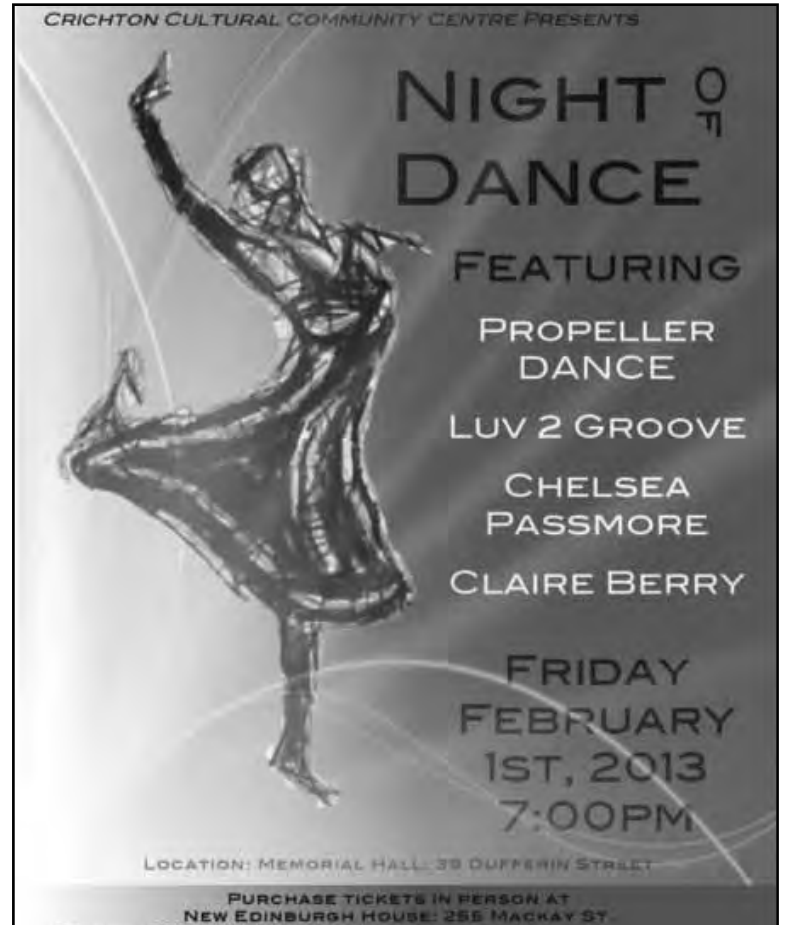
Let's celebrate the winter holidays and have a toast to all the community members, instructors, volunteers and friends who have made 2012 such an amazing year for the CCCC. The CCCC would not be the organization it is without the efforts of our community. This is a celebration honouring those efforts. Everyone—including class and group participants, facilitators, staff, volunteers, Board members and donors—is encouraged to attend. Please bring your favourite savoury or sweet dish. The festivities will include entertainment and special guests.

### News from our Programming Committee

By Isobel Bisby, Chair

### Literary for Literacy Series

The CCCC ventured into new territory on the evenings of September 25 and October 19 with the first two evenings in the Literary for Literacy Series. The aim of the series is to raise funds for local literacy programs in Ottawa, and for community programs in our neighbourhood. Acclaimed local authors, **Frances Itani** and **Alan Cumyn**, were invited to host the first two events. Frances, a passionate literacy advocate, provided a wonderful evening of reading from her latest book *Requiem*, with fascinating insights into her inspiration for writing this emotionally moving novel about the plight of Japanese Canadians during the war years. Alan quietly entertained his audience of adults and children by reading from his *Owen Skye* series, delighting the youngsters by answering their many questions. Both authors and **Bridgehead** generously donated



the proceeds of the evenings to the **Alternative Learning Styles and Outlooks (ALSO) Family Literacy Program**, and the CCCC's community programs. We are pleased to announce that **Robert Hough** (*Dr. Brinkley's Tower*) will be our author at the next Literary for Literacy Series event

in New Edinburgh House on **January 11**. He was a Fiction Finalist for this year's Governor General's Award. See you there, book worms! To find out more about ALSO visit [www.also-ottawa.org](http://www.also-ottawa.org).

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<b>For Sale • Canal</b> \$1,750,000	<b>For Sale • New Edinburgh</b> New Price \$849,000	<b>For Sale • Rothwell Heights</b> \$4,200,000	<b>For Sale • Rockcliffe Park</b> \$1,450,000

### Supper: Another Vibrant Evening in the Community

On the evening of Friday November 9, the Memorial Hall at 39 Dufferin Road was alive with the sounds of music and dancing feet at the **Third Annual Zumba Community Dance**. 60 adults and children came out for another evening of fiery zumba dancing led by the very talented and energetic **Paola Ortiz**. The evening began with a delicious Chili Supper, once again donated by **Governor's Walk Retirement Residence**. After supper, the party began, and participants young and not-so-young danced up a storm. And again this year, the evening ended with the children up on the stage, enjoying a bubble wrap stomp, thanks to bubble wrap donated by **Dymon Self Storage**. What a noise! Our warmest thanks go to our team of invaluable volunteers, without whom the event could not have taken place. An extra hearty round of applause goes to the Governor's Walk Retirement Residence team, **Milly Battaion, Tara Spour**, and chef, **Avi Choudhury** who provided the wonderful chili. And a big THANK YOU to everyone who helped with the cleanup at the end!

### Crichton Cultural Community Centre Special Events Coming Up

#### 2nd Annual Night of Dance Friday, Feb 1, 7 pm – 9 pm

Please join us for a wonderful evening of dance featuring **Propeller Dance, Luv 2 Groove, Chelsea Passmore** and **Connect Dance**.

**Tickets: \$10 per person**  
**Memorial Hall: 39 Dufferin Rd**

#### Salsa Night – Friday, Feb 15, 7 pm – 9 pm

Being so close to Valentine's Day, make Salsa Night your date night destination. Ximena Puente will lead this engaging evening of Salsa Dancing.

**Tickets: \$10 per person**  
**Memorial Hall: 39 Dufferin Rd**

#### Photography Lighting Full Day Workshop – Saturday, January 26, 9 am – 5 pm

John Arnold and Martin Lipman will instruct a full-day workshop on Photo Lighting including: understanding qualities of light, using small camera flash, getting your small camera flash off the hotshoe for effective portraits, adding more flash units, affordable DIY light modifiers that go head-to-head with commercial offerings, remote triggering options, and comparing

small camera flash with studio strobes.

**Fee: \$ 110 (catered lunch included) – Space is limited to 10 participants**  
**Memorial Hall: 39 Dufferin Rd**

#### 2013 Friday NFB Movie Nights – Memorial Hall: 39 Dufferin Rd

Doors open at 6:30, starts at 7 pm. Suggested donation of \$5.00 per person.

**January 25:** The Independent Film Cooperative of Ottawa (IFCO) presents: An Evening of Local Cinema.

**February 8:** "The Making Of"- Local Filmmakers speak and present clips from behind the scenes.

**March 22:** Short Films for Short People.

#### Body Reboot Seminar with Personalized Approach Saturday February 16, 1 pm - 3:30 pm

**Simple steps to get back the body you used to have or finally achieve the body you've always wanted** –Join Personal Trainer and Holistic Nutritionist Tanya Robertson for a seminar on how to achieve a healthy, strong, fit you. Tanya will give participants the tools they need to achieve a body they'll feel good in, whether it means losing stubborn pounds, or just toning up. All participants will walk away with a do-it yourself nutrition, exercise and yoga handbook to help them incorporate Tanya's tips into their daily routine. During the seminar participants will also learn and perform simple workouts that can be done right in your own home.

**Fee: \$70 per person**  
**Memorial Hall: 39 Dufferin Rd**

#### New Seniors Programming

**New! Friendly Bridge & Euchre Drop-In:** Join us on **Thursday 2 – 4 pm, January 10 – January 31**

Enjoy friendly Bridge and/or Euchre card games. Beverages and snacks will be available. \$5.00 drop in fee.

#### New! Art as Personal

## A Year in Review, and Oh, What a Year!

2012 was a transformative year for the CCCC. Popular wisdom has it that embarking on too many life-altering changes all at once should be avoided if at all possible. Well, like all such adages, this one tends to be "more honoured in the breach than in the observance" and breach it we did—in spades! In the span of a year, we completed the purchase of New Edinburgh House, our new home and headquarters at 255 MacKay Street; hired a dynamic new Executive and Creative Director, Melanie Davis; expanded and reorganized our staff; undertook a major governance review and restructuring; forged ahead with major plans to upgrade our new facilities; broke new ground with our most successful ever Lumière Festival; launched a wealth of new programs and community activities for all ages and interests; embarked on an imaginative series of Friday evening fundraisers, bringing life and entertainment to the neighbourhood; and made plans for the launch of a new name, new logo and new website at the start of the New Year. No, we didn't "pace ourselves," but if this is overload, bring it on!!

### A Heartfelt Thank You to our Community

Over the course of the year, more than 2,000 people visited the Centre, collectively taking part in classes or workshops; watching films; learning to dance, to play instruments or to paint or draw; getting in shape; honing their bridge skills; or in the case of the younger set, playing at the new facilities. Thank you to everyone who participated!

Special thanks are due to

the **MacKay United Church** team who gave selflessly of their time and energy to ensure the successful conclusion of the sale of New Edinburgh House to the CCCC, and to better the premises for our arrival. We look forward to our ongoing relationship with the Church community which has welcomed us so warmly, and worked so hard to accommodate us as we settled into our new facilities.

Thanks also to **all our instructors** for being so patient with us during the transition: we are so grateful for all your energy, talents and dedication, and look forward to a successful ongoing collaboration in the exciting year ahead.

2012 was a breakthrough year for our fundraising activities, which we ramped up to a whole new level, offering four popular Friday evening events to engage the community and help to support the Centre. These included **Movie Nights**, a **Performance Series**, and **Literacy and Friday Night in the Burgh** events. Although it was our first year attempting anything on this scale, we learned a lot, and had an immense amount of fun in the process! Watch for a return of movie nights and other events in 2013: check out the Events page on our website ([www.crichtonccc.ca](http://www.crichtonccc.ca)) for details and dates, or for more information, please contact the Centre at 613-745-2742 or email [communitycentre@rogers.com](mailto:communitycentre@rogers.com).

Thank you so much to **our volunteers** who came out to support each of our Friday evening events: you gave real meaning to the concept of Building Community, and we

are extremely grateful for all your efforts.

This year of transformative change would not have been possible without the support of many **local businesses and organizations**, including in particular **NECA**, the **Crichton Community Council** and **Governor's Walk Retirement Residence**, who generously donated their time, and in some cases, gifted us with materials and equipment. A special thank you goes out to all those who supported us throughout the year, as well as to our **Board of Directors and Staff** for their amazing dedication throughout the year.

### Departures and Arrivals: Farewell Ellen, Welcome Joseph!

In the last issue of the NEN, we announced with regret the retirement of our beloved **Ellen Goodman** from the Board of Directors. Ellen's contribution to the creation and growth of the CCCC is quite literally incalculable, and she will be sorely missed in the year ahead, though happily still engaged as a Special Advisor and Chair of a new Special Needs Subcommittee. Stepping in to Ellen's place on the Board, we are delighted to welcome **Joseph Cull**, a legend in our community where for decades, he has so generously invested his time, talents, irresistible wit and consummate culinary skills to make our neighbourhood a better place. Any group or organization with Joseph on board is fortunate indeed, and we look forward to his presence and support in the coming year. One thing seems certain: the Laugh Meter at New Edinburgh House will be through the roof!

**Residence – 100 Island Lodge Road. Thursdays 2 – 4 pm, January 10 – February 7.** Fee: \$80.00

**New! Senior's Lunch and Social:** Join us on **Fridays from 11:30 am – 2:30 pm, January 11 - March 1**

A variety of activities such as: scrabble, cards, musical entertainment/sing-songs, and more! \$10 drop in fee.

For advance ticket sales and/or registration, please phone 613-745-2742 or email [communitycentre@rogers.com](mailto:communitycentre@rogers.com).

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# Take a Holiday from Excessive Holiday Garbage

By Diana Carney for LEAF

As we gear up for the holidays we will be doing so, for the first time, with bi-weekly regular garbage collection. This is a huge positive step on the part of the city. It will save money and also encourage us to divert more of our waste into recycling of one kind or another (especially the green bin stream, which helps reduce both landfill and warming methane emissions from landfills).

I hope it will also make us think twice about buying items that come with a lot of associated garbage (i.e. non-recyclable packaging) or quickly outlive their usefulness and turn into garbage themselves. Out of sight is out of mind with garbage, so the less frequently

it is collected the more we think about it.

The holidays are notorious for excess and waste....leading to over-stuffed garbage containers. Here are a few reminders about how you can cut back and keep your garbage from taking over this holiday season.

**First**, choose items with less packaging and that produce less waste.

A good place to start for the holidays is by examining your gift wrap habits.

The worst offender here is the shiny metallic or plasticized gift wrap that cannot be recycled at all. A better option is wrapping paper or bags which can, ideally, be reused a few times and then recycled in your black bin. A superior

option still is to use fabric bags or lengths of fabric that can be reused ad infinitum, or jazz up some newsprint with blotches of paint.

**Second**, get smart about recycling and the Ottawa-wide 'take it back' program. The city website (Ottawa.ca) has lots of information and a useful search tool where you can search on individual items. The Beer Store is my favourite recycling depot. They take back everything they sell—and good deal of what the LCBO sells. Think bottle caps and wine corks. Everything can and should be salvaged. You don't get a dime back each time, but you do get a warm green glow to match your LED Christmas lights.

**Third**, really focus on your

green bin. You'll be surprised at how much can go in. And being winter, you won't have to worry about the dreaded maggots (the bigger concern is making sure it either stays unfrozen or has a paper liner that releases the whole frozen lump into the truck).

Any 'tainted' paper should go in the green bin: think greasy pizza boxes, paper drinking cups with or without wax coating, soiled paper towels and torn shreds of tissue paper (those you can't reuse). It is important you keep these out of the paper stream as they can really mess things up.

On top of this paper you can throw meat scraps (don't be squeamish), natural holiday boughs and swags that have fulfilled their purpose and, my

favourite of all, lint from your dryer after all that busy holiday laundering (if you really have to use your dryer at all: wet towels do a great job keeping home humidity up in our dry winters).

**Last, but not least**, please do not throw any electronic objects—cell phones, printers, aging fax machines, broken iPods, whatever—in your garbage. Even if you get lovely new versions for Christmas and feel a New Year's urge to clean house. Instead, take these back to one of the depots detailed on the Ottawa City website or check what Best Buy accepts back at their stores, or stockpile them for the upcoming annual LEAF electronics recycling event in May 2013.

A less wasteful holiday will be a better one for you and your family, and a better one for the planet. We promise.



**Editor's Note:** LEAF (Local Eco-Action Families) is a local environmental group formed in 2008 by residents of Lindenlea, Rockcliffe Park and New Edinburgh who wanted to think globally and act locally on environmental issues. Contact Local.ecoactionfamilies@gmail.com, or visit Local Eco-Action Families (LEAF) on Facebook.

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# My Small Role in the Cuban Missile Crisis

By Larry MacDonald

**Editor's Note:** This past October marked the 50th anniversary of the Cuban Missile Crisis when the world teetered perilously on the brink of nuclear war. The following article is a personal reflection on that extraordinary moment in recent history, written by renowned CBC broadcaster **Larry MacDonald**, a resident of New Edinburgh for nearly 40 years. Mr. MacDonald was married to well known CBC broadcaster **Mildred MacDonald**, and was the father of long-time Burgh resident and Studio A owner **Alex MacDonald**. We are extremely grateful to Alex for sharing this fascinating extract from her father's papers.

Larry MacDonald was born in Swift Current, Saskatchewan on August 22, 1921. He joined the army at the outbreak of the Second World War, and was injured at the Battle of Caen in 1944. After the war, he entered the field of broadcasting, working as a journalist in the CFRA (Ottawa) newsroom, and later became an on-air reporter and Senior News Editor for the CBC. Mr. MacDonald was the first CBC Television Newscaster in Ottawa, and in the course of his distinguished career, received two North American broadcasting awards, as well as the 1969 Armstrong Memorial Research Foundation Award.

Mr. MacDonald retired in 1982 after 28 years of service with the CBC. In 1988, he completed **Good Evening**, a book dealing with the early days of the CBC TV News. He was a Life Member of the Parliamentary Press Gallery and the National Press Club of Ottawa. Larry MacDonald died in 1997.

Sometime in the early 60's, I received three phone calls. They were all the same. They came from the Department of National Defence, the RCMP and the Emergency Measures Organization. All three told me that the call was in secret. I asked the last caller how the other two agencies knew about it if it was a secret. To which, there was no answer.

It turned out that three CBC news types had been picked to be the "Voice of Canada" in the event that there was a final showdown between Russia (Krushev) and the United States (Kennedy) over the matter of Russian ships carrying several missiles to Cuba. Kennedy had told the Russians to go home and we were now awaiting the Third World War.

The three "Voice of Canada" people were our then chief political correspondent, Norman Depoe, Tom Earle, a reporter in the Press Gallery and yours truly.

We were all told to report to a military compound on Victoria Island, Hull, Quebec to be fingerprinted, photographed, issued identification cards and to have our family histories checked back to the age of Neanderthal Man. We were to say nothing about this to anyone, not wives, not girlfriends, no one.

When we arrived we found a very officious Major in charge. Depoe had served as a Signals Officer attached to the Seaforth Highlanders, 1st Canadian Infantry Division.

I was a D-Day Normandy, France type. We knew the Army game and this guy was going to be a problem.

I looked at Depoe. He looked at me. We silently decided it was time for a little fun. I said, "Now suppose I get the call to head for Carp, Ontario (I'm sure that I can now reveal that this was the top secret location) and the Bomb falls on my Volkswagen, what then?" The major, still pompous advised me to phone in at once.

Some weeks passed and another phone call came. This time a trip to the bunker for an orientation lecture. During the walk about, Depoe said to me, "You know if the balloon goes up, this is going to be a very short war. We won't be around to collect rehabilitation benefits as we have since the Second World War."

As we looked at the Spartan army bunks, the CBC Radio broadcast set-up and the dorm like atmosphere, Depoe with his dry wit commented, "You know, if anyone is thinking about writing World War Three songs they'd better get started since it will probably last about twenty minutes."

The tour ended at noon. About that time one of the vice-presidents of the CBC, Charles Jennings, arrived with an entourage. They came well prepared. They had picnic baskets containing cold chicken, a rather good French wine and baguettes. They also had several containers that might have held coffee. We never found



Photo: Courtesy of Alex MacDonald

**Larry MacDonald interviewing Prime Minister John Diefenbaker.**

out as we were not invited to this gourmet feast.

Instead, we were issued lukewarm army coffee and desiccated cheese sandwiches. But, Depoe, a world-wide report-

er who had been in several dicey war zones (the Congo, Pakistan, India and the Middle East) went by the motto of the boy scouts, 'Be Prepared'. He had a bottle of Johnny Walker

in his duffel bag and by the time lunch was over, we were much cheerier.

There was, however, something sinister about the bunker. Only five hundred people would gain entry. The Governor General (Major General Vanier) and the Prime Minister (Diefenbaker) would have private, albeit small rooms. The rest of us, MPs, Senators, some RCMP, some National Defence staff and 'The Voice of Canada' would live in close proximity for God only knew how long. There were no wives or children permitted. Who made the decision who was in and who was out, I'll never know. I assume it was someone in the Prime Minister's Office.

At the end of the day, we took the train home. We were told, "You haven't been here".

Months passed and nothing happened. Finally, I was called by the RCMP and asked to return the card. I had lost it.

Thankfully, the Diefenbunker was never used and I hope it never will be.

The following is a link to Larry MacDonald's interview with Peter Gzowski about his recollections of the Diefenbunker: <http://www.cbc.ca/archives/categories/war-conflict/cold-war/cold-war-culture-the-nuclear-fear-of-the-1950s-and-1960s/reporting-live-from-the-diefenbunker.html>.

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# Christmas Book Suggestions from the Staff at Books on Beechwood

## Jill's Suggestions:

*Ru* by **Kim Thuy**, recipient of the 2010 Governor General's Literary Award for the original French version, and a Finalist for the 2012 Giller Prize. The story begins in Saigon and ends in Montreal. This beautiful, sensitive, autobiographical novel is the story of Nguyen An Thin, who, in 1970, came from Vietnam to Canada to start a new life in a new country that has its own "two solitudes."

As an unabashed dog lover, I also recommend the charming picture book called *Puppyhood*, which has ador-

able life-size photos of various breeds of puppies, all 6 weeks old. And, to give cats their equal time, I suggest a new book called *The Life and Love of Cats* which is a real standout for the elegant and beautifully juxtaposed photographs.

## Di's Top Pick:

When I read the blurb on the back cover of *The Unlikely Pilgrimage of Harold Fry* by **Rachel Joyce**, I thought it was unlikely that I would read it. However, it had been highly recommended by two disparate readers so I opened it and was very quickly immersed in

Harold's walk. In spite of his questionable and often irritating choices, the reader can understand why he made them. I found myself rooting for him all the way in his seemingly insurmountable quest to right a long ago wrong. It is touching to the core. Filled with interesting characters, merry followers, as well as many obstacles, the story spins itself out in beautiful descriptions of rural England.

## Antoinette's Suggestions:

*The Swerve*, by **Stephen Greenblatt**, a story of the discovery of an ancient book (*The Nature of Things*, by Lucretius), which fueled the Renaissance and inspired artists, writers and thinkers and, by Greenblatt's compelling account, changed the world. Winner of the 2012 Pulitzer Prize for non-fiction.

*Up and Down* by **Terry Fallis**. Another hilarious political satire of Canada/U.S. relations and NASA intrigue.

*Warlords* by Burgh-ite **Tim Cook**. Portraits of Robert Borden and Mackenzie King as the world wars shape their careers and legacies.

## Bridget's suggestions:

**Alice Munro** leads off a very strong season for fiction this year. Her *Dear Alice* is a new, and totally satisfying collection of her gem-like stories, with the added treat of four stories, which she calls "... the closest things I have to say about my own life."

**Ian McEwan's** new book, *Sweet Tooth* features a young bibliophile who is hired by MI5 to infiltrate the literati

in the dying days of the Cold War. This is a deft and witty story of betrayal and intrigue, love and the invented self.

For the cookbook lovers, former Burgh-ite **Naomi Duguid** evokes the flavours, aromas and culture of *Burma: Rivers of Flavor* while providing delicious recipes from the many and varied traditions of that country.

Similarly, **Yotam Ottolenghi** (with **Sami Tamimi**), authors of the unsurpassed cookbook *Plenty*, are now evoking the wonders of the food and culture of their home town, *Jerusalem*. Another beautiful and very usable cookbook.

For all our customers who clearly believe in the power of the written word, I recommend *The End of Your Life Book Club* by **Will Schwalbe**. It is a moving and inspiring true story of a son and his mother, who start a "book club" that brings them together as her life comes to a close.

## Jean's suggestions:

**Ian Rankin's** Rebus has not completely retired. One more return, *Standing in Another Man's Grave* portrays Rebus as crankier and older, but definitely up to the job. Rankin fans will be delighted.

**Linda Spalding** is this year's winner of the Governor General's award for fiction for her new historical novel, *The Purchase*. It is the tale of an American abolitionist who buys a slave, thus betraying his own moral code.

## For the kids, Hilary suggests:

*Bunheads* by **Sophie Flack** (YA 12+)

This is a great story about a teenage girl who has been training to be a ballerina since she was a child. With the chance to become part of a real company close at hand, Hannah must make some serious decisions about the rest of her life.

*The Pledge* by **Kimberley Derting** (YA 12+)

In Ludania, a country where each social caste speaks a different language, 17 year old

Charlaine is hiding a deadly secret: she can understand every language she's ever heard. While Ludania is being ruled by a cruel monarch and attacks on the poor populace are increasing daily, Charlaine puts her trust in her new friend Max who speaks a strange new language she has never heard before.

*Variant* by **Robison Wells** (YA 12+)

Benson Fisher thinks he's won the jackpot when he's awarded a scholarship to Maxfield Academy, a boarding school like no other. Before long, what Benson thought was his ticket to freedom, becomes a deadly mystery that he's desperate to escape. Great book for boys!

*Penguin and Pinecone* by **Saline Yoon** (picture book; 0-3 years)

A lovely story about a young penguin who becomes friends with a pinecone and learns about love and friendship.

*Queen Victoria's Knickers* by **Jackie French & Bruce Whatley** (picture book; 4-6 years)

This is a hilarious story for children about the quest to make the perfect knickers for Queen Victoria.

*Little Elephants* by **Graeme Base** (picture book; 6 years and up)

The newest offering from Australian author and artist Graeme Base, this is another amazingly illustrated book with a wonderfully magical twist. His books are a must!

**Editor's Note:** Sadly, this marks the last in Books on Beechwood's long-running series of columns guiding our choices for reading material at Christmas and before the summer holidays. We are extremely grateful to Jean Barton and her wonderful team for their immense contribution to the life of the community over the past two decades. They will be sorely missed, and we wish them well in their future endeavours, and hope to see them around and about in the neighbourhood in the coming year.



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# Thank You from Rockcliffe Park Book Fair

By Joni Hamlin

Another year has come and gone for the Rockcliffe Park Book Fair. This year's sale, which ran from November 2 to 4, saw hundreds of attendees peruse over 35,000 books. Proceeds from the sale will help support literacy and other programs at Rockcliffe Park Public School and other schools in need.

Book Fair's Chair, **Seanna Kreager**, is very pleased with the results. "The Fair was well attended and enjoyed this year. It was so nice to see our community come together to support the children of the

school. We are lucky to have such wonderful volunteers and sponsors who make the fair possible."

We would like to take this opportunity to thank all of our dedicated volunteers for donating more than 3,500 hours of their time. Part of the magic of Book Fair is how it all comes together. If you enter the school gymnasium two weeks before the sale you will be surrounded by mountains and mountains of books. It seems like an impossible task to get the books sorted into categories and individually priced. Yet somehow, every

year, parents, neighbours and book lovers come together to make order out of the chaos.

We would also like to send out a big thank you to all of you who have so kindly donated books. Without your donations Book Fair would not happen.

But just because we've closed the books (no pun intended) on this year's sale, doesn't mean the work is over. After the book shelves, books and other items have been put into storage, we begin again collecting your used adult and children's books, CDs, DVDs, audio and video tapes, records, games and puzzles!

We will begin collecting books again on January 7, 2013. Donations can be left in our donation box in front of the Main Entrance to Rockcliffe Park Public School, 350 Buena Vista Road.



Photos of the Rockcliffe Book Fair by Seanna Kreager



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# For the Birds



By Jane Heintzman

The winter of 2012-2013 is almost upon us, and heralding its arrival has been the gradual disappearance of the migrant avian species which have the good sense to head south for the inhospitable months when food supplies in northern ranges can be scarce, and weather conditions hostile. While the whole concept of long-term weather forecasting is sensibly regarded with healthy skepticism, current predictions for the coming winter suggest that last year's cake walk is unlikely to be repeated, and that colder temperatures and more precipitation are probably in the cards. For birders, this could mean that the species which lingered in the area throughout the winter last year, notably **American robins**, will move south for the coming months, while those that remain may turn up at our feeders in larger numbers when other food sources are buried in the snow.

Weather conditions through the pre-migration months this fall have been largely benign, and many song bird species have stayed in the area well into November. From mid-September to the final week of October, our garden was a sparrow haven, with **white-crowned sparrows**, **song sparrows**, **white-throated sparrows**, **chipping sparrows** and **dark-eyed juncos** turning up each day to forage on the ground under the feeders and in the flower beds. I think we also had a visit from a solo **Field sparrow**, but it was pouring rain and I was unable to get a clear enough look to confirm its identity. Two of the field sparrow's distinguishing marks are a bright pink bill and a conspicuous white eye ring, both of which require a close and unobstructed field of vision, sadly lacking on that misty day.

If you have a difficult time identifying the various brown, stripy, sparrow-like birds in your garden, here are a few tips I've found helpful:

- If the birds are foraging on the ground, as opposed to hanging on the feeders, they are almost certainly "**native**" **sparrows** such as **white-crowns**, **white throats**, **song**

**sparrows**, **fox sparrows**, **chipping sparrows** or **juncos**;

- If they are clustered on your feeders in large numbers, they're likely to be **European house sparrows**, noisy, bullying imports from across the Atlantic as their name implies, which are actually members of the finch family;

- **Song sparrows** are most easily identified by the prominent dark blob in the middle of their breast, and reddish-brown and gray striped crown;

- **White-throated sparrows** have a tidy white bib at the throat, a relatively unstreaked whitish-gray breast, a black-and-white striped head and conspicuous yellow eyebrows. (Complicating this picture is the tan morph, which has a tan streak over the eye, and brown and gray stripes on the crown);

- **White-crowned sparrows** are similar to white-throats, but slightly larger and lacking the latter's signature yellow



Photo: Amy Jane Lawes  
**Brant Goose in Stanley Park.**

low eyebrows. (The juvenile white-crown has rusty brown as opposed to black stripes on the crown, and I was lucky enough to spot a flock of over a dozen of these beauties in our final sortie to the Georgian Bay to close the cottage); and

- In addition to sporting a strong black eyeline, **chipping sparrows** have unstreaked gray breasts and a bright rufous crown in their summer breeding plumage which fades to a more subdued buffy brown in the fall.

Other visitors to our garden this fall included **Northern cardinals**, **black-capped chickadees**, the occasional **house finch**, **blue jays**, a **red-breasted nuthatch**, **white-breasted nuthatches** and swarms of **European starlings** in their heavily spotted winter plumage. Significantly, however, there wasn't an **American goldfinch** in sight until late October, presumably because the thistle supplies in open areas were abundant this year. As I write in mid-November, however, the goldfinches

have returned to our nyjer feeders sporting their less flashy, olive-toned winter plumage. I was delighted to be vindicated in my (slothful) decision to postpone my fall garden clean up to the last possible moment, as the backyard birds—particularly the **chickadees**—have feasted hungrily on the dried seeds from our rudbeckia and echinacea plants.

In our neighbourhood rambles through Rockcliffe and environs this fall, we encountered **downy**, **hairy** and **pileated woodpeckers**; an immense pair of **turkey vultures** lurking on Princess Avenue, presumably waiting to devour a hapless carcass; **common ravens**; **blue jays**; **black-capped chickadees**; and until the final days of October, all of the "native" sparrow species mentioned earlier, including **white crowns**, **white throats**, **chipping sparrows** and **song sparrows**. As we go to press in mid-November, there are flocks of **American robins** in evidence in wooded areas, and **juncos** remain on the scene throughout the neighbourhood.

On the Rideau River, **black ducks**, **mallards**, **common goldeneye** and **Canada geese** have been holding the fort this fall, although to my great relief, many of the geese appear to have moved on since the end of October. On October 21, I spotted my first group of **hooded mergansers** on the stretch of river close to the Rideau Falls where they appear about this time each year, often staying until freeze up. These graceful "hoodies" are small diving ducks, readily identified by their large collapsible crest, which in the male of the species is a sharply contrasting white and black. The females and immature hoodies are a more subdued grayish colour, with a distinctive, feathery, cinnamon-tinted crest.



**Royal swans on the Rideau River.**

In mid-October, a lone **Brant goose** turned up on the bicycle path in Stanley Park, directly across the road from our front door. The Brant goose is a comparatively small goose found in large numbers along

ocean shores. Its head, neck and chest are black, but the adult bird has a somewhat fragmented white collar which is lacking in the juvenile.

Another notable sighting on the Rideau in late October was a pair of **Royal (mute) swans** close to the Minto Bridges, where they had reportedly been appearing throughout the summer. Six pairs of these majestic (if vicious!) creatures were a gift to the City of Ottawa from

The forecast is based primarily on the relative availability of food supplies in the birds' northern breeding grounds vs. those in areas farther south. This year, the driving force behind the movement of winter finch species is expected to be the generally poor crops of both coniferous and hardwood tree seeds in a vast area stretching from Northeastern Ontario, east through Quebec to Newfoundland, and south



Photo: Louise Imbeault

**Red-breasted nuthatch at the feeder.**

Her Majesty Queen Elizabeth II on the hundredth anniversary of Confederation in 1967, and the birds have been in the City's care ever since. **Australian black swans** have since been added to our municipal flock, but I have yet to see them come this far downstream. Although swans may live for more than 30 years, it seems highly unlikely that any of the originals are still around, and our present population is almost certainly a new generation of Ottawa-born natives which by now, will have been rounded up by the city to return to their purpose-built winter shelter until the river opens up next spring.

## Winter Finch Forecast for 2012-2013:

Each year, ornithologist **Ron Pittaway** produces a highly

through the Maritimes, New York and the New England states. Compensating for the tree seed crop failure in the east is a comparatively abundant cone crop in the Hudson's Bay Lowlands and Northwestern Ontario, and across the Prairies to the NWT and Yukon, a factor which may limit the numbers irrupting in our area and through southern Ontario.

Pittaway's forecast suggests that rosy **pine grosbeaks** may be around our area in reasonable numbers this winter owing to the poor crop of mountain ash berries in the boreal forest region where the summer drought took a serious toll. They may not linger long, however, as our own crop of mountain ash berries and ornamental crabapples is relatively limited, and my observations suggest that even the buck-

regarded forecast of the probable incidence of winter finch "irruptions" into more southerly regions of Canada over the course of the winter. (Check out <http://ebird.org/content/ebird/news/ff2012>.)

thorn berry crop is more paltry than usual thanks to the drought. **Evening grosbeaks** are also expected to irrupt in significant numbers due to low tree seed supplies in northern regions, and indeed, recent

Photo: Daphnée Dubouchet-Olsheski



Photo: Mike Leveillé

### Female hairy woodpecker at the Macoun Marsh.

reports from around our area indicate that large flocks are currently passing through the Ottawa area.

**Common redpolls** should be around in abundance this year due to the failure of the white birch seed crop in northern regions, and are likely to turn up in weedy fields, in stands of birch trees and at backyard feeders where they guzzle both nyjer and black oil sunflower seed. Most readers will recall the enormous flocks of common redpolls that swept through our area several years ago, at one point descending on the **Macoun Marsh** in a dense cloud reminiscent of Alfred Hitchcock's thriller *The Birds*.

Tiny though they are, these feisty little critters are capable of surviving extreme cold by acquiring a thick layer of additional plumage in the winter months, as well as by tunneling into the snow to stay warm at night, and consuming close to half their body mass each day. They are readily recognized by the bright red patch on their forehead, and the male of the species also has rosy red markings on the chest and upper flanks. You may also be lucky enough to spot **hoary redpolls** among flocks of their **common redpoll** cousins, and though the precise distinction between the two sub-species is a subject of learned ornithological debate, a basic rule of thumb is that the hoary has a paler, "frosty" appearance and much less (or no) streaking on the lower belly and undertail coverts.

Another winter finch visitor that may turn up as a consequence of the tree seed crop failure across the north is the **pine siskin**, a charming streaky little finch that has often visited our nyjer and black oil sunflower seed feeders in the course of the winter.

**Bohemian waxwings** have been regular winter visitors in recent years, and it's predicted with the scanty berry crop in northern regions, they should return to our area this winter in search of mountain ash berries, ornamental crabapples and buckthorn berries. Please keep your eyes peeled for these handsome creatures, and send us your reports for the February edition.

### Seed Savvy:

With the inexorable approach of winter, it's time to lay in your supplies of wild bird seed and prepare your backyard feeders for the hardy species that stay with us throughout the cold and snowy months; notably **black-capped chickadees**, **Northern cardinals**, **hairy** and **downy woodpeckers**, **blue jays**, **house finches**, **nuthatches**, **grosbeaks**, **bohemian waxwings**, **pine siskins**, and **common** and **hoary redpolls**, the "irruptive" finch species mentioned earlier.

Most readers are no doubt familiar with the seed options out there, but if you're new to the fascinating world of backyard bird feeding, here are a few of the principal options:

- **Black oil sunflower seed** is an ideal food source, high in calories, fat and protein to supply the energy required to fight the cold, and with a relatively thin shell to facilitate swift consumption. Of all the options, it attracts the widest variety of seed eating birds, but as it also appeals to squirrels, it's well worth investing in some form of squirrel baffling feeding station. We recently acquired the "Eliminator" feeder sold by **Wild Birds Unlimited (613-521-7333, Blue Heron Mall, 1500 Bank Street, Ottawa. wbu.com)**, and to date at least, it has worked like a charm!

- **Blends of black oil, striped and sunflower chips** are also available, and reportedly appeal to **chickadees**, **nuthatches** and **grosbeaks**.

- **Safflower seed** is pricey, but it's high in protein and has a bitter taste which wards off squirrels and "bully birds" such as **starlings**, **grackles** and **European house sparrows**. It's a special favourite of **northern cardinals**, **chickadees**, **house finches** and **purple finches**.

- **Nyjer (thistle) seed** attracts virtually all varieties of finch and its high oil content is an excellent energy source for winter visitors. To my amazement, however, birds are quite picky about consuming seed that's "over the hill" and dried out, so it's necessary to refresh the seed every 3 to 4 weeks.

- **Millet** is a particular favourite of ground-feeding birds such as **juncos**, **native sparrows** and **mourning doves**, and is able to be consumed quickly, an important consideration in severe weather or situations of danger. You can find it in "**no mess blends**" containing shelled sunflowers and shelled peanuts.

- **Suet mixtures** are an especially "high octane" fuel to help birds survive harsh winter conditions, and is a magnet

for **woodpeckers**, **nuthatches**, **blue jays**, **chickadees** and **sparrows**.

### Reports from Our Readers:

My neighbor **Amy Jane Lawes** also spotted the young **Brant goose** which turned up by the bike path in Stanley Park, and managed to get a photo of the lonely fellow. She also encountered sizeable flocks of **golden-crowned kinglets** in the course of her dog walks in Rockcliffe Park, the largest of these (20-30) near the Rockcliffe Pavilion on a slope down to the Ottawa River. Like me, Amy has been enjoying the **hooded merganser** group on the Rideau River this fall, and has also sighted half a dozen of their **common merganser** cousins nearby on the Ottawa River, as well as a lone **common goldeneye** on the Rideau.

**Daphnée Dubouchet-Olscheski** was thrilled to encounter three of the City's **Royal (mute) swans** on the Rideau River in mid-October. She spent about an hour watching the trio, first occupying themselves with a leisurely breakfast of weedy vegetation along the marshy shore of the river, and later fastidiously preening their plumage until the surrounding water was blanketed with white fluff. We're most grateful to **Daphnée** for sharing her magnificent collection of photographs of the swans.

Our versatile NEN photographer, reporter, birder **Louise Imbeault** has had an interest-

ing fall keeping track of the **sparrows**, **juncos**, **blue jays**, **cardinals**, **American goldfinches** and **woodpeckers** in her garden. She was also lucky enough to spot a charming, elfin **red-breasted nuthatch**, and was quick on the draw with her trusty camera. You can check out Louise's impressive collection of bird and water fowl photos on her website at <http://louiseimbeault.webs.com>.

Over at the **Macoun Marsh**, **Mike Leveillé** reports a long list of late fall visitors, including **white-breasted nuthatches**, **chickadees**, **waxwings**, **American robins**, **mallards**, hordes of **juncos**, **house finches**, **crows**, a few **male red-winged blackbirds**, a female **hairy woodpecker**, and a **white-crowned sparrow**. It will be interesting to see whether the Marsh is overrun with common redpolls later this winter, as it was in 2009, and we look forward to Mike's report for the February edition!

**Vicki Metcalfe** has had fall visits from migrating groups of **juncos** and **white-throated sparrows** which feasted happily on her newly seeded lawn. In early November, she spotted her first **hooded merganser** group (1 male with 3 females) on the Rideau River, along with a group of **common goldeneye**. Her frequent dog-walking/birding companion, Mo, also reported a flock of close to a dozen **evening grosbeaks** in the panhandle area of New Edinburgh Park in mid-November.

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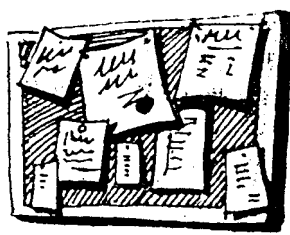
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## Burgh Bulletin Board

### DECEMBER

**Sat, Dec 1, 10 am**

**SANTA SHUFFLE** - Join us for some holiday fun and support families in your community all year long together with the Running Room and The Salvation Army at the 2012 Santa Shuffle. Participants in the 5K Fun Run or 1K Elf Walk collect pledges to assist families and individuals in need at Christmas and all year long. There will be post event refreshments, awards and a unique Santa Shuffle finishers medal for all participants! Location: Tunney's Pasture, Ottawa. For more information and to register you can log onto [www.santashuffle.com](http://www.santashuffle.com) or visit your nearest Running Room location. You can also contact Nadia Ferrante at the Salvation Army at 613-233-8428 ext. 221 or email [nadia\\_ferrante@can.salvationarmy.org](mailto:nadia_ferrante@can.salvationarmy.org).

**Sat, Dec 1, noon - 9 pm**

**C'EST CHILL** - Vanier has come together to celebrate our new renaissance! Join us in celebration of our emerg-

ing and amazing neighbourhood. All over Montreal Road, McArthur and Beechwood Avenues, you'll find our merchants and residents celebrating everything Vanier! The festivities include a parade, main stage performance, a food fair, arts and crafts, face painting, live video projections, good old French Canadian square dancing, a Community Mural, Aboriginal Drumming, Hip Hop, DJs, and more! More info at [www.vanierbia.com](http://www.vanierbia.com).

**Sun, Dec 2, noon**

**LOAVES AND FISHES LUNCH** (bread and soup) at MacKay United Church. \* Please note that gluten free and vegetarian items will be available.

**Sun, Dec 2, 3 pm**

**OTTAWA BRAHMS CHOIR** presents a multilingual, spirited 'In Dulci Jubilo' Christmas Concert at St. Thomas the Apostle Church, at 2345 Alta Vista Drive, Ottawa. Director: Denise Hawkins. Accompanist: Ioulia Blinova. Also participating is Trio Pléiade: Anna

Baksheeva, violin, Jean-François Marquis, cello, and Ioulia Blinova, piano. Tickets are available from Leading Note on Elgin and Compact Disc on Bank.

**Fri, Dec 7, 7 pm**

**HOLIDAY COMMUNITY AND VOLUNTEER CELEBRATION** at Crichton Cultural Community Centre. Fun, food, music and door prizes. Memorial Hall, 39 Dufferin Street. \$5 per person, \$20 per person. Purchase tickets in person at New Edinburgh House, 255 MacKay Street, or call us at 613-745-2742 to reserve or purchase over the phone. Tickets will also be available at the door. See page 26 for more details.

**Sat, Dec 8, 7 pm**

**HOMAGE TO LEONARD COHEN** - CCCC Friday Night Movies. Memorial Hall, 39 Dufferin. \$5 per person. See poster on page 25.

**Sat, Dec 8, 10 am - 3 pm**

**4TH LOCAVORE ARTISAN FOOD FAIR** - at Memorial Hall of Crichton Cultural Community Centre, located 39 Dufferin Road. It will feature over 20 top-notch local artisans such as: Art-Is-In Bakery; Auntie Loo's Treats; Clarmell Farm Goat Cheese; The Flatbread Pizza Company; Happy Goat Coffee; Humming Bird Chocolate Maker; Kawalsa Salsa; koko Chocolates; Life of Pie; Major Craig's Chutney, michaels dolce; Mrs. McGrrigale's Mustard; Pascale's Ice Cream; Relish The Flavour, Richard's Kitchen Flavours; The Salty Don; Scratch Kitchen; Siren Bakery; Suzy Q Doughnuts; Stone Soup Foodworks and World of Tea. Warm &



## Classified Ads

**RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Cindy Parkanyi, 745-8734 or email [newednews@hotmail.com](mailto:newednews@hotmail.com).**

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### JANUARY / FEBRUARY

**Tue, Jan 1, 10 am - 2 pm**

**WINTER CARNIVAL** at Stanley Park Fieldhouse. Join us for a New Year's Day Brunch, sleigh rides, skating games and more. Brunch \$2 per person. See page 16 for details.

**Sun, Feb 24, 7:30 pm**

**MACKAY UNITED CHURCH CHAMBER MUSIC SERIES** - "Trumpet en Vedette," features music by Hindemith and Bernstein performed by Karen Donnelly and Frédéric Lacroix. Tickets, \$25 for adults and \$20 for seniors and students, are available at the door, at Books on Beechwood (until they close) or through MacKay United Church 613-749-8727

### ONGOING

**TOASTMASTERS** -

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# Christmas and Advent Services

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stbarts@on.aibn.com

**Sun., Dec 2**

**4:30 pm** Advent Carol Service

**Sun., Dec 18 - Fourth**

**Sunday of Advent**

8:15 am Holy Communion

10:30 am Holy Communion

& Sunday School Pageant

**Christmas Eve, Dec 24**

**4 pm** Holy Eucharist Family Service

**10 pm** Holy Communion

Christmas Day, Dec 25

**10 am** Holy Communion

## MACKAY UNITED CHURCH

MacKay St. at Dufferin Rd.  
749-8727

Rev. Dr. John Montgomery

**Sun, Dec 16, 10:30 am**

**White Gift Sunday and Children's Pageant.**

**Wed, Dec. 19, 7 pm**

**Blue Christmas** - A service of companionship for people who find Christmas a difficult time. Refreshments after in the Hall.

**Christmas Eve**

**Mon, Dec. 24, 4 pm**

Intergenerational Christmas Eve service with Communion.

**Christmas Day**

**Sun, Dec. 25, 10:30 am**

A short Christmas Day message with Carols.

**New Year's Day**

**Sun, Jan. 1, 10:30 am**

Regular Sunday service.



## ST. JOHN EVANGELICAL LUTHERAN CHURCH

270 Crichton St. 749-6953

**Sun, Dec. 16, 10 am**

Worship Service featuring our Sunday School children's pageant. Everyone welcome.

**Christmas Eve, Dec. 24**

**7:30 pm** Candlelight Service.

**Christmas Day, Dec. 25**

**10:30 am** Worship Service at the Garry Armstrong Long Term Care Centre on Porter Island.

## ST. LUKE LUTHERAN CHURCH

326 Mackay St. 749-1731

www.saintlukelutheran.ca

**Sun, Dec. 16, 10:30 am**

Children's Christmas Program.

**Christmas Eve, Dec. 24**

**7:30 pm** Christmas Eve Worship

**Christmas Day, Dec. 25**

**10:30 am** Christmas Day

Worship

**Mon., Dec 31, 7:30 pm**

New Year's Eve Service

## ST. ANDREW'S CHURCH

82 Kent (at Wellington)

613-232-9042

www.StAndrewsOttawa.ca

**Sat, Dec. 8, 10:00 am**

Journeys of Christmas - an Advent workshop for children and youth age 3-15.

**Christmas Eve, Dec 24**

**7:30 pm** Family Service & Pageant

**11 pm** Midnight Carols & Readings

**Christmas Day, Dec 25,**

**11 am** Worship Service

**Sun, Jan. 6**

**11 am** New Year's Service

## WANTED: Rov(er)ing Nen Reporter for Burgh's Doggie Beat

If you're among the regular dog walkers in Stanley Park and a keen observer of the doggie scene here in the Burgh, the NEN needs your help! Please consider volunteering a modest amount of your off-leash time to help us collect photos and brief stories of the antics of our neighbourhood's canine characters for publication in

forthcoming issues of the NEN in 2013. Interested dog lovers can contact janeheintzman@hotmail.com for details!



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## MACKAY UNITED CHURCH

Minister: Rev. Dr. John Montgomery

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39 Dufferin Road at MacKay Street  
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www.mackayunitedchurch.com

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Event is free. Ample free parking. Our event is outdoors, so please dress warmly.

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# Burgh Breezy Bits

DEADLINE: JAN 10    breezybits@hotmail.com



Photo: Jeffrey Matt

**Captain America and the Incredible Hulk (a.k.a. Jake and Lincoln) bravely dig for eyeballs at the Halloween Howl.**

## CONGRATS

**Lynn Townsend** (Vaughan) walked the Camino de Santiago in September... She completed 700 of the 800 kilometers, and only stopped short because she was running out of time.... Congratulations Lynn !!

## FAREWELL

Everyone who showed up to **Roger and Jill Hardy's** farewell party held on the rooftop of the New Edinburgh Pub had a grand time. **Joseph Cull** had arranged the surprise party in his usual unique way... lots of people wearing fascinators!!



Polar bear in Manitoba.

Photo: Ross Torrie

The very surprised couple was happy to see so many family, friends and neighbours—even about-to-be neighbours who came all the way in from Orleans...karaoke went on long into the night.

## BABY NEWS

**Natalie and Darrin Reesal** of Ivy Crescent would like to announce the birth of their daughter **Brooklyn Shannan Reesal** on July 10, 2012.

## DOGS & PALS

One Crichton Street resident has a loyal canine fan club in the Burgh. Its members routinely flock to **Ted Mathesius'**

accustomed chair facing the park on River Lane in eager expectation of a tasty treat. Not long ago, a NEN reporter looked on in amazement as three dogs on leashes emerged from the park opposite Ted's house, and much to the surprise and chagrin of their owners, bolted—leashes flying—across the grass to Ted's chair where they sat like lambs while he dished out the goodies and stroked their heads. So much for leash training!

## WELCOME

**Cheryl Frankiewicz** and **Ken Neufeld** have returned to Ivy Crescent after three years in Mozambique. Just in time to enjoy the fall colours and to be re-acquainted with the camaraderie of the Burgh!

**Home and Dry:** Stanley Avenue resident **Sue Abbott** had an unscheduled but welcome visit from her son **Matthew** and his family who headed home to unscathed Ottawa after hurricane Sandy slammed into the northeastern United States, leaving their lower Manhattan apartment flooded and without power. Just to add to the excitement, at about the same time, Sue's younger son **Daniel** and his wife **Paula** welcomed a new addition to their family, a baby boy who is Sue's sixth grandchild. Congratulations to all, and here's hoping that New York City has a more tranquil weather picture this winter!

Bienvenue au quartier à **Nicole Poitras** qui vient d'arriver sur la rue Stanley.

**Correction:** In the previous edition of the paper, it was mistakenly reported that **Jane Davis** of *Faulkner Real Estate Limited* had moved to the neighbourhood. In fact, it is her sister **Ann Davis** that recently moved into the burgh with her very exuberant puppy **Barney**.

## GET WELL SOON

We wish a speedy recovery to **Joyce Bryant** who is currently recuperating at the Elisabeth Bruyère Centre after surgery to repair a broken hip. Her friends at The Edinburgh are greatly looking forward to her return to the residence in time for the celebrations of the Christmas season.

## BIRTHDAY NEWS

**Joyce Dubuc's** three sisters flew to Ottawa from B.C. to help her celebrate an important birthday... The highlight of the week was a trip to New York



Photo: Courtesy of Alex Reid

**Ted Mathesius** with canine admirers **Eddie, Juno and Miston**.

City (pre-storm) where they enjoyed the view from their apartment on the 28th floor and saw "The Jersey Boys".

Congratulations to **Ross Torrie** of Noel Street who celebrated his 9th birthday in style this —thanks to his Aunts across the country. Ross' Aunt **Gabrielle** took him on a special trip to Banff, Alberta, and then on to northern Manitoba to see polar bears in their natural habitat. It was quite the wildlife weekend. Aunt Susan even made him a polar bear cake that had everyone taking a double take...

## CONDOLENCES

Our deepest sympathies go to **Dominique Laframboise**, her husband **Charles Sezlik** and their two children, **Lucas** and **Sébastien**, on the passing of Dominique's mother **Esther Laframboise** on November 17 in Ottawa.

**DEADLINE**  
for Breezy Bits  
submissions

**January 10**

[breezybits@hotmail.com](mailto:breezybits@hotmail.com)



**Maya Dubuc** is pictured here at rehearsal for the **Mackay United Church** pageant, an extensive production that will take place on Sunday morning, December 16.