

NEW EDINBURGH NEWS

www.newedinburgh.ca



New Edinburgh Community Alliance

ANNUAL GENERAL MEETING

Tuesday, October 25, 7 pm

St. Bartholomew's Church

All New Edinburgh residents welcome.

The New Edinburgh Halloween Howl

Sunday, October 30
3:00pm - 5:30pm
Stanley Park Fieldhouse
Ages 0-7



Pumpkin Parade

Tuesday, November 1
Stanley Park Fieldhouse
Save your jack-o-lantern!



**Don't Forget to Vote on
October 6**

See Page 9 for more information

www.wemakevotingeasy.ca

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Photo: John Arnold

COMMUNITY ON PARADE: A bagpiper and a 'fool' lead the way through the streets of New Edinburgh in a ceremonial ending and new beginning for the community centre.

Goodbye 200 Crichton, Hello New Edinburgh House!

By **Marta Reyes Lipman**

Led by a bagpiper and accompanied by a jester from the Company of Fools, a group of local residents took part in a procession from the Avon Lane entrance of 200 Crichton to 255 Mackay Street, with the purpose of bidding goodbye to a building that has been the heart of the community for years, and saying hello to a new venue that promises to host many future activities for the neighbourhood.

Those familiar with the fight to keep 200 Crichton public are likely aware that the community recently lost use of that historic building as a public gathering space. However, a proverbial 'other door' opened shortly after, in this case the Mackay United Church's manse, now re-named New Edinburgh House to indicate its status as the new community centre. And what better way to mark these two events than to hold a cheerful march from one building to the other? For many, saying goodbye to 200 Crichton was a sad occasion, but the mood was festive because, in spite of the loss, the acquisition of New Edinburgh House was reason to celebrate.

Neighbours gathered at the Avon Lane entrance where New Edinburgh resident Jack

Horwitz, in colourful attire as emcee for the event, told the crowd before closing the door for the last time, "Today we move from this historic building to a new home. Please step up and help me close this chapter in our community's life." At the small park cornering Dufferin and Crichton, Jack spoke about the role of 200 Crichton in the community, from its days as a public school since the turn of the century, to being the hub of many neighbourhood and com-

John Montgomery, Minister of MacKay United Church who gave an eloquent blessing to mark the start of community life at New Edinburgh House, and Diane Stephenson, Chair of the MacKay United Council, who welcomed the community to its new home. Our MPP Madeleine Meilleur was also among the speakers, expressing her support and enthusiasm about the possibilities the new venue offers to the community.

Participants were treated to cold lemonade and delicious cake in the shape of New Edinburgh House made by Heather Matthews, owner of The Scone Witch. The future potential of New Edinburgh House as the new hub for the community could be glimpsed as neighbours and friends mingled and chatted on the lawn after the parade, and children played in the yard.

Much of the programming that was available on the second floor of



Photo: John Arnold

New Edinburgh House was in full regalia for the official opening on August 27, and prominently displayed the New Edinburgh flag.

munity activities and events until recent years.

At the final destination of the procession—the expansive and beautiful lawn at 255 Mackay—a group of community members cut the ribbon at the stairs leading to New Edinburgh House. Speakers included Dr.

200 Crichton will continue at MacKay United's Memorial Hall and at New Edinburgh House, in addition to new classes and activities. For more information, visit www.crichtonccc.ca, or drop by New Edinburgh House—welcome to your new home!



NECA President Joan Mason Reports

Welcome to New Edinburgh House

Last spring it was unknown what would happen concerning our community centre at 200 Crichton Street. Fast forward to now; with a stupendous amount of work and cooperation we have the beautiful brick Manse at 255 MacKay and the Memorial Hall at MacKay United Church as our community centre. The congregation of MacKay United and the CCCC worked diligently and quickly to arrange a move out of 200 Crichton by August 27. See many more details throughout this edition.

I hope you will drop in and meet Lynda and Kiki, feel the inviting ambience of the new facility and check out the programming. Congratulations to all concerned for finding a solution that is profoundly appropriate for New Edinburgh.

Our community's home will house NECA's files and be a distribution centre for information, the walking tour brochure, the New Edinburgh Heritage Conservation District Guidelines, tartan sales...everything New Edinburgh.

The Beechwood Avenue Rebuild

Insurance claims have delayed the rebuild getting underway. However, these seem to be concluding, and there is every reason to expect designs will

be filed with the City soon, according to our Councillor Peter Clark.

NECA will monitor the progress. We will also look to beautification of the block once the hoardings go up.

The Interprovincial Bridge?

NECA is working with other eastern communities in the formation of the Eastern Alliance for Smarter Transportation (EAST) to question the efficacy of a bridge for solving the problem of getting trucks off of King Edward Ave., and not just moving the same problem elsewhere.



A Banner Year

With all the crises this year,

NECA thought we could use a little flag waving. Hope you like the banners—six of them are situated at intervals along our main streets. Half of the cost of the banners was covered by Councillor Peter Clark and half of the design cost by the City; we thank them very much. This is all part of raising awareness of our historically important community as we approach its 180th birthday. A committee has been formed to begin a proper history of New Edinburgh, from its beginnings as a vision of Thomas MacKay, through its industrial period and finally, as a residential community that is also home to many embassies and the Governor General. We shall be looking for your stories, photos, support and sponsorships for this important project. The Book Project will also be a part of the 175th anniversary of Rideau Hall in 2013 as it was, for its first 30 years, 'MacKay's Castle'.

55 MacKay

The lovely Victorian brick, with coach house, has been for sale for two years. The Embassy of Vietnam is seeking to buy it and has asked for a by-law change to permit them to use it as their embassy. The ambassador will not be in residence, as he lives in Powell House, a heritage designated

home in the Glebe.

NECA supports the by-law change, but noted nearby residents' concerns and asked that these be addressed by the City's Planning Committee. The committee ruled in favour of the change on Sept. 13; the application will go before Council on September 30.

I met with a representative from the embassy in July and we discussed the neighbours' concerns. A letter from the embassy is on the New Edinburgh website along with the NECA submission to the City and a submission from Heritage Ottawa.

The Collective Act of Kindness

245 Crichton Street is nearing completion with the brick work now underway. All work and materials have been donated in this excellent project that provides housing to families in need. The project has honoured the former building by mirroring the height, mass and shape.

Save the Date: NECA AGM October 25

NECA's Annual General

Meeting is on Tuesday, October 25, 7 pm, at St. Bartholomew's Church Hall, 125 MacKay Street.

NECA looks forward to welcoming you. We are inviting Councillor Peter Clark and Jo-Anne Poirier from Ottawa Community Housing. There will be the B.R.I.C.K. Awards, the election of new board members, committee reports and more, all followed by a wine reception.

If you are not already a member of the New Edinburgh Community Alliance, please fill out the insert in this paper, or join online at www.newedinburgh.ca. Membership is free. You must be a member to vote at the AGM.

NECA Night at the Theatre

On October 29, join NECA for the Linden House performance of Somerset Maugham's *The Circle*. The performance begins at 7:30 pm, at Elmwood School Auditorium. Tickets are available from Books on Beechwood.

For this special performance Linden House is graciously sharing the proceeds with NECA.

New Chair for Friends of the Park Committee

NECA welcomes **Marci Surkes** as Chair of the Friends of the Park Committee.

The Friends of the Park Committee, which reports through NECA, strives to be the resident eyes and ears of Stanley Park. The Committee liaises regularly with officials

from both the City and the NCC to ensure proper park maintenance and security.

For more information or to report an issue in the park, please contact Committee Chair Marci Surkes at: marci_surkes@gmail.com.

NECA MEETINGS: All Welcome

This month of October will see both a regular NECA board meeting and the NECA Annual General Meeting (AGM). All upcoming NECA meetings will be held at **St. Bartholomew's Church at 125 MacKay Street**, by kind permission of the church board and warden.

The NECA board meets nine times a year, normally on the **third Monday of each month at 7:30 pm**. No meetings in July, August, or December.

Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Joan Mason in advance to arrange scheduling. Our next meetings are:

October 17, 2011, 7:30 pm at St. Bartholomew's
AGM: Tuesday, Oct 25, 2011, 7 pm at St. Bartholomew's
November 21, 2011, 7:30 pm, at St. Bartholomew's

Any changes to this schedule would be posted in advance on the New Edinburgh website, www.newedinburgh.ca.

Your NECA Representatives 2010-2011

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DEADLINE
for the next edition of the
New Edinburgh News
Nov 10
newednews@hotmail.com

From the Editor's Chair



Fall is a time of many new beginnings—the beginning of the school year and the start of the NEN publication season. This year also marks the beginning of a new chapter for the Crichton Cultural Community Centre, which has successfully moved from one location to another without missing a beat, and they are in full swing with their fall lineup of programs.

It is also a time of change and transition—the leaves turn, the weather changes. Things are also changing at the *New Edinburgh News*. We have welcomed two new members to our team: **Kathryn Sabetta** has taken on the challenge of keeping the NEN books and **Jonathan Blake** has kindly agreed to replace **David Horley** as Distribution Manager. Thank you David for your capable handling of the volunteer deliveries over the past two years!

This season also brings many newcomers to the Burgh. Welcome all! And be sure to get plugged into the neighbour-

hood by visiting the community website (www.newedinburgh.ca), or attending the upcoming Annual General Meeting for the New Edinburgh Community Alliance (NECA) or, better yet, joining one of the community organizations and really getting involved!

What's New in the NEN?

We have been fortunate to include a new feature in recent editions of the NEN. The very industrious (a finger in every pie) **Heather Mathews** has taken a humorous look at the critters of New Edinburgh in a series of cartoons. Also in this edition is a very funny piece by local author and thespian, **Janet Uren** (see Page 32).

Ad Manager Wanted

Want to get more involved? Join the NEN team! We are on the hunt for a new Advertising Manager. Duties include customer relationship management, ad tracking and lots of follow up. If you are interested contact me at 745-8734 or newednews@hotmail.com.

Cindy Parkanyi

Post-Fire Developments on Beechwood: A Long Road Ahead

By Jane Heintzman

It need hardly be said that signs of progress in the rebuilding and restoration process on Beechwood Ave and MacKay Street are few and far between. Indeed, as those of us who remember the old cowboy movies might reflect, "It's quiet, too quiet out there"! In recent weeks the principals concerned, including the landlords at Bank and Vogue, have had to be circumspect in their reports on the current situation pending a final settlement of their insurance claims, so any news has been hard to come by. Given the scope and complexity of these claims, it is perhaps not surprising that the process appears to have been devilishly long and difficult.

The upshot is that, at the time of writing in mid-September, it now seems probable that the rebuilding/restoration effort may be delayed by several months from its originally anticipated launch in August. In all likelihood, it could be close to a full year from the fire last March before we are able to welcome a number of our merchants back to business on the MacKay Street block, and considerably longer before Beechwood is rebuilt.

In a recent *Ottawa Citizen* article (New Edinburgh Struggles to Find its Identity Again, by Alex Weber, Monday, September 5, 2011), landlord Helene Carter is reported to have said that she was in the process of finalizing plans for the new buildings on Beechwood, featuring storefronts below and apartments above, along the lines of the block that was razed in March. Thereafter, the necessary approvals will have to be obtained from the City before construction can begin, but Mrs. Carter was reported to be hopeful that if all goes well, reconstruction could be launched later this fall. As Mrs. Carter was out of the country at the time we went to press, we were unable to confirm these details, but hope to update readers on the community website (www.newedinburgh.ca) once we have made contact on her return.

In the case of the MacKay Street block, we gather that plans are in place and building supplies ordered to begin the structural work required to restore the heavily damaged corner building at MacKay and Beechwood, and subsequently to proceed with restoration of the MacKay Street stores, fol-

lowed by the apartments above. Restoration of the corner building, including replacement of a number of steel support beams and reinforcement of the concrete floor pad, are a first priority, as water and electrical services for the MacKay Street block run through this building and must be up and running before the stores and residential tenants along the block are able to move back in.

Relocated

Needless to say, the hiatus has been extraordinarily hard on the businesses affected, and of course, on the communities—ours included—that depend on this area as our commercial hub. As most readers are by now aware, several of the merchants burned out of their premises last March have found new locations in which to make a fresh start.

Huong Lam: Popular local tailor Huong Lam, formerly of **Parker Cleaners and Alterations** on Beechwood, has moved up the street to **Brown's Cleaners (71 Beechwood)**, with the majority of her regular clients in tow. Huong laments the loss of the family business at the time of the fire, as for the moment the possibility of re-establishing a shop remains financially out of reach for Huong and her family.

the tragic loss of his business last spring. While Ashkan's insurance covered the loss of his tools, regrettably it did not extend to his priceless collection of watches, and he is still in the process of rebuilding his supply of watches and watch parts. Interested readers with unneeded watches to sell or donate are welcome to drop by the store and give Ashkan a hand re-establishing his collection.

Kelly's Barber Shop: When the legendary Lester's Barber Shop came down after the fire, owner **Lester Clark** retired from the business, but not without ensuring that a capable successor was waiting in the wings. As we reported in June, **Kelly Riley** picked up where Lester left off, initially setting up shop in temporary quarters on St. Patrick, and more recently, finding a permanent home back in our community at **121 Beechwood** (between Bridgehead and the former Isobel's Cupcakes). A full report on Kelly's relocation is included in this month's Business Briefs, but suffice it to say, her many regular clients welcome her back with open arms!

Unlikely to Return

Sadly, the news is not quite as positive in the case of a

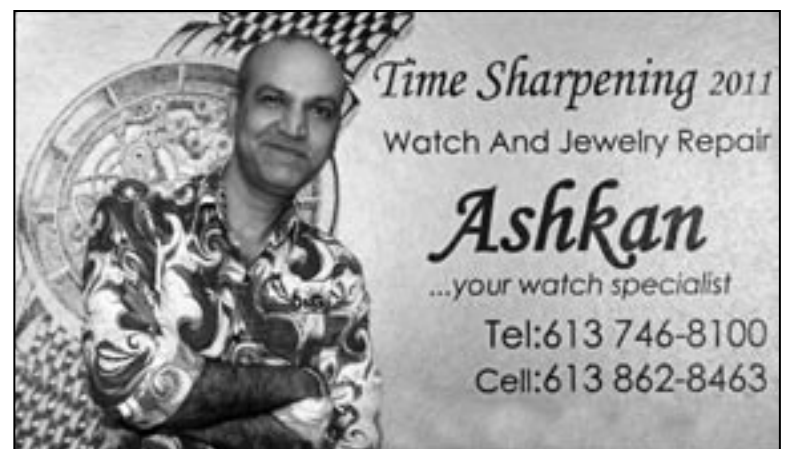


Photo: Louise Imbeault

POST FIRE UPDATE: Ashkan Zandi has relocated his watch and jewelry repair business to 247 St. Laurent.

Ashkan Zandi, Time Sharpening: Last May, our master watch and clock repair specialist Ashkan Zandi successfully relocated his business, Time Sharpening, to **347 St. Laurent Blvd.** in the Rockcliffe Crossing plaza. Ashkan reports that much to his delight, many of his faithful customers have continued to seek him out in his new digs over the course of the summer, and he is extremely grateful to the community for their ongoing support as he recovers from

number of other the businesses affected by the fire.

Beechwood Home Hardware: While Beechwood Home Hardware owners **Isabel Lamarche** and **Marc Clement** are obliged to be circumspect while the settlement of their insurance claims is ongoing, it seems clear that due to the prolonged delay in reconstruction, combined with the likelihood of high rents in the new building, they will not be returning

Continued on page 4

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Post Fire Update...

Continued from page 3

to Beechwood when and if they do eventually re-establish. They continue to hope, however, that they will be able to start up soon in a new location once the insurance claim has been settled, and a suitable spot in the neighbourhood identified and approved by the franchisor, Home Hardware.

For residents of New Edinburgh, this is a particularly painful blow after close to six decades in which the hardware store was virtually the heart of our commercial core and an integral part of our daily lives and routines. Who among us failed to mourn its loss on countless occasions this summer as we ran out of gardening supplies or batteries or cooking utensils or any of the innumerable necessities of running a household? If it's any consolation, Marc and Isabel are missing the community almost as much as we miss them, and are committed to ensuring that their new store has the same welcoming, neighbourhood-friendly ambience we all prized at Beechwood Home Hardware. Marc hopes to have greater clarity about his future later this Fall, so stay tuned for what we pray will be good news about a Home Hardware

reopening somewhere in our general area!

UPS Store: While we have not been able to make recent contact with **Evan Lee**, the hard-working operator of Beechwood's former UPS Store, we gather that regrettably, the prolonged delay in the restoration of his former premises has ruled out the possibility of his return to 27 Beechwood. We hope to get in touch with Evan in the coming weeks to find out more definite news of his future plans, but we gather that he is considering a move to Toronto with his family to start afresh. He has served our community with dedication and tireless efficiency, and whatever the future holds, we wish him well and thank him for his contribution to the life of our neighbourhood.

New Edinburgh Art Gallery: We understand from **Joel Pleet**, former Director of The New Edinburgh Art Gallery, that gallery owner **M. Raymond de Celles**, whose large personal collection of Canadian art was showcased at the gallery, is highly unlikely to re-establish the business after the March fire. While we have not been directly in touch with M. de Celles, we hope that the damage to his collection

was kept to a minimum by the swift action of the firefighters, and deeply regret the abrupt enforced departure of his gallery from the Beechwood scene. And to Joel, who is in the process of bravely attempting a career change, we wish you the best of luck with your new venture, whatever it may be!

Looking Forward to a Timely Return

Epicuria Fine Food and Catering: Despite the continuing uncertainties related to the timing of her return to MacKay Street, combined with the stresses of managing a much reduced operation in difficult circumstances, Epicuria's **Tracey Black** is tackling the prolonged hiatus with her customary efficiency, good humour and positive spirit. At the time of our last conversation in early September, Tracey had resigned herself to the high probability that the MacKay Street store may not be up and running again until next year. However, in the interim, Epicuria operations will continue in their temporary kitchen at **101D-112 Nelson Street**.

With characteristic efficiency, Tracey has made use of the hiatus in her regular business to plan for a new and improved retail operation when she returns to MacKay Street. Present plans include an expansion of both the kitchen and retail areas, improved ventilation, two cash locations (a big help on those busy holiday occasions when we all converge at once for our gourmet treats!), increased variety in take-out fare, and some top-of-the-line new German cooking equipment.

While Tracey has been obliged to focus her business almost entirely on the catering side of the operation since the fire, retail clients can take heart that Epicuria's traditional fulsome offerings will be available for both the Thanksgiving and Christmas/New Year's holidays. Be sure to check out the Epicuria website at www.epicuria.ca where complete menus will be posted (or undoubtedly already are, in the case of Thanksgiving!), and place your order in advance for pick up at the Nelson Street location (**613-745-7356**). Although there is ample free parking around the store, Tracey admits the store can be tricky to find the first time round, and has posted a detailed map on the website to guide you to your destination.

Needless to say, if you're planning a social occasion this fall or at Christmas, Epicuria is ready and willing to provide its highly acclaimed catering service which, as many readers know, takes virtually all the stress out of entertaining (except of course, the inevitable agony of wardrobe decisions!), and is a guarantee of excellent food, first class service and admirable efficiency from set up to clean up. We wish Tracey and her crew well in the coming months, and look forward to having them back in action on MacKay Street early in the New Year.

In Limbo

Nature's Buzz: When we last spoke at the end of the summer, Nature's Buzz operator **Nancy Phillips** had still not received firm confirmation that the store would be offered a place on MacKay once the block is restored. Nancy and

her son, **Eric Passmore**, store Manager, remain hopeful however, and although they have made a serious effort to seek out alternative spaces in the Beechwood area close to their established clientele, both would infinitely prefer a spot on MacKay Street to any of the other available options.

While the family has made no definitive decisions about the future of Nature's Buzz pending word from the Beechwood/MacKay landlord, Nancy suggests that if they are ultimately not able to return to MacKay Street, it's unlikely they will continue the business. Those of us who have depended on their wonderfully comprehensive range of organic supplies can only cross our fingers and fervently hope to see them back when the block is restored.

Piccolo Grande: We understand that Piccolo Grande operators **Kauser** and **Muhamed Yusufali**, are in the same uncomfortable limbo as Nature's Buzz, still awaiting a resolution of their insurance claims and uncertain of whether or not they will be offered a spot on MacKay Street once the block is restored. We can only imagine that the prolonged delay in the restoration process has had a serious impact on their plans for a return to MacKay Street, particularly since their all-important summer gelato season has now passed, and to all appearances, the Christmas gift and chocolate-buying holiday may also come and go before it's back to business on the MacKay Street block. Stay tuned for more news when we re-establish contact with the Yusufalis.

We continue to hold out hope that when at last the MacKay Street block is back in action, shoppers in our community will have the pleasure of returning to a cluster of complementary food emporia, including Epicuria, Nature's Buzz, Bread and Roses Bakery and possibly Piccolo Grande, covering all the bases from baking to gourmet prepared foods, organic whole foods, and sweet treats.

Holding the Fort Bread and Roses Bakery

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and Hamie's Diner: The sole surviving businesses on Beechwood, which were spared by the direction of the wind on that fateful day, are Bread and Roses Bakery and Hamie's Diner. Both businesses have keenly felt the loss of their neighbours last March, a loss which has had a predictable impact on the pedestrian traffic past their doors.

Bakery owner **Chris Green** and his team have worked hard to maintain a healthy clientele despite the absence of an all-important critical mass of shops in the surrounding area. Bread and Roses continues to offer a remarkable range and variety of fare, from its traditional breads for every imaginable special diet, cookies, squares and cakes, to wonderfully tasty savoury dishes such as quiches, mini-pizzas, lentil, sweet potato- and meat pies, shepherd's pie and a host of other thoroughly delicious (and healthy!) prepared dishes for busy households. In our house, their artfully decorated and sinfully delicious cupcakes have been a particularly welcome recent addition to the Bread and Roses repertoire.

As suggested in June, the current plan is for the bakery to move its operations to MacKay Street once the stores have been restored, with its existing premises on Beechwood to be demolished, along with Hamie's Diner, to make way for a new mixed-use development along the Beechwood block. The exact timing of the move remains, however, uncertain, and as noted above, it now seems improbable that the relocation will occur some weeks, or even months, to come. Chris is enthusiastic about the move to new premises and looks forward to the luxury of increased square footage, higher ceilings and functioning air conditioning to spare both his staff and his clients the rigours of the 50° heat that built up in the

store on a few occasions this past July.

Like virtually all the other merchants affected, Chris has been frustrated by the glacially slow progress towards the start of restoration on MacKay and rebuilding on Beechwood, as well as by the ongoing lack of clarity about the timetable involved. As an active member of the team facilitating the recent revitalization of West Wellington Village, where he continues to operate his original business Harvest Loaf, Chris sees enormous potential for a comparable revival on Beechwood, and regrets the lost time and opportunity occasioned by the fire and the halting recovery in its aftermath.

He is eager to see the start of a commercial renaissance in the area to coincide with the residential intensification that is already well underway south of Beechwood, and on the horizon, farther up the street where new development is in the offing next year. In a word, he is convinced that our area has all the makings of a glorious rebirth, but for the moment at least, appears to be stuck in the mud!

Sadly, **Hamie Saikaley** has no plans to re-establish his diner once the demolition on Beechwood eventually takes place. While he regrets the impending loss of his devoted clientele, the financial challenges of setting up in a new location are simply too great, and after 15 years in business on Beechwood, he will say a final farewell when the building comes down in the coming months.

No News: **Mike Pytura** of **Co-operator's Insurance** has not returned calls from the News so we remain uncertain whether the company plans to re-establish on MacKay Street or focus its efforts on a nearby location at 354 Montreal Road.



Photo: Louise Imbeault

TRIBUTE AT LUMIERE: A display of appreciation in lights from the tenants who lost their homes as a result of the Beechwood fire last March.

Appreciative Residents Thank Fire Fund Donors

By Barbara Benoit

Burghers reached generously into their pockets last spring to help people left homeless by the Beechwood fire in March.

Donations received totaled just under \$50,000: roughly \$18,000 from individual donors, \$21,000 from the **New Edinburgh Pub** event, \$6,000 from the event at the **Clocktower Brew Pub**, and \$5,000 from **Mauril Bélanger's** Sponsored Weight Loss revenues. Thank you all, and congratulations, Mauril!

The funds were disbursed to uninsured tenants along Beechwood and MacKay Streets, about half in the form of bank drafts and up-front rental charges on new apartments, the other half in Sears gift cards. (Sears was chosen because of the range of products they carry.)

For many of the residents, but especially, perhaps, **Sylvia Jackson**, this help made a world of difference.

Sylvia, 42, has a severe learning disability and is supported by the Ontario Disability Support program. She had been living in the apartment directly above **Home Hardware** for four years, with her partner and adult son, and her cat Jasmine.

They were alerted to the danger only when the second fire truck rolled up, and they ran out literally with just the clothes on their backs. Luckily, Jasmine, instead of hiding, ran to Sylvia and asked to be picked up. A lady brought them blankets and umbrellas, another lady gave them a carrier for Jasmine and pressed

\$20 into Sylvia's hand, and **Da Bombe** welcomed them in to wait until emergency services could come up with a more long-term plan.

The challenge proved to be very long term, because they had lost everything, including every piece of ID. The Red Cross arranged for a motel for several nights—but they contracted scabies there, and it took two months to get rid of it. The aid agencies were little help. Ottawa Housing currently has a nine-year waiting list. Action Housing, a charity, told her it could not deal with her case for at least a month. Sandy Hill Community Centre could not help because of her lack of documentation. Private landlords were also put off by her lack of ID. She and her partner moved around, staying with various friends. Her son moved in with his girlfriend.

Kiki, from the **Crichton Community Cultural Centre** (CCCC), got into the act, helping Sylvia to house hunt, and on July 1 Sylvia and her partner moved into a ground-level apartment close to Montreal Road and the Vanier Parkway, a nice place with a bigger kitchen and both front and back doors. (Sylvia has become very alert to fire hazards.) With the Sears gift cards her household received, she was able to buy a new bed (a relief after months on air mattresses), a kitchen table, chairs and appliances, including a washer and dryer. Friends contributed a sofa and some pots and dishes.

The Fire Fund made all the difference, not just to her phys-

ical condition but to her mental state. "Now I know how it feels to lose everything. It keeps you positive having support," reports Sylvia. "I used to think the people in this city were cold. Thank you for proving me wrong! I have more friends now than I ever had before."

And she keeps her friends, because it is in Sylvia's nature to give back. On the CCCC's moving day, she came over for the entire day, carrying things from the former Crichton School to its new home in New Edinburgh House.

There are still a couple of things on her wish list. The baby photos of her son are gone forever, but a cousin is going to get a copy of a photo of her parents. And Jasmine, who used to sun-bathe on the Home Hardware roof, wants to go outside, but Sylvia first has to save up the \$150 to get her spayed.

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Heritage and Development Committee - Comité Patrimoine et Développement

Heritage Conservation Districts

The Heritage and Development (H&D) Committee has set up a small working group to review and strengthen the current New Edinburgh Heritage Conservation District (HCD) Plan and Guidelines. The current plan and guidelines are more than ten years old and require updating in light of both practical experiences gained by the H&D Committee, and by changes in the Ontario Heritage Act since 2005. In order to ensure that the revised HCD plan's objectives, policies, design guidelines, and permit procedures are enforceable, as opposed to advisory only, the plan will have to be adopted as bylaw by the city. The group is fortunate to have the guidance and expertise of Carleton University Professor Herb Stovel, world-renowned heritage expert, and friend of New Edinburgh, as we work with City of Ottawa staff to update our HCD Plan. We

hope to produce a plan that will be easily accessible online and in a format that will make it easy for residents to use. The team plans to produce a draft updated HCD plan and to call a public meeting to discuss it with residents over the coming months.

55 MacKay Street

On September 13, the City of Ottawa Planning Committee approved a by-law amendment to permit 55 MacKay Street to become the Diplomatic Offices of the Embassy of Vietnam. In late July, NECA provided comments to the City of Ottawa on the proposed by-law change. These comments are now available in full on the community website at www.newedinburgh.ca.

The NECA letter to the City documents the very real concerns NECA had with the proposal and our understanding of how these concerns will be addressed. In light of assurances received from the Vietnamese Ambassador, DFAIT and the

City of Ottawa planning and heritage staff, NECA did not oppose the application to change the by-law. In addition, Heritage Ottawa supported the proposed change, noting that Vietnam has a sterling reputation for caring for heritage property in Ottawa. The Ambassador restored and now lives in Powell House situated in the Glebe, and the Embassy is currently located in a residence in Sandy Hill.

Despite the fact that the Planning Committee, along with Heritage Ottawa and NECA, believe that the major concerns with the proposed new use of the house have been reasonably addressed, the immediate neighbours and a number of other residents of the community continue to have many serious concerns about the by-law change. The application goes before City Council on September 30.

BRICK Award 2011

Whilst walking through the neighbourhood, kids or dogs in tow, H&D Committee members can often be seen taking in the details of interesting exterior home improvements throughout the 'Burgh. We are looking for projects that show that owners have taken par-

ticular care to carry out their renovation or construction in a style that is sympathetic to the local environment, and the result becomes a welcome addition to the neighbourhood.

To bring greater recognition to these positive examples of sympathetic development, NECA yearly announces winners of the "New Edinburgh Heritage & Development Award," dubbed the BRICK Award ('Burgh Renovation, Improvement, and Construction Kudos' award). Visit the NECA H&D Committee page at newedinburgh.ca to learn more about BRICK award eligibility and selection criteria.

This year's BRICK nominations are in and the winners will be announced at the NECA Annual General Meeting Tuesday October 25th, 7-9pm at St. Bartholomew's Church on MacKay Street.

Heritage Forum for Community Associations

In recent years, NECA has hosted two events where panels of speakers have been invited to New Edinburgh to share their ideas and proposals for protecting our architectural and cultural heritage. This October, we shall be attempting something slightly different – we have teamed up with Heritage Ottawa to organize a heritage workshop aimed at community associations. Striving to preserve local heritage can be a challenging task, especially for volunteers working on individual neighbourhood problems. But we are not alone. This special forum will bring together heritage

representatives from community associations across Ottawa to explore ways of improving effectiveness by strengthening ties through collaborative action and sharing experience. The workshop will take place at St Bart's on October 15, 1-5 pm.

Thank you Paul!

Paul McConnell, New Edinburgh resident of 30 years and long-time (10 years plus!) Chairman of the H&D committee stepped down as chair and resigned from the H&D Committee in August. While this is a blow to the committee, we cannot thank Paul enough for his (literally) tireless efforts on behalf of all residents of New Edinburgh during his time serving with NECA. The depth and breadth of Paul's knowledge of heritage matters is profound and has been a huge benefit to the committee and to the neighbourhood.

Paul has given countless hours of volunteer time to investigating, writing, documenting and responding to all matters brought to the H&D committee's attention. Amongst Paul's many accomplishments: bringing greater transparency to the committee's activities through initiating recorded minutes at all meetings and posting them online; instituting the BRICK award; starting the annual New Edinburgh Heritage Forum; leading the creation of the heritage walking tour brochure.

We must not forget as well his many battles defending heritage and sensible, appropriate infill at the Ontario Municipal Board (OMB), with several victories to his name. Finally, Paul has been someone who leads by example, exhibits absolute integrity and is unfailingly respectful of people's opinions and their rights to their opinions, however trying the circumstance.

Thank you for everything Paul.

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Editor's note: Readers looking for more information on the application for a by-law amendment to allow 55 MacKay Street to be used as diplomatic offices may want to check out the following online resources:

- *OpenFile Ottawa posting by Trevor Pritchard (ottawa.openfile.ca/blog/curator-blog/qa/2011/fight-over-55-mackay)*
- *Heritage Ottawa website (heritageottawa.org)*
- *Sept 22 article by Laura Mueller of Ottawa This Week (www.yourottarawaregion.com)*

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Approuvé par/Authorized by: DR/CFO, Campagne Paul Étienne Laliberté-Tipple Campaign.



Blue Box Plastics Recycling Expands

One more life before the landfill

By Sarah Anson-Cartwright

For those of us who missed the good news in June, the City has expanded the Blue Box program to accept a range of plastics that were previously only destined for the landfill.

For years, many residents have been filling the recycling bins with plastic packaging (for baked goods and fruit, typically) that could not be recycled and had to be picked out and sent to the garbage.

The list of plastics now accepted in the Blue Box includes ALL PLASTICS CODED 1 to 7, as well as plastic egg cartons, single-serve yoghurt containers and plastic flower pots, among other items. The main exceptions to plastics recycling are styrofoam, plastic bags and plastic toys.

During the City's public consultations on its waste diversion program a few years ago, people said they wanted to recycle more plastics and they were upset that plastics numbered 3 to 7 were not recy-

clable in Ottawa, according to Matthew Kavanagh, Program Manager, Material Processing, Solid Waste Services at the City of Ottawa. Where there were previously no markets or buyers for those plastics, new markets have been developed more recently with the support of the Stewardship Ontario program. These markets came to the attention of the City.

Although more plastics can now be recycled, typically most items will have only one more life before they become non-recyclable. Water bottles, for example, can be used in the production of polar fleece, which cannot be recycled further. The process of recycling plastics is often referred to as downcycling; the recycled plastic is a lower grade of plastic and it does not replace the demand for new plastics for food packaging, for example.

Over the past few years, it seems that grocery stores have increased the amount of plastic packaging—especially in the produce and bakery areas. The future appears to be about

more plastics, not less.

"Packaging remains a big problem (for municipalities)," reports Kavanagh. That is why he reminds us of the 3 Rs: reduce, reuse and recycle.

"Reduce is the first of the Rs for a reason," he says. It is worth asking ourselves before we buy something in plastic, "Do we really need it?"

Keep in mind too that plastics are permeable by nature and there are health concerns regarding the possible leaching of toxins from plastic packaging into food and drinks. Bisphenol A is the best known of those toxins, and has been banned from use in baby bottles in Canada.

So the good news is that we can divert many plastics now for one more life beyond our kitchens. And if you are keen to truly reduce your waste, then consider avoiding plastic packaging as much as possible.

Residents may visit the City's Waste Explorer online search tool at ottawa.ca/recycle to find out how to properly recycle or dispose of items. Or residents may also call 3-1-1 (TTY: 613-580-2401).

Keep Pests Away with Good Garbage Habits

Raccoons, skunks and squirrels become regular but unwanted visitors when garbage bags are on offer. New Edinburgh suffers the messes caused by pests as garbage gets attacked and strewn about the streets or lanes. Once a meal is on offer via accessible garbage, raccoons and others will keep coming back.

To keep those pests away, here is some advice to put into practice:

- Put your garbage in a bin, not a plastic bag, and secure the lid with a bungee cord or a heavy weight until pick-up time
- Do not put your garbage at the curb till early morning of pick-up day
- If you will be away and/or want to put your garbage out in advance of pick-up, ask a neighbour instead if they could assist on pick-up morning (they might prefer to put it by the curb for you, than live with the risk of a pest attack and the mess if you put it out in advance)
- Add lights around your green bin and garbage storage areas to help keep raccoons away
- Clean up after barbecuing.



As we prepare for the bi-weekly garbage collection and weekly green bin pick-up starting in November 2012, it is good to be more vigilant about our garbage habits now.

Blue Box History: New Edinburgh Resident One of Its Creators

The Blue Box has been around a long time, and New Edinburgh resident **Rick Findlay** knows its origins intimately. Almost four decades ago, he was involved in the creation of the original household recycling system.

Call it a Canadian success story. And it is one that Findlay is proud to recollect. "I was responsible for initiating and managing the project that imagined, created and tested the first blue box recycling system," says Findlay. "But the real creativity came from **Jack McGinnis** who, sadly, passed away earlier this year."

The following is a precis of the complete history of the Blue Box system which was posted to Wikipedia and co-authored by Findlay.

Back in 1971, the non-profit, Toronto-based **Pollution Probe** published a report stressing the need for recycling. Garbage was becoming a key issue in Ontario as cities struggled with the problems associated with incinerators and dumpsites. Two years later, at the new federal Department of the Environment where Findlay was working, a pro-



Photo: NEN Staff
Rick Findlay with the most recent version of the Blue Box. The first one was orange!

gram was created as part of the government's response to the 1973 energy crisis. The objective was to promote innovative new programs that would improve environmental quality while at the same time reduce energy demand. Recycling offered that opportunity.

A pilot program for "source

separation" was established at Canadian Forces Base Borden (CFB Borden), 100 km north of Toronto in 1977. McGinnis's firm was sub-contracted to design and implement the program. The pilot program's findings showed that participation rates for recycling of basic commodities, especially paper, aluminum cans and glass containers, were significantly higher when residents were encouraged to deposit and store their recyclables in a simple container like a plastic box and to place it at the curbside for weekly pick-up.

By 1981, based on the encouraging results achieved at CFB Borden, the first full-scale project was launched to collect and recycle materials at the curbside in Kitchener, Ontario. Two years later, the Blue Box program launched commercially in that city and, by 1986, in the larger municipality of Mississauga. The latter was then the largest recycling effort in North America. Now, the Blue Box recycling system and variations of it are in place in hundreds of cities around the world.

Blue Box New Additions

- All food and household plastics containers coded 1 to 7 including takeout containers, and bakery and produce containers (clam shells)
- Plastic pails (remove metal handle)
- Plastic planting trays
- Plastic flower pots
- Single-serve yogurt containers
- Clear plastic egg cartons



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Ottawa City Councillor Peter Clark Reports

The Crichton Cultural Community Centre (4 Cs)

The long-running dispute between the School of Dance and the 4 Cs has come to a close, and as of the end of August, the 4 Cs cultural and recreational programming has moved over to the MacKay United Church manse and Memorial Hall. Renovations are required, and some transfer of city funds is being worked on. The Mayor's support has been gratifying. Community support for these efforts is important, and further bulletins with the details will be forthcoming in a future communication.

OC Transpo-Check Your Route

As part of the 2011 budget process, City Council directed OC Transpo to make the bus network more efficient and cost effective, achieving \$22M in annualized savings each year.

The website www.checkyourroute.ca was created to help the public review route changes, plan trips and gather information on the new route system. This resource provides advance-route planning and schedule information so customers can more easily access OC Transpo services.

Residents are able to access the updated Travel Planner—which provides a 60-day view

of every bus route (it was previously 14 days)—from both the checkyourroute.ca and OC Transpo websites. Further, through “Mobi”, OC Transpo's new mobile application, residents can easily plan their routes using their smartphone, tablet or laptop computer.

Fall Cleaning the Capital

The Public Works Department, in partnership with Tim Hortons, is pleased to announce the annual Fall Cleaning the Capital campaign, which began on September 15 and runs until October 15. I invite you to get involved to help keep our city clean, green and free of litter and graffiti.

Every year, entire communities—including schools, neighbourhood organizations and associations, businesses, families, friends and individuals—take part in the Cleaning the Capital challenge. A record 91,305 participants made the 2010 campaign the most successful to date! Let's build on last year's success and make 2011 another record year!

It's easy to take part. All you have to do is select a cleanup location where litter or graffiti has accumulated. It can be a park, woodlot, ravine, shoreline, bus stop, pathway, schoolyard or any public property requiring tidying up. Large or

small, all cleanup projects are welcome!

This season, please remember to “leave the leaves” in open areas! Leaves should be left in open spaces that are maintained and mowed by the City, including parks, where they will be mulched. Mulching returns the leaves' nutrients to the soil. However, you may remove leaves from areas where mowers cannot be used, including along fence-lines, play structures and landscaped areas.

Once you have chosen your cleanup location, you can register online at ottawa.ca/clean or by calling 3-1-1 (TTY: 613-580-2401). The registration form also includes a section for our Cleanup Starter Kits. Should you wish to receive a kit, please indicate the type (litter or graffiti) and select a pick up location nearest you. You can find a complete list of pick up locations on the online registration form. Please allow at least nine days from the date of registration before picking up your Cleanup Starter Kit. Kits for litter pickup and/or graffiti removal projects are generously donated by our campaign sponsors, and are available to all registered volunteers. Litter kits include disposable vinyl gloves, garbage bags and leaf-and-yard waste bags. Graffiti kits include graffiti removal wipes, scrubbing pads and gloves. All kits come with helpful project and safety information to guide your cleanup project. Upon request and while quantities last, we will include magnets and stickers in the kits.

Together we can help keep Ottawa clean, green, graffiti-free and litter-free.

Ottawa Police “All Valuables Removed” Warning Cards

Based on recent public surveys, community feedback and crime analysis, vehicle owners are concerned about vehicle theft and thefts from vehicles. “All Valuables Removed” warning cards are designed to remind vehicle owners they have an active part to play in preventing these crimes. Get informed and get involved—be aware of factors that might make vehicles more attractive to thieves and vandals. Let's work together for a safer community!



The card is placed on the windshields of vehicles in an identified area by Ottawa Police volunteers. They are designed to alert vehicle owners to the risk of theft and contain helpful tips on how to keep vehicles and possessions safe. The cards are also designed to be displayed by vehicle owners on the inside of the driver's side window to display the message, “All Valuables Removed”, letting would-be-thieves know not to

bother searching the vehicle and alerting others to take the same precautions.

Report It!

If you have been a victim of vehicle-related theft, report it. This enables the police to track patterns of criminal behaviour and better deploy police resources in an effort to resolve a broader problem.

How does it work? Police officers or volunteers place the warning cards on the windshields of vehicles in a particular area that has a recent history of criminal activity or is at risk for it. Vehicles targeted include those left unattended in high-volume areas, those with valuables visible, and those located in areas identified by the police as particularly vulnerable to theft.

Warning cards are available at Community Police Centres, Information Desks, and by request at pia@ottawapolice.ca.

Tips & Hints

- Don't leave personal identification, vehicle registration or insurance certificates, or credit cards in your vehicle.
- Remove valuables and shopping bags from view. This includes loose change and electronic devices such as iPods, cell phones and GPS navigation systems.
- Never leave your vehicle running and unattended.
- Close windows and lock the doors.
- Never leave your car or house keys in your vehicle.
- Park in well lit areas with pedestrian traffic.

For more information on this and other crime prevention programs, please contact your local Community Police Centre.

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From the Desk of Mayor Jim Watson



Share Ideas About Budget 2012

By Jim Watson

As you may know, this council committed to keeping taxes below 2.5 percent and next year, in the 2012 budget, we intend to do the same.

The 2.5 percent reflects an understanding that we have to keep investing in our communities, our infrastructure, our transit system and our families.

And it also shows an understanding that we aren't going to go ahead and pay for things we cannot afford.

The tabling of budget 2012 will begin on October 26, which means between now and then I am going to be speaking with families and businesses, listening to their ideas and consulting with staff on how best we can continue to keep taxes under control while moving our city forward.

One addition to this year's budget process is the creation of a new email address: budget2012@ottawa.ca for

residents to send their ideas directly to me.

I believe that as Mayor it's my job to seek feedback from residents and maintain engagement from taxpayers.

We delivered on our tax commitment in 2011 and I look forward to doing it again in 2012 with help and insight from our residents.

Another item I would like to tell you about is a questionnaire I sent to Ottawa candidates running for office in the provincial election.

I have asked for their perspectives on a number of key issues that affect our city, including: affordable housing; Ottawa River cleanup; funding for light rail and the continued uploading of shared service costs from your property tax bill to the province.

The unedited responses will be posted on the City's website, Ottawa.ca, on September 29 and I encourage you to go and take a look to see where candidates stand.

Election Period Well Underway

Elections Ontario would like to remind voters to make sure their information is up to date on the Voters List. Voters who would like to be added to the Voters List or who need to update their contact information can do so in person at their local Returning Office by showing one piece of identification that includes both name and residential address. Advance polling ended on September 30.

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Be sure to bring your Notice of Registration Card and one piece of identification that includes both name and residential address with you to ensure your voting experience is "as easy as possible," said Greg Essensa, Ontario's Chief Electoral Officer.

Notice of Registration Cards

Voters whose names are already on the Voters List should have received their Notice of Registration Cards in the mail. Qualified voters who did not receive a Notice of Registration card can still vote. Elections Ontario customer service representatives are standing by to help voters find out where to vote and what they need to vote, and can be reached at **1-888-ONT-VOTE** or at info@elections.on.ca.

may prevent people from voting. It includes details on new services such as special ballots, home visits and assistive voting technologies.

Candidates for Ottawa-Vanier

Dave Bagler

Green Party of Ontario
521 Rideau Street Ottawa ON K1N 5Z5
www.davebagler.ca

Emmanuel Houle

Family Coalition Party of Ontario
2-2210 Loyola Ave
Gloucester ON K1J 8H5
www.familycoalition-party.com

Paul Étienne Laliberté-Tipple

Ontario NDP/NPD
629 Center Street Ottawa ON K1K 2N8
www.pauletienne.ca

Madeleine Meilleur

Ontario Liberal Party
106-355 Montreal Road
Ottawa ON K1L 8H3
www.votemeilleur.ca

Fred Sherman

PC Party of Ontario
55 Beechwood Avenue Ottawa ON K1M 1L9
www.fredsherman.ca

For more info, visit www.wemakevotingeasy.ca.



Voting Day is
October 6

Voters can also be added to the Voters List when they go to vote on election day. The comprehensive list of acceptable identification documentation can be found online at www.wemakevotingeasy.ca.

Accessibility Action Plan

In order to ensure that voters are fully aware of all accessible services available to them, Elections Ontario has developed an Accessibility Action Plan (available at www.elections.on.ca). The Plan outlines how Elections Ontario will work to remove barriers that

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From the Desk of...



Mauril Bélanger
Member of Parliament for
Ottawa-Vanier



Getting Ready for the Fall Session of Parliament!

Following a highly inclusive Summer Caucus, my liberal colleagues and I are returning to the House of Commons for the fall session with a clear message for the government: The Liberal Party is focused on jobs, jobs, jobs; not cuts, cuts, cuts.

When interim liberal Leader Bob Rae travelled the country this summer, people told him they want a government and a Parliament that is interested in getting this country to work, not one that is obsessed with polarized debates over rigid ideology. I have been told the same thing by people here in Ottawa-Vanier. Those are the

priorities we focused on during our meetings, those are the priorities we will bring back to Parliament, and those are the priorities that inspire our movement.

The central task of any government is to ensure the prosperity not only of our country but the prosperity of each and every Canadian. No one should be left behind.

As the Party that steered Canada's economy through difficult times in the past, Liberals from all walks of life understand what it takes to deal with a crisis of debt and deficits. It takes fiscal discipline, but it also takes growth and healthy revenues. That means we need people working.

We are here to say—just as it was said at other times of high unemployment and difficult circumstances—that it is the responsibility of government working in partnership with business, large and small, to create opportunity, hope and the possibilities of change and development.

There is also the question of the omnibus "tough on crime" bill that the conservative government has promised to bring forward. As Mr. Alex Himelfarb, former Clerk of the Privy Council, mentioned recently in an article entitled

A Meaner Canada, this would represent the biggest change to our justice system in recent memory. Quoting from Mr. Himelfarb: "The Bill contains some good things, some bad things, some very bad things and some things that need clarification. And all of this deserves debate. But the direction of these proposals, on top of legislation passed in the previous session, is clear: more focus on punishment, greater use of prison as a penalty, increased police powers, and fewer protections of our privacy and civil liberties. This view gives not much space to the idea of redemption or, for that matter, to compassion, and brooks no debate on what the evidence might tell us or about the costs of punishment." You can read the full text online at www.afhimelfarb.wordpress.com.

Once the legislation is tabled, Liberals will analyze it objectively in light of knowledge gained through experience here in Canada and elsewhere. In essence, this bill will likely be a good test in determining whether or not the conservative government is prepared to enact legislation based on evidence and not on ideology.

*Mauril Bélanger, M.P.
Ottawa-Vanier*

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**By Michael Histed**

After six years as the head of New Edinburgh's Neighbourhood Watch, I have decided to step down. I will continue to write articles for the New Edinburgh News and update the web site until NECA can find a successor. In the meantime, here is a general reminder of the most common neighbourhood watch tips for the fall and winter months.

Fall and Winter Safety Tips

For the most part it has been a quiet summer in the neighbourhood, however New Edinburgh and surrounding communities have seen an increase in the number of car and home break-ins. Thus, it would be prudent to remind ourselves of some simple measures we can take to keep our families and properties safe and secure.

Car Security

Many of us park our cars in our driveways or on the street. This practice however makes our cars vulnerable to break-ins, so here are a couple of things we can do:

- Keep doors locked at all times
- Do not keep valuables visible in the cab of the car
- Keep your GPS secure. Remember it often saves your home address.
- Park in a well lit area

Back to School

With the kids back at school or University, houses tend to be unoccupied for longer periods than during the summer months. Therefore, it is important to remember a few tips for while the house is empty during the day:

- Keep windows and doors locked while you are away
- Put some lights on timers to give the impression of someone being home
- Pick up your newspaper in the morning. Do not leave them sitting on the front porch all day
- Advise your children what to do if they come home to find the front door open. Give them the name and phone number of a trusted friend or neighbour

Thanksgiving

Many of us will be away visiting family over the Thanksgiving holiday. Thieves know this. Many of the same rules apply as above however, there are a few additional measures that can be taken, for example:

- Tell a neighbour that you will be away, and to watch out for suspicious activity
- Get a neighbour or friend to put their car in your driveway
- Cancel your newspapers
- Have someone pick up the mail if gone for a longer period

Halloween

Halloween is a fun time for everyone. To protect your children, a few easy steps will help keep it an exciting time for all:

- Make sure your children wear something bright so that they can be seen on a dark night. Carrying a flashlight will work as well
- Check candy carefully before allowing your children to indulge
- Do not open your door later in the evening if you feel uncomfortable

Christmas

I know it seems a little early to be talking about Christmas, but many of you keeners will be starting your gift shopping early, unlike myself. For those of you hitting the malls in November and early December, criminals are starting to watch mall parking lots for people carrying gifts to their cars. A few tips can help avoid a Christmas nightmare:

- Do not make multiple trips to and from your car. Criminals are waiting for you to return to the mall and help themselves to the contents of your car
- Never keep items on the back seat of your car
- Keep your credit and debit cards safe. Watch out for hidden cameras at wall banks, or store staff who seem to be taking a long time processing your card

Nighttime

Lastly, a reminder on some simple steps you can take walking the dog, or taking a walk for exercise after dark, particularly now that days are getting shorter:

- Try not to walk alone if you can
- Do not walk through the park alone at night, particularly areas with no lights
- Take a cell phone with you
- If you must walk alone, tell someone where you are going and when you expect to return
- Think of your neighbours. If you live next to an elderly person who is afraid to go out at night, offer to escort him or her around the block

On a more humorous note, on a recent vacation, I came across this sign in the middle of rural



Alberta—demonstrating that all over Canada neighbours are watching out for neighbours.

I have enjoyed being associated with the neighbourhood watch program these past 10 years, as well as seeing the neighbourhood come together as a safer community. I wish the program the very best of success.

Remember, for a crime in progress call 911. To report an incident call 613-236-1222.




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BURGH BUSINESS BRIEFS

- By Jane Heintzman -

By Jane Heintzman

Soup for East Africa Famine Relief

Early in September, our unfailingly generous-spirited community of Beechwood merchants chipped in to support a local event to raise funds for the famine relief effort in drought-stricken East Africa.

Soup for East Africa Famine Relief took place on the afternoon of September 10 in the Memorial Hall of MacKay United Church on Dufferin Road.

Eight of our local restaurants—**El Meson**, **Farb's Kitchen and Wine Bar**, **Fraser Café**, **Clocktower Brew**

Pub, **New Edinburgh Pub**, **Arturo's**, **Da Bombe Desserts**, and **Le Petit Maghreb**—each provided soup for 60 people, while **Bread and Roses Bakery** supplied the bread, and **BMO Bank of Montreal** (Beechwood Branch) covered the costs of renting the Memorial Hall. While not in the culinary line of business, **Books on Beechwood** came forward to serve as a depot for ticket sales.

Event organizer **Aladin Legault d'Auteuil**, a senior trade policy officer with DFAIT, was delighted by the whole-hearted participation of the Beechwood business community, and, at the time of our interview, was looking forward to a successful event, with proceeds from the evening to be matched by the Government of Canada. Kudos to all who took the time and trouble to support such a worthy cause!

Dale Smith Gallery Closes its Doors

After eight years in our commu-



Photo: Joseph Cull

Dale Smith closes the doors of her gallery at 137 Beechwood, but plans to develop an online gallery.

nity at 137 Beechwood Avenue, the **Dale Smith Gallery** closed its doors at the end of August following a final exhibition by Ottawa artist **Karen Rabuka**. In the course of her tenure at the Gallery, owner **Dale Smith** nurtured and exhibited an impressive list of emerging artists in the region, including such talents as **Karen Bailey**, **Sarah Hatton**, **Heidi Conrod**, **Amy Thompson**, **Michele Provost**, **Kristin Bjornerud**, **Jonathan Hobin** and **Geneviève Thauvette**. While she will no longer face the gruelling day-to-day grind of operating a gallery, Dale plans to continue acting as an agent for a number of these artists, and fully expects to engage in another art-related project, possibly in the realm of art education.

Dale's decision to close her doors was anything but the result of a sudden impulse. Rather, it was taken after careful deliberation, in consultation with her family, about the rigours of keeping up the pace in "such a tough business", as she described the art gallery scene to the *Ottawa Citizen* last June. Having had only Mondays off for the past eight years, Dale is exhilarated by the prospect of more time for her family, friends and special interests. She also plans

to develop her online gallery at www.dalesmithgallery.ca, so her many friends and colleagues in the art world can continue to keep in touch. We wish Dale well in her new "liberated" existence, and continuing success in her ongoing engagement with Ottawa's arts community.

Oresta Organic Skin Care Confectionery: Coming Soon to 137 Beechwood!

Moving into the former Dale Smith Gallery premises at 137 Beechwood is a new outlet of Oresta, an organic skin care spa and beauty boutique which currently operates in two Ottawa locations, in the Glebe at 464 O'Connor Street and in Hintonburg at 1121 Wellington Street West. Oresta specializes in organic and "earth-friendly" facial and body treatments, and offers an extensive collection of organic skin care products for men and women, young and old alike. Owner **Oresta Korbutiak** expects to be up and running on Beechwood by November, so stay tuned for more details about the new spa in our December issue. In the interim, curious readers can check the website at www.oresta.ca.

Le Petit Maghreb

We wish a warm welcome to **Joanne** and **Ameen**, own-



Photo: Louise Imbeault

East Africa Famine Relief fundraiser: left: Menna Andrews (volunteer) and Aladin Legault d'Auteuil (event organizer).

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ers of **Le Petit Maghreb** at **90 Beechwood Avenue** (former home of the Asian gift establishment and tailoring service, **Majong the Game**). The new business is a combined grocery store and Halal butcher specializing in North African cuisine, and more specifically, the tasty fare of Morocco, Algeria and Tunisia—three of the countries in the Maghreb group. Before moving to Beechwood in July, Joanne and Ameen had operated a business on St. Laurent Boulevard, but since their arrival, have been delighted by the friendly, neighbourhood feel of New Edinburgh where they are rapidly making new acquaintances.

Among the specialties available at Le Petit Maghreb are two classic North African favourites: **homemade cous-cous** (both chicken and vegetarian), and **tajine cuisine**, both of which are prepared for take-out if you call ahead to place an order (**613-740-0284**). The new store also offers home deliveries, so you can have

your freshly cooked couscous and/or tajine delivered right to your door.

Those with a sweet tooth will be incapable of resisting Ameen's beautiful oriental pastries and cookies, and there is much else to tempt the palate, including homemade bread and a range of hearty sandwiches from fresh hummus on pita to merguez (spicy sausage), chicken and beef, along with Maghrebian mint tea to provide the perfect accompaniment. Lovers of North African cooking can also stock up on staples for their own larders, including spices, dates, olives, olive oil, durum and semolina.

A major feature of the new business is the fully stocked Halal meat counter, offering Halal beef, veal, lamb, chicken and merguez at reasonable prices. A special welcome to **Mohammed** who is the butcher in charge of the meat counter, and ready to help you make a selection. Be sure to drop by during your rounds on

Beechwood to welcome Joanne, Ameen and Mohammed, and break the monotony of the weekly menu with some tasty, freshly-cooked dishes with a North African flare.

Kelly's Barber Shop: Back to Beechwood!

To the delight of the large and faithful clientele that barber **Kelly Riley** had shared with the legendary **Lester Clark** until the fire last March, Kelly has moved back to Beechwood from the temporary location on St. Patrick Street during the aftermath of the fire. If you haven't already found her, Kelly is now at **121 Beechwood Avenue**, (almost next door to **Bridgehead**), where she took possession in mid-September and was planning to open her doors at the beginning of October. Her "renovation" plans for the shop include the addition of several of the familiar touches we all came to know and love at Lester's, including a comfortable bench on the porch and a train set and Lego for the kids (and dads).

While it had always been a part of Kelly's plan to make the move back to our community, due to the excellent continuing business which followed her to St. Patrick Street after Lester's retirement, she was able to do so much more quickly than she had initially hoped. Indeed, Kelly has now acquired an assistant, **Kim Johnston**, to help her with her healthy client load. Needless to say, Kelly is enthusiastic about her return to home turf, and especially pleased by her proximity to Bridgehead with its day-long turnover of countless regular customers, many of whom may be moved to drop in for a trim when they've finished their latte or herbal tea.



Photo: Louise Imbeault

Kelly's Barber Shop: (left to right) Kim Johnson (barber), Kelly Riley (owner and barber) and Kelly's son Devon are all totally excited to be back on Beechwood.

Kelly has kept in touch with her former colleagues Lester Clark and his wife **Shabnam**, and was in attendance when Shabnam received her Canadian citizenship late last spring. While the couple has not yet definitively decided where their Baha'i-related travels will take them this fall, Lester reports that they have now road-tested Shabnam's new Canadian passport on trips to Boston and New York, and he promises to send news of their overseas adventures as soon as their plans become clear.

Welcome back to Beechwood

Kelly, and may you have many years of continuing success in your new location!

The Edinburgh: Belated Welcome to Peter Kocoris, Executive Director

We wish a very belated welcome to **Peter Kocoris** who took over from **Jennifer Martel** last January as Executive Director of **The Edinburgh Retirement Residence**. Peter came to The Edinburgh from Landmark Court Retirement Residence in Ottawa South, and like so many others, he has thoroughly enjoyed the warmth

Continued on page 14



Photo: Louise Imbeault

Le Petit Maghreb owner Ameen Taleb enjoys a glass of traditional tea in full regalia.

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Continued from page 13

and beauty of our neighbourhood in which he finds many of the same charms as those of his native Westboro.

While Peter freely admits that The Edinburgh may lack a number of the “bells and whistles” of newer, larger retirement facilities, he is committed to developing its special market niche as a home for retirees with high care needs, and is delighted by the strong sense of community among its many highly educated residents with fascinating life stories and an ongoing lively interest in the affairs of the world.

The Edinburgh’s popular and immensely hard-working activity director **Luisa Romero** reports that the residence is preparing for a busy fall. The Edinburgh will host the Alzheimer Society’s program “Care Essentials”, a three-week series for family caregivers of persons with dementia who are currently living at home or in a retirement residence. The series focuses on the middle stage of the disease, address-

ing day-to-day approaches to care, and an understanding of associated behavioural changes. Interested readers can call The Edinburgh for details at

On **Tuesday, October 18 at 2:30 pm**, celebrated Ottawa Valley storyteller and CBC Radio personality **Mary Cook** will be guest speaker at The



Photo: Louise Imbeault

From left to right: Fran Moran (resident), Luisa Romero (activities director), Peter Kocoris (exec. dir.) and Vickie Taylor (resident) enjoy some lovely summer weather and cocktails on the patio at The Edinburgh Retirement Residence.

613-747-2233 or get directly in touch with the Alzheimer Society, Ottawa and Renfrew County, at **613-523-4004** or info@asorc.org.

Edinburgh, sharing her colourful memories of growing up on the family farm in Renfrew County during the Depression. And in keeping with its emphasis on celebrating the diverse heritage of our community and country, The Edinburgh is planning an **Oktoberfest event on Thursday, October 27**. Members of the community are most welcome to attend either (or both!) events. Just give the residence a call in advance to RSVP.

Remembrance Day on November 11 is always an important occasion at The Edinburgh when it honours its veterans, those who fought in the two World Wars and those who have served since then. At 3:00 pm, a commemorative celebration will take place, with musical accompaniment by baritone **Stuart MacKinnon** and pianist **Diane Ferguson**. Special tribute will be paid to resident **Mr. Frederick Sherwood, DSC, RCNVR**, who was a

member of the Royal Canadian Navy Volunteer Reserve during World War II. Mr. Sherwood served in the submarine service of the Royal Navy, and was Lieutenant Commander of the *HMS/M Spiteful* when the war ended. He was the only Canadian Operating Commander.

Mr. Sherwood was honoured in a ceremony that took place this summer on July 14, when the Royal Canadian Navy introduced a new Submarine Attack Trainer in Halifax. The Trainer was officially named: *Lieutenant Commander Frederick Sherwood, Distinguished Service Cross and Bar Attack Trainer*.

Pet Nanny 911 Services

If versatility is the hallmark of the contemporary labour market, **Diane Ferrier** would appear to have the winning formula. As we reported to readers in a recent edition of the NEN, Diane launched a remarkably popular **urban polling enterprise (UPGO)** which continues to attract enthusiasts of all ages and abilities. Some years earlier, she was legendary in our community for her home-based daycare operation,

Diane’s Playce, where many infants and toddlers flourished under her care, often plying the shops and parks of the Burgh in Diane’s signature red wagon.

Today, Diane has a new string to her bow, though one that is closely related to her first vocation as a caregiver for small children. **Pet Nanny 911 Services**, as the name implies, offers the same high quality, customized care for the pets in your household, be they dogs, cats or even lower maintenance species such as fish and turtles. The range of services include both scheduled and emergency dog walks; live-in pet (and house) sitting, again on both a scheduled and emergency basis; and taxi service for trips to the vet, the groomer or the kennel. All services are offered 7 days a week on a first-come, first-served basis, so if you’re interested, advance reservations are strongly recommended.

Diane’s overriding objective in the new business is to tailor her Pet Nanny 911 services to the specific needs and circumstances of each individual client, and to maintain as



Photo: NEN staff

Pet Nanny 911’s Diane Ferrier steps out for some air and exercise with two of her New Edinburgh canine clients, Charlie (left) and Hershey.

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much consistency as possible in the handling of her four-legged charges by replicating client's particular habits and methods of dealing with their pets. (And heaven knows, we all have such habits, even if they frequently stray to the pampering/spoiling end of the spectrum!)

While the majority of Pet Nanny 911 assignments are regularly scheduled dog walks and visits for daily stimulation and entertainment, she will also serve clients on a last-minute basis, occasioned perhaps by an unanticipated late meeting, car troubles, flight delays or temporary health or mobility problems.

Pet Nannies are available for overnight stays of variable duration, from a single night to as much as 3-4 weeks, or even longer. In these cases, you receive live-in care for all the flora and fauna in your household such as, dogs, cats, turtles, fish, plants and anything else requiring attention in your absence, and in the bargain, your house is looked after. Diane reports that many clients find this an ideal option for older pets which are well past the stage of enjoying the sociability of a kennel, and prefer the comforts and routines of their own home.

Pet Nanny 911's taxi services are designed both for those who don't (or choose not to) drive, and for those whose lives are simply too busy to take time for a trip to the vet or the groomer. And if there happen to be multiple pets in the family, Pet Nanny will accommodate as many as can be safely stowed in their vehicle. Diane reports that a number of families have found the taxi service particularly useful if they are planning an extended holiday, and need time to focus on their last minute preparations for departure while Pet Nanny takes care of delivering the family pets to a kennel.

At the moment, Diane has three 'Pet Nannies' on her roster, all of whom have excellent references, current police checks, extensive experience and a genuine love of animals. As her business expands beyond the borders of New Edinburgh, Manor Park, Lindenlea, Sandy Hill and Alta Vista, to include areas as far west as Island Park Drive, she is in the process of interviewing for new recruits to the service. In the interim, the schedule is filling up for this fall and winter, so interested pet owners may want to get in touch as soon as possible by emailing diane.petnanny911@gmail.com or

calling 613-894-9440.

Scone Witch: Bright and Early Breakfasts

It has long been the mantra of mothers and grandmothers that breakfast is the most important meal of the day. While the whirlwind daily routines of many households threaten to undermine this nutritional axiom, residents of our community have an immense advantage in the form of our nearby **Scone Witch** where a cornucopia of hearty, nourishing and thoroughly delicious breakfasts is available every morning.

Starting this summer, Scone Witch began opening its doors at 7:30 am to serve the early birds among its clientele, offering not only its traditional breakfast/brunch favourites such as the **Eggwitch** (a fresh savoury scone filled with creamy scrambled eggs, cheese and/or ham) and the Bacon and Cheese Melt, but also a tasty new addition introduced over the summer, the **Scone-Yogurt-Fruit plate**, a tempting option which covers all the essential food groups while easing up slightly on the cholesterol.

Since the devastating fire last March, which reduced much of the Beechwood core to rubble,



Photo: Louise Imbeault

Can't you just taste it? Heather Mathew's contributions to the community celebration of the opening of New Edinburgh House was this delicious confection in the shape of the new community centre.

Scone Witch owner **Heather Matthews** and her capable team have done much to keep the flag flying on Beechwood and to provide a welcoming hub and gathering place for area residents. As most readers know, Heather herself is a life-long member of this community, and is passionately committed to its wellbeing.

When the stars aligned this summer and the CCCC reached agreement with

MacKay United Church to create a new community centre in the former church Manse, now called **New Edinburgh House**, Heather volunteered her prodigious artistic skills to produce a poster for the community parade on August 27 and an eye-catching installation for the **Lumière Festival** advertising the event. Her culinary genius was also brought

Continued on page 16

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- Worked to secure 600 million dollar provincial funding to expand light rail project
- I will continue to work closely with community leaders, associations and citizens to foster pride in our neighborhoods

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Continued from Page 15

to bear for the occasion, and she managed by some alchemy to find time in her busy day to create the magnificent, **house-shaped lemon celebration cake** served to participants on that steamy Saturday. When we review the long list of our particular blessings as a community, there's no question that Heather will be right up there in the top echelons. And oh yes, she's also a remarkably successful businesswoman, so stay tuned for news of her next project!

Place for Paws Boarding Camp for Cats and Dogs

Once again this summer, **Margo Ledoux's** popular pet boarding camp, Place for Paws, was hopping with frisky four-legged campers taking full advantage of the fresh air and exercise on Margo's beautifully situated farm in Clarence Creek. Our own yellow labradors have been regular campers at **Place for Paws** since Margo



Picnic Day at Place for Paws!

opened her doors in 1998, and this summer was no exception. As always, they returned from their sojourn on the farm happy and exhausted from all the exercise and thrilling companionship, and as always, we had a relaxing holiday free of any trace of concern about

their care.

Margo and her assistant **Angela** offer an extraordinarily high standard of care and vigilance that are sufficient to set your mind at ease, however passionate you are about the welfare of your beloved pet(s). They have a marvellous sense

of fun and an evident love and understanding of their charges that is reassuring and gratifying for pets and owners alike. Over the years, it has been a particular delight to us that they have come to know each of our dogs as the distinctive characters they are, and to appreciate them for all their faults and foibles.

In the course of the 13 years that our dogs have been Place for Paws campers, Margo and Angela have dealt with every possible age, stage, dietary restriction, medical condition and behavioural quirk imaginable, and in many cases, have done so more competently than we could have ourselves. To give just a few examples in a much longer litany, they have taken in stride the special needs of a frail 16-year-old lab with every conceivable geriatric affliction, the strenuous antics of a barely 4-month-old puppy, the bizarre mashed potato diet of an allergy-ridden pup, a pharmacopeia of medications for many of our animals, and the anxious temperament of our notorious "homebody" who invariably received the added attention he needed to settle into the camp routine.

If you are new to the neighbourhood and in search of reliable boarding for your dogs or cats while you are on the road, give Place for Paws a call at **613-446-2280**. Reservations are a must because of their growing popularity, but the peace of mind you'll experience in finding such excellent care for your companions is well worth it. Margo also offers a convenient **pick-up and delivery service**, so if you're short on time for the trip to Clarence Creek, she'll come right to your door to collect or drop off the campers.

Christina Keys Nutrition

A warm welcome to **Christina Keys**, a long-time resident of our area, who recently launched a personalized nutrition counselling service in the offices of **Align Massage Therapy, Suite**



Christina Keys has launched her nutrition counselling business on Beechwood.

201, 16 Beechwood above **Farb's Kitchen and Wine Bar**. Christina is a Registered Holistic Nutritionist specializing in the application of nutritional principles to address a wide range of health conditions from gastrointestinal complaints to weight management, food allergies and intolerances, heart disease, stress, and paediatric and adolescent nutritional issues. The primary emphasis in her new practice is on the use of natural, fresh whole foods, combined with high quality nutritional supplements, to bring about an overall improvement in the general well being of her clients, as well as to address their specific health problems.

Christina's counselling work begins with an initial consultation consisting of two hour-long visits with her client. In the first of these, she takes a complete medical history, and discusses their particular health concerns and objectives. In the second session, the client is given an initial assessment, along with nutritional recommendations and advice on specific supplements, if these are required. In many cases, she arranges follow up visits, including telephone consultations, to help clients follow through on their new dietary

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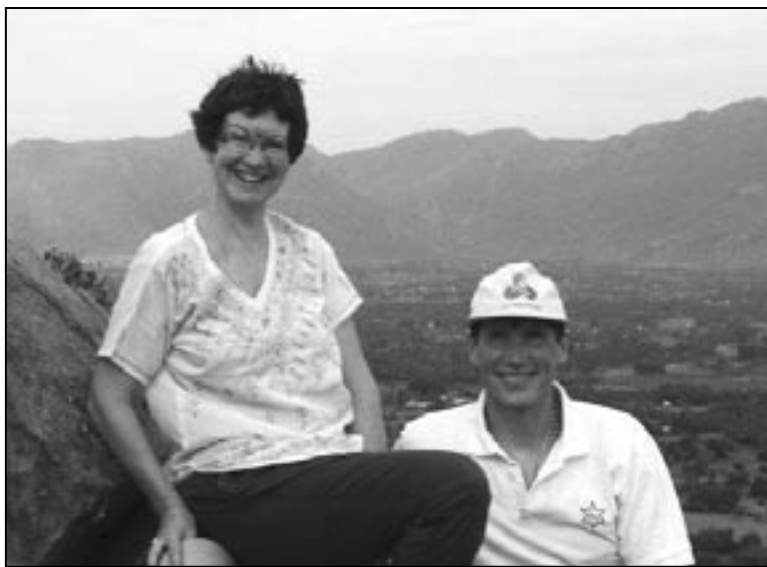
regimes. An important aspect of her service involves the provision of expert advice on **meal planning**, and to get them well and truly launched into healthy eating habits, many clients receive a personalized 7-day meal plan complete with recipes.

If you're among those of us who glaze over at the plethora of food labels with bold but often dubious claims, Christina also offers guided **grocery store tours** to assist you in separating the nutritional wheat from the chaff (as it were!), as well as to introduce you to new foods which can help to promote your particular health goals, whether they be weight loss, heart health or relief from debilitating food allergies. For more details on her services, check out Christina's website at www.christinakeys.com or give her a call at **613-323-3918**.

Books on Beechwood

Books on Beechwood staffer **Hilary Porter** has recently left Ottawa to pursue pre-veterinary studies at the Nova Scotia Agricultural College near Truro. She will be greatly missed by the Books on Beechwood team, and by all her regular clients. The NEN owes a special debt of gratitude to Hilary for her capable crafting of several of recent book columns, a task which she appeared to relish and handled with elegance and speed! Joining the B on B staff will be long-time Burgh resident, **Bridget Barber**, who has had a long career in the book business. **Antoinette** reports that Bridget expects to be accompanied at the store by her dog, **Dickon**, adding yet another wagging tail to the friendly group of canine regulars at Books on Beechwood.

Stay tuned for notices of fall book signings at B on B, and check out their website for the details of upcoming Book Club sessions (www.bookson-beechwood.ca/book-club/).



Cathy and John Wenuk of Sandy Hill Construction spent time in India this summer; they are strong supporters of a hospital and research centre in Southern India.

Book Club meetings are held on the last Wednesday of the month at 7:30 pm in the Second Floor Lounge of New Edinburgh Square and you're welcome to participate on an occasional, one-off or regular basis. The first two selections on the agenda this fall are Orange Prize Winner *The Lacuna* by Barbara Kingsolver, and *The Bolter* by Frances Osborne, the saga of Idina Sackville and Kenya's notorious "Happy Valley Set".

Sandy Hill Construction

Since its incorporation in 1995, Sandy Hill Construction has been a regular advertiser in the NEN and a familiar presence in the construction/renovation business in our area. Over the past 16 years, it has evolved from a small operation serving primarily the Sandy Hill neighbourhood where it was focused largely on historical restoration projects, into one of Ottawa's leading design/build companies, with projects ranging throughout the city from the Glebe to New Edinburgh, Rockcliffe, Lowertown and Old Ottawa South.

Owner/operator **John Wenuk** began his construction career in the early 1980s on the lower mainland in B.C. After moving to Ottawa in 1986, he special-

ized in projects involving the repair, renovation and maintenance of heritage buildings in the downtown core, and eventually incorporated in 1995 to create what has become a thriving design/build company. John remains an active member and past co-chair of the Renovation Council of the Greater Ottawa Home Builders' Association, and is an enthusiastic advocate of the Council's *RenoMark* quality renovation standard for builders throughout the city.

Despite the expansion of the business from its early days in Sandy Hill, a process which incidentally took place largely through word-of-mouth referrals from satisfied customers, Sandy Hill Construction remains a comparatively small operation which takes pride in its close working relationships with clients. Its comprehensive services run the gamut from **design to structural work** of all kinds, including foundation repair or replacement, **build**, and **restoration**, with a particular specialization in the **restoration of heritage houses**, including both interior and exterior architectural details.

In all Sandy Hill Construction projects, **environmental standards** are a high priority, with particular attention devoted to

ensuring increased water and energy system efficiency; the use of environmentally benign building materials; measures to ensure clean indoor air; and the diversion of construction materials from the landfill whenever possible.

John's wife **Cathy**, a former practising lawyer, has now joined him in the business to oversee the company's financial operations, coordinate contractors and supplies, run the office and serve as a friendly personal contact for clients. In addition to their efforts running a successful business, both are strongly committed to community service activities. Locally, they are regular supporters of the Shepherds of Good Hope, while on the international scene, they partner with *Horizons of Friendship*, a community-based international development organization working to alleviate poverty in Central America and Mexico. They are also strong supporters of the *Sri Narayani Hospital and Research Centre* in Southern India's Tamil Nadu State, and have in fact just returned from a visit to the Centre in late August.

Interested readers who are contemplating a renovation project, be it modest or ambitious, can check out John's website at www.sandyhill.ca, or give the office a call

to arrange a preliminary visit (**613-832-1717**)

Burgh Business Bits

Farewell to Isobel's Cupcakes

For addicts of Isobel's remarkable cupcakes (among whom I count my entire family), it was a sad day indeed when the store closed its doors at 117 Beechwood in late September. Isobel's has now moved its retail headquarters to 1018 Wellington Street where owner **Heather Holbrook** is planning an expansion of the operation, including the addition of new product lines to complement her signature cupcakes.

We gather that successful as the business was in our neighbourhood, the premises on Beechwood were simply too limited to accommodate the planned expansion, so sadly it appears that the alluring pink and white house with its tempting aromas and mouth-watering displays has ended its days as a mecca for the sweet-toothed residents of our community. We wish Heather and her team well in their new location, and are certain the hard-core cupcake addicts in New Edinburgh and environs will find their way to her door in Hintonburg!

Continued on page 18



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**Sundays:
Prime Rib Supper**

Continued from page 17

Da Bombe Desserts

Da Bombe owner/operator **Bill Ross** reports that the restaurant has had an excellent summer with unusually brisk business, considering the traditional quiet that tends to settle over the community during lazy days of summer. Bill attributes the steady pace, at least in part, to the buzz created by Da Bombe's featured appearance on CTV's Regional Contact last May, a welcome shot of publicity that has brought curious customers to the restaurant from all parts of the region.

More recently, Da Bombe was again in the spotlight when it came second in the Dessert category of CTV News' ongoing "Best Of" contest in Ottawa. Ironically, the only restaurant to top Da Bombe's desserts was The Red Dot Café in Osgoode, an establishment whose dessert selection is supplied by...you guessed it, Da Bombe!! So in effect, Bill took both first and second place in this horse race!

Beginning in September, slow starters on Saturdays will be able to stroll into Da Bombe to enjoy **All-Day Breakfast** service, so when it's back to the grind after the summer, we can look forward to the com-

pensating treat of a relaxing start to the weekends.

Farb's Kitchen and Wine Bar: Culinary Champions!

As a footnote to our earlier story on local chef **Michael Farber's** participation in the Duelling Chefs' Challenge against the host Juniper Kitchen, we're delighted to report that Michael was one of the only challengers to actually defeat the Juniper Kitchen in a culinary "duel" on May 30, winning the day with a savoury feast featuring such ingredients as wild salmon, kosher chicken, point brisket and local asparagus. Congratulations Michael, and now that you've run the gauntlet and participated with success in a culinary competition, you can take a graceful retirement from the stressful competition scene and return to what you like best: creating imaginative gourmet fare in the familiar surroundings of your own kitchen on Beechwood!

Coming Soon: Sushi on Beechwood!

By the time this paper is in circulation, Beechwood Village will have a new eatery in operation, right next door to the Offices of Claridge Homes. At the time of my informal chat in late summer with Manager **Sue, Sushi Me** was expected to open

some time in late September following the installation of a commercial kitchen. The new restaurant will offer both take-out and eat-in service, with seating for about 30 diners at small tables and an immaculate new polished counter. As the name implies, sushi will be the dominant theme of the menu, but the fare will also include a variety of cooked food such as chicken teriyaki and other favourites. Stay tuned for more details in a subsequent issue.

New Edinburgh Pub Charity Golf Tournament

Congratulations to **Paul Williams** and the gang at the **New Edinburgh Pub** who raised \$5,000 for the Crichton Community Council at their charity Golf Tournament in July. Among the 87 participants were **Frank Tonon** of the New Edinburgh Pharmacy, competing against his son-in-law, Arturo's owner **André Cloutier**, as well as BMO Branch Manager **Adam Kane**.

Studio A Fitness

Long-time local dance and fitness instructor **Alex MacDonald** has recently launched her own business, **Studio A Fitness** at 429 St. Laurent Blvd., where she continues to offer the Stretch and Strength and DanceFit classes

which have acquired such a large and loyal following in our community over the past two decades. The new studio features a sprung floor, sound proofing and air conditioning to keep clients comfortable and injury-free, and now operates 7 days a week with both day-time and evening classes. In addition to Alex's own classes, Studio A Fitness is offering a full repertoire of activities, including Zumba, Pilates, Yoga, Ballroom, Hooping, BellyFit and Cardio and Core classes. Check out the new studio at www.studioafitness.ca or call 613-746-3909.

Fraser Café: Expansion Project Underway

Coming soon are Fraser Café's new banquet facilities which are currently under construction at 7 Springfield Road next to the restaurant. This exciting new addition, complete with its own staff and an open concept kitchen, is expected to accommodate up to 70 people, and will be available for parties, banquets, receptions and special occasions of all kinds. We hope to have more details in our December edition, just in time for the Christmas/New Year's party season!

Pure Med Naturopathic

The team at Pure Med

Naturopathic (292 Montreal Road) is delighted to announce that two new naturopathic doctors have recently joined their ranks. **Dr. Tamar Ferreira** has an Honours BSc in Biochemistry from the University of Ottawa, and recently graduated as an ND from the Canadian College of Naturopathic Medicine. She is certified in FirstLine Therapy and has pursued additional training in many disciplines including digestive disorders, endocrinology, oncology, pediatrics, and environmental medicine. While maintaining a general family practice, she has special interests in dermatology, women's health, and chronic pain management.

Dr. Jilla Kahrobaei, ND, has a BSc from Concordia University, and is also a graduate of the Canadian College of Naturopathic Medicine. She is a specialist in the use of Bowen Therapy for pain management, and undertook a pilot study to test its efficacy in the treatment of sciatica. Her other special interest is pediatric care.

Interested readers can find out more about the Pure Med team and its services at www.puremednaturopathic.com or give the clinic a call at 613-216-4661.

Dave Bagler

Ottawa-Vanier

It's time.

Dave Bagler is a web developer who serves on the board of his community association. He is the founder of the annual Sandy Hill Holiday Food Drive for which he was honoured as a 2010 Sandy Hill Volunteer of the Year. Dave believes that strong, local decision making is at the heart of prosperous communities.

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Linden House Theatre Company: More Fun in Works This October with Maugham's *The Circle*

***The Circle* by Somerset Maugham**

**Elmwood Theatre
October 20-29, 2011**

By Marlene Spatuk

With just six weeks to go to opening night on October 20, the Linden House Theatre Company is now hard at work on its fifth annual production. This year, continuing its commitment to classic comedy, the company has chosen *The Circle* by Somerset Maugham.

"We are always looking for intelligent comedy," says producer **Janet Uren**, "and, in particular, we like British plays from the early 20th century. They have the special combination of style and wit that is really fun to work with—to say nothing of elegance in costumes and set."

The Circle is set in an English country house in the 1930s. It tells the story of history repeating itself in the person of Lady Kitty Cheney. In the 1890s, she shocked society by running away with her husband's best friend. Returning to England 30 years later, she finds her daughter-in-law Elizabeth on the verge of a similar decision.

"Somerset Maugham is often called a 'heartless writer,'" says Uren. "He tends to take the position of the observer, the ironic narrator who neither judges nor engages in the action. He stands back and watches as his characters go to hell in their own various ways. What I like about this play, though, is that the characters seem to triumph over the author. They don't buy in to his jaundiced view of humanity. Still, there is that characteristic

edge of darkness that makes the play so much more than a sit-com."



Photo: Frank B. Edwards
Janet Uren in the role of Lady Kitty Cheney in Linden House Theatre's upcoming production of *The Circle* by Somerset Maugham.

Over the past five years, Linden House has gained a reputation for quality, not only in acting but also production. "I am particularly interested in the costumes," says Uren. "I am always looking for vibrant colours and rich textures. Mind you, it's a lot of work to put the clothes together, and actors don't seem to come in standard sizes. I was thinking next year that I might get all the costumes together first, and then go out and look for actors to fit."

With Uren getting busier and busier with rehearsals, she is thrilled to welcome another New Edinburgh resident to the team. "**Jane Sadler** can sew," she says, "which is more than I can. What's more, she loves clothes. And she's very

organized. When she met me to review the costumes, she immediately drew up a chart to show what we had against what we needed. My usual system relies on scraps of paper and mental notes, so clearly, this is a BIG improvement."

Linden House is marking its fifth anniversary in 2011. In the past five years, it has developed a clearer idea of the kind of theatre it wants to do. It has steadily built audiences. It has

attracted talented actors and a top-notch production team. It has also formed important alliances with the community.

"We work with a variety of charitable organizations," says Uren. "They bring us audiences and we share the revenues. Last year, we had five partners—including Elmwood School, St. Bartholomew's Church, the May Court Club of Ottawa and IODE Laurentian Chapter. Through them, we managed

to contribute over \$7,000 to various causes. I was so proud of that."

The Circle will be on stage at Elmwood Theatre, 261 Buena Vista Road in Rockcliffe on October 20, 21, 22, 26, 27, 28, 29 at 7:30 pm and on Sunday, October 23 at 3 pm. Tickets, \$25, are available online at www.lindenpro.ca, by calling **613-842-4913** or from **Books on Beechwood**. Free parking is available.

TV Stars on Stanley Avenue

Michael: Tuesdays and Thursdays

By Jane Heintzman

For the second time since my family moved to Stanley Avenue ten years ago—this time in late August—the street was again awash with the large, white, cable-filled trailers of a film crew, lined up along the block between Sussex and Thomas Streets, and snaking around the corner towards John Street.

The first occasion was in April 2004, when a television mini-series entitled *H2O*, starring Paul Gross as Prime Minister of Canada, was filmed across the bridge at Earnscliffe, the former residence of Sir John A. MacDonald and now the British High Commission.

This time, the bustling cast and crew were in the throes of filming the final episode of a new CBC half-hour comedy series entitled, *Michael: Tuesdays and Thursdays*, the

saga of psychiatrist David (Bob Martin) and his long-standing, thoroughly neurotic client Michael (Matt Watts).

Executive producers of the series are the award-winning duo, Don McKellar and



Bob Martin as David (left) and Matt Watts as Michael in the CBC comedy series *Michael: Tuesdays and Thursdays*.

Bob Martin, creators of *The Drowsy Chaperone* and the long-running, popular CBC series *Slings and Arrows*, starring Paul Gross. While I didn't actually encounter any of these luminaries in the course of their day-long shoot on August 27,

I understand that cast members included Jennifer Irwin, Martha Burns, Pablo Silveira and Sandra Oh in a guest appearance.

Filming began in Ottawa in early June, and wrapped up at the end of August with the New Edinburgh-based episode, which as far as I could gather, was shot in and around the atrium of the former City Hall on Sussex Drive at the Confederation Bridge. (A member of the crew had told me that he thought an attempted suicide scene might be in the works at Rideau Falls, but this lively rumour was quashed by a seemingly knowledgeable technician on the set.) The series debut aired on Wednesday, September 14 at 9 pm. If you happen to catch one of the subsequent episodes and find that there is something familiar about the surroundings, you're absolutely right!

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PHOTOS CREDITS (Clockwise from top left):

1. Cheering station welcome, by Garth Gullekson.
2. Lumiere 2011 in Stanley Park, photo courtesy of Lumiere Festival.
3. New Edinburgh Community Picnic volunteers, by Louise Imbeault.
4. Garage Sale on MacKay Street, by Bruce McLaurin.
5. NEN in London, by Kathryn Sabetta.
6. Serving up hot dogs at the Community Picnic, by Louise Imbeault.
7. Garage Sale scene, by Bruce McLaurin.
8. New Edinburgh Cheering Station, by Garth Gullekson.
9. Community parade to New Edinburgh House, by John Arnold.
10. Storm Damages car on Stanley, by Oksana Smerechuk.
11. Face painting fun at the Community Picnic, by Louise Imbeault.
12. Her Excellency Sharon Johnston displays the New Edinburgh cake at the IODE House and Garden Tour Tea, photo courtesy of IODE.

es in the Burgh...



3



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5



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A New Home and Fresh Start for the Community

Since the time of our last report to the NEN last June, the picture has changed dramatically for the CCCC, swiftly morphing from the near mortal blow of losing our bid for 200 Crichton, to the emergence of a golden opportunity which presented itself across Avon Lane at the MacKay United Church Manse and the Memorial Hall, where we have now re-established our operations in time for the launch of a full slate of fall programming.

In late July, the CCCC released a *Message to the Community* signalling the progress of negotiations with a team from MacKay United towards an arrangement that would allow the Centre to occupy the Manse, now dubbed **New Edinburgh House** reflecting its new role as the community home, and to run programming in the Memorial Hall beginning in September. The longer-term intent of the arrangement entails the CCCC's even-

tual purchase of the Manse for use as a community and arts centre, and a long-term (5 year, possibly renewable) leasing of Memorial Hall for community programming, events and activities.

Stage One of the process came to a successful conclusion on July 17, when the MacKay United Church congregation passed a Resolution approving a plan to lease the Memorial Hall to the CCCC from September 1 to December 31, 2011, with a view to a future 5 year lease, and to rent the Manse to the Centre for the same period until the financial and legal details of a formal purchase agreement have been confirmed by both sides. When we went to press in September, steady progress was being made in discussions towards the confirmation of short-term leases and longer-term arrangements, thanks in part to a refreshing abundance of goodwill and sense of common purpose on both sides.

Elsewhere in this edition, **David Crenna**, a key member of the MacKay United Implementation Team, has provided an excellent account of how all this came about at warp speed, and at such a uniquely opportune time for the community. As David notes, we are particularly indebted to **Ernie Smith** for his keen eye for opportunity, and for starting the ball rolling towards this timely collaboration. Ernie has an especially close connection to the project as a member of both the NECA Board and the MacKay United congregation, as well as close ties to the residents of Hummingbird House, the former inhabitants of the

Manse.

Preliminary discussions between NECA and MacKay United led swiftly to full-fledged negotiations with the soon-to-be-homeless CCCC, initially led by the Centre's entrepreneurial dynamo **Colin Goodfellow**. Subsequently, follow-up throughout the summer involved our hard-working negotiating team, **Johan Rudnick, Carol West** and **Ellen Goodman**. Suffice it to say, it has all come together with record speed, and although at press time, an infinite number of details remain to be worked out related to leasing arrangements; property severance; change of use application; regulatory approvals of all descriptions; protocols for sharing of space and countless other nuts and bolts, we can safely say that if "the devil is in the details," we have found the ideal partner to keep Beelzebub at bay!

In late August, the community marked a final farewell to 200 Crichton and moved on to a celebration of our new home at New Edinburgh House (NEH), gathering for a festive parade led by a tuneful piper, and a lively reception on the lawn of NEH where **Heather Matthews'** glorious house-shaped lemon cake proved a highlight of the afternoon. **Marta Reyes Lipman** and **Paula Thompson** have provided a full account of the event in this issue, but the Board would like to extend special thanks to its chief organizers, including Marta, Paula and other members of the **Parents' Steering Committee**, and our indefatigable new Board member **Isobel Bisby**, whose energy

and enthusiasm for our new project has been invaluable throughout the transition process, and continues unabated in our early days this fall.

Following a successful **Open House** event at NEH on September 10, programming was launched in the week of September 12, with activities ranging from our traditional fitness, wellness and yoga classes, to a range of arts, general interest, family and children's programming. Interested readers will find a full report on CCCC programs included in this issue, with details also available on the website at www.crichtonccc.ca or at the Office (613-745-2742). At the time of writing in September, we are on the point of installing an eagerly-awaited sprung floor in the Memorial Hall to accommodate our high energy fitness and dance classes, and to keep participants safe and comfortable. Special thanks to our Board member and highly prized fitness instructor **Sharon Collins** for her hard work in researching the options for the sprung floor and arranging for its installation.

We have especially high hopes for the development of new programming this fall, as our recently appointed **Programming Committee Co-Chairs, Isobel Bisby** and **Paula Thompson**, are preparing to launch a new season, and reaching out to a wide range of groups in the community from parents with young families to seniors, the church community, fitness and wellness instructors, the Crichton Community Council (CCC), MainWorks'

Continued on page 24



Left to right: John Jarrett, Dianna Bates, Corinne Nieuwburg, Anne Alcorn, Frances Caswell-Routhier and Wendy Simmons.

MainWorks Artists Invite You to New Edinburgh House

Mainworks Artists would like to inform the public of their new studio location, on the second and third floors of New Edinburgh House, at 255 McKay Street.

They would also like to extend an invitation to their annual **MainWorks Open House** being held on Friday November 4, from 5-9 pm, Saturday November 5 and Sunday November 6, from noon - 5 pm.

Please join these talented local artists in celebrating their new vibrant location, and enjoy some of the fine works of art by MainWorks Co-operative members: **Anne Alcorn, Diana Bates, Alberta Dickson, Pat Fyfe, John Jarrett, Pierre Lagalisse, Corinne Nieuwburg, Susan Parisien, Suzannah Robertson, Frances Caswell-Routhier, and Wendy Simmons.**

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Fall Programs

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for upcoming programs, or contact us at 613-745-2742 or
communitycentre@rogers.com, or drop by
New Edinburgh House at 255 MacKay Street for
a copy of our current program guide.

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Drop-in fee: \$20/class
Register through 4Cs.

IN THE BEGINNING THERE WAS PLAY – LETTING GO OF SHOULD

Suzanne Valois

Set aside the inner critic and rediscover your inner child who longs to laugh, have fun, make a mess and discover new things. Enter into a time of approaching the world with child-like wonder and emerge feeling uplifted and renewed as you explore the

importance of play through art making, movement, writing, music and voice.

Tues 1:00 – 3:30 PM
Oct 25 to Nov 22 (5 wks)
Fee: \$110
Register through 4Cs.

FIGURE DRAWING & PAINTING WORKSHOP

John Jarrett

In this workshop, participants work in a variety of media... pencil, charcoal, pastel, water based paints or oils... the choice is up to the individual. Easels are provided. There is no instructor in this workshop. The learning is in the doing and in the exchange of ideas among the participants. This is an extended pose workshop. The model starts each session with five short warm-up poses followed by an extended pose. Beginners are welcome.
Wed 9:30 AM – 12:30 PM
Nov 9 to Dec 14 (6 wks)
Fee: \$50
Please contact John Jarrett for information and registration at 613-594-0182 or jwjarrett@sympatico.ca.

UNFOLDING THE MYSTERIES OF WELLNESS

Bonnie Kyle HBSW

How often do you get confused by the overload of information regarding "wellness"? There are Wellness Centres, Wellness counsellors, Wellness magazines, books, nutritionist, fitness, and wellness yoga to mention a few! But what is Wellness? And, why is overall wellness important? Then, how do you get to that destination or is it a journey? Through a series of discussions/lectures intent on exploring the definition of wellness, reviewing new information regarding Body Mind and Spirit we will address these questions. The intended outcome is for participants to leave with a greater understanding of what Wellness means to them individually along with providing tools regarding how to choose what programs are the best fit for them.

Wed 1:00 – 3:00 PM
Oct 26 to Nov 16 (4 wks)
Fee: \$160
Register through 4Cs.

COFFEE CLUB

Give your week a kick-start! This is a wonderful chance for adults to get together to network, catch up on neighbourhood news, find out about opportunities available in the area and much more. Speakers or demonstrations on topics of interest to the group can be arranged as the group will be mostly self-directing. Coffee is available and unless there is a speaker, the morning is free.
Mon 9:30 to 11:00 AM
Ongoing to Dec 12
No meeting on Oct 10
No registration required.

Yoga

IYENGAR YOGA

Karin Holtkamp

Practising Iyengar yoga helps to build mobility, stability and strength physically as well as mentally. A variety of yoga asanas (postures) will be explored while paying attention to correct body alignment. When practising with awareness, the effect of the asanas deepens, promoting good health and well being. Please inform your teacher if you are working with injuries or health restrictions.

Tues 6:30 – 8:00 PM All Levels
Sept 13 to Oct 23 (7 wks)
Nov 1 to Dec 13 (7 wks)
Thurs 9:00 – 10:30 AM Level 1
Nov 3 to Dec 15 (7 wks)
1 class/week: \$84
2 classes/week: \$140
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Michael Burlacu

The Open Class is an intermediate level 60-minute long class,

covering basic postures, breathing techniques and relaxation. Whatever your level, you will find that the instructor has the ability to accommodate you by always including a variety of options for each posture or practice. Because there is no competition in Yoga, not even with yourself, you will learn to enjoy much more than just a healthy body and mind from the practice.

Tues 6:30 – 7:30 PM
Oct 25 to Nov 29
Fee: 6 weeks: \$70
Drop-in: \$15
Register through 4Cs.

Family Programs

ADULTS WITH BABIES DROP-IN

A chance to get out, socialize and talk about parenting issues. Coffee is available and members are encouraged to bring along some baked goods to share. If the group is interested, guest speakers can be invited.
Tues 9:30 – 11:00 AM
Ongoing to Dec 6 (12 wks)
No registration required.

ME AND MY MOM/DAD

Suzanne Valois

Spend an evening with your child immersed in creative activities that will draw you together. Experience each other's imagination in a relaxed playful setting with lots of one to one activities. Discover your individual and combined creative selves through movement, writing and art making. It's a shared experience of letting go and letting in the love you share. Children ages 8 to 12.
Thurs 6:00 – 8:00 PM
Oct 27 to Nov 24 (5 wks)
Fee: \$185 per pair /per session

Register through 4Cs

LAZY SUNDAY SESSIONS: CREATING TOGETHER

Suzanne Valois

Enjoy themed workshops once a month that allow you to bring the whole family for an art making adventure. Is there a better way to spend part of the weekend than with community, having fun? Some weeks we'll concentrate on a group project while others will be personal take home projects. Register by family, numbers limited due to space, it could get messy so supervision of your own children is required!
Sun 12:30 – 2:30 PM
Oct 23, Nov 20 and Dec 18 (4 wks)
Fee: \$25 per family per class
Register through 4Cs

Children's Programs

SPILLING OPEN – A CREATIVE WRITING ADVENTURE FOR GIRLS AGES 8 – 12

Suzanne Valois

Spilling open is all about finding our own voice and using it to tell our stories, our ideas, our hopes and our fears.

It's about playing with words to create poems, stories and songs: and about bringing those words to life through the use of paint, pastels and collage. In this five week adventure, we will be poets and painters, writers and artists exploring the corners of our imaginations and finding fun ways to let our stories be heard.
Mon 6:00 – 8:00 PM
Nov 7 to Dec 5 (5 wks)
Fee: \$132
Register through 4Cs.

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artists and the Lumière team to come up with fresh ideas and plans for responding to the needs and interests of the community in the months ahead. Keep an eye on our website or drop in to New Edinburgh House to find out about upcoming events and activities, or to contribute bright ideas of your own!

As anticipated in our *Message to the Community* in July, we're delighted to report that our longstanding association with the **MainWorks Artists Co-operative** has continued unabated in our new home in New Edinburgh House. With 11 of our previous contingent moving with us to studios on the second and third floor of the house, most are already happily ensconced and at work. While their quarters are considerably less spacious than those at 200 Crichton, the rooms are bright and cheerful, and the tranquil, leafy view from their windows

will, we hope, be an inspiration to their creativity!

Also joining us at New Edinburgh House are the Lumière team, and Artist-in-Residence **Scott Florence's Company of Fools**, who for the moment are housed in a small 3rd floor office, but who are also enjoying the incalculable benefit of significant storage space for festival and Fools-related paraphernalia in the large basement of the house. Congratulations to Scott and his team for orchestrating an extremely successful series of events for the 2011 Lumière Festival, capped by a magical Evening of Light Celebration on August 20th, which drew 8000 people to Stanley Park to take part in the festivities.

**Thanks to Our Staff:
Conquering Mission Impossible**

Special thanks to our immensely hard-working staff team, **Lynda Hall**, our



Photo: John Arnold

Emcee and New Edinburgh resident Jack Horwitz addresses the crowd at the official opening of New Edinburgh House on August 27, 2011.

Transition Project Co-ordinator, recruited this summer to take on the daunting task of helping the CCCC to "Get Out; Get In and Get Rolling", **Director of Programming Susan Ashbrook**, and our **Administrator Kiki Cliff**.

Together they managed, against all odds, to accomplish the impossible, ensuring that the second floor of 200 Crichton was left entirely empty and in pristine condition by the last day of August (a condition which was critical to the timely payment of the CCCC's share of the proceeds of the sale), and at the same time orchestrating the move into New Edinburgh House not only for the CCCC, but also for MainWorks and Lumière; working out myriad arrangements with MacKay United; and successfully launching a full slate of fall programs in both NEH and the Memorial Hall by the second week of September. An extraordinary achievement by any standards!

Needless to say, the task is ongoing as we find our feet in our new facilities and work out the kinks in the coming weeks. It is no exaggeration to say that Lynda, Susan and Kiki made possible our collective aim of achieving this whirlwind transition without missing a beat. Well done and thanks to you all!

Another special vote of thanks goes to all the MacKay United negotiators, including **David Crenna** who has been tireless in his efforts to advance the process, coping daily with

a morass of regulatory, legal and nuts-and-bolts detail with unflappable efficiency and remarkable good humour, and making every effort to help the CCCC meet its target date of September 12 for the launch of programming. In the months ahead, we look forward to continuing to work with David, his hard-working and capable colleagues **Gordon Peters, Susan Pitt, Alan Bowker** and all the other members of the wonderful MacKay United Implementation Team. We are extremely grateful for their immense contribution to the early stages of this ambitious project.

Fresh Faces on the CCCC Board:

Along with the recent dramatic changes in the life of the CCCC have come changes in the composition of our Board. This summer, we said farewell to longstanding Board members **Carol Burchill** and **Martin Clary**, both of whom have devoted countless hours to the work of the Centre and who will be greatly missed as we start a new chapter in New Edinburgh House and Memorial Hall. Indeed, there have already been numerous occasions on which we have felt keenly the loss of Carol's competence, grace, warmth and positive spirit, and regretted the absence of Martin's skills in the design of our new business plan, not to mention his handyman's prowess in sprucing up our new headquarters!

But on the bright side, the

Board has acquired some energetic new talent, with **Isobel Bisby** and **Sean Flynn** joining us as full Board members, and **Marta Reyes Lipman, Paula Thompson** and **Robert Gould** signing on in *ex officio* capacity. As many readers know, Isobel is a dynamo on the community programming front, with strong ties to the Parents' Steering Committee and longstanding membership on the Crichton Community Council. In addition to playing a crucial role as a support to our staff through the transition this summer, Isobel has plunged right in as new Co-Chair of our Programming Committee. Sean too has taken a leap "into the deep end", serving as a lynch pin in the handling of the myriad practical and regulatory details to be worked out in our new facilities, and strengthening our ties to the community of parents of young children.

Paula and Marta have both been leading members of the Parents' Steering Committee, and are a welcome source of new energy and ideas, as well as much needed expertise in the realm of communications. Paula joins Isobel as Co-Chair of our Programming Committee. We look forward to Marta's help in the design and implementation of a new Communications Strategy to keep us more closely connected to the community and better positioned to engage area residents of all ages and interests in the life of the Centre.

Robert brings to the table his background in the legal profession, an expertise which has long been absent on our Board despite the legal morass in which we have frequently found ourselves over the course of the past decade. We look forward to his assistance in guiding us through the next stages in the ongoing process of consolidating arrangements with MacKay United.

Needless to say, the core group of CCCC Board members who started it all nearly twelve years ago are still working tirelessly to take on the new challenge in New Edinburgh House and Memorial Hall,

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Cartoon by Heather Mathews

Creation of New Edinburgh House and New Life for Memorial Hall

By David Crenna
MacKay United Church
Implementation Team

The former MacKay United Church manse at 255 MacKay Street has recently been reincarnated as "New Edinburgh House", and the Crichton Community Cultural Centre (CCCC) has arranged to share the use of Memorial Hall on Dufferin Road for community programming. Both are very welcome developments for MacKay United Church and for the wider New Edinburgh community of which our Church is a long-standing member.

It was serendipity that the CCCC needed to find a new home just as MacKay United Church was in the process of selling its manse. Based on comments received by our Implementation Team, members of the congregation are very pleased indeed that the CCCC intends to use this heritage building as a focus for community, cultural, recreational, organizational and other activities. They are also delighted that the CCCC will be using available space in the Memorial Hall of the Church much more intensively. This will greatly expand its range of uses and value to the surrounding neighbourhood.

When MacKay United learned, from NECA board member **Ernie Smith**, that the CCCC was unable to pursue the previously planned purchase of 200 Crichton Street, we quickly approached them by way of **Joan Mason**, President of NECA, to explore opportunities for cooperation. Then it all came together very quickly from the end of May onward, with everyone on both sides working very hard to make it happen by the beginning of September.

We were especially fortunate that a number of people who attended MacKay United, including Ernie Smith, were also active in NECA and helped in the collaboration process by

establishing links and building trust. It also turned out that several members of our negotiating team had past or current connections with individual members of the CCCC Board of Directors.

We are also fortunate that some of the key programs that the church has been supporting with space are very compatible with program offerings of the CCCC and can be continued by them. These include the Taylor School of Irish Dance, the New Edinburgh Players and the MacKay New Edinburgh Playgroup. Of course, the Church will be continuing its own outreach programs in the shared space, and in particular "High Horizons", a regular Tuesday program for adults with disabilities.

Of course, there have been some inevitable challenges in working out exactly how to manage the Memorial Hall space jointly, but we have worked well together to sort these arrangements out in record time for the CCCC target start date of September 12. Credit should go especially to **Lynda Hall** and **Kiki Cliff** on behalf of the CCCC, who worked closely with **Susan Pitt** and **Norma McCord** of MacKay United to clear the Memorial Hall of years of accumulated "stuff".

Both organizations have been very fortunate indeed to have had the active cooperation of the tenants of the former manse during July and August. They facilitated everything from the early contacts between

MacKay United and the CCCC to their move out of the manse by August 15, well in advance of what is normally called for under Ontario Landlord and Tenant legislation. So we are very grateful to our former tenants and to **Hummingbird House** for graciously agreeing to move, and to re-establish themselves nearby at 204 Stanley Avenue.

By the time this edition of the *New Edinburgh News* is in circulation in early October, if all goes according to plan, the CCCC will be well established in New Edinburgh House, with programming launched and the Memorial Hall fitted up with a new sprung floor to facilitate dance and fitness classes. You will hear more about these welcome developments from the CCCC in these pages.

All in all, this is an exciting new venture for both organizations! Short-term leases have now been signed for the manse and the Memorial Hall. Over the coming months, we fully expect to complete negotiations between the two organizations leading to the sale of the manse to the CCCC and a long-term shared-use agreement for the Memorial Hall. A certain amount of non-sanctuary space in the church building itself may also be included.

Beyond that, we are hoping for synergies between the community organizations and the Church, as well as funding partners, over the longer term leading to programs and events we have not yet even imagined: a good news story indeed!

picking up where we left off with the loss of 200 Crichton and pulling out all the stops to make the new project a success for the community. Special thanks to **Ellen Goodman**, **Johan Rudnick** and **Carol West** for their extraordinary dedication, their resilience in the face of daunting challenges, painful reversals and a formidable workload, and their admirable commitment to the ideal of a vibrant community and arts centre that brought the CCCC into being at 200 Crichton all those years ago.

Finally, a word of thanks to all of our supporters in the community, without whom we would long since have folded our tents and withdrawn from the scene. We are deeply grateful for their expressions of encouragement and support as we embarked on this new venture at the beginning of the summer. We extend our thanks to those who provided interest free loans to help us bridge the gap between the start of the transition process and our receipt of payment of the proceeds from the sale; those who participated in the Farewell/Celebration event on August 27 and in the Open House on September 10; those who came

forward to offer assistance with the move; and those who have signed up for classes in our new digs and are helping us inaugurate the new facilities.

Special thanks also to **NECA** and the **Crichton Community Council** for co-signing a letter to our Councillor Peter Clark, expressing support for the New Edinburgh House/Memorial Hall project and underscoring the need for such a facility in our community; to the **MacKay United Church community** for their many kindnesses, and their consistently generous-spirited, helpful and welcoming approach in their daily dealings with the CCCC; to the **Manor Park Community Council** for their encouragement, moral support and beautiful welcoming bouquet of flowers saluting our arrival at New Edinburgh House; and to our political representatives, **Councillor Peter Clark** who has taken up our cause at City Hall; **Madeleine Meilleur**, our loyal MPP (and an enthusiastic participant in our August celebration event!); and **Mauril Bélanger**, our MP.

It's a brand new chapter in the history of the CCCC and the community, with a story just beginning!

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By Cathy McConkey

Well, I can hardly believe it is September again and we have to start thinking about cooler weather coming, not to mention all the leaf raking that it brings. I hope that everyone had a lovely summer.

We have had a very busy season at the fieldhouse this year with all our events and activities. First, I'd like to mention the **Marathon Cheering Station** that took place on May 24. Once again, New Edinburgh was voted THE BEST CHEERING STATION. Thank you to all who came out to help with the cheering; it was a particularly hot and humid morning that day so we really appreciated the neighbourhood's involvement. I also want to thank **Joseph Cull** for organizing this annual event.

In July, we hosted our annual **New Edinburgh Community Picnic** and couldn't have asked for a more beautiful day. Lots of neighbourhood families turned out to hear energizing music, run races, have their faces painted and make bubbles. Other activities included eating—hot dogs, watermelon and freezies—and enjoying the splash pad. Even **Mayor Jim Watson** dropped by to hand out race ribbons. Many thanks to the day's volunteers who helped pull it all together: **Carol Geller, Mammoud, Roya and Donya Taghizadeh, Isabelle, and Harmony**, as well as Crichton Community Council (CCC) members **Cathy McConkey, Michel Giroux, Helene Cohen, Jill Hardy, Stephanie Monteith, and Caroline Matt**. A special thank you goes to the

Clocktower Brew Pub for generously donating the hot dogs and condiments, and to **BoomBox DJs** for supplying the music. Congratulations to the winners of the races: **Aiden Morrison, Norah DeWolfe, Henry McLeland, Christian Henningson, Sam Jacouty, Aaron V., Harvard Matt, Freda Springfield, Olivier Belanger, Paige Hardy, Jill Hardy, Sara Monteith-Adams, Vincent Farmer, Clare McLeland, Alicia Gombos, Emma Farquhar, Rebecca Lipman, Kita Springfield, Meghan Hardy, Desmond Lyons, Hale Abbott, Penelope White, and Zoya Thompson-Arnold**.

With the help of a Canada Summer Jobs grant, the CCC was able to once again hire a summer student and open the building and the snack bar for 30 hours every week. Local resident **Donya Taghizadeh** proved to be a great choice as Fieldhouse Manager. She quickly established a rapport with local kids and could always be counted on for a

game or a freezie. We would like to thank Donya for all of her hard work and wish her

One more very important acknowledgement, the CCC has always been very grateful to the **New Edinburgh Pub**. Throughout the years owners **Paul and Tracy Williams** have been very generous in supplying the council with hot chocolate for the skaters at the rink and hot dogs for the Winter Carnival. This year, Paul and Tracy out did themselves and chose the council as beneficiary of the annual charity golf tournament for a second time. We were absolutely thrilled and delighted when we received the cheque and want to thank Paul and his golf teams for their generous donation. We cannot thank Paul and Tracy enough for their continued generosity



Photo: Louise Imbeault
Bianca Gittens (local fashion model) with Matthew Michaud (BoomBox DJ).

a successful first year at the University of Ottawa.

Garage Sale Draw Prize Winners

On behalf of the Crichton Community Council I would like to thank all the merchants listed below for their very kind donation to our event. To the garage sale participants who won the draw prizes, I would like to thank you for your donation to the council and hope that you enjoy your prize. Also, to all the other garage sale participants who did not win a prize, I would like to thank you for your donation and wish you all good luck next year!

Merchants

Isobel's Cupcakes and Cookies
Metro

Books on Beechwood
Fraser Café
Mood Moss Flowers
New Edinburgh tartan scarf
Details Home Apparel
Bridgehead
Da Bombe
Jacobsons
Physical Therapy Institute
New Edinburgh Spa
42 Crichton
Beechwood Village Chiropractors
Bread and Roses (6 x \$5.00)

Prize Winners

Gord Lovelace (MacKay St)
Marie Mullally and others (MacKay St)
Gillian Holt (Putman Ave)
Jennifer McKeen (Union St)
John Jarrett (MacKay St)
Dave Harris (Crichton St)
Diane Culver (River Lane)
Mr. Mann (Crichton St)
Sandra Lavigne (Crichton)
Marie Montpetit (Ivy Cres)
Warren Hall (Ivy St)
Julie Smyth (Queen Vic)
Peter Honeywell (Crichton)
Jason Blair (Stanley Ave)
Christine Plouffe (Union St)
Gouadec (Noel St)
Sam Grabner and Debra Conner (Ivy Cres)
Martha Markowsky (Crichton St)
Jacqueline Parent (Ivy Cres)
Mike MacPhee (Ivy Cres)

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- AAA filet mignon with five-peppercorn sauce with Armagnac and Roquefort butter
- Duck confit spring roll with caramelized onions, cassis syrup and exotic fruit salsa
- Trio of crème brûlée: basil, mango and lychee, rum and blueberry

and support of the council.

And finally, the CCC would like to thank all those who donated 10% of their proceeds from this year's **New Edinburgh Garage Sale**. For the first time we introduced the idea of draw prizes as an incentive to have the envelopes returned sooner. It worked! Take a look at the list to see the draw prizes and the recipients. The garage sale is a key fundraiser for us, so please drop off your donation envelope at either 137 Stanley Avenue or 369 MacKay Street, or contact me at 613-746-0303 and I will be happy to pick it up from you. Don't be shy, there's still time.

Looking forward to our next events? That would be the **Halloween Howl** and the **Pumpkin Parade**. The **Howl** will be held **Sunday, October 30, from 3 to 5:30 pm**, for kids aged 0 to 7 years. Bring your little ghosts and goblins, witches and warlocks and parade through the street, do some crafts and play games.

And new last year, we thought we would try it once more, is the **Pumpkin Parade**, held this year on **Tuesday, November 1 at dusk**. Bring your carved pumpkin to the Fieldhouse for one more show.



Photo: Garth Gullekson
New Edinburgh was chosen for the fifth year in a row as "THE BEST CHEERING STATION" in the City of Ottawa during the Ottawa Race Weekend.

We gather them up and create a visual display representing all the talented carvers in the neighbourhood. Watch for details!

Crichton Community Council meets every second Monday of the month at 7:30 pm in the Fieldhouse. If you are inter-

ested in joining or volunteering please drop by or call me at **613-746-0303** for more information.

The Fieldhouse is available for rent for your next event. Please contact **Jill Hardy** at **613-746-1323** to reserve in advance.

Letter of Thanks to New Edinburgh Cheering Section

I have done many events of various distances, triathlons, 5 km, 10 km, 1/2 marathon; I always walk the run portion and I am always at the tail end of the pack...this was my first marathon. My original goal was to finish in 8 hours or less. Then I had some training issues, a lingering injury from a 30 km event in March...my new goal was to make it to 35 km and finishing would be a bonus.

The first 18 km or so were pretty good, a little rain lots of people...some bands playing...the runners looping back around. Then the rain started to get worse and I knew the worst part was coming up—the long straight boring parkways...there were empty entertainment tents here and there, water tables with a couple of people left to tend to the late-

comers...I was still on pace but not sure that I really wanted to continue down this lonely road...my friend with three little kids was not able to stay out long enough at km 27 to see me go by—can't blame her with the rain and all. At that point, I decided I should take stock of the situation and start thinking about whether or not I was going to finish this event. I looked at my watch—I was still pretty much on pace...but I still had 15 km left. One song at a time I said to myself, one song at a time. Then I rounded the corner onto Stanley and saw the Subway arch; I saw a few people on the side of the road and I heard a voice... I took off my headphones, as I realized the voice was talking to me. I was blown away...you were still there. You waited until the very end. I waved

and interacted, I thanked those who were there for still being there. It meant soooooo much that you were there for so long. I decided that I was going to finish the event pretty much at that moment. If you could stay out there and wait for the very last person to go through, then I was going to take that energy and commitment with me to the finish line.

I finished in 7:46—the furthest I have ever walked. I decided right then that I had to find a way to let you know that you made a huge difference in my completing my first marathon. Those [at the front of the pack] barely notice you...the people in the middle notice you...the people toward the end appreciate you...those of us trailing behind the pack need you!!!! I cannot thank you enough.

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Nicolas Côté (fourth from left) and the rest of the Kids Helping Kids ensemble perform for a cause. Over the past five years, they have raised over \$21,000 for the Peaceful Children's Homes, two orphanages in Cambodia

Concert: Kids Helping Kids

Nicolas Côté

I would like to invite the entire community of New Edinburgh to a fundraising concert in which I will be performing with a team of accomplished young musicians between the ages of 13 and 17. The concert will be held on **November 6 at 4 pm at MacKay United Church** (corner of Dufferin and MacKay). All proceeds will go to help support the Peaceful Children's Homes in Cambodia.

The young musicians who will be performing at the concert are active participants in other musical ensembles in Ottawa. Several performers are members of the Ottawa Youth Orchestra. Many are also prize winners at the Kiwanis Music Festival. The concert repertoire

will include works by Vivaldi, Bach and other classical composers.

This is the sixth fundraising concert organized by Kids Helping Kids. The organization is made up of young musicians from Ottawa who work to support the Peaceful Children's Homes, which provide a warm, loving home environment for 166 Cambodian children orphaned by AIDS or the sex trade. I was fortunate to perform in the previous four concerts. Thanks to the tremendous support of the community and the greater city of Ottawa, we were able to raise \$4,000 at each event. This money was used to buy rice, seeds and tools; the children grow much of their food themselves.

I hope that you can join me and the other young people involved in this event for a wonderful afternoon of music. After the concert, there will be a reception with delicious desserts and a silent auction. Tickets are \$15 for adults and \$5 for children, and are available at **Books on Beechwood** and the **Leading Note** (370 Elgin Street). Space permitting, tickets will also be on sale at the church door.

If you have any questions, please send an email to nrbcode@gmail.com or call (613) 730-2712. If you are unable to attend the concert but would still like to contribute to this youth initiative, you can also make a donation at www.khk-es.ca.

Lyrical? Tempestuous? Vibrant?

By Sheryn Sauvé

These are just a few of the adjectives describing the music that Ottawa concert pianist Parvaneh Eshghi plans to perform on Friday, November 4, 2011, at the second concert of MacKay United Church's 2011-12 Chamber Music Series.

The seeds for Parvaneh's career began when her parents exposed her to classical music, at a very young age, by playing it in the car. After they bought her a toy piano, Parv immediately began playing melodies that she remembered from the car. There was no choice for her parents but to enroll her in piano lessons!

A student of renowned Canadian pianists Jean-Paul Sevilla, Andrew Tunis, Louis-Philippe Pelletier, Richard Raymond and more recently, Jean Desmarais, Parv's aspirations lie in reaching the height of creativity and freedom, while at the same time respecting the composer's personal and stylistic intentions.

Parv believes all of her piano teachers have inspired and impacted her musically. She considers herself very lucky to have connected with exceptional and generous musicians, who have helped her discover and perfect the musician that she has become today. Each went beyond the necessary requirements and inspired her to seek pure artistry, expressing not only the piano, but music, art, life. She has worked with highly individual and imaginative artists, who challenged her to strive beyond boundaries, tapping into her own unique, creative voice. "In short, they

never imposed any limitations in my education but allowed me to be free to explore. What a gift!"

Parvaneh is generally fond of a variety of music and loves to play all styles and composers. However, when she listens to music, she especially enjoys hearing French composers such as Fauré, Ravel and Franck. "There is something about modal writing which really tugs at my heartstrings and inspires my imagination. The Fauré Nocturnes, for me, are the most exquisite gems!" In Parv's opinion, Franck's *Prélude Chorale et Fugue* is one of the greatest, most gorgeous and monumental works ever written for the piano.

Parvaneh hopes to bring a more relaxed atmosphere to the classical music scene, where imagination, originality and open communication thrive, while, at the same time, maintaining utter devotion to the music score and its specific performance practices. She strives to learn music from all eras, as well as interpret diverse works with exceptional authority and conviction.

MacKay United Church is privileged to benefit from having Parvaneh as its music director. She remains active with many solo and chamber performances throughout Ottawa, such as recently playing for *Carmen on Tap*, an exciting modern rendition of the opera, directed by Brent Krysa, starring Julie Nesrallah, Maghan McPhee, Steeve Michaud and Benjamin Covey.

In choosing her repertoire

119

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for the concert, Parvaneh says: "These are all pieces I absolutely love." She will open with *No.1 Prelude and Fugue in E minor* by German composer Felix Mendelssohn from his Op. 35, *Six Preludes and Fugues*. Parv seldom sees solo piano Mendelssohn performed in concert and thought it would be a great opportunity to present a composer who writes beautiful lyrical melodies in the manner of Schubert/Chopin but with the contrapuntal sophistication of Bach.

The second choice for the evening, *Kreisleriana, Op.16, Phantasien für das Pianoforte*, by German composer Robert Schumann, is a work in eight movements written in 1838. *Kreisleriana* is considered to be one of Schumann's finest compositions. Parv chose the *Kreisleriana* "because it is tempestuous and relentlessly passionate throughout, a nice contrast to the Mendelssohn".

Finally, Parvaneh had to include Argentinian classical

composer Alberto Ginastera, not only because of his skillful mastery of the polytonal/quartal language, but also because of the rhythmically exciting writing, which Parv has "a very soft spot for!" She will close with *Sonata No.1 Op.22* written in 1952 for the Carnegie Institute and Pennsylvania College for Women.

Come away inspired by the music, wanting to know more about these great composers, and seeking further inspiration. Join us for Parv's concert at 7:30 p.m. on Friday, November 4, 2011, at MacKay United Church, Dufferin Road and MacKay Street, followed by a reception. Tickets: available from Books on Beechwood, at the door or by calling 613-749-8727; cost \$20 for adults, \$15 for students and seniors. For more information visit www.mackayunitedchurch.com.

The MacKay series will continue Saturday, March 10, 2012, at 7:30 pm featuring musicians Julie Fauteux, Associate

Principal Horn of NACO, and pianist Jean Desmarais. The final concert of the 2011-12 series will take place on Sunday, May 13, 2012, at 7:30 pm with Leah Roseman, Mark Friedman, Sally Benson, Leah Wyber and Margaret Tobolowska with their performance of Schubert's *Cello Quintet*.



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Ottawa concert pianist Parvaneh Eshghi will perform at MacKay United Church on Friday, November 4, 2011, as part of their Chamber Music Series.

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Going For Gold: Rockcliffe Book Fair Celebrates 50th Anniversary



50th Book Fair Nov 4-6

By Sarah Baxter

It is a bond shared by hundreds of women and men who have made the neighbourhoods around Beechwood home—volunteering for the annual Rockcliffe Book Fair, which turns 50 this fall.

Now into their third generation, the volunteers who have made the annual fundraiser one of the biggest book fairs in Ontario are poised to do it again this year. Last year, volunteers contributed more than 3,500 hours of their time, sold 35,000 used books, setting new records for sales. Proceeds from Book Fair support pro-

grams at the public elementary school, as well as literacy programs in other Ottawa area schools.

The Fair goes on...

It hasn't been without drama. The FLQ crisis in 1970 and the H1N1 influenza outbreak two years ago almost forced the Fair's cancellation. There is also the general decline in the publishing industry that many expected would have long quelled the market for books. But, despite these challenges and others, Book Fair has not only survived but thrived.

So it's time to celebrate. Please join our community for "Going For Gold", which looks back on the past half century and looks ahead to the next. This year, there will be a **Gala Reception** that will take place on **October 14** in Queen Juliana Hall, the home of Book Fair. Tickets are \$25.

There will also be a silent auction, all to raise money for Book Fair beneficiaries. And, to mark the 50th, a new tradition: the annual **Ravenous Reader Award**, a tribute to

the community spirit inspired by **Jane Dobell** and **Joan Askwith**, who together spearheaded Book Fair through the first two decades and built the foundations on which it has grown.

Mrs. Dobell and Mrs. Askwith are just two in a long line of volunteers who have made Book Fair and our community great. This year, volunteers are needed to make Book Fair's big "five oh" the best one yet. Everyone is welcome, including high-schoolers looking to fulfill their volunteer requirements. Book sorting and storage are going on now and continue right up to November; and, of course, help is always needed during Book Fair, with the set up, the Fair itself and the tear down. Contact rockcliffeparkbookfair@gmail.com and let Book Fair know how you can help.

Donations would be most appreciated for the silent auction and can be arranged by emailing Book Fair. Book donations are always welcome in the bin at the front of Rockcliffe Park Public School.



Rockcliffe Park Library Fun Day Coming Up

By Caryn Kewell

Want to see the latest Harry Potter movie? How about reading that amazing Canadian novel everyone is talking about? Need to do some extra research? Ottawa Public Library branches have changed a lot over the last few years and continue to evolve. The Rockcliffe Park branch is no exception, with all it has to offer: express reads, movies, music CDs, an ever-growing children's section, video games and graphic novels, as well as fiction and non fiction collections for every taste.

The Rockcliffe Park branch wants you to come by to check it out and have some family fun at the same time. On **Saturday, October 22**, they

are hosting an **Open House/Fun Day from 10 am to 1 pm** at 380 Springfield Road. The popular local magic/circus duo, the Juggle Squad, will be doing a show at 10:30 am and the Sunny Shenanigans Puppet group will be presenting an Animal Extravaganza at 11:30 am.

There will also be on-going crafts, face painting and competitions. Snacks will also be served after the puppet show. Don't miss this opportunity to discover or re-discover one of our local treasures—the local library!



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Monarch Butterflies: Jean Lauriault

By Frances Phillips

Jean Lauriault is one of those rare individuals who has successfully transferred his work interests into retirement. Or, more accurately, semi-retirement.

Following a career with the Canadian Museum of Nature where he became a specialist on the Monarch Butterfly, Jean now leads educational trips to their natural roosting sites in Mexico. As a Museum Associate, he also contributes to the Canadian strategy to preserve Monarch habitats and save them from extinction. It really is, he says, "a labour of love."

So when Jean's not monitoring the caterpillar count on his own Milkweed patch in the Gattineau Hills, he's lecturing. Or in Mexico, shepherding eco tourists up rocky paths to hillside sanctuaries that house millions of Monarchs until their migration to summer feeding and breeding grounds in the United States and Canada.

Jean's interest in Monarchs was ignited by a series of exchange programs at the Museum of Nature, when he coordinated student and teacher expeditions between Mexico and Canada: the goal being to study the extraordinary homing instincts of the Monarch Butterfly, and its attachment to the Milkweed plant. More than 16 years later, Jean admits that while much has been learned many mysteries remain.

What fluke of nature, for instance, attracts the Monarch Butterfly to the more than 110 species of milkweeds in North America? Why do up to 100 million migrating Monarch Butterflies congregate in the same overwintering sites in Baja California and Mexico when similar forest canopies



and climate exist elsewhere?

What we do know is that larvae (Monarch caterpillars) gravitate to milkweeds—known for their toxic leaves and juices—for good reason. Simply put, ingesting the plant's toxins deters predators.

What has eluded scientists is how Monarchs—born in Canada and the United States at the end of August—find their way to the same overwintering sites year after year.

In Mexico, Jean and his eco-tourism colleagues from Expedición Madre Tierra (www.expedicionmadretierra.com.mx) guide small groups on foot or by horseback into the Monarch's Transvolcanic mountain habitats in Mexico. Attracted to oyamel trees, the butterflies roost in an area overlapping the states of México and Michoacán—now designated a Monarch Butterfly Biosphere Reserve.

Despite the protections offered by nature, scientists and dedicated conservationists like Jean, Monarch Butterfly populations remain very much at risk.

In Canada and the U.S., increased land development and pesticide use destroy summer habitats and the plants Monarch's feed on. As a result, population counts are falling putting the Monarch Butterfly on the list of more than 500 endangered species compiled by the Committee on the Status of Endangered Wildlife in Canada.

Even in the countryside, the milkweeds on which the butterflies depend are under threat. Considered a nuisance by farmers, it's forbidden to plant any of the 14 varieties that thrive in Canada close to agricultural land. And despite its pretty pink flower clusters, the plant's invasive rhizome root system does little to endear it to regular urban gardeners.

In Mexico, depleting stands

of the oyamel tree favoured by Monarchs pose an additional threat. Not only does logging activity reduce their winter habitat, it also opens up the forest canopy to the elements. In 1995, for example, scientists reckon between five to seven million Monarchs perished after one December snowstorm alone.

If Monarch's are to survive, Jean says, we need to marshal all available resources. Our contribution to their survival can be as simple as a milkweed patch in a window box. Or as ambitious as a colorful butterfly garden from which the maturing Monarchs can draw the nectar to gather strength for their long migration south in the Fall.

To learn more about the Monarch Butterfly and what we can do to protect it you are invited to meet Jean Lauriault and see his slide show at **Rockcliffe Park Garden Club, Thursday October 27 at 7:30 pm**. Annual membership \$35 (single), \$50 (couple). Guests \$7 at the door.



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Sonia Doyon
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Cadet League of Canada, a civilian non-profit organization, and the Canadian Forces who partner to provide uniforms, equipment and training.

There are no registration fees or dues to join the Cadet program. Upon joining, uniforms and accoutrements are provided free of charge. Cadets and parents are encouraged to participate in, and contribute to, fundraising on behalf of the local sponsoring committee and league, to offset costs not covered by the Department of National Defence.

Cadets are in no way obligated to join the Canadian Forces. The goal of this federally-sponsored program is to instil in our young Canadians the values of leadership, physical fitness, confidence and civic duty. Army cadets are encouraged to become active and responsible members of the community by developing self-confidence, self-esteem and a sense of teamwork.

If you are interested in getting more information on how to join the Ashbury Army Cadets, call 613-841-8092 or email us at: 3018admin@cadets.gc.ca.

Let's All Sing Like the Birdies Sing

By Janet Uren

I knew we were in trouble this summer, when I picked up a newspaper and discovered that the experts – the ones who used to provide me with opinions – are no longer talking sense. No longer do these pundits “write,” “say,” “state,” “speak” or “opine.” Now they “tweet.” At least that’s what the Globe & Mail reports: such-and-such an expert on civil disobedience, intoned the noble rag, had weighed in on the subject of riots in England. “‘The world is going to hell in a hand-basket,’ he tweeted.” Or words to the effect.

My, the British are having an exciting time. So am I, and it isn’t only rehearsals for The Circle that are keeping my adrenalin high. Half an hour ago, Juno the Dog came racing in from the garden pursued by a huge black buzzing insect that instantly transferred its interest to me. Juno watched with interest from the top of the stairs, while I ran briskly three times around my own living room, whimpering with fear while the creature buzzed in hot pursuit. It disappeared, and I thought I was safe, when all of a sudden I heard a big BUZZZZZZ in the

folds of my blouse. The neighbours were shortly thereafter treated to the sight of me erupting from the back door, more or less unrobed and waving my blouse frantically in front of me. That was too much for the bee or whatever it was. It lit out for home, and I retreated inside, where nature cannot get me. You probably think I make these things up: I don’t. Gospel truth.

Not for nothing do they call it “nature, red in tooth and claw.” Have I mentioned that I nearly drowned this summer, thus putting the annual play in considerable doubt? Again, it was Juno the Dog’s fault. My family meets for a week every August on an island in the Big Rideau. I know: it’s a reckless thing to do, spend seven days on a 200-metre island with 13 close relatives. Still, that’s the kind of mad fools we are. One day, a number of us decided to relieve the tension by heading for the mainland for the afternoon. Imagine me, if you will, seated decorously in the bow of the boat, suitably dressed for an outing in civilized Westport. I was even wearing shoes.

Not for long. As we chugged out of the bay, a black triangu-

lar head was seen cleaving the waves in the distance behind, brown eyes glinting with desperate determination. Juno the Dog. We circled and headed back, with everyone loudly exhorting the dog, and me, and the driver. Juno caught up and tried to claw her way into the boat, forgetting to swim as she did so and sinking. The boat swung around, the object being to keep the propellers away from my puppy, and my sister – always helpful in an emergency – cried out: “She’s under the boat!” I rose to the occasion – or rather, I fell to it. Fully dressed, I plunged into the lake, taking a deep breath just as my head went under the water.

In fact, Juno wasn’t under the boat. At that very moment, she was on top of my head, all 87.3 pounds of her. This fact became unpleasantly apparent as I tried to surface in a maelstrom of black fur and plunging claws. I went down again, cleverly taking another deep breath of water as I sank. Time, I reflected, to come up with a new policy. To hell with Juno. I struggled to the surface and struck out for shore, somewhat hampered by the fact that

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I couldn't breathe and with Juno following me anxiously and trying to claw her way up my back. I made it to the beach, and Juno joined me, uttering joyful whimpers to the effect that she was glad I had changed my mind about going into town. As soon as I could speak, I told her weakly that, in my opinion, she was a bad dog.

These real-life incidents are part of the reason why comedy speaks to me. When big black insects pursue you through your own living room, dogs try to drown you with love and the stuffed shirts start "tweeting" about earthquakes and riots and the rising price of dish soap, you know that something funny is going on. And by that, I mean "strange" and "odd" as well as "comic."

It has occurred to me that, if I really want to have a good laugh, I should establish a Twitter account myself. Maybe it would help give Linden House profile in this world of woe. It makes sense, but I'm sorry: I can't do it. I have already embroiled myself in enough social mayhem on Facebook. I may have mentioned that somehow I have ended up with four accounts there – two for me personally and two for Linden House. I don't know how it happened, and I don't mind admitting that it preys on what I like to think of as my mind.

Did you ever read the Rubaiyat of Omar Khayyam? It was written in 12th-century Persia but, astonishingly, there's a juicy bit in there about Facebook:

*The moving finger writes
And having writ, moves on.
Nor all thy piety and wit can
cancel half a line
Nor all thy tears wash out a
word of it.*

That, as I would tell the poet, if he hadn't fallen off the perch

a thousand years ago, is exactly my situation in ref. the social media. My moving finger writ and four accounts sprang to life. As a result, I have somehow managed to become my own FRIEND. I suppose it could be worse. I could be my own WORST NIGHTMARE. (Just wait.)

Moving a thousand years forward, have you read Harry Potter? I love Harry Potter. In the last book, he and his sidekicks raided a vault in Gringott's Bank where the enchanted treasure burned red hot and multiplied every time they touched anything. Now, doesn't that ring a bell? Don't you find, whenever you are standing in a swelling tide of scorching metal, you tend to flail about a bit and suddenly everything is worse? Well, that is precisely my experience of Facebook. Every time I touch it, I suddenly acquire a new account. (Come to think of it, I AM my own worst nightmare.)

I have tried to get out of this quandary with my dignity intact. Only last week, I took myself sternly in hand and addressed myself to the "delete this account" option. At the last moment, I got cold feet. The warnings that emitted from the machine were dire. In fact, it took me back to my early days on a computer, when I first saw that wonderful message appear on the screen: "You have committed a fatal error," it said coldly. "Exit the program immediately." Words to chill the blood.

I haven't learned much about computers since then, but enough to know when I am beaten. Cluck, cluck. I chickened out. When it comes down to bedrock, I simply cannot face the prospect of losing all those friends – many of whom I have actually met. Go ahead, laugh. But now at least you

know why I hesitate to plunge any deeper into the seething cauldron of social media.

Of course, on the plus side, not all my technological forays lead to disaster. As I told you, my brilliant nephew in Denver has finally got around to revamping the Linden House website. Now, when you go to www.lindenpro.ca, you can see the poster, get the times and dates of performances and even enjoy the odd typo and syntactical lapse. And that's not all. Now you can also BUY TICKETS ONLINE! Through PayPal. Now isn't that something? The Linden House Theatre Company has entered the 21st century, dragging me along by the hair! All this for a woman who has never, ever, not once in her life, uttered even the faintest little tweet and has no desire to so. You've come a long way, baby.

Before closing, let me remind you – in case you could ever forget – that Linden House is producing a play, *The Circle* by Somerset Maugham, and that it opens on October 20 and runs until October 29. I have just looked at my calendar and see with some horror that this is just over four weeks from now. (Loud scream!)

Just ignore me. The play is in fine shape. The costumes are entering the final phase of development, and they are FINE! We have a set with a Palladian theme emerging from the workshop even as we speak and, in a spirit of antique frivolity, we are painting it deep RED! We raided the IODE Laurentian Chapter Garage Sale last weekend and are now the proud owners of: two gold picture frames, one giant bouquet of silk rhododendrons, one gold-framed mirror, one large vase, one glass decanter, one purple dress and one gold beaded purse. The actors are also hard at work. Some of

them actually know their lines, and the annual nervous breakdown has taken place right on schedule and with no loss of life.

All that remains to make us happy is an audience. So think about buying tickets. You can purchase these at Books on Beechwood or, even better, online, thus confirming my company's arrival in the 21st century. Or if, like me, you prefer to stay rooted in some other century, use the

telephone: 613-842-4913. (I'd be especially glad to hear from you if you know anything about Facebook.)

Come one, come all: the ticket office is officially open for business.

Editor's note: *This missive appears on the Linden House Theatre Blog (<http://lindenhousetheatrecompany-janet.blogspot.com>) and is re-published with kind permission from the author and Linden House Theatre Company.*

Fern Hill School Celebrates 30 Years

This academic year marks the 30th Anniversary of Fern Hill School, an independent pre-school and elementary school located in the heart of New Edinburgh. To honour this significant milestone, a celebratory garden party will be held on **October 1** at the Rockcliffe home of Shawn and Louise Malhotra, of Claridge Homes. The event is open to the community.

tional educational standards. Specific project goals include window and door replacement, and refinishing of the school's exterior brick.

In 1988, Fern Hill School was incorporated as a non-profit school with charitable status. Fern Hill prides itself on offering advanced pre-school literacy programs and a diverse elementary curriculum. Children are fully immersed in



Photo: Louise Imbeault

Fern Hill School on Vaughn Street unveils a new sign at their spring fair.

The 30th Anniversary garden party marks the launch of an ambitious fundraising campaign to rejuvenate the school's facilities. As a non-profit independent school, Fern Hill has always kept its focus and budget on creative, innovative, and substantial educational programming. This milestone year marks the perfect opportunity for refurbishment of the physical building to match Fern Hill's excep-

music, art, technology, French, and Spanish.

The school's impressive selection of extracurricular activities includes skating, gymnastics, dance, jiu-jitsu, and violin. Fern Hill School fosters a strong start to the early academic years within a nurturing environment. Students graduate from the school feeling confident, prepared, and ready to tackle new challenges.



More than 40 parents and 20 students participated in the 2011 edition of «La Corvée» at the French-language public elementary school École élémentaire publique Trille des Bois. Once a year, La Corvée must either build or repair an item in the community. This year, children and parents built a 500-square foot and 18-inches high sand box containing 40 tonnes of sand. In addition, they built planters 18 inches high and 4 feet wide. All this was done with recycled material or material from local suppliers

The Wabano Centre for Aboriginal Health

**By Mary Albota,
Director of Health Services**

Before introducing readers to The Wabano Centre, where I am now ensconced as the Director of Health Services, I should first say a word about the Centre's beginnings. "WABANO" in Ojibwe means "new beginnings" and in 1998, The Wabano Centre for Aboriginal Health did indeed begin with ambitious dreams and hopes to service the Aboriginal communities in the greater Ottawa area. It has since become a mecca for the First Nations, Inuit and Metis peoples from coast to coast to coast who are choosing Ottawa as their home in ever increasing numbers. It offers them a wealth of services ranging from medical care, to a cultural milieu where traditional and spiritual practices may be pursued.

Culture is the pillar that anchors Wabano and makes it unique. While the Centre is dedicated to using the strictly scientific principles which constitute good medicine, it retains an important place for the traditional wisdom and practices which are used to enhance that good medicine. The result is a compassionate and holistic practice providing familiarity and a level of comfort for Aboriginal peoples arriving from places as varied as Wikwemikong (reserve) in Ontario, and Iqaluit, Nunavut. An example of Wabano's unique practice is the traditional cedar foot soak that replaces the plain water soak as the first component of a foot-care treatment for diabetic clients. Cedar is one of the four sacred

medicines, along with tobacco, sage and sweetgrass that are used in traditional practices and ceremonies.

The services at Wabano are numerous, and include everything from primary health

setting, working with my team of health professionals.

Our present building, while adequate, is stretching at the seams. We are seeing upwards of 10,000 people per year and growing. The Ottawa area attracts arguably the highest numbers in Canada of Aboriginal people who have made the decision to relocate from reserves and other more remote communities. Fortunately, a new 25,000 square foot centre is now under construction which will respond to this increasing need. It is to be called the Wabano Mamawi, "new beginnings together" and we look forward to its opening in the fall of 2012.

The new building was designed by the famous Douglas Cardinal, the Aboriginal archi-

tect who designed the Canadian Museum of Civilization. With great pride, our community feels that the new Wabano Mamawi Centre, with its dramatic curving glass façade, will soon be the jewel of Montreal Road. The new building will have excellent spaces for expanded services, meeting and conference areas, enhanced clinical and counseling rooms, and a magnificent domed gathering space for up to 200 people, complete with a ceremonial

fire pit at the centre.

There is a large sign posted on the east side of the present building which perfectly expresses the feeling in the neighbourhood: "Wabano is Ojibwe for the best thing to happen to Montreal Road in a long time!" Our present building boasts many dream catchers, including a rather large one in one of our offices. We see it as representing our hopes for the community we serve. "Big dream catcher, big dreams."

Editor's note: Mary Albota is well known and admired in New Edinburgh and environs for her outstanding work in our retirement community. Last December, she took on a new challenge when she was appointed Director of Health Services at The Wabano Centre for Aboriginal Health on Montreal Road at Bradley Street. In addition to her demanding work at the Centre, Mary continues to pursue her beloved avocation as a soprano in the University of Ottawa Choir.

Interested readers can find out more about the Centre and the Wabano Mamawi fundraising campaign by checking the website at www.wabano.com. The New Edinburgh Community Alliance (NECA) has purchased a tile as a contribution to the \$9.6 million campaign, and tiles are still available if you would like to support the expansion project.



Photo: Louise Imbeault
Mary Albota at the Wabano Centre.

care provided by a team of physicians and nurse practitioners to homeless outreach; from cultural activities such as the "Little Arrows" children's groups to counseling services for families and individuals; from high risk obstetrics and gynecological specialist care to immunizations; and from pediatrics to dancing and drumming activities, to mention only a few.

A focal point in the clinic is the cedar lodge next to my office. The lodge is a sacred place, where the traditional practice of "smudging" is carried out with burnt offerings of sweetgrass or sage used in the healing circles led by Elders. The soothing scent wafts throughout the clinic.

While my role as Director of Health services is primarily administrative, I am able to use my clinical skills to a certain degree on daily decision-making in our busy clinic

Rockcliffe Parkway Rehabilitation

**By Émilie Girard-Ruel
Senior Officer, Public
Consultation NCC**

On behalf of the National Capital Commission (NCC), I would like to inform you that we will be continuing essential construction work on the Rockcliffe Parkway between Aviation Parkway and Princess Avenue over the course of the next three years, as part of our rehabilitation and construction plan for the Rockcliffe Parkway and the Capital Parkway. Our goal is to improve the Parkway's safety, perform required repairs and better connect NCC pathways in the area.

This project will include:

- Rehabilitation of retaining


walls from the bottom of the escarpment to the mid-point between Lisgar Road and Acacia Ave - Fall 2011

- Addition of a recreational pathway on the Ottawa River side of the Parkway to replace the narrow sidewalk that is in poor condition - Spring to Fall 2012
- Resurfacing of the Rockcliffe Parkway pavement from Princess Avenue to Aviation Parkway (3.7 km) - Summer/Fall 2013

From now to November 15, 2011, the construction will focus on repairs to the retaining wall between Acacia Avenue and Lisgar Road. The work is required to stop further deterioration and ensure user safety.

We will make efforts to minimize the impact of construction on traffic circulation, by implementing a traffic management plan that will allow two way traffic to be maintained. However, parkway and pathway users can expect traffic to be delayed in the area. On occasion, one lane will accommodate both directions through the use of either traffic lights or flagpersons.

As the sidewalk may be closed for short periods, on-road bicycle traffic will be permitted on the roadway, and pedestrian traffic will be detoured to ensure safety. The work will be on-going from Monday to Saturday and conform to City By-laws.




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Memories of Peter Cock 1918 - 2011

By Michal Crawley

When Peter Cock died this past July, the Burgh lost a fine man and a good friend to many.

A small indication of this is the set of nine keys he kept, neatly organized and labeled on a bulletin board, to the houses of friends and neighbours whose homes he looked after during their absence. His list of birthdays to remember was long—and he never forgot a single one—each receiving a card that was perfectly chosen and appropriate for the individual in question.

The following are memories of only a few of the 'Burghers whose lives he enriched over the years. They reveal a man who lived life to the full with love, wisdom, understanding and humour.

Alick and Joan Andrews:

We remember Peter with love and gratitude. His interest in others and willingness to help; his daily presence, especially in Stanley Park; his love of gardening and the joy of planting together in our NCC garden; his homemade cards with witty prose and warm sentiment, and his signature trademark stick-ers; his flying of the Canadian

flag on July 1 and November 11; and last, but not least, sitting on his front step with his beloved Tred.



Photo: Keith Simpson

This photo was taken by a longtime friend of Peter's from Cranbrook BC. He and his wife came to visit for the July 1 long weekend. Peter had a gathering and we all went out to Stanley Park to enjoy the fireworks.

Beth Mcfarlane:

Since Peter's death, these few blocks of Stanley Avenue feel lonely. Useless to glance at the house where Peter might be in the front garden, or sitting on the front steps with his dog Tred. No more chants and rants and good laughs. No more exchanges of baking and commentaries on Coronation

Street. And no more witty, rhyming, not necessarily flattering birthday greetings! So I am missing this thoughtful, helpful, interesting, witty and elegant man across the street who was such a good friend.

John Arnold:

It was 1967. It was Canada's Birthday. Peter and a crowd of diplomats and government worthies were gathered in the park beside Sussex Drive near Peter's residence on nearby John Street. They cheered the Queen as she passed in her landau. Peter was familiar with many in the crowd and after the Queen had passed, he greeted old and new friends. A diplomat introduced Peter to Judy LaMarsh, then Canada's Minister of State, as Peter Cock. The Minister greeted Peter and said "You poor man. Have you ever thought of changing your name?" Peter replied, "Yes. I've never liked the name Peter."

Isabelle Reid:

Peter and I were conscientious and often long-suffering dog walkers. We were, in fact, like the Royal Mail, we came through. On one particular occasion, when the torrents of spring were in full spate, Peter fell, face down in the slush. I bravely went to rescue him and

fell splat beside him. There we were, belly down, splayed side by side, with four giant rubber boots in the air. As one passer by remarked—"This is a sight you don't often see". What will be missed the most?—the laughter, the sardonic wit and the impeccable good manners.

Alexandra Reid :

To me he was always my beloved Uncle Petey who salivated for anything lemon or chocolate. I used to leave little food parcels between his doors—he always knew where they came from and I got little hand-decorated thank you notes, many of which I still have and cherish.

Philip MacAdam:

There was something invincible about Peter. For me, he was part of New Edinburgh's firmament, and now that firmament has been shaken. It was only a few years ago that he showed up at our Christmas-tree decorating party wearing a blue 'unmentionable' strapped

around his waist, complaining about how cold it was outside! The item took pride of place on the tree!

Peter's age meant that he held the keys to a large part of Canadian history which I have never known. Stories about his six years at sea as a Naval officer during WWII escorting convoys on the north Atlantic, on the Murmansk Run and at D-Day and his post-war film career, held me captive.

Peter was the epitome of "the wise old man" except that he never seemed to age. I think the greatest tribute he would have wished is that his friends and family continue to practice what I believe accounted for his remarkable longevity, namely, his love of his friends and family and his mirth.

Michal Crawley and Jim Turpie:

You did it your way. For which we, and our families, are deeply thankful. You have left us a great legacy.

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For the Birds



By Jane Heintzman

The October edition of *For the Birds* is invariably a study in contrasts, as our reports of the abundant bird life observed over the summer are juxtaposed against more recent evidence of the rapid disappearance of many species in the course of the fall migration to their southern wintering habitat.

But first, the summer of 2011, and from a birders' perspective, what a wonderful summer it was! In our own garden, my **white-crowned sparrow** group remained in residence until the very end of May, bulking up for the flight to their northern breeding grounds in the Hudson's Bay Lowlands. Sharing the spoils with the sparrows were numerous **American goldfinches**, **house finches**, **purple finches**, **black-capped chickadees**, **Northern cardinals** and a resident family of **song sparrows**. Other frequent visitors included **American robins**, **red-winged blackbirds** (ridiculously awkward at the feeders!), **blue jays** and on one occasion, a noisy **red-eyed vireo** belting out its maddeningly repetitive question-answer song, a serenade which it can churn out at a rate of up to 3000 times in an hour (often with a mouth full of insects!!)

In our dog-walking rambles through Rockcliffe Park and along the Ottawa River bike path, we encountered a cornu-

copia of species ranging from **American redstarts**, **common yellowthroats**, **black and white-** and **yellow warblers** to **chipping sparrows**, great-crested flycatchers (in particularly large numbers this year), **Eastern Phoebe**, **Eastern wood pewee**, **gray catbirds**, **downy** and **pileated woodpeckers**, **spotted sandpipers**, **white-breasted nuthatches**, **Eastern kingbirds**, numerous

Great Blue herons flying between the Rideau and Ottawa Rivers, a solitary **Common loon** on MacKay Lake, **mallards**, **Canada geese** and **wood ducks**.

American redstarts are members of the warbler family, and the male of the species is readily recognizable by its predominantly black plumage with brilliant orange patches on its sides and wings. They were particularly abundant throughout our community this year, both in wooded areas along the Ottawa River, and closer to home in the shrubbery off Sussex Drive. I got a close up view of a bold **immature redstart**, which has the grayish-brown colouring of the female, with pale orange patches on either side of its breast, but most notably, a whitish breast and throat with prominent black blotches (shades of adolescent acne!) Immature **American robins**, of which there were many in our garden in late summer, also sport this pale, blotchy colouring on their breasts before acquiring their signature orange hue.

Some weeks before Will and Kate arrived for their triumphant Canadian debut on Canada Day, **Jill and Roger Hardy** had a royal visit of their own in their MacKay Street garden. No fewer than 28 **ruby-crowned kinglets** swooped in one day, and remained for 48 hours to consume the Hardys' feed supply and generally make themselves at home, to the point that one brave soul actually perched on Jill's knee! She reports that virtually all of these diminutive, chicka-

worm-eating warblers were all regularly in evidence, and in full throat.

Later in the summer, the **warbler** population thinned out considerably, as many species began their migration to Central and South America. Last to linger in these parts are **myrtle (yellow-rumped)** and **pine warblers**, which migrate much shorter distances to U.S. wintering spots, taking the journey at a leisurely pace through September, October and even early November.

To date, it has been a banner year for **blue jays** (suggesting a bumper acorn crop last year), and our island was frequently invaded by groups of 20-30 birds darting among the oak trees while producing an astonishing range of vocalizations from the jay's signature grating squawk to rattles, peeps and metallic chinking sounds. An imposing **Northern**



Common Loon.

Photo: Francine Ouellette (yellow shafted) flicker

er has also appeared on several occasions on a perch not far from our deck, offering a splendid view of the brilliant yellow underside of its wings and tail feathers in the setting sun. This colourful member of the **woodpecker family** is the premier anteater of the avian world, capable of filling its stomach with as many as 5000 ants at a time, snagging them with its exceptionally long, barbed and sticky tongue.

Summer Birds of the Georgian Bay

In the steamy heat of July, bird life was abundant around our island in the Georgian Bay, where **blue jays**, **white-throated sparrows**, **chipping sparrows**, **song sparrows**, **red-eyed vireos**, **black-capped chickadees**, **red-breasted nuthatches**, **Northern flickers**, **Eastern kingbirds**, and numerous **warbler** species, including **ovenbirds**, **yellow-**, **myrtle-**, **black and white-** and

several occasions on a perch not far from our deck, offering a splendid view of the brilliant yellow underside of its wings and tail feathers in the setting sun. This colourful member of the **woodpecker family** is the premier anteater of the avian world, capable of filling its stomach with as many as 5000 ants at a time, snagging them with its exceptionally long, barbed and sticky tongue.

After many years of radical scarcity, fish stocks have begun to replenish in our area, and with them the numbers of **Great Blue herons**, **double-breasted cormorants**, **herring gulls**, **ring-billed gulls**, **common terns**, **Common loons**, and **common mergansers** have correspondingly increased. Like the Common loon, the common merganser is a prodigious diver and is known to get under the skin of the much larger loon when fishing in the same vicinity, often resulting in a full-on underwater attack in which the loon torpedoes towards the hapless merganser to drive it from its watery turf.

The **osprey** nest across from our dock was inhabited throughout July by an osprey pair and their single offspring. The osprey, or fish hawk, is among the most widespread birds of prey in the world, and the only raptor apart from the **bald eagle** that catches fish. They are known to set off on their southern migration clasp- ing a nourishing fish in their talons, or "packing a lunch" as

some birders refer to the practice. The last to leave in the fall are the young fledglings, which travel together and remain in their southern habit for two or three years before returning to the north to produce the next generation.


A highlight of our summer was the discovery of a **wood thrush** family in a heavily wooded corner of the large island across our bay. One evening, we sat quietly in our canoe for close to an hour as the thrushes filled the air with their melodious, piping songs, while **white-throated sparrows** provided a cheerful background chorus. Although wood thrush numbers have declined across Ontario in recent years, they have actually increased in the Ottawa area where dense, low layers of tree regeneration (their ideal habitat) have sprung up in wooded areas damaged by the Great Ice Storm of 1998.

Prince Edward Island

Once again this summer we spent a wonderful weekend on a farm on the north shore of PEI, enjoying both the multitude of sea- and shore birds at the water's edge, and the abundant bird life in the fields and along the tree-lined lane. Coming from a part of the world in which the sighting of a single **Great Blue heron** or **osprey** is a noteworthy event, it is staggering to encounter literally hundreds of these birds along the shore or flying overhead at virtually any hour of the day, as we did in PEI.

Even more dramatic is the presence of **bald eagles**, two of which could be seen each day from our cabin, perched atop a tall pine overlooking the ocean. On one occasion I ventured very close to their perch, accompanied by my son's burly boxer/bulldog mix. To my amazement, I came within four feet of the massive female eagle which had moved down to a low branch, possibly to scavenge field rodents. The bird was easily as large as the dog, and when she sensed my presence and took off with a reproachful croak, her vast, seven foot wing span was a sight to behold. Eagles are notoriously adroit at scavenging and stealing food from other birds and mammals, not least the **osprey**, their competitor for fish, which is no match for the eagle's muscle and bulk, and readily drops its prey when challenged.

Along the beach, we encountered a flock of **semi-palmated plovers** skittering along at the water's edge, and a pair of **pip- ing plovers** frantically attempting to divert us from their nest

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Spotlight on the Chimney Swift

Since 1968, this aerial insect forager has seen a 95 percent drop in its numbers. With only 12,000 left in Canada, the Committee on the Status of Endangered Wildlife in Canada listed the chimney swift, an aerial insect forager, an endangered species in 2007. Originally these winged wonders nested in hollow trees, but as Europeans settled on Canadian shores, they swapped trees for chimneys. By 1800, the once woodland bird turned urban. Due to



chimney covers, new fire prevention standards, the use of metal chimneys and logging practices, these birds are having a rough time finding a spot to nest; so much so, architects expect their nesting grounds will disappear within the next 20 years. But the Société de biologie de Montréal plans to change all that by developing, building and installing artificial chimney models across the province that will allow the chimney swift to repopulate.

(Courtesy of the Canadian Wildlife Federation)

with their high-pitched warning “peeps”.

The farm itself was alive with many of the same bird species we encounter in Eastern Ontario, including **American robins, song sparrows, American goldfinches, black-capped chickadees, hairy and downy woodpeckers, yellow warblers** and a large group of **common yellowthroats**, the “black-masked” warbler which is allegedly known for its shyness and avoidance of human society, but which in this case was positively gregarious, emerging from the trees to belt out its characteristic “*witchety, witchety*” song.

Reports from Our Readers

Macoun Marsh:

St. Laurent Academy Science teacher **Mike Leveillé** spotted 8 **chimney swifts** in the vicinity of Macoun Marsh in late August, and believes they may be breeding in the immediate area close to Our Lady of Mount Carmel Church. Chimney swifts, often referred to as “flying cigars”, are insect-eating urban dwellers which, as their name implies, have traditionally used chimneys as nesting sites. Their aerial acrobatics are legendary as they swoop around in search of insect prey, and they tend to roost in colonies with other swifts in the non-breeding season.

Francine Ouellette:

Wildlife photographer Francine Ouellette, (aka Digitally Still), had a remarkable summer of birding experiences, the photographic record of which can be found on her website at www.redbubble.com/people/digitallystill. A highlight of

coots, bufflehead, Northern shoveller, redhead, and canvasback, to shore birds such as sora, Virginia rails, ruffed grouse, Great Blue herons, and a sandpiper, and numerous song birds, including rose-breasted grosbeaks, Baltimore orioles, house wrens, ruby-throated hummingbirds, Kingbirds, savannah sparrows, American goldfinches, yellow warblers, common yellowthroat, tree- and barn swallows, killdeer, rusty blackbirds and purple grackles.

Edwin Daudrich:

As always, our premier birding correspondent Edwin Daudrich has had a remarkable summer of birding activity, expanding his range well beyond our area to locations in eastern Newfoundland, Moncton, New Brunswick and Manitoba. A complete list of his sightings will be posted on the community website at www.newedinburgh.ca. Closer to home, Mr. Daudrich had a fruitful birding excursion to **Mer Bleu** in June, where highlights included the **palm warbler (eastern), hermit thrush, redstart, white-throated sparrow, ruffed grouse, ovenbird, chestnut-sided warbler, barn swallow, Eastern kingbird, purple finch, alder flycatcher, Eastern phoebe, brown-headed cowbird, common yellowthroat, wild turkey and cedar waxwing**.

In the general area of **Torbolton Road** in west Ottawa, he spotted more than 50 species in the course of an expedition in June, notably a **sedge wren** (a first in his experience), **rose-breasted grosbeak, belted kingfisher, American kestrel, red-headed woodpecker, osprey, pine warbler, Virginia rail, great-**

crested flycatcher, Wilson's snipe, bobolink, black and white warbler, Eastern bluebird, red-eyed vireo, wild turkey, Eastern towhee and Eastern pewee.

In later outings to **Parc Plaisance** and **Montebello, Quebec**, Mr. Daudrich's highlights included **red-eyed vireo, alder flycatcher, American redstart, Wilson's snipe, green heron, Baltimore oriole, Eastern wood pewee, yellow-rumped warbler, house wren, veery, yellow warbler, warbling vireo, killdeer, ruby-throated hummingbird, common yellowthroat, Blackburnian warbler, common loon, and Philadelphia vireo.**

As always, **Mud Lake** was teeming with bird life this summer, and in a visit in early July, Mr. Daudrich spotted more than 30 species, notably **Baltimore oriole, green heron, chimney swift, Northern flicker, wood duck, hooded merganser, black-crowned night heron, great-crested flycatcher, pine warbler, red-eyed vireo and American redstart.**

Vicki Metcalfe:

Birding highlights of Vicki's summer in Ottawa this year included a **whip-poor-will** vocalizing on her street (Douglas Avenue); a **Northern flicker** in her back yard, helpfully posing to reveal the

bright yellow underside of its tail feathers; innumerable **American goldfinches**, and a small raptor in front of the Metro store on Beechwood, possibly a **kestrel**, a **merlin** or even a **peregrine falcon**. Her visit to a cottage in the Gatineau yielded a variety of interesting sightings, including large numbers of **chestnut-sided warblers** and **indigo buntings**, as well as the usual suspects such as **common loons, ring-billed gulls, blue jays, black-capped chickadees, Eastern phoebes, yellow warblers** and a **hairy woodpecker**.

Philip MacAdam:

Philip's most interesting summer birding adventures took place during a visit to his sister's home near **Lake of the Woods** in northwestern Ontario. Highlights included a **bald eagle** perched close to its enormous nest; **ruby-throated hummingbirds** and **cedar waxwings** in his sister's large garden; and **warblers, Northern flickers** and a family of **broad winged hawks** in the immediate vicinity. Here at home, Phil's Avian Bistro has recently been host to **white-breasted nuthatches, Northern cardinals**, and innumerable **sparrows** (no doubt primarily European house sparrows, the greedy scourge of backyard feeders!)

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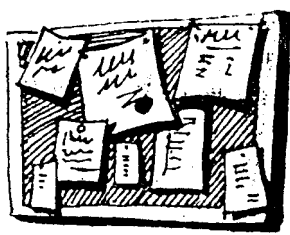
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Burgh Bulletin Board

October Events

Sun., Oct. 2

LE CENTRE D'ARTISTES VOIX VISUELLE invites you to attend two special events (both in French). From 12:45 to 1:30 p.m., Rachel Echenberg will give a performance in which she will attempt to portray the blind spots of perception. Drawing from the exhibition theme, The eye's subconscious via digital pinhole photography, the artist will present a collage of live images, a slip between the visible and experiential. The performance is part of Viva! Art Action and takes place thanks to a collaboration

with AGAVE. Starting at 13:30 p.m., participants to a 30 minute training session will be able to create pinhole images using their digital camera. They will walk through Vanier to capture images using long exposure times, while benefiting from the support of two professional regional photographers, Alex Leblanc and André Paquin. Le Centre is located at 81 Beechwood Avenue. Information: Shahla Bahrami (613) 748-6954 or info@voixvisuelle.ca.

Thu., Oct. 6, 9 am - 9 pm
PROVINCIAL ELECTIONS
See Page 9 for full details.

Fri., Oct. 14

BOOK FAIR GALA
RECEPTION (See page 30 for details.)

Tue., Oct. 18, 3 - 2:30 pm

GUEST SPEAKER MARY COOK at The Edinburgh Retirement Residence. (See page 14 for details.)

Oct. 18 - Nov. 5

OTTAWA LITTLE THEATRE production of *Dr. Cook's Garden* (See ad on page 24 for details.)

Oct. 19, 7 pm

CULTURAL TRANSFORMATIONS - A bilingual panel discussion to explore how public institutions can respond to the changing needs of increasingly diverse cultures. Takes place at the Delegation of the Ismaili Imam, 199 Sussex Drive, under the auspices of the Canadian Federation of Friends of Museums. Admission is free and there will be a reception following the discussion.

tion. RSVP: Doris M. Smith, Communications, CFFM, info@cffm-fcam.ca.

Oct. 20 - 29

LINDEN HOUSE THEATRE presents *The Circle* by Somerset Maugham at Elmwood Theatre, 261 Buena Vista Road in Rockcliffe on Oct 20-22 and Oct 26-29 at 7:30 pm and on Oct 23 at 3 pm. Tickets, \$25, are available online at www.lindenpro.ca, by calling 613-842-4913 or from Books on Beechwood. Free parking is available.

Sat., Oct. 22, 10 am - 1 pm

FAMILY FUN DAY at the Rockcliffe branch of the Ottawa Public Library. (See Page 30 for details.)

Sat., Oct. 22

FUNDRAISING DINNER for Le Centre d'artistes Voix Visuelle at La Nouvelle Scène, a center for French theatre performance in the heart of Ottawa. The fundraising event will be under the honorary presidency of Suzanne Valiquet, executive director of Quartier Vanier Merchants Association, an organisation that promotes Vanier's economy, improvement and security. Along many other surprises, digital artwork prints will also be auctioned by Alain Poirier. \$65. Tickets

are on sale at La Nouvelle Scène, located at 333 King Edward Avenue in Ottawa, or at Le Centre, 81 Beechwood Avenue. Information: Shahla Bahrami (613) 748-6954 or info@voixvisuelle.ca.

Mon., Oct. 24, 3 - 5:30 pm

HALLOWEEN HOWL at the Stanley Park Fieldhouse. Ages 0 - 7) (See page 27 for more details.)

Tue., Oct. 25, 7 pm

NECA AGM at St. Bart's Church. All New Edinburgh residents are encouraged to attend.

Thu., Oct. 27

OCTOBERFEST at The Edinburgh Retirement Residence. (See page 14 for details.)

Thu., Oct. 27, 7:30 pm

ROCKCLIFFE GARDEN CLUB speaker series. Environmental specialist and author of Identification Guide to the Trees of Canada Jean Lauriault will share his slides of protected Monarch habitats in Mexico. Find out why they migrate to Canada each summer, and what we can do to help save this endangered species. 380 Springfield Road. Visitors \$7 at the door; annual membership \$35 (single), \$50 (couple). Information: Frances Phillips. Tel: 613-745-2551.

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Infant, Toddler & Preschool Indoor Playgroup

Infants, toddlers and preschoolers (0 - 5 years), along with their parents and caregivers, are invited to participate in a fun-filled morning of free play, crafts and musical circle time. Adults are responsible for supervising their own children and for set-up and take-down of all toys and equipment. Healthy snacks are provided for the children, and coffee for the adults, on a cooperative basis. Sign-up in person on a

Monday or Friday morning, at the Mackay United Church (39 Dufferin Street).

Mondays & Fridays 9:30 - 11:30 am from Sept. 12, 2011 - Jun 29, 2012

Fees: \$110/family for one morning only or \$220/family for both Monday and Friday mornings

Contact: Anne Tardif (annetardif@gmail.com) or Alex Taggart (tessatags@gmail.com).



St. John Lutheran Church

*Feed the Need
Find Purpose
Be the Change*

Sunday Mornings ~ 10 am

Rev. Joel Crouse

270 Crichton Street
613-749-6953

stjohnlutheran@bellnet.ca

www.stjohnlutheran.ca

November Events

Mon., Nov. 1, evening

PUMKIN PARADE at Stanley Park Fieldhouse. Bring your jack-o-lanterns!

Fri., Nov. 4, 4 pm

MACKAY CHAMBER MUSIC SERIES Ottawa concert pianist Parvaneh Eshghi performs at MacKay United Church, Dufferin Road and MacKay Street, followed by a reception. Tickets: available from Books on Beechwood, at the door or by calling 613-749-8727; cost \$20 for adults, \$15 for students and seniors. www.mackayunitedchurch.com. (See page 28 for more details.)

Nov. 4 - 6

ROCKCLIFFE BOOK FAIR at Rockcliffe Park Public School. (See page 30 for details.)

Nov. 4 - 6

MAINWORKS OPEN HOUSE at New Edinburgh House. (See page 22 for details.)

Nov. 4 - 6, 10 am - 4 pm

HOMES FOR THE HOLIDAYS 9th Annual Charity House Tour to support the Hospice at May Court. Visit six distinguished homes in Ottawa decorated for the holidays. Ticket booklets \$35 each. For ticket booklet sale locations or to buy online visit: www.hospicemaycourt.com or call 613-260-2906 ext. 232. The Hospice at May Court, 114 Cameron Avenue.

Sat., Nov. 5, 1 - 4:30 pm

ANNUAL BAZAAR & TEA at St. Bartholomew's Church. Home baking, gifts, jams, jewellery, attic treasures, books, CDs and DVDs, toys, and painting display. Free admission, barrier free access. 613-608-3832.

Sat., Nov. 5 & Sun., Nov 6

NOTRE DAME CATHEDRAL BAZAAR Baking, books, crafts, knitting, treasures, knickknacks, tea room, white elephant. Sat. 9 am - 4 pm. Sun. 9 am - 2 pm. Free parking in Parent Street lot. Entrance 50 Guigues Street. For more information, call 613-241-7496.

Sun., Nov. 6, 4 pm

KIDS HELPING KIDS fundraising concert at MacKay United Church. (See page 28 for details.)

Fri., Nov. 11

REMEMBRANCE DAY celebration at The Edinburgh Retirement Residence. (See page 14 for details.)

Thu., Nov. 24, 7:30 pm

ROCKCLIFFE GARDEN CLUB speaker series. Sue and Tim Dyer of Kingscreek Farms will make a variety of stunning holiday wreaths, urn inserts and table centrepieces while providing tips on keeping evergreen materials look full and lush. 380 Springfield Road. Visitors \$7 at the door; annual membership \$35 (single), \$50 (couple). Information: Frances Phillips. Tel: 613-745-2551.

NEW EDINBURGH NEWS

Ongoing thru Nov. 29

PHOTOGRAPHY EXHIBITION *Keep the Car Running - Road Trip Polaroids* by Maggie Knaus. Second floor studio at Thyme & Again, 1255 Wellington Street West. www.exposure-gallery.info.

Ongoing

VOLUNTEERS - Give the gift of friendship! CNIB is looking for enthusiastic volunteers to provide regular social interaction and companionship to people who are blind or partially sighted in Ottawa and East Region Ontario. As a Vision Mate, you provide sighted assistance with reading, errands (grocery and other shopping), going for a walk and recreational activities. To learn more about this exciting volunteer opportunity, contact Perpetua Quigley at 613-563-4021x5002 or perpetua.quigley@cnib.ca. Visit www.cnib.ca today!

CAROLLERS WANTED! Do you get a rush up your spine when singing a cappella, without any instruments accompanying you? Does the thought of donating to charities, or giving scholarships to young musicians bring inspiration to your spirit? Are you perhaps a singer with



Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Cindy Parkanyi, 745-8734 or email newednews@hotmail.com.

DOG/CAT WALKING AND SITTING Your house plants are also safe with me!. Emergency and regular daily walking. References. Liba Bender: 613-746-4884.

ESTATE ANTIQUES FOR SALE - Pair RC Derby vases. Pair Birks Regency candelabra. Two Birks sterling vanity sets. Thonet chair. Also, NZ double sheepskin rug. 741-7687.

MATH TUTOR (Grades 5 - 9) Clear, patient, interactive instruction; even fun! Sessions in your homes, with appropriate supervision. Reasonable rates. Please call David at (613) 237-5208.

FOUR WINTER TIRES - Used only one season, for 2011 Toyota Camry. Like brand new. Call 613-738-2231 to make an offer.

a pure sound who has hesitated auditioning for choirs because you're not the greatest at sight-singing? If you answered yes to any of these questions, then the Stairwell Carollers WANT YOU! We are looking for sopranos and basses to join us. To arrange an audition, send an email to info@stairwellcarollers.com or phone (613) 746-2779. If you sing alto or tenor, please contact us too, as we may have auditions

later in the year. We rehearse on Wednesdays from 6:45 to 9 pm at St. Columba Anglican Church, 24 Sandridge Rd. (Manor Park). For more information, or to hear excerpts from our previous CDs, visit www.stairwellcarollers.com.



St Bartholomew's Annual Bazaar and Tea Room



**Saturday November 5
1:00 - 4:30 PM**

**125 Mackay Street
(New Edinburgh)**

Attic Treasures, Home Baking, Used Books, Gifts, Jewellery,
And of course, our famous Tea Room!



www.stbartsottawa.ca/events

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Macdonald-Cartier Academy (MCA) is one of the most respected, coveted, and genuine junior high school French Immersion educational institutions in the nation's capital.

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- 16 students per class - Personalized attention
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For confidentiality, comfort, and accurate assessment, entrance examinations are administered on an individual basis.

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Jean Mantha, Headmaster
Macdonald-Cartier Academy
270 Crichton Street
OTTAWA, ON K1M 1W4
Tel: (613) 744-8898



www.mcacademy.ca

Burgh Breezy bits

breezybits@hotmail.com

Welcome

Welcome to Putman Ave **Denise and Miguel Planas**.

Welcome to **Ross Pattee** and **Dominique Primeau**, the new kids on the block on MacKay. You are going to love your new neighbourhood!

Birthdays

Belated birthday wishes to **Eleanor Westfall** who celebrated her 90th on September 3, 2011.

Babies

Congrats to **Brian and Dominique Hebert** on Douglas Ave. who became very proud grandparents over the summer! Their son and daughter-in-law **Alexis Hebert & Megan McCarthy** are the very proud parents of a pretty as pink daughter, **Nadia**, born July 29, 2011.

Dan and Natasha LaRussa (Vaughan) had a baby girl, **Zyta**, on August 6, 2011.

Congratulations to **Tracy Martineau** (who many will know from Jacobson's Gourment Concepts) and **Brett Hooper** of Noel Street, who welcomed **Liam David Hooper** on August 5, 2011. Liam weighed 8 lbs, 13 ounces and was a very long 22.5 inches!! Welcome Liam! First time grandparents Dave and Colleen (nee Maguire) are over the moon.

Colin Meridith and **Annie Dufour** (Vaughan) had a baby boy, **Maxime Xavier Meredith**, on June 19, 2011 (father's day). He is very healthy and growing fast.

To the Rescue

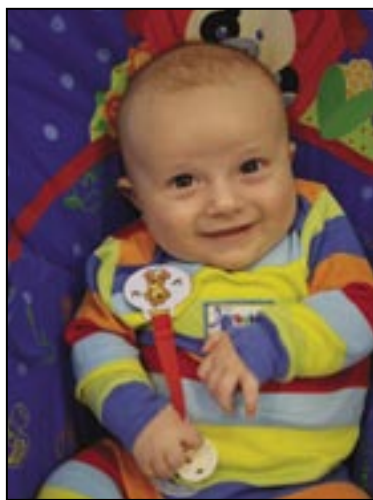
When CCCC Director of Programming **Susan Ashbrook** had her purse stolen from the former CCCC

Office at 200 Crichton, she had resigned herself to the prospect that it was gone for good. As luck would have it, however, **Janet Uren's** enchanting Labrador/Mastiff puppy **Juno** sniffed out the missing purse during a romp in Stanley Park, dragging it out from behind a thicket by the purse strap. Janet swiftly called Susan, and was vastly relieved to find that she was alive and well, and had not met some dreadful fate at the time of the theft. On the following day, a grateful Susan retrieved the recovered treasure and was delighted to meet the canine "good Samaritan" whose trusty nose had saved the day!

When a thief took off with a painting from the Gordon Harrison Gallery last July, **Ingrid McCarthy** didn't hesitate to chase him down through the Byward Market and retrieve the stolen painting. Luckily for her, the culprit did not react aggressively. After handing over the painting, he ran away.

Congratulations

The **New Edinburgh Euchre Club** is still going strong after 40 years of playing cards in the Burgh. There are still two original members of the group, **Ethel Proulx** and **Eleanor Westfall**.



Maxime Xavier Meredith.

NEW EDINBURGH NEWS

Congratulations to **Jessica Toste** who received her PhD in June 2011 from McGill University and is now in Nashville, Tenn, working towards her post-doctorate degree. She was awarded the Governor General Award for a second time. Well done!

Congratulations to **Brett Hodsdon** (Noel) for receiving a Governor General Exemplary Service medal for his work as an Ontario Conservation officer.

Proud father-in-law **Gordon Jackson** of Alexander Street will be in the hall as his daughter-in-law, **Claire Martin** makes her debut in the Royal Albert Hall at this years BBC Proms on September 7 at 10:15 pm where she will sing with the BBC Big Band and celebrate the work of Stan Kenton. Claire was recently appointed an "Officer of the Order of the British Empire" in the Queen's Birthday 2011 Honours List for her services to Music. Kudos!

Comings and Goings

Stanley street residents **Keenan Weller** and **Julie Kingstone** are moving... but not far. "Staying in the Burgh, going all the way from Stanley to Vaughan," wrote Keenan on Facebook.

Catherine Johnston a long-time resident of MacKay Street has decamped to Rideau Terrace. We are pleased that she remains in the New Edinburgh orbit.

There is further good news. Catherine's house has been taken over by her son and daughter-in-law **Gian and Joanne Vitzthum**, and their daughters **Beatrice**, 6, and **Genevieve**, 4. Rounding out the household are two amazing cats (**Mittens** and **Paws**) who are labouring under the delusion that they are dogs. Beatrice is a full-fledged entrepreneur. She ran a lemonade booth during the recent **IODE House Tour** in New Edinburgh. Bill Gates could not have done it better. Bea could not be coaxed to take a lunch break and wound operations up at dusk, only under extreme parental duress. Genevieve eschews business and focuses on the arts, specifically painting and ballet.

Weddings

Chris Straka and **Carmen Bohn** were married on June 10 overlooking the



Chris Straka and Carmen Bohn were married on June 10.

Rideau River from their Crichton Street home. The wedding was celebrated the following day by family and friends at the Straka family farm in Lochaber, Quebec.

Beth Ann Robin and **Henry Patterson** (Vaughan) were married over the summer.

Kudos

In response to an article in the *Globe and Mail* "The Queen has her Place, but so do the Pellans" on Aug 27, **Mark Bisby** (Crichton) had his letter of reply published.

"While not in the least surprised by the philistine actions of the Harper government in removing the two magnificent paintings from the foyer of the Department of Foreign Affairs in Ottawa, I'm astounded that the photo replacing them is of the Queen, and not of our own Dear Leader."

Farewells

Gail and Ken Larose's friends and neighbours wish them well in their new neighbourhood in the west end, where they'll be closer to their son Christian and his family. After over twenty years on the corner of Crichton St and School Lane, that little area of New Edinburgh won't be the same without them.

Following ten rewarding and productive years with MainWorks Artists Studios Cooperative at the CCCC, artist **Karen Bailey** is moving to a studio nearer home in the Market area. The new studio is located at the Rectory, 179 Murray Street. "I wish to thank the MainWorks artists, CCCC board members and community workers, residents of New Edinburgh and the staff at the New Edinburgh News for providing me with a second home and making me feel so welcome in the neighbourhood. Your friendship and support have been invaluable."

Condolences

Our condolences to the **MacEachern family** on the passing of Rita on July 26, 2011, at the age of 89. Rita was a long-time resident of New Edinburgh (MacKay) and will be sorely missed. She is survived by her children Judy (Michael) John (Joanne) and Cathy (Gilles) along with 6 grandchildren and 6 great grandchildren.

Condolences to past NECA president **Gemma Kerr** on the passing of her sister Janet (Jinty) in Edinburgh, on August 31, after a long struggle with cancer. **Jinty Kerr** was a real pioneer. She joined the police in Scotland in 1968, at a time when a woman constable was a rarity and limited to "safe" cases such as shoplifting. She gradually worked her way up the ranks and was a superintendent when she retired. Previously she had achieved public prominence as the head of the Drugs Squad in Edinburgh, a city which had a serious drug problem (remember "Trainspotting"?), and she often gave lectures to schools and other youth groups. Jinty visited New Edinburgh on a number of occasions. She was a great character with a wonderful sense of humour, and will be sorely missed.

**DEADLINE
for submissions**

Nov 10

breezybits@hotmail.com