

NEW EDINBURGH NEWS

October 2005

Canada and the World Pavilion: A Short Life and an Uncertain Future

By Jane Heintzman

As most readers are by now aware, on June 22 the NCC announced the closing of the Canada and the World Pavilion, the glass and steel structure in Rideau Falls Park which was erected four years ago despite vigorous protest from our community. The NCC has closed the Pavilion as part of an overall 5% operating budget cutback exercise.

As of October 16th, the building will be permanently closed to the public and the exhibits dismantled in preparation for a refitting of the premises for some future use. What that use will be remains undecided, and the NCC will be considering its options as the Fall unfolds. Another of the principal budgetary measures identified by the Commission when it announced the closure of the Pavilion was to "optimize the overall performance of the (its) leasing portfolio," an objective which would suggest that long-term leasing of the building will be high on the list of the options under consideration.

NECA is currently in the process of contacting the Commission to request an opportunity to discuss possible options for the Pavilion, and to express its opposition to any form of commercial or office use which would entail the requirement for additional parking facilities and/or exacerbate existing traffic problems along Sussex Drive at the Confederation Bridges. Based on the evidence of last spring's community campaign to oppose construction of a new institution in the green space

along Sussex Drive opposite the Pavilion, it seems clear there is a strong consensus that this area should be preserved and enhanced as a "Green Precinct" surrounding the official residences of the Prime Minister and Governor General. Any future use of the Pavilion which detracted from this precinct's natural beauty and heritage charm would thus not be welcome news in our community.

NECA is also urging the Commission to preserve some form of public access to the building in light of its spectacular location overlooking the Ottawa River towards the Gatineau Hills, an unequalled view which all Canadians and visitors to the area should be able to enjoy. And of course there's the inescapable fact that public money was used to plan, build and operate the institution, so we all have a vested interest in retaining some access to its premises, premises which occupy a space that was once unspoiled parkland in the public domain.

Watch for more news about future plans for the Pavilion in the next issue of the News and in the meantime, anyone with creative ideas about possible uses for the building is welcome to e-mail NECA Chair Gemma Kerr at necapres@magma.ca or Jane Heintzman at janeheintzman@hotmail.com.

For other NECA news see NECA President's report on page 2 of this issue, or visit the recently re-launched community website at:

www.newedinburgh.ca



Photo: Mike Young / www.ravensview.ca

The 2005 Lumière Festival provides magic to over 5000 Participants

Thanks to everyone that visited, participated and performed, the Second Annual Ottawa Lumière Festival – hosted by the Crichton Cultural Community Centre and funded by the City of Ottawa and many generous sponsors – was a huge success!

The dark clouds over Stanley Park did not deter the close to 5000 Lumière visitors, and luckily the rain did not appear and the night was clear and warm. Fairies, knights, and people of all ages proudly carried their handcrafted lanterns through the labyrinth made from 600 paper bags, and from one amazing entertainer to another, which included break dancers, trapeze artists, fire

weavers, Shakespearean actors, puppeteers, dancers, and musicians.

The increase in participants was due to the success of Lumière 2004. The beautiful Lumière posters (designed by Toronto designer Julia Brekenreid) and the lovely banner (sponsored by Royal LePage's Jeff Rosebrugh, Janny Mills and Bob McCulloch) caught the attention of many.

Joanne Hughes, the festival coordinator and community facilitator for the Crichton Cultural Community Centre, was excited by the happy crowds and noted that at least two sets of people traveled from the United States specifi-

cally to attend Lumière. We were also able to hand out lovely festival brochures this year courtesy of Pauline Bogue and Catherine Bell of Royal LePage.

The work put in by the festival volunteers was evident in the beauty of the lantern installations. Michael McNamara made a wonderful entrance, pulling a 20 ft high elephant behind his car. Dan Hughes made a detailed 6 ft skyscraper; Peter Honeywell created a lovely installation using paper umbrellas. Julie La Palme and Joanne Hughes created a 4 ft high pink swan which spent the evening floating in the river, and Eric

continued on page 20



Garage Sale 2005 as depicted by Ana Irondo de Bryson



By Kimberley Illman

Summer has gone by in such a blur and I can't believe that winter is just around the corner. I only just put away all the stuff from the **community picnic** in June!

That was a great day and many of us have discovered that the picnic is an interesting way to see how the neighbourhood has changed over the year. The children seem to grow like weeds and one year they are in the little races and the next they are all running in the adult races! Guess we grow them good 'round here!

The **Annual Garage Sale** was a big hit despite the fact that hurricane Ophelia decided to pop in with some less than pleasant weather. Hats off to all of you who took the chance to get out there and sell or buy on the day. Council gets asked often why we don't hold a rain date so now is my chance to explain why. One reason is advertising problems and getting the word out, second is

that we use every volunteer Council has to help on the day and that is a big commitment to ask them to book 2 week-ends in a row 'just in case'. And finally it can be really tricky to figure out what is bad weather for some! You die-hard garage sellers/buyers will be out in nearly any weather where as a woosey, like myself, much prefers 18c degrees under sunny skies!! I was sure this year nobody would be out and I was totally wrong. So, what is rain for one person is not rain for another. We just hope you all had fun, made a few bucks (or spent a few) and enjoyed the day. Thank you to so many of you who made a donation towards the events that the Crichton Community Council holds throughout the year. The prizes will be drawn in the next few weeks and will be published in the next issue. A VERY special thank you to Cathy McConkey and Joyce Dubuc who organized the garage sale this year



and to each member of Council who did their bit!

Over the next two months Council will be getting ready for the **winter season** and rink time. Fingers crossed we will have cold enough weather to have the rink up and running by Christmas holidays, so make sure your skates are ready to go.

Council meets every second Monday of the month at the fieldhouse at Stanley Park at 7pm and we really need to get more of you on board. If you participate in any event we hold throughout the year from the Community Picnic, the Skating party, the Garage Sale, the spray pad or have ever enjoyed the fieldhouse for an event then it is Council you have to thank. I know how over



Photos: Peter Glasgow



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committed most of us are, but if you have a couple of hours a month, we can use your help. Over the past few years we have had a drop in members and that has had the result in special events being canceled (**Halloween Howl** and **Christmas caroling** to a name a few) and we are having to use members who had moved from the neighbourhood that are still willing to come back and help. I am one of those people. I have been on Council for about 7 years and have been chairperson for the past 2 and have just started my third year despite having moved out of the Burgh this summer. It does concern me that in such a busy and very full neighbourhood, that the community groups

(NECA and the 4C's included) are so needy for volunteers. In a nutshell if people don't help out with what is going on in the Burgh, then the things we all enjoy will fall apart. So, as I get off my soapbox I am asking you to consider how important community events and maintaining a healthy neighbourhood is to you. If for a second the answer is a yes, then give either Council, the 4C's or NECA a few hours of your time, that includes students too! We need all the help we can get, end of lecture!

Kimberley Illman
 Chairperson
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New Edinburgh Picnic: The results are in...

What a better way to spend an afternoon than to relax in Victoria park for the Annual Community Picnic which was held in June. The weather was a little questionable for a bit, but turned out to be perfect.

Many of the favourite events were held like the scavenger hunt, races and face painting and this year we had a great

from having a super time. The picnic is sponsored and organized by the Crichton Community Council each year and it is always a fun way to begin summer. Our volunteers work so hard to make this a great day and I need to make sure you all know who they are: **The McConkey/McLauren family, Penny and Rowan Thompson, the Illman family, Janna Poapst, Louise Palmer** and all the members of

Council! Next year we plan to make a few changes and hold the event at Stanley Park so we can take advantage of the children's park, fieldhouse and spray pad. But before that happens, here are the races results of our fabulous participants!

RUNNING RACES:

6 & Under

- 1st Carson Weiler
- 2nd Mikey Illman
- 3rd Charlotte Bascombe

6-12 Year Olds

- 1st Emma Thompson-Murphy
- 2nd Danny Illman
- 3rd Angus McLauren

Everybody Running Race

- 1st Jeff Redinger and



Photos: Peter Glasgow

Charlotte Lovett and Lydia Morrison took advantage of the face painting at this year's New Edinburgh picnic.

Stephen
2nd Angus McLauren/ Hanna
3rd Emma Thompson-Murphy

WHEELBARROW RACE

- 1st Hunter Poapst & Benjamin Holmgren
- 2nd Danny Illman & Angus McLauren
- 3rd Emma Thompson-Murphy & Rowan Thompson

Please accept my apologies if your names are spelled incorrectly or we missed you out. The races become rather crazy at the finish line and things can

get muddled! If I missed you let me know and I will make sure your name appears in the December issue! Unfortunately that does not

included Roger and Ryan Hardy who claim the won the wheelbarrow race...we think you cheated!



Hello Officer Mike!

display by **Neighbourhood Watch** as well as the presence of our local police officer, **Tom Moscoe**. Actual picnickers were a bit thin on the ground this year but that didn't stop us

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BURGH BUSINESS BRIEFS

- By Jane Heintzman -

First Issue for our New Team at the News

We wish a warm welcome back to all our advertisers and readers after the summer break (and what a summer!) As we signalled in our June edition, we have a new team at the New Edinburgh News, with **Cindy Parkanyi** producing her first issue as Editor and **Pierrette Tousignant** taking on the task of Advertising production and management. We much appreciate their energy and community spirit (not to mention raw courage!) in accepting these demanding roles, and wish them well in the year ahead. Needless to say, no transition into a new job is an entirely smooth and seamless process, and we hope that advertisers will bear with us if there are a few bumps along the way. The NEN is and will remain a community paper so in some sense, we should all feel pride of ownership and do our best to lend support to those who work so hard to produce it.



The Edinburgh: "Burgh Chess Tea" Holds First Tournament!

Throw away that knitting and hold on the needlepoint! The time-honoured game of chess has come to The Edinburgh where a small group of residents has been honing their skills and keeping their minds sharp at twice weekly sessions at the chess board

(Wednesdays and Saturdays from 2-5:00 p.m.) under the guidance of local chess enthusiast **Lorenz Lindeis**, whom they affectionately dub "the chessnut"!

Mr. Lindeis, a Rideau Terrace resident, has been a chess lover for most of his life, and following the renovations to one of our local haunts, Piccolo Grande, he proposed to former owner **Mark Richards** that the pleasant, intimate character of the restaurant would lend itself perfectly to the addition of a chess board. With Mark's blessing, the board and figures were duly installed and have remained there ever since, with Mr. Lindeis himself continuing to drop by on a regular basis to engage in a game with other interested patrons. It was while engaged in a game at Piccolo Grande that Mr. Lindeis conceived his plan to test the waters at The Edinburgh, where he felt there might be at least a few former chess lovers keen to get back to the game. And indeed there were.

For almost a year, a small group of about 4-6 players, all in their 80's, have met regular-

ly on the 8th Floor of the residence to pore over the chess board with Mr. Lindeis as their guide. To keep the atmosphere as relaxed as possible and accessible to any and all who are inclined to participate, there are no clocks and no pressure, and Mr. Lindeis has unofficially named the group "The Burgh Chess Tea" to make clear its entirely social, non-competitive nature—and in fact, to signal that tea is served at these afternoon sessions!

On Saturday, August 27th, the Burgh Chess Tea held its

be eliminated in the competition. The two chess enthusiasts kept the tournament lively for the participating residents and with luck, they will be back for another round next year.

Incidentally, chess playing readers may have noticed that both the Jazz'oo Café and The Second Cup now have chess boards on the go, and, you guessed it, Mr. Lindeis' chess playing zeal was behind it! We congratulate him for sharing his enthusiasm throughout the neighbourhood and in particular, for bringing a new challenge and interest to the lives



Photos: Peter Glasgow

first tournament at The Edinburgh when Mr. Lindeis enlisted the assistance of a friend, **Marian Andrzejewski** who is a retired artist and an expert chess player. Mr. Andrzejewski was a noted chess player in his native Poland and once competed against former World Champion Mikhail Tahl where he was the last of 14 players to

of his group at The Edinburgh.

The Physical Therapy and Sports Medicine Institute: Winter Golf Anyone?

Things are hopping at the Physical Therapy and Sports Medicine Institute this Fall. Owner **Pam Siekierski** has introduced 5 new programmes with wide-ranging appeal to health, fitness and golf buffs in the community. The list includes:

Restorative Spas, offered initially on Sundays and Monday evenings, with extended hours as the Fall unfolds. An experienced local aesthetician will provide skin treatments (including body wraps and state of the art facials), manicures, pedicures and relaxation massage. Pam is quick to emphasize that far from being an exercise in pampering and self-indulgence, the Spas should be seen as an essential part of a healthy régime to redress the rigours of a hectic urban lifestyle.

Golf School with golf pro **Martin Brunet**, a 3 part programme consisting of 3 sessions of assessment with a physiotherapist geared to avoiding injuries; 3 lessons with the pro; and 3 sessions with a certified trainer to develop an individual strength training régime specifically calculated to equip you for a quantum leap in golf performance when the new season begins next spring.

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- Running and Walking Clinics operated in collaboration with The Running Room.

On Friday, November 4th, Pam will host A Night of 1000 Dinners in the spacious, airy rooms at the clinic (350 Crichton Street above the pharmacy). The event is a fundraiser for the victims of landmines, with proceeds being directed in particular to rehabilitation programmes for children. For information on the new programmes and/or the fundraiser, give the clinic a call at 740-0380 and watch for a further report in the next edition of the News.

Michael K. Edwards, Chartered Accountant: An Apology

From time to time, like most small and chronically overstretched enterprises, the NEN makes its share of mistakes, some of them minor and relatively inconsequential, and others of a more serious nature. To our great regret, the inadvertent omission of **Michael Edwards'** regular advertisement from the April 2005 issue falls into the latter category. Mr. Edwards has been a faithful supporter of the paper and of the community for many years, and as a professional

Chartered Accountant, he understandably has a special interest in ensuring that his services are known and available to the community at tax time. Our error in April resulted in a serious disservice to one of our most loyal advertisers, and we are sincerely sorry for the blunder. We intend to ensure that Mr. Edwards receives pride of place in the April 2006 edition of the News, but in the meantime, forward-looking tax planners may wish to enlist his services at 749-7013.

Mood Moss Flowers: Happy First Anniversary

Our congratulations to **Eric Cardinal** and the team at Mood Moss Flowers which celebrated its first anniversary on Beechwood in late August. Since it opened its doors last August 19th, Mood Moss has greatly enhanced the commercial landscape in our community, not simply by providing individual clients with a consistently dazzling quality and selection of flowers for all occasions, but also by beautifying the counters and store fronts of many of our local merchants with eye-catching floral arrangements.



Photo: Peter Glasgow

Eric has also taken an enthusiastic interest in a number of community activities, notably the recent Lumière Festival which he generously sponsored and for which he created a floral lantern display, and the "Dufferin Doors Open" fundraiser for the CCCC, where his colourful bouquets were in evidence on the food and ticket tables. In late November (18th-20th), Mood Moss will be a décor participant in the third annual Homes for the Holidays, a hugely popular fundraising event organized by The Hospice at May Court, when literally thousands of Ottawa residents will have an opportunity to admire the distinctive Mood Moss floral signature as they tour the City's show case houses. It seems fair to say it's been a great first year: congratulations Eric and team!

Canine Touch and Tell

Our sincerest sympathies to **Sandy Benoit** of Canine Touch and Tell on the recent death of her beloved first guide

dog, Carl. Carl was truly a memorable character, loaded with charm, affection and love of life, and possessed of an uncanny knack for pirating treats from open pockets and unprotected places. Over the years he snagged his fair share of tasty donuts and chocolate bars while guiding Sandy through cafeteria lines and convenience stores, a picture of innocence in his working harness! He brightened the lives of all who encountered him, and like all of Sandy's clients, I will remember him with great affection and a broad grin.

While many of us have endured the heartbreak of losing a much cherished pet, the added dimension of having that pet as a working companion, by one's side night and day, must make the pain of that loss even more profound. Our sympathies and best wishes are with Sandy as she adjusts to life without her beloved friend of nearly 14 years.



Books on Beechwood

Hallowe'en came several months early this year at Books on Beechwood as a throng of small witches and wizards collected in the store at midnight, July 16th, to cele-

brate the arrival of the sixth volume in the Harry Potter series, Harry Potter and the Half Blood Prince. Owner **Jean Barton** reports that 38 copies of the new release were sold at the late night gathering before the bank machine crashed (perhaps under the spell of some young wizard hoping to evade the hefty \$40 price tag for the coveted volume?) Sales were also brisk on the following morning so it seems safe to say that the appetite for J. K. Rowlings' ongoing fantasy remains healthy here in the Burgh.

At 10:00 a.m. on Saturday, September 17th (the morning of the Great New Edinburgh Garage Sale), Books on Beechwood hosted a book signing by author and world traveler **Tova Clark**. Ms. Clark's recently published work

Compartments (Penumbra Press) is an autobiographical account of her childhood travels with her parents after leaving their native Germany; her life as the wife of Canadian diplomat Lorne Clark which took her to postings in Africa, Italy, Washington, Spain and Argentina; and finally, following the break up of her marriage in 1991, her rediscovery of her religious and cultural roots in a warm, traditional Jewish family.

Jazz'oo Café: A New Management Team

Late last spring, former Jazz'oo Manager **Stacey Acker** left the Café to spend more time with her three children (a worthy objective) and to pursue other interests, not least her work as an active contributor to the Manor Park Chronicle (another worthy objective, from my perspective at least!) We wish Stacey the

best of luck in her new pursuits and belatedly welcome her successors as Jazz'oo Managers, **Martin Lalwani** and **Dejan Pavlica**.


Hillside Carpentry

We welcome former Maple Lane resident **Philippe Noel** back to our advertising roster with his new venture, Hillside Carpentry. Philippe's local tour operation, Gatineau Hills Experience, which was pro-



filed in the NEN several years ago, continues to offer corporate group packages on an "on request" basis, but his energies are now primarily directed to his carpentry enterprise which specializes in dealing with the many small jobs (or "To Do Lists" as he describes it) which every busy homeowner accumulates but which fall below the radar of the majority of larger contractors.

Philippe studied furniture making at George Brown College and has almost 3 decades of experience in the carpentry business, specializing in finishing work and working as a builder of custom homes in the Chelsea area throughout the 1990's. In his new business, he handles everything from painting to plastering, replacing trim, seasonal chores, building decks, balconies and bookshelves, woodworking, and occasionally even fixing squeaky doors. Very often his clients' initial Fix It lists expand as the job



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unfolds, and he takes pride in tackling only one household at a time to ensure that he is able to be punctual, thoroughly reliable and clearly focused on the task at hand. Among his clients are a number of single parents for whom time is at a special premium and for whom the assistance of a knowledgeable craftsman is a godsend.

To date Philippe's jobs have ranged from properties in the Gatineau to Rockcliffe Park and the Glebe. Among his recent clients was local Gatineau artist **Elizabeth Rutledge** whose work was featured in the Gatineau Fall Artists' Studio Tour in late September. Ms. Rutledge was extremely pleased with Philippe's work on her Gatineau cottage, which included the construction of a rear balcony and wrap around deck, and reports that he was meticulous, neat, on time and on budget.

Another happy customer is **Gail Gillis** of the Manor Park-

based interior decorating firm, **Ménage Interiors**, a business which she launched about a year ago and which does much of its business in the New Edinburgh/Rockcliffe area. Gail was delighted not only by the quality of Philippe's work and his attention to detail, but also by his punctuality and generally impressive work ethic. Coincidentally, Gail is a new advertiser in the News this month, and we look forward to providing more details about **Ménage Interiors** in a future issue.

Best of luck Philippe. We wish you well in your new venture, and have no doubt that the households of the Burgh will have their fair share of "To Do Lists" as winter approaches.

still in the process of making final arrangements for a new location, but all her friends and regular clients are fervently hoping that the business is able to stay in our community. This is currently a very strong possibility, and we're keeping our fingers crossed for a happy outcome.

Delish regulars (dare I say "addicts"!) need not fear any major dislocation in the supply of their favourite dishes. The cooking and catering will go on, and if all goes well, there should be much to celebrate when the business reopens in its new location later in the Fall. The Delish telephone number (746-9880) will remain unchanged throughout the move to minimize the disruption of their regular business.



Photos: Peter Glasgow

Delish is on the Move: Farewell to 42 Crichton

In late November or early December, one of the Burgh's cosiest neighbourhood hubs, the popular catering and take away gourmet food establishment **Delish**, will move out of its familiar quarters at 42 Crichton Street (corner of Crichton and Union). At the time we went to press, **Delish** owner **Judith Gripton** was

We wish Judith and her team as smooth and seamless a transition as possible in their move from 42 Crichton, and look forward to giving readers more details in our December issue when we hope their new headquarters will be up and running.

High Tops: Clothing for Men and Women

For many years, the **Elmarjis**

have been a familiar and important presence in the Springfield/Beechwood/Douglas corner of the Burgh where **Karam**, his wife **Rhoda** and their family have operated a number of local businesses, most notably a convenience store, **Pronto K&R**, and **Danny's Bar and Grill**. While **Karam** and **Rhoda** have now retired (at least in theory!), the next generation has recently moved in to make its mark.

In early September, their son **Peter Elmarji** launched his new clothing store, **High Tops**, at 49 Beechwood Avenue (just up the street from The Second Cup) where he is currently offering an array of "jeans-centred" fashions geared to young people in roughly the 13 to 25 age bracket. Peter's background in the world of youth fashions comes from his hands on experience at the popular Montreal clothing store **Jazz** (at the corner of Peel and St. Catherine), where many of clients were friends and acquaintances were from here in Ottawa.

The merchandise at **High Tops**, which includes a wide variety of name brand jeans for young men and women, as well as jeans-related accessories ranging from colourful Lacoste tops to running shoes, is imported from London, England, so the young people of the Burgh and environs can keep pace with the latest in international fashions. In an opening promotional sale, Peter is offering 15% off all merchandise, with deeper discounts for those making multiple purchases. The store is open from 11:00 a.m. to 7:00 p.m. so youthful shoppers should have plenty of opportunity to equip themselves for the Fall term ahead.

With the help of his father **Karam**, Peter has been planning and working on **High Tops** for almost a year. The pair did most of the hard labour involved in the top-to-toe renovations of the building themselves, and the finished product is a handsome and immaculate store with ample room to browse and admire the attractively arranged merchandise. At this point, Peter is on his own in the new venture (two of his siblings have moved away to Australia and Toronto respectively, while his sister **Claire** is fully occupied with her job at **The Clock Tower Brew Pub**), but he is confident that family and friends will help out when the need arises- as it may well, given the propensity of kids to descend in packs!

Best of luck, Peter. We're



delighted to know that the young people of the Burgh can now keep themselves stylish without leaving the neighbourhood.

Dr. Chad Sheehy: An Information Session on Cosmetic Acupuncture

Tired of that deep crease between the eyebrows or crow's feet lattice around the eyes, but thoroughly put off by the prospect of cosmetic surgery or botox injections? In our profile of naturopathic doctor **Chad Sheehy** in the April 2005 issue of the News, we noted that Chad is a specialist in the techniques of facial rejuvenation cosmetic acupuncture, a non-surgical practice which dates back to the Sung Dynasty in China (970-1270 AD) when it was used to beautify the Empress and the Emperor's concubines.

Later this month, on **Thursday, October 20th, at 7:00 p.m.** in the Dufferin Rooms at the Crichton Cultural Community Centre, 200 Crichton Street (2nd Floor), Chad will hold an information session to provide a brief overview of traditional Chinese medicine, and in this context, to discuss the benefits, process and expectations of cosmetic acupuncture, and provide a live demonstration of the procedure. Interested readers can get more details on the CCCC website (www.crichtonccc.ca), call the Centre at 745-2742 or call Chad directly at 850-4775.



The Works: An Organic Option

In our recent feature story on the organic food producers and suppliers in the Burgh and

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at 42 Crichton

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Register for the information session at the Crichton Cultural Community Centre on
October 20th with Dr Chad Sheehy ND (call or email VitalityNaturopathic to register)
or check out www.VitalityNaturopathic.com



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613.850.4775

info@vitalitynaturopathic.com

environs (June 2005), we regrettably failed to mention that the current menu at **The Works** includes an organic beef burger which, according to owner **Ion Aimers**, has been a roaring success since its introduction several months ago. The beef is supplied by OCanada Organic Food Products which was profiled in the June article, and comes originally from The Diamond Willow Range, an all organic co-operative livestock operation near Pincher Creek, Alberta. The organic option has rapidly caught on amongst The Works' clientele, and now accounts for close to 20% of beef burger sales.

Thanks to the introduction of the Portobello mushroom, veggie and salmon burgers, combined with fact that at least half of The Works' ample selection of 70 burger toppings contain no meat, the restaurant has become an increasingly popular destination for vegetarians. While there are now two other thriving Works' locations on Richmond Road in Westboro (the largest) and Bank Street in the Glebe, Ion assures us that there are no plans afoot to close their flagship New Edinburgh business at Putman and Beechwood, although they would in fact be amenable to a

move to larger quarters in the neighbourhood if these were to become available. Any offers?

Viva Sana

In this issue we welcome **Louise Mulvihill** and her new business **Viva Sana** which opened its doors at 16 Beechwood Avenue (above the dental clinic) at the beginning of September. Using the techniques of **Bowen therapy** (patented as Bowtech), massage therapy and Yoga therapy, Viva Sana's aim is to deliver what the name implies: a healthy life. While most of us are now thoroughly familiar with massage and yoga, Bowen therapy is perhaps not yet a household word. The procedure, which was developed in the 1950's by Australian Thomas Bowen, is a system of muscle and connective tissue therapy which is reportedly extremely gentle, deeply relaxing and involves no painful manipulation. According to Louise, it can be highly effective in relieving joint alignment problems involving the knees, hips, shoulders, neck or jaws. She herself was introduced to Bowen therapy while in the throes of an acute bout of sciatica, and found immense relief even after the first treatment.

The process of certification for Bowen therapists involves a 12 to 18 month course of instruction, with final examinations to be taken at the

RMT as well as a Bowen therapist.

Louise describes Yoga Therapy, which is among her own specialties, as a form of



Louise Mulvihill, Sabina Unger and Jana Veltheim of Viva Sana.

Canadian College of Naturopathic Medicine in Toronto. At some point in the course of the Fall/Winter, the course will be offered at Viva Sana so interested readers should keep an eye on their website for scheduling details (www.vivasana.ca). The new clinic has three practitioners of Bowen therapy including Louise herself, **Jana Veltheim**, and **Sabine Unger**. There are also four Registered Massage Therapists at Viva Sana, in addition to Jana, who is an

preparation for regular Yoga (which, as most readers are well aware, is widely available in our community). Yoga therapy is intended to work specifically on muscular and/or joint problems including back or knee pain, as well as on conditions such as fibromyalgia and depression. Each client coming to the clinic will have a preliminary consultation to explain the nature of his/her complaint and to establish a treatment plan using whichever of the three therapies is most appro-

priate to the condition in question.

While Viva Sana's hours of operation had not been firmly established at the time of our interview, Louise indicates that the clinic will be open at least two evenings a week until 9:00 p.m. as well as on weekends. Periodic workshops will also be offered on Fridays and Saturday so check the website for details.

Welcome to New Edinburgh, Louise, Jana, Sabina and crew, and best of luck in your new Beechwood business.

Abacus: Coming Soon to 101-18 Beechwood

As many readers will by now have discovered, Trattoria Zingaro closed its doors this summer and renovations to the premises have been actively underway in recent weeks. While your intrepid reporter made an attempt to contact the owner of Zingaro's successor restaurant, **Abacus**, his privacy was closely guarded by the contractors on duty, and time ran out before we made a connection. Our information to this point is simply that Abacus will open its doors by late October, and we hope to provide a full report in our December issue (in time for the Christmas party season).



viva·sana *for a healthy life*

Yoga Therapy Schedule - November 2005

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------------------|-----------------------------|-----|--------------------------|------------------------------|------------------------------------|------------------|
| | 10:00-11:30 Gentle Hatha | | 6:30-8:00 Kundalini | | 6:30-8:00 Kundalini | Workshops TBA |
| 12:00-1:30 Private | | | | | | |
| 2:00-4:00 Meditation | | | 2:00-3:30 Flexibility | 2:00-4:00 Private | 2:00-3:30 Pre-Natal | |
| | | | | 5:30-7:00 Kundalini | 4:00-5:30 Yoga for Your Back | |
| | | | 6:00-7:30 Pre-Natal | 7:30-9:00 Gentle Hatha | | |

8 week session - \$100 + GST Single class - \$12.50 + GST

To register contact us at 744-4606 or www.vivasana.ca

v i v a · s a n a



Centre for Bowen Therapy

Opening September 2005

Bowen Therapy
Massage Therapy
Yoga Therapy

16 Beechwood Ave. Unit 200

744-4606

www.vivasana.ca

Continued from page 15

Dog Day Afternoon...And Evening

Adrian Lloyd of Dog Day Afternoon, a local dog walking business has added a new string to his bow (or perhaps more aptly, a new link to his leash). Adrian is now boarding dogs at his home where he is able to accommodate up to three at time. His four legged boarders have the run of the house and, should this be their habit at home, are apparently welcome to sleep on the bed! There are no cages or trappings of a large kennel, but Adrian is careful to ensure that medications and special diets are strictly adhered to while the dogs are in his care. His regular canine clients don't miss a beat, as they walk in the same parks and cavort in the same groups that are part of their regular routine throughout the week. Interested readers in need of a weekend break can call Adrian at 748-7697.

The Call of The Wild: It's Scouting Season Again ...

By George Parkanyi

8:45PM, 22 JANUARY 2005, CAMP OSKENONTON (somewhere between Westport and Kingston, ON). **63rd Ottawa Scouts**. The light from the main lodge shines out into the softly falling snow, covering the last remnants of the recent snowshoe tracks trailing in from the frozen lake. The nearest town is 22km away.

"OK, Will, are you ready with the flute? You're going to be on track 4. Here are the headphones for the rhythm track and Johnny's base track" "I'm ready"

"Thomas, mute tracks 5 and 7, leave the rest mixed in, and on the count of three, start the playback - Will, come in on the fourth bar"

The 63rd Ottawa is well into recording its first (original)

song into a laptop-computer-turned-recording-studio. The CD will be burned later. Will starts to tap to the bluesy rhythm guitar and base tracks that only he can hear in the headphones, and then as the fourth bar rolls over, steps up to the microphone. The smooth sound of flute fills the cabin as the lazy snowflakes outside continue their slow descent.

In 2004/2005, the Ottawa Scouts did their Jam and Recording camp at Oskenton, won first prize in their class at the annual Klondike Derby (like Iditerod - but without the dogs and the 3000 km), slept out in the open under the most spectacular northern lights of 2005, cooked delicious chicken-and-vegetable suppers in aluminum foil over the open fire (later

followed by SMORE's), loosed arrows at Barney the Dinosaur (Ottawa Archery - to the delight and approval of the parents and leaders watching) and ate boxes of Kraft Dinner (eat-what-you-hit competition at the Heritage Spring Camp), built, raced (and in some cases demolished) Scout trucks, and engaged in skills competitions and swapped badges with over a hundred troops from all over the US at the annual Brotherhood (Thousand Islands) and Tri-District (near Plattsburgh) camps in New York State.



The Scouting season has started up again, and the 63rd Ottawa is your local Scout Group - ready to do it all again, and more. The program includes Scouts (ages 11-14+), Cubs (ages 8-10), and Beavers (ages 5-7). All three sections are open to boys and girls, and there is also a very active girl's Brownies and Guides program

(corresponding to Cubs and Scouts age groups respectively). **BEAVERS** (Tuesdays 6:30-8:45) and **SCOUTS** (Wednesdays 7:00-9:00) meet at the Viscount Alexander Park Community Centre (Room 178) at the Rockcliffe Base, and **CUBS** (Wednesdays 6:45-8:30) meet at Our Lady of Mount Carmel Church at 400 St Laurent Boulevard.

All are welcome, and activities are tailored to the respective age groups. We emphasize the "out" in Scouting, and much of the program is dedicated to enjoying the outdoors and learning outdoor skills. But we have fun indoors too.

We also encourage adult volunteers to participate as leaders. Training is provided by Scouts Canada, to not only ensure a creative, fun, and safe program for the youth, but also to develop your own outdoors and community service skills... and I think I read somewhere that you're actually allowed to have fun as well. I personally bring a guitar to every camp (but only a guitar, ever since the grand piano fiasco).

Now that you're hooked, call me, **George Parkanyi**, at 745-8734 for more information, or just come on out to one of our meetings at the times and locations listed above, check us out, and then we'll go from there.

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CRICHTON CULTURAL COMMUNITY CENTRE BOARD OF DIRECTORS

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| MainWorks - Karen Bailey | karenartist@sympatico.ca |
| MainWorks - Karen Rasmussen | vistas@travel-net.com |

To contact CCCC Board call 745-CRIC (2742)

**Crichton Cultural Community Centre Board meetings
take place on the 1st Sunday of the month at 4:00pm.
These meetings are open to the public.**

**To access our Centre, #307 - 200 Crichton
Street, please use the Avon Lane entrance**

New Edinburgh Pharmacy

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(Corner of Crichton
and Beechwood)

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FAX: 741-1866


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24 hour access**

The Crichton Cultural Community Centre is a member-based volunteer charitable organization striving to maintain 200 Crichton Street as a public resource to support and encourage artistic, cultural, and community development. It was created with the objective of preserving the Crichton School, both as a heritage building and in its historic public function as a community centre.

To get involved, provide input, volunteer time, or enquire about using our community room, please contact the Community Facilitator. We encourage you to pre register for courses or special features by calling the relevant contact number.

CCCC Office

Joanne Hughes
Community Facilitator
#307-200 Crichton Street
Ottawa, Ontario K1M 1W2
Ph: (613) 745-CRIC (2742)
Fax: (613) 745-4153
Email: cccc@bellnet.ca
www.crichtonccc.ca

We ask people to pre-register for courses and special features so that we have some idea of numbers and can be adequately prepared.

Unfortunately, programs may be cancelled if there is insufficient registration. It is important for us to have a contact number in the event of a class cancellation.

Drop-ins are welcome, but please call ahead to confirm.

CCCC Update: October 2005

By Jane Heintzman

As readers will discover in Joanne Hughes' comprehensive reports on the 2005 Lumière Festival and on our roster of interesting new Fall programmes, the CCCC has had a busy and successful summer and looks forward to an equally eventful Fall.

Lumière Festival 2005: Thanks to Joanne Hughes

This year's Lumière Festival attracted a crowd of close to 5000 from throughout the region, and once again the park was transformed by the soft light of thousands of colourful lanterns. Preparations for this unique festival involved an immense amount of planning, fund raising, recruiting, hands-on instruction in lantern making, networking and organizational detail.

The lion's share of this labour was borne almost single-handedly by our capable Community Facilitator **Joanne Hughes**, and we are extremely grateful for her Herculean efforts and proud of her remarkable accomplishment. And many thanks also to her skillful and energetic lantern-making assistant **Caroline Elson** who worked tirelessly to produce or facilitate many of the glorious creations that lighted up the park on August 20th. And Joanne managed to achieve all this without the "leg up" of a Trillium Foundation grant which we obtained last year, and Lumière 2005 was truly a testament to the old adage: "Where there's a will, there's a way."

The Dufferin Rooms' Renovation: Thanks to our Hard-Working Volunteers

The handsome Dufferin Rooms at the Centre are now in operation for events and pro-

grammes, resplendent with a fresh coat of paint, a new floor, attractive window blinds and – yes – functioning electricity! For this the CCCC is deeply indebted to the team of hard-working community volunteers who ably assisted with the renovations to the rooms earlier this summer.

Last spring, the CCCC was faced with mounting pressures to have this beautiful space up and running in time for Fall programming. Confronted by serious budgetary constraints on our ability to bring this about, and it was thus nothing short of a godsend to have so many willing helpers ready to volunteer their time, energy and skills to tackle the necessary renovations. Nor was this a job for the faint-hearted: in addition to surviving the inescapable hazards of dust, debris and paint fumes, the team worked through a grueling heat wave and can now justly claim that the remarkable transformation of the rooms was achieved, quite literally, by the sweat of their collective brow.

Many thanks to Martin Clary, Alex MacDonald, Jim Turpie, Carole Laliberté, Steve Musgrove, Roger and Ryan Hardy, Ray Dubuc, Bob and Carol Burchill, Moneca Kaiser, Doug Anderson, Jack Ferguson, Annalee Chabot, Carole Chenier, Jackie Snyder, Marilou Gagosz, Cathy Ireland, Sima Sanguissi and Bethann Robin. Your generous efforts are greatly appreciated by the CCCC, and by all who participate in programmes and events in these wonderful rooms.

The Legal Front: Thanks to McCarthy Tétrault

Throughout the summer, the CCCC and its capable legal

team at McCarthy Tétrault have spent long hours preparing an immense dossier for the courts in connection with the most recent legal action initiated by The School of Dance to have the building partitioned for sale. Our first court dates are currently scheduled in late October, and the process is expected to be lengthy and difficult. We are extremely grateful to our lawyers at McCarthy Tétrault who have stuck with us and donated literally hundreds of hours of their time to our cause on a pro bono basis. Their successes to date have kept us alive and thriving, and we sincerely thank them for the care and diligence with which they continue to handle our case.

Looking Forward

With the basic Dufferin Rooms' renovations under our belt, we look forward to tackling the next major projects on our agenda as soon as our finances permit. These will include the refitting of the Dufferin entrance for use as the main entrance to the Centre, the creation of new office space, and further work on the Dufferin Rooms (including installation of a moveable dividing wall) to fully equip it as a multi-use facility. At the moment we await a response to our application for funding from the Trillium Foundation, and we hope to have good news to report in the December issue.



Crichton Cultural Community Centre Programs

Fitness & Wellness

CARDIO KICKBOXING

Carolle Laliberté

Tel: 263-0539

Monday & Wednesday

6:00-7:00 pm

\$8/class

A Mid to high intensity kick-boxing inspired cardio workout for Ages 15 to a fit 60+, this total body workout will strengthen and tone muscles while burning fat.

FITMOM 2 BE

Cassandra Mactavish

Tel: 884-7800,

www.fitmomcanada.com

\$168+GST for 12 sessions (rolling admission)

Thursdays, 7:15-8:15 pm

FITMOM 2 BE class is designed for women wanting to stay healthy during pregnancy.

FITMOM POST NATAL FITNESS

Cassandra Mactavish

Tel: 884-7800

www.fitmomcanada.com

\$168+GST for 12 sessions (rolling admission)

Thursdays, 11:00 am-noon

One of the most popular all time FITMOM™ classes. This beginner to athlete program is modified to meet your fitness level. Whether in a baby carrier or lying next to you, your baby will participate in the class and provide progressive resistance to help you get lean and strong.

FITNESS: EARLY BIRD WORK-OUT

Louise Lettstrom-Hannant

Tel: 747-1514

Mondays, Tuesdays,

Thursdays 7:30-8:30 am

September 12 - December 12

\$100 for 13 sessions

Louise will share her favorite music and choreography and take you through a dynamic warm up followed by 20 minutes of cardiovascular work and 20 min of strength exercises. Learn to use fitness balls, weights and toning bands to enhance muscular core strength, balance and postural improvements.

FITNESS FUSION: REJUVENATION OF BODY AND SPIRIT

Louise Lettstrom-Hannant

Tel: 747-1514

Mondays 9:00-10:00 am,

September 12 - December 12

Wednesday 7:30-8:30 am,

September 12 - December 12

\$100 for 13 sessions, or \$10 drop-in

The focus here is functional fitness beginning with a 15 min extended cardiovascular warm-up, moving into a fusion of Pilates, yoga postures and strength exercises. Use exercise balls, weights, and toning bands using a variety of breathing techniques and balance exercises.

STRETCH & STRENGTH

Alex MacDonald, 562-4858

Monday 6:00-7:00 pm,

Thursday 6:00-7:00 pm,

Saturdays 10:00-11:00 am

\$9 per class

This year marks the 16th anniversary of this unique class that combines dance, yoga and movement exercises to improve strength, flexibility, balance and co-ordination.

THE FELDENKRAIS® METHOD

Jill Ogilvie, 742-8262

Mondays 10:00-11:00 am,

Wednesdays 6:00-7:00 pm

On-going

\$72 for 8 weeks, or \$10 drop-in

The Feldenkrais® Method will help you to reconnect with your ability to move with ease, through a natural, exploratory learning process and learn how to make any activity easier, more effective, and more enjoyable.

Yoga

HATHA YOGA

André Casaubon, 744-4809

Tuesdays, 12:00-1:00 pm

\$8 per session

Hatha Yoga is a style of performing yoga postures that initially divides each posture into three stages:

The postures are performed slowly and independently, so that participants can maximize the benefits to their fullest with each asana. This course is for beginner and intermediate levels.

IYENGAR YOGA

Barbara Young, 728-8647

\$70 for 7 week sessions

Sept 13 to Oct 25

Nov 1 to Dec 13

Tuesdays, 6:00 - 7:30 pm

Levels 1 & 2

Tuesdays, 7:30 - 9 pm

Levels 2 & 3

Thursdays, 9:00 - 10:30 am

Gentle

Yoga in the Iyengar tradition is based on the eight limbs of Astanga Yoga as interpreted by contemporary Yoga Master B.K.S. Iyengar. Our teaching

places special focus on developing strength, endurance, balance and correct body alignment in addition to flexibility and relaxation.

KUNDALINI YOGA

John Yazbeck, 747-8111

Mondays 7:30-9:00 pm,

On-going

\$100 for 12 sessions, or \$10 drop-in

Kundalini Yoga was designed for the householder, those who live in the world, who have families and jobs, and who want to balance the inner and outer world. It is a yoga that fits the busy lives most of us lead.

Dance & Gymnastics

IRISH DANCE LESSONS WITH THE TAYLOR SCHOOL OF IRISH DANCE

Suzanne Taylor T.C.R.G.,

Tel: 613-761-6260

Email: suzanne@tayloririshdance.com; Internet: www.tayloririshdance.com

Thursdays, 7:15 - 8:15 pm

14 week session/ \$168.00

Irish dance lessons are available to girls and boys of all ages. Irish dance is an excellent and fun way to strengthen and develop skills in music, tempo and rhythm, improve physical coordination and to learn about the Irish culture through its tradition of dance.

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Crichton Cultural Community Centre Programs

KATHARINE ROBINSON SCHOOL OF HIGHLAND DANCING

Katharine Robinson,
Director, 733-2206
Saturday 8:30 - 10:00 am,
Wednesday 7:00-8:30 pm,
Saturday 12:30-1:30 pm,
Special Workshops

The Katharine Robinson School of Highland Dancing offers classes in highland dancing, a traditional Scottish dance form. The school has several professionally qualified teachers, who train both recreational and competitive dancers of all ages. Depending on their interests and goals, dancers are prepared for annual examinations of the B.A.T.D., competition, choreography and performance.

RHYTHMIC GYMNASTICS

Sing Xinhong Jin, 741-8808,
xjin@goldenbridge.ca,
www.rhythmicgymnastics.ca
Fridays, 5:30-7:30 pm
Saturdays 11:15-12:45 pm,
On-going
\$8.50/hr, 12 week Fall Session

This program is a beautiful, fun and fit introduction for girls aged 4 and up to the sport of Rhythmic Gymnastics. Unmatched for its elegant, expressive, precise and graceful movements, Rhythmic Gymnastics is choreographed to music and accompanied by colourful hoops, balls, ropes, ribbons, clubs and scarves.

Music & Drama

DRAMA AND MOVEMENT

Alix Sideris, 747-2766,
alix@magma.ca
Mondays, 4:30 -6:00 pm
(1st semester: October 3 to
mid December)
\$180/semester

This class is for 14 - 17 year olds. Focus in this class will be on acquiring drama, theatre, and movement skills, improvisation, mask, scene and text work.

Alix Sideris is a professional actor from Montreal who has been working and teaching in Ottawa for the last decade. Alix has appeared at the National Arts Centre, The Great Canadian Theatre Company, and with Odyssey Theatre.

DRUM CIRCLE

Nancy Porteous and Corinne Davison
porteous_nancy@hotmail.com
Fridays, 8:00-9:30 pm,
Oct. 2, Nov. 4, Dec. 2
\$4 a night
Bring your own hand drum and percussion instruments.

SING, DANCE & PLAY

Caroline Elson, 282-7905
Tuesdays 10:30-11:30 am
\$80 for 10 weeks

This program is for toddlers (1 yr.-3 yrs.) their parents or caregivers. This class is fun and interactive and begins with a song circle, some interactive singing, dancing to music, with instruments or other props, and exploring some traditional childhood games.

Visual Arts

FIGURE PAINTING AND DRAWING

John Jarrett, 594-0182,
johnjarrett812@hotmail.com
Wednesdays 9:30 am-12:30 pm
\$40 for six classes

In this workshop the model will sustain a pose over two sessions for a total of six hours. This will permit participants to complete a painting or to do a number of sketches or drawings.

General Interest

CONVERSATIONAL FRENCH

Richard Routhier, 745-0708
Wednesdays, 7:15 to 8:45 pm
Oct. 5 to Dec. 14
10 sessions/\$150

Whether you plan a trip to France or just want to practice your French, this course will give you the opportunity to learn or to improve French Conversation in a relaxed and casual atmosphere.

EDEN: A WALDORF HOME SCHOOLING INITIATIVE

Camille Lechasseur,
Tel: 789-5743
Fridays 9:30 am - 1:00 pm
\$200 per child, second child is \$150

This seven week session will allow home schooling parents with children between the ages of 3 and 7 to come together, share ideas and bring Steiner Waldorf into a community setting.

Special Events

INFANT AND CHILD CPR (Level 'D')

Erin Shaheen, 260-7309,
werehip@magma.ca
October 30, 1:00-4:00 pm
\$30 per person

This Heart & Stroke Foundation course covers common types of infant & childhood injuries and tips on how to prevent them.

eBAY SELLING 101

Joanne Hughes, 747-1587 or
hughes4335@rogers.com
Saturday October 8,
1:00-4:00 pm
Cost: \$100

Learn about the fascinating world of eBay. This workshop is designed for anybody who would like to sell on the world's largest on-line garage sale.

TRADITIONAL CHINESE MEDICINE AND ACUPUNCTURE

Dr Chad Sheehy ND,
850-4775,
info@vitalitynaturopathic.com
Cost \$10, or \$5 and a non-perishable food item
Thursday Oct 20 7-8:30 PM

The course will provide a general understanding of Traditional Chinese Medicine theory with emphasis on the use of acupuncture. There will be a live-model demonstration of Facial Rejuvenation Cosmetic Acupuncture, with opportunities for discussion and a question and answer period.



CCCC Office:
Joanne Hughes
Community Facilitator
#307-200 Crichton Street
Ottawa, Ontario K1M 1W2
Phone: 745-CRIC (2742)
Fax: 745-4153
Email: cccc@bellnet.ca

**For more information
about the Centre or pro-
grams call 745-2742. To
register for a specific pro-
gram please call the
instructor.**

LIVING MEDITATION WORKSHOP

Andre Casaubon, 744-4809
Tuesdays, 7:30 - 9:30 pm,
November 1 - 22
\$40 for course (includes hand-
outs)

This four week program allows the participants the opportunity to experience and understand the nature and practice of yoga meditation. These sessions will give each individual the chance to develop their own personal practice and enjoy the benefits of the peaceful and calming effects of group meditations.



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Waxing

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- > Affordable



NECA President Gemma Kerr Reports

I hope that you all had a great summer and were able to take advantage of some of the wonderful weather that we have had this year.

This summer has not been as quiet as some. The Beechwood Design Plan has been quietly moving forward. The City now has software that can provide realistic three dimensional street plans including all buildings and trees, and this has helped the steering committee to visualise and evaluate different development options along Beechwood and on roads linked to it. There will be a public meeting on the evening of October 5 where the City will present draft plans for the future of the street and look for community input. I encourage you to attend and make your opinions known.

A proposal for a very large development (800 units) on Landry Street in Vanier is likely to have as much impact on the neighbourhood as the Design Plan, if it goes ahead. The

increase in population would be beneficial to retailers on Beechwood. However, there is likely to be a significant effect on traffic around Beechwood even after a direct road link to the Vanier Parkway is opened up. The proposed building heights (up to 24 stories) are very high compared to most of the surrounding area. This looks like a repeat of some of the situations we have encountered in the past, where development runs rampant and goes too far.

On the subject of traffic, NECA recently was notified that the City will be implementing traffic calming measures on Crichton near Beechwood, and on Dufferin as part of the current road construction activities. The slowing of traffic will make our neighbourhood safer for all.

Some of you may have seen the announcement by the National Capital Commission about the closure of the Canada and the

World Pavilion later this year. NECA has expressed to the NCC its concern about possible alternative uses of the building and the surrounding property. For more information check out Jane Heintzman's article on page 1.

Finally, a small piece of good news. The new NECA Board decided at their June meeting to scrap the NECA membership fee of \$10. This change will bring NECA into line with Community Council and 4Cs, neither of whom charge people for membership.

NECA MEETINGS: All Welcome

All members of the community are welcome at the monthly meetings and are encouraged to volunteer wherever their interests lead them. If there is an item you would like to have discussed, please call Gemma Kerr, President at 745-7928 to have it put on the agenda.

For the foreseeable future meetings will be held on **Mondays** at the Fieldhouse, 193 Stanley. Changes will be posted on bulletin boards at the Fieldhouse and 200 Crichton.

The meeting date is the third Monday of every month at 7 p.m.:

October 17

November 21

Your NECA Representatives 2005-2006

Pauline Bogue, 742-6966
Rick Findlay, 747-8081
John Jarecsni, 741-9905
Gemma Kerr, 745-7928
Gail McEachern, 749-8420
Catherine Mirsky, 741-8967
David Paget, 746-8341
David Sacks, 740-0650

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Ed Browell, 457-9941
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continued from page 1

Cardinal of Mood Moss Flowers made a beautiful mushroom lantern installation. As well, the members of the Dragon Eyes dragon boat team generously allowed Lumière to decorate and use their boat for the evening.

Many people showed up carrying their lanterns, made at one of the workshops organ-

ized by Caroline Elson and her team of dedicated volunteers. Over 400 people came to the CCCC to participate in lantern making workshops and another 300 children attended lantern workshops at 3 library branches and the Rockcliffe Park Child Care Centre. We are offering facilitated workshops throughout the year. Lantern making workshops are a great idea for work or social functions so please call the office for more information.

A special thank you goes to New Edinburgh community



Photos: dyannewilson.com



residents Peter Honeywell, Hilary Armstrong, Cheryl Green, Cecile Latour, David Harley, and the Burchill family, who helped with workshops, lantern making, and with set up and clean up.

Please check out the Lumière website at www.lumiereottawa.com for pictures of the event, information about the performers, and to leave your feedback about the festival.

If you are interested in purchasing a ready-made lantern, a star lantern kit or a fabulous festival t shirt or if you would

like information on how to donate to the festival please call the CCCC office.

Also, if you would like to participate in LUMIÈRE 2006, please call the CCCC office at 745-2742. A Lumière installation team will be meeting monthly (starting in October) to work on a large installation.

Join us next summer at the Third Annual Ottawa Lumière Festival in Stanley Park on Saturday August 12th, 2006.



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CCCC Announces Dance Classes

The CCCC is happy to welcome two dance programs to the centre. We hope that these programs will encourage youngsters and their parents to participate in these and other Centre activities.

The **Taylor School of Irish Dance** officially opened in September 2002. Irish dance lessons are available to girls and boys of all ages and adults. Irish dance is an excellent and fun way to strengthen and develop skills in music, tempo and rhythm, improve physical coordination and to learn about the Irish culture through its tradition of dance.

With a focus on deportment, footwork and rhythm, students begin by learning the fundamentals, which include hop two, threes and sevens. Dancers move onto more difficult steps in reels, jigs and slip jigs. Additionally, students learn a variety of the Ceili dances such as the four-hand reel, Humours of Bandon, Walls of Limerick and Sweets of May. During the second year of lessons dancers are introduced to hard shoe, which is a leather shoe with solid taps on the toe.

Dancers perform at several community events including the Annual Taylor School of Irish Dance open house. Students also participate in local competitions or Feisanna. Competitions are a great way to demonstrate and test what you have learned and to meet other Irish dancers from the Ottawa area and from across North America.

Suzanne Taylor started her Irish dance career at the age of 4 years in Ottawa. She continued her dance training with the

Bernadette Short School of Irish Dance. Suzanne competed at the championship level in competitions in Canada and the United States. Suzanne has over ten years of Irish dance teaching experience and is certified (T.C.R.G.) and registered through An Coimisiún Le



Rinci Gaelacha in Dublin, Ireland. She is a member of the Irish Dance Teachers Association of North America and the Irish Dance Teachers Association of Canada. Suzanne currently directs the Taylor School of Irish Dance in Ottawa.

Classes at CCCC: Thursday evenings from 7:15 to 8:15 p.m. 14 week session/ \$168.00. Contact Suzanne Taylor at: 613.761.6260. www.tayloririshdance.com

The **Katharine Robinson School of Highland Dancing** was founded in 1968. The Director, Ms. **Katharine Robinson**, is a Life Member of the British Association of Teachers of Dancing (BATD)

and a Member of the Judges Panel of the Scottish Official Board of Highland Dancing (SOBHD). Initially, the School started in the Robinson's family home with 10 students. Today it has grown into a strong and vibrant dancing school with more than 50 students ranging in age from 4 to 54.

Classes are offered for both recreation and competition. The Katharine Robinson School prepares dancers for the annual examination of the BATD, and for local, regional and international dancing competitions and demonstrations. Training for professional examinations is also part of the curriculum.

In August 2005, several dancers traveled to Scotland to compete and perform, and to dance for and meet with her Majesty the Queen. Participation in a wide range of concerts and competitions gives dancers, young and young at heart, self-confidence and pride in themselves and their accomplishments. This is what the School is all about.

Classes at CCCC: Saturday 8:30 - 10:00 am, Wednesday 7:00-8:30 pm, Saturday 12:30-1:30 pm, Special Workshops

For more information, contact Katharine Robinson, Director, Life Member of the British Association of Teachers of Dancing (BATD) Member of the Judges Panel of the Scottish Official Board of Highland Dancing (SOBHD) Tel: (613) 733-2206, <http://www.mondenet.com/~dancer/>

Exhibition by Ottawa Area Sculptors

October 23-30, 2005 at the Crichton Cultural Community Centre:

"Dimensions 2005", is a juried annual group show to celebrate the work of the National Capital Network of Sculptors (NCNS). This year's show, entitled "Figuratively Speaking", is an exploration in the beauty, complexity and emotion of the human form, ranging from the highly representative to the very abstract.

Over 40 new and exciting works will be shown in the spacious setting of the Dufferin Room in the Crichton Cultural Community Centre at 200 Crichton Street. There is ample free parking around the building.

The show opens Sunday, October 23 at 1:00 pm with the vernissage from 4:00pm - 8:00 pm. The gallery space will be open daily from 10:00 am - 5:00 pm. Admission is

free and the public is welcome. Meet the many artists who will be in attendance throughout the show to discuss their work, techniques and inspiration.

Established in 1984, The National Capital Network of Sculptors (NCNS) is an Ottawa-based organization of some of the Ottawa area's leading professional and amateur sculptors, who produce

innovative works in bronze, stone, wood, steel, clay, resins, glass and plaster. The NCNS's mandate is to increase awareness and appreciation for the sculptural arts and to provide a venue for

sculptors to meet and learn from each other. Our members meet monthly and provide support to each other regarding the sourcing of materials, services and show opportunities to further their art.



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By Amelia Purdy

Hockey and lacrosse are Canada's official national sports. Baseball, soccer, basketball, and Canada's own unique brand of football are played from coast-to-coast. Yet, there is another quite different sport often overlooked by many Canadians that takes up official residence at Rideau Hall every summer: cricket.

If you are ever looking for a relaxing and enjoyable weekend afternoon, you'll find it on the sidelines of the cricket pitch. Basking in the sun, listening to the swing of the bat and the crack of the ball, the quick feet of the batter and the applause from onlookers and teammates – can you believe it's all just minutes away from downtown Ottawa?

Cricket matches are thrown by the Governor General every Saturday and Sunday from May until September in a tradition going back to 1866 when Lord Viscount Monck, Canada's first Governor General, created the first cricket pitch on the grounds of Rideau Hall. In Ottawa today, the original cricket pitch at Rideau Hall has been joined by a second pitch on Lynda Lane by near the Ottawa General Hospital.

Cricket: Alive and Well at Rideau Hall

The grounds of Rideau Hall are always open to cricket players and have been for the past 139 years. Approximately 200 local players compete at

Hall. London's Marylebone Cricket Team, whose club created the game's first rules in the 1700s, played on the grounds this August.

ping eleven ways to strike out, making for a very strategic and carefully played game.

In 1872, Dr. G.W. Grace, who has been called the Babe

The majority of the players who show up in their whites every Saturday and Sunday each summer are from the Caribbean and India; whereas, British, Australian and Canadian-born players are the minority. There are no borders among players; lawyers play along with taxi drivers who play along with students.

One of the best local cricket players of his time was Dr. Bruce Lang, who once scored 111 and 109 for the Ottawa Valley Cricket Club in his 1953 season. "The nicest cricket I've ever played has been in Ottawa," he has said. "I've played with as many as eight nationalities on our team. You have people from all over the world and there is absolutely no concern of where you came from."

So although a very traditional game from our mother country and played on the very traditional grounds of our Governor General's residence, cricket in Ottawa has come to reflect the very modern and multicultural country Canada has become since Viscount Monck first laid the original cricket pitch at Rideau Hall.

Amelia Purdy is a student of journalism at uOttawa.



Photo: Peter Glasgow

Rideau Hall. For many individuals, it is a family affair, with grandfathers, fathers, brothers, and sons all playing. Many take the game so seriously that weddings are scheduled around the matches. There are also bigwig major cricket teams from England that play within the gates of Rideau

A common misconception about the game is that it is slow and played as a leisurely sport. But life's quicker pace has sped up the modern game, making it more enjoyable and entertaining. When contrasted with baseball, where it only takes three strikes for a player to be out, cricket takes a whop-

Ruth of cricket, played at the Rideau Hall and, according to the Windsor Star, scored 70 runs. Although 70 is high, Grace regularly scored more than 100 runs and so on that day he presented his bat to the bowler who struck him out. That bat now belongs to the Ottawa Valley Cricket Council.

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Grandparents Day kicks off RPPS Book Fair 2005

By Rebecca Gwyn

When the school bell rang on June 3rd, the 400 plus students at RPPS were eager to greet their grandparents and guests. Jackets and sweaters were quickly hung up and lunch boxes were tucked in cubbies. "Oma, Opa, Grandma, Papie, whatever you are called, WELCOME to our school", began the morning announcements.

More than 75 grandparents and residents of the Elizabeth Bruyère Health Centre were guests of honour at Rockcliffe Park Public School (RPPS) to celebrate the joy of reading. Grandparents Day marked the official kick-off for Book Fair 2005 and was a great way to illustrate this year's theme: "Generations of Readers".

As the students guided their guests through the hallways, cries of "here's a picture I painted Grandma!" and "this is where I hang up my coat Grandad" could be heard throughout the school. The children were on their best behaviour, anxious to shine and share a special morning with their grandparents as well as with the guests from the Elizabeth Bruyère Health Centre.

For their part, grandparents and guests were brimming with joy at seeing the children in this great learning environment. Coming from as far as Vancouver, Montreal and

the school to explore favourite books, exchange stories and, of course, read. Principal Denis Delorme walked through the school, noting how attentive the children were as



London, Ontario, many grandparents were thrilled to be invited to come to school again. Some brought their favourite books while others beamed as their grandchild read to them in French for the first time. They marveled at the layout of the school and the variety of the courses taught to the children, and how fun learning seemed to be, "so different from when we went to school", one grandparent said.

For the next two hours, small groups were formed all over

the grandparents read, and the pride of the grandparents as they heard the children read. "It was a great moment in education", he said afterward. "Reading is the primary building block of education. To foster the love of reading and to bridge the gap between young and old through this event is truly special".

Fostering the love of reading is one of the fundamental goals of the Rockcliffe Book Fair, now in its 44th year. Every autumn, the school gymnasium is turned into one of Ontario's largest book fairs, featuring thousands of used

books for children and adults.

This year's **Rockcliffe Book Fair** takes place on **November 4, 5 and 6, 2005** at the RPPS gymnasium (Queen Juliana Hall) located at 370 Springfield Road. For more information on hours and activities, you can visit our website at www.rockcliffebookfair.com or contact one of our co-chairs, Peggy Ainslie at 742-1309 or Maggie Knaus at 742-7925.

Donations of used books (both children and adult books) as well as puzzles, games and audiovisual material (tapes and cds) all year round are gratefully accepted. Proceeds from Book Fair are used to support literacy and other programs at RPPS as well as to provide grants to other Ottawa area schools for their literacy programs.

Each year Fair organizers hold a Fall Book Drive, which will take place this year on October 22. Their team of community volunteers will pick up book fair materials at your home between 9:00 AM and 1:00PM on October 22. All you have to do is call in advance at 749-7128, provide your address, and leave the items outside in plain view for swift pick up. You are also welcome to drop off your book donations at RPPS during school hours (8 am to 4 pm), located at 350 Buena Vista Ave. If you have a large volume of books to donate and need assistance, please contact Erma Duchemin at 749-7128 to coordinate the pick up of your donation.

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Hurricane Katrina: Local Donations Bring "Little" Comforts to Victims

By Julie Vanderschot

"Imagine....a day without toilet paper and a toothbrush." That thought – and the reality that the victims of Hurricane Katrina face a lack of basic necessities everyday – sparked an idea for a local campaign to help our American neighbours in the wake of a huge disaster.

Tracey Burton, a parent at Rockcliffe Park Public School and resident of Rockcliffe Park, spearheaded a drive to collect basic hygiene essentials through the local schools. Students at **St. Brigid's, Fern Hill, Elmwood, Ashbury, and Rockcliffe Park Public** schools were invited to bring in donations of toilet paper, toothpaste and toothbrushes, soap, shampoo, deodorant, diapers and any other related items.

A team led by **Chris Troughton**, a local resident and owner of **Millennium Limousine Services**, has chartered a plane, with the fuel and pilots also generously donated, that will fly to the affected region on September 27 to deliver the donated goods. Hundreds of items have been collected through the schools. **Giant Tiger** is contributing

about \$1,000,000 worth of goods to ensure that the cargo plane is fully loaded.

The campaign has enabled the students to make a tangible contribution and, by bringing

American neighbours' lives by giving so very little." Thanks to all contributors and those who assisted in the collection.

And Tracey is not contented to stop there. Plans are already



Staff Photo

Tracey Burton gets a hand from some Rockcliffe Park Public school students.

such basic items such as toilet paper to donate, given them a real sense of how much was lost in the wrath of Hurricane Katrina. As Tracey said, "Now, let's imagine how we can make a very big difference in the quality of many of our

underway for another shipment which will include additional area schools. Tracey wants to spread the message that "kid's can make a difference" -- and she is there to help them do just that. Bravo Tracey!

Report from St. Brigid School

St. Brigid School enjoyed a very successful year in 2004-2005, and with the help of the Parent Council, school board, and staff were able to make some significant improvements to play facilities and student-based programming.

With generous parental donations of plants, our Grade 6 class of 2005 established beautiful school gardens at the front of the school, and in the kindergarten areas.

Individual classes joined in this greening project to add other plant beds and the development of indoor seed gardens. The Parent Council was very active in its fund raising campaigns and was able to finance the installation of outdoor basketball hoops in both the primary and junior yards. These additions have been very well used and respected by our student population. Our school board provided financial support for an expanded breakfast program and an in-class tutoring program involving university and college students. The focus in these initiatives was on improving literacy skills

and promoting reading enjoyment.

In the coming year 2005-2006, St. Brigid will continue with its greenification program and will be expanding student participation in both greenification and recycling endeavours.

Our school received a \$7,500 grant from the Catholic Education Foundation of the OCCSB to support a science and technology endeavour for selected Grade 5 and 6 students who would benefit from after school academic support and opportunities to build self esteem and confidence in the math, science, and technology areas. This staff-led project will begin in late September and will also include university mentors. Further efforts will be made based on literacy grants to improve numeracy and literacy at St. Brigid. Finally, the school administration and staff, working jointly with Parent Council will be looking into a 2-3 year plan to improve the play areas for the students at the school.

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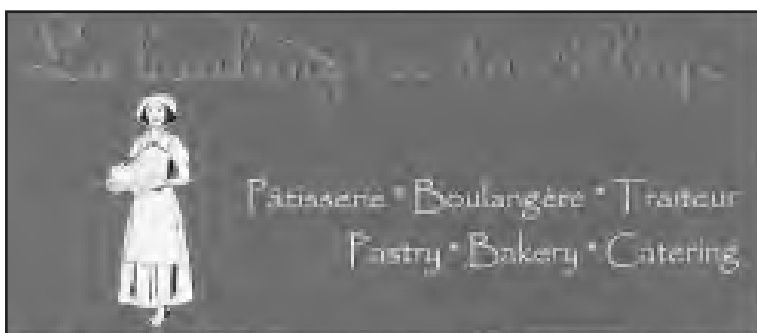
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Environmental Stewardship Blooms in Cardinal Glen

By Jane Heintzman

If all Canadians were to follow the lead of the residents of Cardinal Glen as environmental stewards and energy conservationists, meeting the "One Tonne Challenge" flowing from Canada's commitments under the Kyoto Accord would be a piece of cake (organic cake, of course!)

Cardinal Court is a compact community on the edge of Manor Park off St. Laurent Blvd. Among its longer-term residents are **Jo-Ann** and **Hugh Robertson**, a remarkable couple who have already made their mark as committed environmentalists and educators in their respective fields. Hugh was a distinguished teacher of humanities at Ashbury College (who coincidentally—or perhaps not—taught Sean McAdam, a pioneer in the realm of biodiesel fuel who is profiled in this issue), and Jo-Ann an early childhood educator who taught for a number of years at the former **Manor Park Pre-School**. Her pint-sized students included our eldest son whose devotion to her was such that for a time,

virtually every beloved object in the house was renamed "Jo-Ann" in her honour!

Look Ma': No Garbage!

The Robertsons made the news just over a year ago for their extraordinary efforts to cut back on their household's production of garbage for the landfill (*Couple Trashes Garbage Pickup Ritual*, Toronto Star, Thursday, Jan.22, 2004). By means of an energetic and conscientious application of the three R's—**Reduce, Reuse, Recycle**—combined with an ambitious home composting programme (summer and winter), they managed to produce only 2

...they managed to produce only 2 bags of garbage between April 2000 and January 2004.

bags of garbage, one of them kitchen-sized, between April 2000 and January 2004. They were deservedly rewarded for their efforts with an award from the City of Ottawa. If City Councillors are in any doubt about the feasibility of cutting back the current (ludicrous) four bags per week limit, or indeed of introducing

bi-weekly garbage collection, the Robertsons' example is proof positive that this is readily achievable. And no, they don't spend their entire lives compacting, composting, returning and recycling: rather they estimate that about an hour a week is invested in separating garbage.

Hugh is hopeful that Cardinal Glen may soon be brought into the **Compost +** pilot project with an added variant involving voluntary participation in bi-weekly garbage collection ("Spare a Week and Win"). Conscientious households not in need of weekly collection

can put a flag out every second garbage day as opposed to their regular garbage. The pilot project is currently operating in the wards of Peter Hume and Maria McRae.

Meeting the One Tonne Challenge Head On

The Robertsons' most recent environmental project has been a well-planned and concerted

attempt to respond to the federal government's "One Tonne Challenge" by taking action to reduce their household energy consumption and cut back on green-house gas (ghg) emissions. The various steps in this process and the conservation initiatives it has entailed over the past 18 months are recorded in detail in their "**Kyoto Home Diary**," the 8 instalments of which appeared in the **Manor Park Chronicle** between March 2004 and September 2005.

The first stage in the process involved a number of **baseline measurements** to determine their existing energy consumption patterns and emissions levels, and identify areas for improvement. These baseline measurements included:

- an Energy Audit under the NRC's Energuide for Houses Programme

- an infrared scan by spectral analysis to identify areas of exterior heat loss

- installation of a watt meter rented from the EnviroCentre to track the energy consumption of their appliances

- installation by Ottawa Hydro of an interval meter to monitor energy consumption at 5 minute intervals

- an assessment of the carbon dioxide emissions from their

home heating system carried out under the One Tonne Challenge Programme, and

- baseline readings for natural gas, electricity and water consumption.

To mention just a few of the many initiatives the Robertsons have taken to improve the energy efficiency of their household and cut back on their ghg emissions:

- installation of a new, high efficiency natural gas furnace

- gradual replacement of all incandescent light bulbs with compact fluorescent lights (CFL's, available from EcoEnergy Choices Ottawa)

- cooling their home, not with an energy guzzling Air Conditioning system, but by means of awnings; portable fans; the installation of wrought iron lattice-style front door which allows cool air to circulate at night; and minimizing indoor cooking

- converting their electrical cook top stove to a natural gas unit and adding a small convection oven which uses substantially less electricity than a regular oven

- hang drying their clothes throughout the winter, both to cut back on the electricity required to run a dryer, and to add humidity to the dry winter air (hence less need for a

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humidifier)

- cutting back on water consumption through the installation of low flush toilets and low flow showers heads; the use of a rain barrel to store water for the vegetable garden; and siphoning bath water to water their trees and shrubs

- replacement of their dish washer and clothes washer with new longer lasting, energy efficient European models and

- last, but far from least since driving accounts for at least 50% of the ghg emissions generated by each individual, replacement of their 13 year old Volvo with a clean burning, energy efficient **Toyota Prius**, powered by a gas/electricity hybrid engine and estimated to generate just under 2000 kg. of ghg per year, in contrast to the 5000 kg. produced by the Volvo.

The list goes on, but you get the picture: far from being simply strident, bumper-sticker bedecked environmental lobbyists, the Robertsons are serious about this energy challenge and prepared to put their time and resources (both intellectual and financial) into doing their part as a family to help meet Canada's Kyoto commitments.

So how did they do? The final instalment in the Kyoto Home Diary series appeared in the latest edition of the Manor Park Chronicle (September 2005). In a nutshell:

- the Robertsons' annual ghg emissions were estimated at just over 3 Tonnes per person, in contrast to the 5.7 Tonnes which is the average for Ontario residents;

- their "**eco-footprint**", or the amount of productive land required to support 1 human being, a calculation reflecting energy consumption patterns, was mapped by local architect **Jane Thompson**, who has recently carried out a CMHC-funded study of the energy impact of 20 Lindenlea homes. The resulting estimate was approximately 4.3 hectares per person, or half the Ottawa average of 8.6. (At 7.25 hectares/person, Canada's average eco-footprint is third highest in the world after the United Arab Emirates and the U.S.A.).

Even these results reportedly don't reflect the Robertsons' most recent energy efficiency initiatives, but by any standards they set an impressive example for the rest of us.

Cercle Glenviro Circle

Admirable as the Robertsons' conservation efforts are, they are not alone

as crusaders in their tightly knit Cardinal Glen community. This past February, a small collection of like-minded environmentalists congregated at the home of **Helen Zettel**, and a neighbourhood environmental group was born. The group

getic efforts of this core group, membership within Cardinal Glen has been steadily growing and is now close to 100 individuals ranging in age from Connie Elton at 94 to Helen's daughter **Hannah Zettel** at 5.



Hugh Robertson and Denise Rackus with their Hybrids.

was recently named Cercle Glenviro Circle (reflecting its bilingual character), the winning entry in a neighbourhood naming contest which was concluded on their highly successful "**Open Gardens Day**" at the end of August.

In addition to Helen Zettel and Jo-Ann and Hugh Robertson (Hugh is now officially acting as Secretary), the core group includes **Denise Rackus**, a former teacher and proud Prius driver who is President of Cercle Glenviro Circle, **Bob Butcher** and **Connie Elton**, Jo-Ann's mother who, at the age of ninety-four, is a committed environmental activist with plans to launch a group of her own in her home community in Huntsville. Thanks to the ener-

Among their regular initiatives is a monthly bilingual newsletter distributed throughout "the Glen" and dealing with such issues as the environmental and health impacts of idling, pesticide use, the need for a city-wide expansion of the organics collection programme (Compost +) and the introduction of "**smart meters**" by Ottawa Hydro to permit consumers to closely track their energy consumption patterns and (one hopes) make the necessary reductions.

The package on idling, which included information from the City and the province, urges the community to become a "No Idling Zone," and so far members have had some success in spreading their message and occasionally "con-

verting" interlopers in the area such as electrical workers, delivery truck drivers and snow removal crews. As the cold weather approaches, here are a few facts from their information package which all of us drivers should bear in mind:

- a car engine needs only 30 seconds to warm up

- 10 seconds of idling uses up more gas than restarting your engine

- an idling vehicle emits 20 times more air pollution than one travelling 50 km/hr.

The group's packages on pesticide use, which were colourfully decorated by a number of the neighbourhood children, included information from the City and from various environmental organizations such as the **World Wildlife Fund**. While the NEN has published a number of recent articles on the risks of pesticide use, including our recent report on organic food production (June 2005), a couple of facts from the Cardinal Glen package bear repeating:

- some commonly used lawn products are known causes of cancers of the kidney; testicles; stomach; colon; prostate and liver, as well as of reproductive and immune system disorders;

- pesticides pose a serious threat to groundwater, birds, insects, fish and animals, including of course our beloved household pets; and

- homeowners use 10 times more chemical pesticides per acre than farmers.

In recognition of their environmental activism, Hydro Ottawa recently invited the residents of Cardinal Glen to be the first Ottawa community to participate in a pilot project involving the use of "smart meters". The current plan is to have 800,000 of these meters installed in Ontario by the end of 2007, with full coverage throughout the province completed by 2010. The meters, which were installed in participating Cardinal Glen homes at the end of August, store individual power consumption data which homeowners can retrieve via the internet or by phone to keep close track of their consumption patterns, and hopefully make the necessary modifications in their habits. Given their record to date, it seems safe to assume that the residents of Cardinal Glen will use these new toys to the best possible environmental advantage!

Interested readers who would like to find out more about this energetic group, have a look at some of its information packages, or even suggest other environmental issues in need of their attention, are welcome to get in touch with Glenviro Circle President Denise Rackus at denise.rackus@sympatico.ca.

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Grenada - My Kind of Country

By Bruce Sach and
Carole Jobin

"My daughter looked at me and said 'Are we going to die?'" Kennedy was describing to me the afternoon on September 7, 2004 when Hurricane Ivan hit his house. His home and over 90 per cent of buildings in Grenada were damaged. Seven months later he still doesn't have a proper roof, home telephone or much of a job. Kennedy was our Grenadian tour guide.

When Grenada makes the news, it has a knack for making a big splash.

Although he invaded the country in 1983, it is rumoured

that Ronald Regan probably couldn't have found the Caribbean island of Grenada on a map of the world. The resulting invasion was, until September, 2004 the most significant event to have happened in recent Grenadian history. Grenada became a pawn in the Cold War, and it was in 1983, that 1,900 US troops dislodged the Soviet and Cuban interests who had gathered there to influence political developments.

Now debris in the form of abandoned tanks and aircraft litter the island. Fortunately, not all of the island's rusting mechanical relics are non-

functional. Since 1785, a sweet smell has been hanging in the air thanks to the oldest distillery in the Caribbean.

Following the Caribbean model, rum making has always been important in Grenada. At River Antoine, in central Grenada you can visit the oldest functioning rum distillery in the West Indies, in the Western Hemisphere, if the guides are accurate. One thing is certain - nothing has been changed at the distillery since the 18th century. The original British water wheel stills powers the crushing of sugar cane and a tiny hand-pushed trolley is used to transport the baggas

or sugar cane waste which is then used either as compost or to fire up the sugar cane juice. Exactly twelve days later, the finest, non-exported Jack Iron rum produced, 75% proof ready for bottling or use as rocket fuel.

Nearby is another vestige of the past, the now forgotten Pearls Airport. Officially closed to air traffic, it was the international airport during the 1979-83 Grenadine experiment with socialism. Rusting, Russian-built Cuban airplanes now compete with grazing cows along the old airstrip

ger, shampoo ginger, dasheen and Japanese pagoda are just some of the common-place Grenadian plants you'll see growing here along with dozens of varieties of palm and bamboo. Grenadians have a generous definition of indigenous plants; anything that has been here since the colonial period. My favorites were the fat pork trees, Mother-in-law's Tongue and Old Man's Balls. Alas, the latter was dead.

Grenada has a law that disallows hotels taller than palm trees and another that forbids private beaches. Unlike the bil-

But in Grenada you can get a good room, with kitchenette and a balcony overlooking the two mile long beach for \$100 US a night.

which is still open - a home mainly for drag racing and a lover's lane. Police still man the place in case smugglers try to land here but squatters have taken over the land. On the road, or tarmac, everyone is still talking about the revolution of the 1980s and the ensuing American 'intervention'.

Grand Anse Beach has billion-dollar views of St. George, the capital. Yes, if this beach existed in Europe the rooms would cost a fortune. But in Grenada you can get a good room, with kitchenette and a balcony overlooking the two mile long beach for \$100 US a night. The Soviets built their command post just above here, and today many of the finest restaurants are perched along the beach. Restaurants on the beach serve up Grenadian Fish soup, mahimahi and Christophine tart with nutmeg ice cream.

Although only 8 by 16 miles Grenada devotes roughly half of its area to natural parks, where no one lives and there are no camp grounds. Walking around Grand Etang pond, our guide Kennedy used his machete (or cutlass, as locals call it) to save our pants from the razor grass or muchembe. "Things grow so fast in Grenada that if you stand still, you'll take root," Kennedy admonished. As we trekked along in ankle deep red mud, I realized he wasn't exaggerating.

For the viewing of vegetation however, the place to visit is Bay Gardens. In twelve acres of plant paradise, you will come across overgrown plantation ruins but will be bedazzled by the over 5,000 species of flowers and trees. Like some huge private garden the vegetation is dense but much of it is labeled. Soursop, tamarind, Seville oranges, twisted gin-

lion-dollar view on Grand Anse Beach, the Portici Beach offers a secluded, intimate spot to escape. Located at the end of a dead end road Laluna is the only hotel on this tiny beach. Although no beach in Grenada is private, the one at the Laluna on Portici Beach feels like it. Charles Hossle, the manager, stresses that "unlike other hotels on Grenada, there is absolutely no dress code". You can order any meal at any time of day or just curl up in one of the Indonesian day beds and spend the day reading or watching the waves roll in. "We encourage people to do nothing."

If you feel like doing, say, something - head up to the northern island of Carriacou for the Parang Festival just before Christmas. This three-day event reminds us of how locals used to spread the news (and gossip) by forming 'parang' bands singing about everything from the inanities of local politicians to the straying of errant spouses.

And if you stray too far from Carriacou, you'll be in another country - St. Vincent and the Grenadines. Should this happen to you don't miss out on visiting the Tobago Cays, an absolute perfect playground for snorkeling, sailing and pure relaxation with the most beautifully colored water you're ever likely to see.

In the same waters the movie Pirates of the Caribbean was filmed, the local pirate ship named the 'Scarmouche' (also used in the filming of the movie) will serve as a kind of water taxi to take you between islands.

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Staff Photo

St. Bart's Canon Jim Beall breaks bread with members of the congregation at a recent gathering.

St. Bart's Jim Beall Announces His Retirement

Some months ago the collective community of St. Bartholomew's Church on MacKay Street was concerned ('an uneasy state of blended interest, uncertainty and apprehension', Webster's 9th New Collegiate Dictionary) when their beloved spiritual leader, Canon Jim Beall, announced his early retirement effective the end of November. The good news is that the Beall

family will continue to live in New Edinburgh. Jim and his wife Joanne are suffering from the empty nest syndrome with their children, Michael and Jacqueline, attending Universities in the Maritimes. New Edinburghers will see them as a family during school breaks and individually walking the streets with the family pet, Caesar.

Did you Know?

New Edinburgh has a newly updated community website. Check it out at: www.newedinburgh.ca

MacKay United Church Welcomes Reverend Bryce

MacKay United Church is pleased to announce the arrival of the Reverend Elizabeth Bryce. The Reverend Bryce has agreed to fulfil the role of Supply Minister for MacKay over the next year while we conduct our search for a new minister to guide our congregation. For those of you who have not heard, the Reverend Kevin Little took a new opportunity in Toronto in July.

Elizabeth hails from Montreal where she received her Master of Divinity and was ordained by the Montreal-

Ottawa Conference in 1989. She has been employed as a minister in both the Saskatchewan and Montreal-Ottawa conferences. As well as fulfilling the responsibilities of a mother of three, and supporting her partner Paul in his duties as minister for Riverside United, Elizabeth was most recently Locum Minister for the Ashton Pastoral Charge.

Come join Elizabeth and the rest of the MacKay spiritual family any Sunday at 10:30 on the corner of MacKay and Dufferin.



New Edinburgh MacKay Playgroup

The New Edinburgh MacKay Playgroup is a local playgroup for children ages 0 - 6 years, and their mothers, fathers or caregivers. It is held Monday and Friday mornings from 9:30 to 11:30am at MacKay United Church, from September to June.

The cost to attend once a week (Monday or Friday), is \$40 for the year, or \$80 to attend both days. It is a great

way to meet and enjoy the company of other mothers, fathers, caregivers and children in our community. To register, or for more information, please call Debra at 747-8205, or email at dconner@sympatico.ca.



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Letter to the Lumière Organizers

My granddaughter and I planned to travel to Canada from New Jersey. The Festival Lumière jumped out of the jumble of Ontario holiday opportunities online. It became the peg which anchored our two weeks of travels--our journey's destination. Our expectations were high, but came no where near matching the pleasure the magical evening delivered.

You transported us back in time to the shores of a blue green lake in the land of the Good King and Queen. It was an enchanted land of entertainers from exotic places and music spiraling around on the night breeze. A magic land where my ladybug granddaughter with her star lantern flitted around among butter-

flies flying free and wishes on trees, fierce dragon fights, glimmering fairy lights, and noble knights. A collage of experiences swirls in fanciful flight in my memory. I recall everything from the marvelous wizened old man and the humorous horse heralds, to the glistening green lady twisting suspended from the tree, to the sensuous fire dancers.

The recitation of each and every momentous moment of the evening could go on for paragraphs, but you know them better than I. More importantly let me say KUDOS, LAURELS and just plain THANKS to you, your planning committee and volunteers (and entertainers) who produced such a professional caliber event with all the charm

of a neighborhood festival. It will remain the highlight of our summer!! (Is it true this is only your second year?)

I certainly hope you have received substantial media coverage. And, if the Lumière Festival hasn't already gained recognition as one of Ottawa's major summer events, add my voice to petition the Ottawa tourist promotion "people", to elevate it accordingly.

I do hope to be back next year, with my son and daughter-in-law and the entire family.

Thank you again from both of us.

Barbara Mustafa
(Wisconsin) and

Rachel Heyse (New Jersey)



Photo: dyannewilson.com

Letter to the Editor: Adrienne Clarkson the *Quiet* Governor General

Now that Governor General Adrienne Clarkson has recently left Rideau Hall, the grounds of which are a vital part of the New Edinburgh landscape, there is one Adrienne Clarkson story that stays in my mind.

A friend of mine went to see *The Quiet American* at the Bytown. A couple of rows in front there were two empty seats. Suddenly a couple sat down and began a friendly conversation with the people behind. My friend observed this common ritual that takes place in many theatres. We Canadians are a polite lot.

The situation wouldn't have been so unusual, except for the fact that the two people were none other than the Governor General and her husband. Apparently they were discreetly dropped off by a driver, and then acted like anyone else would who would go and see a film.

This is a far cry from where celebrities rent entire cinemas just so they can be alone and watch a film. But, of course, we Canadians are different!

It is ironic that an immigrant Canadian Governor General

(the first one) should show Canadians just how Governor Generals should really conduct themselves. It is also very Canadian for the highest office in the land to calmly stroll into a movie theatre with her husband in tow, without a great deal of fan-fare. If this were Washington DC, there would be limos, and sirens, and dog sniffing, FBI questioning, curious men in dark glasses, and so on.

But, we Canadians are different!

It's similar to some of the northern European countries where the monarchs ride bicycles to the market, and mix with the common folk. It's a strategy that's very effective, but can only be carried off by the right person. Some Governor Generals have been content to lock themselves up behind the high, black, wrought iron gates of Rideau Hall, but this Governor General clearly is different, as people have been saying that she is. I didn't realize just how different until my friend related the story of this "Quiet Governor General"!

Where else but in a world capital like Ottawa can ordinary people calmly stroll across the lawns of Parliament Hill, and where else can high politically appointed leaders casually walk into a movie theatre and watch a film just like, and with, everyone else. We Canadians clearly are different, and Ottawa, although a world class, cosmopolitan city still is, in many ways, like a small town where prominent people can move around without much ado.

The moral of this story is that the next time you're in a crowded movie theatre, take notice of who's sitting a few seats from you. But, don't make a fuss. Adrienne Clarkson and her husband didn't. Just quietly watch the movie. Adrienne Clarkson and her husband did, and this is the picture of the former Governor General that will stay in my mind.

Douglas Cornish
writer.cornish@sympatico.ca



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Notes from South of Beechwood

Claridge Home's – Thirty Storeys – Now That's Residential Intensification!

By Marilyn Hart

It could never happen in Sandy Hill.

Neighbours to the South of Beechwood Avenue would simply love to be contemplating a four storey infill site featuring 24 elegant condominium units. Instead we are agonizing over a 9.6 acre (3.91 ha) site, immediately across the street from an existing, low rise residential zoned neighbourhood, where three high rise apartment buildings of 30, 24 and 16 storeys, together with 142 townhouses, have been proposed by Claridge Homes. Altogether that is approximately 765 units. Now that most certainly IS 'residential intensification', the popular phrase—popular with developers that is—which is peppered throughout the City of Ottawa's new Official Plan.

To begin at the beginning

On June 1st, this summer, a Re-zoning Application sign went up on the chain link fence, which almost encloses what some of us affectionately

call Toxic Park. That is the old Dominion Bridge site adjacent to Landry Street, and abutting the Vanier Parkway. The site has long been unused, and is today surrounded by mature trees, and in season, is covered in wild flowers. It is a much favoured dog walking area, and yet beneath the surface lies dangerous toxic materials, left there by the Dominion Bridge operators.

On a hot Sunday, June 5th, angry residents from Landry and surrounding streets hastily convened an afternoon meeting under a tree adjacent to the site. These residents, led by John Nolan, were initially fearful that the disturbance of the toxic materials would be hazardous to their health. Experienced political organizers began organizing; petitions were circulated door to door; media interviews were given; additional ad hoc meetings were held. New friends were made. An impressive and wildly aggressive crowd of some 250 people finally met the developers, their consultants,

their local Councillor Georges Bedard, and their local MPP, Cabinet Minister and local resident, Madeleine Meilleur, at the Richlieu Centre on the evening of June 21st.

Over the many years I have worked as a municipal planner and urban planning consultant I don't think I have ever seen a crowd as vocal and expressive as this one. I myself joined in the debate with great pleasure and passion. We were angry. Our presence was most certainly felt. But now it is time to discuss the application in a calm and rational way, within

zoning was approved for that developer which remains to this day. This is the reality which faces us. The land is not a park, as some thought, neither is it a sterile site which can not be developed, as some others thought.

The Re-zoning Proposal

The re-zoning application, as submitted, appeals to very few people. The three very high apartment buildings are tightly clustered on the office-zoned area at the western end of the site. The developer would require a change in permitted



the context of both the Planning Act and the Environmental Protection Act of the Province of Ontario. This all sounds a little duller, but there is a great deal of work to be done. Please join in, if you have the time.

The Zoning History

In the Fall of 1991, during debate of the Vanier Official Plan, all of the residential area South of Beechwood was downzoned to a traditional low rise residential zoning. The permitted low rise heights, as you may know, are 35 feet or 10.5 metres, which is a 2½ storey building. At the same time, the permitted height for commercial properties on the South side of Beechwood Avenue was reduced to three storeys. That was the era when the famous Claude Taverne was demolished and the new Loeb's store opened on Beechwood.

What most of us were shocked to learn this past June, was that the Dominion Bridge site had remained a medium to high rise residential zoning, with maximum heights of 21.5 metres. Moreover, in 1991, the City of Vanier was negotiating with an office developer to use the western part of the site for two 19 storey office buildings. Market conditions changed and the office towers were never built, however a new

use from office to residential. This is not a problem. He would also require a change in permitted height from 19 to 30 storeys. The larger portion of the site indicates town homes for which no zoning change would be needed.

Although a re-zoning application does not require any official consideration of a site plan, I have suggested, and others agree, that an acceptable site plan be legally tied, as a condition, to any re-zoning approval. It is a very large site.

The re-zoning application should thus be seen as a positive opportunity to mould the built form and layout of the total site. The opportunity to create an overall development which is something our generation and future generations can be proud of—a showpiece. We haven't been presented with a showpiece yet.

Our Concerns

One of the things that is clearly wrong with the suggested form of development is the incongruous scale. Massive thirty storey buildings are situated immediately adjacent to two storey homes. This is not harmonious. It is visually and psychologically disturbing. In the words of Sam Lab, who sang at our last public meeting "Hey, thirty storey buildings – they make you dizzy!". From an urban design

standpoint, a more appropriate approach would be to deal with the land site as a whole and create a series of staggered height buildings, with the tallest being 'landmark' buildings seen from the bridge, and the lowest edging Landry Street.

Massively long shadows will be cast, and unfortunately the site lies to the south of our existing homes. If the shadows were being cast over the Rideau River parklands I'm sure the environmental and wildlife protection lobby groups would be objecting strongly. Our habitats matter too.

Reasonable compatibility with the adjacent low scale neighbourhood should be an objective, as stated in that popular Official Plan document. At present, apart from excessive height, the site layout turns its back on to Landry, and has an internal layout which bears no relation to the street pattern of the surrounding area.

Traffic of course is also a major issue. Agreement must be reached with the National Capital Commission to allow a new access from the site to the Vanier Parkway, which although presently congested, can hopefully cope with an increased amount of traffic near that very busy Beechwood intersection. The site plan, as initially submitted, does however also show traffic from the 765 units, flowing through our very peaceful neighbourhood – towards Beechwood Avenue! Maybe that peace is not to last. Traffic studies have very recently been submitted to the City by the developer. We must all have an opportunity to review them.

The Toxic Site

The initial health fears of the Landry residents, although very valid, are being addressed by various consultants, who are working within the legal framework of the Ontario Environmental Protection Act. Last October 2004, the provisions of the Act were made much more stringent. Risk assessment analyses of the site must be undertaken and a clean up plan (or remediation program) approved by the Province. Our MPP, Madeleine Meilleur, is helping us there.

Ironically, Brownfield Sites, as they are called, are now very much in the news. The Province is actively persuading all municipalities to encourage the development of these old, often inner city, industrial sites. The City has just

Service with Integrity



launched a Brownfields Site Study. As they are much more difficult and expensive to develop than the Greenfield Sites at the outer edges of suburbia, various financial incentives for development may soon be approved.

In overall urban planning terms, this is a positive step, which will hopefully help minimize suburban sprawl. The Claridge Homes initiative on Landry is, in conceptual terms, seen by senior City staff as a good thing, especially as no financial incentives have yet been offered. However, as with all things in life, a balanced and moderate approach is necessary.

The Good Points

We all enjoy the stores, services and restaurants along Beechwood Avenue, but many of us know that for years stores have remained empty, vacant sites have remained undeveloped, and many businesses are struggling. Any major residential development in the South of Beechwood area, and there are other large sites waiting in the wings, will bring great numbers of much needed customers to Beechwood. This is good. The Landry site is only a four minute walk away.

However, those who say that any form of development is acceptable as long as it brings customers into the area, are clearly short-sighted.

In the past two or three years, many newcomers have bought homes in our neighbourhood. They are coming from Montreal and Toronto, and closer to home – from New Edinburgh, Manor Park and Lowertown. Much renovation is taking place. One or two new homes are being built. The South of Beechwood area would benefit from new development, but not at this overwhelming scale. Yes, we are drooling with envy over those mere twenty-four unit condominium projects on Dufferin!

The Timing of the Application Process

Although The Sign was posted on the fence on June 1st, Claridge Homes had not at that time submitted all the pertinent materials for the application to be considered active. Community meetings were held nonetheless. It was only very recently, about August 15th, that all materials were given to City staff person, Doug Bridgewater. It is thus now "all systems go".

The procedure is to circulate the application information to a great variety of Technical Agencies, a process which will take at least a month. By the end of September, residents of the South of Beechwood area should be able to review technical responses. Undoubtedly a significant public meeting will be held before the staff

recommendation goes before the City's Planning and Environment Committee in perhaps December.

If you wish, you can contact the Planner in charge of the application: Doug Bridgewater at 580-2424 ext. 13387, or email him at Douglas.Bridgewater@ottawa.ca. But he's a very busy man.

Communities are Organizing

The Overbrook Community Council (OCC) is quite anxious that community associations which surround the South of Beechwood area, take a keen interest in this major rezoning application. Not only because traffic implications will affect many car drivers in the area, but also as the enormity of the scale of the development is something which neighbourhoods have been successfully resisting for the past thirty years. A feeling of solidarity and concern is emerging. Could it happen in Overbrook next? Or even New Edinburgh?

The South of Beechwood area has an embryonic community group as I write this article. A formal Community Association should be convened in the next two months.

Please join us, with sympathy, and with the benefit of your own NECA's expertise and experience. We are keeping in touch with Gemma Kerr,

your hard working President. We will keep her and Gail McEachern up to date, as the process evolves. Moderation, harmony of scale, more customers for Beechwood, and yet respect for our neighbourhood, is what we are seeking.

Marilyn Hart is a writer and

public policy analyst focusing on urban issues, with over thirty years' professional experience in Canada and Australia. She now lives on Laval Street in the South of Beechwood Area. Contact at 842-4334 or by email marilynhart@sympatico.ca.

Breezy Bits South

So many new people are moving into our area, which makes our lives more interesting than ever. Let's welcome just two families.

No—just animals. She also grooms, cuts and runs a day care operation. No—just animals again. It's a lively place. Call her at 747-2243 if you're



Jacqui and Steven Tyrie have recently moved from Crichton Street, to buy a house on Laval Street near Charlevoix. They have brought with them Ruben, Gunner, Pablo Picasso and Dr. Watson! No, they are their dogs. Jacqui runs a doggy business, called Creature Comforts, from her home and spacious backyard. She welcomes boarders.

a dog. She'll understand.

Books on Beechwood's tireless owner and operator, **Jeanne Barton** moved last Fall to a new home on Barrette Street, with her husband and trusty dog Samantha. They previously lived in Lowertown. This means that Jeannie can walk to work in 90 seconds. She is now a truly Sustainable, and Energy Conscious woman!

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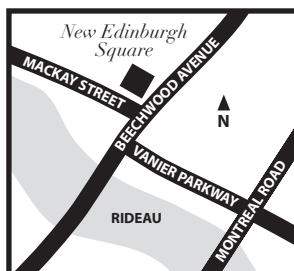
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Biodiversity on Educarium's Doorstep: The Macoun Marsh Project

By Jane Heintzman

In the course of the past two and a half years, a group of about 30 Grade 6 and 7 students at Educarium, a bilingual private school on St. Laurent Blvd., have taken part in a unique, hands-on programme in ecology and conservation research which has earned them recognition throughout the region and even on the international stage. Under the direction of Educarium Science teacher **Michael Léveillé**, the students have undertaken an exhaustive field study of three small ecological areas almost directly across the road from the school in the southeast corner of the Beechwood Cemetery.

Through their explorations of these three areas, which comprise a marsh, a woodland and a meadow adjacent to the marsh, the young naturalists have already documented over 800 species of flora and fauna including 19 mammals, 75 birds, 2 reptiles (among them

50 painted turtles!), 5 amphibians, 330 insect species, 83 miscellaneous invertebrates, 4 molluscs, 33 types of algae, 50 fungi, 183 plants and 6 bacteria. (If this sounds like a hot bed of biodiversity, Mr. Léveillé estimates that there may in fact be as many as 5-6 thousand species to be found in the **Beechwood Cemetery** area.)



Photos: Educarium
Mallards are frequent residents at Macoun Marsh.

The classes use a projection microscope from which they take photographs of their sam-

ples, and each student keeps a detailed journal documenting his/her observations and discoveries. The best of these journals have been on display at the **Prescott and Russell Natural History Museum** in Hawkesbury over the past summer, and in the previous summer were exhibited at the former **Eastern Ontario Biodiversity Museum** in Kemptville. The explorations continue throughout the winter when the classes dig holes in the ice at the marsh, and the activity under the frozen surface is reportedly extraordinary. Because the marsh is spring fed, the water doesn't freeze solid and even in the depths of January, the kids have collected buckets full of tadpoles and dragonfly larvae. The classes also maintain about 15 bird feeders throughout the winter and often record as many as 100 hungry customers a day.

For their energetic work in documenting the biodiversity of the marsh area, as well as in saving it from the pressures of development surrounding it, the students received the 2004 **National Capital Regional Wildlife Festival Youth Award in Environmental Excellence**, and in the summer of 2004, Educarium student Harry Willis represented the project at the United Nations International Children's Conference on the Environment in New London, Connecticut. Thanks to the power of their example as young naturalists and environmental stewards, Jean Vanier Catholic Intermediate School

has now joined in with the Educarium project, and Mr. Léveillé is making plans with the Museum of Nature to have his students train other Ottawa area young people in the arts of nature journaling, species identification and appreciation of the environment. The students will also be featured in a cross-Canada educational website linked to Pinegrove Productions' film "Our Incredible World."

The small marsh which is the heart of the project now has a distinguished name: following an essay writing contest in which the students proposed a variety of options, the Macoun Marsh was the winning entry, so named in honour of **John Macoun (1831-1920)**, a legendary Canadian naturalist (buried at the Beechwood Cemetery) who was appointed the Dominion Botanist in 1881, and who built up an extraordinary collection of flora and fauna which remains the basis of our national collection. A bronze plaque dedicated to Dr. Macoun was unveiled at the marsh on May



Macoun Marsh's Great Mullein

31st when Beechwood Cemetery Foundation President **Grete Hale** paid tribute to the Educarium students' pioneering role in documenting the life of the marsh.

To give an added and more permanent dimension to Macoun Marsh project, the school is working actively with the Beechwood Cemetery

Foundation to raise funds (about \$50,000) for the construction of an outdoor classroom/observation shelter by the marsh, as well as a landscaping plan to enhance the natural features of the area. Planning and fund-raising have been spear-headed by the Macoun Marsh Sub-Committee which includes **Ann Coffey** of the Canadian Biodiversity Institute; **Clint Monaghan**, a science teacher at Jean Vanier Catholic Intermediate School; **Cynthia Iburg** of the Canadian Museum of Nature; **Heather Hamilton**, past Director of the Eastern Ontario Biodiversity Museum at Kemptville; **Mark Sunderland**, an engineer/inventor who is an enthusiastic amateur naturalist and near neighbour of the project; **Tim Graham** and **Roger Boulton**, who are respectively the General Manager and Assistant Manager of Beechwood Cemetery; **Vera Yucyk**, Director of Development of the Beechwood Cemetery Foundation, and last but by no means least, the moving spirit behind Educarium's biodiversity project, Michael Léveillé. Several organizations have already expressed interest in supporting the venture, and if all goes according to plan, the classroom and surrounding landscaping should be completed by the fall of 2006. Any readers who are interested in supporting this exciting initiative can reach Mr. Léveillé through the Educarium office at 747-4646.

Congratulations to Mr. Léveillé, his intrepid students, the Beechwood Cemetery Foundation and all who have taken part in the Macoun Marsh project. Let's hope that more schools in the area are encouraged to join in the exploration and preservation of this small haven of biodiversity here in the heart of the city.

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We currently have space available in our **After Four Program** for children attending Rockcliffe Park P.S. Children are walked from the school each day to the centre where they participate in a variety of entertaining activities, in addition to some quiet

homework time. Included in this program is art instruction with **Pamela Lasserre**, each Thursday afternoon. If you would like further information, please contact us at the centre.

The Lindenlea Community

Association will be holding their **Annual General Meeting and Volunteer Appreciation night on Thursday, October 20th**, commencing at 7:30 p.m. All are welcome to attend.

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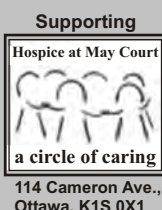
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Oct. 20

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Nov. 17

The Tiger in the tiger pit by Janette Turner Hospital
Dec. 15



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SATURDAY OCTOBER 15 10:00 am -5:00 pm

Did you know that your Ottawa Public Library card can give you access to over 2.4 million items at no cost? Whether you need a good book for yourself or your children, want to catch that great movie you missed a few months ago, or just feel like listening to some cool/relaxing music, your local library can help you do it all.

Local libraries, including the Rockcliffe Park Branch of the OPL have always been interesting, but nowadays there are all kinds of amazing things you can do and take advantage of. On **Saturday, October 15**, you and your family will have a great opportunity to have fun and to find out what the Rockcliffe Park branch (380 Springfield) has to offer.

The **Open House/Fun Day** will run from 10:00 am to 5:00 pm and will provide some top class entertainment for children and adults alike. Activities include the magician, **Elliot Smith** (at 10:30 am), a music/recycling workshop from the popular Ottawa act, **Junkyard Symphony** (at 2:30 pm) and a relaxing interlude of live harp music from **Louise Ebeltoft** (at 4:00 pm). On-going activities also include face-painting, crafts, appearances by **Clifford, the Big Red Dog**, book competitions for children and adults and Nordic Walking workshops. Refreshments will be served from 11:30 to 1:00 and tea and cookies at 4:00 pm.

There will also be extra library staff on hand to show you some of the amazing information and resources you can access with a computer. Entry is free, so bring the whole family along and discover/rediscover your local library.



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Walking in my own Footsteps

By Heather Bacon

It seems that much of this year has been a return to the past for me. *A la recherche*, not of lost time, but of memories from another era. We had left the boat in France in September 2004, returned to Canada and embarked on a voyage by aeroplane. (Doesn't anyone stay at home anymore?) We went back to South Australia where I did a teacher exchange in 1997, visiting **Wendy Featherstone** who sends her warm regards to friends in New Edinburgh. We are almost part of their extended family after a year in hospitable Oz so we had wonderful reunions with rellies, friends, colleagues and kids who were in my class. The six year olds have now grown to teenage proportions...but still nice! We also caught up with many Aussie cruisers who stay on the Australian coast, returning to marinas in storm season. I still love that sunburned country; the scent of eucalyptus, the song of the maggies, spectacular unspoiled beaches. Going back did not disappoint.

A return to Ottawa and Calabogie, where we have the only residence which we consider "permanent", is now a return to the past as well. It is a joy to walk into a familiar

home, see the collected memorabilia of a lifetime, unpack bags and indulge in just "vegging." It is also a poignant pleasure to smell autumn leaves, even hear "Canadian" spoken again.

But
The Little Road says Go
The Little House says Stay
And Oh it's bonny here at home
But I must go away:



Hugh and Heather Bacon feast on Spargel in Baden Baden.

...a poem I learned in Grade Five. There was another one called "Christmas at Sea". Was that an omen?

In any case, this year we were off again in early June heading to the boat. We intend-

ed to drive slowly south through France where my husband and I both lived in the sixties. We managed to keep off the main highways, avoiding tolls and bottlenecks. We passed through sleepy villages, stayed in small hotels off the beaten track, ferreted out little restaurants with exquisite food. We went back to the rural area where we had lived, visited a cemetery where many of Hugh's fellow pilots were buried. We recalled, separately, the adventures we had when

we were very young. France is ever a delight to explore. We stockpiled gourmet specialties: foie gras, olive oil, wine of course for gifts or celebrations on the boat.

I had thought of this as a return only to France, wanting to keep my experiences compartmentalized. But we also lived in Germany when we were first married so we made a detour to **Baden Baden**. This was to be one of our most memorable sojourns. We had been advised to stay in a castle. We had a three room suite with a humongous bathtub for under 90 Euros a night, which included a large and creative breakfast. Baden Baden means Bath Bath. When I was there in the 60s Canadian women weren't accustomed to going, sans clothing, to spas. With a gutsy friend I had ventured to the old baths, preparing for the full treatment. Our biggest challenge was where to store the one mark tip that was expected. Now the traditional baths have been updated. **Caracalla Baths** is a world class spa. The indoor/outdoor pool is enormous with many faucets, hot pools, saunas and massage rooms. A person could indulge herself for many hours. I went back twice. I also tracked down my favourite bath gel, which sells for a tenth of the price that it costs outside Germany, if I can find it. We feasted on **Spargel** the white asparagus for which the region is famous. Rumour has it that Hitler himself dined at the little inn where we lunched.

Spargel is the centrepiece of the meal, accompanied by cooked and smoked ham, Hollandaise sauce, melted butter and a squiggly pancake. It is exquisite. We walked past our old house, the site where I taught English at Berlitz, the Air Force Base, long closed and overgrown with weeds. Again, *a la recherche*, without disillusionment. The water changes, you change, but despite Heraclitus you *can* step twice in the same stream.

Back to France, dining and tasting wine (tough work!) Then a return to Das Boot. As always there was work to do, parts to repair and provisioning to complete. We left in late July and did an overnight to Spain.

I travelled through Spain in 1963 with another single girl. The **Costa Brava** was just being developed, rapaciously. The Costa del Sol was still virtually unspoiled. We discovered sangria, gaspacho, paella and much more; using a few scant words to communicate brilliantly. (Those twenty words have been uncalled for this time round, Alas!) Now I must ask where to find engine oil and whether we can stay an extra night at the marina. I have also noticed that we are given the reduced rates for seniors at museums without having to produce a proof of age card.

Today the coastline of northern Spain is lined with ugly high rise hotels. The beaches are wall to wall people. And I no longer have a waistline, though my heart feels young. I can buy sangria or gaspacho in the supermarket, as well as a package containing all ingredients for paella. Young senioritas no longer are accompanied by chaperones when they walk out at night. They are poolside in skimpy bikinis or less and, I hear, dance till dawn in discos. We have a hard time waiting until ten for an early dinner;

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discos are beyond our capability at this point. We do, however attempt to visit historical and cultural attractions as we go along. We've renewed acquaintance with Van Gogh,

cabin was quite comfortable and it was fun to dress for dinner. I could attempt to instill a comparable standard as we cross the Atlantic later this year, but I fear that I would be



Sculpture by Miro.

Gaudi and Miro. In Barcelona, I thought of Emily, my Grade One pupil who could accurately reproduce a Miro painting. I hope she visits his museum someday.

Onward we go. The Atlantic will be our last ocean. I did cross it once before in a boat. As a "schoolie" sent to instruct Canadian Forces kids in 1961 I was considered officer status and sent First Class on the SS Homeric. (Long withdrawn from service) I learned to eat steak tartare and baked Alaska and imbibe a little wine. The

a voice crying in the wilderness.

Perhaps it is more important to me, as a transient, to continue to return to familiar haunts. It seems to be a way that I can maintain a sense of community. I hope, sincerely, that within the next year I shall retrace my footsteps in New Edinburgh where I spent several happy years. Hasta Luego!

Hugh and Heather Bacon, former residents of the Burg, are heading into the last phase of their circumnavigation.

A Test of Willpower

By Alison Wesley-James

When we signed on to participate in the television production "Room To Grow", little did I realize that it would test my willpower and also that of my family and friends. Agree to have my backyard made over in 8 days? Okay. Sit back and let others plan it out and implement the changes? Okay. Not peek at the landscaping in progress? Well, maybe not so easy.

I am happy to report that my husband and I were capable of keeping the blinds closed, using the front door only, and keeping out of the garage that sits adjacent to the backyard. The same can't be said for my friends and neighbours (Jennifer, Jan & Rob – you know who you are). They couldn't resist the pull of regular deliveries to our backyard, and trails of dirt and mulch left by dump trucks, and bulldozers.

Let me go back to the beginning...a quick email from a friend alerted me to the fact that the crew of Room To Grow was working in Ottawa and that they needed one more backyard for filming. We found the application form online and quickly emailed photos of our back garden con-

sisting of brown grass and overgrown flowerbeds. My husband completed the written portion of the application. I finally looked at this several days later, and learned that he had suggested a life-size chessboard for our backyard. I'm not a chess player.

While the contract we signed with Room To Grow indicated that we were required to pro-

to ensure that our television appearance would appear "authentic." This filming was followed by a visit from a local designer. She was hired by Room To Grow to assess our tastes, and to select furnishings and decorative touches that would augment the landscaping. The designer cautioned us that while we were required to host a "reveal party" for the



Staff Photo

Alison Wesley-James has taken up chess since the arrival of a giant chess board in their new "Room To Grow" garden.

vide written approval of the host's design, the host told us that he wanted to wait and discuss any concerns "on camera"

TV cameras, we should warn our guests that these items would be whipped away once the cameras were turned off unless we wanted to buy them. While we did purchase several of the designer's selections, we had to pull out our old plastic lawn chairs for some of our guests!

Am I glad I resisted the urge to peek at the transformation going on in our backyard? Well I loved the anticipation and surprise ending, however, I'm sad to report that my performance on TV will mirror that of many other women on "make-over" shows: I clasped my hands to my face in disbelief; I'm sure I uttered the words, "Oh My God"; and I know I most certainly kept interrupting the host to exclaim at something new I'd just noticed and point it out to my husband. Hardly an original performance.

Room To Grow on Channel 54 (Prime) is on every Saturday at 10:30 am and 10:30 pm. The make-over of Alison's backyard is tentatively scheduled to be shown on Saturday, December 3rd.

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City Wide Organics Collection: Counting the Costs of Implementation

By Jane Heintzman

As reported in our June edition, on July 13th City Council voted on a staff recommendation to introduce the Compost + (Green Box) programme on a city-wide basis beginning in 2008. Organics collection programmes are currently operating or are on the books for almost all major cities in Ontario, and in the case of Ottawa, this is an essential step towards meeting the provincial target of a 60% waste diversion rate (i.e. diversion of garbage from the landfill into composting or recycling programmes) by the end of 2008.

While the Ottawa Citizen report on the vote suggested that Council had approved the

recommendation, Councillor Peter Hume introduced a condition on that approval which requires City staff to return in October with harder cost figures based on bids for the collection contracts. The tendering process has been in full swing throughout the summer,

called "Spare a Week and Win" in the wards of Peter Hume and Maria McRae where residents may show support for biweekly garbage collection by putting a flag out on every second collection day as opposed to a bag of garbage.

Let's hope that Council looks

...composting has the potential to dramatically cut back our landfill garbage and thus to reduce the frequency and costs of garbage collection.

but given current uncertainties about the precise timing and nature of the programme, it is possible that some potential bidders may hedge their bets and push bids somewhat higher than might have been the case with a clear OK in July.

As we indicated in the June issue, estimating the costs of the programme is an extraordinarily complex and difficult process because of the many variables involved. In light of the results of the pilot project, however, it seems clear that composting has the potential to dramatically cut back our landfill garbage and thus to reduce the frequency and costs of garbage collection, as well as to extend the life of the landfill. This possibility is now being tested directly in a Compost + sub-pilot project

carefully at these potential offsets to the costs of a city-wide organics collection programme when the issue comes back for review in the Fall. If they can't be persuaded simply by the powerful environmental case for diverting waste from the landfill (and producing a useable product in the bargain), perhaps the practical prospect of potential savings or offsets in collection cut backs might help to tip the balance in favour of a timely start to implementation. And if you're not convinced that such cut backs are feasible, please read the report on Cardinal Glen residents Jo-Ann and Hugh Robertson elsewhere in this issue (Environmental Stewardship Blooms in Cardinal Glen)!

Memorial Concert Held for Drs. Veronica and Ronald Gilfillan

A concert, featuring works by Mozart and dedicated to the memory of **Drs. Veronica and Ronald Gilfillan**, longtime residents of New Edinburgh, was presented on August 5, by the Gryphon Trio.

Drs. Veronica and Ronald Gilfillan were, for many years, faithful supporters of musical activities in Ottawa. Ron, a talented flute player, contributed regularly at chamber music

evenings with like minded friends among whom were Dr. Lamont and Mrs. Jean Palmer.

After the concert a group of their family and closest friends were invited to a party in the Palmer's lovely garden and, blessed by beautiful weather, they recalled memories of Ron's refreshing wit and Veronica's charm and unfailing kindness to all who knew her.

They are greatly missed.

NCC expands its Pathway cell phone loan program

The National Capital Commission (NCC) would like to remind users of the Capital Pathway that its cell phone loan program is still in operation and that three new locations have been added to the existing program.

The NCC signed agreements with the Ron Kolbus Lakeside Centre in Britannia Park, the Hintonberg Community Centre near Tunney's Pasture, and the Orleans Recreation Complex to allow users of the Capital's recreational pathway network to borrow cell phones, free of charge, for up to a week. The cell phone loan program is part of the NCC's 10-point action

plan, which was unveiled in April 2004, to improve user safety on the Capital Pathway.

Full story on NCC Web site http://www.canadacapital.gc.ca/biking/news_show_e.asp

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ALL ABOUT PUMPKINS

From Epicuria

The name pumpkin originated from the Greek word for "large melon" which is "pepon." The French called them "pompom" which the English changed to "pumpion" and the American colonists turned into "pumpkin." The pumpkin is referred to in such classics of children's literature as *The Legend of Sleepy Hollow*; *Peter, Peter,*

Central America

- In early colonial times, pumpkins were used as an ingredient for pie crusts, not as the filling
- Pumpkins were once recommended for removing freckles and curing snake bites
- Pumpkins range in size from less than a pound to over 1,000 pounds
- The largest pumpkin ever



Pumpkin Eater and Cinderella.

Native Americans dried strips of pumpkin and wove them into mats. They also roasted long strips of pumpkin on the open fire and ate them. Pumpkin pie originated when the colonists sliced off the pumpkin top, removed the seeds and filled the insides with milk, spices and honey. The pumpkin was then baked in hot ashes.

PUMPKIN FACTS

- Pumpkin seeds can be roasted as a snack
- Pumpkin contains potassium and Vitamin A
- Pumpkins are used for feed for animals
- Pumpkin flowers are edible
- Pumpkins are used to cook soups, pies and breads
- Pumpkins originated in

grown weighed in at 1,140 lbs.

- Pumpkins are 90% water
Native Americans used pumpkin seeds as medicine

SELECTING A PUMPKIN

The most popular use of pumpkins is for decoration as jack-o-lanterns. When selecting a pumpkin for cooking, choose a "pie pumpkin." These are smaller than the large jack-o-lantern pumpkins and the flesh is sweeter and less watery.

Look for a pumpkin with 1 to 2 inches of stem left. If the stem is cut too low the pumpkin will decay quickly. Avoid pumpkins with blemishes and soft spots. It should be heavy, and shape is unimportant.

PUMPKIN NUTRITION

The bright orange color of pumpkin is a dead giveaway that it is loaded with an important antioxidant, beta carotene. Beta-carotene is one of the plant carotenoids converted to vitamin A in the body.

PUMPKIN NUT BREAD

An old family favourite recipe, pumpkin nut bread makes a wonderful snack, breakfast or dessert. This recipe makes one large loaf or 2 mini loaves. It also freezes well.

- 2 cups all-purpose flour or 1 cup whole wheat flour and 1 cup all-purpose flour
- 2 teaspoons baking powder
- ½ teaspoon baking soda
- 1 teaspoon ground cinnamon
- ½ teaspoon each; salt and nutmeg
- 1 cup fresh pumpkin puree
- 1 cup sugar
- ½ cup skim milk
- 2 eggs, slightly beaten
- ¼ cup vegetable oil
- ½ cup each; chopped pecans and black walnuts

Preheat oven to 350°F

Sift together flour, baking powder, baking soda, ground cinnamon, salt and ground nutmeg.

In a large mixing bowl, combine pumpkin, sugar, milk and eggs. Mix well

Add dry ingredients, oil and nuts mixing until just moistened. Batter will be slightly lumpy. Do not over mix.

Spoon batter into well greased 9x5 inch loaf pan or two 7-1/2 x 3-3/4 loaf pans.

Bake (in the middle of the oven) large loaf for 65 minutes or two mini loaves for 50 minutes.

Cool 10 minutes in the pan. Use a knife to go around the edges of the pan to loosen bread from the pan, cool on a cooling rack. Slice and serve.



Kim Illman and Penny Place at last springs' tree planting.

Kim Illman Moves on...

Kim Illman is moving out of the Burgh? Impossible.

It seems as though Kim has always been an integral part of this community. Beginning with early forays into the inner workings of the New Edinburgh Cooperative Community Playgroup, her boundless energy and can-do attitude have enabled her to take on a dizzying array of community activities with aplomb.

As Chair of the Crichton Community Council for the past three years, Kim has been the driving force behind the many ecommunity events that

take place each year, such as the Garage Sale, Skating Party, Plant Sale, and Picnic. She has also put her skills to work on other special projects such as the tree planting in commemoration of Tom Place's contributions to New Edinburgh.

Here's the good news. Although she is moving out of the Burgh, Kim has graciously offered finish her term as Chair. And they're not moving far -- just a short bike ride away. So we will still be seeing them at the many events Kim has contributed to over the years.

Good luck and thanks, Kim!

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What's Up at New Edinburgh Square?

Have you been wondering what is happening at New Edinburgh Square? Why is there so much construction? New Edinburgh Square, a nine-storey retirement residence at the corner of MacKay Street and Beechwood, has been owned and operated since May 2004 by **Chartwell Seniors Housing REIT**, a well-established company with a reputation for its commit-

ment to excellence in accommodation, support and service to seniors.

Chartwell, in its commitment to seniors undertook a renovation project at New Edinburgh Square in the spring of 2005. In recognizing that additional suites were needed to meet the needs of seniors in Ottawa as well as the wish to enhance the amenities offered by the residence, a major renovation

commenced. A series of exciting renovations will soon provide more lifestyle choices at New Edinburgh Square, where seniors enjoy a dignified and independent style of life.

Renovated space to be open this fall includes 16 new suites on the second floor. This formerly undeveloped area will also feature a library with a fireplace, a fitness room, a computer area, a games room with a pool table, as well as a movie room and chapel. On the main floor, areas are being converted into a bistro bar, wellness centre and an elegant dining room with fireplace. The renovations will also include a state-of-the-art kitchen and a private dining room where family and friends can gather for fine meals and conversation in an elegant setting. For more information and a tour, call (613) 744-0901.



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Burgh Bulletin Board

Sunday, Oct. 2

OCTOBER AT ALL SAINTS' WESTBORO: Everyone is invited to enjoy our events and programmes. JAZZ VESPER with Brian Browne and Peter Woods at 4:30; BLESSING OF THE ANIMALS, caged or leashed pets welcome in church or to blessing following service.

Sunday, Oct. 2

CIBC RUN FOR THE CURE Who are you running for? Join us Oct. 2 at 8:30 a.m. on Parliament Hill for the CIBC Run for the Cure. Individuals, teams and volunteers are invited to register at www.cibcrun-forthecure.com. Registration fees are waived for individuals who raise at least \$150. Help us create a future without breast cancer. For more information, see www.cibcrun-forthecure.com or call our hotline: 738-CURE (2873).

Sunday Oct. 2

Heritage Ottawa Walking Tour - Carleton history professor Bruce S. Elliott, leads a tour of the fine heritage buildings of Westboro. Tour departs at 2:00 PM, rain or shine, from outside the Real Canadian Superstore at corner of

Richmond and Kirkwood.

\$10. Info: (613) 230-8841 or www.heritageottawa.org

Sunday, Oct. 9

Heritage Ottawa Walking Tour - Historian and author, Martha Edmond, leads a tour of the stately stone mansions and interesting contemporary homes of Rockcliffe Park. Tour departs at 2:00 pm, rain or shine, from the corner of Sandridge and Hillsdale. \$10. Info: (613) 230-8841 or www.heritageottawa.org

Sunday, Oct. 16

Heritage Ottawa Walking Tour - Former Heritage Ottawa president, Jennifer Roseburgh, leads a tour of the architecturally-diverse neighbourhood of New Edinburgh. Tour departs at 2:00 pm, rain or shine from 62 John Street. \$10. Info: (613) 230-8841 or www.heritageottawa.org

Wednesday, Oct. 19

Heritage Ottawa Lecture - Architect, Barry Padolsky will talk about the restoration of the Victoria Museum. Lecture begins at 7:30 pm in the Salon of the Canadian Museum of Nature. Info: (613) 230-8841 or www.heritageottawa.org

Sunday, Oct. 22, 3 pm

OCTOBER AT ALL SAINTS' WESTBORO: Bytown-Your Town, a family concert with LA FAVORITTE, admission \$5. At All Saints' Anglican Church, 347 Richmond Road. Complete details at <http://www.allsaintswestboro.com> or call church office at 725-9487.

Sunday, Oct. 22,

10 am - 2 pm

FALL FAIR AT OUR LADY OF MOUNT CARMEL CHURCH

In the Church Hall. Come and enjoy our Tea Room lunch and check out our Crafts, Home Baking, Jewelry, Knitting, Toys, Books, CDs and "White Elephant" tables.

Location: 400 St. Laurent Blvd. in Manor Park. (2nd. Church north of Montreal Rd. on the west side)

Wednesday, Oct 26, 7 pm

ASHBURY COLLEGE Parents Committee invites you to attend "Parentscope" a focus on parenting issues with Mrs. Marion Balla. The topic of her discussion is POSITIVE IMAGERY = POSITIVE ACTIONS. The location is at The Ashbury College Theatre and the presentation is free.

Sunday, Oct. 30, 2:30 p.m.

(Auditorium) Music for a Sunday afternoon The Friends of International Social Service Canada are happy to present a concert of varied classical works inter-

preted by talented musicians, all Ottawa residents. Vera Brun, classically trained mezzo-soprano at The Prague University of Music, will sing works of Schubert, Brahms, Schumann, and Dvorak. The versatile flute and piano duo of Sam Clemann and Elisabeth Morrison will perform several classical favourites. First prize-winner at the 2005 Kiwanis festival, young Ottawa violinist Olga Rykov will delight the audience with her masterful playing.

A wine and cheese reception will follow the fundraising concert. Admission \$20. Tickets may be purchased in advance or at the door. For more information, call (613) 236-6161 or visit the ISSC Canada website at www.issc-ssic.ca

Friday, Nov. 4 - Sunday, Nov. 6

Rockcliffe Park Book Fair. Visit one of Ottawa's largest book fairs. Come browse the shelves or relax in our café. For more information visit: www.rockcliffebookfair.com

Saturday, Nov. 5,

1 pm - 4:30 pm

St. Bartholomew's Annual Christmas Bazaar and Tea, 125 Mackay St., Ottawa. Home Baking, Gifts, Jams and Preserves, Attic Treasures, Christmas Table, Books and CD's, Toys, and more. Everyone is welcome. Free admission, barrier free access. Phone 745-7834 for info.

Saturday, Nov. 19, 10 am - 5 pm

FAIR TRADE CHRISTMAS FAIR at St. Matthews Church in the Glebe. Many vendors. Gifts of all sizes and prices from small-scale farms, artisan communities from around the world: Tibetan, Quechua, Nepali, Nanhu, Kutch artisan work along with fair trade chocolate, coffee, tea, sugar, and rice! Brought to you by the Ottawa Fair Trade Network.

Saturday, Nov. 12, 6:30 pm "Crime on Broadway"

An entertaining evening of dinner and musical theatre featuring talented actors from the Ottawa theatre scene; A musical snapshot of crime that interweaves fantasy and reality and explores how crime is lived out on the Broadway stage and beyond in our own society; Includes comedy, drama, song and dance; numbers from "Chicago", "Best Little Whorehouse in Texas", "Westside Story", "Jekyll and Hyde", "Whistle Down the Wind", Gilbert and Sullivan, and many more. A compelling, thoughtful look at crime. RA Centre, 2451 Riverside Drive. Tickets — \$40 available at TicketMaster as of September 15th.

Saturday, Dec. 3, St. Brigid 2nd Annual Christmas Fair (tentative).

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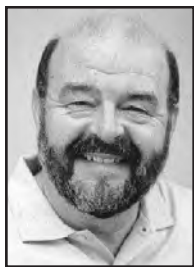
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Ottawa City Councillor Jacques Legendre Reports

Lisgar, Dufferin, Rideau Terrace Intersection

New Edinburgh residents, especially the walkers, will know of the road works underway in the area. Everyone will by now probably know that this intersection will have a different form from that which existed previously. It will become a classic "T-intersection", without any curved merging lane. The new form will be much safer and will have much more green space adjacent. The sidewalk on the south corner will be re-instated and relocated to follow the road geometry. In addition, a new sidewalk will start at this junction, adjacent to the Governor General's fence, and eventually connect to the public parklands north of the Rockcliffe Parkway. The eastern edge of Lisgar Road in this area had become ill defined over the years with the application of various tarmac patches. As a result of these

works, the roadway will acquire a clear definition and effectively be narrowed. The sidewalk, which had existed as a tarmac surface, will be reconstructed in concrete from this intersection to Maple.

Plasma Gasification

As many will have heard, the City of Ottawa is considering a pilot project that would determine if an alternative exists for dealing with solid wastes that cannot be diverted from our landfill. The City's targets for diversion, currently achieving 32%, move up to 40% at the end of 2006 and 60% by 2008. Even assuming that the City achieves those ambitious targets, some 40% of our solid wastes (40% = 120,000 tonnes/year) would still accumulate in the landfill. Although that would significantly increase the life of the landfill, it would nonetheless require replacement in the



Councillor Legendre, Her Excellency the Right Honourable Adrienne Clarkson Governor General of Canada and His Excellency John Ralston Saul.

future at enormous costs not to mention the difficulties associated with finding a suitable site.

The technology to be tested uses very high heat (a plasma) to break down the molecules of the source material (even stripping atoms of their electrons!). This occurs in a chamber closed to the atmosphere. No burning occurs. Process parameters are adjusted to produce three products – an inert glass-like slag which can be utilized because it will not leach to the ground, a synthetic gas that can be used to produce energy in a conventional gas engine, and finally, steam.

The evaluation plant, while itself not of a commercially viable size, is intended to prove that an existing small-scale proto-type plant can be scaled up to a commercial plant. The proposed plant will allow controlled testing and incorporate independent third-party monitors as well as daily results published on a web site.

The proponents, Plasco Energy Group, will bear all planning, design, approval, insurance, construction and decommissioning costs. The City will provide a site for the plant, access to City utilities (power and water) at the usual rates and 75 tonnes/day of source material (municipal garbage) and pay a tipping fee of \$40/tonne (essentially what it costs to landfill). Moreover, the City will share in electricity revenues and participate in future royalties (including sales to other municipalities) should the pilot be successful. There would appear to no risk to the municipality and yet significant potential benefits

(environmental and financial) of proving the economic scalability of this Canadian (Ottawa) developed technology.

If all approvals can be received, including an amended Certificate of Approval from the provincial Department of the Environment, construction of the facility is expected in the winter of 2006/spring of 2007, commissioning in the spring/summer of 2007. The pilot is intended to last one year. Additional information can be found on the web at www.zerowasteottawa.com and at www.plascoenergy-group.com.

Bytown Bridges

I was pleased to participate in the official re-opening of the Bytown Bridges. The vice-regal couple, Her Excellency the Right Honourable Adrienne Clarkson Governor General of Canada accompanied by His Excellency John Ralston Saul, presided. They were joined by the President of the NCC, Mr. Marcel Beaudry, the mayor of Ottawa, Mr. Bob

Chiarelli, MPP for Ottawa-Vanier and Minister of Culture and Minister Responsible for Francophone Affairs, Mme. Madeleine Meilleur along with the two City Councillors whose wards are joined by these bridges, Georges Bédard (Rideau-Vanier) and myself (Rideau-Rockcliffe). The occasion highlighted the fresh look for a significant part of the NCC's ceremonial route and marked, for residents of Ottawa, a return to full use of an important route to and from the downtown core.

Jacques Legendre
Councillor, Rideau-Rockcliffe

You can communicate with me at (please include a telephone number):

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Burgh Breezy Bits

Congratulations...

Kerri and Dave Steckel of Ivy Crescent on the birth of their daughter Alison Catherine, on September 2nd. Big sisters Kaitlyn and Emily are happy to have Mom and their new sister home. All are doing well. Welcome to the neighbourhood Alison!

Andrew and Inge of Keefer Street welcomed a big (very big) brother for Emma on June 22. After a quick emergency C-section, a healthy baby Lachlan weighed in at 9lbs 8oz. Andrew's next project is the much anticipated, all-new NECA Web Site – hope he can find the time!

Vicky Henry of Stanley Ave is delighted to announce the birth of her second granddaughter. **Elsa Claire Matiation** was born to Cathy Henry and Stefan Matiation on 29th May 2005. A little sister for Jaya! Vicky is also pleased to announce her eldest son **Andrew Henry** was married to **Claire McNeil** on 28 August 2005. The happy couple are now residing on Kingsmere Lake in a newly renovated cabin. Congratulations !!

Welcome back...

Charles and Sharda Parker who have returned to Mackay Street after a 4-year posting in Rome. Neighbours were thrilled to

be introduced to a special reminder of their time in Rome – Shacha their 20-month-old son! Congratulations and welcome home.

Sharon, Peter and Darcy McGovern of Ivy Crescent, who have returned from a posting in Milan.

James and Alexandra Lambert, and their two children, Andrew and Gaby of Stanley Ave, after a long 6 years away in Mexico and Guatemala.

Jan Kent and family. After a short absence they are now back and living on River Lane.

Warm Welcome to...

The **Burkom family** from neighbours on Crichton Street. Jack and Jill Burkom and their children Gordon and Martha along with their dog Henry moved in this past winter.

Julie Sunday and Mike Isles and their daughter **Ella** who recently moved to Noel Street from Chelsea.

The **Cox Family**, Toby, Christy, William and Reagan and Nicole Steyne as they settle into their new home on Crichton all the way from South Carolina. We are glad to have you in the neighborhood and hope to see you at our community events.

The **Grand family** (dogs

included!), who recently moved into 9 Rideau Gate, opposite Rideau Hall. We hope the Grands are able to survive the tail end of the tour bus season. They'll have a front row seat on September 27th, the day of the installation of our new Governor General!

Rita and Peter Hicks, formerly of Dufferin Street, who recently moved to Crichton Street.

Pierre Trudel, Mieke Bos, and their 5 yr old daughter **Emma**, who moved into their home on Keefer this summer.

Irish eyes are also smiling on Ivy with the recent move of **Liam Kilmurray, Heather McLeod**, and their children Liam and Finn after previous stops on Mackay and Noel. It would seem that these folks are seeking to check out the Burgh one street at a time!

Goodbye to ...

The **MacDonald family** who have moved onto Bertrand Street from Sandy Hill. We hope that the kids; Sara, Jonathan and Mathew find the neighbourhood welcoming.

Doug and Kim Illman and kids of Crichton Street who have left the Burgh. Kim and her family have given a great deal to the community over the past decade and we hope that moving a few kilometers away won't mean we lose touch. Thanks Kim.

Kevin, Kim and Lucy Little. Kevin accepted a position with a church in Toronto. Auntie Adrienne misses you Lucy. Book club misses Kim.

Mary and Michel Caron and their daughters, of John Street, who have returned to live in Toronto. Farewell, you are sadly missed!

Carmen and Dan Brock of Union Street have taken the kids and the dog, and left on a sabbatical from New Edinburgh. They are in Toronto for a year or so, and then they will be back. We miss you already!

Paula and Rolland Legault of Noel Street who have left the Burgh for a four-year posting in Brussels. Word on the street is that we can look forward to meeting their little "sprout" when they return!

Gilles, Karen and their son **Lucas** of Ivy Crescent, who have moved to Bermuda. Hopefully you will get a chance to come back and visit your friends in the Burgh or better yet maybe your friends can make a trip to check up on how you are doing in say -

Love is in the air...

February?

On Noel Street! Congratulations to **Darlene Wetzstein** and **Mark Miller** of Noel Street on their marriage this summer. A welcome also to Mark's children **Emily** and **Andrew**.

Congratulations to **Bruce and Dale Smith** of MacKay Street (of Dale Smith Gallery on Beechwood) for successfully marrying off their daughter **Erin** to a wonderful young man by the name of **Ian Kerr** (Professor at U.of O., you

Happy Birthday...

married well)

The neighbourhood was hoping with birthday celebrations this spring and summer, as many new babies celebrated their first birthdays. Happy first birthday to **Zoya** and **Martha** on Crichton St, to **Maddie, Quinn, Angus** and **Sam** on Ivy Cres, and to **Fiona** on Queen Victoria.

The half-century club is boasting a great surge in

membership thanks to the rapidly aging boomers of Noel Street. Recent inductees are: **Trish, Darlene, Mark, Wenda** and **Anne**. Lookout Bryan, your membership form can't be too far behind!

In sympathy...

We are sad to announce the death of long time New Edinburgh resident **Hilda Hynds** of Stanley Ave on July 22. Our sympathies to Hilda's daughter Darlene Wetzstein and her family of Noel Street and Hilda's son Robert Hynds and his family. Hilda will be greatly missed and fondly remembered in the community, in particular St.Luke's Lutheran Church will miss her fellowship and friendship.

Deepest sympathies to Karen and Tolmie Anderson, Joseph Cull, and Ian Engelberg of MacKay Street of the death of Karen's father **Donald Anderson** on July 29. Don will be remembered as a devoted and proud father and grandfather as well as a dear friend.

Thanks to all of the Breezy Bits contributors. If you have Breezy Bits for the next edition, please send them to newednews@hotmail.com.

**Deadline
for the next issue of the
New Edinburgh News
is
November 10, 2005**

**The Editor has a new email
address:
newednews@hotmail.com**



By Michael Histed It's Official – The Neighbourhood Watch Signs Are Here.

Congratulations New Edinburgh!! The Neighbourhood Watch signs have finally been installed. A big thank you must go to our Community Police Officer Tom Mosco and my fellow Neighbourhood Watch Co-Coordinator, Louise Palmer, for all their efforts in bringing this project to a successful conclusion. From Sussex to Beechwood, and from Stanley to Springfield, the signs define the boundaries of our Neighbourhood Watch.

The signs mean more than just defining an area; they are telling potential criminals that this community cares and we are watching out for each other. Statistics have clearly demonstrated that the signs alone act as a deterrent and have helped reduce crime. However, we cannot sit back and depend solely on the signs. We need to continue the efforts of the past two years and build on those successes that define New Edinburgh's Watch program. With a network of 51 Block Captains covering over 1200 households, we remain one of the largest Neighbourhood Watches in Ottawa. Thanks to all of you. You are making a difference.

The value of Neighbourhood Watch was clearly demonstrated this summer with the capture of an individual who was going door-to-door in

Rockcliffe and along Springfield asking for \$20 in gas money. Following several calls from residents, the Ottawa Police successfully captured the individual.

As we enter our third full year, consider joining us as a Block Captain. By keeping your neighbours informed, distributing Police warnings, circulating pamphlets from time to time, you help further solidify New Edinburgh as a caring neighbourhood, where neighbours watch out for each other. It is as simple as that. So why not give me a call at 741-1660 or e-mail me at mhisted@uot-tawa.ca.

Do you know which phone number to call if you see a crime in progress, have an emergency, or just need to speak with your local Community Police Centre?

Life Threatening Emergency
or Crime in Progress
9-1-1

Other Emergencies
230-6211

Community Police Centres
236-1123

Remember, if it looks suspicious, do not hesitate to call the Police – trust your instincts. Here are a few examples to remind you when to make that important call:

You observe a break and entry into a home, garage or vehicle.

You notice vandalism, graffiti on either your or someone else's property.

You observe family violence.

You witness an illicit drug transaction.

You realize your bike has been stolen from your garage.

Items are stolen from your garden.

Some of these may seem minor and you might consider it an inconvenience to report it to the Police, however, all reports are important and taken seriously. It may take several calls from residents to develop a profile of the suspect, thus re-emphasizing the need for those calls. But do not be under any illusion that the TV show CSI is a reflection of reality. It is not. Police work takes time. So the more information you can provide at the time of your call, the better. For example:

Clearly identify yourself.

Be prepared to describe the persons, vehicles or circumstances as fully as possible.

Record the date and time of your call.

Keep the suspects and incident under surveillance from a safe distance until the police arrive.



Photo: Peter Glasgow

Michael Histed, Louise Palmer and Officer Tom Mosco at the Neighbourhood Watch sign at Minto Bridge on Stanley.

Make a second call if the activity gets worse.

Inform your Neighbourhood Watch Block Captain when time permits.

REMEMBER, DO NOT ATTEMPT APPREHENSION OR PURSUIT. This is the job

of the police. We all have a role to play to help make our community a safer place to live, but without putting yourself in harms way.

Have a safe and enjoyable Fall and Halloween.



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Summer in the Park: 2005

By Ed Browell

Friends of New Edinburgh Park Committee of NECA and the New Edinburgh Trust

The Friends of New Edinburgh Park is a committee of the New Edinburgh Community Alliance (NECA). With its creation in June 1999, the Friends Committee adopted a challenging vision statement: To create a world-class park.

Implementation of park improvements is guided by a Five-Year Park Improvement Budget Plan which is updated annually by seeking community consultation and approval by NECA's Board of Directors, Councillor Jacques Legendre and City of Ottawa Council for incorporation in the City's Park Development Plan. Park improvement projects in the northern portion of the park are approved by the owners, the National Capital Commission (NCC). The Budget Plan is published in the New Edinburgh News along with regular reports on park improvement projects and park maintenance activities.

Major park improvement projects completed to date are: extension of the stone dust path along the Rideau River, planting of 75 trees, planting

of 30 additional Explorer roses, maintenance of three Explorer rose beds, paving and re-location of the NCC recreational pathway, building of a basketball court, planting of tulips, conducting an annual spring cleanup of the park sponsored by Councillor Jacques Legendre, establishment of the Rideau Enviro Defence by Catherine Canning to clean up the Rideau River from the Minto Bridges to the Cummings Bridge, establishment of the Childrens' Playground Facility sub-committee chaired by Lori Lovett, repair of the cement wall next to the tennis court, placement of sitting boulders along the river bank and at park entrances, and negotiation by Catherine Mirsky of dog by-laws and regulations with the City of Ottawa and the NCC to create an off-leash dog exercise area in the NCC northern portion of the park.

On May 1, 2002, the New Edinburgh Park Trust was approved as a registered charity by the Canada Revenue Agency so that tax deductions could be obtained by those who make donations for park improvements. It was necessary to create the Trust since NECA could not qualify for tax-exempt status as a regis-

tered charity because it engages in political lobbying of governments.

Over three years, the Friends Committee raised \$12,000 for the New Edinburgh Park Tree Sculpture Park Improvement Project which, unfortunately, was cancelled in May 2004 due to excessive tree rot.



Currently, the New Edinburgh Park Trust has \$4,213 on deposit for future park improvement projects approved by NECA's Board. (A \$3,000 bridge financing loan for the Tree Sculpture Project was returned to NECA in June 2005.) Although the beauty of our unique park would have been enhanced by the tree sculpture, we still have a lovely, showplace park which is heavily used by people from all over Gatineau and Ottawa. And the various amenities of our park continue to improve through the diligent efforts of the over 500 registered members of the Friends of New Edinburgh Park Committee of NECA.

Park Improvements Project
New Sculpture Project – The **Art-in-the-Park** Committee of

NECA, headed by Heather Matthews, is organizing a sculpture trail which will locate sculpture pieces in parks on the Rideau River starting in New Edinburgh Park and ending at Carleton University. I predict that this sculpture trail will be a major park improvement project which will bring us close to achieving our goal of becoming a world-class park.

Improved Main Park Entrance – NECA and the Crichton Community Council is jointly sponsoring a new park improvement project to create a pedestrian-safe main park entrance which would require the closure of the corner of Stanley and Dufferin.

NECA and the Crichton Community Council representatives met with Councillor Jacques Legendre and Paul Landry of the City of Ottawa Parks Department on January 14, 2004 to start discussions on the possible closure of Stanley Avenue at Dufferin. This measure has been recommended by two NECA committees—Traffic Calming and Friends of New Edinburgh Park—in documents filed with the City in recent years. Reasons include improving pedestrian safety by

the Field House and the children's playground, closing a gap in the NCC Eastern Recreational Bicycle Pathway, constructing an enhanced main entrance to welcome people to the park, providing more satisfactory recreational parking facilities, and expanding the park. However, closure would likely increase through traffic on nearby streets. The possible impacts need to be examined in detail and public consultations will be held before any decisions are made.

The City does not presently have the proposed closure of the corner of Stanley Avenue at Dufferin in their budget plans, but does wish to proceed with collecting data to predict the effects of closure on through traffic on Stanley, Dufferin, Keefer, Crichton and MacKay, and on recreational parking near the Field House, and with considering design options for the area where Stanley meets Dufferin. Then, if closure appears technically feasible, we will hold thorough and effective public consultation at Special General Meetings where the people of New Edinburgh can learn about the plans and express their concerns and opinions.

As it could be two years before a decision is made, there will be plenty of time for all interested residents of New Edinburgh to comment on the proposed park improvement project. Since the proposal is community-driven and will require a financial commitment by the City and likely the community also, there will clearly be a need for lots of deliberation before this proposal is realized. Meanwhile, NECA and the Crichton Community Council will work



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Park Maintenance

The citizens of New Edinburgh have access to a lovely, show-place park which is heavily used by people from all over Gatineau and Ottawa. And the various amenities of our park continue to improve through the efforts of volunteers such as the twenty Friends of the Park who participated in the annual spring clean-up in May; the work of the Rideau Enviro Defence group chaired by Catherine Canning, which cleaned the bottom of the Rideau River and the shoreline from the Minto Bridges to the Cummings Bridge in May, and who will do so again in the fall; the work of Don Goodwin, Rosemary and Gyde Shepherd and Jean Bellefleur who maintain the three Explorer rose bush plots; the work of Catherine Mirsky who negotiated the NCC off-leash dog run area, negotiated new dog exercise regulations with the City of Ottawa and continues to educate dog owners in her regular articles in the New Edinburgh News; the work of Lori Lovett, Chair, Children's Playground Facility sub-committee; the Committee's fourteen park wardens who daily clean designated areas of the park and monitor environmental conditions, and all those park users who keep cleaning up the park and who make suggestions for park improvements to be included in the annual New Edinburgh Park Five-year Improvement Budget.

The Committee also thanks City of Ottawa Councillor Jacques Legendre, Keith Hardiman, District Supervisor-Central Parks, Josee Helie, Planning and Development Manager, Tracey Schwets, Forestry Services Program Coordinator, and Paul

McCann, Surface Operations Coordinator for their dedication to improving New Edinburgh Park.

The northern half of the park is managed by the NCC. The Committee thanks Janet McGowan, Benoit Morin, Gord Johnson, Micheline Mongeon and all of their many colleagues who worked on the Tree Sculpture Project and all those who maintain the park in excellent condition.

In July, I received a call from a dog owner who was having her dog treated for a cut paw. Her dog cut the paw on glass left on the stone dust path which runs along the river bank. All park users are asked to clean up broken bottles so as to avoid injury to dogs and humans.

A similar problem is being created by people who have drinking parties on the soccer field after the 11pm park curfew. Park wardens report that they are constantly cleaning up beer bottles, metal cans and bottle caps. All of these illegal parties should be reported to the Ottawa police. We have asked Councillor Legendre to request more intensive bicycle police coverage in the park.

Any suggestions for park improvement projects or maintenance requirements can be conveyed to Ed Browell (457-9941; amyedbrowell@sympatico.ca), or Peter Cock, Park Improvement Project Coordinator (745-4078). We also welcome calls from new residents who wish to become members of the Friends of New Edinburgh Park Committee or make arrangements for the donation of memorial trees and benches.

Tree Planting Program

In July 2003, Peter Cock and I conducted a tree requirements survey in the park with Tracey Schwets, the City of Ottawa's Forestry Services Program Coordinator. I received Tracey's plan for the planting



Photo: Peter Glasgow

Art Almost in the Park

Many Burghers, with or without kids, will have noticed the superbly decorated hobby-horse attached to a tree trunk at the corner of Stanley, just where it curves into Dufferin. This imaginative contribution to the neighbourhood appeared magically during the summer. We can now reveal that it was constructed by Ted

Mathesius, whose Crichton Street house backs on to the green area. You'll recognize Ted's place by the collection of assorted windmills on the fence and the variety of bird-house condominiums - the perfect scale of development for our neighbourhood. The hobby-horse, often seen firing up the imagination of a fasci-

nated child, is Ted's second version. It's hard to believe, but the first one was destroyed by vandals. Thank goodness Ted had the skill and determination to ensure we can continue to enjoy this inspired combination of art and play. Many thanks, Ted!

of 35 replacement and new trees, some by the City and some through a partnership program. The City planted some trees in November 2003. In January 2004, Julie Jackson, the interim Forestry Services Program Coordinator and I conducted a tree survey which identified additional locations for the planting of replacement trees and new trees to improve the landscape of the park.

In June 2005 the City donated an oak tree to celebrate the 150th anniversary of the City. This oak was planted by Peter Cock and watered daily by him and a host of the Friends of the Park Committee. Kim Illman arranged with the City for the planting of a tree to commemorate the life of Tom Place. In

June, the City replaced the locust tree near the children's playground and will replace other trees and plant new trees to improve the tree landscaping in the park under a continuous tree replacement program.

Monarch Meadow

Barbara Benoit and Janet Uren will be assessing the state of

the Monarch Meadow and organizing maintenance activities. Those wishing to help may contact Barbara (749-5904) or Janet (842-4913).

In closing, I wish to thank the 500 registered members of the Friends of New Edinburgh Park Committee for their exemplary work over the past six years to create a world-class park.

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Veggie Gas (without the bloat!)

By Jane Heintzman

On the face of it, the idea of a Hummer-driving land developer as an energetic environmentalist in the forefront of local efforts to respond to the "One Tonne Challenge" is at the very least anomalous. Chelsea-based **Sean McAdam** precisely fits this description however, and in his website (www.veggiegas.ca) warns readers to "beware of inappropriate stereotypes." Besides being the proud owner of a Hummer H1 (cheerfully decorated with colourful flora), Sean is co-founder and President of **Greystone Developments**, an environmentally friendly land development business which recently undertook a 20 acre project using exclusively recycled materials, and which follows a strict self-imposed

regime sharply restricting the clearing of trees around residential properties.

Sean's other vocation, which is swiftly taking precedence

low Hummer drivers, many of whom were already using it to power their vehicles. The fuel has been widely used in Europe for almost two decades

While in the early stages of the project, Sean used almost exclusively "used" fryer oil collected from local restaurants...

over his development activities, is his work on the "Veggie Gas" biodiesel pilot project which he launched last August in a small research facility in Chelsea, Quebec. As the name implies, biodiesel fuel or "veggie gas" is made from new or used vegetable oil and, with the appropriate chemical additives, can be used in any diesel engine either "neat" or in a mix with petroleum.

Sean first learned about the potential of biodiesel through his Internet contacts with fel-

and the EEC has now mandated that a percentage of all diesel fuel sold must contain biodiesel. In Canada, however, the picture is very different: last year, only a million litres of biodiesel was produced in Canada, in contrast to the 2 billion litres sold in EEC countries. When Sean initially attempted to find a local supplier to power his Hummer, he found the field completely empty, and at that point set out to fill the gap himself through his Chelsea-based pilot project.

While in the early stages of the project, Sean used almost exclusively "used" fryer oil collected from local restau-

rants (including our own **Hamie's Diner**). At this point, he is increasingly using virgin canola oil to create the "Veggie Gas" which fuels his small fleet of test vehicles. The modest project is about to take a quantum leap to the level of commercial production as Sean has recently obtained financing to establish a full-scale biodiesel plant in Gatineau with a target production of about 20 million litres per year. The Veggie Gas facility is expected to be up and running by the spring of 2006, and with biodiesel plants also underway in Montreal and Hamilton, this eco-friendly option seems to be catching on as a serious alternative to fossil fuels. Sean is confident about finding a market for his product despite its low profile in the North American market to date, and indeed has already presold 200% of his anticipated production to U.S. companies acting as brokers for sales to the EEC.

Just in case you still find it far fetched to imagine fuelling your vehicle with a kitchen staple, Sean points out that the first diesel engine, designed by engineer/inventor Rudolf Diesel and unveiled at the leg-

endary Paris World Fair of 1900, was expressly built to run on peanut oil thanks to Diesel's prescient conviction that renewable fuels would have to be the way of the future.

And if you're still puzzled about how a Hummer fits the profile of a committed environmental activist and innovator, Sean has a simple and compelling explanation: unlike the majority of cars which are swiftly obsolete and must be replaced by new vehicles at an enormous cost in energy and raw materials, Hummers are built to last, flying in the face of the "throw away" manufacturing culture which continues to have such dramatic and devastating environmental consequences in our society. So if you see Sean out and about in his distinctive veggie-powered Hummer (you can't miss it), please remember that he is more deserving of an appreciative wave than the other less complimentary gestures often directed at "gas guzzlers"!

Best of luck Sean: we wish you success in your new Veggie Gas enterprise and in your efforts to spread the word about the eco-benefits of the biodiesel option.

ADVANTAGES OF BIODIESEL

From an environmental perspective, biodiesel has a number of significant attributes:

- it dramatically reduces greenhouse gas emissions, cutting back carbon dioxide and sulphur emissions to minimal levels (even a 20/80 veggie/petroleum blend reduces overall emissions by 60%);
- a biodiesel powered Hummer produces roughly 2300 kg. fewer greenhouse gas emissions per year than a Honda Civic hybrid (a point of particular pride for Sean!);
- it is 100% biodegradable; and
- it is made entirely from renewable sources.



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— by Ethel Sivyer Proulx —

I REMEMBER WHEN...

MOST HOMES in the Burgh had a wooden, whitewashed shed in their backyards, with a chicken coop standing alongside. And what fun to gather eggs at Granny's house and scatter chicken feed helter-skelter. Or how about my personal favourite, trying to get the juiciest red apples and the ripest blue gage plums from the trees in Granny's backyard?

Do you remember when... The ragman would buy old rags, papers, etc., and every lady in the Burgh would save foil paper from cigarette packages and roll them up to form a large ball? You would be paid according to its weight. Our ragman was nicknamed "The Rag Picker"; his real name was "Sandy." He had bright red hair and a temper to match. Of course, children, being what they are, brought on his temper by taunting him with, "Hi, Rag

Picker." He would naturally chase us, and into the backyards we would run, climbing up into the nearest tree or into the safety of the chicken coop. Every time I see the amount of paper products going out to the garbage, I reminisce about dear old Sandy.



And how about ... Buske Taxi located at 351 MacKay Street. Remember how impressed we were by the big, black shiny cars bearing the advertisement, The Closest Taxi to Rockcliffe? With no street cars traveling into Rockcliffe Park, how were the

maids to get home?

Local kids were often seen in Buske Taxis being transported to and from school. I think every wedding and funeral in the Burgh hired their cars.

Bill and Florence Buske started the service over 50 years ago. When Bill passed away, Flo kept it up until her health failed her in 1978.

And what about ... Fred Burke, the shoemaker on the corner of MacKay and Vaughan Streets? Fred worked day and night. There were numerous times when you could see him in his shop into the wee hours of the morning, especially before school. What a fine job he did and so reasonable, too. Sometimes his shop seemed to be a social meeting place with customers chatting away happily.

On the corner was Gladstone's where we could get a grab bag for two cents, or B.B. bats, two for a penny. When you broke your B.B. bat,

if the middle had a black interior, you won a free one. How lucky could you get? When Gladstone moved, Archie Dotnoff took it over.

What about the bottling plant on Vaughan Street where the older boys would treat the youngsters to a free sampling by running a hose through the screen window?

I remember sitting on the front verandah for an evening's entertainment, counting the different colours of cars that drove by.

Sometimes we made "stompers" by using two large tomato cans and putting holes in them and attaching string handles. They were a favourite toy of many of the Burgh kids.

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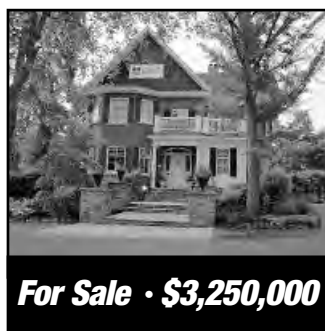
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