

June 2019

NEW EDINBURGH NEWS

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Park Vision Consultation Meeting

Saturday June 8, 10a.m. - 12p.m.
New Edinburgh Fieldhouse, 203 Stanley Ave.

All users of Stanley Park are invited to share
what you value most about the park.

newedinburghpark@gmail.com



August 24 from 5 to 10 p.m.
New Edinburgh Park



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Saturday September 21st
8:00am to 4:00pm

10% of sale proceeds
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local programs and
equipment



Photo by Ralph Heintzman

In early May, the statue of Queen Elizabeth on her beloved Canadian-born horse, Burmese, was relocated to the roundabout on Sussex Drive, directly opposite Rideau Hall. The statue had to be moved as part of the 10-year renovation project taking place on Parliament Hill.

Community meeting on Stanley Park vision set for June 8

By George Anderson,
NECA Park Vision
Working Group

New Edinburgh residents always knew how blessed we were, but still, it was a little surprising when, in 2014, TripAdvisor declared Stanley Park the “top park in the entire world.” Of course, that was before it was turned into an industrial site for Combined Sewage Storage Tunnel (CSST) construction, but still, the park is an incredible jewel.

There’s further good news in that the noise, dirt, smells, earthquakes and ugliness of the assault on our beloved

park will end. According to the City, the \$220 million Combined Sewage Storage Tunnel will be gleefully inaugurated in 2020. That is when the construction camp should disappear, and the renewal of the park can begin.

New Edinburghers and other users of the park have experienced a significant loss of amenities during CSST construction. And as the New Edinburgh News reported in April, those living near the park have suffered serious disruption and impacts. The City owes us more than a minimal restoration of the park: it owes us an imagina-

tive engagement and commitment to restoring the park and making it even better.

I say “the City.” It does have a central role regarding Stanley Park, but this being Ottawa (the town that bureaucracy built), the park has no fewer than three levels of government owning bits of it. The city owns most of the sports fields, the area around the field house, and a strip along the river’s edge to Beechwood Avenue. The National Capital Commission owns the stretch from Sussex Drive to Union Street and most of the land around the

Continued on page 5

New councillor outlines top priorities

By Rawlson King,
City Councillor, Ward 13

I would like to take this opportunity to thank the residents of Rideau-Rockcliffe for entrusting me with the honour and responsibility of becoming their new representative at City Hall. My grassroots involvement, community experience and love of our city means I will endeavour to effectively represent you and the interests of our ward.

As an experienced, result-based community leader, I’ve lived in Ward 13 for 15 years and have been an active volunteer for 10 years on a wide range of civic issues.

I previously served as the

President of the Overbrook Community Association, was a volunteer Board Member and Treasurer at the Rideau-Rockcliffe Community Resource Centre, and served as the inaugural Co-chair of the Ottawa Police Service’s Community Equity Council, which aims to bridge gaps between police and racialized communities.

I ran for public office because I believe Ward 13 needs experienced leadership to address issues of a fairer and more community focused development process; public safety; and more affordable and accessible transit and transportation

at City Hall. We have serious issues, including lack of infrastructure investment in road maintenance and transit, issues with spot development, along with increasing crime rates and a lack of economic opportunities.

I will apply a progressive approach to work towards resolving these problems that reflects the direction that you, the residents, want for this ward and city.

As a consequence, my early priorities include:

- making improvements to public transit and enhancing road maintenance;
- working with communities

Continued on page 6

What's the New Edinburgh Community Alliance?

NECA is the umbrella organization for all residents and community organizations in our neighbourhood. Every resident of New Edinburgh is automatically a member of NECA.

Its mandate is to develop and foster a sense of community among the residents; to research, develop positions and make representations to various levels of government on matters affecting the community; and to coordinate activities between organizations.

NECA's committees include Traffic and Safety, Heritage and Development, Beechwood Development, Park Vision, and Environment and Climate Change. It also publishes this newspaper.

The NECA board meets nine times a year, normally on the third Tuesday of each month at 7:30 p.m. (no meetings in July, August or December). Its annual general meeting takes place in October.

Meetings take place at the Fieldhouse, 203 Stanley Ave. and are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance at newedinburgh@outlook.com.

Our next meetings will take place **Tuesday, June 18, 7:30 p.m.** and **Tuesday Sept. 17, 7:30 p.m.**

Any changes to this schedule will be posted on newedinburgh.ca.

Your NECA Representatives 2018-2019

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Learn more at
www.newedinburgh.ca

Concerned about climate change? Join NECA's new committee



Cindy Parkanyi
NECA President

The trees are finally leafing up in the many lovely gardens around the community; it has been a very long winter. Snow mounds and icy ruts were everywhere, to the point that some residents – particularly on the lanes – had great difficulty in getting to their garages and front doors. This is one of the issues that was raised with newly-elected Councillor **Rawlson King** at NECA's May 21 board meeting. King outlined his priorities for the ward and the ways in which he intends to engage with the community, as well as answering questions. We look forward to continued engagement with our new councillor and NECA will be an active participant at his newly-established Ward Council.

Park Vision Consultation Jun. 8

Join us for a community consultation session providing an update on developments and prompt a wide-ranging discussion of our vision for the park and specific ideas and concerns. The meeting will be held at the New Edinburgh Fieldhouse, 203 Stanley Ave. from 10 a.m.–12 p.m. on Jun. 8.

New Environment and Climate Change committee

At its May 21 board meeting, NECA approved the formation of an Environment and Climate Change Committee as proposed by MacKay Street resident **Jorge Sorger** with the following notional tasks as suggestions:

- Hosting all-candidates debates of the three levels of government on the environment and climate change, in collaboration with other community associations and environmental NGOs (such as Ecology Ottawa);
- Belonging to and having a voice in the Community Associations Forum for Environmental Sustainability, which lobbies the City of

Ottawa on the environment (it is responsible for the city's adoption of the Climate Emergency);

- Serving as a communication vehicle between our elected representatives at all three levels of government (for example, Ottawa has a climate change plan, but has not been monitoring greenhouse gases yearly; nor is the public familiar with the plan);
- Having one or more education forums a year for the New Edinburgh community;
- Training volunteers to monitor air quality in order to follow the progress (or lack thereof) in air quality of New Edinburgh (and other communities that wish to participate) at yearly meetings to report on the results;

- If possible, with many volunteers, talking to all the residents about the challenge of climate change.

NECA very much welcomes the energy and enthusiasm that Jorge brings to this initiative. But he cannot do it all on his own. The committee needs volunteers, so please contact NECA at newedinburgh@outlook.com. Information on this committee will also be added to our website newedinburgh.ca.

Minto Bridges signage update

Since our last report on the community's request to the City to remove the unsightly low clearance signage near the Minto Bridges, we have heard from the City that they believe the structures are necessary in order to protect the structural integrity of the bridges. The City has also indicated that it would support adding vines to visually soften the structures and help them blend in with the surrounding environment.

At its May meeting, the NECA Board heard from resident **Sarah Anson-Cartwright** on her further research regarding the heritage argument for removal

of at least one of the overhead structures, the one that resides within the Heritage Conservation District (HCD) and adjacent to designated heritage properties. With an HCD, there is an adjacency policy that touches on the importance of taking into consideration the effect on protected heritage property of any proposed adjacent development.

POLICY 2.6.3: Development and site alteration may be permitted on adjacent lands to protected heritage property where the proposed development and site alteration has been evaluated and it has been demonstrated that the heritage attributes of the protected heritage property will be conserved. Mitigative measures and/or alternative development approaches may be required in order to conserve the heritage attributes of the protected heritage property affected by the adjacent development or site alteration.

In other words, lands adjacent to protected heritage properties (which includes designated HCDs) can be developed or altered only if the heritage attributes of the protected property are conserved.

Also, in the overview to the Heritage Tool Kit, the importance of protecting views toward heritage properties is highlighted:

The significance of a HCD often extends beyond its built heritage, structures, streets, landscape and other physical and spatial elements, to include important vistas and views between and towards buildings and spaces within the district.

NECA will be pursuing this argument with the City and other heritage stakeholders.

To learn more about NECA, contact me at newedinburgh@outlook.com. Also, if you are not yet receiving the monthly NECA updates by email and would like to be included on the list, please send me an email request.



Changes are coming to the *NEN* team and we need your help



Christina Leadlay
Managing Editor

June is our year-end at the *New Edinburgh News*, our final edition before we break for the summer. 2018–19 has been another great year (my fifth as editor!), with plenty of great contributions from the community and strong efforts from our core staff. My thanks to production manager **Dave Rostenne**, associate editor **Jane Heintzman**, advertising manager and photographer **Louise Imbeault** and distribution manager **Karen Harrison** for their commitment and hard work getting this community-run newspaper to you. Also big thanks to our proof-readers **Adrienne Blair** and **Philippa Woolf** for their eagle-eyes, and to the members of our Advisory Board, who make a terrific sounding board for what goes (and doesn't go) into each edition.

There will be some changes when we return in October. For starters, our Associate Editor and Staff Writer Jane Heintzman is stepping back into a contributing role as writer and reporter as she

focuses her time on her family and young grandchildren. Don't worry: she will still be writing our *For the Birds* column, helping out with the *Business Briefs* and keeping us informed of any Burgh news that crosses her path.

Picking up Jane's pen in our flagship Burgh Business Briefs column are two new writers to the *New Edinburgh News*: **Susan Groundwater** and **David Lawrence**. Both Susan and Dave reached out to me when I put out a call for writing help earlier this year, and we are thrilled to have them on the team. Susan has lived in Lindenlea for more than 13 years but will be moving to a house on Crichton Street this summer. Dave moved his family here from Ukraine last year. Learn more about his fascinating story on page 22. Susan and Dave will be writing the news about our local businesses, so please welcome them warmly when they contact you to be featured in *NEN*!

Also, the hardworking and dedicated Louise Imbeault

is stepping down as our Advertising Manager, though she will remain a contributing photographer. Louise has done an impeccable job coordinating the advertising for us for this past year. She rose to the challenge and after a steep learning curve, managed our advertising almost flawlessly.

This means we need a new Advertising Manager and a team of helpers. If you enjoy reading the *New Edinburgh News* and are looking for a way to help out, please consider joining our Advertising team (see page 36 for details). You will in turn be supporting our local business community as well as this newspaper, which publishes five times a year. As *NEN* is a not-for-profit volunteer-run paper (published by the New Edinburgh Community Alliance), we rely on our advertisers to help get us to press. It's a symbiotic relationship.

We also welcome writing help. I invite anyone who wants to contribute to *NEN*, regardless of age, background or experience, to contact me at newednews@hotmail.com.

If you enjoy your bi-monthly dose of local news, please consider volunteering your time and talents. We are only as strong as our team of volunteers, and in the case of a newspaper, it literally takes a village to keep it going.

Minto Beechwood in advanced talks with LCBO as anchor tenant

By Jane Heintzman

The rumour mill is abuzz these days with reports of an LCBO coming soon to Minto Beechwood's commercial floor. Many may recall that the same rumour surfaced, and then swiftly flamed out, several years ago. But this time, we're a step closer to confirmation from Minto's powers-that-be.

Shortly before press time, Minto's Kevin Harper, Development Manager High

Rise confirmed to the *New Edinburgh News* that discussions with the LCBO are now well-advanced, and that the prospects of a large facility on the building's ground floor look increasingly promising. While the deal is not yet signed and sealed, if all goes well, there should be official news over the course of the summer.

For many in the Burgh and

the surrounding communities, a Beechwood LCBO would be a welcome alternative to braving the traffic snarls that beset the King Edward outlet. And after several years of living with 11,000 square feet of vacant space in an anchor Beechwood building, the return of bustle and activity to our commercial core could be a major boost to collective morale on the street.



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The *New Edinburgh News* is also made available online at the New Edinburgh community website:

www.newedinburgh.ca

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Noel Street residents concerned about spot-zoning

By John Jarecsni

On Apr. 24, a group of 30 neighbours as well as city councillor Rawlson King met with Jane Thompson, architect for the proposed development of the property at 14 Noel St. Ms. Thompson presented the development plans, which would see a rezoning of the property to put in five units. She also responded to questions during a friendly and constructive dialogue. However, neighbours continue to have concerns about the development's size and its potential impact on the street. There are also particular concerns with the proposed "spot rezoning" of the property.

Spot-zoning is the process where the City grants an exception to the existing zoning and allows a specific property to have a different zoning. In the case of 14 Noel St., the developer wants to have this specific property rezoned from R3 to R4 because R3 zoning does not allow for a five-unit apartment.

The concern with allowing this type of development through spot rezoning is that



The spot-zoning problem: 14 Noel (left, zoned as R3) is across the street from R4-zoned 1 Noel, meaning 14 Noel could be considered in a transition zone and should be R4. Currently, 1 Noel is a two-storey single-family home, but it could be zoned as a four-storey multi-unit apartment building in the future.

it sends a message to developers that they don't really need to follow existing zoning rules because these rules can be easily bent. What further compounds the situation is the concept of "transition-zoning." Transition zoning means that if a property with zoning that only allows low density [R3] is near another property that allows higher density [R4], then the low density property should be allowed to change its zoning

to high density. This is not something that can be found in the City zoning bylaws, and instead is a widely held belief by city planners, who use this concept to make recommendations supporting spot rezoning proposals to City Council.

For example, 14 Noel is zoned as R3. Directly across the street is 1 Noel, zoned as R4. Since 14 Noel is across the street from 1 Noel, then 14 Noel can be considered



Photos by John Jarecsni

to be in a transition zone and should also to be zoned as R4. In turn, once 14 Noel has been re-zoned from R3 to R4, the transition line moves to the adjacent houses. It does not matter that currently 1 Noel is a two-storey single-family home, it only matters that it could be zoned as a four-storey multi-unit apartment building in the future.

Spot rezoning has become an issue of concern in such other Ottawa neighbourhoods

as Westboro and Hintonburg, and has the potential to have a great impact on New Edinburgh.

This meeting was just the beginning of a dialogue, and the neighbours look forward to working with the developer and the city to find a solution that supports the redevelopment of the property in a way that enhances the neighbourhood for all involved.

John Jarecsni is a resident of Noel Street.

News You May Have Missed

By Christina Leadlay
Provincial byelection on horizon

On May 17, Ottawa-Vanier MPP **Nathalie Des Rosiers** announced she will be leaving politics to take over as principal of Massey College at the University of Toronto. "Later this year, I will submit my resignation as the MPP for Ottawa-Vanier. Until that time, I will continue to serve the people of my riding at Queen's Park," Des Rosiers said in a news release. She was first elected in 2016 in a byelection following the retirement of Liberal MPP **Madeleine Meilleur**, and served as Minister of Natural Resources and Forestry from January to June 2018. While Des Rosiers was re-elected in the October 2018 provincial election, her Liberal party was reduced to seven seats.

Quieter skies this summer

The biplanes that fly overhead during the summer months are now less noisy. Ottawa Biplane Adventures, which

operates tours out of the Canada Aviation and Space Museum, has had its two vintage planes fitted with special mufflers to reduce their noise, as reported in May's *Manor Park Chronicle*. "This is not going to affect the originality of the radial engines and was done at significant expense, with the involvement of engineers and Transport Canada reviews," reports *MPC*. With New Edinburgh and much of downtown under the biplanes' flight path, residents will surely appreciate the efforts to make this popular tourist activity less distracting.

Special display of Burgh-based fresco

A striking, 10-foot high fresco from a former Catholic church in New Edinburgh got a special airing at Ottawa's Notre Dame Cathedral in early May. The Canadian Museum of History loaned **Ugo Chyurlia's** (1911–1982) fresco to the cathedral from May 1–5. According to the *Catholic Register*, the Franciscan order commissioned the work in 1957 for



This fresco was created for the former St. Vincent de Paul church on Stanley Avenue.

their monastery and church of St. Vincent de Paul located at 50 Stanley Ave. (now home to the Governor's Walk Retirement Residence). The artwork was saved following the sale of the monastery in the 1990s. A fresco is a painting done on fresh plaster on a wall or ceiling, making its removal "a science in itself,

extracting and re-setting a fragile medium that was never intended to be moved," said Ottawa Archbishop **Terrence Prendergast**. The fresco features the Virgin Mary and child Jesus over the Parliament Hill skyline. During the fresco's exhibition, the Cathedral also hosted a series of lectures on

the Franciscan monastery and St-Vincent de Paul Church.

Church ex-treasurer guilty of fraud

The former volunteer treasurer for Saint Luke's Lutheran Church on MacKay Street will be sentenced later this year for defrauding the church of more than \$600,000, the *Ottawa Citizen* reported Apr. 24. **Barton Burron**, a former member of the Auditor General of Canada's office, was found guilty of putting \$607,725.13 of Saint Luke's money into a high-risk real-estate venture that collapsed in 2013. Burron did not repay the church. Ontario Court Justice Matthew Webber said Burron deceived church officials and kept them in the dark for four years about his "persistent and extensive use of church funds." Saint Luke pastor Rev. **Bryan King** said: "The church has gone through the normal struggles that any group goes through when someone inside that group betrays that group. But, all in all, Saint Luke is doing fine." Rev. King will deliver a victim impact statement at Burron's sentencing.

City and NCC must approve integrated plan for park renewal

Continued from page 1

dog park. But there used to be two islands in the river which have been lost to landfill: the NCC owns the lost islands while the provincial Ministry of Natural Resources owns the landfilled areas. Finally, the NCC owns the old railway right-of-way, which planners once dreamed of turning into a four-lane highway – a past battle won by the warriors of New Edinburgh. So, what we think of as the park between Beechwood and Union (or even Sussex) is technically a checkerboard of land holdings. As a practical matter, both the City and the NCC must approve an integrated plan for the renewed park.

What might such renewal and restoration entail? In May 2017, the New Edinburgh Community Alliance (NECA) approved work on a comprehensive vision and plan. In October 2017, on the margins of NECA's annual general meeting, there was a facilitated session in which residents were invited to provide their initial views on a park vision. Broad principles

that emerged included preserving the balance of nature, conserving physical and aesthetic properties, no net loss of greenspace, respecting the needs of all users, accessibility for everyone, and good governance involving engagement with the community and users.

Since then, the City's planners have developed initial plans and landscaping for the renewed park. This cannot be a simple return to the previous state, because, unfortunately, many mature trees were removed and the CSST will have major access shafts and a small building (already built) for odour control in the wooded part of the park. Their design and functioning must be of concern.

Join the park consultation June 8

A small committee of the NECA (Vicky Solan, Nicole Poitras, and the author) has been discussing these matters, and we agree that we need a new community consultative session that will bring participants up-to-date on developments and prompt

a wide-ranging discussion of our vision for the park and specific ideas and concerns. The meeting will be held in the Field House in Stanley Park from 10 a.m. to 12 p.m. on Jun. 8. We hope to see a good cross-section of users, including young families, so we have arranged supervision for children to play outside during the meeting. Our new city councillor Rawlson King will be joining us, and we expect representatives of the City planning staff and from the NCC, as well.

In addition to asking participants about what they love about the park and how they envisage it in the future, we shall pose questions about specific issues. After a general briefing and questions, smaller groups will be formed to exchange ideas and put forward proposals.

Specific issues include: the design and impacts of the access shafts; the routes and materials for pathways, notably for bicycles vs. pedestrians; the location of the off-leash dog area; maintenance and garbage removal, including proper dog poo




A sketch of Amy Thompson's artwork *Rise/Levée/Kogahamog* slated to appear near the Minto Bridges. Will there be funds for public art with the CSST?

bins; drinking fountains; better links to Porter Island (with its many retirees) and so on. We'd like a thorough survey of issues and ideas with a good sense of priorities.


In addition to this meeting, we have set up a email account, NewEdinburghParkVision@


gmail.com, where people can send comments and read postings. We have a major opportunity to shape the future of the park that is the crown jewel of our neighbourhood, so please come to the meeting or pitch in if you have views or wish to help.



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Ottawa finds strength and resilience in the midst of a natural disaster



Jim Watson
Mayor of Ottawa

In May 2017, the National Capital Region was hit by significant floods that devastated hundreds of homes along the Ottawa River in West Carleton, Cumberland, and in Gatineau. What was presumed to be a once-in-a-hundred years natural disaster came back to ravage those very same communities only two short years later.

Tragically, the community of Dunrobin was still recovering from the devastating tornadoes that hit in September 2018 when the current flooding occurred. When the tornadoes touched down, many residents lost their home in an instant. Thankfully, no one lost their life, but the impact of two natural disasters occurring fewer than eight months

apart has taken an important toll on our community.

On Apr. 25, on the recommendation of City Manager Steve Kanellakos and his team, I declared a State of Emergency in the City of Ottawa. The projections from the Ottawa River Regulation Planning Board showed that the river peak levels in some areas would reach dozens of centimetres above May 2017 levels. It was clear that the City of Ottawa would need the assistance of the provincial government and the help of the Canadian Armed Forces to mitigate the floods and offer some relief to the homeowners, volunteers, City crews and first responders who had been working around the clock for weeks



Photo courtesy Mayor Watson's office

Nearly 16,000 volunteers and 700 members of the Canadian Armed Forces came out to help our residents in need during the Ottawa River flooding this spring.

to save homes in the affected areas.

Over the last few weeks, thousands of dedicated City employees, volunteers and military personnel have shown incredible acts of courage and determination as they tried to save as many homes as they could from the

rising Ottawa River. My heart goes out to the homeowners whose homes have been affected by the floods, and to the 155 households who had to evacuate their residence and leave their belongings behind.

I would like to express my most sincere gratitude to the

nearly 16,000 volunteers and 700 members of the Canadian Armed Forces who came out to help our residents in need. These incredible men and women filled more than 1.6 million sandbags, brought hot beverages and food to the volunteer centers, and provided invaluable emotional and moral support to those working on the front lines and to the impacted residents.

Once again, in the midst of a natural disaster, our city has shown that it is a caring and compassionate city. I am touched by the generosity and kindness I have witnessed during this difficult time.

As we move into the post-flood recovery stages, I encourage our residents to keep their spirits up and our sense of community strong. The City of Ottawa and its disaster relief partners will continue to provide help and resources so that flood victims can start to rebuild their homes and bring normalcy back to their lives.

The latest information on the flooding situation can be found at ottawa.ca.

Climate change, transit and poverty reduction among King's priorities

Continued from page 1

to bring more openness and transparency to the planning and development process;

- working on a poverty reduction strategy for our ward's most impoverished neighbourhoods; and
- developing a comprehensive city-wide climate change policy.

My office has also begun to

work on several key issues, including:

Establishing a Ward Council: I am a big believer in involving regular people in municipal politics. That is why my office is establishing a Ward Council this May, which will allow residents to provide recommendations on local planning and development, as well as neighbourhood matters, including traf-

fic plans and parking regulations. I believe that a Ward Council, made up of regular residents, will allow for a regular amount of direct and useful input. Our Ward Council will include representatives from each community association in the Ward, along with social service organizations. The Council will meet on a quarterly basis and residents will have the opportunity to outline their top priorities to my office.

Supporting the Climate Emergency Motion: At my first Council meeting, I was gratified to vote in favour of a motion to declare a climate emergency. Climate change is the most significant challenge of our time and requires immediate action. With the climate emergency declaration, Council will act to recognize climate change as a priority in the City's Strategic Plan and will provide measurable criteria to determine whether progress is being made in the City's efforts to reduce greenhouse gas emissions. Council's decision will incur a one-time cost of \$250,000, that will be paid from surplus revenue



Photo courtesy Rawlson King

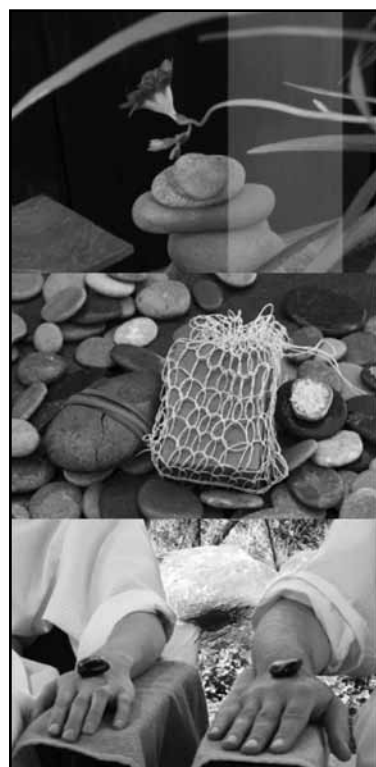
Rawlson King was elected Rideau-Rockcliffe's city councillor on Apr. 15

for the City's Hydro Ottawa dividend. This money will help the City accelerate its work on renewable energy and energy conservation programs and allow it to conduct more technical analysis on reducing emissions.

Lowering Patio Permit Fees: With Mayor Jim Watson on Beechwood Avenue, we announced that the City is reducing patio encroachment

fees paid by bars and restaurants by 50 per cent at a cost of \$280,000, saving the average restaurant with a patio \$3,200 annually.

Due to the rapid transition period, my office is continuing to establish itself, but we can be contacted by phone at 613-580-2483 or by email at rideaurockcliffeward@ottawa.ca.



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Should I support a school board budget that will harm students?



Chris Ellis
Public School Trustee, Zone 6

I held a Budget Zone meeting May 14, where Mike Carson, Chief Financial Officer for the Ottawa-Carleton District School Board (OCDSB), presented an overview of the challenges for the 2019–20 school year budget due to lack of detail from the provincial government.

Much of the discussion focused on the impacts of what the province has announced, especially the increase in class sizes, which will result in a 20 per cent reduction in high-school teaching staff. The current estimate is that,

once fully implemented, the class size increase will result in 250 lost teacher positions in the OCDSB. There will likely be more positions lost due to other changes in the funding formula.

At a time when the province is cutting funding to education, budget decisions take on great importance. Should there be more cuts to libraries or physical education, to arts or mental health or other areas? The proposed OCDSB 2019–20 budget was presented May 29. During the early part of June, you can provide

input and I look forward to hearing from you, my constituents, as I struggle with how to vote on this upcoming budget.

School boards, including the OCDSB, are already struggling to meet the needs of all students because there are not enough resources to address all the needs. Currently, at least 10 parents per year ask me, as their trustee, to help them advocate for the services their child needs. I worry that for every one I help there are five others not getting the help they need. I am clear in my mind that the current cuts will result in more children and young adults falling between the cracks, from not reaching their potential to higher dropout rates to self-harming and more attempts at suicide. This puts me in a dilemma. Should I vote for a budget, imposed on school boards by the province, that

I know will harm children or vote against it?

Ottawa has a history of standing up for the adequate funding of education. In 2002 during the years of the Mike Harris government in Ontario, OCDSB trustees, along with Hamilton and Toronto trustees, voted for a deficit budget after \$400 million was taken out of education. Although the province is now reporting that more money will be allocated to education than ever before, with the modest increase in enrolment, the cost of living increase and the need to deliver more services (e.g. less support in the community for autism means more need at the school level) this is in reality a cut to funding per student. I have heard analysis suggesting that announcements to date will lead to up to a four per cent – or \$1-billion – cut over four years to classroom

funding. These cuts will disproportionately hurt Special Education children, children living in poverty, children of colour, LGBTQ2S+ and newcomer students.

Strategic Plan

On May 7, District Staff presented the OCDSB 2019–2023 Draft Strategic Plan. Deadline for public input on the draft is Jun. 7. This is an opportunity to give input on the new Strategic Plan which will guide the work and direction of the OCDSB over the next four tumultuous years. On Jun. 18 the revised strategic plan will be presented to Trustees for discussion. On Jun. 24, Trustees will vote on a final OCDSB 2019–2023 Strategic Plan.

Chris Ellis is the Ottawa-Carleton District School Board Trustee for Zone 6 Alta Vista & Rideau-Rockcliffe. Reach him at 613-818-7350 or chris.ellis@ocdsb.ca.

Canada Child Benefit to increase again in July



Mona Fortier
Ottawa-Vanier MP

May marked the three-year anniversary of our government's introduction of the Canada Child Benefit (CCB). Increased annually to keep up with the cost of living, the CCB helps parents spend less time worrying about making ends meet, and more time enjoying life with their children. This benefit will be increasing once again in July this year to help even more families.

As a result, the CCB will now have a maximum annual benefit of \$6,639 per child under age 6, and \$5,602 per child aged 6–17 years. Thanks to the CCB, nine out of 10 Canadian families have more money to help pay for things like healthy food, sports programs, books and music lessons. It has also helped achieve the lowest level of poverty in Canada's history with nearly 300,000 children being lifted out of poverty since 2015. Our government is committed to ensuring that

all children have the best possible start in life and a fair shot at success.

The CCB has helped families across Canada and in our own community of Ottawa-Vanier. More than 10,000 children in Ottawa-Vanier benefit from more than \$3 million in payments each month. The upcoming increase is sure to help even more families within our riding.

As always, my constituency office is available to help you with any interactions with federal services. It is open Monday to Thursday from

9:30 a.m. to 4:30 p.m., and Friday from 9:30 a.m. to 4:00 p.m. Give us a call at 613-998-1860 or send an email to mona.fortier@parl.gc.ca.

**

Le mois de mai a marqué le 3e anniversaire de la mise en place de l'Allocation canadienne pour enfants (ACE). Indexée annuellement à cause de l'inflation, l'ACE aide les parents à passer moins de temps à se soucier des questions d'argent et plus de temps à profiter de la vie avec leurs enfants. Cette allocation augmentera de nouveau en juillet de cette année pour aider plus de familles.

Par conséquent, la prestation annuelle maximale de l'ACE sera maintenant de 6,639 \$ par enfant de moins de 6 ans et de 5,602 \$ par enfant de 6 à 17 ans. Grâce à l'ACE, neuf familles canadiennes sur 10 disposent de plus d'argent pour payer des choses comme

des aliments sains, des programmes sportifs, des livres, et des leçons de musique. Il a également contribué à atteindre le plus bas niveau de pauvreté de l'histoire du Canada en aidant à sortir près de 300,000 enfants de la pauvreté depuis 2015. Notre gouvernement s'est engagé à assurer que toutes les familles canadiennes aient une chance égale de réussir.

L'ACE aide des familles partout au Canada et dans notre propre communauté d'Ottawa-Vanier. Plus de 10,000 enfants d'Ottawa-

Vanier bénéficient de plus de 3 millions de dollars en paiements chaque mois. L'augmentation à venir aidera certainement encore plus de familles dans notre circonscription.

L'équipe de mon bureau de circonscription est disponible pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à mona.fortier@parl.gc.ca.



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Don't take democracy for granted, says MPP in farewell



Nathalie Des Rosiers
MPP Ottawa-Vanier

It is with a heavy heart that I write this article, as this may be the last time that I write to you as your MPP (for details, see page 4).

I have loved working in the riding. Ottawa-Vanier is a rich and resilient community, with so much to offer. I want to thank my staff for continuing to provide important resources and services to all community members who come and visit.

I want to thank all for you for the privilege of representing you over the last two and half years. I truly enjoyed meeting you on the street, at community events and at our Montreal Road office. Over the course of my time in office, I took my role as Ottawa-Vanier's champion at Queen's Park seriously and was very happy to advocate to ensure that our community was treated

fairly by their provincial government. I am proud of the many bills that I presented at the Legislature, of my work as Minister of Natural Resources and Forestry and of the many interventions that I have made in the House on housing, justice, environment, women's and Indigenous issues. It has been an honour to be your voice at Queen's Park. It is a very rewarding and important role in our democracy.

I want to thank the Members of the Legislative Assembly and its courteous and dedicated staff. I am lucky to say I have friends across all party stripes, and I believe that a diversity of voices and perspectives remains a key tenet of our democracy.

I would like to leave you with some reflections on the state of our democracy.

Our democracy should never be taken for granted. It is a constantly changing being that must be nurtured and respected. We must continue to support the institutions that make it work; independent officers, opposition parties, and all Parliamentarians whose role it is to hold governments accountable.

Governing is difficult, as it should be. That is because it should be done solely for the long-term benefit of the province, and never at the expense of vulnerable people or in disregard of long-standing principles. Majority governments have widespread powers, and can do pretty much anything they please, but sometimes they should refrain from doing so. It is not because they can that they should. Whether it is the use of the "Notwithstanding" clause to suspend rights and freedoms or changing the rules to undermine opposition parties, it is short-sighted to let partisanship overshadow the strengthening of our institutions. All parties should reflect on their long-term democratic responsibilities, not simply focus on short-term outcomes.

Finally, every one of us

must take an active role in strengthening our democracy by voting. Democracy cannot live without the voters exercising their rights. Don't forget to vote.

Thank you for the honour of having represented you.

**

Cher résidents et résidentes d'Ottawa-Vanier,

C'est le cœur gros que j'écris cette missive, car c'est peut-être la dernière fois que je vous écris en tant que députée.

J'ai adoré travailler dans la circonscription. Ottawa-Vanier est une communauté si riche et résiliente, qui a tant à offrir. Je tiens à remercier mon personnel de continuer à fournir d'importantes ressources et services à tous les membres de la communauté qui viennent nous visiter.

Je tiens à vous remercier tous et toutes pour le privilège de vous avoir représentés au cours des deux dernières années et demie. J'ai vraiment apprécié de vous rencontrer dans la rue, à des événements communautaires ou à notre bureau sur le Chemin Montréal. J'ai pris mon rôle de championne d'Ottawa-Vanier à Queen's Park au sérieux, et j'ai été heureuse de travailler afin que notre communauté soit traitée équitablement par le gouvernement provincial. Je suis fière des nombreux projets de loi que j'ai déposés à l'Assemblée législative, de mon travail en tant que ministre des Ressources naturelles et des Forêts et des nombreuses interventions que j'ai faites en Chambre sur les questions relatives au logement, à la justice, à l'environnement, aux femmes et aux peuples autochtones. J'ai eu l'honneur d'être votre voix à Queen's Park et j'en étais très fière. C'est un rôle enrichissant et important dans notre démocratie.

Je tiens à remercier les membres de l'Assemblée

législative et son personnel courtois et dévoué. Je suis chanceuse d'avoir plusieurs amis au travers des différents partis politiques, et je crois qu'une diversité de voix et de perspectives est une grande richesse dans notre démocratie.

Je veux vous laisser avec quelques réflexions sur l'état de notre démocratie. La démocratie ne devrait jamais être tenue pour acquise. Elle est une entité constamment en changement qui doit être nourrie et respectée. Nous devons continuer de soutenir les institutions qui assurent son fonctionnement; officiers indépendants, partis d'opposition et parlementaires de tous les partis, dont le rôle est de tenir les gouvernements imputables.

Gouverner est difficile, mais cela doit l'être, car cela ne devrait être fait que pour le bénéfice à long terme de la province, et jamais au détriment des personnes vulnérables ou au mépris de principes établis de longue date. Les gouvernements majoritaires ont le pouvoir de faire un peu ce qui leur plaît, mais ils doivent parfois s'en abstenir. Qu'il s'agisse de l'utilisation de la clause « Nonobstant » pour suspendre les droits et libertés ou la modification de règles pour saper les partis de l'opposition, il est imprudent de laisser la politique partisane miner le maintien de nos institutions démocratiques. Tous les partis politiques ont le devoir de réfléchir sur leur responsabilité démocratique à long-terme, et non de mettre l'emphase sur des résultats à court-terme.

Finalement, chacun doit participer au renforcement de notre démocratie en votant. La démocratie ne peut être soutenue sans le vote des citoyens et citoyennes. N'oubliez pas de voter.

Merci pour l'honneur de vous avoir représentés.

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Amid \$50M Montreal Road renewal, merchants invited to help shape Vanier's future

By Michelle Nash Baker

Construction on the \$50-million redevelopment of Montreal Road started in May, giving a dramatic face-lift to one of Vanier's most bustling corridors.

The new proposed design will completely overhaul the street from North River Road to the Vanier Parkway and includes burying unsightly hydro lines, widening sidewalks and installing raised cycling tracks.

The Vanier BIA is working closely with the City to mitigate the impact of the three-year construction project on businesses in the area.

Preserving parking spots, ensuring customers can still reach businesses and keeping loading zones clear are some of the issues the BIA is already discussing with the City.

However, Nathalie Carrier, the BIA's executive director, is encouraging Vanier businesses to be part of the conversation.

"The BIA is there to be the voice of businesses – please let me know (your) biggest concerns," she said.

Mario Kotowski, a senior engineer with the City, said the construction preparatory work along the Montreal Road corridor, which began May 6, will focus on traffic signal work starting at North River Road working towards St. Laurent Boulevard. The work is expected to take place over eight weeks.

Kotowski added traffic disruptions associated with the traffic signal work will occur



primarily during off-peak hours to minimize the impact on commuters.

During the summer, one lane will be closed along Montreal Road, between North River Road and the Vanier Parkway.

Two lanes may have to be closed between the Vanier Parkway and Marier Avenue due to Hydro Ottawa and Enbridge Gas work.

Next spring, Montreal Road will be reduced to one lane in each direction between North River Road and St. Laurent Boulevard as the main construction work starts.

To help keep the lines of communication open, the City held a merchants-only information drop-in session on May 16 at Centre Pauline-Charron.

The City said it will keep a focus on ensuring businesses remain accessible and minimizing disruptions during construction, which is expected to wrap up in the fall of 2021.

Community improvement

The renewal of Montreal Road is just one initiative – albeit a major one – that's helping to shape Vanier's future.

In addition to the road-work, the City also recently announced new financial incentives to encourage landowners to redevelop their properties.

Under the Community

Improvement Plan – which is also being used in Bells Corners and Orléans – landowners along Montreal Road, between North River Road and the Aviation Parkway, will be eligible to receive a grant based on the additional taxes arising from the higher assessed value of their redeveloped property.

The idea is to assist and encourage landowners to invest in underutilized properties or buildings in need of renovation.

Carrier said the City incentives will allow businesses to grow with a social, cultural and community mindset.

"This is very important because it opens the door to bigger developments and it drives what we have been pushing for – we need condos paired with affordable housing, with a buy-in for community use," Carrier said.

The CIP incentives are even higher for projects that include space for affordable housing, cultural activities or social enterprises. Such projects are eligible for a grant equal to 100 per cent of their municipal tax increase, up from the regular 75 per cent.

The City said the Montreal Road CIP focuses on the specific needs of the community to encourage the development of affordable housing, cultural activities and social enterprises and will create more jobs.

"It's Vanier's time," said Rideau-Vanier Councillor Mathieu Fleury, adding this is the first time the City has com-

bined a community improvement plan with a reconstruction project. "There's never been a better time for businesses in Vanier."

Learn more about the

Quartier Vanier BIA at vanierbia.com.

Editor's note: this article first appeared in the QVBIA's May newsletter and is reprinted with permission.

Books on Beechwood Book Club 2019 Fall Line Up



September 25/19



October 30/19



November 27/19

Please join us on the last Wednesday of the month at The Edinburgh Retirement Residence, 10 Vaughan Street at 7:30pm in The Penthouse on the 8th Floor for a lively discussion followed by refreshments provided by the The Edinburgh Retirement Residence.

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Road works reminder

By NEN Staff

Summer means construction, and two of New Edinburgh's main roads will be dug up this summer as part of an ongoing project to replace aging watermain and sewers.

Businesses will be open as usual, and pedestrian access will be maintained. However, vehicle and bicycle access will experience lane deductions and detours.

Work is already underway

on Springfield Road between Beechwood Avenue and Rideau Terrace, with lane reductions during rush hours.

For a two-week period in the summer, Beechwood Avenue will be completely closed from Springfield Road to Douglas Avenue. Vehicular traffic (including cyclists and buses) will be detoured between Charlevoix Street to St. Charles Street. Affected businesses and residents will

be notified in advance of the exact dates of the closure.

Good news for Springfield pedestrians: wider sidewalks will be installed on the east side of the street between Bertrand and Beechwood, and on the west side between Rideau Terrace and Bertrand.

The project is anticipated to be completed in autumn 2019.

Visit ottawa.ca for more details.

Chris Ellis

Public School Trustee
Rideau-Rockcliffe/Alta Vista
Zone 6 Ottawa-Carleton District School Board

613-818-7350 - Chris.Ellis@ocdsb.ca

BURGH BUSINESS BRIEFS

- Carolyn Brereton, Susan Groundwater, Jane Heintzman & David Lawrence -

Welcome to Bellefleur Physio

Early spring is prime time for strains, sprains and other injuries among enthusiasts who bolt too swiftly out of the gate onto the golf course, the tennis court or the bike path after a winter of relative inertia. Happily, a new local resource is now open to address such discomforts. In mid-April, **Bellefleur Physiotherapy** opened its doors at 2 Beechwood Ave. (former home of the Ottawa Skin Clinic), offering its services to our community.

The clinic is a family-run operation, co-owned by brothers **Jason Bellefleur**, President, and **Dave Bellefleur**, Vice-President and Clinical Director, with Jason's wife **Meghan Fish-Bellefleur** serving as Vice-President Operations. Its original location on St. Joseph Boulevard in Orleans was launched in 2013, and the new Beechwood outlet is the company's first foray in a gradual expansion.

Both Dave and Jason have recently been recognized for their accomplishments in the field: Dave was selected as Physiotherapist of the Year in the 2018 Faces of Ottawa Awards, while Jason was the recipient of a Community Builder Award in the Orleans 150 Awards of 2017, as well as winner of a 40 Under 40 award in 2016.

Bellefleur physiotherapists



(from left) Meghan Fish-Bellefleur, Jason Bellefleur, Ottawa Mayor Jim Watson and Dave Bellefleur at the 2017 Ottawa's Fastest Growing Companies reception.

Photo courtesy of Bellefleur Physiotherapy

treat a broad range of conditions from sports injuries to chronic pain, car-accident injuries, geriatric complaints and cases of arthritis, when specialized training from the Arthritis Society of Canada comes into play. The staff team at the Orleans location also includes specialists in concussions, vestibular problems, pelvic floor rehabilitation, jaw-related issues and pediatric care. Treatment methods cover the gamut from manual physiotherapy to dry needling (a highly effective, acupuncture-like method), and state-of-the-art modalities such as laser, ultrasound, transcutaneous electrical neural stimulation (TENS), and interferential current.

Jason and Dave are sticklers for their clients' privacy and comfort, amenities for which the large 1,500 square foot Beechwood clinic is well adapted, with its four separate treatment rooms for one-on-one sessions with a physiotherapist.

Jason describes plans for the Beechwood outlet as "a slow build" towards the Orleans model, where a sizeable contingent of eight physiotherapists is now operating. At the outset, one therapist, **Kerry**, will be available on Beechwood three days a week: on Mondays and Wednesdays from 12–8 p.m., and on Fridays from 8 a.m.–3 p.m.

The aim is to have two full-time therapists on

staff by year's end, and to build up gradually in response to the community's needs. According to Jason, Beechwood was picked as the site for the clinic's first expansion because of its distinctive character as a neighbourhood of small shops and businesses – a perfect fit with the "boutique style" of the Bellefleur clinic.

Before deciding on a course of treatment at Bellefleur, prospective clients are offered a free 20–30 minute "Discovery Session" in which to describe their symptoms, pose questions, and receive an assessment of possible treatment options. Once you are an active client, you can book appointments online at **bellefleurphysio.com**.

Call **613-695-7852** or e-mail **beechwood@bellefleurphysio.com** for more information or to book a first appointment. We warmly welcome Dave, Jason and their team to the neighbourhood and wish them well in addressing the aches and pains of local residents. *JH*

New naturopath opens doors

In April 2019, **Dr. Colbran Marjerrison**, N.D., began welcoming new patients to her naturopathic medical practice on Marier Avenue, just south of Beechwood. Dr. Colbran is certified by the Canadian College of Naturopathic Medicine and is trained to address the causes of disease, heal the whole

person through individualized treatment, and teach the principles of healthy living and preventative medicine.

Dr. Colbran offers help with skin problems, hormonal issues, mental health and wellness, exercise performance and nutrition – many concerns you might bring to a conventional doctor. Patients attend an initial 75-minute consultation to share their health concerns and explore potential solutions, which might involve diet changes, nutritional supplements, exercise or other tools. Dr. Colbran strives to offer each person an individualized treatment plan that targets their unique concerns, working with someone to ensure a good fit. After three weeks, a second appointment lets patient and doctor explore how the changes are working, and adjust the plan if needed.

Having worked in several clinics throughout her 10 years of training, Dr. Colbran has developed a clear vision of what she wants to provide – building lasting and therapeutic relationships with her patients is at the top of her list. "I want to empower people to make positive, lasting changes," she explains.

Choosing the Beechwood area for her clinic was an easy decision, as Dr. Colbran already lives in the neighbourhood and sees how our community is growing: "There's a real spark here, making it the perfect place to start a new business," she says. For example, she will be at the Beechwood Farmers' Market on the first Saturday of every month, where shoppers are invited to get a free "tongue and pulse" assessment, drink some tea, and learn a little about what naturopathic medicine can do for them.

"My goal is to offer services that appeal to anyone in the community," she says. She will also organize special events throughout the year to introduce more people to the power of naturopathic medicine. For more information or to make an appointment, visit **beechwoodnaturopathy.com**. *SG*



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Photo courtesy RSC

Rideau Sports Centre is Ottawa's first facility to have designated Dek Hockey surfaces. Players of all ages and sexes are welcome.

Learn a new sport this summer at RSC

The Rideau Sports Centre (RSC) at 1 Donald St. is gearing up for another exciting summer of activities for the whole family.

The RSC opened in November 2017 as a multi-sport facility with pub-style restaurant, wellness centre and yoga studio at a beautiful location on the Rideau River, the site of the former Rideau Tennis Club. Founder and CEO **Nicki Bridgeland** was keen to expand on the long tennis heritage associated with the Club (an Ottawa landmark since 1912) by opening the Centre to the public and introducing a vibrant mix of year-round multisport, recreation, social activities and play for the whole family. No membership is required; the facilities are open to the public on a pay-per-use basis. The facilities can also be rented for meetings, sporting events or special occasions.

Tennis is still important at the Centre. Following the long, hard winter, RSC is happy to announce that their seven outdoor clay courts are now ready for use with new clay, lines and lights that allow play until 11 p.m. For days when the weather doesn't cooperate, there are four courts in the indoor tennis dome, also newly resurfaced and equipped with new LED lighting. Walk-ons are always welcome, but players who purchase a Summer Tennis Pass enjoy numerous benefits, including free, unlimited gym and pool access with discounts for other RSC programs and at the restaurant. The Centre offers a wide range of adult and children's programs, lessons, round-robins, tourna-

ments and social events.

The Bridge Public House, open for dinner during the week and brunch on the weekends, has introduced their summer menu and the upper patio is now open, with live music every Wednesday night and a Thursday night barbecue.

Weather permitting, the RSC plans to open their outdoor pool Jun. 8 with a pool party and Century Doubles Tournament. The pool is not available for drop-ins; it is open only to Summer Tennis Pass, Pool Pass Holders and their guests. The RSC is also running a Master's Morning Swim Class this summer under the coaching of **Pierre Lafontaine**, former CEO and National Coach of Swimming Canada. Call **613-749-6126** to register; space is expected to fill up quickly.

The second dome on the site is used for different sports and can be configured as four volleyball courts, three basketball courts or two futsal (indoor soccer) courts. The newly refurbished dome has state-of-the-art flooring (gentle on your knees!) and new LED lighting. Join a drop-in game; an excellent way to have fun and meet new people, or book a court to play with your friends and family.

Summer is also Dek Hockey (a form of ball hockey) season, and the RSC is proud to be the first facility in Ottawa to have three designated outdoor Dek Hockey surfaces.

The Centre's fitness studio offers a number of programs and drop-ins are welcome at any class, provided it is not sold out. For gym users, the "Dollar a Day" fee offers excellent value; a monthly gym pass costs \$30 with a minimum three-month purchase. The RSC yoga studio

also offers a wide range of classes and programs, with seven instructors practicing a variety of different yoga styles; including children's and family classes and a popular Baby 'n' Me Yoga class.

RSC summer camps will run for 10 weeks, starting Jun. 24. They offer a wide variety of choice for young sports enthusiasts, including tennis, soccer, Dek Hockey, dodgeball, basketball and a multisport option. In addition to three hours daily of instruction in the chosen sport, campers will enjoy a daily swim and other games and activities. Registration is already underway. Visit **rideausportscentre.com** or call **613-749-6126** for details. *CB*

Clever kitchen creations at Red Door Provisions

As the story goes, **Red Door Provisions**, the thriving local coffee shop at 117 Beechwood Ave., originally took root in a farmer's field in Chelsea, Que. It was there that co-owner and baker-chef **Lauren Power** worked as an intern in 2012, while pursuing a course in market-fresh cooking, and there that she became committed to promoting a direct relationship between produce growers and consumers.

Lauren's internship on the vegetable farm also inspired her passion for preserving fresh foods to avoid needless waste. Sweet and savoury preserves were her first foray into the food business, and they remain a core feature of her operations to this day (highlighted in her online description of the store as a "small-batch bakery and jam factory.") Lauren's repertoire has included no fewer than 40 different kinds of preserves, ranging from tasty Seville and lemon marmalades to intriguing jam combinations such as strawberry, rhubarb and Campari, and homemade bread-and-butter pickles. The store also offers a selection of preserves from other local small-batch producers such as Juniper Farm and Manning Canning.

After moving into the tidy white building at 117 Beechwood Ave. in October 2014, Lauren's core preserving business blossomed into a full-fledged coffee- and bake-shop, a local haven now bustling with appreciative customers enjoying a sociable interlude while savouring



Photo by Alex McKenzie

The charming patio at Red Door Provisions.

a fresh gourmet coffee and baked treat. Lauren's business partner and co-owner **Greg Boone** is the coffee aficionado, providing a rotating roster of fine brews from such Canadian roasters such as Pilot Coffee, Dispatch, De Mello Palheta and Little Victories.

But the distinguishing feature of Red Door Provisions, (apart from its miraculous success in operating within the confines of a modest 650-square-foot space), is the extraordinarily high quality of Lauren's baking. The imprint of her lively imagination is evident throughout the eclectic menu: fare ranges

from such healthy options as overnight oats or homemade granola with yogurt, to fanciful indulgences such as maple whoopee cookies, froot loop cookies (a favourite in this writer's household), and the ever-popular pop tarts with sprinkles. Her signature gourmet grilled cheese sandwiches are a local lunch-time staple, as is Red Door's array of fine pastries, freshly baked scones, muffins, banana bread and much more. Visit **reddoorprovisions.com** for menu details.

Thanks to Lauren's boundless creativity, there's almost always a fresh innovation on

Continued on page 12

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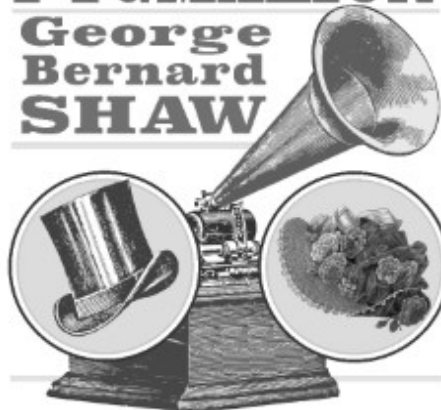
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the daily menu, frequently reflecting a seasonal theme. Around Easter, lemon meringue cream puffs and bird's-nest cupcakes were hot sellers, and more recently, clients were treated to fancy vegan energy bites, a luscious new concoction of almonds, pistachios, dates, and maple with coconut cream ganache. Follow Red Door on Facebook to keep up with the latest creations: [facebook.com/RedDoorProvisions](https://www.facebook.com/RedDoorProvisions).

Lauren's experimental approach is a distinguishing mark of the cuisine at Red Door Provisions. Perhaps it's no coincidence that her professional trajectory originally began with studies at art college in Halifax. Fortunately for all of us, she ultimately found cooking a more satisfying occupation, and one which afforded an equally fruitful outlet for her creative talents.

As summer approaches with the promise of long, lazy days, the outdoor patio at Red Door Provisions will be hopping as locals relax with a morning brew, or later in the day, cool off with a beer or a glass of wine from local

breweries and wineries. The open-air seating is especially welcome for those with baby strollers or four-legged companions. With luck, the patio will be in active use until well into the fall. We wish Lauren, Greg and the hard-working Red Door team a busy and successful summer, and salute them for the lively neighbourhood gathering place they have created on Beechwood Avenue. *JH*

Tavern on the Falls returns for second season

André Schad's scenic **Tavern on the Falls** (twin to the longer-running **Tavern on the Hill** in Major's Hill Park) first launched last July, and swiftly became a popular destination for locals and tourists alike. The Tavern's primary claim to fame is its spectacular setting: it's located on the outdoor patio at 50 Sussex Dr., behind the Royal Canadian Geographic Society's new headquarters, overlooking the Rideau Falls and a broad sweep of the Ottawa River with the Gatineau Hills beyond.

In addition to its stunning location, the Tavern's family-friendly atmosphere and lively evening vibe, with cock-

tails, wine and beer on offer until closing, and live music several times a week, has attracted all ages to the restaurant. By all reports, year one was a huge success, not least because of long, unbroken stretches of warm, sunny weather ideal for outdoor dining.

This spring, André was quick off the mark to launch the second season, heroically opening the doors Apr. 13, despite the depressingly cool, wet spring. He was well prepared, however: 13 heaters, eight fire pits and 175 blankets were at the ready to keep the first intrepid customers warm and cozy. Thankfully, the weather has since warmed up considerably, prompting an increasing flow of visitors to take advantage of a bird's-eye view of the surging waters of the Ottawa River, as this year's devastating spring floods gradually subside.

The Tavern opens at 11 a.m. and closes in the late evening. When we spoke in April, André was still in the process of hiring a large complement of serving and kitchen staff, some of whom had been around for 2018 season or on the team at

Jasper, the new Beechwood Avenue eatery André jointly owns, which launched last fall. Many of the staff are locals, so you may see some familiar faces when you drop in to the Tavern for a meal. André takes special pride in the environmentally-friendly focus of this season's operation, which he describes as "green, compostable everything."

The family-friendly menu has been so successful at both Taverns that it remains largely unchanged this year, with an eclectic variety of "Gourmet Dawgs" topping the list. These range from the spicy "Seoul Sista" featuring char siu pulled pork with kimchi, pickled jalapenos, green onions and shallots, to less adventurous options such as the "US of A" with shredded iceberg, salad dressing, shallots and cheddar; and most basic of all, "The Classic" with ketchup, mustard and relish.

André is particularly pleased by the tasty roster of tacos on this year's menu, featuring vegetarian (tofu), chicken, fish and pulled pork options to appeal to a wide range of tastes. There

are also hearty sandwiches, salads, and a charcuterie bowl on the menu, along with an extensive lineup of beer, wine and cocktails. Visit tavernonthehillottawa.com for all the details. The Tavern takes no reservations, so be sure to drop in early at such peak hours as suppertime, particularly if you have hungry children in tow. In keeping with the Tavern's family focus, Rover is also welcome to join the party on the patio, though we're not aware that there's a specific canine menu. *JH*

Bring your own containers to SushiME

If you are a fan of Dynamite or Volcano rolls, chances are good that you've been to SushiME at 8 Beechwood Ave. After seven and a half years in the neighbourhood, many local families consider dinner at SushiME a highlight of their weekly routines.

Over the years, owner **Sue Jung** has seen families growing up, with little ones becoming taller than their parents, and it's one of the things she loves about owning a successful small business in New

Continued on page 14



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Continued from page 13

Edinburgh. "I love the small village feel here," she says, "The neighbourhood is very supportive."

In fact, SushiME started in a smaller space, but steady growth from the start meant that when the retail space beside the restaurant became available, Jung took the leap and expanded. Now open five days a week (Tuesday to Saturday), the regular clientele can count on having their favourites prepared – some are so consistent that the servers just confirm their order when they arrive, instead of asking! For those willing to try something new on each visit, the menu includes many wonderful options, including

hot dishes and vegetarian choices, so those who may not be fans of sushi will be sure to find something that appeals. In recognition of the changing needs of the community, SushiME now also includes more gluten-free choices on the menu, and stocks gluten-free soy sauce as well.

If you don't have time to dine in, SushiME also offers takeout, and even permits customers to bring their own containers to reduce unnecessary waste. Simply tell them when you place your order that you will bring your own box, and the server will package up your meal when you arrive. This wonderful option also extends to the catering



Photo by David Lawrence

The Royal Oak pub's patio on the corner of Beechwood and Crichton.

platters that SushiME regularly prepares for book clubs, baby showers, and even events at Rideau Hall! Jung knows that many hosts prefer to use their own platters to create a beautiful table, so catering clients are welcome to bring in their serving dishes and SushiME will create a stunning display for your guests to enjoy. Beautiful food prepared locally with less environmental impact? Sounds delicious!

Dine-in, take-out, or catering – whatever your preference, SushiME looks forward to seeing their regulars every week and hopes to continue welcoming new faces for many years to come. For more information, visit sushimeottawa.com, or drop by the restaurant the next time you're passing by. *SG*

A great British pub experience

With the summer season upon us, establishments along Beechwood Avenue are gearing up for hungry and thirsty customers. Anchoring these is the Royal Oak Pub at 1 Beechwood Avenue, just before the St. Patrick Street bridge. With a great location, quaint and cozy interior, spacious patio, cheerful service, and outstanding food, the Royal Oak is a great place to meet up with friends and family for a beer and a bite.

Although the Royal Oak has been at its New Edinburgh location for only two years, it has the feel of a genuine English neighbourhood pub. Customers can experience such British classics as bangers and mash, fish and chips (its signature dish), and various meat pies. Top-notch burgers, butter chicken, and steak-and-ale pie are also popular menu items.

The bar is one of the best in

the city, with a loyal following of customers who come every day. With a wide selection of beers and ales, televisions for watching sports, and engaging bar staff, the Royal Oak's bar offers a friendly and welcoming atmosphere.

A special feature of the Beechwood Royal Oak is its party and event venue, the One Up Cocktail Bar. Overlooking the Rideau River, the One Up offers one of the most spectacular views in the city. With a capacity of 140 people, the One Up is the perfect place to celebrate birthdays, retirements, engagements, and weddings, as well as company parties and seminars. Besides beers and ales, it offers an amazing array of signature cocktails that are perfect for any season.

Those who enjoy live music can get their fill on Fridays and Saturdays (and sometimes Thursdays), with jazz, blues, country, soft rock, and other genres. Once a month, the One Up also hosts Comedy Night, featuring both local and national talent.

These fabulous offerings – food, drinks, company, and entertainment – are conveniently within walking distance of most New Edinburgh homes. No designated drivers needed! Check out the Royal Oak Beechwood website at royaloakpubs.com/entertainment/beechwood to find out about events, check out the menu, or take a 3D tour of the One Up, or call **613-680-1130**. *DL*

Art House solves all framing challenges

If you'd like to experience a little middle-eastern hospitality in the neighbourhood, look no further than **Art House Custom Framing** at

63 Beechwood Ave. The proprietor, **Abed Younes**, is a serial entrepreneur who has spent the last 32 years in Canada.

Originally from Palestine, Abed worked with refugees in Germany and travelled across Canada – from St. John's to Victoria – before settling in Ottawa. His business evolved from selling postcards and posters on Rideau Street to providing high-quality, customized framing services on Beechwood Avenue. The impetus came from customers, who often asked to have their posters framed.

Today, Abed has the equipment, materials, and skills to build custom frames for virtually anything. One recent customer is having her favourite childhood toy – a teddy bear filled with sawdust – displayed in a beautiful box frame. The antique bear was damaged and needed repairs, but Abed handled that. "I even had to make it new eyes that looked authentic," he said. Art House also offers a selection of artwork, custom images, and a gallery of prints.

Many customers don't know what they want and need advice on how best to display their treasures, no matter what they might be – art, diplomas, military uniforms, team jerseys, or butterflies. Abed takes the extra step for them, offering creative, elegant ideas. Size doesn't matter – no matter the challenge, he can find a framing solution. Clients can also look forward to a delicious cup of coffee while discussing framing, matting, and glass options. Call **613-695-2423** or drop by to discuss your framing needs – or anything else.

"This is an amazing neighbourhood," says Abed. "It is friendly, welcoming and international." No wonder, then, that Art House Custom Framing is such a perfect fit for the community. *DL*

Sundae School is back in session

The long, hot summer of 2018 was a banner year for **Lindsay Taub's** popular local ice-cream parlour, **Sundae School**. Happily, the sweet eatery at 131-B Beechwood Ave. (next to Bridgehead Coffee) is back again this spring, having opened on Mother's Day, May 12. Until schools close in late June, its hours of operation will be 3–9 p.m. on weekdays, 1–10 p.m.



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Photo by Alex McKenzie

Ice-cream lovers will be happy to know that Sundae School reopened May 12 and plans to remain open until Thanksgiving.

on Saturdays; and 1–9 p.m. on Sundays. Once the summer is in full swing over the school holidays, doors will open daily at 1 p.m. to keep locals cool and refreshed through the hot afternoons. Weather permitting, Lindsay hopes to remain in operation until Thanksgiving, Oct. 14.

In the true spirit of “if ain’t broke, don’t fix it”, Sundae School will stick with the same, classroom-themed range of options that have been its signature since it first launched in the summer of 2017. These include such imaginative treats as Recess Pieces (hot fudge and peanut butter); Class Pet; Chalk-olate Board; Class Clown (Nerds candy and a cone hat), and the reigning fan favourite, Pep Rally, featuring a mouth-watering combo of mint, hot fudge and After Eight mints. Small wonder that Lindsay’s toddler has been hankering for this minty treat since the store closed last fall! There are sugar cones, waffle cones, sauces and toppings to complement your ice-cream pick, and one-, two- and three-scoop options to satisfy appetites great and small.

From the outset, Sundae School’s ice-cream has been supplied by the **Carp Custom Creamery**, a high-quality, small-batch operation producing artisan ice-creams for a limited number of outlets in Ottawa and environs. Interestingly, creamery owner **Dustin Therrien** is a graduate of an Ice-Cream Technology Program at the University of Guelph – evidently the science has progressed light years beyond the old, hand-churned method some of us may remember!

We wish Lindsay and her Beechwood manager **Nadia Kharyati** another busy and

successful summer. The shop has become an annual tradition for many families in the neighbourhood, and promises to maintain its role as a summer gathering place in the months ahead. Visit sundaeschool.ca or follow the store on Facebook or Instagram for news and highlights over the summer. *JH*

Summer camp for the four-legged

Now into its third decade of operations in scenic Clarence Creek (near Rockland, Ont.), **Place for Paws Boarding Camp for Cats and Dogs** has become an invaluable resource for many pet-owning families here in the Burgh, and in the surrounding communities. The kennel offers spacious and well-equipped boarding facilities, along with high-quality, hands-on care for both dogs and cats whose owners are away from home on family holidays, foreign travels or business trips.

Even when you’re not leaving home, Place for Paws can provide a critical helping hand, for example, to households dealing with such crises as serious illnesses or recovery from surgeries. In such cases, when the needs of family pets for exercise, care and attention get short shrift on the home front, a visit to doggy camp is a welcome refuge.

Our family has even taken advantage of the facilities to temporarily relocate our Labradors during large-scale receptions and other social events in our home, when their presence could pose serious risks of stolen canapés or wine trays upended by wagging tails. And while advance reservations are normally a must at Place for Paws, for regular, longstanding clients,

owner **Angela Zorn** has proven mercifully flexible at times of crisis, such as a death in the family.

Angela lives on the property, only metres from the boarding kennel, so pet owners can take comfort in the assurance of a close eye on their four-legged family member throughout its stay. Not surprisingly, Angela genuinely adores animals, and has devoted her entire professional life to their welfare.

Before taking over the operation of her current boarding facility, Angela worked in such fields as animal control and animal rescue. She also trained as a veterinary assistant, learning the techniques of administering medications and giving injections, techniques she now applies in the care of her charges at the kennel. She’s adroit at the basics of dog psychology and behaviour, carefully sorting out compatible groups for the six lively outdoor play sessions which occur each day under her supervision, or that of her capable helpers.

In addition to fresh air and plenty of exercise, summer campers at Place for Paws are assured of a comfortably climate-controlled indoor kennel facility, even if the power goes out in a summer thunderstorm. The building is equipped with an emergency natural gas generator which kicks in automatically when the power goes down, and remains in operation until it is restored.

A Place for Paws is holding an Open House on Jun. 15 starting at 11 a.m. Visitors can have a first-hand look at the kennel facilities, meet Angela and her team, and enjoy a barbecue and bake sale. All proceeds will be donated to Penny Lane Farm Sanctuary, a not-for-profit refuge for horses and farm animals at risk of being sent to slaughter. For your canine family members, a dog wash and nail trim are also on the Open House agenda. Visit facebook.com/PlaceforPawsBoardingCamp for details. And if a pet-free summer holiday is on your calendar, you’d be wise to reserve a space for Rover as far in advance as possible: Place for Paws fills up fast in this busy season. For reservations, call **613-446-2280**. *JH*

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Busy spring turns to summer of plays, films and camps at Fieldhouse



By Matt DeWolfe, Chair, CCC

This is the Crichton Community Council's busiest time of year, with several events in quick succession this spring.

Cool, damp weather didn't wash away the spirit of the dozens of cyclists that attended New Edinburgh Bike Day on Apr. 27. Just weeks after bike routes were finally clear of ice and debris, this annual event got the spring cycling season rolling.

The Bike Rodeo gave our youngest riders an opportunity to develop their confidence manoeuvring on two wheels and wearing properly fitted helmets, while practicing their hand signals and obeying the rules of the road. This integral teaching component was again led by **Joana Chelo** and the Ottawa Safety Council. A consignment sale managed by **Chris Straka** helped find new homes for many used bikes while supporting the CCC and VéloVanier. A portion of each sale will support the CCC's ongoing neighbourhood programming. Unsold bicycles were donated to VéloVanier to be made available to those who cannot afford a bike of their own.

Two bike mechanics from our local bike shop, **Full Cycle**, at 401 St. Laurent

Bldv., were on hand to share their knowledge and offer free adjustments. We are thankful for their time, especially since they made themselves available on the opening day of owner **Phil Brun del Re's** second Full Cycle location at 7 Hamilton Ave. The amazing skills of **Justin Matheson** and members of Bike Polo Ottawa fascinated spectators and initiated a few new players to the sport. Attendees also got a chance to meet our new City Councillor **Rawlson King** and Community Police Officer **Vianney Calixte**, while enjoying a hot dog or two prepared by **Debra Conner, Steve and Sam Grabner**.

The annual pre-Mother's Day Plant Sale on May 11 was a nod to both tradition and things new. On the tradition front, the CCC extends its heartfelt gratitude to **Mary**

Also new was the ability to pay using debit and credit, the ease of which made for quick transactions and happy customers. Thanks to the **Bélanger** family, (**Denise, Sylvain and Julien**) for rolling out this innovation and handling all matters monetary during the day. Warm thanks as well to a robust stable of volunteers who helped with set-up on Friday, the crack-of-dawn team who prepared for the 8 a.m. start, and those who helped throughout the day and with clean-up. It was truly a community effort, and the funds raised will go back into CCC events for the community. Special thanks to the **Royal Oak Pub** for support in prominently displaying our advertisement banner.

Next up will be the annual Fieldhouse Marathon Cheering Station and family barbecue on May 26, which



Photo courtesy CCC

A bevy of bright-eyed volunteers were up with the birds to have the hundreds of plants out for the 8 a.m. start of the Mother's Day Plant Sale.

Plant Sale Volunteer Platoon

Mary and Jerry
Debra and Steve
Sylvain, Denise and Julien
Hope, Manon and Henry
Adrian
Joana
Debjani
Shacha

Julia and Jim
Paula
Caroline
Roxie and Pascal
Kathryn
Edwina
Norah, Nathanael and Isaac

Grainger and Jerry Turchyn for again helping with the organization and execution of this, our biggest and most popular fundraiser. Of things new, it was sunny...all day! The beautiful day had many neighbours perusing the array of hanging baskets, planters, flats and pots of annuals, herbs and vegetables.

will have run its course by the time *NEN* is published. This annual tradition, led by **Sylvain Bélanger**, always draws a crowd to loudly and proudly encourage the marathoners through the last leg of their journey. As the last of the racers make their way down Stanley Ave., the CCC focus turns to the family

barbecue portion of the day, offering hot dogs and refreshments at the playground.

Rolling into June, Pedalheads will be offering half-day and all-day summer camps at the Fieldhouse for children aged 3–12, starting Jun. 22 and running through August. The camps, offered on weekdays, will have three main areas of focus: safety, fun and skills. From training wheels to trails, the program will help children progress through six levels of bike proficiency this summer. Visit pedalheads.com or call 1-888-886-6464 for details.

The Fieldhouse restrooms

and water fountain will remain open to the public during the summer weekdays.

On Jul. 17, the CCC will present A Company of Fools outside the Fieldhouse for an evening of Shakespearean drama with *Romeo and Juliet*. This event will be rain or shine (in the event of inclement weather, the Fieldhouse will be the stage). Learn more at newedinburgh.ca/ccc and on our social media channels (Twitter: @NEFieldhouse; Facebook: @CrichtonCommunityCouncil) in the coming weeks.

Later in the summer, the CCC will again host films at the Fieldhouse. The first movie is tentatively scheduled for Aug. 17 at 8 p.m. and will be tailored to more mature audiences, while the Sep. 28 showing at 7 p.m. will be a family film. Bring a blanket and a picnic and enjoy the show. More details will follow later in the summer.

Before we get to summer, however, the CCC is holding its Annual General Meeting at the Fieldhouse Jun. 17 at 7:30 p.m. The community is invited to attend for a summary of the year's activities, updates from the executive, and the election of the executive for the 2019–2020 year. The new council's first meeting of will follow the adjournment of the AGM.

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How green bins fight climate change and save money

By Sarah Anson-Cartwright

Keeping food scraps out of our garbage is one of the easiest ways to reduce greenhouse gas (GHG) emissions every single day. And reducing organics from our landfills will extend their lives. Landfills are expensive for municipalities, no community wants them, and most critically, they are sources of the GHG we know as methane.

Some time ago, I naively thought that a bit of organics in the garbage wouldn't do any harm. I assumed it might help break down the rest of the garbage matter as it decomposed. Then I learned that every food scrap or food-soiled paper towel helps create the methane gas. Food waste in landfills is an agent of climate change. Mea culpa.

Organic waste in landfills contributes to climate change because it produces a gas that is mostly methane. And methane is a doozy of a GHG – “25 times more potent than carbon dioxide in terms of its global warming potential,” according to Environment and Climate Change Canada.

Ottawa's Green Bin program is under-used: 50 per cent of Ottawa residents are not using their green bin for organics collection, according to a City study in 2014–15. That low usage rate is costing us as citizens and as taxpayers.

If we could divert more food waste to the green bins, and not in the garbage bins, we could reduce GHGs, extend the life of our landfills and save money at the municipal level of government.

If voluntary diversion efforts aren't working well enough, should municipalities ban organics from regular trash and landfills? That is one of the recommenda-

tions of the National Zero Waste Council in *A Food Loss and Waste Strategy for Canada*, issued in May 2018. The council aims to advance waste prevention and the circular economy in Canada.

In its May 2017 report, Waste Watch Ottawa also identified more than 20 programs for enhanced recycling and organics collection that are best-practices in municipalities that do better than Ottawa.

For now, more of us could use the green bins as a start.

Easy fix for green bins' "yuck factor"

How can we avoid smells and maggots in our green bins?

Always wrap food scraps in newspaper or compostable paper bags. That's how our household has avoided maggots and most smells since the green bin program started as a pilot in New Edinburgh. (Okay, we had maggots in our bin once and it was a nasty reminder of what to avoid doing.)

We never put food waste directly, loosely into our green bin; we always wrap it and that approach works really well.

We line our kitchen container with a newspaper “bag” – made by using old newspapers folded easily based on instructions from a young girl from Ottawa in the Organic Origami YouTube video.

When our container is full, we lay out three full-size sheets of newspaper and dump our full compost bag in the middle. We then tightly fold and roll up the newspaper to create oblong bundle that's safe for the green bin.

And make sure your bundles of food waste or your paper bags are sealed shut. We use paper masking tape if we need to secure a bundle shut; it's compostable.

The key is to wrap up and seal shut the food waste as it goes into the bin.

Don't have any newsprint papers in your house? Collect some from a neighbour's black bin on collection day or the night before.

Most of the year, we also contribute loose fruit and vegetable scraps (without any paper wrapping) to our garden compost bin. We keep bricks over the lid to keep

raccoons or other creatures from getting in. It seems to work well, too.

Dog feces and plastic bags will be permitted in the green bin, starting sometime this year, according to a vote at City Council last year. The idea of allowing plastic into the organics collection is controversial. It has been noted that whatever the process to try to extract plastic from the compost process, small bits

will always enter the system.

“Microplastics is a well-recognized global pollution problem that harms many creatures – earthworms and sea life alike,” according to Waste Watch Ottawa.

New Edinburgh resident Sarah Anson-Cartwright works in public affairs and takes an active interest in municipal and environmental issues.

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MARGOT



For the Birds

By Jane Heintzman

After what seemed an interminable winter, spring has finally arrived, and migrant bird species have returned to the Ottawa area in full force. In the second week of May, bird spotters of the Ottawa Field Naturalist Club (OFNC) reported a host of recent arrivals, among them **least- and great-crested flycatchers, warbling and red-eyed vireos, veery, wood thrush, bobolink, Baltimore orioles**, and a pair of **ruby throated hummingbirds**.

The **warbler** tally is also rising rapidly, with 17 species reported locally, including **bay-breasted, yellow, black and white, Nashville, chestnut-sided, black-throated blue, black-throated green, Blackburnian, magnolia, ovenbird, Northern parula, American redstart** and **common yellowthroat**.

By the beginning of April, **pine** and **yellow-rumped**

warblers, two of the most common species in our immediate neighbourhood, began trickling into the region in small numbers, along with a smattering of **Eastern phoebes, song sparrows, fox sparrows** and **chipping sparrows**. Local naturalist **Bruce De Labio** speculates, however, that these early arrivals may have had a rough go this year, given inadequate food supplies due to lingering cold weather, snow and ice – conditions which delayed the emergence of the insect population on which they depend.

Winter finches, notably **evening grosbeaks, pine siskins, Bohemian waxwings** and **common redpolls**, are still around in May, though in declining numbers, after a robust showing in March and April. To keep up with the latest local sightings, visit ofnc.ca/recent-bird-sightings.

Here in the 'hood:



Common Loon.

Photo by Amy-Jane Lawes

In our spring rambles in the community, we've spotted a predictable cast of characters arriving more or less on cue as the season unfolds. Among the first to arrive were large flocks of **turkey vultures** cruising over the Ottawa River, followed by **red-winged blackbirds, common grackles, European starlings, dark-eyed juncos** (by the score), and of course, **American robins**, traditionally the harbinger of spring (though this year, they had to wait awhile!). Some of the robins may have overwintered here, as there were several large flocks in the Rockcliffe Park area where they have roosted in recent years. By now, however, the flocks have dispersed as mating pairs go about the business of building nests, defending their territory and producing the next generation.

The **Eastern phoebe** was another early arrival in the Burgh, belting out its characteristic *FeeBee* song. Eastern phoebes are elegant brown and white birds, readily spotted because of their signature "wagging tails." They are notorious loners, to the point that even a mating pair may spend very little time

together. During egg laying, the female is even known to chase away the male, opting for the independence of single-parenthood.

By mid-April, the **sparrow** population had begun to reappear. **Song sparrows** have long been a mainstay in our garden, and this year, a mating pair turned up right on schedule. The song sparrow's heavily brown-streaked chest, often marked with a central black dot, is a helpful identifier. But the clincher is its characteristic (and incessant) song, normally beginning with a few repeated single notes, followed by a melodic warble.

Later in April, **chipping sparrows** turned up throughout the neighbourhood, though I have only rarely heard their characteristic trill since their arrival. They're easy to spot, as they are not shy of humans, and are readily identifiable by their beautiful, bright reddish-brown crowns and bold black eye-lines. They will remain in the neighbourhood in significant numbers throughout the summer and fall.

By early May, **white-throated sparrows** had made their first appearance, belting out their patriotic O

Canada, Canada, Canada song. Their striking black-and-white striped head is a first clue to their identification, but the catch is that the white-throat has bright yellow blotches on its eyebrows, a feature which distinguishes it from its nearly identical (though slightly larger) cousin, the **white-crowned sparrow**. The white-crowns arrived here later in May, and will head north in June to their breeding grounds on the Arctic tundra.

To date, the only members of the **warbler** family I have spotted locally include a dazzling male **yellow-rumped warbler**, a **pine warbler** and a **yellow warbler**, all of them frequent visitors to the Burgh throughout the summer. In the coming weeks, I hope to find some of our other regulars, notably **American redstarts, common yellowthroats, palm warblers, black and white warblers** and the striking **Blackburnian warbler** with its brilliant orange throat and bold black and orange head stripes.

I believe a tiny **golden-crowned kinglet** turned up in our garden in early May, flitting about in our apple tree at such a hectic pace that a definitive sighting of



Male Rose-Breasted Grosbeak.

Photo by Amy-Jane Lawes

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Ring-necked Pheasant in the Cotswolds, UK. Photo by Ralph Heintzman

its signature yellow crown was impossible. But few other local songbirds measure a diminutive 3.5 inches in length, and its peripatetic behaviour was such a strong indicator that I believe it can be safely added to the spring Burgh bird list.

No description of spring bird life in the 'hood would be complete without mention of the hardy population that spent the winter here, weathering the bitter conditions. **Northern cardinals** are nesting throughout the neighbourhood, as are **black-capped chickadees**, **melodious house finches**, **American goldfinches**, **white-breasted nuthatches**, **common ravens**, and **pileated**-, **downy**- and **hairy woodpeckers** galore. With the exception of the ravens and the percussionist woodpeckers, all are in full throat, singing lustily to defend their breeding turf.

In an interesting *Ottawa Citizen* article by **Tom Spears**, (*Reclusive Wilderness Woodpeckers are Colonizing Ottawa*, Apr. 15, 2019), he reports that while once the **pileated woodpecker** was very rarely sighted close to the city (where they were hunted), in recent years they are common in wooded areas, backyards and even at birdfeeders throughout Ottawa. Spear writes: "The shift of our biggest woodpecker from secretive hermit to a resident of your backyard illustrates how some animals adapt to change while others go extinct... The woodpecker has changed its habitat, its tolerance to people, and its diet." By contrast, the

pileated's cousin the **ivory-billed woodpecker**, also a reclusive resident of large, old-growth forests, failed to adapt to changing conditions or human habitation, and is now extinct.

Birds of Brexitland

My family recently spent a two-week interlude in the United Kingdom, beginning on Easter Sunday. While our stays in Oxford, the Cotswolds and in the grounds of Hampton Court Palace were by no means focused on active birding, we had several notable birding encounters.

We spotted innumerable **magpies** in our travels, not least because this bold and brassy species appears to have no fear of humans. To the contrary, the birds danced around close to us, flashing their striking black and white plumage, and keeping an eye out for discarded bits of our picnic. Like other members of the crow (*Corvidae*) family, magpies are known for their high intelligence, along with their thieving habits and pronounced taste for carrion (maggots and all). They are ubiquitous in the U.K., and widespread in the Western half of North America.

European robins were another regular on our U.K. bird list, including two which were resident in our gardens in the Cotswolds and in Hampton Court, respectively. Though sharing a name and a brightly-coloured breast, the **American** and **European robin** are in fact quite distinct species. While the brighter and burlier American robin is a member of the thrush family, the European robin is classified as an Old World

Flycatcher. In addition to the significant difference in size (8–11" for the American robin versus 5–5.5" for the European species) the colours of the U.K. species are more muted, and the breast is pale pinkish as opposed to the bold orange of our local residents.

Two other species of note on our holiday were a colourful and extremely vocal **ring-necked pheasant** resident in our Cotswold garden, and a flock of **Eurasian coots** inhabiting the Long Water Canal in Hampton Court Palace. Several of the female coots were nesting serenely despite the hordes of tourists wandering through the grounds. These diminutive ducks are particularly eye-catching because of their predominantly black plumage and bold white frontal streak.

Back in Ottawa, summer is fast approaching, and for a couple of blissful months, the species count in our environs will be at its height. For information on the best birding locations, with a list of the species likely to be found there and route directions to the site, visit ofnc.ca/ programs and explore their information on "Birding in the Ottawa area."

Reports from our readers
Our Val-des-Monts, Que. birding correspondent **Amy-Jane Lawes** has been logging a steadily increasing number of warbler species close to her home, starting with the early bird **pine warbler**, and expanding to include **black-throated blue**, **black-throated green Blackburnian**, **black and white**, "and of course, the yellow rumps which are now outnumbering everything else." Heard, but not yet seen in Amy's environs, are also **Northern waterthrush** and **ovenbirds**.

Amy's other spring visitors have included **rose-breasted grosbeaks** and a pair of **blue-headed vireos**, along with nesting **Eastern phoebes** and **black-capped chickadees**. In the next couple of weeks, she's looking forward to the arrival of **tanagers** and **orioles** (along with the accompanying bugs).

Common loons arrived on the nearby lake before the ice was out, and while the water level has dropped since the height of the local flooding, Amy is somewhat concerned that they may have difficulty finding nesting spots.

In New Edinburgh, **Philip MacAdam's** Avian Bistro



Male Black-throated Blue Warbler.

Photo by Amy-Jane Lawes

on Thomas Street has been predictably busy this spring, with a diverse cast of characters. These range from such regulars as **American goldfinches**, **house finches**, **American robins**, **black-capped chickadees**, **white-breasted nuthatches**, **downy woodpeckers** and **Northern cardinals**, to such spring arrivals as **white-throated sparrows**, **white-crowned sparrows**, **chipping sparrows**, **brown-headed cowbirds** and **dark-eyed juncos**. A large flock of **common redpolls** also descended on the feeders earlier in the

spring en route north to their nesting grounds.

In early April, MacKay Street resident **George Anderson** discovered the corpse of an **American woodcock** on Avon Lane behind his home. The woodcock is a plump, short-legged shore bird, typically found in wet fields and on forest floors, but rarely seen in residential areas. Regrettably, this unlucky individual appears to have encountered a predatory cat which cut short its local visit.

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Fern Hill graduating student reflects on a great decade

By Lukas Gedris,
Grade 8 student, Fern Hill School

After more than 10 years at Fern Hill School, from preschool to grade 8, I am graduating and heading to high school. Leaving Fern Hill opens the door to a new adventure, but the memories will stay with me for high school and beyond.

In my years of being a student at Fern Hill, I have learned many lessons through my amazing teachers. I have learned to be timely and not to miss due dates for homework and projects, to be respectful, and how to be a well-rounded student. However, with these lessons came good times with friends and teachers.

My first memory from Fern Hill was when Senior Kindergarten was over, I went to sleep that night crying because I never wanted to leave Senior Kindergarten. That year the class had gone to many places such as Altitude climbing gym where we rock-climbed, and Starr Gymnastics where we jumped on trampolines and swung from ropes. For me, this was school life!

Throughout the years, many

special activities have made my time at Fern Hill School memorable. In first grade, our teacher made school so much fun with a class point system motivating us to be independent and always doing our best. In second grade, our teacher brought a gecko as a class pet, and we also explored my all-time favourite book, Flat Stanley.

During my Grade 2 year, Fern Hill School implemented a school point system through the creation of four different teams (also referred to as houses) named after four Canadian national parks: Yoho, Banff, Grasslands and Terra Nova. To this day, I am still in the same house, Yoho, where numerous house activities are headed by the Grade 8 house leaders. This year, it has been a privilege to lead this great house with other Grade 8 classmates.

My Grade 3 and Grade 4 teachers continued to develop my interests in reading with many great books such as The Mouse and the Motorcycle, Charlotte's Web and also The Lion, the Witch and the Wardrobe. These wonderful reading experiences were key to developing my interests in



Students from Fern Hill's graduating class during their year-end trip.

Photo courtesy Fern Hill School

reading – which is fundamental to learning.

My Grade 5 teacher encouraged me to explore the history of Canada through engaging activities. All these enriching opportunities prepared me for Grade 7 after skipping grade 6. I considered myself lucky when Fern Hill School expanded to Grade 7 and Grade 8 where I could

continue to prepare for the years ahead. My Grade 7 and 8 teachers have not only ensured that my classmates and I developed the knowledge and skills for the future, but also provided daily opportunities to develop transferrable skills of critical thinking, creativity, collaboration and citizenship.

My years at Fern Hill School have not only provided a strong academic foundation, but also have also enabled me to live many great experiences such as skating on the Rideau Canal, participating in different races with other schools,

visiting embassies of other countries, exploring nature at MacSkimming Outdoor Education Centre, going to a trampoline park and engaging in sporting activities at the Ottawa Athletic Club, as well as attending games of the Ottawa 67s and the Ottawa Fury. Grade 7 and 8 activities also included overnight educational adventures in Toronto and Quebec City.

Fern Hill has truly prepared me for high school and beyond with our amazing teachers, principal and staff. Thank you, Fern Hill School, for being the best school ever!

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The power of stories from the people around us

By Ann Jackson

On Feb. 25, the residents of New Edinburgh Square Retirement Residence were privileged to hear a presentation by Adrian Harewood, television and radio journalist with CBC Ottawa to celebrate Black History Month. You have probably seen him on our local TV news.

Adrian was educated at Ashbury College in Rockcliffe Park and graduated from McGill University where he earned a degree in political science. He was involved in media at university and subsequently at radio stations in Montreal before settling in Ottawa.

Many of us are familiar with Adrian and his committed community work in Ottawa and elsewhere. I remember particularly his introduction of a colleague at a recent Writers Festival event. He has a great capacity to speak eloquently, but with a down-to-earth quality which appeals to all levels of his audience.

Although Adrian was born in Ottawa, his parents came from Barbados. His father came to Ottawa to attend university and stayed on after graduation.

Adrian remembers going to Barbados every summer on vacation and listening to his grandfather's stories about his relatives. His great-grandfather was one of the workers who built the Panama Canal. His grandmother had been a preacher, and everyone liked to hear her stories about family history.

The thrust of Adrian's address was on the importance of stories. He emphasized our need to pay attention to the stories of all the people around us. As Canadians, living beside our very dominant neighbour to the south, we have tended to pay attention to the struggles of black citizens there. The civil rights movement in the United States was prominent on our television news. Also the anti-apartheid movement in South Africa and the fate of Nelson Mandela were the focus of many news stories.

Adrian remembers, at about age six, being told by his father to return a navel orange he wanted because it had been grown in South Africa. Their



Photo courtesy New Edinburgh Square

CBC's Adrian Harewood spoke about the importance of stories during a Black History Month presentation at the New Edinburgh Square.

family would not support the South African economy by buying their produce during the apartheid regime.

It is not that these stories were not important to cover, he said, but where were the equally compelling stories from our own country?

As an example of the power of stories, Adrian used the experiences of Viola Desmond to demonstrate how stories can resonate with people from all across Canada. In 1946, Viola was arrested for refusing to leave a white-only section of a cinema in New Glasgow, N.S. She spent a night in jail and was fined for her offence. During her lifetime, she and her sister (who is still alive) used the intervening years to make numerous presentations pointing out this example of Canadian racial prejudice and the need to oppose this kind of attitude in Canada. After Viola's death in 1965, her sister continued to work towards recognizing Viola as a human rights advocate. Her persistence finally paid off and after 46 years, Viola's picture now appears on our Canadian \$10 bill in commemoration of her firm stand on the rights of people of colour.

The question I was left with at the end of Adrian's talk was: why only a month on Black History? Surely what happened to Black Canadians is part of the overall history of our country.

I remember, as a new immigrant in 1962, being bemused by the emphasis given to government support of ethnic dancers and other examples of cultural focus. To me it

was like using Scottish country dancing as an explanation of Scottish history. It is nearly 500 years since the battle of Culloden, but the sadness and anger at that wanton destruction of a whole way of life lingers with many of us still.

As most of us know, Canada's view of itself as an open and welcoming society is quite recent. Our children and students need to know this. From the anguish of residential schools to the contemporary carding of Black youth, we need to acknowledge that there is still much to do. The work and commitment of many Black Canadians over the years should be part of an overall picture of Canadian history.

Ann Jackson is a resident of the New Edinburgh Square and is a regular contributor to the New Edinburgh News.

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Why I chose New Edinburgh

By David Lawrence

When police snipers started shooting protesters in Kyiv, Ukraine, in early 2014, I decided it was time to move my family back to North America. The Russian invasion of Crimea and eastern Ukraine only reinforced my decision. For several months we kept a packed suitcase by the front door, with passports and money, in case Russian President Vladimir Putin decided to launch a blitzkrieg. Fortunately, the advance was halted, but my mind was made up. We decided to stay in Kyiv long enough for my son to graduate from high school. After that, we would move to Canada.

While waiting for my family's immigration documents to come through (I'm the only Canadian in the family), I scouted out the Toronto region, Ottawa, Montreal, as well as Nova Scotia and New

the city through articles, blogs, videos, and maps. By the summer of 2018, I was ready. I rented an apartment in Vanier and spent a month exploring Ottawa's neighbourhoods. I needed everything: a house, a car, a bank account, a social insurance number, and healthcare. Slowly, I figured everything out.

I must have walked hundreds of kilometres in that month – I lost at least 10 kilograms in the process. But my efforts paid off. While there are many excellent neighborhoods in Ottawa, I knew almost immediately that New Edinburgh was the right place for us. First, the schools in the area are excellent, and included two that offer the International Baccalaureate degree, like our school in Kyiv. Second, there is an excellent balance between urban areas and parkland. I loved Stanley Park and



Photo courtesy David Lawrence
David and Tanya Lawrence, pictured with their dog, Pepper, moved to New Edinburgh from Ukraine last summer.

car yet). For an avid walker like me, having everything I need within an hour by foot was appealing.

Knowing where I wanted to live made it easy to find a house. There was no need to look at houses all over Ottawa; I was focused and quickly zeroed in on one. It was a little risky buying a house without my wife Tanya seeing it, but I gave her a detailed video tour, so she'd know what we were getting into. Once I had an address, I was able to establish residency in Canada and get settled. In the meantime, my wife shipped some of our things from Kyiv. In July, I returned to bring my family to their new home.

Although Canada is a welcoming place, the move was

still difficult. Even simple things, like figuring out recycling, was overwhelming at first (it took almost a full month before my garage was rubbish-free). It was difficult to get a credit card without a credit history (I almost had to beg for one). Insurance was also tricky. And taxes...let's not talk about that. In retrospect, it was a miracle that I was able to get a mortgage. I also suffered from sticker shock – the cost of living in Canada is much higher than in Ukraine. Luckily, I didn't have to find work – I work for the World Bank Group remotely, and simply took my job with me.

Shortly after settling in, we got a puppy, Pepper. This made a big difference – it seems everyone has a dog. I

met many interesting people in Stanley Park and Pine Hill who gave me good advice – not only about dogs, but also about life in Ottawa and New Edinburgh. Many people were surprised that I picked Ottawa – one person joked that I might be in the FBI's Witness Protection Program!

With the fundamentals of moving behind me, I'm now engaging more deeply with the neighbourhood. I joined the community choir, work out at Studio One, and contribute to the *New Edinburgh News*. I've walked over every inch of the neighbourhood and have visited almost every shop, restaurant, and café I could find. My family is also adapting well. My son is at the University of Toronto but comes home often. My daughter, a ninth-grader, has found good friends in school. My wife, though homesick for her family back in Ukraine, is adapting to life here and appreciates what Ottawa and New Edinburgh have to offer (winter notwithstanding).

I expect I'll be here for a long time, possibly for good. I've spent my entire life moving (my father was a diplomat, and the World Bank sent me to the former Soviet Union, Asia, and Washington). But there comes a time when you want to stop moving and to put down roots. And in New Edinburgh, I found a fertile place to do just that.

David Lawrence looks forward to being a regular contributor to the New Edinburgh News.

Many people were surprised that I picked Ottawa – one person joked that I might be in the FBI's Witness Protection Program!

Brunswick. Although I have been Canadian since birth, I have never lived here. Nor did I have any relatives, so I had the entire country to choose from. In the end, I picked Ottawa. This city is just the right size, and ranks well for families, immigrants, and retirees. I spent a lot of time teaching myself about

being close to the Rideau and Ottawa rivers. Beechwood Avenue had everything we needed: a supermarket, restaurants, coffee shops, hairdressers, fitness centres, and more. The city centre, with Rideau Centre and Parliament Hill, were only a few kilometres away, reachable in minutes by bus (I didn't have a

MacKay United teams up with Jazz Festival for month of music

By Eleanor Dunn

Jakob Bro is a world-class jazz guitarist from Denmark where he's won numerous awards, both as a composer and as a musician.

Fresh from an Ottawa International Jazz Festival performance with his trio

Jun. 25 on the National Arts Centre's Fourth Stage, Jakob Bro will be conducting a master class at 10:30 a.m. Jun. 26 at MacKay United Church. This special event is the result of a collaboration between MacKay's Jazz in June series and the Ottawa International Jazz Festival,

which runs from Jun. 21 to Jul. 1.

"The Kindness of Jazz" is a musical conversation with Jakob Bro, hosted by MacKay United's own Pete Woods, concentrating on themes of composition, improvisation and compassion. There is no charge for attendance at this

event – goodwill donations for MacKay's musical work will be gratefully accepted.

MacKay's Jazz in June series is back for a fourth year, but this will be the first year of collaboration with the Ottawa International Jazz Festival. The series (held every Thursday in June at noon in MacKay's sanctuary) features old favourites and showcases some of Ottawa's finest young jazz talent.

On Jun. 6, saxophonist Pete Woods (who also doubles as MacKay United's minister) joins pianist Tom Reynolds playing Duke Ellington's songs of love and faith. Two of the strongest young leaders in Ottawa's jazz community

– Alex Moxon on guitar and Ed Lister on trumpet – will be featured Jun. 13. On Jun. 20, toes will tap when Angelique Francis (bass and vocals) and her trio will perform some soul, blues and gospel. The Jun. 27 concert closes out the series with Peter Newsom (guitar and vocals), Pete Woods and The Speakeasy Band playing jazz tunes rooted in Americana.

As usual, these events are first come, first served for seating – including the Jakob Bro session at 10:30 a.m. on Jun. 26. It's time to enjoy some great sounds and conversation at MacKay United Church when Jazz in June returns.

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Cricket Club returns to Rideau Hall Wednesdays and weekends

By Arun Shrichand

With spring finally arriving after an especially frigid winter, members of the New Edinburgh Cricket Club (NECC) are excitedly gearing up for the 2019 summer season in Ottawa.

New Edinburgh Cricket Club – or “Burghs” as the club is affectionately known – has strong historical roots within the New Edinburgh community. The club was founded in 1928. Since its inception, Burghs has used the cricket pavilion at the Governor General’s official residence at Rideau Hall as its home.

As the second oldest club in Ottawa, Burghs today represents one of the most vibrant sides in the Ottawa cricket landscape. The club is uniquely multicultural, composed of members hailing from such countries as Canada, India, Pakistan, Australia, West Indies,

England and Zimbabwe.

Over the past years, the club has been highly successful on the field, winning both the Citizen and Challenge divisions played in the Ottawa Valley Cricket Council. More recently, the club was named runner-up in the 2018 Challenge division.

Preparations for the upcoming summer season began in March, with Burghs’ winter practice sessions at Gatineau Multisport Center. The winter practice provided a good opportunity for players to brush away the cobwebs and start mentally preparing for a busy summer season. The club also uses the winter practice to host tryouts to further expand its strong membership, which currently comprises approximately 50 members (ranging from playing members to social members and life members).

Burghs also takes great pride in being part of the larger Ottawa community



Photo from the NECC archives.
Saunil Desai looks to drive through covers against Defence Cricket Club.

through the Annual Memorial Charity Event held at Rideau Hall every summer. This year it is scheduled for August

2019. The event was introduced to honour former NECC members who have passed away. It involves a

fantastic cricket match, amazing raffle prizes and delicious food. The money raised goes towards such charities as Wells for Well-being, the Canadian Cancer Society, and the Ottawa School Breakfast program. More details of the event will be posted on the Club website and Facebook page closer to the time.

If you are interested learning more about the sport or would like to enjoy a nice summer day spectating, feel free to come and watch us in action at Rideau Hall. We will be there every Wednesday night from 6 p.m., and on the weekends for matches starting at 11 a.m. You can stay up-to-date on Burghs’ progress during the 2019 season and find out further information on the team’s website: burghscricket.com.

Check out the rules of the game at cricket-rules.com.

Arun Shrichand is a member of the New Edinburgh Cricket Club.

Ottawa Rowing Club to open after devastating flooding

By Melissa McKenzie

A crew from our summer youth crew camp program taken on Parliament Hill

After being severely affected by the flooding of the Ottawa River this past spring, the Ottawa Rowing Club (ORC) is preparing to open for another busy rowing season, and plenty is in store for this historic destination in the heart of Ottawa.

Program registration is open for all ORC rowing programs including Adult Rowing League, Adult Learn to Row, Junior and Senior rowing, Masters and Recreational rowing, Para Rowing and Summer Youth Camps, which offer a fantastic rowing and team building experience for youth aged 12–17 years.

The ORC will also host a slew of special events this spring and summer which will kick off Jun. 1 when the ORC boathouses will be open to all during Doors Open Ottawa, Jun. 1–2. This is a great opportunity to tour Canada’s oldest rowing club, established in 1867. The ORC features two boathouses nestled along the Ottawa River, just off Sussex Drive. One historic boathouse is original to the ORC and a second, newer boathouse is home to the ORC’s fleet of sleek row-



Photo by Khalil Daibes
A crew from our summer youth crew camp program taken below Parliament Hill.

ing shells. Also on Jun. 1, you can cross rowing off your bucket list and try rowing for free between 10 a.m.–2 p.m.

On Jun. 15, another free try rowing day will be offered for youth aged 12 years and older. This is an excellent opportunity to bring your son or daughter to the docks at the ORC and to give rowing a try.

The ORC boathouses will also be open to the public on Canada Day, Jul. 1, offering the perfect, serene view of the Ottawa River and the

opportunity to try all kind of watersports, including rowing, sailing, paddle boarding and more! Or, spend Canada Day evening at the rowing club which offers an amazing view of the Canada Day fireworks.

For all program and event information go to ottawarowingclub.com and follow the Ottawa Rowing Club on social media. Inquiries may be sent to rowing@ottawarowingclub.com.

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Ted and Bev Mathesius: woven into the neighbourhood fabric

By Chris Straka

On May 31, for the first time in more than 44 years, Ted and Bev Mathesius will officially move away from New Edinburgh, but their hearts will remain in the neighbourhood forever.

Their family roots run deep on this side of the Rideau River, and the focal point of their community life remains somewhere between St. John Lutheran Church on Crichton Street and the east end of River Lane. So when the couple began to search for a smaller home, it was difficult for them to fathom moving too far. They selected a unit in a condominium building on Landry Street (just off Beechwood Avenue), with a well-established vertical community that would allow them to live on one level and avoid the ongoing maintenance of a century-old home.

Ted and Bev's home at 201 Crichton was constructed in the late 1800s by Leonard Boehmer, a prominent neighbourhood builder and Ted's step-father. Len Boehmer also built the home next door at 205 Crichton in 1945, where Ted's mother Hilda lived until 2010. When Ted married Bev in 1975, they



Ted and Bev Mathesius, long-time residents of 201 Crichton St., are moving to nearby Landry Street in June. They have contributed to the community for many years.

were gifted the house at 201 Crichton. By then, the original building had undergone three additions and had been converted into a duplex. Ted and Bev raised their daughter Heidi in the upper half of the house for a decade, until the

family outgrew the space and the building was converted back to a single home.

Not the Burgh of 40 years ago

Ted and Bev have witnessed waves of change in the neighbourhood, both physical and

social.

Although their daughter enjoyed the convenience of living right across the street from her elementary school, the Crichton Street School's closure (soon after Heidi finished Grade 6) and the ensu-

ing infill development of the school grounds marked a significant changing of the tide.

"For a while there were hardly any kids in the neighbourhood," says Bev, "but now there seems to be more families coming back. The property values have escalated significantly. It is not the Burgh that it was 40 or 50 years ago."

"New Edinburgh hasn't always been 'the place,'" she says. "When the school was closed and homes were built on the grounds, the price of what they were selling those places for was mind boggling. What kills us now is the taxes."

Notwithstanding the higher cost of homes, Bev believes that other attributes continue to draw people to the neighbourhood.

"It's the location. You can walk to work from here. People want to be close to downtown and the river," she says.

From Ted and Bev's vantage point at the intersection of Crichton and Dufferin, the change that had the most significant impact on the neighbourhood was the construction of the Vanier Parkway, and the neighbourhood's successful opposition to its extension through New Edinburgh Park in the late

Haikus

by Anna Neufeld

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Gave Our Earth the
Needed Bath
Sprouting Day Lilies

Welcome Cardinals
Geese Nesting on River
Bank
Chipmunks Dash About

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Dancing
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A little bit differentIt's the difference that counts.



Photo by Chris Straka

The neighbourhood dogs all know “Uncle Ted” who never fails to have a treat for them handy.

1970s.

“It was quite a big deal, a war really,” Bev recalls. “For us, had the Parkway gone through, our place would have backed on to a major road. Can you imagine the traffic? Look at what it did to Overbrook.”

The Vanier Parkway would have followed a former railway line through New Edinburgh, crossing the Rideau River approximately where old bridge abutments can still be seen from Stanley Park on its way towards Quebec.

What’s now known as New Edinburgh Park looked like the former industrial area that it was in the 1970s when Ted began working with his River Lane neighbours to make it into a more enjoyable public space.

“It was only after the decision to not bring the Vanier Parkway through that we

started to maintain the land,” explains Ted.

“Once we knew the road wasn’t coming through, I got working in the back along the old rail line. It wasn’t looked after. There were burrs and broken trees. It was full of garbage,” says Ted. “We started at the corner [of River Lane and Dufferin Road] and worked our way in. It took some time to fix it up. We were digging out railway ties and everything else. I got the old board fence down and planted trees all around. We cleaned it all up. Everyone took turns cutting the grass.”

“For a long time, the City and the National Capital Commission wouldn’t take responsibility for the land. So we kept it cut and clean. I think people appreciated it. When some of the neighbours got too old to do their part, complaints started ... and [the City] started cutting it.

It has only been in the last 10 years that the City has taken any notice of it,” says Ted.

Ted’s efforts have continued through to this past year, almost always beating the City’s crew to cutting the grass and clearing the snow on the lane. Beyond his contributions to our public spaces, many in the neighbourhood have gardens livened with one of the hundreds of colourful wooden whirligigs Ted has crafted in his garage-woodshop on River Lane.

A generous couple with endless treats

But Ted’s greatest contribution to the neighbourhood may simply be his positive nature and generous personality. There are very few days through the spring, summer and fall when Ted can’t be found enjoying the view and the company of neighbours from his chair on the lane. All that pass by get a friendly

wave and a greeting, while his canine friends know him best for the endless supply of biscuits he keeps in his pocket.

I will never forget the time when my young daughter stumbled, running excitedly down the lane to see him. While I cradled the ball of tears with scraped knees and hands, Ted jumped up from his chair and went inside to fetch a piece of chocolate cake from Bev’s kitchen that magically made the tears go away. As surrogate grandparents to two children whose grandmothers live out of town, Ted and Bev have been very kind.

Over the years Bev has probably worn out the soles of several pairs of shoes simply walking baked goods between her kitchen and the little white church a stone’s throw away. But her service goes much deeper than her trays of muffins. To those

in need, Bev gives quietly and generously of her time, her energy and all else that she has to spare. Always acting unselfishly, and certainly without want for public recognition, Bev has helped many people manage difficult transitions in their lives.

More than the character of New Edinburgh’s buildings, people like Ted and Bev are the fibres that define the true nature of this neighbourhood’s fabric. Even though Ted and Bev have moved only a short walk outside of New Edinburgh, and they are sure to be seen on Crichton Street regularly, their daily presence will be greatly missed.

Chris Straka and his family have lived beside Ted and Bev since 2015. Professionally, Chris follows in the footsteps of Ted’s stepfather. Personally, he aspires to be the kind of neighbour that Ted and Bev have been.

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NECTAR hosts Ottawa Art Association juried awards

By Catherine Willis-O'Connor, OAA member

On the evening of Apr. 29 at the NECTAR gallery at 255 MacKay St., the Ottawa Art Association (OAA) gathered to celebrate the winners of its 2019 Juried Spring Awards.

Each year this association holds a spring juried show, challenging members to be the best in their category and to exhibit their work. The association selects a jury of professional artists to determine which masterpiece is the best in its category.

This year's slate included 32 impressive works of art in oil, watercolour, acrylic and mixed media beautifully displayed in the two-room NECTAR gallery.

As one of the oldest art associations in the National Capital region, the Ottawa Art Association's awards have been given to many well-known artists, emerging artists and enthusiast artists.

First prize winners of the Ottawa Art Association 2019 Spring Juried Show were announced by the President, **Tashi Farmilo-Marouf**:

- Oil Painting - *Poppy Riot* by **Herb Van Der Staay**
- Mixed Media painting - *Golden Path* by **MaGi**
- Acrylic painting - *diner* by **Yeji Kim**
- Watercolour painting - *Ember's Topaz* by **Elvi Edwards**

OAA President Tashi Farmilo-Marouf is excited about this new venue at NECTAR and was enthusiastic about her role in the show. She believes the values of an artist-run, artist-supported and artist-involved event make it a success.

"This association supports these events. It is a great way to get to show your work," says OAA membership coordinator **Natalie Seymand**.

This year's entries exhibited a variety of subjects and compositions touching on

contemporary and classical styles of local Ottawa scenes, flowers and abstract collages. The diverse talent collectively makes a bright and vibrant body of work.

NECTAR gallery has proven to be a "cool" place. The members like the fact they can see their art on display in a house, and the facilities are easily accessible. NECTAR General Manager **Paul Tonkin** said that all the house's artist studios are booked and that there is now a waiting list.

He also noted that the Ottawa Art Association is very much a part of the NECTAR culture. In particular, member **Leslie Lambert** is offering painting classes at NECTAR May 1–Jun. 26.

A member of the Ottawa Arts Council-Conseil Des Arts d'Ottawa, the Ottawa Art Association is a membership of visual artists which is in its 101st year. Members are encouraged to exhibit at



Photo courtesy NECTAR art show

Herb am Der Staay's Poppy Riot won best oil painting at the Ottawa Art Association's 2019 Juried Spring Awards, hosted at NECTAR in April.

the Ottawa Little Theatre, NECTAR, attend workshops, participate as a volunteer and enter their work in juried shows.

For more information on

becoming a member of the Ottawa Art Association, visit the gallery at NECTAR, the Ottawa Little Theatre or their website: ottawaartassoc.ca

Small improvements net big results at Spring Book Sale



It takes a crew of dedicated, tireless volunteers (pictured above) working year-round to produce a successful annual book sale.

Photo by Mireille Boulos

By Carolyn Brereton

Congratulations to everyone involved with this year's **Rockcliffe Park Spring Book Sale**. The hard work and extraordinary preparation by the management team of **Linda McDonald, Jane Newcombe** and **Kevin Phillips**, supported by dozens of enthusiastic volunteers, ensured yet another record-breaking sale in support of the Ottawa Public Library.

The inclement, near-freezing weather early on Apr. 27 did not deter hundreds of booklovers who lined up in the cold waiting for the sale to open. And this was just the beginning; by the end of the day on Apr. 28, more than 3,000 visitors had

come through the doors of the Rockcliffe Park Community Centre.

"We are thrilled that the numbers are up yet again, despite the weather," said Linda. "This is wonderful news for the Library and demonstrates that the improvements we try to introduce every year make a difference. Debit and credit card sales this year contributed significantly to a 14 per cent increase in revenue."

Other recent innovations such as the improved signage and the tent with a transparent roof clearly encourage shoppers to browse and buy more. We were very active this year on social media, with regular and informa-

tive posts on Facebook and Instagram. An added bonus on Saturday morning was a CBC television interview with Linda and former chair **Jane Dobell**, who continues to play an active role in the book sale she directed for so many years.

Our new City Councillor, **Rawlson King** and his wife, **Linda Grussani**, dropped by to show their support as did **Mathieu Fleury**, Councillor for Rideau-Vanier. We are also grateful to our corporate sponsors, **Chartwell New Edinburgh Square, Guardian New Edinburgh Pharmacy**, and **Dymon Storage**, whose support (both financial and material) plays a vital role in our contin-

ued success. Special thanks also to other local businesses for their support: **Epicuria**, for keeping volunteers fed during the book sale; **Metro Beechwood**, for donating bags; and to **Books on Beechwood** and **Bridgehead** for help with publicity.

Proceeds from the book sale help to pay for new materials at the Rockcliffe Park Branch of the Ottawa Public Library and for special programming for class visits and PD days. There will be two programs at the Rockcliffe branch for this month's PD Day, Jun. 7. The Rag and Bone Puppet Theatre will be presenting *The Flying Canoe*, a show in English celebrating the rich tradition of early

French-Canadian stories at 10:15 a.m. In the afternoon at 1 p.m., storyteller and instrumentalist Sébastien Lemay will present *L'aventure de Monarque le papillon* in French. Registration is required; please call 613-580-2940.

No post-book sale wrap-up would be complete without acknowledging the importance of all our volunteers whose herculean efforts make it all possible. We are also grateful to everyone who donated more than 39,000 books and AV materials this year. So as long as this community keeps donating books and then buying them back, the Spring Book Sale will be a success!

Banning leaf blowers can help the environment and human health

By Julie LaPalme

Have you heard of the Sustainable Development Goals or SDGs? They are a collection of 17 global goals set by the United Nations General Assembly in 2015 to end poverty through sustainable development by the year 2030. Building on the principle of “leaving no one behind,” the SDGs emphasize a holistic approach to achieving sustainable development for all by tackling a range of issues, from gender inequality to climate change.

This article focuses on how Ottawa can do its part to reach SDG 11: making cities and human settlements inclusive, safe, resilient and sustainable. One significant way we can achieve this goal is to ban a machine that poses a real threat to our health and the environment – the ubiquitous leaf blower. They are used to remove leaves and dirt, to clean gutters and even to remove snow. Gas models are powered by two-stroke engines and produce a loud, monotonous sound. The noise is intolerable and more and more communities are restricting their use.

But the noise is nothing compared to the leaf blower’s polluting effects. Most gas-powered leaf blowers use a two-stroke engine, which burns fuel inefficiently and releases emissions directly into the environment, nearly 300 times more than that of a pickup truck. Pollutants include carbon monoxide, which contributes to ground-level ozone; nitrous oxides, which contribute to smog formation; hydrocarbons, which can be carcinogenic; and nitrous oxides, which can cause acid rain.

In addition, leaf blowers blow dust at 200 miles per hour. They break down dust and dirt particles into microscopic bits that get into our lungs and bloodstream. They kick up chemicals, fungi, spores, animal fecal matter, moulds, diesel soot, allergens and other toxic substances into the air.

Leaf blowers strip off topsoil, desiccate roots, and kill vital soil-dwelling organisms, bees, butterflies, insects and their eggs. The natural ground cover of leaves, topsoil, and mulch protects, nourishes, and provides moisture to

plants and animals, including important pollinators. Butterflies and insects need leaves for their habitats. Birds forage for food in leaves left on the ground and under shrubs. Bumblebees nest in soil or piles of dead leaves.

Leaf blowers run at a low sound frequency which travels further than other noises and penetrates thick walls. In a 2017 study published in the *Journal of Environmental and Toxicological Studies*, all sound metrics emitted from this equipment were found to exceed World Health Organisation (WHO) outdoor daytime standards of 55 dB(A). This raises concerns regarding their impact, especially in densely populated communities where there are schools, hospitals, day-care centres and retirement homes, for which WHO daytime sound standards are 35 dB(A) or less.

What is driving the use leaf blowers? Property owners want a perfectly “groomed” look. Landscaping crews are expected to remove every speck of dirt from lawns, driveways and sidewalks even though they are sim-

ply blowing debris from one location to another.

I have spoken to numerous employees operating these machines and none of them are aware of the toxic fumes they are inhaling. Some wear ear protection, but not all, and I have yet to see anyone wearing a breathing mask. When asked about giving up leaf blowers, owners of landscape companies state that there are too many properties to clean in a day for staff to use a rake and a broom.

The proliferation of leaf blowers has far more to do with marketing than efficiency. When all the real costs are factored in, their alleged benefits don’t even begin to justify the risks. Cheap to produce, priced to sell, and aggressively marketed, the real function of leaf blowers is to rake in money for those who make them and those who sell them. There are about 2.5 million in use in Canada and more than 130 million in the United States.


People need to be made aware of the benefits of leaving leaves and natural debris on the ground. Landscape companies also need to better protect their workers who are

ingesting highly toxic fumes and pathogens. Governments and public health officials also need to step in and place restrictions on the use of leaf blowers to protect our ears and our lungs.


Talk to your neighbours, your condo board, your landscaper and enlighten them on the effects of leaf blowers. Pristine-looking grounds are not worth the consequences of breathing in toxic air. Tell your city councillor that you want these harmful devices banned. More than 400 municipalities in the United States have outright bans or restrictions on leaf blowers. Here in Canada, some parts of Vancouver and Montreal have banned or restricted their use.

Ottawa City Council has just declared a climate emergency. Now would be a good time to get rid of these obnoxious and polluting leaf blowers.

Julie LaPalme, who was involved with the Beechwood Village Alliance for a number of years, lives in the neighborhood across the street from two condominium properties that are avid users of leaf blowers. She is a cooperative housing consultant who works from home.



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Discover the unique music of Thomas de Hartmann on Jun. 9

By Karen George

The Ottawa Gurdjieff Study Group offers a rare opportunity to discover the music of **Thomas de Hartmann**, 1885–1956, music not yet well known in North America. Accomplished pianist **Cecilia Ignatieff** will perform a selection of his music on Jun. 9 at Epiphany Anglican Church.

De Hartmann composed and presented his work in Czarist Russia in the early years of the last century. His musical education began at age 11 with studies in composition with Anton Arensky and Sergei Taneieff. Seven years later, he received his artist's diploma from the St. Petersburg Imperial Conservatory, under then director Rimsky-Korsakoff. By his early 20s, his ballet *La Fleurette Rouge* was performed at the imperial opera houses there and in Moscow.

De Hartmann's search was to find his own voice in the evolution of the music of his time. In 1908 in Munich, Germany, he became a friend of the Russian painter and art

theorist Wassily Kandinsky. They shared an exploration of spiritual development through their art. De Hartmann responded very strongly to his friend Kandinsky's words "art is the expression of the inner sound of the soul." According to de Hartmann, "our interior world is the soil from which the seeds of art are born. Without this seed, in which the magic part of life is hidden and from which a work of art can be born, there is no art." His time with Gurdjieff from 1916–1928 nourished and supported this inner aspiration.

His musical search was interrupted by the Russian Revolution, time spent as an exile in the Caucasus, then Paris. During 12 of these years, he worked intensively with G.I. Gurdjieff, some of that time co-composing a unique body of work for piano. In Paris he earned a living composing music for films and arranging music of other composers for various instruments. In 1950, he and his wife Olga moved to New York City where he focused on his own compositions.

Apart from the work with Gurdjieff, his aim remained constant: to compose and create music in his own unique voice.

It is an impressive body of work, including four symphonies, several operas, concertos, sonatas and songs with texts by Marcel Proust, Paul Verlaine, James Joyce and Percy Bysshe Shelley, as well as 53 film scores.

A selection of his music from different periods of his life will be performed by accomplished pianist Cecilia Ignatieff. Active as a performer since her university years when she appeared with the Royal Conservatory Orchestra and the Toronto Symphony Orchestra, she is also a collaborative pianist. Her recordings include premieres of song cycles by Srul Irving Glick and a ragtime disc.

Now retired in Ontario's Lanark Highlands, Ignatieff's musical activities include promoting the compositions of Thomas de Hartmann, and presenting works he co-wrote with G.I. Gurdjieff.

Tomas A.G. Daly, whose family was intimately connected with the de Hartmanns from the beginning of their life in America, will provide spoken interludes on de Hartmann's biography, his music, and the ideas behind his work.


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welcoming space. Seekers and music lovers are welcome to experience the music of Thomas de Hartmann's thoroughly modern and unique voice.

The concert will take place Jun. 9 at 3 p.m. at Epiphany Anglican Church, 1290 Ogilvie Rd. Admission by voluntary donation. Call 613-746-6547.

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Odyssey Theatre to premiere new translation of Spanish comedy

By Bruce Burwell

Each year, Odyssey Theatre welcomes theatregoers from across Ottawa to their outdoor stage in beautiful Strathcona Park, just a 10-minute bike ride or drive from New Edinburgh. Renowned for its signature performances featuring Commedia dell'Arte, mask, physical theatre, clown and puppetry, Odyssey's Theatre Under the Stars series has received more than 25 awards and nominations and was most recently included in the *Ottawa Citizen's* Top 10 Live Performances of 2018.

This summer, Odyssey Theatre returns to the park with a new translation and adaptation of *The Bonds of Interest* by Nobel Prize-laureate Jacinto Benavente. *The Bonds of Interest* is a brilliant comic intrigue about two con artists who swindle an entire town of crooked merchants, powerful elites and grasping pretenders, all of whom will stop at nothing to get rich quick. This clever satire takes aim at the corruption and insatiable greed flourishing in a modern money-driven world.

Odyssey's award-winning Artistic Director Laurie Steven returns to direct a talented cast of Odyssey veterans and newcomers from Ottawa, Toronto and the United Kingdom, including New Edinburgh's own William Beddoe. Beddoe, who has delivered the *New Edinburgh News* for more than 12 years and has lived in the community for 23, will



Odyssey Theatre (pictured above in a 2015 production) will present *The Bonds of Interest* in Strathcona Park Jul. 25–Aug. 25.

Photo courtesy Odyssey Theatre

be taking on the role of Señor Prosecutor, a pompous, bombastic court official who takes a cut of damages awarded in lawsuits. This will be his third time performing with Odyssey, having previously appeared in productions of *False Confessions* and *The Illusion*.

While it is considered Benavente's most celebrated work, *The Bonds of Interest* is rarely produced in North America. Distinguished scholar Catherine Boyle of King's College London col-

laborated with Laurie Steven to create a dynamic new translation that will intro-

duce Benavente's modern Commedia dell'Arte masterpiece to the contemporary

English-speaking world. This exciting collaboration was developed through Odyssey's New Play Creation Program with workshops in both Ottawa and the U.K.

Inspired by graphic novels and hip-hop jazz funk music, the production's talented local design team is creating a world of decadent glamour and decaying wealth inhabited by comical masked crooks and charlatans.

With a vibrant new translation of a Spanish gem, a talented cast and company and the return of Odyssey's trademark style, this stunning production promises to be the hit of the summer. Enjoy a magical night of theatre under the stars along the banks of the Rideau River with friends and family.

The Bonds of Interest runs from Jul. 25–Aug. 25, Tuesdays through Sundays at 8 p.m., with matinees on Sunday afternoons at 2 p.m. Tickets available as of Jun. 10.

More information about Odyssey Theatre is available at odysseytheatre.ca.



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Staycation? 20 titles to transport you elsewhere

By Books on Beechwood staff

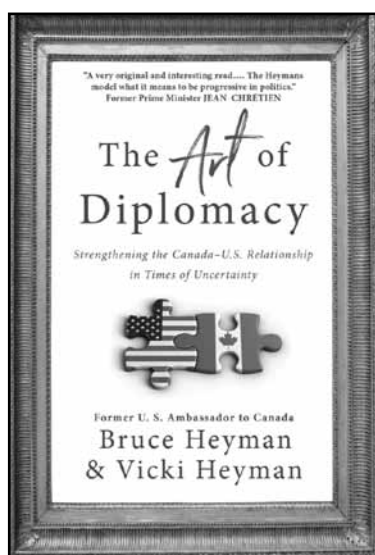
Antoinette recommends:

***Butterfly* by John Delacourt**

This local author has written a jewel of a novel about Lucien and Natasha. There is a Toronto painter, a model, a murder, and a secret video from Bosnia and Herzegovina during the war.

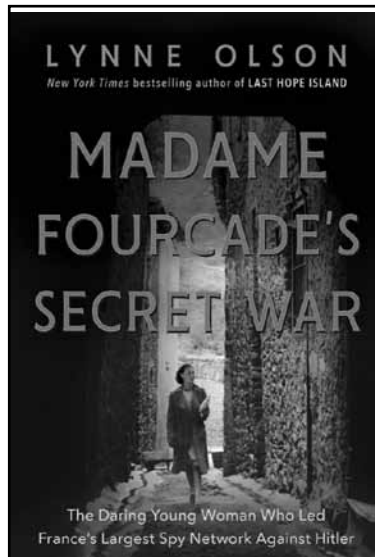
***Too Dumb for Democracy?* by David Moscrop**

This is a readable, conversational book that explores why we make bad political decisions, and how we can make better ones.



***The Art of Diplomacy: Strengthening the Canada-U.S. Relationship in Times of Uncertainty* by former U.S. Ambassador to Canada, Bruce Heyman and his partner, Vicki Heyman.**

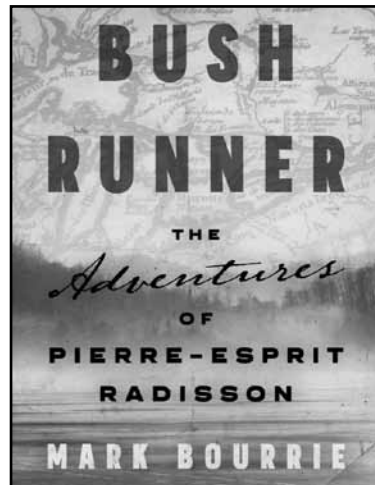
The authors narrate their three years in Canada, spent travelling across the country and meeting Canadians from all walks of life. Their account is poignant and heartfelt.



***Madame Fourcade's Secret War: The Daring Young Woman Who Led France's Largest Spy Network against Hitler* by Lynne Olson**

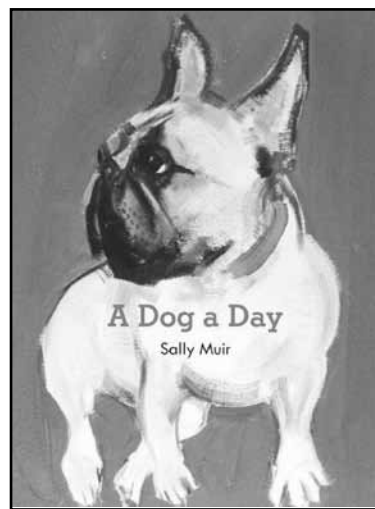
Fast-paced, gripping and impressively researched, Olson's latest book pays tribute to Marie-Madeleine Fourcade, who has long been neglected by French historians.

Bridget recommends:



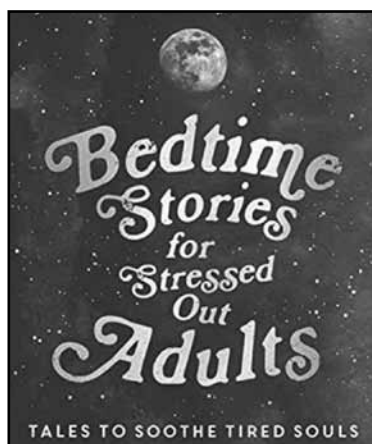
***Bush Runner* by Mark Bourrie**

Who knew we had such a fascinating and complex character in our history? Pierre-Esprit Radisson (a.k.a. "Radishes" to those of us of a certain age, or "the Davy Crockett of Canada" to others) is revealed by Bourrie to have so many more facets than the fur trader we learned about in school: adopted and assimilated by the Mohawk, a guest among royal courts, witness to the Great Plague and Great Fire of London, spy, double-crosser, marooned by pirates in Venezuela, Arctic fur trader and founder of the Hudson's Bay Company, his story is a remarkable first-hand account of 17th century Canada. A great and balanced read!



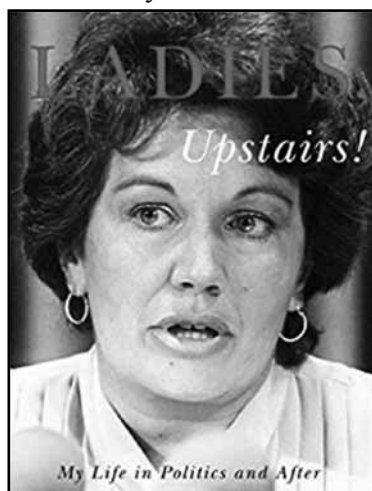
***A Dog a Day* by Sally Muir**

This is a totally appealing collection of Muir's charming and incredibly perceptive paintings of dogs she has known. It's a perfect little gift for the dog appreciator.



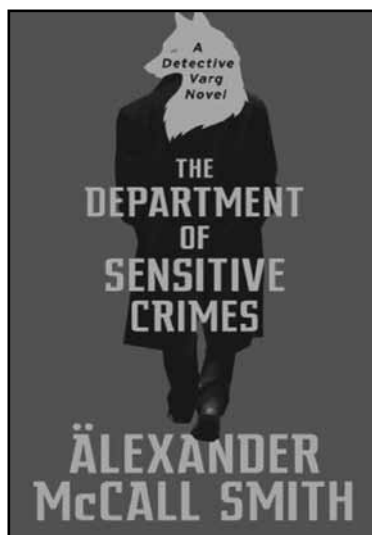
***Bedtime Stories for Stressed-out Adults* introduced by Lucy Mangan**

This charming and comforting anthology should be a staple on every adult's bedside table! It is a lovely collection of excerpts from writers as diverse as Lewis Carroll, Virginia Woolf and Oscar Wilde. Snuggle up and find consolation and wonder in other worlds, where all is well and sleep is just a page or two away.



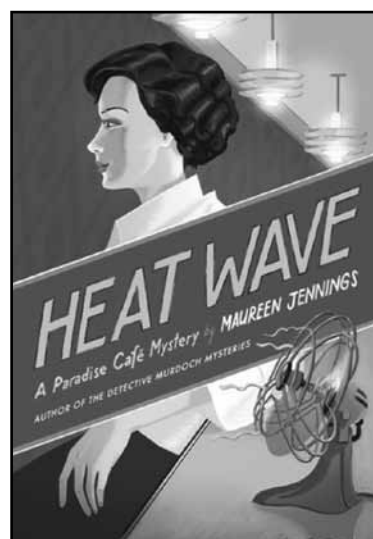
***Ladies, Upstairs! My Life in Politics and After* by Monique Begin**

Political pioneer, women's advocate and professor, Begin gives us a great look into the Trudeau Liberal Party of the 1970s, as well as a story of her early struggles and her very fulfilling and productive life beyond politics.



***The Department of Sensitive Crimes* by Alexander McCall Smith**

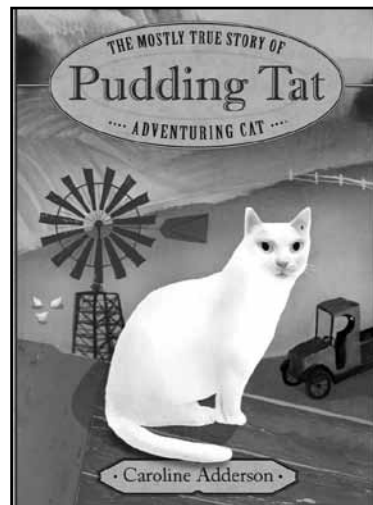
The umlaut over the A of Alexander on this book's cover signals that veteran McCall Smith is moving into mock Nordic Noir territory. He calls his new genre "Scandi Blanc" and it is as gentle and compassionate as one might expect. Detective Ulf "the Wolf" Varg is in charge of a new department solving essentially insignificant crimes, such as the case of a young woman whose imaginary boyfriend has gone missing. McCall Smith is as hilarious and heartening as ever.



***Heat Wave: A Paradise Café Mystery* by Maureen Jennings**

The setting is Toronto, 1937, and our budding detective is Charlotte Frayne, a junior associate in a two-person private-investigation firm. In the course of one of the worst heat waves in Toronto's history, Charlotte has to uncover why an anti-Semitic threat and a café run by WWI veterans are dangerously related.

For Children and Youth:



***Pudding Tat* by Caroline Adderson**

From a veteran and multi

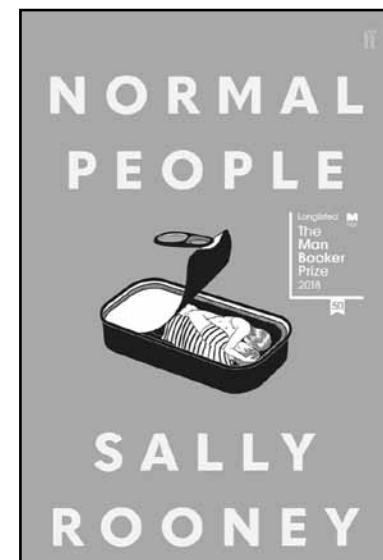
award-winning author comes a charming odyssey of a determinedly adventurous blind cat and his flea companion. Together they find themselves at all the major historical events of the early 19th century. This book is especially appealing for the budding history buff. Ages 8-11.



***Be My Love* by Kit Pearson**

You can't do better than Kit Pearson for heartfelt, moving and delicate depictions of the coming-of-age-years. Twelve-year-old Maisy can't wait to get to her grandparents Gulf Island home for her summer holidays. Living with a single mother, these times are spent surrounded by extended family and especially with her best friend/cousin, Una. But things have changed, and Maisie, feeling betrayed by everyone, doesn't deal with it very well. Tender and true, all is ultimately resolved for the best. Ages 8-12.

Hilary recommends:



***Normal People* by Sally Rooney**

Set in small-town Ireland, this sharply witty novel follows the lives of two friends as they drift together and apart over a series of years. Despite their differences, Connell and Marianne seem to be a perfect fit, each being the only one who really understands

the other. This is a novel about friendship, love, and the lengths one will go to pull someone back from the brink.



***The Binding* by Bridget Collins**

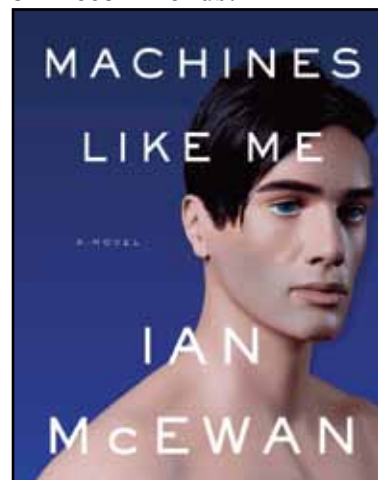
Emmett lives and works on his family farm and has always been taught that books are to be feared and avoided. Regardless, he's always been strangely drawn to them. After recovering from a severe illness that he can't quite remember, and that seems to have changed his family's perception of him, a strange summons arrives which sets his life on a new course. Full of mystery,

magic, and adventure, this book is a real treat.

***The Witch's Kind* by Louisa Morgan**

Featuring two modern witches, a seaside foundling, and the reappearance of an estranged husband, this historical novel is a real winner! Set during and after WWII, Morgan's tale deftly weaves magic and mysticism with historical facts as it carries readers through one woman's journey toward acceptance of a Blythe family affinity, passed down through the generations.

Jill recommends:

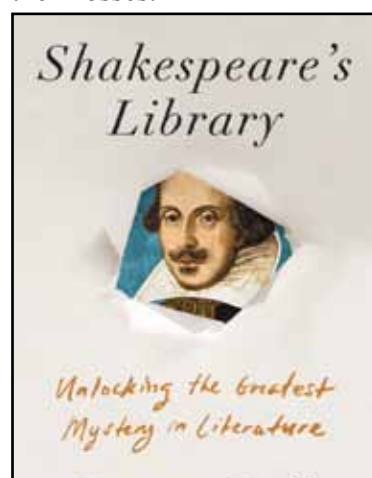


***Machines Like Me* by Ian McEwan**

The setting is an alternative London in the 1980s. This is a futuristic love story involving two humans and a robot with its near-perfect human personality, feelings and intelligence. The complications are endless.

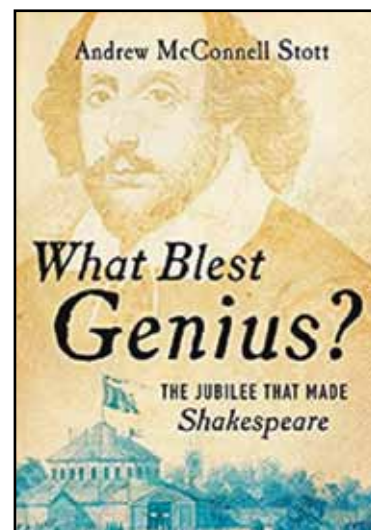
***The Book of Dreams* by Nina George**

Nina George, author of *The Little Paris Bookshop* and *The Little French Bistro*, introduces the reader to Henri Skinner, who lies in a coma after a terrible accident. Soon his life, the lives of his son, his former girlfriend and a young patient become intertwined, as they, too, fight their own battle to survive the past, their first love, and their losses.



***Shakespeare's Library: Unlocking the Greatest Mystery in Literature* by Stuart Kells**

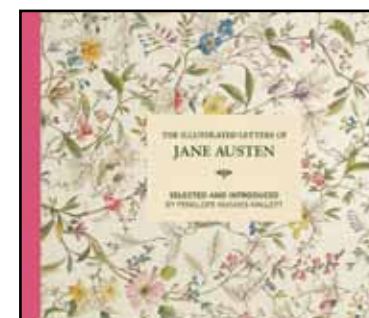
Follow Stuart Kells as he goes in search of the ever-elusive library of one of the most famous playwrights in literary history. This is an engrossing read with its own treasure trove of Shakespeariana.



***What Blest Genius?: The Jubilee That Made Shakespeare* by Andrew McConnell Stott**

Just when you thought you had read everything Shakespeare, along comes this delightful book about the Jubilee Festival of 1769 hon-

ouring William Shakespeare. It was to be a grand celebration held in his home town, Stratford-Upon-Avon; unfortunately, the organizers failed to inform the residents of the town and chaos reigned. We learn about the turn of events and a great deal about Shakespeare from two perspectives: David Garrick and James Boswell. This is a fun read.



***The Illustrated Letters of Jane Austen* selected and introduced by Penelope Hughes-Hallett**

This is a delightfully illustrated compilation of letters Jane Austen wrote to family members and friends. Jane's natural wit, her descriptions of people, places, and life in the various homes in which she lived, makes this book a wonderful companion piece, as her books are revisited and reread during the lazy days of summer.



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online: <https://www.cbc.ca/news/health/socializing-key-to-successful-aging-1.1260922>



CHARTWELL

NEW EDINBURGH SQUARE
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Big changes and exciting new prospects at historic sports club

By Claire Schofield

The Ottawa New Edinburgh Club (ONEC) is swinging into a new season with some exciting changes.

The historic boathouse, from which ONEC operates its watersports programs, is presently undergoing a major renovation by the National Capital Commission. While the building is closed for the season, these sports will be moved to a bay west of the Boathouse where temporary facilities are being installed along the shoreline to accommodate the sailing and rowing equipment, workshops, training and meeting space and bathrooms.

"We're excited about the future," said ONEC president Brigit Knecht. "The Boathouse is a federally designated heritage building and is one of just four of its kind left in Canada. It will be spectacular when it is finished. In the meantime, we're confident that our programs will run smoothly from their new location." The whole renovation project is scheduled for completion by 2020.

While ONEC's summer day camps still have space,



ONEC members enjoying Laser racing on the Ottawa River.

Photo by Martin Rheume

registrations are up by 69 per cent over this time last year. ONEC has operated summer day camps since the mid 1980s and over time its programs have evolved to include tennis, sailing, rowing, big canoeing and stand-up paddle-boarding (SUP).

The watersports adventure program that combines rowing with SUPs and big canoeing is also increasingly popular. Operating on weekdays from Jul. 2 to Aug. 23 from 9 a.m.-4 p.m., ONEC's summer day camps offer half- or full-day attendance. An added

bonus is that pre- and post-camp supervision is available from 8 a.m. and until 5 p.m.

ONEC's tennis program is also experiencing significant changes. Newly appointed award-winning tennis coach Chris Field is a seasoned professional with over 25 years' experience. "His extensive experience as a junior program director and performance coach in Toronto and Miami and his enjoyment of working with adults and kids of all levels, make him a perfect fit for our club," said Andre Barnes, ONEC's Tennis Director. Chris will work in tandem with long-time tennis pro, Catalin Tudorache.

Tennis programming is also being expanded. Chris has hit the ground running by introducing a new after-school program for children aged 7-15 years and is open to all skill levels. Adults also have new opportunities to up their game with drop-in clinics, stroke of the week and aero tennis sessions organized by Catalin Tudorache or to take private lessons with either of the coaches.

ONEC Rowing is increasing the number and depth of its teaching programs. In addition to the regular weekend mornings "Learn to Scull" course starting in early June, two additional sessions will be offered on Monday and Wednesday evenings start-

ing Jun. 10. Regular refresher courses are also scheduled to allow members to hone their skills. Once novices have demonstrated their proficiency, they can join ONEC and participate in regular group rows, and tours throughout Ontario, Quebec and even Europe!

ONEC sailing continues its successful program, which is attracting an increasing number of young professionals. Those new to sailing are provided with training in the more stable CL16s and the faster single-handed Lasers at no charge. Once members are checked out, they can participate in the racing program on Tuesday evenings and Sunday afternoons.

And finally, paddling, a sport introduced in 2018 as a pilot project, is back this year by popular demand. Organized



Photo courtesy ONEC

Chris Field, ONEC's New Junior Tennis Program Director and Coach

by Big Canoe Adventure Excursions and hosted by ONEC, these guided outings are led by experts and explore historical, Indigenous and natural sites of our nation's capital while teaching participants to master a big canoe. Also, renowned Canadian author and modern-day voyager Max Finkelstein will be giving a Big Canoe course on Jun. 15. See onec.ca/forms.

The Ottawa New Edinburgh Club is one of Canada's oldest multi-sports clubs in Canada and dates back to 1883. It offers recreational and competitive sports opportunities in tennis, sailing, sculling and paddling for adults and youth. For further information, visit onec.ca.

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Romeo and Juliet coming to New Edinburgh Park Jul. 17

By NEN Staff

A Company of Fools is back with their Torchlight Shakespeare in the Park series, visiting 36 parks all across eastern Ontario during the months of July and August, including a performance in New Edinburgh Park Jul. 17 at 7 p.m.

A stellar local cast of Fools both new and old will play 14 different roles to retell Shakespeare's iconic love story, *Romeo and Juliet*.

You know the scene: the city of Verona is plagued by violence, as an ancient rivalry between the Capulets and Montagues causes fighting in the street. The son of Montague, Romeo, crashes the Capulets' ball and falls for Capulet's daughter, Juliet. The two marry in secret and

find themselves at the centre of a city-wide feud.

A carnival setting creates the backdrop for the Fools' fantastical take on the streets of Verona. Swords are paired with water pistols, and live music is played by a carnie barker with a megaphone. Audiences will be transported to an adolescent paradise of dangerous pleasure. Relive your teenage angst with the Fools this summer as they present the world's favourite romance.

Two of Ottawa's favourite young actors play the bard's star-crossed lovers: Norah Paton stars as Juliet, with Ottawa improv legend and Fools veteran Leslie Cserapy as Romeo.

The tour runs Jul. 2–Aug. 17 with performances Monday

to Saturday at 7 p.m. At New Edinburgh Park, the Fools will perform on the east lawn next to the Fieldhouse (and inside the Fieldhouse in the event of bad weather). Other local per-

formances include Monday evenings in Strathcona Park in Sandy Hill. The full tour schedule will be announced on June 15.

All shows are pay-what-

you-can with a suggested donation of \$20 per person. The actors pass hats once the performance has concluded to collect donations.

Visit fools.ca for details.



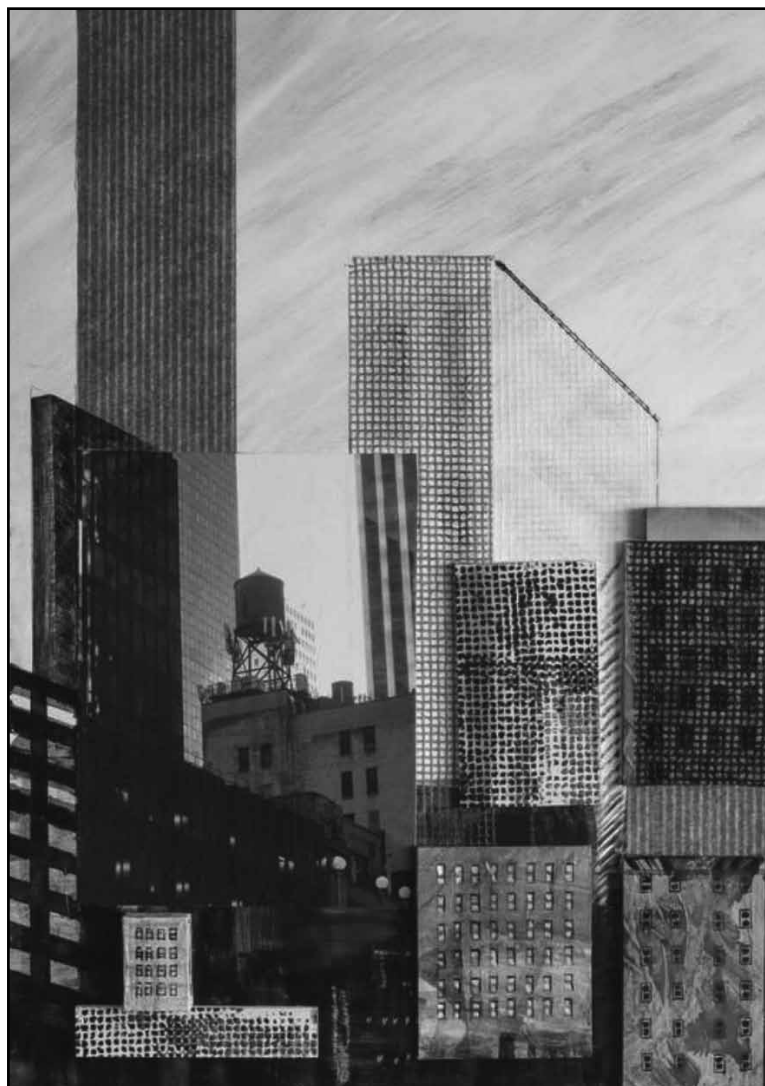
Crichton gallery busy with exhibits, a workshop and an open house

By Mary Pratte

I think the spring might, just might, be here, with summer soon to follow... and the Crichton Street Gallery will continue to keep our wall space filled with beautiful pieces of art to welcome the milder weather.

The month of June will see new works by Mary Ann Varley in her show entitled *The City – an Idea*. Mary Ann describes this exhibit this way: "The notion of thousands of people coming together in one geographic location for their mutual prosperity makes the city an idea for rich exploration. I wanted to extend my recent work with the embedded photographic print into a more imaginative experience."

Mary Ann continues: "This exhibition shows a new development with richer colours and creative spaces. I continue with mixed media by using collage to make textures which reflect the vibrancy of the city experience. All the bright lights, tall buildings, busy roadways are juxtaposed with the silent back streets and empty pavements, or quiet parks. These works sometimes belie the thousands of people who make a city. I have included works about ancient cities in Italy, to the towers of New York to some local places. Come explore them with me."



Artwork by Mary Ann Varley

Mary Ann Varley explores urban life in her show *The City – An Idea* on during June at the Crichton Street Gallery

After a very successful series of mixed-media workshops during the late winter, Mary Ann will be offering "Getting it Straight," two more workshops which will explore abstract painting, on

Jun. 6 from 12:30–3 p.m. and Jun. 9 from 1–3:30 p.m.

Each participant will make an abstract painting using a variety of techniques to create straight lines called hard edges. Colour and composi-

tion will be discussed. Art work will be completed in one session. All materials will be provided. Suitable for beginners. Limit of five per group. Cost \$45 + tax. Contact Mary Ann at varleymaryann1@bell.net to register.

Beginning Jul. 6 and running through the summer will be pieces from all of our core artists. Our *Summer Fling* exhibit will make you want to change some of that old art on your walls, and try something new! Mary Ann Varley, Pat Carbonneau, Louise Tanguay, Jennifer Anne Kelly and Elisabeth Arbuckle will all be displaying their creative pieces of glass, encaustic, acrylic and photography.

And then in the fall, we will once again be participating in the wonderful New Edinburgh Studio Tour (NEST) from Sep. 28–29 (see details, page 35).

We hope continuing construction on Crichton Street will not deter you from dropping in – we want to bring

you top-notch local artwork, but the City sometimes makes it a bit tough for our customers to get to us!

Please watch our newsletter and Facebook as we will be extending our hours this summer.

The Crichton Street Gallery is located at 299 Crichton St. Visit the-crichton-street-gallery.myshopify.com.

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EVENTS CALENDAR

Send event listing details to newednews@hotmail.com. Visit our website at newedinburgh.ca/events for the most up-to-date listings.

JUNE

Saturdays all summer – Beechwood Market at Optimiste Park, 43 Ste. Cecile St. 9 a.m. – 2 p.m. Beechwoodmarket.ca. The Beechwood Market returns for another great season – Saturday markets run weekly until Oct. 26. Mini-markets will take place between Jul. 2 and Oct. 10, as well as Tuesdays at the Rideau Sports Centre, 1 Donald St. and on Thursdays at Chartwell New Edinburgh Square, 35 Beechwood Ave.

June 1 – 2 – Doors Open Ottawa at various locations. Ottawa.ca. Doors Open Ottawa is a free, annual architectural event that celebrates our community's built heritage. Among the participating buildings in New Edinburgh are the French Embassy, the Beechwood Cemetery, St. Bartholomew's Church, Earncliffe and Rideau Hall.

June 5 – OrKidstra end-of-year concert at Ottawa Technical Secondary School, 485 Donald St. 6 p.m. orKidstra.ca. Tickets not required. Donations welcome. Hear some of OrKidstra's newest students at the end-of-year concert featuring classical, jazz, world music and sing-along favourites.

June 6 – Jazz in June at MacKay United Church, 39 Dufferin Rd. mackayunited-church.org. MacKay's Jazz in June series is back for a fourth year, now in collaboration with the Ottawa International Jazz Festival. Details, page 22.

June 8 – Park Vision Meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 10 a.m.–12 p.m. NewEdinburghParkVision@gmail.com. The New Edinburgh Community Alliance's Park Vision Working Group invites all users of Stanley Park to a consultation meeting to discuss the park's future. Representatives from the National Capital Commission, City of Ottawa and City Councillor Rawlson

King have been invited. Details, page 1.

June 8 – Scoliosis Walk at the New Edinburgh Fieldhouse, 203 Stanley Ave. 613-233-7182. Register at eventbrite.ca. \$5–40. The 8th annual Scoliosis Awareness Walk Ottawa for CHEO raises funds and awareness for spinal conditions. This event features a 2 k.m. walk to Rideau Hall, Zumba in the park, exhibits, cupcakes, Disney princesses, Nordic walking with Nina, a raffle, music and a painting class. All funds raised will go to CHEO's scoliosis department.

June 9 – Concert: Inner Sound of the Soul at Epiphany Anglican Church, 1290 Ogilvie Rd. 3 p.m. Free-will donation. 613-746-6547. Pianist Cecilia Ignatieff will perform *Inner Sound of the Soul: a Legacy of Russian Composer Thomas de Hartmann*. Details, page 28.

June 17 – CCC Annual General Meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7 p.m. The Crichton Community Council will hold its Annual General Meeting, featuring the election of new officers. A regular meeting will follow. Everyone is welcome.

June 22 – ELTOC Tea at Elmwood School. 2 p.m. \$30. 613-232-8566; elizmaryh@gmail.com. The English Language Tutoring for Newcomers to Ottawa hosts a fundraising tea featuring a silent auction, entertainment and refreshments.

June 25 – Stories in the Garden at 90 Park Rd. 6:30–9 p.m. \$25. eventbrite.ca. 613-864-6442. One World Grannies presents an evening of stories and musical memories, hors d'oeuvres, desserts and door prizes. Funds raised go to the Stephen Lewis Foundation Grandmothers Campaign.

June 27 – 30 – RCMP

Sunset Ceremonies at the RCMP Musical Ride Centre, 1 Sandridge Rd. rcmp-f.net/news/sunset_ceremonies. Free. The Royal Canadian Mounted Police celebrate 30 years of their annual Sunset Ceremonies with a performance by the RCMP Musical Ride, flag lowering ceremony and singing of our national anthem. Funds raised support the RCMP Foundation.

JULY

July 17 – Romeo and Juliet on the east lawn on the New Edinburgh Fieldhouse, 203 Stanley Ave. 7–9 p.m. The Crichton Community Council welcomes A Company of Fools who will be performing *Romeo and Juliet*. Arrive early. Bring a blanket, some food and beverages and enjoy the show. Details, page 33.

July 25 – August 25 – The Bonds of Interest in Strathcona Park, 25 Range Rd. Odyssey Theatre will present *The Bonds of Interest*. Details, page 29.

July 25 – August 9 – Ottawa Chamberfest across downtown Ottawa 613-234-6306; chamberfest.com. A celebration of chamber music including unique collaborations, international artists, and celebrated works from Beethoven to the Beatles. Featured performances by Angela Hewitt, Canadian Brass, Janina Fialkowska, Cheng2 Duo, and many more.

AUGUST

August 17 – Ottawa Heart Institute fundraiser at the New Edinburgh Fieldhouse. 10 a.m. \$10–20. from theheart3kmwalk.wixsite.com/info. All are welcome to help raise funds for the Ottawa Heart Institute with a 3km walk and silent auction, followed by a barbecue. Entry fee includes barbecue, but you can also register for the

barbecue only (\$10).

August 24 – Lumière Festival in New Edinburgh Park, 203 Stanley Ave. lumiereottawa.ca. 5–10 p.m. The Rideau Rockcliffe Community Resource Centre, in cooperation with the CCC and NECTAR, present a fun, free, family-friendly festival of light. This annual event creates a magical atmosphere for all to enjoy.

August 17 – Film Night in the Park at the New Edinburgh Park Fieldhouse, 203 Stanley Ave. 8 p.m. newedinburgh.ca/ccc. The Crichton Community Council hosts two film nights this summer.

SEPTEMBER

September 6 – Rock the Block at the Manor Park Community Centre. ManorPark.ca. 6–9 p.m. Manor Park's most popular event features food, music, a pie-baking contest, displays, and an outdoor movie. There will be food for sale from local restaurants, displays and activities, kub-kar racing, sports, games and a Beechwood Mini-market.

September 21 – New Edinburgh Garage Sale at various locations. 8 a.m.–2 p.m. Clean out your basement, unload the old toys, get rid of the dishes you never use. The annual New Edinburgh Garage Sale is the best place to sell for a good cause. The Crichton Community Council collects donations (10 per cent of your profits) for neighbourhood programs and equipment.

September 28 – 29 – New Edinburgh Studio Tour (NEST) at various locations in New Edinburgh. 10 a.m.–4 p.m. Free. nestudiotour.com. The New Edinburgh Studio Tour (NEST) returns for its fourth annual two-day self-guided artists' studio tour featuring both local and guest artists, all eager to open up their studio doors to the public. Details, page 35.

September 28 – Film Night in the Park at the New Edinburgh Park Fieldhouse, 203 Stanley Ave. 7 p.m. newedinburgh.ca/ccc. The Crichton Community Council hosts the second of two film nights this summer.



Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

Dog/Cat Walking And Sitting Your house plants are also safe with me! Emergency and regular daily walking. Puppy Experience. References. Liba Bender: 613-746-4884.

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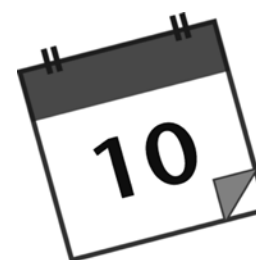
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New Edinburgh Studio Tour returns with creative magic

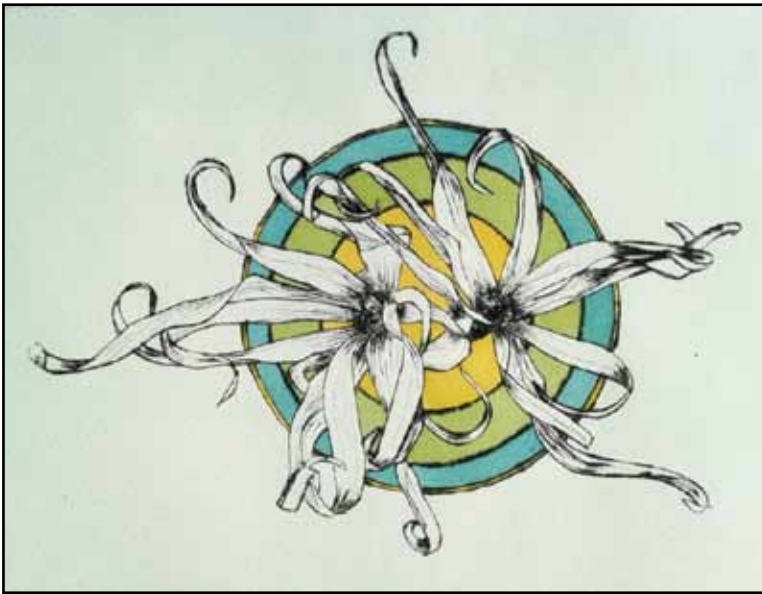


Photo courtesy NEST

Cananga Odorata by Josée Robillard. Artworks in a variety of media including textiles, glass and on paper will be on display in their artist's studios during the New Edinburgh Studio Tour, Sep. 28–29.



Photo courtesy NEST

Poppies in glass by Anik Fortin.



Photo courtesy NEST

Work by Carmen Bohn.

offered her time to lend a hand.

This event is possible only through the collaborative efforts of our outstanding local business sponsors, volunteers and artists, all of whom contribute to elevate and strengthen the artistic and cultural profiles of our community.

We invite you to celebrate the magic of creativity this fall at NEST 2019!

For more information, visit neststudiotour.com, follow us on social media [instagram.com/neststudiotour](https://www.instagram.com/neststudiotour) or [facebook.com/NewEdinburghStudioTour](https://www.facebook.com/NewEdinburghStudioTour) or contact us at neststudiotour@gmail.com.

By Josée Robillard

The New Edinburgh Studio Tour (NEST) returns this fall Sep. 28–29 for its fourth annual artists' studio tour. As always, we are thrilled to announce that NEST will feature both local and guest artists, professional and emerging, all of whom eager to

open up their studio doors to the public.

With studio and gallery destinations within walking distance from each other, this self-guided tour invites the public to connect with and be inspired by our amazing artists while experiencing the charm of New Edinburgh. Artistic media represented

include oil, acrylic, pastel, mixed media, encaustic, textile, printmaking, jewellery, ceramic sculpture and glass. Artwork will be for sale, including live demonstrations at various locations throughout the two days.

NEST is organized by a

dedicated volunteer group of local artists who have combined their collective passion with a vision to build a vibrant arts scene in New Edinburgh. The NEST committee includes founder **Sara Alex Mullen**, **Josée Robillard**, **Ariel Lyons**, **Susan Ashbrook**, and new to the committee this year is **Irene Tobin** who has kindly

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Congratulations!



In April, **Nina Samson** (above) of Noel Street won the overall gold medal in the Junior Open category at the Eastern Regional Rhythmic Gymnastics Championships, which included competitors from Atlantic Canada, Quebec and Ontario. Her win qualifies her to compete in Canada's national championships. Nina trains at the Ottawa Rhythmic Gymnastics Club with head coach and New Edinburgh resident **Xinhong Jin**.



Congratulations to grade seven student **Julien Bélanger** of MacKay Street, who returned home in early May from a five-week term as a Legislative Page at Queen's Park in Toronto. Pages are assigned tasks in the Chamber, attend classes at the Legislative Assembly, and learn about the legislative process. Well done, Julien – and welcome home!

Happy Birthday to **Colton Pembroke** who turns eight years old on Jun. 21. What a great way to celebrate you and the first day of summer. We hope your day is a special one to remember. Love Mom, Dad and your brother **James**.

Advertising Manager wanted

The *New Edinburgh News* is looking for an Advertising Manager and a team of helpers to help bring in new advertisers. Working with the managing editor and production manager, the ad manager communicates with clients by email, phone and in-person, arranging for up-to-date ad content. The ad manager works with the bookkeeper at the end of each edition to ensure payment is correct. Strong communication skills are essential, as is a passion for supporting local businesses and the community newspaper. Reliable internet connection and knowledge of spreadsheets required. Bilingualism an asset. Minimum 20 hours commitment for each edition.

The *New Edinburgh News* is a volunteer-run community newspaper that publishes five times per year. To learn more, contact Christina: **newednews@hotmail.com**



Mathieu Bellefleur (above) and **Evan Leblanc** from Immaculata High School received the Capital Heritage Connexion Award for their project entitled "New Edinburgh" at the Ottawa Regional Heritage Fair Apr. 24 at the Canadian Museum of History. The fair is a grand celebration of Canada's heritage, as told by student history projects. Congrats to Mathieu and Evan!

Welcome...

Avon Lane welcomes **Jodi Weinstein**, **Adam Zaret** and **Chewie** the pooch. Adam is an Ottawa native, while Jodi hails from Montreal. The two will be tying the knot in October, so early congratulations! We look forward to seeing you in the neighbourhood and at the dog park.

Condolences



MacKay Street resident **Sarah Crawford** passed away May 9 of meningitis, following a two-year struggle with scoliosis and spinal infections. Her 14-year-old daughter **Olivia** wishes to thank their much-loved community for their

kindness towards her mother. Sarah will be fondly remembered for her kindness and generosity. Her funeral took place May 17 at the Ste-Anne church of the St-Clement parish on Old St. Patrick Street. Sarah's mother, **Marcelle Saint-Arnaud** expresses her deepest thanks to everyone who showed so much love in one way or another to Sarah, Olivia and their dog **Jackson**. A GoFundMe page has been set up to help Olivia transition to her new world: gofundme.com/help-olivia-honour-the-memory-of-her-mom.

Our sincere condolences to the family of **Bob Applebaum**, a longtime resident of Avon Lane, who passed away in early March. Bob spent many happy years here in the Burgh with his wife **Gaye** (former *NEN* editor), daughter **Shannon** and son **David**. After a stint in the foreign service, Bob moved to the Department of Fisheries and Oceans, where he spent the rest of his public service career in the International Fisheries Division. Bob and Gaye's three grandchildren **Jake**, **Katie** and **Dylan**, were the highlight of Bob's retirement. He will be greatly missed by his family and friends, and fondly remembered by his neighbours.

Condolences to Stanley Avenue resident **Jason Parkin-Roberge** and his family on the recent death of his grandfather **Brian Parkin**, who is remembered as an avid cyclist, a jazz enthusiast, and a devoted father, grandfather, and great-grandfather to Jason and **Sarah's** daughters, **Aurora** and **Iris**.

Farewell

A fond farewell to **Alex and Isabelle Reid** of Crichton Street, who are moving to North Hatley, Quebec, in late June. Alex and Isabelle, and their successive generations of female black Labradors, most recently **Hadley**, have been residents of the Burgh for more than three decades. Their presence in the neigh-

bourhood – particularly in Stanley Park – will be greatly missed. We wish them well in their new home and scenic lakeside property in North Hatley.

Farewell and best wishes to the inhabitants of the **Edgewater Apartment** at Stanley Avenue and Charles Street. All the residents are scheduled to move out of the building by the end of June, as a major renovation project gets underway. The apartment is slated to undergo both a significant exterior facelift and extensive renovations to the interior, and will be vacant while the work takes place.

Miscellaneous

Two of Rockcliffe Park Public School's kindergarten classes are in for a treat! Ottawa-

based musician **Jeremy Fisher** is coming to share his collection of songs for young listeners in early June. In the spring of 2018 Jeremy released *Highway to Spell*, featuring songs he created while spending days with his own daughter; narrating the events in their days and wondering out loud about the world around them. Full of rhyme and rhythm, Jeremy will be performing these songs live to students thanks to a funding opportunity provided by the Ottawa Carleton District School Board. This one time visit will be used as a first step towards mapping out a long-term and meaningful interaction between students and local musicians. We can't wait!



New City Councillor **Rawlson King** (above, centre) has been busy since his election Apr. 15, attending many events in New Edinburgh and throughout Ward 13. On Apr. 24 he attended a zoning meeting on Noel Street, where he met St. Luke's Lutheran Rev. **Bryan King** (left) and his son **Tony King** (did someone say Three Kings on Noel Street?). Rawlson also attended a NECTAR board meeting at the Fieldhouse on May 14 (below).

