

April 2019

NEW EDINBURGH NEWS

www.newedinburgh.ca

Used Bike Sale

Safety Course

Unique Bikes

Adjustments

Group Ride

Demos

Talks

Food



BIKE DAY
CCC



Saturday April 27th
10:00 am to 2:00 pm
Stanley Avenue

New Edinburgh's Annual

Plant Sale



Stanley Park Fieldhouse

Saturday, May 11

8 a.m. to 4p.m.

Featuring plants, annuals, hanging baskets, flats, organic vegetables and herbs.

**BE PART OF THE
NEW EDINBURGH COMMUNITY'S
ANNUAL EVENTS!**

Connect with us to learn more:

CrichtonCommunityCouncil@gmail.com

@NEFieldhouse

www.newedinburgh.ca



Photos by Louise Imbeault

Golden Star (a.k.a. Tan-Ca-Luck) Chinese food take-out at 15 Springfield Rd. will take its last orders on March 31. After almost 51 years, owner Mable Cheung has sold her business. A new restaurant will take Golden Star's place later this year. Thank you to Mable for faithfully serving our community for so long. We wish her a happy and healthy retirement.

Noise, dust, damage and anger: tales from those living at CSST site 5c

By NECA's CSST Task Force

The Combined Sewage Storage Tunnel (CSST) is a massive, \$232-million City of Ottawa infrastructure project with joint funding from the federal and provincial governments. Contracted to Tomlinson, Dragados and Stantec, the project arrived in New Edinburgh in 2016, when our neighbourhood was chosen as the main staging for all tunnel extraction with little or no public consultation with local residents and businesses.

Since the project's onset,

the community has struggled to have meaningful consideration paid to the significant health, safety and welfare implications of what is turning out to be more than five years of noise pollution; blasting and vibration impacts to structures within a Heritage Conservation District; contaminated soil disturbance; environmental degradation of the majority of Stanley Park's ecological habitat; and heavy diesel trucking within a densely-populated residential community. The City's insufficient efforts to address and manage these mounting health, safety and environ-

mental concerns – on top of the ongoing construction and extraction activities of the four large shafts near many homes at Site 5c on Queen Victoria Avenue – continue to take their toll on a community that feels under siege.

The following are the experiences of some of our community members who have been and continue to be deeply affected by the project.

The Henry family, Stanley Avenue

Our home is not the most affected by CSST construction because we can still live

Continued on page 4

Prepare for spring flooding across the Rideau Valley watershed

By the Rideau Valley Conservation Authority

The winter of 2018–19 has been an old-fashioned winter with lots of snow (more than 250 cm to-date) and no significant thaw events. As such, the snowpack throughout the Rideau Valley Watershed is well above average. Current conditions at several Rideau Valley Conservation Authority (RVCA) snow course sites are indicating near record water-content amounts in the snow for this time of year, generally not seen since the late 1970s.

Based solely on the fact we have above-average water content, there is a potential for above-average flood-

ing this spring across the Rideau Valley Watershed, especially in low-lying areas which have flooded in the past. However, the two other key factors influencing actual flood conditions are precipitation and temperatures as we move through March and into April. The current short-term forecast does not indicate any significant precipitation or above-seasonal temperatures as of March 6; however, we know the daily temperature will begin to increase.

Water levels on lakes and flows in the streams are presently at or slightly below normal for this time of year. Parks Canada staff who manage the water levels for the Rideau

Canal have indicated that the levels will be maintained or lowered in the coming weeks to allow for water storage in the upper watershed lakes now that the snowpack has started to melt.

City of Ottawa crews have begun the annual ice removal program on the Rideau River between Rideau Falls and Bronson Avenue. Crews will work to keep the ice from re-forming until the spring freshet occurs (for more information, call City of Ottawa information at 311).

With the changing levels that can be expected over the coming weeks, ice cover on lakes, ditches, local streams

Continued on page 14

NECA encourages Mayor to have Minto Bridge structures removed



Cindy Parkanyi
NECA President

The Ward 13 municipal by-election is fast approaching: Apr. 15 to be exact. And with no fewer than 17 candidates, getting informed on each one is a challenge. So, to help residents prepare to cast their ballot wisely, the association presidents from an expanded Community Collective (New Edinburgh, Rockcliffe Park, Manor Park, Lindenlea, Cardinal Glen and Overbrook) invited the candidates to half-hour sessions where each was asked to respond to a series of standard questions. A summary of these interviews is available at newedinburgh.ca and has been disseminated via various listservs and email lists. In addition, community groups in the ward, including the New Edinburgh Community Association

(NECA), are busy organizing candidates' events: one will be in Overbrook on Mar. 29, another in Rockcliffe Park on Apr. 2 and a third (environmental) event will take place Apr. 8. For more detailed election information, check out the pull-out centre section in this newspaper.

Minto Bridges warning structures

In late December many residents were shocked to find – that seemingly overnight – two monstrous “low clearance” warning structures were erected at the approaches to the beautiful and historic Minto Bridges. NECA contacted then-Councillor **Tobi Nussbaum** regarding the structures, who replied that he had tried unsuccessfully to stop the installation

of the structures. He was told that they were required by provincial law. At this point, community residents **Sarah Anson-Cartwright** and **Noor Ahmed** sprang into action and began researching the basis of this “legal” requirement. Sarah wrote about her initial findings the February edition of the *New Edinburgh News*.

On Mar. 19, I had a phone conversation with Mayor Jim Watson where he remarked that although the structures were not very pleasant to look at, they were, according to his staff, required by law. The Mayor went on to offer to have the structures be painted black (or white) to try to reduce the negative impact.

NECA has since sent a letter to Mayor Watson to request removal of these structures (find the letter at newedinburgh.ca). We informed him that the “desire of the community is to see the removal of the structures on the basis that:

a) the structures are aesthetically inconsistent with the Heritage Conservation Designation (HCD) of the area, which detracts from the heritage values of the Minto Bridges and the neighbourhood; and

b) there is neither evidence nor a risk assessment that the structures are necessary, which is relevant since, as we understand it, they are not required under law.”

City staff has relied on the Ontario Traffic Manual (OTM) as requiring the structures. However, the OTM is not legislation and accordingly is not an instrument of law. The OTM's purpose is to “provide information and guidance for transportation



Photo courtesy Cindy Parkanyi

Ontario Traffic Manual guidelines assist in making judgements, but should not be used as a substitute for judgement.

practitioners; promote uniformity of treatment in the design, application and operation of traffic control devices and system (...); provide a set of guidelines consistent with the intent of the **Highway Traffic Act**; and provide a basis for road authorities to generate or update their own guidelines and standards.”

The OTM also indicates that “Guidelines are provided in the OTM to assist in making those judgements, but they should not be used as a substitute for judgement.”

The two existing height warning signs on the shoulder of the road approaching the bridges seem to be doing the trick, as we are aware of no incidents in recent memory.

NECA has asked Mayor Watson to reconsider his position. We are very much hoping that he will show strong leadership and have the structures removed.

Park Vision update

Nicole Poitras and **Vicky Solan**, co-leads of the Park Vision Working Group, along with new working group member **George Anderson**, have been reaching out to

stakeholders and gathering input for the Park Vision, with particular attention to how to reinstate “wilderness” in the park. **Chris Straka** is also lending a hand, specifically on the issue of the “disappearing” multi-use path.

At a recent meeting with Combined Sewage Storage Tunnel (CSST) project staff from the City, it was clarified that including any kind of flood protection measures in the CSST reinstatement would not be possible due to the scope and complexity of this kind of project. Although not part of CSST reinstatement, flood measures are still being pursued by a core group of residents as part of a longer-term strategy.

The Park Vision working group is planning to host a public meeting in June to check in with the community on the vision.

To learn more about NECA, please contact me at newedinburgh@outlook.com. Also, if you are not yet receiving the monthly NECA updates by email and would like to be included on the list, please send me an email request.

NECA Meetings - All Welcome

The NECA board meets nine times a year, normally on the **third Tuesday of each month at 7:30 p.m.** No meetings in July, August or December. During October, NECA holds its annual general meeting (AGM) and a regular board meeting.

Meetings will be held at the **NECTAR Centre, 255 MacKay St.** Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance to arrange scheduling at newedinburgh@outlook.com. Our next meetings are; **Tuesday, April 16, 7:30 p.m.** and **Tuesday May 21, 7:30 p.m.**

Any changes to this schedule will be posted in advance on the New Edinburgh website, newedinburgh.ca.

Your NECA Representatives 2018-2019

Ari Abonyi	a_abonyi@yahoo.com , 613-255-1741
Dave Arnold	davearnold@rogers.com
Ted Bennett	Treasurer, ted.bennett808@gmail.com
Roslyn Butler	Secretary, 613-746-8037, butlerroslyn2@gmail.com
Natasha Cappon	natashacappon@gmail.com
Joe Chouinard	joechouinard@aol.com
Matt DeWolfe	President, Crichton Community Council, mndewolfe@yahoo.ca
Sean Flynn	Chair of NECTAR, sflynn@gmail.com
Gail McEachern	Heritage & Development, gailmceachern@rogers.com
Cindy Parkanyi	President, NECA, 613-745-8734, cparkanyi@yahoo.ca

Ex officio:

Christina Leadlay

New Edinburgh News, 613-261-0442, newednews@hotmail.com



PLACE FOR PAWS

Boarding Camp for Dogs and Cats

THE place to stay while your family is away!

Visit the spa-like atmosphere and see for yourself.

Dogs enjoy 6 daily supervised outings in our fenced acre & country trail walks.

Separate sunny CAT condos.

613-446-2280 ANGELA ZORN

Keep Beechwood businesses top of mind for your shopping needs

It's been a rugged winter for those who failed to escape to more benign southerly climates. Moving around has been unappealing at best, genuinely hazardous at worst. Parking became a virtual impossibility, not least in the Beechwood area where it's a challenge at the best of times. If you could possibly avoid going out, you did.

Unpleasant as the winter environment was, it must have been close to calamitous for the Beechwood restaurants, cafés, shops and other services that depend on our business. Walk-by traffic was reduced to a trickle by icy sidewalks, and many discretionary expeditions for an evening out at a restaurant, or a get-together for coffee or cocktails, were undoubtedly derailed by the treacherous conditions. While January and February are traditionally

slow months for all businesses, the winter of 2019 was in a category all by itself.

But spring is coming. When it does, let's do our best to help our local shops and eateries rebound after the doldrums of a brutal winter by giving them our business as often as we can. As in so many matters of importance, it's truly a case of "use it, or lose it" when it comes to our locals.

Shop local for food and as many standard household items as possible. With a range of options from a fully-stocked supermarket to specialty shops for organic supplies, fresh cuts of meat and tempting baked treats, we have it all (except hardware!).

Dine local when it's time for a night out, a get together with friends, or a working lunch, stay in the 'hood! Whatever your taste or budget, there's

no shortage of lunch and dinner options in our community, from high-end gourmet to hearty Italian; zesty Mexican; tasty Caribbean; friendly pub fare; tangy sushi; sumptuous scones and more. And have we got coffee shops – five of them to be exact!

Buy local gifts for birthdays or special occasions of all kinds, how about a gift certificate to one (or more) of our Beechwood eateries, spas or shops? This would be a perfect accompaniment to the Books on Beechwood read that's on everyone's list, whatever the occasion.

Here's hoping that the rejuvenating powers of spring will, with our help, bring fresh life and activity to our Beechwood business community.

—Jane Heintzman

Letters to the Editor

24 Sussex can surely be restored at a better price

I read with interest the two articles about 24 Sussex in the February issue. It reminded me of my thoughts when the National Capital Commission announced estimates that the cost of building a new house at 24 Sussex would be \$38 million, and the cost to restore the current building \$34 million.

I was surprised. These amounts seemed unreasonably high. I could not understand how this was possible.

I live in the neighbouring community of Rockcliffe Park, which is a "heritage conservation district." I am a member of our local heritage committee.

I have seen developers restore and preserve large, very old heritage houses in Rockcliffe Park while com-

pletely gutting and modernizing the interiors.

At the same time, the developers restore and conserve the exteriors so that the houses maintain their heritage characteristics and beauty.

A well-known construction company has recently beautifully restored two very old, large heritage homes in Rockcliffe Park a couple of blocks away from my house.

The exteriors of these houses kept their original heritage character. However, the exteriors were repaired and restored back to their original beauty.

Both homes are now absolutely beautiful. This company did the work for a matter of a few million dollars because the sale price of these restored houses did not

exceed \$3- or \$4 million.

I conclude two things:

1) it is reasonably feasible to restore 24 Sussex to save its heritage character while completely restoring the interior. Accordingly, 24 Sussex should not be demolished.

2) The cost of doing this work may not exceed \$10 million if put in the hands of a private developer with heritage experience. I note that this amount does not include security costs required for the Prime Minister's residence, which I assume would not exceed \$1- or \$2 million.

These estimates for 24 Sussex remind me that I could not understand how a temporary skating rink on Parliament Hill cost the government \$5 million.

Michael Kelen

Potholes: A winter driving delight

Each year for us in New Edinburgh and across Ottawa, winter brings its own impact on our driving: a random selection of potholes ravaging our streets. As drivers, not only are we subject to the bumping and discomfort as we drive over them, but there is a hidden impact, too: the tires of our vehicles are abraded by the sharp edges of

each pothole and the suspension is pounded by the series of impacts.

In an age where humans have been able to conduct round-trip visits to the moon and run manned earth satellites, can we not apply technology to design and install road surfaces which survive the yearly severe heat/cold cycles while heavy vehicles

drive on them?

Shouldn't Ottawa canvass other major Canadian cities to foster/collaborate on an applied technology project to provide more durable road surfaces? Can provincial authorities be a source of funding?

David Horley
189 Stanley Ave.

NEW EDINBURGH NEWS

255 MacKay St., Ottawa, ON K1M 2B6

Publication dates: Oct. 1, Dec. 1, Feb. 1, April 1, June 1

Deadlines: Sept. 10, Nov. 10, Jan. 10, March 10, May 10

Publisher: New Edinburgh Community Alliance

Advisory Committee:

Roslyn Butler	Carolyn Brereton
Jane Heintzman	David Horley
Louise Imbeault	Gemma Kerr
Cindy Parkanyi	Dave Rostenne
Jim Watson	

Managing Editor

Christina Leadlay
78 Wurtemberg
613-261-0442
newednews@hotmail.com

Associate Editor/

Senior Writer

Jane Heintzman
613-741-0276
janeheintzman@hotmail.com

Advertising Manager/

Photographer

Louise Imbeault
613-741-3292
ads@newedinburgh.ca

Production Manager

Dave Rostenne

Bookkeeper

Nicholas Galambos

Distribution Manager

Karen Harrison
karen.g.harrison@gmail.com

Proofreaders

Adrienne Blair
Philippa Wolff

Submission Guidelines: Articles, photos and letters to the editor may be submitted to the editor. The editor reserves the right to edit for length, content and legal considerations. Submissions selected for publication will be published in both a hardcopy and an electronic version. Letters to the editor must include the writer's name, address and phone number to be considered for publication.

The *New Edinburgh News* (NEN) was established as a non-profit community newspaper in 1976 and is published five times a year by the New Edinburgh Community Alliance (NECA) and supported by its advertisers. The *New Edinburgh News* is distributed free of charge by volunteers to residents of New Edinburgh as well as to area schools, libraries and local businesses. Views expressed in the *NEN* are those of contributors and do not necessarily reflect the views of the editorial staff, the publisher or the advertisers.

The *New Edinburgh News* is also made available online at the New Edinburgh community website:

www.newedinburgh.ca

Printed by Performance Printing

ISSN 0703-9042

CSST: A never-ending saga with no compensation or liability

Continued from page 1

here. It is a home, however, immediately adjacent to the entrance to the CSST site and in between the two secondary sites on Queen Victoria and just inside Stanley Park.

Like all projects of this scale, it is difficult to perceive all the problems that can occur, and it is fair to say that City of Ottawa staff are finally trying to keep the community informed with an on-site ambassador and regular meetings.

Perhaps it was the recent acknowledgement of further delays that triggered our anger, or maybe the very long winter, or my recent experience with Explotech Engineering Ltd., the company that first photographed the residences adjacent to the central hub most implicated in this invasion. In any case, it is clear that an admission of any responsibility for damage to our property, or the well-being of our family, is highly unlikely.

Mid-January, during the worst of the snowstorms, someone scratched the bumper of my car, leaving telltale red paint. The car (most likely owned by one of the workers) that had been parked daily on Stanley Avenue for several weeks never reappeared.

More recently we noticed several new cracks in the walls of our upstairs rooms and extensions of several cracks that pre-existed the construction work in the park.

rior walls as ours and subject to the same construction conditions as ours. It is an irony that our neighbour happily allowed the contractor to place monitoring devices on their property – the same monitoring devices that, as stated in the report mentioned above, indicated that the damage to our walls could not have been caused by construction blasting!

We are not looking forward to spring, as the dust, mud levels, construction noise, blasting and ongoing truck pollution will force us to stay inside. It has been two years since we were able to enjoy the simple outdoor pleasures of our home.

It is a never-ending saga, one that is made worse by the unwillingness on the part of the contractors and the City to admit to any responsibility.

The Palmer family, Queen Victoria Street

When the City of Ottawa announced to New Edinburgh residents without any prior consultation that our Heritage Conservation District had been chosen to “host” the CSST project, we became very concerned about the health and safety issues it might pose for families given the incredible close proximity of its construction sites to many homes.

As the project commenced, the main issue quickly became noise pollution. The City said we were lucky that the contract contained

metre high sound mitigation wall around the work site. However, a couple of months prior to construction, the City rescinded that proposal, and instead installed a significantly lower wall that would mitigate noise by about 5dB at first floor level, and provide even less mitigation for second floor level at a cost we were told was \$400,000.

Installing the wall resulted in noise levels above 110dB at times. Once work began, our measuring device indicated noise levels were regularly above 100dB, sometimes above 110dB, while the City maintained that noise levels on Queen Victoria would not exceed 90dB. Even at 90dB, we would get headaches during the day and left our homes for quieter spaces. The continuous noise caused excessive stress. Talking on the phone was difficult, sometimes impossible. We could not eat or spend time outside during work hours. Kindergarten children had to wear ear protection going to and from their school bus. This lasted from late spring into the fall 2017.

There were also odour issues, and they were far from minor. During the late spring, summer and early fall of 2018, the smell of sewage was so intense we could not stay outdoors for fear of vomiting. In the summer and fall, the heavy odour of diesel fumes was sickening. We could only spend small amounts of time outside.

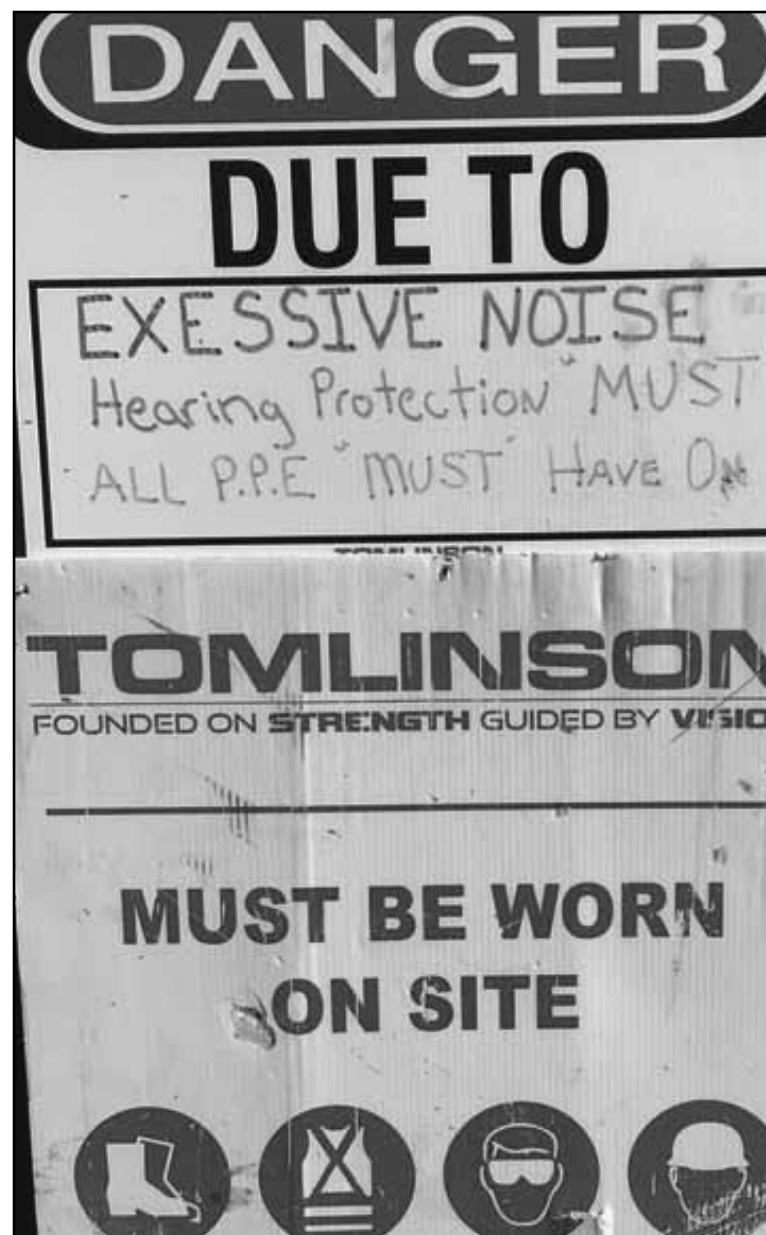


Photo by Victoria Henry

Residents who live at CSST Site 5 are greeted with this warning sign right outside their doors.

mer of 2018. Then it was pushed back to the spring of 2019. Last week we were told mistakes in the tunneling between Queen Victoria Street and Stanley Park

levels on our health, and of poorly managed construction traffic on our safety have been an ongoing source of stress and frustration for our family. This has been aggravated by the unwillingness of the City's CSST team and the contractor to address serious concerns raised on many occasions by residents about health and safety.

Our concerns about construction traffic are growing. Trucks and other vehicles regularly drive through stop signs without stopping. I recently filed a police report about a dump truck going through a stop sign while the driver was talking on his phone. Our complaints have not elicited any response and so our concerns about the risk of serious accidents continue to grow.

Joan Mason, Queen Victoria Street

After six months of seriously questioning the CSST plans for site 5c it was apparent that the lack of mitigation and compensation would make

“The City’s CSST team and the contractor [are unwilling] to address serious concerns raised on many occasions by residents about health and safety”

-The Pistor family, Queen Victoria Street

Explotech has decided that the damage could not have been from any of the work on the site. “The nature of many of the noted defects at the 139 Stanley Avenue home are consistent with stresses initiated by environmental response as opposed to construction vibrations,” they wrote on Mar. 11, 2019. Of note, the inspection was carried out before the blasting of the ice on the Rideau River.

Perhaps there is also an environmental cause for the crack in the sink in my neighbour's kitchen! The sink is adjacent to the same exte-

a clause that did not permit noise levels higher than 130 decibels (dB)! When neighbours realized that 130dB can create serious hearing impairment after just two minutes of exposure, we pressed the City to provide effective sound mitigation, and asked for financial assistance to temporarily re-locate their families while the Queen Victoria Street work was at its noisiest. The City refused both requests.

Once the City realized our concerns were indeed sincere, they said they would look into erecting a five-

The City made presentations to neighbours about their dust control program and its success during the Lansdowne Park project. It didn't work on Queen Victoria Street. Our cars were covered with a film of dust most days. We had to regularly wash down our outdoor furniture and home windows. When it rained, street washers would then spread the mud along the entire street.

The Queen Victoria Street construction work has experienced delays since the start. It was initially scheduled to be completed by the sum-

would push completion into November 2019, at the earliest – a year and a half later than initially scheduled.

The Pistor family, Queen Victoria Street

Construction on Queen Victoria Street (known as site 5c) has been with us for more than two years and will continue at least until November 2019, 18 months behind the original schedule. We have coped with significant exposure to dirt, dust, diesel fumes, noise and vibrations. But worries about the impact of pollution and noise

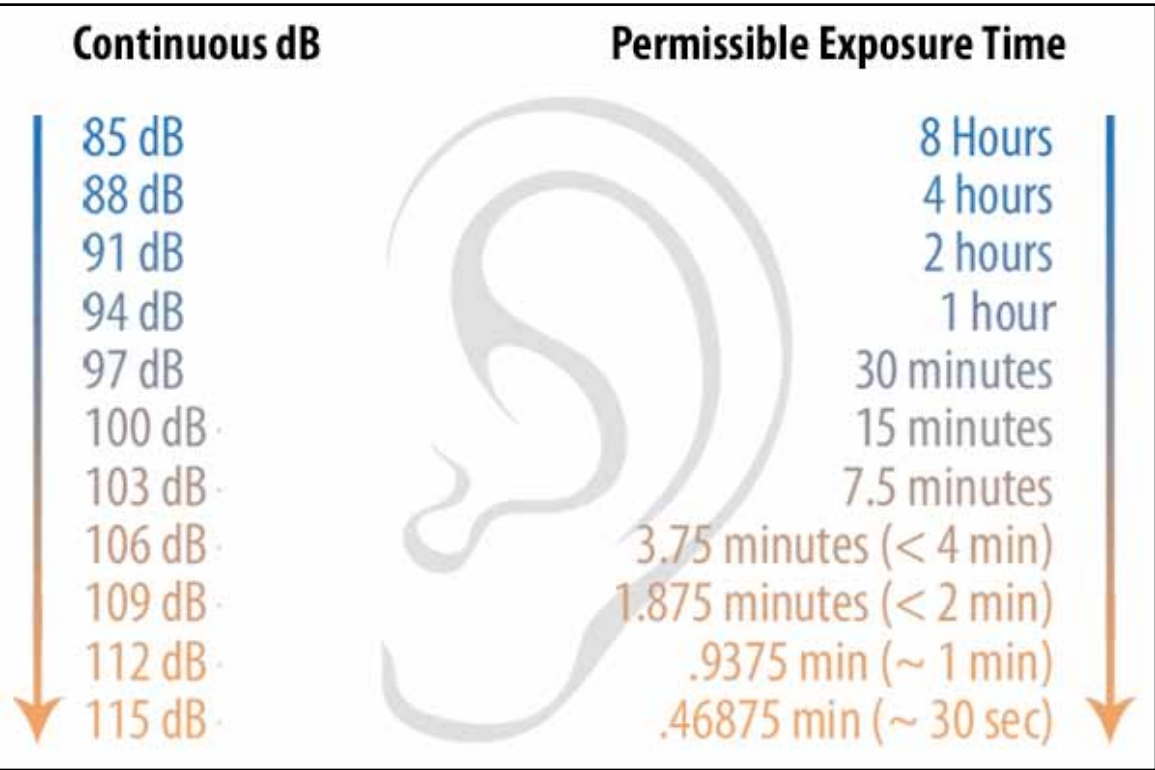


Photo courtesy Natasha Cappon

Kindergarten children living near the CSST construction had to wear ear protection going to and from their school bus in 2017 as noise levels were so bad.

Decibel exposure time guidelines

Accepted standards for recommended permissible exposure time for continuous time weighted average noise, according to the U.S. Centers for Disease Control and Prevention and the National Institute for Occupational Safety and Health (2002). For every three dB over 85dB, the permissible exposure time before possible damage can occur is cut in half.

daily life impossible at 54 Queen Victoria St. The passive aggressive attitude of the City was also wearing. Under the banner of a clean Ottawa River residents were rendered helpless in the face of what

was to come. And come it did, and we all pay full taxes. An alternative was available and for the last two years I have lived in the woods avoiding the noise, vibration, dust, smells, destroyed

garden and hubris. Tony, co-owner of the house, has held the fort and escapes often. This massive and prolonged construction has been imposed on a Heritage Conservation District and

park with utter disregard. Dating back to 2010 there was no consultation with the community – “if you’re not at the table, you’re on the menu.” Ultimately, adding insult to injury, we were allowed to

pick the colour and lighting fixtures for the bizarre Odour Control Facility. The City decided it could do this to us with no adverse repercussions to itself.

“Elmwood Summer Camp is ALWAYS our #1 choice for our daughter. The range of camp themes offered is second-to-none.” - Pragash, 2018 camp parent

ELMWOOD SCHOOL
Camps for Girls

All girls welcome!
Visit elmwood.ca/summercamp for more information or call (613) 749-6761 for details and registration.

DISCOVERY CAMPS
FOR GIRLS AGE 4 TO 12 • WEEKLY FROM JUNE 17 – AUGUST 23

With exciting new weekly themes such as Robot Academy, Vet School, Chemistry Camp and Magic Camp, girls from Kindergarten to Grade Six will discover new challenges, develop lasting friendships and enjoy a dynamic range of hands-on, interactive activities.

Led by skilled and experienced educators, our camps have the perfect blend of learning, active play and creative exploration, all within Elmwood’s beautiful and safe campus.

CAMPS RUN FROM 8 A.M. – 5:30 P.M. Cost is \$305, including a delicious lunch and snacks, excursion or special guest, fun “giveaways” and a cool camp T-shirt.

ELMWOOD SKILLS ACADEMY
FOR GIRLS AGE 7 TO 17 • WEEKLY FROM JUNE 17 – AUGUST 23

Elmwood’s Skills Academy offers an outstanding range of academic and special interest programs. Taught either by Elmwood’s talented faculty or by other experts in their field, our Skills Academy combines superb instruction with dynamic activities, sure to appeal to girls of all ages and skill levels.

Camps are half or full day and costs vary. Please visit elmwood.ca/summercamp for full details.

“I couldn’t have asked for a more wonderful camp experience for my 4 and 1/2-year-old daughter. She truly thrived in the girls-only camp dynamic!”
BETSY, 2018 CAMP PARENT

Climate Action Incentive rebates to start this year



Mona Fortier
Ottawa-Vanier MP

Our government has built a plan to protect the environment and grow the economy. To ensure a cleaner, more prosperous future for our children and our grandchildren, our climate action plan seeks to invest in renewables, promote using less energy, support public transit projects, and put a price on pollution.

Putting a price on pollution is the best way to address climate change and our government also understands the importance of supporting families to make smart, clean investments. That is why, starting this year, the Climate Action Incentive has been introduced to give money

directly to you while fighting climate change. An average Ontario family of four will receive \$307 through their Income Tax return this year.

The climate plan is ambitious, effective and makes life affordable while creating good middle-class jobs. Since 2015, we have created more than 900,000 new jobs with a significant gain in full-time work. Our unemployment rate is also at its lowest level since the 1970s. We will always focus on jobs, growing the middle class, and strengthening our economy.

Many residents and organizations of Ottawa-Vanier have taken steps towards making clean investments.

From local park clean-ups to investments in renewable energy, every little bit helps. With the climate action plan, we hope to keep this momentum going to foster a cleaner and greener Canada.

As always, my constituency office is there to help you with any interactions with federal services. It is open Monday to Thursday from 9:30 a.m. to 4:30 p.m., and Friday from 9:30 a.m. to 4 p.m. Give us a call at 613-998-1860, or send an email to mona.fortier@parl.gc.ca.

Notre gouvernement a un plan pour protéger l'environnement et faire croître l'économie. Pour assurer un avenir plus propre et plus prospère à nos enfants et à nos petits-enfants, notre plan climatique cherche à investir dans des ressources renouvelables, promouvoir réduire la consommation de l'énergie, soutenir des projets de transports publics et mettre un prix sur la pollution.

La tarification de la pollution est le meilleur moyen de lutter contre les changements climatiques. Et dans sa mise en œuvre, notre gouvernement comprend l'importance de soutenir les familles pour faire des investissements propres et intelligents. C'est pourquoi, à partir de cette année, l'Incitatif à agir pour le climat a été introduit pour vous donner directement de l'argent tout en luttant contre le changement climatique. Une famille moyenne de quatre personnes de l'Ontario recevra 307 \$ à la suite du traitement de leur déclaration de revenus cette année.

Notre plan climatique est ambitieux, efficace, rend la vie abordable et crée de bons emplois pour la classe moyenne. Depuis 2015, nous avons créé plus de 900 000 nouveaux emplois, ce qui représente une hausse importante du nombre d'emplois à temps plein. Notre taux de chômage est aussi à son plus bas niveau en 40 ans. Notre

gouvernement aura toujours comme priorité les emplois, la croissance de la classe moyenne et le renforcement de notre économie.

Les résidentes et les résidents ainsi que les organisations d'Ottawa-Vanier ont pris des mesures concrètes pour faire des investissements propres. Que ce soit dans des efforts de nettoyer des parcs locaux ou dans les investissements d'énergie renouvelables, nous croyons que chaque geste, petit et grand, compte. Avec le plan climatique, nous espérons poursuivre sur cette lancée afin de favoriser un Canada plus propre et plus vert.

Comme toujours, mon bureau de circonscription est là pour vous appuyer dans vos échanges avec les services fédéraux. Il est ouvert du lundi au jeudi de 9 h 30 à 16 h 30 et le vendredi de 9 h 30 à 16 h. Communiquez avec nous au 613-998-1860 ou envoyez un courriel à mona.fortier@parl.gc.ca.

Road works on Beechwood and Springfield to begin in May

By the Rideau-Rockcliffe Ward Office team

This summer, the City of Ottawa will undertake construction on a section of Beechwood Avenue (between Douglas Avenue to Springfield Road), as well as Springfield Road (between Beechwood Avenue and Rideau Terrace). The existing underground infrastructure dates to the 1920s and must be replaced because it

has reached the end of its lifecycle.

The project is expected to start as early as May 2019 and is anticipated to be completed in autumn 2019. More information will be available at rideaurockcliffeward.ca and presented at a public open house organized by the City (residents and businesses will receive invitations) on Apr. 9 at Chartwell New Edinburgh Square, 35 Beechwood Ave.

Drop in anytime from 6–8 p.m.

The project includes:

- replacing the sanitary sewers on a short section of Beechwood Avenue (Douglas to Springfield);
- replacing the watermain along Springfield Road; and
- installation of wider, 1.8 metre sidewalks on the west side of Springfield Road from Rideau Terrace to Bertrand and on the east side from Bertrand to Beechwood.

Pedestrian access on Beechwood and Springfield will be maintained for the duration of the project. Residents are encouraged to continue supporting our local businesses.

On Beechwood Avenue, vehicular traffic (including cyclists) will be detoured between Charlevoix Street to St. Charles Street. Local access to businesses will be maintained. For a two-week period in the summer, Beechwood Avenue will be completely closed from Springfield Road to Douglas Avenue. Affected businesses and residents will be notified in advance of the exact dates of the closure.

Springfield Road will

remain open to traffic, but there will be lane closures outside of rush hour when the watermain is being installed.

Transit route detours are being prepared and will be communicated to the community in advance of construction.

This construction is a continuation of the project that began on Beechwood last year. The work was spread over 2018 and 2019 to minimize the duration of the required road closure of Beechwood.

Spring flooding preparedness

Last year, we held an information session in New Edinburgh for residents who live within the floodplain of the Rideau River. Residents asked for the City to take the lead in creating a flooding preparedness plan for the neighbourhood. We are happy to report that a consultant is now working on a draft flooding-preparedness document for New Edinburgh, which will be available for review and pilot implementation this spring in time for the “freshest” melt. Residents will be asked to provide feedback

and participate in the pilot over the course of this spring and the coming year before the plan is finalized. Staff from the City's Emergency Preparedness Department are to host another information session in New Edinburgh this spring, where you can learn more about this plan – watch for updates on this session.

Help develop the plan for Ottawa's future

What will Ottawa look like as it grows over the next century? How do we make sure that the City can keep pace and adapt to change in a way that makes Ottawa an inclusive, livable and globally competitive city? We have an opportunity to prepare for the future with a brand-new Official Plan: the strategic document that guides the City's growth and development. The City has begun the process of consulting residents on their ideas for the future of our City. For more information about the new Official Plan consultations, visit ottawa.ca/NewOP.

Learn more about the Ward 13 office at rideaurockcliffeward.ca.



CELADON
salon & spa

Spring is in the air!

Freshen up your makeup, skin and hair with the help of our experts and leave feeling refreshed and re-energized.

NEW TREATMENTS

Eyelash Perms and Indian Head Masages.

373 St. Laurent Blvd. (at Hemlock)
613-746-3500 www.celadonspa.ca

HAIR • SKIN • BODY • NAILS

Why campaign promises matter



Jim Watson
Mayor of Ottawa

During the last election, I had the opportunity to knock on thousands of doors and speak with residents from all corners of the city about what they wanted to see the new Council prioritize over the next four years. Residents were consistent and passionate in voicing that they wanted to see us continue to grow our economy while keeping the city affordable, to create safer communities, to invest in our roads and basic infrastructure, to protect our environment and to ensure that Ottawa remains a caring and compassionate city.

As we begun the new Term of Council, we took this particular occasion to adopt a forward-looking view and acknowledge the challenges and opportunities that lay ahead us.

I am thankful that the resi-

dents of Ottawa have once again given me a strong mandate as Mayor of Ottawa, and I am proud that within the first 100 days of the new 2018–2022 Term of Council, we have already started to deliver on many of the promises I made to residents during the election.

On Mar. 6, City Council unanimously approved the 2019 Budget while maintaining the tax cap I committed to while campaigning. Budget 2019 also delivered on important commitments I made in the areas of:

Economic development

- Reducing the City's patio encroachment fees by 50 per cent
- Increasing the City's support to Invest Ottawa by \$500,000
- Delivering the TriBros film studio and sound complex,

creating 500 new full-time jobs within its first few years of operation, with no government funds

- Increasing the City's contribution to the Ottawa Film Office by an additional \$60,000

Safer communities

- Hiring an additional 30 police officers in 2019
- Hiring an additional 56 paramedics over the next four years
- Increasing annual funding for traffic calming measures in each ward from \$40,000 to \$50,000
- Purchasing one more Automated License Plate Recognition device. The revenue it will generate will be reinvested into new programs, such as the School Bus Stop Arm project
- Doubling fines in high-risk school zones by designating them as Community Safety Zones
- Doubling the number of new Red Light Cameras to be purchased in 2019
- Investing \$500,000 for Pedestrian Crossovers, 10 more crossing guards and funding for active transportation – with an investment in

both the Ottawa Pedestrian and Cycling Plan of \$7.1 million

Environment

- Planting additional trees in city parks and public spaces across Ottawa, starting with areas impacted by the recent tornadoes
- Seeing the continued progress of the Ottawa River Action Plan

Affordable housing

- Investing \$15 million for new affordable housing units in 2019
- Contributing City of Ottawa land to further boost the value of the City's affordable housing investment
- Developing 442 new affordable housing units in the coming years

Roads and infrastructure

- Increasing roads repair budget by \$9.8 million in 2019
- Making the necessary investments to address the infrastructure funding gap within five years instead of the projected 10 years while adding no new debt

Transit

- Investing \$7.8 million to purchase 12 new buses and

\$55.2 million to replace buses at their end of life cycle

- Extending no-charge transit service to Sundays for seniors
- Approving the Stage 2 LRT project, which will expand the O-Train by 44 kilometres to the south, east and west, and add 24 new stations while reducing greenhouse gases and changing the way residents move through our city

Diversity and inclusion

- Investing \$5.85 million in Long Term Care this year
- Appointing the very first Council Liaison for Women and Gender Equity
- Investing \$210,000 for the Women and Gender Equity Strategy, including one staff position to advance equity and inclusion for all
- Achieving 50/50 gender parity on Advisory Committees, Commissions and Boards

As we continue to make progress on these important city issues and priorities, I look forward to working with my Council colleagues, our partners and the public in order to help improve the lives of all Ottawa residents.

Award for local female leaders launched on International Women's Day



Nathalie Des Rosiers
MPP Ottawa-Vanier

The Legislative Assembly of Ontario is still deep into debates on autism in Ontario, as well as on education reforms as we are preparing for the budget for 2019. The provincial budget is set to be announced Apr. 11, so please don't hesitate to communicate with me if you have concerns or questions regarding any provincially funded programs or grants.

At Queen's Park, I have been working on many Private Member's Bills:

- Bill 35, Human Rights Code Amendment Act, 2018
- Bill 52, Juries Statute Law Amendment Act (Juror Eligibility), 2018
- Bill 85, Election Fundraising Transparency

Act, 2019

If you would like to read about these, you can visit the Legislative Assembly of Ontario website at ola.org/en/legislative-business/bills/current or contact me for more details.

In more local news, this year I celebrated International Women's Day at the All Saints Event Space on Blackburn Avenue on Mar. 8. Last year, at this event, we were able to announce recipients of the Ontario Leading Women, Leading Girls, Building Communities Recognition Award. Since this program was not renewed for 2019, I have decided to acknowledge women and girls who are leaders within our com-

munity of Ottawa-Vanier by launching our own award. This year, we recognized Violène Gabriel for her many accomplishments. Stay tuned next year when we will open the call for nominations!

As always, I am eager to hear from you all. If you have any upcoming activities this spring and summer, please send me an invitation. The Legislature is scheduled to rise in early June, and I would love to spend some time getting to know many more of you over the coming summer months.

Have a wonderful springtime and I look forward to hearing from you at nathaliedesrosiers.org, 613-366-2770 or info@nathaliedesrosiers.org.

L'Assemblée Législative de l'Ontario est encore ancrée dans les débats sur l'autisme en Ontario, ainsi que sur la réforme du système d'éducation tout en préparant le budget pour 2019. Le budget provincial sera annoncé ce mois-ci, donc n'hésitez pas à communiquer avec moi

si vous avez des questions ou des inquiétudes concernant certains programmes ou subventions provinciales.

À Queen's Park, je travaille depuis quelque temps sur plusieurs projets de loi privés.

- Projet de loi 35, Loi de 2018 modifiant le Code des droits de la personne
- Projet de loi 52, Loi de 2018 modifiant des lois en ce qui concerne les jurys (habilité des jurés)
- Projet de loi 85, Loi de 2019 sur la transparence du financement électoral

Si vous aimeriez en savoir plus sur ces projets de loi, vous pouvez visiter le site internet de l'Assemblée Législative de l'Ontario au ola.org/fr/affaires-legislatives/projets-loi/actuels ou contactez-moi pour plus de détails.

Pour des nouvelles plus locales, cette année j'ai célébré la journée internationale de la femme à l'espace d'événements All Saints au 10 avenue Blackburn, le 8 mars. L'année dernière, à cet événement, nous avons pu annoncer les récipiendaires du prix de reconnaissance des femmes

et des jeunes filles chefs de file en développement communautaire. Puisque ce programme n'a pas été renouvelé cette année, j'ai décidé de célébrer les femmes et les jeunes filles qui se démarquent comment chefs de file à Ottawa-Vanier avec notre propre reconnaissance. Cette année, nous avons reconnu les accomplissements de Violène Gabriel. Soyez attentifs l'année prochaine lorsque nous annoncerons l'ouverture de la mise en nominations!

Comme à l'habitude, j'ai hâte d'entendre parler de vous tous. Si vous organisez des activités ce printemps ou cet été, n'hésitez pas à m'envoyer une invitation. La levée de l'Assemblée Législative est prévue pour le début du mois de juin, et j'aimerais bien apprendre à vous connaître en plus grand nombre cet été.

Entre temps, bon printemps, et au plaisir d'entendre parler de vous à nathaliedesrosiers.org, 613-366-2770 ou info@nathaliedesrosiers.org.

Sell old bikes, learn road safety and have fun on Bike Day, April 27



By Matt DeWolfe, CCC Chair

The Crichton Community Council (CCC) is looking forward to spring after a challenging but successful skating season at the New Edinburgh Fieldhouse. With regular watering from our hoser volunteers, organized by **Sylvain Bélanger** and assisted by our

hired students, the rink was open much of the time from early December through to Mar. 9 – more than 60 days! Toques off to all who helped build and maintain our well-used rinks through the winter! Now that rink season is over, the Fieldhouse is again available for rental throughout the week. For details on

renting the Fieldhouse please visit newedinburgh.ca/fieldhouserervations or head straight to our new online tool to make your reservations: fieldhouse.skedda.com/booking.

The first CCC community event of the spring season is Bike Day in New Edinburgh on Apr. 27, from 10 a.m.–2 p.m. This event has grown from previous Bike Rodeo safety events to be a celebration of all things bicycle in the neighborhood.

Children aged 4–10 years will be able to learn safe cycling skills and rules of the road, with a safety course led by the Ottawa Safety Council. Simply show up with your bike and helmet. At 1 p.m. there will be a neighbourhood group ride open to all (children must have an accompanying adult). Other activities will include exotic bike demonstrations from Human Powered Vehicle Operators of Ottawa (HPVooO), bike sport demonstrations, and the opportunity to practice use of the OC Transpo “Rack and Roll” bike rack system. There will also be discussions on a range of Ottawa area bike matters, from year-round



Photo by Richard Guy Briggs

A group bike ride in the neighbourhood is just one of the cycling-related activities planned on Bike Day on April 27.

2018–19 Hosers Honour Roll

Dave Arnold
Sylvain Bélanger
Julien Bélanger
Liba Bender
Joana Chelo
Manon desGroseilliers
André Deslauriers
Marc Dorgeville
Sam Grabner
Steve Grabner

Roland Legault
Mike Lynch
Jennifer Manning
Caroline Matt
Andre Staudte
Tony Stibral
Chris Straka
Justin Swan
Jason Tavoularis

commuting to the efforts towards expansion of cycling infrastructure in the neighbourhood and across the city.

Mobivélo will be on site to do bike inspections and adjustments, and there will be a consignment sale for self-propelled wheeled equipment of all sorts (e.g., bikes, trailers, scooters) with 20 per cent of proceeds to support the CCC. If you have unused equipment taking up space, drop it off at the Fieldhouse on Apr. 26 between 6–8 p.m. for pricing. Bike parts or whole bikes can also be dropped off for donation to VéloVanier.

The New Edinburgh Plant Sale will be held May 11 from 8 a.m.–4 p.m. This annual CCC fund-raising event will provide an ample selection of plants to brighten up any yard, including hanging baskets, grasses, flats and pots of annuals as well as vegetables and herbs, just in time for Mother’s Day. This year, payment will be available by cash, cheque, debit or credit.

Next up in May is the New Edinburgh Cheering Station and Community Barbecue, held on marathon Sunday during Ottawa Race Weekend, May 26. Join neighbours in cheering on the marathoners

through the last stage of the course, and help the CCC cheering station compete for recognition as the city’s best! Coffee and baked goods will be available in the morning to fuel the cheering. Beginning at 11:30 a.m., the CCC will host a community barbecue at the Fieldhouse. Come for the food and drinks, stay for the community fun, including crafts, games, face painting, balloon animal-making and other special events.

We are actively looking for new members to help with our activities throughout the year, with help needed in roles range from the executive to volunteering at individual events. If you are interested to learn more about what the CCC is and what we do, join us at one of our upcoming monthly meetings at the Fieldhouse. The next regular meetings of the CCC will take place at 7:30 p.m. on Apr. 8 and May 13. The Annual General Meeting of the CCC, including election of the executive, will take place Jun. 17.

Keep in touch with the CCC by email: crichtoncommunitycouncil@gmail.com, Twitter @NEFieldhouse and online: newedinburgh.ca/ccc.

WE TEACH STUDENTS HOW TO LEARN

Ottawa’s Macdonald-Cartier Academy has been teaching students how to learn since 1990. A private, non-denominational junior high school located in New Edinburgh, the Academy offers an intensive French immersion program combining rigorous and accelerated academics with athletics and experiential learning. If you want your child to be equipped with learning skills and knowledge that will continue serving them in their high school and university years, this is the place for them.

MACDONALD-CARTIER ACADEMY

Apply online or contact the school today
mcacademy.ca or 613-744-8898



Deadline

for the next issue of the
New Edinburgh News

May 10

Committee welcomes three creative and appropriate projects



**By Gail McEachern,
Heritage and Development
committee**

I am happy to say that this report will differ from some more recent ones in which I have expressed the Heritage and Development Committee's negative response to proposed projects which did not meet the guidelines and directives laid out in

This is to ensure that from the street view, the addition is tucked discreetly behind the original. The existing window configuration and four balconies will remain the same. This is a good example of making improvements to a property while respecting the rules governing additions in New Edinburgh's Heritage Conservation District.

the neighbourhood. This represents a good example of "intensification" which does not disturb the balance and rhythm of other residential properties along the street.

The property at 54 Dufferin Rd. is presently occupied by an L-shaped, white clapboard structure which has been gradually deteriorating. The new proposal is to demolish the existing building and construct a square three-storey single-family residence designed by Barry Hobin & Associates. The new house is a visually strong and handsome structure combining both modern and classical elements. It is sited well on



Rendering by Hobin Architects

Three housing projects, including at 54 Dufferin Rd. (above), all respect the heritage guidelines and will fit in nicely with the neighbourhood.



Front elevation sketch of 14 Noel St.

Drawing courtesy of Jane Thompson Architect

the New Edinburgh Heritage Conservation Plan, or significantly altered the traditional streetscape in parts of New Edinburgh lying outside the Historic District.

In the past two months, the committee has reviewed three proposals for new construction: one for an addition to an existing 1912 single-family residence located at 165 Crichton St., and two redevelopment projects, one which will create a low-rise five-unit apartment building at 14 Noel St.; the other a single-family home at 54 Dufferin Rd. (corner of MacKay).

The proposal for 165 Crichton St. involves the construction of a new two-storey addition with a roof deck at the rear of the residence. The owner and the architectural firm Cloud9 Drafting & Design have followed the Heritage Overlay By-law which requires that any addition to a building in the Heritage District must be set in on both sides and its height cannot exceed the height of the existing house.

The project at 14 Noel St. involves the demolition of a two-storey house, and the construction of a low-rise five-unit apartment building. The building design reflects the massing and materials of the surrounding buildings (red-brick and stucco), and its building divisions, roof peak and cornice line connect to its neighbours. The proposal includes six enclosed parking spaces accessed from a driveway on the side closest to the church, recessed so that they will not be visible from Noel Street. There will be a large landscaped amenity space at the rear of the building and landscaping in front. The existing trees will be preserved.

This is an attractive and thoughtfully designed redevelopment project. It adheres to the zoning by-laws which govern maximum building height, setbacks, parking and landscaped amenity spaces. At the same time, it maximizes the use of the property while ensuring the new building fits comfortably into

the lot, allowing for landscaping on both the Dufferin and MacKay frontage. The driveway entrance is off MacKay Street leading to a garage door at the rear of the house which is not visible from the street. The design adds a distinguished presence to a very important corner. Its immediate neighbours include the MacKay United Church, the landscaped grounds of Rideau Hall, Mackay House, and it sits at the gateway to New Edinburgh's Heritage Conservation District.

Kudos to the proponents of all three projects. They all represent positive examples of creating something new while respecting the context of New Edinburgh's traditional community.

@newednews



**DIAMOND ENGLISH
LANGUAGE SCHOOL**

Learn English Your Way
ESL Tutoring for Adults

Denise Lascelle
613-868-1217

diamond4esl.com
info@diamond4esl.com

**Chris
Ellis**



**Public School Trustee
Rideau-Rockcliffe/Alta Vista
Zone 6 Ottawa-Carleton District School Board**

613-818-7350 - Chris.Ellis@ocdsb.ca

**My God, it's
full of books!**

BOOKS ON
BEECHWOOD

Shop online at
store.booksonbeechwood.ca
613-742-5030
staff@booksonbeechwood.ca 35 Beechwood Ave.

BURGH BUSINESS BRIEFS

- Susan Groundwater & Jane Heintzman -



Photo courtesy Richard Williams

Ferme Lève-tôt uses literal horse power in its farming operations.

Sign-up for your veggie baskets

As we endure the final throes of winter, it's difficult to imagine the glory days of late spring and summer, when an abundance of farm-fresh produce is close at hand. But take heart: those days are on the horizon, and once again, it's time to sign up for a weekly basket of freshly-picked organic veggies from **Ferme Lève-Tôt** (fermelevetot.ca).

Owner-operators **Charlotte Scott** and **Richard Williams** are now familiar figures in our neighbourhood where for the past 10 years they have made weekly deliveries of produce from their farm in Alcove, Que. to local subscribers. In the early days, their drop-offs took place outside Susan Jessup's former gourmet food store at

42 Crichton St. When the store closed, Charlotte and Richard moved to the spacious front lawn of the erstwhile New Edinburgh House at 255 MacKay St., and then migrated once again to their current location outside the New Edinburgh Fieldhouse at 203 Stanley Ave. You'll find them there every Thursday afternoon (4–7 p.m.) throughout the summer.

The Consumer Supported Agriculture (CSA) system is the mainstay of Ferme Lève-Tôt's business. In a nutshell, city dwellers purchase a share of the farm's harvest at the start of the growing season, and in exchange receive a fulsome weekly (or bi-weekly) basket of organic veggies from late June through to late fall.

The farm now has 90 bas-

ket subscriptions open to residents of our community, and past experience suggests that these will be snapped up quickly. Visit fermelevetot.ca to sign up. Many of Ferme Lève-Tôt's subscribers have been clients since the first season a decade ago, and Richard notes, "It's amazing to see the big kids who were very small when we started out!"

There's little chance of monotony in the weekly fare: each basket contains eight to 10 different kinds of produce, varying with seasonal growth cycles. You'll find everything from fresh salad greens like kale, spinach, lettuce, chard and arugula, to such root veggies as carrots, potatoes, onions, leeks, turnips and squash, along with a full slate of crunchy greens like broccoli, cauliflower, cabbage, Brussels sprouts, beans and peas. Ferme Lève-Tôt currently grows about 50 different kinds of produce and hopes to further increase the diversity of its harvest.

When Charlotte and Richard took the plunge into a fully organic farming enterprise, they embraced the idea of sustainable agriculture wholeheartedly, shifting from gas-guzzling machines to horse-power. Their two Norwegian fjord horses Bart and Buck are now mainstays of their farming operations (as well as much loved family members). According to Richard, they're working hard on "perfecting things with the horses" through the purchase of more horse-powered equipment.

Between annual growing seasons, Charlotte and Richard have made steady improvements to farm opera-



Photo by Louise Imbeault

Pierre Fortier's father founded the Beechwood Auto Service in 1979.

tions, aiming, in Richard's words, "to keep the same approach, but do things better." This year, they've added a new greenhouse to help bring produce on stream earlier in the summer. In April, Richard reports, "our seed-starting greenhouse will be full to bursting ... and we will be planting in the ground under cover." When the season is fully launched, he and Charlotte will have three full-time helpers working with them to weed, water and harvest what we all hope will be a bumper crop for 2019. For details on the CSA basket system, or to sign-up, visit fermelevetot.ca. *JH*

One corner, two 40th anniversaries

Whether by complete coincidence, or through some special alchemy of that specific location, two local businesses at Beechwood and Marier – **Beechwood Auto Service** and **Il Vagabondo Ristorante** – will each mark their 40th anniversaries this year.

Beechwood Auto Service, at 188 Beechwood Ave., has been in the Fortier family since its launch as a BP gas station in 1979. It has long since evolved from a gas-pump into a full-service auto repair and maintenance operation owned and run by **Pierre Fortier**, son of the founder. Pierre and his team of two technicians and an apprentice deal with cars and trucks of all makes and models, offering a litany of services from inspections and emissions, to undercar servic-

es, brakes, tires, engines and transmissions, electrical and electronic repairs, heating and cooling, collision repair, towing and tire storage. Visit beechwoodautoservice.com for details.

According to Pierre, while the traditional notion of a "spring tune-up" has become "an over-used cliché," all cars should have a routine inspection twice each year to ensure that they're safe to drive. This is particularly true in the spring as families prepare for long summer excursions, and in the late fall, before the grueling winter months when snow and ice can wreak havoc with the undercarriage. Pierre observes that many households are keeping their cars for much longer these days, so these routine checks are more important than ever.

While we have yet to evolve into a fully-automated world of self-driving cars, computer technology in cars and trucks has become increasingly sophisticated and continues to change rapidly. Beechwood Auto Service's affiliation with the continent-wide TechNet Professional Auto Service Network allows Pierre's technicians to keep up to date with these changes through continuing education programs run under the TechNet banner. These intensive skill-upgrading programs are offered locally at La Cité Collégiale and have the added value of providing Pierre's team with the opportunity to share questions, experiences and concerns with other participating auto-service shops.

Cooking?



Choose easy!
www.LucieEyesbarrowCooking.ca
 613-878-0569

- Dinners cooked in your home
- Individual portions of frozen dinners
- Food for your special occasion
- Dietary restrictions accommodated

The New Edinburgh News warmly thanks our advertisers, both the faithful and the new, for their continued support of the community and of this newspaper. Your support is essential in helping us share the news of local happenings!

Another important benefit of the TechNet affiliation is that Beechwood Auto Service clients are offered the protection of such services as the To Your Rescue™ Roadside Assistance Program. This can be a boon on long summer road trips, as it provides 24-hour assistance throughout North America to travelers with flat tires, empty tanks, lost keys or dead batteries, or who need towing. All you need is a single invoice from Beechwood Auto Service to get coverage for a year.

Pierre is firmly convinced that “you have to love your job” whatever you do, since the majority of your waking hours are spent in your workplace. And clearly, he does. He is proud of the collaborative and congenial atmosphere in his small shop, where his techs work in a co-operative way, as opposed to competing fiercely for turf, as often happens in larger auto service operations where it’s every tech for themselves. We wish Pierre and his team a very happy and successful 40th anniversary, and many more years of operation in our community. For an appointment this spring, call **613-749-6773. JH**

Across Marier Street from Beechwood Auto Service, another local business is also celebrating its 40th anniversary. **Il Vagabondo Ristorante**, a cozy Italian eatery best known for its superlative pasta, has outlasted many local restaurants that have come and gone through its four decades of operation. While its location at **186 Barrette St.** is slightly off the Beechwood corridor, you can’t miss the restaurant’s eye-catching façade, emblazoned with artist Karole Marois’ colourful mural depicting Eastview Electric streetcars in 1909. On board the trolleys are numerous local luminaries, including mayors and councillors of the day.

The moving spirit behind Il Vagabondo, and no doubt the primary reason for its staying power, is its indefatigable owner and principal chef **Adriana Roy**. Il Vagabondo’s website – **ilvagabondoottawa.ca** – now features an intriguing profile of Adriana, capturing the highlights of her journey from a childhood on the family farm in Chile to the welcoming neighbourhood restaurant she owns and



Photo by Louise Imbeault

Adriana Roy has been cooking delicious Italian cuisine at Il Vagabondo for 40 years.

operates today.

As the story goes, she acquired her approach to cooking largely by osmosis, watching her mother produce hearty fare for their large family using fresh, farm-grown ingredients. Her mother’s cooking method was based more on instinct than on carefully calibrated recipes, and Adriana was inspired by her example. To this day, she continues to rely on fresh, home-grown herbs to flavour her tasty cuisine.

As a teen, Adriana worked as a cook in the home of an Italian dignitary, where she became entranced by all aspects of Italian culture, from food to language and even soap operas! Her intrepid traveling spirit later brought her to Ottawa, where she arrived with ten dollars in her pocket and worked at a succession of jobs to make ends meet. In 1990, she applied for a cooking job at Il Vagabondo, which at the time was still operated by the original owners, **Angelo Cappellazi** and his brothers. A mere six months after starting work as assistant cook, the head chef became seriously ill, and Adriana took over his role, becoming captain of the ship in the kitchen, a base of operations she has never left!

In 2000, Adriana took over as owner of Il Vagabondo, and for close to 20 years, has worked hard to build up its menu of home-cooked Italian fare, as well as to make the premises more accessible to local diners. Adriana’s fresh, home-made pasta is legendary in Ottawa culinary circles, with such dishes as lasagna, cannelloni and ravioli topping the list of client favourites. But at the same time, she takes considerable

pride in her veal, chicken and fish dishes, as well as her hearty vegetable soups and Italian appetizers. At a recent birthday celebration, my husband and I tucked into a selection of several courses, shamelessly devouring every morsel of Adriana’s fine, flavourful cuisine.

For reservations call **613-749-4877**. The restaurant is open for lunch and dinner from Tuesday through Friday, and on Saturdays from 12:30–10 p.m. While it is officially closed on Sunday and Monday, Adriana is happy to accommodate parties of eight or more by special arrangement.

We wish Adriana a successful 40th anniversary year in the ‘hood, and sincerely thank her for her longstanding, faithful support as an *NEN* advertiser. Her loyalty to the paper and to the community is much appreciated. **JH**

Rent-a-Wife helps tidy your life

Chances are good that you’ve heard of Marie Kondo, her book *Life-Changing Magic of Tidying Up* and Netflix show *Tidying Up with Marie Kondo*. If the Kondo craze has inspired you to reduce the clutter in your life, or if you want to tackle some big spring-cleaning jobs, consider reaching out to **Laurel Blackman** and her team at **Rent-a-Wife**.

This local business was established in Ottawa in 1987 and offers all kinds of specialty cleaning, organizing and party services. Coming from a background of fire and flood restoration, Laurel is no stranger to special cleaning methods, and she takes pride in the fact that her team can handle any kind of cleaning that needs to be

done. She hires only people who seriously love to clean, and their dedication to bettering a home pays off in many “gleam clean” referrals!

While cleaning is the main business of Rent-a-Wife, Laurel has noticed an increase recently in the number of Baby Boomers requesting help with downsizing from a large family home. Her team is happy to assist with decluttering, home staging and doing minor repairs to get the house ready for sale. Laurel will do an in-house estimate of the work required to ensure that the client’s needs are clear.

“I always make sure that I understand a client’s expectations,” she explains. “I need to know if they need organizing, sorting, cleaning or all three!” If a person has a set budget, she can also help them develop a list of priorities and tackle the tasks in that order until the budget has been spent. Regardless of the size of the job, however, quality of service is what is most important to Laurel and her team.

Seeing your home sparkling and free of clutter may inspire you to throw a party! If so, Rent-A-Wife can help with that too, with waiters and bartenders available

to help serve, and a great planner who likes nothing more than organizing theme parties. Rent-a-Wife is a great source of support for many household tasks. If you have a job you need help with, you can reach them at **rent-a-wife-ottawa.com. SG**

Tuesday is tea time at Scone Witch

For the second consecutive year, **Heather Matthews** and the team at our local **Scone Witch** are introducing Afternoon Tea to herald the arrival of spring and delight the hearts of local devotees of this quintessentially British institution. Every Tuesday afternoon, starting on **Apr. 9**, the entire Scone Witch café will be transformed into a Tea Room where a fulsome high tea (Scone Witch-style) will be served from 3–5 p.m.

The tasty fare will include elegant open-faced scones; sweet scones with Devon cream and a choice of jams or lemon curd; fresh fruit compote; crudités and of course, tea. Scone Witch offers a wide selection of teas, ranging from such black teas as Earl Grey and decaf Irish Breakfast, to Jasmine Green and Kenyan Green teas, along with such herbal varieties as Peppermint, Rooibos

Continued on page 12

Switch and Save vs. leading national brands



For Your HEALTH, WELLNESS and HYGIENE NEEDS

Pharmacist Approved

YOUR TRUSTED PHARMACY FOR OVER 40 YEARS

- Private Pharmacist consultation
- Weekly medication packaging at no extra cost
- Free Prescription delivery
- Easy Transfer of your prescriptions to our pharmacy
- Home Health Care Products
- Gifts and Cosmetics

613-749-4444



Monday - Friday 8:30am - 8:30pm

Saturday 8:30am - 6:00pm

NOW OPEN SUNDAY 10:00AM - 4:00PM

5 Beechwood Ave.

Provence and Ginger Chai.

Tuesday Teas at Scone Witch will be a reservation-only affair, so when you've assembled your party of tea-loving companions, be it your book club, a bridge group, a family gathering or a bunch of colleagues from the office, call **613-741-4141** to reserve your table. Last spring, many local residents took advantage of the opportunity to relax and indulge in this time-honoured tradition so close to home. Given the quality and quantity of the Scone Witch fare, chances are good that they'll return for the second season! *JH*

Full Cycle marks 25 years

In early March, **Full Cycle** owner **Phil Brun del Re** and his team on St. Laurent Blvd. celebrated the business's 25th anniversary. Throughout those years, Full Cycle has been the go-to shop for local cyclists of all shapes, sizes, ages and abilities, from novice to hardcore competitor. The store's comprehensive services run the gamut from new bike sales to repairs, reconditioning, tune-ups, biking gear and, in recent years, cross-country ski tune-ups, which were still going strong during the deep freeze in early March.

As we head into April and

fair-weather cyclists come out of hibernation, spring tune-ups are in high demand at Full Cycle. The store offers a variety of tune-up options, ranging from "the Classic" to "the Major," "the Fully Completely," and the premium overhaul "the Whole Enchilada" (which actually includes a free enchilada from **Ola Cocina!**) As their catchy monikers imply, these tune-up options vary in comprehensiveness and cost, starting at \$70 and escalating to \$500 for serious cyclists who need a perfectly-honed machine.

To book your tune-up appointment, visit fullcycle.ca. Phil and his team are well aware that many cyclists are heavily dependent on their bicycles, so they aim to minimize the tune-up time. Clients are asked to drop their bikes off at the store the day *before* a tune-up (before 6 p.m.), so the techs can get an early start the next morning, and with luck, have it back to the owner by close of business the same day.

New bike sales are also picking up as the good weather approaches. At Full Cycle, there's a wide range of choice depending on your age, budget and expertise. You'll find children's bikes, road bikes, hybrid bikes, all-terrain bikes



Photo by Louise Imbeault

Full Cycle's Phil Brun del Re (pictured at his St. Laurent location) has opened a second shop in Hintonburg.

and now fat bikes, a recent variation that Phil believes is here to stay. Fat biking conditions have been excellent this winter, as local riders have had access to perfectly groomed, frozen trails in Gatineau Park and LaRose Forest, where their fat bikes' massive four- to five-inch tires floated over hard-packed snow. Full Cycle had a notable uptick in demand for fat bikes this year, including a sale to the united counties of Prescott-Russell, which purchased two vehicles for staff.

Full Cycle takes pride in the Lifetime Service Warranty that comes with all its bicycle sales. The warranty covers gear and brake adjustments; wheel truing; bolt torque checks; tire inflation and fitting adjustments. Another perk for buyers is its half-back program applying to children's bicycles. Any parent is painfully aware how rapidly their kids outgrow their equipment, and how frequently scaling up is required. In the case of children's bikes from Full Cycle, half the original purchase price is credited to the purchase of a bike the next size up. The original bike is then repaired and re-sold for the amount of the credit.

In January, Full Cycle opened a second location on Hamilton Street in Hintonburg, not far from Tunney's Pasture. For clients who happen to work downtown, or commute by bike through that area, Phil notes that the new shop may come in handy as a second option for repairs and service. He and his team on St. Laurent are, of course, still strongly tied to the nearby neighbourhoods, and he expects to be active again this year at outdoor events in Lindenlea, Manor

Park and New Edinburgh, where in past years the store has offered free safety checks and cycling tips.

We wish a happy and successful 25th anniversary year to Phil and his team. Call **613-741-2443** or visit fullcycle.ca. *JH*

Get your body moving with CorSano

With winter now behind us, summer will be here before we know it. If you are looking forward to enjoying a season of physical activity, now is a great time to reach out to **Michele Carini of CorSano Pilates**.

Michele has been giving one-on-one Stott Pilates instruction in her studio on Stanley Avenue since 2012, but she has never stopped adding to her skills and credentials to meet her clients' needs. For example, when she noticed many of her students were previous athletes who suffered from chronic pain that flares up when they tried to increase their level of activity, she became a certified MELT Method instructor.

As Michele explains it, the MELT Method addresses the nervous system and connective tissue that supports the body and protects it. She firmly believes that to achieve optimal long-term health, this support system must be in good shape first, because then the body is set up to exercise successfully. MELT Method sessions are available at Michele's studio and, once learned, can be performed easily outside the studio!

Michele has also incorporated MELT Method techniques into her CorMotus full-body workout classes. CorMotus helps create awareness of the body's alignment and flex-

ibility when doing everyday activities. The next session of classes in CorMotus begins in early April at the School of Dance.

Finally, Michele has partnered with **Nina LePage**, who offers classes in Urban Poling (walking with poles to engage the whole body while moving) in New Edinburgh, for a special event on Apr. 26. The two women have joined forces for a workshop called "Restorative Exercise Meets Nordic Walking" which blends their two specialties and will teach techniques for improving posture while standing, walking and hiking, as well as basic urban poling. Once everyone is warmed up, the two women will lead participants on a guided group walk around New Edinburgh and Rockcliffe Park. Michele and Nina promise a fun, informative morning and urge people to sign up soon, as spaces are limited. All proceeds will go to the Rideau/Rockcliffe chapter of the Ottawa Food Bank.

For more information about CorSano Pilates, the methods Michele teaches and other upcoming events, visit corsanopilates.com. *SG*

Tennis summer camps for kids

With the emergence of such young Canadian tennis stars as new sensation Bianca Andreescu, Milos Raonic and Vasik Pospisil on the world circuit, enthusiasm for the sport remains high among all age groups. For close to 140 years, the Ottawa Tennis and Lawn Bowling Club (OTLBC) has served as a haven for local tennis enthusiasts. (Though Lawn Bowling is no longer among the club's activities, for reasons of tradition, the reference has remained in the club's name). OTLBC still going strong today and is about to launch a busy summer season with a full roster of summer camps for children (ages 5-13 years) and teens (ages 13-15 years).

The historic club, self-described as "Your Cottage in the City," is situated on five acres of land next to Brewer Park in Old Ottawa South. Its facilities include 18 tennis courts, 12 beach volleyball courts, a large outdoor swimming pool and a full-service clubhouse. The venerable clubhouse was built in 1923 and has become a neighbourhood institution. It's equipped with locker-

ROCKCLIFFE PARK SPRING BOOK SALE!

**25,000+ donated books at
bargain prices!**

Collectors' Table, DVDs, CDs and Vinyl!



When: Saturday, April 27
10am - 5pm

Sunday, April 28
11am - 5pm

**Where: Rockcliffe Park
Community Centre
380 Springfield Rd.
Ottawa, K1M 0K7**

*Proceeds support the Rockcliffe Park Branch
of the Ottawa Public Library and wider library system.*

Event Sponsors



and shower-rooms; a racquet stringing facility; meeting spaces; lounge areas, and a splendid dining room with a balcony overlooking the tennis courts. Visit otlbc.com or call **613-730-7207** for more details.

OTLBC Summer Camps will run for 10 weeks, starting Jun. 24. Registration has already begun, so it may be wise to reserve a spot for your prospective Bianca or Milos as soon as possible. Camps will run daily from 9 a.m.–3:30 p.m., rain or shine, and for the younger set (5–13 years), lunch will be provided by the club. There are both four- and five-day per week alternatives, as well as pre- and post-camp care from 8:30 a.m.–9 a.m., and 3:30 p.m.–5 p.m., respectively.

OTLBC Executive Director **Maria Pierre-Noel** reports that the sessions will feature a significant tennis focus, for even the smallest fry in the groups. “We’re proud to guarantee that even the five-year-olds will be able to have little rallies” by the end of their session, says Maria. But she notes that the emphasis is on “the friendly side of tennis,” focusing on fun rather



Photo courtesy Ottawa Tennis and Lawn Bowling Club

The Ottawa Tennis and Lawn Bowling Club is taking registrations now for summer camps.

than high-powered competition. The youngest campers are taught using a “progressive tennis” approach, which entails the use of slower, low-compression tennis balls and smaller nets, played on a half court.

The children are taught in small groups of no more than eight campers, with the ratio of campers to instructors varying, depending on the age group. There will be 14 camp counsellors on the roster this summer, each of whom will work with an assistant. Safety

training is a top priority for OTLBC counsellors, and all have been through a rigorous program of instruction before the camp season begins.

While tennis instruction is central to the summer camp program, occupying progressively more time as the group’s age level rises, there are other activities to round out the day. These include such outdoor sports as beach volleyball, and a supervised swimming session in the outdoor pool, where up to four life guards are on duty

all day. For safety reasons, there’s also a swim test every Monday to check campers’ skills in the water.

New at OTLBC this year are two programs for youth aged 13–15-years: a beach volleyball and tennis camp, with sessions split between the two sports; and a sport and fitness boot camp for youth to give teens a healthy alternative to screens, digital devices and the mall. Call **613-730-7207** to register. *JH*

Sylvie Sauvé offers a trio of personal care

After many years as a regular advertiser in the *NEN*, **Sylvie Sauvé** is well known to our readers, many of whom have availed themselves of the esthetics-related services she offers in her home-based studio at 54 Dunvegan Rd. in Manor Park.

Sylvie’s well-honed skills encompass three separate specialties in the broad realm of personal care. The first is esthetics, covering such beautifying treatments as facials, peels, collagen-stimulating LED light treatments, and new wrinkle-busting procedures such as computerized electrical stimulation and dermapen skin needling. The

extensive esthetics menu at her salon also includes such services as permanent make-up and make-up lessons; eyebrow and eyelash tinting and shaping; waxing (15 per cent discount every Friday); manicures and pedicures; and a slate of massage and body care treatments. Call **613-748-0352** for more details.

The second of Sylvie’s specialties is electrolysis, a procedure she regards as the only safe and truly permanent method of hair removal. Many electrolysis treatments are what she refers to as “laser clean-ups,” finishing off a job left incomplete by a laser treatment or removing a regrowth of hair. She is meticulous about sterilizing her instruments for each procedure, and has a dedicated sterilization station in her treatment area.

Last but not least is Sylvie’s third professional “hat” as an advanced podologic foot-care technician, addressing all manner of conditions: corns and fungal infections, athlete’s foot, ingrown toenails, cracked heels, and a range of chronic foot and nail problems common in geriatric or diabetic clients. These

my spring flavours

Visit us today and try our new Spring Flavours menu.
Metro Beechwood, 50 Beechwood Avenue.

Continued from page 13

therapeutic sessions can be lengthy (up to 90 minutes), and Sylvie provides receipts for insurance and income tax purposes.

Much to Sylvie's delight, she now has a new and skill-

Visit The Burgh Online!

For the most up-to-date news of the neighbourhood
newedinburgh.ca

ful colleague working at the salon. **Kari Duguay** is an esthetician and electrologist with specializations in relaxation and hot stone massage, and in teen facials to address acne problems. Kari was trained at Versailles Academy in Ottawa, and now takes appointments from 1–7 p.m. Like Sylvie, she is a stickler for full (free) consultations before any skin treatment procedure, including a thorough skin check using a Wood's lamp – a handheld blacklight – to look for any bacterial or fungal infections

under the skin.

Both Sylvie and Kari are strongly committed to the use of high-quality, organic skin-care products, including the Belnatur line of beauty treatment products used at the salon. Belnatur has a 40-year history, specializing in exclusively natural-source (largely plant-based), perfume- and toxin-free products. Sylvie and Kari are highly skeptical of many of the pricey, fragrance-laden potions available at most pharmacies, and take pains to help clients select the best products for

their specific needs.

For an appointment or a consultation, call **613-748-0352**. Follow Sylvie on Facebook to keep up with monthly promotions at the salon: **facebook.com/BELNATURclinic**. JH

Coming soon: Bellefleur Physio

In the coming weeks, **Bellefleur Physiotherapy Clinic – bellefleurphysio.com** – looks forward to opening its doors at the corner of Beechwood and the Vanier Parkway, in the former headquarters of the **Ottawa Skin Clinic**. Bellefleur currently

has an established, family-run operation in Orleans where a team of five experienced physiotherapists serves clients from the area. The clinic treats a broad range of conditions from arthritic pain to carpal tunnel syndrome, concussion, frozen shoulder, lower-back and neck pain, sciatica, sports injuries, tendonitis, tennis elbow and much more. At press time, the Bellefleur team was about to begin the fit-up of their new Beechwood location, so stay tuned for more details in the *NEN's* June 2019 edition. JH

Stay safe: river levels are unstable this time of year

Continued from page 1

and rivers will continue to be unstable. Extreme caution should be exercised by everyone when near local waterbodies. Parents should inform their children of the risks and provide appropriate supervision.

As the temperatures start to warm up, there is also a concern for potential ice jams in local streams and rivers, as flows could quickly increase before the ice can melt. Residents are advised to monitor the river closely as spring progresses for signs of ice jams. RVCA staff will be monitoring conditions, but we always welcome any unique observations from watershed residents.

There is also a concern for flooding along roadways due to current snow and ice build-up on roadside ditches and some roads.

Residents in flood-prone or low-lying areas, historically susceptible to flooding, should take the necessary precautions to protect their property, such as:

- ensuring your sump pump is clear, in good working condition and has a backwater valve
- ensuring easy access to a portable backup generator and pump
- ensuring downspouts are clear and the outlet is at least three metres from the dwelling
- securing items that might float away as flows increase
- removing valuable items from basements or lower floors that could be subject to flooding
- keeping emergency phone numbers handy

• familiarizing yourself with your municipality's Emergency Preparedness Plan

RVCA will continue to monitor conditions and will issue further statements when or if there is an indication that the situation can be expected to change significantly.

RVCA statement definitions:

• **Water Safety** – High flows, unstable banks, melting ice or other factors that could be dangerous for recreational users such as anglers, canoeists, hikers, children, pets, etc. Flooding is not expected.

• **Flood Outlook** – Early notice of the potential for flooding based on weather forecasts, calling for heavy rain, snow melt, high winds or other conditions that could lead to high runoff, cause ice jams and/or lakeshore flooding or erosion.

• **Flood Watch** – Flooding is possible in specific watercourses or municipalities. Municipalities, emergency services and individuals in flood-prone areas should prepare.

• **Flood Warning** – Flooding is imminent or already occurring in area watercourses.

The Rideau Valley Conservation Authority is a partnership of municipalities within the Rideau Valley watershed created under the Conservation Authorities Act to deliver a range of programs in watershed management and natural resource conservation. Learn more at rcva.ca, info@rcva.ca or 613-692-3571.

Sezlik.com

OTTAWA HOMES & CONDOS



Rockcliffe Park - \$2,750,000

The best way to celebrate family life is here; this entirely convivial, totally restored home is a beacon within an active community, and favorably located - it's the perfect refuge for family life to evolve.



Rockcliffe Park - \$1,950,000

Meet your ideal family home, nestled on a peaceful Rockcliffe cul-de-sac. Classic, polished design inside & out - updated timeless chic interiors like granite, maple floors, custom millwork.



Rockcliffe Park - \$1,495,000

This home stands above the rest with its contemporary interiors, effortless comfort and functionality. Chic updates yield a great mix of contemporary design while preserving original charm.



The Canal - \$1,379,000

The transformative power of a home to inspire those who live there is confirmed in this impeccably renovated free-hold in the nation's capital. This home is unequalled among its peers.



New Edinburgh - \$1,339,000

This New Edinburgh Victorian home refurbished by the talented hand of designer Henrietta Southam is pure magic. Exceptionally turned out down to every last detail - the result is an exquisite home.



Overbrook - Call For Price

Some homes - the really special ones - leave you feeling inspired. It's that magic combination of alluring location and ingenious custom design that maximizes every space to perfection.



New Edinburgh - \$1,050,000

Large lot in the heart of the city. Original elements have retained this home's historic charm and a spacious layout has great potential to be updated for modern family needs. Large, private backyard and spacious barn is a rare urban find.



Manor Park - \$899,000

Practically perfect in every way, this mid-century home has a rustic chic vibe infused throughout via updated birch floors and maple accents. An enviable corner lot with landscaped gardens and yard - this home is always full of natural light.



700 Sussex - \$859,000

All the elements of a perfect urban address fall into place at this gorgeous garden level home, set in Ottawa's peerless power address: 700 Sussex. Outside your door -- a green oasis in the sky. Inside, light and balanced spaces, enlivened by stellar views.

Discover what working with **Ottawa's Best** can do for you.

#1 IN OTTAWA 2018 - ROYAL LEPAGE*

#1 IN EASTERN ONTARIO 2018 - ROYAL LEPAGE*

613.744.6697

ROYAL LEPAGE
Team Realty

Proud Partner of:
Ashbury College



Charles Sezlik, Cindy Sezlik, Dominique Laframboise
Sara Adam Sales Reps. & Trystan Andrews Broker

*Charles Sezlik, #1 Royal LePage Realtor in Eastern Ontario, 43+/- Office, 1150+/- Realtors, based on gross closed commissions.

With house sale on hold, NECTAR is still humming with activity

By Isobel Bisby

The sale of 255 Mackay St., where the New Edinburgh Community and Arts Centre (NECTAR) is based, is proving to be a lengthy process and the planning application is presently under review by the Local Planning Appeal Tribunal. We will keep the community informed about the status of the sale.

NECTAR would like to thank high-school student **Norah DeWolfe** for keeping the path and ramp at 255 MacKay St. clear of snow all winter. What a fantastic contribution to the community!

In the meantime, there are many great activities coming up at NECTAR this spring.

NECTAR is proud to announce that the **Ottawa Art Association (OAA)** is now exhibiting their paintings at the NECTAR Art Gallery. OAA members are submitting their artwork to exhibit for one-month shows at NECTAR. We will also host their Spring Award Show and the OAA will continue to use the gallery until the sale of the house is concluded. OAA members will volunteer to open NECTAR to the public on various days and times – it will also be open during NECTAR office hours on Tuesday and Thursday afternoons from 1–6 p.m. The first Open House took place on Mar. 23.

Leslie Lambert is returning this spring with two **art classes**, both lasting eight weeks and beginning May 1:

Beginner Level Oil Painting on Wednesday mornings from 10 a.m.–1 p.m., and Watercolour for Beginner and Intermediate Levels on Wednesday afternoons from 2:30–5 p.m. To register, contact Paul at nectarcentregm@gmail.com or call 613-745-2742.

The NECTAR **Mindful Meditation Circle** meets every Wednesday for an hour starting at 1:15 p.m. It is an informal gathering which includes gentle yoga, seated meditation and walking. Sessions are led by the participants, and we usually listen to well-known guided meditations. We welcome everyone, whether you have little or extensive experience. The sessions are free, but we appreciate a donation which goes towards the operation of 255 MacKay. Please call 613-304-7919 for more information.

Scrabble enthusiasts are meeting on Thursdays at 2 p.m. to enjoy a friendly game. We meet weekly and have now added a variety of other board games. Participation is free or by donation. Contact nectarcentregm@gmail.com or call 613-745-2742 if you are interested.

The Indigenous Artists Coalition and the Multicultural Artists Coalition are seeking First Nations, Inuit, Métis, and immigrant or refugee artists to submit their work for the **No Borders Art Festival** set to take place May 11–25 at NECTAR. A partnership with the Thunderbird Sisters

Collective and the Eagle and Condor Collective, this festival will include two exhibitions, films screenings, workshops, sacred circle ceremonies, feasts, concerts, recitals and other cultural activities.

Contact multiculturalartistscoalition@gmail.com or indigenousartistcoalition@gmail.com for details.

NECTAR has once again been invited to host a **Jane's Walk** on the weekend of May 5. If you are interested in leading a walk in the New Edinburgh community, please let us know as soon as possible at nectarcentregm@gmail.com and we will connect you with the Ottawa organizer.

Spring is in the air and we are looking for residents in the community who would like to be a host home for **A Taste of Spring** in June. This popular annual event raises funds for the community, provides gourmet food, and features some of New Edinburgh's finest homes. Contact nectarcentregm@gmail.com or call 613-745-2742 if interested.

NECTAR invites community residents to host an activity, event or party at 255 Mackay, which has a beautiful community room suitable for small functions, and includes a kitchen facility. This heritage house with old-style charm and atmosphere continues to be available for community use until the close of the house sale. Please contact Paul at 613-745-2742 or nectarcentregm@gmail.com.

Rent-A-Wife

OTTAWA

"Every working person needs a wife!"

- ✓ Regular & Spring Cleaning
- ✓ Pre & Post move cleaning and packing
- ✓ Pre & Post renovation cleaning
- ✓ Organizing cupboards, basements...
- ✓ Bartenders/Waitresses
- ✓ Estate Planning & Organizing

Website: rent-a-wife-ottawa.com
We are members of: homestars.com

Laurel 749-2249

MACKAY UNITED CHURCH

Sunday services at 10:30am
Music, concerts and jazz
Hall and room rentals available
Sanctuary rental available for recitals and recording

The Community Church

39 DUFFERIN ROAD, OTTAWA, ON
MACKAYUNITEDCHURCH.COM/

www.edwardjones.com



Looking for direction in today's market? Let's talk.

Karim Gwaduri
Financial Advisor

361 St. Laurent Boulevard
Ottawa, ON K1K 2Z7
613-741-6262
www.edwardjones.com

Edward Jones
MAKING SENSE OF INVESTING

Member - Canadian Investor Protection Fund



JOIN OUR TEAM

We are looking to fill 7 Part-time & seasonal positions for the Back and Front of shop.

Experience appreciated,
Enthusiasm required.

Bring your resume to our St. Laurent location.

GIANT KONA LINUS DEVINCI NORCO

613-741-2443 | 401 St. Laurent Blvd • 7 Hamilton Ave | fullcycle.ca



THE OTTAWA NEW EDINBURGH CLUB

Ottawa's Waterfront Sports Centre

ONEC SUMMER DAY CAMPS

TENNIS • SAILING • ROWING • CANOEING • STAND UP PADDLEBOARD

July 2 through August 23, 2019



One and Two Week Sessions; Full and Half Day for Ages 7 to 17; Certified Instructors; Extended Drop-off / Pick-up Times ► 10% DISCOUNT FOR PAID BOOKINGS RECEIVED BY MAY 31 ◀

Details and Online Registration at www.onec.ca/day-camps or phone 613.746.8540

Follow us: [f @OttawaNewEdinburghClub](https://www.facebook.com/OttawaNewEdinburghClub) [t @onec1883](https://twitter.com/onec1883) [i #onec](https://www.instagram.com/onec)

There's a difference between being
baptized and brainwashed.



St John Lutheran Church

The little church with room for everyone...

And every question.

Join us Sundays at 10 a.m.

270 Crichton Street, Ottawa 613-749-6953

Email: stjohnlutheran@bellnet.ca Web: stjohnlutheran.ca

Facebook: St-John-Lutheran Twitter: #STJELC



JUNIOR TENNIS

RECREATIONAL AND

COMPETITIVE TENNIS PROGRAMS

**REGISTRATION NOW OPEN FOR
AFTER-SCHOOL AND SUMMER CAMPS**

Spring After-School Session May 13 - June 20

Summer Camps weekly from July 2 - Aug 23

Fall After-School Session Sept 9 - Oct 17

WWW.RLTENNIS.CA

FOR INFO AND REGISTRATION

Redesigned recreational programs for kids of all abilities
ages 5 to 12 focused on strong tennis fundamentals and
fun!

Exciting brand-new competitive development program for
kids 9-14. Admission by tryout in May.

L'école Trille des Bois à Vanier commence un 'autobus pédestre' ce printemps



Crédit photo Trottibus

Le Trottibus est un "autobus pédestre" conçu pour augmenter le niveau d'activité physique des élèves et utiliser la marche comme moyen de transport.

Par Annie Dufour, comité du Trottibus de l'école Trille des Bois

L'école primaire Trille des Bois à Vanier se fait un grand plaisir d'annoncer le lancement du Trottibus TDB prévu pour le 1er avril 2019.

Le Trottibus est un "autobus pédestre" conçu par la Société canadienne du cancer pour augmenter le niveau d'activité physique des enfants et de promouvoir la santé en utilisant la marche comme moyen de transport. D'après la Société canadienne du cancer, seulement 28 pour cent des enfants

d'aujourd'hui se rendent à l'école à pied tandis que 58 pour cent de leurs parents le faisaient comme enfants. Seulement sept pour cent des enfants d'aujourd'hui obtiennent le montant recommandé d'activité physique.

Le Trottibus permet donc aux élèves du primaire de marcher pour se rendre à l'école de manière sécuritaire et encadrée. Des trajets et des arrêts sont établis, les élèves se regroupent et poursuivent le chemin vers l'école en compagnie de bénévoles accompagnateurs.

Le Trottibus s'adresse aux

élèves qui habitent à une distance de marche de l'école mais qui, trop souvent, ne profitent pas de cette occasion pour s'y rendre à pied. Pour beaucoup de familles, se déplacer en voiture est devenu un réflexe, même pour de très courtes distances. Le Trottibus est une des solutions pour renverser cette tendance.

Les parents des enfants de l'école Trille des Bois peuvent présentement inscrire leurs enfants et s'inscrire comme bénévole accompagnateur sur le site trottibusontario.cancer.ca.

Candidate, conseillère municipale de
Rideau-Rockcliffe
quartier 13



**VOTER
LE 15
AVRIL
2019**

Pour info de vote:
www.ottawa.ca

Réaliser une collectivité viable à Ottawa ENSEMBLE

Réaliser, ensemble, des collectivités viables

Leadership – chef de file et
bénévole au sein de la communauté
depuis 1989

Défenseur – appuyant la sécurité,
le transport, le logement abordable
et la protection de l'environnement

Action – voix indépendante et
vibrante pour représenter notre
communauté à l'administration
municipale

electsheilaperry@gmail.com
www.sheilaperry.ca

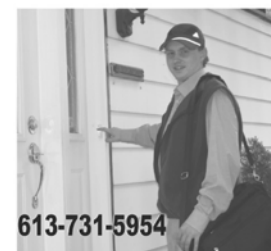
613-407-7434

[@sheila_perry](https://www.facebook.com/electsheilaperry)
[/electsheilaperry](https://www.facebook.com/electsheilaperry)

COMPUTER HELP IN YOUR HOME

WE COME TO YOU TO FIX COMPUTER PROBLEMS.

Compu-Home is a highly
regarded family business located
right near you. Service is honest,
reliable, affordable and prompt.



613-731-5954

HOW CAN WE HELP YOU?

- Computer slowdowns
- Problems with Internet connections
- Spam, spyware and security programs
- Setting up and maintaining home and office networks
- Printer problems
- Helping plan, purchase and use new computer equipment
- Transferring and backing up data
- Using new digital cameras
- Coaching

Compu-Home

613-731-5954

info@compu-home.com
Malcolm and John Harding

Candidates for City Councillor, Ward 13 Rideau-Rockcliffe

Rideau-Rockcliffe votes April 15

Voters in Rideau-Rockcliffe Ward 13 go to the polls Apr. 15 to choose the next municipal councillor who will represent them at City Hall.

An all-candidates' forum will take place Apr. 2 at Rockcliffe Park Public School, Queen Juliana Hall, 360 Springfield Rd. at 7 p.m. A debate on the environment will take place Apr. 8 at the Unitarian Church, 400 McArthur Ave. from 7–9 p.m. Visit newedinburgh.ca/events for more details on both of these events.

The *New Edinburgh News* contacted each of the 17 candidates, asking the following question:

“What are the top two municipal issues facing Ward 13, and what solutions do you propose?”

Below are their responses (in alphabetical order by last name), as well as biographical details and contact information.



Kasia Adamiec

Contact: 613-791-3575, info@votekasia.ca, votekasia.ca

Bio: A resident of Rideau-Rockcliffe, Adamiec has worked for non-profit organizations and at both municipal and federal levels of politics. She has been a member of the Crime Stoppers Ottawa Board and Ottawa Police's Neighbourhood Watch Executive Committee and continues to contribute to community safety as a public servant at the Parole Board of Canada.

Response: The first is keeping up and managing the momentum of development in the Beechwood area. The second is ensuring that we have the infrastructure to deal with that growth.

When elected I'll address the first issue with increased transparency in development proposals – ensuring that the community is engaged in the planning process from the start. Neighbourhood impact must be prioritized.

To the second issue: in addition to the increased traffic generated by higher density development along Beechwood, nearly 10,000 people will eventually live in Wateridge Village. We need to ensure that transportation infrastructure is maintained and built proactively to carry the additional growth and to avoid cars using side streets to bypass traffic. As well, public transit must be adjusted with additional routes and increased reliability.



Idris Ben-Tahir

Contact: 613-234-0707, i.bentahir92@gmail.com

Bio: Now retired, Ben-Tahir trained as an information scientist. An officer with the Royal Canadian Air Force (reserve), he served as command editor with Air Transport Command HQ in Trenton, Ont. and as a program officer at National Defence headquarters in Ottawa. He has a long history of community service, particularly in support of ethnic minorities and is

active in the Muslim community.

Response: Mission: Crime prevention through community policing. Rapid snow clearance to avoid falls, accidents through ice build-up costing the City a magnitude in road reconstruction in the summer. Vision: Dukesway, a Queensway bypass from Edwards, Ont. to Stittsville, Ont. alleviating traffic snarls especially with Amazon's 199-bay facility near Edwards in the offing, avoiding urban-rural divide through novel development.



Marc Dorgeville

Contact: 613-809-2937, marc.dorgeville@gmail.com, marcdorgeville.ca

Bio: Dorgeville lives in the ward with his bilingual family. Trained as an engineer, he is a climate scientist turned community financial worker. He wants to bring his problem-solving skills and people-first vision to find innovative solutions for the ward and the city.

Response: I see the main issues are addressing the poverty rate in parts of the ward and improved development planning to encourage vibrant neighbourhoods.

I will represent and defend community-based strategies to combat poverty. I will fully support community organizations and coordinate with the three levels of governments to make sure that community centres have the resources to implement those strategies.

I will advocate for development planning that comes from the community to help build safer and more functional neighbourhoods. I will champion local businesses, continue to support and encourage cultural events, and work towards safer transportation design for pedestrians, cyclists and drivers.

I have a vision for positive changes on social and environmental issues.



Bruce Faulkner

Contact: 613-581-2846, djp_dashco@yahoo.com, facebook.com/Bruce-Faulkner

Bio: An Ottawa Centre native, Faulkner is 52 years old and has lived in Ottawa all his life. He has more than 30 years of work experience, largely in professional transportation.

Response: 1) People definitely need the ability to move from place to place in a safe and timely fashion, whether in cars, on public transit, or as cyclists and pedestrians. As councillor, I would immediately begin consultations within the ward to discuss improvement options, starting with some of the high traffic corridors (such as Hemlock Road, Beechwood Avenue, St. Laurent Blvd, Coventry Road, Lola Street and Donald Street to mention a few). The idea of “moving from place to place” must also take into consideration the latest upper-tier government proposals for a new river crossing bridge to Quebec at Kettle Island (which I oppose).

2) Some people may have lost trust

RIDEAU SPORTS CENTRE
CENTRE SPORTIF RIDEAU

CAMPS — YOGA — FITNESS — MASSAGE — TENNIS — VOLLEYBALL — BASKETBALL

SOCCER — DEK HOCKEY

TRY SOMETHING NEW

YEAR-ROUND PROGRAMMING FOR CHILDREN AND ADULTS

REGISTRATION NOW OPEN

Ottawa's 4-acre Downtown Playground. One-of-a-kind sports and wellness facility with incredible restaurant & patios. Discover a new passion at the RSC today.

RIDEAUSPORTSCENTRE.COM | 613.749.6126 | 1 DONALD ST, OTTAWA (At Adawe Footbridge)

REGISTER TODAY

Candidates for City Councillor, Ward 13 Rideau-Rockcliffe

in City Hall in making the right decisions when spending their hard-earned property tax dollars. As Councillor, I would simply not vote on something that I have not seen or fully understood, nor would I always rely on staff as my sole source of information.



Johan Hamels

Contact: 613-744-6009, johanhamels2019@gmail.com, johanhamels.ca

Bio: Hamels speaks four languages and has lived with his family in Manor Park for a decade. As a teenager, he founded the Green Party in his native Belgium and has been executive director of both Belgian and Canadian Green Parties. He works as an international consultant on democracy development, climate change and renewable energy.

Response: Two issues emerged strongly from discussions with residents: Affordable housing and street safety.

I have visited Ottawa Community Housing units and private rentals. Expanding the offer of affordable units and improving the quality of the current offer should be the priority. To finance a four-year additional investment in affordable housing, I support the specific levy proposed by other Ottawa councillors. To impact the private rental market, I support to regulate the development of a differentiated rental market and use landlord licensing and enforcement mechanisms as in other Canadian cities.

I support the demands for changes that advance the safety of pedestrians, OC Transpo users and cyclists. This includes speed limit controls, automatic traffic lights, "Walk" signals and safer bike routes.



Peter Heyck

Contact: 613-853-4251, peterheyck@gmail.com

Bio: Heyck works in the Logistics department at Canadian Blood Services. His team is responsible for shipping life-saving pharmaceutical medicines to hospitals and clinics across Canada for patients preparing to undergo surgeries. He earned his undergraduate degree from Carleton University. Born in Ottawa, Heyck moved to Rideau-Rockcliffe ward in 1993.

Response: Once elected, my first priority would be to fight to reduce the size and scope of the Salvation Army shelter scheduled to be built on Montreal Road. While the Salvation Army shelter is technically not in our ward, I am concerned that the surrounding neighbourhoods in our ward would be negatively impacted (Rideau-Rockcliffe surrounds Vanier like a reversed letter C).

My second priority would be to introduce a motion to ban single-use plastics for businesses with 10 or more employees. I would specify that there be a one-year grace period to allow affected businesses to phase out single use plastics and introduce alternatives. Businesses not complying with the bylaw would be subject to fines.



Miklos Horvath

Contact: 613-293-0323, votehorvath@gmail.com, votehorvath.ca

Bio: Horvath spent his formative years in the United Kingdom and

France. He has lived in Ottawa-Vanier with his family for more than 20 years and has resided in Lindenlea for the last six. He has been a public servant for 20 years and has worked as an auditor for several government departments.

Response: 1) The need to improve the reliability and safety of transit, and ensure access to the LRT from all corners of the ward, while keeping fares affordable. I will advocate for the implementation of recommended changes to ensure the current on-time performance of 62 per cent within the ward improves to meet or exceed the same on-time performance of suburban routes at 75 per cent. This action would lead to increased ridership, fewer cars on the road, less congestion and contribute to greenhouse gas reduction targets;

2) Delivery of core citizen-focused services such as well-maintained and accessible sidewalks, road repair and snow removal.



Peter Jan Karwacki

Contact: 613-304-5844, peterkarwacki.overbrook@gmail.com, peterkarwacki.blogspot.com

Bio: Originally from Kenora, Ont., Karwacki has a background in analytics and business intelligence. He is a senior manager with widespread work experience in hospital administration, IT project management and application development, and financial management. He is an avid whitewater kayaker; Pete's Dragon, a rapid on the Kipawa River, is named after him.

Response: The two main issues are increased gang violence and gang activity, and the ever-increasing burden on taxpayers of the cost of LRT.

There are many actions to build the community's vision of an attractive and engaging place to live which involve a cross-section of stakeholders. There are no quick fixes when instilling morals and values and all levels of government need to chip in. Crime and theft must never be allowed to be seen as viable economic alternatives in a stable society.

It is a rule of thumb, if your taxes increase by two per cent per year, they will double in 35 years. The more you currently pay, the more you will pay. Some people will be taxed out of their ability to own their home. When the impact of Phase 2 LRT is felt, its cost will sting. We ask that our councillor stay alert and active in budget discussions as history has shown that zero does not mean zero, and that promises of frugality face constant demands for more services and programs.



Rawlson King

Contact: 613-868-1860, info@rawlsonking.ca, rawlsonking.ca

Bio: King is an experienced, result-based community leader who has lived in Rideau-Rockcliffe for 15 years. He is currently president of the Overbrook Community Association, board member and treasurer at the Rideau-Rockcliffe Community Resource Centre, and is co-chair of the Ottawa Police Service's Community Equity Council, which aims to bridge gaps between police and racialized communities.

Response: With Ottawa projected to reach one million residents by Canada Day, the two major issues confronting both the city and Ward 13 include public safety and affordable transit.

As the population increases, we will be confronted with more gun violence. Having dealt with several shootings in Overbrook over the last three years and noting increased violent crime across the ward, my campaign has called for a city-wide handgun ban. I also believe that the City needs to be proactive in implementing a violence reduction initiative, which would see a surge of social investments in high-need neighbourhoods, ranging from improved street lighting to employment services.

Our campaign also wants to address transit by implementing a fare freeze. We believe that if fares become more affordable, ridership will improve, along with revenue and overall service.

Deadline for the next
issue of the
New Edinburgh News:
May 10

Candidates for City Councillor, Ward 13 Rideau-Rockcliffe



Jerry Kovacs

Contact: 613-366-6796, info@jerrykovacs.ca, jerrykovacs.ca

Bio: A resident of Ottawa for more than 25 years, Kovacs has lived in Vanier and New Edinburgh. Trained as a lawyer with experience in dispute resolution and mediation, he has worked at the House of Commons, Indian Specific Claims Commission and taught law at uOttawa and Algonquin College. He is an active volunteer with many city organizations.

Response: 1) Municipal services and infrastructure. Good municipal services are buses that are affordable and on time; police, firefighters and paramedics; safe streets and sidewalks; snow and ice clearing; traffic calming (Vision Zero); good recreational facilities, health and community centres; and money for affordable housing, while respecting the neighbourhood's unique, heritage characteristics.

2. Community engagement. Residents, business owners and community associations create vibrant communities. You know what is best for your street. As your city councillor, I will always listen to you, the community association, stakeholders, businesspeople and residents. I will establish a "Ward Advisory Council." I will open a "Community Office" where I can meet, listen to, and help people. I will give 10 per cent of my annual salary back to the community.



Jamie Kwong

Contact: 613-252-8366, jamie@jamiekwong.ca, jamiekwong.ca

Bio: Former executive director of the Vanier Business Improvement Area, Kwong has worked closely with City Hall to make the ward's main streets (McArthur, Beechwood and Montreal) more attractive and vibrant. She holds a master's degree in criminology, has been a front-line support worker for women, and has a commitment to safe neighbourhoods.

Response: The biggest issues facing Ward 13 are common: Trust in political representatives, and collaborative, inclusive politics.

Vision and leadership: As former director of the Vanier Business Improvement Area, I harnessed the unique character of Beechwood Village, attracting new businesses to meet local needs. I spearheaded town halls on road safety, and City Hall consultations on balanced development that respected the Official Plan. As director of multiple organizations, I have balanced budgets, navigated City Hall, and proven fiscal responsibility.

Community engagement and consultation: Collaboration has driven innovative solutions I've led, like partnering with local artists to reduce vandalism. My three pillars: 1) Engaging community partners early; 2) Seeking input; 3) Building relationships with councillors, the mayor, provincial and federal representatives and government agencies. We all work together to get things done.



Maurice Lamirande

Contact: 613-371-7827, mauricelamirande1945@gmail.com, mauricelamirande.com

Bio: Proud grandfather of seven, Lamirande worked for le Conseil des Écoles catholiques de la langue française du Centre-Est as a maintenance supervisor before retirement. He also served two terms as school board trustee. Currently self-employed as a maintenance contractor, he is an active volunteer in the community. He is president of the Institut Canadien Français d'Ottawa.

Response: I will work on improving affordable housing for low-income

earners and seniors, and also put our tax dollars into city-owned buildings and homes instead of providing hotel rooms. Adding superintendents in buildings would provide more security and reassurance.

I will work on improving public transit, a reduced bus pass for seniors and students and a freeze on bus fare hikes. I will work on evaluating route 12 (that will be stopping at Rideau Centre). I want to re-evaluate the safety of double decker buses since we have had two major fatal accidents.



Patrick Mayangi

Contact: 613-262-8342, pat.mayangi@gmail.com, patrickmayangi.ca

Bio: Mayangi holds two degrees from Carleton University, speaks four languages, and has lived on three continents. At 29, he has been a member of the Rideau-Rockcliffe community for just short of a decade and has been actively involved in serving with charities on affordable housing issues and youth mentorship.

Response: We've reached a point where the challenges faced by our ward bleed into each other. Consequently, dealing with them will require a holistic approach.

My top municipal issue will be to take steps to bring the community together. Any progress we hope to make as a community will necessitate bringing to the table voices, perspectives and experiences we've never before thought to include. Tackling the trifecta of youth-related crime, hopelessness and lack of meaningful employment will require for the community to believe in the possibility of change. This is how we will lead on issues of mental health, on issues of roadway and sidewalk safety and accessibility, on issues of spurring sustainable entrepreneurship in our ward, on transit issues and on maintaining our green space. All these issues are connected, and we'll need to take a whole-of-the-ward approach in dealing with them.



Oriana Ngabirano

Contact: 613-252-4364, info@vote-orianana.ca, voteorianana.ca

Bio: Ngabirano is a fluently bilingual reputation manager and public relations specialist, with more than a decade of experience as a business consultant and social activist. Mother of a 14-year-old daughter, she is an active community member who sits on the board of various community organizations and is pro-actively involved with the De La Salle Public High School council.

Response: 1) Accessibility: Ensuring that there are accessible routes, sidewalks, bike paths, buildings, etc. is what brings life to our neighbourhoods. One solution to address an aspect of that issue would be to increase the snow clearing budget by \$5 million/year that would allow sidewalk clearing standards to achieve bare pavement.

2) Road safety: I think the first step to making our roads and community safe is to implement recurring programs that educate the public/neighbours and raise awareness of specific road safety concerns. Not just ads, human-to-human, door-to-door. Traffic calming physical measures should complement those efforts.



Chris Penton

Contact: 613-883-1012, votepenton@gmail.com, votepenton.ca

Bio: Penton grew up in Manor Park and Lindenlea. As a business development manager in the agricultural sector, he has extensive experience

Candidates for City Councillor, Ward 13 Rideau-Rockcliffe

working with clients on long-term government programs, creating and operating large budgets. He founded the Beechwood Market in 2014, started Beechwood East Feast three years ago and spends time serving on various City advisory committees.

Response: Economic Development: How do we get the stores we want and need within walking distance? My plan is the Mom-and-Pop-Shop Clause. Bring to City Council a proposal that sees developers and landlords, in certain areas of the city, set aside a percentage of affordable store front space for local businesses in every new build.

Transportation: Another city-wide issue encompassing buses, bikes, cars, pedestrians and, most recently, trains. Locally we have Beechwood as well as the cut-through traffic all over ward 13. My plan is to dive deeper into the winding mess that is Beechwood. At the moment, it is unsafe for all. The gateway speed limit signage is coming to us this spring. Is 40km/h low enough? Are there measures available to monitor who is accessing our streets?



Sheila Perry

Contact: 613-407-7434, electsheilaperry@gmail.com, sheilaperry.ca

Bio: Professionally, Perry has worked as a teacher, consultant and school administrator both locally and internationally. She is an active volunteer in her Overbrook community and with a number of other groups in the city. She is president of the Federation of Community Associations of Ottawa and vice-President of the Rideau Community Hub (the former Rideau High School site).

Response: 1) Planning and development pressures:

- Ottawa's Official Plan is an opportunity to do a needs assessment for future planning/zoning in Ward 13
- Encourage housing variety, improved bylaw standards, ownership, rental, require consultation for infrastructure improvements and parks
- Co-ordinate City planners and

neighbourhoods to collaborate, respect character, zoning bylaws, heritage designation.

- Balance new, affordable, rental housing with upgraded infrastructure and connections to public transit corridors.

2) Transportation and traffic congestion:

- Pressures of cars and buses produce gridlock traffic and safety concerns along Beechwood, St. Laurent, Montreal Road and the Vanier Parkway

- Improve year-round connectivity of neighbourhoods, walkable pathways, bike friendly, safe routes for all
- Improve OC Transpo connections, reliability and connections to LRT stations and business areas

- Enforce 30 km speed zones in neighbourhoods, provide traffic calming measures

- Widen Blair Road, make dedicated bus lane connections to LRT



Penny Thompson

Contact: 613-851-9623, pennythompson@rogers.com, votepenny.ca

Bio: Thompson is a resident of Rideau-Rockcliffe who has volunteered on the boards of the Manor Park Community Association, Rideau Rockcliffe Community Resource Center, United Way Sparks and many more over the last 25 years of advocacy for the community.

Response: One of my first priorities is the safety of our streets; I will work with residents, the police, community agencies and associations to address neighbourhood concerns. Safety includes traffic calming and commuter safety. Smarter invest-

ments in transit, roads, sidewalks and cycling networks are needed. There needs to be a focus on improving neighbourhood routes and pathways. Current investments in public transit cannot be at the expense of our local routes. Maintenance is essential; snow removal on sidewalks and local roads this winter has been abysmal.

Another key priority is my belief that our City needs to ensure access to resources and support networks for our youth, families, and seniors.

Essential city services need to be readily available and accessible to all residents in their official language of choice, including daycare, employment and housing services.

For the most up-to-date news of the neighbourhood
newedinburgh.ca

There's a special coffee shop for retired news junkies

By Ann Jackson

Did you know that there is a place right here on Beechwood where current political issues are discussed on a weekly basis?

Visit the New Edinburgh Square Residence on Friday mornings at 10 a.m. and find out!

One of our staff, Catherine Strevens-Bourque, leads the residents in a lively discussion on many issues that appear in the news. We all gather in the Bistro (where there is hot coffee always available) and get ready to contribute to the discussion.

Usually Catherine begins with the ironic statement: "There was not too much in the news this week, was there?"

She is answered with "Not really," with much laughter, as we launch into a list of all the issues that have arisen.

How is it that many of our residents are so interested in the news? Well, we have a lot of time that other people do not enjoy. Most of us are, after all, into our eighth decade and have been politically aware for upwards of 60 years. There is also the factor that many of us have

held responsible jobs in government and academic fields before retirement. We have not forgotten the difficulties and dilemmas of these perspectives. May it also be said we are living right now, in the words of that old Chinese

"How is it that many of our residents are so interested in the news? ... Most of us have been politically aware for upwards of 60 years."

curse: "May you live in interesting times."

On Friday mornings, the discussion ranges from international news to the current municipal elections. Recently we were saddened to learn of Tobi Nussbaum's resignation as city councillor to take up the post of Chief Executive Officer of the National Capital Commission. We wish him all the very best in his new position. He will be missed as a representative of our community, and I am sure by the rest of Council. He had such a grasp of municipal politics and the needs of a growing city. He certainly has taken on an onerous challenge!

At one of our meetings, we were introduced to Penny Thompson, who recently

became a municipal candidate for our area. We had a very lively discussion. At the time she visited, our issues were with the sidewalks not being cleared sufficiently to accommodate walkers, and a lack of snow clearance at bus

our polling station regularly posts an 80 per cent participation rate. We look forward to meeting more of the candidates in the near future. Remember: byelection voting day is Apr. 15.

Of course, there is the ongoing

By the time this is published, the riveting presentation by former Attorney General Jodi Wilson-Raybould will have become recent history, and there will be yet another focus to take our interest. The media flurry and the challenge of understanding the issues surrounding deferred-prosecution agreements will have been subsumed by other pressing news.

Why not join us if you are in the neighbourhood on Friday morning? Your hot coffee is ready and waiting. We are a very special coffee shop with exciting issues thrown in as a bonus. We would really relish your participation!

Ann Jackson is a regular contributor to the New Edinburgh News. She is a resident of the New Edinburgh Square.

stops.

The Beechwood area is soon to encompass at least three retirement residences (with the opening of Riverpath on Landry Street). We need to concentrate on making this urban environment as accessible as possible for our older population. There should be no need to remind people standing for Council that

ing drama in our neighbouring country to the south. For the past two years, I at least, woke up with the question: "What did T... tweet overnight?!" After two years, it has become so outrageous that nothing surprises me anymore. And then there is Brexit, and Venezuela, and the Middle East, and Saudi Arabia, and on and on.



FERN HILL SCHOOL

NURTURING CONFIDENCE - BUILDING A FOUNDATION FOR EXCELLENCE

Preschool * Kindergarten * Elementary Grades

Independent, non-profit, co-ed school
Extended French & Gym programs
Enriched curriculum



Preschool to Grade 8

Call to book a school tour.

Now accepting applications for the 2019-2020 school year

613-746-0255

principal@fernhillottawa.com
www.fernhillottawa.com

50 Vaughan Street
Ottawa, ON K1M 1X1

Managing Fine Ottawa Homes Since 1996!

Call us anytime to learn more about problem free leasing.



Posted overseas or across the country?
We can help!

- Advertising • Advice on Rent • Tenant Selection
- Credit Checks • Lease Preparation • Maintenance
- Inspections • Detailed Reporting • Annual Statements
- Emergency Service • NR6 Non-Resident

We'll be with you throughout the process, from the first day your home is listed, to the day you move back.



NESBITT
PROPERTY MANAGEMENT INC.

O) 613-744-8719
www.nesbittproperty.com

C) 613-277-4485
dave@nesbittproperty.com

ottawa children's festival de la jeunesse

"A Children's Paradise..."
- CBC Radio

International Performing Arts for Young People

THEATRE CIRCUS ARTS PUPPETRY MUSIC ARTS AND MORE!

MAY 8 - 12 MAI 2019
WWW.OTTAWACHILDRENSFESTIVAL.CA



For the Birds

By Jane Heintzman

As I write in mid-March, winter continues to hang on tenaciously, and there is as yet little evidence of the start of the spring bird migration. Though temperatures have begun to moderate, the lingering legacy of this brutal winter is a thick snow- and ice-pack, burying migrant birds' potential food sources and creating a hostile environment for their return.

But return they will. Local field birder and birding guide **Jon Ruddy** has prepared a handy *Guide to Spring Arrivals in Eastern Ontario* which previews the species soon to be around in our community. Visit eontbird.ca/?p=5525 for all the details.

Here's what to watch for in the coming weeks:

- **Early to mid-March:** Red-winged blackbirds; common grackles; ring-billed gulls; birds of prey such as Golden Eagles; Bald Eagles; Northern Goshawks; Rough-legged Hawks; Red-Tailed Hawks (common in our neighbourhood); and Turkey Vultures;

- **Late March:** Red-shouldered Hawks; Northern Saw-whet Owls; Great Blue Herons; Eastern Meadowlarks; numerous waterfowl species and geese – including the noisy Canada geese;

- **Early to mid-April:**

golden-crowned kinglets; Eastern phoebes; hermit thrushes; fox sparrows; chipping sparrows; brown creepers; tree swallows; Northern flickers; yellow-bellied sapsuckers; rusty blackbirds; American kestrels; sharp-shinned hawks; osprey; black-crowned night herons; sandhill cranes; and double-crested cormorants;

- **Late April:** the earliest warblers begin to arrive, notably the pine warbler; the palm warbler; and the yellow-rumped warbler, along with purple finches; Broad-winged Hawks; swamp sparrows; American bittern (a frequent visitor to the Macoun Marsh); sora; common loons; ruby-crowned kinglets; white-throated sparrows (listen for their signature "O, Canada, Canada, Canada" call); and brown thrashers;

- **End of April and early May:** swallows arrive in significant numbers, including Northern rough-winged, Cliff- and Bank Swallows, and purple martins; Louisiana waterthrush; and Blue-headed vireos, the first of the vireo species to make an appearance;

- **Month of May:** this is the pinnacle of the annual migration, with a tuneful abundance of species arriving

New Edinburgh News

for the spring nesting season. Notables include numerous warbler species. More than 20 warbler species are found in the Ottawa area, including common yellowthroats; Northern parula; Black-and-White; Magnolia; Blackburnian; Yellow; Chestnut-sided; American redstarts (a frequent visitor to New Edinburgh); black-throated blue-; black-throated green; and chestnut-sided. Others on May's list of arrivals include yellow-throated- and Philadelphia vireos; Grasshopper- and Clay-coloured sparrows; veery; Swainson's thrushes; Wood thrushes; green herons; ruby-throated hummingbirds; indigo buntings; scarlet tanagers; Baltimore- and Orchard Orioles; and rose-breasted grosbeaks.

Exciting as it is to contemplate the busy birding season to come, that's not the reality on the ground right now. In my immediate vicinity, there is precious little excitement on the birding front, with the current list of locals limited largely to dark-eyed juncos; black-capped chickadees; Northern cardinals; white-breasted nuthatches; rosy house finches; goldfinches; downy-, hairy- and pileated woodpeckers; American crows; and common ravens. The Ottawa Field Naturalist Club (OFNC) also reports the lingering presence of a few winter finches around the region, though in declining numbers. These include Bohemian waxwings; pine- and evening grosbeaks; common redpolls and a smattering of hoary redpolls mixed into the common

redpoll flocks. Visit ofnc.ca/recent-bird-sightings to keep track of weekly arrivals in the area.

Legendary Common Ravens

In our immediate neighbourhood along Stanley Avenue by the Rideau River, the full-throated croak of the common raven has been a regular fixture in recent weeks, to the point that I had begun to hope a raven pair might be nesting here. While that now seems somewhat unlikely, ravens remain a constant presence in the area, and given their imposing size and voluble calls, they're impossible to ignore.

Common ravens are one of the two largest species in the Corvid family, averaging about 25 inches in length and close to three pounds in mass. They're roughly half again as large as an American crow, and readily distinguishable by their shaggy throat feathers, along with what the Cornell Lab of Ornithology describes as "their Bowie knife of a beak." They're known for their skill as acrobatic flyers, and are expert at fancy aerial rolls and somersaults, particularly during mating season when courtship rituals are in full swing.

Common raven nests are built up largely by the females, though males do make periodic contributions of the raw materials required. They break off sticks up to three feet long and an inch thick from surrounding shrubs to form the base of the nest, or nest platform, and on top of this, the birds weave more sticks, plus bones and even wire into a large basket.

April 2019

They then line the interior nest cup where the eggs are laid with whatever comes to hand (or beak), from mud to fur, grasses, bark strips or even garbage! The finished product is a whopper of a nest, up to five feet across and two feet high.

Common ravens are known for their high intelligence by the standards of the bird world, and in my experience, they seem almost capable of a conversational relationship with humans they encounter. Small wonder that they're the stuff of legend in many cultures, and to this day, are cosseted and highly prized as permanent residents of the Tower of London. For an entertaining insight into their habits and mystique, check out *The Ravenmaster: My Life with the Ravens of The Tower of London* by Christopher Skaife.

Songs of the season

Despite the slow start to the spring migration, the good news is that after a long winter of silence, our year-round resident birds are now in full throat, singing lustily to stake out their breeding territories and to attract mates. Northern cardinals are especially voluble right now, belting out their clear, repetitive whistles and trills. In the case of many other song birds, only the male of the species is a singer, whereas both male and female cardinals are regular vocalists, particularly at breeding time. When the female sings from the nest, it's normally a signal to her mate that she needs more food supplies.

In addition to its signature song, the cardinal has a litany



Election Rideau-Rockcliffe
Vote for/pour

JOHAN HAMELS

**IMPROVING LIVES
TOGETHER!**

**MIEUX VIVRE
ENSEMBLE!**

WWW.JOHANHAMELS.CA

Dr. John Martins
Dr. Patricia Prud'homme

Dentistry



200 Beechwood Ave.
Ottawa, Ontario K1L 8A9
T (613) 742-8016 F (613) 742-6818
E mpdentistry@rogers.com

of 16 different calls. The call most frequently heard is a metallic chip, chip, which the birds use to warn off intruders to their territory, or sound the alarm at the approach of a predator. Both parents also use this call when attempting to get their nestlings to leave the nest. In our part of the world, we should have two chances to observe the cardinals' nesting activities in the coming months, as they typically raise two broods in the course of the season: one beginning in March, and a second in late May or June.

drummer's health, strength and dominance, signaling that the bird will be a formidable defender of its territory. Once they mate, a woodpecker pair also uses drumming for local communication, to alert one another to a promising food source, or to call for help at the nest.

Each year, as I spot a burly **pileated woodpecker** drilling ferociously into the trunk of a heavily pocked tree, I marvel that the bird can engage in this punishing activity without serious or even fatal damage to its



Photo by Sharon Edwards

Hairy and downy woodpecker sharing a perch.

Percussionists of the bird world

Unlike other song birds, **woodpeckers** are not melodious vocalists. They have no distinctive song by means of which to attract a mate, guard their territory, sound an alarm or otherwise communicate. But they do have a highly effective (and occasionally ear-splitting) alternative in the form of drumming, also known as "tattooing," tapping (for food), and rapping (for communication).

The sound of steady woodpecker drumming carries over significant distances, and serves as a form of introduction to prospective mates, which learn to recognize the distinctive pattern and tempo produced by the drummer. The quality of the drumming sound – specifically its volume and the frequency of its repetitions – is a mark of the

brain. Ornithologists estimate that their heads move at a speed of six metres per second at each peck, producing a deceleration upon impact of more than 1,000 times that of gravity. Ouch!

But thanks to an ingenious set of physiological adaptations, woodpeckers manage to escape unscathed. Numerous scientific studies have attempted to come up with a precise analysis of the protective factors accounting for this remarkable invulnerability. Scientific investigation is ongoing, but to date, the primary factors identified are these:

- Woodpeckers have very limited sub-dural space between their brains and their skulls, so the brain has much less room to bump around on impact than it does in humans.
- Woodpecker brains are longer top-to-bottom than

Common Raven.

front-to-back, so the force against their skull is spread over a larger brain area.

- A specialized bone called the hyoid acts as a safety belt after impact, making a full loop around their head, which starts below the beak, threads through the nostrils, under and around the back of the skull, over the top of the head and links up at the forehead.

- The upper and lower halves of the woodpecker's beak are uneven, and as the force of the peck is transmitted from the beak through the bone, the asymmetry serves to reduce the load on the brain.

- Plate-like bones with a spongy structure at various points in the skull help to protect the brain by distributing the incoming force.

Reports from our readers

Philip MacAdam's Avian Bistro at Thomas and Alexander Streets is hopping these days, and to Philip's delight, "is alive with the sound of music!" A regular clientele of **house finches; American goldfinches; white-breasted nuthatches; black-capped chickadees** and **Northern cardinals** are fueling up at his feeders, while **pileated woodpeckers** and **common ravens** are a frequent presence in the immediate neighbourhood. Philip also spotted a pair of **barred owls** in Pine Hill Woods recently. "The pair was being chased by a rowdy crowd of **crows** just above the trees where I walking," he reports. This is a routine occurrence in the fraught relationship between crows and owls, which are natural

enemies.

Over at the Macoun Marsh, **Mike Leveille** has spotted numerous **pine grosbeaks**. These handsome birds are one of the largest species of **winter finch**, and are highly prized by birders because of their colourful plumage: pinkish red in the case of males, and mustardy yellow in females. They are comparatively easy to spot, thanks to their slow-moving, unhurried behavior, a characteristic which has earned them the nickname "mopes" among birders in Newfoundland and Labrador!

Out on the west coast, birding correspondent **Vicki Metcalfe** has been coping with an unusual onslaught of snow and cold temperatures, though she emphasizes: "I'm expecting no sympathy from Ottawa!" To protect the tiny **Anna's Hummingbird** which is a year-round presence in Victoria, B.C. and environs, Vicki's birding community has been careful to bring their feeders inside overnight, so the food doesn't

freeze. Things are looking up now, however, and **American robins; hooded- and common mergansers; bufflehead** and **American wid-geons** have come back to the area.



Photo by Mike Leveille

Female pine grosbeak snacks on crab apples at Macoun Marsh.



Photo by Amy-Jane Lawes

Elect/Élisez

Miklós Horváth Rideau-Rockcliffe



- ✓ Safe and reliable transit
- ✓ Accessible and safe neighbourhoods
- ✓ Thoughtful development
- ✓ An ambitious and connected National Capital

votehorvath.ca
votehorvath@gmail.com | 613-293-0323

FRESH

REDISCOVER YOUR HAIR

75 Beechwood | 613.680.6315

MARGOT

DINE IN | TAKE HOME | CATERING | GIFTS

HEALTHY.
DELICIOUS.
CLOSE TO HOME.

EPICURIA

FOOD SHOP & CATERING

357 ST. LAURENT BLVD.

+613 745 7356

EPICURIA.CA

Expect more public events and art in Quartier Vanier this year

By Nathalie Carrier,
QVBIA

In January, the Board of the Quartier Vanier BIA (QVBIA) held its annual general meeting, and announced its six goals for 2019:

- 1) Overseeing the revitalization of Montreal Road, which begins this summer and will last about two years.
- 2) Hosting more events in QVBIA businesses. The idea is to animate where people gather. This includes investing more money into East Feast.
- 3) Rolling out the plans for the WeVOLUTION.
- 4) Completing one world-renowned artist mural.
- 5) A “Pop In to QVBIA” campaign to attract small businesses to host pop-ups



in our business improvement area.

6) Improving safety and security on our streets to include resources for merchants and continued community support.

As the snow melts and the flowers begin to poke through, the QVBIA suggests residents support the incredible businesses along Beechwood.

It’s time to get out and walk around. Grab yourself a coffee and a tasty little Easter

home-baked treat at Red Door Provisions and enjoy the sun.

Then cross the street and check out the *Tarnation* exhibit in the St. Charles Market. This show features collaborations between clients of Being Studio and renowned artist Christopher Griffin (who was also behind the Beechwood Turtles project last summer.) Being Studio is a community of artists with developmental disabilities. The show is simply stunning (learn more on page XYZ).

Make your way down towards the Rideau River and say hi to our newest businesses at Jasper and Ministry of Coffee. We couldn’t be happier to have them in the ‘hood!

Get your dancing shoes on and salsa the night away on Wednesdays at One Up Cocktail Bar above the Royal Oak.

Get out there and get active! Meet your neighbours and enjoy the long-awaited sunshine!

Learn more about the QVBIA at vanierbia.blog.

DEADLINE

for the next edition of the
New Edinburgh News

May 10

newednews@hotmail.com

FULL SERVICE REAL ESTATE BROKERAGE
(INDEPENDENT & PRIVATELY OWNED)
9 MURRAY STREET, OTTAWA ON K1N 9M5
OFFICE: 613-744-5525
ADMIN@CALDWELL-REALTY.CA

DIONNE CALDWELL
BROKER OF RECORD
CELL: 613-277-7508
dcaldwell@caldwell-realty.ca

MARY LOU MARTIN-GERHARDS
SALES REPRESENTATIVE
CELL: 613-698-7740
lgerhards@caldwell-realty.ca

PROPERTY MANAGEMENT SERVICES
IS A DIVISION OF
CALDWELL & ASSOCIATES REALTY LTD.

BILL WELSH
PROPERTY MANAGER/SALES REPRESENTATIVE
CELL: 613-816-1144
bwelsh@caldwell-realty.ca

Visit www.caldwell-realty.ca for a full list of available properties.

Follow us on

<div><div>50 PUTMAN AV</div><div>Manor Park 4 bdrm & 3 bath</div><div>MLS 1141247 FOR SALE \$1,050,000.</div></div>	<div><div>401-31 DURHAM PRV</div><div>New Edinburgh 2 bdrm & 2 bath</div><div>MLS 1137935 FOR RENT \$5,000. PER MONTH</div></div>	<div><div>313-35 MURRAY ST</div><div>BYWARD MARKET 2 bdrm & 2 bath</div><div>MLS 1138062 FOR RENT \$2,500.</div></div>
<div><div>908 -179 GEORGE ST</div><div>By Ward Market 2 bdrm & 1 bath</div><div>MLS 1134322 FOR RENT \$2200.</div></div>	<div><div>1861 DORSET DR</div><div>Playfair Park 3 bdrm & 2 bath</div><div>MLS 1142644 FOR RENT \$2,600. PER MONTH</div></div>	<div><div>2104-160 GEORGE ST</div><div>Byward Market 2 bdrm & 2 bath</div><div>MLS 1141205 FOR SALE \$699,000.</div></div>

A little bit differentIt's the difference that counts.

Haikus

by Anna Neufeld

Star Gazers Delight
Jupiter, Venus, New Moon
Stunning Morning View.

Comatose Rideau
Frigid Weather in the West
Freezing Rain in East.

“Walk Or Work At Home”
City Bus Jackknives on Bridge
Challenges For All.

Moon in Last Quarter
A Cold Bright Sunny Morning
Birds in Morning Flight.

Five Walkers, Five Dogs
Braving the Cold Morning Air
Clear Sunny Morning

The First Sign of Spring
Men Measure Ice on Rideau
Snow Shoe Tracks on Snow

BEING Studio holds successful art show at St. Charles Market

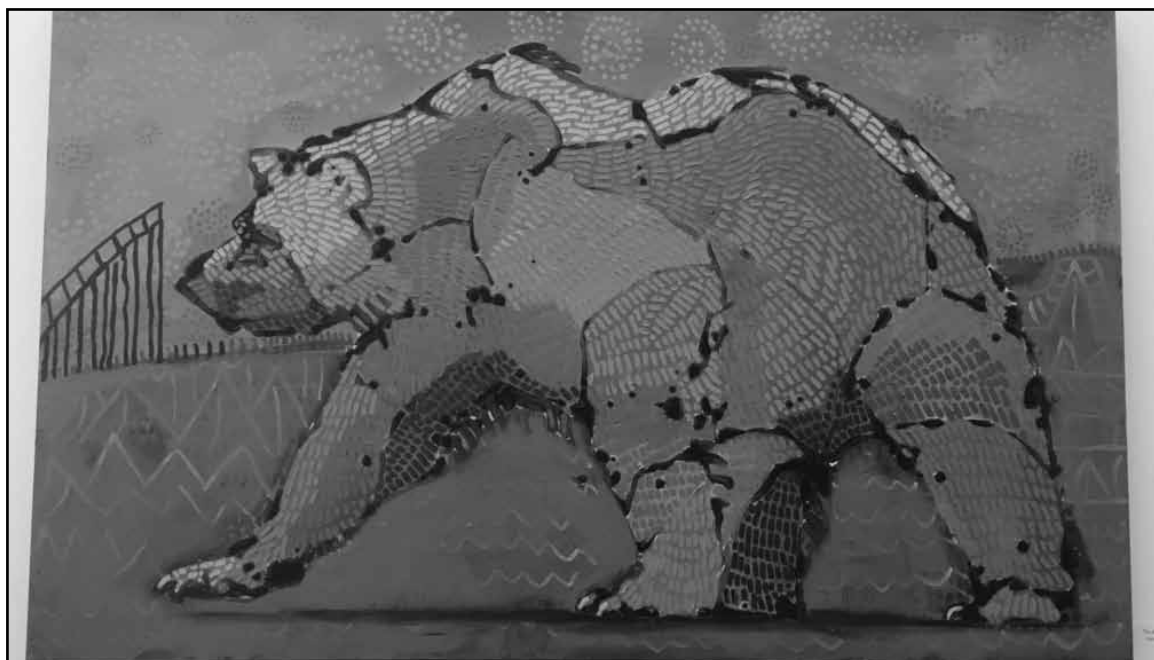
By Jane Heintzman

In early March, St. Charles Market's ModBox development team launched a successful art exhibition at its Beechwood Sales Centre. *Tarnation* was a month-long exhibition of the works of artists from BEING Studio (beingstudio.ca).

The studio was established in 2002 to support artists with developmental disabilities who work in the visual arts or creative writing. BEING

Studio is a non-profit organization, and provides its member artists with the space and the resources to create and commercialize their work. It currently serves 50 artists, and runs a regular program of exhibitions and collaborations with guest artists. BEING Studio staff support the artists through one-on-mentorship.

ModBox Director of Sales and Marketing **Chantal Smith** reports that the vernis-



Close to 350 guests attended the opening of BEING Studio's *Tarnation* exhibition, which featured works from 50 artists.




sage "was a lovely, and well-attended event," with close to 350 guests turning up to view the exhibit elegantly displayed in the SCM Sales Centre, in the former St. Charles Church. The featured works were the product of an imaginative collaboration

between BEING Studio artists and local artist **Christopher Griffin**, well-known for his distinctive concrete sculptures of animals. BEING Studio artists were delighted by the \$17,000 tally in sales for the evening, a promising start to the month-long showing. All proceeds from art sales are divided equally


between the individual artist and the BEING Studio operating fund.



Have an event to list?
newednews@hotmail.com



RhodesBarker
LUXURY REAL ESTATE












No. 1 Team in Canada
for Coldwell Banker

Christopher Barker
BROKER
613-612-9555
cb@RhodesBarker.com

Tony Rhodes
SALES REPRESENTATIVE
613-276-6061
Tony@RhodesBarker.com

COLDWELL BANKER **RHODES & COMPANY BROKERAGE**
613-236-9551

www.RhodesBarker.com

 For Sale • Ottawa River Parkway \$1,449,000	 For Sale • Glebe \$2,599,000	 For Sale • Lindenlea \$1,589,000
 For Sale • Lindenlea \$689,000	 For Sale • Lindenlea \$1,449,000	 For Sale • Lindenlea NEW PRICE! \$799,000
 For Sale • Rockcliffe Park \$2,475,000	 For Sale • Lindenlea \$1,495,000	 For Sale • Rockcliffe Park \$3,599,000

Annual house tour offers rare visits to five stylish homes

By Elanor Brodie, IODE Laurentian Chapter

The Imperial Order Daughters of the Empire (IODE) Laurentian Chapter is having its 58th annual House and Garden Tour on May 11. It is Ottawa's oldest and longest-running house tour. This year's tour features five fine homes across Ottawa in a variety of styles sure to appeal to all.

Among the fabulous homes participating this year are:

A home on Elm Street which was built in 1892. This Centretown middle row-house in a quiet road off Preston Street has been opened up and completely modernized. While keeping original features, natural light and wood are used throughout the home to give it a contemporary, yet relaxed and warm, welcoming look. The home was featured in the Ottawa Magazine in the fall of 2018 and won three National Kitchen and Bath Association (NKBA) Ontario awards in February 2018.

On Rahul Crescent is a large, single-family, custom-built home on a prime lot which has fantastic views across the Rideau River towards Mooney's Bay. The home was built specifically with entertaining in mind, so every space is used to offer a variety of seating. Most of the ground floor is open-plan and surrounds a central fireplace. A ground-floor guest suite ensures that overnight visitors do not have to carry



Photo courtesy of the homeowner

The annual House and Garden Tour returns May 11, featuring a renovated Centretown home, a custom-built home on the Rideau River, and a "smart tech" home in Hampton Park, as well as two embassy residences.

heavy luggage up and down the stairs. Canadian maple wood is used extensively throughout the home, giving the house a warm, cozy feeling despite its spaciousness. This location will also host IODE's renowned bake sale in the multipurpose room above the garage.

And, finally, designed in 2013 by Kariouk Associates, is the stunning "Smart Technology" Kenora Avenue home which has a series of linked indoor-outdoor spaces that subtly bring the outdoors in and the indoors out by employing a continuous visual and spatial gap that cuts entirely through the space. From its entertainment-sized rooms to its sleek built-in cabinetry and commercial-grade appliances, the atten-

tion to detail is exquisite throughout.

As well, for the first time in many years, we return to having two embassy residences on display in Rockcliffe Park: the Republic of Tunisia on Crescent Road, and the People's Democratic Republic of Algeria on Thorold Avenue.

The focus recipient for this year's tour is the Youville Centre, which is an innovative organization that inspires, educates and nurtures young mothers and their children to utilize their strengths and achieve their goals. Funds will go to purchase much-needed new cribs for the facility.

A day out on the House and Garden Tour is the perfect way to spend time with



Photo courtesy Google



Photo courtesy of the homeowner

your family, partner or best friends. It is the perfect gift for Mother's Day.

The tour runs from 9:30 a.m.-4:30 p.m. on May 11. Tickets are \$30 and can be purchased as of Apr. 15 at Books on Beechwood, Mood Moss Flowers and Celadon Salon and Spa. They are also available now online through

Eventbrite on the IODE Laurentian Chapter website: iodelaurentian.com

For further information about the tour and to purchase tickets today, please visit iodelaurentian.com or call Jo at 613-842-5304.

Elanor Brodie is the communications chair for IODE Laurentian Chapter.

City Councillor Candidate
Rideau-Rockcliffe
Ward 13



APR
15
VOTE
2019

For vote info:
www.ottawa.ca

Building
a liveable
Ottawa
TOGETHER

Building Liveable
Neighbourhoods Together

Leadership – community leader
and volunteer since 1989

Advocacy – safety, transportation,
housing and environment

Action – independent, vocal
champion for our community
at City Hall

electsheilaperry@gmail.com
www.sheilaperry.ca

613-407-7434

@sheila_perry
/electsheilaperry

Open Sunday, May 12 for Mother's Day!

RISTORANTE
Il Vagabondo
186 Barrette (Near Beechwood & Marier)

LUNCH Tuesday to Friday, 11 am to 2:30 pm

DINNER Tuesday to Friday, 4:30 pm to 10 pm
Saturday, 12:30 pm to 10 pm

SUN-MON CLOSED (but we'll open for groups of 8 or more)

info/reservations: 613-749-4877

Ottawa Children's Festival wants to rock your community

By Joni Hamlin, Ottawa Children's Festival

Our 34th festival lineup consists of highly acclaimed productions from Canada as well as from across the globe: Ireland, Denmark, Germany, Spain, Scotland and Australia.

Go on an adventure to discover the gifts and talents hidden within the town of Triste, through the eyes and ears of a gifted young girl (*They Called Her Vivaldi*). Or take a poetic journey into a circus universe with strange characters, big emotions and captivating puppet imagery (*Fly*).

World literature comes to life in *Kaschtanka* and a new terracotta world is created in *A MANO*. Shakespeare's wonderfully wicked classic is told through *Is This a Dagger?: The Story of Macbeth*.

Representing Quebec in our lineup is *Les Parfaits Inconnus*. It's an adventure through the circus arts in which comedy, acrobatics, imbalance and juggling come together to the rhythm of live music.

The main festival site is outdoors at LeBreton Flats Park where visitors will find lots of



Photo by Henry and Sarah Hamlin

Paint and hide – or find – rocks for your chance to win a family pass to the Ottawa Children's Festival, which takes place May 8–12.

activities onsite to keep children entertained. Buy tickets, pack a picnic (or visit one of our food vendors) and spend a magical day at the Ottawa Children's Festival (group rates are available).

During the month of April through the first week of May, we're holding a contest in your community called #OCFRocks. There are two ways to win a family pass: hiding and finding! In the first instance, you can paint a

rock and include our hashtag #OCFRocks on it. Then hide your rock somewhere in your local park and share a photo of it on social media, tagging us @OTTChildFest. In the second instance, we will be placing special rocks in neighbourhood parks and the kids who find a rock will also be entered to win! Find full details on our website – ottawachildrensfestival.ca – under "Events" and "Community Contests."

The purpose of this project is to celebrate creativity, inclusion and the importance of community.

I would love to hear directly from you and help you plan a day with us! You can reach me at joni@ottawachildrensfestival.ca. Please visit

ottawachildrensfestival.ca for details and to purchase tickets.

Hope to see you at the Festival!

New Edinburgh resident Joni Hamlin is the media marketing coordinator for the Ottawa Children's Festival.

Marnie Edwards R.M.T.

Registered Massage Therapist

Serving New Edinburgh, Rockcliffe and Manor Park for over 20 years

Back Pain, Sports and Repetitive Strain Injuries, Whiplash Headaches, Insomnia, Chronic Fatigue, Arthritis, Stroke, and more...

For an appointment, Call 613-741-3470

10 Braemar St.
Manor Park



Rental
Management
for the
Foreign Service
Community

Use the benefits under the FSD's to have your home managed professionally.

We can't make owning a home worry free...but we can help.

How can professional management help?

Finding a tenant

- advertising
- tips on showing your home
- advising on rent
- credit checks
- leasing after departure

Closing the deal

- lease preparation
- recording your home's condition

Maintaining your property

- paying expenses
- collecting rent
- reporting
- repairs and maintenance
- regular inspections
- handling emergencies
- problems with tenants

Coming home

- diplomatic clause
- notice to tenants
- repairs

We've been there... we care!

5 Beechwood Avenue, P.O. Box 74074
Ottawa, Ontario K1M 2H9

Tel: (613) 746-2367 Fax: (613) 746-3050
Email: greentreeco@sympatico.ca

www.GreentreeOttawaRentals.ca



Fresh, local, certified organic vegetables

Sign up now
for your summer
veggie basket!

certified organic by



www.fermelevetot.ca



Sibling duo brings a refreshing take on classical music Apr. 14

By Susan Isaac

The Cheng² Duo will return to Ottawa on Apr. 14 for a benefit concert in support of the CAMMAC (Canadian Amateur Musicians/Musiciens amateurs du Canada) Music Centre. The concert will take place at St. Bartholomew's Anglican Church, 125 MacKay St. at 7:30 p.m., followed by a reception.

Since debuting at Carnegie Hall in 2011, the Cheng² Duo (pronounced "Cheng Squared Duo") has captivated audiences and critics alike for its artistic excellence, generous spirit, and compelling vibrancy. Named one of CBC Music's "30 hot Canadian classical musicians under 30," the young and dynamic Cheng² Duo has been making music together for the

past 16 years. Their refreshing approach to showcasing classical music to new audiences of all backgrounds is steeped in a rare balance of infectious joy and enthusiasm in their playing on one hand, and mature, historically-informed, and profound interpretations on the other.

The brother and sister, who are from Ottawa, is made up of 21-year-old cellist Bryan Cheng, top prize laureate of the VI International Paulo Cello Competition, and pianist Silvie Cheng, recipient of the Roy M. Rubinstein Award for exceptional promise in piano performance.

Bryan is also a Canada Council for the Arts' Musical Instrument Bank winner. For the Apr. 14 concert, he will be playing the 1696 Bonjour Stradivarius cello with the

1830 Shaw Adam cello bow.

In the vanguard of creative programming, Bryan and Silvie are equally committed to presenting both traditional masterworks and the music of their time. Since 2013, they have commissioned nearly a dozen new works, as well as curated cross-disciplinary concert experiences that meld classical and contemporary music with jazz, poetry, and visual and media arts. Their world-class collaborative partners have included photographer and cinematographer Edward Burtynsky, Mercury Films, and multimedia studio Normal.

The Cheng² Duo has released two albums on German label audite to worldwide acclaim: *Violonchelo del fuego* (2018) and *Violoncelle français* (2016). The third album in the trilogy, *Russian Legends*, is due for release in spring 2019. The duo's recordings have been lauded by international press and publications for their "musical sensitivity," "maturity and perfection," "extremely imaginative and personal interpretation," and their "taste, sure flair for phrasing, and beauty of sound."

The Cheng² Duo have performed throughout North America (Canada and USA), Europe (Belgium, Czech Republic, Germany, Netherlands, Italy), and Asia (China and South Korea), including at Ottawa's Chamberfest and recently at the retirement party for the outgoing director and CEO of the National Art Gallery of Canada. This benefit concert for CAMMAC is a return engagement – they performed as part of CAMMAC's "Musical Sundays Festival" in 2016.

"When we first performed at CAMMAC back in 2016 as part of the Musical Sundays Festival, we were immediately struck by the enthusiastic community that welcomed us," said Sylvie and Bryan. "As artists whose ultimate mission is to connect with people of all ages, backgrounds and cultures through music, we believe in the importance of supporting others who share these same values. We look forward to continuing to share the joy of music in partnership with CAMMAC in the many years to come!"

This benefit concert will



Photo by Uwe Arens

The Cheng² Duo (siblings Bryan and Silvie Cheng) will perform at a benefit concert for CAMMAC on Apr. 14.

support CAMMAC's mission of providing opportunities for people to experience the joy of making music together in a welcoming, supportive, and bilingual environment, creating bonds between people that transcend age, language and cultural differences.

Tickets are available online at cammac.ca/en/an-evening-with-the-cheng2-duo. Inquiries: jenanned70@gmail.com.



Sylvie Sauvé

Esthetician – Electrologist
PODOLOGIST
Advanced Podologic Foot Care Technician
Receipts available

- Facial Treatments
- Electrolysis
- Microdermabrasion
- Full-Body Waxing
- LED Light Treatments
- Permanent Make Up
- Compulift / Dermapen
- Microblading
- Manicure / Pedicure

613 748-0352
54 Dunvegan Road (Manor Park)
Ottawa, Ontario K1K 3G3

Mair Oriental Rug Services

ESTABLISHED 1983

Serving the public for 35 years

- appraisal and evaluation
- expert repair and restoration
- free consultation
- fringing, rug hanging, reweaving, et al.
- proper washing including pick-up and careful re-installation
- repairs completed in original format, using top quality materials

Douglas Mair
75 Jardin Private

(613) 741-7806
mair@orientalrugservices.com



UrbanOttawa.com



20 Dunvegan Road - \$1,350,000

Manor Park: A real show stopper! This home is renovated from top to bottom. Classic styling and state of the art engineering! Casually elegant! Four upper bedrooms with 2 full baths including a gorgeous master suite, 4th bedroom perfect for teen retreat or older family member. Open concept living space on the main floor includes gourmet kitchen, charming family room, mud room with access to attached, heated garage! Completely finished lower level adds living and storage space. Everything is new and top notch. This home speaks for itself.



23 Crispin Pvt

Manor Park: Enjoy the serenity of nature with no rear neighbors! A rare find in the city, this lovely 2 bedroom, 2 bathroom unit backs onto NCC forest. Enjoy your morning coffee in the quiet solitude of your private back yard. The main level has a large entrance with 2pc bath. The kitchen overlooks the spacious living/dining room with a cozy wood burning fireplace. The lower level has 2 good size bedrooms, full bath, laundry and storage. Must be seen!



406 Plum Tree Cr - \$1,249,000

Manor Park: The feel of a country estate in the middle of the City! This traditional Tudor styled 3300 sq ft home sits on a quiet cul de sac, is completely private with a beautiful in-ground pool. All the spaces you need and want: main floor den AND family room, modern kitchen overlooking your casual space, formal living and dining rooms fit for entertaining, five bedrooms on the second and third floors, a total of 4 bathrooms including a lovely ensuite to the master and a huge basement with games room and loads of spill over space. Worth a peak!



Natalie's
URBANOTTAWA
the art of urban living

RE/MAX Hallmark Realty Group | brokerage

613.747.9914

Broker | Courtier **Natalie Belovic**

Spring Book Sale prepares for another great year

By Carolyn Brereton

With less than a month to go, activity at the Rockcliffe Park Spring Book Sale is in top gear! Books are streaming in and the team of dedicated volunteers are culling, pricing and sorting. Donations for the sale will be accepted until Apr. 12, but please, **no textbooks, magazines or encyclopedias.**

"We continue to receive wonderful material," says Linda McDonald, one of the Spring Book Sale managers. "Donations have included some of the latest books, in excellent condition, by contemporary writers Julian Barnes, Ann Tyler and Canadian authors Alice Munro, Annabel Lyon and Esi Edugyan."

"It's remarkable to think how the Spring Book Sale has grown over the years," continues Linda. "Last year we successfully piloted the use of debit and credit. This year, debit and credit will be fully available and their use encouraged. Our French section will be larger and more exciting, and we are delighted

with the high quality of hard-cover fiction books we have received."

The success of the Spring Book Sale is due in large part to the tireless efforts of our volunteers, many from New Edinburgh, who return year after year, giving generously of their time and enthusiasm. The Spring Book Sale has blossomed into a cornerstone community event, bringing together residents, volunteers and local businesses. The contributions from returning sponsors **Chartwell New Edinburgh Square Retirement Residence** and **Dymon Storage** are invaluable and we are delighted to welcome **Guardian New Edinburgh Pharmacy** this year. Manager-owner **Matthew Tonon** is proud to be a sponsor.

"For us, it is the best way to give back to the community for all the support they've given us over the years, and more specifically, as a pharmacist, where would I be without books?" says Matthew.

We also appreciate the support we receive from other



Photo by Mireille Boulos

Volunteers put finishing touches on the large display of books prior to last year's book sale.

local businesses, including **Metro Beechwood, Bridgehead, Books on Beechwood** and **Epicuria**, which generously donates delicious food to feed the hardworking helpers during the Spring Book Sale.

Increased revenues from the Spring Book Sale mean more generous donations to the Ottawa Public Library to support programming at the Rockcliffe Park Branch, at schools and in the community. These programs include visits by authors to local schools:

bestselling Indigenous author and graphic novelist David A. Robertson spoke to students at Rockcliffe Park Public School last November, and students at Fern Hill School enjoyed a visit from local author Catherine Austen in January.

According to Philip Roberts, Supervising Librarian at the OPL, funding from the Spring Book Sale provides a variety of programs which would not otherwise have been available to the community. In addition to PD Day workshops

and presentations during the school year, the Rockcliffe Park Branch also offers diverse summer programs which last year included a Junkyard Symphony show at New Edinburgh Square.

The 2018 Spring Book Sale broke records of attendance, revenue and books sold. Help us make 2019 another banner year. Support literacy in our community and come to the Spring Book Sale on Apr. 27 and 28 at the Rockcliffe Park Community Centre, 380 Springfield Road.



ELMWOOD
SCHOOL

INSPIRING GIRLS



WE ARE EXPERTS IN HOW GIRLS LEARN, LEAD AND SUCCEED.

At Elmwood, each girl is encouraged to challenge herself to excel in the classroom, develop confidence and lead with strength. Here, girls learn to be the best students, leaders, and global citizens they can be.

Learn more about our innovative approach to girls' education and book a personal tour at elmwood.ca

- All Girls
- Pre-Kindergarten to Grade 12
(limited number of spots available in some grades)
- International Baccalaureate World School

(613) 744-7783 | elmwood.ca

Gallery springs forth with still life, family show and collage workshop

By Mary Pratte

What a tough winter it has been! Between the snow and cold, icy sidewalks and the challenge of parking, we have had quite a quiet time in the gallery so far in 2019. We are now ready for spring and when you come to visit, you will be greeted by a riot of beautiful colours in the work of our talented local artists. What a treat it will be to wander down the sidewalk and gaze into our windows once again.

We showed work linked to the themes *Mainly Black and White* and *Colour Burst* at the beginning of 2019. For the month of April, we will be welcoming back the very talented Sara Alex Mullen, who will present her latest work at her show *Wild and Free*. The last time Sara exhibited



"Spirit" by Liam Kelly.

at our gallery she included many urban pieces inspired by her neighbourhood – New Edinburgh – along with her sculptural pines. This time

she will include a selection of flowers in landscape and still-life pieces, along with her very popular pines on rocky outcrops.

The show will run from Mar. 30–Apr. 27, Saturdays from 11 a.m.–4 p.m.; by appointment any other time; or by chance, as our artists often go in to the gallery on days when we are not formally open. We really hope you will join us Apr. 6 between 11 a.m. and 4 p.m. to meet Sara. If you have never attended a vernissage before, this is the time! Sara is very approachable and professional, and she will be able to answer any questions you might have about her work. We never put pressure on visitors to buy and we understand that if you are not used to it, going into galleries can be a scary business. But we hope you will take the chance and pop in. We don't bite, and we know you will enjoy the beautiful work we have amassed, whether you take a piece home or not.

We are really looking forward to the month of May as well. Our dear Jennifer Anne Kelly, who produces amazing pieces in fused glass, will be teaming up with her son Liam to present a mother-and-son joint show, *Antidote*, which will run from May 4–Jun. 1. Come and meet Jennifer and Liam May 4 from 11 a.m.–4 p.m. This will be Liam's first show, so we are very excited to introduce you to him!

Liam Kelly is a young artist based in Ottawa. He is currently a student at Carleton University studying philosophy. Says Jennifer: "Liam uses vast colour palettes to convey emotion and thought. He draws inspiration from the deep sea and distant stars: how dark colours play with light, and the contrast it creates influences his painting style." Mother and son both experience the healing power of creating art. "The process and the resulting glass and



"Orchids" by Sara Alex Mullen.

paintings are the antidote to all that ails us," says Jennifer. "It is peace and freedom and joy."

Finally, one of our talented core artists Mary Ann Varley will be doing two hands-on collage workshops at the gallery on Mar. 28 and Mar. 31 from 1:30–4 p.m. on both days. Pre-registration is required, with only four participants per session. Each two-hour workshop will include a demonstration of various collage materials and techniques. This workshop for adults welcomes both beginners and experienced participants. All materials will be provided, but it is suggested that participants wear suitable work clothes. Each participant will take home an 8" x 10" panel. Cost: \$40.

The Crichton Street Gallery is located at 299 Crichton St. Call 613-299-0064 or visit the-crichton-street-gallery.myshopify.com.

Straightforward · Caring · Dedicated

Janny, Jeff and Shan...

The Power of Three... Working for You!

proven performance in
New Edinburgh
since 1986



JannyMills · JeffRosebrugh · ShanCappuccino
Sales Representative Sales Representative Sales Representative

ROYAL LePAGE
Performance Realty
Brokerage, Independently Owned and Operated

613.238.2801
jannyjeffandshan.com



YOUR ROOTS TO BRANCHES
COUNSELLING SERVICES

Let's get to the root of the matter.

(613) 421-9277 | info@ambreen.ca
ambreen.ca

Ready to release
internal blocks to
your happiness?



AMBREEN IHSANULLAH MEd
Transformational Counselling

Well-known Ottawa musicians to perform J.S. Bach's duo sonatas

By Carolyn Bowker

The MacKay Concert series concludes its successful 2018–19 season on Apr. 26 with *Cosmopolitan Bach: The Sonatas for Violin and Keyboard*, performed by two highly accomplished musicians, Christian Vachon and Roland Graham.

These six sonatas are the first true duo sonatas for violin and keyboard. Unlike other sonatas of the period, the keyboard part is entirely written out, with the bass line and melodic voices entirely in the keyboard. Although they form a set, each one is a world in itself as J. S. Bach explores different keys and the characters or paths that go with them. They are a milestone in western music and were decades ahead of their time.

Bach wrote these pieces in the 1720s during his stay in Köthen, where he was kapellmeister to the prince of this small German state. Here Bach was exposed to a variety of musical influences and teachers from all over Europe. And it was here

he wrote some of his finest secular works, including his orchestral suites, the cello suites, the sonatas and partitas for solo violin, and the Brandenburg Concertos. It was in Köthen where, after his first wife died, he met and married Anna Magdalena, a gifted singer with whom he had 13 more children. After six formative years absorbing influences from everywhere, with a new family and a significant body of chamber works behind him, the mature Bach moved to Leipzig in 1723 where he would spend the rest of his illustrious career.

This important and beautiful music will be interpreted by two masters well-known to Ottawa audiences.

Christian Vachon has performed as a violin soloist, recitalist, chamber musician and orchestra leader throughout Canada, the United States, Mexico, France, Austria, Spain, Taiwan and Singapore, and has been featured in recital by the CBC and Radio-Canada. He has performed in many of



Photo by Mark Maryanovich



Photo by Lok Ng

Violinist Christian Vachon and pianist Roland Graham will take part in the MacKay Concert series finale on April 26.

Canada's series and festivals. Christian has taught violin and chamber music at the Conservatoire de musique de Gatineau and the University of Ottawa, and has given masterclasses in Canada, the United States and Taiwan. Christian holds a Doctorate of Musical Arts degree from the Peabody Conservatory of Music. He studied violin with Nurhan Arman, Mauricio

Fuks, Calvin Sieb and Martin Beaver. Christian performs on a violin modeled after a 1693 Stradivarius by award-winning maker Guy Harrison.

Roland Graham is the Director of Music at Southminster United Church in Ottawa, and the Artistic Director of the DOMS weekly concert series. As a pianist, he has been heard on CBC Radio Two, and col-

laborated with ensembles including Caelis Academy Ensemble, the Ottawa Bach Choir, the Ottawa Choral Society and the National Arts Centre Orchestra. Roland is also the director of Ottawa's Rideau Chorale and the founding Artistic Director of the Master Piano Recital Series which will be presenting its fifth season in 2018–19. He holds a bachelor's degree in music performance from the University of Ottawa where he studied with Jean Desmarais, and a masters from the Université de Montréal where he studied with Marc Durand and Jimmy Briere. Roland plays a single-manual Flemish-style harpsichord constructed by Matthew Redsell in Toronto in the 1980s, and recently rebuilt by Wolfgang Kater.

This evening of great music will take place Apr. 26 at 7:30 p.m. at MacKay United Church, corner Dufferin Road and MacKay Street. Tickets are \$25 for adults, \$20 for seniors, \$15 for students, at Books on Beechwood, or at the door.



Is it time to consider **RETIREMENT LIVING?**

With 13 residences in Ottawa,
Chartwell has something for every
style and budget.

 **CLICK**

ChartwellNewEdinburghSquare.com

 **CALL**

343-882-4759

 **VISIT**

420 MacKay Street, Ottawa



CHARTWELL | NEW EDINBURGH SQUARE
retirement residence

ESTHETIC STUDIO
-BEAUTY BY MELISSA-



**SAVE 20% OFF
YOUR FIRST VISIT**

Waxing, Manicure, Pedicure,
Lash lifting, and Facials

Beauty that wont break the bank

ESTHETIC STUDIO
-BEAUTY BY MELISSA-

By Appointment Only
613.617.6632
41 MARIER AV #3
OTTAWA, ON
K1L 5S6

Dust off your cleats and sign up for soccer season

By Katherine Hall

The weather doesn't seem to know what to do, but we do! Player registration for Rockcliffe Park Lindenlea Soccer is now open until April 11.

The season is scheduled to open Apr. 27 with the PeeWees (4-5 and 6-7 year olds) and close on Jun. 20 (though that date may change).

Register online by visiting either **rockcliffepark.leaguetoobox.com**, or follow the link from the Lindenlea website, **lindenlea.ca**.

As always, we need players, volunteers, and volunteer coaches to make it all happen. Coach and referee registration will open at the same time. Coaches' requests are

given priority, so please sign up if you think you can help.

Pro+ will again be running our very successful academy sessions.

As the first game approaches, you will receive emails about specifics for your particular age group. Players will be provided with team shirts, but they need to arrive wearing clothing and shoes that are comfortable for running and kicking. Shin guards are recommended. Players are responsible for providing their own water.

PeeWees will have a game during the Victoria Day weekend: May 18, 2019.

- **PeeWee 4/5:** Saturdays (Apr. 27-Jun. 15), 9:30-10:30 a.m. at Rockcliffe Park Public School (RPPS)
- **PeeWee 6/7:** Saturdays (Apr. 27-Jun. 15), 10:30-11:30 a.m. at RPPS
- **Juniors (Ages 7-9):** Tuesdays (Apr. 30-Jun. 18), 6:00-7:30 p.m. at RPPS and The Rockeries (aka Hillsdale Park)
- **Intermediate (Ages 9-11):** Wednesdays (May 1-Jun. 19) 6:00-7:30 p.m.



Photo by Sarah Jane Estabrooks

Rockcliffe Park Lindenlea soccer season opens April 11. Players and coaches can register now!

the crichton street gallery

Come and visit your neighbourhood gallery
Browse through our works of art and chat with the local artists

Gallery hours listed on our website

299 Crichton St. Ottawa | www.thecrichtonstreetgallery.ca

at RPPS and The Rockeries (aka Hillsdale Park)

- **Seniors (Ages 11-14):** Thursdays (May 2-Jun. 20) 6:00-7:30 p.m. at RPPS and The Rockeries (aka Hillsdale Park).

We are looking forward to a great season! For more information, email Katherine Hall at **soccer@manaiakoru.com**. Visit **rockcliffepark.leaguetoobox.com** or **lindenlea.ca** for details.

262 Coltrin Road
VILLAGE OF ROCKCLIFFE PARK



Rented - \$16,500 Per Month

201 Crichton Street
EXCLUSIVE



Listed & Sold - 690,000

Exclusive Listings
40 Landry Street



Listed
108 - \$289,000

Listed & Rented
1406 - \$1,565 Per Month
804 - \$2,275 Per Month

Listed & Sold
804 - \$390,000
908 - \$339,000
1514 - \$247,000
207 - \$246,000
Other - \$281,000



FOR SALE
2951 Riverside Dr.
Unit 505
C/S



LISTED & SOLD
The Highlands
809-515 St Laurent Blvd.
\$150,000



FOR SALE
997 North River Road
Unit 402
\$492,000





Lada Matlak
Sales Representative
613.266.1057
lada@victoriainland.ca

Michael Valiquette
Sales Representative
613.255.7779
michael@victoriainland.ca

Jamie Kwong
Come meet & greet your future councillor on Saturday April, 13th from 3-4pm at the artists workshop at Victoria Island Realty at 119 Beechwood. Coffee & Treats will be served and a draw for a piece of artwork will take place.

Help out newcomers to Canada during May's Race Weekend



Photo by Iryna Zamchevska

Participants in the 2018 Ottawa Community Immigrant Services Organization's Run for a New Start.

By David Rain

Calling all runners and walkers!

As a long-distance runner, I feel a special connection to New Edinburgh. At least once a week I go on a training run through your neighbourhood – along the Rideau River trails, through the Governor General's estate, occasionally stopping to stretch and admire the beautiful Rideau Falls as they cascade into the Ottawa River.

I also retain fond memories of the cheers, high-fives and much-needed liquid refreshments I gratefully receive while running through New Edinburgh in the latter stages of the Ottawa Marathon.

My love of running has led me along many interesting paths, one of which is to

organize a team of runners and walkers for the Ottawa Community Immigrant Services Organization (OCISO) in the Tamarack Ottawa Race Weekend, May 25–26, 2019.

We call ourselves the “Run for a New Start” team. Our mission is to raise funds for programs that support newcomers to Canada, with OCISO volunteers raising more than \$60,000 over the past three years.

This year, I invite residents of New Edinburgh to register for Race Weekend events and join our OCISO fundraising team as part of the Scotiabank Charity Challenge.

There are races for every size, shape and ability, and walkers are warmly invited to join us in the 2km, 5km, 10km, half marathon (21km)

and marathon (42km).

In a special campaign this year, all funds raised will go to Refugee 613, which works with OCISO and other groups and individuals to build a stronger Ottawa by ensuring that refugees feel welcomed and supported in our city.

The first 100 runners or walkers who commit to raising \$100 will receive our distinctive “Run for a New Start” T-shirt as a thank-you.

We also encourage runners and walkers to form their own “Run for a New Start” teams to participate. Perhaps you'd like to emulate businesses like SurveyMonkey, which regularly fields a team of more than 20 runners and walkers, or schools like Ridgmont High School, who fielded an inspiring team of 55 newcomer students last year and were featured on CTV News.

Sign up for our “Run for a New Start” team today and help us reach our fundraising goal of \$28,000 for Refugee 613.

Thank you for making newcomers to Canada feel welcome in our community!

For details, contact David Rain at drain@ociso.org, or visit ociso.org/run-for-a-new-start. Learn more about the work of Refugee 613 at refugee613.ca.



IMAGES

louise.imbeault@live.com
613-741-3292



Monna Fortier, députée d'Ottawa—Vanier, MP

À VOTRE SERVICE ! WORKING FOR YOU!

Connect with me. Contactez-moi.

613 998 1860 • mona.fortier@parl.gc.ca • www.monafortier.ca

Beechwood Auto Service

“Comprehensive car care for peace of mind”

613.749.6773

www.beechwoodcanada.com

EVENTS CALENDAR

Send event listing details to newednews@hotmail.com. Visit our website at newedinburgh.ca/events for the most up-to-date listings.

APRIL

Wednesdays – Mindful Meditation Circle at NECTAR, 255 MacKay St. 1:15 p.m. 613-304-7919. By donation. The participant-led Nectar Mindful Meditation Circle meets every Wednesday for an hour. We are a small group of four to eight people taking part in gentle yoga, walking and seated meditation. All experience levels welcome.

Thursdays – Weekly Scrabble game at 255 MacKay St. 2 p.m. nectarcen-tregm@gmail.com; 613-745-2742. Wordplay enthusiasts meet for a friendly game of Scrabble. We plan to meet biweekly, but will do whatever the group decides! Free or by donation.

April 2 – All-candidates' forum at Rockcliffe Park Public School, Queen Juliana Hall, 360 Springfield Rd at 7 p.m. The New Edinburgh Community Alliance co-hosts an all-candidates' forum, ahead of the Apr. 15 municipal byelection in Rideau-Rockcliffe.

April 6 – St. Andrew's Rummage Sale at St. Andrew's Church, 82 Kent St. 10 a.m.–1 p.m. 613-232-9042. St. Andrews' church

hosts its annual rummage sale featuring clothing, books, household items and surprises, all at low prices.

April 8 – CCC meeting at the New Edinburgh Fieldhouse, 203 Stanley Ave. 7:30–9 p.m. newedinburgh.ca/ccc. The Crichton Community Council meets the second Monday of each month. All meetings are open to the public.

April 8 – Environmental debate at Unitarian Church, 400 McArthur Ave. 7–9 p.m. newedinburgh.ca/events. The New Edinburgh Community Alliance, Lindenlea Community Association, Overbrook Community Association and Ecology Ottawa co-host a debate on the environment and climate change. Eight of the 17 candidates running for city council have accepted the invitation.

April 11 – Vernissage for Jerome Bertrand at the Voix Visuelle Gallery, 67 Beechwood Ave. 5 p.m. voixvisuelle.ca or email voixvisuelle@gmail.com. Exhibition runs until May 14.

April 11-14 – Ikebana Exhibition at the Canadian Museum of Nature, 240 McLeod St. 1:30 p.m. \$15 plus admission. Email: habreau@sympatico.ca. "Ikebana: Art of Japanese Floral Design" returns for its annual exhibition, featuring a hands-on Ikebana workshop on Apr. 13 – register online at nature.ca.

Starting April 14 – Holy

Week church services at St. John Lutheran Church, 270 Crichton St. 613-749-6953. Everyone is welcome to the Holy Week services, starting April 14, Palm Sunday at 10 a.m., featuring a play by Sunday School children and youth. Maundy Thursday (Apr. 18) worship at 7:30 p.m. with Holy Communion and stripping the altar. Good Friday (Apr. 19) worship at 11 a.m. Easter Sunday (Apr. 21) morning devotions at 8:00 a.m. followed by breakfast in Ebinger Memorial Hall, then worship at 10 a.m.

April 14 – CAMMAC benefit concert at St. Bartholomew's Church, 125 MacKay St. 7:30 p.m. Reception to follow. Email: jenanned70@gmail.com. Buy tickets: cammac.ca. The Cheng2 Duo will perform in a benefit concert in support of the CAMMAC Music Centre. Details, p. 28.

April 15 – Byelection voting day across Rideau-Rockcliffe, Ward 13. Voters will choose who will be the next City Councillor for the ward. Learn more about the candidates on p. 17-20.

April 26 – Cosmopolitan Bach at MacKay United Church, 39 Dufferin Rd. 7:30 p.m. \$25; \$20 seniors; \$15 students. The MacKay Concert series concludes its 2018–19 season with *Cosmopolitan Bach: The Sonatas for Violin and Keyboard*, performed by Christian Vachon and Roland Graham. Details p. 31.

April 27 – Bike Day at the New Edinburgh Fieldhouse, 203 Stanley Ave. 10a.m.–2 p.m. newedinburgh.ca/event/ccc-bike-day/. The Crichton Community Council hosts its annual Bike Day. Drop off any used bicycles, scooters or trailers at the Fieldhouse on Apr. 26 from 6–8 p.m. to have them priced for the

Used Bike Sale (10 per cent of proceeds support CCC). Bike Day will feature a bicycle safety course, group ride, demonstrations, talks, and food.

April 27–28 – Rockcliffe Park Spring Book Sale at the Rockcliffe Park Community Centre, 380 Springfield Rd. Apr. 27 from 10 a.m.–5 p.m. and Apr. 28 from 11 a.m.–5 p.m. Browse and buy from among 25,000+ high-quality donated books, CDs, DVDs and vinyl records. Proceeds support additional services and programming at the Rockcliffe Park branch and the wider Ottawa Public Library system.

April 28 – Rebirth spring concert at St. Thomas the Apostle Church, 2345 Alta Vista Dr. 3 p.m. \$20; \$10 students; free for children under 12. OttawaBrahmsChoir.ca; 819-568-8169. The Ottawa Brahms Choir, directed by Christopher Askwith, accompanied by pianist Svetlana Logigan, will perform its annual spring concert. *Rebirth* features music from Brahms, Bach, Rutter, Gauntlett and many more.

April 29 – A History of Counterfeiting at MacKay United Church, 39 Dufferin Rd. 2–4 p.m. Free-will donation. mackaybrainery@gmail.com. The MacKay Brainery, the Ottawa Baroque Consort and the Ottawa Numismatic Society explore a fascinating, little-known aspect of England in the 17th century. While of particular interest to historians and coin collectors, this presentation will be presented in a manner that all can enjoy.

MAY

May 4 – Beechwood Market spring edition 10 a.m.–3 p.m. Chartwell New Edinburgh Square, 35 Beechwood Ave. beechwoodmarket.ca. The Beechwood Market's Spring

Edition offers a mix of food (from baked goods to preserves), crafts and gifts (from handmade paper products to soaps and woodworking). Many favourite vendors will return, along with a few new faces.

May 5 – "Did Science Kill God?" at MacKay United Church, 39 Dufferin Rd. 2–4 p.m. \$25. mackaybrainery@gmail.com. The MacKay Brainery hosts Miguel Planas, a former senior advisor at the Nortel Chief Technology Office who now works with cognitive science and advanced technologies, who will review the latest developments in physics, cosmology and biology to assess the validity of the claim that science has conclusively shown that God does not exist.

May 11 – CCC Plant Sale at the New Edinburgh Park Field House, 203 Stanley Ave. 8 a.m.–4 p.m. Just in time for Mother's Day, the Crichton Community Council hosts its annual plant sale. Annuals, organic vegetables and herbs in hanging baskets, flats and pots will be on sale, with all proceeds supporting CCC events and programs.

May 11–25 – No Borders Festival at the NECTAR Centre, 255 MacKay St. The New Edinburgh Community and Art Center (NECTAR) hosts the No Borders Art Festival from May 11–25, featuring artworks, films and workshops from First Nations, Inuit, Métis and immigrant and refugee artists.

May 13 – A Common Song at St. John Lutheran Church, 270 Crichton St. Admission by donation. The New Edinburgh Community Choirs, directed by Josh Zentner-Barrett, will perform *A Common Song*. Details p. 35.

May 26 – CCC Cheering station and barbecue at the New Edinburgh Park Field House, 203 Stanley Ave. 8 a.m.–1:30 p.m. The Crichton Community Council hosts its annual Marathon Cheering Station and Neighbourhood Barbecue. Cheer on the runners in the morning. Stay for music, family fun, crafts, games, face painting, balloon animal-making and other special events. Coffee and baked goods will be available in the morning. BBQ food, drinks and snacks available for purchase after 11:30 a.m.



Nathalie Des Rosiers
MPP/députée Ottawa-Vanier

*Proud to serve
our community!*

*Fière de servir
notre communauté!*

Constituency Office /
Bureau de circonscription
237 Montreal Road
Ottawa, ON K1L 6C7
613-744-4484
ndesrosiers.mpp.co@liberal.ola.org
www.nathaliedesrosiers.onmpp.ca



Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

Dog/Cat Walking And Sitting Your house plants are also safe with me! Emergency and regular daily walking. Puppy Experience. References. Liba Bender: 613-746-4884.

Local choir to explore ‘spirituality of the heart’ in spring concert

By NEN Staff

It's been a little more than a year since the New Edinburgh Community Choir arrived at its new home at St. John Lutheran church on Crichton Street, and the group continues to grow by leaps and bounds. In September, the organization started a children's choir which, though small, continues to make a joyful noise every Monday night. In December, the combined choirs presented their Christmas concert to a packed house. And they are set to do it again this May.

A Common Song will be presented on May 13 at 7 p.m. and will continue to explore themes of justice and peace expressed in music from around the world. At the heart of the concert is "Deep in our hearts," a song written by former United Church minister John Oldham. This song – and the whole concert – is about living for the things that bring us together with

our neighbours, something Oldham calls a "spirituality of the heart." These things – story, song, message – are what make us one.

It's about more than just the music, too. "The people who attend help shape the experience," says director Josh Zentner-Barrett. "We're affirming our commitment to our neighbours all over the world, whether we sing or listen. It's a powerful way to shape community, and it's so meaningful to see so many people out to be a part of it."

The New Edinburgh Community Choirs are hard at work rehearsing their songs for May 13. Along with "Deep in our hearts," there's music from Israel-Palestine, South Africa, Ghana and a groovy piece from Sweden. "That one is an earworm," says Josh. "It's got a Latin groove, some clapping in the refrain and a powerful message to top it all off: 'Open the door!' It will be wonderful to share it with the com-

munity."

The concert, *A Common Song*, is being presented on May 13 at 7 p.m. at St. John Lutheran Church, 270 Crichton St. Admission is by donation. For more information, please contact Josh at ottawasingspeace@gmail.com.

In the meantime, if you're interested in being a part of the New Edinburgh Community Choir, Josh invites you to drop by a rehearsal: Monday nights at 5:30 p.m. (children) and 7:30 p.m. (adults). "Come join us," he says, "and sing the circle wide!"

New Edinburgh
Community Choirs
Directed by Josh Zentner-Barrett

A Common Song

Monday, May 13, 2019 | 7 PM
St. John Lutheran Church
270 Crichton Street
Admission by donation

**GET STRONGER, LOSE THE LOVE
HANDLES FOR GOOD AND SAY
GOODBYE TO ACHES AND PAINS.**

Personal Training for People Over 50

Call today to become a member.

613-749-EVER . info@evertrain.ca . evertrain.ca

evertrain
FITNESS . AFTER . FIFTY



RIVERPATH
RETIREMENT COMMUNITY
COMMUNAUTÉ DE RETRAITE

\$2,000
MOVE-IN CREDIT

CRÉDIT
D'AMÉNAGEMENT
DE **\$2,000**

*Conditions apply. / Certaines conditions s'appliquent

**OPENING MAY 2019
OUVERTURE MAI 2019**

613-327-9655

RiverpathRetirement.ca



Burgh Breezy bits

DEADLINE: MAY 10
newednews@hotmail.com

Miscellaneous

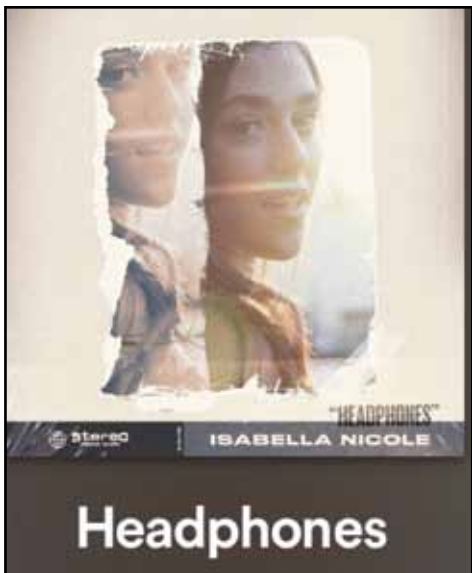
There have been two rounds of the ACTION study survey to date. The first established a starting point of data, which will be used to measure the impact of the Combined Sewage Storage tunnel (CSST) project in New Edinburgh and Lindenlea on sleep, stress and chronic health conditions. Initial analysis revealed an educated population with a strong sense of community. The median age of study participants was 60, with twice as many female respondents as male. Most stated that they were planning to remain and spend a considerable amount of time in the neighbourhood. Round three of the ACTION study survey is scheduled for May 2019. It will be available on paper or online. Contact: actionstudyottawa@gmail.com.

Photo by Alex McKenzie



Tiger is the boss cat on Stanley Avenue...or at least he thinks so. Neighbours around Stanley and Keefer will surely recognize him.

Congratulations



Stanley Avenue resident **Isabella Nicole**, 16-year-old daughter of **Gosse** and **Michele Bruinsma**, has released her first song, "Headphones" which can be heard on her site isabellanicole.co or downloaded on most music platforms. Follow her: [@isabellabnicole](https://twitter.com/isabellabnicole)

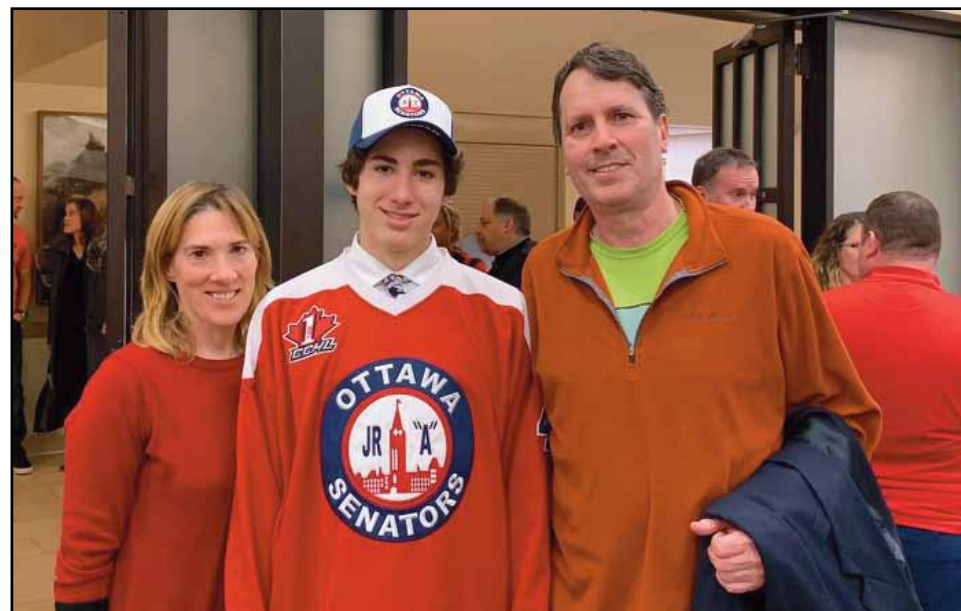
Advertising help wanted

The *New Edinburgh News* is looking to build up its Advertising team.

We are looking for local residents who can help manage existing client relationships as well as bring in new advertisers. Working with the ad manager, managing editor and production manager, team members will communicate with clients by email, phone and in-person, arranging for up-to-date ad content.

Strong communication skills are essential, as is a passion for supporting local businesses and the community newspaper. Reliable internet connection and knowledge of spreadsheets required. Bilingualism an asset. Minimum 20 hours commitment for each edition.

The *New Edinburgh News* is a volunteer-run community newspaper that publishes five times per year. To learn more, contact Christina: newednews@hotmail.com



Congratulations to **Sam Grabner** of Ivy Crescent on being selected as a first-round draft pick for Ottawa Jr. Sens U18. It was a proud day for his parents **Debra Conner** and **Steve Grabner**.



Best wishes to New Edinburgh pharmacist **Matthew Tonon** and his wife **Hannah** who welcomed baby **Russell** on January 19, 2019.

Welcome home!



After seven years working abroad in Ethiopia and Bolivia, **Chris Gilbreth** and his son **Brenden** will be moving back to their home on Vaughan Street in July.



Photo by C Lindquist

Gail McEachern, chair of NECA's Heritage and Development Committee, took part in Heritage Day in Ottawa at City Hall on Feb. 19.

Wanted

Maison Marie-Louise urgently needs sheets, blankets, bath towels and household items for refugee families who are moving into their first home in Canada. If you can help us, please bring your donations from 9 a.m.-4 p.m., Monday to Friday, to 235 Ste-Anne Ave. in Vanier.

Books on Beechwood Book Club Spring 2019



March 27/19



April 24/19



May 29/19

Please join us on the last Wednesday of the month at **The Edinburgh Retirement Residence, 10 Vaughan Street** at 7:30pm in **The Penthouse** on the 8th Floor for a lively discussion followed by refreshments provided by **The Edinburgh Retirement Residence**.

New members are always welcome. The book club reads are offered to all customers at a 20% discount.

For more information: call 613-742-5030 or e-mail staff@booksonbeechwood.ca