

Ottawa Votes Oct 27: Pull-out Guide Inside

October 2014

NEW EDINBURGH NEWS

www.newedinburgh.ca

Our Little Bookshop Turns Twenty!

By Jane Heintzman

This fall, our neighbourhood bookstore **Books on Beechwood** celebrates its 20th anniversary in business in our community, a remarkable accomplishment not merely due to the uphill struggle of independent bookstores in a

world of mega-stores, online sales and declining readership, but also due to its miraculous survival following a near-death experience in the wake of the fateful fire that decimated our commercial core in 2011.

Continued on page 16

The New Edinburgh Halloween Howl

Costume Parade,
Spooky Games,
Creepy Crafts,
Fun Prizes,
and more...

Sunday, October 26
3:00pm - 6:00pm
Stanley Park Fieldhouse
Ages 0 - 7

Costume Parade leaves at 3:10 pm



NEW EDINBURGH COMMUNITY ALLIANCE ANNUAL GENERAL MEETING

Thursday, October 30, 2014 at 7:30 pm
St. Bartholomew's Church

Meet friends, ask questions, join us for refreshments.
All New Edinburgh residents welcome.



Photo: Christina Leadlay

Mayor Jim Watson (centre), with councillors Peter Clark (second from right), Peter Hume (far right) and the team from Minto toss a shovel-full of soil during Minto Beechwood's "ceremonial swipe" on Sept. 20. Demolition of the site will start this fall.

Big Changes Coming to Beechwood

By Jane Heintzman

In the two years that have elapsed since the seminal community meeting on the future of Beechwood organized by the Beechwood Village Alliance (BVA) in October 2012, there has been hopeful progress towards the collective goal of rejuvenating our mainstreet and commercial core. Two major mixed commercial/residential projects are now well launched at the western (Minto) and eastern (Domicile) gateways of the corridor; a third (Claridge) is on the horizon at the mid-point at Beechwood and St. Charles Street, and yet another is in the offing with the imminent sale

of St. Charles Church. Here's a snapshot of what's up on the street, strolling from west to east from the Vanier Parkway to the Beechwood Cemetery.

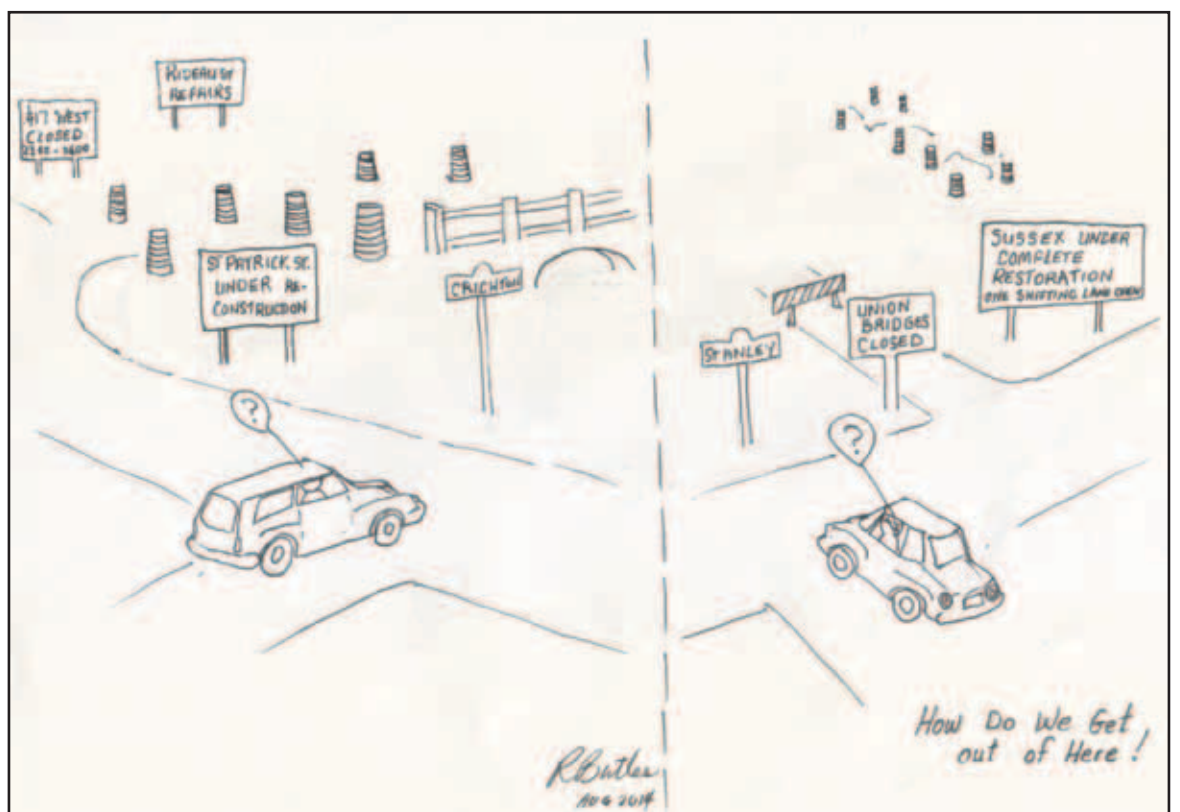
Careful Clearing to Start at Minto Site

Kevin Harper, Development Manager High Rise, Minto Communities, reports that the Minto Beechwood project is on schedule, with a "Ceremonial Swipe" officially launching the demolition of the MacKay Street buildings having taken place at noon on the day of the community Garage Sale, **September 20**. The ceremony was followed by a celebration for condo owners and the general public, with food, music

and festivities until mid-afternoon.

Despite slightly sluggish sales in the summer months, Minto remains on target to reach the sales goal required to proceed with construction, and all systems are go in its formal dealings with the City, with working drawings now completed, permit applications submitted, Site Plan approval in place, and the lengthy contract tendering process well underway. The relocation of the hydro feed for the pharmacy and the New Edinburgh Pub was also successfully completed over the summer, clearing the decks for the start of

Continued on page 4



Frustrated with all the road works? Latest news (good and bad) on page 3. Cartoon by Roslyn Butler



From the Editor's Chair

How's it going? Welcome to my first issue as managing editor of the *New Edinburgh News*! I am very excited to be back into publishing, and to be involved in such a smart little paper as this one.

First, let me offer a big thank you to Cindy Parkanyi for her many years of hard work and dedication to NEN. While Cindy has handed over the reins of putting together the paper to me, she is still on the scene as proofreader and occasional photographer. I look forward to working with Dave Rostenne on production, Jane Heintzman on stories, Louise Imbeault on photographs, Brian Gallant on advertising, and the hard-working team that delivers the paper, led by Jonathan Blake. I am also looking forward to being a part of NECA and learning more about the issues concerning New Edinburgh and beyond.

Before I tell you what's in store for this issue, perhaps you'd like to know a bit about me. I was born and raised in downtown Ottawa, graduating from Lisgar Collegiate in 1998. I have a Master's degree

in English from the University of Ottawa, and have written for a handful of Ottawa-based magazines, including *Preston Catalogue* and *Spade*. But where I really honed my skills in publishing and writing was during my four years with *Embassy*, the sister newspaper of *The Hill Times* (where I also did a short internship). In 2004 I joined *Embassy* as part of the team that launched the international affairs newsweekly. I moved up the ranks to become Associate Editor and Books Editor before leaving in 2008 to start my family. Now that Oliver (6 years) and Rachel (almost 5 years) are in full-day school at Rockcliffe Park, I felt the time was right to resume my career, and this role at the *New Edinburgh News* seems like a good place to start.

I have lived in different parts of downtown Ottawa all of my life. My husband and I lived in the ByWard Market for eight years before moving to MacDonald Gardens in Lowertown (on the west side of the St. Patrick St. bridge over the Rideau River), almost five years ago. So while my

address may not be in New Edinburgh, I feel that I am very much a part of the New Ed / Lindenlea / Rockcliffe community, as much as I am part of Lowertown. I try to do most of my activities and shopping locally (I am a big proponent of the "use it or lose it" mentality when it comes to our small businesses), and I am an active volunteer at Rockcliffe Park Public School, helping with the Book Fair and organizing the Author Workshops.

I'm very excited about this issue of the *New Edinburgh News*. We've done a special pull-out section on the municipal election, which takes place on October 27. All six candidates for Ward 13 councillor have contributed short pieces on who they are and why they want to represent Rideau-Rockcliffe at City Hall. We've also included important information about election day, a couple of articles about issues concerning Ottawa voters, and a map of Ward 13, which is a large and diverse riding.

Also this issue, Jane Heintzman takes us for a stroll down Beechwood, updating us on current construction and news of forthcoming projects that will impact the look and feel of our main street. We also have plenty of book features, from a handful of new releases from local authors, to a special story on Books on Beechwood's 20th anniversary. It's so heartening to hear the story of the little bookstore that came back from the brink.

I am also a bit of a news junkie, and so am keen to inject a newsier cast to the paper. "You May Have Missed" is my attempt to round-up all the New Edinburgh-focused stories that have been in the local news between our publication cycles.

Please feel free to contact me with any questions, letters or ideas for our community paper. Enjoy the issue!

- Christina Leadlay



Report from NECA President Tim Plumptre

The NECA board took a well-deserved break over the summer, but it is now back at work. Currently, we have two main preoccupations.

The first is the municipal election. NECA has entered into a partnership with other community associations—Rockcliffe, Manor Park, Lindenlea—to organize an All Candidates' Meeting at Rockcliffe Public School's Queen Juliana Hall at 7 pm on October 16.

A challenge for residents will be to decide where to place their vote on Election Day, October 27. In my estimation, we have several excellent candidates vying for your electoral support and working hard to earn it. Determining which one deserves your backing may not be an easy decision. The pull out guide in this edition may help with this decision.

The board's second current concern has been to map out our strategic priorities for New Edinburgh. The results of the well-attended Forum on the Future of New Edinburgh, which we organized last April, have been our main resource for this. (A report on the forum is on our website: newedinburgh.ca.)

The board has approved a draft document entitled "New Edinburgh Community Alliance: Draft Strategic Priorities 2014-16". We'll be posting this on the website for you to review. Here are the main subjects:

The Evolution of the Beechwood Corridor

Our community is deeply concerned about how this corridor will evolve. Our hope is that it will do so in line with the provisions of the Beechwood Community Design Plan. This was approved some time ago, but often seems to be overlooked. We expect to pay close attention to this issue, supporting the Beechwood Village Alliance, and taking whatever other steps we can to promote responsible, attractive and human scale development.

Transportation and Safety

NECA is proposing to estab-

lish a new committee chaired by a new board member, Noor Ahmed, to address community concerns regarding both vehicle and pedestrian traffic, and to promote safety in general. This committee may also take the issue of emergency planning under its umbrella, including the threat of flooding from the Rideau River.

Protecting Heritage While Promoting Responsible Development

Forum participants said they wanted the heritage character of New Edinburgh protected, but not at the expense of stifling all development in the community. Rather, they said, let us encourage development that's in keeping with the character of our community while supporting its heritage values and structures. NECA's Heritage and Development Committee (under Gail McEachern's experienced leadership) will pursue these objectives.

Fostering Community Engagement

Two of my personal goals when I assumed NECA's presidency were to make it clear that the Association's interests embraced *all* of New Edinburgh, and to build stronger relationships with community members. The board has endorsed continued action in this area. An important initiative in this regard has been the opening of discussions with NECTAR, with a view to achieving much closer coordination of our activities and sharing of initiatives that will engage residents.

An area of interest for the board is the "greening" of New Edinburgh. We didn't feel we could adopt this as a major priority due to resource limitations, but we look forward to discussing this and all other dimensions of our proposed plans with the community at our Annual General Meeting, which takes place October 30 at St. Bartholomew's Church. The board joins me in encouraging you to attend and give us the benefit of your views.

NECA MEETINGS: All Welcome

The NECA board meets nine times a year, normally on the **third Tuesdays of each month at 8:00 pm**. No meetings in July, August, or December. During October, NECA holds its annual general meeting (AGM) and a regular board meeting.

Meetings will be held at the **NECTAR Centre, 255 Mackay Street**. Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Tim Plumptre in advance to arrange scheduling. Our next meetings are:

Tuesday, October 21, 8:00 pm, NECTAR Centre

Tuesday, November 18, 8:00 pm, NECTAR Centre

Any changes to this schedule would be posted in advance on the New Edinburgh website, www.newedinburgh.ca.

Your NECA Representatives 2013-2014

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Notice to NECA Members from the Board of Directors

The Board will be proposing adjustments to NECA's by-laws for discussion at our Oct. 30 AGM, with the goals of clarifying and updating them. Current by-laws may be found on newedinburgh.ca; proposed changes will be tabled there by Oct. 16.



Letters to the Editor are always welcomed.

Opinions are the writer's and do not necessarily reflect those of the newspaper.

Please be sure to include your name and contact information for verification purposes.

It's Those on Wheels—Not Leashes—Who Pose a Threat

I found this article provided a clear outline of the rules and regulations that apply to this area of Stanley Park. However the problems outlined are clearly that of a personal opinion (Re: "Local Leash Laws 101" June 2014). They promote a very restrictive and exclusive use of this fine resource rather than an environment that will maximize safe enjoyment of the park not only by cyclists, but also the elderly, handicapped, children, dogs and their owners. Our objective as a community should be to create an atmosphere that promotes optimal enjoyment of our beautiful park by the majority of its users.

The NCC to its credit has created an area (officially designated as a dog park) that is a natural home to a multitude of uses whether it be walkers, runners, skate boarders, in-line skaters, users of wheelchairs walkers, cyclists, etc.

The implication that dogs interfering with cyclists is the only problem, does not address the much larger issues such as the impact of the significant number of cyclists who often fail to observe the speed limit, the requirement to yield to pedestrians and just plain common courtesy. I am a cyclist and I, along with many other considerate and well-mannered

cyclists, am embarrassed by some of the behaviour that we witness at the park on a daily basis which very often could be dangerous to non-cyclists trying to enjoy the park.

This article makes some very valid points. There appears to be a general consensus amongst park users that there is an accident waiting to



Photo: Jeffrey Smith
An accident waiting to happen: the elderly, the handicapped, young children and dog walkers are all at risk when cyclists speed through on the NCC pathways.

happen. However, this accident will not necessarily be the result of allowing dogs to "charge freely back and forth across paths", it will be the

result of bikers travelling down that path at dangerous speeds without leaving enough stopping time to manoeuvre the numerous non-cycling users of the park. This situation puts at risk the elderly, the handicapped, young children and dog walkers (see photo).

The article states "common sense would dictate that animals should be on-leash on these pathways, or kept away from them altogether". However, in looking at the map that was included in said article, common sense would also dictate that when cyclists using a path that cuts directly through the middle of an off-leash dog park should slow down in order to safely pass through an area that is filled with dogs and people.

While it is agreed that all should refresh their memory on the boundaries of the off-leash area in an attempt to accommodate all users, people should also take the time to consider whether they are being reasonable when it is clear that the majority of the park's use is by dog walkers who are constantly and without fail using this park from early morning until dark. Stanley Park is known throughout the city as a dog park and people come from all over the city to enjoy the access that is provided to an off-leash area. The dog park has created an atmosphere of community that is critical to the identity of New Edinburgh. It has become the social hub of the neighbourhood, and it would be a mistake to jeopardize this camaraderie that has developed in an attempt to cater to cyclists who could just as easily ride their bikes down Stanley Ave. to reach their destinations if speed is the objective.

We should all work towards a situation that maximizes the use of the park in a spirit of

consideration for all and flexibility within the rules that make sense to this end. The park and the path are not for the exclusive use of cyclists. Solutions:

1. Install signage on the path at both sides of this park area that provides information

that is currently not available for cyclists etc.

This is the practice for schools, playgrounds and seniors residences, and with the elements in play here, warning signage is surely a safety requirement for all.

2. Dog walkers and others be aware of and follow the rules such that there is no risk or inconvenience to other users.
3. Potentially if all else fails, this section of the path could be dropped as a bike path as it is currently not critical to the bike network. The actual bike path currently ends where it dead-ends at a congested parking lot.

Jeffrey Smith
194 Stanley Ave.

CYCLISTS PROCEED WITH CAUTION:

**Elderly
Children
Dog Park**

NEW EDINBURGH NEWS

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Road Works Update: Good News and Bad News

Here's the latest word on the construction schedule for the projects with most direct impact on our community, courtesy of **Ziad Ghadban, Manager of Design and Construction (East) for the City of Ottawa:**

- **St. Patrick Street Bridge:** The St. Patrick Street Rehabilitation project is expected to be completed in mid-October 2014.
- **Minto Bridges:** The design for the Minto Bridges (East & Central) is underway and will be complete by spring 2015. As planned, the start of the construction on the bridges is expected to begin in summer of 2015, and

should be completed in the late Fall of 2016, subject to funding availability. It is expected that the bridges will be closed to pedestrians and bicycle traffic in spring 2015 when construction begins.

- **Sussex Drive:** Construction on Confederation Boulevard (Sussex Drive Project from St. Patrick Street to King Edward Avenue) is progressing well. It is anticipated that the roadway will return to normal operation by the end of 2014 with intermittent lane reductions during the first half of 2015 while finishing work contin-

ues. The project is scheduled to be completed as planned during the summer of 2015.

While it's encouraging news that the St. Patrick Street Bridge and Sussex Drive should be back to normal shortly, the word on the Minto Bridges is considerably less hopeful, in particular the ominous caveat in Mr. Ghadban's synopsis that project completion in late 2016 will be "subject to funding availability". Stay tuned for further updates: this could be an issue on which we want our councillor (whomever he or she may ultimately be) to weigh in following the civic election this fall.

Former Bank and Church Could Be Next Building Sites

Continued from page 1

demolition on MacKay Street in the third week of September. The existing Sales Centre on Beechwood will be demolished along with the other pre-fire remnant structures, but as yet no alternate location has been identified.

Kevin estimates that the initial demolition phase will take from late September to mid-October, at which point Stage Two, the all-important construction phase will kick in, beginning with excavation of the basements, cleaning up of the brownfield (contaminated) site and shoring of the foundations for the underground garage. Construction will proceed throughout the winter, working towards a target of summer or fall 2016 for completion of the building.

In case you had visions of noisy wrecking balls or explosions during the demolition phase, Minto assures us that there'll be no such excitement, as the company is committed to a LEED standard target of preserving over 80 percent of the materials in the building for reuse or recycling. As a consequence, the demolition will be undertaken with considerable care, and we hope, with

less noise and other impact on the immediate neighbours than might otherwise have been the case.

In our last issue, we reported that once construction was underway, a senior project manager would be designated by Minto to serve as a contact for the community throughout the 20-24 month building period. When we went to press, Kevin indicated that the Minto team was still heavily engaged in the Lansdowne and Westboro projects, and had yet to designate our go-to representative. In the interim, Kevin himself will serve in that capacity, so if you have questions or concerns, you can reach him at kharper@minto.com.

According to Kevin, considerable progress has also been made on plans for the animation of the west wall of the development, or "Gateway to Beechwood" façade. Minto is honing in on two possible options for a lighting solution, which it is confident will add interest and impact to that façade, without being garish or intrusive on the surrounding community.

On the retail front, it would seem that the all-important

ducks are now in line, though regrettably the identity of these new businesses our new businesses! will remain shrouded in mystery for at least a while longer, as final details are worked out and the retailers in question decide the time is right for The Big Reveal.

Claridge Targets Desjardins Site for Mixed Use

In early August, Claridge Homes filed Minor Zoning By-Law Amendment and Site Plan applications to redevelop the properties at 89, 91 and 97 Beechwood Avenue at St. Charles, the former Desjardins bank site where the popular Beechwood Market has been operating every Saturday since early July. Claridge is proposing to demolish the existing commercial building on the site, and to construct a new six-storey, mixed-use building with commercial (retail) uses at ground level and residential uses above.

A road widening on Beechwood would also be required to accommodate the proposed development, and is included in the application package. The Minor Zoning By-law Amendment is required to permit a proposed increased building height of six sto-

reys (21 metres as opposed to the allowable maximum 15 metres), as well as to allow for modifications to standards for setbacks, parking, landscaping, and communal amenity area.

More details of the Claridge proposal can be found on the city's website at http://app01.ottawa.ca/postingplans/appDetails.jsf?lang=en&appld=_9A5CZG.

Highlights of the proposed Claridge development include:

- two retail commercial spaces on the ground floor, each approximately 600 m² in size, and "well-suited for larger community commercial tenants or a mix of tenants";
- a total of 67 residential

dwelling units located on the second through sixth floors of the building;

- a mix of unit sizes and types, including nine one-bedroom units, 24 one-bedroom plus den, 18 two bedroom units, and 16 two-bedroom plus den;
- access for the retail units through entrances on both Beechwood Avenue and Champlain Avenue, with the primary access point for the residential component on Langevin Avenue;
- Three levels of underground parking (two full levels and a partial third), with vehicular access off of Langevin Avenue at the north edge of the site;
- no parking spaces for the retail uses, given "the pedes-



On the former Desjardins Bank site, Claridge is proposing to construct a new six-storey, mixed-use building with retail at ground level and residences above. Such a project would require a road widening on Beechwood.



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Workshop in Watercolour: Wed Oct 22nd



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Victoria Island's Contribution to the Community.

trian-oriented nature of the Traditional Mainstreet” combined with the availability of on-street parking close by;

- 35 bicycle parking spaces in the underground parking garage (P2 level) for building residents, as well as six vertical bicycle parking spaces at grade in the interior side yard amenity area;
- a four-storey podium on Beechwood, Champlain and Langevin Avenues, with minimal building setback for the first four storeys of the building on Beechwood Avenue, as permitted along Traditional Mainstreets;
- a corner side yard setback of 1.0 metre along Champlain and Langevin Avenues for the first four storeys to provide a transition in setbacks from the Beechwood corridor to the residential neighbourhood to the north;
- a terraced structure in the rear elevation of the building to create a transition to the low-rise residential neighbourhood to the north, with the second through fourth storeys set back 2.5 metres from the rear lot line near Champlain Avenue, and 4.4 metres from the rear lot line near Langevin Avenue;
- setbacks of 4.5 metres from the rear lot line near Champlain Avenue and 6.7 metres from the rear lot line near Langevin Avenue in the fifth and sixth storeys;
- step backs above the fourth storey on all three street frontages, “to integrate with the village-style character of existing buildings and to emphasize the pedestrian-oriented nature of the Traditional Mainstreet”;
- articulation of the elevations for the second to fourth storeys to break up the building facade, creating the appearance of smaller, narrower buildings, in keeping with the pattern of smaller buildings along Beechwood Avenue.

In its planning rationale for the project, Claridge argues that the proposal “conforms

to the general intent of the Beechwood Community Design Plan and has regard to the City’s Urban Design Guidelines for development along Traditional Mainstreets.”

The Claridge proposal was officially open for public comment until September 19, but City planner Erin O’Connell, who is responsible for the project, is well aware that the comment period coincided with summer holidays and is not planning to be rigid about the submission deadline. We understand that the Lindenlea Community Association (LCA), within whose boundaries the property falls, was planning to review the project design in detail at its September Board Meeting and may wish to submit comments to the City.

As a community, we welcome the boost this new development can bring to Beechwood at this intermediate spot between the two “poles” of Minto Beechwood and The Kavanaugh. As always, the devil will be in the details, and we hope that many interested members of the community will take the opportunity to contribute their suggestions on possible means of enhancing the appeal of the current proposal, and its ultimate success as a source of new life and animation on our main street.

To share your thoughts about the project, please contact either the Beechwood Village Alliance at twitter.com/MyBeechwood, or the Lindenlea Community Association at 613-742-5011.

A **Public Meeting and Information Session** on the project has been scheduled by the City on **October 7 at the Richelieu-Vanier Community Centre, Salle d’Accueil Hall, from 6-8:30 pm**, with a presentation by Claridge and City staff beginning at 7 pm, to be followed by an opportunity for questions.

Church For Sale by Tender

St. Charles Church and the surrounding property are now up for sale through DTZ Corporation. The 39,000

square foot site is being sold by tender, with a closing date for offers of September 25, 2014. Listing details for the property include Minor Institutional Zoning with the additional permitted use of townhomes; a height limit of 15 metres, and a Heritage Designation for the exterior of the church building, as approved by Ottawa City Council last spring in response to the eloquent case for designation brought forward by Vanier’s **Mike Steinhauer**, co-founder of **Vanier Now**. If all goes well, we should be able to bring you news of the success-



St. Charles Church is up for sale!

Photo: Graham Hardman

ful offer and perhaps a hint of the purchaser’s plans for redevelopment in our next edition on December 1.

In case you thought the church building was sitting empty in the interim prior to the sale, think again! The century old church is now home to **Vanier Moderns**, a small furniture store which operates in the building, offering a selection of mid-century modern European and American furniture, as well as lighting, art, ceramic, and glass, metal and wooden decorative objects. There is reportedly also a master carpenter on the staff, who oversees structural repairs and refinishing. Visits are by appointment only; **613-746-8181** or vaniermoderns@gmail.com.

This is a uniquely important

spot on the Beechwood corridor, both due to its importance in the history and heritage of Vanier’s francophone community, and also due to its extraordinary potential as a central community gathering place. Those who attended last April’s neighbourhood forum on the future of New Edinburgh and environs may recall the imaginative proposal that a portion of the St. Charles property could be developed along the lines of a European village square, with green space, a flowing fountain and all the attributes of a sylvan

fifth floor by mid-September), and sales remaining strong through the summer period. David is particularly encouraged by a recent growth in interest in the larger suites in the building, resulting in a good overall balance in the distribution of *Kavanaugh* condo sales to date.

In late September, the Construction Office will be moved out of its current location at 11 Marquette Street into the commercial space on the ground floor of the emerging building. The house at 11 Marquette is then scheduled to be demolished to become part of the construction site.

There is still no word on the identity of the commercial tenants who are likely to occupy *The Kavanaugh’s* ground floor, but David reports that there are many excellent prospects lined up, and in some cases, negotiations are well-advanced. He is extremely grateful for the patience of our community in awaiting this important news about our future local suppliers, as well as in bearing with the impact of the ongoing construction on the surrounding area. He concludes that “we fully intend to be the eastern Gateway to Beechwood Village we had conceived from the beginning, and a catalyst for positive change in this great neighbourhood.” Amen to that!

Public Meeting & Info Session

October 7

**Richelieu-Vanier
Community Centre
from 6 to 8:30 pm.**

Claridge’s presentation starts at 7pm, with time for questions afterwards.

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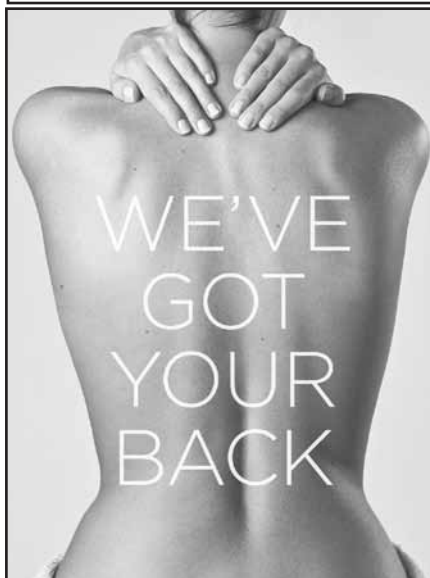
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Look Out! Bike Path is Smooth Again but Still Flood-Prone

By Jane Heintzman

To the delight of its regular users, cyclists and pedestrians alike, the NCC bike path between Union Street and Sussex Drive has just received a smooth new asphalt surface to cover over the wear and tear of winter, combined with the stresses of heavy use by local cyclists. An added feature of this rejuvenation project is a new semi-circular arrangement of seven very large boulders on the river bank at the intersection of Charles Street and Stanley Avenue.

Those of us who live in the vicinity can't help but see a certain irony in the placement of these boulders, occupying the spot which we painstakingly fortified with jersey barriers and sandbags as protection against the threatened flooding of the street during the spring run-off in April. But no, the boulders are apparently not intended as an artful flood protection measure, but according to the NCC, are designed to serve as a sylvan look out for those who wish to pause by the river and admire the view. (Some skeptics might suggest that the "Look Out!" has more to do with warning unwary pedestrians of speeding cyclists than with an invitation to quiet contemplation, but that's another story). It remains to be seen how the City of Ottawa's river crews will cope with this new barrier

at the site of their traditional boat launch, but the good news is that if they have to give up in defeat, they can sit back and enjoy the view.

ening of the artery to make it safer for parents with strollers, the elderly with mobility aids, dog walkers and other pedestrians who share the space—at



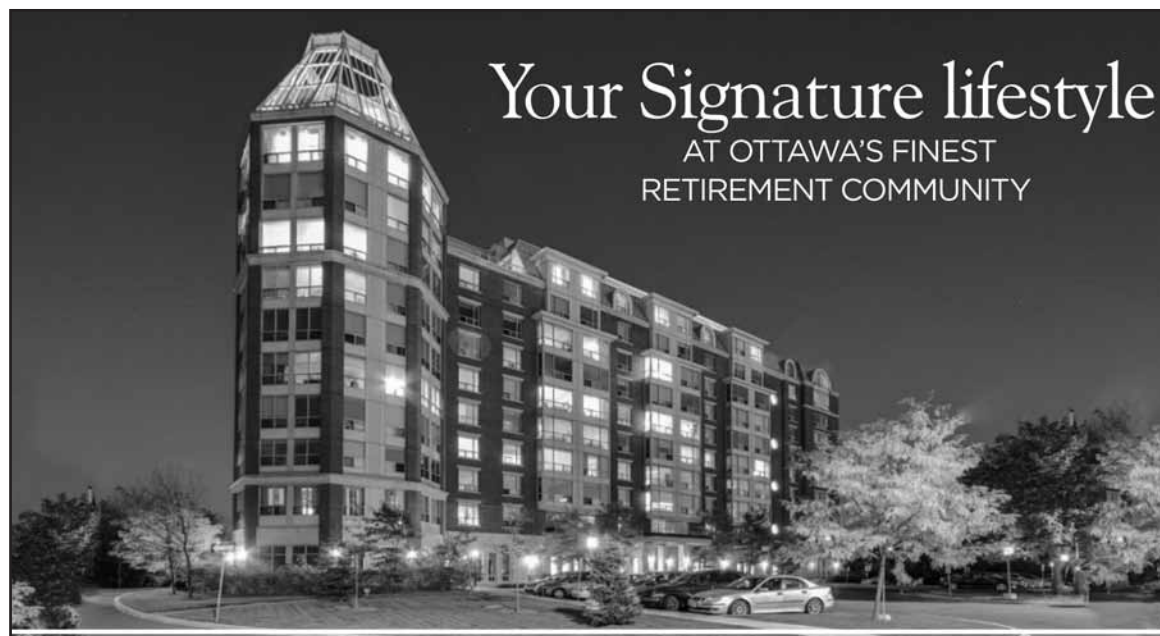
Photo: Ralph Heintzman

There is a certain irony in the placement of the NCC's new "look-out" boulders, on the spot which locals painstakingly fortified with barriers and sandbags for flood protection earlier this year.

We welcome the NCC's efforts to maintain the Stanley Park bike path in good shape and to encourage its use and enjoyment by both residents of our neighbourhood and the wider Ottawa community. That said, it seems regrettable that before the resurfacing took place, no consideration seems to have been given to a number of other important factors related to the structure of the pathway, notably the potential need for an elevation of this portion of the path to serve as a barrier against flooding, and/or a wid-

some risk—with cyclists traveling at high speeds. Both are serious concerns of many in the community, and it would seem a lost opportunity not to have tried to address them before this pathway upgrade went ahead.

Perhaps these issues, and the broader question of the need for increased NCC/City collaboration on a host of matters affecting our community, should be added to our post-election agenda for discussion with the successful candidate for Council in Ward 13.



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Mauril Bélanger
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The Public Service Sick Leave System

In the October 2013 Speech from the Throne, the federal government undertook to “reform disability and sick-day entitlements and work with employees to get them back to work as soon as possible,” almost implying that it was an entitlement rather than illness that kept them away from their desks.

Minister Tony Clement has now proposed replacing the current system of banked sick leave with a new short-term disability plan and has warned that annual sick leave may be limited to five days a year, which is a draconian cut from the 15 days currently allowed through negotiated collective agreements. Paid sick leave is not a perk that can be given or taken away at the discre-

tion of the employer, but a contractual benefit of employment negotiated over time and representing, along with salary and other forms of leave, the mutually agreed worth of the work provided by employees.

A Treasury Board report has warned of a heavy fiscal liability that the government’s obligation to provide sick leave apparently represents, but the report is mistaken or misleading in several respects. To start with, a theoretical liability is meaningless when a great number of public servants do not use all their sick leave entitlements. Furthermore, the Parliamentary Budget Officer (PBO) has noted that the so-called liability includes work-related injuries and unpaid sick leave which are not relevant

to the current discussion and negotiation. The PBO has also argued that the incremental costs of paid sick leave are minimal when departments do not backfill sick employees, which is the case with most departments and agencies. Finally, numbers are skewed when individual sick leave days are placed in the same basket as the forced draining of an employee’s banked sick leave immediately prior to long term disability.

The current system serves an important purpose: workers should not be going to work sick as this would impede their own recovery and may put co-workers—or the public—at risk of illness as well. We should be promoting healthy workplaces.

Let us hope that this situation will be resolved by good faith negotiation and not by another piece of legislation embedded in yet another omnibus bill.

* * *

Dans le discours du Trône d’octobre 2013, le gouvernement fédéral a annoncé qu’il «réformera les régimes de congés de maladie et de prestations d’invalidité, et travaillera avec les employés afin de les aider à revenir au travail dès que possible», laissant presque entendre que c’est le droit

d’être en congé plutôt que la maladie qui explique l’absence des employés.

Le ministre Tony Clement propose maintenant de remplacer le régime actuel de congés de maladie accumulés par un nouveau régime d’invalidité à court terme et avise que les congés de maladie seraient limités à cinq jours par année, ce qui est plutôt drastique comme mesure si l’on considère les 15 jours actuellement alloués selon les conventions collectives. Toutefois, les congés de maladie payés ne sont pas un avantage pouvant être donné et repris à la discrétion de l’employeur, mais bien un avantage social contractuel négocié au fil du temps et représentant, avec le salaire et les autres types de congés, la valeur du travail fourni par les employés ayant été convenue d’un commun accord.

Selon un rapport du Conseil du Trésor, l’obligation pour le gouvernement de fournir des congés de maladie serait une obligation financière lourde, mais ce rapport est erroné et trompeur à bien des égards. Tout d’abord, une obligation théorique est sans intérêt, surtout quand la grande majorité des fonctionnaires n’utilisent

pas tous les congés de maladie auxquels ils ont droit. De plus, le directeur parlementaire du budget (DPB) a fait remarquer que la soi-disant obligation comprend les blessures subies au travail et les congés de maladie non payés, qui ne sont pas pertinents dans ce dossier. Toujours selon le DPB, les coûts marginaux des congés de maladie payés sont minimes lorsque les ministères ne remplacent pas les employés absents, ce qui est le cas dans la plupart des ministères et agences. Enfin, les chiffres sont faussés lorsqu’on inclut les congés de maladie payés que l’employé est forcé d’écouler immédiatement avant d’obtenir l’assurance-invalidité à long terme.

Le système actuel a sa raison d’être: un travailleur ne devrait pas retourner au travail s’il est malade puisqu’il pourrait nuire à son rétablissement et rendre ses collègues—ou le public—malades à leur tour. Le gouvernement devrait favoriser un milieu de travail sain.

Espérons que cette situation sera résolue par des négociations de bonne foi et non pas par un projet de loi enfouis dans un autre projet de loi omnibus.



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Surprise! Iconic Bell Tower is Actually a Chimney

By Alan Bowker & Susan Pitt

Our neighbours will have noticed major activity around MacKay United Church this summer. The projects that have been done are thanks to a very successful Capital Campaign started in 2013 and which was supported by donations from our congregation and by the community at various fund raising events, e.g. last year's gala and the concert series.

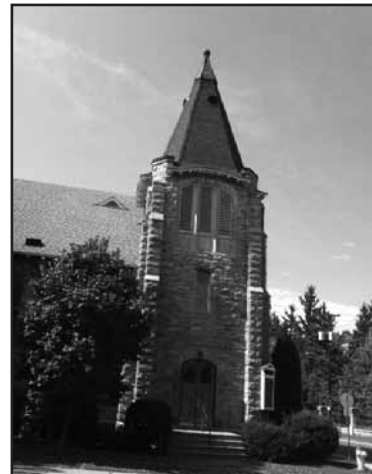


Photo: Susan Pitt

The church was built in 1875 and enlarged in 1896. The original sanctuary was replaced by the present building in 1909. The bell tower is one of the most distinctive features of the church, visible from blocks away and giving it a special character as a community centre and sacred space. The church is a designated heritage building.

also coordinated the contracting work both inside and outside the church. We found out new things about the bell tower in the process: There are no bells! There is a chimney, from the days when coal furnaces heated the church. Everything has to be kept shipshape.

Having ensured that there would be no further leakage of water into the sanctuary, we have contracted Blackforest Contracting Inc. to plaster and paint sections of the very high ceiling in the sanctuary. There is much more to do, but this is a visible improvement.

The project that was not on the To Do list was necessary for the safety of the staff and children attending NECTAR's after-school programme, volunteers of the church and for High Horizons (a programme for physically disabled adults), which take place in MacKay's Memorial Hall. The sidewalk from Mackay St. into the hall had fallen into disrepair over the years, allowing water to pool, ice to form and making it almost impassable during the winter and spring. Determining that the bedrock was about four feet deep and topped by shale, enabled Blackforest Contracting to rebuild the walkway with a drain in the lowest area to enable water to drain away, thus protecting the safety of all users.



Photo: Susan Pitt

Mackay United Church's bell tower (top) and sanctuary were just two of the many renovation projects at the church this summer.

Major repairs to the bell tower included repointing and water-sealing to alleviate water leakage through cracked stone and gaps in mortar joints. This was done by Lilika Masonry Limited, who also put a fresh coat of paint on the louvred windows, and left everything looking great. Ross Peterson and Associates, were responsible for the refurbishment of stained glass windows and the oak doors on Dufferin Rd. and Mackay St., which have beautiful new hardware and refitting in the refinished arches. Ross

It has been very interesting and it is a great feeling to be involved in the restoration of such a beautiful building located in a great neighbourhood and with such wonderful neighbours. But of course, each year's To Do list only makes way for next year's. There are many great projects to accomplish to ensure that our church remains a physical landmark and a spiritual beacon for our community. See you at the fundraisers and concerts. Thanks for all of your support.



It's Our Time to Strengthen the Heritage District Rules

By Gail McEachern

Chair, Heritage & Development Committee

What is a Heritage Conservation District? Part V of the Ontario Heritage Act enables the council of a municipality to designate the entire municipality, a portion of it as a Heritage Conservation District. This designation enables the council to manage and guide future change in the district through the adoption of a plan with policies and guidelines for the conservation, protection and enhancement of the area's special character.

The New Edinburgh Heritage Conservation District was established in 2000. New Edinburgh, like many other older urban neighborhoods, had experienced the loss of a number of early historic buildings—both residential and commercial. Architecturally, there is a variety of building types dating back to 1840. Most of the early buildings (up until the 1960s) were modest in size, and were built on long narrow lots bordered at one end by unpaved laneways.

The practice of demolishing existing structures and building larger homes gradually escalated through the 1980s and 1990s. During this time, some property owners severed their lots to enable an additional dwelling to be built on the lanes, or applied to build substantial additions projecting into the side yard or the garden space at the rear of the original house. It was the slow but steady loss of trees, landscaped gardens, and open green space between the houses so characteristic of New Edinburgh, that prompted the community to seek heritage designation. The concern was that the historic and village quality of the neighborhood would be adversely affected if the rate and scale of new development and alterations continued unchecked.

The process of creating a Heritage Conservation District (HCD) is complex and arduous. Establishing New Edinburgh's HCD required a major commitment of time and effort on

behalf of the City of Ottawa's heritage planner and a group of volunteer community members who met regularly for 18 months to move the process forward. The community at large was also invited to participate via two public meetings, through articles in the *New Edinburgh News*, and requests for building histories.

The work began in 1997. Phase I involved completing a detailed history of New Edinburgh, and filling out a heritage survey and evaluation form for every building in the proposed district. This was undertaken by Michael Benson, a summer student enrolled in the Masters Program in Heritage Conservation at Carleton University. Phase II, the evaluation phase, began in 1998. The volunteer 'working group' met with the city's heritage planner weekly to evaluate each building using the City of Ottawa's *Handbook for Evaluating Heritage Buildings and Properties*.

Buildings constructed after 1950 were not evaluated. The housing stock built between 1840 and 1949 formed the basis for the creation of the HCD. 272 buildings were reviewed. Each one received a score rating based on its merits in terms of its history, architectural integrity and style, and compatibility with the heritage environment. Based on its rating, each building was assigned to one of four categories, with category 1 having the highest value in terms of heritage significance and category 4 being the lowest. There were 19 buildings in category 1 (14 of which had been individually designated under the Ontario Heritage Act), 47 buildings in category 2, 127 buildings in category 3, and 79 buildings in category 4.

Phase III began in 2000. This phase included the analysis of Phase II's findings, and the preparation of the New Edinburgh Heritage Conservation District Plan by the city's heritage planner in consultation with the volunteer working group. The final document had to be reviewed by LACAC (Local Architectural



Photo: Christina Leadlay
(From left) Ottawa architect Barry Padolsky, Barrhaven councillor Jan Harder, and NECA's heritage committee chair Gail McEachern on a tour of New Edinburgh's Heritage District on Sept 22, 2014. The tour (the first of its kind) took nearly 20 members of the city's Built Heritage Sub-committee (of which Jan Harder is chair) and the media on a tour of heritage districts of Lowertown, New Edinburgh, Rockcliffe and Sandy Hill.

Conservation Advisory Committee), the Planning and Economic Development Committee, City Council, and finally the Ontario Municipal Board. It received approval from all four entities, and the New Edinburgh HCD came into being. The district's boundaries run along the Rideau Hall fence to the east, Dufferin Road to the south, the Rideau River to the west and Sussex Drive to the north.

The Heritage Conservation District Plan establishes the principles that underlie the protected status of an HCD. The primary aim of New Edinburgh's plan was (and still is) to preserve and enhance the historic village character of New Edinburgh. This was to be accomplished through the application of guidelines that would direct the management of the HCD to ensure the retention and conservation of the district's heritage resources. More specifically, preserving New Edinburgh's historic "village characteristics" was critical. These would include modest small-scale houses, rural-style laneways, tree-lined streets, landscaped backyards and open green spaces between houses.

In April 2005, the Ontario Heritage Act was strengthened to provide municipalities and the province with enhanced powers to preserve and promote Ontario's cultural heritage. HCDs established before 2005 need to review and update their plans to meet the new legislation's requirements. New Edinburgh is about to begin this process. A working group composed of members of NECA's Heritage and Development Committee, a

representative from Heritage Ottawa and Lesley Collins, a heritage planner from the City of Ottawa, will be meeting over the next several months to review our HCD conservation plan, and to develop clear and meaningful language that will strengthen the underpinnings of our district plan.

The issues which must be clarified are: the statement of objectives to be achieved in our HCD, the statement of our district's cultural heritage

value or interest, a description of our district's heritage attributes and those of specific properties within the district, policy statements, guidelines and procedures for achieving our objectives and managing future changes, and a description of external alternations which are minor in nature that an owner can carry out without obtaining a permit.

This is a critical moment in the history of our HCD, if we are to continue to preserve this very special place. Public consultation will be an important part of the process of reviewing and establishing the updated policies and guidelines for our HCD, and we will encourage and welcome community participation.



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BURGH BUSINESS BRIEFS

- By Jane Heintzman -

New Owners at Arturo's

Though rumours of a changing of the guard at **Arturo's Market** had been in circulation for several weeks beforehand, the sale of the restaurant to new co-owners **Laura Dunn** and **Richard Primeau** officially closed in June. The new team is now well established at the helm of this thriving neighbourhood hub.

Arturo's founding owner, **André Cloutier**, after whose remarkable grandfather Arthur (Arturo) Dorazio the restaurant is named, no longer has any operational role in the business, and is currently focusing his energies on **El Meson**, the popular Mediterranean fine dining establishment across the street from Arturo's, which he acquired two years ago. El Meson continues to flour-

ish under André's imaginative leadership. It's a safe bet that patrons can look forward to ongoing enhancements of their dining experience, notably, the reintroduction of flamenco nights and a simplification of the traditional menu to retain all the customary favourites but has streamlined the complex array of choices.

The new owners of Arturo's both have longstanding connections to our community: Laura as the Catering Manager of **Goodies' Fine Catering** for the past 12 years, and Richard as the former owner of the **New Edinburgh Newsstand**, an institution in the neighbourhood for 20 years. Laura's career has in fact encompassed all aspects of the restaurant business, where she has served in the roles of maître d', front of house staff, restaurant manag-

er, catering manager, bartender, server and even dishwasher when the need arose! She is a chef by training, having studied at the Culinary Institute of America, and later served as personal chef to the Finnish Ambassador to Canada. Laura is now applying her culinary expertise at the helm in the kitchen at Arturo's, by building on its growing reputation as a hub for tasty Italian food, from home-made pastas to pizzas, salads, grilled meats, poultry and seafood.

While Richard is best known in our 'hood as the long-time provider of our newspapers and magazines, in recent years, he too has been working in the restaurant business as restaurant manager at the Hilton Garden Inn Restaurant near the Ottawa Airport, where he has been honing his skills for his new role as co-owner/operator of Arturo's.

Since their arrival four months ago, Laura and Richard have wasted no time introducing a number of changes at Arturo's to further enhance the appeal of this popular spot. Apart from some new faces on the restaurant team (both in the kitchen and in the front of house contingent), Arturo's hours of operation have expanded, and the restaurant is now open on holidays and Sundays, so regulars should be sure to check out the new Sunday brunch menu.

Like most proud new home



Photo courtesy of Caroline Léonardelli
Caroline and current harp students. (clockwise from left): Andrew Burwash, Kalen Smith, Caroline Léonardelli, Aidan Thies-Thompson and Malcolm Smith.

owners, Laura and Richard have also undertaken a thorough interior makeover, adding such touches as cheerful tablecloths and upgrades in the kitchen, and changing the look of the menu. If you enjoy a glass of wine with your meal, you'll be delighted to know that Arturo's now offers a greater variety of wines by the glass, and has introduced some welcome enhancements to its wine cellar. At the time of our interview in the summer, Laura reported that the dessert menu was still a work in progress, but her mouth-watering tiramisu was already a hot seller, and undoubtedly other favourites will have made their début by the time of publication.

We welcome Laura and Richard to Beechwood, and wish them well in this busy new enterprise. Since its early days as a modest family-operated deli, Arturo's has steadily increased in scope and popularity to become a favourite on the restaurant scene in our community, and we look forward to its continuing to thrive as a local gathering place.

Caroline Léonardelli Harp Studio

Juno Award-nominated classical concert harpist Caroline Léonardelli is a well-known and highly regarded perform-

er in the Ottawa music community, and an accomplished harp teacher with strong ties to our neighbourhood, where for some years she maintained a studio in the CCCC's former home at 200 Crichton Street.

Caroline's professional training began in her native France, where she graduated with the top prize in classical harp from the prestigious Paris Conservatoire and went on to study with renowned classical harpist Lily Laskins. She is currently the principal harpist with both the Ottawa Symphony Orchestra (OSO) and the Gatineau Symphony Orchestra, and has been a guest performer with numerous other orchestras, including the Montreal Symphony Orchestra, Symphony Nova Scotia and locally, the NACO and Opera Lyra.

Caroline's real love in the performance domain is her work as a soloist and as a member of small chamber ensembles. She has performed on many occasions with acclaimed Ottawa organist Matthew Larkin, with whom she recently collaborated on a beautiful recording of early 20th century harp and organ music entitled *Légendes*. Caroline also works closely with her long-time friend and fellow musician, mezzo-sopra-



Photo: Louise Imbeault

Welcome to the new owners of Arturo's, Richard Primeau and Laura Dunn.



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no Julie Nesrallah, with whom she is scheduled to perform a major concert at New York's Carnegie Hall in early March. Choral work is a special passion of Caroline's, and she performs regularly with choral ensembles, including the Ottawa Children's Choir and the Choir of Men and Boys at Christ Church Cathedral.

Following up on her Juno-awarded nominated classical CD *El Dorado*, Caroline has recently released a new recording, *Impressions de France*, described by *Ottawa Citizen* music critic Richard Todd as "brilliant." No sooner was this work completed than Caroline redirected her creative energies to the planning of a new

Antoine Malette-Chénier, was awarded the prestigious Michael Measures Prize, a \$25,000 award recognizing a young, classical musician of outstanding talent and accomplishment.

Like any other discipline, making progress in proficiency of the harp requires regular practice, and Caroline's students are encouraged to stick with a daily regimen, ranging in duration with age and level of advancement from about 15 minutes for the youngest set to several hours for those approaching the virtuoso level. Her students perform in at least two studio recitals each year, as well as in several annual visits to retirement residences



Photo courtesy of Dr. Sasha Hamid

A view of the front desk at Byward Chiropractic Clinic.

CD featuring 19th and early 20th century Italian music, to be produced in collaboration with mezzo Julie Nesrallah. She and Julie plan to start serious work on the new project at some point next summer, but in the interim, she has a busy performance schedule drawing on the repertoire from *Impressions de France*.

In addition to her role as a performer, an equally important dimension of Caroline's musical vocation is her work as a classical harp teacher, training harp students from age seven to adult, and from beginner level to advanced performance. Her curriculum is based on the Royal Conservatory program for harp, and her teaching is focused on developing top quality performance of classical solo harp, harp ensembles, chamber music and orchestra audition repertoire. Many of her students have gone on to advanced studies at such leading music schools as the Eastman School of Music and the Yale School of Music, and a number have won principal harp positions with the National Youth Orchestra of Canada (NYOC). This past summer, one of her most brilliant students, Gatineau's

throughout Ottawa, where the elderly residents invariably greet the young musicians with enormous enthusiasm.

Caroline is currently able to accommodate a number of new students at her Alta Vista studio, so if you or your offspring are interested in trying your hand or honing your skills at this hauntingly beautiful instrument, you can reach her at 613-296-4405 or at www.carolineleonardelli.com.

Byward Chiropractic Clinic

In early July, the Byward Chiropractic Clinic and Massage Therapy Clinic marked its fifth anniversary in its Byward Market location at 333A Cumberland Street (at York). It currently serves as a one-stop shop for those in need of treatment and/or professional advice on a broad spectrum of health and wellness concerns, from chronic conditions or injuries requiring chiropractic and/or massage therapy to diet and nutrition, ergonomic and home exercise support, and custom orthotics.

The range of conditions treated at the clinic runs the gamut from pain and stiffness in the lower back and neck (the universal complaint of all sedentary workers) to migraines,

joint pain, carpal tunnel syndrome, work- or car accident-related injuries, sports injuries, arthritis and even some less typical conditions such as asthma, dizziness and attention deficit hyperactive disorder.

While clinic owner **Dr. Ken Brough** continues to practice at the company's original location in the Glebe, the market location is served by two experienced chiropractors, **Dr. Sasha Hamid** and **Dr. Michelle Corriveau**, along with three full-time Registered Massage Therapists. Dr. Hamid puts special emphasis on the clinic's multi-disciplinary approach, describing the group as "a team of health care professionals providing evidence-informed care in a collaborative model" for the benefit of patients. The clinic works closely with general practitioners, receiving referrals and providing family physicians with thorough patient assessments, including X-ray findings and diagnosis, and a Chiropractic Care plan and prognosis.

Dr. Hamid reports that while in its early days of operation, the Byward clinic served primarily a public service clientele working in the downtown core, since the explosion of condominium development in the area, its clients are predominantly local residents who live within walking distance of the clinic, and are able to drop in for appointments before and after working hours. All new patients receive a thorough consultation and examination to assess range of motion and

specific musculoskeletal conditions, along with an on-site X-ray if needed for an accurate diagnosis. This initial assessment then serves as the basis for a personalized care plan incorporating whatever combination of chiropractic and massage treatment is required to address the problem.

In addition to the core services of chiropractic and massage, the doctors at the Byward Clinic offer complimentary **health and wellness workshops** to both patients and the general public, addressing such topics as nutritional supplements; ergonomic support, including advice on equipment; work station layout and work strategies to minimize fatigue, discomfort and stress; home exercise advice; and supportive devices such as Tempur-pedic pillows and custom orthotics. Check out their workshop schedules at www.facebook.com/bywardchiro, and under "seminars" at www.eventbrite.ca. Their web site is www.bywardchiropractic.com.

If you're struggling with persistent aches or pains that take the edge off your enjoyment of life or your efficiency at work, you can reach the clinic at 613-860-8600 or book a massage appointment online at www.bywardmassage.com. Dr. Hamid takes pride in the clinic's ability to offer rapid-often same day- service, so you needn't be concerned about a long wait to have your problems addressed.

Kitchens, Baths, Interiors (K.B.I. Ottawa)

We wish a warm welcome to new NEN advertiser **Gonzalo Inostroza**, President and C.E.O. of **K.B.I. Ottawa**, a small company specializing in custom home renovations with a particular focus on kitchens and bathrooms. Gonzalo has worked in the interior renovation business for over 25 years, learning the skills of the trade through hands on experience, and ultimately launching his own company, K.B.I. Ottawa, a decade ago.

He takes great pride in his pivotal role in every project, large and small, and is strongly committed to the golden rule of renovations: completion on time and on budget. In each case, he serves as project manager and single point-of-contact for his clients, overseeing all aspects of the project from estimates to contract review, sub-trades hiring and management, blueprints, scheduling, materials management, and close consultation with the homeowners to ensure that their needs and preferences are reflected in the finished product.

Gonzalo's team is well versed in the particular charms and challenges of older houses such as many of those in our neighbourhood, and is currently working on a century-old building in Sandy Hill. Although K.B.I. tackles the full spectrum of interior projects from basements to media rooms, Gonzalo has special expertise in kitchens, working closely with custom kitchen manufacturers, master trades-

Continued on page 12

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men and leading interior designers to transform this critically important space, which he regards as the heart of every household, “where family life happens.”

And indeed, few would argue that the family kitchen has long been much more than a meal production facility, serving as well as the locus of family gatherings, meetings, important family discussions and decisions, and in many households, the daily grind of homework preparation. It's a well-known fact of our neighbourhood history that one of our major community organizations, the NECTAR Centre (formerly the Crichton Cultural Community Centre), was created at a family kitchen table on Ivy Crescent close to 15 years ago, and in the ensuing years, many more discussions of its fate and future took place at that same table!

For Gonzalo, renovating a kitchen entails a thorough consultation with his clients to determine the particular tastes and requirements of their households, and to tailor his designs to meet these requirements as efficiently as possible, bearing in mind the aesthetic preferences of the family in question. It's a tall order, but one for which the key, in Gonzalo's books, is to be a careful and accurate listener at the early design stage of the project.

You can reach Gonzalo and K.B.I. at **613-600-7828** or at www.kbiottawa.com.

A Better Fit Bespoke Exercise

We welcome new advertiser **Juliette Hunter**, a Certified Athletic Therapist who currently offers Personalized Exercise Training, both in her own home in Manor Park, and in the homes of clients who prefer the convenience of personal visits. Juliette has 17 years' experience in the field of exercise rehabilitation and personal training, and has practised in sports injury clinics, gyms, colleges and universi-



Photo: Dawn Oosterhoff

Personal trainer Juliette Hunter (right) takes a client through a stretching exercise in a cozy home-based setting.

ties.

Before moving to Ottawa in 2005, she co-owned and operated an on-site sports injury care company in the Oakville area. In her early years in Ottawa from 2005-2009, she worked as a personal trainer at Good Life Fitness, specializing in clients with injuries or conditions requiring rehabilitation, and subsequently brought many of those clients with her when she launched her own home-based studio.

Juliette describes Athletic Therapy as an active, exercise-based approach to rehabilitation geared to the objective of “a rapid return to work and play.” Many of the techniques involved in Athletic Therapy parallel those used by physiotherapists, including ultrasound and manual therapy. A central focus of the approach is **body biomechanics**: the analysis of posture, gait and patterns of movement which directly affect (for better or for worse) the condition of our joints and muscles.

Athletic Therapists are certified by the Canadian Athletic Therapy Association which sets out a range of practical and academic requirements, and administers a set of clinical and comprehensive oral/practical examinations which are the prerequisites of certification. Juliette has been certified since 1999, and has since

accumulated a wealth of skills and experience in the assessment, immediate care and rehabilitation of musculo-skeletal injuries, as well as in the prevention of injuries through such methods as warm up conditioning programs, careful equipment selection and supportive taping. At the other end of the spectrum, once the damage is done, Juliette also plays an important role, providing on-site injury treatment at local sports tournaments.

In her home-based practice, she currently works with a clientele ranging in age from 12 to 70, stressing that whatever your age, the key to success in the training process is your motivation in taking charge of your own regime, and working doggedly towards your personal rehabilitation and fitness objectives. In many cases, Juliette herself serves as the motivator who makes all the difference, encouraging clients to think of their sessions with her as team work, where both team members work equally hard towards a common goal.

If you are recovering from an injury and are keen to regain a healthy activity level, or if you'd simply like to start exercising again but want to make sure you do so in a safe, carefully regulated fashion without incurring the costs of an expensive gym membership, call Juliette at **613-355-8403** or check out her website at www.abetterfit.ca. She offers free consultations to discuss your needs and fitness goals, and to ensure that Athletic Therapy is the program best suited to address them.

At the moment, her early morning hours are fully booked, but she welcomes new clients who are available for day time appointments, possibly at the lunch hour or early afternoon for self-employed or working clients with some flexibility in their schedules. Best of luck Juliette, and welcome to our NEN advertising roster!

A Cocktail with Your Coffee?!

Back in June, an *Ottawa Citizen* article reported on an intriguing new development about to make its debut at **Bridgehead**, the local coffee house chain founded and owned by entrepreneurial whiz **Tracey Clark**, a well-known and active member of our community. As signalled in the article, starting this September, Bridgehead's central facility at **The Roastery** on Anderson Road at Preston Street has begun serving beer, wine and coffee-inspired cocktails after 4 pm. This is a whole new departure for the chain which, if successful, may be expanded to other central Bridgehead locations in Wellington West, Westboro and here on our own home turf at 131 Beechwood. The new beverage menu at The Roastery includes local craft beers from Beau's Brewery and Beyond the Pale Brewery, both of which had previously partnered with Bridgehead to produce a line of coffee-infused craft beer.



Photo: Randy Hogg
Bridgehead owner Tracey Clark shows off Beyond the Pale and Dominion City Brewing craft beer now offered at the Roastery. Also available are Beau's Beer and wine on tap-YES, on tap!

Bridgehead's master barista **Randy Hogg** cautions that the plan is to take a very gradual approach, and to carefully evaluate the success of this latest innovation over the coming year before making any further moves to other locations—so beer and wine lovers in our 'hood will have to hang on until 2015 at the earliest before they can savour a tasty brew at Bridgehead on Beechwood. Along with the introduction of beer, wine and cocktails, Randy and his team are currently working on a menu of light meals to be served in the evenings as a complement to the liquor line up. While at the time of our interview the menu was still a work in progress, Randy describes the theme as “light gourmet comfort food,

based around freshly-baked bread.”

With the expansion of its baking program, Bridgehead has recently opened a capacious, new traditional Italian bake oven at The Roastery, where members of the public are welcome to drop in and watch the bread-baking in progress. Bridgehead also hopes to designate one Sunday of each month for communal baking sessions, when you can take your oven-ready loaf and have it baked alongside the creations of others in the giant Roastery oven. Stay tuned for more news of this remarkable, ever-evolving coffee house enterprise which has put down deep roots in our community, and become one of our most vibrant, popular gathering places. Knowing Tracey, the best is yet to come!

Thanksgiving Turkey Time

Once again this year, **Nature's Buzz**, our local supplier of all things organic, will be offering tasty local, organic turkeys from Charlevoix Farms for Thanksgiving suppers in households throughout our community. By press time, most regular Nature's Buzz shoppers will have placed their turkey orders, but if by chance it has slipped your mind, give them a call at **613-842-0280** or drop in at 55 Beechwood to get your order in.

If you're new to the community, you may not yet be familiar with Nature's Buzz' line up of organic and local meat, poultry, fish and produce, which includes beef, pork, chicken and lamb from: **Field Gate Organics**, delivered on Thursdays; bison and elk products supplied by **The Elk Ranch** every Wednesday; wild caught fish and organic salmon from both **Clare Island Salmon** and **Creative Salmon**, a new supplier based in B.C.; and fresh farm veggies delivered on Mondays, Tuesdays and Thursdays by a number of local growers, including **Ferme Défriche**, **Ferme aux Pleines Saveurs**, **Meadowlark Rise Farm** and **Butterfly Sky Farm**.

New on the store's agenda this summer are ice cream and unflavoured yogurt made from sheep's milk and supplied by **La Bergerie des Sables** in nearby Curran, Ontario. According to store manager **Eric Passmore**, these have been a huge hit in the neighbourhood, not merely due to their advantages for those with sensitivities to cow's milk, but also due to their amazingly delicious flavour. When Bridgehead owner **Tracey Clark** dropped by one day and happened to try a

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small container of the sheep's milk yogurt, she was so enthusiastic about the product that she proceeded to place a very large standing order with La Bergerie des Sables to supply all her coffee shops.

Celiacs and those with gluten sensitivities will find plenty of tempting options at Nature's Buzz for indulging their sweet tooth. Ottawa's **Dolci Bake Shop**, one of the few 100% gluten-free facilities in the area, supplies the store with gluten-free gourmet cookies, biscotti and brownies so you can freely enjoy a sugar fix at no risk to your health (though your waistline is a different matter!) Another new sweet treat at the store is **Baroness Chocolate** from a local Ottawa-based company which sources all of its chocolate ingredients from Rainforest Alliance certified farmers who are committed to sustainable, eco-friendly production methods.

Eric reports that he has on hand a limited number of **Santevia Alkaline Water Filtration Systems** which produce mineralized alkaline water to balance pH levels, and counteract the damaging effects of acidic foods such as sugar, alcohol and processed foods, as well as acid-causing conditions such as stress and



Photo: Louise Imbeault
Nature's Buzz Store Associate Nancy Phillips and her family are now taking orders for local, organic turkeys for the holidays.

lack of sleep. Viruses, fungi, bacteria and yeast are all known to thrive in acidic environments, so enhancing the alkalinity of our water supply can be a helpful step in maintaining our general health. You can find out about the Santevia systems on the company website at www.santevia.com or drop by Nature's Buzz to have a first-hand look.

Burgh Business Bits

Seniors of Distinction Awards: Oct 4

Governor's Walk Community Relations Coordinator **Tara Spour** is gearing up for the

second annual **Seniors of Distinction Awards (SODA)** presentation at the residence on October 4, 2-4 pm. The awards, which recognize the accomplishments of senior citizens throughout the Ottawa area, will be presented in celebration of the **International Day of Older Persons on October 1**, an annual occasion established by the United Nations in 1990. The Honourable Madeleine Meilleur, M.P.P., and Mayor Jim Watson will be among the dignitaries attending the ceremony to salute the 2014 winners.

Throughout late August and September, members of the

community have been submitting their nominations of seniors who are making significant contributions in the realms of **Art; Leadership; Community Service** and **Healthy Living**. When the nomination process closes in late September, a Selection Committee will decide on the top candidates to be announced and presented with their awards on October 4. Stay tuned in December for a report on this year's winners.

Also coming up on the fall agenda at Governor's Walk is **Coffee Break: Donations for Desserts**, a fundraising event on **September 28 at 2:30 pm** in the residence dining room. Participants can enjoy free coffee and music by Mike Fahey, with all proceeds from their "Donations for Desserts" going to support the work of the Alzheimer's Society of Ottawa and Renfrew County. And once again this year, the community is invited to the **Annual Oktoberfest at Governor's Walk on October 10**, at 7:30 pm. There will be singing, dancing to the music of The International Set, and plenty of German beer and pretzels to refresh party-goers after an enthusiastic round of polka dancing.

Beauty Mark Esthetics

We send our sincere condolences to Beauty Mark Esthetics' owner **Lee-Ann Zannelli** whose father **Enzo Zannelli** died in late July after a long illness. Our thoughts and sympathies are with Lee-Ann and her family.

Scone Witch

Scone Witch owner **Heather Matthews** has recently moved her downtown business from 388 Albert Street to **150 Elgin Street (at Gloucester)**. By all accounts, the new restaurant has caught on rapidly in this convenient, centrally located spot, where it has a few more tables and a larger working and display space than the original Albert Street location. In the *Ottawa Citizen's* recent "Brunch Battle" feature, the Scone Witch edged out its competitor Jak's Kitchen to capture the Readers' Winner title, so Heather's special scone magic has clearly not lost its appeal.

20 Years for Edward Jones

This October, the Edward Jones team at 266 Beechwood are celebrating the branch's 20th anniversary in our neighbourhood, where financial advisor **Steve McIlroy** has served as company representative since 2005, replacing **Elizabeth McLean** who was at the helm

Continued on page 14

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**Lobsterfest:
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Live Entertainment Saturdays at 9 pm

Continued from page 13

for the first decade of the Beechwood operation. Since the founding of the company in 1922, Edward Jones has steadily expanded to cities and towns throughout both the U.S. and Canada, and now has more branch offices than any other brokerage in North America. The first Canadian branches, launched in 1994, were both in our bailiwick, the very first in Orleans, and the second here on Beechwood. Our congratulations to Steve and to his colleague **Sandy Comeau**, Senior Branch Office Administrator, on this milestone.

Super Food Direct to You

Microgreens are the shoots of salad vegetables such as arugula, Swiss chard, mustard, beetroot, etc., picked just after the first leaves have developed. They're grown in flats in high light, low humidity conditions, and first gained in popularity in the early 1990s in trendy San Francisco restos and bistros. Now there are multiple varieties found in grocery stores and fine dining establishments everywhere. Aside from their decorative quality and fresh flavour, microgreens are a

health booster, containing high levels of such important nutrients as Vitamins C, E, and K (potassium) and beta-carotene. Thanks to local entrepreneur and "urban farmer" **Jace Baart**, you too can add these little green gems to your gourmet pantry as **Microgreens Ottawa** delivers to your front door. Some varieties are grown all year round. Visit microgreensottawa.ca for details, or check out his new ad in this edition. (Contributed by *NEN and Beechwood Market photographer Louise Imbeault*)

Changes Coming to Café 327

Executive Chef **Colin Lockett** has recently bought out his former partners at Café 327, Annie Durand-Brunet and Germain Brunet, to become sole owner of Café 327. Colin has plenty of plans for change, beginning with a name change to **Copper Pot Bistro** and an exterior facelift. Stay tuned for details in our next edition.

Custom-Made Suits Make Way for Custom Home Renovations

On September 25, **Amsted Design Build** officially opened its second **Living Room Client Centre**, now up and running

in the former premises of the legendary **Leo La Vecchia** at 17 Springfield Road. Amsted is widely known as a multiple award-winning, full service design build company with projects throughout the Ottawa area, and is currently celebrating its 25th anniversary in business. The new Client Centre is a multi-purpose facility with office and meeting space for the sales and design teams, and will serve as a home base for all those involved in projects in our area. Interested members of the public are welcome to drop in to the centre to chat with an Amsted representative, and have a look at display boards of Amsted's award-winning projects, as well as the sample Living Room décor in the newly renovated premises.

Celadon's New Senior Stylist

CELADON Salon & Spa (373 St Laurent Blvd) welcomes **Jordan Ferraro**, a talented senior hair stylist and image consultant. Jordan brings a wealth of experience. He owned his own salon in Boston, represented Redken as its U.S. educator, and more recently acted as an image consultant for senior members of the Democratic Party, including Bill and Hilary Clinton. Jordan prides himself on getting to know each client: what they like about their hair, what they would like to change and how much time they have to spend on maintaining their style. He uses his expertise as a make-up artist and a client's skin and eye colour when recommending a new hair colour. Jordan works Wednesday to Saturday, and other times by appointment. To book a consultation, call 613-746-3500. (contributed by *Morna Paterson*)

Children's Safety First... Until December 31

By **Marta Reyes Lipman**

Children walking to nearby schools can finally cross Springfield Rd. and Rideau Terrace safely with the help of a crossing guard—albeit only until the end of the calendar year.

This was the result of a year-long campaign to convince the City to set up a crossing guard at a spot that can easily qualify as one of the most dangerous in the neighbourhood, particularly for children walking on their way to and from school. On any given morning, pedestrians must jostle with drivers for their turn to cross this four-way intersection. Although some drivers stop long enough to allow safe passage, others do not and near misses have been witnessed too often.

This situation prompted an online petition to the City last fall to fund a crossing guard. The petition was signed by hundreds of residents and parents and delivered to City Hall. However, it took several follow-up emails for the City to conduct a review of the intersection the following spring to determine if the junction warranted a crossing guard. Not surprisingly, the review's conclusion was that the intersection of Springfield and Rideau Terrace met all the requirements for a crossing guard. What came as a shock however, was that this ranked low in the City's funding priorities, and that the community would have to wait another year for the City to find the money for a crossing guard.

Putting children's safety on hold is not acceptable, so the

parent councils of Rockcliffe Park and St Brigid's schools joined forces and brought up the issue directly with Major Jim Watson and Councillor Peter Clark, who currently represents the neighbourhood at City Hall. Just recently, at the end of September, Councillor Clark put the issue up for discussion on the City Council agenda, and the community learned that funding had been approved for a crossing guard, not only for one in our neighbourhood but also for others in neighbourhoods across the city.

The catch is that the funding is temporary and will last only until the end of December. This will leave children out in the cold come January, just as the roads freeze and the weather becomes unpredictable.

The reason for this temporary solution appears to be that the City wants the School Board to pitch in for the funding, as it argues crossing guards are needed only near schools. However, according to the Ontario Highway Traffic Act, crossing guard funding falls under municipalities, so until that changes, residents have the right to expect the City to fund this essential service permanently and give children's safety the priority it deserves. This is surely a thought that will likely be in the mind of many parents in the neighbourhood as they head out to vote in the municipal election this fall.

Your opinion counts. If you think this funding should be permanent, contact our representatives at City Hall.



Photo courtesy of Jace Bart, Microgreens Ottawa

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BY SOMERSET MAUGHAM

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Small Updates Coming to Beloved Bookshop

Continued from page 1

When **Jean Barton** and **Mary Mahoney** co-founded the business in 1994, both were actively in search of a new occupation to which to devote their energies. While neither had previous experience in the book trade, Mary's retail skills and Jean's library background proved to be a winning combination. Before long their new enterprise was attracting an enthusiastic local clientele, which, as it turned out, has stuck loyally with the store ever since.

In its first location at 86 Beechwood (one of the now infamous Lauzon properties owned at that time by Claude Bouchard), there was only limited browsing space at Books on Beechwood and on busy days, it could be elbow to elbow. Within five years, however, Jean and Mary made the move across the street into

New Edinburgh Square, where they doubled the store size, acquiring the space in which to store inventory, operate an office, and better display their merchandise. For clients, the ample browsing room made visits to the store a highlight of any Beechwood shopping excursion.

When Mary retired from the business in 2001, Jean stayed on to serve a dedicated local clientele of book lovers, and in the process, acquired a knowledgeable and intensely loyal staff, most of whom remain at B on B to this day. One of the secrets of Jean's success was her determination to stick with the modest goal of maintaining a strictly neighbourhood-focused operation. Over the years, she acquired an intimate knowledge of the tastes and interests of her regulars, and actively engaged in community life through ongoing

support for such local institutions as the Rockcliffe Book Fair, as well as neighbourhood events and gatherings of all descriptions, for which B on B frequently served as a central ticket depot.

With its more recent forays into the realm of book signings, author readings, story time for kids, and the enormously popular Books on Beechwood Book Club initiated by staff member Jill Moll several years ago, the store has still further deepened its neighbourhood roots, and secured its place as a hub for community life.

Despite the daily demands of the job of keeping this distinctive small business afloat, Jean looks back at the first 15 years of the venture as an enormously rewarding and enjoyable interlude in her life. Like every other Beechwood business, however, Books on Beechwood was profoundly affected by the catastrophic fire of 2011, which effectively wiped out the local shopping area and dramatically reduced the clientele of the surviving stores. Perhaps most distressing of all was the state of apparent paralysis on Beechwood which followed the fire, with the fate of the burned out property remaining uncertain, and no compensating signs of life elsewhere on the Beechwood



Photo provided by Mary Mahoney

Jean and family at the opening of the store in 1994.

corridor.

Confronted with this dismal picture and an increasingly tenuous bottom line, Jean took the fateful decision to close the store, making the formal announcement in the pages of this paper exactly two years ago. To the great distress of her many loyal clients in the community, plans were set in motion to wind things down towards a final closure at the end of 2012, and the end of an era seemed close at hand.

We all know the unexpectedly happy ending of this story, and it could be said that no one was more surprised by it than Jean herself. She confesses that she had "never dreamed that anyone in their right mind would want to buy a bookstore," so when the triumvirate of **Brian Sullivan**, **Peter Dawson** and **George Laframboise**, all members of the Senior Management team at Iridian Spectral Technologies, came forward to explore that possibility, it came as a bolt from the blue, albeit a profoundly welcome one. The instigator of the purchase proposal was Brian Sullivan, and it was no coincidence that he and his son Nicholas were longstanding and committed B on B customers—a testament to Jean's winning strategy of resolutely focusing on the neighbourhood

and building client loyalty!

Iridian co-founder Peter Dawson, who is now the hands-on member of the trio, overseeing operations at the store and keeping an eagle-eye on finances, recalls that the sale negotiations in late 2012 took place at record speed, as the prospective buyers received an exhaustive rundown from Jean. They closely examined the store's financial situation, and in Peter's case, undertook one-on-one interviews with each of the staff members. It will not surprise readers to learn that Peter was extremely impressed by the competence and commitment of the staff, and greatly encouraged by their preparedness to remain with the business under a new ownership team—a critical factor in the trio's ultimate decision to proceed with the purchase. **Antoinette, Jill, Hilary, Bridget, Dave, Di, Stephanie, Margaret and Bonnie** are all familiar and welcoming presences at the store, and who have successfully maintained continuity in its operations throughout the transition period.

Since their acquisition of the bookstore on February 1, 2013, the new owners have firmly adhered to the time-tested maxim "If it ain't broke, don't fix it". The trio's preliminary

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Photo provided by Mary Mahoney

Mary Mahoney out front of the first location of Books on Beechwood.

analysis of the business confirmed that it was a well-run operation requiring no drastic changes, and their primary aim was to maintain the character and spirit of B on B as a community venture, while boosting revenues sufficiently to ensure its sustainability over the longer haul.

Peter is very much aware that since the near loss of the store in late 2012, many of its local clients have been jolted into a more conscious commitment to securing its future, and now make a point of dropping in more regularly and ensuring that "Buy Local" is the guiding principle of all their book purchases. This circling of the community wagons was apparently reflected in the encouraging financial results in the first year of operations under the new ownership team, a year crowned by an especially successful Christmas season.

Bringing to bear an extensive background in business and modern communication methods, Peter's current plans include a number of "small updates" at B on B, intended in part to enlarge the store's highly concentrated client demographic. The findings of a client survey conducted this summer by a Carleton MBA student working with Peter confirmed his surmise that the 45-65 and Over 65 demographics are the predominant client age groups, and his hope is to capture a portion of the younger, more "connected" crowd by placing increased emphasis on such time-saving electronic tools such as online

ordering and book searches.

As the store heads into its third decade on Beechwood and the Iridian trio approaches its third year of ownership, Peter reports that he is enjoying his new role immensely, and has found it a personally rewarding experience to be at the helm of such a highly valued community institution—oh, and he "loves being surrounded by all those books!"

A Season of Celebrations

B on B's 20th Anniversary celebrations kicked off with a major **one-day sale on September 13**, when the neighbourhood converged on the store to stock up on reading material at a whopping 20 percent off regular prices, and to tip their hats to two wonderful decades on Beechwood.

Books on Beechwood Book Club sessions also started up again on September 10 (Group 1) and September 24 (Group 2), launching a lively season of reading and discussion with group leaders **Jill Moll** and **Antoinette Fracassi**. If you're new to the neighbourhood, you may want to drop in to the store or check out the **Book Club Poster** in this issue, which includes all the details of schedules and titles for this fall. The Club is becoming an increasingly popular institution in the community (so much so that a second monthly session had to be added to the roster to accommodate all the interested participants), and it's a great way to get to know your neighbours and exchange ideas about some fascinating

publications.

The **Titles@Table40** series resumed on Sunday, September 28, with an evening of gourmet Fraser brothers' food and discussion with author Frances Itani about her new work *Tell*. A second fascinating **Titles@Table40** event will take place **October 19 at 6 pm** when military historian Tim Cook will be on hand to discuss his latest work, *The Necessary War: Canadians Fighting the Second World War, 1939-1943, Vol. One*.

Meet the Authors

Also on the fall agenda at the store are a number of interesting author visits and book signings:

- Saturday, October 4, 12-2 pm, **Ross Dumoulin** will be at the store to sign copies of *Celebration of Fatherhood*
- Sunday, October 5, 12-2 pm, **Philip Sherwood** will sign copies of his father Fred Sherwood's wartime memoir, *It's Not the Ships*
- Monday, October 6, Time TBA, Green Party Leader **Elizabeth May** will pay a visit to sign her latest work, *Who We Are: Reflections on My Life and Canada*
- Friday, October 17, Time TBA, **Terry Gould** will be on hand to sign *Worth Dying For*
- Sunday, October 19, 12-2 pm, Meet **Janice Macdonald** signing her latest publication, *The Roar of the Crowd*
- Wednesday, October 22, 4-6 pm, **Barbara Robson Bond** will be at the store to sign *On Second Thoughts*
- Friday, October 24, 7-9 pm, Local historian **Alan Bowker** will launch his new work on the impact of WWI, *A Time Such as There Never was Before: Canada After the Great War*.

You'll find all the details about upcoming book signings and other events at **bookson-beechwood.ca**, so keep an eye on the unfolding schedule for the fall, and join the B on B team to celebrate this momentous 20-year milestone. **Jean**, we miss your daily presence and thank you once again for your extraordinary contribution to the life of our

neighbourhood. Our thoughts are with you in the months ahead. And to **Peter, Brian and George**, we extend our sincere thanks for stepping in to keep the heart of our community beating, and to bring it new life in the decade to come.

Congratulations to all, and here's to the next 20 years of our collective literary life!

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By Tasha Diaczyk, Caroline Matt and Catherine McConkey

Let's recap the spring and summer. First, thank you again to **Joseph Cull** who brilliantly came out of retirement to arrange **THE BEST CHEERING STATION** again. We are so good that the organizers of the Marathon weekend changed the route to have our neighbourhood at the 36km point; just when the marathoners really needed a boost to their energy level and help carry them along to the finish. Everyone did a wonderful job in cheering the athletes to reach their goal. Thank you to everyone who came out and cheered. Joseph has always been the lead organizer for the cheering station and always done such an amazing job.

What a summer it has been at the Fieldhouse! The CCC once again received a **Canada Summer Jobs Grant** to hire a Fieldhouse manager. After reviewing many interested candidates and a very competitive selection process, we were thrilled to hire **Daphnée Dubouchet-Olscheski**. Daphnée impressed us all with her creativity, thoughtfulness,

drive and unlimited ideas to keep children entertained. During her six-week tenure, she managed the Fieldhouse and snack bar, helped out with NECTAR camps, and organized many kids' activities. And let's not forget the first edition of the **New Edinburgh Disney Dance Party**, which turned the Fieldhouse into a Disney castle, and many youngsters into princes and princesses! We would like to thank Daphnée for her hard work and initiative, and wish her all the very best for her first year at the University of Toronto.

This year we brought back the **Annual New Edinburgh Picnic** with an added twist of a **Scavenger Hunt**. It was a huge success, with over 40 children attending, plus their moms, dads, aunties, uncles and grandparents! We started off the day at the registration table, and then the kids decorated their own scavenger hunt bags at the craft table with our summer student, Daphnée. After that, everyone was summoned outside to go over the rules and sent off with enthusiastic cheers from the "crazy lady with the cowboy hat." Kids of all ages were

scrambling around everywhere for clues while their parents tried to keep up—what fun! Everyone was a winner in the Scavenger Hunt with the **Most Interesting Find** won by **Hannah and Olivia Wilkinson** the **Most Points** won by **Isla and Augusta Young-Martin**. Next, a BBQ lunch was served up by volunteers and was then followed by face painting, playing games, and cooling off in the sprinklers. And then there were the races. Our young athletes excelled in such disciplines as the three-legged race, the potato sack race and the squeaky toy race.

The competition was fierce but the following children could claim victory in their respective age groups: Three-legged 6 (years) & under - 1st Place - **Isla and Augusta Young-Martin**; three-legged 7 & up - 1st Place - **Mamadou Ba and Harvard Matt**; Potato Sack Race 6 & under - **Kaia**; Potato Sack Race 7 & up - 1st Place - **Mamadou Ba**; Squeaky Toy Race 6 & under - **Isla Young-Martin**; Squeaky Toy Race 7 & up - **Sumita Desouza**. To top off the day, **Merry Dairy** paid us a visit and cooled off the crowd of sun-kissed kids and parents with their decadent frozen custard. The sun was shining, the air was warm and Stanley Park was alive with excitement all day. All sorts of prizes were awarded thanks to the generosity of our sponsors (in no particular order): **The New Edinburgh Pub** (hotdogs, buns and condiments), **Da Bombe** (cookies and free brunch for three), **Ola Cocina** (gift card), **Sconewitch** (scones with jam), **Books on Beechwood** (\$40 gift card), **ZaZaZa Pizza** (three free pizzas) and **Performance Motors Ottawa**. We also had a special visit from **Jake Swery** (balloon



Photo: Daphnée Dubouchet-Olscheski
Local children contemplating the electric fence put up by Fieldhouse Manager Daphnée Dubouchet-Olscheski. Just one of many fun activities that took place at the Fieldhouse this summer.

entertainer). This event was taken to whole other level. We also had plenty of volunteers who helped with set-up, tear-down, cooking and game organizing. Special thank you to head organizers **Roxie Clark** and **Tasha Diaczyk**, who kept everything running as smooth as silk; thank you also to **Penny Thompson, Jerry Turchin, Cathy McConkey, Debra Conner, Denise Belanger, Sylvain Belanger, Caroline Matt, Harmony Ferreira, Kado Dwivedi, Daphnée Dubouchet-Olscheski, Malachi Handler (NECTAR)** and **Pascal Dubuc**, and anyone else who helped out.

Our next event will be the annual **Halloween Howl** on **Sunday, October 26** from **3-5:30 pm** for kids aged 0 to 7 years. Bring your little ones dressed for the occasion and celebrate with games, crafts and a parade too!

We are putting out a call for **Stanley Park Hosers**. Yes, it's that time of year to start thinking about making ice. If you are interested in becoming part of our **elite group**

of icemakers, please contact **Brian Torrie** at btorrie@hotmail.com or **613-747-7951** to sign up.

And finally the **New Edinburgh Garage Sale**; Council would like to thank all those who donated 10% of their proceeds. The Garage Sale is a key fundraiser for us, so please drop off your donation envelope at either **137 Stanley Avenue** or **14 Electric Street** or call **613-746-0303** to arrange for someone to collect it.

Council meets every **second Monday** of the month, 7:30 pm at the Fieldhouse. If you are interested in joining or volunteering, please drop by. We meet again in October, (date TBA). Call 613-746-0303 for more information. For those interested in booking the Fieldhouse, we have moved to an on-line booking system. For your next birthday party, anniversary or other event, please email nefieldhouse@gmail.com; include the dates, times and occasion and we will get back to you within two days to confirm your dates. **HAPPY THANKSGIVING!!**

Jim WATSON
Mayor

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- Promote Ottawa the destination of choice for 2017
- Lower the property tax cap to 2% annually

- Finish cleaning up the Ottawa River
- Support economic development and job creation
- Invest in parks and recreation improvements

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New BVA Chair Keen to Build on Successful Summer

By Julie La Palme, Chair

This is my first report for the *NEN* as the new chair of the BVA. The previous chair, Tobi Nussbaum, handed over the reins recently to focus on campaigning for the upcoming municipal elections. As the founding chair of the BVA, Tobi has been a great champion for quality urban living,

those involved with the BVA.

As the new chair of the BVA, I am delighted to report on what our group has been up to. But first, I want to take the time to thank all the volunteers who helped put together the **Beechwood Summer Solstice Stroll** this past June. This year's Stroll was bigger and better than ever. More

on how best to organize the 2015 Summer Solstice event.

Since the announcement of a proposed new condominium development at the former Caisse Desjardins site at Beechwood and St. Charles, many in the community have been wondering whether the BVA will be officially commenting on the proposed plan. To date, however, the BVA

ing bid proposals, so we'll see who gets accepted and what is being proposed for the site.

The **Beechwood Farmer's Market** has been a huge success, largely due to market manager **Chris Penton**. Having just returned from New York City where there are markets everywhere multiple times a week, I find it encouraging to see our new market thriving with so many different offerings. It's also great to run into neighbours and hear talented musicians on the open mic. Thanks so much, Chris, for making it happen!

The BVA will continue to work on an application for a Gateway to Beechwood project in the vicinity of the St. Patrick Street Bridge, in conjunction with the continuation of the revamping of the bridge.

Another event we are thrilled to be hosting is a talk by **Charles Montgomery**, journalist, urbanist, experimentalist and author of a book called *The Happy City*, on **Tuesday, September 30** at the **St. Charles Church from 5:30-7:30pm**. It is quite an honour to have him speak in Ottawa, and especially here in our neighbourhood. He is cer-

Beechwood merchants got on board, making it a lively and hugely successful event. To date, this event has been coordinated by volunteers and NECTAR Centre staff, and has run on a shoestring budget. While we're committed to making this an annual event, we don't want to send any of our volunteers prematurely to their grave, so we will be strategizing over the fall and winter

has taken the view that the official submission of comments on development applications is best handled by the elected representatives of the local community association within whose borders the project lies, in this case Lindenlea. However, the BVA is happy to work with the community association to contribute its suggestions, and to assist with the overall co-ordination of public consultations.

We are also keenly watching the development of the St. Charles church. The newly designated heritage site is accept-



Photo: Louise Imbeault
Chris Kesner at the Solstice Stroll.

tain to have some interesting insights on our beloved city. Here is what one critic had to say about *The Happy City*:

"Montgomery writes with rare wit and erudition about the psychology of urban life. A wake-up call for citizens and planners alike, Happy City takes you by the scruff of the neck and shakes you into questioning everything around you. It not only shows us that we can and must make our cities better, but it tells us how."

— Nicholas Humphrey

If you'd like to get involved in any of these projects, please contact the BVA by emailing me at everything1966@hotmail.com.



The Solstice Stroll was bigger and better. Photo: Louise Imbeault

and his dedication to improving and building on the wonderful neighbourhoods around Beechwood Avenue is inspiring. Thank you Tobi for leading this great group of people for the past few years, and best of luck in the upcoming elections.

Like Tobi, one of my passions lies in urban spaces that inspire creativity, community and health. This applies to all

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The Roots of the Climate Crisis and the Road Ahead

By Gaye Taylor

Our lovely blue planet, the Earth, is the only home we know. Venus is too hot. Mars is too cold. But the Earth is just right, a heaven for humans...

(excerpted from Carl Sagan's *Cosmos*, 1980.)

On a beautiful Saturday morning early this past summer, Ottawa elementary student Meagan Tobin-Devereaux stood on the steps of Parliament Hill and, as the young MC for the first **Cool It for the Kids Climate Action Rally**, urged her audience with a conviction that brought tears to the eyes of many adults present, "We only have one planet... We're all in this together. The kids and the adults. We need to work together if we are going to stop climate change."

In a few short weeks, the International Panel on Climate Change (IPCC) will release its latest report on the escalating global warming crisis, the contents of which will be grim reading. In the words of the draft leaked to the Associated Press in August, "continued emission of greenhouse gases will cause further warming and long-lasting changes in all components of the climate system, increasing the likelihood of severe, pervasive and

irreversible impacts for people and ecosystems."

Should we just shrug our collective shoulders and keep to current emissions trajectories which are accelerating upwards, and have us on track for a 4°C temperature rise by 2100, food insecurity wrought by flooding and drought, and mass movements of climate refugees will exacerbate pre-existing human conflicts, while bringing misery to hundreds of millions of others whose lives were once at least ecologically secure. The permafrost of the North will begin to melt, releasing methane, a greenhouse gas twenty times more powerful than CO₂. Our forests will dry out and burn, releasing yet more carbon into the atmosphere. And our beautiful oceans will be devastated as their waters, sinks for all the excess carbon we are spewing into the atmosphere, turn acidic.

Although precise time frames are uncertain, this tragic litany of suffering and incomprehensible loss will come to pass, if we continue to live with jaw-dropping disregard for future generations, if we decide not to listen to Meagan's plea for us to "work together to stop climate change."

But to speak of deciding here

is to assume that our collective abdication of responsibility in this crisis is the outcome of rational thought. Such is not the case, as there is surely a profound psychological attachment to fossil fuels driving many millions of truly good-hearted and intelligent people to behave badly and foolishly. That is, for the past 50 years and more, burning fossil fuels has been our superhighway

productive, response.

Better to have read it with compassion because as we all know so well from other contexts, to comprehend our present, we need to remember our past. To flip through that 1962 edition of *LIFE* is to move back in time and into a very different world: post-war America is booming, the consumer juggernaut just beginning to build steam. Its some 90 pages con-

down and my arm stretched out, flat hand sweeping and bouncing and rolling on the slipstream like a kite.

For over two generations, we in the West have had free and open access to the Promethean power of oil, coal, and natural gas. How is it possible that these rich gifts could be bad for us? That something which has made our lives so much easier, so much warmer, so much



Humble Oil (later Exxon) advertisement in the February 2, 1962 edition of *LIFE* magazine.

to really quite extraordinary opportunities for and levels of happiness. As the time to avert runaway climate change grows short indeed, we in the West need to confront the emotional roots of our love affair with the fuel pump. As many of us discover at some point in our lives, love can sometimes be blinding.

Some 50 years ago, the great danger attending humankind's romance with the energy-rich remains of long-dead animals and plants was nowhere on the popular radar. That fossil fuels and human aspiration seemed a match made in heaven is memorably apparent in an ad for Humble Oil (later Exxon) in the February 2, 1962 edition of *LIFE*.

With the realities of climate change becoming starker with each passing year, this ad has been pilloried by many climate activists. As noted in the online zine, *Grist*, it may one day "win the All Time Millennial Award for Maximal Irony." Certainly when it resurfaced in a blog post by Al Gore last year, the ad elicited a collective gasp of indignation from those struggling to galvanize the public to demand action on climate change. I myself originally viewed the ad with a certain bitter glee. This now seems a shallow, and counter-

tain dozens of ads, from the latest diet aids, to cigarettes, electronics, convenience food, and, especially, cars. And then there is that Humble Oil ad.

While it is natural to stand in judgement on its seeming hubris in the overheating world of 2014, to simply condemn it is to forget how miraculous the commercial culture enabled by fossil fuels must have seemed to any reader over 45 in 1962. Such readers would have known first-hand the privations of the Second World War and heard grim stories of the Great Depression. The producers of *LIFE* had in their sights an aspiring American middle-class who seemed to see the American dream of life, liberty and happiness at long last coming true.

And however egregious the ad becomes in hindsight, if we just dismiss Humble Oil's gleeful calculation of its theoretical capacity to melt the Taku Glacier as nothing more than further evidence of corporate wickedness, we are being false not only to the experience of our parents and grandparents, but to ourselves as children. I am not, myself, a car-driver, finding cycling more fun in every way imaginable, but I will never forget as a child the thrill of riding in my dad's old Datsun truck with the window

brighter could have become, and seemingly overnight, something absolutely lethal to our survival as a species, to planetary survival itself, might well seem beyond belief.

But our love affair with fossil fuels must end, because it is putting the world and almost everything in it in mortal danger. Things like ragweed, certain insects, and many nasty vector-borne diseases like malaria will actually thrive in high CO₂ conditions... but our children, alas, will not.

On that beautiful Saturday back in June, dozens of Ottawa children and youth stood on Parliament Hill and gave speeches and sang songs urging each other and especially the adults in the crowd to "cool it for the kids," because, in the words of their slogan, "A hot planet won't be a cool place to live." Cliché though it may be, we, each of us and all of us together, are at a cross-roads, and the direction we choose as soon as today will determine whether the Earth remains "a heaven for humans," one whose remarkable ecology allowed for something as rare and delicate as "the pursuit of happiness," or, becomes an overheated hell in which the only pursuit will be the struggle to survive.

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Ottawa Votes October 27



The Facts, The Candidates, The Issues Facing Ward 13

What is going on?

On Monday, October 27, 2014, eligible voters in Ottawa will cast ballots for a candidate for the offices of mayor, city councillor, and school board trustees.

Who's running?

MAYOR

- Bernard Couchman
- Mike Maguire
- Rebecca Pyrah
- Michael St. Arnaud
- Anwar Syed
- Jim Watson (incumbent)
- Robert White
- Darren W. Wood

COUNCILLOR

In Ward 13 (Rideau-Rockcliffe):

- Peter Clark (incumbent)
- Cam Holmstrom
- Jevone Nicholas
- Tobi Nussbaum
- Sheila Perry
- Penny Thompson

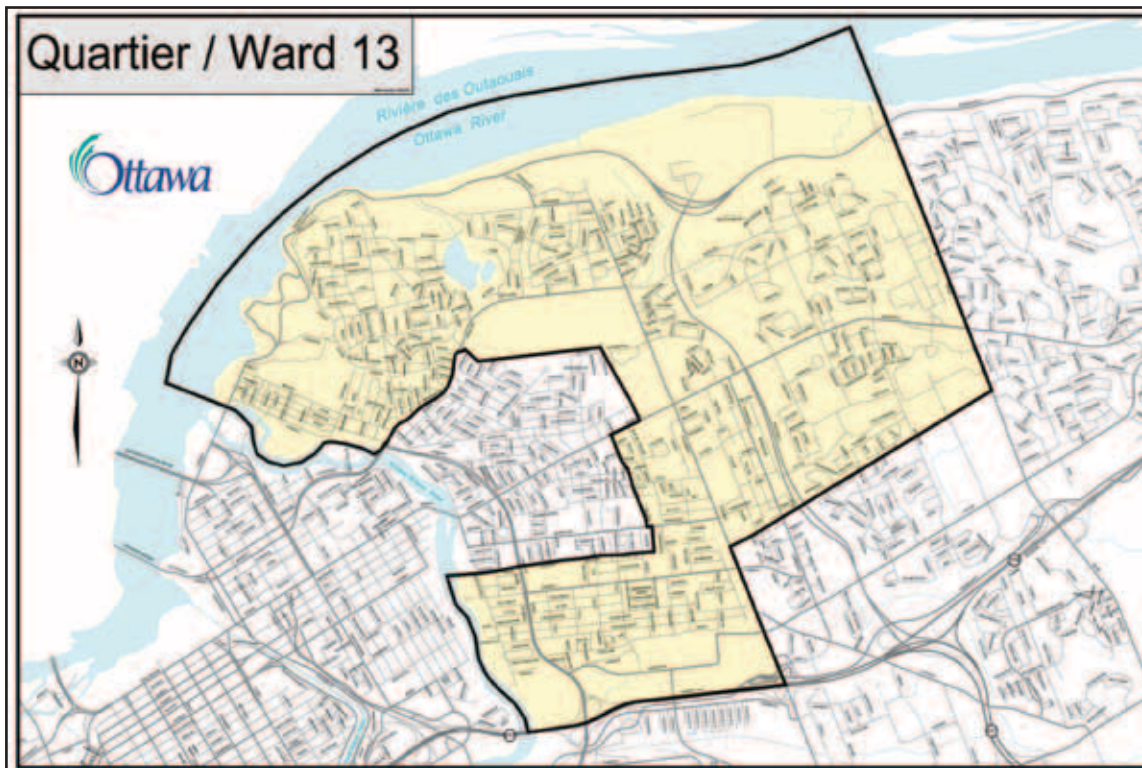
SCHOOL BOARD TRUSTEES

Ottawa Carleton District School Board zone 6 (Rideau-Rockcliffe/Alta Vista):

- Talis-Ilmars Brauns
- Chris Ellis

Ottawa Catholic School Board zone 10 (Rideau-Vanier/Rideau-Rockcliffe/Somerset):

- O'Neil Brooke
- Thérèse Maloney Cousineau (incumbent)



The Long and Winding Ward: Ward 13 is bounded by the Ottawa River to the north and Blair Rd to the east, cutting westward just north of Ambercrest St., across to Saint-Laurent Blvd. From there, the boundary heads south to the 417, then west to the Rideau River, back north until Stevens St. and then eastward until Dieppe St. There, it heads north up to Montreal Rd to Cantin, around the Notre Dame de Lourdes church and north to Pauline Charron Place. Then it turns west again, skirting the Richelieu Park and the Beechwood Cemetery until hitting Beechwood at Oakhill. Then Ward 13 follows Beechwood westward until the Rideau River, and heads back north to the Ottawa River.

Where do I vote?

Visit ottawa.ca to find out where your voting location will be on both Advance Days and on Voting Day. It will also be listed on your voter card that should arrive by mail. You can also vote in advance at City Hall, Ben Franklin Place, or the Cumberland Branch of the Ottawa Public Library.

How do I vote?

First, check whether you are eligible to vote. By Voting Day (Oct 27) you need to be at least 18 years

of age, a Canadian citizen, a resident of Ottawa (either tenant, landowner, or spouse of such an owner or tenant), and not prohibited from voting by law.

You will need to bring some ID, whether you are voting on your own behalf or by proxy. One single piece of original identification with your name and qualifying Ottawa address will do, such as an Ontario driver's licence, Ontario health card, cancelled personal cheque, mortgage statement or insurance policy, utility bill, T4 statement or even a high school report card (visit www.ottawa.ca for a complete list).

It's a good idea to check that you are on the voter's list, to ensure that your name, address and school-support designation are listed correctly. You can do that online or at the City of Ottawa's Elections Office (1221 Cyrville

Road, Unit B), Ottawa City Hall (110 Laurier Avenue West), and all Client Service Centres.

If you are unable to vote on any of the advance vot-

ing days or on Oct. 27, then you can appoint a proxy, which is a person who is an eligible voter whom you trust to vote on your behalf. To appoint a proxy, you need to fill in a special form by 4:30 pm on Voting Day. (visit www.ottawa.ca for more details).

When can I vote?

There are many opportunities to vote throughout the month, not just on October 27.

October 1, 2, 3:
Special Advance Voting
8 am - 8 pm.

October 9:
Advance Vote Day 1
10 am - 8 pm.

October 18:
Advance Vote Day 2
10 am - 5 pm.

October 27:
Voting Day
10 am - 8 pm.

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All-Candidates Forum

October 16, 7-9:30 pm. Queen Juliana Hall, Rockcliffe Park Public School, 350 Buena Vista Rd. The community associations of Rockcliffe Park, New Edinburgh, Lindenlea, and Manor Park invite you to this forum. All the candidates for Mayor as well as the candidates for City Council in Ward 13 (Rideau-Rockcliffe) have been invited to attend.

Peter Clark (Incumbent)

Dear New Edinburgh residents,
We have worked well together over the past four years. I would like to continue that relationship so that these initiatives do not lose force, like the updating of the Heritage Conservation District rules for our community, flood plain studies along the river, continuing to improve Beechwood towards calming, Minto bridges repair, and safe streets programs.

I have met my commitments made to you in 2010, and led Council: in increasing our funding for environmental issues (emerald ash borer for one) to the tune of \$3.5 million over the past three years, rerouting the LRT to a more environmental friendly (shallower) route which saved over \$500 million and permitted the current construction to proceed at a fixed price within our budget, and assuring a reliable supply of water to the east and west communities. Experience DOES count!

*Sincerely,
Peter*



Cam Holmstrom

We have a lovely city. I believe that great cities are made by strong, vibrant neighbourhoods that are inviting, accessible and open, while respecting the history and character that helped to make them strong. Those cities are even stronger when our communities work together to solve common problems and plan for our shared future. To achieve this,



I believe we need a representative at City Hall to help bring this all together. I am that person and that is what I offer in this campaign.

My family is happy to call this corner of our city home and I want to have the chance to bring the kind of active and available representation that this ward has lacked the past four years. I'm a 35-year-old resident of Rideau-Rockcliffe, living with my wife, Allison, and our two-year-old daughter, Lorraine. I'm a fluently bilingual teacher, having spent five years teaching before moving to the Federal Civil Service for three years. I'm blessed to have experience working in small family-owned business. I come from four generations of small business owners, including my parents who have operated two different businesses over the past 25 years.

Since 2009, I have worked on Parliament Hill for two different New Democrat Members of Parliament. In that time, I have learned from many elected representatives who are pro-active, present and available. This is the approach that I have seen first-hand bring the best results for communities. That is why I pledge to hold a minimum of three community public meetings each year in each community in Rideau-Rockcliffe. Working with groups like NECA, I want to create venues where residents can bring their concerns and suggestions on a regular basis to help me represent you. I invite you to contact me at camholmstrom.ca. I want to hear from you about how we can make our communities better, together.

Jevone Nicholas

I'm running for Council because I have the passion and drive to make a difference for Ward 13. I offer voters a diversity of experience, from community service to business development. I was president of the Vanier Community Association and continue to volunteer on non-profit boards. I am an MBA graduate and have worked in the private sector. My job at



DFATD is business process engineering, better understood as "cutting red tape".

I am focusing on three major issues that affect New Edinburgh:

Traffic

- Push Council to adopt a speed limit of 40 km/hour on residential streets.
- Seek improvements to Beechwood/Crichton/Vanier intersection, to allow

for cycling lanes, safer pedestrian crossings and safer turns.

- Examine new traffic measures, such as longer pedestrian crossing-times on Beechwood, lights and cameras on Springfield, and clear parking rules on MacKay.
- Address root causes of traffic on Beechwood, such as exploring non-stop bus service from Gatineau hubs to Montfort Hospital and La Cité Collégiale.

Growth

- Enforce the Beechwood Community Design Plan for any future development.
- Support updating of heritage designations.

Infrastructure

- Ensure funding to complete Minto Bridges' rebuild and provide advance communications to residents, including a town hall before spring 2015.
- Work closely with the Rideau Valley Conservation Authority and NECA to develop a flooding risk management plan.

In terms of the big picture, a councillor responds to the needs of every home on every street in the ward while keeping in mind how the city as a whole can foster job creation, protect its environment, reduce poverty and promote culture. I will keep a tight line on spending without balancing the budget on the backs of the city's most vulnerable citizens.

I offer voters a simple commitment: everything I do will be about keeping this Ward safe, liveable and family-friendly.

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Tobi Nussbaum

I'm running for City Council because I want to improve the quality of life for all Rideau-Rockcliffe residents and push for a more ambitious, beautiful and sustainable Ottawa.

I live in Lindenlea with my wife and our two daughters, so I understand the opportunities and challenges for our neighbourhoods. We live in

a fantastic part of the city with abundant greenspace and proximity to downtown. However, we need to ensure development is thoughtful and respectful of our neighbourhoods' character and heritage. We need safe streets. We need a more dynamic and attractive Beechwood Avenue.

In recent months, I've spoken with thousands of residents as part of my

undertaking to knock on every door in our ward. Based on these conversations, as well as my own ideas, I have established three ward priorities:

Better Transportation

Convenient and faster transit, wider sidewalks and a better network of bike lanes—more transportation choice means less congestion.

Thriving Neighbourhoods

Lower speed limits on our residential streets, vibrant and walkable mainstreets as well as zoning, heritage and infill rules strengthened and upheld—putting community interests first.

Smarter Services

Efficient and innovative services and social programs that respond to our communities' needs—but live within our means.

I've worked closely with New Edinburgh residents and community groups through my work in the community, as President of the Lindenlea Community Association, and more recently, on Beechwood revitalization, in my role as co-founder and chair of the Beechwood Village Alliance.

My grassroots involvement, professional experience and love of our city means I have the drive, skills and capacity to effectively represent you and our ward—en français comme en anglais.

I hope to earn your vote and have the privilege of being your city councillor—to serve with integrity, openness and energy.

Sheila Perry

Greetings to all New Edinburgh Residents!

As a homeowner in the village of Overbrook for 25 years, I feel blessed to live in this beautiful City of Ottawa. Friends and family describe me as a caring and passionate community leader, who can be trusted to listen effectively, to provide feedback and to turn recommendations into action. Graduation from Carleton, the University of Ottawa and my teaching, administrative



career in public education have directly involved thousands of youth and adults locally, provincially and internationally. Leadership experience includes President of the Overbrook Community Association, City of Ottawa Official Plan Review Community Panel, Chairperson of City of Ottawa Parks and Recreation Advisory Committee, promoting Rideau High School, founder of 32 Overbrook Community Gardens.

Results include a stronger community including our newly renovated Overbrook Community Centre, a master plan for City transportation, cycling, pedestrians, recreation, culture and older adults and grassroots projects for all ages.

New Edinburgh is a vibrant, heritage district where residents enjoy a healthy blend of homes, shopping, parks, waterways and links to NCC lands for cycling and walking. NECA, NECTAR, and the 3Cs organized a very successful community forum on April 27. As a participant, I heard a number of concerns, solutions and future recommendations for traffic, parking, community, greenspace, heritage and development and the Beechwood corridor. Infill development, increased traffic challenges and an aging population are some of the challenges. As a ward councillor for Rideau-Rockcliffe, my promise is to be an advocate for long range planning with local associations, businesses and homeowners. My knowledge, skills and experience working with neighbouring communities have been consistently collaborative and effective. This experience working with city staff, local businesses, residents and politicians is critical for building trust and change that will benefit everyone, not just in Ward 13, but with councillor colleagues throughout Ottawa.

My priorities include: 1) Meaningful consultation that includes actively listening, providing feedback and making recommendations. 2) SMART Development that supports sustainable communities, meeting goals together, accessible to everyone, responsible and affordable and transit oriented and 3) Working together to strengthen Ottawa's economy. Let's build this together! I look forward to your vote and support!!

*Sheila Perry,
Councillor Candidate,
Ward 13 – Rideau Rockcliffe
www.sheilaperry.ca
613-407-7434*

Penny Thompson

My name is Penny Thompson and I am running to become your City Councillor in Rideau-Rockcliffe. I have been a resident in the ward for over 23 years and have been active in the community for over 15 years.

I want the opportunity to represent the unique neighbourhoods of Rideau-Rockcliffe at the council

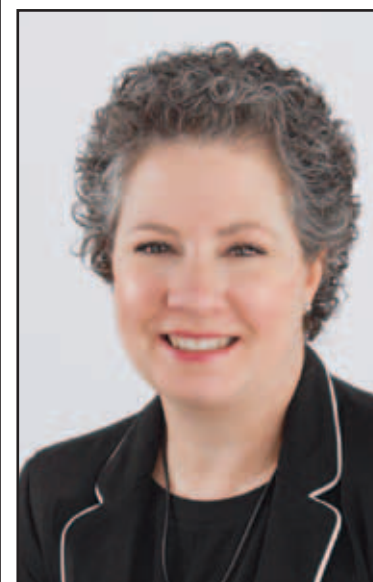


table and do all I can to make them the best they possibly can be. I will continue to work to ensure we are a smart city and a safe city. I will work to ensure we provide the access and resources so everyone in the ward has the opportunity to celebrate our great city.

The challenges we face as a vibrant, rapidly growing ward include:

1. Implementing a safe, efficient plan for commuter traffic with a vision for enacting active transportation on Beechwood Avenue.

2. Managing the development and the impact of the proposed addition of 10,000 residents due to the Canada Lands Project.

3. Protection of our heritage conservation areas.

4. New Edinburgh has a flood zone that is watched by the Rideau Valley Conservation Authority (RVCA). I support the use of city funds to pay for the engineering study that has been commissioned to model the Rideau River water flow. Further, I will work collaboratively with the RVCA and the NCC to alter the floodplain in order to prevent future floods.

My extensive volunteer and work record demonstrates I can successfully represent and serve the residents of Rideau-Rockcliffe. As a leader in the community for over 15 years I have had the privilege of volunteering my time on a variety of committees throughout the neighbourhoods of Ward 13. I am proud to have had a part in the team that actively fought against a bridge at Kettle Island.

My other qualifications and experience include: Chair (2013) Vice-Chair (2014) of the Environmental Stewardship Advisory Committee (ESAC) of The City of Ottawa, Board Member Rideau-Rockcliffe Community Resource Centre, Vice President of The Ottawa-Vanier Liberal Provincial Association, Past President of the Manor Park Community Association, Manor Park Community Association Stop the Kettle Island Bridge Committee. Since 2012, Member of Canada Lands Corporation Rockcliffe Public Advisory Group, Member of the Beechwood Village Alliance (BVA), Chair of Manor Park Community Council, Board member of Crichton Community Council (3C's).

I love Ottawa. I am committed and determined to bring smart thinking to the issues we face today. I pride myself on being accessible to listen to the concerns and needs of the residents. Rideau-Rockcliffe requires an engaged councillor with a track record of success serving the community. To learn more about me please visit www.voteppenny.ca or send me an email at pennythompson@voteppenny.ca. Thank you for your support.

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It's Time to Choose a City Council that will Ban Bottled Water

By Oli Cosgrove

It's eight inches high and weighs only a few ounces, but it's one of the most destructive products on the planet. It kills fish in our oceans and waterways, and wildlife in our forests, devours vast quantities of finite resources, provokes emissions of large amounts of greenhouse gases, bloats our landfills and, decomposing, releases toxins into our soil and groundwater.

It isn't healthy for humans either. Montreal's C-crest Laboratories found it contains "alarming" levels of bacteria, and the U.S. Environmental Working Group found it polluted with caffeine, pharmaceuticals, arsenic, radioactive isotopes, nitrates, ammonia and industrial chemicals.

It is bottled water.

Due to its threat to environmental and human health, in 2008 the Association of Ontario Municipalities, and in 2009 the Canadian Federation of Municipalities, urged all members to phase it out of all their facilities and events. Two provinces (Manitoba and Nova Scotia), 92 cities (including all the large ones...except Ottawa), 26 universities and 11 district school boards have either done so or will do when their existing contracts with bottling companies expire.

But Ottawa's city council has steadfastly refused to join them.

The Ottawa Water Study Action Group (OWSAG), of which I'm a member, has tried for six years to persuade city council to phase out the use of bottled water. While some councillors support phase-out,

the majority refuse even to consider it, and in 2011 council signed a new contract with Coca-Cola Ltd. giving it the green light to sell bottled water in all area vending machines for another five years. For this, the company pays Ottawa \$135,000 annually. Is that enough to justify the damage it's encouraging?

Consider this: it takes three litres of water and a quarter litre of oil to make a one-litre plastic bottle, and billions of bottles are manufactured each year. Additionally, they are trucked over long distances, adding to energy consumption and environmental pollution. Nestle, one of the largest producers, transports its bottles across Canada from two factories, one in Ontario, the other in British Columbia.

Up to 80 percent of empty

bottles aren't recycled; they end up in landfills, in oceans or in lakes, rivers and countryside where fish, birds and animals ingest their shards and die. Biologists have found their stomachs stuffed with indigestible plastic.

While Ottawa's city council doesn't track the amount of plastic bottles trucked to landfills, the city of Peterborough does. One-seventh the size of Ottawa, Peterborough estimates it disposes of more than 100 tons of plastic bottles every year. Is Ottawa's seven times more? Who pays for this? Not the bottlers. They also pay nothing (as in B.C.), or next to nothing for draining our waterways. Ontario charges them \$3.71 for every million litres of water they take. That's about the amount they charge

for just a litre of their water. It seems the bottlers are making a killing in more ways than one.

Tap water is meticulously inspected every six hours. Bottled water? Once in 12-18 months.

In a survey of our candidates for next month's municipal elections, most expressed agreement with a phase-out of bottled water. The New Edinburgh Community Alliance also favours phase-out. Will the candidate we elect in Ward 13 make an effort to make council act responsibly and end its relationship with Coke in 2016?

OWSAG hopes so. So does the environment.

Oli Cosgrove is a member of the Ottawa Water Study Action Group, and is a resident of New Edinburgh.

Twitter Finds Voters Worried About Road Safety and Diversity

By Kenton White

Ottawa's municipal election is coming on October 27! We've heard plenty from the candidates about what issues they think are important: green bins, Light Rail, Lansdowne Park—the list seems to drag on and on. But are these really the issues that you, the residents of Ottawa, find important? How

in touch are the politicians with the people? To find out, we used a bit of deep social media data mining to uncover what Ottawa residents were tweeting about in terms of the upcoming civic election.

We collected over 800,000 Tweets from 16,000 Ottawa residents between August 1 and September 8, and analyzed

them using some state-of-the-art technology developed with the University of Ottawa. Here are the results, some of which are a bit surprising:

Bicycle and Traffic Safety: The safety of our bike paths is the top issue on residents' minds. This past summer, two cyclists were killed in separate traffic accidents that some

experts say could have been prevented. Heading into the election, how to prevent additional tragedies is top of mind for many voters, and it should turn into a hot election issue.

Crime: Crime is always a hot election topic, and this year will be no different. A break-in

my alive and healthy.

Urbanization: As the City of Ottawa grows and becomes denser, how do we handle the associated infrastructure pains? Is Light Rail the right solution for our traffic woes? What about the impact of Lansdowne park on local resi-

Will government diversity and election reform be an issue?

at Justin Trudeau's Rockcliffe home, a body pulled from the Rideau River, sexual assault at our universities—crime has probably touched each of us in some way.

Government Diversity: This topic came as a surprise. A percentage of people are wondering if the make-up of city council reflects the true diversity within our communities. Does city council have enough female representatives? Are there enough LGBTQ members? Many of you are wondering if our election process is perhaps causing a bias and are suggesting alternatives to the traditional first-past-the-post method. Will government diversity and election reform become an issue for Ottawa residents?

Local Economy: Many people are concerned about how the local economy is faring. What will be the impact of lost government jobs, of road closures on small businesses, or the local shuttering of large retailers like Holt Renfrew? A natural question for the municipal candidates will be how they plan to keep local econo-

dents? It is interesting that this issue is near the bottom of the list of what voters are tweeting about, yet it seems to be what most candidates are trumpeting.

Government Transparency: Last on the list are issues relating to how well the government is managing our money. Is the 20-year green bin contract really necessary? Is money being spent appropriately on large civic projects? A vocal minority is asking whether there is sufficient oversight on council and city hall.

These are the issues that Ottawa voters are tweeting about, based on our analysis.

Are these the same issues your local candidate is talking about? Is there an important issue that's missing? Remember, if you don't speak up—and you don't vote—you won't be heard!

Kenton White is a resident of New Edinburgh and an adjunct professor of computer science at the University of Ottawa. His company, Girih, specializes in deep social media analytics. www.girih.com





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Neither Idyllic Nor Ideal: How Canada Coped After the Great War

By Christina Leadlay

Alan Bowker wants people to read more history. "People don't read enough of this kind of thing," he explains, thumbing through his second and most recently published book, *A Time Such as There Never Was Before: Canada After the Great War*. "Canadians desperately need to know our own history, who we are, and why our experience matters in the world."

You can forgive Alan for sounding a touch diplomatic. Six years ago he retired from a long career in the Canadian foreign service, including postings as head of mission to Guyana and Suriname. Surprisingly, he says his diplomatic career has actually made him a better writer.

"I wrote a lot when I was an academic, and less as a diplomat," he says, explaining that while it was easy to write dozens of pages for a university

audience, it was the careful choice of wording he had to make as a foreign service officer that he credits with making him a better writer today.

"There is only one way to learn to write, and that is to write," says Alan, who is also an active member of MacKay United Church.

Alan's latest book has been a lifetime in the making. "When I was a graduate student, I was fascinated with the period between 1890-1930," he says. "That period of Canadian history just spoke to me. I always thought that when I retired it would be fun to write a book about the period following the Armistice." While he had put his obsession on hold during his diplomatic career, his passion for that era never waned.

"This is something I really wanted to do," he says of writing this book. "I had to do it. Trying to do it took discipline, and finding that discipline was

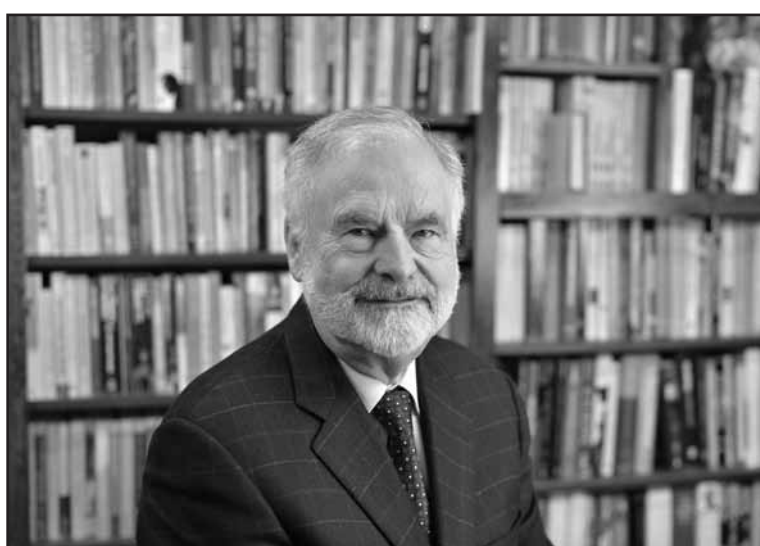


Photo: Miko Czerny-Holownia

a challenge."

His goal was to write an account that the general reading public would want to read, to be able to introduce people to the past, with history itself telling the story.

For Alan, the big question for those having lived through

four years of war and then a sudden armistice was how to cope in the new post-war world. He effortlessly recounts the trial and tribulations facing Canada prior to 1914, a young country teeming with immigrants, bountiful resources and an economic boom.

"By 1918, Canadian society was on the edge of a collective nervous breakdown," he explains. "People, intellectuals, thought that victory would bring a new world all by itself." However, issues of national identity within Canada threatened the façade of a united country, while political realities (ranging from prohibition, women's suffrage, to the Winnipeg General Strike) combined to make the post-war period anything but an idyll and far more turbulent than the ideal that many had hoped for.

"The question [in my book] is: who will see their dreams realized, and who will have their hopes dashed?" he says.

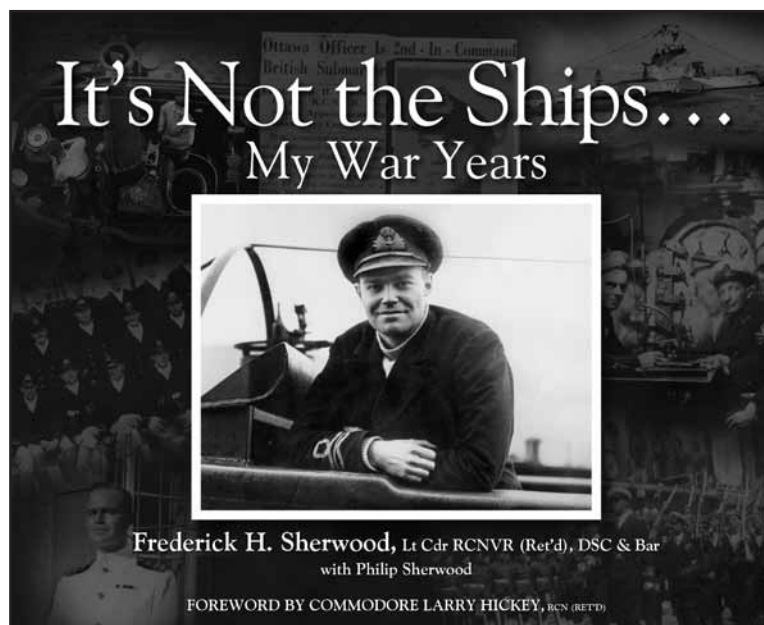
A Time Such as There Never Was Before: Canada After the Great War is set to launch at Books on Beechwood on October 24 from 7-9 pm.

Wartime Memoirs of a Submarine Trailblazer

By Jane Heintzman

The late **Frederick Sherwood**, Lt Cdr RCNVR (Ret'd), DSC & Bar, was well known to many in our neighbourhood, where for some years he was a resident of The Edinburgh retirement residence prior to his death in May 2013. His widow, Mrs. Mary Sherwood, continues to live at the residence where she remains an active member of that community.

In early fall, the Sherwoods' son **Philip**, a writer and publisher, published his father's wartime memoirs, recounting his experiences as "one of the trail blazers of Canada's submarine service." The book covers the period from 1933 to 1946 (Mr. Sherwood first joined the Royal Canadian Naval Volunteer Reserve (RCNVR) in 1933 as an 18-year-old midshipman in search of adventure) and retired after distinguished service as a submarine commander during the Second World War, when death and danger were an ever-present reality throughout those five



turbulent years.

"*It's Not the Ships*," which Philip Sherwood co-authored with his father, has already garnered critical acclaim from fellow submariners such as Commodore Larry Hickey RCN (Ret'd) and from such naval historians as Captain Wilf Lund RCN (Ret'd), who considers the book an invaluable contribution to the history

of the RCN/RCNVR in the Second World War. In working with his father on the preparation of the memoir, Philip assisted in buttressing Mr. Sherwood's lively narrative account with materials gleaned from such primary sources as his wartime correspondence, patrol and log reports from the UK Archives, newspaper reports and photos from the

Imperial War Museum and the Royal Navy Submarine Museum. More details are available at www.its-not-the-ships.com.

Philip will be in Ottawa in early October to promote *It's Not the Ships*, attending the Naval Association of Canada's one-day conference, "Submarines Past, Present and Future" on October 2 at the NAC, and in our bailiwick, appearing at two book signings: the first at The Edinburgh Retirement Residence, 10 Vaughan Street on October 4 at 2:30 pm, and the second at Books on Beechwood on October 5 from 12-2 pm

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For the Birds



By Jane Heintzman

Another fleeting summer has vanished into memory, and by publication time, the fall bird migration will be well-advanced, with flocks of water fowl, shore birds and song birds on their way to their winter habitat in southern regions. Prior to departure, these migrants will have been busily fuelling up for the strenuous journey, and many have no doubt appeared at back yard feeders in our neighbourhood to gobble up available seed supplies.

Despite the unpredictable weather, our summer was replete with interesting birding encounters as we moved from Ottawa to the Georgian Bay in early July, back to Ottawa late in July, on to Prince Edward Island at the beginning of August, and finally, back again to the Bay for the tail end



Photo: Amy Jane Lawes
Northern Waterthrush.

of the season in mid- to late August.

In late June, our garden was bustling with bird life, including a resident **gray cat bird** pair which made full use of the bird bath, and a solitary but very vocal **eastern phoebe**. In addition to the **American redstarts**, **yellow-rumped warblers**, **song sparrows**, **chipping sparrows** and **red-eyed vireos** in evidence throughout the community, we took special delight in the daily appearances on the Rideau River of a female **wood duck** with her 11 tiny ducklings in tow. The mother duck kept tight control over her brood, keeping them in line with periodic gentle squeaks.

Also on the river in early June were a number of **double-crested cormorants** and a majestic **great blue heron**, which on one occasion blew its normally dignified cover

with an unearthly outburst of squawking and croaking. This raucous display was apparently intended to warn off a pair of male **mallards** which were headed towards the heron's prized fishing spot in mid-river.

On a quick trip to the Georgian Bay in mid-June to open up the cottage for our son's honeymoon, the summer bird action was already in high gear, with **common loons**, **double crested cormorants**, **ring-billed gulls**, **common terns**, **turkey vultures**, **common merganser families**, **white-throated** and **chipping sparrows**, **bay-breasted warblers**, **yellow warblers**, **yellow-rumped warblers**, **eastern kingbirds**, and **red-eyed vireos** all making their presence known despite our preoccupation with scrubbing away the ravages of a cottage winter. We were particularly thrilled to find that our nearby **osprey** nest was once again active this year, boasting not one but two youngsters popping their heads up to squawk for food.

By the time we returned to Georgian Bay for an extended stay in July, that cast of characters had substantially expanded to include **cedar waxwings**, **black and white warblers**, **blackpoll warblers**, **worm-eating warblers** (an unwelcome augury of a tent caterpillar infestation), **pine warblers**, **common ravens**, **song sparrows**, **black-capped chickadees**, **blue jays**, **great-crested flycatchers**, **ovenbirds**, **eastern phoebes**, **ruby-throated hummingbirds**, **great blue herons**, **mallards** and a burly **red-shouldered hawk** flying low through the trees on a heavily wooded island in search of mice, frogs and snakes.

While the majority of these species are regulars each summer, there were a few highlights at the cottage this year, notably an **eastern whippoorwill** singing its heart out most evenings from early July to late August; a **wood thrush** regaling us with its haunting flute-like song from the depths of a dense hemlock wood on a nearby island; a noisy **killdeer** living up to its scientific name vociferous on a shoal in an otherwise tranquil bay; and a group of **American redstarts**, a species of warbler which is common in urban areas (including Ottawa, where it was rife this summer) but in our experience, very rarely appears in cottage country.

The **Eastern whippoorwill** is a brilliantly camouflaged

nightjar, its brindled gray/brown/black plumage making it virtually undetectable among the leaves in the open forests where it breeds. While its incessant call has been the stuff of legend for millennia, it was not until the 1800s that birding experts actually got a good enough look at the species to scientifically identify it. Whippoorwill is a nocturnal creature that begin the hunt for insects about half an hour after sunset, and keep at it until it's too dark to spot their prey. In recent years, their population has been steadily declining due to habitat loss as open forests are encroached upon by urban sprawl or redeveloped as agricultural land, so it was especially encouraging to record their return to the Bay this summer.

Like the whippoorwill, the **wood thrush** has suffered a dramatic population decline of close to 70 per cent over the past four decades, again as a consequence of habitat loss, both on its wintering grounds in Central America, where old

The National Audubon Society recently released a disturbing report on the impact of Climate Change on North American bird life. Familiar species such as the **mallard** and our "Canadian" songbird, the **white-throated sparrow**, will be especially hard hit, with ranges shrinking to only a quarter their current size. By mid-century, the iconic **Common loon** will be a thing of the past in southern Ontario during breeding season, as its summer range moves north of Lake Superior. Over 300 species investigated in the seven-year study are now classified as "climate threatened" or "climate endangered," and are expected to lose more than half their current ranges by 2080. Find the study at climate.audubon.org.

growth forests have been clear cut and converted to agricultural land, and closer to home in its forest breeding grounds which have been fragmented by human activity.

Ornithologists have discovered that the thrushes have been unable to adapt their behaviour in response to these habitat changes, and have con-



Barred owl.

Photo: Amy Jane Lawes

tinued to frequent their old haunts despite the devastating attrition which has resulted due to starvation and predation. In November 2012, the wood thrush was officially designated a Threatened Species, and there are now hopeful signs that protective measures are

catbirds, **American tree sparrows**, **American goldfinches**, **yellow-rumped warblers**, **black-capped chickadees** and an extremely bold **red-eyed vireo** making themselves at home in the cedars and shrubs at the back of the yard. I also had a close up look at a female **ruby-throated hummingbird** availing herself of the nectar in the blossoms of our oleander tree.

In our brief sojourn on the north shore of Prince Edward Island, the avian cast of characters was remarkably similar to those in our neighbourhood in Ottawa, including such summer regulars as **song sparrows**, **American robins**, **yellow warblers**, **common yellowthroats**, **common ravens**, **common grackles**, **European starlings**, **black-capped chickadees**, **American goldfinches**, **mourning doves**, and **blue jays**. On the beach and along the shore, we also spotted some familiar species, notably **great blue herons**, **black-backed gulls**, **belted kingfishers** and numerous **osprey** (though sadly no **pip-ing plovers**, my favourites). As always, the real excitement of the visit was a daily encounter with an imposing pair of **bald eagles** which were roosting in tall pines at the bottom of a cornfield adjacent to our hotel property.

The last lap of our summer, back in the Georgian Bay in late August, is always a bittersweet experience as the bird population thins out with the start of southbound migration. On the positive side, it is often the time when sizeable flocks of song birds turn up on our island en route to their wintering grounds, and true to form, we had a large group of **black and white**, **pine**- and several immature **magnolia warblers** appear in the pines on our dock to engage in a round of frenetic



Sandhill cranes.

Photo: Amy Jane Lawes



Photo: Mike Leveillé
Magnolia warbler at Macoun Marsh.

insect foraging to bulk up for their journey.

The beautiful **magnolia warbler**, which is not as frequent a visitor as the other two species, has a bright yellow chest and throat, a yellow rump, and a short, black-tipped tail. It particularly favours young spruce trees for nesting purposes, and when foraging, plucks insects from the undersides of conifer needles and foliage. The identification and differentiation of the many warbler species is a challenging process, especially after the breeding season when many have shed their colourful plumage and are no longer singing. If you're frequently stumped in the warbler department, you may want to investigate *The Warbler Guide* by **Tom Stephenson** and **Scott White** (Princeton University Press). It's an exhaustive anthology of the members of the warbler family, and apart from offering helpful clues to difficult IDs, it's a beautiful book that's a joy to peruse.

Late August also brought hordes of raucous **blue jays** to our island and the environs, along with greatly increased activity on the part of the **downy, hairy, pileated woodpecker** and **Northern flicker** populations. While the osprey "babies" were adult-sized and capable of flight, as of early

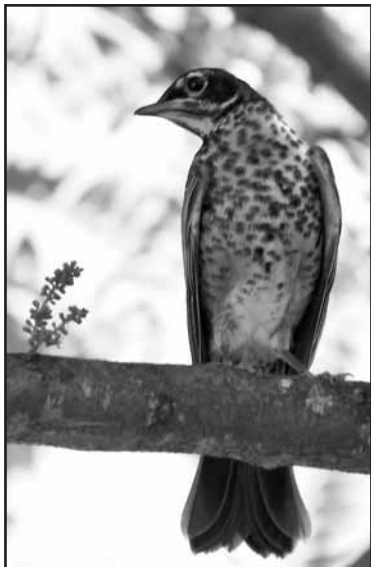


Photo: Louise Imbeault
Juvenile robin with spotted breast.

September, they remained on the nest and showed no signs of an early departure for the Gulf of Mexico.

One late hold-out this summer was a female **ruby-throated hummingbird** which returned on a daily basis to bulk up on nectar from our field of day lilies. True to form, she visits only those blooms with brilliant red, orange and yellow colours, bypassing the more delicate-hued varieties. These miraculous little creatures need all the sustenance they can get for their approaching journey to Central America, in the course of which many of them will cross the Gulf of Mexico in a single marathon flight of up to 26 hours.

Out on the water, our resident **common loon** and his mate remained very much in evidence not far from our dock through late August, as were water fowl regulars such as **black ducks, mallards, cormorants**, and **common mergansers**. An interesting new



Pigeon with bound egg.

Photo: Louise Imbeault

arrival this year was a female **gadwall**, which appeared to have attached itself to a **mallard pair**, and could be regularly found fishing off the shore of a nearby island. The gadwall is a smallish, white-bellied duck with a rather square head and dubious table manners, frequently snatching food from diving ducks as they resurface.

As I write in early September, the warbler migration in our area is now well underway, with *Ottawa Citizen* birding columnist **Bruce Di Labio** receiving reports of more than 20 species in the Ottawa-Gatineau district, and 25 species in Eastern Ontario. Di Labio notes that identification is much more of a challenge at this time of year, as many warbler species have begun their pre-migration moult and are no longer sporting their bright, distinctive breeding plumage.

Reports from Our Readers:

Dave Collyer: Our Central Alberta birding correspondent Dave Collyer had an extraor-

dinary summer, with a who's who of the song bird, shore bird, raptor and water fowl populations making an appearance in his bird-rich locale. Dave's encyclopedic list included **mountain bluebirds; savannah, clay-coloured and vesper sparrows; cliff swallows; white pelicans; marbled godwit; eastern wood pewees; ruby-throated hummingbirds; great blue herons; Eastern kingbirds; northern orioles; bald eagles; house- and marsh wrens; red-tailed, rough-legged and Swainson's hawks; Northern harriers; American kestrel; Brewers-, rusty- and yellow-headed blackbirds; yellow-bellied sapsucker; bobolink; Franklins gulls; black terns; orange-crowned-, yellow-, magnolia-, Cape May-, yellow-rumped-, bay-breasted-, black and white-, Canada-, chestnut-sided-, and Tennessee warblers; American redstarts; ovenbirds; red-**

eyed- and Philadelphia vireos; Common Yellowthroats; northern water thrush; least flycatcher; Wilsons phalarope; pectoral- and semipalmated Baird's sandpipers; common snipe; greater yellowlegs; and pied-billed grebe.

Amy Jane Lawes: From her new home in Val des Monts, Amy reported in late August that several female (or immature) **hummingbirds** were clustered over one of her feeders, while a swarm of hornets had taken control of the other. Highlights of her summer have included a close encounter with a **barred owl** carrying a red squirrel in its talons. She spotted the owl while out in her canoe, and was astonished when it held perfectly still while she clamored out of the canoe to grab her camera, and obligingly posed for a photograph.

A first for Amy was the sighting of flocks of leggy **sandhill cranes** stalking around in gardens and fields on Manitoulin



Rough-legged hawk.

Photo: Dave Collyer

Island: "such beautiful birds," Amy writes, "but they could definitely apply to the Ministry of Silly Walks"!


Phil's Avian Bistro: Philip MacAdam has been enjoying the spectacle outside his window on Alexander Street, where baby **goldfinches** have been frantically shaking their wings as their mothers loaded up on nyjer seed and then regurgitated the predigested meal into the throats of the young. Another highlight at the bistro this summer was the presence of a pair of **American redstarts** flitting around Philip's patio, apparently attracted by a recently installed new water feature.

In his rambles to the Rockcliffe Pavilion, Philip has watched with interest as a **sharp-shinned hawk** looked on with parental concern as its offspring mastered the flying art overhead.

Macoun Marsh: St. Laurent Academy teacher **Mike Leveillé** has had plenty of avian visi-

tors at the Marsh this summer, most recently **black-capped chickadees, white-breasted nuthatches, chipping sparrows, song sparrows, house finches, American goldfinches, American redstarts, Northern cardinals, blue jays, gray catbird, magnolia warbler, vireos, crows or ravens, ring-billed gulls, and downy woodpeckers.**

Despite the preoccupations of her photographic assignments during a busy summer, **Louise Imbeault** has kept a close eye on her backyard feeders, spotting a varied cast of characters including **cedar waxwings, American robins, American goldfinches** collecting cat hair as nesting material, **common grackles, chipping sparrows**, and an extremely distressed **pigeon** in the throes of an "egg binding" crisis, a potentially serious condition in which a female bird is unable to pass an egg that may be stuck near the cloaca, or further inside the reproductive tract.

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La Maison Allen, un des meilleurs exemples de l'architecture vernaculaire de la capitale

Par Michel Prévost

L'imposante Maison Allen est située au 35, rue MacKay, à l'angle de la rue Thomas. Il s'agit de l'un des plus anciens bâtiments du quartier New Edinburgh. La propriété est rehaussée par plusieurs arbres matures.

La structure massive en pierre calcaire grise est érigée en 1864-1865. Les porches dotés de beaux frontons et piliers fasciculés sont toutefois ajoutés dans les années 1920. Il importe de rappeler que la Maison Allen s'avère l'un des meilleurs exemples de l'architecture vernaculaire dans la capitale.

Au départ, la résidence de deux étages et demi compte sans doute deux logements, puisqu'elle possède deux

entrées bien distinctes qui donnent sur deux rues.

Par ailleurs, le bâtiment vernaculaire s'inspire de deux styles architecturaux, ce qui lui confère son caractère si distinctif. En effet, les lucarnes du grenier reflètent bien les constructions traditionnelles du Canada français alors que la disposition symétrique des fenêtres ainsi que la place centrale des entrées et les chaînes d'angle soigneusement découpées rappellent plutôt l'influence classique britannique. Ce dernier style est bien populaire à Ottawa dans le milieu du XIXe siècle.

La somptueuse résidence se distingue aussi par son élégante bordure de rive que l'on a heureusement très bien conservée.

Pendant longtemps, l'habitation héberge des locataires qui travaillent tout près dans les usines des chutes Rideau appartenant à l'influent homme d'affaires et propriétaire terrien Thomas MacKay (1792-1855). Quand, aujourd'hui, on visite le paisible et pittoresque quartier New Edinburgh, on n'a peine à croire qu'à l'époque on y trouvait un important noyau industriel attiré par la force hydraulique des chutes Rideau.

La Maison Allen s'avère importante non seulement pour le secteur, mais aussi pour la ville d'Ottawa, puisqu'elle s'avère l'un des rares témoins des constructions en pierre dans la capitale avant la Confédération de 1867.

Ce beau bâtiment historique



Photo: Louise Imbeault

Le bâtiment vernaculaire s'inspire de deux styles architecturaux, reflètent les constructions traditionnelles du Canada français et aussi l'influence classique britannique.

est protégé pour les générations à venir grâce à la Loi sur le patrimoine de l'Ontario.

Michel Prévost est l'archiviste en chef de l'Université d'Ottawa. Il offre des visites

guidées pour les groupes de 10 personnes et plus du patrimoine bâti franco-ontarien.

Vous pouvez réserver au 613-562-5825 ou par courriel à michel.prevost@uottawa.ca

Discover the History of Your Village

Walking Tour of New Edinburgh, October 18 at 2 pm. Gathering place: John Street Schoolhouse, 1 John Street. Cost: By donation

The New Edinburgh Historical Society invites you to join writer Janet Uren for a heritage walking tour of the oldest part of "your" village.

New Edinburgh is an extraordinary survival of a 19th-century village. The Heritage District of New Edinburgh has 391 houses, 150 of them built before 1900. It has 17 designated heritage properties in an

area just three blocks by 10. A rare example of a planned industrial community from a very early period in Canadian history (1832), its varied houses offer a kind of architectural timeline of Victorian styles in housing. And, as the home of the Governor General and some of Canada's first civil servants, it has played a part in the Canadian national story.

Janet Uren, who has lived happily in a heritage house on Crichton Street since 2001, is currently working with historian Martha Edmond to write

a history of New Edinburgh. Over the past few months, they have started to interview residents and to collect stories about this unusual community. Janet has also led a few Heritage Ottawa walking tours in the past few years and has noticed that very few local residents take part. The upcoming tour on October 18 was conceived by the New Edinburgh Historical Association as a means to share some of the stories with the people who actually live here.

"Because it was a village,



Photo: M. Bisby

Janet Uren (pictured with her dog) invites New Edinburgh residents on a walking tour of the historical village district on Oct. 18.

rather than a suburb, there is real diversity here," Janet explains. "New Edinburgh had workers' housing—a lot of it—but it also had mansions and well as solid family houses belonging to civil servants and mill managers. My own house belonged to a stonemason.

Around the corner, the Bell House belonged to a doctor who arrived here in 1866, just as Ottawa was booming as the new government city. It was a real community."

It is not just architecture that interests Janet. She has been looking for stories of the people who lived here and the challenges that they faced, ranging from employment, poverty and health. So please join her to learn a little bit about not just the houses but also the lives of people who preceded us as citizens of New Edinburgh.

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Meet the Man Behind the Market

By Louise Imbeault

Lucky you if you enjoyed the summer at the cottage. Others, like me, enjoyed the urban approach to the vibrant season that, as it turns out, revealed tremendous surprises. So much entertainment was on offer right here in the Burgh this summer.

Whether it was festivals, fundraisers, marathons, open doors, music concerts, outdoor movies, Lumière, or the Family Picnic to name a few, in my view the top ticket for **community activity of 2014** was the Marché Beechwood Market's arrival on July 5. It sure feels like it has been a long time coming, but finally the civic address of **80 Beechwood Ave.** breathes new life for all to enjoy. It makes me want to dance, jump, skip and sing—ok, I admit to being very excited.

What a refreshing venue. Imagine over 14 consecutive Saturdays, taking a stroll to OUR local market. Whether for a leisurely breakfast surrounded by farmers and vendors, or to purchase their best produce and products to take home, it's a win-win combination for all concerned.

Focussed on local farmers, growers, entrepreneurs, chefs, caterers, musicians and performers, artists and artisans,

the inviting and cordial atmosphere saw so many families (many with companion pets in tow) supporting our new market. I saw many environmentally conscious folks bringing their own shopping bags, carts, and even loading up their baby strollers.

So many cyclists, walking groups and transit users have made the Marché Beechwood Market their central spot to meet up for a great day in the Burgh, and then to cross the street where Vanier Moderns houses vintage and retro furniture, jewellery, clothing and more in the now closed St. Charles church—Beechwood's inherent landmark.

There was even special attention given to toddlers and youth. The kids enjoyed unlimited access to the bouncy castle where they played with their friends, thus allowing parents to shop with ease. Judging by the attendance, this fun feature has been truly appreciated.

As the weeks and months rolled by, it became obvious that many regular customers lingered longer and explored their culinary tastes further with the outstanding freshly prepared foods from a number of diverse cuisines—from Persia to the Caribbean, Vietnam to the Himalayas—exposing us to

a world of flavours in our own backyard. Spa water, mint lemonade, fresh hot organic fair trade coffee and ice cold sparkling apple cider (the new rage) were waiting to refresh the palate before visiting the desserts, homemade pastries and dulce leche chocolate booths.

Impossible, you say! How could this happen so quickly and successfully? Well, there is a special person who has been in front of, behind and all around the scenes to ensure the smooth functioning, tight

lete and avid runner—plus he's a wine connoisseur. Chris also makes time to volunteer for the Vanier Community Association, and for the City of Ottawa. He also spent a decade traveling abroad before returning home and settling down right here.

His professional career as market manager and developer/community builder paved the way for a wonderful collaboration with the Market's major sponsor **Claridge Homes**. Chris tirelessly pursues a vari-

Harvest Festival Grand Finale taking place October 11 from 9 am - 2 pm. I really must start stocking up on my favourite condiments and preserves!

So, on behalf of a bunch of really happy New Edinburgh residents and visitors alike, here's a big KUDOS to Chris, our very own homegrown hero (I secretly think he's a superhero) for pulling off this outstanding achievement. Now come and discover today what will surely be a repeat performance in 2015.

I've been delighted to accept Chris' invitation to capture candid photos over the summer months and upload them to my website (the links were also attached to the *Marché Beechwood Market* newsletter). Click on www.louiseimbeault.webs.com for the gallery of weekly albums.

Also, please take a moment to register your email and receive your newsletter. Visit the official MBM website at www.beechwoodmarket.ca

Happy Fall y'all!



Photo: Louise Imbeault

Cheers to New Edinburgh's own Chris Penton for making sure everything runs smoothly during the first year of Claridge's Marché Beechwood Market.

logistics and tactful coordination of this weekly mega project.

That person is **CHRIS PENTON**. The middle son of longtime Burgh resident Hugh Penton, Chris is a graduate from Bishop's University in Sherbrooke, Quebec; the proud and busy father of young son Devon; an accomplished ath-

ety of creative themes to keep market life exciting and buzzing such as: the grand opening with guest speaker Mayor Jim Watson, the Great Beechwood Cook-off (with Ola Cocina's Donna Chevrier walking away with first prize), and Root-a-palooza (with open mic for local musicians). There's still time to take in the upcoming



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Busy Bees Help Bring Changes to Local Arts Hive

By Sean Flynn, Nectar Chair

This September, Nectar launched a whole new look: a new season, new name, and new possibilities! Much has happened over the past few months to increase our visibility and engagement in the community. We are delighted with our new brand, which features a honeycomb logo that is proudly displayed on our signature banner outside our Centre on MacKay Street.

Over the summer, we worked hard to make essential exterior improvements and beautify the Nectar house, garden and streetscape. We have some exciting new programming, which includes ballroom dancing and a food lecture series, along with a host of past favourites (see pages 32-33). Many hours of volunteer and staff time has made this all possible, and on September 6 we hosted

an enormously successful celebration and barbecue to say thank you to all our supporters, and to launch our new season.

The event was opened by special guest **Mayor Jim Watson**, who acknowledged our beautiful neighbourhood, and congratulated Nectar for its determination over the years to build a vibrant community centre. **Peter Clark**, the incumbent councillor for the Rideau-Rockcliffe ward, also spoke about his involvement by assisting us in becoming a Municipal Capital Facility. He announced that shortly Nectar would receive a significant cheque from the city to provide funds to help upgrade and renovate our facilities (that cheque has since been gratefully received!) He indicated that more funds would be forthcoming to support our upgrading projects in the coming year.

We would like to thank our local businesses for their food contributions for the Sept 6 Launch event: **New Edinburgh Pub**, **New Edinburgh Square Retirement Residence**, **Governor's Walk Retirement Residence**, **Rockcliffe Retirement Residence**, and of course our ever-faithful **Scone Witch**, about whom the mayor could not say enough good things! Door prizes were generously donated by **Books on Beechwood**, **Bridgehead**, **Heavenly Honey**, **NEST**, **Oresta**, and **ZaZaZa Pizza**.

Thank you to everyone who donated so generously to our capital campaign this summer. We have managed to complete much-needed repairs to our porch, and at the same time, to make our facilities accessible, with a brand new wheelchair ramp. Our hope now is to continue the work with a new stone walkway from the sidewalk, and to begin work on the interior to make the first floor of the centre fully accessible.

A special thank you to **Lisa di Lorenzo** and **John-Paul Gouett**, close neighbours of Nectar and owners of the local online store **NEST**, for helping to promote our campaign by donating the profits of sales from their store to the campaign. To date, we have collected \$12,600 with donations still coming in every day, which is just over 60 percent



Photo: Nicole Vallée

The Nectar Centre at 255 MacKay Street has undergone a metamorphosis from the inside out, with many renovations taking place this past summer. The physical changes were topped off with a new logo and name.

of our fundraising goal—an incredible accomplishment!

Our ability to continue depends greatly on the community's continued support and generosity, so please keep an eye out for more opportunities to help us achieve our goal. Much gratitude goes to the Nectar studio artists who completed the finishing touches to the renovation of our first floor.

The work inside the house will be ongoing into 2015, as we continue our retrofit project with the goal of maintaining a beautiful, welcoming, and accessible centre for the entire neighbourhood. None of this remarkable progress would be

possible without your continued support, so to everyone that has stepped up to reinforce our efforts, our team at Nectar thanks you from the bottom of our hearts.

We extend a special tribute to **Nicole Vallée** from **Domino Creative** who has donated countless hours of her professional time and expertise to assist us in achieving our new look: logo, website, program guide and so much more. And we thank all our community donors, individuals, business and corporate contributors—**Rockcliffe Landscaping** for porch renovation and ramp construction, and **ArborXpert** for tree trimming.

In other news, Councillor Peter Clark has confirmed that 255 MacKay St. is to become a **Municipal Capital Facility**. Those of you familiar with the process know that achieving this designation is by no means an uncomplicated matter. In our case, we needed to find a lending organization that would collaborate with Nectar and the City of Ottawa to tailor the terms of the mortgage on the property to meet the City's requirements for becoming a Municipal Capital Facility.

We are pleased to announce that we have now closed on a new mortgage with two wonderful lending organizations with strong ties to the non-profit sector: the **Canadian Alternative Investment Foundation (CAIF)** and the **Community Forward Fund (CFF)**. This is a significant step in our organization's operational and capital sustainability going forward, as it provides a roadmap towards more funding and collaboration with the City, and other municipal and provincial partners.

The Board would also like to give a special mention to the team at **BrazeauSeller**, particularly **Fred Cogan** and **Barbara Sinclair**, for navigat-

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ing us through this complex transaction. BrazeauSeller has been extremely generous in its support of Nectar/CCCC over the years, and has continued to guide us through this critical time in our recent history.

Let it Glow, Let it Glow, Let it Glow!

Hurrah! Lumière 2014 was a resounding success, despite the rain. Feedback from the community has been extremely positive, and we are very pleased that we kept this precious tradition alive. The Lumière Festival came close to outright cancellation this year due to budget constraints at Nectar. Not to be daunted, however, a number of committed Lumière loyalists from the community came forward with an offer to collaborate in an effort to keep the flame alive and make the event happen in 2014.

The Board agreed, and we were thrilled to proceed with the new, community-based and volunteer-driven festival. We thank all of those enthusiastic and dedicated volunteers for their countless hours of help, and their enormous contribution to the success of Lumière 2014.

A big thank you to our **Lumière Committee:** our amazing coordinator **Joni**

Hamlin, who handled volunteer management, media, admin, site mapping, and purchasing; writer and artist **Steve Artelle**, whose artistic vision, knowledge and overall enthusiasm for the project were key to the event's success; **Roxie Clark**, known locally for her incredible community involvement and general craftiness, who headed up our lantern workshops (even making two TV appearances in support of Lumière), and repaired our existing lanterns, as well as creating some amazing new ones; and **Seanna Kreager** who assembled a team of eager labyrinth volunteers (led by **Martha King** and **Jane Thompson**), introduced Lumière to glow balloons (weren't they awesome!), and helped book our performers and artists. Over the course of organizing the festival, more than 40 volunteers jumped into the fray, along with 120 participants in our lantern workshops.

Did you know that all of the artists and performers donated their time this year? Thank you for supporting them when they passed the hat! **ARTISTS** were **Martha Markowsky**, **Jennifer Relihan**, **Catherine Willis**, and **Lisa Wilson**. **PERFORMERS** were **Project**

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Latino, The Balloon Master, Acro Yoga, Gillian Kirkland, Company of Fools, Cory Eli and The Fire Weavers.

Three amazing food trucks came out despite the rain, and are all geared up to come back to Lumière again next year. Hats off to **LUNCH, Angry Dragonz**, and **Mr. Churritos**.

Join Us for Deck the Halls, Nov. 22, 7-11 pm.

Coming up next month, the dynamic duo of **Jill Hardy** and **Joseph Cull** will host a not-to-be-missed fundraising event for Nectar. The community is invited to Deck the Halls, a very special concert featuring the **Ottawa Police Chorus**, followed by a cocktail reception in the Memorial

Hall, where you'll be treated to be light food fare, cash bar and silent auction. Mark your calendars now, and join us for an evening to remember!


Hats Off to our Amazing Staff Team

A good deal of the credit for Nectar's continuing progress in securing its place as a vibrant hub for community life goes to our capable staff team **Tony King, General Manager** and **Malachi Handler, Program Coordinator**. This personable duo took over from Melanie Davis in late spring, and has since worked tirelessly to build on the successes and momentum achieved under Melanie's leadership. We thank them both for their resourcefulness,

good spirits and steady hand on the tiller as we head into an action-packed fall season.

Send us Feedback Please!

Nectar is strongly committed to listening to the views of community members, and to understanding the needs and interests of our community. It's only by hearing from you that we can ensure that we offer quality, affordable programming that responds to those needs. We want to hear more from you, so please make sure you visit our website, **www.nectarcentre.ca**, our Facebook page at **www.facebook.com/nectarcentre**, or come by the House and share your ideas and suggestions in person.



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Nectar Programs to Sing and Dance About

By Isobel Bisby

Co-Chair and Nectar Staff

It's a busy fall at Nectar. We are proud to carry over much of our quality programming from the spring, while also introducing new and exciting courses to our fall schedule. We have a diverse array of options for the body, mind and spirit with our many classes this season, including yoga and meditation, tai chi, Pilates, dance and much, much more. Our fitness courses are customized to fit the needs of all ages and schedules.

For the artistically inclined, there is a vibrant mix of classes, including our long-running Acrylic and Oil painting courses; Figure Drawing, and now **Art of the Masters**, a painting class for children.

There's a Song in our Hearts

The **Nectar Open Community Choir** started up again on September 8 at 7:30 pm, and is steadily growing in size and musicality! We are delighted to welcome our new Choir Conductor, **Hayley Swanton**, an Ottawa-based soprano, widely recognized for her strong stage presence and

poised performance. Most recently, she appeared as the soprano soloist in Mozart's *Requiem* with the choir and strings of the Church of St. John the Evangelist, under the direction of Dr. Gordon Johnston.

Ms. Swanton is thrilled to be expanding her musical activities to include choral conducting, and looks forward to an exciting year with the Nectar Community Choir. Everyone is welcome to join the choir. No previous musical training is required. We also welcome our new, talented piano accompanist **Anna Currie**, a student from the University of Ottawa.

Strictly Ballroom!

New this fall, we are delighted to be hosting our **Open Ballroom Dance** every Friday evening at 8 pm for any and all community members, regardless of age or ability... a great time for everyone to attend at the very reasonable price of just \$5 per session.

Family Fun is Back

Nectar plans to continue our popular family programs, including children's arts and martial arts courses; **Weekly Playgroup** for children from

toddler to pre-school age; and **FitMom and Baby**. Back by popular demand this season are two LEGO workshops featuring local legend, **the LEGO Guy**, on **October 28** and **November 25**.

To register or learn more about all the programs, visit nectarcentre.ca. If you are in the neighbourhood, feel free to pick up a Program Guide at our office at 255 Mackay Street. Any questions, please email us at info@nectarcentre.ca

Nectar Art

Eight studio artists currently work out of Nectar and contribute enormously to making our community centre a hub of creativity: **Diana Bates, Patrick Biggs, Pat Fyfe, John Jarrett, Luis Leigh, Suzannah Robertson, Judy Tanguay** and **Shayna Tate**. This fall, our artists are collaborating on the community project of repairing and painting the children's playhouse in the front garden, all in the colours of our new logo. Our thanks to this talented team!

Our **Community Art Gallery** opened this September with a wonderful show featuring "Journeys" by **Margo Blackwell**. Keep an eye on our

website for upcoming shows.

HOT OFF THE PRESS! Nectar Food Talks

A delicious new series hosted by **Cindy Ryley** and **Joseph Cull**. Meet some of the finest local food authors, chefs, suppliers and restaurateurs. From **7:30-8:30 pm at The Scone Witch, 35 Beechwood. \$5 at the door.**

UPCOMING TALKS:

October 16: Chef **Andrée Riffou** from **C'est Bon Cooking**. Energetic and easy going, chef Andrée is a staunch

advocate of simplicity and homegrown cuisine.

November 13: **Jodi Samis, Cardamom and Cloves**. Meet Jodi, the brains behind Ottawa's premier spice shop.

Nectar Community Garden

This was the first summer season for the Nectar Community Garden, and everyone who has wandered around the side of the House has admired the fine, raised wooden beds and luscious vegetables spilling over the sides. Kudos to **Roxie Clark** and **Joana Chelo** for making this dream a reality. "As the growing season slowly winds down, the members of the New Edinburgh



Photo courtesy of Luis Leigh
Luis Leigh is one of eight artists whose studio is based at the Nectar Centre. He is also a new member of the board.

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This fall we're delighted to launch a delicious new series at Nectar. Join us for "Food Talks" and meet many of the leading lights in Ottawa's vibrant culinary scene. Co-hosts Cindy Ryley and Joseph Cull will lead discussions with the finest local food authors, chefs, suppliers and restaurateurs, taking you behind the scenes in the region's finest kitchens. Intimate, informal and sure to be highly entertaining, visit nectarcentre.ca for full details.

UPCOMING TALKS:

October 16 — Chef Andrée Riffou, C'est Bon Cooking
Energetic and easy-going, chef Andrée is a staunch advocate for simplicity and homegrown cuisine.

November 13 — Jodi Samis, Cardamom & Cloves
Meet Jodi, the brainchild of Ottawa's premier spice shop.

Fee: \$5 at the door
Time: 7:30 – 8:30 pm
Location: The Scone Witch, 35 Beechwood Ave.



Community Garden are harvesting the fall vegetables such as pumpkins and squashes," Joana reports, and she concludes that "this was, over all, a very productive year. We are looking forward to building more raised beds next year and welcoming new members."

Garden representatives attended the Savour Fall event at Rideau Hall to help promote community gardens in Ottawa, and hosted a bake and coffee sale to raise funds for the garden during the New Edinburgh Garage Sale on September 20.

After School Program

It is with great anticipation that we start off our second year of the Nectar After School Program. This fall, we are pleased to announce that **Lee Benson**, our former program assistant, will take over this important community program. Lee comes to us with a wealth of experience, having worked with us last year and previously serving as a Youth

Leader and Children's Pastor in her native New Brunswick.

The multi-faceted Nectar Centre After School Program offers children an opportunity to take part in recreational, academic and artistic activities for 2.5 hours after school each day. This year, we are continuing to provide a broad range of activities such as athletics, arts, science experiments, baking and special theme weeks.

We are especially fortunate to have terrific community resources at our disposal, including Stanley Park and the grounds of Rideau Hall. The After School Program is open to children in grades 1 to 6, and features highly qualified staff members along with volunteers from the De La Salle High School Arts program.

PD DAY Camps: Parents please take note that this fall Nectar will also be running two PD Day camps on **October 10** and **November 21**. Visit our website for more details: nectarcentre.ca/childrens-programs.

grams. For questions regarding the After School Program, contact malachihandler@nectarcentre.ca.

Nectar Volunteers



Sketch by Martha Markowsky

Would you like to become a volunteer? Without volunteers, Nectar could not operate: it's that simple! Many thanks to **Joni Hamlin**, who has so conscientiously acted as our volunteer coordinator over the past months, and created a comprehensive list of

volunteer opportunities. This includes people to be greeters at the House, kitchen caretakers, grounds and garden keepers, gallery curator, special events volunteers, social media enthusiasts... the list goes on and can be viewed in detail on our website.

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Empty Your Shelves and Fill Your Freezers for Book Fair

By Christina Leadlay

Joni Hamlin knows that one person can't organize a successful event alone, but depends on a large group of multi-talented people. That's one reason why she wants to get students and staff more involved in the annual Rockcliffe Park Book Fair.

"I want to make Book Fair more fun for the kids and the staff at RPPS, and for them to be more involved in it," explains Joni. "Having them come up with the theme is just the beginning."

This is Joni's first year at Book Fair's helm. She is a familiar face in our community, and has coordinated various playgroups, volunteered with the Lindenlea Community Association and NECTAR Centre, helped organize the 2014 Lumière Festival, and has been involved in numerous activities at Rockcliffe Park Public School, where all of her three children will be enrolled this fall.

Over the years, the Book Fair has come up with a theme to encourage students within the school to get more excited about their annual used book sale. This year's overwhelm-

ing top choice for theme was "comic books." Students can expect to see many comic book-related events and activities in the run up to the November 7, 8 and 9 Book Fair.

Book Fair is the school's main fundraiser. It is one of the few times parents and the community are called upon to show their support, be it through

donations of books, cash, food, or a few hours of heavy lifting or book sorting. The event's energy and community spirit is unique and infectious. The volunteers are a friendly and welcoming bunch; a mix of first-time school parents, experienced folks and members of the neighbourhood. And as much as Book Fair relies on

community involvement, it always gives back. A portion of the funds raised gets shared with other schools across Ottawa for literacy programs.

If you find yourself filtering through your bookshelves, amassing boxes of books you no longer need, please consider donating them to the RPPS Book Fair (don't worry:

the comic book theme doesn't mean they are only collecting comic books!). There are two book bins located by the front doors of Rockcliffe Park Public School on Buena Vista Drive, where donations can be made 24-hours a day. If you find yourself with too many boxes of books for you to bring yourself, contact the school to arrange for the transportation team to come collect them.

Book Fair is a three-day event that encourages repeat visits. Admission is free and books are replenished on a daily basis. There is also a craft table for children, and the popular café. The menu ranges from coffee and muffins, to more substantial meals including sandwiches, chilli and pasta. The café is already looking for your support. If you feel an urge to do some baking or cooking, consider making a triple batch and freezing portions for Book Fair!

Mark your calendars for **November 7, 8 and 9** for the Rockcliffe Park Book Fair. Visit www.rockcliffepark-bookfair.com or on Facebook and Twitter.



Photo: Seanna Kreager

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New Tree on Poets' Pathway Planted for Dr. Palmer

New Edinburgh News Staff

There is a new commemorative tree and plaque on Poets' Pathway in New Edinburgh's Stanley Park. One sunny afternoon in July, family and friends of the late **Dr. L. LaMonte Palmer** gathered at the young maple to read Dr. Palmer's poetry and remember the local physician and poet.

Dr. "Monte" Palmer, a WW II RCAF veteran, spent 24 years of his career in Canada's Overseas Medical Service in Europe and Africa, writing poems in his spare time. His wife Jean wrote scripts for Alberta School Broadcasts as they raised their four children abroad. During intervals of home leave, when Dr. Palmer and his wife lived primarily on Putman Avenue, as well as

owning a house on MacKay Street, he joined with other New Edinburgh physicians at their respective homes to play chamber music on Friday evenings.

LaMonte's poetry collection, *All I Want is a Walk-On Part*, was published in 2000 after his retirement. At the ceremony in July, his son Christopher read the title poem as he stood beside the young maple. Daughter Alexandra read *Canadian Spring*, an appropriate choice on the banks of the Rideau River.

After the readings in the park, guests enjoyed refreshments in the Palmers' walled garden on Putman Avenue where more poems were read by children and grandchildren. Comic poems and limericks let slip the slapstick side of the poet.

"The apple falls not far from the tree." This is a family of writers: daughter Susan Palmer, PhD., on McGill's Faculty of Religion, has published 11 books on new religious movements. Daughter Patsy Short has had two books on music published, and is the recent winner of a short-story competition in New South Wales, Australia. The winning story has just been published in Toronto. Her sister Alexandra Palmer, PhD, Curator of Costume at the Royal Ontario Museum, has published five books, the most recent of which was the winner of the Costume Society of America book award.

Son Christopher Palmer, a bassoonist with Symphony Nova Scotia, writes music. His composition "Ships and Flags, a 2012 Overture" was played on the Halifax waterfront at the Tall Ships Festival and was recorded by the CBC who commissioned it.

Monte's 91-year-old widow, Jean Palmer, was a 2014 writer-in-residence at the Banff Centre in April where her new play was developed. Was there something in the water in all those foreign postings to nur-



Photo courtesy of Jean Palmer

Sandor and Sylvia Rack with the maple planted in honour of their late grandfather, Dr. LaMonte Palmer, July 14, 2014.

ture all that literary talent?

Interested readers can find out more about the City of Ottawa's Commemorative Tree Program on the City web-

site at <http://ottawa.ca/en/residents/water-and-environment/trees-and-community-forests/commemorative-trees>.



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Ottawa New Edinburgh Club Builds a Better Boathouse

By Pauline Tiraoui

The Ottawa New Edinburgh Club (ONEC) has been a community gathering spot and recreation space for more than 90 years. The club was established in 1883 as the Ottawa Canoe Club, and construction on this, their third boathouse, was begun in 1914 as an expansion opportunity one extended to the Ottawa and New Edinburgh

Railway.

The club is now in the stage of going back to the future, taking account of memories of times past expressed by visitors to the club during Doors Open Ottawa events over the past few years, and it is trying to reanimate the boathouse for a more vibrant future and to regain its place as a lively part of the community fabric.



Photo courtesy Pauline Tiraoui

The Ottawa New Edinburgh Club is undergoing some renovations and should be ready for the 2015 season.

Canoe Clubs. The merger of the two clubs occurred in 1914. Since many club members went overseas during World War I, the boathouse was not completed until 1923.

While canoeing and dancing were the major activities, tennis courts were added in the 1920s, and later, swimming and motor boating became popular additions on the list of activities offered by the club. Ask anyone who grew up in or near New Edinburgh, Manor Park, or Rockcliffe, and they're bound to recall childhood stories of family gatherings at the Boathouse for their summer activities. Some recall the long walk in from the Ashbury Station in Rockcliffe that was part of the Ottawa Electric

Some renovations have already been completed, with new roofing and improvements to the floors in the east and west upstairs galleries. There are plans ahead for building enhancement including the restoration of the grand ballroom, improvement of the main building entrance, upgrades to the plumbing and electrical systems, enlargement of the washroom facilities, and the replacement of a number of doors and windows. To that end, ONEC has already started the necessary fundraising process, and at this time is working towards being able to offer the use of the ballroom to the community as a prime rental facility, starting in the summer of 2015.

The Man Who Reinvented the Governor General

By Paul Benoit

Although more than 80 years have passed since the Statute of Westminster made Canada an independent state, Canadians are still confused about the role of the Governor General. A book has now been written by a local Ottawa author, J. William Galbraith, that should go a long way in clarifying that situation. Indeed, Galbraith's *John Buchan: Model Governor General* is a carefully researched account of John Buchan's time as Governor General of Canada between 1935 and his sudden death in 1940.

Though there are two biographies that have been published on Buchan, Galbraith's book concentrates on his time in Canada and on Buchan's awareness that he was creating a new position out of the old office of colonial administrator. The book is organized

along the four axes of this new office and the central role it would be playing in Canadian public life. Thus there is a part of the book on Buchan's statesmanship in Canada and on his relationship with then-Prime Minister, Mackenzie King. A second part of the book deals with his statesmanship on the international stage and the crucial bridging role he played between Britain and America in the years leading up to the Second World War. A third part of the work describes Buchan's reaching out to Canadians and in particular his trip down the Mackenzie River. Finally a fourth part deals with his encouragement of excellence in the arts and the awards which he instituted for literature.

John Buchan was an inspiration to succeeding Governors General: in particular, to Vincent Massey, Georges

Vanier, Adrienne Clarkson, and to our current Governor General, the Right Hon. David Johnston, who has written a fine foreword to the book.

Galbraith will be signing copies of his new book at Books on Beechwood on Saturday, **November 8, 11 am-1 pm**. This book would make a great Christmas gift for any Canadian interested in the governance of our country!

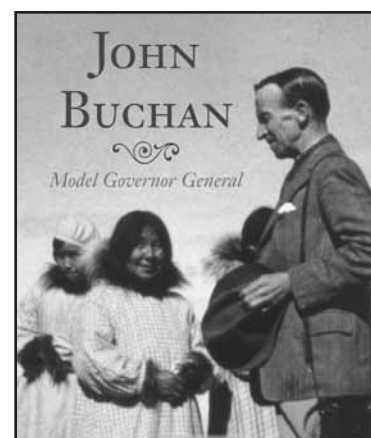


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A Sharp-Edged Old-Fashioned Comedy

Linden House—presenting its eighth annual play this October—has learned to depend on New Edinburgh for the core of its steadily growing audience. The reason may be that local residents such as Janet Uren, Ann Davis, Alexandra Reid and Rosemarie Tovell are all members of the Linden House team. Or it may be that the plays offered by this company—drawn from the canon of classical English comedy—simply appeal to the sophisticated demographic of this neighbourhood. This year's production of *Jack Straw*, by Somerset Maugham (October 24-November 2) promises to strengthen the link between New Edinburgh and Linden House.

Jack Straw is a very early work by a man who went on to become one of the most popular and successful playwrights of his day. First produced in 1908, it was Maugham's fourth play, and one of a trio of runaway successes that ran in London, literally on top of each other, in the first decade of the 20th century.

More than a century has passed since audiences first chortled at the romantic excesses of *Jack Straw*. The play probably owes much of its texture and outline to a book that was popular at the

time. *The Prisoner of Zenda* by Anthony Hope was published to wide acclaim in 1894 and tells the story of a man who disguises himself as a foreign monarch and falls in love. Echoes of *Jack Straw*.

Like the flowered bonnets that adorn the ladies in this production, *Jack Straw* is a period piece, which gives the producers lots of scope for colourful costumes and a highly decorative set. "We have benefitted this year from the design skills of local resident Alexandra Reid," says Linden House founder, Janet Uren. "She is an architect and interior designer by profession, and she has given us a truly luscious design for a flower-filled conservatory. It's going to be a gorgeous backdrop for 'Downtesque' costumes."

"Design is important and so is choosing the right play," says Janet, "but the other big success factor is quality of acting." In that regard, the cast has never been stronger, she adds, with many of last year's actors coming back: John Hardie, Kurt Shantz and Katie Volkert, as well as Janet Uren herself and, of course, former director and co-founder of the company, George Stonyk. This year as well, the cast will welcome back Robin Bowditch, who directed last year's suc-

cessful production of *Lloyd George Knew My Father*; he also won the hearts of audiences as the aging lover in another Maugham play, *The Circle* (produced by Linden House in 2011).

But the company is growing as well. This year, the cast will include local star Steve Martin, owner of The Gladstone Theatre and a very talented comedian, as well as two of Ottawa Little Theatre's best known and appreciated thespians, Heather Archibald and Louis Lemire. And the play will be directed by a local legend, Joe O'Brien, winner of the 2013 Michael Spence Award for Contribution to Community Theatre.

Linden House likes an old-fashioned drawing room comedy, but it is also addicted to the sharp edge. That's why Somerset Maugham is such a wonderful choice. He didn't hesitate to borrow the odd aristocrat to traipse exotically through the story; but his plays are not your typical drawing room comedies. His eye for satire was too sharp, his refusal to worship the class system too deep-seated. Thus, *Jack Straw* is more than a comic romance; it is a satire on snobbery, as expressed by a group of penniless bluebloods on the one hand, and by a pair of



Photo: Karenn Boychuk

Local actor Janet Uren plays the role of a loud-mouthed social climber who encounters a few surprises when the Pomeranian archduke comes to visit in Linden House's production of *Jack Straw*.

rough-tongued, social-climbing millionaires on the other. Underneath the high-spirited froth of *Jack Straw* lies the bedrock of social reality, as perceived by a very original and unsentimental mind.

Jack Straw will be presented on **October 24, 25, 30** and **November 1 at 7:30 pm**, and on **October 26 and November 2 at 3pm** at the Elmwood Theatre, 261 Buena Vista

(with free parking). Tickets are available online at www.lindenpro.ca or from Books on Beechwood (35 Beechwood Avenue). Information: 613-842-4913.



Lady Macbeth with an Indian Dance Twist

By Anne-Marie Gaston

Last winter, Tony Gaston and I returned to India to continue research on the amazing range of performing arts in the sub-continent. Our connection to the arts of Kerala extends over many years. In 1977-78, I studied Kathakali dance intensely in Cheruthuruthy, the home of the state's most famous Kathakali School, while Tony did research on the birds of the area.

This year, our plan was to develop, in the Kathakali style of Indian dance-theatre, a multi-media theatre presentation around *Lady Macbeth*, the bloodthirsty queen who drives Macbeth to commit regicide in Shakespeare's play. To do this, we travelled to a village in rural Kannur, the northern part of Kerala, to work with Guru Sadanand Balakrishnan, who has already created and presented several Shakespearean plays in Kathakali style.

There are some obvious commonalities between Kathakali and Shakespearean theatre: both developed in the 16th century, both deal with big histori-

cal themes and both illuminate the universal flaws and contradictions of human nature.

Numerous on-stage costume changes, intended to heighten the drama and underscore *Lady Macbeth*'s emotional state, were inspired by Helen Mirren in London's west end play, *The Audience*. Our unique photos and videos create evocative

backdrops for the play, adding to the dramatic intensity.

Ottawa Dance Directive Studios will present two performances of *Lady Macbeth* on **November 7 and 8 at Ottawa Arts Court**, 2 Daly Ave, at 7:30 pm. Tickets: \$25; \$15 for students. Info: www.cultural-horizons.ca, 613 745-1368.



Photo by Anne-Marie Gaston

These three witch masks were created by Andree Pouliot, an Ottawa based artist who lives half the year in Rajasthan India, where the drama is set.

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Introducing the Dream Catchers

By Osman Naqvi

Ottawa is a vibrant and growing community. However, there are people living here in poverty. Roughly 100,000 individuals in the nation's capital are living below the poverty line, and 32,000 of those are children. It was this realization that prompted the creation of the Dream Catchers.

In 2013, two friends, Carleton University students, **Osman Naqvi** (myself) and **Moses Otim**, started brainstorming ideas about how we could help children and youth in need. Through our experiences volunteering, we learned how far a helping hand could go. However, knowing that there are numerous organizations tackling issues similar to ours, we thought long and hard

Committee Chair; **Jevaughn Newman**, Treasurer; **Kevin Nguyen**, Promotions Director; **Saad Naqvi**, Communications Director; and **Nicki Paltooram-Dédier**, Marketing Director. Through the combined efforts of these individuals, as well as many loyal supporters and volunteers, our dream started to take shape.

The Dream Catchers strive to complete our mission through various unique events. We organize an on-going clothing drive called **Wardrobe-on-Wheels (or W.O.W.)**, a pop-up shopping experience, which we offer as we go around Ottawa distributing clothing to those in need. This fall, we are also launching our first annual **Halloween Costume Drive** to encourage the creative dimen-

that it will require a community effort. This is where our sister initiative comes into play. In January 2014, the **Citizen of the Capital** project first began. This new enterprise involved the creation of a community of eight photographers: **Abdulkadir Abdulkadir**, **Joy Bui**, **Holly George**, **Kellen Geha**, **Erica Vong**, **Michael Oyeleye**, **Laurel Martin**, and **Leah Henry**. The team now goes around the city to photograph everyday citizens, and gathers a series of photos and stories from the community, which are uploaded on their Facebook page to share with everyone and to encourage interaction.

If you would like to get involved with the Dream



Photo: Julie Situ

The Dream Catchers gathered together after a successful 'W.O.W.' event: (from left) Osman Naqvi, Moses Otim, Jaipaul Dubb, Sumeet Dubb, Joy Bui, Abdulkadir Abdulkadir, Lena Boyd, and Leah Henry.

about how we could hone in on specific needs and concerns.

Enlisting the help of a few friends, the organization grew to include eight more executive members: New Edinburgh resident **Lena Boyd**, Head of the Photography Committee; **Nikki Chopra**, Administrative Director; **Jaipaul Dubb**, Volunteer Coordinator; **Sumeet Dubb**, Steering

sions of child/youth development. We are collecting new and gently used costumes to give out, in order to ensure that all children and youth have the opportunity to let their imaginations run wild! And come December, our **Annual Toy Drive** will be up and running again.

As we work towards our overall goal, we strongly believe

Catchers we are always keen to meet and team up with people in the community. You can find out more about us online at thedreamcatchersinc.wordpress.com/the-dream or connect with us on Twitter, Facebook and Instagram. To reach us by email, drop us a line at ContactDreamCatchers@gmail.com.

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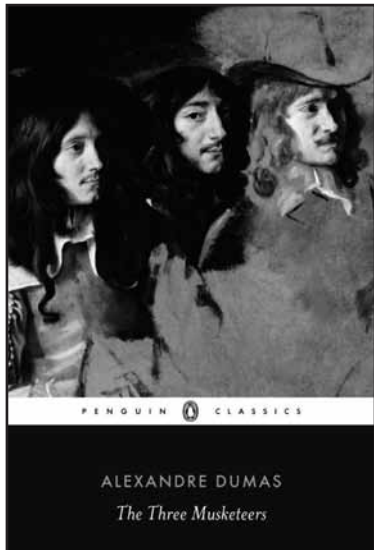
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Books on Beechwood Staff Review Some Classic Literature

From Hilary: *The Three Musketeers* by Alexandre Dumas, translated by Richard Pevear

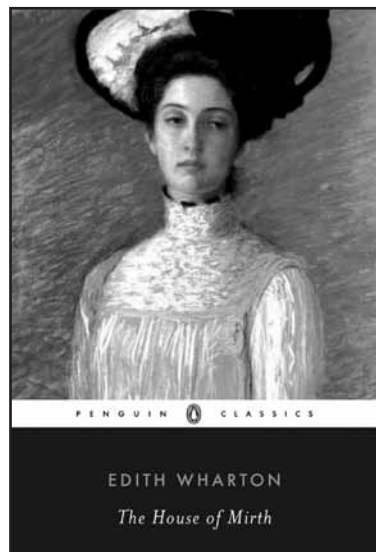


Arguably one of the most recognized coming-of-age adventure stories ever written, Alexandre Dumas' *The Three Musketeers* is an absolute gem that deserves a spot in every personal library. Although we all may know the story thanks to the many movie and TV adaptations over the years, the book itself treats the reader to a beautifully flowing narrative interspersed with innumerable witty quips and barbs. This particular translation by Richard Pevear also features

a plethora of endnotes which help the reader place historical names and events in context.

The story of *The Three Musketeers* has stood the test of time and captured the imagination of countless generations of readers, and there are many more out there just waiting to befriend and love d'Artagnan, Athos, Aramis, and Porthos. All for one, and one for all!

From Antoinette: *The House of Mirth* by Edith Wharton.



This American classic appealed to me because it was a novel of manners, not unlike *Pride and Prejudice* or other Jane Austen novels. It was first published

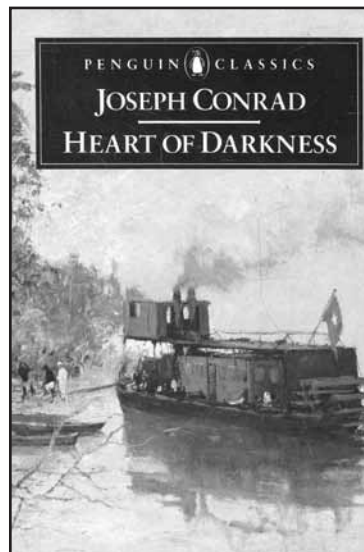
in 1905, describing the upper classes of New York in the 1890s, and Wharton certainly knew that society very well, as she lived in it.

Edith Wharton intended to satirize this society ("...conspicuousness passed for distinction...") but also show the tragic suffering that went on inside it. Lily Bart, the protagonist, is poor and unmarried, and is obsessed with marrying well (i.e., wealth). Through a series of social missteps, Lily's reputation suffers and she descends socially until she is working as a milliner, is disinherited by her strict aunt, and is burdened by debts. Lily has few friends left and previous suitors are no longer interested.

I liked it because Wharton's descriptions are incisive, amusing and unforgiving. She captures accurately the rigid proscriptive, stifling hothouse of traditions and conventions (as one critic put it) which become prisons for the members of that society, especially women. Austen's novels differ in that they do end with most of the plot threads neatly tied up. *The House of Mirth* ends in tragedy!

From Peter: *The Heart of Darkness* by Joseph Conrad

Sixty-something years ago, Joseph Conrad's short stories were part of the Literature studies in my English grammar school. He was presented to us as a writer of English in its purest form, this despite the fact that he did not learn to speak English until he was 22 years old. The implication was that if he could do this "why can't you lot write a decent sentence?" (This was the age where the dominant concept in education was nega-



tive re-enforcement). I retained a memory of brilliant phrases interspersed with philosophical passages of great boredom. Partly for that reason, I chose the slim 100 page long *Heart of Darkness* to review. The Penguin Classic Edition comes with a 20-page critique! I was curious to look at not just the story, but also the language structure.

I found the first half of the book about the trip up the Congo gripping and full of atmosphere. I had no difficulty in adjusting myself to the feelings of the time period about the Dark Continent and the sense of excitement, fear and awe:

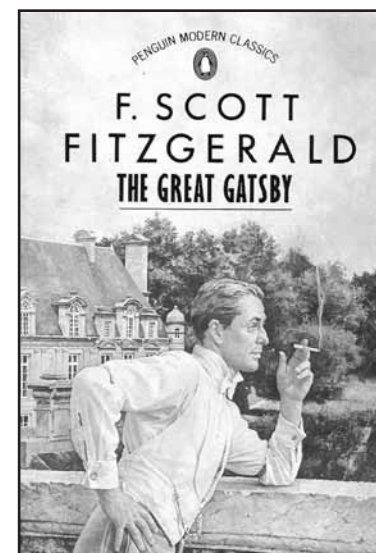
"Going up that river was like travelling back to the earlier beginnings of the world, when vegetation rioted on the earth and big trees were king. The air was warm, thick, heavy, sluggish. There was no joy in the brilliance of the sunshine."

You are right there. There are many short evocative sentences. An absence of conjunctions. After the arrival at the station of the mysterious Kurtz (as the

critique of Paul O'Prey says), "the speculations become metaphysical with the result that the language loses much of its tautness and precision". This I found harder to absorb. I didn't see enough of Kurtz to fully comprehend his slide into "evil" and see its universality. Perhaps I just found it more difficult to accept the concept of that much Darkness around and inside us all.

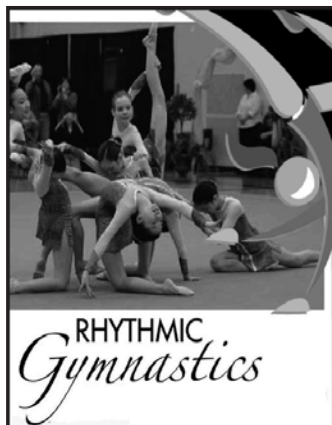
Heart of Darkness is a great, thought-provoking read with wonderful descriptive passages and deals with issues still very much relevant today in different contexts.

From Di: *The Great Gatsby* by F. Scott Fitzgerald.



The Great Gatsby is one of the most acclaimed, analyzed, dissected and filmed works of modern literature, so suffice to say I will only give my impression.

I read it last month for the first time and loved it from the start, all the time realizing how much I would have missed if I'd done so at school or even university. I was drawn into the



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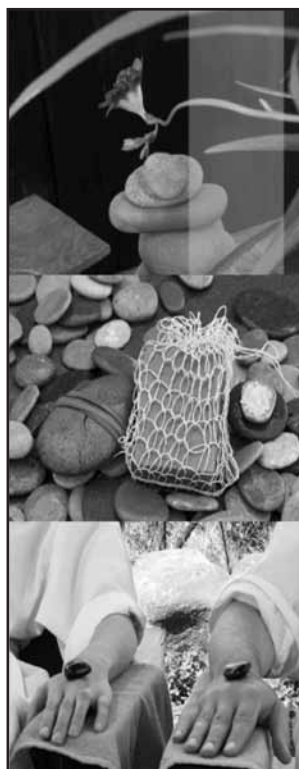
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feeling of tension throughout. The characters are aimless and restless and they fascinate.

There is a constant feeling of unease and sadness ahead. The language is beautiful, and gives it a surreal quality which pervades the whole book. I found it an absolute pleasure.

From Stephanie: *Great Expectations* by Charles Dickens



For years I have wanted to read *Great Expectations* by Dickens. My husband read it many years ago and is forever quoting from it.

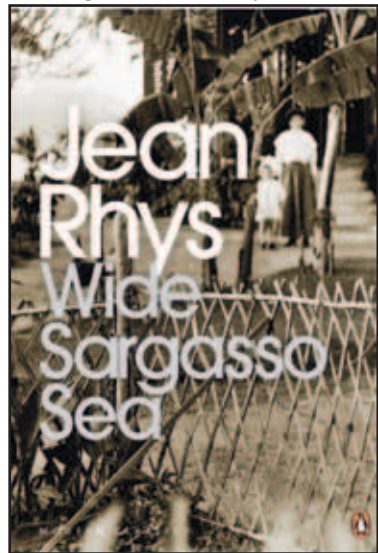
Charles Dickens was the most popular writer of the Victorian era. *Great Expectations* was his 13th novel. It is a timeless masterpiece, with colourful characters and unexpected plot twists. It also rises above



the melodrama of some of his earlier work. It is a tale of aspirations and moral redemption. It is a very enjoyable read.

From Bridget: *Wide Sargasso Sea* by Jean Rhys

Having loved Jane Eyre, I have



been intrigued to read this book since I learned it is about the early life of the "madwoman" Bertha Mason and the young Mr. Rochester. It does not disappoint. The Creole Antoinette's world is languid, steamy and threatening, especially to the rigid if well-meaning young Englishman. Her early life is difficult, but full of colourful and rich characters. Rochester is looking for a rich wife and is in turn confused, then enraptured and then repulsed by her and the dangerous place and people.

The book is pervaded by themes of ownership: children, wives, colonies. While Rochester is not totally unsympathetic, his discomfort with the gossip, voodoo and unruliness of the place blinds him to the value of the woman he has married. My heart broke for this poor young woman who is so misunderstood and trapped, and ultimately silenced and diminished.

Helping Students Stay in School, One Package of Pencils at a Time

By Joyce Dubuc

A very successful school project fundraiser was held September 7 at Tea Tyme, 81 Beechwood. Almost \$500 was raised to help Nicaraguan children receive school supplies and be able to stay in school.

El Pantenal is a poor neighbourhood in the beautiful colonial city of Granada. Here, a lot of families eek out a living by scavenging at the city dump. After a long hot day working in the sun, they earn \$1 or \$2. Their children must have school supplies to be able to succeed at school. A very low percentage of the children in this area complete primary school, often due to lack of funds for school supplies.

The Nicaragua School Project was started in 2008 by Kathryn Moncur, a Canadian who wished to help the children by providing school supplies twice a year. After several years of traveling to Nicaragua and helping the children, the reins were passed over to me, a longtime New Edinburgh resident. I am currently in Nicaragua, having completed a "school run" in mid-September.



Photo: Joyce Dubuc

Children in Grenada, Nicaragua watch with anticipation as their packages of school supplies arrive from Canada. For these students, school supplies are considered a luxury, but without them they would have to drop out of school.

After raising funds in Canada, school supplies are bought in Granada. International students attending Casa Xalteva (Spanish school) help out by packaging and delivering between 500 and 600 packages of notebooks, pens, pencils and erasers. The children at the two schools we assist are always so excited to receive their "paquettes", as receiving "brand new" items are a real treat for them. Kindergarten teachers receive craft paper, glue and puzzles. All money donated goes directly to the children's supplies. There are NO admin fees.

Thank you to those who

helped out with our first Ottawa fundraiser, especially Philly Kingsley, who offered her Tea Tyme location, plus provided the tea and the herbs that were given out to all attendees. Thanks to the "Girls Can Change the World" by making up the envelopes and serving tea and cookies. Also, a big thank-you to those who donated cookies and brownies.

Thank you so much to those who have donated to keep this project going. Right now, our fundraising goals are \$4,000 a year, and we need more donors. Please check out our webpage, and donate online: nicaraguaschoolproject.org

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News You May Have Missed

Scotland Votes NO



Breaking News from "Old" Edinburgh

After a period of nail-biting anticipation in the run up to the referendum, Scotland, the birthplace of our community's founder **Thomas MacKay**, has voted **NO** to the question "Should Scotland be an independent country?" by a margin of 55 percent to 45 percent. In our sister city of **Edinburgh**, the **NO** vote was even more decisive at 61.10 percent NO to 38.90 percent YES, while in MacKay's native city of Perth, the tally was comparable at

60.19 percent NO to 39.81 percent YES.

Bomb Squad Visits the Burgh

In early September, the city's bomb disposal unit arrived at an apartment building on Rideau Terrace to check out a suspicious package—tubular shaped with "wires sticking out of it"—which was discovered by police when they were called earlier in the day after the body of a deceased male was found in one of the apartment units. The package proved to be harmless, and the man's death was not considered suspicious.

Crash Leaves Driver Critically Injured

Around midnight on Sept. 18, a car travelling at high speed collided with a hydro pole at Beechwood and Loyer St, severing the pole and leaving the 30-year-old driver in critical condition after firefighters extricated him from the wreckage. Hydro crews shut down power in the immediate area while they worked to help free the trapped driver. Beechwood was closed off between Loyer



Photo: Christina Leadlay

and St. Charles while emergency crews worked to clear the accident scene, forcing traffic detours for several hours early Thursday morning.

City Gets Our Hoops Up

Next time you cross the Minto Bridges, take a look at the new basketball court near the roundabout at Union St and King Edward Ave. Thanks to the efforts of Lowertown Community Association member **Michael Kirkpatrick**, the City of Ottawa has spent \$150,000 on a brand new public court, complete with five parking spaces, bike racks and great views of the Rideau River and the downtown skyline.

Parkway Gets New Name

On Sept. 6, the Rockcliffe

Parkway was officially renamed after Sir George-Étienne Cartier, one of the Fathers of Confederation, and the influential Quebec counterpart of Sir John A. MacDonald, after whom the Ottawa River Parkway was renamed in 2012. NCC CEO Mark Kristmanson and Ottawa-Orleans MP Royal

Galipeau unveiled a roadside marker with the new name on the 200th anniversary of Cartier's birth. Kristmanson noted that "It is fitting that the two parkways that connect east and west Ottawa should be named after the two men who worked side-by-side to link Canada from coast to coast."

Fowl Play in Stanley Park

Feathers ruffled in early September when a chicken was sighted in Stanley Park. Local listservees were aflutter with the news, and neighbourhood dogs drooled at the prospect of fast food. The bird was soon safely caught, and city officials collected the wayward fowl. But the story doesn't end there. "Missing Chickens" posters were seen around the area. The owner of lost hens (named Squirly and Tilda), noted that the poultry are rescues and need special food for their feathers.

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MISSING CHICKENS

Hi there, two of my hens are missing!
 Squirly, the brown hen was last seen Saturday, September 13
 and Tilda, the black hen last seen Wednesday September 17.

Both were rescues and they need their special food for their feathers. I really need my babies back.

If you have seen them around the neighbourhood (Chrichton, the dog park, all around New Edinburgh)
PLEASE text/call 613-854-0800 or email datztryps@live.com

Photo by @HelpOttFurKids

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Burgh Bulletin Board

October

Digital Pinhole Triennial, 2nd edition Voix Visuelle Gallery, 67 Beechwood Ave. Tues-Sat. 11 am-4 pm. 613-748-6954; voixvisuelle@gmail.com. On now until Oct. 21, le centre d'artistes Voix Visuelle presents *Memory of Light* curated by André Paquin, featuring the work of 17 artists who took pictures using a modern pinhole camera.

Impressions of Canada Nectar Centre, 255 MacKay St. 12-5 pm. 613-837-9378 www.niroimages.ca. Local artist Michèle D. Roussel's solo exhibit, *Impressions of Canada*, is on display now until Oct. 30.

Oct 3 - Ottawa Charity Ping Pong Tournament SpinBin, 310 Dalhousie St. 7 pm. ottawacharitypingpong.com. The Youth Services Bureau, Operation Come Home, Do it for Daron, and Christie Lake Kids invite everyone to play ping-pong in the fifth annual Verdun Windows and Doors Ottawa Charity Ping Pong (OCPD) event. Music by Rory Gardiner, food provided by the Manotick Village Butcher.

Oct 4 - Read with Ranger Kara Ben Franklin Place, 101 Centrepointhe Dr. 1-3:30 pm. Geared to kids aged 4 to 11 and their families, TVOKids host Ranger Kara reads *Doors in the Air*. This Canadian children's book is about a boy who is fascinated by doors, both

real and imaginary. Fun activities onsite, meet-and-greet autograph session with Ranger Kara after the reading.

Oct 14 - Heritage Ottawa Free Public Lecture Ottawa Public Library Auditorium, 120 Metcalfe St. 7 pm 613-230-8841; info@heritageottawa.org. This month's lecture features two talks. Meredith Stewart offers a new perspective on the heritage value of the Champagne and Plant Baths "The Public Baths in Ottawa: A Heritage Reconsidered." Caitlin Charbonneau situates Lowertown's St. Brigid's Centre for the Arts in broader context with her talk on "Threatened Churches and the Preservation of Heritage Values: Adaptive Reuse of Ontario Churches."

Oct 16 - All Candidates Forum at Queen Juliana Hall, Rockcliffe Park Public School, 350 Buena Vista Rd. 7-9:30 pm The community associations of Rockcliffe Park, New Edinburgh, Lindenlea, and Manor Park invite you to attend this forum in advance of the Oct. 27 municipal election. All the candidates for mayor and for Ward 13 (Rideau-Rockcliffe) councillor have been invited to attend.

Oct 29 - Lecture on Mary, Queen of Scots St. Bartholomew's Church, at 125 MacKay St. Adults \$25, students \$10. 7:30 pm. 613-645-7834 ext. 410. In the fifth of her popular lecture series, Dr. Chelsea Honeyman brings us

a fascinating glimpse into the turbulent life and enduring legacy of Mary, Queen of Scots. Through history, literature, music and a wee modicum of theatre, the last of the true Scottish Queens will come to life. Afterwards, join us for a Scottish-themed reception for food, drink and chat!

Oct 30 - EBA Annual Open Studio 951 Gladstone Ave. 6-9 pm Free. Ottawa's Enriched Bread Artists celebrate 22 years of visual art with an open house, starting today. The exhibition continues Oct 31, Nov 1 and 2, Nov 7, 8 and 9.

November

Nov. 6 - Phil Jenkins Sings the Beatles at Heartwood House, 404 McArthur Ave. heartwoodhouse.ca Doors open 7pm, entertainment starts 7:30pm. Join us for a trip down memory lane with John, Paul, George, Ringo and Phil, in this fundraising event for Heartwood House. Live music, bar, refreshments and a silent auction.

Nov. 7-8-9 Rockcliffe Park Public School Book Fair. See pg. 34 for article.

Nov. 8 - Christmas Tea and Bazaar St. Bartholomew's Church, 125 MacKay St. 1-4pm. Come and enjoy afternoon tea and browse the stalls for attic treasures, Christmas decorations, hand knits, jewelry, books, baking and more.

Nov. 11 - Remembrance Day Services St. Bartholomew's Church, 125 MacKay St. 8:15 am and 10:30 am. This is the 100th anniversary of the beginning of the First World War. Consider attending one of the Sunday services in this historic church with its unforgettable ties to those who fought in this war.



Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

Dog/Cat Walking And Sitting Your house plants are also safe with me!. Emergency and regular daily walking. References. Liba Bender: 613-746-4884.

Indoor/Outdoor parking spaces required ASAP in New Edinburgh / Beechwood / Vanier / St Patrick Area. Please call 613-762-8872.

Nov. 15 - Craft & Bake Sale Bldg 72 CEF Arboretum east of Prince of Wales roundabout. 613-230-3276; friendsofthefarm.ca/events.htm. 10 am-4 pm. Free. Friends of the Farm invite you to a craft and bake sale, featuring an incredible selection of local handcrafted items and gourmet baked goods.

Nov. 30 - Ottawa Brahms Choir Concert St. Thomas the Apostle Church, 2345 Alta Vista Dr. 3 pm. 613-749-2391; Join the Ottawa Brahms Choir for a concert, "A Musical Advent-ure", with selections from Bach, Praetorius, Schuetz, Rutter, Brahms and Askwith under their new director, Christopher Askwith.

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Farewell...

In August **Vicki Metcalfe** her dog **Ceilidh** left on a cross-continent road trip to their new home in Victoria, B.C. Vicki has lived in our neighbourhood for over 20 years, and was active in a wide range of community ventures, including the Boards of both NECA and the CCCC (now the NECTAR Centre), and contributed to the *NEN* as our travel columnist and birding reporter. Vicki lost patience with Ottawa's severe winters and steamy summers, and has opted for the more temperate environment of Vancouver Island. We wish her well in her new home!



Photo: Louise Imbeault

Judy On The Go - Former NECA Communications Committee member **Judy Reid** (above) hit the road on July 1 on her "quilt on wheels" 1984 Honda Nighthawk motorbike to spend the summer in Trinity Bay, Newfoundland. Judy will be missed in the Burgh, and we wish her well on her travels. Va va vroom, Judy!

Welcome!

In July, Avon Lane welcomed **Graham, Trish, Alice, Molly** and **Roman**, the dog, to their ranks.

Bea, a recent arrival at The Edinburgh Retirement Residence, quickly started enjoying her new community by visiting the Beechwood Market on August 23, mak-

ing new friends like our Texas Heat producer **Scott** (of Union Street). Bea is one of many francophone seniors who have made the Burgh their home. Bienvenue Béatrice!

Congratulations to...



Photo: Louise Imbeault

Market Cook-off Winner Congratulations to Ola Cocina owner and chef **Donna Chevrier** and her assistant **Geneviève Allaire-Stacey** on their big win at the "Great Marché Beechwood Market Cook-off" on August 9. The prize, a gift basket, was donated by Jacobson's Gourmet Foods.

Congratulations to **Ferme Lève-tot** owners **Charlotte Scott** and **Richard Williams** who welcomed a healthy second son, **Avery Scott-Williams**, earlier this summer. Avery's arrival smack in the middle of the all-important



Scott & Bea at the Beechwood Market. Photo: Louise Imbeault

growing season kept things especially lively on the farm, and no doubt provided him with early (very early!) preparation for playing his part in the family-run operation.

Miscellaneous...



Frame from video shot by Pierre Cyr

Pub Raises \$500 for ALS - On August 19, staff and clients of the **New Edinburgh Pub** took the Ice Bucket Challenge in support of Amyotrophic Lateral Sclerosis (ALS, aka Lou Gehrig's disease). Brave participants **Ryan Hardy, Eder Bailon, Andrew Salter-Jarrett, James Hall, Kyle Williams, Eric Cameron, and Robin McGuire** challenged pub owner **Paul Williams** to match their contributions for ALS Canada. The crew raised just over \$200 and Paul kindly made it an even \$500. In the spirit of the event, they challenged Whisper's Restaurant, Don Cherry's restaurant, and the Clocktower Brew Pub on Mackay Street to do the same.

Wanted: Adirondack Chairs - Nectar is looking for three wooden adirondack chairs to place in their front garden at 255 MacKay Street. Do you have any to donate? Call **613-745-2742** or email **info@nectarcentre.ca**.



Photo: Christina Leadlay
Dufferin St. was just one of the many good places to hunt for bargains and treasure on Sept. 20 during the annual New Edinburgh Garage Sale.



Photo: Louise Imbeault
(From left) Mark Anderson, Catherine Lindquist and Dale Smith were spotted by the Ad Mare food truck during the BVA Summer Solstice Stroll on June 21.



Photo courtesy of Ashbury College
Ashbury's Latest Addition - (From left): Chris Teron, Ashbury College graduate and life governor; Jayne Watson, CEO of the NAC Foundation; Meena Roberts, vice-chair Ashbury Board of Governors; and Ottawa Mayor Jim Watson joined students and staff to officially open Ashbury College's new Creative Learning Centre on Sept. 3. The \$10 million, 27,000 sq. ft. building includes a sound studio, gallery exhibition space, ceramics workshop, digital media wall and a spacious learning commons.



Photo courtesy Marie Mullally
Marie Mullally of New Edinburgh (left) and **Rosemary Warskett** (right) of Chelsea, QC, completed the 10K race in the 2014 Ottawa Race Weekend in May. Rosemary scored third and Marie scored sixth (of 16 runners) in their age category.