

December 2014

NEW EDINBURGH NEWS

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Do You Recognize Anyone?



These participants in the School of Aircraft Recognition at the former RCAF Station Rockcliffe (former CFB Rockcliffe) posed for the camera on July 26, 1943. Nothing more is known of these individuals.

Can you identify or provide information about any of the people in this image? Efforts are being made to locate a potential family connection. If you have any details, please send them to newednews@hotmail.com.

Find a high quality scan of this photo at Library and Archives Canada site, collectionscanada.gc.ca by searching for "July 26 1943".



Photo: Marie Mullaly

André Cloutier (right) is the man behind the new Beechwood Gastropub, taking over the old Farb's location. Chef Colin Lockett (left), formerly of Café 327, leads the kitchen team.

Two New Restaurants Open for Business

By Christina Leadlay

We don't normally start our Burgh Business Briefs on the front cover. But I was so excited to hear that not just one but *two* new eateries have opened on Beechwood since our last issue in October, I really wanted to share the news with you. I am excited about both new ventures, and I hope the other wonderful businesses on Beechwood will join me in offering them a warm welcome.

Shortly after *NEN* went to press in October, I heard via Twitter that **Red Door Provisions** was opening shop at **117 Beechwood**, the former site of Isobel's Cupcakes. This to me was great news, as the ground floor of that building had remained vacant ever since Isobel moved her cupcake shop to Hintonburg about three years ago. I'm sure I wasn't the only one who was tantalized by the brown paper covering the

windows back in September. I am proud to say that I stopped by Red Door on its opening day, met the owners, and took with me a pair of hot lattes and one of their signature grilled cheese sandwiches. They were delicious.

But a few weeks later, I was saddened to see that Farb's had closed for good. I had always enjoyed the food and atmosphere there. But my sadness was short-lived when I heard that a new restaurant was filling the space, and was being run by the same man who started Arturo's and is currently at the helm of El Meson. The new **Beechwood Gastropub** keeps the spirit of Farb's alive, and I find it inspiring that there was so little downtime for that location. Again, I stopped in for lunch recently and met the owner, and I hope the busy atmosphere there is a promise of things to come.

Jane Heintzman has more



Photo: Pia Kauri

Red Door Provisions.

details about these and many other exciting businesses that do so much to boost the life of our mainstreet and greater community. As 2014 draws to a close, I would like to thank each of them for the great work they do, the important role they fill in our neighbourhood, and on behalf of the *NEN* team I send them best wishes for a prosperous 2015. **Please turn to page 10 for the full Burgh Business Briefs.**

A Victory, a Thank You and a Farewell

The *NEN* team wishes a warm welcome to our new Ward Councillor, **Tobi Nussbaum**, who won a decisive victory in the civic election of October 27. Tobi ran a superbly organized and energetic campaign, knocking on thousands of doors in our sprawling ward, and presenting a thoughtful and comprehensive platform on a broad range of municipal issues from planning to transportation, development, traffic, environmental stewardship and election financing. He was one of only two candidates to defeat an incumbent councillor, and has already received a glowing endorsement from *Ottawa Citizen* columnist Andrew Cohen ("Ottawa Needs Tobi Nussbaum", Wednesday, October 29, 2014, p. C7). We wish Tobi well and look for-

ward to working with him over the next four years, as we enlist his support in tackling the priorities and challenges of our community.

Thanks to all the other fine candidates who ran in Ward 13, every one of whom has an impressive record of community engagement. In the words of Andrew Cohen: "Rideau-Rockcliffe had only serious candidates....Four had run community associations. It was the strongest field in the city." We are grateful to them all for the time, energy and care they invested in the campaign, and for their serious efforts to acquaint themselves with the needs and interests of all corners of our large and very diverse ward.

We extend special thanks to outgoing councillor **Peter**

Clark for his many years of productive service to the city and the region, where he has served in a variety of roles, including the top job of Regional Chair prior to amalgamation. It would be no exaggeration to suggest that Mr. Clark knows every nook and cranny at City Hall, and has a wealth of knowledge and experience in both the workings of civic government and the major issues of municipal policy to be addressed in the years to come. We wish him a rewarding retirement, honing his prodigious bridge skills, and enjoying the sunny climate of his favourite holiday destination, Hawaii.

More on Peter Clark's legacy on page 3, and Tobi Nussbaum's inaugural report as councillor on page 5.



Tim Plumptre
NECA President

New Edinburgh's Brick Awards

Most of us think of bricks as hard rectangular objects used to build houses.

However, in the past, in Britain, when someone was referred to as a "brick", it was a compliment, indicating that the person was generous, helpful and reliable—the kind of person whom you would like to count as a friend and who would be an asset to a community.

Here in New Edinburgh, the word "brick" has a special

meaning. From time to time over the past few years, the NECA Board of Directors has given out awards at our Annual General Meetings known as the "Brick Awards".

Until now, these awards were generally given to individuals whose renovation or addition to their house was judged to reflect the heritage character of our community. Lately, not many Brick Awards have been given out.

At the November NECA

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Board meeting, directors gave some thought to the future of the Brick Awards. In doing so, we reflected on comments made at the Forum on the Future of New Edinburgh that we organized last April.

Residents spoke of New Edinburgh as a "charming urban village". They spoke warmly of the general character of our area, the local sense of community, the green space, the human scale, the heritage architecture, the proximity to the river, the tranquility, and the friendly, caring character often encountered among other residents.

In light of these observations, we thought the purpose of the Brick Awards needed to be widened. Our view is that these awards should not only be given to celebrate built additions that reflect New Edinburgh's heritage character,

but also for other contributions that enhance those features of this area that are valued by residents.

Therefore, starting in 2015, we'll be looking to provide Brick Awards to members of our community who, in our judgment, have made a significant contribution to its character.

While new edifices that reflect our heritage values will, of course, continue to be eligible, other kinds of contributions may likewise be honoured. Thus, a Brick Award might be given to an artist who has done outstanding work that in some way reflects or enhances our community. It could go to an individual whose initiative has enhanced our green spaces, our trees, or perhaps our access to the river.

It might go to someone who has started up an imaginative

new program for local seniors, a distinctive new initiative that is benefiting young people, or perhaps a new business that is generally seen as a significant enhancement to the area, and in line with its values.

The concept of "enhancing the community" is fundamental to our idea of the revised Brick Awards program. We see it as a program accessible to people anywhere in New Edinburgh, and who may have contributed to it in any number of different ways.

Recipients, we anticipate, will be members of our community who would very likely be described by others as "bricks" in the old British sense of the word: people who are generous, helpful, and reliable – and, we would add, with a strong sense of the special character and values that make New Edinburgh so precious to us all.



Thoughts on the Red Planters

To the Editor,

I am one of the many residents in the Beechwood neighbourhood who have been waiting (and waiting) for development to begin on the Minto condominium project. It is frustrating to endure this miserable void on the block, which by now—nearly four years after the fire—should be welcoming condo residents and commercial retailers alike.

On this note, I want to express my disappointment at Le Quartier Vanier's decision of last year to place two unsightly red planters on the Crichton St/Beechwood Ave. corner.

While I welcome and appreciate the effort to beautify the neighborhood, from a design point of view, these planters seem to me poor choices, and only contribute to a sense that the Beechwood revitalization scheme is lacking both aesthetic vision and an overall purpose.

A change in "greenery" presentation would not cost much. I don't know whose responsibility it is to maintain these "pots," but I would hope that in future they might take a cue from other municipal public plantings in downtown Ottawa—as well as in Montreal or Toronto—to see how pleasing



Photo: Pia Kauri
The jumbo-sized red planters at the corner of Crichton and Beechwood were given their winter greenery in late November, after standing empty for a while.

urban plantings can be with simple yet thoughtful attention to colour (not red!) shape, proportion and form.

Mary Behrens

Street Signs and Banners Part of Peter Clark's Legacy

Dear Editor,

On the departure of Peter Clark as our city councillor, I'd like to acknowledge with sincere thanks the effort he made on behalf of our community, especially in relation to the task of raising awareness about heritage issues. Councillor Clark used his office budget to purchase the unique and distinctive street signs that now provide a visible marker of our Heritage Conservation District, and also contributed towards the cost of the colourful New Edinburgh banners that decorate streets throughout our neighbourhood.

Peter Clark also volunteered to serve on Council's Built-Heritage Sub-Committee, where he pushed to ensure that the outdated and rather toothless HCD Plan currently in place for New Edinburgh would be upgraded and strengthened to provide better heritage protection in the future. For these and many other initiatives, New Edinburgh can offer sincere thanks and best wishes to Councillor Clark and his assistant, Lynda Moore.

Joan Mason

Past President, NECA



(from left): Cindy Parkanyi, Peter Clark and Joan Mason celebrate the installation of heritage street signs in New Edinburgh in October 2013.
Photo: Louise Imbeault

NECA MEETINGS: All Welcome

The NECA board meets nine times a year, normally on the **third Tuesdays of each month at 8:00 pm**. No meetings in July, August, or December. During October, NECA holds its annual general meeting (AGM) and a regular board meeting.

Meetings will be held at the **NECTAR Centre, 255 Mackay Street**. Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Tim Plumptre in advance to arrange scheduling. Our next meetings are:

Tuesday, January 20, 8:00 pm, NECTAR Centre

Tuesday, February 17, 8:00 pm, NECTAR Centre

Tuesday, March 24, 8:00 pm, NECTAR Centre

Any changes to this schedule would be posted in advance on the New Edinburgh website, www.newedinburgh.ca.

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Plenty of Action at Beechwood Construction Sites

By Jane Heintzman

In our interview in late October, Minto Development Manager **Kevin Harper** reported that despite somewhat limited signs of activity on the construction site, behind the scenes activity has continued apace and the Beechwood project remains on target for completion in late summer or fall of 2016. As of press time, the demolition of the MacKay Street structures was expected to be complete, though a lingering hold up in the demolition process resulted from Ottawa Hydro's require-

Management Plan, a process that includes negotiations with owners of the neighbouring properties to determine the precise location of the crane. At this point, Minto's intention is to position the crane at a central point on the site, swinging to the left in a trajectory over 409-405 MacKay Street and to the right over the pharmacy building. Access to the site will be from Beechwood Avenue, necessitating the closure of the parking lane through the construction period.

The Minto Beechwood Sales

size of the required deposit.

Negotiations continue on the retail front with an eye to striking a balance in the retail mix among different types and sizes of business. Kevin emphasizes that the process is slow and painstaking as Minto Properties works towards ensuring a comfortable fit between the objectives of both parties, and it seems unlikely we'll have concrete news on this front any time soon.

There is still no word on the designation of a site superintendent who can serve as a liaison with the community during construction, and for the moment Kevin will remain in this role (kharp@mino.com).

Claridge's Next Stop: Planning Committee

City planner **Erin O'Connell** reports that the consultation process related to Claridge's proposed development at the site of the former Caisse Desjardins wrapped up this fall, and that the "Issue Resolution" period is currently underway. The City Planning Department has submitted its comments on the Claridge application and is now in discussions with the developer on the issues to be resolved. At this point, the Planning Department has not taken an official position on the proposal pending Claridge's response to their comments. Erin considers it highly unlikely that the project will be in shape to go before Planning Committee prior to the installation of the new council early next year.

By all reports, the Public Consultation on the project held at the Richelieu Vanier Community Centre on October 7 attracted a significant number of residents from the surrounding communities, many of whom expressed reservations about—or outright objections to—some aspects of Claridge's proposal as originally presented. Residents' concerns ranged from an unappealing building design poorly suited to the Beechwood streetscape, to traffic impact, parking provisions (or lack thereof) and the comparatively large scale of the planned commercial spaces, which appear to presage the arrival of mega-stores as opposed to the small retail operations for which the neighbourhood has consistently expressed a clear preference and which was envisaged in the Community Design Plan.

The **Lindenlea Community Association** (613-742-5011) and the **Beechwood Village**

Alliance (twitter.com/MyBeechwood) are the lead local organizations tracking the project, but all the other surrounding communities, including Vanier, New Edinburgh and Rockcliffe have a lively interest in this important development and will no doubt be following closely and contributing their comments and suggestions as the process unfolds.

St. Charles Church: SOLD!

Since the time of our last report in October, we understand that St. Charles Church, which was put up for sale by tender in early fall, has now sold. Regrettably, however, we have not yet been able to determine who the purchaser is, so stay

tuned for further news on our website (www.newedinburgh.ca) and in the next edition of the *NEN* in February.

The Kavanaugh: Right on Target

Domicile Vice-President **David Chick** continues to be upbeat about progress on the project, reporting that steady sales continue and that construction is right on schedule, with the 10th floor slab poured by early November. As in the case of the Minto Beechwood development, there remain no details on the retail front as negotiations with interested businesses continue, but as the targeted completion date for the building is fall 2015, with any luck we should expect to hear more news by the spring.



Photo courtesy of Domicile

Domicile poured the 6th floor concrete slab on its Kavanaugh building back in September (above). They are now starting the 10th!

ment that the transformer in the basement of the building (which formerly served the pharmacy building and the pub) be officially decommissioned and removed.

Thanks to a backlog of jobs awaiting service, Hydro was not able to schedule this work until mid-November, but Kevin was optimistic that the demo could proceed immediately thereafter and wrap up in about three weeks. Once the buildings are down, a construction hoarding is to be erected along MacKay Street, at which point the site will be fully enclosed. Heavy machinery junkies (like our three-year-old great nephew) will be pleased to learn that Minto is planning to create peep-holes in the hoarding so passers-by can keep an eye on the action as excavation and construction proceeds.

Minto's construction permit applications were under review by the City in late October, and were expected to be approved by mid-November. Two test pits have been dug on the site to allow regular monitoring of the ground water for a three-month period, and work continues on the Construction

Centre will remain in operation on Beechwood until the end of this year, at which point the building will be torn down as shoring and excavation are launched. To date, Minto has not identified an alternative location for the centre, but has reportedly found in its explorations that there are very few (if any) suitable properties in our neighbourhood, so a move out of the community to another location in the core may be inevitable (more news on this in our February 2015 edition).

It's a widely known reality that condo sales in our region have slumped significantly in recent months, and Minto Beechwood has been touched by that broader trend. Kevin is optimistic, however, that sales will get a boost once the construction action is fully underway, and there are visible signs that the project is becoming a bricks and mortar reality. The company is also considering the possibility of a reduced deposit structure to make the smaller units more affordable to prospective first-time buyers, many of whom are able to manage the monthly mortgage payment, but struggle with the

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Mauril Bélanger
MP Ottawa-Vanier

Des coupures qui nuisent à l'accès à l'information

Le *Globe and Mail* a publié un intéressant éditorial, intitulé «No money, no access», le 11 novembre dernier. L'éditorial stipule que les conservateurs avaient promis en 2006 de donner au commissaire à l'information du Canada le pouvoir d'ordonner la diffusion des informations contestées. Ils ont également déclaré que le commissaire serait en mesure d'examiner les informations retenues sur la base de documents confidentiels du Cabinet. Huit ans plus tard, aucune de ces réformes n'ont été promulguées.

Le gouvernement conservateur ignore les appels en Chambre —qui, avant 2006, incluait sa propre voix— demandant au Parlement de mettre à jour la Loi sur l'accès à l'information. La loi a été adoptée en 1985; soit bien

avant l'arrivée de l'Internet dans nos foyers.

La Commissaire à l'information, Madame Suzanne Legault, fait aujourd'hui face à des compressions budgétaires alors que le financement alloué à son bureau n'a pas suivi la réalité d'une charge de travail toujours plus exigeante au fil des années. Son budget de 11,2 millions de dollars a diminué de neuf pour cent depuis 2009, selon son rapport annuel le plus récent, alors que le nombre de plaintes déposées par des Canadiens a augmenté de façon constante. Par exemple, en 2013-2014, celles-ci ont augmenté de 31 pour cent! Vous comprendrez que les temps de réponse ont conséquemment augmentés de façon considérable.

Le député de Papineau et

chef du Parti libéral du Canada, Justin Trudeau, a présenté le 11 juin dernier le projet de loi C-613, *Loi modifiant la Loi sur le Parlement du Canada et la Loi sur l'accès à l'information (transparence)*, qui corrigerait cette situation. Ce projet de loi propose des idées concrètes pour améliorer la transparence, non seulement au Parlement, mais au sein même de notre gouvernement. Celui-ci a ainsi pour objectif de mener à bien un certain nombre de priorités, notamment d'inscrire dans la loi que la norme soit que les renseignements gouvernementaux doivent non seulement être automatiquement accessibles, mais aussi proposés dans des formats qui soient pertinents et fonctionnels à notre époque. M. Trudeau propose d'avoir un gouvernement plus ouvert, en prévoyant un examen attentif et une modernisation de l'ensemble du système d'accès à l'information.

J'appui ce projet de loi sans réserve.

Cuts That Undermine Access To Information

The *Globe and Mail* published an interesting editorial on November 11 entitled "No money, no access." It points

out that the Conservatives had promised in 2006 to give the Canadian Information Commissioner the power to order the release of contested information. They also said that the Commissioner would be able to review information withheld on the grounds of cabinet confidentiality. Eight years later, neither reform has been enacted.

The Conservative government has ignored the voices in the House—which, before 2006, included its own—calling on Parliament to update the *Access to Information Act*. The Act was passed in 1985, which was well before we had home Internet access.

Today, Information Commissioner Suzanne Legault is facing budget cuts, while the funding allocated to her office has not kept pace with a workload that gets heavier every year. Her \$11.2 million budget has decreased by nine per cent since 2009, according to her most recent annual report, while the number of complaints being filed by Canadians has increased steadily. For example, in 2013-2014 alone, they rose 31 per cent! Of course, response times have slowed dramatically as a result.

To address this situa-

tion, Justin Trudeau, MP for Papineau and the Leader of the Liberal Party of Canada, introduced Bill C-613, An Act to amend the Parliament of Canada Act and the Access to Information Act (transparency) on June 11, 2014. The bill puts forward concrete ideas to improve transparency, not only within Parliament, but also within our government. Its purpose is to deliver on certain priorities, such as to specify in legislation that the default position be that government information must not only be automatically accessible, but also be available in formats that are relevant and useful in this day and age. Mr. Trudeau proposes having a more open government by providing for a careful review and modernization of the entire access to information system.

I support this bill without reservation.

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Jim Watson
Mayor of Ottawa

Thank You, Ottawa

On October 27, I was given the great honour of serving as your Mayor for four more years.

Today, I am writing to say thank you.

The support I have received from Ottawa's residents over the past year has been nothing short of extraordinary. As a candidate for Mayor this year, I canvassed in all 23 wards, participated in more than a half-dozen debates, worked hard to put forward a platform that would move our city forward while living within our means, and all while continuing on with my usual Mayoral

duties.

What made campaigning so rewarding for me was the chance to speak with Ottawa's residents one-on-one at their doors day after day. My job as Mayor puts me in touch with tens of thousands of residents each year through different events and programs, but it doesn't leave me much time to visit residents at their doorstep to hear their ideas and concerns firsthand. Doing so during the campaign reminded me again how compassionate and diverse our city's residents are and the support I received

at the door was what kept me working hard every day.

The campaign, in combination with my job as Mayor, made for some very long days for me and for my campaign team. Despite the positive response we received from the outset, we took nothing for granted and made sure that come election night we could look back and honestly say that we gave it everything we had.

As the results came in on election night I felt truly honoured to have received the largest percentage of the votes cast and the highest number of total votes in Ottawa's amalgamated history.

This is a mandate for progress in our city and as I set out to lead this new term of Council I promise not to forget this support.

I have been hard at work since the morning after the election finishing this first term while planning the coming four years. These years will see us open the first phase of our LRT system, clean up



Sketch of Beechwood Ave., Nov. 2001 by Martha Markowsky

the Ottawa River, make the key investments in our city's future while being fiscally responsible in the present, and celebrate Canada's 150th birthday in 2017.

I look forward to working collaboratively with my council colleagues to push our great

city to new heights.

I am forever grateful to be your Mayor and I thank you from the bottom of my heart for your support.

Contact: **jim.watson@ottawa.ca** and **www.jimwatsonottawa.ca**



Tobi Nussbaum
City Councillor, Ward 13

Getting Ready for My New Role

Dear Residents/Cher résident et chère résidente, Since the October 27 municipal election, I've been getting ready for my December 1, 2014 start date. In particular, I've been learning about the key areas of my new responsibilities thanks to a robust Councillor "bootcamp" program.

I am in the process of staffing up my office and will be able to introduce my new staff to ward residents in my next update. I have also been attending Community Association meetings and will have the chance before starting my duties to attend the 2014 Annual

General Meetings of the New Edinburgh, Overbrook, Carson Grove, Manor Park and Lindenlea Community Associations as a very interested observer! These meetings are a great opportunity to hear from residents and get a good sense of community priorities moving forward.

I wanted to thank the voters of our ward for entrusting me with the important responsibility of representing all residents at City Hall for the next four years. I also wanted to acknowledge Peter Clark for his service to our ward and city during his years of public service as well as the other

Councillor candidates, all of whom contributed thoughtful ideas during the election campaign on how to make Rideau-Rockcliffe and Ottawa better for all of us.

Veuillez me contacter par téléphone ou par courriel à partir du 1er décembre pour partager vos préoccupations, proposer des idées ou demander des renseignements.

Please feel free to contact my office by telephone or email as of December 1 to share concerns, offer ideas or seek information: **613-580-2483; tobi.nussbaum@ottawa.ca**

Au plaisir de travailler avec vous - looking forward to working with you,
Tobi Nussbaum

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The Silent Killer

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Carbon monoxide (CO) is a colorless, tasteless and odorless gas that kills approximately 50 people per year in Canada, including an average of 11 people per year in Ontario. The most tragic part of these figures is that most of these deaths are completely preventable.

Carbon monoxide is produced when fuels such as propane, gasoline, natural gas, heating oil or wood have insufficient air to burn completely. This can happen in any appliance or device that burns these fuels, such as a stove, furnace, fireplace, hot water heater, vehicle engine, or portable generator.

In October, Ontario took further steps to keep families and homes in Ontario safe by making CO alarms mandatory in all residential homes. The new regulation, which came into effect October 15, updated Ontario's Fire Code following the passage of Bill 77 last year. Carbon monoxide detec-

tors will now be required near all sleeping areas in residential homes and in service rooms, as well as adjacent sleeping areas of all multi-residential units.

Last month, Ontario kicked off its first Carbon Monoxide Awareness Week to talk about the importance of installing CO alarms. The campaign, led by fire services across the province, raised awareness about the dangers of carbon monoxide and the importance of installing detectors in residential dwellings.

Under the law, landlords and homeowners will be responsible for complying with the requirements under the Fire code. CO detectors/alarms are affordable; the average mid-range plug-in model with a battery back-up costs \$35 to \$40. Less expensive models can be purchased for as little as \$25.

It is critical that we continue to raise awareness about the dangers of carbon monoxide and the importance of installing a CO alarm. I urge all the residents of Ottawa-Vanier to install carbon monoxide alarms immediately – a simple, affordable action everyone can take to help protect their families and their homes.

Le tueur silencieux

Un peu à la fois, il peut causer des maux de tête, des nausées et des étourdissements, ainsi que de la confusion, de la somnolence et une perte de conscience. À forte dose, il peut être fatal.

Le monoxyde de carbone (CO) est un gaz incolore, inodore et sans saveur qui tue environ 50 personnes par année au Canada, dont en moyenne 11 personnes par année en Ontario. Ce qui est le plus tragique est que la plupart de ces décès aurait pu être évité.

Le monoxyde de carbone est produit lors de la combustion du propane, de l'essence, du gaz naturel, du mazout ou du bois lorsqu'il y a une insuffisance d'air pour brûler complètement. Cela peut se produire par n'importe quel appareil ou dispositif qui consomme ces combustibles, comme une cuisinière, un four, une cheminée, un chauffe-eau, le moteur d'un véhicule, ou une génératrice portable.

En Octobre 2014, l'Ontario a pris des mesures supplémentaires pour assurer la sécurité des familles et des foyers en Ontario mandant l'installation des détecteurs de CO dans tous les foyers. Le nouveau règlement, qui est entré en vigueur le 15 Octobre, mettait à jour le Code des incendies de l'Ontario suite au passage l'an dernier du projet de loi 77. Des avertisseurs de monoxyde de carbone seront désormais exigés à proximité des chambres à coucher dans les maisons, ainsi qu'à l'intérieur des locaux techniques et à proximité des chambres à coucher adjacentes dans les immeubles à logements multiples.

Le mois dernier, l'Ontario a également lancé sa première Semaine de sensibilisation au monoxyde de carbone afin de souligner l'importance de l'installation de détecteurs de CO. La campagne, menée par les services d'incendie de la province, a permis d'attirer l'attention aux dangers du monoxyde de carbone et à l'importance de l'installation de détecteurs dans les habitations.

Selon la loi, les propriétaires d'immeuble et les propriétaires de maison devront se conformer aux exigences prévues par le code de prévention des incendies. Les détecteurs/alarmes de CO sont abordables; le modèle qui se branche dans une prise et qui est muni d'une pile de secours coûte de 35\$ à 40\$. Il y a aussi des modèles qui sont disponibles pour aussi peu que 25\$.

Il est essentiel que nous continuions à sensibiliser la population aux dangers du monoxyde de carbone et de l'importance d'installer un avertisseur de CO. J'invite tous les résidents d'Ottawa-Vanier d'installer des avertisseurs de monoxyde de carbone immédiatement – un geste simple et abordable que nous pouvons tous poser pour aider à protéger nos familles et nos maisons.



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News You May Have Missed

By Christina Leadlay and Jane Heintzman

Small Business Study

Rideau-Rockcliffe and Vanier are just two urban neighbourhoods in the City of Ottawa study allowing more small-scale mixed-use zoning. The Nov 10 issue of *Ottawa East News* reported that Marier Ave, between Beechwood and Montreal Rd, could potentially become a small-scale commercial district, where so-called low-impact businesses (like coffee shops, libraries and doctors offices) would be encouraged. No parking would be required or permitted. City planner **Andrew McCreight** said Marier's already high volume of cycle and foot traffic made it a good choice for the study. Marier Ave. resident **Dan Shipley** was quoted in the paper as saying the area's more affordable rent would encourage and attract small businesses. The study is set to wrap up in December, and be presented to city council in March 2015.

Ottawa Book Awards

The city's finest writers were feted on Nov. 12 in a party at the Shenkman Centre. Our sources at Books on Beechwood tell us that of the 10 finalists, **Rt. Hon. Joe Clark, Charlotte Gray, Rita Donovan, Sonia Tilson** and **Paul Wells** (pictured) all reside nearby New Edinburgh, Rockcliffe and Manor Park! At the gala, Mayor **Jim Watson** handed out the \$7,500 prizes to each winner in the English



Paul Wells.

and French, fiction and non-fiction categories. Paul Wells won the English non-fiction prize for his 2006 book *The Longer I'm Prime Minister: Stephen Harper and Canada*, and David O'Meara won the fiction prize for *A Pretty Sight*. Congratulations to everyone!

Alarm Bells for Arbourist

On Nov. 4, firefighters arrived at 139 River Lane, near Stanley and Keefer streets, to help an arbourist who had dislocated his shoulder whilst working in a tree. The 48-year-old man wasn't able to exit the tree safely on his own, but was rescued by firefighters who performed a rope rescue. He was taken to hospital in stable condition.

Princess Comes "Home"

HRH Princess Anne, the Princess Royal and her husband **Vice Admiral Sir Tim Laurence** used Rideau Hall as their base during their two-day visit to Ottawa. She was on hand at the National War memorial's Remembrance Day

celebrations on Nov. 11, and kept busy visiting many other Ottawa sites, including the National Military Cemetery (at the Beechwood Cemetery), the British High Commission and the **Ottawa Inuit Children's Centre** on McArthur Ave (pictured). "We are so delighted to be back in Canada. That very much feels like 'coming home,' as Her Majesty has so often termed such occasions in the past," she said. Her visit was billed as a celebration of everyday heroes. This was the Princess Royal's seventh official visit to Canada.



Princess Anne visited the Ottawa Inuit Children's Centre.

Dognapping Ends Happily

In early October, "**Meiko**", a tiny three-year-old Yorkie-Pekinese mix, was stolen from his owner's car while she was picking up a few groceries at the Loblaws on McArthur Road at Vanier Parkway. After

what was undoubtedly an anxious weekend, Meiko was returned to his grateful owner on the following Monday, after an alert member of the public spotted him and called police. Few details about the dognapping suspect are known, other than the fact that he appeared to be a male in a black coat who departed the scene in a silver or beige SUV. Moral of the story: if you must leave your dog in the car, be absolutely certain to lock all the doors!



Meiko.

ByWard Market on the Skids

An October *Ottawa Citizen* report outlined how the future of the historic Byward Market is under threat by a perfect storm of adverse factors ranging from an explosive growth in the number of other neighbourhood markets across Ottawa, to scarce and costly parking, road construction, over regulation, high rates for stall rentals and the pervasive encroachment of bars and restaurants. In recent years, the number of agri-food retailers at the outdoor stalls has declined

by nearly 25 per cent, and vendors report a steady drop in clientele by up to 50 per cent a year. The majority of the vendors interviewed predicted that the market as we know it could be out of business within the next five to 10 years.

The competition factor has been a major contributor to the Byward Market's woes, as more and more Ottawa residents switch allegiance to other fresh food markets such as those at Lansdowne, Parkdale, on Main Street and others (our own included: the Beechwood Farmers' Market). Queen Victoria Street resident **Isaac Farbiasz**, owner of the long-running Byward Fruit Market shop, laments that "every [new market] that opens up is just taking a little bit away... When we took over 15 years ago... there were only two markets: Byward and Parkdale. Now there are 20, and more pop up all the time".

Councillor **Mathieu Fleury**, whose ward includes the Byward Market, hopes to reverse this decline through such new initiatives as Thursday night shopping, an outdoor demonstration kitchen, and a special stall run by Savour Ottawa, which will feature produce not offered by other vendors, including eggs, pies and sheep's milk products, much of it supplied by small organic producers. Mr. Fleury is also spearheading a move to provide underground parking on York Street and elsewhere in the market area.

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Think Local, Act Local: Here's Your Chance

Have you thought of volunteering in your community, but don't know where to start? Here are details about just two great ways you can make a difference in New Edinburgh:

Help to Spread the News

We hope that you enjoy reading the *New Edinburgh News*. It is a key vehicle for sharing news and information regarding our community. But it can only play this role if copies of each issue are faithfully delivered to the homes of individual residents and to the commercial outlets that display copies for their clients to pick up. We're happy to say that many local residents eagerly look forward to receiving the latest issue, and can be disappointed if it doesn't arrive on their doorstep, or turn up in the shops. That's where you come in!

Commercial Distribution:

Our top priority right now is to find a volunteer to take on the distribution to local commercial/institutional outlets. Can you help? Here's what it entails: A total of x copies are delivered in bundles to y outlets, five times a year (October, December, February, April and June). We would supply a detailed list with the number of copies of each issue that should be delivered to the respective outlet sites.

Residential Distribution:

Two Routes Need Help! At the moment, we are in need of a volunteer for each of two residential delivery routes. Each route entails door-to-door delivery of some 80-100 copies. The task isn't onerous and the walk is good exercise!

If you love the bi-monthly ritual of reading all the neighbourhood news, please consider volunteering a couple

of hours of your time five times a year to help us get the word out throughout the community. To join the *New Edinburgh News* distribution team, please contact us at **newednews@hotmail.com** - we look forward to hearing from you!

- David Horley and the NEN Distribution Team

Friends of the Park Needs a New Leader

It has been my pleasure to volunteer as Chair of the Friends of the Park since the summer of 2011. Since that time, I have worked with committee colleagues and neighbours to help serve as our community's eyes and ears on what's going on in Stanley Park, and have coordinated liaison efforts with the City of Ottawa and the National Capital Commission authorities responsible for Stanley Park maintenance.

However, due to increasing family responsibilities, it is no longer feasible for me to continue Chairing the Friends of the Park Committee. Hence, this open call for interest from other 'Burgh residents who care, as so many of us do, about maintaining and improving this most precious natural asset in our community.

Primary responsibilities for this role involve identifying maintenance requirements in Stanley Park, and coordinating with relevant authorities to make sure they are remedied in a timely manner. A second important task is to assist with the planning and execution of the annual Park Clean Up in early May. And of course, there is always room for additional creativity with respect to improvements in how we live and play in our park!

The major issues dealt with during my tenure have been trash removal, increasing signage around all zones in Stanley Park, and the attempt to curb the burdock infestation around the off-leash area.

If anyone is willing and able to serve as our new chair, please contact me **marci.surkes@gmail.com** at your earliest opportunity so that we can ensure a smooth transition. We thank you in advance for considering this appeal: in New Edinburgh, good citizenship entails being responsible stewards of our Park, and you're sure to find it rewarding work.

-Marci Surkes

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Casting Off the 'Heritage Schmeritage' Mindset

By Gail McEachern, Chair

In an 1981 issue of the *New Edinburgh News*, there is a cartoon showing two men standing in front of an older Victorian-style house. The caption reads: "Heritage Schmeritage, we can take this dump down and put up four new townhouses". New Edinburgh, like many other mature urban neighborhoods, has not escaped the impact of this kind of thinking, and has experienced the loss, or significant alteration of a number of historic structures.

Every year, as is our mandate, NECA's Heritage and Development Committee reviews and comments on proposals (being considered by the City of Ottawa's planning staff) for the construction of new infill housing or for the alteration of existing homes

—usually in the form of substantial additions. The position of the heritage planners and the Ottawa Built Heritage Subcommittee is critical to the final outcome at the Planning Committee (a sub-committee of City Council) and the council itself.

The H&D Committee evaluates proposals not on the basis of personal preferences of individual committee members, but using criteria laid out in existing documents. These include the City of Ottawa Official Plan, zoning by-laws pertaining to New Edinburgh as a whole, and the historic district in particular, as well as the guidelines spelled out in the New Edinburgh Heritage Conservation District Plan, which has been in effect since 2000.

This past year, the

committee has reviewed six proposed projects: the Minto Redevelopment on Beechwood; the renovation and alteration of 61 Queen Victoria, and the severance of that property to build a new contemporary house on the lane; the addition of a second storey to 132 Stanley Avenue and the creation of two semi-detached

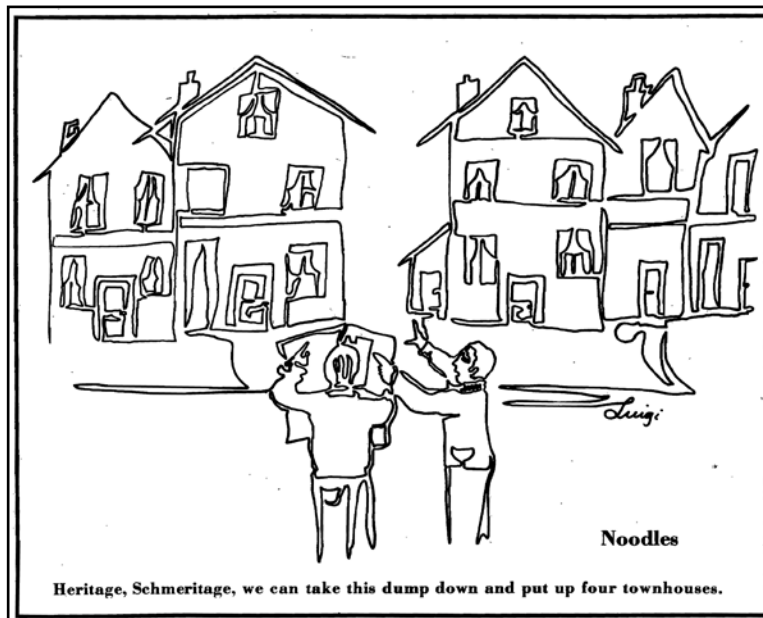
house at 308 MacKay Street to replace it with a much larger contemporary house.

We are dealing with a consistent theme: over-building on modest-sized lots. Projects are being designed with greater square footage than is permitted under current zoning by-laws. Obtaining approval involves lifting the Heritage

frequently do not respect the scale of the immediate neighbours' homes, or the historic pattern of development of the streetscape.

The community and the city have not been "in sync" during the city's project evaluation process. The concerns expressed by NECA have (more often than not) been ignored or rejected.

We are hoping to change this pattern in 2015. First, by developing a more collaborative relationship with the proponents of new projects early in the planning phase before the project perimeters are "set in stone", and secondly by working with the city's heritage planning staff to establish clearer expectations and directives which will guide future physical change and growth in the historic district. We have begun this process with our first very positive meeting with Heritage Planner Lesley Collins in mid-November. We will be working together for the next several months to strengthen the language in our HCD Plan to meet the new requirements of the *Ontario Heritage Act*. Once the new proposal has been drafted, it will be presented at a public forum. We look forward to input from residents of New Edinburgh.



homes; the construction of two townhouses on the severed lot of 132 Stanley Avenue; the addition of a second floor to an existing bungalow at 205 Crichton Street, and the severance of the property to build a second house on the lot; and a proposal to eliminate the

Overlay zoning requirements from the property, granting requests for reduced setbacks (resulting in loss of green space due to the enlarged footprint of the house), and non-adherence to the New Edinburgh Heritage District Guidelines. In addition, the proposed projects

Insights from Charles Montgomery's *Happy City*

By Julie LaPalme, chair of the Beechwood Village Alliance

The Beechwood Village Alliance was thrilled to host an evening with Charles Montgomery on a lovely warm September night at St. Charles Church, the current home of Vanier Moderns, a vintage furniture shop. The sun was streaming in through the stained glass windows, illuminating this warm and inviting space and making it a perfect setting for this event.

Charles' insights are rich with history and his own urban experiments. He uses psychology, neuroscience and observation to analyse and improve how humans are affected by their urban surroundings. The award-winning author had the chance to make a few observations about Ottawa, and he shared the not-so-good news with his audience. Hailing from Vancouver, Charles has travelled to many cities and has made this his life's work. He has learned what makes cities tick, and more importantly, what makes those living in them fulfilled, unstressed, and in other respects, happy.

Tobi Nussbaum, Rideau-

Rockcliffe's new City Councillor and former chair of the BVA, invited Charles to talk about his well-known work, *Happy City: Transforming Our Lives through Urban Design*. Tobi is as passionate about urban issues as Charles; so much so that he ran for municipal politics with a platform based on sustainability, better transportation, thriving neighbourhoods and smarter service-



es. It seems clear that Tobi hit a nerve because thousands of voters agreed with his vision and voted him in! In his introduction to the visiting author, Tobi confessed that Charles had written the book that he himself had aspired to write for years.

In his presentation, Charles Montgomery used photos to compare Ottawa with other cities. There's lots of room for improvement, but we'll get there if we persevere and apply what works elsewhere.

Through story-telling and excellent urban design, analysis and case studies, Charles honed in on what matters to most of us: happiness. The book's main argument is that sprawl, the growth of low-density, car-dependent suburbs, can lead to unhappiness, feelings of isolation and dissatisfaction. At the same time, it can have negative effects on health and on the environment, generating unsustainable levels of greenhouse gases by reinforcing a car-dependent culture.

"The most important psychological effect of the city is the way in which it moderates our relationships with other people," states Charles. "More densely populated cities, which encourage people to travel on foot or by public transport, and offer mixtures of uses and housing types, create more opportunities for interaction, from the intimate to the casual."

One of his statistics is haunting: living in sprawl has been found to age suburban dwellers by four years. Residents who spend an hour or more commuting every day are more obese, less healthy and less

happy. American suburbs had worse foreclosure rates in the 2007 housing crash than central neighbourhoods, as suburbanites also tend to be more financially stretched with car loans and gas costs.

Here in Beechwood Village, we have opportunities to shape our city by influencing how the urban setting of our own community evolves. Community input and involvement is vital to an inviting and thriving city. The place we live is central to our personal and collective happiness. Charles Montgomery's *Happy City* helps us understand why, and provides a guidebook for living a happier, more fulfilling and meaningful life.

Needless to say, the BVA was inspired by this talk and we

continue to work towards our many goals of improving our urban surroundings. It is our understanding that St. Charles Church has chosen a successful bidder. We'll be discussing this new development, as well as the nearby Claridge site, at the upcoming BVA meeting. The gateway project that we hope to implement in conjunction with the St. Patrick Street bridge refurbishment is another hot topic. There are also other public space projects in the pipeline, along with the future of the Summer Solstice Stroll. Anyone wanting to get involved in any of these projects is welcome to contact Julie LaPalme at everything1966@hotmail.com.

You can also follow the BVA on Twitter: twitter.com/MyBeechwood and on Facebook: facebook.com/MakingBeechwoodBetter.



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BURGH BUSINESS BRIEFS

- By Jane Heintzman -

Farewell to Farb's: Welcome Beechwood Gastropub

After six years in operation, **Farb's Kitchen and Wine Bar** closed its doors at 18 Beechwood over the Thanksgiving weekend, much to the chagrin and sadness of its regular clientele for whom its fine cuisine and friendly, relaxed atmosphere had become a highlight on their dining out calendars. Principal Chef and owner **Michael Farber** took many by surprise when he announced the closure on Instagram, confessing that his most wistful moment in the process was packing up the cookie jar brought to the restaurant by his grandmother, filled to the brim with her signature chocolate chip cookies, at the time of Farb's opening in 2008.

At this point, Michael's future plans remain uncertain, but he intends to take a well-earned break from the restaurant business before deciding on his next project. We thank Michael and his capable team for all that they have done to create a welcoming neighbourhood gathering place offering such consistently high-quality fare and friendly service. We wish them well in their future endeavours, and hope to see them again in our 'hood as the Beechwood corridor livens up with new development and activity in the years ahead.

Since early November, the **Beechwood Gastropub**, Farb's successor at 18 Beechwood, has been operating at full tilt, with **André Cloutier**, our local

restaurateur extraordinaire, at the helm. André is renowned in our community as the creator of **Arturo's**, which he sold last summer to **Richard Primeau** and **Laura Dunn**, and more recently as the new owner of Beechwood's longstanding fine dining establishment **El Meson**. Once again, André will become a two-restaurant operator, as he launches the new Gastropub, while retaining ownership of El Meson, though daily management of the latter has been taken over by longtime senior server **Manuel**.

In light of his energetic entrepreneurial spirit on the local restaurant scene, it comes as no surprise that André has embarked on another new project, taking over Michael's lease and purchasing his kitchen equipment to launch the Beechwood Gastropub, barely three weeks after Farb's closure. He is filled with enthusiasm about this new venture, which offers what he considers a much-needed middle ground between fine dining à la El Meson and strictly informal, casual fare. He describes his basic formula for the Gastropub as "comfort food with high-quality ingredients at reasonable prices", noting in particular his plan to make the finer wines from the restaurant's cellar more appealing to diners by setting a fixed, rather than a percentage, markup on prices. This policy is certain to be welcome news to those of us who recoil at the wildly inflated prices of our favourite vintages encountered in restau-

rants, and will undoubtedly add to the charms of this newest arrival on our restaurant scene. André is particularly delighted to have on board renowned local chef **Colin Lockett**, former Executive Chef at Café 327 on St. Laurent Blvd., who has taken the lead in the Gastropub's kitchen.

We'll bring you more details about this newest arrival on the local restaurant scene in a future issue. In the meantime, we wish André and his new crew (some of whom are returning members of his former team at Arturo's) the best of luck in this exciting new venture, and look forward to having this central nook on Beechwood restored to its rightful place as a welcoming hub for local diners. Early word on the street is that the Gastropub is already hopping with enthusiastic diners, so the prospects for success in 2015 are bright indeed.

Donuts and More at Red Door Provisions

In mid-November, **Red Door Provisions** opened its aptly ruby-painted door in the tidy white house at **117 Beechwood** (former home of **Isobel's Cupcakes**) to welcome passers-by to an intriguing new Beechwood business combining the appeal of an espresso bar/café offering light meals, with a tempting take-out selection of baked goods, loose teas, specialty preserves, gourmet gifts, and (drumroll) **Suzy Q donuts**—currently one of the hottest culinary tickets in town.

Red Door's owner/operators



Photo: Marie Mullaly

Red Door Provisions co-owner and barista Greg Boone.

Lauren Power and her partner **Greg Boone** have created a bright and attractive space in the modest house, and are enthusiastic about building a regular clientele in the neighbourhood over the coming months. Lauren is a graduate of Ashbury College and already has a solid network of community connections that will undoubtedly blossom as word spreads of her freshly baked buttermilk scones, tasty gourmet grilled cheese sandwiches, preserved rosemary and honey Quebec shallots, and fine tea and coffee. And the icing on the cake (literally!) on the bill of fare at Red Door Provisions is its mouth-watering selection of **Suzy Q donuts**, an import from Hintonburg where this incredibly popular product was originally launched two years ago.

If you haven't been tracking the gourmet donut scene recently, **Suzy Q donuts** are

created using a traditional Finnish recipe for "the Sugar Munkki," with a broad palette of flavours ranging from maple bacon to cookies 'n' cream, salty caramel, raspberry lemonade and blue vanilla fruit loop. Their popularity has soared since their emergence in 2012, and it's a definite coup for Lauren and Greg that their new café will be the sole supplier of these highly sought after treats in the east end of Ottawa.

Be sure to drop in at Red Door Provisions to welcome Lauren and Greg, and to sample some of their specialties. The café is open from 8 am to 6 pm Wednesday through Friday, and from 9 am to 5 pm on the weekends. Visit them online at reddoorprovisions.com or on Facebook.

Milestone for Mood Moss

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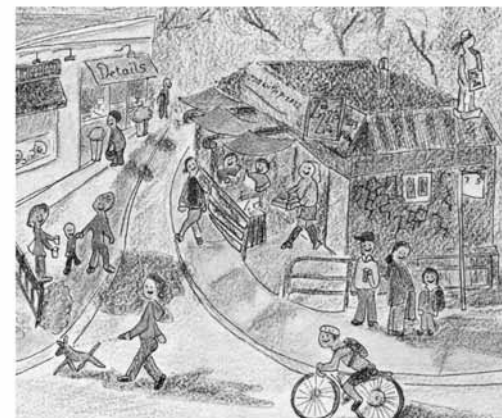
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Flowers at Beechwood and Marier 10 years ago, he was far from certain that the spot would prove an ideal location for his new business, relatively “remote” as it then was from the commercial core of Beechwood. While he assumed that development would eventually spread up the street to enliven his chosen corner, he now admits that the pace of that development has proven much more gradual than he had anticipated, and indeed, suffered a sharp reversal in the aftermath of the 2011 Beechwood fire when all our local businesses felt the chilling effects of that tragedy.

Today, however, the picture is far more hopeful. The arrival of a cluster of successful businesses such as **Bridgehead, Jacobson’s,**

benchmark contract as florist for the legendary **Fairmont Chateau Laurier Hotel**, an arrangement that has brought a steady flow of weekly business and garnered Mood Moss a preferred position on the hotel’s recommendation list for weddings and other special events.

In the early years, accounts with local embassies and with the Aga Khan Foundation were fruitful contracts for the developing business, while more recently, the Beechwood Cemetery Foundation has become a highly-valued regular client, with Mood Moss providing floral arrangements for many of the services conducted in the Beechwood National Memorial Centre.

Not surprisingly, weddings have consistently been an

steadily building in the past few years, and Eric looks forward to the continuing growth of the wedding circuit as a staple source of his business.

Eric’s floral creations are not limited to the enhancement of indoor events and occasions. Mood Moss’ artful seasonal planters are in evidence outside homes throughout our community on a year-round basis, but particularly in winter when the Christmas holiday season triggers a bonanza of decorative activity. Eric personally handles the majority of these fine exterior arrangements, and no doubt has the frozen fingers to prove it! Once again this fall, Mood Moss took part in the popular Homes for the Holidays event in November, setting up a gift booth in the splendid Rockcliffe residence of the Irish ambassador.

With Beechwood poised on the cusp of a major influx of new residents and businesses when *The Kavanaugh* and *Minto Beechwood* are up and running, and new developments emerge at the former Caisse Desjardins site and at the recently sold St. Charles Church, the future looks bright for Mood Moss in its second decade of operation, and we wish Eric and his team continuing success in the years to come.

Workshop a Stroke of Genius

Victoria Island Real Estate is well known in our community where it was originally launched by owner **Michael Valiquette** over 30 years ago. The business has remained at



Photo: Marie Mullaly

Owner and design consultant **Michael Valiquette** (centre) with artists **Marilyn Donoghue** (left) and **Martha Markowsky** (right).

various locations in the Burgh ever since, and moved recently to **119 Beechwood** at Chapleau (former dental offices of the late Dr. Gerry Glantz). Michael reports that when setting up shop in the new digs, it was discovered that the city had enacted a new by-law prohibiting the use of the first 20 feet of floor space in buildings fronting a “Traditional Mainstreet” (the designation of the Beechwood corridor) for office purposes.

As the old adage goes, when life hands you a lemon, make lemonade! Instead of bristling at this apparent wrinkle in the plans, Michael and his colleagues resolved to turn it to advantage by making use of the space as an eye-catching **Artists’ Workshop** to be used for the display and sale of the works of local artists, and as a facility for conducting artists’ workshops open to members of the community. In October, two highly regarded local artists, **Martha Markowsky**

and **Marilyn Donoghue**, have both taken advantage of the attractive space to exhibit their paintings and conduct workshops in acrylics and oils, and watercolours respectively. By all accounts, these inaugural exhibitions have been a great success, so much so that Michael is seriously considering extending future arrangements with individual artists from one week to a full month.

Michael’s decision to try out this imaginative solution to the space constraints applying to the property was motivated by a conviction that an artists’ emporium would appeal to the community, as well as enhance the attractiveness of the streetscape. He also has a personal stake in the game, as he is himself a keen amateur watercolorist who for some years has been taking lessons from Marilyn Donoghue, and looks forward to an increasing focus on his artistic avocation when/if the time comes

Continued on page 12



Photo: Marie Mullaly

Mood Moss owner **Eric Cardinal** (centre) with his florist team **Vashti Kuipery Culham** (left) and **Renée Richer** (right).

Kelly’s Barbershop and most recently **Red Door Provisions**, combined with the imminent emergence of *The Kavanaugh* and *Minto Beechwood*, bringing an influx of new residents and retail activity, holds promise of an increasingly lively streetscape where Mood Moss will continue to flourish as it enters its second decade.

Challenging as it was to build his new business’s reputation, Eric made a number of clever strategic decisions that served him well over the past 10 years. He moved swiftly to boost his neighbourhood profile by establishing close contacts with popular local businesses such as **Epicuria** (in the pre-fire days on MacKay Street) and the **Physical Therapy Institute**, where his eye-catching Mood Moss bouquets were regularly on display. Perhaps of greatest importance, he acquired a

important source of business for Eric, particularly during the summer months when other activity drops dramatically as area residents clear out for the holiday period. While in the early days, wedding parties tended to be highly organized well in advance of the great event, Eric has noted a trend more recently to much more last minute affairs, with brides sweeping in a month or less before the wedding day to line up their all-important floral arrangements. The good news is that most of these spontaneity lovers have done extensive research before they approach the shop, and generally know precisely what they want to complement and enhance the overall theme of their special day. Thanks to the power of word-of-mouth recommendations on the bridal network, Mood Moss’s reputation as an outstanding florist has been

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to consider retirement. That time, however, is unlikely to arrive any time soon, as he remains actively engaged in both Victoria Island Real Estate (which incidentally is housed in the building directly behind the art gallery) and his design company, **Ecotype Inc.**, which is currently collaborating with local green builder Chris Straka on a major project in Rockcliffe Park.

Keep an eye out for news of upcoming artists' exhibitions at 119 Beechwood, and be sure to drop in for a look at some final local talent.

Five Years for Fresh Hair Salon

Like other business owners in our community, local hair stylist **Margot Robinson** is delighted and encouraged by the recent increase in retail and commercial activity on Beechwood, activity which has substantially changed the picture on our main street in the five years since she first opened her doors at 75 Beechwood in April 2009. Not only is Margot personally enjoying the proximity of the new shops, restaurants and services that emerged in recent years, she has made a point of encouraging the clients at her hair styling salon to take advantage of these amenities, and looks forward to continu-

ing growth on the Beechwood corridor, as major new residential/commercial developments by Domicile, Minto and Claridge take shape in the next few years.

While many of Margot's current clients are from our community, a significant number come from much farther afield—in one case, all the way from Canton, New York. At the time of her original move to Beechwood in 2009, Margot also brought with her a retinue of loyal clients from other neighbourhoods, and continues to serve a geographically eclectic client group. Greatly as she enjoys her regulars, she reports that she is "always excited about meeting new clients....and I make sure to ask how they found me." Word-of-mouth remains an important vehicle for growing her business, but walk-by visits are also a factor, and promise to become increasingly important as hundreds of new local residents from *The Kavanaugh* and *Minto Beechwood* developments come on to the scene in the next five years.

Over the years since she arrived on Beechwood, Margot has seen a broad range of styles in colour and cut come and go, and she predicts that the continuous evolution of trends will continue apace as 2015 approaches, quite possibly highlighted by the reappearance of "both the messy and the slick ponytail" along with "slick and messy high buns." On the whole, however, her clients opt to stay off the style roller coaster, and to stick with a look that they find attractive and easy to maintain. While Margot is entirely in sympathy with this common sense approach, she regards it as her professional role to periodically suggest updates and options which she feels would suit the individual in question and still meet the all-important "easy care" criterion.

Loyal *NEN* advertiser as she is, Margot confesses to some puzzlement at the fact that so many of her new clients previously had no idea of Fresh's central location on Beechwood, right next door to **Kimberley Wilson's Bridal Boutique** at the corner of Beechwood and Langevin. The *NEN* is most grateful to Margot for supporting the paper, and hopes this brief update on her business helps to get the word out to others who may be in search of a convenient local salon and a thoroughly experienced stylist to keep their locks in top shape, particularly during the coming party season!



Photo: Marie Mullaly

Supervisor Isabella Barreca and Chris Green, owner and baker at Bread and Roses.

Nothing Retiring about the Rockcliffe

The Rockcliffe Retirement Residence on Porter's Island is anything but a sleepy haunt for low-key retirees. In fact, the place is hopping with life as residents continue to pursue a broad range of activities from woodworking to volunteering, piloting an aircraft, painting, gardening, sculpting, writing and publishing.

The Rockcliffe's Marketing Director, **Catherine Strevens-Bourque**, proudly reports on a number of the recent accomplishments of energetic residents of the community. Following a lifetime of dedication to volunteering in the community, **Mrs. Dawn Blain** received a Caring Canadian Award from Governor General David Johnston in a ceremony at Rideau Hall. Another talented resident, **Mr. John Frank**, has been hard at work honing his woodworking skills, and recently presented a beautifully handcrafted cradle to the **Director of Care** at the residence, as she prepared to depart on maternity leave. Needless to say, she was delighted with the gift and extremely grateful for Mr. Frank's generosity, as well as bowled over by his skill and attention to detail.

And here's a wonderful example for us all: **Mr. Bruce Bennett** celebrated his 90th birthday by fulfilling his long-standing dream of once again flying in a World War II de Havilland Tiger Moth biplane, a staple of the RAF fleet until 1952 when it was replaced by the de Havilland Chipmunk. Mr. Bennett's last flight at the controls of a Tiger Moth took place 71 years ago when he was 19 years of age!

Back down on the ground, the Rockcliffe also boasts notable literary talent, and Catherine reports that resourceful resident **Mrs. Neufeld** recently composed and self-published

a book of Haiku poetry dedicated to her life at the residence, donating a copy to the residence library.

In other news, two Rockcliffe residents received good wishes from the Queen on the occasion of their milestone 100th birthdays. The **Speaker Series** continues to attract impressive crowds, and recently featured an interesting cycle of discussions on religion, including a talk by Buddhist monk Bhante Vijitha; an exploration of Judaism with a local cantor; and a look at the world of Islam presented by Imam Labara. The residence has partnered with the Carleton University Learning Centre and the University of Ottawa to engage a broad range of professors offering their services for the ongoing lecture series, so there'll be plenty of food for thought available at The Rockcliffe as the winter unfolds.

And on a lighter note, residents and visitors alike can enjoy a traditional **Afternoon Tea** every Thursday afternoon during the weekly Open House, or catch up on the latest events in the Downton Abbey series which is being screened in residence's Roxy Theatre.

Manor Park Bakery Rises to Full Coffee Shop

Since the time of its move from Beechwood to **323 St. Laurent Blvd.** in the summer of 2013, **Bread and Roses Bakery** has weathered some difficult times as it adjusted to its new location, and owner/principal baker **Chris Green** has needed all the resourcefulness he could muster to keep the business going in an unpredictable market. Those who know Chris, however, are aware that he has this important quality in ample supply, and after some lean months, Bread and Roses is currently on the rebound with steadily improving busi-



Photo: Pia Kauri

Margot Robinson's Fresh Hair Salon at 75 Beechwood.

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ness both from local neighbourhoods such as Manor Park and New Edinburgh, and from drive-by or walk-by clientele in the vicinity of Hemlock and St. Laurent. In the summer months, the proximity of the ever-popular Dairy Queen gave a boost to many of the local businesses, including the bakery, as hordes of ice-cream lovers were drawn to the area. Strange as it may seem, a number of the bakery's former clients during its Beechwood years have yet to pay a visit to the new location. If you're among them, you may not be aware of the many changes and innovations in the bill of fare

that have occurred in the past 18 months, and which have added greatly to its appeal and diversity. To begin with, Bread and Roses is now a full-fledged coffee shop where clients can relax at one of the large tables in its sunny front windows to enjoy a latte and a snack, or a light lunch from its daily menu of hot and cold sandwiches, samosas or pizza slices. This has become a favourite haunt for local parents with small children, and Chris has on hand an ample supply of crayons to keep young artists occupied while their mothers enjoy a morning break. While many of the traditional

favourites from the Beechwood days, such as molasses cookies, wheat-free brownies, pecan pie and banana loaves, are still on the shelves (and as delicious as ever!), the past year has seen numerous additions to the menu, including a greatly expanded array of gluten-free products from **Pete's Gluten-Free Bakery**, notably sandwich-, rye-, pumpernickel- and raisin loaves; red velvet cake and cupcakes; double chocolate cake and cupcakes, and throughout the fall, pumpkin spice cupcakes.

With the departure last year of long time baker Norbert, Chris has taken over as bread baker and keeps the shelves stocked with a variety of options from French baguettes to nine-grain bread, whole wheat oat bran, French loaf, country white, and on weekends, raisin, garlic and egg bread. Also popular is Chris' new line of sourdough baguettes, which includes such zesty varieties as rock salt, black pepper, fennel, orange cranberry, and kalamata olive. As the holiday season rapidly approaches, keep an eye out for such traditional favourites as ginger bread loaves, Santa's whiskers, tourtières, hot chocolate and egg nog lattes, to mention only a few of the treats you'll find in abundance.



Photo: Marie Mullaly

Da Bombe owner Bill Ross (right) and assistant Dani Bajomo.



Photo: Marie Mullaly

Pharmacist Emanuel provides the flu shot to Keith McKewen.

regularly updated with news of whatever is fresh from the oven, and unless you're made of sterner stuff than most of us, you'll be sorely tempted by the mouth-watering photos of the merchandise to pay a visit to the store.

Burgh Business Bits

Your Friendly Flu Shot Depot

Starting in late October, the New Edinburgh Pharmacy began offering flu shots to members of the community and will continue to do so throughout the coming flu season (November through February).

Continued on page 14

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Live Entertainment Saturdays at 9 pm

Continued from page 13

Pharmacists **Frank, Matthew** and **Emanuel**, a recent addition to the dispensary team, will administer the shots, and interested readers are asked to book an appointment in advance. The bulk of appointments will take place on weekdays during pharmacy hours of operation (8:30 am-8:30 pm), but if you happen to have an exceptionally busy schedule, you can check out the availability of a Saturday appointment if one of the inoculation team is on duty.

Matthew advises that since the shot takes two weeks to kick in and provide full immunity, you should make your appointment sooner rather than later to avoid the risk of contracting the virus and suffering through a debilitating period of illness. Those groups most strongly encouraged to get the shot include anyone with lung conditions such as asthma and COPD; those with immune-

compromising diseases (even if in the midst of a pregnancy); the elderly and very young children. The pharmacy is *not*, however, able to provide vaccinations for kids under five years old, so those with tiny ones will need to book and appointment with their pediatrician.

Our thanks to Frank Tonon and the pharmacy team for offering the community a convenient, fuss-free alternative to a long wait in a germ-ridden doctor's office to protect ourselves from the scourge of the coming season.

Generous Christmas Spirit at Da Bombe

For the fifth consecutive year, **Bill Ross** and his team at **Da Bombe Desserts** will prepare and host a full, home-style Christmas dinner for those who are down on their luck, or lonely and without friends and family during this season of plenty and celebration. Bill's characteristically gen-

erous and hospitable gesture has become an annual event on Beechwood, bringing the Christmas spirit to those who don't share the extraordinary good fortune of most of us in this community. Last year, Da Bombe played host to over 50 people in need of a little "comfort and joy" (not to mention a tasty meal with succulent turkey, gravy and all the trimmings.) The dinner takes place on Christmas Eve, beginning at 3 pm, and continues until as late as 8pm to ensure that all comers have a chance to share in the festivities.

Bill's open invitation is extended largely through word of mouth, as well as through churches, missions and food banks, but if you happen to know someone who is in need of a fine meal and an evening of warm hospitality, by all means let them know that they will be welcome chez Da Bombe on December 24. Cliché though it is, Bill keeps the true spirit of Christmas

**Photo: Marie Mullaly**

Long-time Epicuria employee Isabelle Lerue puts the finishing touches on festive gingerbread cookies.

alive and well on Beechwood, and those who know him well can attest that he embodies it all year long. Thanks Bill: we have no doubt you'll warm a lot of hearts again this Christmas, just as you have for the past five years.

Epicuria Has Holiday Food at the Ready

Epicuria owner/Executive Chef **Tracey Black** reports that her kitchen crew and catering staff are hard at work in this busy season of holiday baking and party planning. Tracey's flagship gourmet food establishment, which moved its headquarters from MacKay Street to 357 St. Laurent Blvd. (at Hemlock) following the fateful fire of 2011, is now in its 24th year supplying our community with sumptuous seasonal favourites from fruit cakes to plum puddings, mince tarts, tourtières and holiday shortbread.

Beginning in mid-November, the store has been packed with these and other tempting Christmas goodies, and staff have been busily taking orders for Epicuria's legendary take-home turkey dinner for those who'd prefer to celebrate with

their families rather than slave in the kitchen. Quantities are limited, however, so if you haven't already done so, you should get your order in as soon as possible. And to accommodate harried holiday shoppers, store hours have been extended to 7 pm on week days and 5 pm on Sundays.

At this especially frenzied time of year, many Epicuria clients also take advantage of the store's daily offering of prepared meals to limit their load at the end of the day without starving their family. You'll find the weekly menu online at www.epicurica.ca so you can check out the daily fare in advance, or just drop in at the store to make your selection (often a difficult job, as there are always plenty of options from which to choose). While you're there, you can also stock up on gourmet hostess gifts for the coming round of holiday parties, or if you happen to be the party-giver, you may want to consult catering specialists Michelle or Maria (or call them at 613-745-7356). We wish Tracey and her team a very happy holiday, and continuing success serving our neighbourhood in 2015.

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Epicuria's Stilton Port Cranberry Paté

Here's an invaluable tip from Epicuria for a simple but immensely popular appetizer that is virtually certain to have your guests coming back for more this holiday season. Indeed, we know of one enthusiast who went straight from a party where this was served to Epicuria's store, where he scooped up every morsel of Stilton port paté left on the shelves!

Ingredients:

375g cream cheese, softened

70g Stilton (or other crumbly blue cheese such as Roquefort or Ermitage)

1 tablespoon of port

1/4 cup dried cranberries, chopped

Process all ingredients in food processor, pulsing to combine. Use spatula to remove all of the mixture. Place in a serving bowl or 8oz mason jar for serving. Mixture can also be placed in a mould and turned out on a platter for service. Serve with crispy crackers or raw veggies. Garnish with rosemary and fresh cranberries. Yield: 16oz



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Book Fair's Massive Effort Equates to Plenty of Impact

Graphic by Lucie Bohac

Text by Christina Leadlay

The line-up snaked down Springfield Rd. on Nov. 7, when the 53rd annual Rockcliffe Park Book Fair opened for its three-day weekend. Over 50,000 high-quality used books were for sale to the public. Tireless volunteers helped to restock shelves, ring through sales at the cash, and refresh customers at the popular café.

A much beloved and highly anticipated community event, this fundraiser takes a great deal of effort to put together, done solely by volunteers both from school families and from the local community, who

donate their time year-round. They are indispensable during set-up and whilst the fair is in full swing. They can't be thanked enough!

But the effort is always worth it, as the impact of Book Fair reaches far beyond the happy customers. Funds raised help not only students at Rockcliffe Park Public School, but also at five other schools in Ottawa each year.

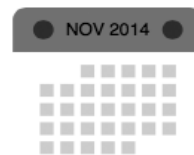
Encouraging the love of reading is one of Book Fair's main goals, and that goal was certainly achieved: "Book Fair was fabulous, and has definitely reignited enthusiasm for books in my class," said RPPS teacher Jane Baron, providing priceless feedback.

Rockcliffe Park Book Fair

by the numbers



50,000 books
donated throughout the year



14 days
of set up, sorting
and pricing



64 subjects
in the Book Fair
"library"



200 volunteers
spent over 3,500 hours
to make it all happen



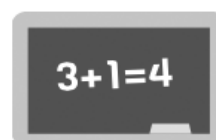
100s of goodies
donated by families and
diplomatic missions



10 boxes of videos
donated for other
kids to enjoy



18 RPPS classrooms
supplied with books bought
by customers, benefitting
over 400 students

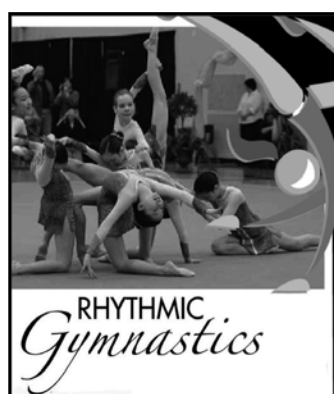


5 area schools
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One Wishlist:
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book fair



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Improving the Quality of Life for Everyone in Ward 13

By Yacouba Traoré

Almost every Wednesday afternoon, the reception area at the Rideau-Rockcliffe Community Resource Centre is congested. On average about 40 people are waiting. It is Food Bank day.

Each month the program serves about 1,000 residents from Ward 13. Such a high number might be surprising to many, given that Ward 13 includes the neighbourhoods of Rockcliffe, New Edinburgh, and Lindenlea. But there is a fact that is often forgotten. The Ward also includes Overbrook and Carson, two much less affluent areas.

Located at 225 Donald Street, the Rideau-Rockcliffe Community Resource Centre has been in operation for over 30 years. The centre offers services in both official languages and is open Monday to Friday from 8:30 am to 4:30 pm. The centre also has a Community House located on Carson Road that provides services to the residents of the Carson neighbourhood.

The centre's mandate is to promote, in partnership with the residents of Ward 13, a process of individual and col-

lective empowerment and improvement in the quality of life.

To meet the needs of residents who experience food insecurity, the centre has implemented a program of nutritional support that is available two days a week for all residents of Ward 13. The centre is also involved in several initiatives aimed at food security, and better access to fresh and healthy foods.

The Community Gardens, Good Food Markets and Mobile Market are some of the initiatives that have been implemented in collaboration with partners to respond more effectively to the growing needs of our residents in terms of food security.

Beyond its Food Security Program, the centre offers a variety of programs that respond to other identified needs in the community. With the help of various partners located within its premises, the centre offers intake counselling and crisis intervention services, education and health promotion services, housing support services, diabetes education services, a Gifts In-Kind donations program, and numerous community development

initiatives.

A drop-in space in the centre supports parents and young children aged 0 to 6 years. Youth programs delivered in the community and at Carson Community House serve children and youth aged 6 to 18 years.

The centre is funded primarily by the City of Ottawa, and all services offered are free of charge for residents of Ward 13.

The Rideau-Rockcliffe Community Resource Centre has been trying in recent years to expand its services in the communities of Rockcliffe, New Edinburgh, Manor Park and Lindenlea in order to meet the needs of the whole Ward 13 community.

As the new executive director of the centre, I understand that needs vary from community to community in the ward, and it is our centre's obligation to understand the needs of all of the communities in our ward in order to fully play our role as a relevant Community Resource Centre.

To accomplish that, the centre is establishing service partnerships with well-established organizations and associations




Photo: Yacouba Traoré
Shelves are stocked ahead of Food Bank day at the Rideau-Rockcliffe Community Resource Centre, ready to help neighbours experiencing food insecurity.

in the different neighborhoods of the Rideau-Rockcliffe ward. And with all the new partnership opportunities currently being explored, there can be no doubt that the centre is fully committed to serve all the residents of the Ward 13.

If you want to learn more


about the Rideau-Rockcliffe Community Resource Centre or to get involved, please visit www.crrc.org or call us at 613-745-0073.

Yacouba Traoré is the executive director of the Rideau-Rockcliffe Community Resource Centre.




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More than Just a Structure: Finding New Life in Former Churches

By Caitlin Charbonneau

Adaptive reuse of purpose-built religious places is a discussion that has emerged in Ottawa over the past few decades and is drawing the attention of the heritage conservation community. However, the spirit of reusing and recycling built spaces has always been a part of our heritage. Adaptive reuse is the process of recycling and adapting an old site or building for a purpose other than that for which it was built. Ideally an adaptation will retain much of the building's important heritage values.

Adaptive reuse can be a key factor in the conservation of heritage values in threatened

religious sites, especially when the site is a major landmark in its community. This is not to say that all churches in Ottawa should be adapted when they are faced with closure, demolition or decay, especially since adaptations are quite costly and most successful with strong community support. Looking at a former church's heritage values is the starting point for determining the future use, scope and feasibility of an adaptive reuse project. Some elements that need to be considered are design and architectural features, artistic and aesthetic elements, a church's history and setting, as well as shared community val-

ues, all of which contribute to both the tangible and intangible values of a former religious building.

A quickly changing society means that a community's relationship to churches changes, as do churches themselves. However, even within developing urban areas, churches can continue to have a role in establishing the overall character of a mainstreet, and even once they are closed, they can continue to stand as testaments to the past, while offering opportunities for a new generation once they have been adapted.

The best-case scenario is for a place of worship to remain as such, and in many cases a sacred building can be used by another faith when it no longer serves the original parish. Other examples, many of which have proven to be successful, include conversions into performance and community spaces, libraries, and museums or galleries, all of which prove to be a natural use of the space since it originally functioned as an accessible community-gathering place. These types of projects often result in fewer physical changes to the building, which helps to protect many of its important heritage values.

A slightly more challenging form of adaptive reuse seen in former churches is the conversion into private homes or rental units, which often changes the building more drastically and limits or restricts community access entirely. This challenge is certainly something that will be seen in the future residential conversion of St. Clements in Sandy Hill, a project proposed by Robert Martin Architects, which aims to create small rental units in the former church for grad students and young professionals.

Religious properties are often spiritual centers and enduring landmarks of their community. Reviving and reutilizing historic religious buildings can ensure that when a church loses its original function it is possible to save it from aban-



Photo: Caitlin Charbonneau
Discussions on the closure and sale of St. Charles Church on Beechwood Ave. reveal local desire to see the former church adapted into a mixed-use site, allowing for public use of the surrounding green space.

donment, decay and demolition. A case in point is St. Brigid's Church built in 1890 as the first English Catholic Church in Lowertown, and historically served as a parish church for the Irish Catholic working residents of the area. The shrinking congregation did not justify the thousands of dollars in needed repairs and in 2007 the last mass was performed.

Converted into an arts centre, home of the National Irish Canadian Cultural Centre, its aim is to serve a broad community and its space is not restricted to any one art form. The building still features many of the original artworks and architectural elements, partly due to the heritage designations on the interior and exterior under Part IV of the *Ontario Heritage Act*, but most importantly, due to the suitable adaptation. St. Brigid's addresses the need for cultural infrastructure in a growing city and helps to conserve the memories of its past, while providing a function that is relevant and needed in the present.

St. Brigid's can certainly be viewed as a model for other churches that are facing similar situations. Community discussions just last year over the closure and sale of St. Charles Church on Beechwood Avenue reveal the community's desire to see the former church adapt-

ed into a market and mixed-use community space, a use that will maintain and respect the building's heritage. This use would also allow the community to take advantage of the surrounding green space.

Even after its closure, St. Charles continues to be a symbol of Vanier's francophone history and the building itself still retains many of its historical features despite previous renovations. A potential designation on the exterior of St. Charles under Part IV of the *Ontario Heritage Act* will also aid in preserving some of its built heritage features. Churches will always lose some of their heritage values in an adaptation project, such as when liturgical objects are removed or the space is divided or expanded. However, when considering the adaptation of a former church, it is not enough to examine the physical architectural and aesthetic qualities alone, but the intangible dimensions, the essence of the building and its setting in the community, must also be carefully considered.

Churches like St. Brigid's and St. Charles are important landmarks in their respective communities and for an adaptive reuse project to be successful, they require a financially viable plan developed from the expertise of a multidisciplinary team in conjunction with strong community support. These two former churches are much more than structures and can continue to represent shared histories and memories of the people that established and used them. St. Brigid's, and potentially St. Charles, can continue to play an important role as centres of cultural and social life in the community even after they have stopped serving a religious purpose.

Caitlin Charbonneau is a recent graduate from Carleton University with a Master's degree in Art History. She has also studied heritage conservation, and has presented her research at the annual conference for The Society for the Study of Architecture in Canada, and for Heritage Ottawa.

Editor's Note: An interesting discussion of 10 possible options for the adaptation of heritage churches to contemporary purposes can be found online at The Hidden City Daily, Philadelphia, <http://hiddencityphila.org/2013/05/how-to-reuse-a-church-our-top-ten/>



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A Spooky Parade Paves the Way for Icy Winter Fun



Photo courtesy of Catherine McConkey
The annual Halloween Howl on Oct. 26 inspired dozens of neighbours, including Roxie Clark, to dress up in their spookiest and scariest costumes.

By Roxan Clark and Catherine McConkey

Once again, this year's **Halloween Howl** was a great success. We had approximately 100 children show up for the event with about 50 coming out early for the parade to **Governor's Walk Retirement Residence**. Thank you to Governor's Walk for inviting us for an early trick-or-treat parade this year. Everyone had a lot of fun. Thanks to all our amazing volunteers: **Caroline Matt** and **Debra Conner** (manning the hot chocolate station); **Denise Belanger** (keeping the craft table organized) **Harmony Ferreira** and **Kado Dwivedi** (game masters); **Matt, Nora** and **Nathanael DeWolfe**; **Natasha D** (decorator extraordinaire); **Olivier** and **Julien Belanger** (for their masterful execution of the gross out table); **Pascal Dubuc**, **Roxan Clark** and all the other numerous parents who stayed behind to help with cleanup. Without your help, all events like the Halloween Howl would not happen. Thank you and we are looking forward to next year.

Calling All Hosers

At this time, we are putting out a call for **Hosers**. Yes, it's that time of year to start thinking about the ice rink at Stanley Park. If you are interested in becoming part of



Photo courtesy of Catherine McConkey
After the trick-or-treat parade, Caroline Matt (left) and Tasha Diaczuk served up hot chocolate at the Fieldhouse.

our elite group of icemakers, please contact **Brian Torrie** at btorrie@hotmail.com or 613-747-7951 to sign up and get scheduled in.

We all had such a good time at the 2014 New Year's Day celebration that the Crichton Community Council would like to do it again. You are all invited to our **third annual Winter Carnival** to be held on **Thursday, January 1, 2015**, at the Stanley Park Fieldhouse. A pancake brunch with all the trimmings will be served starting at 10 am, and there will be outdoor fun and games for the entire family including sleigh rides, the third annual 10-Minute Snowman Challenge, and of course, outdoor fun for everyone. Now let's hope the weather cooperates and the NE Hosers can get some great ice made for the rinks. We hope to see everyone there!

It still isn't too late to drop off your Garage Sale donation envelopes. Total donations from this event represent about 20% of our annual income. Don't be shy!!

Crichton Community Council meets every second Monday of the month, 7:30 pm, at the Fieldhouse. The Council has a terrific base of dedicated volunteers here in the community. For those either new or old to the neighbourhood and wanting to make some contact with your neighbours, this is a wonderful way to make new friends. If you are interested in joining or volunteering please contact us at nefieldhouse@gmail.com for more information.

Merry Christmas to everyone and best wishes for a happy and healthy 2015!!!!

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For the Birds

By Jane Heintzman

Despite impending knee surgery and the associated pre-operative rigmarole, I have been lucky enough to be able to track many of the fall migrants passing through our area in late September and October, and have kept a close eye on the steady stream of hungry visitors to our backyard feeders, fuelling up for the long journey to their southern wintering grounds.

By late September and throughout October, **white-throated** and **white-crowned sparrows** appeared in large numbers, and were in evidence both at backyard feeders and in trees and shrubs throughout the neighbourhood. These two species can be tricky to distinguish from one another as both have boldly black and white streaked heads, and gray breasts. There are, however, a few helpful clues to facilitate their identification if they turn up in your backyard:

- White-crowned sparrows are slightly larger than white-throats (7" as opposed to roughly 6")



Photo: Louise Imbeault
White crowned sparrow.

- White-crowns lack the signature yellow "eye-brow" characteristic of the white-throat, as well as the tidy "bib" beneath the beak
- While both species are ground feeders, in my experience the white-crowns are more aggressive, and can be less inclined to share their turf with other species, in particular **dark-eyed juncos** which tend to stay away from our feeders until the white-crowns have moved on.

This year, the **white-throat** flocks that converged on our garden made the ID task much simpler, as they were all from

NEW EDINBURGH NEWS

the **tan morph** variant of the species, with buff-coloured head streaks (as opposed to crisp black and white), tan eyebrows, darker gray, slightly streaked breasts, and browner plumage on their backs and wings. Ornithologists have discovered that individual white-throats prefer to mate with birds of the opposite morph, keeping both genetic types alive. Males of both colour types are reportedly attracted to white-striped females, while both female variants seem to prefer tan morph partners. The old "opposites attract" maxim is clearly true in the bird world!

By mid-October, large flocks of **dark-eyed juncos** had surged into our area, moving in waves through wooded areas and skittering around in flowerbeds and under feeding stations. These little sparrows are delightfully easy to identify, with their distinctive unstreaked, dark gray plumage and bright white tail feathers that flash in flight. The species is among the most common and widespread throughout North America, and many of them stick around in our area well into the winter.

Along with the sparrow population, our garden has been bustling this fall with **American goldfinches**, now finished the annual transition from their bright yellow breeding plumage to the muted olive



Fox sparrow.

Photo: Amy Jane Lawes

tones of winter, **black-capped chickadees**, **white-breasted nuthatches**, **house finches**, **purple finches**, our resident **Northern cardinal** pair, and from time to time, an industrious **downy woodpecker** dividing its time between our safflower feeder and the bark of the mountain ash tree where it's hanging.

In the first two weeks of October, we also encountered flocks of migrating **golden-crowned kinglets**, **chipping sparrows**, **song sparrows** and **Northern flickers** in the course of our neighbourhood walks. On one occasion, I found a sleepy looking Northern flicker foraging on the patio stones outside my kitchen window. It lingered for over an hour! My most spectacular fall sighting – a first in my three plus decades in this neighbourhood – was a majestic **bald eagle** circling over Rideau Hall before heading out over the Ottawa River.

And of course, fall in the Ottawa Valley is not complete without the arrival of a robust population of **blue jays** feasting on acorns and making their presence known with their signature raucous calls. Perhaps the most arresting sight of the autumn for me was a brilliantly coloured blue jay raiding my safflower feeder at precisely the same moment as an equally brilliant **Northern cardinal** – an avian harbinger of the federal election next year, perhaps?

The bustling activity at our feeders occasioned by the convergence of fall migrants, combined with the onset of cooler weather bringing heightened avian caloric requirements, has proven a magnet for a hungry **sharp-shinned hawk** which I have observed lurking in a spreading maple tree within ready striking distance of the garden. To this point, however, the hawk has been unable to take advantage of the tempting song bird smorgasbord at the feeders, thanks to the

timely intervention of groups of **American crows** which moved in to drive it from its perch.

Out on the river, gulls and ducks remain in evidence in late fall, with **mallards**, **wood ducks** and more recently, **hooded mergansers** plying the waters of the Rideau opposite our house. Based on the experience of past years, the "hoodies" are likely to remain on the river until very shortly before freeze up in mid- to late December, evidently finding sufficient sustenance in the frigid depths to survive. Along the shoreline, our resident **great blue heron** has also been a frequent presence, seemingly unperturbed by human activity on the bike path despite its close proximity. On one occasion, the stately creature came within a foot of my startled spouse, apparently without a feather ruffled in the process.

Fatal Light Awareness Program (FLAP)

Every year, a staggering number of migrating song birds, by some estimates close to 1 billion, are killed as a result of collisions with buildings in urban areas. While the bright lights of skyscrapers at night were originally thought to be the principal culprits in this lethal scenario, recent research has shown that the daylight hours are equally perilous to migrants, and that low-rise



Photo: Amy Jane Lawes
American tree sparrow.

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buildings or the bottom four floors of high rises may in fact be the most deadly obstacles to migrating flocks. Window glass at the lower levels reportedly attracts flocks of insectivores because they spot the surrounding trees reflected in the glass, and think they can fly through the invisible barrier to forage for a meal. The more glazing on a building, the higher the attrition among passing migrants, and sadly, vast expanses of glass is a hallmark of contemporary architecture.

Because the coastlines of large bodies of water like the Great Lakes are a crucial navigational tool in bird migration, the spring and fall flyways of



Photo: Louise Imbeault
Dark-eyed junco.

thousands of birds pass over these areas, most of which are now studded with new building development which can wreak havoc among the migrants, in extreme cases causing concerned observers to report the skies "hailing birds." Not surprisingly, given the scale and intensity of recent development in the country's largest city, the Toronto lakeshore has proven to be a particularly deadly corridor for migrating birds.

Close to 25 years ago, in 1990, dedicated bird watcher **Michael Maguire** took action after encountering hundreds of tiny corpses around downtown Toronto buildings, and founded **FLAP (Fatal Light Awareness Program)**, a non-profit, volunteer-based organization which he continues to serve as Executive Director. In the ensuing two decades, FLAP has built an extensive database of bird collision statistics which now serve as a primary resource for ornithological research into migration hazards, and has taken the lead in developing a suite of prevention and protection policies to address the problem, as well as in public education campaigns to increase awareness of the scope of the problem.



Loon.

With the assistance of Nature Canada, **Anouk Hoedeman** and **Sarah Kirkpatrick-Wahl** launched **FLAP Ottawa** earlier this year, and this fall undertook an active search for volunteers to rescue injured birds in our area and collect those killed by collisions for documentation. Interested readers can visit flap.org/ottawa to find out more about the work of the organization, or call 613-216-8999 if you'd like to volunteer to help out with its work in mitigating the problem of fatal collisions during bird migration by promoting public awareness and education.

Reports from Our Readers

Amy Jane Lawes: In her current sylvan surroundings in Val-des-Monts, this former Union Street resident has been enjoying the continuing presence of **common loons** on the lake, often getting a close up look in the course of a leisurely paddle. Prior to the fall migration, loons traditionally gather together in sizeable flocks in a pattern known in the ornithological world as "**rafting**". Rafting is thought to allow non-breeding adult loons to feed more efficiently, sharing a feeding space rather spending time and energy attempting to drive off loon competitors. It may also confer a measure of "safety in numbers" as more watchful eyes are around to warn of approaching predators and other dangers. While Amy initially thought that rafting had begun on her lake in mid-October when a loon group congregated one evening, the flock rapidly thinned out to a small handful, so the prediction appears to have been premature.

In a recent ramble during a brief return to our area, Amy sighted a lone **fox sparrow** skirting around the edges of a **dark-eyed junco** flock, and an **American tree sparrow** pair, two sparrow species not yet chocked up on her annual bird list. She notes regretfully that "sadly, my photography-whilst-holding-dog-leash skills are still in need of improve-

ment, despite lots of practice!"

Amy's backyard in Val-des-Monts has been bustling with activity, with regular visits from three **red-breasted** and two **white-breasted nuthatches**, a bevy of **black-capped chickadees**, several **blue jays**, a group of **dark-eyed juncos** foraging for discarded seed under the feeder, numerous **woodpeckers** and a workman-like **brown creeper** scouring the trees around her house. She currently has a "squirrel-proof" feeder on order, but retains a healthy skepticism about its capacity to live up to the billing. Much as she resents the intrusions of squirrels, she confesses to a soft spot for a tiny shrew which from time to time pops out from under a carpet of fallen leaves to snag a tasty sunflower seed before swiftly burrowing back under its leafy blanket.

Phil's Avian Bistro: **Philip MacAdam** reports that his Avian Bistro at Thomas and Alexander Streets is attracting a steady stream of customers, with two active feeding stations currently on the go, including a finch (nyjer seed) feeder on one side of his house which is a magnet for **American goldfinches**, **juncos** and **white-crowned** and/or **white-throated sparrows** (Philip confesses to some uncertainty about the ID of these two very similar species).

On the other side of the



Photo: Louise Imbeault
Dark-eyed junco at feeder.

house, there are two feeders containing seed for a wider range of species, including larger birds. The latter has been very active with frequent visits from **white-breasted nuthatches**, **downy woodpeckers**, **cardinals**, **house** and **purple finches**, **chickadees** and the occasional **goldfinch**. Philip notes that he is currently contemplating the introduction of a Frequent Flyer program to entice yet more customers to the bistro!

American robins were still around at the time of Philip's report in late October, and he had also encountered a number of **blue jays**. Farther afield in the neighbourhood, he has spotted a **sharp-shinned**



Photo: Louise Imbeault
Downy woodpecker.

birding correspondent **Dave Collyer** reports the sighting

Wildlife Speaker Series

Birders should take note that on **December 9 at 7 pm** *Ottawa Citizen* birding columnist **Bruce Di Labio** will present the last lecture in the Wildlife Speaker Series organized by the City of Ottawa. Mr. Di Labio's talk, entitled *Winter is for the Birds*, will address the ways in which the stay-at-home song bird population copes with the harsh conditions of winter here in the Ottawa Valley. The lecture will take place at **Ben Franklin Place, 101 Centrepoin Drive**.

hawk cruising over the Ottawa River close to the Rockcliffe Pavilion, and a flock of eight large **turkey vultures** hovering over the grounds of Rideau Hall, no doubt on the hunt for a ripe carcass.

Macoun Marsh: St. Laurent Academy Science teacher **Mike Leveille** reports that October was an exceptionally busy month at the Macoun Marsh, where he and his students hosted delegates from all over North America as part of the **North American Association of Environmental Education (NAAEE)** Conference on environmental education, and also held their annual **Biodiversity Mentorship Program** meeting, with both high school and junior high school students participating. Though bird watching was only one among many of the activities involved, Mike reports an abundance of migrating **ruby-crowned kinglets**, **white-throated sparrows**, a **snipe** and "all the regulars, from **red-winged blackbirds** to **black-capped chickadees**."

From Central Alberta, our

of hundreds of **Canada geese** and **snow geese**, along with **greater white-fronted geese**, **sandhill cranes**, and **trumpeter swans**. Dave has an astonishing 12 feeding stations currently in operation, with regular visits from **black-capped chickadees**, **blue jays**, **juncos**, **finches**, and an abundance of **magpies**.

The *NEN's* own **Louise Imbeault** has also kept a close eye (and camera!) on her own backyard, capturing a cast of feathered characters including a **male and female downy woodpecker**, a **dark-eyed junco** and a **white-crowned sparrow**.

Stock Up on Seed Supplies: As we head into the long, cold winter, please remember to keep your backyard feeders well supplied with sustenance for the hardy overwintering bird population. For some advice about the types of seed you may need, and the species it is likely to attract to your yard, visit **Wild Birds Unlimited** at ottawa.wbu.com or call 613-521-7333.

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Facing Recovery Alone

NEN's intrepid photographer, Louise Imbeault, shares her experience of medical adventure and the healing process she found in the heart of our community.

By Louise Imbeault

My journey of recovery started in the summer of 2013, when at my annual medical check-up, the physician read to me the results from a previous ultrasound exam: "You have gallstones, many and large; I'll refer you to a specialist/surgeon," he said. To my surprise I replied: "OK Doc, let's do that. I'll keep you posted," and resumed my activities without much concern ...or so I thought.

Funny thing is that after I started thinking about it, I did recall experiencing some discomfort near the solar plexus over the past 15 months. It was nothing sustained or acute, but still the pain popped up once in awhile.

The first visit with the specialist was in the fall of 2013. The doctor spoke to me a bit, opened a file, and asked about my symptoms, ending the evaluation with a physical exam. Back at home, I continued to endure the discomfort, thinking it must not be that important. I believed I was alright since the specialist had no concerns.

Months later, before the referral's expiry, I called the specialist's office asking for another "assessment" and was seen in April 2014. This second visit was even quicker, no physical exam, no mention of my ultrasound results (enough

time had passed for the doctors to share my file), I answered a few "symptom" questions, and was sent home yet again.

This time around I knew more about my condition, having researched about it on the internet, and did not feel reassured. Ignoring the potentially life-threatening consequences of gallstones was no longer an option. I was determined to find a different specialist/surgeon even though I did not manifest any of the classic symptoms of an ailing gallbladder.

By mid-April, the situation took a sudden turn for the worse. The pain increased to a whopping 8+ on the "ouch" scale. The sharp sting was debilitating and felt like an elastic pinch or an electrical shock on the right side of my rib cage. It was on Maundy Thursday (the Easter long weekend) when I contacted my doctor. He recommended going to the ER immediately.

After waiting all afternoon and part of the evening, I was finally seen, treated and released (against their better judgement), arriving home before 11 pm. I just couldn't agree to being admitted right then and there. You see, I'm a full time caregiver for an ill sibling and the responsibilities at home couldn't wait. I'd already been absent for 10+ hours. No worries. I was in

possession of all my faculties when I got behind the wheel to drive myself home. The patient file they gave me noted "patient refused pain management medication (narcotics)" just in case I got pulled over.

Friends, this was my first attack – and if avoidable, my last! Next step was to get the gallbladder out ASAP. In a moderately anxious state, I called my physician again to thank him for his support, but I now urgently needed a new referral. I'd lost confidence in the previous specialist, and a second opinion was warranted. He made the arrangements, but said it could take time.

So I braced myself and prayed that the appointment would come quickly. By July, this new surgeon immediately concurred with the test results and earlier hospital ER report. Without hesitation he booked my surgery for a laparoscopic cholecystectomy for the end of September – What! Why so long? I couldn't fathom waiting until then. I could die! Of course I thought the worst and wondered who would take care of my brother. So I prayed, took heart and put my affairs in order (just in case). Beyond that, my concern was staying alive until the fall surgery.

I wanted to give my sick organ a chance to hold on. So after much research and consultation, I made a radical change in my diet and cut out most sources of fat from my daily nourishment. Thankfully, summer's arrival coincided with foods I could eat and in great quantities: fresh local



Photo: Louise Imbeault

It's what's inside that counts: the staff and facilities at the Governor's Walk were ideal for Louise Imbeault, who stayed here for five days of respite care following surgery in September.

fruits and veggies, lean protein, low-fat yogurt, nuts and two litres of water per day. The regimen worked, blasting a whopping 40lbs off this old carcass. The gastro-intestinal system is fascinating science.

Now I quickly needed to find a place to recover after the surgery. Returning home was not an option, nor was it safe. I knew about the restrictions in movement: no lifting, bending, pushing, pulling or stairs for a successful healing process. I couldn't fathom how was I going to manage being away from home. Where would I go? Where could I go? (The answer comes soon).

September arrived and I was so proud to have made it. I finally felt confident that my body, mind and spirit were ready for the big day. I was calm and peaceful in the knowledge that I'd done all

in my power to prepare for myself, and for my brother's care and supervision in case of the worst outcome (I'm such a realist). The rest was up to the Almighty and the competence of my surgeon and his brilliant team.

It had been 30 years since my last minor surgery. I was shocked to discover the new normal standard of Day Surgery: in and out in the blink of an eye, up on your feet promptly after waking up in the recovery room and out the door before 4 pm. OK done!

Now time to share the sensitive recovery's secret location.

A neighbour of mine, Mrs Jacqueline Parent, who years ago had broken an arm and could not fend for herself at home, shared her respite care experience and emphatically recommended the **Governor's Walk Retirement Residence**.



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After one phone call to Tara Spour, I, too, have experienced respite care at Governor's Walk and, yes it is all Jacqueline claimed it to be and it is most affordable.

My arrival was impeccably prepared. The staff waited to greet me in the foyer and gently accompanied me to Room 117, which was now all mine for as long as I needed it (see far right window on above photo). This very special suite has quite the history (but that's a story for another time). The secluded corner room with its large bay window facing Stanley

Had it not been for the circumstances, this stay could have been a vacation.

I'll eagerly testify to the expert hands of the dedicated nursing team, the professional and flexible administration staff, the tireless personal care workers, the courtesy of the front desk staff, the warm kitchen folks and the exquisite touch of a personal driver, all who work together like a well oiled machine. They won me over. The Governor's Walk accommodated all my special needs: from the riser on the toilet, to the extra pillows,

five-day stay a charming and welcoming experience. Hugs y'all for sharing your home with me! Needless to say, facing recovery alone was not so scary anymore. The healing had started at the front door with loads of TLC (tender loving care) and loving smiles.

All my gratitude to everyone involved in my short stay, allowing me to find solace in the arms of this truly remarkable living environment for our seniors in New Edinburgh.

A few months have passed since this ordeal and I am happy to share with you the results of my post operation consultation. The surgeon is content with the healing process and no uncommon pathology was found in my discarded organ. So, I'm back on the road to a healthy next phase of my life and feel ready to resume my volunteer activities in our splendid community.

Final note: Don't wait until you are ill or in need of respite care, have a "trial stay" at 150 Stanley Avenue just for the fun of it!



Photo: Louise Imbeault

Street, overlooking the park's changing leaves was perfect—but its luxurious and sinfully comfortable twin bed is all I could think about. I slept so soundly, as if I were in a time capsule. Tastefully decorated, the spacious area has loads of storage space, cable television, a fridge, and a phone with my own extension. I had not felt this pampered and safe in years. I admit thinking "when can I move in permanently?!"

healthy meals served hot in my room, to the middle of the night emergency ice pack calls. They met all my expectations in a respectful and prompt manner. Also, the residents were involved in making my

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A Good Notion of Death is a Healthy Part of Life

By Linda Sheesley

Death is coming... to us all. We may not know when or how, but this is a truth that most North Americans try to avoid. Our death taboo is so profound we can't even say the word. Euphemisms for this fact of life range from the sublime to the ridiculous: people 'pass', 'are called home', 'are in a better place', 'have crossed over', 'are gone'. Maybe they 'croaked' or are 'pushing up daisies' or have 'kicked the bucket'. It seems anything is better than saying the 'D' word.

As a nurse providing end-of-life care, I am much closer to the process of death and dying than most. My profession gives me the unique opportunity to assist those who are dying and their loved ones to come to terms with the reality of our existence: death comes to all. Our head-in-the-sand attitude does not serve us well when 'the call comes'. So, with this in mind, I jumped at the chance to study attitudes toward death from another perspective.

And what a perspective it was! Marching bands, fire-

works, dancing in the streets. Flowers, incense, grinning skulls, skeletons standing in doorways. Welcome to *El Dia de Los Muertos*—Day of the Dead—in Oaxaca, Mexico.

Oaxaca de Juárez, a UNESCO World Heritage site, is located about 500 km southeast of Mexico City in the foothills of the Sierra Madre mountains. This vibrant city is an amazing blend of the old and the new. Hole-in-the wall cafés serving hand-ground corn tortillas made by Zapotec grandmothers are nestled next to glass-walled museums. Cell phone stores share corners with taco grills. A city like no other... and it has been my home for the past two winters.

Like many North Americans, I had heard of The Day of the Dead. But, until I came to Oaxaca, I had no idea of the importance of this celebration and how healthy this life-affirming belief system is.

El Dia de los Muertos is a complex celebration that goes back thousands of years. Over 4,000 years ago the indigenous peoples of Mesoamerica celebrated life by embracing death. The A

ncients had a strong belief in an afterlife. When a person died, they did not cease to exist; their spirit/soul carried on. When the Spanish arrived in the 1500s, they brought their own brand of beliefs regarding life and death: Catholicism. The ancient celebrations centering on death were integrated with the Catholic tradition of All Souls Day. Researchers disagree on the exact transition, but the fact remains that November 1 and 2 are important days in both belief systems.

El Dia de Los Muertos embraces the belief that the soul / spirit of the *difunto* (dead) return for 24 hours to mingle and visit with family and friends. The souls of dead children are said to return on October 31 and the souls of adults on November 1. Elaborate preparations are made to welcome the returning family members. *Ofrendas* (altars) in the home and vigils at the gravesite are all geared toward reuniting the family. Public festivities occur round the clock: music and dancing in the streets, processions with giant puppet skeletons and costumed celebrants are



Photo: Rudy Punt

On the Day of the Dead in Oaxaca, Mexico, *catrinas* stroll slowly in their finery; their grinning skull faces making a satirical statement that wealth and beauty do not stop death.

led by roving bands of musicians. *Catrinas* stroll slowly in their finery; their grinning skull faces making a satirical statement that wealth and beauty do not stop death.

I was fortunate this year to have a close friend from Ottawa join me in Oaxaca for this special time. My Mexican 'family', Arturo and Noemi, guided us through this wonderful celebration. We decided



Photo: Linda Sheesley

Decorated ceramic *calaveras* (skulls).

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that we wanted to build an ofrenda, prepare a traditional meal and visit the *panteon* (cemetery).

Our ofrenda was certainly a labour of love. It was loaded with food and drink to provide nourishment to the weary souls. Nuts, candies, plates of *mole negro* (a rich sauce made with a base of chocolate and chili), *pan de muertos* (a special sweet bread), thick chocolate milk, fruit, vegetables, water and, of course, mezcal were arranged carefully. Wild marigolds and red cock's comb added color and filled the air with a heady fragrance. Decorated *calveras*

tude of the occasion, we sat down to a table laden with food that took days to prepare. Raising our glasses of mezcal, we turned to the pictures of our parents on the ofrenda and toasted to family; secure in the knowledge that we were all together again in spirit.

After enjoying our meal and sharing stories we walked to the panteon to continue our journey through El Dia de Los Muertes. My eyes opened wide at the sight. Adults were busy scrubbing gravesites and decorating them with flowers, candles and incense. Children played games while musi-

candles, the fragrance of thousands of flowers mingled with wisps of incense made the night seem magical.

We left the panteon feeling a sense of community and peace. Quiet reflection soon turned into jubilation. The streets were alive! Troupes of musicians were followed by people of all ages walking arm-in-arm. *Catrin*as posed for pictures. Huge jointed skeletons rattled and bobbed from tall poles. It was time to laugh at

death, while at the same time holding it close. What an experience!

El Dia de los Muertes is a celebration of the cyclical nature of life and death; recognizing that death is a continuance of life. It serves to remind us that death is coming. Rich or poor, mighty or weak: we all face the same fate. The rituals remind us that a good relationship with death is a healthy part of life. It strengthens family ties while at the same time teaching young

people about the realities of being human.

So, do I think we should paint our faces and party in the cemetery? Probably not. But I do think we should start the conversation about the reality of death. Or, at the very least, try to say the word out loud.

Linda Sheesley is a registered nurse and end-of-life consultant practicing in Ottawa. She is spending the winter in Mexico studying the culture of death.



Photo: Linda Sheesley

Day of the Dead night crowd.

(skulls) made of chocolate and sugar were placed to remind us, the living, that this was our future. As the church bells rang out on Nov. 2, we lit copal incense and welcomed the spirits of our parents into my home. Very powerful.

Humbled with the magni-

cians strummed their guitars and sang. Families sat on chairs around graves eating and drinking while reminiscing about their loved ones. For many, the graveside vigil would last all night. With darkness, the panteon took on an otherworldly feel. Flickering



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L'église St-Bartholomew, le lieu de culte de plusieurs gouverneurs généraux du Canada

Par Michel Prévost

Les secteurs de New Edinburgh et de Rockcliffe Park possèdent quelques lieux de culte patrimoniaux, mais l'église St-Bartholomew occupe une place bien particulière dans l'histoire du Canada à cause de ses liens privilégiés avec un grand nombre de gouverneurs généraux du Canada. En fait, l'église St-Bartholomew ne se distingue pas par son architecture exceptionnel, mais bien plus par ses liens étroits, depuis les débuts de la Confédération, avec les représentants de la couronne

britannique au Canada.

Le bâtiment religieux qui se trouve au 125, rue MacKay, à deux pas de Rideau Hall, est construit en 1868 selon les plans de Thomas Scott, l'architecte en chef du Dominion de 1872 à 1881. Il est bâti sur un lot donné par l'homme d'affaires Thomas MacKay (1792-1855), grand propriétaire terrien du quartier.

Le 9 mai 1868, le vicomte Monck, premier gouverneur général du Canada, dévoile en grand la pierre angulaire de l'édifice religieux que l'on peut toujours apercevoir du

côté de la rue Queen-Victoria.

De style néogothique, le bâtiment rectangulaire en belle pierre grise se démarque par ses parois latérales assez basses, son toit en bardeau à forte pente, ses fenêtres à arc à tiers-points et ses contreforts en pierre.

L'attribut patrimonial le plus distinctif du lieu de culte demeure cependant son magnifique vitrail, un don de S.A.R., le prince Arthur, duc de Connaught, vice-roi du Canada de 1911 à 1916. Ce grand vitrail commémore les membres de sa noble famille



L'église St-Bartholomew.

Photo: Louise Imbeault

décédés pendant la Première Guerre mondiale.

De plus, l'épouse du comte d'Athlone, gouverneur général de 1940 à 1946, la princesse Louise, petite-fille de la reine Victoria, fait don de la cloche. Enfin, l'orgue est offert par le comte d'Aberdeen, vice-roi du Dominion de 1893 à 1898.

Par ailleurs, à l'intérieur, les armoiries de gouverneurs généraux témoignent aussi des liens privilégiés entre le bâtiment religieux centenaire et la couronne britannique, particulièrement dans la deuxième moitié du XIXe siècle et la première moitié du XXe siècle.

La Ville d'Ottawa a reconnu l'importance de l'église St-

Bartholomew en la désignant monument historique en vertu de la *Loi sur le patrimoine de l'Ontario*. Ce lieu de culte anglican est maintenant protégé pour les générations à venir.

Nous offrons à titre d'archiviste en chef de l'Université d'Ottawa des visites guidées en français des maisons désignées monuments historiques de la rue MacKay pour les groupes de 10 personnes et plus. Vous pouvez réserver à me contactant au 613-562-5825 ou par courriel à michel.prevast@uottawa.ca.

Michel Prévost est l'archiviste en chef de l'Université d'Ottawa.



L'église St-Bartholomew.

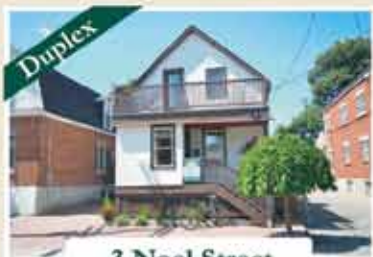
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Victoria Island's Contribution to the Community.



Paul H. Proulx : un homme à toute saison et à tout faire

par Louise Imbeault

Chers amis/es, j'ai grand plaisir de vous présenter, en esquisse, le profil d'une personne remarquable du quartier. Lors du solstice d'été, le 21 juin dernier, tout à coup sur la rue Beechwood près du café Bridgehead, je vis une table remplis des collections de cartes de souhait d'un photographe local et de son épouse. Les quelques minutes d'échanges entre nous m'inspira à vous partager cette découverte fortuite.

Le printemps de **Paul Henri Proulx** est traditionnel du fait qu'il soit né sur la même terre que son grand-père Napoléon et de son père Gérard, au sein d'une famille comptant cinq garçons et une fille, dans l'est d'Ottawa, à Cumberland en Ontario. Cette terre est une grande ferme locale mieux connue dans la région comme **La Ferme Proulx Berry Farm** (www.proulxberryfarm.com) toujours très active dans notre communauté et ayant participé au **Marché Beechwood Market**, (beechwoodmarket.ca) l'été dernier. N'est-ce pas l'environnement idéal pour un enfant? Être libre de partir à l'aventure avec son imagination sans contraintes urbaines? C'est ainsi que Paul apprit à cultiver l'amour de la nature qu'il savait déjà couler dans ses veines. Adolescent, il apprendra à maîtriser l'art du cultivateur avant de poursuivre ses études à l'école secondaire catholique Garneau d'Orléans.

A l'été de sa vie, Paul Henri est devenu un jeune homme plein de rêves et de vitalité. Suite à sa graduation en art commercial du collège Algonquin, il est heureux de commencer sa carrière au sein de la fonction publique. Embauché par les Affaires indiennes et du nord dans les années 1980 pour le bureau du graphisme et des publications

où il y travailla quatre ans. Monsieur Proulx fit ensuite le bond vers Revenu Canada où il mit son talent à l'œuvre créant les nouveaux formulaires T1 et T4 que nous utilisons encore aujourd'hui. Dix ans plus tard, Paul fera son entrée à l'ACDI où il y terminera sa carrière en 2012 choisissant une retraite anticipée.

La saison estivale se parente bien avec le temps des amours. Ce même élan viscéral atteignit Paul qui succomba aux charmes d'une certaine «belle petite blonde» qu'il admirait discrètement lors d'une soirée en boîte de nuit. Son groupe d'amis aimait bien fréquenter Disco Viva notoirement populaire sur le boul. Saint Joseph à Hull. Il eut le coup de foudre pour Rachel qui réciproqua en acceptant sa demande en mariage. Suite à leurs noces en 1982, ils partirent en lune de miel vers la romantique Jamaïque – ça fait 32 ans déjà qu'ils sont amoureux.

Ce qui nous amène à l'équinoxe automnal dans la vie de Paul Henri Proulx. Homme comblé, heureux époux, père de deux garçons adultes (Nicholas et Jean-Benoît), dévouer membre de la communauté d'Ottawa-Vanier, Paul est un retraité actif et joyeux. Son secret? Il est amant de tout ce qui est beau et qui remplit le cœur d'émotions saines.

La photographie est une passion pour Paul qui par les nombreux voyages dans sa vie, peut attester de plusieurs moments spectaculaires immortalisés sur film (ou en version digitale) qui savent nourrir son âme et celle de ceux qui les regardent.

Toujours aux aguets des inspirations créatrices de son for intérieur, Paul fusionna récemment son talent professionnel avec sa passion pour la nature l'appliquant de façon pratique à son nouveau projet. Paul devient guide actif en tourisme



Photo: Louise Imbeault

Paul Proulx mêle son professionnalisme et sa passion pour la nature dans son nouveau projet: Tours Expédition Ottawa.

dans l'Outaouais pour gens de tout âges, d'habileté physique et de goûts divers. C'est en juin dernier que **TEO Tours Expédition Ottawa** (www.teottawa.ca) fit son apparition dans notre quartier.

Le concept rafraîchissant de sa nouvelle entreprise met

l'accent sur un maximum de deux clients. Paul devient un «homme à tout faire»: il est votre guide, chauffeur, chef-santé et athlète, vous accompagnant tout au long du parcours et du retour. Soit en vélo, en canoë, en trekking ou en skis, il vous fera découvrir les

endroits enchanteurs de notre belle région. Votre expédition intime et personnalisée sera couronnée d'un pique-nique *al fresco* rempli d'aliments nutritifs qu'il prépare lui-même puisque son curriculum inclus la gastronomie.

Pas moyen de le ralentir! Paul demeure actif et inlassable dans sa quête à rendre les gens heureux, gardant ainsi la saison hivernale de sa vie bien loin à l'horizon. Malgré tout le temps passé dans la blanche neige des sentiers glacés, sa personnalité chaleureuse et ses connaissances multiples sauront vous mettre dans un esprit réceptif et serein.

Quelque soit la saison, il n'est jamais trop tard pour s'amuser. «Va jouer dehors» me dit-il en nous quittant. Et je compte bien suivre son précieux conseil.

Je vous souhaite donc le temps d'apprécier un hiver plein de lumière et de plaisirs.

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When Our Sweet Certainty of Seasonal Change Turns Sour

By Gaye Taylor

At time of writing, Halloween was imminent, the last leaves were dropping from the trees, and city workers were putting the shelters out on the canal in anticipation of the drop in temperatures that will start the ice forming on the largest skating rink in the world. And in neighborhoods across Ottawa, people were digging in the last of their spring bulbs, bulbs that will, after the dark cold of winter passes, blossom into a blaze of colour. And this flowering will seem, as it always does, miraculous.

As I myself dug in dark purple *Queen of the Night* tulips this autumn, I thought of my mother who died in February, just missing the flowering of the bulbs that her own frail hands had tipped into *her* garden the previous October. For bloom they did, as spring bulbs have done so dependably, year

in, year out, for centuries upon centuries. My mother is gone. But her flowers came back, confirmation that, indeed, *"to everything there is a season."*

As difficult as it is to imagine, we may be approaching a time when this piece of consolatory wisdom, so deeply rooted in the ecological truth of the regular ebb and flow of life, will no longer be so available to us, in times of need.

In late May, a few years ago, my little girl and I went out cycling and passed under a tree full of blossoms. I don't remember what kind of tree it actually was, but I'll never forget how my daughter looked up through those beautiful white flowers, her face glowing, and announced: "Oh, Mummy! Imagine! Out of those blossoms comes the apple!" I will never forget her sweet certainty. My daughter's conviction that "out of the blossom will

come the apple" was rooted in a lived reality that has reassured and sustained humanity for millennia. There have *always* been crop failures, always been unpredictably harsh weather, but the more-or-less reliable

on earth. And for us. And, most importantly, for the children of the earth, who, while too young to bear any responsibility for the climate crisis, will bear all of its consequences.

It was with this profound

public spaces around the city, Cool it for the Kids will bring together the children of Ottawa with educational, business, and other community leaders (from local ministers, priests, rabbis, and imams, to health professionals and athletes, artists, and celebrities) for a dialogue about the many things we can do together to help to stop runaway climate change.

Because hands-on learning is often best (and the most fun!), we will seek out opportunities for children and youth to learn about all aspects of the climate change problem: from fieldwork, to green tech, to the role of media, to the negotiations table. Determined to help children and youth of Ottawa express their thoughts on climate change—their fears, but also and especially their dreams—about the world they will inherit, and help to shape and for the better, Cool it for the Kids will also work hard to support creative responses of Ottawa children and youth to the problem of a warming planet.

Music festivals (similar to our inaugural event, which was held on Parliament Hill this past June) and art shows will



Cool It For The Kids

turn of the seasons, that "to everything there is a season" has been something that we have depended upon, physically, but also emotionally and psychologically, for thousands of generations.

With climate change, all bets are off. A few years ago, Ontario's soft fruit crop was

injustice in mind, first and foremost, but also quite simply as an alarmed mother, that I founded the strictly non-partisan, educational non-profit Cool it for the Kids in February 2014. Convinced that those who have the most at stake should be given the opportunity to speak, I had begun

"The more-or-less reliable turn of the seasons is something that we have depended upon for thousands of generations. With climate change, all bets are off."

nearly wiped out by a bizarrely warm February followed by a late killing frost. Out of those blossoms, the fruit never came.

Such unsettling events will become more common as climate change begins to bite harder, because what climate change is all about is volatility, a permanent state of extreme unpredictability that will prove very challenging for all of life

visiting elementary schools in Ottawa and Gatineau in the autumn of 2013, listening to what local children had to say about climate change.

What I heard was humbling and inspiring. Given the opportunity, children are solution-oriented. Give them a problem, and they want to try to fix it! For us adults, knowledge can be disabling. Knowing what we do, we are hamstrung by doubt, denial, and despair. Most kids, all things being equal, respond to a problem with compassion, curiosity, and creativity. And climate change is a problem that will only be solved by deep and frequent recourse to these three things.

Working collaboratively with Ottawa's children and youth, Cool it for the Kids will be providing materials, infrastructure, and forums to facilitate peer-to-peer learning about climate change: its causes, effects, and solutions. We will also work to create spaces for conversations between youth and adults about solutions for our over-heating planet. In schools, universities, and other

be a core part of providing such support. Finally, we will help the kids of Ottawa realize their dreams of "giving back": so many of the children who shared their thoughts on climate change with me last year spoke of wanting to "do something real to help" kids elsewhere in the world, like those in Bangladesh, who are already feeling the traumatic effects of climate change.

You will be hearing more about Cool it for the Kids in the following months. We are currently re-grouping, and our presence, particularly on the web, is currently in a bit of a holding pattern! But watch for us. And by "us" I don't mean grown-ups, like me. I mean the children, who have everything to lose if we fail to take action on climate change, and everything to gain if we do.

Editor's Note: Find out more about Cool It for the Kids and learn about future events and activities on the group's website coolitforthekids.org. If you'd like to get involved, please email Gaye Taylor at coolitforthekids@gmail.com.

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Stairwell Carollers Offer Music Lovers a Mysterious Treat

By David Rain

They're a bit of a mystery. Residents of New Edinburgh have probably bumped into them without knowing it on the Number 7 bus. Or at one of the fine local pubs in the neighbourhood, where these musicians often soothe their throats after a demanding rehearsal – and have been known to spontaneously burst into song, much to the delight of the patrons.

They're called **The Stairwell Carollers**, a 30-member a cappella ensemble, founded in 1977 in the humble stairwells of residences at the University of Ottawa. At one point, the Carollers could well claim to be one of Ottawa's best-kept secrets. No longer, as the choir continues to receive provincial and national awards for their musical excellence, and their director, Pierre Massie, for his original compositions.

This year Pierre, a recently-retired Glebe Collegiate music teacher, is offering a pleasant surprise to Ottawa area music lovers: he has set one

of his favourite Latin texts to music, *O Magnum Mysterium*, "A Great Mystery."

As Pierre relates, "I always loved the *O Magnum* text and wanted to create a special piece for the Carollers. My idea was that we could feature it in our Christmas concerts this December, and also use it as the title track for our next CD recording."

New Edinburgh residents have a chance to journey just a short distance up Beechwood to hear *O Magnum Mysterium* on **Wednesday, December 17 at 7:30 pm** at the choir's gala Christmas fundraising concert, at **St. Columba Church, 24 Sandridge Road**.

And... If you hop on the Number 7 bus passing St. Columba on a frosty January day, you may hear the Carollers joyful sounds wafting out onto the street, while they record their latest album!

Tickets for the Dec. 17 concert will be available at the door for \$20, or in advance for \$15, online at www.stairwellcarollers.com, or from Books on Beechwood,

35 Beechwood Ave. If you're looking for that perfect Christmas gift, the choir's CDs will be on sale at the concert.

This is yet another way for New Edinburgh residents to "give a gift that gives twice" at Christmas time, for the Carollers have managed to transform income from their concert tickets and CD sales into donations to local charities and music scholarships to talented Ottawa-area high school students totalling over \$67,000.

If you can't make it to St. Columba, you can still hear the Stairwell Carollers on one of these dates:

- **November 28:** St. Thomas Anglican Church, 1619 Stittsville Main Street, 7:30 pm.
- **November 29:** First Unitarian Congregation Ottawa, 30 Cleary Ave, 7:30 pm.
- **December 6:** Église du Sacré Coeur, 591 Cumberland St, near Ottawa U, 7:30 pm.
- **December 7:** National Gallery of Canada, in the Garden Court, 380 Sussex



Photo courtesy of David Rain

The Stairwell Carollers, a 30-member a cappella ensemble, will be performing *O Magnum Mysterium*, a new piece of Latin text set to music by their director, Pierre Massie, on Dec. 17.

Drive, 3:00 pm.

- **December 12:** Knox Presbyterian Church, 120 Lisgar Street, 7:30 pm.

David Rain, a regular shopper at the old Loeb store

on Beechwood, is in his 22nd year with the choir. For more information, please visit www.stairwellcarollers.com.



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New Ed Ex-Pat Finds Happiness on the West Coast

By Vicki Metcalfe

Last winter was too much for me, and I dislike Ottawa's sultry summers even more. It was time for a change. The thought of leaving Ottawa permanently was too difficult to fathom, so I rented out my house for a year and rented here in Victoria.

It took nine days for my dog Ceilidh and me to drive to Victoria. The scenery en route

was astonishing, especially in North Dakota and Montana.

We arrived in Victoria by ferry from Port Angeles, Washington, on a warm, sunny day in early September. In fact, from the time we left Ottawa until mid-September, the weather was superb. Since then, almost every day has been a mix of sun and rain, but never oppressive.

Since our arrival, Ceilidh's behaviour has been unpredictable, which is understandable at her advanced age. Some days there are no walks, other days a brisk trot along the waterfront cliffs or over to Fisherman's Wharf. She's especially curious about the seals that come to the wharf to be fed, though I'm not sure she'd come out on top if they tangled.

I've spent a huge amount of time arranging house and car insurance, a driver's license, health care, telephone, cable and internet service, getting a safety check for the car, finding a vet, organizing what I'd brought with me, and shopping to fill the gaps. Luckily I'm thrilled with my little house and garden in the James Bay district—three doors from the ocean and walking distance to downtown.

James Bay has quite a bit in common with New Edinburgh: It has its own newspaper (though nothing to compare with the NEN), and it's the oldest part of the city, desirable and expensive, with a lot of infill but also perfectly kept treasures from the 1880s painted a kaleidoscope of colours. A lot of houses (including my grandmother's) were razed in

the 1960s, and later replaced by apartments. Some houses are in rotten shape, and that would never happen in the Burgh! The area is bordered by Beacon Hill Park, the famous Dallas Road along the ocean, and the Inner Harbour, so you're never far from greenery and salt water.

The city itself is delightful. Even the drive to the closest Home Hardware can take my breath away with the sheer beauty. The housing is expensive but curiously, the houses are so different from Ottawa that it's hard to compare. The majority are wood or stucco rather than brick, and there's an abundance of small bungalows, often raised above an at-grade "basement" with a steep flight of stairs to the front door. Basements as we know them are rare. Infill in James Bay often means a new house built onto the back of an existing one—sometimes harmoniously and sometimes not.

People here are wonderfully open and friendly. I was invited to Thanksgiving dinner next door and I'm now in a knitting club, a birding club, and a walking club, but still haven't found my spot for bridge. That comes next.

I had many email introductions from mutual friends in Ottawa—so many that I haven't yet followed up on them all. And Bob Burchill's sister volunteered to assemble my IKEA order—that's generosity itself! There are so many ex-Ottawa people here, including Debbie Gill and Steve Cushing who many will remember from their years on Victoria Street, when Steve served as NECA president, championing the epic battle against the Vanier Parkway Extension.

There's a municipal election coming up and I've heard a lot of strong opinions on the various candidates and issues. The city's population is only about 80,000 but the Capital Regional District has a population of about 350,000. There are 13 separate municipalities, each with its own mayor and council, though there are some shared services: the library system for one. Remote suburbs are growing fast and seem to be driving an interest in amalgamation, but so far the older areas are resisting and it looks like a long time coming.

Despite the travails of the move and missing the people and my neighbourhood in Ottawa, Victoria seems to be the right place for me at this time. It truly is beautiful.

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OrKidstra Helps Children to Develop Through Music

By Christina Lubbock

It was about five years ago when my musical friend Robin and I were talking about the recent decision to remove music as a subject from the curriculum of Ottawa public schools. We wondered how young students would ever be exposed to classical music and the musical instruments of an orchestra—especially children from under-served areas of Ottawa. Then, Robin clapped his hands and said, “Have you ever heard of “OrKidstra”? I said, “No, what is it?” He said, “You must come next Saturday, and see and hear this most exciting young people’s orchestra.” And then he launched into the great story of how it all began.

Two fabulous women, **Tina Fedeski** and **Margaret Tobolowska**—both of whom are musicians (Tina, flute; Margaret, cello), teachers, philanthropists and “virtuoso” human beings—had met each other in Ottawa at various music scenes. Both had played in the National Arts Centre Orchestra, and both were committed to doing something significant for youth music in Ottawa. Their friendship deepened in 2005 when Margaret wrote and produced an inspi-

ration children’s CD called *A Cello for Chelsea*, which Tina carried at The Leading Note, the Elgin Street music store that she and her husband, Gary McMillen, opened in 1999.

But their friendship hit a high note in early 2007 when both women came across *Tocar y Luchar*, a DVD about El Sistema: the remarkable Venezuelan social music experiment that today has over 300,000 young people from lower-income neighbourhoods involved in its orchestra programs. The DVD illustrated clearly what El Sistema has done to transform these young players—helping them to develop through music.

Both Tina and Margaret said “Something like this has to happen in Ottawa” and, together with Gary, they created The Leading Note Foundation (a registered charity) and its OrKidstra program. Tina is the program’s executive director, and she has engaged many music teachers and mentors from Ottawa’s universities to assist in lessons. From 27 children in 2007, OrKidstra now has a troupe of over 300 children aged 5 to 18, nearly all of who receive instruction at no cost. Through singing and playing together, they learn

life skills such as teamwork, commitment and patience—all while having fun!

When I attended my first OrKidstra concert, I noted that one of the younger musicians had been chosen to announce the selection of music the orchestra was about to play. This experience is designed to develop self-confidence and poise. The nine-year-old had a hand-mic, but held it at his waist! He was nervous, his voice was small, and no one could hear. The orchestra simply began when he returned to his place.

As some readers may recall from profiles presented in past editions of the *New Edinburgh News*, I have a small company called “Voice Matters” and as the name suggests, I help people learn how to use their voices to captivate, persuade and command attention. I teach a course called “Voice Training for Better Communication” in the University of Ottawa’s Continuing Education Program, and also do both private and group tutoring. I tell you this because, at the end of the OrKidstra concert on the first occasion I attended, I approached Tina and offered to give a short lesson to her announcers, to help them project their voices so the audience could hear what they were saying. It made an immediate difference: the audience,



Photo by Robert S. Vibert/ RSV Photography (from left): CBC Radio’s Laurence Wall speaks to Tina Fedeski, Executive Director of The Leading Note Foundation, and OrKidstra student Favour Obazee on Sept. 28.

orchestra and even those backstage can hear the announcements. Tina tells me that she now rehearses each announcer before every event, repeating what I had taught that one time. Tina is a great teacher!

It’s really paid off. In September, when Angela Hewitt accepted OrKidstra’s invitation to become their first ambassador, several children were interviewed on stage by the concert’s emcee, Laurence Wall of CBC Radio. No lack of confidence that afternoon! The smallest child, whom Laurence placed on a chair so people could better see him, spoke clearly about how he loves playing the recorder and xylophone. Two teenagers spoke confidently before the

audience about their experience with OrKidstra and their plans for the future. So public speaking is yet another skill OrKidstra is passing on to its young students.

You can hear the children speak—and better yet—play at their **Holiday Concert on December 18 at 6:30 pm at the Bronson Centre**. With children from 42 cultural and linguistic backgrounds in the group, they are the new face of Ottawa. Their energy and professionalism will give your heart a real boost at this happy time of year.

Christina Lubbock is a resident of New Edinburgh. For further information on OrKidstra, visit leadingnotefoundation.org.



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33 Inspired Book Ideas for Readers of All Ages

By Books on Beechwood Staff

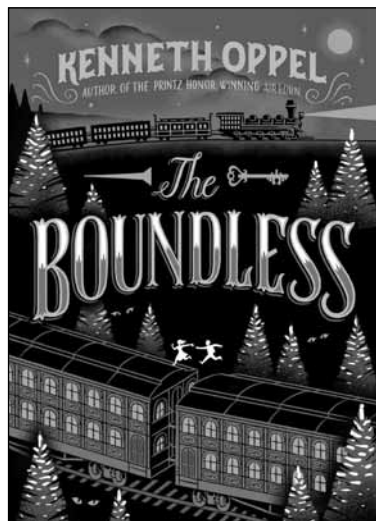
Di Recommends:

***The Awakening of Miss Prim* by Natalia Sanmartin Fenollera.** This is a unique book, almost Shangri-La like and yet the characters are down to earth; delightfully drawn people with their particular strengths and weaknesses. It is a philosophical, thoughtful book and a great joy to read.

***The Boundless* by Kenneth Oppel (ages 8-12)** is a rollicking tale set during the opening up of the Canadian west by the Canadian Pacific Railway. It is filled with adventure: good guys and bad guys, chases and murder, and is peppered with real life figures of Canadian history.

***The Cat at the Wall* by Deborah Ellis (ages 8-12)** could be an introduction for many to the ongoing strife in the Middle East. Narrated by a spoiled 13-year-old girl in Bethlehem, Pennsylvania and a stray cat who roams on both sides of the wall, it illustrates the uncertainty and tension so apparent in that part of the world without taking sides or moralizing.

***The Cheshire Cheese Cat* by Carmen Agra Deedy and Randall Wright (ages 8-12)** is a delightful Dickensian tale



featuring a cat who won't hurt mice and a mouse who doesn't like cheese. It takes place in an Inn frequented by Charles Dickens and other literary figures of his era and includes a visit from Queen Victoria. It is original, fast paced and enhanced by the wonderful illustrations of Barry Moser.

Hilary Recommends:

***The Book with No Pictures* by B J Novak (ages 3-6)** is a picture book without pictures! Great for children who love hearing funny words and silly sounds!

***The Iron Trial* by Holly Black and Cassandra Clare (ages 10+)** is a new collaborative fantasy adventure from two titans of teen writing.

***Summer and Bird* by Katherine Mull (ages 10+)** is a lovely story of two sisters, Summer and Bird, who set out on a quest to find their missing parents. It's a tale full of cryptic messages, talking birds and fantastical forests.

***Infinite Sea* by Rick Yancey (ages 12+)** is the fantastic sequel to the sci-fi adventure, *The 5th Wave*. Rick Yancey's stories are a real treat!

***Maid of Deception* by Jennifer McGowan (ages 12+)** is the second book in the *Maids of Honor* series and tells the story of Beatrice, another member of Queen Elizabeth I's secret protectors. Great read!

The Book With No Pictures

B.J. Novak

***Visions* by Kelley Armstrong** is the thrilling follow-up to *Omens*. Cainsville is a series full of mystery, suspense and superstition.

***Juliet's Nurse* by Lois Leveen** is the story of Romeo and Juliet from the perspective of Juliet's nurse. Great for fans of *Longbourn* by Jo Baker.

Bridget Recommends:

The Paying Guests by multiple Booker and Orange prize shortlisted **Sarah Waters**, is set in 1922 London and tells of the transformative and myste-

rious impact two lodgers have on the daughter of the woman who is obliged to take them in.

***The Stories* by Jane Gardam** is a welcome treat for all devotees of this delightful and charmingly insightful author of the *Old Filth* books and many others: "she shakes out life and finds diamonds in its folds."

***Arctic Summer* by Damon Galgut**, is a *tour de force* fictional imagining of the life of E. M. Forster, his emotional blossoming in India, the effects of a repressive London society, and his friendships with such literary giants of the time as Virginia and Leonard Woolf... a wonderful read for this life-long Forster fan.

***They Left us Everything* by Plum Johnston**, will ring true and poignantly with all who have dealt with the death of parents and the subsequent dismantling of the beloved family home, in Johnston's case a vast, rambling character house on Lake Ontario.

You Are Here is a new offering by the irrepressible and multi-talented **Chris Hadfield**, this time giving us a playful and informative visual feast of his never-before seen images from space, along with his eclectic commentary.

The Necessary War is the first of a major two volume undertaking by Canadian War Museum military historian **Tim Cook** on the history of the Second World War, featuring his trademark combination of stellar research and highly readable first person accounts.

***Peter Rabbit's Christmas Collection* (ages 1-100)** is a lovely discovery for all fans of **Beatrix Potter** and especially the indomitable Peter Rabbit. This is a collection of various Christmas stories and illustrations culled from Potter's writings, some not published before. It's a charming package.

***Dashing through the Snow* by Helaine Becker and illustrated by Werner Zimmermann (ages 1-100)** is another unapologetic and delightful Canadian take on a Christmas carol. Their first was *A Porcupine in a Pine Tree* and this year we get a Canadian Jingle Bells, which is equally fun.

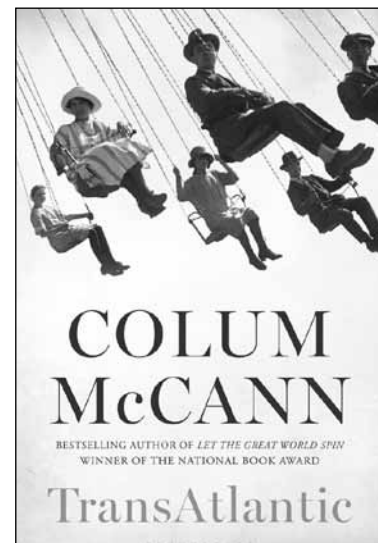


Jill Recommends:

Next year's **Books on Beechwood Book Club** reads will make an excellent gift packet for family and friends:

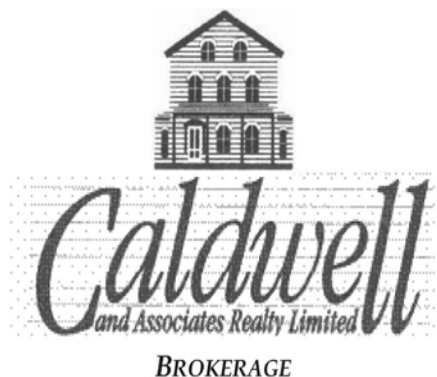
***The Orenda* by Joseph Boyden.** Three characters, three very different lives converge in Huronia, Canada during the 17th century. This will be an unforgettable read.

***Transatlantic* by Colum McCann.** If you enjoyed reading *Let the Great World Spin*, you will be fascinated with this novel. Once again McCann interweaves the personal stories of men and women to create a "profound meditation on



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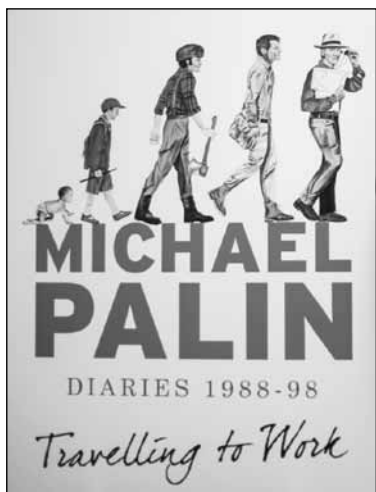
time, space and memory" by situating them in Ireland.

Americanah by Chimamanda Ngozi Adichie deals with the issues of race, love and identity in America post 9/11. Two characters, both from Nigeria and very much in love, find themselves separated when one moves to London, the other to America. This is Obinze's story as she comes to terms with being black in a foreign country.

Antoinette Recommends:

The Love Song of Miss Queenie Hennessy by Rachel Joyce is the sequel to the store bestseller: *The Unlikely Pilgrimage of Harold Fry*.

Lilab by Marilynne Robinson, is the fourth novel following the brilliant *Housekeeping*, *Gilead* and *Home*.



Belonging by Adrienne Clarkson, the 2014 Massey lectures about the paradox of citizenship.

Dispatches from the Front by David Halton is about his father, Canada's voice at war Matthew Halton.

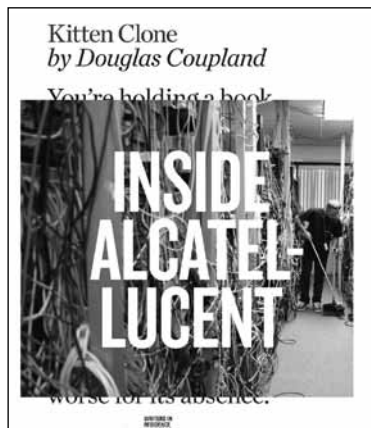
Boundless by Kathleen Winter is about the author's journey across the Northwest Passage.

And for some comic relief, Michael Palin's *Travelling to*

Work: Diaries 1988-98, the third of his books of charming and insightful reflections.

Peter Recommends:

Kitten Clone by Douglas Coupland is a light-hearted look inside Alcatel Lucent with lots of photographs from the past to the present, and describes how the communications revolution that we are still undergoing affects our society.



Gentleman, Scientists and Revolutionaries by Tom Shachtman describes how many of the Founding Fathers in the U.S. and those around them were heavily involved in science, innovation and invention (we only hear about Ben Franklin), and how the democratic revolution was so closely linked to this interest.

The Social Life of Ink by Ted Bishop is as much fascinating travelogue as history. Ink has been a critical factor of communication and still is (check your printer) and has a long history of impact on culture. Some of us are old enough to remember the one-upmanship of fountain pens and then the social revolution of the ballpoint pen.

Sarah Recommends:

The Fault in Our Stars by John Green (ages 12+) is a bittersweet tale that will remind

NEW EDINBURGH NEWS

you of what really matters and how beautiful love can be. I highly recommend the newest installment from John Green to anyone seeking wit, wonder and maybe some weeping.

The Mysterious Benedict Society by Trenton Lee Stewart (ages 9+) is a story that epitomizes childhood wonder and innocence, paired with the undeniable courage that comes with it. It is one of the best books I have ever read.



Upcoming Author Events at Books on Beechwood

December 6 (11am-1pm) Guy Thatcher will be in the store signing *Journey of Days* and *Journey of Days Continues* two books chronicling the author's experiences walking the Camino de Santiago and the Camino de Saint-Jacques trails respectively.

January 25, 2015 (5:30pm) Titles@Table40 starts off a new season with Andrew Cohen who will be reading from his new book *Two Days in June: John F Kennedy and the 48 Hours that Made History*. Reservations necessary.

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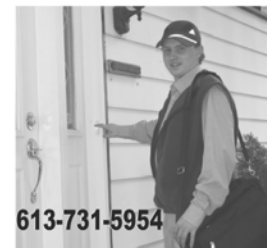


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World-Renowned Photography Exhibit Comes to Ottawa

By **Tori Roberts**

There are places in the world where it is more dangerous to be a woman in conflict than it is to be a soldier. One of those places is eastern Democratic Republic of Congo.

Nestled among lush green hills in central Africa, a serene landscape masks the horrors that have haunted the people of eastern DRC for years. Ongoing conflict and insecurity in the region has ravaged communities and devastated families. Throughout the war, sexual violence has been used as a tactic to oppress and marginalize women. The resulting physical and emotional trauma restricts the freedom of women and girls, while stigma tears at the fabric of their families and communities.

But a group of courageous and resilient women are rising up as activists, survivors, visionaries and leaders. *Beauty in the Middle: Women of Congo Speak Out* presents the story of the conflict in eastern Democratic Republic of Congo and the grassroots efforts by women's activists who have mobilized against incredible odds to end rape, seek justice, and establish lasting peace in their country.

In February 2014, the Nobel Women's Initiative (an Ottawa-based organization) led a delegation of Nobel Peace Laureates, activists and

journalists to the Democratic Republic of Congo to meet women working to bring sustainable peace to the region and end the scourge of sexual violence. Although a peace agreement was signed in 2002, rebel groups, foreign militias and the Congolese army continue to instil fear in the civilians of North and South Kivu. Despite the volatility, women-led movements have emerged, employing innovative strategies to advocate for protection and justice.

Among the people and groups they met in DRC is the *Fond pour les Femmes Congolaises (FFC)*, a women's fund that supports grassroots women's rights organizations to promote and defend the rights of women and girls. Founded and led by fearless activist Julienne Lusenge, the FFC has funded more than 60 projects from over 35 organizations that focus on eliminating sexual violence, delivering empowerment programming for women and girls and providing public health education about HIV/AIDS.

On January 22, 2015, Julienne Lusenge will be bringing a world-acclaimed photo exhibit, *Beauty in the Middle: Women of Congo Speak Out*, to the SAW Gallery Ottawa located at 67 Nicholas Street. The exhibit, which debuted in London at the Global Summit



Photo courtesy of The Nobel Women's Initiative

On January 22, 2015, be captivated and inspired by the stories of women in the Democratic Republic of Congo at the launch of *Beauty in the Middle: Women of Congo Speak Out*.

to End Sexual Violence in Conflict this past June, features the work of award-winning *New York Times* photo-journalist Peter Muller, sharing the heartbreaking and inspiring stories of women affected by the ongoing conflict in Democratic Republic of Congo.

As the centrepiece of the School of Photographic Arts: Ottawa's 2015 Photography Symposium, "The Shrinking World of Photography", The MATCH International Women's Fund, the Nobel Women's Initiative and SPAO

are hosting a vernissage at SAW Gallery on January 22, 2015, to generate support for the Fond pour les Femmes Congolaises. All funds raised from the exhibit will be channelled directly to the FFC to provide critical funding to grassroots organizations working to advance the rights of women and girls in the Democratic Republic of Congo.

This holiday season, share the gift of art and activism with your loved ones. On January 22, 2015, spend an evening being captivated by

the stories of women in Congo and inspired by their journey toward peace and justice at the launch of *Beauty in the Middle: Women of Congo Speak Out*.

Tori Roberts is a student in the Carleton University School of Social Work and has worked alongside both the Nobel Women's Initiative and The MATCH International Women's Fund. To learn more about the event or purchase tickets, please visit: matchinternational.org/events-campaigns.

Rug Hookers Capture 'Art in the Sky'

By **Joan Shouldice**

In October, 13 Ottawa-area rug hookers were busy studying weathervanes in a month-long workshop at the Stanley Park Fieldhouse—a fitting spot as the Fieldhouse has its own weathervane, created by local artist Alex Wise.

Workshop teacher **Pam Langdon** has taught rug hooking here before, offering courses on multi-border rugs, colour, the folk art of Maud Lewis and 3D geometrics.

"I have always loved the movement of these beautiful pieces of art in the sky, and felt they would be perfect rug hooked pieces," Pam says of weathervanes. She researched the subject thoroughly, and shared the history of weathervanes with the class, which dates 5,500 years.

For millennia, weathervanes have been used to show the direction of the wind—important for farmers and for warriors. Popular weathervane subjects have included roost-

ers, horses, fish and birds. Over the years, some weathervane subject matter has been serious, but in other cases, much more light-hearted.

Traditional rug hooking involves pulling up narrow loops of woolen fabric to an even height through a backing such as burlap that is held tight on a frame. Originally, the rugs were hooked by settlers needing to warm their cold floors, and were usually worked in rags. Some old hooks were even made out of bent nails with wooden handles. Many rug hookers now use new materials or work on kits, but others have raised the hooking craft to an art form where anything goes. The colours, feel, and calming repetitive motion have ensnared many devotees.

Pam is a highly organized teacher, employing a broad range of visual aids for students to draw upon—even a manual of her own design. There were books, patterns, magazine articles on hooking, and even patterns from other

crafts such as woodworking. Confident students could draw their own weathervane, but templates were also available. Students planned their own rugs or smaller wall hangings under Pam's expert advice, and were also encouraged to dye their own wool fabric (which she demonstrated) or find suitable yarns or other materials.

The various colours of weathervanes were discussed, and Pam shared dye "recipes". Popular were copper vanes, which turn from orangey copper to a dark rust colour, and eventually to a bright green.

Pam and all the workshop students are members of the Ottawa Olde Forge Branch of the Ontario Hooking Craft Guild. The branch has 55 members, and they meet regularly at Maki House, near Bayshore.

Pam chose the Stanley Park location because of its proximity to her home, and the excellent service she has received in the past from her Fieldhouse contacts **Jill** and **Roger Hardy** and **Paula Pincombe**. Students



Photo by Bill Langdon

A group Ottawa-area rug hookers show off their studies of weathervanes, created during a month-long workshop led by Pam Langdon at the Stanley Park Fieldhouse.

had lots of space, great lighting, beautiful views and good kitchen facilities.

Alexandra Reid of Crichton Street has been rug hooking for three years. But, in her role as a senior interior designer at the federal government, she has been involved with the design of rugs for many years. She found Pam's course a great refresher, looking at proportion and detail, and finding out how weathervanes are constructed.

Stephanie Gatszegi, a long time rug-hooker who attends St. Bartholomew's church, commented on "all the research and in-depth material" Pam brings to the class. Stephanie designed her piece around a fish on the steeple of a church in Lunenburg, Nova Scotia.

Visit ottawarughooking.com to find out more about the Olde Forge Rug Hooking Branch.

In Memoriam



Photo: Louise Imbeault

Mark Anderson and his wife Catherine Lindquist in June 2014. Mark passed away on October 16.

The *New Edinburgh News* team, along with his many friends, acquaintances and colleagues in the community, were deeply saddened by the recent death of Crichton Street resident **Mark Anderson**, who died on October 16 after a lengthy struggle with cancer. Mark was the beloved husband of **Catherine Lindquist**, a well-known and much admired presence in our neighbourhood, where she has been an active and energetic member of NECA's Board of Directors, and deeply engaged

in the future development of the Beechwood corridor. We extend our sincere sympathies to Catherine, and to Mark's extended family on the painful loss of a much-loved figure in their lives.

Mark was widely admired in the journalistic community as an award-winning literary journalist specializing in a broad range of topics from business to geographic, outdoor and nature writing. He was a long-time columnist with the *Ottawa Citizen*, and a regular contributor to such well known publi-

cations as the *Financial Post*, the *Ottawa Business Journal*, *Canadian Business*, *FP Business*, *Report on Business*, *Canadian Wildlife*, *Canadian Geographic*, *Outdoor Canada*, *Explore Magazine*, *Cottage Life* and *Ontario Nature*.

In addition to his own impressive journalistic accomplishments, Mark was a highly regarded instructor and mentor at Algonquin College's School of Journalism, serving as an inspiration to his students, and

sharing both literary advice and wise counsel on the secrets to building a career in this challenging profession.

Mark's journalistic accomplishments were matched by his award-winning skills as a fly-fisherman, an intensely competitive field in which he garnered a host of medals in international competitions, culminating in the receipt of a Lifetime Achievement Gold Medal at the 2014 Canadian Fly Fishing Championships.

Our thoughts are with Catherine at this difficult time, and hope that there may be some small consolation from the support and sympathy of her community, to which she has so generously contributed her time and talents. Those wishing to pay tribute to Mark's life are welcome to consider a donation to the **Algonquin College Foundation's Mark Anderson Memorial Bursary** via CanadaHelps.org.

The benefits of Ottawa's regulated taxis

An open letter to Ottawans,

Ottawa's taxicab companies have been serving Ottawans for over 50 years. You have relied on us to get you to where you want to go at all hours of the day and in all kinds of weather. We thank you for your loyalty and trust in us. We are working hard to earn your continued confidence.

When you get into an Ottawa taxi, you can expect a safe ride and to be sure that you're in the hands of a trained, professional driver who is adequately insured and who will charge you a fair price. Being responsible for the safety of passengers is always a tremendous responsibility, and it's our number one priority.

Unregulated car for hire services have started to operate in Ottawa. Operators of unregulated cars for hire are flouting Ottawa's taxicab bylaw and provincial transportation laws. Before getting into an unregulated car for hire, here are three things you should know.

Ottawa's taxis are safe

Ottawa's taxi industry is regulated to ensure the safety of individuals, families and the communities we serve. Our vehicles meet all safety requirements; drivers are fully-trained and submit to enhanced criminal record checks. Our cars are equipped with state-of-the-art tracking systems and emergency features that protect passenger safety.

Ottawa's taxis are secure

When you ride in a taxi, know that you're fully covered should an incident occur. Full commercial carrier insurance is only available to licensed taxi operators and it protects everyone in the unlikely event of an accident including the driver and passengers as well as cyclists, pedestrians and other motorists.

Ottawa's taxis provide value

No matter who you are, or where you need to go, you can expect a taxicab to take you to your destination for a fair price. The prices of a taxi ride are set by the City of Ottawa to ensure that our taxis are safe and secure and, that the hard-working men and women who drive taxis can earn a fair wage. There are no 'surge charges' or other surprise costs; just the published metered fare.

Before you get in an unregulated car for hire, think!

Make sure you understand the risks of using an unregulated car for hire service. Is the car safe? Is the driver fully trained? Will you be insured should an accident occur? Are you getting a fair deal? Is there a number you can call to speak to management?

Next time you need a taxi, please call or hail a taxi. You can even use our convenient mobile app which you can down-load at www.Ottawataxiapp.ca to book your safe, secure ride with one of Ottawa's regulated taxi companies.

Christmas and Advent Services

Below is a listing of the numerous churches in the area that will be offering Christmas and Advent services. Contact them for the most current schedule:

ST. COLUMBA ANGLICAN CHURCH
24 Sandridge Rd 613-749-5103 stcolumbaottawa.ca
Sunday Dec 21-9:30 am: All ages impromptu Christmas pageant.
Christmas Eve, Dec 24-4 pm: The Christmas Story with Carols; 9pm: Candlelight Holy Eucharist.
Christmas Day, Dec 25-9:30 am: Holy Eucharist.
Sunday, Dec 28-9:30 am: A Festival of Carols and

Lessons for Christmas.

ST. BARTHOLOMEW'S
125 Mackay St. 613-745-7834 stbartsottawa.ca
stbarts@on.aibn.com
Dec. 21-8:15 am & 10:30 am with Children's Christmas Pageant

Dec. 22-7:30 pm Celtic Christmas Music followed by a Traditional Wassail
Dec. 24-4 pm Family Service & 7:30pm evening service
Dec. 25-10 am

MACKAY UNITED CHURCH
MacKay St. at Dufferin Rd. 613-749-8727
mackayunitedchurch.com
admin@mackayunitedchurch.com

ST. JOHN EVANGELICAL LUTHERAN CHURCH
270 Crichton St. 613-749-6953 stjohnlutheran.ca
stjohnlutheran@bellnet.ca

ST. LUKE LUTHERAN CHURCH
326 Mackay St. 613-749-1731 saintlukelutheran.ca
office@saintlukelutheran.ca

ST. ANDREW'S CHURCH
82 Kent (at Wellington) 613-232-9042 standrewsottawa.ca
office@standrewsottawa.ca





2014-15 Winter Program Highlights

Just as the first snowflakes hit the ground this past week, we at Nectar have been busy preparing our winter programming. Whether you enjoy brisk walks on crisp winter days, listening to choir music or brushing up on your dance moves, Nectar is home to memorable experiences and wonderful people. We offer a full range of classes and activities for everyone from toddlers to seniors. The following are just a few highlights from our 2014-15 winter guide that will be available the first week of December.

PARTY VENUES

If you're looking for a great location to host your holiday family or staff party, consider one of Nectar's three venues. We can accommodate intimate gatherings of 20 to dance parties for up to 200 people.

NECTAR GIFT CERTIFICATES

Don't forget to include Nectar gift certificates on your holiday shopping list. Available in denominations of \$25, \$50 and \$100, they can be applied towards any Nectar-organized class. Drop by 255 MacKay Street or visit our new, easy-to-use website at nectarcentre.ca to learn more.

Best wishes for a wonderful winter and a great holiday season.

Sean

Sean Flynn
Chair

THAT'S LIFE FIGURE DRAWING EXHIBIT AND VERNISSAGE

Annual figure drawing and painting exhibition.

ARTIST: Various
EXHIBITION: December
VERNISSAGE: Sunday December 7
2 – 5 pm

NECTAR CHOIR CONCERT

An invitation to friends, families and neighbours to come and experience our community in song. This festive concert will feature a variety of seasonal music to please all tastes. Please join us!

FEE: Free
TIME: Monday December 8
7:30 – 8:30 pm
LOCATION: 255 MacKay
Community Room

WINTER HOLIDAY PARTY

We welcome friends and family to join the Nectar crew for food, festivities, fun and games.

FEE: Free
TIME: Saturday December 13
5 – 10 pm
LOCATION: Memorial Hall

BALLROOM DANCE CLASS

This series of classes will tackle the basics in three dances; Waltz, Cha Cha, and Swing. Although we cannot guarantee a partner in the class, single registrations are welcome.

INSTRUCTOR: Murray Carter
FEE: \$60 per session (No drop-in)
TIME: Thursdays Jan. 8 – Feb. 12
(6 wks) 8 – 9 pm
Thursdays Feb. 19 – Mar. 26
(6 wks) 8 – 9 pm

PD DAY CAMP

Join the fun at Nectar Centre PD Day Camps. Featuring a full day of arts, sports, games and a variety of activities. Participants provide their own lunches.

FEE: \$40 per child
TIME: January 16 and February 13
8:30 am – 4:30 pm

GRAFFITI AND T-SHIRT DESIGN (AGES 11 – 16)

Creativity Crew brings you a fantastic art class for tweens and teens. Notice how the coolest t-shirt logos can influence you with a creative message? This art class will teach you how to write in graffiti style lettering and also how to design and print your own t-shirt logo as you learn how to become the latest teen t-shirt designer and inspiration to many! (T-shirt not included)

INSTRUCTOR: Shayna Tate
FEE: \$120
TIME: Mondays Jan. 26 – Mar. 23
(8 wks) 5 – 6 pm

NORDIC WALKING

With 15 years of experience, Nina LePage will take your neighbourhood walks to another level using Urban Poles. Learn to get the maximum benefits of walking with poles while taking in beautiful outdoor scenery. Each walk includes strengthening exercises, interval training and deep stretch. Nina is a certified Urban Poling & CanFit Pro instructor with a background in aerobic fitness. For all levels. Poles can be purchased through Nina.

INSTRUCTOR: Nina LePage
FEE: \$120 or Drop-in: \$12/class
TIME: Fridays, Jan. 9 – Mar. 27
(12 wks) 9 – 10 am

visit nectarcentre.ca to register for our winter programs



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Porch Lights and Door Locks: Two Easy Ways We Can Improve Community Safety

By Liba Bender

It really is a never-ending cycle... break-and-entry that is. Just because one person was caught stealing up in Rockcliffe Park last month

doesn't mean it will stop. It won't.

In New Edinburgh, in mid-November, two more cars were entered into in the vicinity of the lanes closer to Sussex. These perpetrators are getting much better at their craft too. There were no signs of entry; no broken glass. Just what are these people looking to find?

- Money/small change left in the ashtray or glove compartment.
- Items of value left accidentally in haste (phones, purses, keys, etc.).
- Papers of ownership/regis-

tration or other things left in the glove compartment that could be used for identity theft.

- A quiet place to sit and do what ever they want in your personal space.

It is all rather frustrating, for sure. And do not for a second think it is only poor vagrants that are doing this. In some cases the culprits are bored youngsters, who have homes, and who have nothing else to do with their time.

So, how might we protect our cars and personal effects in our garages or homes? Please be diligent in continuing or starting to do the following:

- Leave porch lights on at night and if possible park your car in view of lights or your doors and windows.
- Display a Police sticker in your car window that says "ALL VALUABLES REMOVED", in both English and in French.
- Be sure to lock your car. Do NOT leave valuables in the car. This is an open invitation.
- Park your car in your garage,

if possible. Lock the garage. Lock the house entrance that is connected to the garage.

Also remember to report any suspicious activity to the police. Yes, getting the report activated and a case report number is time consuming, but the police must have facts to do their jobs. Share information with your neighbours on the electronic mail systems that each neighbourhood has set up. And most importantly, talk to your neighbours and get to know them.

The majority of thieves operate during the daylight hours. But surely, this car entry problem is a continuing issue. It happens all over the city. I know this is not much comfort!

In Vanier, the neighbours there have been increasingly involved in their neighbourhood watch activities and they have actually changed things. They have gotten so many people involved in turning porch lights on. It is amazing. Why can we not do it in the Burgh? Tonight, turn your porch light on. You do make a difference in our safety!

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By Basia Walczak

On Sunday, January 25, 2015, at Mackay United church at 2 pm a group of accomplished young Ottawa musicians warmly invite you to their ninth annual fundraising concert for the Peaceful Children's Homes in Cambodia. "In Concert for Cambodia" will be hosted by the distinguished Ottawa cellist and artistic director of Music and Beyond, Julian Armour, and will take place under the honorary patronage of the renowned Canadian pianist, Janina Fialkowska, O.C.

"In Concert for Cambodia" will feature accomplished young musicians from the University of Ottawa, including national-level performers and competition winners. The program will include violin, cello, and harp, as well as chamber ensembles. Through their participation in this initiative, these young Ottawa-based musicians are giving their time and talent in support of homeless children and young people in Cambodia.

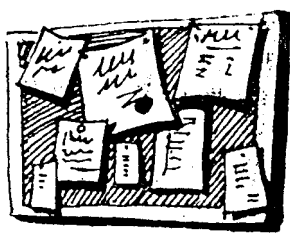
The Peaceful Children's Homes, located in Kandal Province and Battambang, Cambodia, were created in the 1990s as a refuge for children either orphaned by the Khmer Rouge, or returning from refugee camps in Thailand. Today, they provide a permanent and nurturing environment to 130 children who were homeless, abandoned or rescued from the

street or sex trade. The children are encouraged to learn traditional Khmer dance and music; they attend local schools and, through a revolving educational fund, go on to technical or university studies. The underlying principles of these homes are to promote compassion, ethical behaviour and self-reliance.

Since 2006, "In Concert for Cambodia" has raised approximately \$30,000 for the Peaceful Children's Homes. The funds are directed towards the children's educational and basic needs; providing rice, seeds and tools to allow them to grow their own food; and facilitating the installation of solar panels. This ongoing support has created a meaningful link between the young musicians in Ottawa and their counterparts halfway round the world.

We invite the community to support this worthwhile initiative and to enjoy an afternoon of exceptional music, followed by refreshments and a silent auction. Tickets can be purchased at Books on Beechwood (35 Beechwood Avenue) or at the door (children/\$5, students/\$10, adults/\$20).

Basia Walczak is a fourth year student at the University of Ottawa, studying law and music. For further information about the concert, please contact: basia.walczak@hotmail.com; or visit inconcert4cambodia.wordpress.com.



Burgh Bulletin Board

December

On until December 9-International Digital Miniprint Exhibition Centre d'artistes Voix Visuelle, 2nd floor. 67 Beechwood Ave. 613-748-6954; voixvisuelle@gmail.ca. Tuesday-Saturday, 11 am-4 pm. François Chalifour curates the 9th edition of the International Digital Miniprint Exhibition, exploring the theme of draped fabric and its place in contemporary digital art. In collaboration with MET gallery, Budapest.

December 4-A Charlie Brown Christmas Dominion-Chalmers United Church, 355 Cooper St. \$35. 7 pm. ottawajazzfestival.com Celebrate this special time of the year with *A Charlie Brown Christmas*, featuring original soundtrack band member Jerry Granelli. Part oral history, part concert, and part screening of the Christmas classic with musical accompaniment, including the Cross Town Youth Chorus.

December 6-A Christmas Carol Ottawa Little Theatre, 400 King Edward Ave. ottawachildrensfestival.ca \$18/adults, \$12/children 12 and under. 1 pm. The Ottawa International Children's Festival presents Dufflebag Theatre's hilarious and audience-interactive rendition of Charles Dickens' "A Christmas Carol". There will also be mystery presents, a

raffle and more!

December 6-Mayor's Christmas Celebration Ottawa City Hall, 111 Laurier Ave W. ottawa.ca. 2-6 pm. Admission: a non-perishable food donation. Ottawa Mayor Jim Watson invites families to the Mayor's 14th Annual Christmas Celebration, in support of the Ottawa Food Bank. Meet Santa and Mrs. Claus, make a craft, go ice-skating on the Sens Rink of Dreams, plus other fun activities and treats.

December 6 & 7 Ottawa Tea Festival Library and Archives, 395 Wellington St. Dec 6 and 7, 11 am-5 pm. \$12 in advance; \$15 at the door. ottawateafestival.com Enjoy free tastings of teas from different regions. Teas also available for purchase. Sign up for exciting workshops. Performances by Indonesian Gamelan Semara Winangun, Gharana Arts, Darpan dancers, Djernan dancers, The Rythm Room, a Taiko drummer and more. A free Children's Tea Party will take place on the first day, with donations to be collected for the Candlelighter's Cancer Support Program.

December 7-Locavore Artisan Food Fair Encounters With Canada, 1805 Gaspé Ave. 10 am-3 pm. 613-265-3718; ottawalaff.ca. Don't miss this delicious foodie event, featuring all your favourite local food merchants in one place. Don

Chow and Jennifer Lim will introduce their new book *Ottawa Food: A Hungry Capital* and the magazine *Edible Ottawa*. There will also be a silent auction.

December 7-Twice Upon a Time fundraising concert Trinity Anglican Church, 1230 Bank Street. Holiday treats at 3 pm, concert starts at 4 pm. \$15; free for children under 12 years. info@twiceuponatime.ca; twiceuponatime.ca Twice Upon a Time: Free Books for Ottawa Kids will be holding a fundraising concert featuring seasonal favourites performed by Voices in Harmony (formerly the Orpheus Choral Group).

December 11-Help Lesotho's 10th Anniversary Canadian Museum of Nature, 240 McLeod St. 5:30-8 pm. Tickets: \$125 (tax receipt \$85) Celebrate Help Lesotho's 10th anniversary. The evening will spotlight our amazing donors and supporters who make it possible for us to reach more than 10,000 beneficiaries each year. Hon. John Manley will MC. Our special guests from Lesotho are Queen Masenate and Princess Senate of the Kingdom of Lesotho 'M'e Makatleho, grandmother, and Felleng, 16-year-old GIRL4ce leader.

December 14-Christmas with the Vyhovskyi Strings Mackay United Church, 39 Dufferin Rd. 7 pm. Freewill donation at the door in support of Mackay United Church and the Ottawa Food Bank. mackayunitedchurch.com; 613-749-8727. The Vyhovskyi Strings (a youth violin ensemble from the Ottawa area) invites you to a fun-filled evening of Christmas music favourites, followed by a Christmas

Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

Dog/Cat Walking And Sitting Your house plants are also safe with me!. Emergency and regular daily walking. References. Liba Bender: 613-746-4884.

Indoor/Outdoor parking spaces required ASAP in New Edinburgh / Beechwood / Vanier / St Patrick Area. Please call 613-762-8872.

bake and craft sale (including jewelry and knitted goods) after the concert.

December 20-Cricket Club Award Night & Party 2768 Grand Canal Street. 6 pm. Tickets include dinner and pop: \$10/member, \$5/partners. Free for children. RSVP: necc-exec@googlegroups.com The New Edinburgh

Cricket Club Ottawa hosts its Awards Night and Christmas Party, featuring traditional awards such as Best Batsman/Bowler (for each division), Spirit of Burghs, and Hall of Fame. We'll also be handing out a special "Players Choice" award, as voted by those in attendance. We'll also play the Chinese Gift Exchange game.

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Wishing you and yours a happy and healthy year to come. Thank you kindly for all your business and referrals again during 2014. I look forward to working together in the years to come.

Meilleurs vœux de bonheur et de santé à vous et aux vôtres pour l'année prochaine. Je vous remercie d'avoir fait affaire avec moi et de m'avoir recommandé vos proches au cours de l'année 2014. J'espère avoir le plaisir de travailler avec vous dans les années à venir.



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Welcome



St. Bart's church recently welcomed **Timothy Piper** as its new organist and music director. Timothy is an accomplished organist, composer and choir conductor who founded and directed the Girls' Choir of Christ Church Cathedral throughout its first decade. He is well known and much loved in the Christ Church Cathedral community, where he brought to bear his extraordinary musicality and personal magnetism and warmth to build the Girls' Choir from the ground up, transforming what began as a struggling group of young novice singers into an outstanding choir which continues to perform at a high level of excellence. The clergy, choir and congregation of St. Bart's can look forward to some splendid music in the months ahead under Timothy's musical direction.

Congratulations



Artist **Gordon Harrison** (whose studio is on Rideau Terrace) won first prize at the prestigious national painting competition *Rêves d'Automne* in Baie-Saint-Paul, Quebec, for his collection "Charlebois en blanc". Gordon was one of

140 artists at the competition.

Stanley Avenue residents Jane and Ralph Heintzman are delighted by the recent election of their niece, **Patricia Heintzman**, as Mayor of Squamish, British Columbia. Patricia has been a popular and energetic councillor in Squamish since 2005, and this year took the plunge to enter the mayoral race on a platform calling into question the economic and environmental wisdom of a proposed LNG production and export facility in Howe Sound, just south of the town of Squamish. Patricia's election will undoubtedly inspire many lively Heintzman family discussions over the next four years.

Hurrah for "Jack Straw"

The Linden House Theatre Company put on a successful series of performances of Somerset Maugham's comedy *Jack Straw* in late October and early November at the Elmwood Theatre.

Get Well Soon

Two stalwart members of the NEN team have each undergone surgery recently. Photographer **Louise Imbeault** had successful gallbladder surgery in late September (a full account of this medical adventure is on page 22), while associate editor and senior writer **Jane Heintzman** is recovering from knee surgery that took place on Nov. 5. Best wishes to both Louise and Jane for a speedy recovery, and we hope to see them walking around the neighbourhood soon!

Thank You!

A special thank you goes out from the NEN team to **Marie Mullaly**, who stepped in as photographer for this December issue. Marie offered her skills just as our staff photog Louise Imbeault was facing a period of recovery from surgery. Marie rose to the task and

worked hard to document all the fine businesses and people in our neighbourhood. Thank you, Marie!

Condolences

Our thoughts and condolences go out to NEN production manager Dave Rostenne, his wife Pia Kauri and their family as they cope with the recent death of Pia's mother, **Tiiu Kauri**. Tiiu was an adventurous microbiologist and an avid traveler, never missing a trip to the south during the winters. She loved music, gardening and spending time with her friends and family. Tiiu was also an avid reader of the NEN and never missed an edition, according to Pia. She will be missed.

C'est avec tristesse qu'on annonce le décès de **Manuel Cardoso** le 10 octobre 2014. Nous envoyons nos condoléances à son épouse Gloria et à toute la famille.

Miscellaneous

Giant Art for Junior School

On Nov. 6, Elmwood students collaborated with land artist **Marc Walter** over the past two months to create sculptures on behalf of each grade. Marc's art is site-specific and focused on the environment and materials from nature (top photo).

Bazaar Season

St Bartholomew church's annual bazaar took place on Nov. 8. Mayor Jim Watson was on hand to greet guests, the volunteers and the community. There were plenty of Christmas shoppers pleased with the wide variety of items on offer, from gifts to attic treasures, books, baking, jams and jellies, jewelry, toys and games, the Christmas table and knitting. The Tea Room was always full, and is well-known as being one of the finest on the Christmas bazaar circuit. The proceeds from the Bazaar go towards the work of the church, as well as Bales for the North, the Cornerstone Women's Shelter and St. Bart's mission to the Garry J. Armstrong Centre for long-term care. We thank our guests for supporting us and our superb volunteers who devoted hundreds of working hours to make the 2014 Bazaar the best ever! And special thanks to our sponsors for their generous support: A.J.'s Catering; Governor's Walk Retirement Residence; New Edinburgh Square; The Edinburgh Retirement Residence and The Rockcliffe Retirement Residence.

—Elizabeth Heatherington



Photo courtesy of Lindsay Germano

Grade 10 students Sheetza McGarry (left) and Emily Bangsboll celebrate the installation of a wishbone art sculpture at the entrance of Elmwood's Junior School entrance.



From left: Robin Bowditch, Kurt Shantz and Janet Uren as three-quarters of the Parker-Jennings family in "Jack Straw".



Photo: David Rostenne

Nectar hosted the second of their "Food Talks" at the Sconewitch on Beechwood on Nov. 13. Jodi Samis, owner of Ottawa's premier spice shop Cardamom & Cloves, offered warming tales of spices and recipe ideas.



Photo courtesy of Elizabeth Heatherington

Mayor Jim Watson greeted guests arriving at the St. Bart's bazaar on November 8.