### October 2017

# NEW EDINBURGH NEWS

### www.newedinburgh.ca

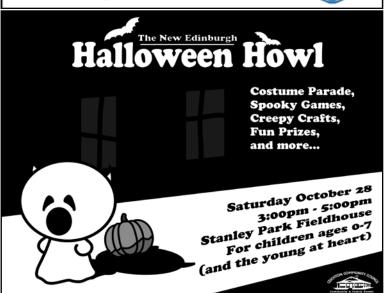
### **NEW EDINBURGH COMMUNITY ALLIANCE**

Annual General Meeting

Wednesday, October 25 at 7 pm St. Bartholomew's Church

Meet friends, ask questions, join us for refreshments. All New Edinburgh residents welcome.





# Residents at Site 5c demand City build noise barrier as promised

#### By Joe Chouinard and Sean Flynn

Drilling and blasting have been underway at three sites in New Edinburgh during the summer months: one at the intersection of Queen Victoria Street and River Lane (Site 5c) and two (Sites 5a and 5b) within Stanley Park proper. These are all part of the City of Ottawa's Combined Sewage Storage Tunnel (CSST) project.

The community knew there would likely be unforeseen problems with a complex, three-year project like the CSST. However, the preparatory work for the heavy construction to come is only a few months old and many

problems are cropping up.

Community monitoring is now focused on mitigating the project's health and environmental effects - efforts best described as very frustrating, By Ruth Bankey and when compared to the City's much-touted public engagement and consultation policy. Meetings that should be mailbox? We hope you did! consultative are "information This is a survey concerning sessions," where residents are the potential health impacts told what will likely be happening to them.

The current standing of the CSST in the eyes of in Stanley Park. many New Edinburgh residents (particularly those work on Stanley and Queen

Continued on page 6



Photos by Natasha Cappon and Christina Leadlay

New Edinburgh's Sept. 1 Thomas MacKay Day community party was a family-friendly event, with well over 100 neighbours joining the street party. Thanks to all who came and helped make it a big success!

### Demolition of Jacobson's building on hold

#### **By Jane Heintzman**

An earlier application by Takyan Development and Consulting to replace the modest shack at 143 Putman St. with a mixed-use commercial/residential development has now been dropped in favour of a much more ambitious plan. Takyan's original application was profiled in the October 2015 edition of the New Edinburgh News. The new 2017 application proposes to consolidate the adjacent lots on Putman and at 137 Beechwood Ave. to create a new six-storey, mixed-use project featuring retail and commercial (restaurant) enterprises at ground level, and residential units above.

Among the most controversial aspects of the proposal is the demolition of the red brick building that is currently home to Jacobson's Gourmet Concepts, a longrunning landmark in the community. Details on the project are available on the City of Ottawa website at app01.ottawa.ca (Search Development D07-12-15-Application 0103), or contact City Planner Andrew McCreight at 613-580-2424 x 22568 or andrew. mccreight@ottawa.ca.

In a nutshell, the current Takyan proposal envisages:

- demolition of both buildings on the consolidated site (143 Putman and 137 Beechwood);
- construction of a new sixstorey development with two commercial units at ground level, one restaurant and one "mercantile occupancy," and 20 residential units on the upper floors, including bachelor, one-bedroom, twobedroom and three-bedroom units.
- four parking spaces (a "minor variance" from the current requirement of five);
- use of local materials such as brick masonry, stone veneer, red brick and cement "to help the development fit

into the current neighbourhood character"; and

• an outdoor patio attached to the building, located in the Putman corner yard.

The Takyan application has attracted plentiful comment from area residents, much of it focused on the proposal to demolish the venerable red brick building which has housed Jacobson's for the past decade. While the site is listed on the City's Historical Reference List, it does not currently have a formal heritage designation under Part 4 of the Ontario Heritage Act, which would provide a buffer (though not a guarantee) of protection against demolition. In response to community concern about the possible demise of the building, City Councillor Tobi Nussbaum has asked the City's heritage planners to undertake a review of the property to determine whether it meets

Continued on page 16

### Studying the health impacts of CSST

### Marta Klepaczek

Did you recently get an envelope with a survey in your of the Combined Sewage Storage Tunnel (CSST) construction, presently underway

The CSST is part of the Ottawa River Action plan to most directly affected by the help mitigate the amount of sewage runoff into the Ottawa River, in the hope that this

will improve river water and environmental quality.

What you may not know is that when the city assessed the impact of the CSST construction project at Stanley Park, they used four evaluation categories: technical, environmental, social and economic. What was not directly used as an evaluation criterion was the potential impact of the CSST construction on human health and well-being.

The CSST project involves substantial excavation of soil/bedrock, tunnelling and transport of all debris/muck over a projected period of 30 months or more. The impact of prolonged stress, uncertainty, noise, vibration, trucking and potential release of dangerous particles into the air is unclear. Therefore, the impact of the construction on the health and quality of life of residents in and around the New Edinburgh and Lindenlea area is unknown – this is problematic.

In order to better understand

Continued on page 8

# Join us for NECA's annual general meeting October 25



Cindy Parkanyi NECA President

Normally, summertime is a fairly quiet time of year for the Board of the New Edinburgh Community Alliance (NECA). This summer, however, has been the exception. From the addition of a July board meeting, to participation throughout the summer in Combined Sewage Storage Tunnel (CSST)related meetings and activities, to hosting the *first* ever Thomas MacKay Day summer barbecue on September 1, it has been a busy time. And the fall is shaping up to be just as busy!

### AGM and Community Vision for the Park

NECA's Annual General Meeting (AGM) will take place on **Wednesday**, **October 25**, beginning at 7 p.m. at St. Bartholomew's Parish Hall. We are always looking for fresh faces to join our ranks, either as a board member, or to volunteer with specific projects or activities. If you are interested in joining the NECA Board, please contact me at cparkanyi@yahoo.ca.

As mentioned in the June edition of the *New Edinburgh News*, NECA is looking to begin work on developing a comprehensive vision and plan for New Edinburgh's park, based on community and stakeholder input and consultation. The time is right for this kind of endeavour, as the community will soon be asked to weigh in on various post-CSST reinstatement undertakings.

This is also our opportunity to get ahead of the curve on

various aspects of our muchloved park; issues such as safe multi-use pathways, flood protection, traffic and safety around the park, use of the Fieldhouse, ice-clearing damage reduction, tree planting and other greenspace improvements, among others. Rather than looking as each aspect in isolation, we feel it is the right time to take a broader, more holistic approach by defining the community's vision for the park.

At a facilitated session directly following the AGM on October 25, residents will be invited to provide their initial input to the park vision by exploring who uses the park and why, identifying what they love about the park as well as where they feel improvements might be worth considering. One specific outcome will be to identify the overarching principles that community volunteers and other stakeholders will need to consider as they develop a draft long-term vision for the park. We also want to identify possible near-term improvements for further community

consultation.

### Delays and undelivered commitments

As many residents will have already noticed, the CSST project is inexorably moving forward, albeit at a much slower pace than original City plans had indicated. And while communications with the community have improved (through the Construction Community Monitoring Committee, weekly construction meetings, email alerts, etc.), the City has not delivered on a number key commitments related to mitigation-most significantly regarding noise barriers and dust suppression. Given that the project is only just getting started, this does not bode well for the longterm impacts to our residential hamlet. One bright spot has been the traffic-related improvements along Stanley Avenue – including improved cycle routing and signage spearheaded by local resident Jeff Smith. For more specific information on the CSST and current challenges, turn to page 1.

#### Two surveys this fall

ACtION health study: A health study that will survey residents 1.5 km east of the CSST construction at Site 5 to evaluate and document health impacts of this urban drilling project is now underway. The study aims to provide valuable data regarding potential

impacts to health and quality of life on nearby residents.

Residents who fill out the Health Study Questionnaire will have the option of leaving it in a sealed envelope in their mailbox for pickup, delivering it to the mailbox at 106 Stanley Ave., or contacting actionstudyottawa@ gmail.com to arrange to have the survey picked up. The 15-minute questionnaire will be repeated at roughly sixmonth intervals to reflect how residents are affected over the span of the CSST project. All results will be confidential. For more information on the Health Study, please see the article starting on page 1.

**Community needs survey:** Volunteers soon will be going door-to-door to gather input from community members on their current and future community recreation and programming needs. The results of this survey will help all three community associations (NECA, NECTAR and the Crichton Community Council) to plan for the future based on a clearer understanding of community needs. Don't miss this opportunity to ensure that your voice is heard with respect to programming in the community. If you have questions, or would like to volunteer to canvas, please contact Phil Nowotny at penowotny@ vahoo.com. For more information and a URL for the online survey, see page 30.

### Call for nominations to NECA's Board

We have a great neighbour-hood and it takes some care and attention to protect the quality of life that makes it so special. That's where the board of directors of the New Edinburgh Community Alliance (NECA) comes in.

If you or someone you

If you or someone you know wants to help us address issues in our neighbourhood, or has great ideas to improve it, we want to hear from you.

NECA has been involved in such specific issues as planning Beechwood development, working to get Fieldhouse construction approved and started and fighting construction of the Vanier Parkway extension. However, few of our achievements have come easily and all have taken the time and effort of a number of people. Consider whether you can spare some time to

get involved and join the board.

Nominations are open from now until the evening of the **Annual General Meeting** on **Oct. 25 at 7 p.m.,** but we encourage nominations in advance, please. If you are interested, please contact NECA president Cindy Parkanyi at **cparkanyi@yahoo.ca.** 



### **Deadline**

for the next issue of the New Edinburgh News

November 10

### **Your NECA Representatives 2016-2017**

Sylvain Bélanger sylvainbelanger@rogers.com

Ted Bennett Treasurer, ted.bennett808@gmail.com

Roslyn Butler Secretary, 613-746-8037, butlerroslyn2@gmail.com

Natasha Cappon natashacappon@gmail.com
Joe Chouinard joechouinard@aol.com

Matt DeWolfe president, Crichton Community Council, mndewolfe@yahoo.ca

Ann Davis adavis@ucalgary.ca

Sean Flynn Chair of NECTAR, sflynn@gmail.com

Jennifer Irwin Jackson Communications, 613-862-8777, jirwin-jackson@elmwood.ca

Gail McEachern Heritage & Development, gailmceachern@rogers.com

Philipp-Clemens Nowotny pcnowotny@yahoo.com

Cindy Parkanyi President, 613-745-8734, cparkanyi@yahoo.ca

Santiago Reyes srb0753@gmail.com

Ex officio:

Christina Leadlay New Edinburgh News, 613-261-0442, newednews@hotmail.com

### **NECA Meetings - All Welcome**

The NECA board meets nine times a year, normally on the **third Tuesday of each month** at **8:00 p.m.** No meetings in July, August, or December. During October, NECA holds its annual general meeting (AGM) and a regular board meeting.

Meetings will be held at the **NECTAR Centre**, **255 MacKay St.** Meetings are open to all New Edinburgh residents. Anyone wishing to make a presentation to the board should please contact Cindy Parkanyi in advance to arrange scheduling. Our next meetings are:

Tuesday, October 17, 8 p.m.

Tuesday, November 21, 8 p.m.

Any changes to this schedule will be posted in advance on the New Edinburgh website, **newedinburgh.ca**.

### New tenant at 50 Sussex supports NCC plan for 'tavern by the falls'



The NCC is considering a café overlooking the waterfalls at 50 Sussex Dr.

#### **By Jane Heintzman**

The National Capital Commission (NCC) exploring the possibility of creating an outdoor café at 50 Sussex Dr., the new headquarters of the Royal Canadian Geographical Society (RCGS). The patio space would be located behind the building, overlooking the Rideau Falls and Ottawa River. The concept would be similar to Tavern on the Hill, the café and patio in Major's Hill Park. The small-

operate from early summer to late fall, offering fresh food such as lobster, seafood, oysters and paninis, prepared on an outdoor grill.

The décor is to feature ecofriendly, low-wattage Edison bulb accent lights and patio seating with an awning. There are also plans for seasonal entertainment such as live jazz several times a week, but the NCC anticipates that general noise levels will be low. Most patrons will likely be local residents and governscale, licensed facility would ment employees, along with

tourists arriving on foot or by bicycle. Additional bike racks are in the plans and for special events, the NCC hopes to partner with properties to the south of site to provide temporary parking.

The RCGS is fully supportive of the idea and is currently collaborating on the plans with the NCC. The Society hopes to hold public events in the patio space, depending on the seating capacity of the completed facility. Stay tuned for more news on the project next spring.

### Letter to the Editor

# All road users need to pay attention, follow rules of the road

Last week, while cycling along a bike path, I was struck by an oncoming cyclist and I crashed. He was riding quickly downhill abreast of another cyclist, around a blind corner on my side of the path when we collided. Somehow he managed to stay upright and escaped injury. I went down on my shoulder and fractured my collarbone and two ribs.

I have been a careful cyclist for many years. I am also a self-employed dentist and the father of two children. I required surgery and I am now faced with a lengthy recovery process, a loss of continuity of care for my patients, loss of income and uncertainty about my ability

to continue to practice dentistry. All because of someone else's carelessness.

The collision could have been prevented if they had simply followed the rules. I see transgressions such as this and much worse, on a daily basis. Although bicycles are vehicles and therefore subject to the rules of the road, most cyclists do not operate their bicycles as such. Instead, they blatantly ignore traffic laws and ride in a haphazard fashion. This unpredictability is irresponsible and reckless.

Whether as cyclists, motorists, runners or pedestrians, we are all a split-second away from a personal catastrophe. How many of us go about our

day wrapped up within our selves and unaware of our surroundings? Or distracted by our cell phones? How many of us step off a curb without looking? Or jaywalk? Or disregard traffic signs and signals? All of these actions carry risk and the potential for injury to ourselves and others. There is unseen danger around every corner and we are all vulnerable.

I urge each of us to simply pay attention and follow the rules. Let's try to stay out of harm's way.

John Martins, DDS *Martins* + *Prud'homme* Dentistry 200 Beechwood Ave.

### NEW EDINBURGH NEWS

255 MacKay St., Ottawa, ON K1M 2B6

**Publication dates:** Oct. 1, Dec. 1, Feb. 1, April 1, June 1 **Deadlines:** Sept. 10, Nov. 10, Jan. 10, March 10, May 10 Publisher: New Edinburgh Community Alliance

**Advisory Committee:** 

Carolyn Brereton Roslyn Butler Brian Gallant Jane Heintzman **David Horley** Gemma Kerr Cindy Parkanyi Dave Rostenne

Jim Watson

**Managing Editor** Christina Leadlay

> 78 Wurtemburg 613-261-0442

newednews@hotmail.com

**Associate Editor/ Senior Writer** 

Jane Heintzman 613-741-0276

janeheintzman@hotmail.com

Advertising Manager Brian Gallant

613-745-3585

nen-ads@hotmail.com

Photographer/ Writer Louise Imbeault

613-741-3292

louise.imbeault@live.com

**Production Manager** Dave Rostenne

Bookkeeper Nicholas Galambos

Distribution Manager Karen Harrison

karen.g.harrison@gmail.com

**Proofreaders** Adrienne Blair

Philippa Wolff

Submission Guidelines: Articles, photos and letters to the editor may be submitted to the editor. The editor reserves the right to edit for length, content and legal considerations. Submissions selected for publication will be published in both a hardcopy and an electronic version. Letters to the editor must include the writer's name, address and phone number to be considered for publication.

The New Edinburgh News (NEN) was established as a nonprofit community newspaper in 1976 and is published five times a year by the New Edinburgh Community Alliance (NECA) and supported by its advertisers. The New Edinburgh News is distributed free of charge by volunteers to residents of New Edinburgh as well as to area schools, libraries and local businesses. Views expressed in the NEN are those of contributors and do not necessarily reflect the views of the editorial staff, the publisher or the advertisers.

The New Edinburgh News is also made available online at the New Edinburgh community website:

### www.newedinburgh.ca

Printed by Winchester Print & Stationery ISSN 0703-9042

# The home renovating challenge: space vs. spirit



Heritage and Development Committee - Comité Patrimoine et Développement

#### By Gail McEachern, Heritage and Development Committee

Heritage Conservation Districts (HCDs) are an important tool in conserving Ottawa's rich heritage resources. The task of preserving and managing an HCD like New Edinburgh requires the dedicated stewardship of residents, and a commitment by the City to exercise its conservation role through adherence to the policies, guidelines and by-laws put in place to ensure that the heritage character is protected for future generations.

Building a new house or expanding the square footage

of an existing one in an historic district is a challenging experience both for the property owner and for the community representatives who serve in an advisory capacity and whose mandate is to protect the heritage attributes and character of the neighbourhood as outlined in the Heritage Conservation Plan. The biggest stumbling block is usually the issue of size.

In New Edinburgh in the late 19th century, homes were modest in scale, with families living in buildings that ranged from 600 to 1,000 square feet. An accepted norm today is at least 2,500 square feet. Negotiation is desirable and

inevitable. The task is to find a balance between respecting the needs of a property owner for more space, and honouring the spirit and intent of the Conservation Plan.

For the last several months, the New Edinburgh Community Alliance's (NECA's) Heritage and Development Committee has been reviewing a proposal to renovate a small (and neglected) house at 227 MacKay St. The proposal also includes adding a substantial addition to the original structure.

The Committee met with property owner Adam Crain twice to review his plans for the property, and also consulted with neighbours who live at 215 MacKay St.

NECA supports:

• the owner's compliance with the height requirements of the Heritage Conservation Plan, and the effort to maintain the same character of the original dwelling;

• the wrap-around expansion of the front porch into the side yard to accommodate a new principal entrance; and

• relief from the 60 cm setback requirement (under the Heritage Overlay Zoning By-law), to allow for the substantial addition beyond the porch entry door.

However, NECA does not support the proposed configuration of the extension to the footprint of the original structure along the west property line because of its negative impact on the neighbours living at 215 MacKay St. Specifically:

• the existing dwelling plus add-ons measures approximately 51 ft. The proposed replacement will be a twostorey structure plus a onestorey extension of 14 ft;

• the owner is proposing a roof deck on the 14-foot



Photo courtesy Gail MacEachern

The Heritage and Development Committee supports the idea of renovating 227 MacKay St., but has concerns with a few proposals.

extension. At minimum, the by-law governing roof decks requires that there be an opaque 1.5 m privacy wall above the roof deck surface, which will add to the height of the side wall rising in close proximity to the outdoor amenity space of the residents of 215 MacKay; and

• there is also a chimney incorporated into this wall arising from a fireplace on the first floor of the extension. It is unclear exactly how high this chimney will be, but it represents an additional solid mass that may appear above the top of the wall.

Section 4.11.2.h (Urban Design and Compatibility) of the Official Plan states: "Sunlight: The development should minimize shadowing on adjacent properties, to the extent practicable, particularly on outdoor amenity areas, through the siting of buildings or other design measures."

In support of this principle, NECA recommends the following:

- That the wall of the 14-foot extension be set in 60 cm along the west property line. This is a requirement under the Heritage Overlay Zoning By-law.
- That the west side of the roof deck on top of the extension be moved in about five feet from the roof edge. This

would eliminate the necessity of constructing an opaque 1.5-metre privacy wall and would create the possibility for a more open, transparent, protective railing.

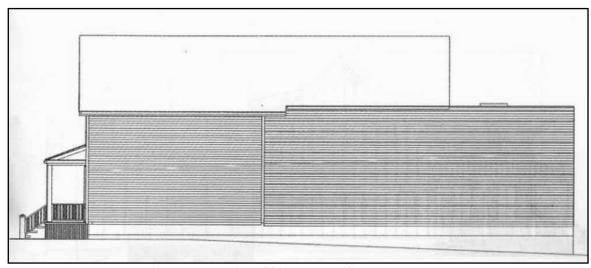
• That the fireplace in the family room on the first floor be moved to the east wall, thereby removing the chimney from the west wall.

The formal public review process for a project such as this one (and required under the Ontario Heritage Act if the property lies within an historic district) involves:

- 1. the City's Built Heritage Sub-Committee (September 14),
- 2. The Planning Committee (September 26),
- 3. City Council (October 11) and
- 4. the Committee of Adjustment (October 18).
- 5. Anyone who is interested may be present at these hearings and make a request to comment.



The proposed new front elevation features a wrap-around front porch.



The proposed west elevation along the side of 215 MacKay St.



### MP to co-host cannabis law town hall this fall



**Mona Fortier** Ottawa-Vanier MP

As the summer draws to a close, I want to take a minute to say thank-you to all the communities that have welcomed me and my team at their events and at Canada 150 celebrations across the riding. I am overwhelmed by the strength and inclusiveness of our diverse community, and this past week at the Liberal Summer caucus in

Kelowna, B.C., I was proud to tell my colleagues about the amazing events and initiatives in Ottawa-Vanier.

I also want to thank everyone who has stopped by my new office at 233 Montreal Rd. or who attended our official office opening on August 12. We served more than 700 people throughout the afternoon. Even the late after-

noon thunderstorm didn't damper the enthusiasm. For those who have not been to my office yet, we are open 9:30 a.m.-4:30 p.m. Monday through Thursday, and 9:30 a.m.-4 p.m. Fridays. Please stop by or give my team a call at 613-998-1860.

In addition this summer, I held a successful consultation on Canada's Food Policy on September 21 and a barbecue for students and business that participated in the Canada Summer Jobs program this year. There are many photos from these events on my Facebook page: EquipeTeamMona.

You may also have heard that I travelled to Ghana and the Gambia at the end of

August, as a delegate with the Canada-Africa Parliamentary Association. Over the course of the week, we met with leaders from both governments and civil society organizations. It was a tremendous experience to learn more about West African traditions and culture as well as get to see some of the amazing work Canadians are doing

As Parliament settles into the Fall session, I am excited to announce that I have launched my Youth Council. I want to hear from youth in Ottawa-Vanier and work together to make our community a better place. I am inviting anyone between the ages of 15 to 21 years old to apply at monafortier.ca.

As well this fall I will be holding a town hall discussion alongside Ottawa-Orleans MP Andrew Leslie to discuss the implementation of the upcoming cannabis legislation. Presently our teams are working to secure a location and time, but stay tuned for that announcement. I will continue to meet with residents on topics of concern for them. If you would like to request a meeting or call please contact me via email mona.fortier@parl.gc.ca.

To stay up to date on issues and initiatives in the riding, please sign up for my e-newsletter on my website – monafortier.ca – and follow me on Facebook, Twitter and Instagram.

### Update on crossovers, 'complete street' and CSST meeting Oct. 11



Tobi Nussbaum City Councillor, Ward 13

It's been a busy fall already in New Edinburgh and Rideau-Rockcliffe, starting with East Feast. The second-annual event on Sept. 9 drew crowds onto a pedestrianized section of Beechwood Avenue to enjoy local fare and beverages, performances and activities for the whole family. We hope this event will continue to grow in 2018 and we welcome your ideas!

Transportation safety and infrastructure issues continue to be top-of-mind in New Edinburgh. Here are some updates:

#### **Beechwood complete street**

The transformation of the final section of Beechwood into a "complete street" continued this summer, with construction of cycling facilities (raised cycling tracks and bike lanes) in the blocks between the Vanier Parkway-Crichton Street and Springfield Road. You will notice that this project included improvements to the space at the corner of Beechwood and Springfield - an often-muddy path has been replaced by a small plaza with interlock pavers, a bench, planters and a bike rack. OC Transpo will be installing benches at the westbound bus stop in front of Chartwell New Edinburgh Square.

#### **Pedestrian crossovers**

You will notice more pedestrian crossovers popping up around the Rideau-Rockcliffe ward and the city, including a priority location in New Edinburgh at Crichton and Electric, as well as at Springfield and Putman. These courtesy crosswalks

offer a safer and more visible location for pedestrians to cross the street. Motorists are required to stop to allow pedestrians to fully cross to the other side before proceed-

#### **CSST** meeting Oct. 11

Having taken part in the required safety training, I was recently able to tour the Combined Sewage Storage Tunnel (CSST) construction site in Stanley Park. This site visit was also a useful opportunity to discuss with City staff and contractor issues of ongoing concern, including dust and noise mitigation. Noise barriers are in the process of being installed near homes at Stanley and Queen Victoria while ongoing discussions with residents at Site 5c (Queen Victoria and River Lane) are needed with regard

to the project team's proposal Fieldhouse. For any inquiries, for sound barriers at that site.

The CSST drop-in meetings occur biweekly - the first meeting in October is scheduled for Wednesday, Oct. 11 at 9 a.m. at the Stanley Park the CSST Field Ambassador Alistair Hart can be reached at 613-580-2424 x 22778 (2CSST). You can also sign up for daily construction updates at ottawa.ca/csst.

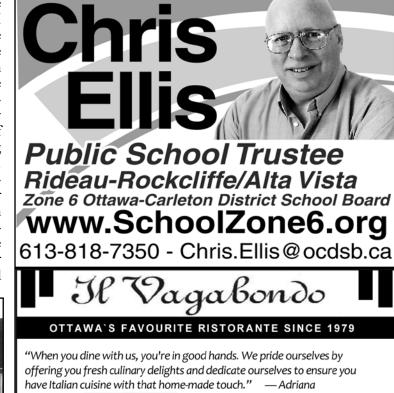




Photo courtesy Tobi Nussbaum

City Councillors Mathieu Fleury and Tobi Nussbaum attended the Sept. 9 Beechwood East Feast, which was held on the junction of both their wards.

Fresh pasta made on premises (whole wheat & gluten free) Sauces made from finest ingredients

Don't miss out.

Book your holiday celebrations with us!

Make your reservations early.

Seafood, chicken, steak & veal

LUNCH Tuesday to Friday, 11AM - 2:30PM **DINNER** Tuesday to Friday, 4:30 – 10PM

SATURDAY 12:30 - 10PM • SUNDAY & MONDAY closed (We will accommodate groups of 8 or more on Sundays and Mondays)

**186 Barrette Street** (corner of Beechwood & Marier) www.ilvagabondoottawa.ca • adriana@ilvagabondoottawa.ca

FOR MORE INFORMATION CALL 613-749-4877

## Have your say in the City's Budget



**Jim Watson**Mayor of Ottawa

Last year, we worked with our City departments and staff and listened to residents through the budget consultation process in order to deliver a budget that keeps the City on a path of fiscal prudence while continuing to build a caring, sustainable and prosperous city. We were able to accomplish this while

keeping our two percent tax cap commitment, thus ensuring that Ottawa remains an affordable city for all.

To shed light on the budget process and how these decisions impact your individual property taxes, the City of Ottawa has developed innovative tools available in the Understanding Your City Budget section of **ottawa.ca**. The tools include:

• How the City Budget Works: A short video that uses plain language and easy-to- understand graphics that outline the basics of how the City budget works.

• Get Involved in the Budget Process - The City of Ottawa's Budget Process Made Simple: A printable info-graphic that describes the budget and consultation process and highlights when and how residents can have their say.

• City of Ottawa's 2018 Budget Consultation Tool: An interactive online tool that provides you with the opportunity to play the role of politician or administrator and determine what areas of City services and programs require increases, decreases or status quo funding, and gives you the opportunity to provide comments. To show the impact of your decisions, the tool will also show how your changes will affect the budget rate and your individual property taxes. The tool will remain live until the budget is tabled on November 8, 2017.

These budget tools will help you better understand how your tax dollars are spent. Pre-budget consultations are also an opportunity to express your views on how property tax dollars will be used and to take part in the decisions City staff and Council are faced with when developing and approving the annual budget.

In addition to the online budget tools, residents may also offer budget input by sending an email directly to **budget@ottawa.ca**, by contacting your City Councillor or by tweeting **@ottawacity** using the hashtag **#ottbudget**.

Finally, I encourage residents to attend various councillor-led 2018 pre-budget public consultations that are taking place across our city in the month of October.

For a schedule of public consultations or to access the online consultation tools, visit ottawa.ca/en/city-hall/budget-and-taxes/budget/budget-2018, and have your say in Budget 2018.

## Noise and vibrations from CSST work worse than predicted

#### Continued from page 1

Victoria streets) could not be any more strained than they are right now.

#### Noise

The anticipated (and now actual) long-term noise and its cumulative health impacts have been a major concern to residents since the project was first announced in October 2016. The City has never wavered in its assurances from its original noise-control plan that the noise would be entirely tolerable, saying it would be similar to the usual construction noise associated with regular street repairs, etc.

Our community experts have challenged the City's noise-control plan and the anticipated noise levels developed by the City's consultants. After much debate and review, the City has now stated that noise levels are expected to be at least 10 times higher than they originally anticipated. Yet there is no change to the City's originally planned mitigation measures, which now appear to be seriously inadequate.

Of particular concern is the City's lack of follow-through in erecting noise-attenuating walls or barriers which they told the community would be built around all three tunneling sites to further protect residents from adverse impacts. The project has been underway for months and still no barriers have been erected.

In particular, the project confusion that has resulted in a lack of a noise barrier at the intersection of Queen Victoria Street and River Lane (Site 5c) is seriously affecting many families. And the 5c site is seven months behind schedule.

Queen Victoria resident Dick Palmer captured the community's current feelings in his recent correspondence with City infrastructure staff:

The City proposed a fivemetre wall around site 5c, the site the City informed us would be the noisiest of the CSST construction sites. This five-metre wall was required, in the City's judgement, to provide the appropriate noise mitigation to safeguard residents. The City's proposal was made in December. About 10 weeks ago, after considerable delays on this wall issue from the City, the City said the 'cure is worse than the disease'! The wall would generate unmitigated noise levels of at least 118 dBs, would require 43 wall-post holes 30 inches in diameter and seven feet deep, all by hoe-ramming! It would take one day per hole (two months to install). It would cost a lot. At the construction meeting with the neighbourhood, the City admitted that they just plain did not know what to do!

At this aforementioned meeting earlier this summer, the New Edinburgh Community Alliance and local residents suggested to City officials the neighbourhood be consulted for suggestions. The City of Ottawa project team jumped at the

suggestion, but no consultation has yet occurred. Meanwhile, the community has asked the City to present ahead of time the costs, time periods of peak noise levels and projected noise levels for each of the alternative mitigation proposals that will be presented, including for the City's initial five-metre wall proposal.

Without this information, the community is unable to make even the most basic analysis.

lation of the wall, the ongoing construction works that will occur at Site 5c and, finally during decommissioning.

#### Vibrations

Related to the air-conducted noise are the added ground vibrations generated by ongoing tunnel preparation work and a blasting incident in August that went far beyond those typically felt during the annual river ice blasting. All this is occurring in a designated Heritage Conservation District, with many histori-

much greater than expected negative impacts on our community related to noise, dust and vibration. The community still waits for concrete action by the City on mitigation measures.

In the meantime, residents have learned that all these negative impacts will only result in an estimated 15 per cent increase in sewage overflow as per the project's original Environmental Assessment. The end result is the federal and provincial money spent to support the CSST will not in future prevent sewage overflow and contamination of river systems from flooding which Ottawa and surrounding areas suffered this past April-May. Better City planning and investigation of other more cost effective and environmental friendly measures for sewage overflow could have produced more fruitful results for the betterment of all.

Joe Chouinard and Sean Flynn are board members of the New Edinburgh Community Alliance and former co-chairs of the CSST Task Force.

### "What is considered 'acceptable' to the City is certainly not acceptable to our neighbourhood"

Another key point regarding consultation is it should not be restricted to a handful of homes on Queen Victoria, nor should it be a hastily thrown together informal drop-in session at 3:30 p.m., a time most people are unable to attend due to work commitments.

The community and those residents most directly impacted by the CSST works on Queen Victoria and River Lane (Site 5c), stand steadfastly behind the City's initial proposal, made in good faith, for a five-metre wall. It was felt that this commitment was made in the best interests of protecting residents' health and safety. The community expects the City to do what is necessary to carry out their commitment to protect the residents' health and safety both during the instalcally significant structures.

What is considered "acceptable" to the City is certainly not acceptable to our neighbourhood residents and citizens must continually remind the City of its obligations.

#### Dust

Recent dust impacts and the lack of mitigation has been most hard felt by residents at the intersection of Stanley Park and Queen Victoria. Neighbours described having their air conditioners, cars and windows caked with dust. No offer was made by the City to rectify the situation or to compensate for homeowner cleanup and damages. Some residents have reported respiratory impacts, as well.

Recent activities illustrate that this project has created



# Queen's Park considers replacing Ontario Municipal Board



Nathalie Des Rosiers MPP Ottawa-Vanier

September marks exciting changes for many of us. Children are starting school or daycare. Some of us are going back to college or university. September also means the Legislative of Assembly of Ontario is back in session. I wanted to take this opportunity to wish everyone a happy start to the school year and share with you some of the issues I am eager to engage with at Queen's Park this fall.

#### **Ontario Municipal Board**

Ontario is looking at making changes to the Ontario Municipal Board (OMB). Many people have approached me with their concerns about

the current OMB process: they worry that the process is inaccessible to community groups and not sufficiently respectful of municipal planning decisions. I am happy to report that the government has introduced legislation to overhaul the province's land use planning appeal system.

Bill 139, the Building Better Communities and Conserving Watersheds Act, would, if passed, make changes to the Planning Act to give communities and municipalities a stronger voice in land use planning. The new Act would create the Local Planning Appeal Tribunal to replace the Ontario Municipal

Board. This new independent tribunal would have to respect municipal decisions that are consistent with the Municipality's official plan. The proposed changes would also create a Local Planning Appeal Support Centre that would provide free information and support for citizens who want to participate in the land-use planning appeal process. The objective is to strengthen decision-making power at the local level and ensure a faster, more affordable and fairer process for planning decisions. The Bill was introduced last spring and will be discussed at Queen's Park this fall.

### Fair Workplaces, Better Jobs Act, 2017

The Ontario government is trying to create opportunities for all Ontarians to benefit from our growing economy. Bill 148: Fair Workplaces, Better Jobs Act, 2017 aims to do just that. This includes raising the minimum wage, ensuring part-time work-

ers are paid the same hourly wage as full-time workers, introducing paid sick days for every worker, enabling at least three weeks' vacation after five years with the same employer and stepping up enforcement of employment laws.

After consulting with business owners this summer, we are also ready to develop additional proposals to ease the transition towards fairer workplaces.

### Ontario's plan for legal cannabis

Another topic we will be discussing is the upcoming legalization of cannabis scheduled to take place in Canada on July 1, 2018. The legalization requires that the provinces establish frameworks for the regulation of cannabis.

The Ontario Government will be introducing legislation that reflects its framework to legalization. The key elements to the framework will include a minimum age of 19 to use, purchase and

possess recreational cannabis in Ontario; the prohibition of use of recreational cannabis in public places and workplaces; and the establishment of retail and distribution venues. In regards to the latter, the Ontario government has decided that the LCBO will oversee the legal retail of cannabis in Ontario through new stand-alone cannabis stores and an online order service. This approach will ensure that there will be only one legal retail distributor for cannabis in Ontario and that alcohol and cannabis are not sold alongside each other.

Furthermore, private cannabis dispensaries are not and will not become legal retailers. The objectives of this framework are to promote public health, focus on prevention and eliminate the illegal market.

I look forward to advocating for the best interests of our community. I do encourage everyone who has suggestions, comments or concerns to contact me.



(RESERVATIONS) 613.321.0252 (ONLINE MENU) WWW.TODRICS.COM

# PLACE FOR PAWS\*

Boarding Camp for Pogs and Cats...

THE place to stay while your family is away!

Visit the spa-like atmosphere and see for yourself.

Dogs enjoy 6 daily supervised outings in our fenced acre & country trail walks. Separate sunny CAT condos.

613-446-2280 ANGELA ZORN



Rental Management for the Foreign Service Community

Our services include:

- market analysis
- preparation of documents
- reporting maintenance
- regular inspections simplified & competitive fees

We've been there...we care!

#### Mary Ellen Boomgaardt

5 Beechwood Avenue P.O. Box 74074 Ottawa, Ontario K1M 2H9

Tel: (613) 746-2367 Fax: (613) 746-3050

Email: greentreeco@sympatico.ca

www.GreentreeOttawaRentals.ca

### There's a difference between being baptized and brainwashed.



#### St John Lutheran Church

The little church with room for everyone... And every question. Join us Sundays at 10 a.m.

270 Crichton Street, Ottawa 613-749-6953 Email: stjohnlutheran@bellnet.ca Web: stjohnlutheran.ca Facebook: St-John-Lutheran Twitter: #STJELC



Manor Park

'Where children laugh, learn and play.'

Half-day program that engages preschool children in a fun and enriching learning environment. Perfect preparation for Kindergarten!

> Manor Park Community Council mpcc@manorpark.ca 613-741-4776

manorpark.ca

### **ACtION** health study to cover 30 months

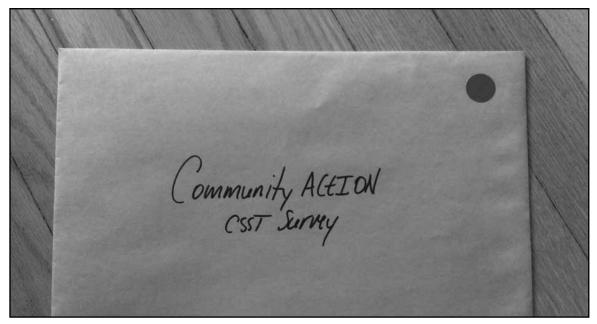


Photo by Marta Klepaczek

In September, many New Edinburgh residents received envelopes like this one in their mailboxes, containing a survey on potential health impacts of CSST construction.

#### Continued from page 1

the potential health impacts of the CSST construction project, a local team of health professionals and research investigators have organized a research study using health questionnaires, to find out how your proximity to the CSST construction activities are affecting health and quality of life. The study is called ACtION: Assessment of CSST's Impact On Neighbourhoods.

This is a landmark study as very few studies have attempted to look at the variety of health and well-being impacts of construction projects on those affected by it in "real time," and even fewer have studied the impacts of construction projects over the entire period of the construction process.

Here are some highlights of the study:

Most of the members of the ACtION team are not only health professionals and academic researchers, but also are residents of New Edinburgh and Lindenlea who are living through the impact of the construction at Stanley Park. One of the members is an independent research investigator with extensive experience in health and construction research.

The ACtION study will

focus on five different geographic zones in the New Edinburgh and Lindenlea area. The zones take into account factors such as: proximity to the CSST construction site, proximity to major roads and circulation routes, as well as different residential and commercial areas of the neighbourhoods. The ACtION research team will compare and contrast data findings from these zones to identify potential impacts on health and quality of life.

The ACtION study will be conducted over the 30-month-plus period of the CSST construction project. Over that period several survey questionnaires that contain structured and open-ended questions will be distributed directly to households, roughly six to eight months apart. To make it easy for you the ACtION team will dropoff and pick-up these survey questionnaires from your mailbox, though you may make other arrangements for pick-up and drop-off.

In addition to providing valuable information about the health impacts that construction projects like the CSST have on the people who live and work near these projects, the ACtION study is meant to provide an opportunity for residents of the New Edinburgh and Lindenlea communities to express concerns about the CSST project in a meaningful and constructive way. Aggregated results from this study will be shared with community residents, city officials and interested individuals. It is hoped that results will be shared widely with other communities in Ottawa that may be experiencing similar adverse issues with construction projects, and possibly inform future research and construction projects.

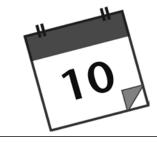
Privacy and data security are fundamentally important for this research project and one of the primary reasons we pursued Research Ethics Board approval, as this body provides ethical and methodological oversight of the study.

Study participants are not required to answer questions that they feel uncomfortable with: they can choose which answers they would like to complete, can withdraw from the study at any time, and can take a break from participation and return at any point during the research projects.

We truly appreciate your participation and for taking the time to share your experiences. Through the analysis of all the data gathered, you will be heard.

Completed surveys can be dropped off in the mailbox at 106 Stanley Ave.

To contact us or to learn more please go to our website: actionstanleypark.weebly. com Ruth Bankey and Marta Klepaczek are members of the ACtION Team.



### Deadline

for the next issue of the **New Edinburgh News** 

NOV 10

newednews@hotmail.com

# Province temporarily halts school closures



**Chris Ellis**Public School Trustee, Zone 6

The Ottawa-Carleton District (OCDSB) School Board Accommodations Review for Alta Vista and Hunt Club elementary and high schools scheduled to take place this year has been suspended due to a provincial moratorium on school closures. The provincial government says it wants to overhaul the process school boards use to review schools. Many speculate that the province will wait until after the June 2018 provincial election to restart the school closure process.

I agree that the accommodation review process can and should be improved. However, the forces driving the move to larger elementary and high schools will remain as long as the "carrot and stick" approach is

used in provincial funding. I believe the province should consult on what communities want in the way of community schools and revise the school funding formula. The consultations that now take place during school board accommodation reviews have no chance of influencing real change, as communities are unable to address and challenge the underlying principles at the provincial level. The most that can be hoped for is some tweaking: close this school instead of that one or save one school from the many proposed to close.

The OCDSB also has responsibility to address enrolment trends more proactively. Many of the issues leading to enrolment imbalances – some schools over

capacity and neighbouring schools under capacity – have been developing for decades; others, such as Hillcrest and Canterbury, have happened relatively quickly. The board often doesn't address such issues effectively until things become dire and school closures become the default position. The situation at Oueen Elizabeth Public School for grade 7 and 8 is one that has existed for a long time. Students, particularly in the northern portion of Ward 13, have been choosing other schools rather than Queen Elizabeth. I hope to work with all residents to help Queen Elizabeth become the preferred school.

A current trend is the streaming that takes place at elementary schools. As 70 per cent of grade one registration is now in French Immersion, those in the English stream are disproportionately newcomers, special education, low income and racialized students. The allocation of resources (both teachers and funds) to address the challenges posed by the needs of English stream students is

minimal. Some of the responsibility for lack of funding can be laid at the province's feet. The amount it allocates for Special Education in the majority of school boards is less than boards actually spend, and targeted money to address issues around low income has fuzzy criteria and is not adequate.

### Other upcoming issues of note:

• September – Update on the implementation of the Two-Year 50/50 Bilingual Kindergarten Program • October – Measuring Progress on Learning

• December – Plan for the Geographic Model for Gifted Program

• February – Strategic Plan Measurement Report: Equity

• May – Strategic Plan Measurement Report: Wellbeing

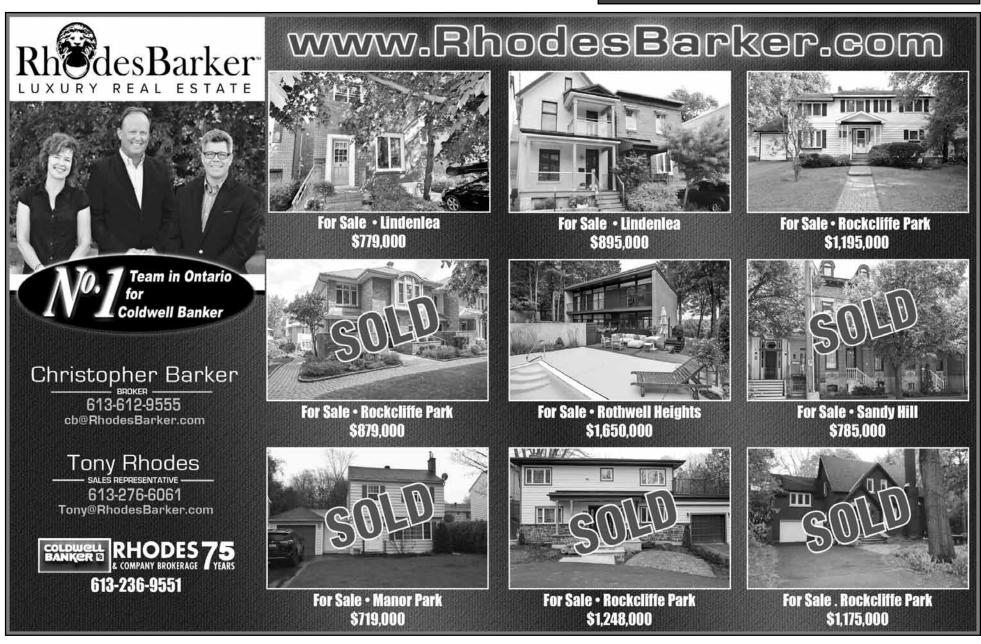
Chris Ellis can be reached at 613-818-7350 or SchoolZone6.org.

#### **Visit The Burgh Online!**

For the most up-to-date news of the neighbourhood

newedinburgh.ca





# BURGH BUSINESS BRIEFS

- By Jane Heintzman -

### Arturo's takes over Clarkstown digs

Late summer ushered in dramatic changes to Beechwood's restaurant land-scape, beginning with the closure of **Clarkstown Kitchen** on August 19 and the departure of **André Cloutier** from our local food scene, where he has been a leading light for a decade.

André's first venture was Arturo's Market at 49 Beechwood, the small Italian eatery he launched in 2007 and operated until 2014, when it was sold to current owner-operator Richard Primeau. André refocused his entrepreneurial energies on **El Meson**, which he purchased in 2012. In late Fall 2014, he further extended his reach on the restaurant scene, launching the Beechwood Gastropub following the closure of Farb's. The Gastropub proved an instant success, swiftly becoming a neighbourhood hub.

To meet the challenges of fierce competition in the restaurant biz, in 2015 André reinvented El Meson as Clarkstown Kitchen, a transformation he hoped would have wider appeal as a hipper, less traditional establishment. But despite the fine cuisine by chef Tom Moore, combined with the superb service provided by maître d' and manager Manuel Bettencourt, (both men are now re-established

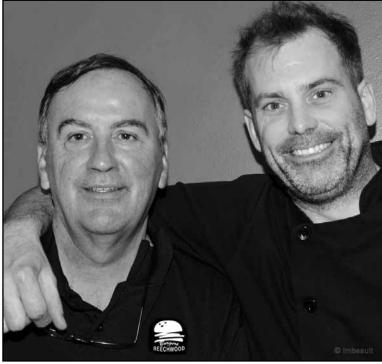


Photo by Louise Imbeault

Richard Primeau (left) has moved Arturo's restaurant into the former home of Clarkstown Kitchen. In the old Arturo's is his new venture, Burgers on Beechwood, with chef Joshua Greenland.

at **Mamma Teresa's**), it remained an uphill battle at 94 Beechwood, particularly given the mounting maintenance costs of the historic property.

So after an action-packed decade André has made a graceful exit from his role as a leading Beechwood restaurateur. This past spring, he sold the Beechwood Gastropub to chef Harriet Clunie. In late summer, he closed up shop at Clarkstown Kitchen, leasing the premises to Richard Primeau to serve as a new and improved venue for Arturo's.

"Becoming a landlord instead of an operator made the most sense at this point," André says. "Restaurant life isn't the best for family life and I'm looking forward to focusing some of my energy at home for a while.' As he withdraws from the Beechwood limelight, André reflects with gratitude: There were many up and downs along the way, but the community was always beside me for support.' We wish André well in his future endeavours in the business world and thank him for livening up our local

restaurant scene.

On August 28, not long after Clarkstown Kitchen closed its doors for the last time, the charming old house at 94 Beechwood came to life as a bigger and brighter **Arturo's**. Owner and manager Richard **Primeau** has a long history on the Beechwood scene, where he was originally well known as operator of our local newspaper-andmagazine store. Richard is delighted by the opportunity to recreate Arturo's in the expanded quarters and has moved with lightning speed to spruce up the outdoor patio area with attractive tables and a striking black-and-white awning. To extend the season for as long as possible, he has installed heaters on the patio so patrons can continue to wine and dine in the open air.

Richard and his partner, local chef Laura Dunn, have brought their signature Arturo's red-and-white checked tablecloths to the new dining room. At the time of our interview, a designer was hard at work planning renovations to the upper level, including the addition of an art gallery. The upstairs dining room is still available for private bookings for parties and banquets, but book now if you have Christmas plans in mind. Even before he officially reopened in the new location, Richard had four major banquet reservations and the schedule is filling up fast. Arturo's regular menu can be customized for private parties, subject to possible price changes depending on the fare requested.

For the most part, Arturo's

traditional Italian menu will continue as-is at 94 Beechwood and Richard is adamant that their affordable prices will remain unchanged. In the coming months, Laura hopes to introduce some menu tweaks, including the addition of osso bucco, a cold-weather favourite at Arturo's in previous years. All other systems are go as well, with Arturo's catering service still in full swing and such retail items as sauces, pastas and prepared meals still available from the selfserve fridge.

Both Richard and Laura are proud of the capable "A-team" they have assembled to keep the larger operation running smoothly. There are 11 staff now on the roster, including head server Marielle, front of house supervisor Tara and chef Shannon Redmond. They will also bring in additional short-term help to assist with private bookings and banquets.

Taking a leaf from André Cloutier's playbook, on September 21, Richard launched a second restaurant on our main street Burgers on Beechwood - in Arturo's former home at 49 Beechwood. If you're up to the eyeballs with tofu, salads, seeds and kale smoothies, your time has come! This new diner features simple, satisfying fare, focused on the classic trio: burgers, shakes and fries-all served up at affordable prices in handy portable baskets. Executive chef Joshua Greenland plans to make all the buns and sauces from scratch and promises a range of tempting



### FERN HILL SCHOOL

NURTURING CONFIDENCE - BUILDING A FOUNDATION FOR EXCELLENCE

Preschool \* Kindergarten \* Elementary Grades

Independent, non-profit, co-ed school Extended French & Gym programs Enriched curriculum

#### **Preschool to Grade 8**

Now accepting applications for the 2018-2019 school year



Select spaces available for the 2017 - 2018 year

613•746•0255

principal@fernhillottawa.com www.fernhillottawa.com

50 Vaughan Street Ottawa, ON K1M 1X1

# **Property Concierge**

Prescheduled or On-Call in New Edinburgh

Absentee landlord? Snowbird? Concerned relative? Sleep better with the help of JTM Services!

#### "Personal Attention" Home Watch Services

Exterior and/or interior • Daily, weekly or monthly
Per-visit reports • Entrance/lobby tidy-up • Mailbox attention,
sorting &temporary storage • Experienced handyman

Contact John for further information JTMServices@outlook.com 613-406-3875

burger options, including vegetarian and gluten-free.

old-Longing for an fashioned diner breakfast in our 'hood? That, too, is on the agenda at Burgers on Beechwood. Richard's crew plans to start gradually, introducing breakfast service on Fridays, Saturdays and Sundays, possibly extending the hours depending on demand. Christopher Brant, Joshua and the team will effectively run the smaller restaurant, giving Richard and Laura the flexibility to devote their energies to the expanded Arturo's.

We wish Richard, Laura and their crews at Arturo's and Burgers on Beechwood a busy and successful first season in the heart of Beechwood Village. Find out more at burgersonbeechwood.ca.

#### An EPIC début

After many months of suspense about the future tenants of the Kavanaugh's commercial main floor, the wait is finally over. In early October, **EPIC** Fitness and Lifestyle will launch operations at 222 Beechwood, occupying all of the bays along Joliet Street and one on Beechwood for a whopping total of 4,600 sq. ft. (The separate commercial unit housing the Burgh's popular new pop-up ice cream emporium Sundae School is not part of the EPIC space. Sundae School is expected to continue operations at least until the middle of October when its existing lease expires. Ice-cream devotees, stay tuned: owner Lindsay Taub expects to have word on a new location sometime



Photo courtesy Stephanie Karlovits

**EPIC Fitness owner Stephanie Karlovits.** 

Road and has swiftly become a buzzing one- stop shop for holistic health and fitness services. Founding owner and trainer Stephanie Karlovits looks forward to introducing her full-service facility to Beechwood, promising the whole enchilada for fitnessconscious locals "Although we're best known for our functional training," she says, "we're thrilled to report that we'll be adding a yoga studio with a full class schedule; an alternative health clinic with physiotherapy, naturopathy, massage therapy and holistic nutrition; and an organic featuring bar smoothie protein shakes, bulletproof

for five years on Ogilvie coffee and paleo snacks."

EPIC is a big booster of fresh-air activities for all ages, offering free outdoor community events open to all local residents, as well as seminars and workshops. In late summer, the EPIC team organized a Rideau Hall Boot Camp featuring a workout and yoga practice on the vice-regal grounds, as well as two exhilarating community hikes in Gatineau Park in August and September. Visit epicfitnessottawa.com or call 613-741-4348 for more details about EPIC's programs and services. You can also sign up for two free introductory personal training sessions and a one-month free membership.

Stephanie is well known as a whiz kid in the fitness and health domain. This spring, she was named among the top "Forty Under Forty" chosen by the Ottawa Chamber of Commerce and the Ottawa Business Journal, in recognition of her stellar record of business success, community engagement, charitable work and athletic prowess. Her background includes years of experience as a competitive skater, track athlete, gymnast, swimmer and Olympic weightlifter. Oh, and she also climbs mountains in her spare time, having recently scaled Mount Kilimanjaro!

Stephanie has a university degree in psychology and has worked as a certified personal trainer since the age of 18. In the 14 years since, she has acquired more than a dozen specialty personal training certifications, as well as qualifying as a yoga instructor and registered holistic nutritionist. She takes special pride in the fact that EPIC trainers work with clients of all ages from the early teens to the 90s, and at a wide range of fitness levels. "We're a company that caters to all.... We're proud to train some very impressive athletes, including a worldclass triathlete, national level track athletes and the Ottawa Champions professional baseball team, among others. But most of our clients are recreational athletes or selfproclaimed 'non-exercisers' who don't enjoy the traditional gym environment. We're different!"

Stephanie's choice of The Kavanaugh as EPIC's new

location was by no means random. She's a resident of the neighbourhood, and as she points out, has "a vested interest in developing the area with the addition of unique, local small businesses that are community-focused and of high quality." We welcome Stephanie, her **operations** manager Kate and the whole EPIC team, and wish them success in their spacious new location here in our 'hood.

#### Welcome to Azione Design

After many years of vacancy following the closure of Pink Diamond Affair, 90 Beechwood is about to reopen as Azione Marketing and Design. This new small business will offer a broad spectrum of services ranging from graphic and logo design, vehicle lettering, and branding and marketing services.

Äzione owner-operator Chantal Nadeau is a native of Hearst, ON, where she operated a similar business for 15 years before moving to Ottawa with her daughter in 2011. While Chantal is passionate about her current vocation as a sign maker, designer and marketing specialist, her career has been interestingly eclectic. Initially she trained as a police officer, but ultimately followed her heart to launch a local design and marketing business in Hearst. But much as she loved the creative work, financial security became a top priority. In 2006, she sold the business, and for several years before coming to Ottawa, worked as program director at the local radio station.

Since arriving with her daughter, who attended

Continued on page 12



### CELADON salon & spa

Fall is in the Air!

Help your skin transition to a new season with a light peeling facial and receive a FREE Express Manicure

Be sure to Like Us on Facebook for achance to win \$100 in spa services

373 St. Laurent Blvd. (at Hemlock) 613-746-3500 www.celadonspa.ca

HAIR • SKIN • BODY • NAILS



#### Continued from page 11

De La Salle High School, Chantal has worked in senior administrative roles in a number of nonprofit organizations. notably l'Association des Communautés Francophones d'Ottawa where she served as executive director. More recently, she worked with Muséoparc Vanier until last September. At that point, she took the plunge back into her chosen field, launching Marketing Azione and Design. When the time came to choose a venue for her business, the choice was easy. "I've always had a soft spot for the [Beechwood] area." Chantal confesses. "When I moved to Ottawa, I remember saying, 'One day, I will have my little shop here'.

In addition to her core graphic design and marketing services, geared primarily to small businesses and organizations, Chantal has tentative plans to have crafts such as barn-wood art and jewellery on display at 90 Beechwood. At the time of our interview, her website was still in development, but you can find her at facebook. com/azione143 or call her directly at 613-406-0444. Chantal aims to open the shop by the end of October, and she



Photo by Abe Lewis

Chantal Nadeau has opened Azione Marketing and Design at 90 Beechwood.

promises an official launch event not long thereafter.

### Cake celebration at Epicuria

Epicuria owner Tracey Black reports that her expanded catering kitchen is in overdrive, catering corporate lunches, cocktail receptions, dinners and events of all kinds throughout the city, seven days a week. Her culinary team is also working closely with businesses developing in-house lunch programs for their employees. The store's partnership with the ALT Hotel has proven a great success: Epicuria supplies its popular protein salads, sandwiches, entrées and desserts for the hotel café, as well as cheese and charcuterie boards for the bar.

Last spring, the store at Rockcliffe Crossing

had a modest makeover to accommodate the dropin café trade. A new pastry display has also proven a major attraction, inspiring Epicuria's pastry department to new heights of artistry. And speaking of pastry, while celebrating the birthday of a cake may seem to have an Alice in Wonderland aura about it, Epicuria is doing just that! The store's signature chocolate devil's food cake has now been an Epicuria staple for 27 years, and Tracey's pastry team has marked the occasion with a design update, including the addition of crunchy chocolate crumbs. "I just celebrated my 22nd year with Epicuria, and I still love that cake!" Tracey confesses

Community engagement continues to be a high priority for Epicuria. Last spring, the culinary team provided the graduation dinner for the final class of Rideau High School and "had a ball" in the process, according to Tracey.

Combining music and food is a dominant theme of the store's community outreach activities. Epicuria is currently food sponsor of OrKidstra's – orKidstra.ca - donor events. "We loved watching (NACO Conductor) **Alexander Shelley** work with the kids," enthuses Tracey. After the concert, the young musicians even pitched in to help out Epicuria's event team pass the hors d'oeuvres! A highlight on the future agenda is a gala fundraising concert with Angela Hewitt, celebrating OrKidstra's 10th anniversary. Still on a musical theme, Epicuria recently partnered

with ALT Hotel to spearhead two benefit cocktail parties featuring **Lynn Miles** and **Lynne Hanson** in support of the Royal Ottawa Hospital.

As always, Epicuria is offering a sumptuous Thanksgiving dinner featuring whole roast turkeys or rolled turkey breasts, along with stuffing, gravy and all the trimmings, as well as tasty side dishes and tempting pies and cakes. Stay tuned for a brand-new and improved Epicuria website where 'you'll be able to see what a little New Edinburgh food shop has grown into!"

### Bigger Bridgehead still in the cards

"The bottlenecks in the coffee shop will be a thing of the past," promises owner Tracey Clark as she reviews Bridgehead's expansion plans at the Beechwood location. Bridgehead plans to take about half the space formerly occupied by Details Home Apparel, creating muchneeded additional seating for local patrons. The company is seeking a compatible co-tenant for the remaining 400-square-foot space in the unit, and welcomes interested applicants to get in touch: inquire@bridgehead.ca. A number of hopefuls are already under active consideration.

The team at Bridgehead is working with an architect to develop a construction plan. If all goes well, the project will start later this fall – subject to Tracey's own personal preoccupations with renovating her family's new home. The dominant theme of the renovation will be "Ye Olde Mill," harking back to New Edinburgh's history as a milling hub and industrial Bridgehead's village. kombucha and nitro coldbrew will be on tap, along with the popular Bridgehead Toast program, where you can get a runny egg on toast made to order.

### Two new services at Studio One

Studio One PT owner and head trainer Craig Adams is enthusiastic about two new additions to the studio's services this fall. Over the summer, renovations took place on the second floor at 1 Springfield Rd. to create a special treatment room for massage therapist Cheryl Staubitzer, who recently joined Craig's team.

Cheryl is well known in



Faulkner Real Estate, Ltd. Brokerage

& BOOK TO THE WALCOM

613.231.4663

### COMPUTER HELP IN YOUR HOME

### WE COME TO YOU TO FIX COMPUTER PROBLEMS.

**Compu-Home** is a highly regarded family business located right near you. Service is honest, reliable, affordable and prompt.



#### **HOW CAN WE HELP YOU?**

- · Computer slowdowns
- Problems with Internet connections
- Spam, spyware and security programs
- · Setting up and maintaining home and office networks
- Printer problems
- · Helping plan, purchase and use new computer equipment
- Transferring and backing up data
- Using new digital cameras
- Coaching



613-731-5954

info@compu-home.com Malcolm and John Harding



Photo by Louise Imbeault

Studio One owner Craig Adams (right) with new staff Marla Tonon Cloutier (centre) and Cheryl Staubizer Compton (left).

community where she previously worked at Beechwood Chiropractic, treating not only the majority of current Studio One clients, but also Craig himself. Cheryl's qualifications are impressive: in addition earning a BSc in biochemistry, physiology and nutrition, she completed a diploma in massage therapy in Newfoundland, and went on to study in Thailand, China and the United States. More recently, she earned a diploma in traditional Chinese medicine and acupuncture, adding new dimensions to her repertoire of treatments and a broader perspective from which to assess the root causes of pain and dysfunction.

In addition to therapeutic massage, Cheryl is proficient in a wide range of specialized treatments, including deeptissue massage, lymphatic drainage, myofascial release, chronic pain therapy, postural alignment and neuromuscular therapy. In short, chances are she can help whatever hurts, and get you back in shape to maintain your fitness regime with Craig and his co-trainers. Once the scheduling system is up and running, you'll be able to book appointments with Cheryl online at **studioonept**. com.

The second addition to Studio One's roster is Marla Tonon Cloutier, who is now offering training to preand post-natal clients. Until recently, Marla has been a pillar of the marketing and sales operation at the New Edinburgh Pharmacy and is well known to its regular local clientele. And as daughter of New Edinburgh's longstanding pharmacist NEW EDINBURGH NEWS

Frank Tonon, sister of current pharmacist Matthew **Tonon**, and wife of (former) restaurateur extraordinaire André Cloutier, Marla's Beechwood credentials are stellar. Since the birth of daughter Avianna, Marla has shifted gears professionally to become a certified personal trainer, but she's still right here on Beechwood!

Marla's instruction at Studio One PT will focus on helping expectant mothers build and maintain muscle strength and posture to support the rigours of pregnancy, and after the birth, to recoup strength, muscle tone and balance. She hopes to guide pre-natal clients through the ups and down of pregnancy, and to offer support and advice on coping with the difficulties they may encounter. While initially Marla will offer private sessions, Studio One hopes to introduce group classes where mothers can socialize, compare notes, and keep training costs to a minimum. Visit studioonept. **com** or call the studio at **613**-740-1555.

#### In the market for soaps?

This past summer, many patrons of the Beechwood Market encountered Burgh resident Debbie Gervais selling her fragrant handmade Sunflower Soaps. According to Debbie, those who tried them frequently came back for more! Debbie's recent foray into the realm of handcrafted, eco-friendly soaps and bath products was a departure from her previous career path. For some years, she worked as administrative assistant before moving into the marketing and editorial realm. Six years ago, she moved to Ottawa from Toronto, and currently works in the federal public service.

About a year ago, Debbie took a soap-making workshop and, as she recounts it, "fell in love with the craft," going on to "do tons of research and make hundreds of bars to perfect my skills." To say she has a knack for this unusual avocation would be an understatement. In just 12 months, she has grown her local business from scratch to produce eight varieties of soap, a body scrub, scented bath salts, bath teas and bath bombs. She has secured retail outlets for her products in five local businesses (and counting), and established a vibrant online presence. Visit sunflowersoaps.ca to check out Debbie's products or to place an online order, or find her on Facebook at SunflowerSoaps; and on Twitter and Instagram at SunflowerSoapz.

You can buy Sunflower Soaps at Align Massage Therapy, 16 Beechwood Ave., #201; Mood Moss Flowers, 186 Beechwood Ave.; and Nature's Buzz, 55 Beechwood Ave. In the ByWard Market area, they're on sale at Smudge Beauty Bar, 223 Dalhousie St., and at Stonewall Wilde's, 370 Bank St. Choose from a range of soap varieties, including Sunny Daze, Cocoa a Go-go, Road Trip, Hippie Child, Wild Child and Naked Daze, an entirely scent-free bar for those with special skin sensitivities. Each of the soaps is clearly labelled with the ingredients so you can hone in on your favourite

fragrances. And watch for future additions, including a sunflower shampoo bar, a facial bar, linen spray and shower steamers.

Why choose a handmade soap over a cheaper, massmanufactured product?
Debbie faces this question regularly, and has a convincing answer: her soaps contain no unhealthy chemical additives or artificial fragrances, no palm oils, and no animal fats. They're made exclusively with pure essential oils, combined with natural ingredients such as Shea butter, mango butter, herbs and clays, and all the raw ingredients are purchased from Canadian companies. The packaging is also eco-friendly, made with no shrink-wrap or other nonbiodegradable materials. Last but not least, Sunflower Soaps are made right here in New Edinburgh, so your purchase supports a local business.

In the coming weeks, Debbie plans to seek out sales opportunities at all the local Christmas craft fairs, so keep an eye on her website for updates on Sunflower Soap's schedule of events. She also hopes to bring her fragrant creations to the Beechwood Winter Market on Saturday, December 2nd, in its new venue in New Edinburgh Square.

#### **Update from PTI**

PTI owner and lead physiotherapist Pam Siekierski is delighted to bring on board another topflight physiotherapist to share the load at 268 Durocher St. Diane Courtemanche is

Continued on page 14





#### Page 14

#### Continued from page 13

an experienced practitioner specializing in the treatment of cervical injuries, migraines, post-concussion symptoms, vestibular conditions and facial or jaw pain resulting from car accidents. Visit ptisportsmed.com check out her professional background. According to Pam, Diane has a stellar record of stepping in when patients are told that the medical establishment "can do nothing else." In many cases, Diane has brought relief – and fresh hope – to sufferers. For an appointment with Diane, call the clinic at 613-740-0380.

Ongoing at PTI are Dr. Robert Osteopath Black's regular group classes on Wednesdays and Thursdays from 1-2 p.m. The Wednesday class is all

Dr. Black bases his instruction on the "ELDOA" system, a technique developed by French osteopath Guy Voyer, and now in widespread use internationally. It entails a range of myofascial stretches and precise postures to relieve specific joints and address such condition as joint inflammation, disc degeneration, poor posture and circulation, and back and neck pain. Once learned, these postures are easy to repeat and practice at home.

On Thursday afternoons, Black leads PTI's Strong Seniors Class to help older folks to maintain their strength, mobility and flexibility, and enjoy some socializing in the process. While Pam is still working out the mechanics, she hopes to introduce an Uber taxi service when winter comes to about posture and the spine. drive seniors in the vicinity

#### NEW EDINBURGH NEWS

to and from their classes at the clinic at a minimal extra

#### Events at the book shop

Books on Beechwood kicked off its popular Titles@ Table40 series September 10, when Frances Itani was on hand to discuss the final instalment of her Deseronto series, a new work entitled That's My Baby. Coming up on October 11, Newfoundland author Wayne Johnston will be the guest of honour at Table 40, leading a discussion of his new novel First Snow Last Light. On November 26, whisky expert **Davin de** Kergommeaux will introduce Table 40 participants to his latest work, Canadian Whisky: The New Portable Companion – just in time for the holiday season! Each of the Table 40 sessions begins at 5:30 p.m., and tickets are \$60, covering a set threecourse meal (with veggie option), tax and tip.

The ever-popular Books on Beechwood Book Club is in full swing this fall, with Margaret Atwood's Hag-Seed and Mary Walsh's Crying for the Moon on the agenda for the October and November sessions, respectively. Check out the Book Club poster in this issue for details.

Two book signings are coming up in October. On October 4, 6:30–8:00 p.m. mystery writer Mike Martin will launch his latest Sergeant Windflower novel A Tangled Web and on October 7, 1:00-3:00 p.m., Margaret Southall will sign copies of her new novel A Jacketing Concern. Visit booksonbeechwood. ca to keep track of store happenings, and check out the latest crop of new publications.

#### Coming up in the **December issue**

• NEW! Joe's Shoe Repair, 18 Beechwood Ave., 613-747-7463 Meet the new Beechwood business offering fixes for your footwear, as well as key cutting, watch batteries, passport photos and lamination services, with introductory discounts until October 31.

• New Edinburgh Pharmacy: All the news and the latest word on interior renovations. Flu shots will be available at the pharmacy starting at the end of October.

• Evertrain Lifestyles: Julie Leblanc and André St. Amour will have updates on popular programs from Post-Natal Fitness to Fitness over 50 and Myofascial Stretch

#### 'fairy atmosphere' in new location Lumière festival enjoyed

#### By Lauren Touchant, Rideau-Rockcliffe **Community Resource** Centre

On August 26, the Rideau-Rockcliffe Community Resource Centre NECTAR partnered to organize the 14th edition of Lumière Festival of Light.

Hosted every year in August, the Lumière Festival of Light started back in 2003. Lumière is more than a festival – it is the celebration of the community coming together every step of the way, from the creation to the showcasing of beautiful lanterns.

This year, the festival was carried by several volunteers: staff from the Rideau-Rockcliffe Community Centre Resource and NECTAR who did a tremendous job of repairing broken lanterns, building new ones and putting together a festival that attracted more than 2,000 people.

This year the festival moved into the beautiful Village Green and Jubilee Garden in Rockcliffe Park due to the construction underway at Stanley Park. Even though we were not able to be close to the Rideau River, attendees were able to enjoy the fairy atmosphere that Village Green and Jubilee Garden had to offer with its hundreds of aged trees. Thousands gathered and enjoyed vari-

ous music performances, the mesmerizing lanterns created by the community – by Syrian refugees, seniors and the general public – and the new mysterious and magical location. Lumière always has this special vibe that makes the festival so special – this is mainly due to the special contribution of residents who dressed up with costumes and colourful lights.

Lumière 2017 was a terrific success, but it would not have been possible without a \$1,500 grant from Spark United Way. We would like to thank all the performers: Edward Sayers, Tine Rufaro Marimba Band, African drummers Oumar Ndiaye and Eric Sarah, Golde, Aerial Antics and the Fire Weavers. Also, the Rideau-Rockcliffe Community Resource Centre and NECTAR would like to thank our sponsors: Sezlik, Minto, Human Concern International (gold sponsors), Governor's Walk Retirement Home, the Royal Oak, the Union Street Kitchen Café and the New Edinburgh Pharmacy.

Finally, we are already working on next year's festival. If you are interested in volunteering, hosting a lantern workshop or sponsoring the festival, please contact the Rideau-Rockcliffe Community Resource Centre at 613-745-0073 x 145.

Hoping to see everyone



Photo by Louise Imbeault

The Rideau-Rockcliffe Community Resource Centre and Nectar co-hosted the Lumière Festival on Aug. 26 in the Rockcliffe Village Green.

next year.

Le 26 août 2017, the Centre de ressources communautaires Rideau-Rockcliffe et NECTAR ont organisé en partenariat la 14ème édition du Festival Lumière 2017.

Organisé chaque année en août, le Festival Lumière a commencé en 2003. Lumière est bien plus qu'un festival, il s'agit d'une célébration de la communauté qui se rassemble à toutes les étapes de la création des lanternes à leur dévoilement le jour du festival.

Cette année, le festival a été organisé par plusieurs bénévoles, les employées du Centre de ressources communautaires Rideau-Rockcliffe et NECTAR qui ont réalisé ensemble un travail formidable pour réparer les lanternes, en bâtir de nouvelles et organiser le festival qui a attiré plus de 2000 personnes le soir du 26 août.

Malheureusement pour ceux qui étaient habitués au Parc Stanley, le Festival n'a pas pu avoir lieu au dans ce parc à cause de la construction mais ce dernier a eu lieu dans les beaux parc Village Green et Jubilee Garden. Même si nous n'étions pas proche de la rivière, les participants ont pu tout de même apprécier l'atmosphère féérique que les centaines de vieux arbres des parcs Village Green and Jubilee Garden nous ont offert. Des milliers de personnes se sont rassemblés et ont eu l'occasion d'écouter les performances musicales variées, regarder les fascinantes lanternes créées par la communauté ¬– les réfugiées

syriens, les personnes âgées et le public en général - découvrir ce nouveau lieu très mystérieux et magique. Lumière a toujours connu cette ambiance très spéciale qui rend ce festival si spécial en fin de compte, cela est principalement dû à la contribution des résidents qui se déguisent et qui se revêtissent de lumières de toutes les couleurs.

Lumière 2017 a été un incrovable succès, mais rien n'aurait été possible sans le soutien de Spark CentreAide qui nous a accordé une subvention de 1,500\$. Nous voulons aussi remercier nos artistes Edward Sayers, Tine Rufaro Marimba Band, African drummers Oumar Ndiaye and Eric Sarah, Golde, Aerial Antics, et the Fire Weavers. De plus, le Centre de ressources communautaire Rideau-Rockcliffe et Nectar voudrait remercier nos sponsors: Sezlik, Minto, Human Concern International (sponsor or), Governor's Walk Retirement Home, Royal Oak, Union Street Kitchen Café and New Edinburgh Pharmacy.

Finalement, nous nous attelons déjà à organiser le Festival de l'année prochaine. Si vous souhaitez faire du bénévolat, organiser un atelier de lanternes, vous pouvez contacter le Centre de ressources communautaires Rideau-Rockcliffe au 613-745-0073 poste 145.

À l'année prochaine.

# Welcome to Our New Location 94 Beechwood Avenue

Fresh, Italian Pasta Artisan Pizzas



Dine In | Take Out | Catering | Private Functions

Open Daily 11am to close arturos.ca 613•321•4613

Open to Serve Vou!

From-Scratch Burgers & Fries + GELATO



49 Beechwood Avenue

Locally Sourced Ingredients | Breakfast Friday - Sunday Monday-Thursday: 11 am to close Friday - Sunday: 7 am to close

burgersonbeechwood.ca 613.842.9797

### New apartments coming to Crichton; Minto retail still a mystery

Continued from page 1

the criteria for designation. Once the review is completed, Nussbaum plans to hold a public meeting with the developer and City planners to provide a forum for residents' comments and suggestions.

Rockcliffe Park resident Susan Ross, an architect specializing in heritage conservation, submitted a particularly eloquent and wellinformed series of comments on Takyan's application, arguing in favour of heritage protection for 137 Beechwood Ave., and the restriction of the new development to the lot at 143 Putman. She further argues that the Putman development should be topped at three storeys in keeping with the Beechwood Community Design Plan.

In Susan's view: property at 137 Beechwood Avenue has a charming village character that is a model of the type of mixed-use, low-rise structure that the city should be striving to develop elsewhere along Beechwood as part of an urban village approach. It is a rare historic Ottawa red brick structure on the street, that bridges between the residential character of Lindenlea/Rockcliffe Park and the commercial character of Beechwood Avenue.3

She also noted that: "lot consolidation inevitably destroys urban character and erodes the capacity for the neighbourhood to host its traditional tenants and businesses, which depend on smaller scale properties for affordable rents."

Jacobson's owner Susan Jacobson echoes Susan Ross's view, saying: "I would hope that the city would embrace the concept of a strolling street, offering small businesses a home where personal service and friendly interaction are key. As we see more and more large condominiums developing, the landscape will definitely change, rents will increase and ... warmth and character could be lost." When and if the time comes to relocate, Susan Jacobson will consider all the available options, but thankfully, she remains committed to remaining part of our community and to "serving this area as it evolves."

According to Andrew



(left) Photo by Louise Imbeault. (right) Rendering by Soma Studio for Takyan Construction

Takyan Development has a new proposal for 137 Beechwood (currently Jacobson's, left) and 143 Putman (formerly ZaZaZa) which would see both buildings torn down in favour of a six-storey, mixed-use project (right).

McCreight, the City planner responsible for the file, the developer has received a summary of comments received to date, including those from the general public, registered community organizations, technical agencies and City planning staff. The application is currently "on hold" pending Takyan's response to these comments, which is expected to include revisions to the initial plans. Readers should contact Andrew if they would like to be informed of the revised plans, and stay tuned for Tobi Nussbaum's promised public meeting when the City heritage review is completed.

#### 280-282 Crichton Street: 32-Unit Apartment Development Ready to Roll

After years of on-again, offagain plans for development of the spacious lot at 280–282 Crichton St., the new owner of the property has recently received permission to proceed with the construction of a four-storey, 32-unit apartment building. In November 2013, an earlier Site Plan Application was approved by the City, and the Site Plan Agreement was registered on title a year later. In February 2016, a building permit was issued to authorize the launch of construction, but the project lapsed, and the property was subsequently sold to the current owner. That sale transaction included all previous development approvals for the site, and the new owner has now been given permission to proceed with a proposed minor deviation from the original plan.

In keeping with the original Site Plan, the development will remain a 32-unit, four-storey apartment building with underground parking. All special conditions

resulting from a previous Ontario Municipal Board hearing and from the Site Plan approval process will continue to apply, including prohibition of a rooftop terrace; size limitations on rear yard balconies; construction of a solid wood fence along the property perimeter (sides and rear); and controls on the location of the garage exhaust ventilation.

Modifications to the original plan will include:

- a two-metre reduction in the height of the building;
- a fourth-storey setback along the frontage and notched-out front corners to create a stronger three-storey presence;
- additional landscaping in the side yards;
- removal of raised stair entrances to garden units, allowing the yards to serve as amenity areas for the units;
  a shift in the garage
- a shift in the garage entrance towards the east side of the building to create a more centralized and inviting pedestrian entrance, including an accessible ramp and landscaped area; and
- a cleaner design, with more consistent window treatments and fewer balcony projections.

The owner now has the goahead to proceed with project, but as yet there are no details on the timetable for the launch of construction.

### Retail mystery continues at Minto

It seems the wait is far from over. There is still no news of the future occupant(s) of the large commercial space remaining vacant at Minto Beechwood, and high-rise development manager Kevin Harper is wary of even speculating about timelines for a final decision. What we do know is that interest in

the space remains high, with retail and service operations both large and small, national and local, still actively engaged in discussions with Minto Properties.

We can also reveal the hopeful news that at least a few of the contenders are very high on the neighbourhood priority list identified at the April 2014 Community Forum on Beechwood Development. They would be warmly welcomed should their bids succeed. In the final analysis, the space could be home to as many as three smaller businesses, or at the other extreme, one large one. In the meantime, the Starbucks fit-up on the corner remains underway, targeting an opening date of January 2018 at the latest.

There are seven unsold condo units remaining in building, with a mix of sizes and prices still available. Minto is offering a special \$20,000 incentive discount on all the units in this homestretch of sales campaign. The Sales Centre is now located in one of the building's model suites – enter via the residential entrance at 411 MacKay St. Call 613-696-8188 or drop in from 11:00 a.m.-7:00 p.m. Monday to Wednesday, and from 11:00 a.m.-5:00 p.m. Saturday and

In early September, Minto Beechwood project celebrated a major project milestone with the registration of the condominium, with final closings expected to wrap up by the end of the month. Now that condo residents are settling in, and the building's interior work and streetscape are effectively completed, the end of a long six-year road, from charred ruins to a functioning dwelling, is in sight.

Now bring on the stores!

### St. Charles Market ahead of schedule

Modbox sales Chantal Smith is delighted to report that early condo sales have been remarkably strong since the St. Charles Market (SCM) launch late last spring, with 44 per cent of the units sold by mid-September. While buyers have snapped up a mix of unit sizes, Chantal reports that the larger condos have proven especially popular with empty nesters eager to scale down from large houses, but still keen on retaining comfortably spacious homes in a congenial neighbourhood. New floor plans for one-, two-, and three-bedroom units were released in mid-September: check them out at stcharlesmarket.ca.

The SCM Presentation Centre is open from Monday through Thursday, 12:00-6:00 p.m., and on Saturday and Sunday from 12:00–5:00 p.m. For an appointment or for more information about the units available, call Chantal Smith directly at 613-301-7782. The Centre will continue to operate inside the Church even after the start of renovations to the church, in preparation for its transformation into a marketplace of small shops and eateries.

On the commercial occupant front, the Modbox team is now actively engaging with a range of interested businesses. The level of interest is reportedly high, and the company is taking pains to be selective in choosing future occupants to ensure a compatible mix of high-quality businesses reflecting the overall small-vendor, "market" vibe of the project.





Iconic residences reimagined on a historic site with a marketplace at its heart.

Contact us at 613.301.7782 to book your private appointment.

Presentation Gallery: 135 Barrette Street in Beechwood Village

STCHARLESMARKET.CA



# For the Birds By Jane Heintzman



Young barred owl.

The summer of 2017 was memorable, not simply because of the relentless rain and cool temperatures, but also on account of the striking lack of birdlife I encountered here in Ottawa and in Georgian Bay, where we spent several weeks in July and August. The sole exception to this unsettling pattern occurred on a brief visit to Parry Sound, Ont., in late June, when birds were abundant. Anyone who ventured into cottage country in this period is well aware that the cool spring spawned a bumper crop of blackflies, mosquitoes and other biting pests, all tasty fodder for warblers and flycatchers.

In a brief four-day June visit, our birding tally included Eastern phoebes, yellowrumped warblers, baybreasted warblers, wormeating warblers, common yellowthroat, ovenbirds, Northern flickers, red-eved vireos, great blue heron, common loons, doublecrested cormorants, common mergansers, whitethroated sparrows, pine warblers, black and white warblers, a great crested flycatcher, osprey (with four active nests in our area) and of course, Canada geese.

But back here in Ottawa in late June and early July, the birdscape was considerably scantier. While I did encounter a number of the usual summer species, I managed only a few sightings of any one of them (in some cases, only one). My list included gray catbirds, black and white warblers, vellow- and vellow-rumped warblers, American redstarts, a great-crested fly-



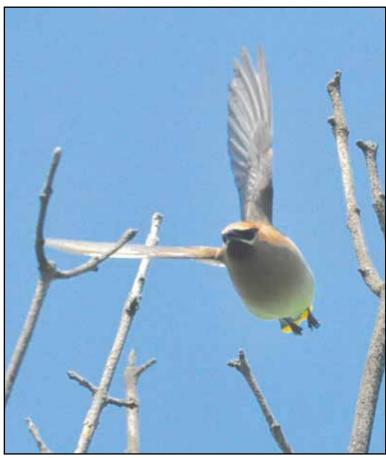
Male Northern Pintail.

Photo by Francine Ouellette

catcher, a merlin, a sharpshinned hawk, eastern phoebes, cedar waxwings in the Rockeries and Northern cardinals. American robins were a notable exception to the apparent population decline and were around in abundance. For the first time in a decade, the song sparrow pair normally resident in our garden did not stay around this year and I missed them sorely.

When we returned to Georgian Bay in late July, it seemed as if an all-bird evacuation order had been issued. The usual abundance of flycatchers, warblers, sparrows, vireos, thrushes, common ravens and great blue herons was nowhere to be found. Truly, it was "quiet, too quiet our there!" Our resident osprey chick fledged very early this year and left the nest late July. Our limited tally for the month included black-capped chickadees, a white-throated sparrow, a song sparrow, a mallard pair, common loons, common terns, turkey vultures, ring-billed gulls, a lone great blue heron, a Common merganser mother with six adolescent offspring in tow, a red-eyed vireo, doublecrested cormorants and an eastern phoebe. Not a warbler on the list!

A brief visit to the north shore of Prince Edward Island in early August was equally disappointing from a birding perspective. Very few of the usual cast of characters were in evidence and to my great disappointment, bald eagles, great blue herons, common yellow throats, common ravens and sander**lings** were altogether missing in action. The good news was that a piping plover nest on Brackley Beach was active



Cedar waxwing at the Rockeries.

Photo by Sharon Edwards

Parks Canada to protect the family from human beachcombers. In our own beach walks, we encountered a skittish group of semi-palmated plovers, which obligingly posed for photos at the water's edge.

On a return visit to Georgian Bay in August, the alarmingly bird-less pattern continued, to the point that our cottage community began to speculate that migrating flocks may have met with disaster en route last fall. The only highlight on our island was a busy flock of black and white warblers, joined occasionally by pileated, downy and hairy woodpeckers, black-capped chickadees and noisy blue jays. Black and white warblers are nuthatch-like in their habit of foraging along tree branches. They're custom-built for this purpose, with an extra-long hind claw and especially strong legs to cling to the bark as they probe for insects. While they're known to be aggressively territorial and combative with other species, our island population seemed content to share the wealth with the flock of chickadees.

Thankfully, birdlife has picked up noticeably in September as the fall migration gets into full swing. This is prime birding season, as many species gather in sizeable flocks, greatly simplifying the process of identification. Around our area, I have recently spotted flocks of chipping sparrows,

American robins, European starlings, tree swallows, blue jays, American goldfinches, house finches, common grackles and menacing-looking turkey vultures. Flycatchers have also been moving through the region, including Eastern wood pewees, great-crested flycatchers, Eastern phoebes and gray catbirds, one of which has made a home in our garden, alarming our dogs with its feline-like "meow." Other additions to my early fall list include white-breasted nuthatches, downy-, hairy- and pileated woodpeckers, common ravens, a hermit thrush (sadly deceased, likely thanks to a predatory cat) and a gorgeous little immature male redstart, which I initially mistook for a butterfly!

#### Perils of hurricane season

Migration is a risky business at the best of times, but this fall, conditions for migrating flocks have been downright treacherous. Backto-back hurricanes Harvey and Irma - two of the most powerful and destructive storms ever recorded – have hammered the birds' eastern flyway through Florida and their central flyway through Alabama, Louisiana and Texas. As I write, tropical storm Maria is bearing down on the Caribbean, threatening many of the islands already devastated by Irma's impact.

Songbirds such as thrushes, warblers, flycatchers

and sparrows, along with raptors, waterfowl and some shorebirds, travel the eastern flyway through Florida and across the Caribbean to Central and South America. This year, the brute force of Irma's winds has decimated the birds' food resources such as insects, fruit and other vegetation and swept many fliers off course, in some cases right back to the starting point of their migration. Powerful storm bands trap the birds, acting like riptides to sweep them 100 miles or more off their intended course. Even those that survive along the eastern flyway through Florida face further peril in the Caribbean, where Irma's devastation has been catastrophic.

Hurricane Harvey posed an equally lethal threat to migrating flocks. Its powerful winds stripped foliage, fruit and insects from the trees and caused extensive flooding over a huge area, covering the leaf litter relied on for sustenance by ground foraging species such as warblers and thrushes. Facing arduous flights of up to 600 miles over the Gulf of Mexico, migrating birds need to bulk up with high-fat diets to survive the journey. This year's hurricanes have undoubtedly left many birds weakened, unable to reach their destinations. The toll taken won't be clear until next spring when surviving migrants return; right now, it's not a pretty picture.

#### Reports from our readers

Our Victoria, B.C., birding correspondent Vicki Metcalfe had as bountiful a birding summer as my own was scanty. In an early summer excursion to Observatory Hill in Saanich, she tallied 35 species, including Wilson's warbler, Cassin's vireo,

Pacific slope flycatcher, olive-sided flycatcher and red-headed sapsucker. On area beaches in August, Vicki spotted myriad other species, from the familiar such as white-breasted nuthatches, killdeer, mallards, bald eagles, purple martins and great blue herons, to a range of less familiar critters, including pigeon guillemot, black-bellied plovers, black ovstercatchers, chestnutbacked chickadees, rhinoceros auklets and a rufous hummingbird. Vicki's latest news comes

from an early September expedition to the beach in Sidney, when her tally included western sandpipers, semipalmated plovers, numerous killdeer, Heerman's-, mew- and Bonaparte gulls, collared doves, pelagic cormorants and common loons - which apparently are not common on the west coast! Until wasp season set in in earnest to drive both the hummingbirds and Vicki herself from her garden, she was charmed by the spectacle of groups of Anna's hummingbirds feasting energetically at her backyard sugar-water feeders.

Back in the 'Burgh, Philip MacAdam's Avian Bistro on Thomas Street was lively this summer. A steady stream of downy and hairy woodpeckers, American goldfinches, purple finches, house finches, white-breasted nuthatches, chipping sparrows and Northern cardinals fueled up at Philip's five amply stocked backyard feeders, while American redstarts made regular appearances around his property. On several occasions, a broadwinged hawk swooped in, managing to pick off four hapless pigeons as they gobbled birdseed under the feed-



Male American Wigeon.

Photo by Francine Ouellette



Male wood duck.

viaic wood duc

val-des-Monts, Que., correspondent **Amy-Jane Lawes** had some interesting birding experiences this summer, most recently an encounter **ducks, dark-eyed juncos, American wigeon** and **trumpeter swans**. Dave is just getting back on his feet after a recent illness and we wish him a full and speedy recov-

Former NECA member and John Street resident **Simon Ford** has relocated to London, England, where he recently spotted a photogenic pair of **greylag geese**  and their fluffy babies on the Blackheath pond in the borough of Greenwich.

Photo by Amy Jane Lawes

Many thanks to **Sharon Edwards** for sharing her marvellous bird photographs taken on regular walks in the Rockeries and as always, to consummate wildlife photographer Francine Ouellette for samples of her latest avian prizes.

ing experiences this summer, most recently an encounter with a raucous group of blue jays. After a moment's investigation, Amy discovered that the jays had found a young barred owl and "were making sure it knew it had been found!" In Amy's neighbourhood rambles, she spotted her first red crossbills since coming to Canada from the United Kingdom and is hopeful that their white-winged crossbill cousins will turn up soon as well. The local hummingbirds in Val-des-Monts appear fascinated by acorns, according to Amy. "I'm not sure if they're finding some kind of sap I can't see, or if

trees."
Central Alberta birding reporter Dave Collyer has been enjoying the start of migration season, reporting a long list of species in his area, including killdeer, common redpolls, white-fronted geese, tree swallows, yellow-headed blackbirds, saw whet owls, American avocet, mountain wrens, blue birds, wood ducks, common goldeneye, Northern pintail, pine siskin, ruddy

they're just confused!" She

is looking forward to duck

migration starting in earnest

in the coming weeks, content-

ing herself for the moment with an abundance of **wood ducks**, which "outnumber even the **yellow-rumped warblers** dripping from the



Hummingbird with acorn.

Photo by Amy Jane Lawes

### Michael K. Edwards, CPA, CA

**Personal and Corporate Income Tax Financial Statement Preparation** 

68 Stanley Ave Ottawa, ON K1M 1P6 Tel: 613-749-7013 Cell: 613-290-9030

Email: michael.k.edwards@bell.net

### Cecilia Taiana Ph.D (Psychology)

Registered Psychotherapist (RN) & Psychoanalyst (FIPA)

Psychodynamic psychotherapy for individuals, couples and families experiencing emotional and functional adjustment to the stresses of contemporary life, inter-personal relationships and/or who wish to focus on personal growth.

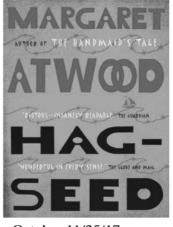


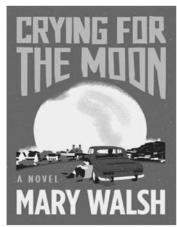
Sliding scale • Insurance plans accepted Day time and evening appointments Office located in Lindenlea

613-746-9416

### Books on Beechwood Book Club







September 13/27/17

November 08/29/17

#### **Books on Beechwood Presents TWO Monthly Book Club Sessions!**

Session 1***		Session 2***	
Date:	Second Wednesday of month	Date:	Last Wednesday of month
Time:	7:30pm	Time:	7:30pm
<b>Location:</b>	New Edinburgh Square	Location:	The Edinburgh Retirement
	35 Beechwood Avenue		Residence
	2 <sup>nd</sup> Floor Lounge		10 Vaughan Street
			Penthouse
Session		Session	
Leader:	Antoinette Fracassi	Leader:	Jill Moll
Schedule:	September 13- The Witches of New	Schedule:	September 27- The Witches of New
	York by Ami McKay October 11 - Hag-Seed by Margaret		York by Ami McKay October 25 – Hag-Seed by Margaret
	Atwood		Atwood
	November 08 – Crying For The		November 29- Crying For The Moon
	Moon A Novel by Mary Walsh		A Novel by Mary Walsh

\*\*\* select whichever session is most convenient for you For more information: call 613-742-5030 or e-mail staff@booksonbeechwood.ca



### FULL SERVICE REAL ESTATE BROKERAGE DIONNE CALDWELL

(INDEPENDENT & PRIVATELY OWNED) 9 MURRAY STREET, OTTAWA ON KIN 9M5 CELL: 613-277-7508 613-744-5525

ADMIN@CALDWELL-REALTY.CA

PROPERTY MANAGEMENT SERVICES IS A DIVISION OF CALDWELL & ASSOCIATES REALTY LTD.

BROKER OF RECORD

dcaldwell@caldwell-realty.ca

#### BILL WELSH

PROPERTY MANAGER/SALES REPRESENTATIVE

CELL: 613-816-1144

bwelsh@caldwell-realty.ca

#### MARY LOU MARTIN-GERHARDS

SALES REPRESENTATIVE

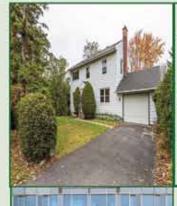
CELL: 613-698-7740

Igerhards@caldwell-realty.ca



 Visit www.caldwell-realty.ca for a full list of available properties.





#### 5 ARUNDEL AV

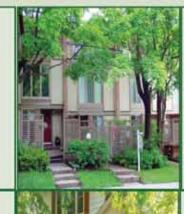
Manor Park 4 bdrm & 2 bath

\$3,200. PER MONTH

704 -160 GEORGE ST

Market Area 2 bdrm & 2 bath

FOR SALE \$375,000.



### 168 DUFFERIN RD

New Edinburgh 3 bdrm & 3 bath

FOR RENT \$3,200. PER MONTH

49 BULLOCK AV

Ottawa East 3 bdrm & 1.5 bath

FOR SALE \$725,000.



#### 51 CRICHTON ST

NEW EDINBURGH 4 bdrm & 3 bath

FOR SALE \$1,199,000.



Civic Hospital 4 bdrm & 3 bath

FOR RENT \$4,500.



### Former QVBIA director proud of bold projects, positive impact

#### By Christina Leadlay

After two years as director of the Quartier Vanier Business Improvement Area (QVBIA), Jamie Kwong stepped down this past August to take a job in the public sector.

"An opportunity fell in to my lap," she tells the New Edinburgh News. Since early August she has been consulting with the federal government in the area of "change management." Jamie says this is the first time she has worked outside the non-profit sector and she is excited about the new challenge.

The QVBIA is expected to announce their new director later this fall.

Jamie took over from former QVBIA director Suzanne Valiquet in 2015 after many nearly three years working with the Orleans Chamber of Commerce. At the QVBIA, she immediately set about laying the groundwork for what have become the group's main current projects.

In two short years, Jamie has helped steer the QVBIA's new business strategy, increasing their networking and marketing campaigns, as well as boosting community engagement and promoting beautification projects.

"There is more positive talk about the area now," she says of the Vanier neighbourhood and the ways in which the BIA has become a credible business resource. Jamie says people are starting to think differently about Vanier and its three main streets: McArthur Avenue, Montreal Road and Beechwood Avenue.

Jamie explains that the QVBIA - which has been around since 1985 – works



Jamie Kwong (front row, second right) pictured in the Beechwood Parklet in 2016. She stepped down as head of the Quartier Vanier Business Improvement Association in August. Photo courtesy Jamie Kwong

local businesses while engaging with residents and neighbours.

While there have been some highly visible projects during her tenure – like the Beechwood parklet and Ottawa's biggest mural on Montreal Road - Jamie acknowledges the QVBIA does a lot of less-glamorous but important work, like replacing light fixtures, removing graffiti and dealing with complaints about permits and zoning.

She recalls the 2016 parklet project as one of the highlights of her time with QVBIA. "The parklet was done boldly and is up for a design award," she says of the project, part of a citywide pilot program. The Beechwood parklet was a collaboration with Carleton University's architecture department to create a space that would slow traffic while giving neighbours a place to take a break.

New Edinburgh residents expressed mixed reviews on balancing the needs of of the parklet. Many loved

the idea of a public space for everyone to share, while many others disapproved of the parklet's location on the road, fearful of potential traffic dangers. This year, the parklet has been on the grounds of the St. Charles Market property, in a grassy, shady area by the bus stop.

Ever the optimist, Jamie says: "even negative feedback is good."

She explains that while planning for the tallest mural in Ottawa project this past summer (at 261 Montreal Rd.), the QVBIA ended up having tough but important conversations with Indigenous groups about diversity.

"How do we make this community good for everyone? No one wants to feel unwelcome," she says, adding that many projects and conversations are about balancing "your requests versus my comforts," and keeping the community's best interests as a priority.

"Sometimes the loudest voices don't represent the

popular perspective," she says.

Jamie's advice for the new director is to have a good understanding of the Quartier Vanier's mandate and goals, and to foster a good working relationship with the board of directors to come up with the best plan for the community.

While she may no longer be the face of the Vanier Business Improvement Association, Jamie is still a champion for the community where she is currently house-hunting.

"I'm still around in the community. Stop me and say hello," she says, with a big

# ONE UP COCKTAIL PUB



#### new edinburgh's hottest new venue

at the corner of beechwood and crichton: 1 beechwood ave, 2nd level 613.680.1130 - oneup@royaloakpubs.com open daily from 4 pm to 1 am

### **BOOK YOUR PARTY** 613.680.1130

christmas, anniversaries, socials bring your guests to a venue that has a chic atmosphere,

amazing cocktails and food, and friendly staff. our professional team will work with you to ensure that you and your guests have something extra to celebrate while visiting.

### SPECIALS + EVENTS

everyday of the week

from monday night trivia, half priced inception wine bottles on wednesdays, to live jazz on saturdays and more! details at rovaloakpubs.com/oneup



# EFFECTIVE, INJURY-FREE FITNESS FOR PEOPLE OVER 50



# Contact Us Today

www.evertrainlifestyles.com 613-295-8080

- Customized Strength Training Programs for Weight-Loss and Longevity
- Built-in Injury Prevention
- Nutrition & Lifestyle Coaching
- Motivation, Accountability and Support from Your Coach



"Even though I was exercising 3-5 times per week, I was still gaining weight. Over the years I had gained 70lbs. I was working out all wrong before but didn't know it. Since becoming an Evertrain member, I've lost weight, my back no longer hurts and I feel a lot better.

Kathy B. lost 38lbs, 42 inches and 11 inches off her waist.

## Big jumble sale to benefit disadvantaged women in India

#### By Patricia Kirby

Do you like to shop and help disadvantaged people at the same time? A jumble sale, including baked goods, will be held at NECTAR House (New Edinburgh Community and Arts Centre) at 255 McKay St. on October 14 from 9:30 a.m.-12:30 p.m.

The jumble sale will feature a fancy table with some spe-

cial items and jewelry alongside many other tables filled with books, clothing, housewares, crafts and other items, even small furniture.

An all-volunteer nonprofit group called Friends of Jagruti (FOJ) is holding the sale to benefit the Jagruti Seva Sanstha community centre in Pune, India, where our founder studies Iyengar yoga.

Every penny we raise will go to this grassroots centre benefiting women and their families in Pune's Janawadi

Jagruti Seva Sanstha provides a full range of community services to residents of Janawadi with the help of a community-based social worker and teachers, along with a volunteer lawyer and

doctor. The community counsellor, who grew up in the slum, is available day and night to resolve domestic disputes and community conflicts.

To provide clothing and household items at low prices for Janawadi residents, Jagruti Seva Sanstha also regularly organises secondhand sales of clothing and household goods. That said, the group's main focus is on empowering the poor and disadvantaged with education, vocational training and healthcare, focusing on women and children in particular

Parents who live in the slum are mostly illiterate labourers and domestic help and their children often drop out of school. Girls are sometimes married off at an early age and young women face much higher unemployment than young men.

At Jagruti Seva Sanstha, the children who live in Janawadi slum benefit from nursery and pre-primary school instruction in addition to health care. Jagruti staff help provide these with birth certificates and then arrange their admission into the school system.

Regular & Spring Cleaning

Pre & Post move cleaning and packing Pre & Post renovation cleaning

Organizing cupboards, basements.

These children would otherwise get no formal education at all.

Older students have access to a library and reading room, as well as to presentations by social workers, scientists and doctors. Jagruti also provides higher education support for bright and needy students including hostel arrangements for 40 girls.

A wide range of vocational training for young men and women is offered through low-cost, three- to six-month courses, including training as nurses' aids and pre-primary teachers, as well as computer training

Jagruti Seva Sanstha is a registered charity in India but gets no money from the government. Its founder and some of its employees have received awards for their work in improving the present and future lives of Janawadi residents.

As for Friends of Jagruti, it is a registered Canadian notfor-profit whose goal is to raise funds for Jagruti Seva Sanstha and to publicise its work.

More information about Friends of Jagruti is available at friendsofjagruti.org.

Every working person

✓ Bartenders/Waitresses

✓ Estate Planning & Organizing

needs a wife!

-Laurel 749-2249



OTTAWA HOMES & CONDOS



Rockcliffe Park - \$2,699,000 The best way to celebrate family life is here: entirely convivial, totally restored home at the heart of Rockcliffe Park - appreciate history's beauty with the convenie



Rockcliffe Park - \$1,695,000 This residential villa is nestled in a peaceful, traffic-free enclave of multi-million dollar residences in the heart of Rockcliffe high-quality craftsmanship that went into



New Edinburgh - \$999,000

Unique features and exceptional details

Rockcliffe Park - \$799,000 In one of the city's most loved neighbourhoods, 42 Acacia claims a coveted corner enclave amongst the green vistas of Rockcliffe Park. Mid-century stunner boasts countless updates throughout.

A neighbourhood where heritage is preserved with meticulous care, a modern ome that reflects historic surroundings to great success - find an impeccable add to call ho





Lindenlea - \$439,000 When you find yourself in one of the city's

Help for learning disabilities and difficulties learning

Rent-A-Wife



Serving Ottawa since 1992

patient ~ understanding ~ trusting

Please contact Meadowlark for at-home remedial education services

meadowlark.ca ~ info@meadowlark.ca 613-565-9889



New Edinburgh - \$939,900

Old and new are blended perfectly in this

street in New Edinburgh. Close to numer-

ing property located on a tree-lined

Vanier - \$509,000 Completely renovated duplex sitting on a picturesque corner lot of Ottawa's up and g neighbourhood. Two spacious om units each renovated with exceptional taste and style.

Kavanaugh - \$479,500 aurants, amenities - daily essentials are

A charismatic neighbourhood, parks, infused with a village vibe on Beechwood. features plus in-unit upgrades.

of equal desirability follows. Within the The Kavanaugh offers five star building community of 39 Putman, find a dwelling that checks every box.

Discover what working with Ottawa's Best, can do for you.

#1 IN OTTAWA - ROYAL LEPAGE\* #1 IN EASTERN ONTARIO - ROYAL LEPAGE\*

613.744.6697





# A great summer and new activities this fall at fieldhouse



#### By Matt DeWolfe, chair of the Crichton Community Council

For the Crichton Community Council (3Cs), the spring and summer are usually a quieter time of year. This year, however, there's a lot to report on, with new and renewed efforts and activities.

There was a terrific turnout for this year's New Edinburgh Cheering Station at the Ottawa Marathon in May. Our own Sylvain Belanger was on the mic and resplendent in a maple leaf unitard, leading the energized cheering crowd as they urged runners along into the last leg of race with applause, encouragement, a hose-down and freezies. To commemorate the Canada 150 edition of the annual event, 3Cs volunteers hosted a community barbecue complete with bouncy castles and children's games led by Roxie Clark. Thanks to other volunteers Pascal, Paula, Caroline, Debra, Denise and Jerry for running this wellreceived event.

In June, the 3Cs held elections at its annual general meeting, bringing fresh faces to the executive and memberat-large positions. A warm welcome to the newest council member Marta Reyes-**Lipman** and many thanks to outgoing president **Debra** Conner for her commitment and leadership over the past few years.

This year's election may be over, but we always appreciate more volunteers. one-off assistance at events to new members. With winter approaching, we are looking for hosers for nightly rink flooding and rink attendants (a good part-time job or volunteer position for high school students seeking volunteer hours). Email CrichtonCommunityCounc

il@gmail.com if you would like to help with the rinks. In July, the City broke

ground on the Stanley Park playground upgrade, rink regrading and site remediation project. We look forward the grand reopening this fall and have fingers crossed that it will happen in time for the Halloween Howl. While the playground may be closed, the Fieldhouse is still available for rental. Visit crichtoncommunity council.com for availability and bookings.

This summer saw the start of a new initiative at the Fieldhouse. The Rideau-Rockcliffe Community Resource Centre (RRCRC) began hosting a free drop-in playgroup for children ages 0–5 years and their parents and caregivers on Thursdays from 9:30-11:30, part of its efforts to expand its service to our neighbourhood. The RRCRC is also accepting registrations for an after-school program at the Fieldhouse for children ages 6–12 years. Contact the RRCRC at 613-745-0073 ext.109 or Brigitte. Larose@crcrr.org for more information.

The 3Cs joined NECTAR, Edinburgh the New Community Association (NECA) and RRCRC to hold



Photo by Chris Straka

There was a terrific turnout for the New Edinburgh Cheering Station at the Ottawa Marathon on May 28, featuring applause, a hose-down and freezies for the runners.

the first Thomas MacKay Day street party on MacKay Street on September 1. The weather held, allowing for a gathering of neighbours of all ages from across New Edinburgh to share in food, conversation and games for the young ones.

The weather also cooperated for the annual New Edinburgh Garage Sale on September 16. Our volunteer canvassers heard from many residents that this year's turnout of bargain-seekers was very good. The 3Cs "hosts" this event, acquiring the necessary City permit and advertising in print and on posters, listservs, news outlets, community calendars and social media. In return, it asks for donations from vendors that help to fund our annual community events and the operation of the rinks.

Speaking of events funded through donations, mark your calendars for the Halloween Howl, Saturday October 28, 3–5 p.m. Children are invited to partake in games and crafts at the Fieldhouse and join the costume parade.

Follow the Crichton Community Council on Twitter @NEFieldhouse and visit us online at crichtoncommunitycouncil.



Photo by Chris Straka

# FRESH

REDISCOYER YOUR HAIR

75 Beechwood I 613.680.6315

MARGOT

 $m{D}$  iscover the difference of personalized Care for Women, Men & Teens



Esthetician • Electrologist Registered Podologist • Foot Care Specialist (Insurance Receipts Provided)

613-748-0352

54 Dunvegan Road, Manor Park



ESTABLISHED 1983

Serving the public for 35 years

appraisal and evaluation expert repair and restoration

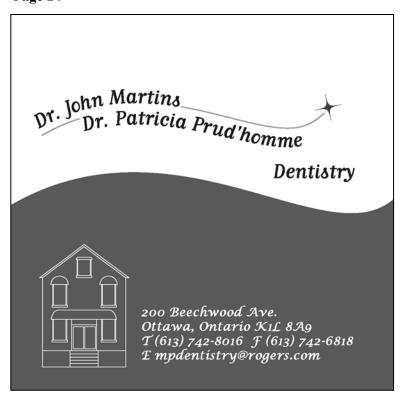
• free consultation
• fringing, rug hanging, reweaving, et al. proper washing including pick-up and careful re-installation

repairs completed in original format, using top quality materials

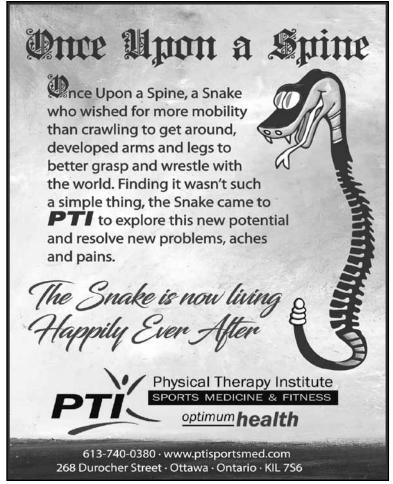
Douglas Mair 75 Jardin Private

(613) 741-7806 mair@orientalrugservices.com









# Da Bombe goes grey to support the Brain Tumour Foundation



Photo by Karen Harriso.

Da Bombe supported the June 8 Brain Tumor Walk by decorating the cafe with grey balloons (a reference to the brain's grey matter).

#### By Karen Harrison

Here in New Edinburgh, many local businesses are known to step up when it comes to fundraising.

On June 8, local café owner and dessert purveyor *extraordinaire* Bill Ross and his staff at Da Bombe dedicated their time, energy and a considerable percentage of the proceeds from their delicious Sunday brunch and desserts to the Brain Tumour Foundation of Canada (BTFC).

The story behind this wonderful generosity goes back one year earlier.

Following their son Trevor's diagnosis with a brain tumour in 2010, New Edinburgh residents Karen and John Harrison – together with family, friends and business associates – began regularly participating in the annual fundraising walk for the BTFC.

The Harrison family is one of the lucky ones. After two surgeries, radiation and chemotherapy, Trevor has been cancer-free since 2013 and has gone on to complete a graduate degree and return to work for a federal Cabinet minister. He continues to advocate for other survivors and their families through the work of the foundation. Back

in October 2013, the *New Edinburgh News* featured an article about how the New Edinburgh Pharmacy guided Trevor throughout his chemotherapy.

Every spring, in cities across Canada, supporters and volunteer organizers participate in the annual Brain Tumour Walk (formerly known as the Spring Sprint) as they "Join the movement to end brain tumours."

In June 2016, after completing the 5 km walk at Andrew Haydon Park, Trevor and his "Team Grey Matters" arrived at Da Bombe on Beechwood Avenue for a hearty brunch. Bill Ross noticed the vivid T-shirts they were wearing and so an explanation was in order

"I wish I had known sooner," said Bill. "We could have done something!"

Several years earlier, Bill lost a member of his family to a brain tumour, long before any of today's diagnostic tools and subsequent treatments existed.

"Please, next year, let me know ahead of time," Bill urged.

And so, this year, there was an opportunity to get prepared. A couple of weeks before the June 8 walk, Bill

set up a donation box with badges and lapel ribbons on the counter.

The day before the walk, Trevor, his partner Kaisha and older brother Chris descended on Da Bombe. In short order, posters and brochures were on display and grey balloons festooned the restaurant fixtures. Grey – as in "grey matter," a major component of the brain and central nervous system – is the BTFC's official colour and the organization offers grey wristbands to wear as symbols of hope.

The day of the walk was sunny and mild and the turnout was one of the best ever. After completing the 5 km walk, the Harrisons and several friends and colleagues arrived at Da Bombe – with their appetites. The restaurant was busy that day – Sunday brunch at Da Bombe never disappoints. Luckily, every-one found a seat.

When all was said and done, Bill presented almost \$400 to the BTFC – enough to put Trevor's "Team Grey Matters" over the top for their fundraising goal. With support and encouragement from Bill and Da Bombe, next year promises to be just as inspiring

### Help build an archive of life in Ottawa in 2017



Photo montage by Rick Millette

This is just one of the submissions to PHOTOttawa150, a growing collection of photos taken in 2017 of life in the capital region.

#### By Catherine Lindquist

Throughout 2017, the Council of Heritage Organizations in Ottawa, with support from Ontario 150, the City of Ottawa, the City of Ottawa Archives and the Ottawa Public Library, is reaching out to the community to gather images that capture life throughout Canada's sesquicentennial year.

From city events and cultural festivals, to neighbourhood gatherings and landscape

snaps, we want to see Ottawa through the lens of its community. Our hope is to ensure a wide collection of submissions that reflect the vibrant and diverse people and places that make up Canada's capital region.

Selected photographs will be included in the City of Ottawa Archive's permanent collection and featured in a virtual exhibit on the Council of Heritage Organizations in Ottawa's website.

Participants are encouraged to share their photographs on our Facebook page -PHOTOttawa150 - with a caption that shares their unique experience or story of Ottawa. These can also be sent directly to projects@ choocopo.ca.

Photos must be taken in 2017 and suggested themes natural environments; built environments; movement in the capital; and peoples of the capital.

Don't have a computer? All 33 branches of the Ottawa Public Library are providing access to public computers and free WiFi.

This is a unique opportunity to share how you experienced 2017 and have your photos archived in the City of Ottawa's permanent collection. Leave your legacy and celebrate Canada's milestone year!

New Edinburgh resident Catherine Lindquist is the Executive Director of the Council of Heritage Organisations in Ottawa.



Blush Beauty Ottawa

A-184 Laval Street

Love the skin you're in... Relax, Indulge, Rejuvenate

> 60min Custom Organic Facial

only **\$70** 

**Book Now** 613-617-6632 www.BlushBeautyOttawa.ca





Children playing baseball in Stanley park.

Sketch by Martha Markowsky



When you retire, miss work more than the paycheque.

Karim Gwaduri

Edward **Jones** 

# Local super-cyclist offers tips for using Ottawa's bike network





Photos courtesy Sean Flynn

New Edinburgh's Sean Flynn is well known for his car-free lifestyle. He cycles year-round to his office in Bells Corners and takes his bike on holiday to New York City.

#### By Elizabeth Gray-Smith

Across from the iron gates of Rideau Hall on MacKay Street sits an 80-pound, three-seater bicycle carrying a zip-tied rainbow-painted milk crate. Its proud owner, Sean Flynn, who bought the step-through specialty bike at a Dutch bicycle store in Brooklyn, NY, calls it "The Big Bike." His much-followed social media posts, featuring handlebar selfies of his various biking adventures, has made The Big Bike into something of a neighbourhood icon and has turned Sean into New Edinburgh's very own super-cyclist.

When The Big Bike is not locked up, it is on the roads of New Edinburgh, on the pathways throughout the city and occasionally hitting the streets and beaches south of the border.

"That bike is phenomenal," says Sean. "I'm able to get it across the big bridge that crosses over Hill Island in the U.S. and all the major highways, including the FDR expressway."

If The Big Bike had a passport, it would boast more than a few stamps from its travels. Sean has brought it to Washington D.C., the Hamptons and New York City. The milk crate is a souvenir a recent trip to the Big Apple – he picked it up from a curb on Broadway.

All of these places, according to Sean, boast the same high level of biking infrastructure as Ottawa.

"New York City is actually very bike friendly," says Sean. "The taxis are expensive, Uber is expensive and slow and the subway system makes the kids walk up and down all those steps. But, by bike, the kids hop on and off and we can go from the Village to Midtown in 15 minutes. It makes for a nice, easy vacation with the kids," he explains.

Back home on MacKay Street, Sean unlocks The Big Bike to support his family's hectic daily routine, getting his sons, aged nine and 11, to and from football practice, school and summer camps. And it has become his principle mode of transport to work in Bells Corners.

"I first got into riding when our family moved here," about six years ago, says Sean. "I knew I didn't like driving that much and the bus service is not optimal, so I started by asking myself: 'What if I biked to the Rideau Centre?' Then I asked: 'What would happen if I just kept going to work in Bells Corners?' I quickly realized I can bike that whole distance faster than the bus and in some cases faster than driving in rush hour."

"We are really lucky here in New Edinburgh," says Sean. "We are right in the middle of some wonderful biking infrastructure. We are situated close to the rivers and reasonably close to the canal. We have incredible access to Ottawa's bike infrastructure and trails."

"You know there is a walk score for cities," says Sean. Within this scoring system, Ottawa gets a 54 for its walkability, making the Capital the fifth-most walkable big city in Canada. "Well, the bike score for New Edinburgh should be 100. We are doing that well."

Some recent enhancements to the local biking infrastructure include the separated bike lanes on Beechwood Avenue and the new Adawe Bridge over the Rideau River that links nearby Overbrook to Sandy Hill.

Sean believes so deeply in biking that he keeps the wheels turning during all four seasons. You may see him drop the three-seater for the one-seat, 35-pound specialty bike

"The thing is, when the snow is falling and you see everyone waiting for the buses and digging out their cars, I just pull my bike out, put it on the road and just go. I blow past the traffic," he says.

Sean calls himself a bit of an outlier in the cycling community. He does not profess to be an expert and does minimal maintenance on his bikes.

"I'm not an avid road cyclist, I just know to shift into low gears if I'm going up the hill and the high gears going down the hill," he says.

"I have no special training, I just made a decision to do it. Then I realized the cost-savings, the environmental benefits, my own health benefits – all of it is just phenomenal and I still ask myself: 'Why the heck isn't everyone else doing it?'"

For those New Edinburghers looking to make biking part of their daily routine, Sean offers the following tips:

- Trust the digital crowdsourced mapping systems – Google Maps is your best friend.
- When starting out on short distances, pretty much any bike is suitable.
- Try your route to work on

- a weekend afternoon to get the feel for it.
- If you want to bike in the winter, start in the summer. You need to progress from summer to fall and get used to things like freezing rain or a dusting of snow. Ease in to the weather conditions and fine-tune your outfit.
- For winter riding, reach for merino wool clothing. Try snow mitts or "pogies" which attach to handles, allowing you to ride in -10-degree Celsius weather without gloves whilst protecting your cables from water and ice.
- Keep going! After a week or two, you will feel energized to stick with it.



Photo courtesy Sean Flynn

### It's going be an epic Book Fair





Students at Rockcliffe Park Public School will explore all kinds of myths during the 2017 Book Fair which takes place November 3, 4 and 5.

Photos by Seanna Kreager

#### By Adrienne Blair

The students have spoken: the overwhelming choice for theme of the 2017 Book Fair at Rockcliffe Park Public School is Mythology. Certainly, book series like Rick Riordan's Percy Jackson and the Olympians and The Trials of Apollo (as well as some little films like Wonder Woman and the upcoming Thor: Ragnarok) have helped kindle children's interest in Greek and Norse gods and demigods. But we hope to explore all kinds of myths: Egyptian, Roman, Chinese, Indian, Celtic, Japanese and more.

The RPPS Book Fair will take place November 3–5 in the Rockcliffe Park Public School gymnasium (Queen Juliana Hall – enter off Springfield Road near Buena Vista).

The RPPS Book Fair attracts thousands of avid readers each year to browse through more than 50,000 donated titles in every genre. They also find magazines, DVDs, CDs, vinyl, puzzles and board games—all at great prices. Many folks make a day of it: kids convene at our Craft Corner and families

drop in to our Book Fair Café for tasty snacks and even hot lunch and dinner options.

Book Fair is one of the community's most anticipated annual events. Dedicated volunteers give more than 4,000 hours of their time, many working year-round to collect, sort, store and price donations. The proceeds from Book Fair flow not only back to RPPS, but also to other

area schools in the form of grants to support literacy programs.

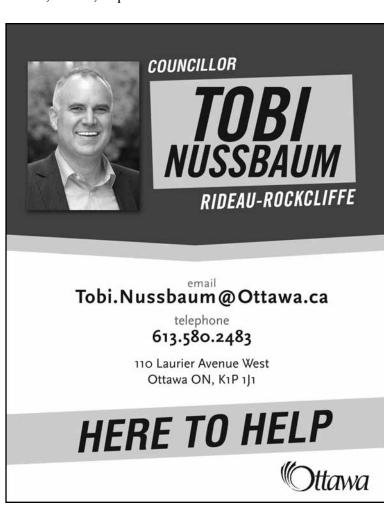
Don't miss it.... It'll be the stuff of legend.

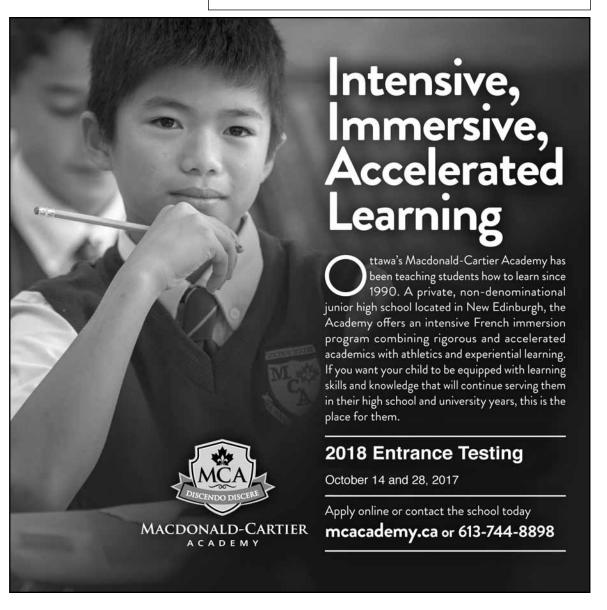
For more information visit rockcliffeparkbookfair. com, Twitter @ rppsbookfair or Facebook: RockcliffeParkBookFair



#### **Support your local businesses!**

Tell them you saw their ad in the New Edinburgh News.





### Music and lemonade make St. Bart's Doors Open event a success

#### By Canon David Clunie, Rector and Judy Wiesinger, People's Warden

St. Bartholomew's Anglican Church participated in Doors Open Ottawa for the first time on June 3. The church, celebrating its 150th anniversary this year, is one of the oldest buildings in New Edinburgh and has been central to the community's development since its early days. As more than 250 visitors discovered on that Saturday, the listed building is a historical gem that boasts close links to the founder of New Edinburgh, Thomas MacKay, for it is his estate that donated land for the church that stands at the corner of MacKay and Queen Victoria Streets. Inside, there are many plaques, including two in memory of MacKay and his son-in-law, Thomas Keefer.

Visitors were struck by the beautiful stained glass windows and, especially, by the Memorial East window by the Irish stained glass art-Wilhelmina Geddes. The window was commissioned by Canada's 10th Governor General, the Duke of Connaught, in memory of members of his staff who died in the First World War and was unveiled in 1919. The window is the only example of Geddes' work in North America

Early in the afternoon, guests enjoyed a glass of lemonade in the sun while listening to some light music by the all-female octet RingOut. This was followed, inside, by words of welcome by Ottawa Mayor Jim Watson who was joined by Irish Ambassador Jim Kelly, Ottawa-Vanier MP



(First row, from left) Richard Remillard, Mayor Jim Watson, Irish ambassador Jim Kelly, MP Mona Fortier, MPP Nathalie des Rosiers and Sheila Perry. (Back row, from left) Canon David Clunie, Steve Brereton, Tobi Nussbaum and Judy Wiesinger.

Mona Fortier, MPP Nathalie DesRosiers and local coun-Tobi Nussbaum. Afterwards, volunteers from the parish acted as historical guides, highlighting some of the features inside the church, including its links to Rideau Hall and the Governor General's Footguards.

Those interested were able to enjoy a varied selection Létourneau organ, built in and tells much of the story St-Hyacinthe, Que., or walk the new labyrinth in the church garden. It was clear that St. Bart's is not only a place of worship, but also a historical treasure in the community.

St. Bartholomew's Church continues its yearlong celebration of our 150th anniversary. The history

of how New Edinburgh began. A beautiful parish history has been published and is available at Books on Beechwood or at the church. If you are interested in the church (services at 8:15 a.m. and 10:30 a.m. every Sunday), its Sunday School and choir, please call 613-745-7834 or go to the new of music played on the 2013 of St. Bart's is fascinating website at stbartsottawa.ca.

## In Memoriam: Alexander "Sandy" Miller (April 15, 1988–July 1, 2017)

**By NEN Staff** 

Friends, family and the community at large were deeply saddened by the death of former Ashbury College student Sandy Miller, who died on Canada Day: July 1, 2017. Sandy was the beloved son of Manor Park residents Susan Clarke and Don Miller and the brother of Elizabeth Miller, also a graduate of Ashbury.

Sandy will be remembered by all who knew him as a young person with exceptional talents, boundless energy and above all, a generous heart. In his eight years at Ashbury, Sandy excelled at team sports and made numerous life-long friends. His summers were spent canoeing on the lakes surrounding Camp Nominigue, where he became a memorable mentor and teacher of younger campers and was inspired to pursue post-secondary studies in environmental protection and First Nations environmental

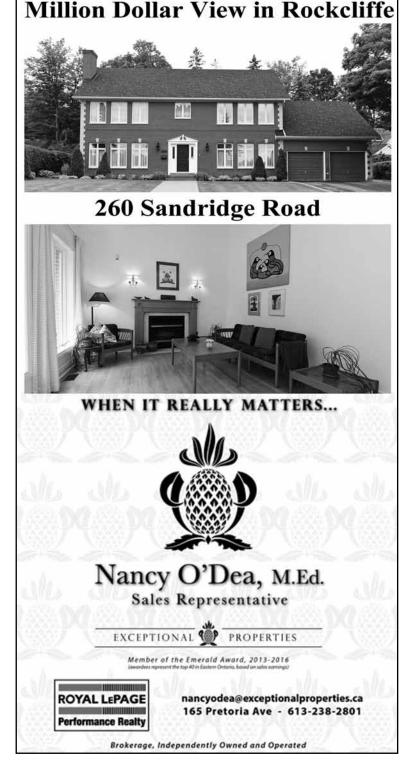
At Queen's University, he earned a Bachelor of Science (Honours) in Environmental Sciences and was a popular member of the Queen's mountain biking team. He went on to pursue further post-secondary studies at the University of British Columbia's School of Community and Regional Planning, where he completed a Masters of Science in Planning with a specialization in Ecological and Natural Resources Planning. Sandy focused his research on the protection of beluga whale habitat in Cook Inlet, Alaska, an environmental cause that remained close to his heart. While living in Vancouver, he undertook volunteer survey research in the city's downtown eastside market, prompting positive action on the part of city officials to address the serious challenges of area residents.

A celebration of Sandy's life was held at Ashbury

College's MacLaren Hall on July 22. The Hall was overflowing with friends, family and acquaintances of all ages, touched by the loss of a much loved, talented and generousspirited young man. The service, conducted by former Ashbury Headmaster Tam Matthews, began with a red canoe from Camp Nominigue being carried into the Hall. Numerous tributes to Sandy's life and accomplishments and mostly importantly, to his empathy, care and concern for others, were offered by Tam Matthews and by several of Sandy's close friends. His sister Elizabeth presented a visual portrait of "Sandy's Life through the Lens.'

Sandy will be sorely missed by his wide circle of friends and acquaintances and above all, by his family. Our thoughts are with Susan, Don and Elizabeth at this painful

 with thanks to Christine **Edwards** 



## Discover a new point of view with two fall exhibits

#### **By Mary Pratte**

Summer is gone and fall is pretty well here. This new season brings not only cool days and beautiful painterly scenes of colourful leaves, but also a new line-up of local artists who will be showing a wide variety of work at the Crichton Street Gallery.

September started off with the New Edinburgh Studio Tour (NEST), with 27 local artists in 13 venues in New Edinburgh. This was the second year for this exciting art experience and The Crichton Street Gallery was happy to show off the work of its core artists – Jennifer Anne Kelly, Pat Carbonneau, Elisabeth Arbuckle, Mary Ann Varley and Mary Pratte - over the weekend of Sept. 16-17. Not only did we have a wide variety of paintings and photography along with beautiful glass pieces, but also four of our group demonstrated their techniques for visitors, adding another dimension to the tour.

bought calendars by Louise Tanguay with her gorgeous photographs highlighting each month. We have a limited number again this year, but when they are gone, they are gone!

Fast on the heels of NEST is a show by Pat Carbonneau entitled "Discovery." Pat works in many styles and media. She loves the "discovery" of new and different aspects of her art practice, as well as discovering new parts of herself. Encaustic painting (with melted beeswax, resin and pigments) is her newest medium and she has recently fused it with drawing and printing with rice paper. Her show runs Saturdays from Sept. 23 to Oct. 14, 11 a.m.-4 p.m. We invite you to join us for a "Meet the Artist" vernissage on Sept. 23 from 1-4 p.m. We are very much looking forward to having Pat do her first show with us!

Elisabeth Arbuckle taught art for many years at Ashbury College and now shows her work in various venues in Last year many people Ottawa. She joined our group

just over a year ago and will be holding her second show, "Viewpoints," with us Saturdays from Oct. 21 to Nov. 11. Come and meet the artist on Oct. 20 from 5–8 p.m. Why "Viewpoints"? Elisabeth says, "It is because people see, understand and communicate ideas differently and in my work I try to play with an image, not just represent it but give another 'viewpoint'." Every time you look at her work, you see more and more layers of meaning. We can hardly wait to see what she will display at the gallery this time!

Do come in for a visit at 299 Crichton St. of a Saturday (11 a.m.-4 p.m.), even if it is just to say a quick hello. We do not pressure anyone to buy, but do encourage the enjoyment of art in all its forms. Don't forget to bring in your young children as well – three of the artists are ex-teachers and we love to hear what children think of what we have on display and to encourage them to interact with art!



Elisabeth Arbuckle's solo exhibit, "Viewpoints," opens at the Crichton Gallery Oct. 20.

## MacKay United opens up many spaces for community use

#### **By Eleanor Dunn**

Located in the heart of New Edinburgh, MacKay United Church, is offering a wide variety of activities for all to enjoy. MacKay is looking for more ways its facilities can serve the residents of the 'Burgh and beyond. MacKay recognizes that church facilities are the most underused space in most Canadian cities which could be used for community activities and its council has undertaken the "opening up" of spaces which otherwise would sit unused.

the core of how this historic building is used, its Memorial Hall and sanctuary are available for fitness programs, lectures, piano, violin and guitar lessons and much more. Fitness programs restarted in a newly refurbished Memorial Hall in September. MacKay will continue to seek tenants who need space for fitness and dance programs. The Memorial Hall is ideal for these activities. It is a large, well-lit space with washroom access. If you're interested in leasing space on a regular

dings and funerals remain basis from MacKay, please contact the church office at 613-749-8727, Monday to Friday during regular business hours. MacKay's sanctuary is an acoustic gem, frequently used for recitals, concerts and the recording of music. The MacKay sanctuary has received rave reviews for its acoustics. It is available for lease to musicians for the purposes of recording.

A call to the church office is all that's required to arrange for a viewing. MacKay is quickly becoming known as the "music church." Its fall and winter classical and chamber music concerts are popular. The new fall series started on September 17. The "Jazz in June" series featuring MacKay's minister, saxophonist Peter Woods and friends, was well attended.

New tenants in the space on the second floor of the Hall include piano, violin and guitar instructors. Consideration will be given to additional tenancies of this nature if space is available. A painting class, ballroom dancing and Tai Chi class have also joined the MacKay group, which includes long-time tenant, the Burgh Carving Club.





I am an Ottawa based renovator that specializes in everything from modern renovations to historic restorations. As a creative designer who also builds, I have a passion for combining historical elements with new technology.

Please feel free to take a moment and explore some of our exceptional spaces at Denys.ca.

EXPERIENCE THE DENYS DIFFERENCE

## Community meets artistry at third annual craft show



The Something New Edinburgh craft show returns Nov. 4 for its third year of community, artists and unique craftsmanship.

Photo courtesy Something New Edinburgh

#### **By Tania Barton**

More than 30 of Ottawa's finest crafters and artisans will descend on Memorial Hall on Nov. 4 for Something New Edinburgh – the community craft show presenting handmade jewellery, textiles, body products, gourmet foods, décor and more.

The show's slogan – "Where community, artists and one-

of-a-kind craftsmanship meet" – couldn't be more on-point. The event embodies exactly what organizers set out to create. Artists bring their wares, but it is New Edinburgh's keen response that has turned the annual show from sale to event.

What started three years ago for organizers Jenny Nelson and Tania Barton as a venture to fill a gap in Ottawa's craft-show scene has quickly become a yearly must-do event for both shoppers and vendors alike. Jenny, a veteran of Ottawa's craft-show circuit, noted that craft shows were elusive in her own neighbourhood – a place where vibrant, community-focused events are always welcomed with open arms.

"New Edinburgh is such a fantastic hub for events like Beechwood Market and the NEST Studio Tour. It seemed only natural to offer a fall craft show to the community," says Jenny. Residents have responded in kind. Last year's show saw more

than 800 attendees take in the wares of more than 30 artisans including renowned artist Sara Alex Mullen, "gingerbread genius" Catherine Beddall and Jenny and Tania themselves, knitter and woodworker respectively.

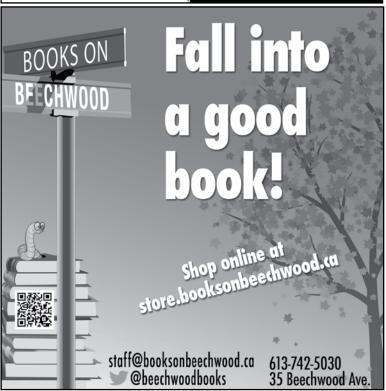
Neighbourhood businesses have thrown their weight behind the show whole-heartedly: Muckleston & Brockwell Market Butchery and Sezlik.com realty have both sponsored the event since its inception and local Beechwood Village businesses like Books on Beechwood and Bridgehead have joined Muckleston & Brockwell in donating superb door prizes

each year. Last year attendees took home more than \$1,000 in door prizes.

Organizers promise the 2017 show will feature a well-curated collection of craftspeople both new and returning. Shoppers can kick start the holiday season with gift ideas galore, gourmet treats and live greenery from Briggs Trees. Outside, the enticing smells of Flatbread Pizza Co. will prompt visitors to stay for lunch.

Find the show at Memorial Hall, 39 Dufferin Rd., on Saturday, Nov. 4 from 10 a.m.—3 p.m. Admission is free. Find more details on Facebook: SomethingNewEdinburgh.





# Tell us what programs you want in the community

By Phil Nowotny, NECA member

The New Edinburgh Community Alliance (NECA) is asking all residents to provide their opinion and ideas for future programming and community work. Together with our partners – including NECTAR and the Crichton Community Council – we have developed a survey that will help us to better understand the recreational and programming needs of the community.

The results will guide us towards future strategic and activity development. In addition to the online survey, we will run a brief face-to-face campaign. The bilingual online survey will be accessible from Oct. 4 and can be filled in online via the links below. Our friendly volunteers will start to knock on doors in the weeks before and after Thanksgiving.

Please note that this survey is anonymous and not related to the CSST health survey. The results will be presented at the monthly NECA meetings. We would like to thank you in advance for your participation!

surveymonkey.com/r/NewEdsurvey\_English surveymonkey.com/r/sondageNewEd Français



Photo: SEANNA KREGGER

### What is happening at Nectar?

#### **NECTAR LUMIERE FESTIVAL**

Nectar's Lumiere Festival was a wonderful celebration of light, held this year in the new location at Rockcliffe Village Green. About 3000 people attended and we thank Rideau Rockcliffe Community Resource Centre for partnering with us and helping make this event happen. Hopefully we can bring it back to Stanley Park once the construction is completed.

#### **HOUSE LISTING**

New Edinburgh House is now on sale and the listing can be found on line:

#### http://luxury.sezlik.com/listings/residential/ Mackay\_Street\_255

#### http://oreb.mlxmatrix.com/DE.asp?ID=698184251

After the sale of 255 Mackay, Nectar hopes to have a significant community investment nest egg. We invite you to join the Nectar Community Task Force which is presently making recommendations about the future of the organization. Please contact Chris Straka chris@straka.ca if you would like to join this group.

#### **PROGRAM NEEDS SURVEY**

This past year NECA created a New Edinburgh Program Needs Survey. If you have not already done so we urge you to visit **https://www.surveymyouonkey.com/r/CTWXWX5** and complete the survey. Your valuable feedback will assist in determining what the community wants in the way of a programming in the future.

#### **FALL PROGRAMMING**

Over the summer, Nectar has been downsizing operations. The programs that Nectar previously managed in the Memorial Hall have now been taken over by Mackay United Church, except the After School Program which has moved to the Fieldhouse in Stanley Park as has the Playgroup. The music instructors have also moved to MUC.

Until the sale of the House is concluded Nectar is delighted that these programs will continue at New Edinburgh House.

#### **Monkey Rock Music**

www.monkeyrockmusic.com

#### **Mindfullness Meditation Circle**

613.304.7919 or ibisby@gmail.com

#### **MELT for Pilates**

613.863.3449 or info@corsanopilates.com

# **Figure Drawing & Painting Workshops** 613.745.2742 or drop by during office hours

The Community Garden will be able to conclude its growing season and Nectar will continue to host

#### **HOST A BIRTHDAY PARTY OR WORKSHOP**

Ferme Lève-Tôt on Thursday evenings.

Over the coming few months, we encourage community residents to book the beautiful community room for birthday parties, workshops and activities, for it is a very special space and helps pay our bills!

#### **FOR SALE**

Nectar has two pianos and three AC stand-alone units for sale. Please contact info@nectarcentre.ca.

#### **MARATHON CHEERING STATION**

Hurrah! Nectar alongside Vanier Community Association won the Marathon Cheering Station award this year for our fine showing on Beechwood Avenue. A HUGE thank you to Joseph Cull for leading this event.

#### **NECTAR OFFICE HOURS**

Tuesdays 9:00 am to Noon Thursdays 2:00 to 5:00 pm

### Four Fine Arts graduates organize group show at NECTAR Gallery



Photo by Julie Mercantini

A glimpse inside an artist's studio with some works for the upcoming exhibition, "Surfaces."

#### By Julie Mercantini

Having recently completed a three-year program at the Ottawa School of Art, four Fine Arts Diploma graduates have chosen the NECTAR Gallery in New Edinburgh for their first show together, for displaying small works entitled "Surfaces." and larger walls that will

"We love the location and the scale of the gallery with the large windows," says artist Debbie Sleeman. "There are varied surfaces and angles for displaying small works and larger walls that will nicely accommodate large pieces." The vernissage will take place Nov. 23 from 6–8 p.m., the first evening the exhibition will be open to the

public and they hope many people will drop by for a visit.

"The Fine Arts program was an intensive study combining studio classes in drawing, painting, ceramics, sculpture and printmaking," says artist Julie Mercantini. "Our technical skills have improved so much and we've really expanded our conceptual framework. We are looking forward to sharing examples of our work with the community."

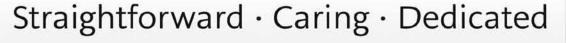
When asked why the exhibition is named "Surfaces," artist Pat Kenny explains they chose the name after a day of painting together this past summer.

"Even though our artistic styles differ greatly, we could each relate to the word 'surface' as something important in our work. Whether we're talking about the texture of the paint applied to the canvas or paper, or to the textures and surfaces in nature that inspire our work, 'surface' was something we could all agree on," says Pat.

These four artists have each exhibited their works separately in the past, but it will be the first time they come together as a group. Artist Charmaine Swain explained that hanging the work at the NECTAR Gallery will be a fun day, but it will also be challenging because of the different art media on display.

"We'll be showing paintings in oil and in acrylic, etchings, silk screens, monoprints, collages and maybe even a few sculptures. The key will be to pull it all together as a cohesive exhibition. We anticipate a lot of trial and error getting the right mix of staging but at the end of the day we are hopeful people will enjoy it as much as we have enjoyed coming up with the ideas and final presentation," explains Charmaine.

The show opens Nov. 23 from 6–8 p.m. at the NECTAR Gallery, 255 MacKay St. You can also meet the artists from 1–4 p.m. on Nov. 25, Dec. 2 and Dec. 3; from 11:30–2:30 p.m. on Nov. 26 and from 5–8 p.m. on Nov. 29 and 30.



# Janny, Jeff and Shan...

The Power of Three... Working for You!



JannyMills · JeffRosebrugh · ShanCappuccino
Sales Representative Sales Representative Sales Representative

ROYAL LEPAGE

**Performance Realty** 

613.238.2801 jannyjeffandshan.com



# Classified Ads

RATES: \$10, first 25 words; \$5, each additional 25 words, payable on submission of ad. Public service ads (such as lost & found) free. Call Christina Leadlay, 613-261-0442 or email newednews@hotmail.com.

**Dog/Cat Walking And Sitting** Your house plants are also safe with me! Emergency and regular daily walking. Puppy Experience. References. Liba Bender: 613-746-4884.

#### Marnie Edwards R.M.T.

Registered Massage Therapist

Serving New Edinburgh, Rockcliffe and Manor Park for over 20 years

Back Pain, Sports and Repetitive Strain Injuries, Whiplash Headaches, Insomnia, Chronic Fatigue, Arthritis, Stroke, and more...

For an appointment, Call 613-741-3470

10 Braemar St. Manor Park

# the **crichton street** gallery

Come and visit your neighbourhood gallery Browse through our works of art and chat with the local artists

Gallery hours listed on our website

299 Crichton St. Ottawa | www.thecrichtonstreetgallery.ca

## Linden House Theatre marks 11 years with an Italian idyll

#### **By Janet Uren**

It's all New Edinburgh's fault. When I moved here in 2001, I hadn't been onstage not seriously – for a very long time. In this neighbourhood, I happened across a thriving community theatre company: the New Edinburgh Players, founded by Ingrid McCarthy and a feature of the community for more than 30 years. In 2004, when Ingrid invited me to play Judith Bliss in Hay Fever, it made me remember the joy of theatre. And I also discovered something new: the joy of comedy.

I was hooked and I wanted to act in more of Noël Coward's plays and in similar classics from the British theatre. In order to get the plays I loved, however, I had to establish my own theatre company. That was 11 years ago and to my delight Linden House is still going strong. Every year the audiences are bigger and we now have a very strong corps of actors and an extremely capable and talented production team. Clearly, I am not the only one who loves classic British comedy

and vintage costumes.

This year's play, to be performed in the first two weeks of November, is *Enchanted April*. And it has everything I look for in a play: wit, romance, an important message and an opportunity for some really stunning costumes. The play is set in 1922 – the heyday of *Downtown Abbey* – and the costume designers are slavering with enthusiasm.

The play is based on a classic story by Elizabeth von Arnim, a very early and goodhumoured feminist. Born to a wealthy British family, she married a German aristocrat, moved to Prussia at the end of the 19th century and there wrote the first of some 20 novels. Her most famous work, Enchanted April, was adapted for the stage by American playwright Matthew Barber in the year 2000 and three years later was successfully staged on Broadway, where it won the John Gassner Award for Outstanding New American Play and was nominated as Best Play for the Tony Award. Since then, it



Photo by Maria Vartanova

Coming to the Elmwood stage in November is *Enchanted April*, a modern fairy tale about what it takes to be happy.

has been produced hundreds of times all around the world and was made into a movie in 1992

Enchanted April is a glorious fairy tale about what it takes to be happy. Four very different Englishwomen

- all of them suffering some degree of depression in the grim, post-war London of 1922 – seek relief from spring rains and the dullness of their lives by renting a castle in Italy for the month of April. There, under the influence of

blue skies and in the shadow of wisteria-cloaked walls, they find joy, laughter and friendship and they begin to heal. This is a modern-day fairy tale. It is also one of the most delightfully gentle comedies of modern theatre.

The play will be directed by George Stonyk and Linden House welcomes a strong cast headed by myself, joined by three of the actors from last year's successful *Imaginary Lines*. They are Venetia Lawless, Geoff Gruson and Jenn Sheffield. As well, the delightful Carolina Barrios—who played the incorrigible Maria in 2015's *Glorious!* — will be back, along with some very talented newcomers to Linden House.

The play will be staged at the Elmwood Theatre, 261 Buena Vista Rd., November 3–4 and 10–11 at 7:30 p.m; and on two Sundays: November 5 and 12 at 2 p.m. Tickets go on sale in October and are \$25 at Books on Beechwood or online at **lindenpro.ca**. For information and reservations call **613-842-4913**.



We are experts in how girls learn, grow and succeed. Like you, our goal is to make sure your daughter reaches her full potential.

In our girl-centric learning environment, the first student to raise her hand is a girl, the first student across the finish line is a girl, and the first student to lend a hand is a girl. This safe, supportive atmosphere fosters academic excellence, self-confidence and a healthy outlook on life. That's why our graduates are well prepared to go on to their first-choice universities and take on first-class careers.



# OPEN HOUSE

SATURDAY, OCTOBER 21 . 9 A.M.

PRE-K TO GRADE 12

Elmwood School puts families first too. Come learn more about everything we can offer you and your daughter.

- Unparalleled academic program
- · All three levels of the International Baccalaureate Programme
- Before- and after-school programming, including homework supervision
- Transportation
- · Healthy meals prepared on-site
- · Individualized support from our Student Success Centre
- · Wide range of enrichment opportunities

RSVP AT INFO.ELMWOOD.CA/OCTOBER OR CALL (613)744-7783

# **EVENTS CALENDAR**

#### October

Every Tuesday – Ukulele Jam at the Scone Witch, 35 Beechwood Ave. 7-8:30 p.m. Have fun at the Beechwood Ukulele Jam! Every Tuesday evening. Contact Jamie at tsunamiinc@aol.com.

Oct 5 - Weekly Dropin Playgroup at the New Edinburgh Fieldhouse. 9–11:30 a.m. Thursdays Parents/caregivers and children aged 0-5 years are welcome to a free drop-in playgroup, hosted by the CCC and the Rideau-Rockcliffe Community Resource Centre. Children will arrive and remain with their parent or caregiver throughout the program featuring play, story time, song circle, crafts, etc.

Oct. 5 – Centrepiece workshop at Mood Moss Flowers, 186 Beechwood Ave. Reserve at 613-741-1774. info@moodmossflowers. \$100. 6:30-8:30 p.m. Mood Moss Flowers hosts a Thanksgiving centerpiece workshop. Impress your family and friends with a spectacular centerpiece of your own creation. We provide everything along with wine and cheese.

Oct. 14 – Learn to curl program for youth at the RA Curling Club, 2451 Riverside Dr. 613-733-5100; racentre. com \$95 members; \$105 nonmembers. 8:45 a.m. The RA Centre celebrates 60 years of curling with a nine-week instructional program for children eight years old and

up who want to learn the sport. Each class runs two hours, with time on the ice.

Oct. 14 – Jumble sale at NECTAR House, 255 MacKay St. 9:30 a.m.–12:30 p.m. friendsofjagruti.org The Friends of Jagruti host a fundraising Jumble Sale, featuring jewelry, books, clothing, baked goods, housewares, crafts and other items.

Oct. 14 – Chili cook-off at Governor's Walk Retirement Residence, 150 Stanley Ave. 613-564-9255 \$10; 3 p.m. Governor's Walk hosts a chili cook-off fundraiser. Local businesses will contribute the chili and the Mayor of Ottawa will choose the winner. Proceeds will go towards Onyx Community Services in Vanier. Admission gets you all the chili you can eat!

Oct. 16 – CCC monthly meeting at the New Edinburgh Fieldhouse. 7:30 p.m. crichtoncommunity council. com. Are you interested in contributing to the efforts of the Crichton Community Council? Please join us at our meetings every second Monday of the month.

Oct. 19 – Caelis Academy Ensemble debut concert at Trinity Anglican Church, 1230 Bank St. 7:30 \$25; \$10 students. p.m. caelisacademyensemble@ gmail.com; 613-862-4106. Caelis Academy Ensemble choir presents its début concert, "Translucentia," featuring music by J.S. Bach, Henry Purcell and Dietrich Buxtehude, accompanied by

The Ottawa Baroque Consort. See opposite page for details.

Oct. 23 - Sir Andras Schiff at Dominion Chalmers United Church. \$39-79. 7:30 p.m. chamberfest.com. Chamberfest's fall concert series opens with pianist Sir Andras Schiff.

Oct. 25 – NECA AGM at St. Bartholomew's Church, 125 MacKay St. 7 p.m. newedinburgh.ca The New Edinburgh Community Alliance holds its Annual General Meeting followed by a forum on our vision for Stanley Park. Refreshments will be served. All New Edinburgh residents are welcome! Check website for draft agenda.

Oct. 28 – Halloween Howl at the New Edinburgh Fieldhouse. crichtoncommunitycouncil. com 3 p.m.–5 p.m. The CCC invites young children to the annual Halloween Howl, featuring a costume parade and children's activities.

#### November

Nov. 1 – Lemon Bucket Orkestra at De La Salle High School, 501 Old St. Patrick St. 8 p.m. \$16-39. chamberfest.com. Part of Ottawa Chamberfest fall concert series, Toronto's "Balkan-klezmer-gypsyparty-punk super band" launches their new release.

Nov. 2 – Digital Miniprint Exhibition at Voix Visuelle

up-to-date listings.

Gallery, 67 Beechwood Ave.
5 p.m. voixvisuelle@gmail.
com voixvisuelle.ca Raymond

Send event listing details to newednews@hotmail.com

Visit our website at newedinburgh.ca/events for the most

5 p.m. voixvisuelle@gmail. com voixvisuelle.ca Raymond Aubin curated the 12th edition of the International Digital Miniprint exhibition, on display until December 2.

Nov. 3, 4 and 5 – Rockcliffe

Park Book Fair at Queen Juliana Hall, 370 Springfield Rd. rockcliffeparkbookfair. com See website for hours. The annual Book Sale at Rockcliffe Park Public School is back. Choose from among tens of thousands of used books: fiction and nonfiction, for every age and stage. See page 27 for details.

Starting Nov. 3 – Enchanted April at Elmwood Theatre, 261 Buena Vista Rd., November 3–4 and 10–11: 7:30 p.m.; Nov. 5 and 12: 2 p.m. \$25. lindenpro.ca; 613-842-4913. Linden House Theatre performs Enchanted April, a modern fairy tale set in 1922 Europe about what it takes to be happy. Tickets available online or at Books on Beechwood. See p. 33 for details.

Nov. 4 – Something New Edinburgh at Memorial Hall, 39 Dufferin Rd. Free admission. 10 a.m.–3 p.m. On Facebook: SomethingNewEdinburgh. Now in its third year, Something New Edinburgh returns with more than 30 talented artisans, more than \$1,000 in door prizes from community businesses and lunchtime offerings from Flatbread Pizza Co.

Nov. 4 – St. Bart's

Bazaar at the Church of St Bartholomew, 125 MacKay St.; 1 p.m.; 613-745-7834 x 115. St Bartholomew's Church's Annual Bazaar features gifts, baking, jewellery, knitting, books, attic treasures, jams and jellies, toys and games, Christmas decorations and a fabulous tea room! Special access for persons with disabilities at noon, by appointment only.

Nov. 23 – "Surfaces" exhibition at the NECTAR Gallery, 255 MacKay St. 6–8 p.m. Artists Debbie Sleeman, Julie Mercantini, Pat Kenny and Charmaine Swain present their first group show, entitled "Surfaces" featuring paintings in oil and in acrylic, etchings, silk screens, monoprints, collages and maybe even a few sculptures. See page 32 for details.

#### December

Dec.2-WinterMarketatNew Edinburgh Square Retirement Residence, 420 MacKay St. beechwoodmarket.ca 10 a.m. - 3 p.m. The Beechwood Market presents its winter edition, featuring gifts, food, music and fun!

**Dec. 14 and 15 – In Terra Pax** at St. Joseph's Parish
Church, 174 Wilbrod St. 7:30
p.m. \$26.50-34. chamberfest.com. Part of the Ottawa
Chamberfest fall concert
series, the Ottawa Choral
Society presents a world of
radiant beauty with Gerald
Finzi's exquisite In Terra Pax
in time for Christmas.

### UrbanOttawa.com



1076 Blasdell Ave. - \$239,000.

Manor Park: Well presented upper unit in a wonderful neighbourhood.
Open concept living and dining rooms with wood burning fireplace.
Comfortable kitchen overlooking the living space for a "loft like" feel. The den on the main living level is perfect as a home office/guest suite. On the top floor, there are two generous bedrooms and a spacious bathroom as well as laundry and storage. This unit offers LG, wall mounted a/c for excellent cooling. Super community.



170 Blenheim Dr. - \$1,260,000. Rockcliffe Park: Make all your wishes come true: a cool, ranch style mid century move in ready, luxuriously appointed home. Flexible living spaces. Elegant living-dining room for comfortable entertaining, the family friendly zone with gourmet kitchen, eating area and lounge, three spacious bedrooms, master with ensuite bathroom, a fully finished lower level with easy access for elderly parents or caregiver or a perfect teen retreat and a third, full bathroom. Loads of space.



134 York St. #1306 - \$279,900. Lower Town: Nifty one bedroom condo unit with parking, approx 625 sq ft, with fantastic views towards parliament and the Gatineau Hills in the heart of the Byward Market. Locker included. Hardwood floor throughout, nice finishes, well executed layout offering maximum furniture arrangement and room for a real dining table plus eat-at kitchen bar. Elegant, quiet building. Spacious gym for your use as well as party room. Well worth a look!



Hallmark Realty Group | brokerage

613.747.9914

Broker | Courtier Natalie Belovic

### Matthew Larkin presents Ottawa's newest choir

#### By Jane Heintzman

Matthew Larkin is well known in the Ottawa music community as a consummate organist and choral conductor and an inspired and charismatic educator of young musicians. After 14 years as organist and choir director at Ottawa's Christ Church Cathedral, Matthew stepped down this summer following a successful UK tour with the Cathedral's outstanding Boys and Men's Choir. He has since moved on to become organist and director of music at St. Thomas' Church in Toronto and to realize his longstanding ambition to establish an independent academy choir here in Ottawa, specializing in both sacred and secular masterworks.

Caelis Academy Ensemble launched this summer and



currently includes 18 boy and girl sopranos supported by 14 adult professional singers. New inquiries from young singers ages 11 to 17 are welcome: e-mail caelisacademyensemble@gmail.com or call 613-862-4106. You can find the choir on Facebook or visit caelisacademyensemble.com for more information.

The fledgling choir is already well advanced in rehearsals for its début concert, entitled Translucentia, coming up on Oct. 19, at 7:30 p.m., Trinity Anglican Church, 1230 Bank St. (at Cameron Avenue). The concert program offers a feast of splendid baroque music, with two Cantatas by J.S. Bach and works by Henry Purcell and Dietrich Buxtehude. The choir will be accompanied for the performance by the Ottawa Baroque Consort, a fine local chamber orchestra. Tickets \$25 for adults and \$10 for students and are available via caelisacademyensemble@ gmail.com or 613-862-4106.



Photo courtesy Caelis Academy Ensemble

Formerly of Christ Church Cathedral, Matthew Larkin has established an independent academy choir in Ottawa: the Caelis Academy Ensemble.

### Lada Matlak

Sales Representative 613.266.1057 lada@victoriaisland.ca



### Michael Valiquette

Sales Representative 613.255.7779 michael@victoriaisland.ca

### 410 Wood Avenue

VILLAGE OF ROCKCLIFFE PARK



### 262 Coltrin Road

VILLAGE OF ROCKCLIFFE PARK





DEADLINE: NOV 10 newednews@hotmail.com

#### **Congratulations**



De La Salle student Nina Samson won the overall silver medal for her individual routines and a gold medal for her group routine at the Ontario Rhythmic Gymnastics Championships in June. Nina trains with the Ottawa Rhythmic Gymnastics Club at Ashbury College and at Mont St. Joseph Convent on Maple Lane with head coach

and New Edinburgh resident

Xinhong Jin.



Photo by John Jarecsni

Happy 70th birthday to Joyce Dubuc of Vaughn Street. A surprise party was held for Joyce at MacKay United Memorial Hall in September.

Congratulations to Philippa Smith and Nick Parker on the birth of Maxwell Ian **James** on Aug. 15 in Hobart, Australia. Proud grandparents are Wendy Baldwin and Ian Parker in Ottawa and Leanne McDougall and Rob Smith in Australia.

Happy 50th birthdays to Gillian and Susan of Noel Street and Heather and Michel of Ivy Cres.

Congratulations Liba Bender of Ivy Crescent on her recent ZUMBA certification.

#### Welcome!

A warm welcome to our new Vice-Regal neighbour, Her Excellency Julie Payette, officially became Canada's 29th Governor General on Oct. 2. She has a distinguished background as an astronaut, engineer, scientific broadcaster, corporate director, musician and performer, as well as an Officer of the Order of Canada. We look forward to her years as our neighbour in Rideau Hall.

Kenny, Sally, Lachlan and Jock Douglas adopted Archie Blue, a black-hair Cocker Spaniel in September. Look for his little mohawk in the local dog parks.



Leo is a Foxhound and Rottweiler mix. Born in June, he joined the Clegg/Steube household mid-summer.



Photo by Louise Imbeault Ivy Crescent welcomed some new residents, including classical musician Christophe and his son **Peter** (above), as well as Andrew Hind who looks forward to becoming a vibrant part of the community.

Queen Victoria Street welcomed new neighbours Mark, Sara, Harry and Aimee Fair who have relocated from Bristol, UK.

#### Miscellaneous...



Photo by Louise Imbeault

Thank you to Doug Vince of Chatham, Ont., who shared his bagpiping talent with Ivy Crescent residents while visiting Ottawa on July 1. A truly entertaining surprise for the

The Rockcliffe Park Book Fair is looking for movers, sorters, pricers, door guards, cashiers, floor staff, café help and more! Volunteers aged 18+ can sign up now for shifts both during setup and during Book Fair 2017 (Nov. 3–5) at signup.com/go/uEAP8a (Student signup details coming soon.)



Photo by Chris Straka

As if by magic, a single swing has appeared in a large tree in the public space on the River Lane side of Stanley Avenue. It took only a few weeks for this elfin initiative to manifest, after the old swings were removed from the playground. The City expects the manufacturers to deliver the new playground equipment – including a new swing set – for installation in New Edinburgh Park before the end of October.

Studios for rent at the NECTAR Centre, perfect party venue for birth-Contact nectarcentregm@ gmail.com.



Photo by Louise Imbeault

Kudos to all who cheered the runners during May's Ottawa Race Weekend. Our village was a happy, boisterous lot, coming together to help celebrate Canada's 150! The NECTAR/ Vanier cheering station (above) took home First Place – Best Cheering Station, with our friends the Crichton Community Council in Stanley Park taking second place. Special thanks to Neil Malhotra of Claridge Homes for use of the location, photographer Garth Gullekson and all who took part.



With a crowd much larger than its inaugural year, Le Festin de l'Est Beechwood East Feast (which took place Sept. 9) has become Beechwood Village's largest annual gathering. Thanks to everyone who made it a success.

#### Farewell

Crichton Street neighbours said goodbye to Alexandra, her mother and dogs as they moved to the Eastern Townships. They'll be missed.

#### Condolences



Photo courtesy Alison Green Former Community Police Officer, Senior Constable Tom Mosco passed away unexpectedly on Sept. 18, age 64. Cst. Mosco served at the MacKay, at reduced rates until Rockcliffe Park CPC from the house sells. It's also a 1996-2010 when he retired with 35 years of service in the days, Halloween parties, etc. Ottawa Police. He supervised the community volunteers and events in New Edinburgh, Rockcliffe Park, Lindenlea, Manor Park and beyond. Our thoughts are with his wife Kimberley and daughters Victoria and Kathleen.

> Condolences to Trish Roche of Noel Street and her family on the passing of her beloved sister **Geri** in July.

> Duncan Marshall passed away on Aug. 20. He and his late wife Gloria were longtime residents on Belvedere Crescent and active members of MacKay United Church.

> Condolences to Nancy Mayer of Noel Street and her family on the loss of their beloved cat **Storm**.



On Sept. 16 the Burke family of Keefer Street said goodbye to their beloved dog Pitcher. They would like to thank everyone for their outreach and kind words.